

The Newport Navallog

VOL. 110 NO. 45 NOVEMBER 18, 2011

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Greg Kohlweiss/U.S. Navy photo

COAST GUARD ADDITION — The 87-foot Coast Guard cutter Tiger Shark (WPB 87359), shown here at Goat Island this week, permanently relocated to Pier 2 at Naval Station Newport on Thursday. With a crew of 12, its mission is search and rescue; law enforcement (mainly fisheries and recreational boating safety); plus ports, waterways and coastal security. It joins the cutters Ida Lewis (WLB 551), Juniper (WLB 201) and Willow (WLB 202), all buoy tenders.



Panel assesses military lifestyle

Seven active duty service members staff a panel discussion on the pros and cons of family life for today's military.

—Page 3



Veterans Day earns tribute

Navy and Coast Guard service members pause to mark Veterans Day with ceremonies, speeches and school appearances.

—Page 10



Army Prep stuns NAPS

The Military Academy Prep School ruins the Naval Academy Prep School's perfect football season with a 34-28 victory.

—Page 13

Visiting DDG gives ensigns hands-on experience in port

LT. STEVEN GONZALEZ
SWOSCOLCOM Public Affairs Officer

The visit by the USS Bulkeley (DDG 84), Oct. 31 to Nov. 4, provided opportunities for many of the Surface Warfare Officers School Command courses of instruction to receive hands-on training onboard the guided missile destroyer.

Ensigns from the Surface Warfare Officer (SWOS) Introduction Course 12020 took advantage of this opportunity to further develop fundamental skills in navigation, seamanship and shiphandling.

The "schoolship" training provided an invaluable shipboard experience to the ensigns and enabled the crew along with the SWOS instructors, to expose the novice mariners to the fundamentals of life onboard U.S. Navy ships, prior to reporting onboard their first ship.

"It was great to be able to visit and tour a Navy destroyer prior to reporting to my first duty station," said Ensign Dante Branch. Branch will be reporting to the guided missile destroyer USS Dewey (DDG 105) in San Diego.

The ensigns received

training on underway watchstanding on the bridge as well as the Combat Information Center (CIC).

Students also received training on topics such as personal protective equipment, zone inspections and the electrical safety program.

"Our students' confidence in their abilities to perform as Division Officers increased exponentially due to their experiences onboard USS Bulkeley," said Lt. Eric Burtner-Abt, a SWOS instructor and INTRO lead.



SWOSCOLCOM photo

Ensign Heather Tilley, right, a Surface Warfare Officers School Division Officer student who will be assigned to the cruiser USS Normandy (CG 60) in Norfolk, Va., receives training on how to properly stand a bridge watch onboard USS Bulkeley (DDG 84) earlier this month.



Lisa Rama/U.S. Navy photo

Naval Station Newport, along with Naval Facilities Engineering Command (NAVFAC), R.I. Procurement Technical Assistance Center (PTAC) and the U.S. Small Business Administration hosted a business outreach event in Building 80, Naval Undersea Warfare, on Wednesday. More than 80 representatives from nearly 60 small businesses based in southeastern New England attended. The outreach event included overviews of projects ongoing and planned at Naval Station Newport; an overview on 'How to do Business with the Navy;' and Source Selection Tips. The morning presentations were followed by an afternoon of one-on-one interviews with NAVFAC, PTAC, select company representatives, and the U.S. Small Business Administration. Capt. Joe Voboril, Commanding Officer of NAVSTA, kicked off the morning by welcoming the group followed by Lt. Cmdr. Jeff Richer, shown above, Director of Facilities, Engineering and Acquisition Division for Public Works Department Newport, who gave a brief overview of the \$60 million worth of construction and service work currently underway at NAVSTA.

Base access requirements change Dec. 1 for guests

Effective Dec. 1, all non-affiliated guests requesting permission to enter Naval Station Newport will have to undergo security verification five days prior to their requested access date.

The current policy allows for individuals to be "sponsored" onto the installation by an authorized patron. In the future, unless physically escorted by an authorized

patron, each non-affiliated guest will have to submit his name, social security number, birthdate, and contact information to the Pass & ID Office at least five days before the arrival date.

For more information contact Pass & ID at 841-3126 or e-mail Newport.Pass-&ID@navy.mil

Navalog

Capt. Joseph P. Voboril

Commanding Officer, Naval Station Newport

Lisa Rama

NAVSTA Public Affairs Officer

Bob Krekorian

NAVSTA Public Affairs Staff

Greg Kohlweiss

NAVSTA Public Affairs Staff

Richard Alexander

NAVALOG Editor

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Military families queried on strain of deployments

WASHINGTON, D.C. — Blue Star Families announced the launch of its annual survey of military families, service members and veterans. The survey will run through the end of November, with results expected to be released in early May.

The annual survey of military family members is designed to reveal the truth of what it's like to maintain home, family, career and healthy relationships despite the necessary absence of a loved one.

The 2010 Military Lifestyle Survey demonstrated that military families are experiencing high levels of stress, but are coping. Of note, they identified the current high operational tempo, the effect of deployments on their children, children's education, spousal employment, and finances as areas of particular concern.

While military families felt slightly more support from their civilian counterparts than the previous year, a staggering 92 percent felt that the general

public does not understand or appreciate their challenges as modern day military families.

'Our goal this year is to increase the number of families we reach.'

—Vivian Greentree
Blue Star Families
Director of Research and Policy

More than a dozen military family and veteran support organizations are partnering with Blue Star Families on the survey.

"Our goal this year is to increase the number of families we reach," said Blue Star Families Director of Research and Policy, Vivian Greentree.

"We hope to expand on our findings from 2010 and have added more sections on caretaking, EFMP issues, financial literacy, and suicide prevention awareness. We've also added questions to the sections on spouse employment, civic engagement, and social media use among military families.

"We are excited for our families to see that their feedback from the 2010 survey guided our development of this year's survey instrument. We want their voices to be heard."

Visit <http://bluestarfamilies.org/survey> to take the survey.



Army Maj. Albert Vigilante, a student at the Naval War College, makes a point as a panelist for Emmanuel Church's Evening Speaker Series last week called, 'What It Is Like to Serve in Today's Military.'

R.K. Alexander photos

Military families accept challenges in exchange for career opportunities

By RICHARD ALEXANDER
Navalog editor

A panel of seven service members, representing most of the armed forces, said military service has its challenges and difficulties, but most are pleased they chose it for a career because it offered great opportunities.

Emmanuel Church in Newport last week sponsored its Evening Speaker Series on "What it is Like to Serve in Today's Military." Moderated by retired Army Col. Heath Twitchell, the purpose of the panel was to raise the level of awareness in the local community about what it's like for today's servicemen and women, their spouses and



Corridan



Richards



Clausen



Eichner

children.

The panel consisted of combat seasoned officers and enlisted from the Army, Navy, Marine Corps and Air Force. They have served from seven to 22 years, and have been deployed two to six times.

Twitchell, an adjunct professor of Strategy and War at the Naval War College's College of Distance Education, said less than one per

cent of the nation's population is in the armed services, unlike in World War II when there were 10 times as many.

Several panelists said Army posts and Navy bases provide all they need for food, clothing and shelter, and often the only time military families might mix with the local community is through school events, sports and churches.

Most regretted missing children's birthdays and wedding anniversaries because of deployments, but would still encourage their own sons or daughters to serve in the military.

They all felt military members returning from the front lines are well-respected by the general population, but there is a disconnect. One Army officer felt the average citizen doesn't have a clue about military life.

Navy Lt. Cmdr. Colin Corridan was deployed during Operations Enduring Freedom and Iraqi Freedom, and last year was deployed to Iraq as an Individual Augmentee.

FAMILIES, Page 18

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NEW NATURALIZED CITIZEN — Culinary Specialist 1st Class (SW) Erwin Aurich, left, Ney Hall galley staff, receives his U.S. citizenship naturalization certificate in a ceremony Oct. 27 at the U.S. Citizenship and Immigration Services (USCIS) Office in Johnston. Standing with Aurich are two USCIS officials who presided at the ceremony. Aurich was born in the Dominican Republic and has been in the Navy for 12 years.

NWC scholar receives Japan's imperial honor

WASHINGTON — Dr. William R. Farrell, an adjunct professor at the Naval War College, was one of five Americans among 53 recipients who received the Order of the Rising Sun, Gold Rays with Neck Ribbon, at Japan's 2011 Fall Imperial Decorations ceremony on Nov. 3.



Dr. Farrell

Farrell was recognized for his significant contributions to the promotion of friendly relations and mutual understanding between Japan and the United States.

Farrell, of Middletown, is the chairman of the National Association of Japan-America Societies, and former executive director of the American Chamber of Commerce in Japan (ACCJ).

Dr. Farrell was born in 1944 in New York. His connections with Japan began in 1968 when he became a student at the Department of Defense Foreign Language Institute in California. For more than 40 years, he has committed to deepening Japan-U.S. relations in wide-ranging capacities, serving as a career military officer, a college professor, a business leader, as well as becoming a pivotal figure in grassroots activities.

Dr. Farrell served 20 years in the U.S. Air Force as a commissioned officer.

After learning Japanese at the Department of Defense Foreign Language Institute he was stationed in Japan for six years in total. From 1982 to 1990, he served as professor of management at the U.S. Naval War College (NWC). He assumed a liaison role between the NWC and the Japan Maritime Self-Defense Force.

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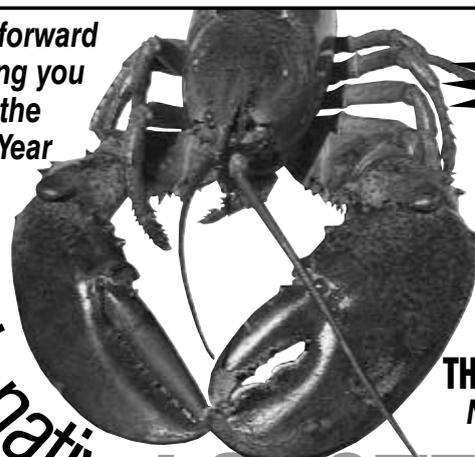


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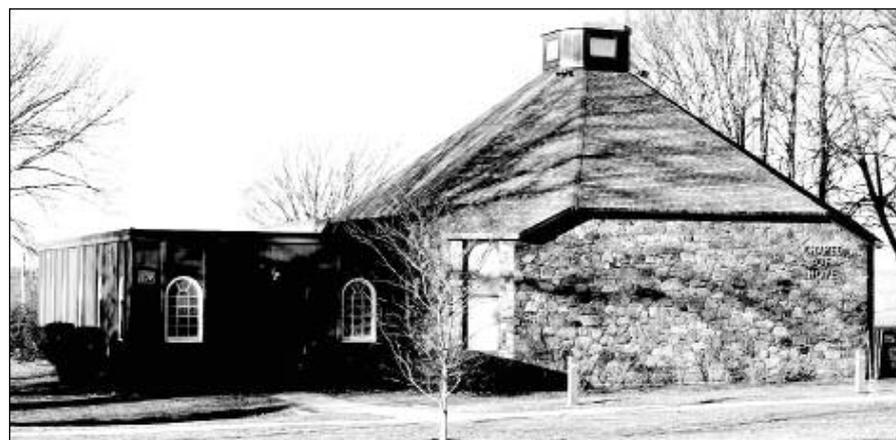
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9:00 AM Roman Catholic Mass

NOTE: The Roman Catholic Mass will not be held on Dec. 4.
Chaplain (LT) Matthew Westcott will instead offer Mass at 4 p.m. on Dec. 3.



EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283. FFSC is closed for the Thanksgiving Day holiday, Thursday, Nov. 24.

Develop some strategies to curb holiday expenses

Our workshop, How to Financially Survive the Holidays, is scheduled for Tuesday, Nov. 22, 2:30-4 p.m. It is designed to help service members plan for increased holiday expenses and develop strategies to avoid overspending and accumulating excessive debt.



The program is appropriate for all individuals, even those who do not celebrate the holidays can benefit from this class.

The money management tips offered in this class apply year-round as well as special occasions when additional spending occurs.

Registration is required.

Here's a look ahead to upcoming workshops:

"Blended Families"

—Monday, Nov. 28, 2-4 p.m., registration is required.

"Caught in the Web, Disconnect Your Unhealthy Relationship"

—Wednesday, Nov. 30, 1-3 p.m.

"Stress Management"

—Thursday, Dec. 1, from 1 to 3 p.m.

The next Transition Assistance Management Program (TAMP), is scheduled for Dec. 5-9, 8 a.m. to 4 p.m., at the Morale, Welfare and Recreation conference room, Building 656. Spouses are encouraged to attend.

Choristers rehearsing for Christmas concert

MIDDLETOWN — The Newport Navy Choristers, under the direction of JoAnn Loewenthal, will present their "Christmas in Song" concert on Friday, Dec. 9, at 7:30 p.m. at St. Lucy's Church on 909 West Main Road.

This year the sponsor for the concert is Christmas in Newport.

The Newport Navy Choristers are composed of active duty, retired,

reservists, military dependents and Department of Defense personnel and have performed in Newport area for over 50 years, raising more than \$350,000 to local charities.

Tickets are \$10 for adults, \$5 for seniors and children under age 12, and \$20 for families and are available by calling 849-6454 or by any Chorister member. Tickets can also be purchased at the door.

Tribute paid to military families

LEXINGTON, Ky. — Mark D. Needham, chairman on the Military Interstate Children's Compact Commission (MICCC), and the commission, recognize and observe November 2011 as the Month of the Military Family.

Military Family Month was first designated by the Armed Services YMCA in 1993 and soon after recognized by the White House.

The MICCC honors all military families and thanks them for their tireless contributions in service of our nation.

The U.S. currently has thousands of service-members deployed around the world.

Military families move between postings on a regular basis, and while reassignments can often be a boon for career personnel,

they can be difficult for the children of military families. The average military student faces transition challenges more than twice during high school and most military children will attend six to nine different school systems in their lives from kindergarten to 12th grade.

The Compact therefore seeks to make transition easier for the children of

military families so that they are afforded the same opportunities for educational success as other children.

As part of the Compact, the Interstate Commission on Educational Opportunities for Military Children was established. Thirty-nine states, including Rhode Island this year, have adopted the Compact.

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Announcements

NHCNE posts holiday hours

The Naval Health Clinic New England will be closed on Thanksgiving, Thursday, Nov. 24. Appointments on Friday, Nov. 25, and Saturday, Nov. 26, will be acute appointments only. Normal operations resume at the clinic on Monday, Nov. 28.

Call 841-3590 for information.

MWR posts holiday hours

Morale, Welfare and Recreation (MWR) announces holiday hours for all its facilities next week.

Wednesday, Nov. 23:

MWR Administration will be open 8 a.m. to 4:30 p.m.; America's Cup Café, 6:30 a.m. to 2 p.m.; Seaview Lanes Bowling Center, 11 a.m. to 8 p.m.; Child Development and School Age Care, 6:15 a.m. to 5:30 p.m.; Enlisted Club, 11 a.m. to 9 p.m.; Gym 109, 5 a.m. to 9 p.m.; Information, Tickets and Travel, 10 a.m. to 3 p.m.; Leisure Bay, 9 a.m. to 3 p.m. (drive-thru opens at 6:30 a.m.); Liberty Center, 4 to 8 p.m.; Naval War College Café, 6:30 a.m. to 2 p.m.; Officers' Club, 11 a.m. to 8 p.m.; Outdoor Recreation Rental, 3 to 6 p.m.; Pool 307, 10:30 a.m. to 1:30 p.m.; The Auto Skills Center, Chief Petty Officers' Club, Veterinary Clinic and Teen Center will be closed.



Thursday, Nov. 24:

Leisure Bay will be open 8 a.m. to 6 p.m.; Liberty Center, noon to 8 p.m., and the Officers' Club will be serving Thanksgiving dinner from noon to 4 p.m. (advance ticket is needed).

MWR Administration, America's Cup Café, Auto Skills Center, Seaview Lanes Bowling Center, Child Development Center, School Age Care, Teen Center, Chief Petty Officers' Club, Enlisted Club, Gym 109, Information, Tickets & Travel, Naval War College Café, Outdoor Recreation Rental, Pool 307, Teen Center and the Army Veterinary Clinic will be closed.

Friday, Nov. 25:

Auto Skills Center will be open 11 a.m. to 7 p.m.; Seaview Lanes Bowling Center, 11 a.m. to 10 p.m.; Child Development Center and School Age Care, 6:15 a.m. to 5:30 p.m.; Enlisted Club, 11 a.m. to 10 p.m.;

Gym 109, 5 a.m. to 7 p.m.; Information, Tickets and Travel, 10 a.m. to 6 p.m.; Leisure Bay, 9 a.m. to 8 p.m. (drive-thru opens at 6:30 a.m.); Liberty Center, 4 to 10 p.m.; Officers' Club, 11 a.m. to 3 p.m. and Outdoor Recreation Rental, 3 to 6 p.m.

MWR Administration, America's Cup Café, Chief Petty Officers' Club, Naval War College Café, Pool 307, Army Veterinary Clinic and Teen Center will be closed.

Saturday, Nov. 26:

Auto Skills Center will be open 9 a.m. to 5 p.m.; Seaview Lanes Bowling Center, 1 to 11 p.m.; Enlisted Club, 4 to 11 p.m.; Gym 109, 7 a.m. to 5 p.m.; Leisure Bay, 8 a.m. to 6 p.m.; Liberty Center, noon to 10 p.m.; Outdoor Recreation Rental, 9 a.m. to 1 p.m.; Pool 307, 9 a.m. to noon; and Teen Center, 1 to 9 p.m.

MWR Administration, America's Cup Café, Child Development Center and School Age Care, Chief Petty Officers' Club, Information, Tickets and Travel, Naval War College Café, Officers' Club and Army Veterinary Clinic will be closed.

Galley to host Thanksgiving

The Ney Hall galley will serve a traditional Thanksgiving holiday meal from 2 to 4:30 p.m. The charge is \$7.

The menu features soups, salads, shrimp cocktail, oven roasted turkey, gravy and stuffing, baked ham, vegetables, potatoes, desserts, eggnog and beverages.

The holiday meal is open to all military personnel, Department of Defense personnel and civilian contractors that work on base, and their guests.

O' Club roasting turkeys

An all hands, all-you-can-eat Thanksgiving buffet will be served on Thanksgiving, Nov. 24, with seating times from noon to 4 p.m.

Tickets are required and cost \$26.50 for adults, \$12 for children age 8 to 12, \$6 for children age 4 to 7, and free for children 3 and under. However, a ticket is still needed. Tickets may be purchased at Leisure Bay's ITT office, or by calling 841-3116, Wednesday through Friday, 10 a.m. to 6 p.m.

Don't miss the leftovers

Leftovers are the best part of Thanksgiving, so plan to enjoy a delicious turkey leftovers buffet at Topside at the Officers' Club on Friday, Nov. 25, from 11 a.m. to 3 p.m.

For just \$8 per person, this day-after-Thanksgiving-buffet will offer an all-you-can-eat feast. For information, call 841-1442.

Kirby Perkins Daughter...TRANSFORMED



BEFORE

As is the case for many women, my weight and my body image have always been a bit of a struggle. As my metabolism began to slow down and I stopped playing team sports, it became harder to lose weight. Food had always been a form of therapy and comfort for me. I was stubborn about having the "foods that made me happy" taken away from me with dieting. It was also really hard to motivate myself to get into a good exercise routine. I always seemed to find an excuse why I couldn't make it to the gym. Get In Shape For Women is the first and only exercise and nutrition program that has actually worked for me. It has changed the way I live my life. It is not a diet but a change of lifestyle that is easy for me to maintain. I think about food and my body completely differently now. I never thought it possible, but loving your body and being totally confident in yourself can really change how you live your life. I will never stop being grateful to Get In Shape For Women for the profound impact that you have had on my life. Thank you from the bottom of my heart! Your constant support and encouragement has made the loss of 25 pounds and 12 inches possible!

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Special events

Supply Corps School graduation

The 3rd Battalion, Basic Qualification Course graduation ceremony at Navy Supply Corps School Command will be held today at 10 a.m. in the Multipurpose Room.

Navy Band Northeast will provide appropriate music. For information, call 841-4801.

OCS, ODS class graduations

Officer Candidate School Class 0312 graduation at Officer Training Command Newport will take place at Kay Hall today at 9 a.m. The guest speaker is Capt. Dennis Voyer, deputy commander, Submarine Squadron SEVEN, Pearl Harbor, Hawaii. Navy Band Northeast will provide appropriate music.

Officer Development School (ODS) Class 12010 graduation at Officer Training Command Newport will take place at Kay Hall today at 11 a.m. The guest speaker will be Capt. Lena Hartzell, executive officer, Naval Health Clinic New England. Call 841-1171 for information.

Spouses Club invites newcomers

The Newport Officers' Spouses' Club (NOSC) will hold a Welcome Coffee on Tuesday, Nov. 22, from 10 a.m. to noon at Quarters AA, Bainbridge Road, Naval Station Newport.

The organization provides a great opportunity to meet other spouses in the area and is open to all spouses of all members of the armed forces.

The social is for prospective NOSC members and those already belonging to NOSC. To RSVP, e-mail *president@newportosc.org* before Nov. 20. For more information on NOSC, visit their website at: *www.newportosc.org*

Flu shots offered at Commissary

Influenza immunizations for all eligible beneficiaries and Department of Defense employees will be given at the Newport Commissary, Saturday, Nov. 19, from 10 a.m.-2 p.m., while supplies last. Call 841-3590 for information.

Let's strive to hire our heroes

WARWICK — The Hiring Our Heroes Rhode Island Job Fair will be held at the Warwick Armory, 541 Airport Road, on Monday, Nov. 21, 9 a.m.-2 p.m.

Hiring our Heroes Rhode Island is committed to making this one-of-a-kind free hiring fair a win-win for employers and veteran/military spouse job seekers. Job seekers and employers can go to *www.uschamber.com/veterans/events* and scroll down to Providence to register. For information contact Paul Ouellette at *pouellette@nrchamber.com* or phone (401) 334-1000, ext. 117.

Upcoming events:

Nov. 30 – Morale, Welfare and Recreation Department's Passport to Newport returns to the Officers' Club from 11 a.m. to 2 p.m.

Are you new to the area or just wondering what Newport has to offer? MWR has you covered.

Come and meet representatives from MWR and base facilities, local businesses and area schools. The event is free to attend for anyone who has base access.

There will be food and drinks available, plus an arts and crafts area for children. For more information, call MWR Special Events at 841-3116.

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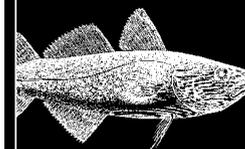
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Automated switches to save NAVSTA \$60k

Public Works Newport is ready to flip the switch to turn on the latest technology incorporated in the quest to save energy and reduce operating costs on board Naval Station Newport: the Remote Operations Asset Management (ROAM) control system.

During the development of the Energy Savings Performance Contract (ESPC) currently being executed with Honeywell Energy Solutions, Public Works (PW) designed the ROAM system as a

means of reducing energy costs and to provide flexibility for the installation. There are 847 lights connected to this system, 250 of which will continue to remain on from dusk to dawn and are photo cell controlled.

With this new system, lighting can be selectively reduced in various areas of the installation based on

safety and security. The flexibility will allow Public Works to program lighting where it is needed and turn off lights that are not. They also have the capability to turn on lights to support emergencies or

security issues as needed. ROAM is expected to save NAVSTA \$60,000 a year on electrical bills without impacting the Sailor or customers.

In addition to this flexibility, the control system will also provide automated main-

tenance information concerning the street lights and security lighting. These automated controls do not affect any lighting that is controlled from within a facility and are considered building lighting. These lights are under the control of the occupants and we encourage conservation in the use of the building lights.



Benefits help separating Sailors

Chief of Naval Personnel
Public Affairs

WASHINGTON — Navy assistance programs for separating Sailors, as well as some enhanced transition benefits unique for Sailors not selected for retention by the Enlisted Retention Board, are outlined in NAVADMIN 332/11, released Nov. 4.

"If you've served in the Navy, you've been a good military team member, and we want to give you and your families the best possible transition benefits," said Rear Adm. Martha Herb, director of Personal Readiness and Community Support.

"If you are not selected to stay in the Navy, you can succeed on the outside with your proven military values, education, training, and experience. The transition tools we're providing for separating Sailors will help you hit the ground running and get off to a good start."

The NAVADMIN outlines the full spectrum of separa-



Navy photo

CREWMEN line the rails as an aircraft carrier returns to port. The Navy Personnel Command (NPC) established a transition assistance information page on their website providing Sailors and leadership a central location to find transition assistance information and resources, officials said.

tion benefits available to all Sailors leaving the Navy, voluntarily and involuntarily, which are designed to help them succeed in civilian life. Sailors separating via the ERB will receive targeted outreach assistance to ensure an individual transition plan is developed.

Historically high retention and low attrition led to the need for the Enlisted Retention Board (ERB).

Held in two phases, the board considered the records of approximately 16,000 Sailors from 31 overmanned ratings to determine who will be recommended for retention.

Phase I convened Aug. 22 to review the records of E-4 and E-5 Sailors, and Phase II convened Oct. 11 to review the records of Sailors in pay grades E-6 through E-8.

Those Sailors not selected for retention will have access to the full spectrum of Navy support services, as well as several enhanced transition benefits.

For more information on transition assistance benefits and resources, Sailors can check out a reference handbook posted at <http://www.public.navy.mil/bupers-npc/boards/ERB/Pages/default2.aspx>.

Sailors and their family members are also encouraged to access the full range of stress management resources available to them during this transition, including their command leadership, ombudsmen, medical and mental health specialists, and counselors at Fleet and Family Support Centers.

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VETERANS DAY: Newport to Bristol

Kathy MacKnight/U.S. Navy photo
RIGHT: Capt. Mark L. Turner, a student at the Naval War College, speaks at Veterans Day ceremonies outside City Hall. Ceremonies were sponsored by the United Veterans Council of Newport County and the Newport VFW.



Lisa Rama/U.S. navy photos
In left photo, Ginny Hanson, president of the Bristol Veterans Council; and Capt. Joe Voboril, commanding officer, Naval Station Newport, carry a wreath for ceremonies at the R.I. Veterans Home in Bristol. At right, Pfc. Albert Carbonetta, 99, the oldest of the 172 residents at the home, listens to speeches. Carbonetta served in WWII as a radio operator with an Army artillery company in Europe.



Thompson Middle School photo
LEFT: Sailors from Naval Station Newport visit Thompson Middle School in Newport on Nov. 10 to demonstrate the 13-fold flag ceremony, explaining the significance of each fold during morning colors, and giving the seventh grade students a chance to ask questions about the meaning of Veterans Day. On stage are Yeoman 2nd Class Michael Belasco, left, and Master at Arms 1st Class Joseph German. The announcer was Musician 2nd Class Melissia Koff.

Lisa rama/U.S. Navy photo
MEMBERS of the Bristol Train of Artillery lower the colors in preparation for raising the Stars and Stripes to full staff following honors at the R.I. Veterans Home. The artillerymen fired salutes as a list of all conflicts in which American soldiers served was read.



Lt. Carlos M. Diaz/U.S. Navy photo
WAVES (Women Accepted for Volunteer Emergency Services) who served in both World Wars I and II, visit the Navy Supply Corps School on Nov. 15 as part of the WAVES' initiative to reach out to females currently serving in the Navy. While at the Newport-based schoolhouse, the female war veterans shared their experiences in the military. The Navy Supply Corps School (NSCS) moved to Newport in January 2011. The NSCS mission is to develop officers and other logistics professionals through integrated education and training.



2 German U-boat crewmen remembered at gravesites

From Naval Command College

Each November Germany remembers the victims of war, violence and suppression in national public ceremonies. Not known to many, Newport's Van Zandt Street cemetery contains the remains of two German submarine sailors killed in action off the New England coast during World War II.

Each year, to honor the service of these and others, the German naval officer attending the course at the Naval Command College Class conducts a memorial ceremony. This year Cmdr. Gunnar F.W. Jopp, conducted a brief service and wreath laying on Sunday, Nov. 13.

He was joined by the director of the Naval Command College, Professor Vincent P. Mocini, other Naval War College faculty, sponsors and officers from seven European countries, Canada, Israel, Japan and the United States.

One grave contains the remains of Günther Heder, a machinery petty officer on the German submarine U-550, which was attacked, forced to surface and was subsequently sunk on April 16, 1944, in a battle with



USS Peterson (DE-152), USS Joyce (DE-317), and USS Gandy (DE-794).

Joyce rescued 13 of the German sailors, including Heder, who died some weeks later from severe injuries.

The second grave is the final resting place of an unknown sailor from the submarine U-853, which apparently did not receive the broadcast message ordering the termination of hostilities on May 4, 1945. In action on May 5, the U-boat torpedoed and sank SS Black Point, carrying coal bound for Boston. On May 6 it was located, attacked and sunk by USS Amick

(DE-168), USS Atherton (DE-169), and USS Moberly (PF-63).

The submarine was discovered by divers in 1960, who brought ashore the remains of one crewmember. The German government requested that divers not disturb the wreck further, and the remains of the unknown sailor were buried in Newport.

Jopp laid two wreaths and stated in his remarks that even 66 years later, World War II still casts a long shadow.

"It is a distant, but not a forgotten part of Germany's past," he said.

ABOVE: Naval Command College student Cmdr. Gunnar F.W. Jopp conducts a brief service and wreath-laying at Newport's Van Zandt Street cemetery on Sunday, Nov. 13.

LEFT: Jopp places a wreath at a U-boat crewman's marker.

(Photos courtesy of Naval Command College)

FEHB 'open season' underway to Dec. 12

The federal benefits open season opened Nov. 14 and will run through Dec. 12 during which time the civilian workforce may make changes to their Federal Employees Health Benefits (FEHB) enrollment, Mary E. Foley at HRO has announced.

The Benefits Bulletin 2011-8, Federal Employees Health Benefits Open Season, provides information about FEHB for 2012. This bulletin is available at <http://www.public.navy.mil/donhr/Benefits/resources/Pages/Default.aspx>.

Civilians must make changes electronically using the Employee Benefits Information System (EBIS) at <http://www.donhr.navy.mil> Under the "Benefits" tab click on "EBIS." Civilians cannot enroll or make a

change using a paper SF 2809, Health Benefits Registration Form.

New EBIS users, or those who have not accessed EBIS in the last 60 days, must establish/reset their passwords.

Anyone with questions about health insurance should call the Benefits Line at 888-320-2917 and select menu option No. 4 to speak with a customer service representative (CSR).

CSRs are available from 7:30 a.m. until 7:30 p.m., eastern standard time, Monday through Friday, except on federal holidays. The TTY number for the deaf and hard of hearing is 866-328-9889.

During Open Season the Benefits Line call line is very busy, especially between 10 a.m. and 7:30 p.m.

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 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 10 p.m.
 Sunday, Noon to 8 p.m.

Enlisted Club, Building 656, 841-2575

Monday through Thursday, 11 a.m. to 9 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 11 p.m.
 Sunday, 1 to 8 p.m.
 and Holidays, Noon to 6 p.m.

Seaview Lanes Bowling Center Building 656, 841-4293

Monday through Thursday, 11 a.m. to 8 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 1 to 11 p.m.
 Sunday, 1 to 8 p.m.
 and Holidays, noon to 6 p.m.

America's Cup Café, Building 684, 841-3420

Monday through Friday, 6:30 a.m. to 2 p.m.
 Closed on weekends and federal holidays.

Leisure Bay, Building 1255, 841-2088

Monday through Friday, 9 a.m. to 8 p.m.
 (drive thru window is open 6:30 a.m. to 8 p.m.)
 Weekends and holidays, 8 a.m. to 6 p.m.

Hewitt Hall Café, 841-4655 (NWC personnel only)

Monday through Thursday, 6:30 a.m. to 3 p.m.
 Friday 6:30 a.m. to 2 p.m.
 Closed on federal holidays.



Wednesday, November 30
Officers' Club Grand Ballroom
11 a.m. to 2 p.m.

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"NEX gift cards make the perfect gift for military customers," said Mike Powers, director of retail operations at the Navy Exchange Service Command (NEXCOM). "We know that military families often live away from their loved ones.

"NEX gift cards are easy to mail and allow the recipient to choose their own perfect gift. Plus, NEX gift cards can be redeemed at any military exchange around the world, which adds to its convenience."

NEX gift cards can be used just like cash for most merchandise and service purchases, make layaway payments or place special orders. Customers have the ability to get their NEX gift card balance online at myNavyExchange.com.

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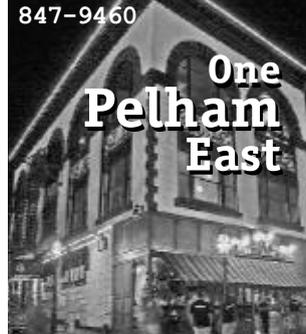
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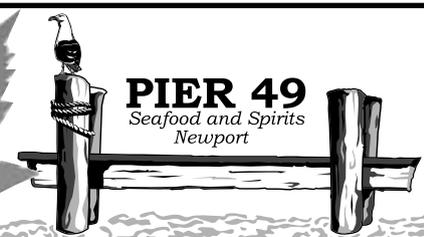
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Sports

Army Prep stuns NAPS

NAPS Public Affairs Staff

The Naval Academy Prep School football season came to an abrupt end last weekend as the Rams, with an undefeated 8-0 record, lost to visiting Military Academy Prep School, 34-28, in the annual "Little Army Navy" game on Nimitz Field.

Army Prep brought a 6-2 record to the field.

MAPS scored the game's first touchdown on a long run in the first quarter. However, NAPS would counter with 21 unanswered points. Offensive back Chris Swain scored first for NAPS from 2 yards out to tie the game at 7 each.

Running back Quentin Ezell scored the next two

touchdowns for NAPS on runs of 28 and 37 yards. However, the Golden Knights scored two more to make tie the game 21-all. Quarterback Jose Montalvo scored to end the half, and put NAPS ahead 28-21.

After halftime, MAPS came out and scored first with a field goal in the howling wind. The rest of the third quarter would go back and forth, with both teams battling for every yard.

Navy's defensive linebackers Sean Reaver and Michael Clifton came up with some big tackles throughout the day, and throughout the year for that matter. Clifton led the defense on tackles for the year, while Reaver led the team in sacks.

Bernard Serra also played a decent game from the nose guard position, while Rodolfo Reyna and Shelley White were once again stout in the secondary.

MAPS opened up the fourth and final quarter with a touchdown to take the lead, and would later add on 3 more with another impressive field goal in the wind. NAPS drove down to the 4 yard line, before being stopped on fourth down.

The 1st Lt. Frank S. Reasoner, USMC, Trophy was turned over to MAPS in a closing ceremony after being displayed in Newport for the last two years.

NAPS season ended its season at 8-1, a favorable record for first year head coach J.P. Shevory.



Jon Dillworth/MWR photo

Military Academy Prep School running back Luke Proulx runs around the left end with Navy Academy Prep defenders in hot pursuit at the annual 'Little Army-Navy' game last Saturday at Nimitz Field. MAPS won, 34-28.



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Sports

NAPS women rule Lincoln basketball

NAPS Public Affairs Staff

After a break this weekend, the Naval Academy Prep School women's basketball team will host Marianapolis Preparatory School on Tuesday, Nov. 22.

The Lady Rams posted their first home win, Nov. 7, against Lincoln College of New England, 64-40, in Gym 302.

NAPS came out running and never stopped. The Rams' transition game was led by guards Jaqueline Kennedy and April Bernal, who pushed the ball up the floor and distributed it to teammates for easy layups.

A tenacious team defense

effort held Lincoln College of Southington, Conn., to 18 points in the first half.

In the second half the Rams continued with their up-tempo offensive style and pressure defense. Offensive execution against the Lincoln 2-3 zone enabled NAPS to get the ball inside to post players, Shanice John and Cassandra Crislip for easy buckets.

Offensive players of the game were Bernal with 21 points, Crislip with 17 points and Victoria Spies adding 14 points.

The Rams lost their opener against Southern Maine Community College, 88-47, in South Portland on Nov. 5.

Information, Tickets & Travel

NYC bus trips with ITT

• Don't miss your chance to see the famous Macy's Thanksgiving Day Parade, highlighted by magnificent floats, giant balloons, fabulous marching bands, celebrities and of course, Santa Claus! The Information, Tickets and Travel Office will travel to New York on Thursday, November 24 for this must-see event and they want you to come along. Cost is \$49 per person.

The bus departs at 5 a.m. and returns at 6 p.m., so you will still be able to enjoy Thanksgiving dinner when you return.

For more information, call 841-3116.

• Get a jump on the holiday season with tickets to the Radio City Christmas Spectacular bus trip on Friday, December 16. Cost is \$109 and includes round-trip transportation and a ticket to the performance. The bus departs at 5 a.m. and returns around 11 p.m.

If you'd rather shop 'til you drop, hop onboard and experience Christmas shopping New York style! See the spectacular Rockefeller Center Christmas tree, visit one of the best toy stores ever, FAO Schwarz, or shop for the latest fashions. Trip price is \$49 per person.

For more information, call 841-3116.



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Newport Life Magazine

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THE ASSIGNMENT:

Write an original work of fiction, non-fiction or poem about life, observances and experiences in Newport County. Accepted entries include magazine-style articles, narratives, expositions, memoirs, or smaller pieces from a larger work, provided it stands alone. Letters to the editor, op-eds or other screeds will not be considered.

THE RULES:

Non-fiction/fiction pieces should be between 500-1,000 words. Poems can be any length. Submissions may be mailed (see address below), typed and double-spaced on standard letter size paper; **or** Emailed (see address below) directly into the body of the Email (no attachments please). **To be considered, each submission must include your name, mailing address, Email, phone, profession and age.** Entries may not be previously published. Limit one entry per person.

THE JUDGES:

Newport Life Magazine staff will choose the winning entries to be published in the March/April 2012 issue.

TO ENTER:

Email entries to: WritingContest@NewportRI.com.

Or mail (or drop off in person) to: *Newport Life Magazine* Writing Contest, 101 Malbone Road, Newport, RI 02840.

THE DEADLINE:

Submissions (**with name, mailing address, Email, phone, profession and age**) will be accepted until Friday, December 9, 2011. *Newport Life Magazine* and Sherman Publishing Co. assume publication rights for submitted work. Mailed entries will not be returned.

Leisure

NOTE: Special Thanksgivng holiday hours of operation from Wednesday through Sunday will affect all of MWR's facilities. See Page 7.

Internet Café

(Building 1255, 841-2088)

•Personal computers are available seven days a week to send and receive e-mail, surf the web, play games - all at no charge. Have a cup of Starbucks brand coffee at the Coffee Shop while you're here. The café is open Monday through Friday, 9 a.m. to 8 p.m., weekends and holidays, 8 a.m. to 6 p.m.

Free WiFi sites at NAVSTA

Free WiFi spots at Naval Station Newport provided by MWR are located at the Officers' Club, Building 95;

the Recreation Center, Building 656; and Leisure Bay, Building 1255.

Bowling

(Building 656, 841-4293)

The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays, noon to 6 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2 shoe rental.

Birthday party packages

are available from \$10 to \$15 per child, depending on meal and regular/xXtreme bowling.

November events

•Monday: Active duty military bowl for \$1 per game 11 a.m. to 5 p.m.

•Tuesday: Bowl for \$1 per game 11a.m. to 2 p.m. Winter League 6 p.m.

•Wednesday: Bowl one game, get one game free 11 a.m. to 5 p.m. Winter league 6 p.m.

•Thursday: First game is \$3, second game is \$2, and third game is \$1. All three games must be bowled at one time for special pricing 11 a.m. to 8 p.m.

•Friday: Bowl for \$2 per game, 11 a.m. to 5 p.m. Winter league starts at 6 p.m. every Friday! Winter league 6 p.m.

•Sunday: Wear your favorite team's football jersey and bowl for half price.

Anyone 55 years old or older bowls for just \$1 per game. Valid ID required.

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Call 841-2194 and ask about our \$10 bowling package which includes two games, shoes, pizza and soda.

Special fitness activities

(Gym 109, 841-3154)

• Le Tour de Aquidneck Island is underway through Dec. 12. This race is a 15-stop simulated "spinning tour" of Aquidneck Island. Take any cycling class at Gym 109 between now and Dec. 12 and you advance one stop along the map. This is a great way to come in and

LEISURE, Page 17

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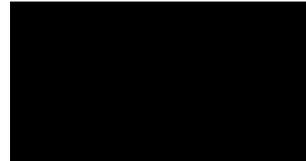
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B L A S T

PHOTOGRAPHY by DIANE SILVERIA

Whether you're a sports fan or not, you can't deny that football games are one of the best things about autumn. The Blast Crew cheered on the Salve Seahawks at their last home game of the season against Massachusetts Institute of Technology at Gaudet Field. In true Seahawks fashion, they were victorious over The Engineers, winning with a score of 36-13. We also got to celebrate Senior Day at the game where they honored 17 student athletes and two assistants for their contributions to the Salve Regina football program. What a Blast!



Visit NewportMercury.com to view or purchase these photographs.

Leisure

Continued from Page 15

try our new Livestrong spin bikes.

The Le Tour is open to all levels. Group cycling class participants must call the front desk to reserve a bike up to 12 hours prior to class.

• **Refrain From The Holiday Gain initial weigh-ins are over.** Final weigh-ins will be Jan. 3-6. The goal is to maintain your body weight within 3 pounds from now to January. Tips and encouragement are at your fingertips from our training staff...we want you to succeed!

• **Blood drive open to all hands on Monday, Nov. 21 from 4:30 to 7:30 p.m.** Donate the gift of life to someone. The Rhode Island Blood Center will be set up on basketball Court 3.

• **Fitness Center and Equipment Orientations are held on Tuesdays at 11 a.m. and 5 p.m., or Wednesdays at 8 a.m.** Are you new to the base? Not sure how to get started with a fitness routine? Gym 109 has you covered!

Stop in and sign up for a

free fitness center and equipment orientation. Orientations are offered three times a week for up to five people per time slot.

A certified fitness instructor will give you a tour of the facility and briefing of the programs offered. The tour will be followed by basic instruction and safety features on the cardiovascular equipment as well as the Nitro Nautilus circuit.

• **Navy Operational Fitness & Fueling Series (NOFFS)** Newport has a certified NOFFS instructor on staff for all Command Fitness Leaders (CFL). This new Navy-wide training was designed specifically to address the needs of physical training with various challenges such as confined spaces, nutritional choices and functional fitness for on the job tasks. NOFFS is specifically for CFLs to bring to the commands for an effective year-round physical training program. Command fitness leaders, please contact the MWR fitness coordinator, Christina Savoie at

Christina.savoie@navy.mil to set up your training session for NOFFS.

• **Body-Wise Therapeutic Massage offers a variety of services** at Gym 109. Choose from Swedish relaxation massage, sports massage, trigger-tender point therapy, or deep tissue massage. Techniques may be combined to best suit your needs. A one-hour massage costs \$65, and a 30-minute session is \$35. Al

For more information on how massage therapy can help you or to make appointment, call Body-Wise at 862-9043.

Liberty Center (Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays noon to 6 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the bil-

liards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360,

PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area. There is a movie room where free movies from the Navy Motion Picture Service are shown — see movies six weeks before they're out on DVD!

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

November events

- Tonight— Texas Hold'em Tournament, prizes, 6 p.m.
- Nov. 19 – Free Cookie Day, while supplies last!
- Nov. 20 – MLB The Show Tournament, prizes, 6 p.m. NFL Sunday Ticket!
- Nov. 21 – Ping-Pong Tournament with prizes, 6 p.m.
- Nov. 22 – Wii Sports Tournament, prizes, 6 p.m.
- Nov. 23 – Billiards Tournament, prizes, 6 p.m.
- Nov. 24 – Guitar Hero Tournament, with prizes, 6 p.m.



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The Aft Lookout:



NWC Museum Archives photo

Sailors on Dewey Field try to remove a motor yacht tossed up on Dewey Field by a hurricane in the early 1940s. As we come to the end of another hurricane season, it is important to remember the power and destructive force hurricanes can generate. Photo shows the high water mark out on the field, along with debris and rocks, after a tide measured at 16 feet above normal. Quarters AA, home of the Naval War College president, is in the background.

Families

Continued from Page 3

He is currently a student at the Naval War College.

"For me it's great job satisfaction," he said. "It's what we want to do. We're volunteers."

Army Maj. Albert Vigilante met his wife Renee while they were students at West Point. They were both deployed in support of Operation Iraqi Freedom in 2003-04 and again in 2005-06.

Renee separated from the service in 2008 at the rank of captain, while her husband remains on active duty. He is a student at the Naval War College.

The couple, which now has a daughter, 4, and a son, 2, have moved eight times, and in February will move again to Ft. Carson, Colo.

"'Army brats,' and most military children become very resilient, very strong throughout life," he said.

Maj. Vigilante said that in their first six years of marriage, they were actually together only three months, after subtracting time spent at school, training, exercises and deployments.

Renee Vigilante said now



R. Vigilante

that she's a stay-at-home mother, she never realized how difficult it is for single parents while their spouses are deployed.

"It gave me a whole new perspective," she said.

But she said she misses active duty military life.

"I'd actually get jealous when my husband got orders to deploy," she said.

Marine 1st Sgt. David Compton, senior enlisted adviser at the Marine Corps Detachment Newport, last year was deployed to Afghanistan to help train the Afghan National Army. His first task was to form a brand new army unit.

"They are basically just farmers and shopkeepers,"



Compton

he said.

"We hand them a weapon, give some training." But among that unit, 28 have been killed already.

The Newport tour gives him a break from deployment, said the father of three, the youngest is just 16 days old.

"But a Marine is always a Marine. 'It's hard to balance and blend with the civilian population," he said.

Army Master Sgt. Eric Eichner, currently the military science instructor with the ROTC detachment at the University of Rhode Island, was a tank commander in his 20 years of service. He has participated

in Operations Desert Shield, Desert Storm, Provide Comfort, Iraqi Freedom III, Iraqi Freedom 10-11, and New Dawn.

He said he and his wife have moved eight times. They have five sons (two are his stepsons).

"But each time I'm deployed my wife is able to handle the home front," he said. "She is a strong individual and I have peace of mind when I'm away." He said the hardest part is leaving his family, but he knows they're in good hands with his wife and Army support groups back home.

Capt. Anselm Richards, an Army Reserve officer, enlisted in the Philadelphia National Guard in 2000 at age 30, and two years later was commissioned after attending Officer Candidate School. He said he wanted to "give back."

In 2005 he deployed as an armor platoon leader with the 2nd Brigade Combat Team of the National Guard's 28th Infantry Division in support of Operation Iraqi Freedom.

The active duty and National Guard have blend-

Last call for food collection

Volunteers in the Chapel of Hope Caring and Sharing program will pack food baskets Monday.

This program is for the NAVSTA families identified that need assistance with Thanksgiving meals. Canned and nonperishables are being collected base-wide until Monday.

Boxes have been placed at the Commissary, Navy Exchange, Combined Bachelor Housing, the Navy Lodge, and at each tenant command. For information contact, RP2 Kenneth Calhoun or CS1 Stephanie Ricci at 841-2234.

ed into one force, he said. "We are held to active duty standards. A National Guard brigade can relieve an active duty force, and vice versa," he said.

"I found my time as a guardsmen and reservist extremely positive," he said.

Richards met his wife in 1989 when they both were students at Salve Regina University. He is currently the operations officer for the ROTC Detachment at URI, which also includes students from Salve and Roger Williams University.

Air Force Maj. Matthew Clausen, also a student at the Naval War College, said aviation has given him many advantages. The C-171 pilot flew relief supplies on humanitarian missions to Malaysia and Sri Lanka after the tsunami of 2004.

"It felt good to bring supplies to the people who have absolutely nothing," said Clausen, who also flew relief supplies after Hurricanes Katrina and Rita in 2005.

Clausen said his three children are still pretty young, and see the adventure with every move.

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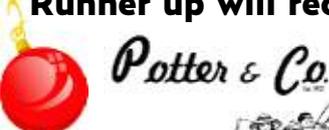
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