MWR Happenings

Morale, Welfare & Recreation

Earth Day

Saturday, October 2 from 0900 to 1400

We need U.S. Volunteers to "green up" FLEACT Yokosuka, with help from local resident volunteers. Please sign up by Monday, September 27. For more information call 243-4731.

Part 61

NOTICE

PURDY BASKETBALL COURTS will be closed from October 3 – 12

PURDY FITNESS CENTER will be closed from October 8 – 11

Due to preparations for the 235th Navy Day Ball.

We regret any inconvenience this may cause. For more information please call 241-2945.

Sunday, October 3 at Fleet Theater

0900 Prejudging (Closed to Public)
1400 Doors Open
1500 Finals

Featuring Guest Poser, IFBB PRO, Zoa Linsey!
Admission Fee - $10 / ¥1000
Participant Fee: $30 / ¥3000
Admission tickets will be available at the Fleet Theater on the day of the Finals.
Seating is first-come, first-served.

Call 241-4486/3077 for more information.

BODYBUILDING & FIGURE CHAMPIONSHIP

NAVY FLEET & FAMILY READINESS (FFR)

Customer Satisfaction Survey

We want your feedback! The 2010 Navy Fleet and Family Readiness (FFR) customer satisfaction survey is a quick and easy way to give us valuable feedback on our programs.

Visit *http://cfigroup.net/Navy* and tell us how we're doing!

Captain's Cup Co-Rec Flag Football

Saturday, October 16 at 0900 at Berkey Football Field

Teams must register by Wednesday, October 13 at 1700 at the Adult Sports Office. Coaches/Captain's meeting at 1100 or 1700, Thursday, October 14 at the Adult Sports Office on the third floor of the Fleet Recreation Center. Participants must play with their own command. For more info call 241-2955.

American Red Cross Lifeguard Certification Course

Wednesday, October 13 thru Sunday, October 17
Wednesday thru Fri from 1500 to 2000 and Saturday thru Sunday from 0900 to 1800

This course is designed to teach participants the skills and knowledge needed to prevent and respond to aquatic emergencies. Certifications include Lifeguard, CPR-PR and First Aid. Prerequisites: Must be at least 15 years old, swim 300 meters, and surface dive 7 to 10 feet to retrieve a 10lb. object. Must have a minimum of 4 participants.

AMERICAN RED CROSS

Cost: $100 (includes all course materials)

International AeroBOOthon

Sunday, October 24 from 1000 to 1400 at Fleet Rec Court B

If you think ghosts and goblins are scary, try four hours of non-stop aerobics including ZUMBA, Step, Kickboxing, Fit Bootcamp, and more. Food, drinks and t-shirts given to all participants. Great door prizes throughout the event. Don't forget to wear your costume as prizes will be awarded for best of them. Please remember that proper footwear is required. Registration available at the Purdy Fitness Center and MWR Fitness office. Call 241-4486 for more information. **Cost is $10 for SOFA and ¥1,000 for Japanese guests.**

Best Halloween Decorated House and Yard

Wednesday, October 27 at 1730

Judges will be on-site at Negishi and Ikego to determine winners for each category. There are no registration requirements. Winners will be notified by phone, and will receive a plaque and gift certificates. For more info: In Ikego call 246-8071. In Negishi call 242-4120.

Halloween Monster Mash

Friday, October 29 at the Club Takemiya Lounge

FREE Halloween themed finger foods for an extended happy hour from 1700 to 2000 including graveyard bones (chicken wings)! Look out for a Halloween Costume Contest, Apple Bobbing Contest, Most Fearful Scream Contest, and Most Evil Laugh Contest! Live DJ from 2100 to 0100 taking your deadliest requests. Don't forget to try our special drink concoctions! They're to die for! Open to all hands age 20 and up!

Club Takemiya

Good or Evil Halloween Party

Saturday, October 30 at 2000 in Sharky's Bar

Are you a sweet little angel or a naughty devil? A sly villian or a fearless hero? Come mix it up with Sharky's Bash where there will be a halo-tossing contest, a sinfully spicy hotwing eating contest and a costume contest where the best Good and Evil costumes will win $100 NEX gift cards.

Call 243-5985/3000 for details.

Annual Halloween Festival

Looking for Volunteers

Saturday, October 30 is the date for the Annual Halloween Festival and volunteers are needed for the Haunted House and the Halloween Carnival. We need actors and people to decorate. Please sign up by Friday, October 8. For more details call 241-2950.