



The Newport

VOL. 112 NO. 38 SEPTEMBER 28, 2012



Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

Appetizing Diversity Day



Greg Kohlweiss/U.S. Navy photos

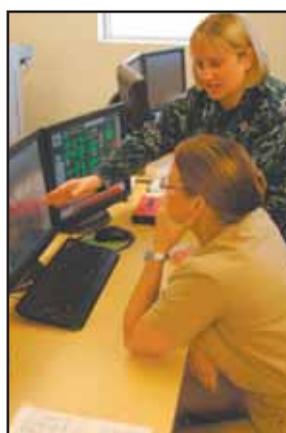
Contributors and guests of Naval Station Newport's 10th annual Diversity Day Potluck lunch sample a variety of ethnic dishes in Building 690 last Wednesday. The program, to reinforce the benefits of diversity in the workplace, was sponsored by the NAVSTA Newport Diversity Committee and tenant commands. Navy Band Northeast provides a jazz combo, top left; Capt. Doug Mikatarian, left, welcomes all to the observance; and Jesse Hardins, left, from Villari Martial Arts of Middletown gives a karate demonstration.



NAVSTA honored for conservation

Naval Station (NAVSTA) Newport is selected for 2012 Secretary of the Navy Energy and Water Management Platinum Level Recognition for fiscal 2011 accomplishments.

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NETC admiral visits SWOS

The Naval Education and Training Command's (NETC) new Chief Operating Officer (COO) visits the Surface Warfare Officers School (SWOS) for a familiarization tour.

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Young Marines bivouac here

The Southern New England Regiment of the National Young Marines brings 111 youths to NAVSTA for a weekend overnight encampment on Prichard Field.

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NAVSTA honored for energy saving

BY LISA W. RAMA
NAVSTA Public Affairs Officer

Naval Station (NAVSTA) Newport has been selected for 2012 Secretary of the Navy Energy and Water Management Platinum Level Recognition for fiscal 2011 accomplishments.

Capt. Doug Mikatarian, Commanding Officer, NAVSTA Newport will travel with John Reichert, Installation Energy Program manager for NAVSTA, to the Navy Memorial in Washington, D.C. next week to accept the award.

"I am very proud of the achievements resulting from the combined energy conserving efforts by everyone across the base," Capt. Mikatarian said when he was informed of the award.

"We still have a long ways to go, however, and will continue to seek and exploit opportunities for further reduction in our energy consumption."

The Platinum Level of Achievement recognizes an

outstanding energy program and an exceptional year for energy project execution, and is the second highest level awarded annually in the competition.

The NAVSTA Newport complex is the Navy's Center of Excellence for officer and senior enlisted education and training and is comprised of 53 separate tenant commands. All of the utilities and support services to these commands are provided through NAVSTA in conjunction with Naval Facilities Engineering (NAVFAC) Command, Newport.

Some of the noteworthy achievements made during the last fiscal year onboard NAVSTA include reducing energy intensity (a combination of thermal and electrical usage) by 36.6 percent from the fiscal 2003 baseline. The overall downward trend for NAVSTA Newport facilities is due to the focus on efficient energy production and distribution as well as the installation of energy conservation



Lisa Rama/U.S. Navy photo

Naval Station Newport Energy Team members, from left, Keith Boulds, mechanical engineer, NAVSTA; Dan Sullivan, Asset Management Branch Head, NAVSTA; Tom Diamantini, Energy Program Manager for the Naval Undersea Warfare Center, Newport; Jim Carlson, Utilities Branch Head for NAVSTA; and William Monaco, civil engineer and planner, pose with one of dozens of electric vehicles that comprise the fleet at Naval Station Newport. (Missing from team photo is John Reichert, Installation Energy Program manager, NAVSTA.)

measures such as lighting system upgrades and improvements to heating, ventilation and air conditioning systems and controls.

The continued emphasis on water conservation resulted in a water use reduction of 48.9 percent from the fiscal 2007 baseline. Water reduction was attributed to the installation of water conservation measures such as low flow plumbing fixtures and an aggressive water leak repair program.

States mail ballots for absentee voters

Sept. 27 through Oct. 4 has been designated as Absentee Voting Week. Every state should have mailed absentee ballots to voters by Sept. 22, and they should be arriving by this week.

NAVSTA engineers and workforce personnel continue to look for ways to reduce operating costs and improve our efficiency. NAVSTA is currently involved in an Environmental Assessment on the use of Wind Energy onboard the installation that would result in generating 9 MW of electricity, the base load electric consumption at the installation.

In fiscal NAVSTA spent \$9.3 million on electricity operating facilities and

services that support the nearly 9,000 military, civilian and contract personnel who work and train here daily.

"Congratulations on your efforts. Energy and water management are critical to the accomplishment of the Navy's mission," said Robert O. Work, Acting Secretary of the Navy in his message announcing this year's winners. "Energy specifically is one of my top priorities and your performance has significantly advanced progress

toward achievement of our goals. Your excellence in energy and water efficiency efforts are an example for all other commands to follow.

"We must all continue to be good stewards of our resources and treat them as the strategic asset they increasingly are," he said.

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Lockstar Salon
By April Conley

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Once voters receive their absentee ballot, they should complete it as soon as possible. Here in Newport, all absentee ballots should be mailed no later than Oct. 29 to make sure they are included in the Nov. 6 general election.

Guidance for absentee voter registration and information on the process is at www.fvap.gov or contact your command voting assistance officer (VAO). If you are unsure who your VAO is, contact the Naval Station Newport voting assistance officer, Chief Navy Counselor Zeporah Dasher at 841-6198.

Navalog

Capt. Douglas Mikatarian

Commanding Officer, Naval Station Newport

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NAVSTA Public Affairs Officer

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NAVALOG Editor

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The Newport Navalog is printed on recycled paper.

Quick take



Name: Lt. Michel Santana

Job title: Food Service Officer/Department Head

Command/Department: NAVSTA/Quality of Life

Home town: North Hollis Queens, N.Y.

Most memorable career event: Implementing and establishing a NAVSEA COR Training Program at NNSY and an Acquisitions and Logistics Department

Most memorable life event: Volunteering in Lourdes, France

Favorite duty station: National Naval Medical Center, Bethesda, Md.

Role model(s): Parents

Free time activities: Traveling and eating out

Favorite book: *Night* by Elie Wiesel

Favorite movie: *Pretty Woman*

Favorite TV show: *Law & Order (SVU)*

Favorite sport: Track

Favorite team: Yankees

Secret to success: Never let other people's expectations be higher than your own. Be a moral and honest person. Have a good sense of integrity and keep your word. When you say you are going to do something, do it.

Favorite local restaurant: The Mooring

Favorite quote, motto or phrase: *In this life we cannot do great things. We can only do small things with great love.* Mother Teresa

Something I've always wanted to do or be: Fly an E-2C Hawkeye. I would also like to hopefully work towards my medical degree.

Pet peeve: Poor grammar and bad spelling

Long-term goal in life: Own a business or a non-profit organization.

Navy Newport top Sailors honored

BY LISA W. RAMA
NAVSTA Public Affairs Officer

The Newport County Council of the Navy League of the U.S. and the Rotary Club of Middletown hosted an awards ceremony on Sept. 19 at The Mainstay Inn on Adm. Kalbfus Road at Hillside Avenue in honor of the Senior, Junior and Service Member of the Year for the Newport Naval Complex.

The Senior Service Member of the Year is Hospital Corpsman 1st First Class (FMF/AW) Anthony J. Barlow. He serves as the Leading Petty Officer for the Directorate for Administration, and Plans-Operations Medical Intelligence Officer at Naval Health Clinic New England Newport.

Junior Service Member of the Year is Hospital Corpsman 2nd Class (FMF) Rene A. Cortez, Onsite Corpsman and Lead Course Supervisor at the Fire Fighting School at Officer Training Command Newport.

Service Member of the Year is Master-at-Arms Seaman Stephanie D. West, Naval Station Newport Security Department.

The Newport Naval Complex Enlisted Service Member of the Year boards were held in March 2012 and were comprised of the command master chiefs or senior enlisted members of the Naval Station Newport tenant



Lisa Rama/U.S. Navy photo

Navy League of Newport County Council President Anne Huot, second left, stands with the honorees, from left, HM1 (FMF/AW) Anthony Barlow of Naval Health Clinic New England, MASN Stephanie West of Naval Station Newport Security; and HM2 (FMF) Rene Cortez of Officer Training Command Newport at the 2011 Enlisted Persons of the Year recognition dinner in Newport.

commands whose service members were appearing before the board.

The three separate boards were chaired by Command Master Chief Don Ouellette of Naval Station Newport.

The evening included remarks made on behalf of each of the honorees by members of their command leadership.

"This is the Sailor you want to see walking through your front door," said Capt. Tina Davidson, commanding officer, Naval Health Clinic New England, in

referring to Corpsman Barlow.

"Your military knowledge, military bearing and professional acumen really set you apart and we're proud to have you as a member of our command," Davidson said.

Master Chief Electronics Technician Matthew F. Anuci, Command Master Chief, Officer Training Command Newport, echoed many of Davidson's sentiments as he addressed the characteristics that set Cortez apart from other second class petty officers.

"Most Sailors would be content with their resume (if it were similar to Cortez's accomplishments) but not Petty Officer Cortez. He's constantly seeking ways to improve. You're deserving of this recognition this evening," Anuci said.

"Seaman Master-at-Arms West continuously sets the standard in military bearing while always achieving outstanding results in everything she does," said Chief Master-at-Arms Jim Aarnio,

SAILORS, Page 13

NLSO Command adapts to best serve Navy, clients

From JAG Corps Public Affairs

WASHINGTON (NNS) — Beginning in October, the Judge Advocate General's Corps will reorganize the Naval Legal Service Command (NLSC) to meet the Navy's evolving demands for expeditionary legal services support while continuing to provide quality military justice service.

"The demand for Navy JAG Corps' services is greater than ever, but the nature of our practice has changed significantly over the past several years," said Vice Adm. Nannette DeRenzi, the Judge Advocate General of the Navy. "The Department of the Navy and joint forces operate in an increasingly complex legal and policy environment and expect more from our community than ever before."

To prepare the JAG Corps to meet the challenges that lie ahead, the JAG Corps is replacing the Naval Legal Service Offices (NLSOs) with Defense Service Offices (DSOs). There are currently eight NLSOs headquartered in Pensacola, Norfolk, Bremerton, Jacksonville, San Diego, Washington, D.C., Naples, Italy, and Yokosuka, Japan. These eight NLSOs will realign to become four DSOs, and

will be headquartered in San Diego, Washington, D.C., Norfolk, and Yokosuka. The DSOs' mission will be to defend service members in military justice proceedings, represent them at administrative boards, and provide other representational services, including advice on non-judicial punishment and adverse personnel actions.

NLSOs will transfer the mission of providing legal assistance

services to the nine Region Legal Service Offices (RLSOs). Legal assistance services include wills and powers of attorney, and matters involving consumer, family, landlord-tenant, and predatory lending law.

"Sailors and their families will continue to receive legal assistance, but those services will

NLSO, Page 12

Bravo zulu

SWOS graduates 34 as Department Heads

BY LT. STEVEN GONZALEZ
SWOS Public Affairs Officer

The Surface Warfare Officers School (SWOS) graduated Department Head Class 218 in the Adm. Michael G. Mullen Auditorium of Weakley Hall on Sept. 20.

The class, consisting of 34 surface warfare officers (SWOs), completed the 27-week course designed to prepare them for duty as engineering, combat systems, operations, or first lieutenant department heads on all classes of ships.

The course is divided into two major subdivisions - Tactical Action Officer (TAO), which focuses on areas such as undersea warfare, air defense and surface warfare, and Operations, Readiness, Training and Engineering (ORTE),

SWOS, Page 13



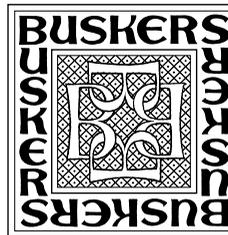
Lt. Steven Gonzalez/U.S. Navy photo

From left, Rear Adm. Ann C. Phillips, Commander, Expeditionary Strike Group Two, the graduation guest speaker; Lt. Sophia M. Haberman, Arleigh Burke award winner; and Capt. Richard A. Brown, Commanding Officer, Surface Warfare Officers School, cut the graduation ceremony cake.



Lisa Rama/U.S. Navy photo

REMEMBERING THE MISSING — Naval Academy Prep School Midshipman Candidate Shaquil Keels of Philadelphia gives a brief reading of the significance of the 'missing man' table located at Ney Hall galley in observance of National POW/MIA Day last Friday at lunch time. The symbolic empty table, right, is a reminder of those left behind or still unaccounted for, estimated at more than 33,000 Sailors lost between World War II and the Persian Gulf War.



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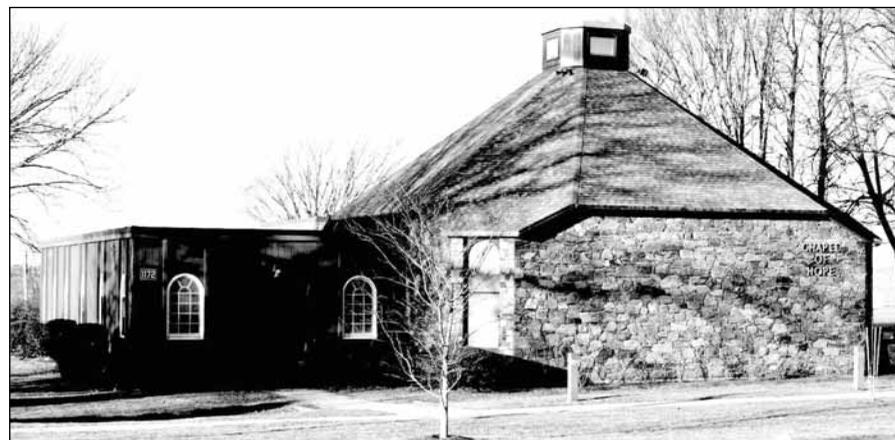
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-THURSDAY-

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Sunday Services - 7:45 a.m. Protestant Communion (Lutheran, Episcopal, Presbyterian, or similar)
7:45 a.m. General Protestant (non-denominational) in Perry Hall
9 a.m. Roman Catholic Mass
10:30 a.m. Contemporary Protestant with Children's Church

Bravo zulu



CFC underway

Capt. Douglas Mikatarian, commanding officer, Naval Station Newport, addresses a capacity crowd at the Officers' Club on Sept. 19 for the kick-off of the 2012 Rhode Island and South Eastern Massachusetts Combined Federal Campaign. The CFC is the only authorized solicitation of federal employees in their workplace on behalf of approved charitable organizations. Each command on-board NAVSTA Newport has a CFC representative, so donors may check with their administrative officer if they do not know who it is. Additionally, CFC has made donating even easier this year by allowing pledges online. Visit www.riandsemacfc.org to find out more. The Rhode Island and Southeastern Massachusetts Combined Federal Campaign set a goal for this year's drive at \$1 million. Do your part! Give a little... help a lot!

Bob Krekorian/U.S. Navy photo



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MC1 Erich Deitrich/U.S. Navy photo

Retired Air Force Master Sgt. John Almeida, 91, cuts the cake during the Air Force's 65th birthday celebration on Sept. 18 at the Naval War College's Spruance Hall, while Air Force Maj. Geoffrey Roche, a student at the NWC's Naval Command and Staff College looks on. Almeida is a veteran of World War II, the Korean War and the Vietnam War. The celebration included an F-15C Eagle flyover at noon.

"Newport Resident loses 25 pounds and 18 inches off her body!"



BEFORE

Over the years I have joined many different gyms and tried different diets. Get In Shape For Women is the first exercise and nutrition program that has actually worked (and continues to work) for me. I have lost 25 lbs, 18 inches and 6% body-fat and went down two pant sizes! When I went to other gyms I would skip the weights and head straight for a cardio machine because that is where I was most comfortable. I always felt embarrassed or felt I didn't belong around any of the weights. I didn't push myself to my full potential. When I first started Get In Shape For Women I couldn't do most of the weight exercises and could barely run a mile, but most importantly I didn't feel out of place trying to do these things. The trainers are very supportive and so are the other members. Everyone is there for the same goals; to feel better about themselves and to get healthy. To me the atmosphere and the structure of workout routines are most important to my weight loss and strength conditioning success. Since I have become a member of Get In Shape For Women I am a lot stronger, more confident and enjoy running 5K road races. The accountability and structure of Get In Shape For Women has helped push me out of my comfort zone and has taught me a lot about nutrition, exercise and, ultimately, myself.

Megan Reed, 29, Senior Pricing Analyst



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TAMP seminar helps shift into civilian life

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283. FFSC is closed for the Columbus Day holiday, Oct. 8.

The Transition Assistance Management Program (TAMP) is a seminar designed to assist service-members leaving the military to prepare for transition to civilian life.

The seminar will be offered by the Fleet and Family

Support Center is scheduled for Oct. 1 to 5, 8 a.m. to 4 p.m., at the Morale, Welfare and Recreation conference room, Building 656. Information on veterans' benefits, health care options, job-search techniques, disability claims, and much more will be offered.

Spouses are encouraged to attend.

The next seminar is on Oct. 2, New Spouse Orientation to the Military, 9:30 to 11:30 a.m.



Cornelia Mueller/Environmental

Jon and Summer Ellis, with one of their three children, collect trash near the Officers' Club during the 2012 International Coastal Cleanup on Sept. 15. The event was sponsored by the Ocean Conservancy. Volunteers from the War College, Naval Health Clinic New England, Naval Station, and Naval Undersea Warfare Center Division, Newport, collected more than 2,500 debris items. This included more than 500 cigarette butts, 300 plastic bags, 300 plastic straws, 500 plastic caps and lids, and nearly 300 food wrappers and containers which can entangle, choke, suffocate and poison marine wildlife.

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Announcements

Try out your scare tactics

MIDDLEOTWN – Morale, Welfare and Recreation is looking for volunteers for this year's Haunted Trail at Carr Point Recreation Area on Burma Road/Defense Highway. The event takes place every Saturday night in October. Volunteers must be age 16 or older.

If interested, contact Meghan LaParle at (401) 841-3127 or meghan.laparle@navy.mil.

Civil War hospital explored

The Newport Historical Society will host Frank L. Grzyb, author of *Rhode Island's Civil War Hospital: Life and Death in Portsmouth Grove 1862-1865*, for a lecture on Thursday, Oct. 11, at 5:30 p.m.

General admission is \$5 per person, but only \$4 for military with ID and \$1 for NHS members.

RSVP to (401) 841-8770, or for additional information, contact: Elizabeth Sulock, (401) 846-0813, Ext. 104, esulock@newporthistorical.org.

AAA/DIP class schedule

Here are the upcoming dates for the AAA Driver Improvement (DIP) classes taking place in Building 1CC, Safety class room.

AAA/DIP: Thursday, Oct. 4, 8 a.m.; Tuesday, Nov. 6, 8 a.m.; and Tuesday, Dec. 4, 8 a.m.

For information call 841-1390/2478 or email: roger.georgeson@navy.mil.

Hydrant flushing underway

Naval Station Newport's fall hydrant flushing schedule began Sept. 24 in the Ft. Adams housing area and will continue through the end of October. Flushing takes place between 7 p.m. and midnight to minimize potential impacts.



Kristine Gamache/NGIS photo

LOOKING TO SPRING— Fall may have begun in earnest last Saturday, Sept. 22, but Peter Rahn, left, Navy Gateway Inns & Suites (NGIS) groundskeeper, and Brian Ernest, NGIS Maintenance Department were busy planting flowers last week all around NGIS buildings for next year.

Housing residents are reminded to check water clarity before cooking, drinking or doing laundry. Residents should avoid washing clothes during the flushing period and those with hot water tanks are advised to avoid drawing hot water during flushing hours and until any discoloration have cleared.

Flushing over the next two weeks is as follows:

- Oct. 1, Coddington Point, first night
- Oct. 2, Coddington Point, second night
- Oct. 4, Coddington Cove Housing
- Oct. 9, Coddington Cove and Pier 2 area
- Oct. 11, Naval Undersea Warfare Center Division, Newport

ID Card Section restricted

The Naval Station (NAVSTA) Newport ID Card Section in Building 690

will service Officer Development School students only today from 3 to 4 p.m. All walk-ins must be completely processed by 3 p.m. and only customers that they can completely process prior to the class arrival will be processed. Go to: <https://rapids-appointments.dmdc.osd.mil> to schedule an appointment or call 841-3021.

Hispanic Heritage Month

Hispanic Heritage Month continues to Oct. 15. This year's theme is "Diversity United, Building America's Future Today."

Attention car buffs!

The Rotary Club of Middletown, co-host of the annual Enlisted Service Members of the Year Dinner, will hold its annual Car Show at Ft. Adams on Sunday, Sept. 30, at 9 a.m. Admission is free, but an entry fee is charged for vehicles in competition. Call 862-6617 for more information.

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October Specials

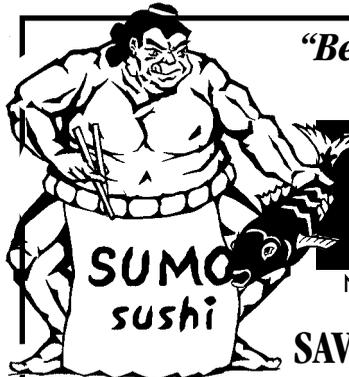
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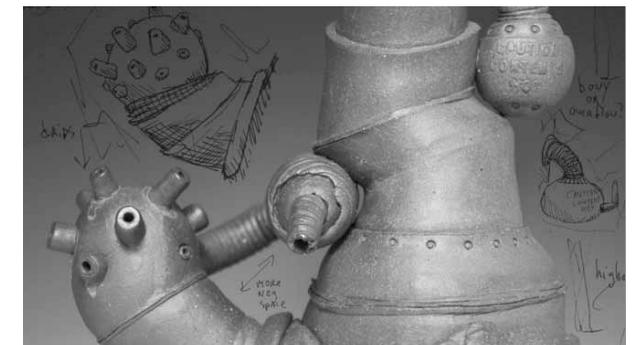
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M

Chief Operating Officer for NETC visits SWOS

BY LT. STEVEN GONZALEZ
SWOS Public Affairs Office

The Naval Education and Training Command's (NETC) new Chief Operating Officer (COO) visited the Surface Warfare Officers School (SWOS) onboard Naval Station Newport, for a familiarization tour Sept. 13.

Rear Adm. (sel.) Cynthia Thebaud assumed COO duties from Rear Adm. Clifford Sharpe on Sept. 6 and will oversee the operation of learning centers and training support centers throughout the NETC training domain.

"We're glad to have the opportunity to speak face-to-face with Rear Admiral Thebaud and introduce her to the talented people working at SWOS," said Capt. Richard Brown, SWOS commanding officer. "The training and education professionals here in Newport are among the best in NETC, and it's great we can showcase their

incredible work."

During the tour, Thebaud visited SWOS's various directorates and learned about the SWOS mission: Providing a continuum of professional education and training in support of surface Navy requirements that prepares officers and enlisted engineers to serve at sea.

"The demand for exemplary training has never been higher," said Thebaud.

"My visit gave me an opportunity to get a solid picture of how the training is accomplished by the professionals at the Surface Warfare Center of Excellence," added Thebaud. "SWOS is doing a fantastic job training our surface warfare officers to support the maritime strategy and enabling the Navy to meet the missions of the 21st century."

The tour included stops at the new Full Mission Bridge (FMB) II simulator which simulates every Navy homeport and other ports the

Navy regularly visits around the world.

The trainer provides the student with a realistic virtual environment allowing them to conduct high-risk evolutions such as underway replenishment (UNREP) and pier landings in a controlled environment. Also on the tour was the Littoral Combat Ship (LCS) Full Mission Bridge (FMB) simulator which is based on the Navy's newest classes of ships. It is a full-sized trainer that students with orders to LCS-1 and 2 can use in preparation for reporting to their new command.

Using the same software as FMB, the LCS trainer also has every Navy homeport modeled and allows the student to navigate in and out of designated ports using the highly-sophisticated controls of the LCS ships.

"Our training is one of the Navy's asymmetric advantages," said Thebaud. "The ability of our maritime



Lt. Steven Gonzalez/U.S. Navy photo

Capt. Richard Brown, commanding officer, Surface Warfare Officers School, lets Rear Adm. (sel.) Cynthia M. Thebaud, the Chief Operating Officer, Naval Education and Training Command, try the helm of the Full Mission Bridge II (FMB) simulator in Memorial Hall.

forces to respond quickly to crises and eliminate threats is a direct result of our exemplary training. The technical expertise gained,

combined with developed critical thinking skills, gives our Sailors the ability to evaluate what needs to be done to fight and win. This

advantage is continuously leveraged in many other missions besides combat. These officers are learning these skills here at SWOS."



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Young Marines bivouac at NAVSTA

BY BOB KREKORIAN
NAVSTA Public Affairs Staff

The Southern New England Regiment of the National Young Marines departed Naval Station Newport last Sunday after a weekend overnight encampment on Prichard Field in which 111 Young Marines participated in regimental team competitions that tested their military skills.

The Young Marines, ranging in ages from ages 8 to 18, and 35 adult staff, arrived late Sept. 21 to establish the bivouac site. Nine regimental units from Massachusetts, Maine, Connecticut, Rhode Island, and New York, were represented at the encampment.

The weekend training included regimental team competitions in unit and color guard drill and ceremony, land navigation, basic first aid, general military

knowledge, and physical fitness.

"The intent of the regimental competition events is to promote esprit de corps and teamwork amongst units and battalions," said Ed Bermudez, regimental commander, from Woonsocket.

A goal for the weekend encampment event was to have every Young Marine participate in at least one competitive event.

"We wanted to have all Young Marines participate on an even keel with a spirit of good sportsmanship prevailing," Bermudez said.

Other team competitive events included the four way tug-o-war and flag football. The regiment brought 96 boys and 15 girls.

The Young Marines, sponsored by the Marine Corps League, is a youth education and service program for boys and girls that promotes the

mental, moral, and physical development of its members.

Each unit operates independently and meets one to three times monthly for training and orientations. After completing a 26-hour 'boot camp' orientation, the youths have the opportunity to learn more new skills, earn rank, wear the Young Marines uniform, and work toward ribbon awards.

The program focuses on character building, and leadership, and promotes a healthy, drug-free and gang-free life style.

"There is an emphasis on drug reduction," Bermudez said.

"Our motto is 'Strengthening the Lives of American Youth'," said Bermudez.

"We try to instill our Young Marines with the values of teamwork, discipline, and leadership," said Young Marine Division Sgt. Maj. Conner McMahon of Norwich, Conn.

Young Marine Staff Sgt. Paige LaFlamme, 16, of Norwich, Conn., learned about the Young Marines from her two brothers. "I noticed they demonstrated respect and integrity," she said. "Being a Young Marine has helped me become more sociable and a better communicator," she said.



Bob Krekorian/U.S. Navy photo

Young Marines from the Southern New England Regiment, National Young Marines, pitch their tents at dusk, Sept. 21, on Prichard Field for the start of a weekend encampment at Naval Station Newport.

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Commissary digital coupons offered

BY COURTNEY ROGERS
DeCA customer relations specialist

FORT LEE, Va. – The Defense Commissary Agency is making progress in its rollout of the Commissary Rewards Card that will soon allow customers to access and redeem digital coupons at all of its stores.

Testing began Aug. 8 at the Fort Lee Commissary, Va., eventually moving to 30 stores by the end of the month. DeCA then began a gradual rollout to its commissaries in September, with deployment scheduled to be completed by early fall.

Cards can only be used at commissaries where the card has been deployed, which includes the Newport,

R.I., Commissary, a spokesman said this week.

Stores that are using the cards will be actively passing them out to authorized patrons and will have signs displayed promoting the program.

As an introductory offer, customers who pick up their cards by Oct. 24 will receive preloaded digital coupons on their cards that they can use in the Commissary immediately.

“We are very excited about this new initiative,” said DeCA Director and CEO Joseph H. Jeu. “These cards will allow our customers to reduce the number of paper coupons they have to clip and carry,” he added. “That saves our customers time, effort and money.”

The cards, which will only be available at commissaries, are easy to use.

Once customers get their cards in the store, they will need to visit DeCA’s website to register it and load digital coupons to their account. Once the card is scanned at the register, the coupons will be matched to their purchases and the savings automatically deducted. It’s that simple.

Customers such as retired Army Sgt. 1st Class Kelly Scherer said they are excited about what the program has to offer.

“I don’t coupon enough,” said Scherer, the first Commissary customer to use the new card at the Fort Lee Commissary. “But now that I have this, I don’t have to – I can just load them on the card at home and come shopping.”

MWR Recreation Hours

 OCTOBER	SUN	MON	TUE	WED	THU	FRI	SAT
GYM 109	9 a.m.-4 p.m.	5 a.m.-9 p.m. HOLIDAYS 9-5	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-7 p.m.	7 a.m.-5 p.m.
POOL 307	CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m., HOLIDAYS CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m.	10:30 a.m.- 1:30 p.m., 3-6 p.m.	8 a.m.-1 p.m.
BOWLING CENTER	1-8 p.m.	11 a.m.-8 p.m. HOLIDAYS 12-6	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-10 p.m.	1-11 p.m.
LIBERTY CENTER	12-8 p.m.	4-8 p.m. HOLIDAYS 12-6	4-8 p.m.	4-8 p.m.	4-8 p.m.	4-10 p.m.	12-10 p.m.

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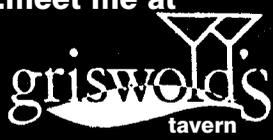
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NAVSTA Norfolk Public Affairs

NORFOLK, Va.—Naval Station (NAVSTA) Norfolk has been selected by Commander, Navy Installations Command (CNIC) to conduct a pilot program to test the capability to scan and authenticate Common Access Cards (CAC) and Teslin cards (dependents and retirees) at the gates.

This pilot program began last Monday and will run through Oct. 31.

During the pilot, gate

personnel will scan all ID cards, but not use the results of the scan for an access decision. Security personnel will follow current procedures when examining a card.

If they see—based upon a visual inspection—it is expired, appears to have been tampered with, or is potentially invalid, they will take appropriate steps.

Security personnel will notify the cardholder if the scan would have resulted in denial to NAVSTA Norfolk.

Special events

Pause for suicide awareness

There will be a candle-lighting ceremony today at 11 a.m. at the Chapel of Hope in recognition of the end of September as Suicide Awareness Month. The ceremony will signify hope and healing for the families and loved ones who grieve the loss of someone to suicide. All are invited to attend.

The Department of Defense estimates there is one successful suicide daily among active duty servicemen and women throughout all four branches of the service.

Assistant SECNAV to speak

The Assistant Secretary of the Navy for Manpower and Reserve Affairs, Juan M. Garcia III, is the scheduled guest speaker at Officer Training Command's observance of Hispanic American Heritage Month, on Oct. 5 at 1:30 p.m., in Kay Hall.

The observance, sponsored by the NAVSTA Newport Diversity Committee, is open to all naval base military and Department of Defense civilians. A special Hispanic lunch will be on the menu at Ney Hall galley, Oct. 5

Last call for Navy Ball tickets

There are still a few tickets left for next Friday night's 237th Navy Ball taking place at the Officers' Club. Go to the Information, Tickets and Travel Office in Leisure Bay today and pick up yours.

The ITT office is open until 6 p.m. today. For more information e-mail Navyballcoordinator12@gmail.com

Old prescription drugs collected

The Newport Police Department (NPD), in conjunction with the Drug Enforcement Administration, will conduct their fifth annual Prescription Drug Take Back Event on Saturday, Sept. 29, from 10 a.m. to 2 p.m. at the Police Station at 120 Broadway, Newport.

Police will collect potentially dangerous expired, unused

and unwanted prescription drugs for destruction. The service is free and anonymous, no questions asked. For additional information, contact Sgt. A. Chauvin, achauvin@cityofnewport.com or at 845-5770.

WaterFire in Providence

PROVIDENCE—The Girl Scouts of Rhode Island and Webster Bank will sponsor WaterFire Providence tomorrow evening, Sept. 29, from 6:30 p.m. to midnight. Go and experience this unique free Rhode Island event that takes place right in the center of the capital city. For information visit: <http://waterfire.org/schedule/twenty-twelve>

Ocean marine life in danger?

The Naval War College's Evening Lecture Series continues with Dr. Jeremy Jackson, retired from Scripps Institution of Oceanography, who will speak on "Ocean Apocalypse" in Spruance Hall on Thursday, Oct. 4, at 6:30 p.m.

Dr. Jackson studies human impacts on the oceans and the ecology and paleoecology of tropical and subtropical marine ecosystems and is author of more than 150 scientific publications and eight books. Register to attend at <https://invitations.afit.edu/inv/rsvp.cfm?i=126628&k=0363440F795F>

Sports

NAPS harriers dominate CCRI

LINCOLN — The Naval Academy Prep School (NAPS) cross country men's and women's teams won first place against interstate rival Community College of Rhode Island on Sept. 20 at the Flanagan campus.

Although the first runner across the finish in the 5k race with a time of 15:36 was Bobby Allen, CCRI team captain and National Junior College Athletic Association champion, second place went to NAPS Midshipman Candidate Alec Richardson with a time of 16:53.

In third place overall was his running mate M/C Roberto Swersky with a time of 17:40.

Other NAPS runners included M/C Meng Long, 18:47; M/C Bleu Strong, 19:10; M/C Phillip Porter,

19:14; M/C Frank Fales-Meadows, 19:34; and M/C Micah Gustafson, 19:58.

On the women's side M/C Stephanie Simon finished first in 22:45, and not far behind was M/C Marleigh Ragni in 22:57 and M/C Victoria Friday in 25:45.

The team has left for the Paul Short Invitational in Bethlehem, Pa., today.

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NLSO

Continued From Page 3

now be provided by the RLSOs" said Rear Adm. James Crawford, Commander, Naval Legal Service Command. "On most bases, the location where legal assistance services are provided will remain the same."

This realignment will change the way Sailors receive defense services in 12 locations around the fleet. This change will be similar to the way Sailors currently receive personal defense services when they are at sea.

Sailors requesting defense services such as representation for courts-martial or administrative boards will make initial contact with an attorney by telephone or other remote communication technology, with subsequent in-person consultation arranged, if necessary. These locations are

Everett, Whidbey Island, Port Hueneme, Lemoore, Corpus Christi, New Orleans, Millington, Kings Bay, Guantanamo Bay, Newport, Earle, and Sigonella.

DSO North, headquartered in Washington, DC, will operate a detachment at Naval Submarine Base New London in Groton, Conn.

Personnel in Newport, R.I., and Earle, N.J., or elsewhere in New England seeking defense or representational services should contact the Groton detachment at (860) 694-3211, DSN 694-3211, to obtain information or make an appointment.

Navy commands will retain their current staff judge advocate support. RLSOs will continue to provide court-martial prosecution and command legal advice to

Navy region and installation commanders, and tenant commands such as ships and squadrons.

As part of the realignment, the JAG Corps will focus the first two years of all new judge advocates' careers on comprehensive training in prosecuting and defending cases, providing legal assistance, and advising Navy commands.

"This realignment will improve the JAG Corps' training for new accession judge advocates by more thoroughly preparing them to meet the Navy's legal needs," said Vice Adm. DeRenzi.

For a complete list of services and contact information for the closest legal office, visit www.jag.navy.mil.



MCSCS Joel I. Huval/U.S. Navy photo

GETTING UPDATE ON TRAINING — Naval Education and Training Command Force Master Chief (AW/SW) April Beldo for the, after a visit to the Center for Service Support on Sept. 20, holds a sit-down discussion with her host, CSS Command Master Chief (SS) Jimmy Roberts, second right, and the command's senior enlisted leadership on topics relating to Fleet training and readiness. CSS and its learning sites provide Sailors with the knowledge and skills needed to support the Fleet's warfighting mission. More than 300 staff and faculty work hand-in-hand with the Fleet and are dedicated to ensuring training is current and well executed on behalf of 10,000 officers and enlisted who graduate from CSS courses annually.

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The Aft Lookout



NWC Museum Archives photo

The Navy took over Goat Island in 1869 and established the Naval Torpedo Station. As an experimental station, research and development of torpedoes, electronics and explosives continued until the end of World War II. During the 1930s, the station was credited with the development of the Mark 13, Mark 14 and Mark 15 torpedoes—all of which constituted the the majority of the modern inventory of torpedoes available in 1941. Employing less than 4,000 prior to the war, employment soared to 13,000 personnel by the end of the war, making it the largest industrial-type employer in Rhode Island at the time. Following WW II, manufacturing at the Goat Island facility ended and research and development activity at the Coddington Cove facility increased. The Naval Torpedo Station was formally disestablished in December 1951.

SWOS

Continued From Page 4

which explores the specifics of each student's prospective assignments.

"The duties and responsibilities of the shipboard department head are significant and reflect a great degree of authority," said Capt. Richard A. Brown, commanding officer Surface Warfare Officers School. "The length of the course of study is indicative of the investment the Navy has made in the future readiness of the students and in their importance to the mission of the ship. A significant ceremony is merited to acknowledge these facts and to note each officer's passage from student to ship's officer."

The guest of honor for the ceremony, Rear Adm. Ann C. Phillips, Commander, Expeditionary Strike Group TWO, thanked the family and friends of the graduates for witnessing this major achievement in their careers. After congratulating

the graduates on a job well done, Phillips reminded them of the importance of the demanding roles they were about to undertake and how they will be relied upon as leaders on their ships and must be ready to step up.

"You are now fully trained surface warriors," said Phillips. "You, as a department head, will have the greatest influence on the operation and success of your ship. Everyone in your chain of command will be counting on you."

Lt. Sophia M. Haberman, prospective weapons officer for the cruiser USS Cape St. George (CG 71), received the Arleigh Burke Award for the graduate recognized by classmates as the individual possessing the strongest leadership, industry and perseverance, best exemplifying the fighting spirit of Admiral Burke's famous squadron, the "Little Beavers" – Destroyer Squadron 23.

Sailors

Continued From Page 3

Leading Chief Petty Officer for NAVSTA Security.

"She has a bright future in the United States Navy, and Naval Station Newport is honored to have her serve with us. Thank you for all that you do shipmate. We look forward to all of your future accomplishments and success," he said.

Naval Station Newport, the Navy's Center of Excellence for officer and senior enlisted training and development is home to 53 separate commands including the Naval War College.

The Newport County Council of the Navy League hosts recognition ceremonies for the selectees

of these boards, as well as the Newport Naval Complex Junior Officer of the Year, annually. They partner with various civic groups and present honorees with gifts donated by businesses and organizations throughout the community.

A highlight of each event is the presentation of the "Memory Book," which consists of congratulatory letters and proclamations sent by local and state officials from Rhode Island and the honoree's home state.

For more information about the Navy League of Newport County go to www.newportnavyleague.us

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- Be a strong writer and editor, with skills in writing, copy editing, proofreading, page layout and Photoshop
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The position is part-time, approximately 30 hours a week. The Arts & Living editor must work in our Newport office two and a half days a week, but may otherwise work remotely. If interested, e-mail a resumé and clips to:

Liz Boardman, managing editor
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INDEPENDENT NEWSPAPERS is looking for a long-term freelance journalist to cover East Greenwich government and the community.

You would file weekly stories – under deadline – about municipal meetings, cops and court, as well as feature stories about the community's people and places.

Anticipated time commitment is 20 to 25 hours per week and you would be paid weekly, on a per-story basis. The ideal candidate will be self-motivated, with excellent writing and time management skills.

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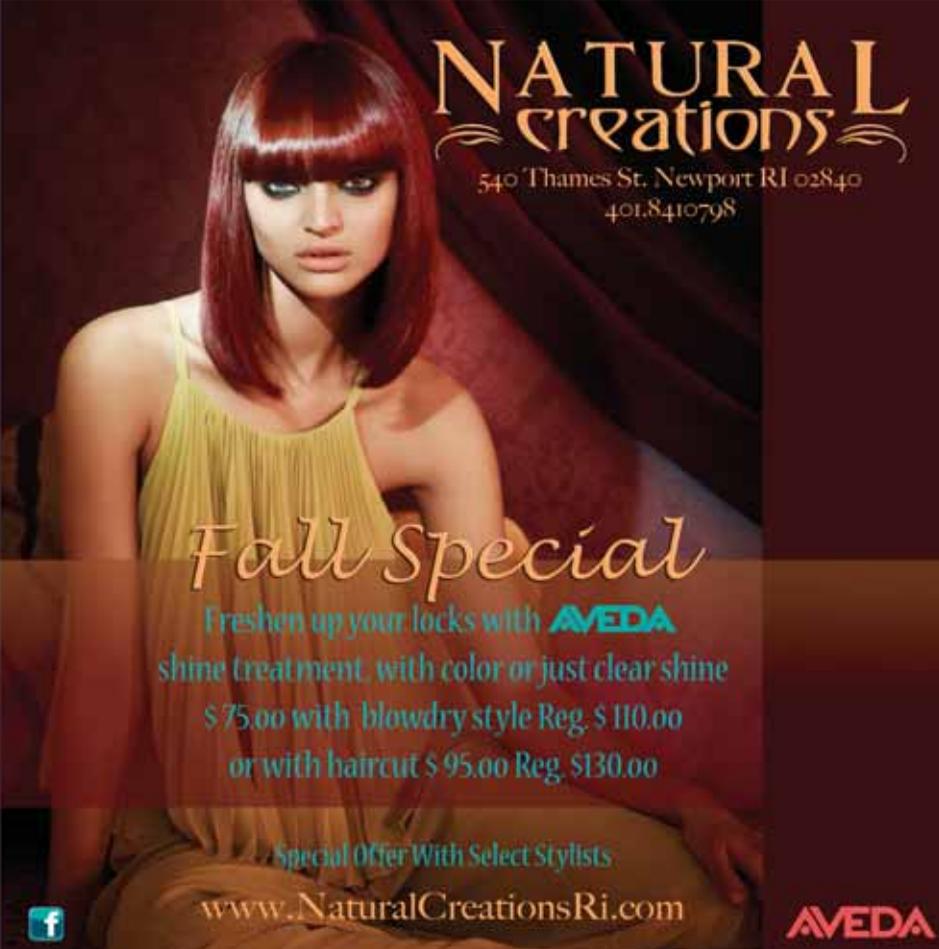

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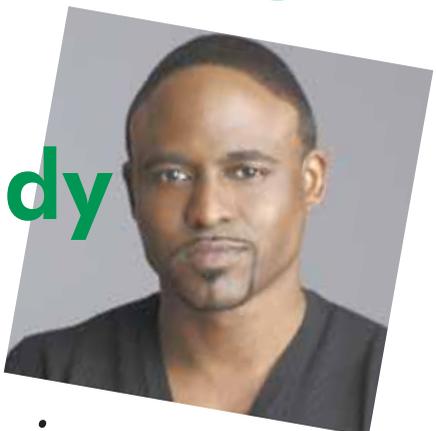
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Evolution of U.S. destroyers outlined

BY JOHN KENNEDY
NWC Museum Director of Outreach

Dave McComb, President of the Destroyer History Foundation and the second civilian to serve on the board of the Surface Navy Association, traced the evolution of the U.S. destroyer at the Eight Bells Lecture at the Naval War College Museum on Sept. 20.

Well-known as a racing sailor who achieved All American honors at MIT and 17 national championship s in sailing, McComb is also a lifelong student of World War II destroyer history. In recent years he promoted the subject extensively via the Web and through numerous articles.

Narragansett Bay is significant to the development of the torpedo for the U.S. Navy. Following the Civil War, the



John Kennedy/NWC Museum photo

Guest speaker Dave McComb uses state-of-the-art video graphics during his Eight Bells Lecture presentation at the Naval War College Museum.

Navy took possession of Goat Island in 1869 and created the Torpedo Station that remained until 1951. Test-beds for this new weapon were the product of the Herreshoff Manufacturing Company of Bristol, which initially modified its yacht design to accommodate this weapon system and created the Navy's torpedo boat.

Herreshoff was responsible for the *Stiletto* and *USS Cushing*, among many others (Models of both of these ships are on display in the Naval War College Museum).

To defend against the torpedo boat and give layered protection to the capital ships, the torpedo boat destroyer was born. The U.S.

Congress authorized the building of 16 of these ships in 1899. McComb's presentation covered the entire history, from the torpedo boat up to the modern *Arleigh Burke*-class destroyer.

A lot of history was presented and a lot of slides were utilized to support the presentation. It was a true *tour de force* that held the audience's attention.

On Oct. 4 "*Uncommon Warriors*" will be presented by the author, Ken Sayers. This book is a comprehensive account of the interesting but little known auxiliary (AG) and miscellaneous (IX) vessels that have served in specialized roles and unusual missions.

For more information on the Eight Bells Lecture Series, contact the Naval War College Museum at 841-2101.



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