

WINGSPAN



Vol. 16, No. 20

Naval Air Station Corpus Christi, Texas

October 7, 2010



**Navy Birthday
October 13**

**Navy Ball
October 23**



**Commissary Director
Velma Siler**

page 4



Ombudsmen Honored
page 3

Construction in eight phases; traffic will be reduced from four lanes to two Ocean Drive to be rebuilt from the ground up

Story and photo by Rod Hafemeister

Travel along Ocean Drive is about to get more complicated, but the result will be an improved road that should last for decades, officials say.

Naval Facilities Engineering Command Southeast and Naval Air Station Corpus Christi have awarded a \$7 million contract for base-wide road improvements, including complete reconstruction of Ocean Drive from the vicinity of the guard station out to the RV Park and on through Dimmit Road.

“Work could start as early as late October and we expect it will take about a year to complete,” said Lt. Cmdr. Craig Clutts, NASCC Public Works Officer.

“The work will be in eight phases, starting at the guard shack. The gate won’t be closed, but the road will be restricted to two lanes while the work is done.

“Access to Corpus Christi Army Depot, the Sierra taxiway and adjacent areas won’t be shut down, but traffic will be affected. We’re asking everyone to pay special attention to traffic signs and instructions as the project



Drivers may want to rethink their commute when Ocean Drive construction begins.

progresses.”

The Ocean Drive project is divided into four stretches, with two phases for each stretch: Gate to First Street, First Street to Lexington Boulevard, Lexington to RV Drive, and RV Drive out to the tip of Dimmit.

Phase I will involve two lanes between the Gate and First; Phase II will rebuild the other two lanes – and so on down the street.

“It’s a complete rip-out, down to the dirt,” Clutts said. “It will include new storm sewers, a new base and new pavement, new safety markings.

“It will resolve drainage and flooding concerns and should give us decades of life; we estimate the sewers should be good for 50 years or more and the roadway for 15 to 20 years with minimal maintenance.”

A separate rebuild, involving the streets around the Military Working Dog Kennel and the Fire Training Site, also is included in the contract.

That construction is expected to have little impact on most drivers.

But it will fix potholes and create a safer access to both facilities and to the new motorcycle safety training course constructed nearby.

Road work continued on page 5

Combined Federal Campaign sets \$1 million-plus goal

by Rod Hafemeister

CCAD’s former sergeant major is now retired, but Corpus Christi Army Depot kicked off the 2010 Combined Federal Campaign with another challenge.

“So far, before the kickoff, we have 27 Eagles from CCAD; 27 people who have already filled out the paperwork,” said Col. Christopher Carlile, commanding officer of CCAD, said at the Sept. 28 CFC Kickoff Luncheon.

Eagle donors are those who have pledged \$1,000 or more.

“That said, this is not a competition – there’s no reason to compete about anything,” Carlile said. “All I’m asking you to do is give what you can. If you have a job, you’ve been blessed; you need

to thank God that you have a job in today’s economy.”

But pointing out that the best way to prepare for kicking a 50-yard field goal is to practice kicking a 60-yard one, Carlile said CCAD is going to work to beat last year’s total of \$603,789.

“Although our official goal for CCAD is \$600,000, we’re actually going for a million,” he said.

CCAD annually dominates the campaign, with a workforce that includes close to half the federal employees in the Coastal Bend region.

Retired Sgt. Maj. Charles Beckman also annually threw out a challenge to the other military

CFC continued on page 17



The Wounded Warrior Emergency Support Fund is one of the hundreds of charities that receives money through the Combined Federal Campaign.

Skipper's Column Summer ends with a 'Bash'

by Capt. Randy Pierson



Pierson

This week, it is appropriate to thank our Morale, Welfare and Recreation Employees for a great "End of Summer Bash."

A couple of months ago, our higher headquarters put aside a sizeable grant for NAS Corpus Christi.

Once the money was confirmed, our MWR Team combined their vision and efforts and lashed up an additional "new equipment" grant with

our End of Summer Bash.

What hundreds of military, civilians and their children saw on Saturday was the greatness of a new equipment grant that included paddle boats, kite surfers, and waterborne inflatables.

And that was accentuated by a sizeable entertainment grant bringing entertainers and several events for our enjoyment.

For many MWR employees Saturday began at 5:30 a.m. with set-up for the Bash.

By 2 p.m. the same day, they would be prepared for hundreds of visitors.

Their efforts were key to water trampolines, water slides, mechanical bulls, face painting, Suma Wrestling Gear, Gladiator Sparring equipment.

It was made even more enjoyable by multiple food vendors and three live bands

playing until the 10 p.m. closing.

As the night came to a close, countless people had approached to "ensure" we had plans to do the same next year.

And I saw the same MWR employees working diligently to breakdown their unprecedented amount of land and water equipment, venues, tables and chairs.

For a modest sized department, there was only one way success was captured this past weekend — through teamwork, dedication and a personal determination to show our guests a great time.

I hope those of you who attended could see the effort and accomplishment.

If anyone has ideas for our next time around, please contact Mr. Dave Sullivan, our proud MWR Director, at 961-2267.

Bash photos on page 12

Chaplain's Message Fall: An opportunity to grow

by Lt. Cmdr. Gabriel Mensah, Chaplain

"Summer has come and passed the innocent can never last, wake me up when September ends...."

"As my memory rests but never forgets what I lost, wake me up when September ends...."

"Ring out the bells again like we did when spring began wake me up when September ends...."

These lyrics from Green Day's beautiful album, "Wake Me Up When September Ends," sum up the feelings of most people as we move into the first few weeks of the Fall season.

Finally the long, searing heat of the South Texas summer is over, and we are beginning to experience a cool-down in the temperature, albeit minimal.

The season of fall is wedged between "the season of fun and outdoor activities" — summer, and "the season of dreary, damp and cold" — winter.

The beginning of fall, at least for the folks in the northern states of the United States

and Canada, is absolutely gorgeous, with the change in the colors of leaves.

Having lived in Upstate New York, where I studied theology, and Halifax, Nova Scotia, two assignments ago, I find there is nothing as beautiful and relaxing as going for a stroll in the woods on Sunday afternoons in the fall, just enjoying the beautiful changes in the leaves.

Having said all that, there seems to be a paradox with the season of fall.

The end of the fall season coincides with the falling of leaves, shorter daylight and much colder weather — the precursors of the dreary winter months.

The end of the fall season is also traditionally the beginning of the holiday season. The holiday season, as most of us know, is also a season of anxiety and stress for some people.

Perhaps this year we can all try to have a different perspective in this season of fall.

Instead of looking at it as a season of anxiety and fear, we can instead see

it as a season of change and an opportunity to grow.

Should you find the fall season and the beginning of the holiday season a little overwhelming for you, there is help.

The Fleet and Family Support Center has a cadre of experienced and caring professionals.

Between the FFSC and the Chaplain Department we can assist those who need help to have a normal and enjoyable fall and holiday season.

Just remember the words from the Broadway musical "Annie": "The sun will come out tomorrow....."



Mensah

Editor's Corner

by Rod Hafemeister



Hafemeister

Why would anyone pass up a few hundred or even a few thousand extra dollars?

Apparently, thousands of veterans who have not taken the few minutes to apply for the special retroactive stop loss pay.

Here's the deal: If you are a Service member, a veterans, or the beneficiary of a service member who was involuntarily extended under stop loss between Sept. 11, 2001 and Sept. 30 2009, you are eligible for

\$500 for each month or partial month you were held under stop loss.

For those who don't know what stop loss is — well, you probably weren't under it.

Read the fine print on your service contract and you'll see that not only can the military send you where it needs you, in times of emergency it can hold you beyond your discharge date.

"Stop loss" was used after 9/11 to keep people with critical skills in uniform and fill the demands of two wars.

The 2009 War Supplemental Appropriations Act established the Retroactive Stop Loss Special Pay (RSLSP), providing \$500 for each month/partial month served in stop loss status.

And although about 145,000 people are considered eligible — with an average benefit

of \$3,700 — only about half have applied.

And you have to apply; it's not automatic.

The program was scheduled to expire on Oct. 21, but as part of the temporary appropriations bill passed Sept. 29, Congress extended the deadline to Dec. 3.

Government officials think some veterans either haven't gotten the word or are afraid this is a scheme to put them back in uniform.

It's not — even President Obama has made a video explaining "...this is no gimmick or trick. You worked hard. You earned this money."

So if you even think you are eligible, check out the DoD website:

www.defense.gov/home/features/2010/0710_stoploss/

Don't lose out on the cash

Wingspan

NAS Corpus Christi
"Exceeding Expectations Through Pride In Performance"

Commanding Officer
Capt. R.F. Pierson

Public Affairs Officer
Robert D. Torres
Robert.Torres1@navy.mil

Editor
Rod Hafemeister
rodney.hafemeister@navy.mil

Intern
Julie Moeller
julienasc@gmail.com

Wingspan is an authorized publication for members of the military services, civilian personnel and their families. Its contents do not necessarily reflect the views of the U.S. Government, the Department of Defense, Department of the Navy or the Department of the Army, and do not imply endorsement thereof.

Wingspan is published every other week by D.J. Young Publishing, 145 Naples, Corpus Christi, Texas 78404, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Air Station Corpus Christi, Texas.

The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station, Corpus Christi, Texas. Stories and photos not otherwise attributed are written by the *Wingspan* staff. The address is: Commanding Officer, NAS Corpus Christi, Attn: *Wingspan*, 11001 D St. Suite 143, Corpus Christi, Texas, 78419-5021. All news releases should be sent to the above address.

Please call (361) 961-2674 for deadline information.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Navy, the U.S. Army, Naval Air Station Corpus Christi, or D.J. Young Publishing, of the products and services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

To advertise in *Wingspan*, please call D.J. Young Publishing at (361) 814-0866.

Worship Services

CATHOLIC WORSHIP SERVICE
Base Catholic Chapel
Sunday Mass - 9:00 a.m.
Daily Mass:
Monday - Friday - 11:30 a.m.
Religious Education: Sunday - 9:45 a.m.

PROTESTANT WORSHIP SERVICE
Base Protestant Chapel
Protestant Worship Service:
Sunday - 10 a.m.
Sunday Bible Study - 8:45 a.m.

JEWISH WORSHIP SERVICE
*Temple Beth El (4402 Saratoga Blvd.)
Friday at 7:30 p.m.
(with dinner to follow)
For further information call
Temple Beth El at 857-8181

ISLAMIC WORSHIP SERVICE
Islamic Society of South Texas
(7341 McArdle Rd.)
Jumah Service - 1:30 p.m.
For other worship service times,
call 992-8550

Area Ombudsmen honored: 40 Years of Navy Ombudsmen



Naval Air Station Corpus Christi and Naval Air Station Kingsville held a joint Ombudsman Appreciation Dinner on Sept. 17 at the Corpus Christi Town Club.

This year marks the 40th anniversary of the Navy's Ombudsman Program and each Ombudsman was presented a 40th Anniversary Pin and an Ombudsman coin.

Pictured from left, with their respective commanding officers, are: Rebecca Duncan Cmdr. John Honer, Navy Operational Support Center; Valerie Beckley and Capt. Randy Kelly, Naval Health Clinic Corpus Christi; Ruthanne Neely and Cmdr. Jonathan Lovejoy, Navy Recruiting District San Antonio; Jeri Nix and Capt. Randy Pierson, Naval Air Station Corpus Christi; Leslie Sowles (CO not available), VT27; Laurie Harrison, Capt. Mark McLaughlin and Brie Watson, Naval Air Station Kingsville.

Photo by Jon Gagne, NAS Kingsville PAO

WELLS
FARGO

When it comes to financial solutions you have options



Whether you want to save for the future, secure a personal loan, utilize exclusive online and telephone banking services or enjoy the convenience of our ATMs and local branches, we have a solution for you. Call, click or stop by and talk with a banker.

Flour Bluff • 10201 S. Padre Island Dr. • 361-866-6119

Gulfway • 6000 Airline • 361-886-6440

Southern • 4881 Saratoga • 361-866-6075

Uptown • 615 N. Upper Broadway • 361-866-6566

Western • 13630 FM 624 • 361-866-6015

Kingsville Main • 601 S. 14th Street • 361-593-1020

wellsfargo.com

Together we'll go far



Commissary Director wants the store to be a 'beautiful home'

by Julie Moeller

"When our sailors walk into this Commissary, I want them to feel like they are walking into a nice, clean and welcoming home," Commissary Store Director Velma A. Siler said.

Siler has been the Store Director of the NAS Corpus Christi Commissary since March.

Not only does she have great experience as a former store director on NAS North Island and NAS El Centro, Calif. – she also walked the aisles of the NASCC Commissary as a produce manager seven years ago.

"I knew that a lot of the same people were still here," she said. "I'm very excited to come back because I have great plans for the store and the employees, because they are great people."

The flame that characterizes a new and enthusiastic employee still burns lively in Siler's eyes. Her smile is warm and welcoming, but right underneath is the personality of a hardcore businesswoman.

"When I first got here I took all my managers to the front door and told them: When customers walk in they don't walk in with a tunnel vision. They see everything," Siler said.

"So we need to grab the costumers from the beginning with beautiful displays and full shelves."

Siler and her team started the modernizing process by redecorating the produce department and cleaning up the entire store.

"We also improved our costumer service, which I think works really well," she said.

Siler is all about service. She wants to provide the best possible deals to "our sailors."

"A few weeks ago, I heard through the grapevine that Gatorade 18-packs were on sale in San Antonio," she said. "So I made a call to ask why we didn't get the deal as well. And then we did."

"We should still get the same good sales as the big boys in San Antonio. If they have the sale, I want the sale."

The Commissary has an obligation to support and thank military families, she said. One of her ways to help and make a difference is through outreaches.

"I have had the kids from the daycare center over here for story hour," she said. "A wonderful company let me borrow a grape and a carrot costume. Two of my young ladies from the front-cashiers jumped in, sat down with the kids and did story hour."

"The company also donated a little bag for each child with fruit."

Some of the children from the center were too young to go. This didn't stop Siler from giving them a great time as well.

"The next day we went to the daycare center and my girls were in the costumes and so we did a book-reading to all the youngest children," Siler said.

Siler is still working on improving the Commissary and implementing more



Commissary Director Velma Siler (rear, third from left) and her staff gave children from the CDC a book-reading about a cucumber.

outreaches.

"This November, we are doing our first annual Chili cook-off," Siler said.

She got the idea when she worked in El Centro

"The first prize for the best chili will be a flat screen TV, which right now is locked up in my closet," she said.

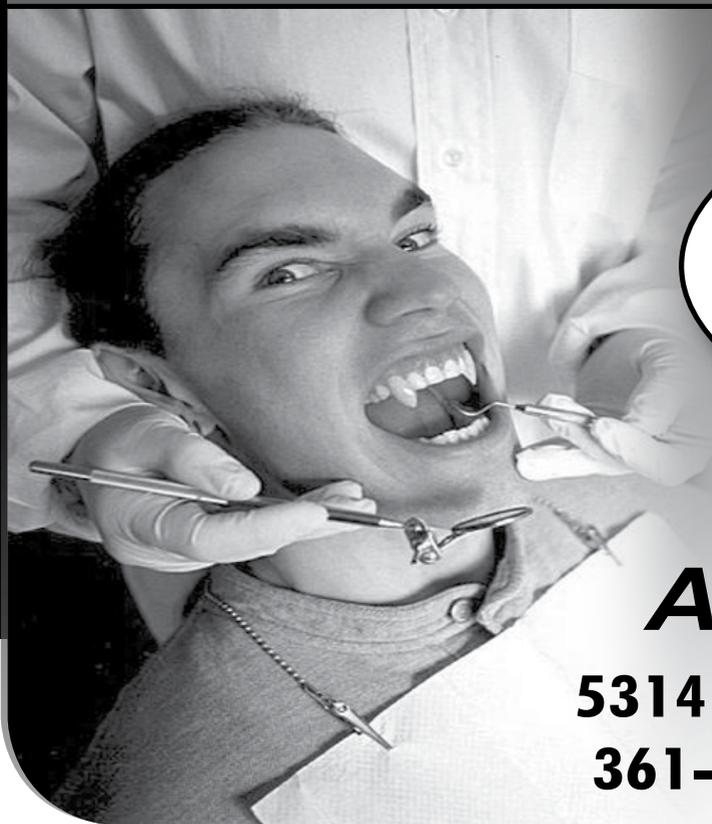
"It's just about having a good time. In El Centro we were up to our fourth annual chili cook-off.

"We will put up a table in the commissary and the contestants will bring it their chili. Judges will be there to decide on the best chili of all the crock pots."

Siler said she the changes already are having an effect.

"Now we have costumers walking in just to see what displays we've put up," she said. "It's all about having fun, providing the best service and showing our appreciation towards our sailors."

CUSTOM "VAMPIRE FANGS"



DON'T MISS THIS SPECIAL!
ONLY \$150⁰⁰

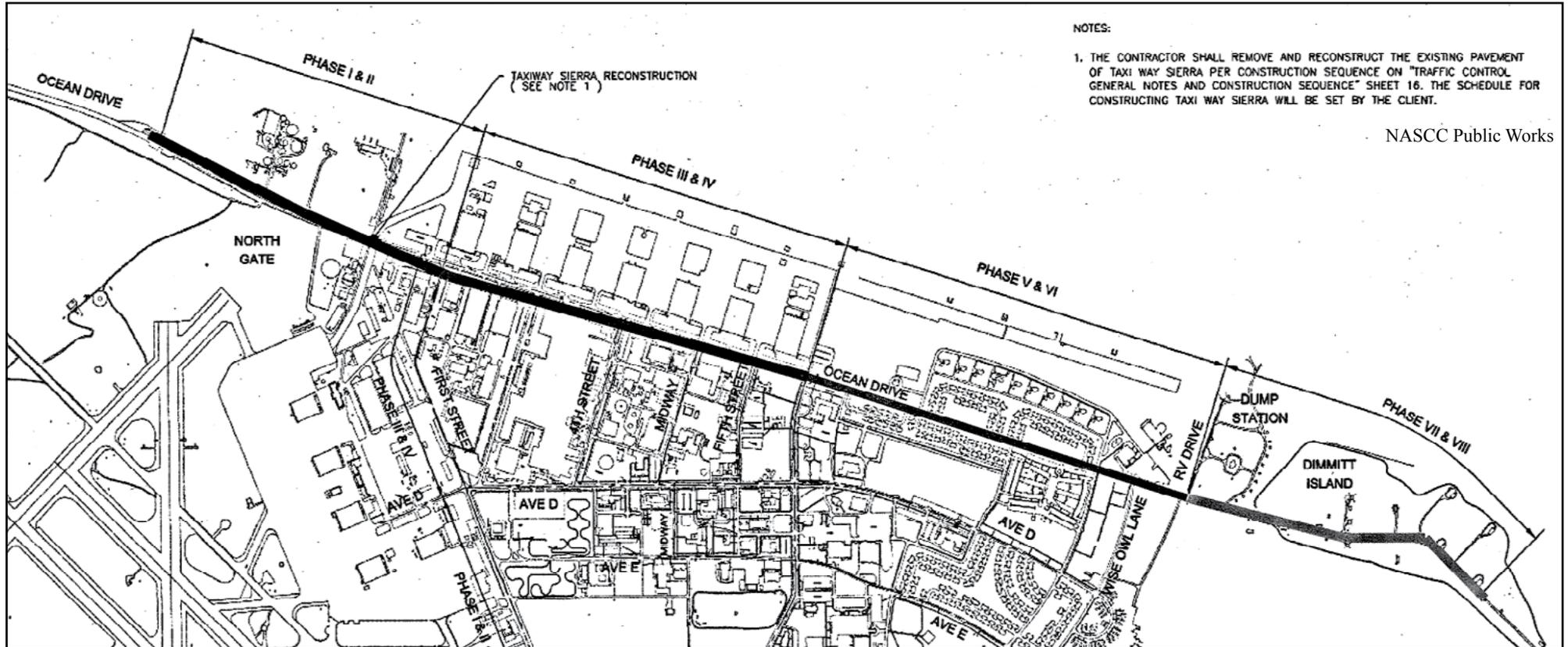
Anna Ashley, DDS, PA

5314 Everhart, Ste A, Corpus Christi, TX 78411

361-991-0102 • www.annaashleyddspa.com

Road work continued from page 1

Ocean Drive rebuild phases



Bay Ltd. of Corpus Christi was awarded the \$6,722,758, firm fixed-price contract on Sept. 17.

Construction will begin once bonding and other documents are filed and the construction safety plan is approved by base officials.

There is an option for additional work, which if exercised will raise the total contract to \$10,408,463.

That work would include: 1) Reconstruction of First Street from Ocean Drive to Lexington, 2) Partial reconstruction

and seal coat for D and E Avenue, 3) Mill and resurface Fourth/Fifth/Midway/Lexington, and 4) Reconstruction of RV Drive.

Changes and updates to the project will be announced as needed, Clutts said.

"This contract is the result of several senior

flag officer, senior enlisted and Congressional visitors in the last two years who have recognized the need for recapitalizing the infrastructure of NASCC," Clutts said.

"Now we're seeing the fruits of those visits."



***It's a new stay
at the Courtyard
by Marriott.***

Three Steps to Business Success



Sleep Well



Work Hard



Relax & Enjoy

It's a new stay at the Courtyard by Marriott

Courtyard by Marriott - Corpus Christi, TX
5133 Flynn Parkway (Exit Weber)

361-808-8400 • www.marriott.com/crpcy



Everything. Right where you need it.®

WE MAKE IT EASY

RESERVE SPACE

Now for your

- Quinceaneras • Weddings • Reunions • Team Meetings
- Training Sessions • Retreats



Hilton Garden Inn

6717 South Padre Island Drive
Corpus Christi, TX 78412

361-991-8200





SAXET GUN SHOW

****The BEST GUN SHOW****

Sat. October 23 9 am - 6 pm
Sun. October 24 9 am - 6 pm

Richard M. Borchard
Regional Fairgrounds
Robstown, Texas
FREE PARKING
On the Corner of Hwy 77 & Hwy 44

www.saxetshows.com

***** Guns *** Knives *** Ammo**
Coins ** Militaria ** Cameras
For more information
call 361-289-2256



October is Sexual Assault Awareness Month

by Mike Domitrz, Founder & Executive Director, The Date Safe Project, Inc.

The realities and misconceptions of Date Rape, Rape, Sexual Assault and the true meanings of Prevention and Awareness!

Date Rape, Rape, Sexual Assault, Prevention, Awareness – which are the right words to use?

The average person often confuses these words; here are simple and basic definitions. Using the wrong word can be extremely damaging to a survivor of sexual assault:

Date Rape: What most people think and/or visualize is a violent and forced sexual encounter during a date where the male physically forces the female to have sexual intercourse against her will.

Reality: “date rape” is a word that is used most often by the media and academia. Very few states have any laws that utilize the words “date rape.”

The correct term for the actions that result in a date rape is a “non-stranger sexual assault” (in most states).

Date rapes can vary from subtle mental manipulation to horrific violence against a dating partner.

Misconceptions: “Date rape” is a poor choice of words because often the situation is not a “date.” The two people could be at a club, a party, at a house, or a variety of different locations that would not be part of a date.

The survivor can know the assailant very well, but not be dating. For this reason, “non-stranger sexual assault” is much more accurate.

Plus, many people can only imagine a “rape” to be committed by a big, ugly psycho. When the assault is committed by an acquaintance, it is harder for the survivor to consider the assailant a rapist — because of that stereotypical image of a rapist.

Rape: What most people think and/or visualize is a very violent crime in which a female has sexual intercourse forced upon her by a rapist. The rapists is usually pictured as a big, ugly, and scary looking stranger and rape is often assumed to happen in parks, alleys, and other “unsafe” locations.

Reality: Like “date rape,” the word “rape” is a word used mainly by academia and the media; “sexual assault” is the proper term for such crimes. Most sexual assaults (80 to 85 percent) occur between two people who know each other.

Just like “date rape,” rapes can vary from subtle mental manipulation to horrific violence against another person.

Misconceptions: By thinking of a rapist as a “big, ugly, and scary looking stranger,” the average person does not think a rape will occur to him/her.

The average person says, “I would never find myself in that type of a situation – especially with a person like that.”

By creating this false and delusional thought process, people let their guard down in “safe” locations (such as your own home, apartment, and/or dorm room). People trust



those individuals who they consider to be “safe” people (boyfriends, classmates, people they know).

Now, a person’s guard is down and so he/she feels comfortable. Thus, this person does not notice the signs of trouble or danger.

Most sexual assaults occur in a place in which you are comfortable and with someone you know.

The false concept that all rapists are “big and ugly” has enabled our society to say “he would never rape someone” about the average guy and/or popular person.

Not only does our culture have a history of not blaming the male, we actually blame the survivor by saying, “She must have asked for it because he would never do that.”

This way of thinking has been one of most damaging components of sexual assaults in America.

By blaming survivors, we make it more difficult for survivors to want to report the crime and/or speak out about the crime.

Consequently, the crime of sexual assault goes tragically under-reported!

FYI: people of all types (genders, sexual orientations, races, socioeconomic categories, etc.) have sexually assaulted other people.

Prevention: The word “prevention” is one of the most widely misused words in educating people about sexual assault. The base word being “prevent” implies that you can prevent all sexual assaults from happening to you.

You can’t! There is no 100 percent way to “prevent” sexual assault.

By using the word “prevention,” many people will assume the survivor “could have prevented the assault if...” – thus placing blame on the survivor for not being able to stop the assault from occurring.

Awareness is the correct word to use.

Awareness: The base word being “aware” defines the concept of sexual assault awareness.

By being more aware, each of us can help ourselves and those around us to see potentially dangerous situations.

Awareness helps us to keep our eyes and ears out for trouble – without assuming we can always “prevent” an attack.

Nevertheless, the more aware each of us is, the less likely an attack can occur.

“Awareness” is a wonderful word for survivors and for everyone else.

Pat Kapitan is the Sexual Assault Response Coordinator (SARC) for NASCC. Please do not be afraid to ask for help. If you would like to report a sexual assault or have a question and/or concern about sexual assault, please call (361) 961-1670.



Earn your degree ONLINE while you serve.

DEGREE PROGRAMS:

- Business Administration
- Business Office Systems and Support: Executive Assistant
- Child Development
- Computer Information Technology: eServer Specialist & Applications Developer
- Computer Information Technology: Personal Computer Support
- Criminal Justice
- Logistics Technology
- Management
- Office Technology: Executive Assistant

Dallas County Community Colleges | ONLINE CAMPUS | military.dcccd.edu | 1-888-468-4268

October also is Domestic Violence Awareness Month

by Cynthia Kelm, F&FSC Counseling and Advocacy Program

The key to stopping Domestic Violence is prevention.

Every couple and every family will struggle from time to time with growing pains.

Military families have a unique lifestyle that, in turn, leads to unique struggles within the family unit.

The Fleet & Family Support Center (FFSC) offers counseling services and classes that address these issues, at no cost to you, so your life in the military will be easier and your life at home will be more enjoyable.

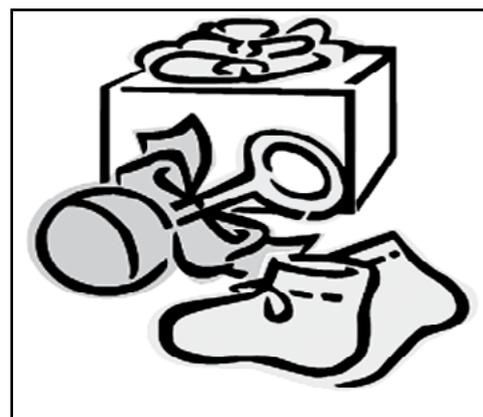
Domestic Violence can be prevented by addressing the issues before they get out of control.

Our FFSC counseling team members are highly trained professionals with an insight into the stressful lifestyle of military families.

If you or someone you know is having problems adjusting to military life or living with verbal or physical abuse, please call 1-866-293-2776 to schedule an appointment.

Your service to our country is greatly appreciated. We thank you for your hard work!

Baby Boot Camp coming in October!



The Navy-Marine Corps Relief Society and Fleet & Family Support Center are partnering in to bring Baby Boot Camp to our service members this month.

Boot Camp will be held Oct. 19 at St Joseph Hall, Bldg. 333, from 9 a.m. to 12:30 p.m.

The program includes a Budgeting for Babies class, a lactation consultation by the Visiting Nurse Program, and a discussion on balancing work and family life, expectation versus reality and other related topics by New Parent Support.

Refreshments will be provided and each family attending will receive a "Baby Sea Bag" with a handmade blanket for your new baby!

Please register through NMCRS at 961-3482 by Oct. 15.

**FOR ALL SHE DOES,
SHE GETS THE CREDIT SHE DESERVES.**

Switch to *cashRewards*—the credit card that gives you cash back on every purchase, every time. There's no limit to the rewards you can earn, and rewards never expire. Start redeeming once you reach a rewards minimum of \$20, and track your rewards balances anytime online and on your monthly statement. Plus, you're protected from unauthorized purchases by Navy Federal's Zero Liability policy. Apply at navyfederal.org or by calling 1-888-842-6328.

NAVY FEDERAL Credit Union

SERVING ARMY MARINE CORPS NAVY AIR FORCE DoD

Federally insured by NCUA. © 2010 Navy Federal NFCU 11510 (9-10)

Money Saving Classified Ads...start page 18

Discover the Heavenly Beauty from Within...
Makeup Artistry by Touch of Heaven

Special Offer:
25% OFF
 New Clients Services
 or a
 Complimentary facial

Military Balls,
 High School Homecomings and Bridal Makeup

Basic Simple Everyday Artistry • Special Occasions • Step-By-Step Lessons

Angela Wilkerson, Freelance Makeup Artist
 By appointment: 253.389.9892
 ajwilkerson0507@gmail.com

Located at NAS-CC Base Housing or will travel to your residence (20 mile radius)

New Test Identifies Underachievement in Children and Teenagers

Yes No

1. ___ Teachers say he or she could do better but just doesn't try.
2. ___ He or she spends more time avoiding homework than doing it.
3. ___ He or she blames everyone and everything for his or her poor grades, but never accepts personal responsibility.
4. ___ Even if an assignment is done it may not get turned in.
5. ___ He or she cannot accept constructive criticism and may become angry or out of control when corrected.
6. ___ Most homework assignments and chores are left unfinished.
7. ___ Although excellent work can be produced with close supervision, he or she fails to work independently.
8. ___ He or she will only work in classes in which he or she likes the teacher's personality.
9. ___ He or she delays doing things when asked and puts off doing homework and major projects until the last minute.
10. ___ He or she claims to have forgotten the assignments and chores that were given.

Five or more "Yes" answers to the screening questions indicate problems which could require professional assessment or counseling. Children with these problems are often underachieving children who are experiencing problems in motivational development. Counseling may help.

Call: Richard L. Ward, LPC, LMFT
Acorn Christian Counseling
For a Free Consultation

361-937-8711
 TriCare Provider • No Referral Required



Welcome to the Eddie Yaklin Military Appreciation Program

Eddie Yaklin Ford, Lincoln, Mercury & Nissan is honored to reward your commitment to our country through our exclusive Military Appreciation Program. This offer provides you with the opportunity to receive a \$500 Bonus Cash Offer good toward the purchase or lease of any eligible new Model Ford or Nissan Car, Truck & SUV PLUS prevailing customer rebates/incentives. Some restrictions apply.

You will be required to present your military identification or other documentation that clearly reflects active or reserve status and dealers are required to retain photo copies in the sales jacket.

For more details call us toll free (800) 419-9592
Visit us at www.eddieyaklin.com
2501 S US Highway 77, Kingsville, TX 78363-3318



October is Energy Awareness Month



Public Works employees put up banners, signs and posters reminding people that October is Energy Awareness Month. Pictured installing the 'You Make It Happen' banner, from left, are Guadalupe Jaimes, John Garcia, Shawn Farwell, Robert Canales and Martin Silva.

Public Works photo

October is Energy Awareness Month, and the Naval Air Station Corpus Christi Public Works Department is sponsoring two awareness campaigns.

Tuesdays are "Bring Lunch to Work" days:

Bag your lunch and save a bunch! Every Tuesday, bring your lunch to work to reduce fuel consumption.

Thursday's are "Lunch Lights Out" days:

Add atmosphere to your Lunch! Every Thursday, turn off lights and office equipment to the extent feasible during lunch to reduce electrical consumption.

If everyone does their part, we can "knock the lights out" for energy Awareness Month.

Fast Kat

AUTOMOTIVE REPAIR

10%
Discount
with
DoD ID

- Foreign and Domestic
- Complete Diagnostics \ Tune-Ups
- A/C and Free Brake Check

Get Peace of Mind at (361) 937-5115

www.fast-kat.com 9825 SPID Corpus Christi, TX 78418

the Animal Hospital

of Padre Island

Get Compassionate & Professional Care For Your Pet!

- Full-Service Hospital
- Grooming \ Boarding
- Surgery and Dental
- Drop-Offs Welcome

361-949-8200

14802 Compass Corpus Christi, TX 78418

Hours of Operation

Monday
7:30 am to 8:00pm

Tuesday - Friday
7:30 am to 6:00pm

***Sunday**
3:00 pm to 5:00pm

*for boarding pickup ONLY

10%
Discount
with
DoD ID
Recommended Service

'Strength through Energy Security'

by Sue Brink, NAVFAC Southeast Public Affairs

During October, the Department of the Navy (DON) is participating in National Energy Awareness month.

This year's DON theme is "Strength through Energy Security."

Enhancing energy security makes the Navy and Marine Corps operationally stronger and is attained through energy efficiency and increased use of alternative energy sources.

Every Sailor, Marine, and Civilian is responsible for managing energy as a critical resource, which means considering energy in every action taken and decision made.

As the U.S. government is working to reduce energy consumption and lead the Nation toward energy independence, the Secretary of the Navy (SECNAV) has outlined five energy goals.

These goals seek to enhance and better enable our combat capabilities, sustain the environment for future generations, and promote a clean energy economy.

SECNAV Energy Goals

- **Energy Efficient Acquisition:** Evaluation of energy factors will be mandatory when awarding contracts for systems and buildings.

- **Sail the "Great Green Fleet":** DON will demonstrate a Green Strike Group in local operations by 2012 and sail it by 2016.
- **Reduce Non-Tactical Petroleum Use:** By 2015, DON will reduce petroleum use in the commercial vehicle fleet by 50 percent.
- **Increase Alternative Energy Ashore:** By 2020, DON will produce at least 50 percent of shore-based energy requirements from alternative sources; 50 percent of DON installations will be net-zero.
- **Increase Alternative Energy Use DON-Wide:** By 2020, 50 percent of total DON energy consumption will come from alternative sources.
- **Saving energy takes everyone's effort.** We all must change the way we act and behave.

What are you doing to conserve energy?

Please be watchful for information that will be shared with you over the next month and see what you can do to change the way you behave.

A brief video on Myths and Facts can be found on our public portal at https://portal.navfac.navy.mil/portal/page/portal/navfac/navfac_ww_pp/navfac_southeast_pp/news/myths%20and%20facts.mov.



**Military homes are just different.
So is the way we find, finance and insure them.**



Home Circle™

Go to homecircle.com

Home Circle™ is a brand new way to help you find, finance and insure your dream home, all from your computer or iPhone®. Whether you're buying or renting, Home Circle features one of the most comprehensive listing sources anywhere. If you want to sell your house, our tools can help you there too. Save time and money at homecircle.com or by calling 800-531-HOME (4663).

It's easy. It's free.¹ And it's USAA.

Go to homecircle.com



We know what it means to serve®

Investments/Insurance: Not FDIC Insured - Not Bank Issued, Guaranteed or Underwritten - May Lose Value

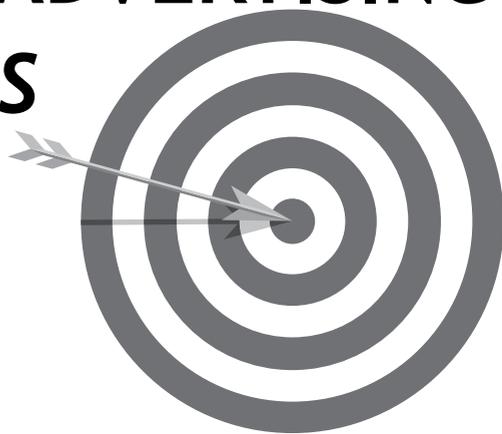
¹Participation in the Home Circle program is free. The products available through the program have associated costs and fees.

Home Circle™ is a program provided by United Services Automobile Association. Availability, eligibility restrictions and fees may apply to certain banking, insurance or ancillary products. Property and casualty insurance provided by United Services Automobile Association, and its affiliate property and casualty insurance companies, is available only to persons eligible for P&C group membership. Loans subject to credit and property approval. Bank products provided by USAA Federal Savings Bank, Member FDIC. Purchase of a bank product does not establish eligibility for or membership in USAA property and casualty insurance companies. Equal Housing Lender. Some products provided through Home Circle are provided, directly or indirectly, by third-party providers. Each company or provider has sole liability for its own products. iPhone is a registered trademark of Apple, Inc.

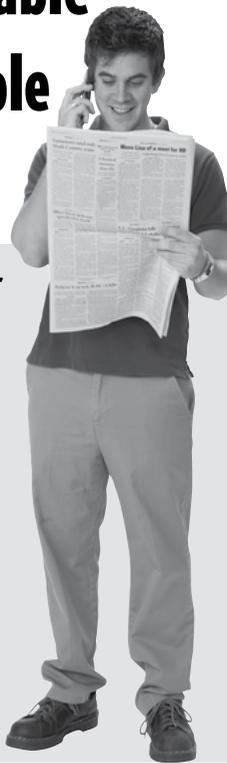
© 2010 USAA. 121282-0810



TARGETED ADVERTISING that WORKS for your Business!



- ## Print Advertising
- Reaches More People
 - More Often
 - Highly Portable
 - Highly Visible



When it comes to spending your **ADVERTISING DOLLARS**, make the choice that's tried and true: print advertising works harder for you!

call **Chris 361-238-4188** for rates and information
www.djyoungpublishing.com

Flu Season is right around the corner- Are you prepared?

by Fred Thomas, NASCC Emergency Manager

Now that the first cold front has passed through the Coastal Bend and Hurricane Season is almost over, it's time to get prepared for Flu Season.

Each year people tell me (some bragging) that they won't get the flu vaccine.

But influenza can cause a mild to severe illness lasting several days – and at times can lead to death.

Some people, such as the elderly, children under 5 and people with special health conditions are at high risk for serious flu complications.

The best way to prevent the flu is by getting **vaccinated** each year.

I really think that getting vaccinated is worth the 20 minutes and a little discomfort it will take for you and your loved ones to be fully protected.

In 2009, a new and very different flu virus (called the H1N1 or Swine Flu) spread worldwide, causing the first flu pandemic in more than 40 years.

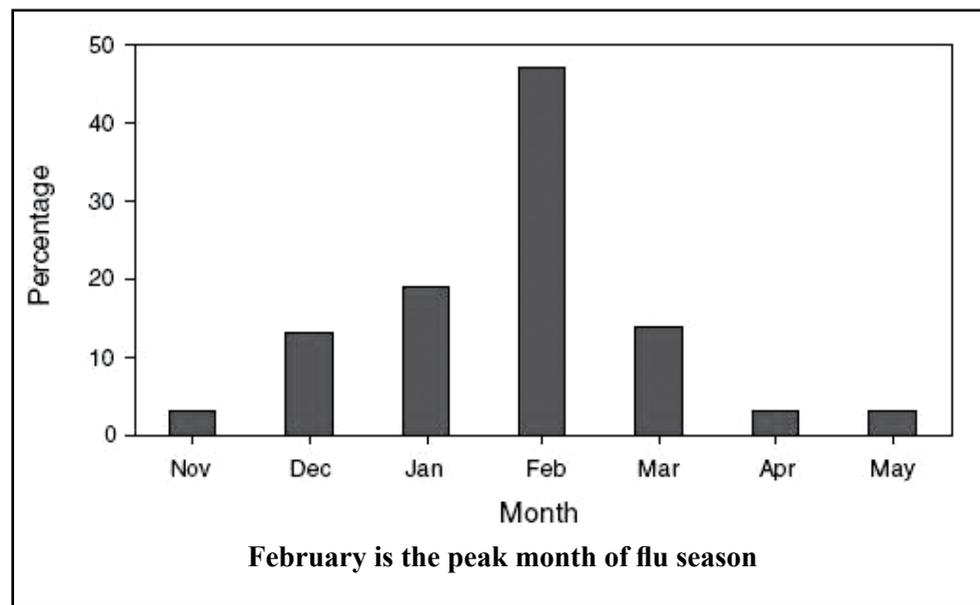
last throughout the flu season.

Good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu.

There also are flu antiviral drugs that can be used to treat and prevent the flu but you must see your Primary Care Manager for a prescription.

Here are six approaches that you can practice to reduce the chances of contracting the flu:

- Avoid close contact. Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- Stay home when you are sick. If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Cover your mouth and nose.



We do expect that the H1N1 will cause illness again along with other influenza viruses.

The good news is that the 2010-2011 flu vaccine will protect against H1N1 and two other influenza viruses.

The **single best way to prevent seasonal flu is to get vaccinated** each year.

The Center for Disease Control and Prevention (CDC) is recommending that a yearly flu vaccine for everyone over 6 months old is most effective step in protecting against and preventing the spread of the flu.

(The exception is for certain people who have special medical conditions or allergies that prevent them from getting the vaccine.)

The vaccine is available in many locations and offered at the Naval Health Clinic (NHCCC) for Active Duty military; their dependents can get the vaccination through NHCCC's Immunization Clinic.

By getting the vaccination early you and your family can have the protection that will

Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

- Clean your hands. Washing your hands often will help protect you from germs.
- Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Much information is available on the Center for Disease Control and Prevention's "Emergency Preparedness and Response" website at: www.cdc.gov.

Keep the kids healthy in school

by Jeri Nix, NASCC Command Ombudsman

As the 2010-2011 school year gets into full swing, guess what... so are the GERMS!!

We live in germ-phobic times and it is almost impossible to keep our kids clean at all times.

Teaching and enforcing good hygiene habits is the key to keeping them healthy.

Keeping kids in the classroom rather than home sick is easier said than done, especially with flu and cold season just around the corner.

Some tips that may help you help those kiddos stay healthy this season:

- Encourage your kids to drink plenty of water. This is two-fold; it's a healthy alternative plus it allows for more trips to the potty and more opportunities to wash those hands.
- Pack a small bottle of hand sanitizer in their lunchbox, this way they can wash before and after they eat.
- Send baby wipes in their backpacks or to store in their lockers to keep clean throughout the day.
- When they return home and get off the bus, teach them to go directly to the bathroom and wash with hot soapy water. This will allow the germs from school to be washed away.
- Teach your kids to cough and sneeze into their elbow and keep their hands away from their eyes, nose and mouth.
- Teach your kids sharing is great, but not the sharing of germs – keep their lip balms and drinks to themselves.
- Eat healthy. Keep fruits and veggies visible around the house. Keep sugary snacks and sodas out of sight and mind.
- Finally, get the kids to bed early so you have quiet time and they get the rest they need.

If your child does get sick... it's ok.

You're still a great parent, just make sure you keep them home, so they don't infect other kiddos.

For fun games and activities to help teach your children healthy hygiene habits visit the one of the CDC websites:

www.oopkids.com/clean_hands.html

Our NASCC Health Clinic has awesome doctors who want to keep us all healthy.

Call 1-877-628-9633 (1-877-NAVYMED) for an appointment, Mon – Friday, 7 a.m -5 p.m.

If you need a doctor after hours, before making a trip to the ER call 961-6000, tell duty personnel you need to talk to the doctor on call.

One will call you to find out if you need to be seen at an ER or urgent care, if there is an over-the-counter medicine that will work or if you need to make an appointment in the clinic the next day.

Let's all do what we can to make this a healthy school year for our kiddos.

Inventory Overstock Sell-Off!

New Truckloads Have Arrived! Must SELL! Save Now! Budget Terms!



Sofa

SAVE!
\$102

New Comfort!

\$296.92

The first thing you'll feel when you sit down is the tall back to support your head, neck and back! The next thing you'll feel is the deep seating and rolled foam arm rest. We topped it off with baseball stitching and extra clean lines. It's the next generation in seating for the next generation!



Headboard, Footboard and Rails

SAVE!
23%

Easy Platform Sleep!

Simple beauty, a padded headboard with a leather look and a bed that's easy to roll into and out of! It's so easy to drop into a great platform bed after a long day of work or play. This group offers a gentle curve on the drawer fronts, pewter hardware and a generous mirror to top off its functionality! Now at a price that's easy on the budget!

\$307.29



Table and Four Chairs

SAVE!
\$152

Home Gathering!

Enjoy contemporary lines, timeless looks with slatted backs and Queen Anne curves. We've added comfortable seating for six with a leaf that extends the table to a full 78" long! This set is perfect for those homes with smaller dining areas and others with larger kitchens but no formal dining! A great finish and a great look at a low price!

\$598.47

FREE



12pc Stainless Steel Cookware Set With Any Dining Room Purchase Over \$499!

EASY CLEAN! SAVE ENERGY!

SAVE!
\$99



WASHER; Super Capacity • 3.2 CU. FT. • 8 Cycle • 3 Water Levels
DRYER; Save Energy! • Large Door • 3 TEMPS • Auto Dry Setting

WASHER AND DRYER
\$599.88



SAVE!
51%

Chaise Rocker Recliner

- Tremendous Value!
- Lifetime warranty on mechanism, frame and foam!
- Generous padded back that supports lower and upper back!

\$246.69

5858 SPID @SUNRISE MALL CORPUS CHRISTI 361.991.1120 Mon-Fri 10a-8p; Sat 9a-7p
9602 Upriver Road CORPUS CHRISTI 361.241.4211 Mon-Fri 10a-8p; Sat 9a-7p
2021 S. Brahma Near High School Kingsville 361.592.8534 Mon-Fri 10a-8p; Sat 9a-7p
www.wilcoxfurniture.com



END OF SUMMER BASH - October 2

C
M
Y
K



NASCC MWR threw an End of Summer Bash on Sunfish Beach Oct. 2. A special grant allowed them to acquire inflatable toys for the water and other entertainment, such as 'sumo wrestler' suits, a climbing wall and pugil sticks. Three bands and food products rounded out the day and evening.

Photos by Julie Moeller



AWARDS and ACHIEVEMENTS

Heroes of the windstorm



NASCC emergency personnel were presented CNIC Fire & Emergency Services Life Saving Awards at the Sept. 22 awards ceremony for their efforts rescuing people trapped in their RVs during the June 2-3 windstorm. Pictured, from left: Fire Chief John Morris, awardees Captain/EMT Danny McElroy, Firefighter/EMT Michael Torres, Engineer/EMT Jeremy Massey, Lieutenant/EMT Shaun Lemon, Firefighter/EMT Jonathen Relkin, Lieutenant/Paramedic Art Garza, Firefighter/EMT Jeff Frawley, and Captain/EMT Jeff Hammond, and NASCC Commanding Officer Capt. Randy Pierson.

Photo by Rod Hafemeister

NASCC Civilians of the Quarter

Naval Air Station Corpus Christi recognized its two Civilians of the Quarter for Second Quarter 2010 at the Sept. 22 Awards. (top) Patricia Q. Kapitan of the Fleet and Family Support Center, receives the Senior Civilian of the Quarter award from Capt. Randy Pierson. (bottom) Charles Gillum of the Security Department is joined by his wife as he receives his award as Civilian of the Quarter.

Photos by Rod Hafemeister

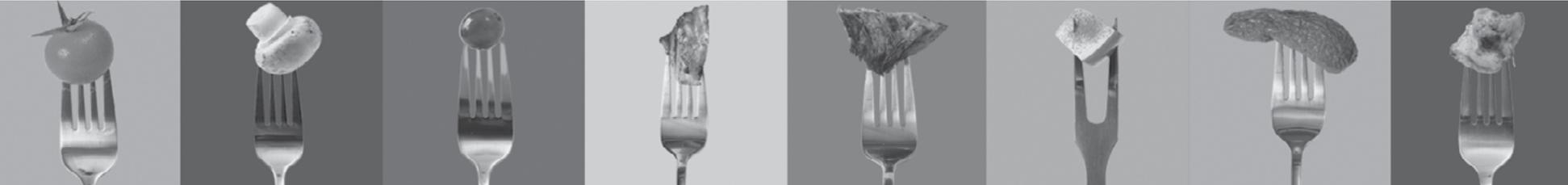


Pouget promoted to Captain



Capt. Mae M. Pouget, Medical Corps, who was promoted from commander on Sept. 1, poses with her 90-year-old mom following her advancement at Naval Health Clinic Corpus Christi. Pouget has been the director, Health Services since reporting to the clinic from Naval Hospital Beaufort, S.C., in November 2009. She was commissioned in 1995 after graduating from Virginia Commonwealth University School of Medicine.

Photo by Bill Love, NHCCC PAO



BEST BITES DINING GUIDE

BLOODY Bug Juice



24 ounces frozen strawberries -- thawed
6 ounces lemonade, frozen concentrate -- thawed
1 quart ginger ale
1 cup raisins
1 cup blueberries -- fresh or frozen

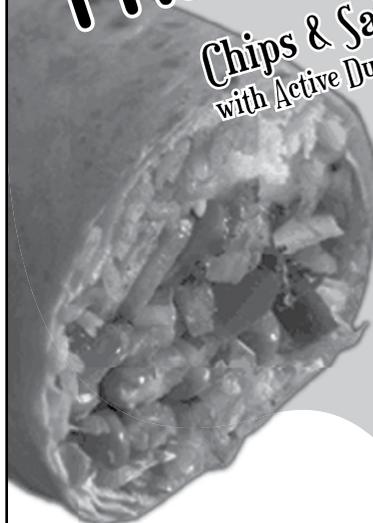
Place the strawberries in a bowl and mash with a fork. In a large pitcher, mix the strawberry mash, lemonade and ginger ale. Place handfuls of raisins and blueberries (bugs) into tall glasses. Pour the liquid over the bugs, then sit back and watch the bugs and scum rise to the top of each glass.

For a party, double or triple this recipe and serve in a punch bowl. Drape some gummy worms over the rim of your bowl for a particularly swampy-looking effect!

FREE!
WORLD BURRITO.

FREE

Chips & Salsa
with Active Duty I.D.



Freebirds World Burrito
Moore Plaza

5424 South Padre Island Drive, Corpus Christi

Phone: 361-906-0970

Fax: 361-906-0970

Monday - Thursday 11:00 am - 10:00 pm

Friday - Saturday 11:00 am - 10:30 pm

Sunday 11:00 am - 9:00 pm

www.freebirds.com



Happy Hours
3 p.m. to 7 p.m.

**Breakfast
Lunch
Dinner**



Dine In or Carry Out
Drive thru available
(around the back)

**La Palma
Mexican Restaurant**

9929 S.P.I.D., Suite 111
Exit Frontage Road • Flour Bluff

361-937-3333

Open Daily 5:00 a.m. to 10:00 p.m.



TASTE-TEST SPECIAL
ONE MEDIUM
ONE-TOPPING PIZZA
ONLY \$8.99

Dine in or Carry Out
Ask about our Military Special
Bring in or mention ad. Expires 12/31/10.



14493 S.P.I.D.

949-0787

FREE Delivery on the Island

Daily: 11 am to 10 pm

SAXET GUN SHOW

****The BEST GUN SHOW****

Sat. October 23 9 am - 6 pm

Sun. October 24 9 am - 6 pm

Richard M. Borchard

Regional Fairgrounds

Robstown, Texas

FREE PARKING

On the Corner of Hwy 77 & Hwy 44

www.saxetshows.com

*** Guns *** Knives *** Ammo

Coins ** Militaria ** Cameras

For more information

call 361-289-2256



**ISLAND ITALIAN
RESTAURANT**

Specializing in Fine Italian Cuisine

Proudly serving Padre Island

and our military for 23 years!

Daily Lunch and Dinner Specials

Live Music - Thur-Sat

Free Delivery on Padre
Island after 5pm

Mon-Thur 11-9:30

Fri-Sat 11-10

Sun 5-9:30



15370 S. Padre Island Dr.
(Just past Whitecap Blvd.)

361-949-7737



Dining • Entertainment • Events



BEST BITES DINING GUIDE

What's Happening

by Tina Konwerski

3rd Annual Spook 'N Splash

The Corpus Christi Parks & Recreation Department invites everyone to come to its 3rd Annual Spook 'N Splash on Friday, October 8 from 7pm-10pm at the Corpus Christi Natatorium, 3202 Cabaniss Parkway! Join us for all the creepiness that will include the haunted maze, arts & crafts, pumpkin seed spitting contest and "Sleepy Hollow" bowling with the headless horseman's "head," a costume contest, a classic Halloween cartoon movie, and of course, open swim time! Admission is \$4 per person. Enjoy our fun and ghoulish concession food and drinks to be offered, like Popped-Brains Corn, Spider Web Cotton Candy, and Vampire Blood. Don't forget your costume and swim suit! There will be lots of fun for family and friends. For more information, call 361-826-3460 from 9am-5pm, or 361-878-2337 from 5pm-8pm, Monday-Friday, or visit www.ccparkandrec.com (click "What's Happening").

FAMILY FALL FESTIVAL

Saturday, October 9

11:00AM-3:00PM

Central Christian Church, 6301 Weber Road, Corpus Christi - accepting cash donations and canned goods for the Corpus Christi Food Bank. Free hamburgers -hot dogs snow cones - clowns - live music - CC Fire Department Safety Trailer - Mcgruff - CC Police Department-Free Vin Etching.



Pumpkins are coming back to the Island in October

Island in the Son United Methodist Church, 15602 Hwy 361, Corpus Christi will hold its annual Pumpkin

Patch starting on October 13. Pumpkins of all sizes will be available everyday until October 31, 2010. Come by and pick out the perfect pumpkin for your Halloween jack-o-lantern. Call 361-749-0884 for more information.

What's Happening continued on page 17

A cutabove the rest



As an old-fashioned butcher shop, we specialize in customer service with the finest selection of meats. Smoked and fresh sausages made here.

T. M Moody's Quality Meats

4703 S. Alameda at Airline
(Meadowbrook Shopping Center)

Corpus Christi

Hours: Mon.-Fri. 8:30-6:30

Sat. 8:00-6:00

Closed Sunday

SPECIAL ORDERS CALL

361-992-6512

TUESDAY IS MILITARY APPRECIATION DAY

Dine In, Carry Out or Delivery. We can't wait to serve you!

(Delivery not valid on Military Appreciation Day. Valid DoD I.D. required at time of order)



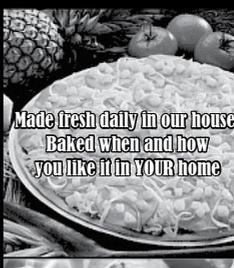
PIZZA STATE

6133 Ennis Joslin Road (Corner of Ennis Joslin & Ocean Dr.)

361-993-3283 • www.PizzaState.com

Sun - Thurs 11 am to 10 pm • Fri & Sat 11 am to 11 pm

Fresh From YOUR Oven



Made fresh daily in our house. Baked when and how you like it in YOUR home

5017 Saratoga Blvd. Between Staples & Everhart in Regal Plaza

361-992-7272 (Papa)

Papa Murphy's TAKE 'N BAKE PIZZA

Handmade... Homebaked...

Voted America's Best Pizza Chain 7 years in a row

15% Military Discount on regular price items with I.D.

4020 Weber Road Hamlin Shopping Center at Staples & Weber

361-808-7272 (Papa)

Phone ahead! WWW.PAPAMURPHYS.COM

Advertise your restaurant or event here...



call Chris for

Advertising

Rates & Information

361-238-4188

djyoungpublishing@yahoo.com

EST. 1949

HOWARD'S

FARMHOUSE BBQ & CATERING

"Best Dang Bar-B-Q In Texas!"

HOURS:
11 - 3 - Monday - Saturday

1002 ANTELOPE - 882-1200

ALSO VISIT US AT:
AMERICAN BANK CENTER AND WHATABURGER FIELD



BEST BITES DINING GUIDE

We Salute You!



FALL HOURS

OPEN DAILY at 11AM
Sun. - Thurs. till 9:00 PM
Fri. & Sat. till 10:00 PM

5 LUNCH MENU ITEMS FOR \$5.99 EA
MONDAY - FRIDAY

- Full Service Restaurant & Bar
- Open Air Dining, Ideal During Fall Season
- Beautiful View of Sunsets From Our Deck
- Call Us to Book Your HOLIDAY PARTY at Doc's
- LIVE MUSIC EVERY FRI. & SAT.
NIGHT 6:30-9:30pm
- Downstairs Patio Great for
Large Parties & Events
- Carry Out Available • WiFi

\$2 16oz. MARGARITAS Weekdays
\$2 WELL DRINKS 11am-5pm

361-949-6744

Located on the Intracoastal
Under the JFK Bridge
13309 S. Padre Island Dr.

www.docsseafoodandsteaks.com

All for only \$1 minimum donation per person!!

3rd Annual Grande Communications Pumpkin Patch Festival

Wednesday, October 20th
5:00 p.m.-8:00 p.m.
6441 Saratoga Blvd.

Bring the family out to pick out a pumpkin and enjoy several activities, food, refreshments and live music.

HER Coca-Cola M&M's Dunkin' Donuts eBaf SportClips

All proceeds go to CASA of the Coastal Bend

What's Happening continued

Check out the Burning Bush website at www.burningbushconcerts.com. Please join us as... PARKWAY CONCERT SERIES AND THE BURNING BUSH COFFEEHOUSE presents Eben Wood and Taylor Pie MONDAY, OCTOBER 11, 7:30 p.m. in the Sanctuary.

HALO-FLIGHT, INC OCTOBER 16

The Texas Coastal Bend Bellydance Association annual charity event will benefit HALO- Flight, Inc. Doors will open at 6:30 pm, performance starts at 7:00 pm at The Arboretum Ballroom & Courtyard, 5626 Wooldridge Road. Tickets are \$15 a person. For more information, contact Jahara Jewel at TCBBACorpus@yahoo.com

Fall Arts and Crafts Festival October 23

9:00 am - 3:00 pm
Island in the Sun United Methodist Church, 15602 Hwy 361, Corpus Christi. Come by and check out the many vendors with all types of items from jewelry to fishing lures.

St. Peter's by the Sea Fall Festival, October 23

10:00 a.m. to 2:00 p.m.
1541 Waldron Road, Corpus Christi. We are providing free rides, games, and various booths at our own expense. To offset our expenses, we are selling food items, having several cake walks, Grandma's Attic Rummage Sale, and a silent auction.

FIRST Tuesday of every month at 6:30 p.m., "Transplant Support Group of South Texas" Spohn Shoreline, Dr. Spohn Conference Room, 2nd Floor - open to all - 361-880-5031.

YOUR non-profit organization fundraising EVENT here FREE

on a space available basis. Please submit your event in about 50 words, three weeks prior to event. Go to www.djyoungpublishing.com

Ask Dr. Garcia



Garcia

Q: How can I stop being so passive when disagreements in my marriage come up?

A: Here are some ideas about changing the way you handle disagreements, whether you handle them passively or aggressively:

Recognize which one of your "rules" has been violated. We all have rules for how we want to live our lives and be in this world. They usually come from past experiences and our particular way we've learned to view the world.

Recognize how you feel in your body when a disagreement comes up and where in your body you feel it. Put a name on the feeling. Make note of your feelings and what's underneath your reactions.

Recognize what you do and the story you tell yourself when one of your rules is violated. In other words, what do you do to get your way or to protect yourself? Do you lash out more of the time or do you retreat and become passive?

Understand the other person's rules. Before you react in the same old way, breathe, stop yourself and ask a question to help you understand what the other person is thinking. You might ask something simple like, "Tell me more about that."

Never pretend that you're not upset. I'm not saying that you

need to confront your husband. See each upset as a way to understand yourself. Get curious about yourself and your reaction. Ask yourself, "I wonder why I reacted in that way?" After all, as the famous motivational speaker Les Brown once said, "If you knew better, you would do better."

Q: My husband says that I make our children my priority before him. My husband is an adult; he should be able to understand. So what's the problem?

A: Children pose the greatest challenge to a couple's intention to keep each other number one.

No matter how intense your love is for your child, you must choose to give your spouse emotional priority to keep your marriage healthy, happy, and strong.

One of the greatest gifts you can give your children is a great example of marriage and family life.

If you want your children to grow up in a two-parent family; make certain that you give your spouse emotional priority and make time to be with your spouse without your children.

Spoil your spouse, not your children.

Every family member benefits when Mom and Dad are happy.

It may be helpful to keep in mind that your primary job as a parent is to prepare your children to live without you.

After they leave, you and your spouse will still need each other.

And someday you may be blessed with grandchildren to enjoy.

Ruben G. Garcia, Ph.D., LMFT is a Licensed Marriage and Family Therapist and co-founder of The Healing Institute. Submit your questions to Dr. Garcia via email at troubadour55@hotmail.com. You can also contact Dr. Garcia at (361) 814-4556.

NEX offers special promotion for 'Baby Days' — October 13 - 17

The NEX, along with the MILITARY STAR® Card program, has teamed up to provide a special offer on baby cribs, mattresses, dressers, travel systems, strollers, car seats, booster seats, high chairs and play yards.

From October 13 - 17, customers using the MILITARY STAR® Card to make Baby Day purchases of \$149 or more can take advantage of no down payment, no interest and no payments for 180 days.

The promotion is also available for

special order items.

The MILITARY STAR® Card offers many benefits including 10 percent off the first day's purchases (up to the customer's credit limit), no annual fee, low interest rate and 24-hour customer service including online access.

MILITARY STAR® Card applications are available at any NEX. The application can be processed the same day at the NEX customer service desk.

CFC continued from page 1

services in what became successful efforts to increase donations.

Shannon Chaves, Coastal Bend Area Combined Federal Campaign Director, said that even with a smaller federal workforce, the hope is to continue those increases.

“Two years ago, we hit \$1 million; last year, we hit \$1.1 million,” Chaves said. “I know that as you drive into the base, you see our goal is \$800,000.

“What I need to do is go back and have them repaint it – it’s a minimum, a minimum of \$800,000. And hopefully with all your help, this year we’ll go even beyond \$1.1 million.”

The Combined Federal Campaign includes all federal installations within a 12 county area of South Texas.

The CFC is the only authorized solicitation of employees in the Federal workplace on behalf of charitable organizations. It continues to be the largest and most successful workplace fundraising model in the world.

Lt. Col. Bernard Warrington, commanding officer of Defense Distribution Depot Corpus Christi, explained why his own family has a charitable organization – and why charity is as good for the donor as it is for the recipient.

“I’m here, the product of a single parent, because someone took the time to support her when she was in need to help raise a young man,” he said. “Many of us are here today, and have been successful in life, because someone took the time to support us.

“You contribute to something because you feel it is important. And supporting charities has helped me improve my self-worth, in many ways.”

The mission of the Combined Federal Campaign (CFC) is to support and to promote philanthropy through a program that is employee-focused, cost-efficient and effective in providing all federal employees the opportunity to improve the quality of life for all.

Its tradition of commitment to the community through the selfless efforts of Federal employees has its roots in the many charitable campaigns of the early 1960s. Seeing a need to bring the diversity of fundraising efforts under one umbrella, Federal employees created the CFC – one campaign, once a year.

By allowing employees to select the organizations of their choice from a single brochure and to make their contributions through payroll deduction, the CFC opened the door to more opportunities for generous giving to literally hundreds of worthy causes.

An Executive Order made the CFC a reality, and turned an innovative idea into a uniquely effective way for Federal employees to help those in need across our community and throughout the world.

The simplest donation is through payroll deductions. And your donations can be directed to the specific charity or charities you prefer, right on the payroll deduction form.

“I can’t write a check for \$1,000,” Carlile said. “But I can give a little bit each paycheck without feeling it.”

The 2010 CFC campaign runs through Nov. 15.

We Proudly Support Our Military!



**Humpal
Physical
Therapy
& Sports
Medicine
Centers**

www.HumpalPhysicalTherapy.com

5026 Deepwood Cir. Corpus Christi, Tx 854-2278
2150 W. Wheeler Aransas Pass, Tx 758-5199
1700 Wildcat, Ste.#C Portland, Tx 643-8243
1811 Broadway (aka Fulton Beach Rd.) Rockport, Tx 729-8777
(also located in Calallen & Alice)



Corpus Christi

361.853.3559 • Fax: 361.853.3563
4646 Corona Suite 280 • Corpus Christi, TX 78411

Weight Management Program Includes

- Low Cost Consultation
- B-12 and Amp Injections
- Diet Menus

Other Services Offered

- Family Practice
- Botox
- Fillers
- Smoking Cessation

www.internetmedicalclinics.com

**BRAZILIAN
BLOWOUT**

**Keratin Hair
Straighten Treatment
Brilliant Shine, Smooth
98% Frizz Free**



50% OFF

Call 855-2323 TODAY!

*Boutique Du Jour
Salon & Spa*

1220 Airline (Next to Toys 'R Us)

www.boutiquedujour.com

*Hair Cut - extra charge. Offer may not
be combined with other discounts.*

Coupon valid Tues-Fri only Expires 10-31-10

2nd Annual Mutt Strut

Established in 1975, The Texas Humane Legislation Network is a grassroots, nonprofit organization that fights for the enactment and enforcement of laws to protect animals from neglect and abuse. Please help the Corpus Christi Chapter protect those who cannot protect themselves by supporting our event. (www.thln.com)

- Saturday, October 30, 2010 10 a.m. – 2 p.m. Walk Your Dog For 1 or 2 Miles on Shoreline Starting At McCaughan Park
- Save A Life – Pet Adoptions from Corpus Christi Animal Control
- Low Cost Vaccinations
- Pet Food Drive for Animal Control Shelter
- Dog Costume Contest
- Be a Vendor Or Sponsor For As Little As \$25!
- Pre-register October 22-29th at The Pooch Pad or Online for \$10.
- Registration the day of the event is \$20. For more information, call Cheryl at (361) 855-7387 or email cmmutt70@aol.com.

Find Texas Humane Legislation Network –
Corpus Christi on facebook!!



facebook



1st annual
Island Health Fair
presented by
fitness festival
with
HORSES ON THE BEACH
CHRISTY GOLF
Hawaiian Heavens
...and others

**SATURDAY
10.09.2010
@ 10 AM**

THE SANDBAR
15202 windward upper padre island texas :: 78418
BEACHSIDE GRILL & LOUNGE @ Holiday Inn Beach

www.FitnessFestivalUSA.com



If you want to own a home, we're here for you.

Whether you're buying, building, refinancing or improving your home, we are ready to help you get the financing you need quickly and easily. American Bank's resources mean you can count on:

- lenders who can meet with you anytime, anywhere
- an in-house mortgage processing and underwriting department to ensure your application gets prompt, experienced attention
- competitive rates and attractive terms
- a wide variety of loan programs including fixed rate, adjustable rate and specialized loans with minimal down payment
- FHA, VA and FNMA programs for first-time buyers
- Texas Veterans Land Board home loan programs available
- the flexibility to tailor a program to your needs and goals

Please give us a call – we're here to answer all your home loan questions.



Renee Solomon
Mortgage Lending Officer

AmericanBank
Mortgage Center

OFFICE (361) 653-5273 | CELL (361) 815-6195 | rsolomon@americanbank.com | www.americanbank.com

Corpus Christi | Port Aransas | Rockport | Goliad | Victoria | Austin Member FDIC Member Independent Bankers Association of Texas ©2009 American Bank, N.A. EQUAL HOUSING LENDER

HM1 Antwine Charles retires



Hospital Corpsman 1st Class Antwine D. Charles, on Sept. 10, 2010, received the Navy and Marine Corps Achievement Medal (3rd Award) for professional achievement while serving as specialty clinics leading petty officer at Naval Health Clinic Corpus Christi, from January 2008 to November 2010. Capt. Mae M. Pouget, left, Health Services director, made the presentation during his retirement ceremony aboard USS Lexington Museum by the Bay. Charles was commended for superb leadership that advanced the smooth operations for five specialty clinics.

Photo by Bill Love, NHCCC PAO

Group One Real Estate



(361) 991-9111 • Fax (361) 991-5865
5302 Everhart • Corpus Christi 78411

Serving NASCC since 1967...
800-621-6980

Some offering military discounts

FOR LEASE	7006 Brandon 4/3/2 pool.....	\$2050
	922 Campbell 3/1/1.....	\$950
	4122 Congressional 5/3/2.....	\$1500
	6529 Bobcat 2/1/1.....	\$1300
	1345 Ray 2/1/1.....	\$850
	9110-D Wilderock 2/2/1.....	\$750
	133 Fannin 2/1.....	\$475
	14300 SPID #162 Anchor Resort 1/1.....	\$650
14300 SPID #208 Anchor Resort 1/1.5....	\$1200	

HOMES FOR SALE

Visit www.grouponecc.com
(search all properties)

Being relocated? For excellent service, let us put you in touch with one of our "Leading Real Estate Companies of the World" in your new location.

WE BUY HOUSES

Do You Need To Move Quick?

- Forclosures
- Vacant Properties
- Probate
- Distressed Properties

CASH FAST
Quick Closing

Any Location - Any Condition
Any Price

361-695-3082
hpgiv@yahoo.com



Armed Forces Alterations LLC

- Expert Alterations and Tailoring
- Military Flat Ribbons Medal Mountings, Patches
- Leathers - Bridal Gowns Proms
- Custom Embroidery Monogramming
- Men, Women & Children's Clothing

Call Nita

361-939-9948

520 NAS Drive Mon-Fri 8am - 6pm
Saturday 8am - Noon (Closed Sunday)
e-mail: AFAlterations@att.net

Same Day Service Available

CLASSIFIED

FIND IT

in the newspaper

FOR SALE: 3 tires, P175/70R13, (from Hyundai Accent), one like new only 1000 miles, paid \$70, sell for \$40. Other two good condition, sell all 3 for \$60. Trailer tire 4.80-12 with 5 lug rim, \$10. 361-949-7252.

KINGAIR PILOTS WANTED!

Currently looking for qualified Kingair (B200) pilots for 2-3 month deployment opportunities. Required: 1,000 hrs PIC, S clearance, US citizen, FAA commercial or ATP. Preferred: ISR experience, TS clearance. For more information, e-mail Sean. lverson@commuterair.com

Make This Halloween One You'll Always Remember...see page 4

FOR SALE: MISC ITEMS, TV's (3), oriental items, truck step rails, DVD/CD cabinet, stereos (2), clothes, kitchen, bed rails, much more. Call 361-658-2609 for info.

FOR SALE: 2004 Honda Element EX, AT, AC, Power windows, keyless entry, 91500 mi, burnt orange, \$7900, runs great! 361.939.9146 or 361.215.3249.

AT YOUR SERVICE

SHOP my online store - www.youravon.com/rivera for the latest Fall Products & Offers. Proudly serving our customers for over 6 years. Cynthia and Roland Rivera, AVON Independent Sales Reps/Recruiters 361-993-3238.

Keyvan Oriental Rugs, Inc. Buy, Trade, Repair, Sell, HAND WASH and Appraisal 361-992-4141, 2129 Airline, Corpus Christi.

24/7
Wingspan
on line

www.cniv.navy.mil/corpuschristi
Scroll down to the
Wingspan Logo

MA1 Thomas Mayhew reups



CWO3 James Porter (left) presents MA1 Thomas Mayhew with his NASCC reenlistment plaque. Mayhew reenlisted on Sept. 21.

Photo by Bob Torres

Foster "Pet" Parents Needed!

Read what one of them has to say:



"Some rescue animals are surrendered by owners unable to care for them, others are strays or were rescued from abusive situations. Shelters are full and there is nowhere else to turn. This is when fostering is needed.

For the Love of Strays rescue group provides all the vet care, food & flea and tick medicine and I provide the shelter, the love and the training. It is a win-win situation for me, my dogs and the foster dog. Not all foster dogs come with perfect behavior, but my son and I bring them back to health, give them security and love, and socialize them to make them "adoptable."

Does it break my heart when they leave me? To quote a fellow foster home friend, "They take a piece of your heart with them, but that's also a good thing, because your heart doesn't get smaller as a result, it gets bigger. With every foster dog you place, you learn more and can do more to help the next dog on its way to the forever home it deserves."

For The Love of Strays

DONATE • FOSTER • ADOPT
Help a Stray Today!

Ready for a forever home...

361-462-7911

www.fortheloveofstrays.com • fortheloveofstrays@yahoo.com

CLASSIFIED

FOR SALE: GOLF CLUBS- Left-handed Kunnans irons. All slices, mis-hits, missed balls taken out of clubs by current owner. Excellent condition, \$75. Taylor made driver - used once, \$125. Dunlop driver, \$50. Nike Sumo Sasquatch driver, \$100. Please call 361 774-7104 to see clubs. Great buys! Golfer discovered - he's right-handed.

Place your **FREE** ad directly on line
 Place and Pay for your **PAID** ad directly on line - Go to:
www.DJYoungPublishing.com
 Select: Classified Ads
 All the details are posted there.
 No telephone calls for classified ads please

IS YOUR CHILD CAPABLE OF MORE...your child may need a little help...see page 7

FOR SALE: 2006 Lincoln Zephyr, 60k, Michelin tires, heated/ac seats, great sound system, bought new, like new condition, \$14,750. 361-443-5432.

CONCEALED HANDGUN CLASS all inclusive one day class. \$25 off for Military and their family members. 3 classes available in October. Go to www.texaschlclass.com for details or call 361-548-7132 MC/Visa Accepted.

AT YOUR SERVICE

SAM'S Handyman Service- carpentry - drywall - tile - painting - doors - windows - floors - wood fences - odd jobs and much more. 673-7263.

BEEN IN A CAR ACCIDENT - Call Gardner Collision Repair Service -- CALL THEM FIRST! \$200 to \$600 off most insurance Claims. DISCOUNT OFF YOUR DEDUCTABLE 3717 wow 361-852-0100.

IT MAKES A DIFFERENCE where you go for permanent hair removal ... Helen White Electrologists, Laser & Permanent Makeup -- Gulfway Shopping Center 361-991-6152.



GOT A computer problem... call PC RESCUE for Fast, Affordable. Better Service. Onsite support for Macs, PCs, Linux/Unix - wired and wireless networks - web hosting - design - email. Serving Homes and Offices. Call Lennis Hays, Senior Technician 361-726-6938.

BUY HIM SOMETHING HE REALLY WANTS FOR CHRISTMAS...see page 6

GET IN THE DRIVER'S SEAT! Del Mar College Transportation Training Services

(West Campus) Old Brownsville Rd. & Airport Rd.
Earn your Class A CDL in just 3 weeks!
 Classes starting every 2 weeks
M-F 7 am to 5:30 pm
Night and refresher courses available

- ✓Tuition reimbursement from sponsored companies
- ✓Military tuition assistance available
- ✓Government Grants
- ✓Job placement assistance

Call NOW To Register (361) 698-2707
www.delmar.edu/trucking

Miss the Phonebook Deadline?

Your phone can still ring! Use **WINGSPAN-NAS CC Newspaper** **FLYING K-NAS Kingsville Newspaper** and **Coffee News** to get your message out **RIGHT NOW!**
 call **361-238-4188**
www.DJYoungPublishing.com

Certificate in Ministry Training Bachelor of Arts in Christian Studies Master of Divinity

The South Texas SCHOOL of CHRISTIAN STUDIES
 offers a variety of academic opportunities in association with Howard Payne University and Logsdon School of Theology at Hardin-Simmons University. If you are interested in a Christian Studies education from a fully accredited SACS and ATS institution here in Corpus Christi come see us. Our tuition is remarkably reasonable, our professors are eminently qualified, and our location is convenient. Many of our classes are taught in the evening, typically one night a week.

You will find our class schedule on our Web Site at www.stscs.org
 Come see us at 7000 Ocean Drive, just past TAMU-CC, or call us at 991-9403



1 Bedroom \$595
2 Bedrooms, 1 Bath \$725-750
2 Bedrooms, 2 Baths \$775-799
3 Bedrooms, 2 Baths \$925-950

Crosswinds defines innovation, efficiency, luxury and service. You'll love the impressive amenity package and convenient location. Choose a uniquely-styled 1, 2 or 3 bedroom apartment. Guaranteed to feel just like home the moment you arrive.

- 1, 2 & 3 Bedroom Apartments
- Walk-in Closets
- Ceiling Fans
- Decorative Mini-Blinds
- Designer Kitchens
- Refrigerator w/Ice Maker
- Full-Size Washer/Dryer Connection
- Laundry Facility
- Covered Parking Available
- Bay Windows
- Patios (In selected units)
- Swimming and Lounging Pool
- Resident Referral Program
- Fitness Center
- Storage Units Available
- Controlled Access Gates

Military Discounts

6617 Weber • Corpus Christi, Texas 78413
(361) 852-1600



DC1 Richard Conrad retires



DC1 Richard Conrad is 'piped ashore' for the final time at his Sept. 8 retirement ceremony at the 'Fouled Anchor.'

Photo by Rod Hafemeister



Come Stay With Us

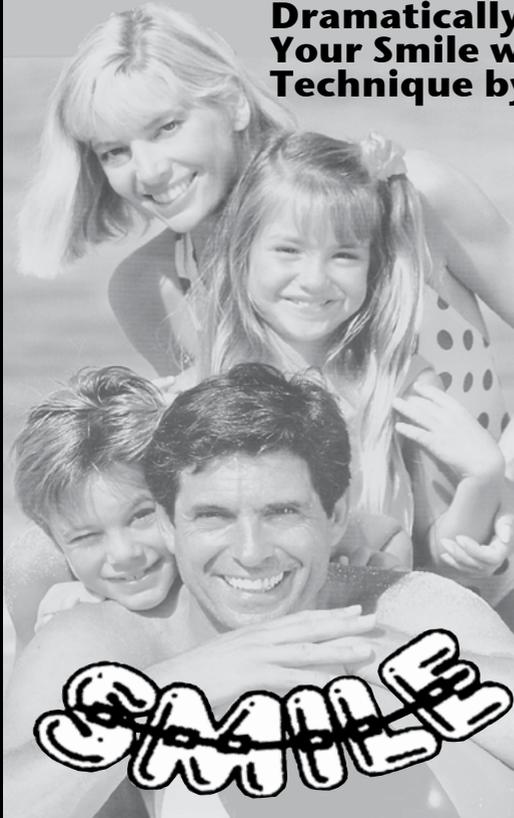
\$68.99 ^{+tax} (1-2 persons)
 Per Night - Red Roof Inn Corpus Christi
 I-37 & Nueces Bay Blvd.
 Based on Availability - Expires Dec. 31, 2010
 Must show Military I.D. for special coupon rate

www.redroofcorpus.com

Hotel Amenities

- Business King rooms with microfridge
- Fitness center
- Speaker phones with voice mail
- Free high-speed wireless internet
- Free local calls
- Outdoor pool
- 25" TVs with expanded programming
- Kids under 17 stay free when traveling with their parent or guardian
- Pets allowed; additional charge may apply
- Extended stay rooms available with fully-equipped kitchens
- Business center on-site

Red Roof Inn & Suites Corpus Christi
 3030 Buffalo St. • I-37 & Nueces Bay Blvd.
(361) 888-7663



Dramatically Improve Your Smile with the "Super Smile" Technique by Dr. Joseph Coniglio

Quality Treatment with

- Reasonable Fees
- Free Initial Exam
- No Down Payment
- Low Monthly Fees

Less Treatment Time
 Fewer Treatment Visits
 Computer Assisted Technology with Fixed or Invisible Braces to Shorten Treatment Time and Achieve the Best Possible "Super Smile" with Minimal Discomfort and Lower Costs

Neighborhood Offices:

- Corpus Christi
- Kingsville
- Portland
- Rockport
- 5 Points

Dr. Joseph Coniglio, D.D.S., M.S.
 Orthodontist
 (361) 993-2333
 5756 S. Staples • Corpus Christi
 Military Provider and most other major insurances accepted

MA1 Christopher Siford retires



MA1 Christopher Siford is 'piped ashore' for the final time at his Sept. 30 retirement ceremony at the 'Fouled Anchor.'

Photo by Rod Hafemeister

All for only \$1
minimum
donation per
person!!

3rd Annual Grande Communications Pumpkin Patch Festival

Wednesday, October 20th
5:00 p.m.-8:00 p.m.
6441 Saratoga Blvd.



Bring the family out to pick out a pumpkin and enjoy several activities, food, refreshments and live music.









All proceeds go to **CASA of the Coastal Bend**

From One Veteran to Another!

Veterans, We Salute You.

OohRah!

Guy Williams
Attorney at Law

United States Marine Corps, Combat Vietnam Veteran
& Purple Heart Medal Recipient

500 North Water Street, Suite 620
Corpus Christi, TX 78471
Office: 361-883-3500

Divorces
\$399 & up
(excludes filing fees)

FAMILY LAW



SPIVEY LAW FIRM

Free
Initial
Consultation

- Divorce
- Child Custody
- Child Support
- Modifications
- Visitation
- Contempt
- Military Divorces
- Paternity
- Atty. Gen. Cases
- Adoption
- Name Changes
- Wills & Trusts

Payment
Plans
Available

(361) 289-6040

3201 AIRLINE ROAD • SUITE K • CORPUS CHRISTI

WWW.SPIVEYLAWFIRM.COM



Protecting Tenants at Foreclosure Act

By Lt. Emilee Kujat Baldini, JAGC

The mortgage industry and foreclosure crisis started in 2006, and unfortunately it shows no signs of slowing.

This crisis has resulted in millions of foreclosures on homes, and those affected are not just the homeowners but oftentimes the unsuspecting tenants.

Imagine the plight of John Q. Sailor and Jane Q. Sailor – the Sailor family rents a home at their current duty station.

They pay their rent faithfully and on time every month. The Sailors think everything is fine.

Then one day, out of the blue, they find a legal notice taped to the front door or they receive a letter in the mail telling them that the property where they live is in foreclosure.

What are they to do?

Fortunately for the Sailor family, there is now some good news for any tenant facing eviction after foreclosure - the "Protecting Tenants at Foreclosure Act of 2009."

President Obama signed the "Protecting Tenants at Foreclosure Act (PTFA) of 2009" into law on May 20, 2009 and it protects almost all tenants in foreclosed properties.

Prior to this change, most renters lost their leases upon foreclosure. The rule in most states was that if the mortgage was recorded before the lease was signed, a foreclosure wiped out the lease.

This concept is called "first in time, first in right."

Basically, it means that if you rent property which is subject to a mortgage, the mortgage holder's interest in the property is senior to yours because it was entered into first.

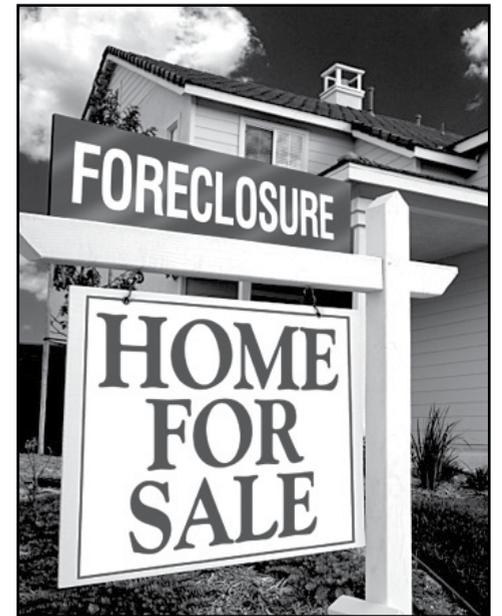
In many states tenants were only afforded 60 days notice, and in some states only a matter of days – this creates a frustrating and scary situation for many unsuspecting families such as the Sailor family.

However, the PTFA now guarantees almost all tenants at least 90 days after receiving notice of foreclosure before they can be evicted from their homes.

This applies even to month-to-month leases. And even better news for some tenants is that they may be able to remain in their homes for the remainder of their lease terms.

So if you're the tenant what does this mean? How long can you stay in the house if the bank forecloses?

- If the new owner plans to use the property as a personal residence, you get at least 90 days to vacate.
- If you're living in the property month-to-month, you also get 90 days to vacate.
- If your lease is up next month, you *still* get 90 days to vacate.
- If the new owner *is not going to use the property as a personal residence*, you get to stay in the home **until your lease expires**.



This means that if the Sailors signed a one year lease in January, and the new owner does not intend to use the property as a personal residence, they will not have to move out until the expiration of their lease at the end of December, *no matter when the foreclosure sale takes place*.

However, if the new owner *does* intend to use the property as a personal residence then they will have at least 90 days to vacate.

One important note - leases must be "*bona fide*" in order for the tenant to qualify for these protections.

To be considered a *bona fide* lease, three requirements have to be met:

1. The tenant cannot be the person whose mortgage is being foreclosed upon, or the child, spouse, or parent of the person whose mortgage is being foreclosed upon;
2. The lease or tenancy was the result of an arms-length transaction; and
3. The lease or tenancy requires the receipt of rent that is not substantially less than fair market rent for the property or the unit's rent is reduced or subsidized due to a Federal, State, or local subsidy.

So, if John and Jane Sailor are renting the house from Jane's parents, or they are living in the house for ten dollars a month because John's cousin lost a bet, they won't be protected by this Act.

However, the PTFA can only help – it does not in anyway preempt better state and local laws.

So, if tenants live in communities that provide for more notice, or have just cause eviction and do not allow eviction in the event of foreclosure, they will not be affected by the PTFA.

All in all, the PTFA is great news for many tenants living in foreclosed properties; the bad news is the law is only good through December 31, 2012.

At that point it will expire, unless the law is extended or made permanent.

If you have any other questions your local legal assistance offices can be reached at NAS Corpus Christi at (361) 961-3765.



Gerald G. Villarreal Attorney at Law

CCAD Employee 1991-2001

Personal Injury • Criminal Law
Auto Accidents • Divorce
DWI • Wills and Probate
Immigration

2818 S. Port
Corpus Christi, Texas

(361) 881-8509

Not certified by the Texas Board of Legal Specialization



WILLIAM A. THAU III, P.C.

"Former U.S. Navy Lawyer"

- Divorce & Separation
- Child Custody & Support
- Adoption/Guardianship
- Paternity Cases
- Wills & Probate
- Military Law
- Auto Accidents
- Personal Injury
- DWI
- Criminal Defense

9708 S.P.I.D., SUITE A-101 • CORPUS CHRISTI

(361) 937-5513 • Toll Free 1-877-888-1369

Licensed by the Supreme Court of Texas

Former President of the Corpus Christi Family Law Association (1999-2000)

Selected as a Texas "Super Lawyer" in November 2003, October 2004, and October 2005 issues of *Texas Monthly*





We Know Kids

That's why so many parents choose the Children's Clinic. Our experience and compassion allow you to take comfort in knowing that your child is receiving the best care possible. We've been doing this since 1952. We know a thing or two about kids. Come by any of our five convenient locations and see for yourself.



www.thechildrensclinic.com • Since 1952

SOUTHSIDE 992-6458 5945 Saratoga Across from Spohn Hospital South	ALAMEDA 855-7346 3435 S. Alameda Next to Driscoll Children's Hospital	BAY AREA 985-1418 7121 SPID In the Bay Area Medical Office Building	CALALLEN 241-9541 13725 NW Blvd Across from Calallen High School	PORTLAND 643-2518 1029 W. Hwy 181 In the Crescent Center Building
---	---	---	--	---

New Patients Welcome. Appointments preferred. Weekend office hours. Se habla español. We take all local providers, including Blue Cross/Blue Shield, CHIP, Humana, and Aetna. A Medicaid Provider is on site to determine eligibility.

Most Advanced Treatment ever for Varicose Veins!

Now Available in the Corpus Christi Bay Area

As seen on Good Morning America...

Minimally invasive procedure now available.

- Office-based procedure
- Back to normal activity usually the next day
- Covered by most insurance and Medicare
- 98% of patients would recommend this procedure





882-9888

Call today for an appointment!
1752 Santa Fe in Corpus Christi • www.VeinCentersOfTexas.com

BRACES

for children and adults

- No Down Payment
- Affordable Monthly Payments
- Most Insurance Accepted



Please Call for a Free Exam and Consultation

(361) 993-2288

Padre Palms Square • 6500 S. Padre Island Drive, Suite 25

Coastal
Orthodontics 1-800-4BRACES

DANIEL TORRES, D.D.S.
ORTHODONTIST

If you care about her... encourage regular check-ups.



For Appointment or Information
851-5000
www.ccwomensclinic.com

Obstetrics • Gynecology • Infertility





U.S. Customs and
Border Protection

WE ARE AMERICA'S FRONTLINE

CHANGE YOUR CALL SIGN. NOT YOUR CALLING.



Service to your country can span many careers. The U.S. Border Patrol is hiring agents to work for the nation's largest single border agency, protecting the American people from terrorism, drug smuggling and illegal entry to our country.

U.S. Border Patrol offers employees the opportunity to continue to serve their country, as well as providing an extremely competitive salary and benefits package, including credit for military service, paid personal and sick leave and holidays, health and life insurance, and a retirement plan.

KEY REQUIREMENTS

- > Be between the ages of 18 and 39
- > Be a U.S. citizen and a resident for the past three years
- > Have a valid state driver's license
- > Pass a thorough background investigation, medical examination, fitness test and drug test

Apply today - www.borderpatrol.jobs

To learn more about a career with the U.S. Border Patrol, veterans' preference and special hiring authorities for veterans, visit www.borderpatrol.jobs.



U.S. Customs and Border Protection is an Equal Opportunity Employer.

Next Issue



October 21st

Call Chris
for advertising rates
and information
361-238-4188
cyoung@djyoungpublishing.com