



*The Newport*

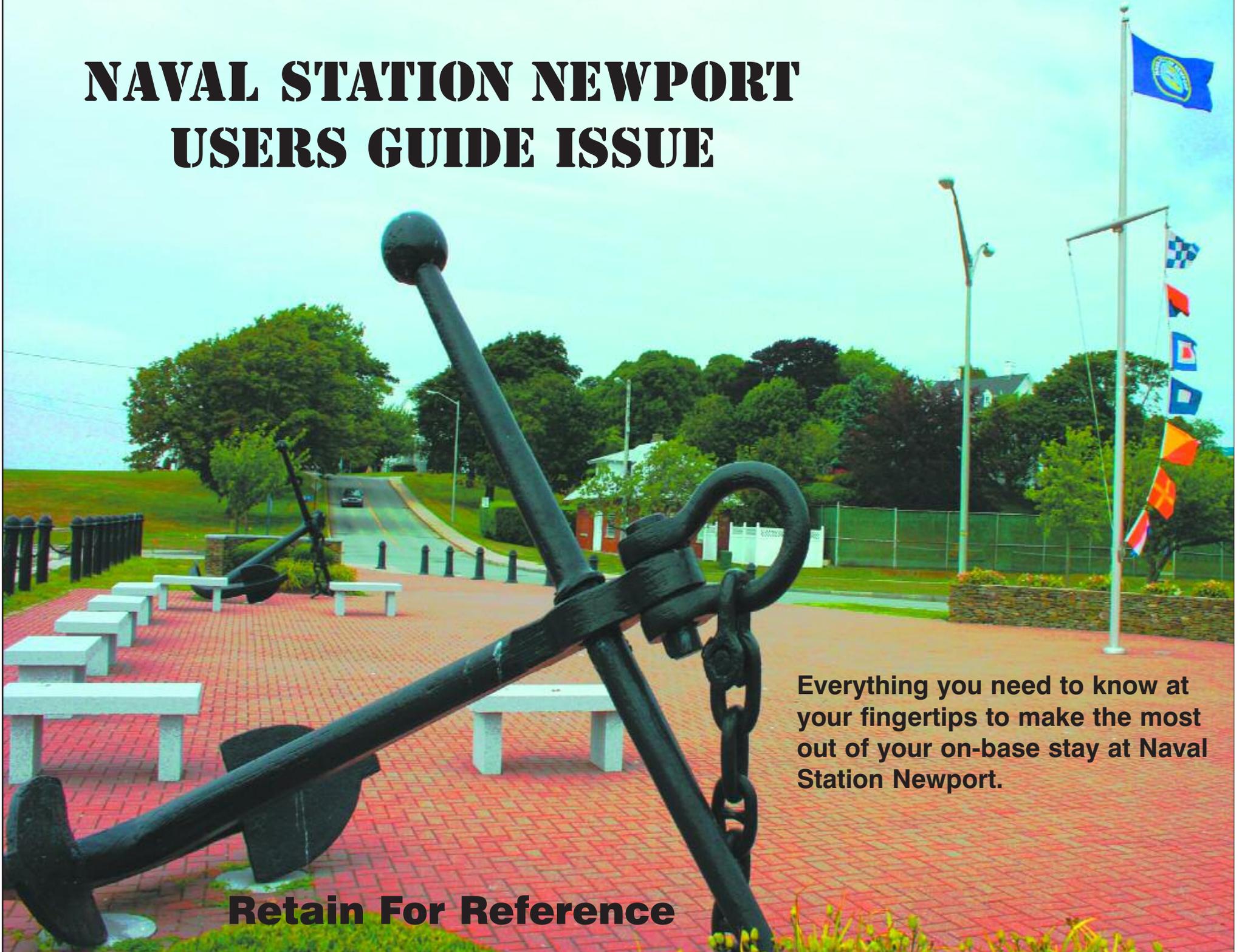
VOL. 112 NO. 32 AUGUST 10, 2012



# Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

## NAVAL STATION NEWPORT USERS GUIDE ISSUE



Everything you need to know at your fingertips to make the most out of your on-base stay at Naval Station Newport.

**Retain For Reference**

## Dear readers:

This special issue of *The Newport Navalog* is meant to serve as a quick reference guide for personnel who come to Naval Station (NAVSTA) Newport for the day or for the year. The following pages include information on making the most of your stay onboard the installa-

tion – from rules of the road and access issues, to how to make reservations for a command picnic on the newly renovated Bishop's Rock picnic area.

This is your guide.

We encourage you to retain this edition and we will update it again next year, as we are

sure that many things will continue to change here at NAVSTA Newport, the Navy's Center of Excellence for Officer and Senior Enlisted Education and Training.

Thank you,  
NAVSTA Public Affairs Office

## Stay Informed

**Naval Station Newport Facebook:** Become a fan: <http://www.facebook.com/NAVSTANewport>

This is the main avenue to provide up-to-date information on foul weather impacts on the base, Morale, Welfare and Recreation opportunities, changes that may impact gate operations and much, much more.

The **Newport Navalog**, the installation newspaper is uploaded on this site and the installation website weekly.

**Naval Station Newport Website:** <http://www.cnic.navy.mil/Newport>. Also, available on-base, *Newport Navy Cable Television*, channels 13 and 15 bulletin boards, and the Pentagon Channel, channel 15.

Naval Station Newport is also a member of the Rhode Island Broadcasters Association and storm closures and delays are posted on all major local area television stations.

**Quick Reference Numbers: (all area codes are "401" unless otherwise noted)**

Commissary: 841-2111  
Fire Department (non-urgent): 841-2225  
Fire Department emergencies on base: 911 or 841-3333  
Fleet & Family Support Center: 841-2283  
Galley (Ney Hall): 841-1083  
Navy College Office: (860) 694-3335  
NEX Main Store: 841-1399  
Navy Federal Credit Union: 1-888-842-6328  
Navy Gateway Inns & Suites Newport: 841-7900  
Navy Lodge Newport: 849-4500 x 300  
Navy-Marine Corps Relief Society Thrift



Shop: 841-2917  
Newport Chalet: 841-0800  
Personal Property Office: 800-235-7776  
Personnel Support Activity Newport:  
Administration – 841-2202  
Staff Personnel – 841-2276  
Student Personnel – 841-4372  
ID Cards – 841-3021 (see separate article)  
Religious opportunities (Chapel of Hope): 841-2234  
Retired Activities Office: 841-4089  
Security Dispatch: 841-3241/3242  
Starbase Atlantic Academy Newport: 841-4072

### Useful website links:

Naval Station Newport website — <http://www.cnic.navy.mil/newport/>  
Naval Station Newport Facebook — <http://www.facebook.com/NAVSTANewport#>  
Navy 311—[www.Navy311.navy.mil](http://www.Navy311.navy.mil) (unclassified) and [www.Navy311.navy.smil.mil](http://www.Navy311.navy.smil.mil) (classified)  
Navy News Service— <http://www.navy.mil>  
NFAAS — <https://www.navyfamily.navy.mil>  
SAPR, Sexual Assault Prevention and Response—<http://www.public.navy.mil/bupers-npc/support/sapr/Pages/default.aspx>  
USO New England — [www.uso-newengland.org](http://www.uso-newengland.org)

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*Navalog*

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# Access and Traffic

Welcome aboard. Here are some facts you need to know about admittance to and driving at Naval Station Newport:

## Access onboard Naval Station Newport

- Only individuals with Department of Defense identification cards are allowed unescorted onboard Naval Station Newport. Non-affiliated personnel must be physically escorted by an authorized Naval Station Newport military/civilian throughout their time on the base, OR be thoroughly vetted by Pass and ID at least five workdays prior to their arrival (841-3126).

- Contractors who require access to fulfill their work requirements should be sponsored by the DON contracting office and need a thorough background investigation completed by the Pass & ID office to be cleared and issued necessary pass documents. A request for access must be submitted to the Pass & ID office at least five workdays prior to requiring access.

## Vehicle driving rules and regulations (speeding/cell phone use/formation protocol)

- DoD 5525.4 Enforcement of State Traffic Laws on DoD Installations. Included are some references for those who may want more information on specific topics. The main points follow:

- All persons on a military installation shall comply with locally established vehicular and pedestrian traffic rules and regulations.

- State vehicular or pedestrian traffic laws are applicable on military installations.

- NAVSTANPTINST 5100.1 series "Traffic Safety, Regulations & Enforcement"

### o SPEED RESTRICTIONS

- 25 MPH within NAVSTA Newport, unless posted otherwise

- 15 mph in all housing areas

- 15 mph in all parking lots

- 20 mph in Training Country (Coddington Point)

- 15 mph when passing a marching formation

- 10 mph proceeding in or out of installation gates

### o CELL PHONE USE

- Using a cell phone or similar electronic device while operating a motor vehicle on base is prohibited. This includes Bluetooth devices, smart phones, iPads, texting, etc.

- Factory installed hands-free options for vehicles are exempt (all phone controls through steering wheel/dash controls).

### o PARKING

- Parking is only permitted in clearly delineated parking spaces and areas.

- Parking unregistered, junked or abandoned vehicles, or uncoupled boats and trailers on base is prohibited unless specifically authorized by the NAVSTA Newport commanding officer.

## Proper protocol during the playing of colors onboard military installations

Individuals arriving onboard the Naval Station should stop their vehicles upon hearing the first notes of morning or evening colors. Individuals not in a vehicle, but outdoors and hear the notes being played should stop and face the music or the nearest flagpole, and render the appropriate honors. This time honored courtesy to our national ensign is one of the privileges of serving and working on a federal installation and should be followed by all individuals who do so.

Per *U.S. Navy Regulations, Chapter 12*, "the ceremonial hoisting and lowering of the national ensign at 8 a.m. and sunset at a naval command ashore or aboard a ship of the Navy not underway shall be known as morning and evening colors, respectively... 'Attention' shall be sounded, followed by the playing of the national anthem by the band (or onboard NAVSTA we use a loud speaker system mounted on buildings throughout the installation). At morning colors, the ensign shall be started up at the beginning of the music and hoisted smartly to the peak or truck. At evening colors, the ensign shall be started from the peak or truck at the beginning of the music and the lowering so regulated as to be completed at the last note. At the completion of the music, 'Carry On' shall be sounded. During colors, vehicles within

sight or hearing of the ceremony shall be stopped. Persons riding in such vehicles shall remain seated at attention."

## Bicycle/jogging rules. Are head phones authorized? Do riders need a helmet and reflective vest?



Navalog file photo

**CELL phone use while driving is not permitted.**

designed and/or equipped to carry more than one (i.e., a bicycle built for two or one equipped with an approved child or infant seat).

- Bicycle riders must obey all applicable traffic laws, rules and regulations and always yield to pedestrians.

- Bicycles are not permitted on jogging trails or sidewalks.

- Portable headphones, earphones, cellular hands-free devices, iPods, or other listening devices that impair recognition of emergency signals, alarms, announce-

ments, and the approach of emergency vehicles are prohibited.

- Bicycle riders shall wear brightly colored reflective clothing between sunset and sunrise.

- A bicycle helmet approved by the Consumer Product Safety Commission or Snell Memorial Foundation must be worn at all times.

- Children under 12 years of age may operate bicycles in housing areas only.



Navalog file photo

**THE Jogging Trail around NAVSTA is for runners' safety.**

jogging areas after sunset are the NAVSTA Newport Jogging Trail, Coasters' Harbor Island Physical Readiness Test (PRT) Running Area, Nimitz Field/McCool Track Running Area and the Bicycle/Jogging Path along Defense Highway.

- Light-colored clothing and shirts shall be worn at all times.

- During periods of reduced visibility, reflective clothing shall be worn.

- Joggers shall be cautious of vehicles entering the roadway from cross streets or driveways and yield the right of way to personnel walking.

**ACCESS and TRAFFIC, Page 4**

RISTORANTE

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## Access and Traffic

Continued from Page 3

• Joggers shall not run on the Toner Bridge roadway between Coasters' Harbor Island and the Coddington Point area. All pedestrians shall use the bridge walk.

### Motorcycle Registration Information & Class General Information

• NAVSTANPTINST 5100.1E "Traffic Safety, Regulations & Enforcement" (Change Transmittal 2)

#### o REGISTRATION

• Must possess a valid registration from one of the 50 states, District of Columbia or U.S. Territories and maintain the appropriate level of insurance coverage..

• Motorcycles are governed by the same access control requirements as all other motor vehicles.

#### o LICENSE

• Must possess a valid motorcycle license.

#### o MOTORCYCLE SAFETY COURSE

• Information concerning enrollment and training requirements are available by contacting the NAVSTA Safety Office at (401) 841-2478.

#### o SAFETY EQUIPMENT

• Head Protection. A helmet meeting DOT, Snell Memorial Foundation certification or host nation certification shall be worn and properly fastened under the chin. Fake or novelty helmets are prohibited.

• Eye Protection. Protective eye devices designed for motorcycle operators (impact or shatter resistant safety glasses, goggles, wrap around glasses sealing the eye, or face shield properly attached to the helmet) shall be properly worn. A windshield or standard sunglasses or standard eye wear alone are not proper eye protection.

• Foot Protection. Sturdy over the ankle footwear that affords protection for the feet and ankles shall be worn.

• Protective Clothing. Riders and passengers shall wear a long sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle.

Motorcycle jackets constructed of abrasion resistant materials such as leather, kevlar, and/or cordura and containing impact absorbing padding are highly recommended.

To enhance the ability of other vehicle operators to see and avoid motorcyclists, outer garments constructed of brightly colored and reflective materials are highly recommended during daylight hours. Reflective outer garments or vest shall be worn during nighttime hours.



Navalog file photo

**MOTORCYCLE safety courses are required before you can ride on Naval Station Newport.**

### Facilities Use. Can you swim at that little beach down by the ITT Office?

• NAVSTANPTINST 5100.6A "Access Control Aboard NAVSTA Newport"

#### o SWIMMING

• Sec. 9.h. Swimming, snorkeling or scuba diving is not allowed from or to any shoreline, pier, bulkhead, breakwater or wharf – including Bishop's Rock.

• Scuba diving for official duty; i.e., NUWC, EOD, SEALs conducting official training is authorized.

#### o KAYAKING / CANOEING

• Kayaking and canoeing is allowed by individuals with routine base access in the restricted area except for Coddington Cove (area by Piers 1 and 2). Coddington Cove will stay restricted because of official U.S. Coast Guard and Navy operations. This policy includes the "river" between the bridges to Coasters' Harbor

Island, launching from the point near Katy Field, and the marina.

#### o WIND SURFING

• Sec. 9.j. Permission granted for active duty military, retirees and DoD civilians.

• Windsurfers must check in with Security Department prior to wind surfing.

• Windsurfers may only launch from Bishop's Rock.

### Hunting

• NAVSTANPTINST 5090.25A "Bow Hunting Procedures"

o Only bow hunting is authorized.

o All state and federal wildlife rules and regulations apply.

o NAVSTA Newport Environmental Program Manager oversees base hunting program.

### Fishing

• NAVSTANPTINST 5090.26A "Recreational Fishing Procedures"

o Only authorized in designated areas.

o All state and federal wildlife rules and regulations apply.

• NAVSTA Newport Fishing License/Permit is \$10 and is issued by MWR through the ITT Outdoor Recreation Office.

o NAVSTA Newport Environmental Program Manager oversees recreational fishing program.

### Coyote and/or geese complaints

• Contact: Michelle L. Davis, M.S., Environmental Engineer, NAVSTA Newport Environmental Office. Office: (401) 841-6378.

## Traffic Court

The Naval Station Newport Traffic Court is seeing too much action.

Are you aware of the fact that each month onboard Naval Station (NAVSTA) Newport a traffic court is convened at the Naval Justice School? Did you know that since you are on federal property and under the jurisdiction of the Department of the Navy you could have your driving privileges revoked for operating a vehicle onboard the Naval Station if you violate traffic rules?

Naval Station Traffic Court convenes monthly with mandatory appearances by individuals, military and civilian – active duty, retired and family members – scheduled to appear before the judge for violations ranging from using hand-held cell phones while driving (GUILTY – 6 POINTS!); failure to stop at stop signs and no proof of insurance (GUILTY – 4 POINTS!) and speeding (GUILTY – 4 POINTS) to name a few of the more common infractions. Close runners-up were driving while operating a hand-held cell phone or failing to stop at stop signs.

What would your commute look like if you had to leave your vehicle parked at Building 80 or at the Pass & ID lot? Think about it. If you amass a total of 12 points within a 12-month period you will have your driving privileges suspended for a period of not less than six months.

If you drive on the installation without a valid license, registration or insurance you will receive an indefinite suspension. NAVSTA Police will continue to patrol, both in marked and unmarked cars, in an effort to keep this installation safe.

If you operate a vehicle onboard this installation you are subject to the rules and regulations governing safe vehicle operation.

For more information on penalties go to: NAVSTANPTINST 5100.1 series or check with the NAVSTA Safety Office or Police Department. Drive safe and don't be one of the few that puts the rest of us in danger. Stay out of court!



**THE SCALES of Justice at NAVSTA operate on a point system for traffic violators.**



**BRUCE JAMES**

**COMEDY**

---

**HYPNOTIST**

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**AN ACTIVE duty service-member records his fingerprint for a military ID card at the Personnel Support Detachment ID Card Window in Building 690.**

## Identification Card Section service

The Personnel Support Detachment, Newport, Identification Card Section in Building 690 is open Monday through Friday; 7:30 a.m. to 4 p.m. All business must be completed by 4 p.m.

ID card appointments can be made in advance at <https://rapids-appointments.dmdc.osd.mil>.

The online appointment scheduler is highly recommended. When the good weather comes to New England, wait times for walk-in customers usu-

ally increases.

If you plan to arrive without an appointment, call (401)841-3021/2601 and the section will give you an approximate wait time based on the number of customers waiting to be seen.

All customers age 21 and older must have two forms of state or government issued IDs to obtain a new ID card. At least one must be a photo ID. Expired Common Access card (CAC) or Dependent ID is acceptable

as one form of ID. The other form of ID must be current.

Full time college students over age 21 must also have a letter from their school registrar stating that they are enrolled and their anticipated graduation date.

Anyone with questions on what is an acceptable form of ID or what supporting documentation must be presented, please call, (401)841-3021/2601.

## Who can use what facilities?

Here is a summary of what your ID card will entitle you to enter onboard Naval Station Newport.

There are many great benefits to working and having access to Naval Station (NAVSTA) Newport, but sometimes there is a bit of confusion as to who is entitled to use which facilities once through the main gate.

The installation is open to all individuals in receipt of officially issued Department of Defense identification cards. By virtue of having entry, however, does NOT entitle an individual to use ALL facilities. Following is a listing of the types of ID cards issued and what they entitle the individual to use:

**Active Duty Common Access Card (CAC)** – issued to active duty members and reserve (drilling). This card

grants access privileges to Medical; Commissary; Navy Exchange (NEX) and ALL MWR facilities. These personnel are also entitled to use the Ney Hall galley (only active duty military and DoD civilians on orders are entitled to eat at the galley).

**DD Form 2 ACT (Green Card)** – issued to inactive ready reserves. Grants access to the Commissary; NEX and ALL MWR facilities.

**DD Form 1173-1 (Red Card)** – issued to reserve dependents. Grants access to the Commissary; NEX and ALL MWR facilities.

**DD Form 1173 (Tan Card)** – issued to active duty and active duty reserve dependents. Grants access to medical; Commissary; NEX and ALL MWR facilities

**DD Form 2RET (Blue/Tan)** – issued to all

retired military members. Grants access to medical, Commissary, NEX and ALL MWR facilities.

**DoD Civilian Employee ID Card** – issued to Department of Defense civilian employees. Grants access to ALL MWR facilities. DoD civilians are NOT entitled to use the Commissary, NEX or Ney Hall galley (unless on official orders to the base).

**DoD Contractor ID Card** – similar in appearance to the DoD civilian ID Card, but with a green stripe is issued to contractors. Contractors are entitled to use all Category B and C facilities [Auto Skills Center; Bowling Center; Harbor Island Conference Center; Leisure Bay/ITT Office; Officers' Club; Outdoor Recreation and Rental and Tennis Courts]. Contractors are not authorized to use

the fitness facilities nor Marina

**DoD Civilian Retired ID Card** – similar in appearance to the DoD Civilian ID cards, but does not include a security chip. The card entitles the holder access to the installation and the MWR Category B and C facilities only [Auto Skills Center; Bowling Center; Harbor Island Conference Center; Leisure Bay/ITT Office; Officers' Club; Marina; Outdoor Recreation and Rental; and Tennis Courts]. These individuals are NOT entitled to decals for their vehicles and must obtain a pass each time they visit the Naval Station.

DoD retirees will be issued an SF50 documenting their retirement which is necessary for them to be issued this ID card.

# POSTALL

## Professional Packing Services

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 580 Thames Street, Wellington Sq., Newport 849-1177



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### Ask Sally.

She would say, it's never too late for "back to school" shopping! St. Michael's Country Day School is still accepting inquiries for the 2012-2013 academic year.

If you are still looking for the best learning environment for your child, come visit. Sally Casey, our Director of Admission, can walk you through the admission process and introduce you to St. Michael's and its potential to be the perfect fit.

P: 401-849-5970 ext. 302 E: [scasey@smcds.org](mailto:scasey@smcds.org)



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# —Morale, Welfare and Recreation—

Morale, Welfare and Recreation facilities and events make the most of your off-duty time in Newport.

Whether you enjoy sailing, physical fitness, fine dining or just relaxing, the Naval Station Newport Morale, Welfare, and Recreation (MWR) Program has something for you. MWR provides recreation, dining, entertainment and physical fitness programs and services to authorized patrons.

The following activities make up MWR: Auto Skills Center, Child and Youth Programs (Child Development Center, Child Development Homes, School Age Care, School Age Summer Camp, and Teen Center), Gym 109 (Fitness and Intramural Sports), the Harbor Island Conference Center and America's Cup Cafe, Hewitt Hall Café, Information, Tickets and Travel (ITT), Leisure Bay Coffee Shop, Navy Sailing Center, the Officers' Club, picnic/ recreation areas and athletic fields, tennis courts,



Navalog file photo

**SAILBOAT LESSONS and rentals are available at the NAVSTA Sailing Center and Marina.**

recreational vehicle (RV) sites, the Recreation Center (Enlisted Club, Chief Petty Officers' Club, Seaview Lanes Bowling Center, Liberty Center and Outdoor Recreation Rental), Pool 307, and storage lots.

Unlimited use of MWR programs is available to members of the Armed Forces and their families, members of the Coast Guard and their family members, Commissioned Corps of

the Public Health Service, Commissioned Corps of the National Oceanic and Atmospheric Administration on active duty, Armed Forces retirees and their family members.

Use of MWR activities by retired DoD civilians is limited to the Auto Skills Center, Bowling Center, Harbor Island Conference Center, Leisure Bay/ITT Office, Officers' Club, Marina, Outdoor Recreation Rental, storage lots and tennis courts. DoD contractors with a Common Access Card may also use MWR facilities; but, are not authorized to use fitness facilities or the Marina.

**MWR quick reference directory:**

**Installation Program Director**

841-3164

**Administrative Officer**

841-1358

MWR, Page 7



Navalog file photo

**FIREWORKS cap a Salute to Summer Concert at Dewey Field.**

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FREE POOL**

**Fri: FREE BBQ 5-7pm  
Karaoke 9-1 am**

**Sat: COUNTRY MUSIC NIGHT  
9-1am  
sponsored by Budweiser.  
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**Sun: LOCALS DANCE PARTY  
9-1am**

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# MWR

Continued from Page 6

Auto Skills Center  
841-3026

Bishop's Rock Gazebo  
Reservations  
841-1442

Bowling Center  
841-4293

Business Office  
841-3294

Chief Petty Officers' Club  
841-1117

Child Development Center  
841-4562

Child Development Homes  
841-1953

Computer Café & Coffee Shop  
841-2088

Enlisted Club  
841-2575

Facilities Manager  
841-2128

Fitness Director  
841-7355

Gym 109  
841-3154

Harbor Island  
Conference Center  
841-1442

Hewitt Hall Café  
841-4655

Information, Tickets &  
Travel Office  
841-3116

Liberty Center  
841-3054

Navy Sailing Center  
and Marina  
841-3283

Officers' Club  
841-1442

Outdoor Recreation  
Rental  
841-2568

Personnel  
841-7697

Picnic Area Reservations  
841-1442

Publicity/Marketing  
841-4992

Recreation Center  
841-2194

School Age Care  
841-2883

School Liaison Officer  
841-7126

Special Events  
841-3127



Navalog file photo

MWR's annual Disney Character Brunch immerses children in a fairy tale setting at the Officers' Club.



Navalog file photo

SEAVIEW Lanes Bowling Center in the Recreation Building offers a variety of specials all year long.



Navalog file photo

FITNESS is the goal with Gym 109's assortment of equipment.

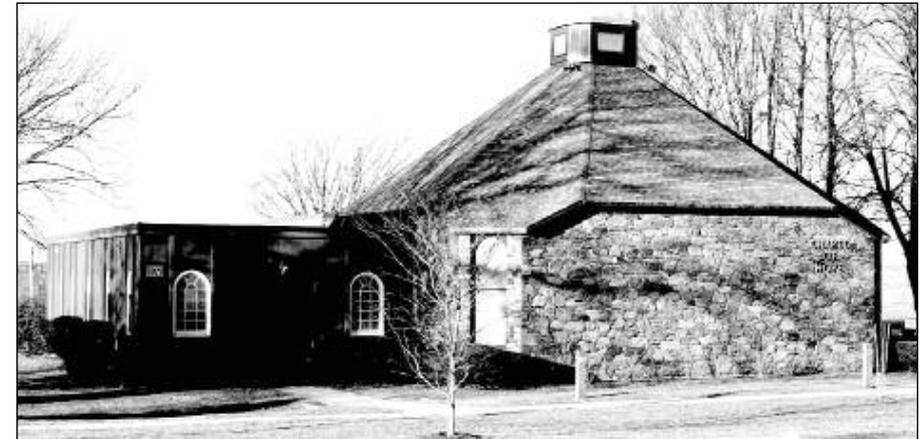
Swimming Pool  
841-6628

Tennis Courts  
841-3283

Vehicle Storage Lot  
841-2643

## Chapel of Hope Naval Station Newport

1172 Vaughan St.  
(401) 841-2234



Sunday Services - 7:45 and 10:30 a.m. Protestant service  
9 a.m. Roman Catholic Mass

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## Leisure Activity

### Aerobics/exercise

(Gym 109, Building 109, 841-3154)

Morale, Welfare and Recreation Fitness Classes: Stop by Gym 109 and pick up the fitness schedule. There are a variety of classes including yoga, cycling, Zumba® and TRX® Suspension Trainer system. Classes are taught at Gym 109 as early as 5:30 a.m. and as late as 6 p.m., and there are classes seven days a week.

There is no need to pre-register; just show up and get fit. They are free for active duty; \$1 for reservists, eligible family members, and retired; and \$2 for Department of Defense personnel.

Call Gym 109 at 841-3154 for more information.

### Internet Café

(Building 1255, 841-2088)

•Personal computers are available seven days a week to send and receive e-mail, surf the worldwide web, play games — all free. Have a cup of Starbucks coffee at the Coffee Shop while you're here.

The café is open Monday through Friday, 9 a.m. to 8 p.m., and weekends and holidays, 8 a.m. to 6 p.m.

### Free WiFi sites at NAVSTA

Free WiFi spots at Naval Station Newport provided by MWR are located at the Officers' Club, Building 95; the Recreation Center, Building 656 and Leisure Bay, Building 1255.

### Officers' Club

(Building 95, 841-1442)

Weekly specials are served on the deck or in Topside during inclement weather.

### Recreation Center

(Building 656, 841-4293.

Enter through Seaview Lanes)

**Bowling:** The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday

beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday, 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays, noon to 6 p.m.

Rates: \$3.50 per game and \$2.25 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2.25 shoe rental.

Birthdays party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

Book a fun and inexpensive party! Call 841-2194 to book a bowling social for just \$10 per person (10 person minimum) includes two games, shoe rental, pizza and soda!

### Special fitness activities

(Gym 109, 841-3154)

• All-Navy Sports Program is available for service members. Do you have what it takes to play for the best the Armed Forces have to offer? Interested in participating on an All-Navy team? Contact the MWR sports coordinator at Gym 109 at 841-7355.

### Pool 307

(Building 307, 841-6628)

Pool operating hours: Monday through Thursday, 6 to 8 a.m., 10:30 a.m. to 1:30 p.m., and 3 to 6 p.m.; Friday, 10:30 a.m. to 1:30 p.m. and 3 to 6 p.m.; and Saturday, 8 a.m. to 1 p.m.

For more information, call Pool 307 at 841-6628

### Liberty Center

(Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to

LEISURE, Page 9

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#### SATURDAY

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Navalog file photo  
**THE VELCRO BOX is a popular place to 'hang out' at MWR's annual Blizzard of Fun in Gym 109 during school winter vacation.**

# Leisure

Continued from Page 8

8 p.m.; and holidays, noon to 6 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the

building. Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360, PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and

dining area. There is a movie room where free movies from the Navy Motion Picture Service are shown — see movies six weeks before they're out on DVD!

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>GYM 109</b>	9 a.m.-4 p.m.	5 a.m.-9 p.m. HOLIDAYS 9-5	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-7 p.m.	7 a.m.-5 p.m.
<b>POOL 307</b>	CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m., HOLIDAYS CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m.	10:30 a.m.- 1:30 p.m., 3-6 p.m.	8 a.m.-1 p.m.
<b>BOWLING CENTER</b>	1-8 p.m.	11 a.m.-8 p.m. HOLIDAYS 12-6	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-10 p.m.	1-11 p.m.
<b>LIBERTY CENTER</b>	12-8 p.m.	4-8 p.m. HOLIDAYS 12-6	4-8 p.m.	4-8 p.m.	4-8 p.m.	4-10 p.m.	12-10 p.m.

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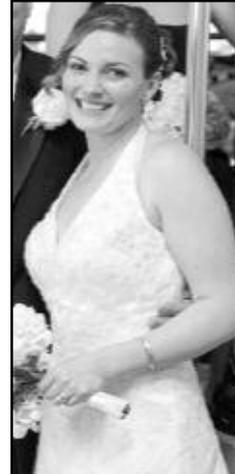
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**BEFORE**



**AFTER**

Over the years I have joined many different gyms and tried different diets. Get In Shape For Women is the first exercise and nutrition program that has actually worked (and continues to work) for me. I have lost 25 lbs, 18 inches and 6% body-fat and went down two pant sizes! When I went to other gyms I would skip the weights and head straight for a cardio machine because that is where I was most comfortable. I always felt embarrassed or felt I didn't belong around any of the weights. I didn't push myself to my full potential. When I first started Get In Shape For Women I couldn't do most of the weight exercises and could barely run a mile, but most importantly I didn't feel out of place trying to do these things. The trainers are very supportive and so are the other members. Everyone is there for the same goals; to feel better about themselves and to get healthy. To me the atmosphere and the structure of workout routines are most important to my weight loss and strength conditioning success. Since I have become a member of Get In Shape For Women I am a lot stronger, more confident and enjoy running 5K road races. The accountability and structure of Get In Shape For Women has helped push me out of my comfort zone and has taught me a lot about nutrition, exercise and, ultimately, myself.

Megan Reed, 29, Senior Pricing Analyst



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# School Liaison

Do you have school aged children? Then the School Liaison Officer is looking for YOU!

John F. Kennedy Child Care Center in building 1376 (1376 Bushnell Street) outside Gate 17.

The Installation School Liaison Officer (SLO) serves as the Naval Station (NAVSTA) Newport subject matter expert for youth education, transition, kindergarten through Grade 12, and deployment issues. The SLO's role includes seven core duties:

- Communication (Installation/Community/School)
- School Transition Services
- Special Education System Navigation
- Deployment Support
- Partnerships in Education
- Home School Linkage and Support
- Post-Secondary Presentation

Hours of operation are Monday through Friday from 7 a.m. to 3:30 p.m. Special hours are available by appointment.

For families with school age children, moving can be complicated by "unknown factors" concerning schools in the area of the new duty station. In order to prepare for a smooth transition, it is essential that families plan ahead and gather the necessary information about the schools children will be attending during the next academic year before the school year begins.

At this installation, Janet McCarthy, NAVSTA's SLO, is available to navigate the local educational system as families PCS in, as well as help them prepare for their next move by putting them in contact with the SLO at the new duty station. McCarthy can be reached at 841-7126 or by email at [janet.mccarthy@navy.mil](mailto:janet.mccarthy@navy.mil). Her office is located at the



Navalog file photo

**SCHOOL BUS** picks up youngsters in Balfour Beatty Community Housing on Puritan Drive, Middletown.

**Newport Public Schools** Elementary School: Grades K to 4, call Bev Weaver at 847-2100 extension 279;

Middle School: Grades 5 to 8, call Thompson Middle School Guidance Dept. at 847-1493

High School Registration: Grades 9 to 12, call Rogers H.S. Guidance Dept. at 847-6235

For Middletown Public Schools – By appointment only: (K to 12) call 849-2122, Monday to Friday between 8 a.m. and 1 p.m.

For Portsmouth Public Schools — Go online at: [www.portsmouthschoolsri.org](http://www.portsmouthschoolsri.org) or call 683-1039

For Jamestown Public Schools— Two step process Step 1 may be done in advance online. Go to <http://www.jamestownri.com/school/front/New%20Students.html> for instructions

For Tiverton Public Schools – By appointment only: call 624-8475 option 5 to schedule.

For Little Compton Public Schools – Call 635-2351 or stop by Monday to Friday at 28 Commons, Little Compton, R.I. 02837 or registration packets are available online at <http://www.littlecomptonschools.org/docsl/index.php>.



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CHILDREN in School Age Care put on a fashion show for parents in the Teen Center, Building 1297. MWR file photo

## Child and Youth Programs

The Naval Station (NAVSTA) Newport Child and Youth Programs provide quality and experienced child care in the Child Development Center (CDC) and Child Development Homes (CDH).

Before and After School Care, and Summer Camp, are offered for school-aged children ages 5 through 12. Pre-teen and teen programs for children ages 9 and up are offered outside normal business hours,

Monday through Friday, from 6:15 a.m. to 5:30 p.m.

### Teen Center

The Teen Center is on the second floor of Building 1297, adjacent to the CDC. Open recreation is offered along with scheduled activities and special events.

A pre-teen program for ages 9 to 12 is offered Saturdays from 1 to 4 p.m.

The Teen Center is open for teens only, ages 13 to 18, on Saturdays from 5 to 9 p.m.

Youths age 9 to 18 may

use the center Thursdays from 5 to 8 p.m. and Fridays from 5 to 9 p.m.

For more information on current programs and events, please call 841-2043.

### Child Development Center

The program is led by qualified professionals in early childhood education whose major goal is to promote your child's growth and development in a nurturing environment

through meaningful learning experiences.

The curriculum is developmentally appropriate, keeping in mind the specific needs of each individual child. Activities are planned; however, these plans are flexible depending on the daily interests and needs of the children. Children are invited and encouraged to participate in individual and group activities designed to promote social,

YOUTH, Page 12



MWR file photo THE GRINCH reads "How the Grinch Stole Christmas", a Christmas story to preschoolers in the Child Development Center.

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# Youth

Continued from Page 11

emotional, intellectual (cognitive), and physical development.

## Child Development Homes

The Child Development Home program is an alternative to center-based care and is often preferred by families because of the small group sizes, the home-like atmosphere and the flexible hours of operation that the center often cannot accommodate. Child Development Homes provide a warm, family set-

ting in which children can participate in developmentally appropriate learning activities, as well as home life experiences.

The children are able to build a trusting relationship with a provider who will foster their curiosity and creativity, provide guidance and give them the hugs they need.

Child Development Home providers must be Navy certified. The certification process is provided through the Child and Youth Programs and con-

sists of basic first aid, CPR, child abuse prevention, child development, activity planning, nutrition, business practices and parent/customer relations.

In addition to the provider's certification they receive monthly-unannounced home inspections by the Child and Youth Program director or Child Development Home monitor and must successfully complete all required background screenings. Providers are also required to complete monthly train-

ings to ensure they provide the best possible care to your children.

## School-Age Care

The School-Age Care program offers before and after school care for children ages 5 through 12. The Navy program is affiliated with the Boys and Girls Clubs of America and 4-H, offering programs such as Power Hour, Project Learn, and Smart Moves.

During school vacation days and weeks, full-day care is provided at the cen-

ter. School-Age Care is located at the Youth Center, Building 1297. For more information, please call 841-2883.

## School-Age Summer Camp

During the summer months, the School-Age Program offers a 10-week summer camp with weekly themes and field trips. Camp programs are available to children ages 5 (completed kindergarten) through age 12.



Navalog file photo

**THE CHAPEL of Hope on Coddington Point has been renovated to better serve the spiritual needs of Sailors, officer candidates, students, Department of Defense civilians, families and trainees.**

## — Religious Opportunities —

Ministries are offered onboard Naval Station Newport.

The Chapel of Hope at Naval Station Newport is a beautiful house of worship nestled in a scenic corner of the installation adjacent to the Naval Academy Prep School (NAPS) and Officer Training Command Newport (OTCN) facilities.

It has been a spiritual

sanctuary for thousands of Sailors, officer candidates, students, DOD civilians, families and trainees for many years.

Ongoing programs include Protestant and Catholic worship, Bible studies, music ministry, and spiritual growth classes.

A chaplain is available for counseling in a confidential

setting.

The office can be contacted during normal working hours by calling 841-2234.

After 4 p.m., on weekends, and on holidays, the duty chaplain can be contacted through the Naval Station Newport Command Duty Officer (CDO) at 862-8378.

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**Today's Events**

- "Junk from the Trunk" Exhibit at Linden Place  
Sat, Jun 02, 10:00 am EDT | Linden Place Museum, Bristol
- Bridge to Broadway: Courthouse Center for the Arts Academy  
Mon, Jun 25, 9:00 am EDT | Courthouse Center for the Arts, West Kingston
- Photography, ceramic exhibit at Courthouse Center for the Arts  
Mon, Jun 25, 10:00 am EDT | Courthouse Center for the Arts, West Kingston
- America's Cup - Tall Ship Maritime Exhibition  
Sat, Jun 30, 10:00 pm EDT | Harbor Fine Art, Newport
- America's Cup - Tall Ship Maritime Exhibition  
Sat, Jun 30, 10:00 pm EDT | Harbor Fine Art, Newport

**Calendar**

July 2012

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

today's events

**Featured Events**

- Rose Island Lighthouse Foundation Annual 4th of July Barbecue  
Wed, Jul 04, 5:30 pm EDT



Click "Browse" for a complete listing of everything that's going on today and tomorrow!



**MEDICAL CARE** — At Naval Health Clinic New England south of Gate 1, all clinical staff and services are located in a Comprehensive Health Care Facility, the Richard D. Dewert Medical Clinic, Building 23, which opened in 1997.

Navalog file photo

## -Naval Station health care services-

### Naval Health Clinic New England, Newport.

Richard D. Dewert Medical Clinic, Building 23, 43 Smith Road, Newport, R.I. 02841-1002

Website: <http://nhcne.med.navy.mil/>

Facebook: <http://www.facebook.com/NHCNE>

Naval Health Clinic New England (NHCNE), Newport, is a comprehensive health care facility located at the south end of the naval complex. It provides a full range of outpatient services for naval shore activities and fleet units of the operating forces, family members of armed services personnel, and other authorized beneficiaries.

NHCNE, Newport, has no emergency care capability. For emergency care, patients should call 911 for an ambulance or report to the nearest civilian hospital.

The NAVSTA Newport Fire Department provides ambulance services on Naval Station property. Inpatient care is provided by Newport Hospital hospitalists and Navy physicians through a resource sharing agreement with Newport

**Appointment Call Center:** 1-888-628-9633 (1-888-NAVY-MED)

**Behavioral Health:** 841-4475

**Dental:** 841-2541/2542

**Deployment Health/Individual Medical Readiness:** 841-6186

**Exceptional Family Member Program:** 841-6847

**Health Benefits Adviser:** 841-6189

**Information Desk Telephone:** 841-3771

**Individual Medical Readiness:** 841-6186

**Industrial Hygiene:** 841-6170

**Laboratory:** 841-6780/6783

**Overseas Screening (Active Duty):** 841-6847

**Patient Administration:** 841-3409/6299

**Pharmacy:** 841-2224/3714

**Preventive Medicine:** 841-3839

**TRICARE Service Center:** 1-877-874-2273

**Wellness Clinic/Health Promotion:** 841-6777

Hospital, the local civilian hospital on Aquidneck Island.

Clinical staff and services are located in a Comprehensive Health Care Facility, the Richard D. Dewert Medical Clinic, Building 23, which opened in 1997.

Personnel new to commands in the Narragansett Bay region should present themselves to NHCNE, Newport, within the first few days of arrival. Active duty members must enroll in TRICARE Prime. Enrollment is not automatic. Enrollment kits are available at the TRICARE Service Center, located in the Richard D. Dewert Medical Clinic, Building 23, NHCNE, Newport.

Family members of active duty personnel may be enrolled in TRICARE Prime without an enrollment fee. Once enrollment is complete, personnel are assigned a Primary Care physician, who manages their medical care.

All questions about services available and access may be directed to the Health Benefits Adviser.

Some of the most commonly requested numbers for medical care are listed at left.



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\* Comment from Pennfield parent in his personal capacity, not speaking on behalf of the Dept. of Defense, the Navy, or the Naval Station.

# Shopping opportunities at NAVSTA

## Newport Commissary is the military's market

The Defense Commissary Agency outlet in Newport is in Building 1163, on Whipple St. p.m. Handicap and authorized "Early Bird Shoppers" may enter 30 minutes prior to



Navalog file photo  
The Commissary offers a variety of fresh fruit and vegetables.

Telephone: 841-2111/2 Website: <http://www.commissaries.com/> Hours: Closed on Monday; Tuesday through Friday, 9 a.m. to 7 p.m.; Saturday and Sunday, 9 a.m. to 6

official opening of the Commissary. All patrons must be positively identified at registers prior to checking out. Personal checks may be cashed for up to \$25 over

the amount of purchase. There is a cash back limit of \$25 on debit card purchases. Features of the Commissary are a full line of fresh meats, vegetables, 10,000 line items of frozen, chilled and dry grocery products.

Specialties of the Commissary are party trays consisting of deli meats and cheeses, fruit and vegetables, rotisserie chicken, sushi, lobsters and live tropical plants.

The Commissary offers ready-made sandwiches, soups, salads in the "Grab 'n Go" section, and decorated cakes from our bakery. Special orders will be taken upon request.

The Commissary accepts American Express, MasterCard, Visa, Discover, SNAP and debit cards.



Navalog photo  
A Newport Commissary shopper and her child stop at the Meat Department. The grocery store features a full line of fresh meats, vegetables, 10,000 line items of frozen, chilled and dry grocery products. It is open to authorized active duty and retired military shoppers only.



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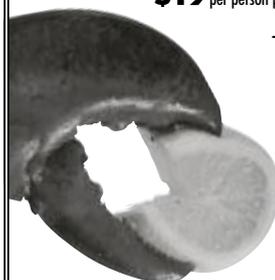
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Navy Exchange (NEX) Newport is in Building 1250 at 1250 Hacker Ave.

Website: <https://www.mynavyexchange.com>

The mission of the Navy Exchange (NEX) is to provide customers quality goods and services at a savings and to support quality of life programs. Some of the services provided by the NEX are as follows:

### MAIN EXCHANGE

Building 1250  
 Telephone: 841-1399  
 Hours: Monday through Saturday, 9 a.m. to 8 p.m.; and Sunday, 10 a.m. to 6 p.m.; federal holidays, 9 a.m. to 6 p.m.

All authorized patrons must show proper identification to make a purchase at the Navy Exchange.

### FOOD SERVICES

**Blimpie**  
 Building 1250 (Main Exchange)

Telephone: (401) 855-1910

Hours: Monday through Friday, 9 a.m. to 7 p.m.; Saturday 9 a.m. to 6 p.m.; Sunday and holidays 10 a.m. to 5 p.m.

Blimpie restaurants offer a variety of menu items for breakfast through dinner.

### BARBERSHOPS

**Naval War College Barber-shop**

Telephone: 846-3818  
 Hours: Tuesday through Friday, 8 a.m. to 3 p.m.

**Main Exchange Barber-shop**

Telephone: 841-4387  
 Hours: Monday through Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 5 p.m.; and federal holidays, 9 a.m. to 6 p.m.

### MINI-MARTS

**Bayside Gas Station and Mini Mart**

Telephone: 841-3958  
 Hours: Monday through

Friday, 7 a.m. to 7 p.m., Saturday and Sunday, 9 a.m. to 7 p.m. and federal holidays, 9 a.m. to 6 p.m.

**Greene Lane Housing Convenience Store**

Telephone: 841-8858  
 Hours: Monday through Sunday, 9 a.m. to 7 p.m., federal holidays 9 a.m. to 6 p.m.

**King Hall Mini Mart and Student Center**

Telephone: 841-2563  
 Hours: Monday through Friday, noon to 6 p.m.

**Naval War College Book Store**

Telephone: 841-1281  
 Hours: Monday through Friday, 8 a.m. to 2 p.m.

**NEX Flower Shop and Services**

Building 1250 (Main Exchange)

Telephone: 841-2556  
 Hours: Same as Main

Exchange.

**Portrait Studio**

King Hall Portrait Studio  
 Building 291 — King Hall  
 Telephone: 847-3815  
 Formal military portraits are available by appointment.

**Uniform and Tailor Shop**

Building 1903  
 Telephone: 841-3991  
 Hours: Monday through Saturday, 9:30 a.m. to 5 p.m., closed on Sunday.

**Delkin Dry Cleaners**

Building 1903  
 Telephone: 846-2185  
 Hours: Monday through Friday, 7:30 a.m. to 5 p.m.; Saturday, 9:30 a.m. to 5 p.m.

**Package Store**

Building 1901  
 Telephone: 841-3967  
 Hours: Monday through Saturday, 9 a.m. to 8 p.m.; Sunday, 9 a.m. to 5 p.m.; and federal holidays, 9 a.m. to 6 p.m.

## First Presbyterian Church

*We love the Lord Jesus Christ and believe in the authority of Scripture and the power of prayer.*

**Sunday Worship Service 9:30am until September 9**  
 Sunday School for all ages begins September 9 at 9:15am with Worship Service at 10:30am



Dr. William J. Maxwell, Pastor  
[www.fpcnewport.org](http://www.fpcnewport.org)  
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 Reservations Suggested:  
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 For more info: **401-829-1772**  
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 more coupons at [www.delken.com](http://www.delken.com)



[www.NewportMercury.com](http://www.NewportMercury.com)

## Check it out. . .

# before you go out.

# —General Information—

## Commuting Opportunities — Interested in forming a van pool?

Do you have a long or difficult commute? Consider vanpooling. Easy Street® is smart and simple. To get underway, a minivan route needs a primary driver and five passengers.

Twelve and 15-passenger vans are also available. Passengers pay a monthly fare (which is subsidized up to \$125 per month for federal employees). The Rideshare Company takes care of everything else: van maintenance, insurance cost and gas costs.

Other great benefits, such as guaranteed rides home in the event of illness or family emergency are outlined at [www.easystreet.org](http://www.easystreet.org).

## Employment Information

—USAJOBS is the official job site of the U.S. government. This website is the centralized site for most Federal agencies to post vacancy announcements. At any given time, there are approximately 20,000 positions posted on the site. Additionally, many agencies also advertise in newspapers of general circulation, participate in job fairs, and recruit on school campuses.

Go to [www.usajobs.gov](http://www.usajobs.gov) for jobs listings and more

information.

—MWR job postings can be found at: <https://www.cnic.navy.mil/CNRMA/About/jobs> or email: [Marcie.lynych@navy.mil](mailto:Marcie.lynych@navy.mil).

—Naval Facilities Engineering Command also posts job openings at: [www.navfac.navy.mil](http://www.navfac.navy.mil) and click on the employment tab.

## Environmental issues—Restoration Advisory Board

If interested in environmental issues then join the Restoration Advisory Board (RAB) for Naval Station Newport. The Restoration

Advisory Board is a forum where participants can meet fellow citizens and representatives from the Navy, the U.S. Environmental Protection Agency, and the state Department of Environmental Management, and help plan studies and restorations of cleanup sites currently underway onboard Naval Station Newport. The group meets

INFORMATION, Page 17



NUWC file photo

**VAN POOLING** is an economical and environmentally friendly way to commute to Navy Newport.

**FRIDAY Aug. 10th HONKY TONK KNIGHTS**  
**SATURDAY Aug. 11th SQUELCH**  
**SUNDAY Aug. 12th REGGAE SPLASH SUNDAY**  
 w/ DJ TOP MAN FROM JAMAICA  
**MONDAY Aug. 13 BMW w/ DJ NOOK**  
 AND C-GRAY THE DJ

Cruise boards at 8pm sharp  
**128 LONG WHARF MARINA**  
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 Sun-Thurs 12-9, Fri & Sat 12-11  
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**NEWPORT**

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Evangelical Friends Church is military friendly, Christ-Centered, and Bible believing Church. We offer the following opportunities for your family:

- Contemporary worship services on Sundays at 9:00 & 10:45am.
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Every Monday 4-9pm <b>Pizza Challenge</b> The Time You Call Is The Price You Pay. Call at 4:02, large cheese pizza is \$4.02 Call at 6:15, large cheese pizza is \$6.15 5 pizza limit TAKE OUT & DINE IN ONLY	Every Wednesday <b>1/2 off</b> On all <b>Pasta Entrees</b> DINE IN ONLY	Everyday Special <b>All Large Pizzas \$12.99</b> + Tax Including <b>Specialty Pizzas</b> Cannot be combined with any other offer - for limited time only
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150 Connell Hwy. (At the Grand Casino Rotary) Newport  
 847-7272 • [mamaleones.net](http://mamaleones.net)

## Information

Continued from Page 16

the third Wednesday of every other month at Naval Station Newport's Officers' Club.

For additional information, the schedule and directions to the Officers' Club go to [www.rabnewportri.org](http://www.rabnewportri.org).

### Gate hours:

Naval Station (NAVSTA) Newport Gate 1 is open 24 hours a day, seven days a week.

Gate 17 is open Monday through Friday from 5:30 a.m. to 9:30 p.m., but closed weekends and holidays. Any operational changes at the gates will be posted at [www.facebook.com/navstaneuport](http://www.facebook.com/navstaneuport).

### Ney Hall galley

#### Hours of Operation:

— Monday to Friday – breakfast, 5:30 to 7:30 a.m.; lunch, 11 a.m. to 1 p.m. and dinner, 4:45 to 6:30 p.m.

— Saturday – breakfast, 6 to 8 a.m.; lunch, 11 a.m. to 1 p.m.; dinner, 4:45 to 6:30 p.m.

— Sunday and holidays – breakfast, 6 to 8 a.m.; lunch, 11 a.m. to 1 p.m., and dinner, 4:45 to 6:30 p.m.

#### Meal costs are:

— Breakfast, \$2.10 (35 cent surcharge); lunch and dinner, \$3.90 (65 cent surcharge.)

The galley phone number is 841-1083.

The following patrons are allowed to eat at the galley: active duty personnel (U.S. and foreign military); activated reservists; escorted dependents of active duty or activated reservists; midshipman candidates or cadets, and Navy ROTC personnel on orders; all government travelers (on orders) when directed to subsist from the ashore galley; nonprofit youth organizations and military-sponsored tour groups approved by Commander, Naval Installations Command



Navalog file photo

**THE NEY HALL galley, recently renovated, serves thousands of healthy meals daily through a variety of menus to active duty personnel (U.S. and foreign military); activated reservists; escorted dependents of active duty or activated reservists; midshipman candidates or cadets, and Navy ROTC personnel on orders. Closed to civilians and retirees, some exceptions during special observances are allowed.**

(CNIC).

### Housing and rental lease review

Let the Housing Office in Building 690 review your off-base (non-PPV) rental lease BEFORE YOU SIGN IT. Rhode Island does not have a mandatory military clause in their lease contracts and this could result in your having to pay an additional month's rent in the event you come up on orders prior to the end of your lease.

NAVSTA Housing can verify if you are adequately covered and if not, can assist you with having your landlord include the military clause in your rental agreement. Do yourself a favor and take the time before you sign. Call 841-4545 or 841-2232 for more information.

### Military Discounts – R.I. Salutes

The Newport County Chamber of Commerce and the Rhode Island Defense Economic Planning Com-

mission along with the Central Rhode Island, North Central Rhode Island, Narragansett and East Greenwich Chambers of Commerce have teamed up to introduce Rhode Island Salutes, Military Family Discount Program.

This program is designed to recognize the contributions our Rhode Island National Guard and local military make to our Rhode Island economy and their contributions to our security here at home and abroad.

The program also recognizes that National Guard and military facilities and their personnel are valued members of the State of Rhode Island. In essence, Rhode Island Salutes is our simple way to say thanks to all of those in the military that have given so much to our state and country. Active duty military personnel and their families are encouraged to shop at the participating stores and

**INFORMATION, Page 18**

## 1 Location 2 Miles from Newport 3 Great Hotels



**Residence Inn by Marriott**  
325 W. Main Rd., Middletown, RI  
866.456.7835 / 401.845.2005  
[newportresidenceinn.com](http://newportresidenceinn.com)



**Howard Johnson Inn**  
351 W. Main Rd., Middletown, RI  
800.654.2000 / 401.849.2000  
[newporthojo.com](http://newporthojo.com)



**Hampton Inn & Suites**  
317 W. Main Rd., Middletown, RI  
800.426.7866 / 401.848.6555  
[newporthamptoninn.com](http://newporthamptoninn.com)

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401-841-0200  
[www.CliffWalkMap.com](http://www.CliffWalkMap.com)

Only  
**\$3**  
plus tax

# Information

Continued from Page 17

businesses and simply present your military ID card to access discounts to many wonderful products and items available from quality Rhode Island merchants. Go to: [www.risalutes.com](http://www.risalutes.com) for more information.

## Naval War College Museum

Located in Founders Hall onboard Naval Station Newport, this free museum is an excellent place to visit to learn more about maritime history here in New England and take in the special exhibits and presentations they host.

The museum is open year-round Monday through Friday from 10 a.m. to 4:30 p.m., and weekends (June to September) from noon to 4:30 p.m. (closed holidays).

Reservations are required without normal base access – call 841-4052. More information on the museum is available at [www.usnwc.edu/museum](http://www.usnwc.edu/museum).

## Navy-Marine Corps Relief Society Thrift Shop

The Thrift Shop is located in Building 305 on Meyerkoord Avenue and is open Tuesday and Thursdays from 11 a.m. to 1 p.m. It closes in the summer for several weeks for staff vacations.

Many items are available for sale, including uniform articles, civilian clothing, household goods, small electric appliances and books of all kinds. A drop box is located at the front right of the building for donations. No infant car seats, children's toys, furniture or large boxes are accepted.

All active duty and retired Navy and Marine Corps personnel and their dependent family members are eligible to shop at the thrift shop, as well as reservists on active duty for training. A valid military issued identification card must be shown to enter the thrift shop.

Volunteers are always welcome to help in the shop. Call: 841-2917 or go to: <http://www.nmcers.org/> for more information.

## Official photos for military

If you are active duty or reserve military in need of an official photo for a future promotion/selection board, contact the NAVSTA Newport, Public Affairs Office (PAO), for a photo appointment. Call Greg Kohlweiss at 841-6203 or email him at [Gregg.kohlweiss@navy.mil](mailto:Gregg.kohlweiss@navy.mil).



NWC Museum photo

**THE NAVAL War College Museum on Coasters Harbor Island offers a variety of exhibits on Rhode Island's maritime history, and welcomes school field trips and tour groups.**

## Vehicle registration tax information

The Soldiers and Sailors Civil Relief Act exempts non Rhode Island residents, on active duty in Rhode Island, from motor vehicle excise tax. Any non-Rhode Island resident considering getting a R.I. license plate, or who has already obtained a R.I. license plate, should file an application with their town assessors office, (if you live on base then file in Newport).

This exemption exempts the military person, not his or her dependents, from paying vehicle tax. It does not exempt a vehicle owned by a leasing company and leased to a military person. It is only valid for the period the military member is permanently assigned to Naval Station Newport.

Once departing Rhode Island, and after a reasonable



Navalog file photo

**A young woman looks over the assortment of slightly used shoes and blouses at the Navy-Marine Corps Relief Society Thrift Shop**

## Mail (U.S. Post Office)

The U.S. Post Office onboard Naval Station Newport is open Monday through Friday from 10 a.m. to 1:30 p.m.; Saturdays from 9 a.m. to 1 p.m.; and closed on Sundays. Postal boxes are available to military personnel, their family members and civilian personnel who work on the base.

These boxes are accessible 24 hours a day, seven days a week. The post office can be reached by calling 851-6972.



Navalog file photo

**THE ARMY Veterinary Facility, with a veterinarian on duty the first Friday of the month, is at the rear of Leisure Bay and can handle all your pet's needs.**

time (30 days), it is assumed the service member has decided to keep the registration tags and accept the responsibility of paying the tax.

If not, plates and registration cards must be returned to the Rhode Island DMV, 100 Main St., Pawtucket, R.I. 02860. Request a cancellation receipt (TR-3) and mail a copy of that receipt to the R.I. town in which you resided.

For more information go to: [www.dmv.ri.gov](http://www.dmv.ri.gov) and remember to ask the Registry about this exemption!

## Veterinary Facility

The Army Veterinary Facility located in Building 1255, Whipple Street, next to Leisure Bay and Information, Tickets & Travel Office, is available for walk-in appointments the first Friday of each month.

The clinic will be open from 9 a.m. to 3 p.m. and accepts cash or check.

Call 841-3994 or the Groton Clinic at (860) 694-4291 for information.

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Call 849-3300

**10-Help  
Wanted**

**CNA'S:** Nursing Placement, a RI based home care agency is now hiring in the Newport area. Full & Part time positions. \$11.75 / hr plus weekly gas stipend. Call Suzanne at 401-728-6500 for interview.

**COOKS & DRIVERS.** Apply in person, Aquidneck Pizza, 27 Aquidneck Ave., Middletown. 849-3356

**SOUS CHEF** needed for busy beach front restaurant. Full time year round position. Must have at least 2 yr exp. Apply in person to The Atlantic Beach Club, 55 Purgatory Rd. Middletown RI.

**25-Child Care Services**

**CHILDCARE / PRESCHOOL**  
Jamestown Early Learning Center has limited openings in the following classes; Toddler, Preschool and Pre-K. (401)423-9954



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## 40-Lost and Found

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**1 RIM - 16x6.5", 5 bolt x**  
**114.3.** needed for '08 Nis-  
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\$400. Call 480-9624.

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