

LESSON PLAN
FOR
FLEET AND FAMILY SUPPORT CENTER PRESENTATION

PREVENTION OF DOMESTIC VIOLENCE
“WAR AT HOME”

PREPARED FOR

PREPARED BY

23 June 2009

LESSON PLAN

FLEET AND FAMILY SUPPORT CENTER PRESENTATION

“WAR AT HOME”

CHANGE RECORD

Number and Description of Change Entered By Date

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LESSON PLAN

FLEET AND FAMILY SUPPORT CENTER PRESENTATION

CIN NO

SECURITY AWARENESS NOTICE

In the event that classified information is added to this Lesson Plan as a result of instructor personalization, the lesson plan shall be marked and handled in accordance with the regulations of the latest edition of the Department of the Navy Supplement to the DoD Information Security Program Regulation OPNAVINST 5510.1 series.

SAFETY/HAZARD AWARENESS NOTICE

All personnel involved in operation or maintenance of electronic equipment must be thoroughly familiar with the electronic equipment safety precautions contained in Electronic Installation and Maintenance Book (SE000-00-EIM-100), section 3, and NSTM, Electronics, Chapter 400, (S9086-ND-STM-000 / Ch. 400), section 2. In addition, attention is directed to the Navy Occupational Safety and Health Program, OPNAVINST 5100.19 series, Navy Occupational Safety and Health for Forces Ashore, OPNAVIST 5100.23 series, and Safety Policy and Procedures for Conducting Training, CNETINST 1500.20 series

This equipment employs voltages, which are dangerous and may be fatal if contacted by operating or maintenance personnel. Extreme caution must be exercised when working with the equipment. Hazard awareness dictates that this equipment must always be viewed as an integral part of a system and not as a component. While every partial precaution has been incorporated into this equipment it is not possible or practical to try to list every condition or hazard that you may encounter. Therefore, all operating or maintenance personnel must at all times observe as a minimum, the following:

Don't service or adjust alone. Under no circumstances will a person operate or maintain equipment without the immediate presence or assistance of another person capable of rendering aid. Unless under direct supervision of a qualified person, no person shall operate or maintain equipment for which he is not qualified.

Don't tamper with interlocks. Reliance on interlock circuits to remove power from equipment is never to be assumed. Until operation of the interlock is verified, equipment is assumed to be in the hazardous mode of operation. Under no circumstances will any access gate, door, or interlock switch be removed, bypassed or modified in any way by other than authorized maintenance personnel and then only after observation proper tag-out procedures

Training Time Out. Any time a trainee or instructor has apprehension concerning his personal safety, or that of another, he shall verbally signal "TRAINING TIME OUT" to stop the exercise and receive or provide additional instruction as appropriate in accordance with CNET 1500.20 series.

LESSON PLAN

SAFETY/HAZARD AWARENESS NOTICE - Continued.

Report all hazards. If at any time you detect a hazard, it is your responsibility to report the hazard to ensure that it is corrected. If at any time you detect a “new” or “suspected new” hazard, particularly due to equipment installation, modification or repair, it is your responsibility to ensure that a SAFETY GRAM is submitted to the Naval Safety Center, Norfolk, VA, in accordance with OPNAVINST 5100.19 series. This will ensure that this hazard will be investigated, publicized, or corrected, as required.

The Pre-Mishap plan explains the procedures to follow and essential telephone numbers to call in case of an accident or emergency. It is located by the emergency exit in the laboratory.

LESSON PLAN

1. FLEET AND FAMILY SUPPORT CENTER BRIEF

CIN NO

LEARNING OBJECTIVES:

- 1.1.1 Review and discuss types of domestic violence to include:
 - a. Withholding access to possessions
 - b. Threatening words or actions
 - c. Physical assault or injury
- 1.1.2 Review and discuss stressors for domestic violence upon return from deployment:
 - a. Spouse/Significant other has made decisions while the military member was deployed.
 - b. Roles reversal upon return.
 - c. Discipline children for infractions occurred while away.
 - d. Financial management
- 1.1.3 Review and discuss arrest.
 - a. Predominate aggressor
 - b. Physical signs of battery not required.
- 1.1.4 Review and discuss rights and privileges effected by arrest and conviction of domestic battery
 - a. Jail time
 - b. Conviction
 - c. Civil rights (voting)
 - d. Loss of clearance
 - e. Loss of rank/rate
 - f. Administrative separation
 - g. Loss of most or all veteran's benefits
 - h. May become non-deployable

NOTE TO THE INSTRUCTOR:

REFERENCES:

- 1. OPNAVINST 1752.2B
- 2. OPNAVINST 1752.1A
- 3. OPNAV 1754.1A

OTHER TRAINING AIDS:

“WAR AT HOME” video

NKO COURSES

DON - Military Leadership and Management - Domestic Violence Lesson for Cos and SNCOs.

DON GMT - Health, Family & Lifestyle - Dynamics of Family Violence

DON GMT FY09 - Domestic Violence

RESOURCES

Lifelines Services Network - Answers for Sailors, Marines and Their Families

http://www.lifelines.navy.mil/LifeLines/MilitaryLife/Search/LL_SEARCH_SECONDLAYOUT?ssUserText=domestic+violence

Domestic Violence Awareness Handbook, U.S. Department of Agriculture Safety, Health and Employee Welfare Division

<http://www.da.usda.gov/shmd/aware.htm>

HelpGuide.org

http://www.helpguide.org/mental/domestic_violence_abuse_types_signs_causes_effects.htm

<ul style="list-style-type: none"> i. loss of ability to purchase, carry, possess, transport weapon. 1.1.5 Review and discuss impact to family <ul style="list-style-type: none"> a. Marriage b. Lose right to see children c. Lose extended family 1.1.6 Review and discuss impact to Nation <ul style="list-style-type: none"> a. Command loses valuable team member b. Command's mission is impacted 	<p>Navy Family Service Support Center, San Diego, CA http://www.cnrsw.navy.mil/FSC/family_advocacy.asp</p> <p>Fleet Family Service Support Centers of Hampton Roads, VA http://www.ffscnorva.navy.mil/</p> <p>Coalition of Sailors Against Destructive Decisions http://cnrma.navy.mil/csadd/</p> <p>United States Navy Leaders Guide for Managing Personnel in Distress - Domestic Violence Index http://www-nmcphc.med.navy.mil/LGuide/Personnel/Domestic_Violence/DV_index.htm</p>
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