

# The Newport Navalog

VOL. 110 NO. 2 JANUARY 14, 2011

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



*We're Number 1!*



Welcome aboard Alpha Company

A historic Navy first took place Jan. 10 at Naval Station (NAVSTA) Newport with the arrival of Alpha Company enrolled in the first (BQC) Basic Qualification Course at the Navy Supply Corps School on Porter Road. The building will be dedicated as the 'Vice Adm. Kenneth R. Wheeler Center,' and the Commanding Officer is Capt. Jim Davis. The official seal of the command is at right. Story, Page 3.



## TV contestant wins \$100,000

A Naval War College faculty member tries his luck on the television game show, 'Who Wants To Be A Millionaire'

—Page 2



## King Day run welcomes all

A Navy and Marine Corps contingent is expected to lead the Martin Luther King Jr. Day Torch Run on Monday, a federal holiday.

—Page 2



## New span due for dedication

The Weenachasset Bridge replacement span will be dedicated to the late Lt. j.g. Francis L. Toner IV.

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Photo courtesy Valleycrest Productions Ltd.

Cmdr. Kyle Barrett, a professor in the Strategy and Policy Department at the Naval War College, poses with host Meredith Vieira of 'Who Wants To Be A Millionaire' last week.

## He wanted to be a MILLIONAIRE!

**By TRISHA MILLER**  
Publicist, "Who Wants To Be A Millionaire"

Navy Cmdr. Kyle Barrett of Middletown, a military faculty member at the Naval War College, appeared as a contestant on *Who Wants To Be A Millionaire* on Jan. 5 and 6, and took home \$100,000.

Barrett made it all the way up to the \$100,000 question on Wednesday's show and continued as a holdover contestant on Thursday, where he started by looking at the \$250,000 question with no lifelines left.

On Thursday's show, Barrett decided to not answer his \$250,000 question and walked away with the guaranteed \$100,000 that he had already won. If he had guessed incorrectly

on the \$250,000 question, he would have fallen back to \$25,000 in winnings.

The \$250,000 question was: The familiar song known as *Here Comes the Bride* comes from the opera *Lohengrin*, in which it plays for a bride named what?

- A: Uda
- B: Elsa
- C: Grete
- D: Petra

The correct answer was "B."

Barrett, 46, has been in the U.S. Navy for 22 years. He has traveled to 22 countries and has flown jets from aircraft carriers. Since marrying his wife Meg, they have moved 17 times, but have never taken a honeymoon. He said he now can finally take Meg to Australia or

New Zealand. They have two sons, Taylor, 19, and Drew, 16.

Barrett currently teaches military strategy at the Naval War College, and admits he is very competitive. He said he's skilled at *Trivial Pursuit*, and is also a very accomplished bridge player and is about to become a "life master" from the American Bridge League. The honor is the most highly sought level of contract bridge achievement.

Hosted by the Emmy Award-winning Meredith Vieira, *Millionaire* can be seen in the Providence area on WLNE (ABC), weekdays at 10 a.m. with a repeat episode from a previous season of 'Millionaire' airing weekdays at 10:30 a.m.

## Torch Run to pay tribute to Dr. Martin Luther King

**By R. K. ALEXANDER**  
Navalog editor

PORTSMOUTH — All hands are welcome to participate in the annual Martin Luther King Jr. Day Torch Run from Portsmouth to Newport on Monday, Jan. 17.

Last year about 40 runners participated from several commands at Navy Newport, including the Naval War College, the Command Leadership School, the Naval Academy Prep School, the Marine Corps Detachment Newport, Personnel Support Detachment Newport, Officer Training Command Newport, Surface Warfare Officers School Command, Naval Health Clinic New England, and the Chapel of Hope.

Runners will muster at the First Rhode Island regiment monument in Portsmouth at Routes 24 and 114, and run south on



Navalog file photo

**PARTICIPANTS** in the annual Martin Luther King Jr. Day Torch Run arrive on Broadway at Thompson Middle School in this photo from 2009.

Route 114 to Thompson Middle School on Broadway in Newport. Each runner has an opportunity to carry the flaming torch.

With police escort, the run begins at 9 a.m. and participants do not have to trek the entire 8.2 miles. Vans will follow the runners, and give a lift to the weary.

Personnel who need a ride to the starting line should meet at the Capt. Kay Hall parking lot oppo-

site the Chapel of Hope at 8:15 a.m. Transportation will be provided back to the clinic.

Runners will receive a complimentary Martin Luther King Jr., Day t-shirt. Water and energy drinks will be available along the race route.

At the finish, runners will be escorted into the school auditorium to be recognized at the holiday program sponsored by the

**TORCH RUN, Page 14**

## Navy to explain turbine project

MIDDLETOWN — Naval Station (NAVSTA) Newport will host an open house on Thursday, Jan. 27, to outline its plans to install wind turbines at 12 possible locations on Navy property.

The open house will be from 4 to 8 p.m. at the Middletown High School cafeteria, 130 Valley Road.

The turbines are capable of generating up to 9 megawatts of power to serve the naval installation. Individuals from NAVSTA will be available to provide information. Written comments on the proposed project will be accepted.

For more information, contact Ms. Lisa Rama, NAVSTA Public Affairs Officer, at 841-3538.

**Navalog**

**Capt. Joseph P. Voboril**

Commanding Officer, Naval Station Newport

**Lisa Rama**

NAVSTA Public Affairs Officer

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NAVALOG Editor

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**The Newport Navalog is printed on recycled paper.**

## Quick take

**Name:** Susan Logan  
**Job title:** Security Manager  
**Command:** Command Support Department,  
 Naval Station Newport



**Home town:**  
 Newport, R.I.

**Most memorable life event:**  
 The birth of my son.

**Favorite Duty Station:** Naval War College

**Role model(s):**  
 Mother

**Free time activities:** Walking, watching TV and going to hockey/football games.

**Favorite movie:** *The Godfather*

**Favorite TV show:** *Dateline*

**Favorite**

**sport(s):** football, boxing, baseball and basketball

**Favorite professional team(s):** Patriots, Red Sox, Celtics.

**Secret to success:** Being a team player.

**Favorite local restaurant:** Chili's

**Something I've always wanted to do or be:** doctor.

**Pet peeve:** Being unorganized.

**Favorite quote, motto or phrase:** Life is too short.

**Long-term goal in life:** Staying healthy, retire and travel.

**If you could, what one thing would you add to NAVSTA Newport:** More accessible gates.



RIBBON-CUTTING ceremonies for the new Navy Supply Corps School on Porter Avenue will be Jan. 24.

## Supply Corps School opens soon

**The CNO and two senators expected Jan. 24 for dedication ceremony.**

**By LISA RAMA**  
 NAVSTA Public Affairs Officer

Chief of Naval Operations Adm. Gary Roughead, along with Sen. Jack Reed, D-R.I., and Sen. Sheldon Whitehouse, D-R.I., will officially welcome the Navy

Supply Corps School to Rhode Island in a ceremony planned for Jan. 24 at 10 a.m.

The ceremony will include a formal dedication of the facility as the "VADM Kenneth R. Wheeler Center" as well as the traditional ribbon-cutting.

H.V. Collins Construction Co. of Providence was awarded the \$24.5 million

design-build contract in June 2008. The new training building, located behind Brett Hall on Porter Avenue, is approximately 58,000 square feet and includes 11 classrooms, two video teleconference training rooms, breakout rooms, administrative space, a mock retail sales and food service room.

Newport is adding the Navy Supply Corps School,

which is relocating from its former headquarters in Athens, Ga. This move results in the addition of 26 full time military, 19 civilian and three contractor positions as well as an overall annual student increase of 1,650. This school is one of many base projects at Naval Station Newport to support 2005 Base Realignment and Closure (BRAC 2005) decisions.

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## Bravo zulu

# Bridge dedication ceremony set

**NAVSTA vehicle span to be named after Lt. j.g. Francis L. Toner IV, killed in 2009**

BY LISA RAMA  
NAVSTA Public Affairs Staff

The commanding officer of Naval Station (NAVSTA) Newport is pleased to announce that the Chief of Naval Operations has approved the dedication of the new vehicle bridge connecting Coasters' Harbor Island and Coddington Point in honor of Lt. j.g. Francis L. Toner IV.

The dedication ceremony is being planned for March 27 at 1 p.m. at the bridge site. The command is working closely with the Toner family and Naval Facilities Engineering (NAV-FAC) Command on the event.

Toner, a Rhode Island resident at



Navy file photo  
**Lt. j.g. Francis L. Toner IV**

the time of his death in Afghanistan on March 27, 2009, was a former Civil Engineer Corps officer and served

briefly onboard NAVSTA Newport in 2006. He received his Navy commission in May 2006 upon his graduation from the U.S. Merchant Marine Academy in Kings Point, N.Y.

Lt. j.g. Toner was assigned to NAV-FAC Hawaii as an assistant Public Works officer for West Oahu when he received Individual Augmentation (IA) orders in July 2008.

He reported to Afghanistan in October 2008 and served as the garrison engineer for the 209th Corps/Afghan Regional Security Integration Command (ARIS) North.

Toner was posthumously awarded the Bronze Star Medal with Combat Distinguished Device for his actions in Afghanistan.

For more information on this event, contact the NAVSTA Public Affairs Office.

# NAVSTA vehicle fleet going electric

Naval Station (NAVSTA) Newport's growing fleet of hybrid and battery-powered passenger vehicles will help further reduce the use of petroleum and contribute to meeting new Department of Defense energy reduction policies and guidance for shore installations.

NAVSTA Newport maintains a fleet of 329 vehicles consisting of passenger sedans, pickup trucks, and light and heavy equipment. Included are three 2010 Ford Fusion four-door hybrid sedans and nine electric slow-moving vehicles (SMV).

Hybrid electric vehicles (HEV) combine an internal combustion engine and an electric motor to propel the vehicle. Ford Fusion uses gasoline engine and electric batteries to power an electric motor. As long as the batteries are charged, the hybrid can operate exclusively using electrical power. When more power is needed for on-demand use, or when the battery charge is getting low, the engine will start automatically.

"On the naval compound, this hybrid can stay electric," said Gary Ferreira, Base Support Vehicles and Equipment branch head. A Ford Fusion is assigned to the Naval War



Ford Motor Co. photo

**THREE 2010 Ford Fusion hybrids are among the growing fleet of battery-powered vehicles at the NAVSTA Support Vehicles and Equipment branch.**

College (NWC), Naval Undersea Warfare Center (NUWC); and on a shared basis, to all of NAVSTA Newport.

"The Ford Fusion is a true savings because it is not a plug-in," Ferreira said. The vehicle's electrical batteries do not need to be recharged using power from the electrical grid.

Two additional hybrids are expected to be added to the NAVSTA fleet and will replace gas engine vehicles, Ferreira said. The hybrids, rented through GSA, are replaced every

seven to eight years or at predetermined mileage, whichever comes first, he said.

"I'd like to replace all 28 gas engine sedans that I have with hybrids," he said.

The SMVs, manufactured by Global Electrical Motor, are assigned to NWC (2), NUWC (3), Officer Training Command (1); and NAVSTA Newport (3). SMVs, owned by NAVFAC, require periodic recharging from the electric grid.

Critics of SMVs claim that overall energy efficiency is reduced because coal, a fossil fuel, is still consumed by local power plants to produce electricity that is used to recharge the batteries, Ferreira said.

Ferreira is working with John Reichert, NAVSTA Energy Program Manager, to acquire solar powered charging stations for the SMV fleet. This will completely remove them from the grid and make them 100 percent efficient.

"We've right-sized our fleet by reducing the number of vehicles so that we have just enough to accomplish the mission," Ferreira said. For

**ELECTRIC, Page 14**

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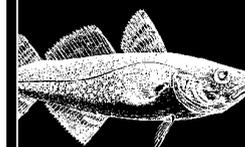
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## Fleet and Family Support Center

# Orientation program aids military spouse

**EDITOR'S NOTE:** Some of the Fleet and Family Support Center workshops and meetings required registration, call 841-2283.

FFSC will be closed Monday, Jan. 17, in observance of the Martin Luther King holiday.

Fleet and Family Support Center will offer a program designed to help new spouses of military members.

New Spouse Orientation to the Military is scheduled for Jan. 18, 9:30 to 11:30 a.m., will offer information for new spouses on the military lifestyle, benefits and services available to them, and tools to assist them in maintaining a state of preparation for deployment or other military-

related separation.

This program is offered for all new spouses or those spouses who have never lived near a military installation before. Registration is required.

**House-hunting?** Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step. Come to the Fleet and Family Support Center on Wednesday, Jan. 19, 6 to 8 p.m., for our Homebuyers' Workshop and learn about your options and how to decipher real estate lingo.

You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages

	Friday-Sunday	Monday	Tuesday	Wednesday	Thursday
9 a.m.	Homecoming: Reclaiming your Inner Child	Buying a New Car	The Family: The Unheathly Family	1-2-3 Magic	Helping Your Teen Overcome Prejudice
7 p.m.	Homecoming: Reclaiming your Inner Child	Buying a New Car	The Family: The Unheathly Family	1-2-3 Magic	Helping Your Teen Overcome Prejudice

**HELPFUL VIDEOS – Fleet and Family Support Center videos are offered twice a day at 9 a.m. and 7 p.m., seven days a week over Newport Naval Cable Television channel 13. The specialized videos are designed to help military members and their families with the frequent challenges and problems of daily life.**

and other financial options. Home-buying information for all areas of the United States is available at this workshop. Registration is required.

**Stress Management –** The Stress Management workshop is scheduled for Thursday, Jan. 20, from 1 to 3 p.m., at the Fleet and Family Support Center. If you some time have problems coping with day-to-day situations, or just need some relief from stress on

the job or at home, then this series of workshops is for you.

Learn how to assess your stress level, increase stress relief skills to avoid burnout, and learn how to regain control of stressful situations.

**Get a handle on spending –** A workshop on how to Develop Your Spending Plan will be offered Jan. 25, from 2 to 4 p.m. The class includes setting goals that are SMART (Specific, Mea-

asurable, Action-Oriented, Realistic, and Timely); learning to distinguish between net, gross and disposable income; learning how to complete a financial planning worksheet consisting of calculations of net worth, monthly income, monthly savings and living expenses, indebtedness and debt-to-income ratio; and looking at options to increase income, decrease expenses and decrease indebtedness.

**Are you in a destructive relationship?** Caught in the Web, Disconnect Your Unhealthy Relationship, will be Wednesday, Jan. 26, 1 to 3 p.m. Is the web too much of a good thing? Is being online causing you more problems than you realize? Learn how to assess internet overuse and misuse and enhance your physical and emotional relationship as well as job well being.

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## Military event opportunities

### Torch Run on King Day open to all

PORTSMOUTH — Military members are invited to participate in the annual Martin Luther King Jr. Day Torch Run from Portsmouth to Newport on Monday, Jan. 17, at 9 a.m.

Last year about 40 runners participated from several commands at Navy Newport, including the Naval War College, the Command Leadership School, the Naval Academy Prep School, the Marine Corps Detachment Newport, Personnel Support Detachment Newport, Officer Training Command Newport, Surface Warfare Officers School Command, Naval Health Clinic New England, and the Chapel of Hope.

Participants do not have to trek the entire 8.2 miles. Vans will follow the runners, and give a lift to the weary.

Personnel who need a ride to the starting line should meet at the Howard Kay Hall at 8:15 a.m. and transportation will be provided back to the gym.

Call 841-6774 or email

[april.childs@med.navy.mil](mailto:april.childs@med.navy.mil) for information on transportation.

The Morale Welfare and Recreation Department will implement holiday hours of operation; and Naval Health Clinic New England will be closed in observance of King Day.

#### TODAY, Jan. 14

- Graduation, Command Leadership School Class 11040, Perry Hall. Call 841-7422.

- Eight Bells Lecture Series, "Passport Not Required" by Eric Dietrich-Berryman, Naval War College Museum, noon. Call 841-6020.

#### SUNDAY, Jan. 16

- 2011 annual Newell D. Goff Lecture and Ranger Talk, "The Life and Legacy of William Sumner Appleton," Museum of Work & Culture, 42 South Main St., Woonsocket, 1:30 p.m. Free. Call (401) 331-8575, ext. 45.

#### MONDAY, Jan. 17

- Martin Luther King Jr. Day, federal holiday
- Carabiner's Rock Climbing gym trip, departs Naval Station Newport, 8:30 a.m. and return around 1:30 p.m. Call ITT,

841-3116 for details.

- Half-price bowling, Seaview Lanes Bowling Center, Building 656. Call 841-4293.

#### TUESDAY, Jan. 18

- Newport Navy Choristers rehearsal, Perry Hall, Building 440, room 100, 7-9:30 p.m. Call 849-1135 or visit [www.newportnavy-choristers.org](http://www.newportnavy-choristers.org) for information.

- A representative from the Navy College Office, U.S. Submarine Base, Groton to visit, Building 690, 9 a.m. to 3 p.m. He will answer education questions.

#### WEDNESDAY, Jan. 19

- Restoration Advisory Board meets, Officers' Club, 6 to 7 p.m. Anyone without base access may call 841-7672

- Lecture, "From Sweetwater to Seawater: An Environmental and Atlantic History of Narragansett Bay, 1636-1836," Rhode Island Historical Society Library, 121 Hope St., Providence, 6:30 p.m. free. Call (401) 273-8107, ext. 12.

- Comedy Series, comedian Joe Yannetty, Officers' Club, 7 p.m. All shows are free and open to all hands.

Shows are tailored for adults and not geared for children. Call 841-4992.

- Healthy Family Meal Planning, Gym 109, 5:30 p.m. Also Thursday, Jan. 20, 10:30 p.m. Call 841-3154.

#### THURSDAY, Jan. 20

- Chief Petty Officer Exam, Officers' Club Grand Ballroom. Candidates should arrive between 6:30 and 7 a.m. No one will be allowed to enter after 7:30 a.m. Call 841-7791.

#### FRIDAY, Jan. 21

- Graduation, Direct Commission Officer (DCO) Class 11030, Officer Training Command Newport. Call 841-1171.

#### SATURDAY, Jan. 22

- Free skiing, fourth annual Military Salute Weekend, continues Jan. 23, Attitash Mountain, Bartlett, N.H. Go to <http://attitash.com/militarysalute.html>.

#### MONDAY, Jan. 24

- Navy Supply Corps School dedication and ribbon-cutting ceremony, Navy Supply Corps School multi-purpose room, Porter Road, 10 a.m. CNO Adm. Gary Roughead will be the principal speaker.

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## Announcements

### Knights of Columbus schedules blood drive

MIDDLETOWN – The Middletown Knights of Columbus welcomes all Naval Station Newport personnel to its community blood drive on Thursday, Jan. 20, from 3 to 7 p.m. at the Middletown Knights of Columbus Hall at 7 Valley Road. It will be staffed by the Rhode Island Blood Center.

A free steak dinner will be served, plus donors will receive a coupon for a pound of Dunkin' Donuts coffee.

### Public input welcome at next RAB meeting

If you are interested in environmental issues, the next Naval Station Newport Restoration Advisory Board (RAB) meeting will be Wednesday, Jan. 19 at 6 p.m. at the Officers' Club.

Attendees can meet fellow citizens and representatives from the Navy, the U.S. Environmental Protection Agency, and the Rhode Island Department of Environmental Management, and they can help plan studies and restorations of cleanup sites.

For additional information, the RAB schedule, and directions to the Officers' Club, visit the RAB Internet Web Site at [https://portal.navfac.navy.mil/portal/page/portal/navfac/navfac\\_wv\\_pp/navfac\\_hq\\_pp/navfac\\_env\\_pp/env\\_restoration\\_installations/lant/midlant/newport](https://portal.navfac.navy.mil/portal/page/portal/navfac/navfac_wv_pp/navfac_hq_pp/navfac_env_pp/env_restoration_installations/lant/midlant/newport).

Call 841-7672 with additional questions or for base access issues.

### Newport Navy Choristers seek new voices for spring

The Newport Navy Choristers are currently seeking new members in all voice ranges for the 2011 spring season.

The Choristers are a mixed singing group that is open to all members of the Newport Navy community including active duty, reserve and retired military personnel, their spouses and family members 16 years and older, as well as civilian Department of Defense employees.

Rehearsals have already started, but newcomers are welcome Tuesdays at 7 p.m. in Perry Hall, Building 440, across from the Chapel of Hope. New singers will be accepted until Jan. 18.

For more information, call Pat McGue, Choristers chairman, at 849-1135; or JoAnn Loewenthal, director, at 849-4823; or visit the Navy Choristers' website at [www.newportnavychoristers.org](http://www.newportnavychoristers.org).

### Loan Locker relocates to Recreation Building

Loan Locker services (free temporary use of household items during a Permanent Change of Station move) that were previously provided by the Fleet and Family Support Center, Building 1260, will now be available at Morale, Welfare and Recreation's Outdoor Recreation Rental in Building 656 adjacent to Seaview Lanes Bowling Alley.

Hours of operation are Monday through Friday 3 to 6 p.m. and Saturday 9 a.m. to 1 p.m. The phone number is 841-2568.

### MWR posts holiday hours for Martin Luther King Day

The following Morale, Welfare and Recreation facilities will observe their holiday hours of operation on Monday, Jan. 17, Martin Luther King Jr Day.

Gym 109 will be open 9 a.m. to 5 p.m.; Leisure Bay, 8 a.m. to 6 p.m.; Seaview Lanes Bowling Center, 1 to 8 p.m., Enlisted Club 1 to 8 p.m.; and Liberty Center, noon to 8 p.m.

The John F. Kennedy Child Development Center, School Age Care, Teen Center, MWR Administrative Offices, Auto Skills Center, Clinic Café, ITT Office, Hewitt Hall Café, Vet Clinic, Outdoor Recreation Rental, Pool 307, Officers' and CPO Club will be closed.

### Next CPO Exam scheduled at Officers' Club Jan. 20

The Chief Petty Officer Exam will be held on Thursday, Jan 20, at the Officers' Club grand ballroom, Chief Personnel Specialist (AW) Cheryl Fitzpatrick at Personnel Support Detachment, Newport, has announced.

Candidates should arrive between 6:30 and 7 a.m. The doors will open at 7 a.m. and close at 7:30.

### NHCNE is closed Monday for Martin Luther King Day

Naval Health Clinic New England will be closed on Monday, Jan. 17, in observance of Dr. Martin Luther King day.

## Special events

### Attitash Mountain offers free skiing for military members

BARTLETT, N.H. — The fourth annual Military Salute Weekend with free lift tickets for service-members will be Jan. 22-23 at Attitash Mountain in Bartlett, N.H.

Attitash will honor past and present troops with free lift tickets for active, veteran and retired servicemen and women, as well as discounted lift tickets (TBD) for active duty family members, all with valid ID. In addition, qualified military personnel can receive 15 percent off lodging at the Attitash Grand Summit Hotel.

For weekend entertainment the U.S. Air Force Band of Liberty will provide two of its military bands for the event: The Colonial Brass will perform at an outdoor venue during the Flag Parade and Color Guard ceremony on Saturday; and its rock band, Afterburner, will perform Saturday from 3 to 6 p.m. and Sunday from 1 to 4 p.m. in Crosswinds Pub & Grill.

On Sunday, a fun race event between the military branches is planned. Everyone is welcome to join in and race for any of the armed services branches.

Call 800-223-SNOW for more information questions.

NOTE: active duty personnel must show their Common Access Card (CAC) or their *DD Form 2ACT*. Veterans must present their *DD Form 214* and retired military personnel must show their *DD Form 2RET*. Dependents must show their *DD Form 1173*.

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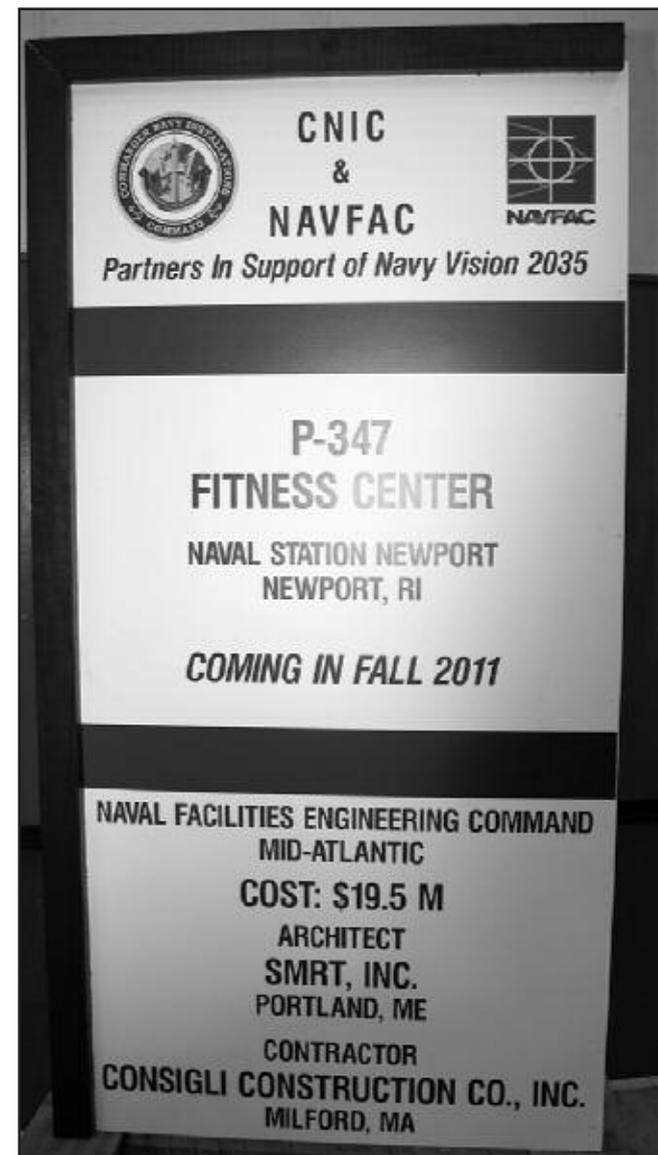
66 Valley Road • Middletown, RI 02842 **401.846.7723**



The Marine Corps Detachment Newport held a dedication ceremony, naming its new home in Building 1112 Beirut Memorial Hall.



The U.S. Army Reserve Center is under construction just inside Gate 10. The nearly \$15 million project is scheduled for completion later this summer.



The new Fitness Center, a \$19.9 million project that got underway last spring, will replace Gym 109.



The new Navy Supply Corps School ribbon-cutting and dedication will be later this month.

## BRAC 2005 winding up \$63M in Navy relocations, renovations, and construction ahead of schedule

By **LISA RAMA**  
NAVSTA Public Affairs Staff

It has been nearly five years since Congress announced the Base Realignment and Closure Commission (BRAC) recommendations that resulted in millions of dollars worth of investment in projects onboard Naval Station Newport.

Later this spring the Navy will complete the final

BRAC related changes here with the completion of the \$17.5 million Towed Array Facility that is well underway at the Naval Undersea Warfare Center Division, Newport.

The following is a summary of the BRAC related projects that have been implemented to illustrate some of the changes the base has undergone.

The first BRAC-funded project to get underway

here was an Officer Training Command project to support the return of Officer Candidate School in August 2008. The \$10.9 million Callahan Hall renovation project included administrative and classroom space upgrades to support OCS's relocation from Pensacola, Fla.

At the same time work was going on in Callahan

**BRAC, Page 14**



The Center for Service Support moved into renovated spaces in Fitzgerald Hall on Coasters' Harbor Island.



Callahan Hall, formerly part of the Surface Warfare Officers School Command, underwent a \$10.9 million renovation for the Officer Candidate School's relocation from Pensacola, Fla.

## Other construction separate from BRAC

By **LISA RAMA**

NAVSTA Public Affairs Officer

In addition to the nearly \$79 million worth of Base Realignment And Closure (BRAC) investments onboard the installation over the past several years, many other projects have been implemented to support Navy Newport growth. The Naval Station has executed over \$140 million in non-BRAC related projects that have contributed to the change in landscape here including:

Lt. Michael P. Murphy Combat Training Pool that was dedicated in July 2009. This \$4.5 million project was constructed specifical-

ly to support the return of Officer Candidate School to Officer Training Command Newport.

The Bridge Replacement Project, a \$15.8 million project that was completed last summer to replace the old Weenachasset Bridge that could no longer support large commercial vehicles or emergency fire apparatus. This bridge will be officially dedicated in March in honor of Lt. j.g. Francis L. Toner IV of Narragansett. He was killed in Afghanistan in 2009.

The new Fitness Complex, a \$19.9 million project that got underway last spring to replace Gym 109. The Fitness Complex

**CONSTRUCTION, Page 14**



**TOP CENTER:** The old Weenachasset Bridge was replaced with a new \$15.8 million span completed last summer.

**ABOVE:** The Lt. Michael P. Murphy Combat Training Pool was dedicated in July 2009 to support the return of Officer Candidate School to Officer Training Command Newport.

**LEFT:** Naval Health Clinic New England Dental Clinic on Coddington Point received a \$1.1 million addition to handle an expected 88 percent increase in student population.

## Leisure

### Free WiFi sites at NAVSTA

Free WiFi spots at Naval Station Newport provided by MWR are located at the Officers' Club, Building 95; the Recreation Center, Building 656 and Leisure Bay, Building 1255.

### Bowling

(Building 656, 841-4293)

The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

#### Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday and federal holidays, 1 to 8 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2 shoe rental.

Birthday party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

#### January Specials:

**Military Monday:** Active

duty personnel bowl for \$1 per game per person from 11 a.m. to 5 p.m.

**Take Time Tuesday:** Come bowl at lunch time for only \$.50 per game, per person from 11 a.m. to 2 p.m.

**White Out Wednesday:** Bowl one game, get one game free from 11 a.m. to 4 p.m.

**Three-two-one Thursday:** First game is \$3, second game is \$2 and third game is \$1 from 11 a.m. to 8 p.m. All game prices are per person and must be bowled at one time to receive special pricing.

**Freezing Friday:** Come bowling from 11 a.m. to 5 p.m. and your shoe rental is on us!

**Touchdown Sunday:** Wear your favorite team's football jersey every Sunday and bowl for half price from 1 to 8 p.m.

**Martin Luther King, Jr. Day:** Bowl for half price on Monday.

Happy Birthday to you: Bowl the week of your birthday (ID required) and the first game is our present to you. This offer is only good for one free game for the week.

**Please note:** There is no open bowling during league nights on Tuesday, Wednesday

and Friday. Please call ahead to check availability.

Escape the dreariness of January by having a bowling event at Seaview Lanes. Our special bowling package includes two games of bowling, shoe rental, pizza and soda for just \$10 per person. If you'd like a different menu, please let us know and we'll try to accommodate you. Don't hesitate to call or email Lisa Novak at 841-2194, [lisa.novak@navy.mil](mailto:lisa.novak@navy.mil) with questions or to check availability.

### Special fitness activities

(Gym 109, 841-3154)

• **Healthy Family Meal Planning** on Wednesday, Jan. 19 at 5:30 p.m. and

Thursday, Jan. 20 at 10:30 a.m. Discover easy changes to make in meal planning which can benefit the whole family! Start the new year with healthy eating.

• **Racquetball Tournament from Monday, Feb. 7 through 25.** Tournament will take place on the Gym 109 Racquetball Courts with A and B divisions for

male and female. Registration is underway at Gym 109's front desk and ends on Wednesday, Feb. 2. It is open to active duty personnel, retirees, reservists, eligible family members and DoD civilians. Free to enter and prizes will be awarded to the winners!

For more information, call the MWR Intramural Sports Coordinator at 841-3127.

• **Weight Lifting Essentials** on Wednesday, Feb. 9, at 5:30 p.m. Gym 109 will offer the basic of free weight training on the second Wednesday of the month. Training session with a certified MWR trainer will cover the following: Safe lifting techniques, proper body alignment, understanding sets and reps, staying injury free, the keys to designing a program tailored to strength, endurance or toning, when and why a spotter is necessary. For more information, call Pat Mahoney at 841-3154.

• **Navy Operational Fitness & Fueling Series (NOFFS)** Newport has a

certified NOFFS instructor on staff for all Command Fitness Leaders (CFL). This new Navy-wide training was designed specifically to address the needs of physical training with various challenges such as confined spaces, nutritional choices and functional fitness for on the job tasks. NOFFS is specifically for CFLs to bring to the commands for an effective year-round physical training program. Command Fitness Leaders, please contact the MWR Fitness Coordinator, Christina Savoie at [Christina.savoie@navy.mil](mailto:Christina.savoie@navy.mil) to set up your training session for NOFFS.

• **Body-Wise Therapeutic Massage** offers a variety of

services at Gym 109. Choose from Swedish relaxation massage, sports massage, trigger-tender point therapy, or deep tissue massage. Techniques may be combined to best suit your needs. A one-hour massage costs \$65, and a 30-minute session is \$35. All appointments are held at Gym 109.

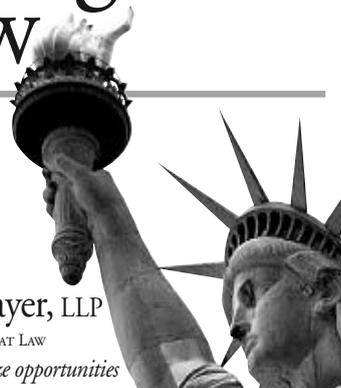
For more information on how massage therapy can help you or to make appointment, call Body-Wise at 862-9043.

• **All-Navy Sports Program** is available for service members. Do you have what it takes to play for the best the armed forces have

LEISURE, Page 11



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 <b>Super Bowl Sunday Party</b> Feb. 6th @ 3 p.m.	 <b>James Beard Foundation Dinner</b> March 9th @ 7 p.m.	 <b>March 12th St. Patty's Day Parade</b>
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## Leisure

Continued from Page 10

to offer? Interested in participating on an All-Navy team? Contact the MWR Sports Coordinator at Gym 109 at 841-7355.

### Liberty Center (Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; and Sunday and holidays, noon to 8 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360,

PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area.

There is a movie room where free movies from the Navy Motion Picture Service are shown see movies six weeks before they're out on DVD!

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

#### January events

Tonight – Billiards Tournament, prizes, 6 p.m.

Jan. 16 – Texas Hold'em Tournament, with prizes, 6 p.m.

Jan. 17 – Ping-Pong Tournament with prizes, 6 p.m.

Jan. 18 – Wii Sports Tournament, prizes, 6 p.m.

Jan. 19 – Madden Tournament, prizes, 6 p.m.

Jan. 20 – Guitar Hero Tournament, with prizes, 6 p.m.

Jan. 21 – Billiards Tournament, prizes, 6 p.m.

## Information, Tickets & Travel

### Carabiner's Rock Climbing Gym Trip

On Monday, January 17 ITT will host a trip to Carabiner's Rock Climbing Gym. The trip includes round-trip transportation, equipment (shoes, harness & helmet), two hours of climbing and pizza for lunch. Depart NAVSTA at 8:30 a.m. and return around 1:30 p.m. Trip cost \$44 per person. For more information, call 841-3116.



### The Coffee Cup: Indoor Auto Racing

Purchase tickets to see indoor racing at the Dunkin Donuts center in Providence on Saturday, February 5. Don't miss the small but powerful three-quarter midget cars as top named drivers from several Northeast states compete. Tickets are \$17.50 for adults and \$12.50 for children. For more information, call 841-3116.

### Northeast ski lift tickets

Waterville Valley, New Hampshire

Adult: \$56.50

Teen (ages 13 - 18): \$46.50

Loon Mountain, New Hampshire

Anyone, good any day including holidays \$69.00

Wachusett Mountain, Mass.

Anytime \$44.50

Nighttime: \$34.50

Weekday \$38.50

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## Outdoor Recreation Rental

### Skiers, snowboarders and skaters wanted

Don't be left out in the cold this winter just because you don't have the right equipment. The MWR Outdoor Recreation Rental in Building 656 has a complete line of rental skis (for adults and kids), snowboards, women's figure skates and men's hockey skates.

Stop in today for high quality ski accessories, tuning services and ice skate sharpening. Get your gear and have some winter fun in New England.

For more information, call 841-2568.



### Recreation equipment makes your winter fun

Don't be left in the cold at the peak of ski season just because you don't have the right equipment! The MWR Outdoor Recreation Rental, Building 656, has a complete line of rental skis for adults and kids. Ski packages include skis, boots and poles and are priced for daily or weekly rentals. Stop by for a ski fitting and the staff will record your ski sizing and fitting information, making it easy for you to get skis and hit the slopes of New England as soon as the snow falls.

For more information, call 841-2568.

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# NAVSTA establishes tighter energy saving goals

Naval Station (NAVSTA) Newport, recognized as a leader in the Navy's large shore installation category for energy conservation and water management, 2007-2009, has set goals to further reduce energy consumption while increasing energy efficiency and integrating viable alternative energy technologies.

In an effort to support President Obama's Executive Order 13423 of Jan. 26, 2007, Strengthening Federal Environmental, Energy, and Transportation Management; and Department of

Defense shore energy guidance and policies, NAVSTA Newport has adopted the following energy management goals, as outlined in the draft NAVSTANPTINST 4100.9A, Energy Management Program:

1. Reduce energy usage, as measured in Million British Thermal Units (MBTU), per 1,000 square feet (KSF), by 3 percent annually, through the end of fiscal year (FY) 2015 relative to an FY2003 baseline, for a total reduction of 30 percent.

2. Reduce potable water con-

sumption as measured in 1,000 gallons (KGals) per KSF, by 2 percent annually through the end of FY2015 relative to an FY2007 baseline for a total reduction of 16 percent.

3. Reduce base-wide petroleum usage 50 percent by FY2015 or at a minimum of 10 percent annually as compared to an FY2007 baseline.

4. Increase base-wide usage of alternate energy sources such as wind or solar power at a minimum of 50 percent by FY2015 as compared to an FY2008 baseline.

5. Ensure 100 percent pier-side compliance with the Department of Navy sustainable environmental practices and pollution prevention goals.

6. Obtain partial or full funding for the NAVSTA Newport wind turbine project by FY2013.

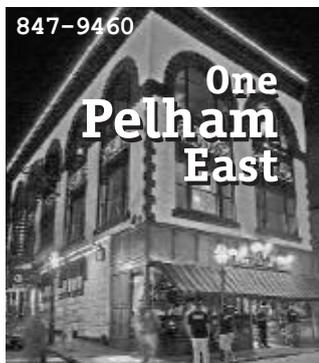
7. Obtain funding for at least one alternative energy project each fiscal year.

The Executive Order requires all federal activities to reduce energy intensity 3 percent annually through the end of fiscal year 2015, or 30 percent by the end of

fiscal year 2015, as measured from the 2003 baseline.

Additionally, the measure requires the reduction of water consumption intensity by two percent annually through the end of fiscal year 2015 or 16 percent through the end of fiscal year 2015, as measured against the baseline in 2007. Acquisitions of energy and water efficient products, environmentally preferable bio-based and recycled content products, and paper of at least 30 percent post-consumer fiber content are required.

847-9460



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## Naval Station Newport Dining

**Officers' Club, Building 95, 841-1442**  
 Monday through Thursday, 11 a.m. to 10 p.m.  
 Friday, 11 a.m. to 11 p.m.  
 Saturday, 4 to 11 p.m.  
 Sunday, Noon to 8 p.m.

**Enlisted Club, Building 656, 841-2575**  
 Monday through Thursday, 11 a.m. to 9 p.m.  
 Friday, 11 a.m. to 10 p.m.  
 Saturday, 4 to 11 p.m.  
 and Sunday and Holidays, 1 to 8 p.m.

**Seaview Lanes Bowling Center Building 656, 841-4293**  
 Monday through Thursday, 11 a.m. to 8 p.m.  
 Friday, 11 a.m. to 10 p.m.  
 Saturday, 1 to 11 p.m.  
 and Sunday and Holidays, 1 to 8 p.m.

**America's Cup Café, Building 684, 841-3420**  
 Monday through Friday, 6:30 a.m. to 2 p.m.  
 Closed on weekends and federal holidays.

**Clinic Café, Building 43, 841-2140**  
 Monday through Friday, 6:45 a.m. to 1:15 p.m.  
 Closed on weekends and federal holidays.

**Leisure Bay, Building 1255, 841-2088**  
 Monday through Friday, 9 a.m. to 8 p.m.  
 (drive thru window is open 6:30 a.m. to 8 p.m.)  
 Weekends and holidays, 8 a.m. to 6 p.m.

**Hewitt Hall Café, 841-4655 (NWC personnel only)**  
 Monday through Thursday, 6:30 a.m. to 3 p.m.  
 Friday 6:30 a.m. to 2 p.m.  
 Closed on federal holidays.

# COMEDY SERIES

**Topside in the Officers' Club starting at 7 p.m.**



**Weds, Jan. 19 Joe Yannetty**

**All shows are free and open to all hands. Patrons must have base access to attend. Comics are geared for adult entertainment, some word choices are not family friendly.**

# 1,565 shoplifting cases at NEX exceed \$203,000

The Navy Exchange Service Command's (NEX-COM) Loss Prevention/Safety Department takes preventing theft in all its locations seriously. During 2009, Navy Exchange (NEX) Loss Prevention/Safety associates investigated and resolved 1,565 shoplifting cases with a total dollar amount of \$203,422.

Shoplifting losses vary by store type, but can account for about one-third of the total inventory shrink. Shrink is the retail industry term for the difference between the recorded book inventory and the actual physical inventory counted at the end of the year. Shrink is generally attributed to shoplifting, employee theft, administrative errors or vendor fraud.

"The key to preventing theft in our locations begins with providing exceptional customer service and promoting our loss prevention awareness pro-

grams to our associates," said Tom Ruane, NEX-COM's Loss Prevention/Safety Program Manager. "Our associates have the ability and responsibility to report internal or external theft directly to their supervisor, loss prevention department or through a confidential Alertline...a third-party anonymous tip phone line."

In addition to its awareness programs, NEXs worldwide use electronic article surveillance (EAS) systems for electronic and high value merchandise as well as extensive closed circuit surveillance systems

(CCTV) to try and deter as well as catch shoplifters. The CCTV systems, coupled with digital video recorders, give the NEX the ability to see everything within the store and identify incidents of theft.

If shoplifting is suspected, NEX Loss Prevention/Safety associates turn all incidents over to base police and /or local law enforcement. In addition to possible disciplinary action and criminal prosecution, shoplifters may be charged a \$200 flat administrative cost for each incident of theft based on the Federal Claims Collection Act.



## Bridge Liquors

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- Stoli 1.75ml. **\$32.99**

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## Naval Health Clinic New England

# Take-out food convenient, but falls short in nutrition

By **APRIL CHILDS**  
NHCNE Public Health Educator

Since 1980, the number of obese children in America has tripled. Introducing children to nutritious food as early as possible is key to their developing healthy habits over a lifetime.

Encouraging play time is also essential to incorporating activity into a child's life. Being a role model for your children by participat-

ing in physical activity will influence their decisions to participate as well. Making physical activity fun, by playing a game of tag or going on a walking scavenger hunt with your children will increase the likelihood that they choose to be active on a regular basis.

In a 2005 study, researchers looked at the locations of 1,292 schools and 613 fast food restaurants in Chicago, and con-

cluded that the restaurants were deliberately built within walking distance of schools.

Thirty-five percent of the schools were within a five-minute walk of a fast food place; 80 percent had at least one restaurant within a 10-minute walk.

Schools in highly commercial regions of the city or in high-income areas had the most fast food restaurants nearby.

While visiting these fast-food restaurants may be easy, the nutritional density of these foods is low and the caloric content is high.

In order for a child to lose extra, unhealthy weight, the energy IN must be less than the energy OUT. That means:

- Choosing foods that are nutritious and lower in calories
- Cutting back on portion size (if your family tends to over-eat)
- Increasing physical activity
- Limiting "screen time" spent watching TV and playing video games that replace physical activity.

### M.L. King Day lunch

Capt. Cynthia S. Jones, a Fellow with the Strategic Studies Group, Naval War College, is the scheduled guest speaker at the annual MLK Day lunch at the Atlantic Beach Club, 53 Purgatory Road, Middletown.

Lunch tickets are \$25 per adult; \$15 per child. For ticket information contact Josephine Brown, 401-846-6094; Joyce Williams, 401-849-5581; retired Capt. Shirley Hill, 401-848-5122; or Thelma Williams, 401-338-1075.

## Torch Run

Continued from Page 2

Newport County Martin Luther King Celebration Committee of the Newport County Branch for the NAACP. Music for the program will be supplied by the Brass Quintet of Navy Band Northeast.

Juice, fruit, pastries and coffee will be provided for the runners at the school after the race.

For more information and race transportation, contact Dr. April Childs, public health educator, NHCNE, at 401-841-6774, or email [april.childs@med.navy.mil](mailto:april.childs@med.navy.mil)

## Construction

Continued from Page 9

project has been delayed while some of the design considerations are reworked, but it should get back underway soon.

Waterfront Improvement Project, a \$ 7.1 million project aimed at reinforcing the quay wall area between Piers 1 and 2 in order to support the berthing of the three U.S. Coast Guard cutters homeported at Naval Station Newport.

The Nimitz Hall Replacement, a \$45.8 million project to replace current inadequate facilities housing Officer Training Command students and administrative staff. The project broke ground last fall in Training Country and should be complete in the fall of 2012.

These are just some of the larger projects Naval Facilities Engineering Command Newport has been

overseeing. In addition to construction and renovations, it is also supervising the demolition of more than 20 structures and utilities.

Naval Station Newport will continue to be "under construction" as we continue to transform into the Navy's Center of Learning Excellence for Education and Training.

## Electric

Continued from Page 4

example, 12 large dump trucks that were used exclusively for snow plowing in the winter and remained unutilized in the non-winter months have been turned in as excess. Stakebody trucks are now used for plowing in the winter and return to regular service when the snow season ends; you can't beat a multi-purpose vehicle,, he said.

Significant improvements will soon be made to the operating efficiency of NAVSTA Newport's diesel heavy equipment.

"Our most recent addition is equipped with a diesel fuel exhaust (DFE) system that converts nox-

ious (Nox) into harmless nitrogen gas," Ferreira said.

"All our diesel vehicles can use biodiesel fuel, but there are no filling stations locally. "A filling station at NAVSTA Newport would make us greener than we are now."

Other energy saving measures that NAVFAC Newport Transportation employees have implemented includes ordering properly sized engines on new equipment and the elimination of allowing vehicles to idle.

NAVFAC Newport maintains 329 vehicles, four diesel mobile cranes, and 436 overhead electric cranes.

## BRAC

Continued Page 8

Hall, a \$1.1 million addition was being added to the Naval Health Clinic New England Dental Clinic on Coddington Point in preparation for the overall 88 percent increase in the student population due to arrive with the commands relocating to Newport.

The Navy Supply Corps School project, which overall was the largest of the BRAC relocation projects, included the movement of the U.S. Marine Corps Aviation Logistics School and Center for Service Support from Athens, Ga., broke ground in June 2008. The Navy Supply Corps School will be formally dedicated in a ribbon-cutting ceremony planned for Jan. 24 (See Page 3).

Relocating here in advance of the school was the Center for Service Support (CSS). This command, consisting of a staff of 20 military and 40 full time civilian personnel, directs the training efforts of 13 different Navy schools around the nation.

CSS moved into Fitzgerald Hall, opposite the Surface Warfare Officers' School Command in June 2009 following an extensive renovation of that building.

Last summer, the Marine Corps Detachment Newport held a dedication ceremony naming its new home in Building 1112 Beirut Memorial Hall, memorializing the 241 Marines who lost their lives in the Beirut bombing on Oct. 23, 1983. Beirut Memorial Hall is now the home of the MARDET and the Marine Corps Aviation Logistics School which relocated from Athens.

The grand total of Navy BRAC investments onboard the station amounts to just over \$63 million with an additional project being overseen by the U.S. Army. The U.S. Army Reserve Center is under construction just inside Gate 10. The nearly \$15 million project is scheduled for completion later this summer. Newport will meet the BRAC 2011 mandate with months to spare.

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# SECDEF prioritizes spending to save \$150B

WASHINGTON (NNS) — The Secretary of Defense announced Jan. 6 a series of efficiencies decisions designed to save the Department of Defense more than \$150 billion during the next five years.

According to Secretary Robert M. Gates, the savings would be achieved primarily by reducing overhead costs, improving business practices and culling excess or troubled programs.

Most of the resulting savings will be used by the Army, Navy, Marine Corps and Air Force to invest in high-priority programs that strengthen war fighting capabilities. The intent of

## Navy-wide news

these proposed changes is to improve support to operational forces, and to re-prioritize resources to fund the Navy of today while building the Navy of tomorrow.

No fleet area was exempt from this review.

Specifically, the Department of the Navy is proposing to use efficiencies savings to:

- Accelerate development of a new generation of electronic jammers to improve the Navy's ability to fight and survive in an anti-access environment.

- Increase the repair and

refurbishment of Marine equipment used in Iraq and Afghanistan.

- Develop a new generation of sea-borne unmanned strike and surveillance aircraft.

- Purchase more of the latest model F-18s and extend the service life of 150 of these aircraft as a

hedge against more delays in the deployment of the Joint Strike Fighter (JSF).

- Purchase additional ships, including a destroyer, a littoral combat ship, an ocean surveillance vessel and fleet oilers.

In order to achieve efficiencies savings of more than \$35 billion over five years, the Department of the Navy proposes to:

- Reduce manpower

ashore and reassign 6,000 personnel to operational missions at sea.

- Use multi-year procurement to save more than \$1.3 billion on the purchase of new airborne surveillance, jamming, and fighter aircraft.

- Disestablish several staffs (but not the associated platforms) to include submarine-, patrol aircraft-, and destroyer-squadrons

plus one carrier strike group staff.

- Disestablish the headquarters of U.S. 2nd Fleet at Norfolk, Va., transferring responsibility for its mission to the Navy's Fleet Forces Command, also located in Norfolk, Va.

The Chief of Naval Operations Adm. Gary Roughead said the actions will allow the Navy to address readiness and warfighting.

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