MWR Theaters

Benny Decker

Friday, December 11
1730 The Princess and the Frog G
2030 Amelia PG

Saturday, December 12
1300 The Princess and the Frog G
1730 The Princess and the Frog G
2030 Amelia PG

Sunday, December 13
1300 Planet 51 PG
1730 Astro Boy PG
2030 The Blind Side PG13

Monday, December 14
1730 The Princess and the Frog G
2030 Astro Boy PG

Tuesday, December 15 $1 Movie Night
1730 Planet 51 PG
2030 Old Dogs PG

Wednesday, December 16
1730 Astro Boy PG
2030 Twilight Saga: New Moon PG13

Thursday, December 17
1730 The Princess and the Frog G
2030 Amelia PG

Friday, December 18
1730 Astro Boy PG
2030 The Box PG13

Fleet

Friday, December 11
1900 7th Fleet Band & JMSDF Band Holiday Concert

Saturday, December 12
1800 Cirque du Freak: Vampire's Assistant PG13
2100 Couples Retreat PG13
2400 Twilight Saga: New Moon PG13

Sunday, December 13
1800 Twilight Saga: New Moon PG13
2100 Cirque du Freak: Vampire's Assistant PG13

Monday, December 14
1800 Amelia PG13
2100 Law Abiding Citizen R

Tuesday, December 15 $1 Movie Night
1800 Law Abiding Citizen R
2100 Whip It PG13

Wednesday, December 16
1800 Couples Retreat PG13
2100 Cirque du Freak: Vampire's Assistant PG13

Thursday, December 17
1800 Law Abiding Citizen R
2100 The Stepfather PG13

Friday, December 18
1800 Invictus PG13
2100 Paranormal Activity R
2400 Paranormal Activity R

Negishi

Friday, December 11
1900 Astro Boy PG

Saturday, December 12
1300 Astro Boy PG
1730 Law Abiding Citizen R

Sunday, December 13
1300 Old Dogs PG

Synopsis

Paranormal Activity
Cast: Katie Featherstone, Micah Sloat, Michael Bayouth
Synopsis: After a young, middle class couple moves into a suburban 'starter' tract house, they become increasingly disturbed by a presence that may or may not be somehow demonic but is certainly most active in the middle of the night.

Astro Boy
Cast: Freddie Highmore, Kristen Bell, Nicolas Cage, Samuel L. Jackson, Nathan Lane
Synopsis: When a scientist's young son dies, he secretly creates a powerful robot child to replace him, however the robot uses it's incredible powers to become a world famous super-hero, and faces his biggest challenge when an alien race threatens Earth.

Amelia
Cast: Hilary Swank, Richard Gere, Ewan McGregor, Christopher Eccleston, Joe Anderson
Synopsis: A look at the life of legendary American pilot Amelia Earhart, who disappeared while flying over the Pacific Ocean in 1937 in an attempt to make a flight around the world.

The Princess and the Frog
Cast: Anika Noni Rose, Keith David, Jennifer Lewis, Ritchie Montgomery, Bruno Campos
Synopsis: A fairy tale centered on a young girl named Princess Tiana who lives in New Orleans' French Quarter during the Jazz Age.

Law Abiding Citizen
Cast: Jamie Foxx, Gerard Butler, Colm Meaney, Bruce McGill, Leslie Bibb
Synopsis: A frustrated man decides to take justice into his own hands after a plea bargain sets one of his family's killers free. He targets not only the killer but also the district attorney and others involved in the deal.

Twilight Saga: New Moon
Cast: Kristin Stewart, Robert Pattinson, Taylor Lautner, Ashley Green, Michael Sheen
Synopsis: After Bella recovers from the vampire attack that almost claimed her life, she looks to celebrate her birthday with Edward and his family. However, a minor accident during the festivities results in Bella's blood being shed, a sight that proves too intense for the Cullens, who decide to leave town for Bella and Edward's sake. Initially heartbroken, Bella finds a form of comfort in reckless living, as well as an even-closer friendship with Jacob Black.

Want to receive the latest movie schedule in your E-mail inbox?
Simply log on to our website at https://www.cnic.navy.mil/yokosuka/mwr and click the link on the left to register for our E-mail update! You can also sign up to receive Outdoor Recreation and ITT tour info, Youth Programs and Child Care updates and more!

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

Children ten years of age and under will not be permitted in Fleet Theater, Friday and Saturday nights per COMFLEACTINST 1710.64E, ENCL. 33, Para 2C.

MWR ITT & ORC

For details about any of the ITT events listed, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about Outdoor Recreation services, call them at 243-5732.

ITT Tickets

Discount Yunessun Hot Spring Tickets
ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2010.

Tokyo Disneyland and DisneySea Tickets
Get your tickets today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! Tickets may not allow entry into the park during high attendance times.

St. Petersburg Chamber Ensemble: Ave Maria in Christmas
Get into the spirit of Christmas this holiday season with the St. Petersburg Chamber Ensemble's presentation of Ave Maria, live at Yokohama Minatomirai Hall on December 19. ITT is now selling tickets for ¥3,800 per person. Limited to children 6 years and older.

The Leningrad State Ballet Presents The Nutcracker
It's that time of year again! Time for the Leningrad State Ballet to do their annual performance of The Nutcracker. The presentations will take place at the Tokyo International Forum on December 20 & 23, and Yokosuka Art Theater on December 24. ITT is now selling tickets for all of these shows for ¥10,200 per person. Limited to children 6 years and older. Transportation will be available for the December 20 show in Tokyo.

Climbing Clinic & Slack Line
Tuesday, December 15 from 1600 to 1800 at Outdoor Recreation Center
Learn or brush up on techniques in basic knot tying, belaying and enjoy slack lining. Slack line is a fast growing sport all over the world and the goal is to stand or walk on webbing that is stretched tight between two points. Meet other enthusiasts and share information about climbing in Japan, specifically the Kanto area and its surrounding regions.

Outdoor Recreation

Beginner/Intermediate Rock Climbing at Jogasaki Seaside Cliff, Izu in Shizuoka
Saturday, December 19 from 0445 to 2000
Don't miss the chance to try something new! The climbing season for Jogasaki ends soon since the rocks will be getting too hot and wet to climb. The dynamic shape of volcanic rock provides a unique climbing experience. $65 per person

Kagura Mitsumata Tashiro in Niigata
Saturday, December 19 from 0300 to 2200
This large and popular resort has a 1225m vertical drop and an almost guaranteed excellent snow conditions. There is a great selection of 20 courses, supported by an excellent lift system. Snowboarding is allowed on all slopes. The main Mitsumata slopes and the early Tashiro slopes (with a mini-half pipe and one make) are very popular courses with snowboarders. Bring an extra ¥4,000 for lift ticket. $60 per person (Transportation only).

Hodaigi in Gunma
Tuesday, December 29 from 0300 to 2200
Hodaigi boasts the most abundant snow in the Minakami area. This resort offers great runs that utilize the mountains natural terrain as well as several vertical runs that suit skiers and snowboarders of advanced levels. There are also some beginner trails at the bottom of the mountain. Bring an extra ¥4,000 for lift ticket. $60 per person (Transportation only)

2-day Christmas Ski Trip to Naeba in Niigata
Thursday thru Friday, December 24 thru 25 from 0400 to 2200
Naeba is a snowboarders' and skiers' paradise, with great snow and long runs. With the lifts and gondola right outside the hotel, you can literally walk outside and start skiing. Night skiing is available, as well as a large and appetizing variety of restaurants for dinner. Trip includes transportation, 2-day lift ticket, dinner & breakfast, lodging (2 or 3 people per western style room with bathroom). $250 Adult (13 years & older) $210 Child (up to 12 years old).

Oze Iwakura in Gunma
Saturday, January 2 from 0230 to 2200
This amazing ski resort has the best snow conditions in the Niigata prefecture for skiers and snowboarders of all experience levels. Bring ¥4,800 for lift ticket. $60 per person (transportation only).

Beginner Day hike at Kinubariyama, Zushi-Kamakura
Sunday, January 10 from 0845 to 1400
Begin near Nagoe Kiridoshi, which used to be one of the important entrances to the ancient capital of Kamakura. Kinubariyama has a spectacular view of Kamakura-city, Sagami-bay, and Mt. Fuji. After lunch, hike to Houkokuji (Bamboo Temple) and then head back to the starting point. The hike takes 3-4 hours long and is family-oriented. $25 per person includes temple admission fee

2-Day Ski Trip to Zao Onsen in Yamagata
Sunday thru Monday, January 17 thru 18 from 0030 to 2330
One of the largest ski resorts in Tohoku region, Zao Onsen boasts a surreal natural environment with 25 courses supported by 3 ropeways and 38 lifts. Zao is best known for "Snow Monsters", which are large stacks of hardened ice, formed by frozen snow on trees and naturally sculpted by the wind. Skiing and snowboarding through the snow monsters is a rare treat. Accommodation is at the Zao Astoria Hotel, located right next to the ski slope. Natural hot spring is available at the hotel. Trip includes transportation, 2-day lift ticket, dinner & breakfast and lodging (2 or 4 people per western style room with bathroom). $325 Adult (13 years & older) $265 Child (up to 12 years old).

Ski and Snowboard Lessons
ORC now offers lessons in English by a certified ski and snowboard instructor. Most ski resorts charge ¥5,000 to ¥6,000 for two-hour instructions often only available in Japanese. ORC charges $25 for a two-hour lesson. The ski trips marked with the following logo offers ski and snowboard lesson.

Resource Information Center
Our outdoor adventure programming staff is knowledgeable and friendly, please feel free to walk in or call us for your outdoor recreation questions and answers. We also rent a variety of outdoor recreation DVD's, VHS and "how to" books. All of these items are $2 per week

MWR YOUTH SPORTS

Youth Sports is on Facebook and Twitter!
http://ro-ro.facebook.com/yokosukacyp • http://www.twitter.com/yokosukays

Youth Sports Webpage
Check out the MWR Youth Sports webpage at:
https://www.cnic.navy.mil/Yokosuka/MWR/YouthTeens/YouthSports

Registration Policy
Please register early for all programs!!! Youth Sports has a $25 late fee for any registration taken after the deadline. Each season, we have a high volume of late registrants, which in turn causes delays in team rosters and scheduling. We will continue to accept late registration with no penalty for legitimate reasons (e.g., PSC orders or medical emergencies) and we would like to emphasize that this will not impact our current fees whatsoever. As an additional option, early registrations are accepted for situations where families will be on leave during registration.

Negishi Youth Sports Parent's Assembly
Thursday, January 21 at the Negishi Library Conference Room from 1700 to 1900. Come join in on our Quarterly Parents Assembly. All Youth Sports Parents are welcome to participate as we'll be discussing the following: upcoming winter and spring programs; recap fall and winter sports programs; touch on summer sports; discuss parent's handbook; practice and game schedules; end-of-the-season awards; and, uniforms. Refreshments will be served.

Youth Sports Ikego Gym Night
Saturday, January 9, 1600 to 1800
Join us for our Ikego gym night for a few hours of open family gym time! Bring the entire family for some exercise and fun. All family members are welcome to participate and the program is FREE!

Ikego Youth Fitness Authority
Youth Sports Fitness Authority program will run on Fridays during January (1530-1630). Work on your fitness, non-traditional and traditional sports, and hand/eye coordination. Pre-register by the day before event at the Ikego SAC center. This program is for ages K-6th grade. Please note: Fitness Authority will not run on January 1st due to the holiday. Free

Yokosuka Youth Fitness Authority
Youth Sports Fitness Authority program will run on Tuesdays and Thursdays during January (1530-1630). Work on your fitness, non-traditional and traditional sports, and hand/eye coordination. Pre-register by the day before event at the Yokosuka SAC center. This program is for ages K-6th grade. Free

Youth Basketball Registration!
Registration for youth Basketball runs through January 22nd. Practice begins the week of February 8th, and games begin on February 20th. $40 for the first child and $35 for every additional child. PAYS members receive a $5.00 discount per child. Basketball Start Smart program is available for 3-4 years old, which introduces youth to the fundamentals of the game. Children 5-8 will play in co-ed league with teams within the CFAY command. Children 9-15 will play in an all male and a separate all female league with the Kanto Plain Association. (Includes Zama, Atsugi, and Yokota).

Youth Indoor Cheerleading Registration!
Registration runs through January 22nd, and is open to all youth ages 5-15. Practice will start the week of February 8th, and they will cheer at the Youth Basketball games. $40 for the first child and $35 for every additional child. PAYS members receive a $5.00 discount per child.

Fit 4 Fun
Registration runs until January 8th. Registration fee is $20 (which includes a work out shirt and some great incentive prizes). This program is in effect to help participants between 12-18 years of age understand:
• **Strength and Conditioning -** We will be using free weights and weight training machines to increase muscular strength and endurance while also concentrating on speed and agility.
• **Cardiovascular Improvement -** We will be using machines, aerobics classes, and aquatic training to improve cardiovascular endurance.
• **Nutritional Information -** It does not just take exercise to get in good physical condition; a good diet will help with training effectiveness and long-term health and athletic goals.
• PCT will also concentrate on sport specific exercises in order to improve athletic performance. We will meet 3 days a week, Monday, Wednesday, and Friday beginning Wednesday, January 11th through Friday, March 5th from 1500-1630. The location will be in the New Fitness Center. Parents meeting will be at the New Fitness Center, on Thursday, January 7th, at 1700.