

AACO celebrates African-American history month with dinner-dance

By JO1 Igo Wordu, Public Affairs Office

Black History Month is American history heralded by the African-American experience. It recognizes the unique heritage that embodies the resolve of African-Americans to stand firm against adversity for the equality of all.

In commemoration of the annual Black History Month celebration, the local African-American Cultural Organization (AACO) is hosting the annual dinner dance at the Windjammer Club on Saturday, Feb. 25.

“Our theme is ‘Building Communities One Block at a Time.’ The dinner-dance is yet another building block within the Communities that will allow all Americans to gather in a forum of celebration,” said Rohn McLean, president of the AACO.

Dr. Ronald Archer will be the keynote speaker at the dinner dance.

Archer, who was also the keynote speaker at last year’s



Photo provided by Archer Associates

Renowned speaker, Ron Archer, will deliver the keynote speech at the African-American heritage dinner dance.

dinner-dance, is a renowned keynote speaker with more than 20 years as a professional business strategist. He is an author with several books including his latest, “Dunamis: Transcendent Power for the 21st Century.”

McLean said he believes that African-Americans, regardless of their location, should always

pull together and create a positive attitude within their community.

“We have a great responsibility to our children and peers to uphold what opportunities have been provided to us by our African-American historians,” said McLean.

“We owe those who have contributed to our luxuries in life, even though we may at times take them for granted.”

McLean added that African-American celebrations are often misconstrued to be an event for a particular race of people.

“Essentially, celebration of the African-American heritage or any other heritage promotes unity and respect within our community, which is composed of people from different backgrounds,” said Taylor Edwards,

W.T. Sampson Elementary School teacher.

Black History Month began in 1926 to recognize African-American heritage. Dr. Carter Woodson, a Harvard scholar, was determined to bring black history into the mainstream public arena. He organized the first annual Negro History week, which took place during the second week of February. He chose the second week of February to coincide with the birthdays of Frederick Douglass and Abraham Lincoln – men who were instrumental to the freedom of the black population. Over time, it evolved into a month-long celebration.

“Today, Black History Month highlights the effort of those who were prominent, as well as the efforts of those who are lost in the annals of history,” Edwards said.

An example of one of those seldom mentioned is Bassie Coleman. She became the first African-American woman to hold an aviation license. Although she lost her life in pursuit of her dream to become an aviator, her efforts paved the way for many African-Americans who hold the same dream.

Her effort sparked the confidence in other African American pilots to pursue their dreams. The famous Tuskegee 99th fighter squadron was born as a result of that passion. Their

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Setting the record straight

The Feb. 17 Gazette erroneously stated that the Valentine’s Day Mother-Daughter Tea was sponsored by the Spouses’ Seminar Activity Group (SSAG). No such organization exists.

The Spouses’ Seminar Committee coordinated last year’s Spouses’ Seminar, and this year’s Seminar Lun-

cheon will be sponsored by the Officer and Civilian Spouses’ Club (OCSC).

The Mother-Daughter Tea was sponsored by OCSC with the volunteers from the Enlisted Civilian Spouses’ Club (ECSC) and the community.

We regret any confusion.

RADM Harris named as next JTF Commander

By Stacey Byington, Public Affairs Officer

Chief of Naval Operations Adm. Mike Mullen named Rear Adm. (lower half) Harry B. Harris, Jr. as the next Commander, Joint Task Force Guantanamo, U.S. Southern Command, Guantanamo Bay, on Friday, Feb. 17.

Harris is currently serving as Director, Information, Plans and Security Division on the staff of the Chief of Naval Operations, Washington, D.C. In this capacity, he is responsible for Navy current operations and anti-terrorism/force protection.

"I am looking forward to the opportunity to command such an outstanding group of joint military professionals who perform such an important mission in the Global War on Terror," said Rear Adm. Harris.

Rear Adm. Harris was born in Yokosuka, Japan, and reared in Tennessee and Florida. He graduated from the U.S. Naval Academy in 1978.

Operational tours included his initial flying tour with VP-44; Tactical Action Officer onboard *USS Saratoga* when CV-60 participated in strike operations against Libya; Operations Officer in VP-4 during Operation *Desert Storm*; and three tours with Patrol and Reconnaissance Wing 1, homeported in Kami Seya, Japan.

His command assignments include VP-46 and Patrol and Reconnaissance Wing 1/Task Force 57. During his tenure in wing command, TF 57 was heavily involved in Operation *Enduring Freedom*, flying nearly 1,000 combat sorties over Afghani-



RADM Harry Harris Jr.

stan. In 2002, he reported to Commander, U.S. Naval Forces Central Command/Commander U.S. Fifth Fleet, serving as the Assistant Chief of Staff for Operations, Plans, and Political-Military Affairs where he was involved in planning and execution of the Naval component's portion of Operation *Iraqi Freedom*.

His shore and education assignments include Flag Lieutenant to the Commander, U.S. Naval Forces Japan; duty on the staff of the Chief of Naval Operations as a strategist in the Strategy and Concepts Branch; and Special Assistant to the Chairman of the Joint Chiefs of Staff. Selected for the Navy's Harvard/Tufts Program, he graduated from the John F. Kennedy School of Government with a Master in Public Administration degree. Later selected as an Arthur S. Moreau Scholar, he studied in-

ternational relations/political terrorism at Oxford and Georgetown Universities, earning a Master of Arts in National Security Studies from the latter.

Rear Adm. Harris reported to his current assignment on the staff of the Chief of Naval Operations in August 2004.

He has logged more than 4,400 flight hours, including more than 400 combat hours, in U.S. and foreign maritime patrol and reconnaissance aircraft. His personal decorations include the Defense Superior Service Medal, two Legions of Merit, two Bronze Stars, four Meritorious Service Medals, the Air Medal, the Joint Service Commendation Medal, five Navy Commendation Medals, the Navy Achievement Medal, and various campaign and unit decorations.

The formal change of command date has not been announced.

Maj. Gen. Jay Hood is the current Commander, Joint Task Force Guantanamo. He has served in that capacity since March 2004. His next assignment has not been announced.

NAVSTA CO sets fraternization policy



CAPT Mark Leary

As Commanding Officer, U.S. Naval Station, Guantanamo Bay, I am responsible for maintaining this installation in a constant state of military readiness.

To meet this challenge, I require your continued support of policies designed to foster good order, discipline, and *esprit de corps*. The Navy encourages military member participation in command sports teams, departmental holiday parties, dining-ins, and other similar events because these activities bolster unit morale and camaraderie. However, nonprofessional, personal, and unduly familiar relationships that do not respect differences in military rank impact negatively on the readiness of the installation and mission success.

Accordingly, fraternization is prohibited and punishable under the Uniform Code of Military Justice.

When in doubt about the appropriateness of a relationship, seek advice from the Command

Managed Equal Opportunity Officer, the Staff Judge Advocate, or your Department Head. Unduly personal relationships between officer and enlisted members are always considered prejudicial to good order and discipline. Unduly personal relationships between Chief Petty Officers (E7 to E9) and junior personnel (E1 to E6) within the same command are also considered prejudicial to good order and discipline.

Likewise, intimate or dating relationships between personnel within the same department, regardless of rank, are considered prejudicial to good order and discipline and are prohibited. Any unduly familiar personal relationship between a senior and subordinate may also be considered fraternization if the relationship is found to be prejudicial to good order and discipline or service discrediting, in that the relationship:

- Calls into question a senior's objectivity,
- Results in actual or apparent preferential treatment,
- Undermines the authority of a senior, or
- Compromises the Chain of Command.

I have the utmost confidence that each and every member of this command will continue to support the Navy's fraternization policy and will strictly adhere to the above guidelines.

GUANTANAMO BAY Gazette

Vol. 63 No. 08

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The Guantanamo Bay Gazette is an authorized publication for members of the military services and their families stationed at U.S. Naval Station Guantanamo Bay. The contents do not necessarily reflect the official views of the U.S. government, the Department of Defense, or the U.S. Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of U.S. Naval Station Guantanamo Bay. Questions or comments can be directed to the PAO. The Gazette staff can be reached at ext. 4502; fax 4819; by email at pao@usnbgtno.navy.mil. Get the Gazette online at www.nsgtmo.navy.mil.

Seabee: A solid history of construction

By JO2(AW) Honey Nixon, Public Affairs Office

Many active-duty service members leave their legacy only in history books and memories. However, Naval Construction Battalions or “Seabees” leave buildings, roads and construction projects behind as tangible “footprints” of their military efforts around the globe.

To commemorate these efforts, area Seabees will celebrate 64 years of service at the annual GTMO Seabee Ball Feb. 24, at the Windjammer Club.

March 5, 1942, is recognized as the official birthday of the Seabees, after Rear Adm. Ben Moreell, Chief of the Navy Bureau of Yards and Docks, pushed for construction battalions who could defend both themselves and their projects abroad, something civilian contractors couldn’t do.

Approximately 325,000 Seabees served during World War II, fighting and building on six continents and more than 300 islands, mostly in the Pacific. The Seabee battalions followed on the heels of Marines, building major airstrips, bridges, roads, storage tanks, hospitals and housing.

After World War II, the Seabees were trimmed down to 3,300 active-duty members and were organized into two types of units: Amphibious Construction Battalions (PHIB CBs) and Naval Mobile Construction Battalions (NMCBs).

With the onset of the Korean War, more than 10,000 Seabees were called to active duty. They fought heavy ocean tides and enemy fire alongside assault troops, and quickly built causeways hours after landing at Inchon. Their actions at this and other landings proved the worth of Seabees, and there was no demobilization at the

conflict’s end.

Following the Korean war, the Seabees provided humanitarian support and disaster relief to Greece in 1953 after a devastating earthquake and construction work and training to undeveloped countries. The Seabees continued this trend, improving roads, orphanages and public utilities in remote parts of the world, earning them the nickname, “the Navy Peace Corps.”

During Vietnam, Seabee numbers increased once more from 9,400 in 1965 to 26,000 in 1969, providing manpower for the construction of airstrips, camps, hospitals, roads exchanges, towers and more. Again, the Seabees fought alongside Marines and Army soldiers fending off enemy forces.

In 1971, the Seabees began their massive construction project on Diego Garcia. The project lasted more than 11 years and cost \$200 million, and the base proved invaluable during the Operation Desert Shield and Operation Desert Storm.

The Seabees are actively involved in the Global War on Terrorism, repairing runways, aircraft-parking aprons, munitions storage areas, bridges and camps. Their renovations to schools and municipal facilities also provide support for Iraqi people in need.

The Seabees not only leave their mark on the Global War on Terrorism, but also on smaller day-to-day missions at bases around the globe. Here at Guantanamo Bay, the Seabee mission is two-fold – the Self-Help Division of Public Works, and a rotating Naval Mobile Construction Battalion.

The Self-Help division of



Photo by JO2(AW) Honey Nixon

CMCN Jon Nelson, with NMCB-7, performs a routine vehicle maintenance check.

Public Works supports the station and its facilities, and ensures the upkeep of buildings and grounds of the command, says BUC(SCW) David Tyson, the Self-Help leading chief petty officer.

Station Seabees are also currently renovating Philips Park, which will be used for change of command ceremonies. Some additions will include a stage, ceremonial cabana, and walkways, all constructed by Seabee hands.

NMCB-7’s Officer in Charge, CEC (SCW) Al Jones, said the current Seabee detachment, homeported in Gulfport, Miss., works on larger scale projects throughout GTMO. Current projects include reconstruction of the GTMO River Bridge, refurbishment of all perimeter roads on both Windward and

Leeward side, and reconstruction of the refueling pier.

Although Jones and his team of 25 men and women are deployed to GTMO for six months, they could rotate with battalions currently deployed in the Middle East.

Jones draws pride from the self-sufficient reputation the Seabees have built throughout war and peacetime. He knows being a Seabee is more than just building bridges.

“We can be anywhere in the world in 48 hours and be totally self-sufficient,” he said. “We are very proud of that. We bring all our own equipment and have everything we need to build and fight.

“‘We build, we fight,’ that’s our motto, and that’s not just a cliché. We live that.”



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Students tread the runway in style

By JO2(AW) Honey Nixon, Public Affairs Office

Parents and family members cheered as 49 'models' took their turns on the runway at the GTMO's Top Model dinner/fashion show, held Feb. 18, at the W.T. Sampson Elementary School gym.

The school's Odyssey of the Mind program sponsored the fashion show, which included a spaghetti dinner and fashions from back-to-school, fun-in-the-sun, Sunday-best, and formal-wear categories, in addition to surprise dancing and singing performances by the students.

The fashion show was one of many fund-raisers organized this year to raise money to give fifth and sixth-graders the opportunity to compete in the international 'Odyssey of the Mind' competi-



Photo by JO2(AW) Honey Nixon
Susan and Lauren Otto walk down the runway.

tion. This year's competition is at the University of Iowa, May 24 -27, and the money

raised will help with lodging, food and local field trips.

The Odyssey of the Mind program encourages students from elementary to college level to use creative problem-solving skills when approaching one of six assigned "long-term" problems given to every school involved, culminating in an annual competition. The competition gives students around the globe an opportunity to bring their creative "solutions" to an assigned problem, in addition to a "spontaneous" problem introduced at the competition.

"The children were really excited and amazed," said Mrs. Nestar Rios, the Odyssey of the Mind sponsor. "When they saw there was not a lot of people the night

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It's all about staying healthy while having fun

By JO1 Igo Wordu, Public Affairs Office

More than 76 runners converged at the base gymnasium for the Valentine's 5K run Saturday, Feb. 18., which began at 6 a.m.

According to the MWR Fitness Specialist, Audrey Chapman, the event was organized to promote good health while having fun.

"I think it is a great way to exercise and promote wellness," said Chapman. "The 5K run gave people and their family a reason to wake up early in on a Saturday morning to exercise when they could be in bed."

John Miklas crossed the finish line after 16 min. 50 sec., while Oscar Moreno finished second, a little over 18 min. Daniel Kosiba finished third with a run-time of 18:30.

"Taking part in this run was fun for me," said Kosiba before the run started. "I hope they'll organize more of this type of event in



Photo by Spc. Ian Shay
Runners pace themselves during the Valentine's 5K run early Saturday morning.

the future."

"I think those who came out to take part in this run, had fun," he said at end of the run.

Miklas took home a gift of dinner for two at the Bayview.

Moreno received two free bowling games and a large pizza, and Kosiba got a large pizza. Those who finished outside the top three also received gifts, ranging from candies to snack bars.

Environmental talks trash to base residents

By JO2 Peter Lawlor, Naval Media Center, GTMO

The Guantanamo Bay Environmental Department has reported an increase of hazardous materials and recyclables turning up at the base landfill.

Hazardous household waste items that should be recycled or properly disposed as hazardous waste include flashlight batteries, aerosol cans, cleaning solvents, and paint. Used items that are not past their shelf life should be turned into the HAZMAT Center for reissuing at no cost to the next user.

"Recyclable materials like plastic laundry detergent bottles that could be processed and shipped off for reuse are also being dumped into the landfill taking up valuable space," said Fred Burns, Environmental Director for Naval Station Guantanamo Bay.

With only 30 square miles of land available for use, GTMO cannot afford to waste such a precious commodity unnecessarily for garbage.

Burns said not having a lot of land is not our only issue.



"We also do not have the equipment to process garbage as efficiently as waste facilities in the United States so it is imperative that residents recycle whenever possible to reduce the amount of trash in our landfill."

Burns said, "Essentially what we're doing is creating a problem 10, 20, 50 years from now. We need to take measures now to reduce or eliminate the amount of HAZMAT and recyclables in our landfill so when new, more stringent Navy environmental regulations are released, GTMO's landfill be in

compliance.

The Environmental Department supplies GTMO residents with plenty of information and ways to recycle.

There is glass, aluminum, and plastic beverage containers posted next to most garbage cans. Each household is issued two blue recycle bins which can be placed on the curb every week and can be used for most household recyclables. Bigger recyclable items such as tires and televisions can also be placed on the curb for pick up.

Burns said if we all take a little extra time to properly sort our trash, not only will we be helping to save the environment and the Earth's resources, we'll also be saving the Navy's resources.

By recycling, GTMO can reduce the costs incurred with removing waste materials and actually make money selling raw materials like plastics and metals for reuse by manufacturers. Less money being spent on trash removal can translate into

more money being spent on base improvements or other quality of life issues.

All housing residents are given a copy of the Environmental Department's Residential and Household Recycling and Trash Disposal Guidelines upon arrival.

Burns said everyone should have a copy of the form because it breaks down HAZMAT do's and don'ts in GTMO. It also gives people contact numbers in case they have any questions.

Residential and Household Recycling and Trash Disposal Guidelines forms can be obtained at the Environmental Office, the Housing Office, the Fleet and Family Support Center and the entrance to the NEX. Residents with questions can contact the Environmental Department x4662 or x4380, (Bldg 752), HAZWASTE Operations x4994 (Bldg 850), HAZMAT Center x4608 (Bldg 188), or Recycling Center x4376 (Bldg 1751).

Commands challenged to get 'crews into shape'

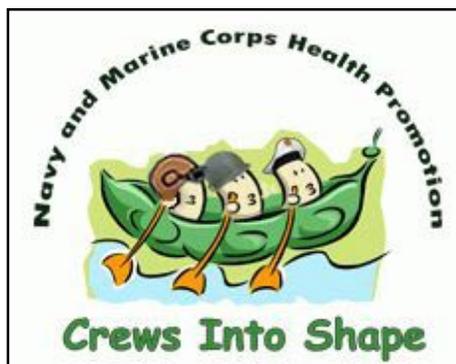
By Hugh Cox, Navy Environmental Health Center Public Affairs

PORTSMOUTH, Va (NNS) — Interested teams have until Feb. 28 to register for the Navy Environmental Health Center's (NEHC) sixth annual "Crews Into Shape" challenge that will run March 6-31.

The goal of Crews Into Shape is to help foster a culture of fitness in the Navy and Marine Corps. Additionally, the challenge helps to spark and guide workplace-focused, team-oriented physical activity and improved nutrition (fruit and vegetable intake and fluid intake) among active-duty Sailors and Marines, civilian workers and family members.

"Crews Into Shape" positively affects health-related behavior," said Bob MacDonald, Crews Into Shape Program coordinator and health educator with NEHC.

"In 2005, 1,700 people registered. Of the participants who completed the post-challenge questionnaire, 50 percent said they met



their weight-loss or weight-gain goal, and an overwhelming majority agreed or strongly agreed that the Crews' challenge helped them improve their daily habits regarding exercise (74 percent), fruit and vegetable intake (86 percent), and water intake (86 percent). In fact, popularity for the challenge has expanded beyond Navy and Marine Corps to

include U.S. Coast Guard teams, as well."

Team activities should include exercise, a "five-a-day" regiment of fruits and vegetables, and plenty of fluid consumption. The NEHC Crews Into Shape Web site provides ideas for satisfying these activities, along with menu suggestions for each meal. Crew leaders receive frequent "Crews Notes" during the campaign to encourage their crew members.

Forms necessary for participating in the challenge, as well as the post-challenge questionnaire, are Web-based and are available on the NEHC website at www-nehc.med.navy.mil/hp/Crews_Into_shape/index.htm. Crew names and locations are posted on the Web and visitors to the site are invited to vote for the "Crews inest 2006 Crew" name.



Reptile show Saturday at Windmill Beach

The Environmental Department is sponsoring a Reptile Show with special guest Dr. Peter Tolson from the Toledo Zoo, on Saturday, Feb. 25, at Windmill Beach.

For anyone who hasn't seen this show in the past, it is an excellent opportunity to see and learn about some of GTMO's more fascinating wildlife.

Students tread the runway ...

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of the show, they didn't expect to raise much money. When we counted the money, they were jumping up and down and grinning because they were so surprised.

"This event raised \$958 and brought in more money than any fund-raiser so far, this year."

The students were not only excited about the money they raised, but also about their chance to strut down the runway.

"It was fun, and I enjoyed it," said Arianna McLean, a seventh grader, "because I finally got a chance to show everyone my model walk!"

New Navy readiness program launched

By John Baker, Navy Installations Command

Washington — The Navy has launched a collaborative effort unlocking the door to "Family Readiness; Sailor Readiness; Navy Readiness." The Personal and Family Readiness Program (PFRP) is designed to improve the Navy's current and future readiness by focusing on physical wellness, family well-being and character strengthening programs.

A team of senior Navy leaders guides the PFRP, pulling the threads of all wellness program stakeholders to streamline delivery processes and improve communication. By optimizing and aerations (CNO) Guidance for 2006, "A ready for any challenge."

The PFRP began with its first Board of Directors (BOD) meeting on Nov. 8, 2005. The Process Integration Oversight Council (PIOC) was formed and kicked off their efforts when they met on Jan. 11, 2006.

Its Chairman, Rear Adm. Christopher Weaver, Commander, Navy Installations Command (CNI), hosted the



PIOC meeting. Attending were representatives from the CNO staff; Commander, Fleet Forces Command; Commander, Navy Region Mid-Atlantic; and Commander, Navy Region Northwest. Also representing CNI were the Force Master Chief and the Director of CNI Community Support Programs.

The PFRP PIOC oversees and provides hands-on operational guidance to three working groups, supporting the groups as they stay focused on optimizing the right programs at the right time for the right customers. Each of the three working groups individually focus on physical wellness, family well-being and character strengthening programs. These programs include Navy Sports, Child and Youth, Stress

Management and Character Development. Each working group is staffed to achieve a diversity of viewpoints with specially-appointed members, including flag-level leadership, an installation commanding officer, a master chief petty officer, customer representatives and key program experts.

The PFRP BOD provides governance and strategic guidance. The Chief of Naval Personnel chairs the BOD and its members include the Master Chief Petty Officer of the Navy and representatives from the Bureau of Medicine, the Navy Inspector General and the CNO Ombudsman at Large.

The PFRP working groups will be kicking off in late February, followed by a PFRP Symposium at which the CNO will be invited to speak.

To paraphrase a recent TV commercial, the PFRP "doesn't want to build the programs, they just want to make them better." PFRP is built on the idea that if the Navy improves physical wellness, family well-being and character strengthening programs by collaborat-

OAAH celebrates African-American history ...

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impact contributed to America's victory in the Second World War.

Coleman's efforts also paved the way for Dr. Mae Jamison who became the first African-American woman astronaut to travel to space. Jamison achieved this feat on September 12, 1992 when she went into orbit onboard space shuttle 'Endeavor.'

This year's black heritage celebration is even more significant as we celebrate the life and time of Rosa Parks and Coretta Scott King.

Parks will forever be remem-

bered for her part in the desegregation of the American society. She refused to obey a bus driver's demand to give up her seat in a bus at a time when racial segregation was deeply rooted in Montgomery Ala. Many young people are not aware of her active involvement in civil rights equality before that bus incident.

The same goes for King, who was not only the wife of renowned civil right activist, Martin Luther King Jr., but also played a prominent role in helping the American society attain equality right up to her death

just a few weeks ago.

For years following her husband's assassination, Mrs. King was actively involved in the call to end apartheid in South Africa. She served as a 'Women's Strike for Peace' delegate to the 17-nation disarmament conference in Geneva, Switzerland in 1962.

McLean encourages everyone to join the celebration. Tickets are available. Social-hour for the dinner-dance begins at 5:30 p.m.

For more information or to purchase tickets, contact Rohn McLean at 84700.

Family member employment program available

By Lilly Garland, Human Resources Director

Family members (spouse, or unmarried dependent children, including stepchildren, adopted children and foster children not more than 23 years of age) residing with a member of the U.S. armed forces or a U.S. citizen civilian employee of a U.S. government agency, including non-appropriated fund activities whose duty station is Guantanamo Bay, Cuba, may

apply for employment under the Family Member Employment Program.

Family members shall be given preference when filling positions competitively at the GS-1 through GS-15 (or equivalent) designated for U.S. Citizen occupancy. This preference shall only apply to initial appointments into a continuing position, including temporary positions of one year or more.

Family member preference shall not be given when U.S. citizen veterans are entitled to preference in employment, nor shall family members be given employment preference on the basis of their sponsor's rank.

Additionally, preference shall apply in foreign national positions to family members

who are not U.S. Citizens. However, such family members shall be employed under employment terms and conditions as prescribed in local agreements or instructions.

Qualified family members may file applications for employment with the overseas Human Resources Office (HRO) 30 days before their anticipated arrival within the command. However, family members may not receive preference until actually arriving at the overseas location.

How does this affect the family member upon return to the United States?

Normally, family members are placed on leave-without-pay status for 90 days when they leave the overseas area. This allows the family mem-

ber to continue in the Federal service for a period of time to arrive at the new duty station and attempt to secure a new position.

The family member is eligible to be noncompetitively appointed to a competitive service position so long as the family member has at least 52 weeks of creditable overseas service and have received a satisfactory (or equivalent) or better performance rating.

The family member remains eligible for this type of appointment for a period of three years following the date of return from the overseas area to the United States to resume residence.

For additional information contact the Human Resources Office at extension 4441.

Worship Services

Catholic Mass (Main Chapel)

Tuesday-Friday, noon
Daily Mass (Cobre Chapel)
Confession, Saturday, 4 p.m.
Vigil Mass, 5 p.m.
Sunday Mass, 9 a.m. (Cobre Chapel)
Eucharistic Adoration, daily 24 hrs.

Protestant Services

Sunday
Sunday School, 9:30 a.m.
Services at Main Chapel, 11 a.m.
Children's Sunday School, 11:30 a.m.
Gospel Worship Service, 1 p.m.
Monday
Prayer Group, 6 p.m. (Fellowship Hall)
Wednesday
Men's Fellowship, 6:30 p.m.
(Fellowship Hall)
Gospel Bible Study, 7:30 p.m.
(Sanctuary A)
Thursday
PWOC - 6:30 p.m. (Fellowship Hall)
Sunday, Protestant Liturgical Service, 10 a.m. (Sanctuary B)

Church of Jesus Christ of Latter Day Saints (Sanctuary A)

Sunday Sacrament, 9 a.m.
Monday, Family Home Evening, 7 p.m.

Filipino Christian Fellowship (Sanctuary A)

Sunday Worship, 7 p.m.

Iglesia Ni Cristo (Sanctuary B)

Sunday Worship, 8 p.m.

Pentecostal Gospel Temple (Sanctuary D)

Sunday Worship, 8 a.m. & 5 p.m.

Seventh Day Adventist

Sabbath School Saturday - 9:30 a.m.
(Sanctuary B)
Saturday Divine Service, 11 a.m.

Islamic Service (Sanctuary C)

Friday Worship, 12:30 p.m.

United Jamaican Fellowship (Bldg. 1036, next to Phoenix Cable)

Sunday Service, 11 a.m. & 6:30 p.m.

Shabbat Service

Second Friday of the month, Rm. 11, 7:30 p.m.

Farewell for the Jeffries

Be a part of a GTMO videotape send-off for the Jeffries.

Roger and Rebecca Jeffries left GTMO in July 2005 because of a serious medical emergency. Last month, "Jeff" made the decision to retire from the GTMO Fire Department after a 31-year career in the fire service.

Jeff and Rebecca won't be returning to GTMO, but friends and co-workers want to celebrate Jeff's career with a send-off at ferry landing on Thursday, March 2.

There will be a video camera rolling to capture the sights and sounds of a Fire Department send-off, GTMO-style.

Please stop by between 8-8:25 a.m., if you'd like to offer your best wishes to Jeff and Rebecca on camera. It is hoped that this will be a tape the Jeffries will always treasure, so please be a part of it.

For more information, contact Ben or Tracye Miller at 5696.



Housing update

The Family Housing Office is preparing a list of repair projects for potential end-of-year FY-06 funds. Suggestions/recommendations for repair projects are being solicited. Please e-mail the Family Housing Facilities Manager at n171@usnbgtno.navy.mil by close of business March 20.

The Housing Office is trying to incorporate as many recommendations as possible. They have no indication of funding levels, if any.

The following projects are currently underway:

- Granadillo Point and Granadillo Circle: installing reflective house numbers, vinyl fencing and replacing roofs;

- Deer Point, Caravella Point, West Bargo, Iguana Terrace, Mobile Point, Evans Point: installing central air conditioning

- Caravella Point and West Bargo: adding second bathroom (only block units)

Guantanamo detainees held legally, official says

By Steven Donald Smith, American Forces Press Service

WASHINGTON – Detainees at U.S. Naval Station Guantanamo Bay, Cuba, are being held in accordance with the laws of armed conflict, John Bellinger, a State Department legal adviser, said recently.

“The vast majority of the people who are in Guantanamo are being held under the typical laws of war,” Bellinger said at a State Department Foreign Press Center briefing. “When we went into Afghanistan with the coalition, that was clearly a state of international armed conflict in Afghanistan, and clearly, the laws of war would apply to that.”

Bellinger said most of the detainees were captured on the battlefield, but are not categorized as prisoners of war because al Qaeda is not a signatory to the Geneva Conventions, and “neither the Taliban nor al Qaeda met any of the definitions of the term ‘prisoner of war’” outlined in the conventions.

Due to security threats, “the Geneva Conventions themselves make very clear, ...that there would be certain categories of individuals, ...spies or ‘saboteurs,’ who should be considered to have forfeited their rights of communication with the outside world,” he said.

Bellinger commented on a forthcoming U.N. report regarding the detainees at Guantanamo.

“The U. S. government has seen an advance draft of it,” he said. “We think that the report is fundamentally flawed in its procedures and is riddled with inaccuracies and really was done in a way, frankly, that discredits the report overall and the work of the reporters in this effort.”

Bellinger criticized the U. N. for writing the report without visiting Guantanamo, even though they had been invited to do so.

He made the point that activities at Guantanamo are transparent and that more than 1,000



DoD photo by SN David Coleman

A detainee is escorted to a medium security facility at Guantanamo Bay, that houses detainees in a communal living environment allowing greater freedom of movement and group recreation.

members of the media, numerous members of the U. S. Congress, and representatives from the International Committee for the Red Cross have repeatedly visited the facility.

“So instead, the report of the reporters, which purports to be a balanced review, is based only on statements from members of al Qaeda or the Taliban who’ve been released from Guantanamo or their defense counsel,” he said.

He also slammed the report for insinuating that force-feeding detainees engaged in a hunger strike amounted to torture.

“It’s a little bit difficult to understand how the U.N. rapporteurs, without having interviewed anybody in the U.S. government, would accept at face value the assertions of the defense counsel

that this definitely amounted to torture,” he said.

Bellinger said the report even got the definition of torture wrong.

“In the Convention Against Torture, the convention says that torture is a activity that is specifically intended to cause severe medical pain or suffering,” he said. “Well, I think that on its face, that no one would accept that our doctors, by giving someone food and nourishment, are intending to inflict severe physical pain or suffering on them.”

He said that hunger strikers are fed through feeding tubes.

“It’s a very, very small feeding tube. It’s exactly the same procedure as used in any hospital in the United States for any

individual who needs to be fed directly,” he said. “It is a tiny, four-millimeter tube in which lubricant is actually used, and the detainees are offered the choice of a painkiller, if they want one.”

When asked if detainees should be tried or released, Bellinger reiterated that U.S. operations in Afghanistan are part of an international armed conflict and the detainees picked up there were participants, therefore, the appropriate legal procedure is to hold them until the end of the conflict.

“We release individuals who we think cease to pose a threat,” he added.

Bellinger also talked about the trial of Saddam Hussein.

“We’ve seen the press stories coming out about Saddam’s antics and disrespect for the court,” he said. “What’s actually being missed is in addition to the antics of Saddam and other defendants, is that justice is in fact being done.”

He said Iraqis see the difficulties associated with the trial, but “it’s unfortunate that the stories are not focusing equally on the witnesses who are coming forward to tell their stories of the abuse that they suffered. This is actually what the Iraqis are seeing.”

Bellinger also briefly commented on new Abu Ghraib prison photos that were shown today on Australian television depicting “conduct that is absolutely disgusting.”

“It’s unfortunate, though, that the photographs are continuing to come out because I think it simply fans the flames at a time that sentiments on these issues are raw around the world,” he said. “People know, the world knows, that this behavior went on. It was described. It’s been prosecuted. There’s no value that can be added.”

No Orthodontics in GTMO

The question was asked at a recent Naval Station town hall meeting, "Why don't we have an Orthodontist in GTMO?"

There are three basic reasons that explain:

— **Population:** Like many medical specialties, the base population in Guantanamo Bay is not large enough to sustain a full-time Orthodontist. There are only 15 Orthodontists in the Navy and many of them are based overseas in locations that allow them to "circuit ride" (meaning they commute from base to base to keep up with proper adjustment schedules and follow-ups). Travel is difficult to and from Guantanamo Bay and the nearest military orthodontist is over 1200 miles away.

— **Facilities:** The Naval Hospital Dental Clinic is physically too small to support an Orthodontist practice. There are currently sufficient



rooms for only two dentists to work efficiently and maintain the required urgent and routine dental work that must be done in Guantanamo.

— **Length of treatment:** Orthodontic treatment is generally very lengthy and, in most cases, could not be completed in a standard military tour here. There are usually no age imperatives when Orthodontic treatment needs to be initiated.

For questions about this issue or other Naval Hospital customer service concerns, please contact the Customer Relations Officer, LCDR Youberg at 72940.

Navy leaders budget for 21st century sailor, force

By JO2(AW/SW) Chad A. Bricks, Navy News Service

WASHINGTON (NNS) — President Bush submitted his 2007 fiscal year (FY) budget request to Congress Feb. 6, which included the Navy's \$127 billion budget proposal. The President's budget request was also accompanied by the recently released Department of Defense's Quadrennial Defense Review (QDR).

The Navy's proposed budget boasts a \$4.4 billion increase from last year's baseline appropriations. If approved, the FY 07 - FY11 budget provides the necessary funding levels to sustain current readiness, build the fleet for the future and develop the 21st Century Sailor over the next four years.

What that means for Sailors and Marines are possible increases in pay and benefits as

well as several quality of life improvements. According to Navy leaders, the requested budget proposes a 5.9 percent increase in Basic Allowance for Housing, a 2.2 percent pay increase and improved facilities for schools and child care.

"We have a significant increase in the benefits for our Sailors as we're looking towards the future to take care of our 21st Century Sailor," said Rear Adm. Stanley D. Bozin, director, Office of Budget for the Assistant Secretary of the Navy.

"We want to make sure they are compensated for what they are doing as an all volunteer force, and I think this budget reflects that. It's a significant accomplishment to be able to do that and reward our Sailors and Marines," Bozin said.



GTMO's Biggest Loser



Need to Lose Weight? Looking for a Challenge? Get Together a Team of 4 to Compete for the Title of GTMO's Biggest Loser!

Competition Begins March 1st and Ends June 1st

Teams **MUST** Sign Up by Feb. 28th - No Late Registration Allowed

Pre-Competition Meeting and Initial Weigh-In on Feb. 28th @ 1900, Upstairs at the Windjammer
All Team Members Must Attend



Must Complete a Microfit Assessment During First Week of Competition and Must Have Doctor's Approval

FMI Call Audrey @ 2193

LET'S WALK!

Do you enjoy walking with others or need motivation to get walking? Join a walking club today!

- When: Monday, Wednesday & Friday, Meet at the gym
- FMI contact Katie at x2193 or RasmussenKD@usnbgtno.navy.mil with a time that works well for you
- All walkers welcome





Did you know? Exercising and elevating your heart rate for 30 minutes or more a day can reduce your risk of heart disease, colon cancer, diabetes and high blood pressure.

Downtown Lyceum

Friday, Feb. 24

Memoirs of a Geisha

7 p.m., PG-13, 145 min.

Final Destination 3

9 p.m., R, 92 min.

Saturday, Feb. 25

Fun with Dick and Jane

7 p.m., PG-13, 106 min.

The Producers

9 p.m., R, 134 min.

Sunday, Feb. 26

Memoirs of a Geisha

7 p.m., PG-13, 145 min.

Monday, Feb. 27

Final Destination 3

7 p.m., R, 92 min.

Tuesday, Feb. 28

The Producers

7 p.m., R, 134 min.

Wednesday, March 1

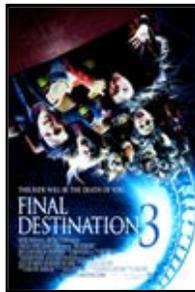
The Chronicles of Narnia

7 p.m., PG-13, 135 min.

Thursday, March 2

The Family Stone

7 p.m., PG-13, 106 min.

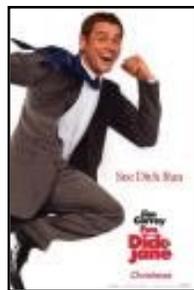


Final Destination 3

Suspense. Horror, Thriller

Cast: Ryan Merriman, Mary Elizabeth Winstead, Texas Battle, Gina Holden, Dustin Milligan

Storyline: When a high school student fails to stop the fated roller coaster ride that she predicted would cause the deaths of several of her friends, she teams with a schoolmate, in a race against time to prevent the Grim Reaper from revisiting the survivors of the first tragedy.



Fun with Dick and Jane

Comedy, Crime

Cast: Jim Carrey, Tea Leoni, Alec Baldwin, Richard Jenkins, Angie Harmon

Storyline: Dick and Jane are in love and living the American dream—until one day it becomes an American nightmare. When the company Dick works for becomes involved in an Enron-like scandal and he takes the rap, Dick and Jane are forced with the prospect of losing everything. After playing by the rules and getting burned, Dick has an idea: If stealing was good enough for his boss, then it's good enough for him.

MWR Happenings

Windjammer Dinner Theater

Monday, Feb. 27, at 5:30 p.m. Bring the family to the Windjammer Club to enjoy dinner and then watch family oriented G or PG-rated movies. This Monday, "Jungle Book 2," begins at 5:30 p.m., and the second movie, "Into the Blue," begins at 8 p.m.

Marblehead Lanes Bowling Center

New hours of operation, beginning March 1, Mon.- Fri., 6 p.m. to midnight; Sat., Sun. and holidays, 3 p.m. to midnight. Command functions and birthday parties by appointment only. FMI call 7147 or 90113.

Texas Hold'em Poker Tourney

March 7, 6 p.m., at the Goat Locker. Sign-up by March 4. Second tourney to be held March 21, same time, same place, register by March 18. Prize funds based on percentage of entry fees. Registration and dinner 5:30-6 p.m. FMI call Mike at 5604 or email kaplanmh@usnbgtno.navy.mil.

MWR Clubs Dart League

Begins March 16. Open to all hands. Two-man teams are being formed now! Sign up by March 10 at the Goat Locker. Meeting for all teams will be on March 13 at 4 p.m. at the Goat Locker. A representative for each team must be attend. FMI email Mike at KaplanMH@usnbgtno.navy.mil.

MWR Clubs Pool League

Begins March 16. Three-man teams are being formed now. The league will take place Thursdays at the Goat Locker. Sign-up by March 19. A mandatory team meeting will be held March 13 at 6 p.m. Team reps must be in attendance. FMI email Mike at KaplanMH@usnbgtno.navy.mil.

Captain's Cup Bowling League

Begins March 20, 6:30 p.m. FMI call Nancy at 2118 or 7174.

MWR Computer Training

MWR is offering computer training with a wide variety of classes including MS Office, Macromedia Flash, computer repair, HTML programming. Open to anyone on base. All classes taught by Microsoft-certified instructor. FMI call Randy at 9556.

GTMO Shopper

For Sale

(2) Complete dive set, includes BC regulator, gauge console, tank, dive bag and weight belt, \$800 OBO. FMI call 3962 DWH or 8196 AWH.

(2) Black TV stand, \$15; exercise bicycle, \$40; several round tables w/glass and skirts, \$15 each; weight bench w/various weights, \$40; Nintendo w/games & controllers, \$75; computer desk w/286 computer and printer, \$50; flag pole w/U.S. flag, \$10; TV armoire, \$90; queen-size sleeper sofa, \$100; wood dinette table w/ceramic top and 4 chairs, \$125. FMI call Jeanette at 7366.

(2) Oak dining set with 7 chairs, embossed apron, oak pedestal, ball and claw feet w/6 matching chairs, \$400; mahogany table w/6 chairs, \$125. FMI call Marie 7106 AWH.

(1) Light green carpet, 12-ft. X 12-ft., \$40; mauve carpet 12-ft. X 18-ft., \$100; weight bench with

weights, \$40; Nintendo 64 with games and controllers, \$75. FMI call Jeanette at 7366.

(1) Casio Exilim Pro 6 megapixel digital camera with case, 4X optical zoom, \$225. FMI call Sam at 9522 DWH or 4709 AWH.

(1) Patio table with bench seats, \$60; dive gear package with two tanks, computer, octopus, computer, BC, \$550; Blackwater kayak, \$450; golf clubs with bag, \$75; lawn mower with bagger, \$75. FMI call Marie 7106 AWH.

(1) Compaq P4 laptop with 2M processor, DVD player, 256 RAM, very fast, \$575. FMI call Carl at 7024.

(1) Fold-and-go musical baby swing, \$25; Boppy pillow, \$5; kick-and-play activity center, \$5; baby backpack and stroller combo, \$20; assorted small toys. FMI call Sara at 2507.

Vehicles/Boats

(2) 1995 VW Jetta, great manual

transmission and good overall condition, \$3800. FMI call 5769.

(2) 1996 Green Honda Civic, very clean, only two owners. Available after Apr. 10. FMI call Luis at 9520 or email ma3luisguzman@hotmail.com. (2) 1998 Ford Ranger EX Model, very good condition, 89,000 mi. new A/C, 5-speed manual transmission. FMI call 6969 AWH.

(2) 24-ft. pontoon boat with salt-water 90hp Mercury motor, includes CD player, VHF radio, 4 fishing poles and safety equipment, \$7,000. FMI call Randy at 9556 DWH or 7116 AWH.

(1) 2001 Chevy Cavalier Coupe Z24, CD player, sunroof, 5-speed transmission, \$7500. FMI call Joey at 9551 AWH.

(1) 1996 Mazda B200, runs excellent, \$1200 OBO. FMI see Spc. Wallick in B003 or Sgt. Josefosky in B004 in Camp A.

(1) 16-ft. boat, 100HP, like new, lots of extras, \$3,000 OBO. FMI call 7466.

Employment

(2) Human Resources Office announces the following vacancies: Accounting Tech., closes Feb. 27; Supply Tech., closes Feb. 27; Transportation Asst., closes March 3.

(2) Integrated Resource Technologies, Inc. has an immediate local opening for an Admin. Ops. Specialist with TS/SCI clearance. FMI contact Gina Williams-Davis at 703-931-3330 or by email at gwdavis@irti.com. (2) Paperclips Etc is taking applications for store manager. Salary will be based on experience and qualification. FMI call Mona at 4621.

(1) Manager needed for Treasures and Trivia thrift shop. Part-time, flexible hours. FMI

call Marianne at 7799.

Announcements

(2) Order Mary Kay products on-line with a credit or debit card. Visit my web site at www.marykay.com/phuff1 to see the latest specials, catalogs and all the pro-ducts. Then send me an email at phuff@marykay.com to let me know what you have ordered. I have a package shipped once a month to GTMO. Order by the 10th of the month to ensure your products are included in that month's shipment. (Naval Station approved.)

(1) The Quilting Group will meet March 14 and 29 from 6 - 9 p.m. at the High School library. FMI call Gigi at 7365.

(1) The Fil-Am GTMO Association invites all members to attend a meeting to elect new officers Feb. 26 at 5 p.m. at the Trailer Park dining facility. FMI call Alex or Lhoy at 3871.

(1) W.T. Sampson Elementary School is celebrating Dr. Seuss's birthday. To remember his works, the student population is designing and enjoying a Seussian celebration! Stay tuned for upcoming Dr. Seuss celebratory activities. FMI call Mrs. Simone at 2207.

Wanted

Glass fish tank, 30- 75 gal. Call Jose at 5622 or email DeepceeV@aol.com.

Yard Sales

Feb. 25 — Paola Point, #13, 7:30 a.m. - 10:30.

Feb. 25 — Marine Site, #107, 7 a.m. - noon.

Feb. 26 — Marine Site, #107, 7 a.m. - noon.

Feb. 26 — Marine Site, #115, 8a.m. - noon.

Feb. 26 — Windward Loop, #12D, 9a.m. - noon.



GTMO Extreme 2006

Saturday, March 4 @ 0600

Begins at Sailing Center

Race Consists of 8-mile Kayak, 8-mile Mountain Bike, 8-mile Run

MUST Sign Up at Base Gym by March 2 - No Late Registration

Teams of 4 - Must be Coed. All team members must complete each event in the race.

Start training now! More info to come

FMI: 2193



Environmental reminder

Conch season is closed March, April and May. Please report all violations to 4105 or VHS channel 12.



Photo by PH1(SW) Terry Matlock

Gun salute — *Members of the Naval Station Weapons Department fire off a traditional 21-gun salute at Bulkeley Landing with their 40-mm saluting battery commemorating Presidents' Day on Feb. 20.*



Scrub, rub — *Members of the Naval Station Wardroom and some of their family members wash cars to help raise money to support wardroom functions. They raised \$402 from the car wash held Feb. 19. Car washes at the NEX are a popular fund-raising activity in Guantanamo Bay.*

Photo by JO2(AW) Honey Nixon