

'Fatastic Four' named biggest losers

By MC2 (AW) Honey Nixon, Public Affairs Office

After 13 weeks of exercising, eating right, and competing with 28 other teams, the 'Fatastic Four' were named the winners of GTMO's 'Biggest Loser' competition at the award ceremony, June 1, at the Windjammer Ballroom.

After losing 145 pounds, the team, made up of Beverly Cairo, Mario Flores, Danielle Lowery, and David Miller, took home the grand prize, an all-inclusive week at the Breezes Resort in Montego Bay, Jamaica, for the entire team.

Mario Flores also won the individual grand prize, a plasma TV, for dropping the most weight for a single person, 47 pounds.

GTMO's Biggest Loser, inspired by NBC's 'Biggest Loser' weight-loss reality show, gave servicemembers and base residents a vehicle to shed unwanted pounds and promote healthy lifestyles.

Team 'Jelly Bellies' dropped a combined total of 102 pounds to finish second. They each took home a portable DVD player. Third prize went to the 'GTMO Gators' who received Nike watches.

A member of team 'Jelly Bellies,' ABE2 Eric Sienzant, said he learned that working with a team kept his motivation from wan-



Photo by MC2(AW) Honey Nixon
Audrey Chapman presents Mario Flores with his trophy for losing the most pounds in the 'Biggest Loser' competition. Flores also won a plasma TV.



Photo by MC2(AW) Honey Nixon

Team 'Fatastic Four' accept their first-place trophies and certificates at the GTMO's 'Biggest Loser' competition award ceremony. Audrey Chapman, MWR's fitness program coordinator, presented Danielle Lowery, David Miller, Beverly Cairo, and Mario Flores with their awards.

ing.

"The lack of motivation is obviously why I put on the weight on to begin with," said Sienzant. "Then having to work with a team, you had to motivate yourself so you wouldn't let your teammates down. Even if you weren't worried about failing for yourself, you still couldn't fail your team."

Audrey Chapman, MWR fitness specialist and contest coordinator, believes the 'Biggest Loser' contest was a success not just in number of pounds lost but in number of changed lifestyles.

"I think a lot of people really changed their lifestyles and are feeling better," said Chapman. "Many told me they are feeling better about themselves. They're more energized. They're happier, and now they can do a lot more. There were great accomplishments all around. Everyone's had so much success."

All participants lost a combined weight of 1,152 pounds. The success of this contest may have inspired other Navy commands to

embark on similar fitness programs.

MWR director Craig Basel says the program idea was sent to Commander, Navy Installations Command headquarters, and now other installations are calling to see if they can implement similar programs.

Sienzant, who is returning to his permanent duty station at NAS Key West in June, said he is excited about taking his new lifestyle back home. He is determined to make this change permanent.

"I think I had to decide that this was going to be a life change," said Sienzant. "The people back in Key West who saw me at 265 pounds, and will see me at 217, are going to notice the difference, more so than anyone here," said Sienzant, "Hearing their comments is going to motivate me even more, and keep me wanting this."

"I never want to go back where I was," he added. "My confidence has gone through the roof, as well as my motivation. I have all the intentions of keeping this up."

Sailors warned of VA data compromise

From Chief of Naval Personnel Public Affairs

The Department of Veterans Affairs (VA) announced June 3 that active-duty Sailors may be affected by the theft in May of military personnel data.

According to the VA, a duplicate database with data files was stolen from a VA employee's home May 3.

While the VA has received no reports that the stolen data has been used for fraudulent purposes, they are asking all veterans to be extra vigilant and to carefully monitor bank statements, credit card statements and any statements relating to recent financial transactions.

Several resources are available for people to go to for more information. The Department of Veterans Affairs has set up a special Web site (www.firstgov.gov) and a toll-free telephone number (800-FED-INFO or 800-333-4636) that feature up-to-date news and information on the data compromise. The site offers tips on how to check credit reports, how to guard against identity theft and whom to call if an individual believes any fraudulent activity is occurring using his or her personal information.

The Navy and Department of Defense are working closely with the VA to determine how



many Sailors and other service members may be affected by the compromise of records. Sailors whose information has been compromised will be notified by a letter from the VA and the Navy so they can take the appropriate steps.

Tips on how to watch for suspicious activity include the following:

Closely monitor your bank and credit card statements for fraudulent transactions. Monitoring accounts online is the best way to detect fraud early.

Place a 90-day fraud alert on your credit report, which tells creditors to contact you before opening any new accounts or making any changes to your existing accounts. This action may cause some delays if you are trying to obtain new credit.

It is only necessary to contact one of three companies to place an alert. That company is then required to contact the

other two. The three companies are Equifax (800-525-6285, www.equifax.com), Experian (888-397-3742, www.experian.com) and TransUnion (800-680-7289, www.transunion.com).

Once the fraud alert has been posted, you are entitled to free copies of your credit reports. Review these reports for inquiries from companies you haven't contacted or accounts you didn't open. The alert can be renewed after 90 days. Sailors are advised to take the following steps if they discover fraudu-

lent accounts or transactions:

— Contact the financial institution to close the fraudulent account(s) that have been tampered with.

— File a report with the local police department.

— File a complaint with the Federal Trade Commission by phone at 877-438-4338, online at www.consumer.gov/idtheft or by mail a letter to: Identity Theft Clearinghouse, Federal Trade Commission, 600 Pennsylvania Avenue NW, Washington, DC 20580.

Navy to commission new guided-missile destroyer

The Navy will commission the newest Arleigh Burke class guided-missile destroyer, Farragut, Saturday, June 10, 2006, during an 11 a.m. ceremony in Mayport, Fla.

Sen. Mel Martinez will deliver the ceremony's principal address. Sen. Susan Collins will serve as the ship's sponsor. In a time-honored Navy tradition, she will give the first order to "man our ship and bring her to life!"

The ship's name honors Adm. David Glasgow Farragut (1801-1870). One of the Union's great heroes, Farragut gained fame for his exploits while in command of the West Gulf Blockading Squadron during the Civil War.

In 1862, his ships fought past confederate forts to capture New Orleans.

In 1863, at Port Hudson, his forces gained control of the Mississippi River splitting the Confederacy.

In 1864, Rear Adm. Farragut rallied his men to victory, shouting: "Damn the torpedoes! Full speed ahead!" and led all but one of his 18 ships safely through the channel to win the Battle of

Mobile Bay, one of the most celebrated victories in American naval history.

Designated DDG-99, Farragut is the 49th ship of 62 Arleigh Burke class destroyers. This highly capable multi-mission ship can conduct a variety of operations in support of the National Military Strategy, from peacetime presence and crisis management to sea control and power projection.

Farragut will be capable of fighting air, surface, and subsurface battles simultaneously.

The ship contains numerous offensive and defensive weapons designed to support maritime defense needs well into the 21st century.

Cmdr. Deidre L. McLay of Boulder City, Nev., will become the first commanding officer of the ship.

The 9,200-ton Farragut is being built by Bath Iron Works, a company of General Dynamics. Farragut is 509.5 feet in length, has a waterline beam of 59 feet, a navigational draft of 32 feet and a crew of 290 officers and enlisted personnel.

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Executive Officer.....CDR Jeff Hayhurst
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Students compete in 'Odyssey of the Mind'

By MC2(AW) Honey Nixon, Public Affairs Office

What can you do with PVC pipes, homemade costumes, a background and a lot of creativity? Well, if you're a W.T. Sampson student, the possibilities are endless.

A group of fifth- and sixth-grade students from W.T. Sampson Elementary School pushed their creative problem solving talents to the limit when they competed in the 2006 'Odyssey of the Mind' World Finals, May 24 -27 at the University of Iowa campus in Ames, Iowa.

'Odyssey of the Mind' is an international program that gives creative problem-solving opportunities for students from kindergarten to college. Students apply their creativity to solve one of five, long-term problems chosen at the beginning of the school year.

Students bring their unique solutions to the problem to the competition and present their solution to a panel of judges.

The problems range from technical to artistic, and this year the W.T. Sampson team chose the "Jungle Bloke," which had a pollution and conservation theme.

There are cost limits for supplies used and the children's performance had an 8-minute time limit.

"We finished in six minutes and 45 seconds," said Nestar Rios, the school nurse and coach for this year's competition. The students performed the solution to their long-term problem with a skit, a song and a dance.

There is also a spontaneous problem presented to students when they arrive at the competition so they are forced into split-second problem solving. Both the spontaneous problem and long-term problem are judged, more on their creativ-



Photo contributed by Nestar Rios

Celina Frye, Phoenix Castilla, Kyle Robarge, Andre Perkins, Caroline Belleman, Vickie Miller and Austin Hammonds perform their 'Jungle Bloke' skit for judges at the 2006 Odyssey of the Mind World Finals. The competition ran May 24 -27 at Iowa State University in Ames, Iowa.

ity than anything else.

Although W.T. Sampson did not place high among the 800 teams there, Rios feels the competition wasn't about winning, but about the experience the children gained.

"I think this program is actually a character-builder for kids, because it promotes creativity, commitment, and teamwork," said Rios. "This group of kids was also new to the competition. One of our disadvantages was not being able to compete in the state competition. However, I have enjoyed watching them grow. Some of them were very shy at first, and didn't know how to work as a team, but they have come a long way.

"They are winners to me," she continued, "because they learned something from this experience. It was not a matter of competing. It was a matter of learning."

Celina Frye, a fifth-grader, saw a change take place within herself due to her participation in the program.

"I was probably one of

those people who really wasn't good at teamwork before I got into this," said Frye. "Learning teamwork was a good thing for me. Now, I feel I can work as part of a team."

The learning didn't just occur at the competition, but some of the children learned about being seasoned travelers as well.

"The most challenging part was getting there and back," said Austin Hammonds, one of the participants. "We ended up taking about 6 flights. We learned to catch our flights on

time, we landed and sometimes had to rush to catch the next plane, and once they had to hold the plane for us."

The students met children from nations around the globe including Korea, China, Germany, Singapore, Bahrain and many more.

"My favorite part was meeting people," said sixth-grader Caroline Belleman.

"I met a Polish, Chinese, and Japanese girl. I met so many people."

"There were many children from many countries," said fifth-grader Vickie Miller. "I really liked pin-trading with them. I have pins from many countries now to remember them."

This is the third year W.T. Sampson Schools have participated in the 'Odyssey of the Mind' competition. The trip was made possible by various fundraisers held throughout the year and local organization donations, which garnered almost \$6,500 to make the trip a reality.

W.T. Sampson High School students also participated in a high school version of the competition. Both teams plan on participating next year in the 2007 World Finals at Michigan State University.

Vacation Bible Study 2006



June 19 - 23
9 a.m. - Noon
NAVSTA Chapel

Open to children between ages 4- 11. Transportation to and from the CDC and Youth Center will be provided. Children may register at the NAVSTA Chaplain's office (no registration by phone). Registration ends Friday, June 16. Volunteers will be needed! FMI call 2323.



Photo by MC1 Igo Wordu

Advancement — *Newly frocked third class petty officers pose for a photograph after they were authorized to assume the rank and responsibilities in a ceremony held at Bulkeley Hall on June 5. They are: YN3 Angel Datil Jr., MA3 Matthew Jentel, YN3 Hershel Lemaster, and MA3 Matthew Vollmer. Also advanced after the March exams were MA2 Michael Johnson, MA2 Brians Roberts, BM2 Raquel Saspe, BM2 Mintrell Speight, BM2 Pamela Valeriodisla, AO2 Chingford Younge, GM1 Craig Brown, MA1 Andrew Duncan, and GM1 Brandon Lalley.*

Kittery Beach Road is now open

By MC1 Robert Lamb, Naval Station Public Affairs

An ideal beach outing for GTMO residents might mean driving down to Kittery Beach and enjoying the sun and waves in a somewhat secluded atmosphere.

But for the past few months access to the beautiful beach has been secured.

The secondary road to Kittery Beach had been heavily damaged by rain. Any time heavy rains came the road would be washed out, creating pot holes and dangerous driving conditions.

Contractors removed road materials, rebuilt the road, and constructed drainage ditches along both sides of the road to allow water to run-off.

“All the water from the road will actually run into the ditch and then the pipe will transfer the water into some retention ponds on the sides of the road,” said Ken Buonviri, engineer



Photo by MC1 Robert Lamb

Kenneth Buonviri inspects a drainage pipe on the secondary road leading to Kittery Beach.

technician on the project.

They also constructed two drainage ponds approximately 75-ft. X 75-ft. away from the road, where water could collect without causing any damage to the areas around the road. The reconstructed road now makes it possible for two vehicles to pass one another,

and the road has been graded smooth.

The total cost for the ROICC project was approximately \$72,000.

The secondary road is now open, and unless military operations restrict access, vehicles are permitted to use this road during daylight hours.



Ombudsman Corner

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June 14 is anniversary of Battle of Cuzco Well

By R. R. Keene, reprinted with permission of *Leatherneck Magazine*

Editor's note: The following article is part of a three-part series about the service of U.S. Marines in the Spanish-American War. It details the service of the Marine battalion of Lt. Col. Robert W. Huntington which was sent to Cuba to face the Spanish. It was Lt. Col. Huntington's Marines who turned the tide and secured Cuzco Well, leading to the U.S. landing at and later establishment of Naval Base Guantanamo Bay. The date is June 14, 1898, and Huntington's Marines have been fighting off Spanish snipers for three days.

Angered at his Marines being picked off piecemeal by snipers, Huntington, near a state of collapse because of his age, desperately sought to reverse the situation. His opportunity came with the arrival of Cuban guides and about 70 insurrectionists. The Marines and Cubans estimated that while thousands of imperial Spain's troops were around Guantanamo City, they were facing between 500 to 800 troops in the immediate vicinity. A Cuban colonel, sweat soaked and sipping from his canteen, reminded those at officers' call that water was a problem for all combatants on Cuba.

Why not, he suggested, mount an expedition and destroy the Spaniards' only drinking water located in their Cuzco Well camp some two miles away?

Why not indeed.

Although it was only a few miles to Cuzco Well, the actual route of march was closer to six through breezeless, rugged terrain. Companies C and D (some 150 Marines), commanded by Capt W. F. Spicer, with approximately 50 Cubans set out on a painstaking hike.

The Cubans, dressed in whites given to them by the



U.S. Marines raise the American flag on June 14, 1898, at the site of the Cuzco Well, Guantanamo Bay, Cuba.

Navy, moved out along a path through the bush and the Marines followed. It was an arduous and thirsty trek up a chalky cliff and over steep ridges.

The sun's rays pounded them until some of their numbers, including Capt Spicer, became red-faced, cramped and disoriented. Command then fell to Co C's George Elliott, the junior captain, who at age 52 and with 28 years of service, was also nearing the end of his own physical limitations.

Elliott realized that the high ground, a large razorback hill which dominated the Cuzco Well camp, had been left unoccupied. Elliott and his expedition scrambled up the steep incline coated in brush and cactus, in a foot race for the summit. It was a three-minute sprint that saw them strung out over the face of the rugged slope, grunting, panting and gasping, too pained to swear as they forced their legs to pump and carry them upward.

Meanwhile, in the camp below, six companies of enemy

riflemen from the Sixth Barcelona Regiment manned the gun ports of the camp, adjusted their sights and prepared to rely on the long-range accuracy of 500 Mausers to stop the Marines.

The first leathernecks and Cubans no sooner reached the crest when they became targets of bullets which even at more than 1,000 yards still "sang in the air until one thought that a good hand with a lacrosse stick could have bagged many," wrote Stephen Crane, author of the 'Red Badge of Courage,' who was a war correspondent covering the Marines..

Leathernecks calmly chambered rounds into their Lee rifles. A thousand yards was

not impossible for men in a Corps that stressed marksmanship. The battle became a long-range shooting match that could be heard all the way back to Camp McCalla.

The battle continued for almost another hour before the Spanish decided they'd had enough and started looking for a way to exit Cuzco Well. From their vantage points the Marines watched as the Spanish started to withdraw and gave chase.

Back in Guantanamo City, the survivors of Cuzco Well told Gen Pareja they'd been attacked by 10,000 Americans. Whatever, it was enough to discourage the Spanish from attacking leatherneck positions again for the rest of the war.



USMC Sgt. John H. Quick was awarded the Medal Of Honor for his actions at the Battle of Cuzco Well.

Cuzco Well tour

Marine Corps Security Force Company Guantanamo Bay is commemorating the 108th anniversary of the Battle of Cuzco Well with a tour to the battle site on June 11.

Three buses will leave the Downtown Lyceum parking lot on June 11 at 8 a.m., first-come, first-served. The tour will last approximately two hours. Wear comfortable shoes and take plenty of water.

June 14 is National Flag Day

Editor's note: The national flag we see flying from our flagpoles today has been effective since July 4, 1960, when the states of Hawaii and Alaska were added to the Union. The original flag of our country was created within a year of American Independence. Its birthday is regarded as the day it was given official recognition by the Continental Congress as the national flag of the United States of America, in June 14, 1777. In honor of Flag Day, people were asked what they felt about the flag. These are their answers:

"Freedom, something that the flag represents, comes with a price. It's a contradiction in terms - freedom is not free. The national anthem is only one minute and 22 seconds long. We should stand proudly as an American or someone who enjoys the freedoms that America provides and honor that ceremony."

MAC(SW) Lee Conger

"In the Coast Guard, like all the rest of the military services, we honor and respect the flag for what it represents. It is America. I am extremely proud to serve. There are times when I step out onto the deck purposely so that I can salute. I would rather go outside. It is an honor to honor others who have come before us."

YNC Cole Broaders, USCG

"I am proud of the American flag. My family left oppressed countries (Poland and Czechoslovakia) to come to the United States. I am fully aware of Americans freedoms. I've got an American Flag and British flag flying over the top of my truck. Colors is a ceremony that should be treated with respect. A lot of men have died for that and I certainly take it personally. I love my country."

Jacob Duchock

"Every time I raise the flag I get a little tingling in my heart, which makes me feel good and special. It makes you stand a little taller when the flag goes up because it brings that connection we all have with one another. Even though its 200 years later, it is something that brings us back to our roots. It signifies why we are all here."

GMI(SW) Joshua Tolleson

"When I see people walking around during colors, not taking their hat off, not facing and not paying respect, I often wonder - do they even know what colors is about? These are a few moments you can take everyday to honor the people who have fought for this country. And for most of the civilians here, if their ancestors are from this country, somewhere along the line they have an ancestor who fought for this country."

FTC (SW) Tom Edwards

"The American flag makes my heart swell.. When you see that flag, you know it's home...This makes me very emotional. It is not the piece of material, it's what it stands for - freedom. We have the freedom to believe how we want to believe. That makes me the proudest - the people who want to stand up and protest - the flag gives them the freedom to do that. There are people who give their lives everyday so that these people have the right to say what they want."

Roberta Stanley

What does the American flag mean to you?



SKCS(SW)
Neil Stearns

"I see the flag as a representation of the ideals of what our country was founded on."



Kyle French

"The flag means a lot to me because my dad was in the Marines."



BM3(SW)
Nicole Cirino

"I think its a constant reminder of freedom, respect, and mission."



Denise Clark

"One word. Sacrifice. Not only the ones that sacrificed their lives but also the huge sacrifice of the families left behind."

Congratulations to the Class of 2006



Nicholas Craig Basel

Nicholas has lived in GTMO for 12 years. He will pursue his dream of becoming an aerospace engineer at Georgia Southern University.

"I will remember being able to live easy, going to the beach whenever I wanted. I'll also remember my friends."



Aaron Manuel Carvajal

Aaron has lived in Guantanamo Bay for almost four years. He'll be attending Miami Dale Community College.

"I will remember the friendships that I made, the 25 mph speed limit. I will remember the unique moments that I spent in GTMO."



Heather Lynne Panaro

Heather lived in Ft. Lewis, Wash., before she moved to GTMO two years ago. She will study animal science at Washington State University

"I will remember the great weather and all the fun times at the beach," she said.



Felicia Green



Amanda Faith Walker

Amanda has lived in GTMO for almost three years. She will attend community college at San Antonio, Texas.

"I will remember my friends, the good times, and all the sports I have played in. I will also remember the great times I had with my amorsito."



Alyssa Angella Roper

Alyssa has lived in GTMO for two years. Before that, she lived in Chynne, Wy. She will move to Virginia to attend Tidewater Community College.

"I will remember the beaches, my friends, the interesting people, and skaters and surfers I met down here."



Felicia has lived in GTMO since February 2004. She'll relocate to Gosse Creek, S.C. where said she will expand her horizon.

"I'll miss summer time in December," she said.



Jessica Marie Brewer

Jessica has lived in GTMO for more than seven years. She plans to attend Columbia College.

"I'll miss the cute guys, the rocky beaches and the wonderful friendships."



Langston R. Edwards

Langstan arrived at GTMO 10 years ago from Vilseck, Germany. He will attend the University of Columbia.

"I will remember the free movies, the crazy car washes and everyone who helped me get to where I am today."



Heather Anne McGarity

Heather moved to GTMO from Elizabethtown, Ky., one year ago.

She will pursue her college education at Texas Tech University. She hopes to become a biomedical engineer.

"I will remember the great friends, clear warm water at the beach, and the senior skip days."



24/7 summer campaign aims to save lives

By Dan Steber, Naval Safety Center Public Affairs Office

The Naval Safety Center, in partnership with the Marine Corps Safety Division, launched a new theme for this year's Critical Days of Summer campaign. The 24/7 Operation Summer Force Preservation theme is part of an effort to remind Sailors and Marines to be alert, aware and able to manage risk all day, every day.

"The period between Memorial Day weekend and Labor Day too often claims the lives of Sailors, Marines, and civilians involved in private motor vehicle (PMV) and off-duty recreational mishaps," said Rear Adm. George Mayer, Commander, Naval Safety Center.

"These critical days pose greater risks for several reasons. We take family vacations and often travel greater distances than we should without resting or taking a break. The weather is ideal for water sports and the risks that go along with them, such as



drowning and boating/jet-ski mishaps. Outdoor activities might include barbecuing, hiking, attending beach parties, playing sports, and driving recreational vehicles."

The Naval Safety Center supports this annual outreach campaign and encourages Sailors, Marines, and civilians to take care of themselves and of each other and make the summer season safe and enjoyable. The new 24/7 effort seeks to increase the attention on self preservation and to get renewed emphasis on making risk man-

agement part of everyday life, not just a tool to use at work.

During the summer periods from 2002 through 2005, the Navy and Marine Corps lost 220 Sailors and Marines in PMV, recreation and other off-duty incidents. Of those deaths, 166 were in PMV crashes alone.

"Unfortunately, alcohol is included in many of these activities, with the risk of over consumption" said Mayer, referring to the list of risks Sailors and Marines face during the summer and mishaps that take

too many lives each year.

That fact is borne out in the statistics that show at least 31 percent of the fatalities mentioned involved alcohol. Other problems are speed, fatigue, aggressive driving, and lack of seatbelt use. The numbers also show that 25 percent of the fatalities occurred while riding motorcycles, and 73 percent of the victims were 18 to 26 years old.

Various materials to support the 24/7 Operation Summer Force Preservation theme are available on the Naval Safety Center website at www.safetycenter.navy.mil/seasonal/criticaldays.

Sailors, Marines, civilians, commanding officers, officers-in-charge, and safety leaders can download a media kit, activity planner with weekly topics, and multimedia resources.

The Naval Safety Center urges commands to use these tools to develop local campaigns.



Yard of the Quarter

— MA3 Norman Simmons and his family are the Caribbean Circle winners of the 'Yard of the Quarter. NAVSTA Commanding Officer CAPT Mark Leary and the Caribbean Circle housing manger, Ron Slater, presented the award to the family. Over the next couple of weeks, the Gazette will run the photos of the other quarterly community winners.

Photo provided by Rudy Sammons

Worship Services

Catholic

Catholic Mass (Main Chapel)
 Tuesday-Friday, noon
 Daily Mass (Cobre Chapel)
 Confession, Saturday, 4 p.m.
 Vigil Mass, 5 p.m.
 Sunday Mass, 9 a.m. (Cobre Chapel)
 Eucharistic Adoration, daily 24 hrs.

Protestant

Sunday
 Sunday School, 9:30 a.m.
 Sunday Services, Main Chapel, 11 a.m.
 Children's Sunday School, 11:30 a.m.
 Gospel Worship Service, 1 p.m.
 Monday
 Prayer Group, 6 p.m. (Fellowship Hall)
 Wednesday
 Men's Fellowship, 6:30 p.m. (Fellowship Hall)
 Gospel Bible Study, 7:30 p.m. (Sanctuary A)
 Thursday
 PWOC - 6:30 p.m. (Fellowship Hall)
 Sunday, Protestant Liturgical Service, 10 a.m. (Sanctuary B)

Church of Jesus Christ of Latter Day Saints

(Sanctuary A)
 Monday, Family Home Evening, 7 p.m. (rm. 8)
 Sunday Sacrament, 9 a.m.

Filipino Christian Fellowship

(Sanctuary A)
 Sunday Worship, 7 p.m.

Iglesia Ni Cristo

(Sanctuary B)
 Bible Study, Thursday, 7 p.m.
 Sunday Worship, 5:30 a.m.

Pentecostal Gospel Temple

(Sanctuary D)
 Sunday Worship, 8 a.m. & 5 p.m.

Seventh Day Adventist

(Sanctuary B)
 Prayer Meeting, Tuesday, 7 p.m.
 Vesper Meeting, Friday, 7 p.m.
 Sabbath School, Saturday, 9:30 a.m.
 Divine Service, Saturday, 11 a.m.
 Bible Study, Saturday, 4:30 p.m.

Islamic Service

(Sanctuary C)
 Friday Worship, 1:15 p.m.

United Jamaican Fellowship

(Bldg. 1036, next to Phoenix Cable)
 Sunday Service, 11 a.m. & 6:30 p.m.

Shabbat Service

Second Friday of the month, Rm. 11, 7:30p.m.

All-Navy Golf Team is looking for applicants

By Ingrid Mueller, CNIC Millington Detachment

MILLINGTON, Tenn. — The Navy Sports Program is looking for Sailors who are interested in competing for a spot on the All-Navy golf team, which will hold its tryouts Aug. 1-4 at Naval Support Activity Mid-South, Millington, Tenn.

“Golf is one of our most competitive sports” said Donald Golden, head of the Navy Sports Program for the Navy’s Morale, Welfare and Recreation (MWR) Division, Commander, Navy Installations Command (CNIC), Millington Detachment.

“It is also one of our sports with strict qualifying standards. Athletes must have at least a 5 handicap in order to be considered. However, regardless of how good a person’s handicap is, the most important factor we consider is the amount of stroke-play tournaments an athlete participates in.”

Sailors who meet these qualifications are encouraged to complete a Navy Sports Program application, which is available on the MWR Web site at www.mwr.navy.mil/mwr/prgms/sports.htm. The application, which gathers basic command and personal information, must be signed by the individual’s commanding officer.

Applications are due to the Navy Sports Office no later than July 1. To expedite the



process, applications can be submitted via fax to 901-874-6831/DSN 882.

“There is no cost to the Sailor’s command,” said Golden. “Once an individual is selected, the Navy Sports Program will pay for all costs involved with participation in the program.”

The top six men and three women golfers at the Navy tryouts will comprise the All-Navy Golf team, which will compete in the Armed Forces Golf Championship Aug. 5-11 against teams from the Marine Corps, Army and Air Force at Vandenberg Air Force Base in California.

Following inter-service com-

petition, the top six male and two female finishers overall will be selected to compete as members of the U.S. All-Armed Forces Golf Team and go on to the Counsel International du Sport Militaire (CISM) Championship, which will be held in Galway, Ireland, Aug. 13-19. There the athletes will compete against military teams from around the world.

“It is important to note, that in order to be considered for participation in the CISM International Championship, individuals must have a current U.S. passport,” added Golden. “If an individual finishes in one of the top spots and does not have a current passport, the next finisher in line will be given the opportunity to advance.”

Completed applications should be faxed to the Navy Sports Office at 901-874-6831. Applications may also be mailed to: Commander, Navy Installations Command, Millington Detachment, Navy Sports Office, N221E, 5720 Integrity Drive, Bldg. 457, Millington, TN 38054-6510.

Divers must be certified

In accordance with COMNAVBASEGTMOINST 1711.1, all scuba divers must be trained and certified by one or more of the following nationally-recognized scuba diving organizations: PADI, SSI, NAUI, NASDS, YMCA/YWCA, and/or Armed Forces certification.

Only certified scuba divers and divers completing training and certification under a qualified, certified, licensed and insured instructor contracted through Morale, Welfare, and Recreation (MWR) or the local dive center (currently, Ocean Enterprises) may dive at Guantanamo Bay.

Pre-Navy Ball 'Bash'

Join the festivities at the Pre-Navy Ball party on June 24, 7 p.m., at Phillips Park. Tickets are \$5. Beverages and food will be available, as well as a cash bar. Bus transportation will be provided. Don't miss out on the entertainment, outdoor activities, and fun!

FMI call 4721 or 77633.

Downtown Lyceum

Friday, June 9

The Wild

8 p.m., G, 85 min.

X-Men: The Last Stand

10 p.m., PG-13, 104 min.

Saturday, June 10

The Benchwarmers

8 p.m., PG-13, 89 min.

Scary Movie 4

10 p.m., PG-13, 83 min.

Sunday, June 11

Take the Lead

8 p.m., PG-13, 117 min.

Monday, June 12

Larry the Cable Guy

10 p.m., PG-13, 117 min.

Tuesday, June 13

X-men: The Last Stand

8 p.m., PG-13, 104 min.

Wednesday, June 14

The DaVinci Code

8 p.m., PG-13, 149 min.

Thursday, June 15

The Benchwarmers

10 p.m., PG -13, 85 min.



The Wild

Kids/Family, Animation

Cast: Kiefer Sutherland, Eddie Izzard, James Belushi, Janeane Garofalo, William Shatner

Storyline: In this computer-animated comedy-adventure, an assortment of animals from the New York Zoo - including a lion, a giraffe, an anaconda, a koala, and a squirrel - discover what a jungle the city can be when one of their own is mistakenly shipped to the wild, and they embark on a dangerous mission to rescue him.



Larry the Cable Guy

Comedy

Cast: Larry the Cable Guy, Iris Bahr, Bruce Bruce, Joanna Cassidy

Storyline: Larry is a big city health inspector who is happy with his usual beat of greasy spoon diners and low-rent ethnic restaurants. But his easygoing life is turned upside-down when he's saddled with a straight-arrow rookie partner and assigned the biggest case of his career: investigating an outbreak of mysterious food poisonings at the city's swankiest restaurants.

MWR

Happenings

Windjammer Dinner Theater

Monday, June 12, at 5:30 p.m. Bring the family to the Windjammer Club to enjoy dinner and then watch family oriented G- or PG-rated movies. This Monday, "Good Boy!," begins at 5:30 p.m., and the second movie, "The In-Laws," begins at 8 p.m.

Summer Baseball League

June 10, roster is due. June 17, season begins at Zaizer Field. FMI call Jessica at 2113.

Cardboard Boat Regatta

June 10, 10 a.m. at the MWR Marina and Sailing Center. Registration deadline for entry is June 10, 9 a.m., at the Marina. All boats must be constructed of recycled cardboard. No cellular, fiberglass, wood, plastic, or float material allowed in construction. Boats are to be propelled by oars, paddles, or convenient body parts. FMI call 2345.

Advanced Pottery

June 17-18, 11 a.m.- 2 p.m. This class is to demonstrate basic techniques of bowl turning, and using the extruder. Register at the Ceramic Shop in Bldg. AV 81. The fee is \$50 per student. Students will receive clay, and glazes needed for class. FMI call Scott at 4795.

Men's Health 5K Run

June 24, 6 a.m. Run begins and ends at base gym. Register by June 23 at the gym. Open to both men and women. FMI call 2193 or 72102.

Summer Reading Program

July 1-30 at the Community Library. A registration gala kicks off the reading program June 30, 3-6 p.m., at the Library. There will be free T-shirts, prizes, rock-wall, bouncers, beverages, and food provided. FMI call Maxine at 4700.

New Jazzercise Classes

Three new Jazzercise classes began June 5 at Marine Hill Fitness Center. FMI call Teri Key at 77017, or Karissa Sandstrom at 2193.

GTMO Shopper

For Sale

- (2) Women's MDBC and regulator w/compass, \$500. FMI call Paula at 77818.
- (2) College books: Psychology, 7th Edition, \$20 OBO; Using Information Technology, 6th edition, \$20 OBO. FMI call Dan at 4624 DWH or 84154.
- (2) Tires w/rims, 31 x 10.5, excellent tread. FMI call 78281 or 90139.
- (2) Toshiba laptop, Intel Pentium processor, DVD burner, LCD wide screen, under warranty. FMI call Jayboo at 78114 AWH or 3969 DWH.
- (2) Wooden computer desk w/ hutch, excellent condition, \$100. FMI call 79494.
- (2) Twin jet fins, snorkel, mask, \$125; Men's red XL Nautica jacket, \$30. FMI call 75641.
- (2) Queen sleeper sofa, off-white, good condition, \$50 OBO; black entertainment center w/3 shelves, \$10 OBO. FMI call 77074.
- (1) Lawnmower, 21-in. w/extra blade, runs well, \$30. FMI call Norm at 77448.
- (1) Ashley 5-piece black dining set w/glass top. FMI call 77570.
- (1) Beyond Micro 3.5 external hard drive, 300GB. \$250. FMI call Omar at 2153 or 2447.
- (1) Black futon w/wooden frame, \$60. FMI call Emil at 78111.
- (1) Sony Play Station PSP, portable, brand new, 2 games, \$200; 2 authentic Coach purses, great condition, \$125 each OBO. FMI call 75512.
- (1) Sidi motorcycle riding boots, red and black, SZ 12.5, \$200; Icon Field Amor riding boots, brand new, SZ 11.5, \$95. FMI call Todd at 77871 or 79556.
- (1) Trek women's mountain bike w/helmet, \$45; Perception 13-ft. kayak w/rudder, paddle, and lifejacket, \$900; Old Town 11-ft kayak w/paddle and lifejacket, \$650; 7th Edition Psychology book, \$50. FMI call 77909.
- (1) HP Photosmart 7350 printer, \$40; Playstation2 w/2 controllers and 2 extensions, \$50; Playstation2 games. FMI call 77465.
- (1) 27-in. Hitachi TV, \$140; 20-in. Sylvania TV flat-screen TV, \$80; Compaq Pentium III, 15-in. flat screen monitor, HP Photosmart 7350 printer, \$450; entertainment center, \$40; carpets, \$25 each OBO;

VCR Panasonic, \$20; Goldstar microwave, \$40. FMI call 77303.

Vehicles/Boats

- (2) 1996 Ford Ranger w/camper top, automatic, AC, reliable transportation, \$5,300. FMI call 78281 or 90139.
- (2) 1994 Dodge Stealth, fully loaded, \$8,000 OBO. FMI call Martin 77333 AWH or 4325 DWH.
- (2) 2003 Toyota Camry, automatic, V6, excellent condition, \$13,800. FMI call Abu 3283 DWH or 78116 AWH.
- (2) Boat, 16.5-ft. MFG, new paint, 100 HP motor, new marine radio, fish finder, \$2,500 OBO. FMI call 77466.
- (1) 1994 Mazda B-3000, cold AC, air suspension, new parts, runs great, \$4,500. FMI call Sonny at 77841 or Carol at 74333 DWH.
- (1) 2001 G-R Suzuki 1000 motorcycle, low miles, custom paint, chrome rims and accents, many custom parts. FMI call Todd at 77871 or 79556.
- (1) 1990 Toyota Corolla, white, automatic, 4-door, CD player, AC, new tires, \$3,500 OBO. FMI call Rick at 75798 AWH.
- (1) 1999 Nissan Pathfinder LW, automatic, AC, CD, leather interior, low miles, \$8,500. FMI call John at 79466 AWH.
- (1) 2001 Chrysler Town and Country minivan, loaded, \$12,800 OBO. FMI call 772293 or 77390 AWH.
- (1) 1991 Harley Davidson FXSTC softail, custom, green and silver, \$7,500. FMI call 4004 DWH or 79545 AWH.
- (1) 14-ft. V-hulled boat w/9.9 Johnson motor, \$450. FMI call Anthony at 75646 or 4553.

Employment

- (2) Human Resources Office announces the following vacancies: Medical Clerk GS-4, closes June 9; Office Automation GS-5, closes June 13; Worker Aide (Clerical) AD-1, closes June 14; Worker Aide (Laborer) AD-1, closes June 14; Medical Clerk GS-4, closes June 16; Medical Records Administration Specialist GS-7/9, closes June 16; Transportation Asst. GS-5, closes June 20; Social Services Aide, closes Dec. 29. FMI call 4441.
- (2) Lynx Air is seeking a temporary

part-time sales agent from July 1 - Dec. 31. Some experience necessary, training will be provided. FMI call Ava Ciemny at 74106.

Announcements

- (1) The 108th Phillipine Independence Day Celebration will be held from 5:30 - 10 p.m., June 17, at the Downtown Lyceum. In case of incimate weather the celebra-tion will be held at the Windjam-mer. There will be food, a cultural show and crowning of the Ms. Phillipine Independence. Tickets are available now. FMI call Cathy at 75737.
- (1) Reef Raides Dive Club will hold its monthly meeting June 13 at the Dive Club House. Social hour begins at 6 p.m., the meeting will start at 7 p.m. FMI call 77353.
- (1) Effective June 15, the Youth Center Open Registration Program's weekend hours are: close 5:30 p.m. on Fridays, and open from 7 p.m. to midnight on Saturdays until Sept 1.
- (1) The Hispanic American Heritage Association is seeking new members. Everyone is

welcome. Meetings are held at the Media Center every Wednesday at 6:15 p.m. FMI call Scott at 77820.

(1) MWR now has Motorcycle lifts for up to 1,500-pds. FMI call 77941.

(1) Happy Birthday HM3 Joshua Abot. Be sure to make yourself some Rice Krispy Treats to celebrate. HM2R. Joseph Feliciano.

Wanted

- (1) Will pay cash for fishing/pontoon boat. FMI call Mike at 77977 or 2129.
- (1) Looking for folks that want to wakeboard. FMI call Garry at 78197 or 84581.
- (1) Dog sitter needed, retriever needs a summer home. He is house broken, kenneled trained, and loves people. FMI call 75899 AWH.

Yard Sales

- June 10 — Center Bargo, #1151, 7 a.m.
- June 10 — Radio Point, #173, 7 a.m.
- June 11 — Carribean Circle, #7, 7:30 a.m. - 11:30 a.m.
- June 11 — Granadillo Circle, #85B, 9 a.m. - 11 a.m.

SUMMER BASEBALL LEAGUE!!!



**SEASON BEGINS:
JUNE 17, 2006
AT ZAISER FIELD**

**ROSTERS DUE:
JUNE 10, 2006**



FMI JESSICA AT 2113

Guantanamo Bay happenings



Photo by MC1 Robert Lamb

Opening Act — *The local band 'HITH' performed the opening act for a touring band from the states, at the Windjammer Ballroom on May 31. The band consists of singer and lead guitar, Eric Hendl, lead guitar, John Brummet, drummer, Jamie Bodlovic and bass guitarist, Andrew Perry.*



Photo by MC1 Robert Lamb

The Avenues — *The Hampton/Harrisonburg, Va., based band performed at the Windjammer Ballroom on May 31. Members are drummer Caleb Spaulding, bass guitarist, James Nartawitz, guitarist, Ricardo Fearing, and lead guitar/singer, Chris Perez.*



Photo by Stacey Byington

Sunrise — *The sun peeks out behind the Gold Hill Galley on a typical Guantanamo Bay morning.*



Photo by MC2 (AW) Honey Nixon

Mark Twain — *A legend is reincarnated during a 'An Evening with Mark Twain,' a dinner theater performance at the Windjammer Ballroom, June 2. John 'Jay' Gilbo, principal of W.T Sampson Elementary School, performed renditions of Mark Twain's literature.*



Photo by Lindon Grant

Hands on — *Alex Miller, Denisha Tyson, and Josh Solan perform computer repairs during the Teen Center Computer Workshop, June 6. During the workshop, teens were taught various computer hardware and software skills. The workshop is held every Friday at the Oasis Teen Center from 3:30 - 5 pm.*