

# WINGSPAN



Vol. 15, No. 20

Naval Air Station Corpus Christi, Texas

September 24, 2009



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## Rear Adm. Mark Guadagnini returning to sea

### Relinquishes CNATRA command today

Story and photos by Bob Torres

Rear Admiral Mark D. Guadagnini relinquishes command as the Chief of Naval Air Training Commander to Rear Adm. William G. Sizemore II, during a ceremony at Wings Auditorium at 9 a.m., today.

Vice Adm. Thomas J. Kilcline, Commander, Naval Air Force, will be the keynote speaker.

Guadagnini has served as CNATRA since Aug. 15, 2007, and as the head of Human Resources for the Naval Aviation Enterprise.

"The most important achievements of CNATRA over the past two years are a renewed dedication to professionalism," he said. "And the new measures by which we gauge the training of aerial combat professionals, through their: Knowledge, Skills, and Experience - KSE's."

Guadagnini, a 1980 Distinguished Graduate of the U.S. Naval Academy, has flown 95 combat missions.

He has operated from the decks of 12 different aircraft carriers; participated in Operations Desert Storm, Provide Comfort, Deliberate Force, Southern Watch, Enduring Freedom and Iraqi Freedom.

He has more than 4,600 hours of flight time in 50 different aircraft.

Continuing with his expectations as the CNATRA, he said, "Naval aviation will continue to be the premier aerial maritime force for the nation.

"We will be effective, economical to use, forward deployed, and flexible to meet the needs of the nation in an ever-changing world environment.

*CNATRA continued page 8*



**Rear Adm. Mark Guadagnini, (l.) Chief of Naval Air Training, greets an officer at a 2008 reception. Guadagnini turns over the command to Rear Adm. William Sizemore II this morning.**

## Beckman again challenges Navy in 2009 CFC drive

### CCAD Sergeant Major 'spots' Navy \$150,000; dares Navy leaders to parachute if Coastal Bend Combined Federal Campaign again exceeds \$1 million

Story and photos by Rod Hafemeister

Want to see a pair of Navy Captains (and a civilian) parachute jump from an airplane?

If so, then dig deep for this year's Combined Federal Campaign - Corpus Christi Army Depot's Sgt. Maj. Charles Beckman has upped the ante on last year's challenge to the Navy.

Closing the Sept. 17 Coastal Bend Area Combined Federal Campaign kickoff luncheon, Beckman again challenged the Navy to beat the Army in fund raising - and again take the area CFC over the \$1 million mark.

"I challenged the Navy last year; CCAD smoked them," Beckman said.

"So this year, I would like to challenge them again - but to make it fair, I want to spot the Navy \$100,000 right off the bat."

Capt. James Crabbe, Chief of Staff for Commander, Naval Air Training, and chairman of the Local Federal Coordinating Committee for CFC, and Capt. Phillip Waddingham, Commanding Officer of Naval Air Station Kingsville and this year's CFC chairman, both stood to accept the challenge.

But then Beckman threw out his real challenge.

"If we exceed \$1 million, if we hit that \$1 million mark, Capt. Crabbe, Capt. Waddingham and (CFC Director) Shannon Chaves have agreed to jump from an aircraft while in flight and parachute safely to the ground!" Beckman said, to roars of laughter - and stunned looks from Crabbe, Waddingham and Chaves.

(Beckman later raised his "spot" offer to \$150,000 in recognition of *CFC continued on page 22*



**Corpus Christi Army Depot's Sgt. Maj. Charles Beckman issued a challenge for area federal workers to match or beat last year's \$1 million CFC drive.**

## Skipper's Column

by Capt. Randy Pierson



Pierson

On the morning of Sept 24 – the day this issue comes out – the Chief of Naval Air and Training is once again engaging in the long-time Navy Tradition of the “Change of Command”.

In this occurrence, Rear Adm. Mark Guadagnini is handing the reins to Rear Adm. William Sizemore II.

While CNATRA’s mission of leading all

Naval Air Training touches many installations within the Navy, it is Naval Air Station Corpus Christi that is home base.

As such, I would like to thank Rear Adm. Guadagnini for his continued support and mentorship over the past years. Routinely during his tour, he has ensured the proper installation exposure to best ensure mission success.

The tone set from his Command has guaranteed NASCC’s continued success, particularly in the 2012 NASCC introduction of the T-6 Texan, including acquisition of an appropriate Outlying Field in support of South Texas T-6 operations.

Now at the helm, Rear Adm. Sizemore, who is reporting from Commander, U.S.

Naval Air Forces Pacific, is certain to continue the great successes of CNATRA in training the best Military and Coast Guard Pilots in the world.

Rear Adm. Sizemore’s experience as a Navy Combat Pilot and recent experiences with key policies and the strategic direction of U.S. Naval Air Forces stands to serve us very well.

On behalf of NAS Corpus Christi, I would like to offer the warmest welcome to Rear Adm. and Mrs. Sizemore and family, and extend the most sincere “Fair Winds and Following Seas” to Rear Adm. and Mrs. Guadagnini as he takes command of Carrier Strike Group NINE, homeported at Naval Station Everett Washington.

## Farewell, Adm. Guadagnini; Welcome Adm. Sizemore

## Chaplain's Message

by Lt. j.g. Rob Fasnacht, Chaplain

A moment of silence is a reverent thing.

Today, at command PT, we took a moment of silence to remember the sacrifices that men and women made on 9/11 and the continual sacrifices that we have made since that infamous date.

What is it about silence that is so powerful? Some people seem to hate silence and do all in their power to avoid it. They keep the TV on, the phone to their ear, or music in the background.

Depeche Mode had a famous ditty, “Enjoy the Silence.”

Taking a moment of silence allows us to remove distractions. Many service members enlisted or were commissioned because of 9/11, and a brief moment of quiet is only fitting.

The Bible teaches that God speaks in a still small voice. Some people complain because they don’t hear God speaking to

them. Perhaps it is because they won’t stop speaking long enough to allow God a chance to whisper in their ears.

Or perhaps they immerse themselves in as much noise as possible, hoping for God to speak to them as loud as violent wind or rumbling earthquake or raging fire, only to discover they missed God’s gentle whisper.

To hear a whisper we must be still, we must be quiet, we must be trying to listen.

Our moment of silence this morning was not a religious event, but it allowed each of us to reflect on what happened that morning eight years ago.

However, because I was given an invitation and an opportunity to be silent for just a moment, I was able to say a prayer for a nation that was humbled that day, for families that found honor that day, and for service members who since that day have chosen to stand in harm’s way.

May each of us take the time to enjoy

## Listen in the silence

the silence and focus our minds on worthy thoughts.

St. Paul taught us in Philippians 4:8, “Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”

When we are given the chance to take a moment of silence, may we not be caught thinking about our grocery lists or how tired and wet we are from PT. May we think of things that are true and noble.

Remembering the sacrifices that the men and women made on 9/11 is a noble thing to think about.



Fasnacht

## Editor's Corner

by Rod Hafemeister



Hafemeister

Maybe it’s just me.

I know I’m not as young as I once was, but I don’t think I’m an old fuddy duddy.

No, I don’t Twitter and I’ve avoided having a Facebook page, but that doesn’t mean I’m not tech-savvy. I’ve

been fiddling around with computers since 1968; bought my first personal one in 1984.

I know more about cell phones and texting and such than my teenage son.

But I just don’t understand the attraction to texting while driving. I mean, c’mon

– doesn’t that rank right up there on the stupidity level with driving while asleep?

Just this morning, I’m cruising along S.P.I.D. in the middle lane on my way to work, at the same speed as the big block of traffic – probably a couple miles an hour above the 60 mph limit.

Suddenly a car comes up the fast lane, about 10 mph faster than the flow. I look over as he passes and notice two things: first, he has a NASCC sticker on his windshield and second, he’s not watching the road, the traffic or anything else outside his windshield – he’s furiously typing keys on his cell phone with his thumb.

It’s times like that when I fantasize about having a machinegun mounted on the car.

Somehow, he didn’t have or cause an accident. Somehow, he got away with driving while braindead.

## Are you driving... or what?

And it’s not just the younger generation. A couple months ago, I barely avoided an accident when a more – mature – woman (closer to my mother’s age than mine) was weaving and wandering all over Airline because she was busy texting on her phone.

Now I’ve been driving a long time and I’ve done my share of stupid stuff. I even drove off the side of a mountain once because I was fiddling with the radio controls.

And I will, on occasion, talk on the cell phone while driving, even though I know it is risky and try to avoid it.

But texting? That reminds me of an old saying about how stupidity is the only universal capital offense — and it usually finds its own punishment.

I just don’t want to be part of collateral damage when the idiot gets there.

So drive safer - please!

## Wingspan

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*Wingspan* is published every other week by D.J. Young Publishing, 145 Naples, Corpus Christi, Texas 78404, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Air Station Corpus Christi, Texas.

The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station, Corpus Christi, Texas. Stories and photos not otherwise attributed are written by the *Wingspan* staff. The address is: Commanding Officer, NAS Corpus Christi, Attn: *Wingspan*, 11001 D St. Suite 143, Corpus Christi, Texas, 78419-5021. All news releases should be sent to the above address.

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# Hoyt relinquishes the VT-28 'Rangers' to Cox, Sept. 11

by Bob Torres

Training Squadron-28 had a traditional Change of Command on Sept. 11 as Cmdr. Brian Hoyt relinquished command of the "Rangers" to Cmdr. Bill Cox in Hangar 58.

"When Brian and I first considered days in September for the change of command, we discussed whether it was appropriate to have the ceremony on the anniversary of 9-11," said Capt. Dave Price, Commodore of Training Air Wing 4.

"Make no mistake. It is entirely appropriate and fitting that we have the ceremony this morning at one of the sites where we train the young men and women who will defend us against those terrorists and others who hate and would harm America.

"It is absolutely proper and decent that we celebrate our enduring American values and way of life this morning."

That set the tone just as Hoyt, as the Commanding Officer of VT-28, set the standard that his successor and "Rangers" are expected to adhere to.

Hoyt, a 1990 Naval Academy graduate, completed his flight training here in 1992. He returned to serve as the Executive Officer of VT-28 in August 2007.

He assumed command in July 2008 and has amassed a safely standard that other commands can emulate.

"The accolades and awards for the past 15 months are not mine," said Hoyt. "They

are the hard work and dedication of our 'Rangers' and supporting military and civilians that make up this command. Without you, none of the good things that happened would have taken place."

Although Hoyt put the onus of accomplishment on the people under his command, Commodore Price was quick to point out that it was Hoyt's leadership that truly made it happen.

"First, I will remind you that as a former commanding officer of the Rangers, they hold a special place in my heart and my memories," Price said.

"That's not necessarily a good thing for a current commanding officer who might feel the added scrutiny or attention that goes with having a former CO as his wing commander.

"So let me just say; I have watched the Rangers over this past 15 months with great satisfaction and pride as they have met and



**Training Air Wing 4 Commodore Capt. Dave Price (l.) congratulates Cmdr. Bill Cox (r.) on assuming command of VT-28 while outgoing CO Cmdr. Brian Hoyt looks on.**

Photo by Richard Stewart, CNATRA PA

exceeded the expectations of our Navy and Marine Corps in training the latest generation of combat aviation professionals. It's been great fun to watch you all do the job again, and even more special to me personally, to have a chance to fly with you so often."

Price went on to praise Hoyt for having done just that.

"I asked them for safe mission accomplishment and the Rangers delivered in every way as they trained the next generation of Navy and Marine aviators," he said. "In doing so, they won the Chief of Naval Air Forces Commander Theodore G. Ellyson Aviator Production Excellence Award for 2008.

"They achieved the lowest cost per sortie in the Training Command and, all you taxpayers will like this, saved us just about \$500,000 in fuel and maintenance costs this year. They also achieved the lowest flight failure attrition rate in the follow-on advanced flight training syllabi of the five Primary squadrons in Training Command.

"Finally, they just received another set of Outstanding grades on the annual inspections for flight operations and training standardization. This is no accident. It's good leadership from the CO and from every individual in the command."

Hoyt's next assignment is to Afghanistan as the Commanding Officer of a Provincial Reconstruction Team.

Cox had been XO since April 2008. After he accepted the assumption of command, his wife Cyndi pinned on his command trident.

Cox then turned and acknowledged Cmdr. Joe Staud, who took over as VT-28's Executive Officer.

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## NASCC and NAS Kingsville Ombudsmen honored at Sept. 12 dinner

Story & photo by Rod Hafemeister

Area commanders recognized eight Ombudsmen on Sept. 12 with a dinner in honor of Navy Ombudsmen Appreciation Day, which was Sept. 14.

The dinner also served as a farewell for Naval Air Station Corpus Christi Ombudsman Barbie Baker, who is stepping down in October after more than two years in the position.

Holding back tears, Baker said that, "It has been my pleasure and my honor to serve as NASCC Ombudsman."

Baker's husband, Senior Chief James Baker, retired in March. But she agreed to remain until NASCC Command Master Chief Pat Flavin retires in late October, at his request.

In a short speech, NASCC Commanding Officer Capt. Randy Pierson said the Ombudsmen perform valuable service to the Navy, all unpaid.

"We are here to thank those who are rarely thanked, to recognize those who are near invisible," said NASCC Commanding Officer Capt. Randy Pierson. "I thank you for this opportunity to express our admiration for you all."

"Your selfless dedication and your commitment is visible daily. You promote an amazing resilience and self-reliance of Sailors and families as you train them, as you work with them, as you show them that they can do it."



Area Ombudsmen honored at the Sept. 12 dinner, from left: Lisa Santos, NAS Kingsville; Misha Henderson, NOSC Corpus Christi; Melissa Knight, NAS Kingsville; Barbie Baker, NAS Corpus Christi; Jeri Nix, NAS Corpus Christi; Shawnda Thomas, Naval Health Clinic Corpus Christi; Melissa Humphrey, NAS Kingsville Branch Health Clinic; Michelle Sturgeon, HM-15.

Pierson said the Ombudsman program has come a long way since its creation almost 40 years ago by then-chief of Naval Operations Adm. Elmo Zumwalt.

"Ombudsman" comes from a Scandinavian root word referring to a person who could speak to royalty about the concerns of the people, Pierson said.

Today's Navy Ombudsmen – 4,000 of them worldwide, all volunteers – represent the Sailors and their families to commands and assist in myriad ways, he said.

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# Firefighters remember 9/11



NAS Fire Chief John T Morris addressed Base firefighters and Commanding Officer, Capt. Randy Pierson, during a memorial service on Sept. 11 at the Fire Station. It was a solemn occasion as Morris spoke of the bravery and dedication of those who sought to help – those who were affected by the terrorist's acts on that day, in 2001. Later, Pierson spoke of personal experiences that took place as he was stationed at the Pentagon, when the aircraft hit there. Pierson was not in the Pentagon when the tragedy occurred, but wound up driving there to see how he might be able to assist.

Photo by Bob Torres

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## Be prepared for two types of flu



Chief Hospital Corpsman Ted Clark shouts out a sudden expletive to Hospital Corpsman 2nd Class John Clutter, administering a seasonal flu shot Sept. 11 at the Naval Health Clinic Corpus Christi. Look for flu shot schedule soon.

### Navy Prepares Personnel and Families for Seasonal Flu

Photo by Bill Love, NHCCC PA

by MC Desiree Green, PA Support Element

PORTSMOUTH, Va. – With flu season quickly approaching, officials for the Navy and Marine Corps Public Health Center (NMCPHC) are urging military personnel and their families to be aware of the risks of seasonal flu and how to prevent contamination.

Influenza is not the common cold and can be a severe to life-threatening disease. Immunization remains the primary method of reducing seasonal influenza illness and its complications.

Getting an annual influenza vaccine immunization protects many people from getting the disease or becoming severely ill. The vaccine not only helps protect vaccinated individuals, but also the community as a whole by preventing and reducing the spread of the disease.

“If you are healthy, you should take care of yourself, follow medical practices, and stay in touch with medical providers,” said Capt. Bruce A. Cohen, commanding officer in charge of NMCPHC.

It is the current Department of Defense’s (DOD) policy that annual seasonal influenza vaccinations are required for all active duty military personnel, Selected Reserves, and healthcare workers.

According to Cohen, the people that are affected most are the elderly, the very young, and people who are sick or not as healthy as the general population.

Flu viruses are spread mainly from person-to-person through coughing or sneezing by people with influenza. People may also become infected by touching something with influenza on it and then touching their mouth or nose. Some ways to prevent becoming infected or spreading the virus is to practice coughing into your elbow, rather than your

hand. Also, for added protection, wash your hands frequently using proper hand washing techniques.

With the pandemic H1N1 virus still making headlines, NMCPHC officials want military families to be prepared and to receive the H1N1 vaccine once available.

“It’s important that people listen to the information that is coming out,” said Cohen. “It is very easy to take this information and misinterpret it.”

All military personnel will be vaccinated against the H1N1 flu virus and it is anticipated the vaccine will also be available to all military family members who wish to be immunized. Because the seasonal flu is a different strain of flu than H1N1, it is still important for everyone to receive a seasonal influenza vaccination in order to be protected from seasonal flu.

Navy Medicine will be monitoring the 2009 H1N1 virus carefully over the coming months and will be proactive in developing contingency plans to address any public health issues if required. Although force health protection is the responsibility of every commander and service member, it is important for all hands to take the proper actions to protect personnel, beneficiaries, coworkers and family members against influenza of any kind.

Seasonal flu immunizations have already begun across military facilities worldwide. The H1N1 vaccination program is expected to begin in early October.

The Navy Installations Command has created a web site that is the U.S. Navy’s go-to site for information about seasonal flu and H1N1: [https://www.cnic.navy.mil/CNIC\\_HQ\\_Site/OperationPrepare/FluInformation/index.htm](https://www.cnic.navy.mil/CNIC_HQ_Site/OperationPrepare/FluInformation/index.htm)

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# October is Domestic Violence Awareness Month



by Shae McFarlin, FFSC

Did you know that, according to the United States Department of Justice, NCJ:

Approximately 1.3 million women and 835,000 men are physically assaulted by an intimate partner annually in the United States.

Intimate partner violence made up 20 percent of all nonfatal violent crime experienced by women in 2001.

Intimate partners committed 3 percent of the nonfatal violence against men.

In 2000, 1,247 women and 440 men were killed by an intimate partner. In recent years, an intimate partner killed approximately 33 percent of female murder victims and 4 percent of male murder victims.

Of the approximately 1.7 million incidents of workplace violence that occur in the US every year, approximately 18,700 (1.1 percent) are committed by an intimate: current or former spouse, lover, partner, or boyfriend/girlfriend.

*According to the American Institute on Domestic Violence:*

### National Cost of Domestic Violence

The health-related costs of rape, physical assault, stalking, and homicide by intimate partners exceed \$5.8 billion each year.

Of this total, nearly \$4.1 billion is for victims requiring direct medical and mental health care services

Lost productivity and earnings due to intimate partner violence accounts for almost \$1.8 billion each year.

Intimate partner violence victims lose nearly 8.0 million days of paid work each year - the equivalent of more than 32,000 full-time jobs and nearly 5.6 million days of household productivity.

### The Human Factor

Between 85 and 95 percent of all domestic violence victims are female.

More than 500,000 women are stalked by an intimate partner each year.

About 5.3 million women are abused each year.

An average of 1,232 women are killed each year by an intimate partner.

Women are more likely to be attacked by someone they know rather than by a stranger.

**Domestic violence is the leading cause of injury to women.**

*Domestic Violence in the Workplace Statistics:*

Homicide is the leading cause of death for women in the workplace.

Of the approximately 1.7 million incidents of workplace violence that occur in the US every year, 18,700 are committed by an intimate partner: a current or former spouse, lover, partner, or boyfriend/girlfriend.

### Regarding the Battered Worker

- 96 percent experience problems at work due to abuse.

- 74 percent are harassed while at work by their abuser.

- 56 percent are late to work.

- 28 percent leave work early.

- 54 percent miss entire days of work.

*According to the National Coalition Against Domestic Violence*

Children witnessing violence between one's parents or caretakers is the strongest risk factor of transmitting violent behavior from one generation to the next.

Boys who witness domestic violence are twice as likely to abuse their own partners and children when they become adults

Thirty percent to 60 percent of perpetrators of intimate partner violence also abuse children in the household.

One in six women and one in 33 men have experienced an attempted sexual assault of a completed sexual assault.

Nearly 7.8 million women have been sexually assaulted by an intimate partner at some point in their lives.

Sexual Assault occurs in approximately 40-45 percent of battering relationships.

One in 12 women and one in 45 men have been stalked in their lifetime.

More than 81 percent of women stalked by a current or former intimate partner are also physically assaulted by that partner and 31 percent are also sexually assaulted by that partner.

For more information on Domestic Violence contact Shae McFarlin at the Fleet & Family Support, (361)961-2372.

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### CNATRA continued from page 1

"We are the nation's maritime force for good."

Then, in a more relaxed tone he said, "The highlight of my tour is the people here. They are the heroes.

"People getting up every day coming to work and doing things in defense of our country," he continued, with a deep-felt sincerity. "Every day people doing their work for this organization are the heroes. People on this base and people on the CNATRA staff that make things happen. People here."

He was referring to the Staff that helped him oversee the Naval Air Training Command (NATRACOM), comprised of five Training Air Wings located on Naval Air Stations in Florida, Mississippi and Texas.

The wings are home to 17 Training Squadrons, all training future Naval Aviators. This includes joint training with the Air Force on bases in Texas, Oklahoma and Georgia.

CNATRA also oversees the Naval Flight Demonstration Squadron, the Blue Angels.

Guadagnini reflected further on his tour here.

"I didn't do a danged thing that was significant," he said in a self-effacing way. And then he repeated that it's "people" that get things done.

He spoke of how aviation training has changed since he was a student.

"The young men and women today who are coming into aviation are digital people.

They have a digital background," he said. "They see things that the aviators of our generation couldn't know.

"We need to teach them differently than we taught previous generations of Naval aviators. We need to learn how to teach them by taking advantage of their digital backgrounds."

One of the highlights serving as the CNATRA has been having his son, Ensign Mark D. Guadagnini, who is also training to be a Naval Aviator, stationed here as a student. And although he didn't say much about his son, pride was evident when the Admiral said he was proud of all new Naval Aviators' for their patriotism.

"I love NAS Corpus Christi," Guadagnini said about his two years here. "This has been really the first time I'd ever come down here.

"I like the base, I like the fishing, I like the people, I like the weather. I like just everything about this area."

In parting, his advice to Rear Adm. Sizemore is, "Enjoy the goodness of the City of Corpus Christi and NAS Corpus Christi. Have fun - take care of each other."

Guadagnini's next assignment will be as commander, Carrier Strike Group Nine, in Everett, Wash.

Sizemore comes to the Training Command from San Diego, Calif., where he served as Chief of Staff for Naval Air Force, U.S. Pacific Fleet.



Rear Adm. Guadagnini speaking at the 2009 Navy Regatta dinner

## Fire Prevention Week - Oct. 4-10

As part of Fire Prevention Week, NASCC Fire & Emergency Services has scheduled the following:

**Wednesday, Oct. 7:** Fire Safety House and fire truck to Flour Bluff Elementary Third Grade 8:45 a.m. - 1:30 p.m.

**Monday, Oct. 5:** Children from NASCC CDC visiting fire station; NEX 11:30 a.m. - 12:30 p.m.; Base Housing, 6 p.m. - end.

**Thursday, Oct. 8:** Fire Safety House and fire truck to Dawson Elementary 8:30 - 10:30 a.m.; CCAD Building 8 Public Education 11:30 a.m. - 12:30 p.m.

**Tuesday, Oct. 6:** Fire Safety House and fire truck to Flour Bluff Elementary Third Grade 8:45 a.m. - 1:30 p.m.

**Friday, Oct. 9:** Fire Safety House and fire truck to Early Child Development Center at Texas A&M 8:45 - 11:30 a.m.

# Shoulder to Shoulder, No Soldier Stands Alone

*Have the courage to help a friend*

from CCAD Public Affairs

Did you know that, in the United States, one person completes suicide every 16 minutes?

Or that it's estimated that more than five million people in the United States have been directly affected by a suicide?

Or that 52 percent of all persons who die by suicide use a firearm, kept in the home allegedly for safety, to kill themselves?

Experts believe that most suicidal individuals do not want to die. They just want to end the pain they are experiencing.

Experts also know that suicidal crises tend to be brief.

When suicidal behaviors are detected early, lives can be saved.

There are services available at the Corpus Christi Army Depot for assessment and referral to treatment for suicidal thoughts and their underlying causes.

September is Dept. of the Army's Suicide Awareness Month.

This year's theme is "Improving our Soldiers and Families Health: A Healthy Force Combating Suicides."

World class training and resources are available to assist Soldiers, families, and Army civilians in suicide prevention.

It is crucial for our personnel to know that it is okay to ask for help during times of distress and personal crisis.

Our Soldiers, families, and Army civilians must know and must be reminded frequently in our words and actions that it is okay to ask for help during times of distress and personal crisis.

The loss of any American Soldier's life is a tragedy regardless of the reason.

Please join The Corpus Christi Army Depot in supporting suicide prevention.

Together we can reduce the number of lives shaken by a needless and tragic death.

**CCAD is holding two events to raise suicide awareness. A one-mile walk scheduled for Sept. 25 at 7 p.m. at MWR's Outdoor Track.**

**The second event is a tree-planting ceremony Sept. 30 at 8 a.m. in front of the Building 8 Atrium.**

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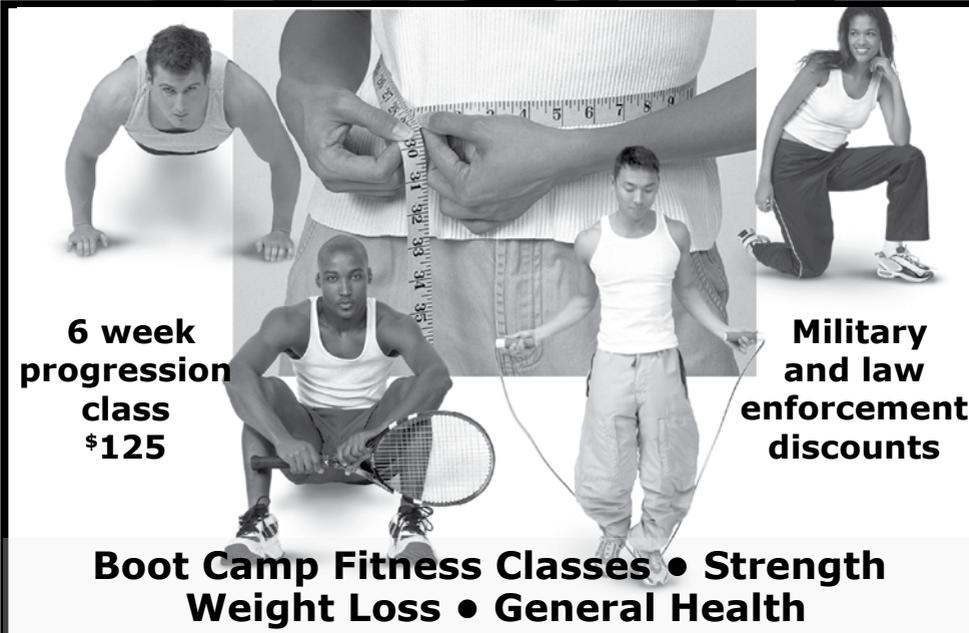
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## Ask Dr. Garcia



Garcia

**Q:** My husband tends to think of himself first in our marriage rather than of "us" as a couple. What can you tell me about selfishness in a marriage and about the person who is selfish?

**A:** Our age is an age of individualism in which many try to find happiness through self-gratification and narcissistic **selfism**.

Selfism in marriage lessens each partner's responsibility for the success of the relationship.

It is not surprising, therefore, that the most successful marriages are based on a spirit of mutual helpfulness, with each partner unselfishly attending to the needs of the other.

People who are self-centered and self-serving are less likely to feel as fulfilled or as happy as those who seek to meet the needs of others.

Psychologist Bernard Rimland, at the Institute for Child Behavior Research in San Diego, asked 216 college students to write the names of up to 10 persons whom they knew best and after each name to write either *H* for happy or *N* for unhappy.

Then they were asked to go down the list again and write either *S* for selfish or *U* for unselfish.

Only 78 people whom the students rated as selfish were also rated happy, while 827 whom the students rated as happy were also rated unselfish.

By definition, selfish people are devoted to bringing themselves happiness.

Judged by others, however, they seem to succeed less often than do people who work at bringing happiness to others.

**Q:** Are there any set rules of communication during marital conflicts?

**A:** A certain amount of conflict and discord is a normal part of every relationship. No one person in a marriage is perfect.

Therefore, anytime two imperfect people marry there is going to be strife, trials, and tribulations.

In two studies, married people were asked to generate important rules of communication in marital conflicts. The rules outlined were divided into five categories.

Only some of the rules are included in the lists that follow.

### Consideration

- Avoid belittling, humiliating, or using character-degrading words about the other person.
- Regard the other person's issue as important.
- Acknowledge and try to understand the other person's point of view.
- Avoid talking too much or dominating the conversation

### Self-Expression

- Keep to the point and don't get involved in other issues.
- Be honest and say what is on your mind.
- Express your feelings about the topic.
- Explain reasons for your point of view.

### Conflict Resolution

- Explore alternatives.
- Be prepared to compromise.
- Be able to say you're sorry.
- Make joint decisions.

### Rationality

- Try not to get angry.
- Avoid raising your voice.
- Avoid aggressive language or losing your temper.
- Try to keep calm and not get upset.

### Positivity

- Try to relieve the tension in arguments through sensitivity and kindness.
- Be supportive and give the other person praise where due.
- Enter the conflict with a "helpful" mindset and not a hurtful attitude.
- Acknowledge your character flaws.

**Ruben G. Garcia, Ph.D., LMFT** is a Licensed Marriage and Family Therapist and co-founder of The Healing Institute. Submit your questions to Dr. Garcia via email at [troubadour55@hotmail.com](mailto:troubadour55@hotmail.com). You can also contact Dr. Garcia at (361) 814-4556.

# VFW donates ball dresses

by Tambi Parker, NMCRS

Laughter, music, food, door prizes and 98 new evening dresses – free for military spouses – filled the ballroom at the NAS Kingsville Captain's Club the evening of Sept. 10.

The evening, appropriately titled "Military Spouse Appreciation Night," was coordinated by Mellissa Knight, NAS Kingsville Ombudsman, and Tambi Parker, Director Navy Marine Corps Relief Society.

Kathy Wewe, Department of Texas Chaplain, Ladies Auxiliary of the VFW, generously offered the evening dresses as part of a new Texas VFW outreach program.

The dresses originated from a Dallas area bridal and evening wear store, which wishes to remain anonymous.



Lezlie Chase holds one of 98 evening dresses donated to military spouses.

Photo by Jon Gagne, NAS Kingsville PA

The Navy Exchange generously allowed the usage of several racks, as well as a portable steamer to freshen the dresses after they were unpacked. Local dry cleaner, Budget Dry Cleaning, donated bags so that each dress could leave on a hanger and protected from the drizzle.

Donations from the Sea Cadet Program and the Kingsville Officers Spouses Club were used to procure cheese, fruit and dessert trays.

Even four inches of rain and the threat of more to come didn't keep the spouses away. By evening's end, more than \$13,000 worth of ball gowns were selected off the racks by more than 60 military spouses.

NAS Kingsville Commanding Officer Capt. Phil Waddingham made a brief stop to thank several of the ladies of the VFW who traveled from Dallas to partake in the event.

He eloquently put into words what so many were thinking, "The Texas Chapter of VFW displayed a level of generosity that went well beyond simply addressing practical support. It has literally graced our spouses with beautiful fabric woven with love and admiration, and has truly touched our hearts."

Those of you who were unable to attend may stop by the Navy Marine Corps Relief Society office aboard NAS Corpus Christi to try on one of the 30 plus remaining dresses. For additional information, call Tambi Parker at 361-961-6761.

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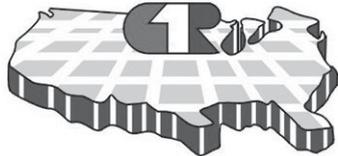
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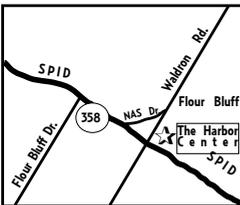
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# Combat City Paintball Range Opens with free weekend Oct. 2-4

The Naval Air Station Corpus Christi MWR is inviting all Military, DoD civilians & MWR Guest Card members to enjoy the newly designed Combat City Paintball Range FREE on Oct. 2, 3, & 4! All they ask in return is for you to take the time to tell them what you think of your experience by filling out a short evaluations form.

So get your team together for some competitive paintball action, and let the games begin!

On-site registration starts at 7:30 a.m. Friday, Oct. 2. Combat City will be open 9 a.m. to 6 p.m. Oct. 2-4. For more information, call Outdoor Recreation/Marina at 961-1293.

Photos by Bob Torres



# Newest Chief Petty Officers pinned on the Lex Sept. 16



The First Class Petty Officers selected for advancement to Chief received their 'fouled anchors' in a pinning ceremony aboard the USS Lexington on Sept. 16. The dozen selectees, assigned to various organizations aboard Naval Air Station Corpus Christi and Naval Station Ingleside, rose to the top in the toughest year to make Chief in a decade: only 18.77 percent of eligible candidates were selected, the lowest selection rate since the 14.37 percent in fiscal year 1999.

The new Chiefs, in alphabetical order, are: ADC (AW) Stephen Allen, HMC Israel Balli, HMC (FMF/SW/AW) Shannon Bia, ENC (SW) Darren Cook, SKC (AW) George Fosnaught, SKC (AW) Frances Gorman, EMC (SW) Delmas Jackson, AEC (AW) Thomas Jones, DCC (SW) Derek King, HMC (FMF/SW) Ronnie Mashburn, NDC (DSW/SW) Joe Sweeting, MNC (SW) Josh Watts.

Photo by Richard Stewart, CNATRA PA

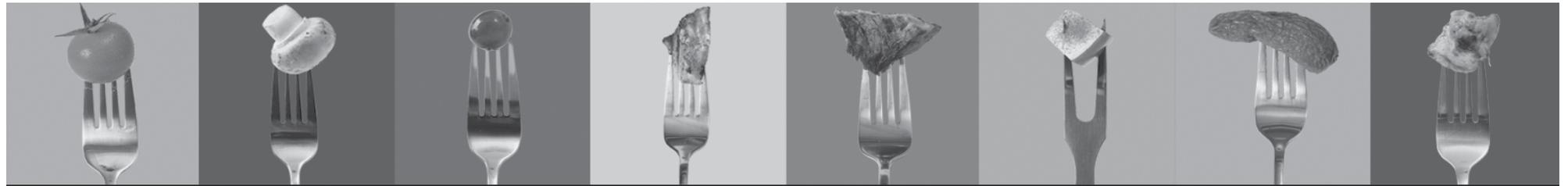
## National POW/MIA Day Sept. 18

The Stingrays from the NASCC Child Development Center laid flowers at the POW/MIA Memorial on Sept. 18, as part of the observances nationwide of National POW/MIA Recognition Day. The day is one of six throughout the year that Congress has mandated the flying of the National League of Families' POW/MIA flag. The others are Armed Forces Day, Memorial Day, Flag Day, Independence Day and Veterans Day.

Pictured with the Stingrays are CDC staff members Margie Delatorre (l.) and Maria Torres.

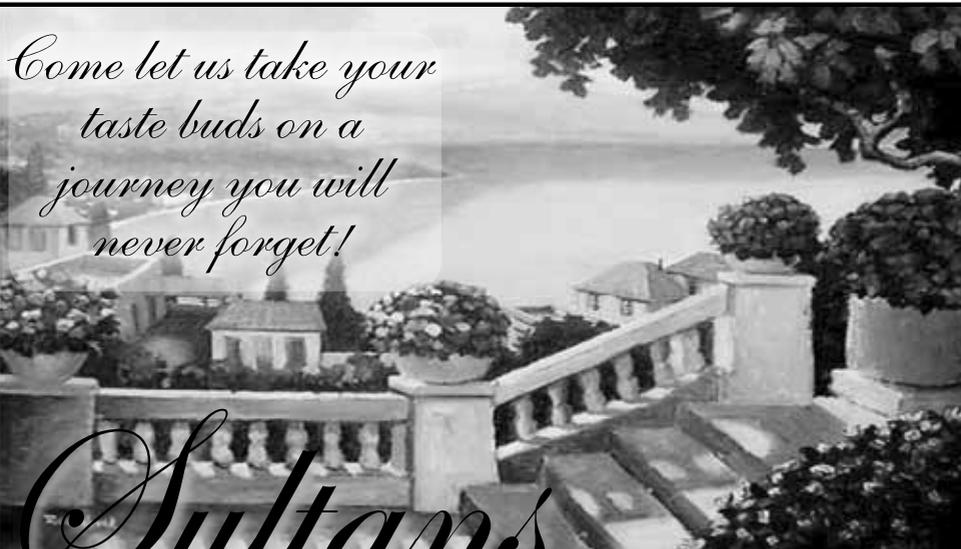
Photo by Rod Hafemeister





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## What's Happening

*Advertorial by Tina Konwerski*

**Saturday, September 26.**

**Veteran's and Military Summit**  
9:00 am - 3:00 pm. American Bank  
Center. 1901 N. Shoreline Blvd.,  
Corpus Christi. Veterans, Active Duty  
Military and their families are invited  
to participate in a **FREE** Summit.

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Apply for veteran health care services  
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**Saturday, September 26**

**FALL FESTIVAL** 10 a.m. to midnight  
at St. Michael the Archangel Parish  
Banquete, Tx. Free admission, food,  
games, live auction, live music by El  
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**Friday and Saturday, October 2-3,**  
**Banned Books Hit the Stage LIVE!**  
Rialto Theater Celebrates the Banned  
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Tickets: \$12.

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American literature- ALL BANNED at  
some point in American history. In this  
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will revive some of the most memo-  
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the great American novel to Where's  
Waldo?, audiences will find that no  
work is immune to censorship on  
some social, political, and/or religious  
level. As tribute to Banned Book Week  
and in celebration of our democratic  
freedom to read, this performance was  
organized by Jerry Halpin.

**Con't on page 15**

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# BEST BITES DINING GUIDE

**What's Happening**  
con't from page 14

**Saturday, October 3**  
9 am - 5 pm - **Coastal Bend Companion Bird Club & Rescue Mission's Bird & Reptile Mart** (\$3, Under 12 free) Al Amin Shine Center 2001 Suntide Rd, Exit #7 off U.S. 37. Corpus Christi. <http://www.cbcbirdclub.com> <mailto:cbcbirdclub@aol.com> (361)241-6243.

**Friday, October 9. Military Night at Rockport Seafair.** 5-11 pm. Rockport Festival grounds, Rockport Harbor, 100 Seabreeze. The city of Rockport-Fulton honors all military by offering free admission on Friday, October 9. Celebrate the sea with a big splash at The Rockport Festival October 9 - 11. Active duty and retired personnel need to show military I.D. Entertainment Friday evening features Ray Wylie Hubbard.

**October 10-11. Competition Sounds Corpus Christi HEATWAVE Custom Truck & Car Show at American Bank Center...** fmi call 512-252-0293, visit [www.heatwaveinc.com](http://www.heatwaveinc.com).

**Saturday, October 17th. AUDITIONS/CASTING CALL.** Embassy Suites Hotel 4437 S. P. I.D. 9 a.m. - 6 p.m. and 7 p.m. - 11 p.m. "The Violent States of America" a feature length picture requires the following: Males and females, between 12 and 50 years of age. Acting experience not required. Bring a photo or resume. FMI Daniel Fuentes 361-903-0017. [www.visualpicturestudiofilms.com](http://www.visualpicturestudiofilms.com)

**Saturday, October 17th. "Come for the Fashion, stay for the fun". The 18th Annual Bokenkamp Fashion Show** Omni-Hotel Bayfront. This year's designs courtesy of Chatelaine Boutique and Williams Fashion and Shoes. Modeled by students at Texas A&M. Fashion show benefits children of Bokenkamp Children's Shelter, a nonprofit shelter serving refugee minors from Central and South America. Tickets are \$35 if purchased before October 5. Silent auction is at 11 a.m. Fashion show and luncheon begin at noon. For more information or to reserve tickets, please contact Sarah Hill, Director of Volunteer Services at (361) 994-1214.

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## SW1 Thompson home from Afghanistan IA tour



NASCC CO Capt. Randy Pierson (l.), other base leaders and friends and the Patriot Guard Riders greeted SW1 Edward Thompson at Corpus Christi International Airport on Sept. 11. Thompson returned from a 10-month Individual Augmentee deployment that include the last six months in Afghanistan.

Photo by Rod Hafemeister



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**FOR SALE BY OWNER** - 4325 Congressional, \$199,500. 2,525 ft, Country Club, 4/2.5/2 extra storage. 2 living & 2 dining areas. Remodeled kitchen and baths, spacious closets, neutral tile and carpet, 5 ceiling fans, updated fixtures, large utility room and pantry. Paver patio with fountain, landscape lighting. 852-6257 or 903-8556.

**BEACH VIEW TOWNHOME FOR RENT:** North Padre Island, close to NASCC. New furnished, 3 bedroom, 3 1/2 bath, large living & kitchen, 2,000 SF. \$2400 per month, call (512) 203-4645.

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**KITTENS FREE To a GOOD HOME.** 4 month old kittens one male and two females - one is Black Tuxedo, one is Grey with white tummy and third one is GREY and White. Have all their shots. GOOD with children and other pets. 361-876-7473.



**PETSMART ADOPTION DAYS.** Come by Petsmart for The Cattery's adoption days. Wednesday - Sunday, 11am-4pm. My friends and I are looking forward to meeting you.

**READ IT  
ONLINE**

24/7 Wingspan on line at  
[www.enic.navy.mil/corpuschristi](http://www.enic.navy.mil/corpuschristi)  
Scroll down to the Wingspan Logo

# DDCT presents length of service awards to three workers



Lt. Col. Bernard Warrington Jr., Commander of the Defense Distribution Center Corpus Christi (DDCT), used a Sept. 10 'town meeting' to recognize three civilian employees for the reaching length of federal service milestones. Pictured from left are: Warrington, James Richard Cordova, 25 years of service; Alicia Lorenzo, 20 years of service and Jose Gomez, 10 years of service.

Photo by Rod Hafemeister



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**FOR SALE:** 2001 F250 4x4, 1 ton V10 with 6" lift, 145,000 miles - \$8,000 cash obo 361-442-6264.

**FOR SALE:** 2 Yamaha WaveRunners with double trailer. 2000 XL800, 160 hours, and 2000 GP760Y, 162 hours. Excellent condition with covers, life jackets, etc. \$6200 for all. Call 361-949-7252.

**FOR SALE:** 1994 Harley Davidson Electra Glide \$7500. color Teal, NEW paint and Chrome extras. Has short windshield (original on hand). 55000 miles. 361-877-2517. Spare parts included.

**FOR SALE:** 2003 Honda Accord Sedan LX, 2.4L 4 Cylinder, 4 Doors, 58,300 Miles, Cruise control, automatic windows, rear spoiler. Jeff 361-949-0188. \$9,900 OBO, Selling b/c going overseas.

**FOR SALE:** 09 Harley Davidson FXCWC Rocker C, Crimson Red, 695 miles, adds: low profile windshield, leather fork bag. \$19,495. Contact Bill, 361.813.7668.

**FOR SALE:** 2006 Dodge Grand Caravan SXT- Automatic (1 Owner) 46,800 miles. 3.8 L Engine, Cruise Control, Stow and Go seating (All seats fold completely into the floor), Full roof Rack, Doors Power Sliding(open with keypad also) \$12,600 Will Consider Other Offers. Van in great condition, moving overseas! Jeffrey Smith: 910-261-2347

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## 2009 VETERAN'S AND MILITARY SUMMIT

**Saturday, September 26**

9:00 a.m. - 3:00 p.m.

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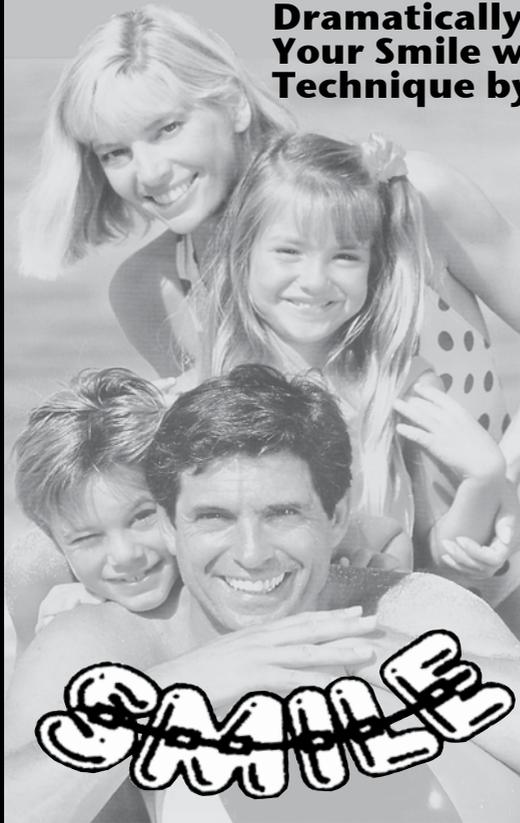
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## Senior Chief Vierra re-ups for sea



Senior Chief Culinary Specialist Isaac Vierra (L) received a reenlistment plaque from Capt. Randy Pierson, Commanding Officer of Naval Air Station Corpus Christi. Vierra reenlisted aboard the USS Lexington on Sept. 11, saying the date was appropriate as a way to honor those who dies on 9/11 and those who fight for them. Vierra, who has been lead Chief for the CBQ, is leaving NASCC in October to report to the USS Nassau in Norfolk and scheduled deployment later this year.

Photo by Rod Hafemeister

# TORR

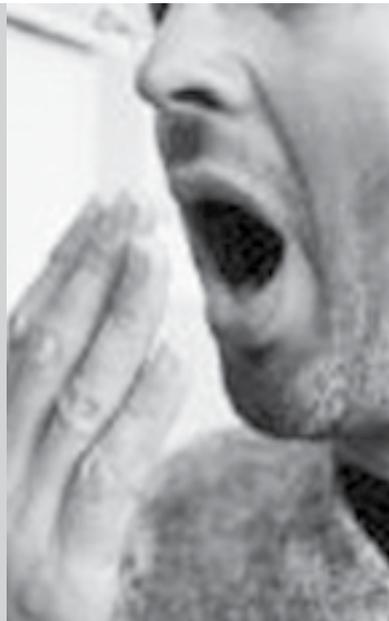
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## CLASSIFIED

### WHAT'S HAPPENING

**Saturday and Sunday, October 10-11, 2009 SAXET Gun Show**, 9 a.m. to 6 pm, Richard M. Borchard Regional Fairgrounds, Robstown, TX -Guns, Knives, Ammo, Coins, Militaria, Cameras fmi 361-289-2256 [www.saxetshows.com](http://www.saxetshows.com)

1581 N. Chaparral. \$6/adults; \$2/children age 12 and younger. Call 361-826-3410 for reservations.

**Thursdays and Fridays from 10:30am-noon**, Heritage Park Guided Tours offered year-round starting at the Galván House,

**Every Tuesday at 7 p.m. Acoustic Music Jam -Musicians**, singers and audience members invited. Free Admission. Rialto Theater and Gallery, 327 S. Commercial Street, Aransas Pass, TX Information: 361-758-0383 [www.rialtotheater.org/calendar](http://www.rialtotheater.org/calendar).

**WANT TO** place a classified ad in Wingspan...go to [www.djyoungpublishing.com](http://www.djyoungpublishing.com)

**WE'RE ON THE WEB!**

place your free or paid classified ad in the 10/8 edition of Wingspan!

**NO phone calls please for classified ads**

## New NASCC Career Counselor



NCC (SW/SCW) Sabino L. Rodriguez has taken over as the Naval Air Station Corpus Christi career counselor. He comes to NASCC from Naval Mobile Construction Battalion 11 in Gulfport, Miss. A native of Pearsall, Texas, Rodriguez has been a career counselor for 11 of his 17 years in the Navy. With increasing restrictions on reassignments and fighter assignment windows, he says it is more important than ever that Sailors pay attention to managing their careers. "Seek out command leadership, talk to the Chiefs' Mess, get with your mentor and talk to your spouse," he said. "Know your options." He can be reached at 961-3612 or [sabino.rodriguez@navy.mil](mailto:sabino.rodriguez@navy.mil).

Photo by Rod Hafemeister

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### WHAT'S HAPPENING

**2nd and 4th Tuesday of every month** – Tickled Pink Breast Cancer Support Group, YWCA 4601 Corona, 361-887-9928 for more information

**1st Tuesday of EVERY month** – BUNCO for charity benefiting the Ronald McDonald House of C.C. From 7:30-9 pm @ Stingers on Airline out on the patio. \$5 minimum donation requested.

**SECOND SATURDAY OF EACH MONTH** – The United States Submarine Veterans, Inc., meets at 11 a.m. at the Silverado Smokehouse on Weber. Contact: [SubVetBoddy@gmail.com](mailto:SubVetBoddy@gmail.com) or 361-876-0042.

**Open Mic Friday Nights @ Stingers Coffee** 8pm-12am. Gulfway Shopping Center at Airline and McArdle - outside on the patio - All musicians welcome, sign up today @ Stingers on Airline.

**Wednesday, February 24, 2010**  
Attention Employers/Recruiters  
2010 BRAC Coastal Bend Career Fair Responding to Change 10 am to 4 pm. For exhibit information: Contact Sue A. Catherman, TAC Director. 361-776-4793. [sue.catherman@navy.mil](mailto:sue.catherman@navy.mil)

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## 2009 Navy Ball



Celebrate the U.S. Navy's 234th Birthday at the 2009 Navy Ball, Saturday, Oct. 17, at the Corpus Christi Bay Club. The Schedule of events is:

Cocktails	5 p.m.
Program	6 p.m.
Dinner	7:30 p.m.
Dance	8:30 p.m.

Tickets go on sale Sept. 1 and can be purchased from your Command Representative or ITT in building 1785. Ticket prices for 2009 Navy ball are:

E1-E4, GS1-4, NF1	\$15
E5-E6, GS5, NF2	\$25
E7-O3, GS6-10, NF3	\$40
O4, GS11, NF4 & UP	\$50
Civilian guests	\$50

The 2009 Navy Ball will include official ceremonies, dinner, and dancing to the band Whiskey Bend.

For more information, please contact ETCM (SW/AW) Barnholtz at 961-3119.

## Corpus Christi Bay Club

*Exciting changes happening at the Club!*

Bay Club Hours of Operation:

### Dining Room

Mon - Fri 11 a.m. - 1 p.m.  
Fri Evening 5 p.m. - 8 p.m.

### Lounge

Wed - Thurs 3 p.m. - 9 p.m.  
Fri 3 p.m. - 10 p.m.  
Sat Special Functions Only

### Sunday - NFL Ticket

11:30 a.m. - 5:30 p.m.

The Corpus Christi Bay Club is your place to watch NFL Football every Sunday from 11:30 a.m. to 5:30 p.m..

NFL Sunday Ticket is now available. A different game will be shown on each TV in the lounge.

Games will be selected by customers on a first come, first serve basis! Overtime? The Corpus Christi Bay Club will remain open until the game ends!

For more information, please call the Corpus Christi Bay Club at 961-2541.

## Aquatics

961-3260

Bayside pool is open on weekends only thru Sept. 27; hours of operation are:

Saturday 12 p.m. - 6 p.m.  
Sunday 1 p.m. - 6 p.m.

Oasis pool is open for lap swimming; hours of operation are:

M - F 11 a.m. - 1 p.m. & 4 - 6 p.m.  
Sat. & Sun. 11 a.m. - 1 p.m.

For more information, contact Earl Olsen at 961-3260.

## Navy Ball Golf Tournament

A Golf Tournament benefiting the Navy Ball will be held Friday, Oct. 2 at Gulf Winds Golf Course, 9 a.m. Shotgun Start; Showtime 7:30 a.m. Cost of \$35 per person includes cart, green fees, meal (burger & fries) and a contribution to the Navy Ball. Please register at Gulf Winds Golf Course by COB Wednesday, Sept. 30.

This is a four-man team scramble. Entries may put their own team in or sign up as individuals and they will be placed on a team. The tournament will consist of 18 holes with prizes, food and fun. Closest to the pin on all par 3's.

For more information, please call Gulf Winds Golf Course at 961-3250.

## Liberty Program

Liberty Center/Liberty Program  
Building 1281

961-3768 or 961-6405

Sun - Sat 11 a.m. - 10 p.m.

Events free and open to all active duty, active Reserves and National Guard members.

### Let's go for a walk in San Antonio

Come join the Liberty Program as they host a trip to The River Walk in San Antonio on Sept. 26.

All single-sailors are invited to come out and enjoy a day of shopping, dining and taking in the sites. Muster at the Liberty Center at 7:30 a.m. and the van will depart 8 a.m.. Space is limited, so please sign up at the Liberty Center.

### Last Buck Night BBO

Come join the Liberty staff as they host a Last Buck Night Barbeque on Sept. 30 at 6 p.m.!

Come enjoy grilled brisket, sausage, bratwurst, and chicken with all the fixings along with potato salad and a wide assortment cookies and sodas. All single-sailors down to their last buck are encouraged to come out with giant appetite for free food and sodas!

## Fleet & Family Support Center

(361)961-2372

Registration required for all training & workshops.

### Family Welcome Program

All branches invited, Nov. 3, 10 a.m.-1 p.m. (Free lunch). St. Joseph's Hall (Bldg 333) next to clinic.

Resume Workshops Service Members: Oct. 6, 13, 20; Family Members: Oct. 1, 15

Building Effective Anger Management Skills (BEAMS): Fridays, 9 a.m. - 11 a.m.

2009 Benefits Delivery at Discharge (BDD) Schedule: Oct. 14; Nov. 4; Dec. 2

2009 Transition Assistance Program (TAP) Schedule Retirees: Oct. 27-30, Dec. 8-11; Separates: Nov. 17-20

Ombudsman / Khaki Meeting Oct. 26 (5:30 P.M.) - Topic: Command Issues

## On-base housing still available

While wait times for housing normally range from three to 12 months or more, PPV Housing at NAS Corpus Christi presently has vacancies in all bedroom sizes.

Active-duty service members with families have priority, but single service members are also considered eligible.

Rents are based on the service member's BAH at the With-Dependent rate, and include a pre-determined Utility Allowance.

A Fair Market Rent has been established for single personnel and includes a similar Utility Allowance.

Rent specials and discounts may be offered by the PPV Leasing Office for certain styles of units.

All units have a single-car garage with storage area, fenced backyard, central air/heat, washer/dryer connections, and come with a frost-free refrigerator w/icemaker, range, dishwasher, and microwave oven (in most units).

George Herbert Walker  
**BUSH**  
FAMILY HOUSING

Application packages can be submitted to the Navy Housing Office at Bldg 3600, corner of Dimmit and E Streets, Monday through Friday, between the hours of 7:30 a.m. to 4 p.m.

Packages should include a completed DD1746 Application for Housing, a copy of the active-duty member's orders to the local area, and a document certifying the member's dependents (i.e., Page 2/Record of Emergency Data, etc.).

For more information, contact the Navy Housing Office at 961-3337.

DOD civilians interested in living on-base in PPV Housing may contact the South Texas Military Housing office at 937-0190 for eligibility and general information.

## MWR Guest Card Program

### Introducing the MWR Guest Card Program:

Do you know of a friend, neighbor, or relative wanting to come aboard NASCC to use the Corpus Christi Bay Club, Gulf Winds Golf Course, Outdoor Recreation and Rentals/Marina, Shields Park/Paradise Cove RV Park and/or Combat City Paintball Range?

As part of our continuing partnership with the City of Corpus Christi, NASCC now offers the public access through the MWR Guest Card Program to these select recreational facilities.

### Here is how it works!

#### Eligibility:

Any Individuals who meet the criminal history check and requirements. Minors 16 years of age and under must be accompanied by an adult MWR Guest Card holder at all times.

#### Costs:

The MWR Guest Card costs \$20 per year; \$10 for children 16 years of age and under and is valid for one year from the date of issuance.

#### How to apply:

It's Simple to apply for the MWR Guest Card!

Visit the Pass and Decal Office aboard NASCC between the hours of 8 a.m. - 4 p.m., Monday through Friday, complete the application and pay the MWR Guest Card fee.

Application can also be printed or e-mailed online at <https://www.cnic.navy.mil/CorpusChristi>.

Criminal history check will be conducted and takes approximately five days to complete.

Once approved, each applicant will be notified by phone and asked to come to the Pass and Decal Office to be issued their picture ID card, and MWR Guest Card Sticker that will allow them access into NASCC to visit the eligible facilities.

MWR Guest Card and MWR Guest Card Sticker will be valid for a period of one year.

*If you have further questions, regarding the MWR Guest Card Program, please call (361) 961-3961.*



**Anna C. Ashley, DDS, PA**  
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the fact the Navy presence is smaller this year.)

As in 2008, the area CFC goal is \$800,000.

"But we should exceed that and stay in the \$1 million club," Beckman said. "Once you get in the Million Dollar Club, you don't step back.

"CCAD's goal right now is sitting at \$300,000 of that \$800,000. But my actual goal is \$600,000."

The inter-service rivalry is for a good cause: Raising as much money as possible for the more than 3,600 charitable organizations approved as CFC beneficiaries.

The Coastal Bend Area CFC, which includes 12 counties, has consistently exceeded their fund-raising goal over the last decade, said Chaves, CFC director for the area.

With economic troubles and unemployment high, people may find themselves less ready to donate to charities, Beckman said. But at the same, charities those dependant on them need help more than ever.

"Our country needs our help at this time," he said.

Money given to CFC helps fight diseases, provide emergency relief to victims of disasters and helps in ways most people don't even recognize.

"Everyone in this room has probably been helped in one way or another by these charities," Beckman said.

Last year, Beckman issued his challenge to the Navy, saying, "I will never lose to a Squid."

An overwhelming success, the 2008 campaign blew through its goal of \$800,000 and raised \$1,030,799 – making it one of only 35 CFC programs worldwide to exceed \$1 million, said Dave Geisbush, executive director of Community Health Charities Texas and local CFC campaign manager.

Of that, CCAD raised \$476,059 and had 95 "Leadership Eagles," people who contributed \$1,000 or more.

"We will hit over 100 Eagles this year," Beckman promised.

The simplest donation is through payroll deductions. And your donations can be directed to the specific charity or charities you prefer, right on the payroll deduction form.

The 2009 CFC campaign runs for six weeks, from Sept. 21 through Nov. 2.



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**Dave Geisbush and Capt. James Crabbe with the National Performance Award presented to the 2008 Coastal Bend Area CFC.**

# Navy League of the United States - Corpus Christi Council

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NEWSLETTER OF THE CORPUS CHRISTI COUNCIL, NAVY LEAGUE OF THE UNITED STATES

September 2009 ISSUE



USS CITY OF CORPUS CHRISTI (SSN 705)

## RULES FOR MWR ACCESS

NLUS members may apply for a MWR Access Card with picture. The expiration date will be equal to the expiration of their Navy League Card/ not longer than 3 years.

To simplify the process, NLUS members may email 1) NAME - 2) Date of Birth 3) Driver's License Card Number / State to [CorpusNavyLeague@aol.com](mailto:CorpusNavyLeague@aol.com). This will be forwarded to Base Security and back to you with your NLUS Member Number. After 3 days - check at Pass and Tag / Flour Bluff Gate - to see if your card has been approved. Be prepared to show your Drivers License, current proof of insurance, and registration.

*This card is not needed by Military Dependents/ Retirees who already have an issued Military ID Card.*



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