



# 'DEAN' DEMANDED DILIGENCE

Story, photos by MC1 Robert Lamb, NAVSTA Public Affairs

Naval Station (NAVSTA) Guantanamo Bay (GTMO), Cuba, along with its tenant commands braced for Hurricane 'Dean' Aug. 19, 2007.

Forecasters predicted early on that Hurricane 'Dean' would grow to Category 5 strength, possibly by the time it passed GTMO. At the time of the 'prediction', 'Dean' was flooding the islands of St. Lucia and Martinique and was heading in the vicinity of southern Cuba and northern Jamaica. The National Hurricane Center and Naval Maritime Forecast Activity in Norfolk, Va., said the winds could exceed 155 mph as it passed by the southern tip of Cuba.

By 8 a.m. Aug. 18, 'Dean' was centered about 615 miles east-southeast of Kingston, Jamaica, moving west at 17 miles per hour. With the hurricane expecting to affect GTMO mid-afternoon of Aug. 19, NAVSTA Commanding Officer Capt. Mark Leary, decided to order Hurricane Condition 2 by 8:30 a.m. Aug. 18 in order to give residents a chance to prepare for the worse case scenario.

According to Aerographer Mate 2nd Class Frank Lennon, Petty Officer in Charge of Naval Aviation Forecast Component Guantanamo Bay, 'Dean' soon started to take a more Westerly path Aug. 18, making the approach further away



**Early warning signs of Hurricane 'Dean' has boaters preparing for the worse. CS1(SW) James Leonard helps his shipmate, CSC(SW/SS) Robert Crouse, pull his boat out of the water, while Naval Station Guantanamo Bay was ordered to Hurricane Condition 2.**

than originally forecasted. "The mountains in Espanola tore apart the feeder bands as they came across the island's mountain ranges and we didn't see thunderstorms and rain showers from 'Dean' until after the eye was under Jamaica allowing the feeder bands to have a more clean shot through the Jamaican Straight to our south. We received .07 inches all weekend long from 'Dean'."

Every four hours or so, Lennon would gather up all

the information he could and brief Leary about 'Dean's' progress. Twice between those reports Leary, Command Master Chief (SW/AW) Keith Carlson and NAVSTA Public Works Officer Cmdr. Jeff Johnston got on the air to report new updates. During the weekend, weather changes were presented to the residents of GTMO via the local radio station, 103.1 'The Blitz' and aired on the base television station. Electrical power to the base remained

active throughout the entire weekend.

"Like most base-wide evolutions, the key to hurricane preparation and response, is being prepared" said Johnston. "As usual, the GTMO community pulled together and got the base in great shape for this storm."

Deaths were reported throughout the Caribbean as Dean moved forward later that afternoon.

"All of the Navy Region Southeast commands received 6 hour weather updates and the Emergency Operations Center conducted daily video teleconferences with the National Hurricane Center and Naval Maritime Forecast Activity in Norfolk, Va. to ensure the most up-to-date information was available," said Ken Koellermeier, GTMO emergency management specialist. "GTMO went through the Condition of Readiness (COR) as appropriate and as required to ensure the safety of personnel."

At midnight Aug. 19, Naval Station Guantanamo was ordered to Hurricane Condition 1.

When the sun came up Aug. 19, the clouds were bright and the winds were consistent. All the stores on base were closed and the only traffic on the street were patrol cars from

*Continued on page 3*

# CNO approves physical fitness uniform

By Sharon Anderson, Chief of Naval Personnel Public Affairs

Adm. Mike Mullen, Chief of Naval Operations, approved the first Navy physical fitness uniform for all Sailors E-1 through O-10 this week.

"The goal was to design a uniform for wear during command directed group and unit PT activities and that our Sailors will be proud to wear," said Vice Adm. John C. Harvey Jr., Chief of Naval Personnel. "What CNO has delivered more than meets that goal."

The uniform consists of a gold short sleeved shirt and Navy blue shorts. The shirt is moisture wicking and odor resistant polyester with Navy in reflective lettering on back with and front.

The nylon moisture wicking and odor resistant Navy blue shorts come in six and eight inch lengths, providing standard appearance among different height Sailors, it also has reflective piping and reflective Navy lettering.

The shorts have side pockets with a hidden ID card pocket inside the waistband.

"We carefully evaluated the materials, styling and functionality in designing this uniform," said Harvey. "We looked at the lessons learned from the other services and got feedback from our Sailors – young, mature, male, female, officer and enlisted – and arrived at this design."

"This is a high quality, high performance product that I know our Sailors will be proud to wear, because we asked them," Harvey added.

Upon delivery to the fleet, anticipated to be spring 2008, all command directed physical training and semi-annual physical fitness tests will be performed while wearing the PT uniform. However, the uniform does not have to be worn during individual exercise.

"Sailors may still wear personal PT gear when not participating in command PT ac-

tivities or the semi annual fitness tests," said Robert Carroll, Head, Navy Uniform Matters Office.

Uniform availability at uniform centers and command uniform distribution activities will be phased in beginning with major Fleet concentration areas in spring 2008. Reserve enlisted will be issued uniforms by their commands.

Sailors' clothing replacement allowance will be adjusted starting October 1, 2007 to allow for the purchase of two sets of short sleeve shirts and shorts.

"We have designated optional items including a long-sleeved shirt, compression shorts, head gear and running shoes which can be worn during these events," said Carroll. A Navy wind suit is also in the works.

A NAVADMIN providing more detailed information on uniform wear policy will be released soon on [www.npc.navy.mil](http://www.npc.navy.mil).

# DEERS updates 'First Stop'

Story by MC2 Trevor Andersen, Navy Personnel Command Public Affairs

Sailors who neglect to update the Defense Enrollment Eligibility Reporting System (DEERS) after a life-changing event, such as marriage, will be unable to take advantage of certain benefits and may unknowingly incur debt.

"If you don't update DEERS, you won't get all your benefits," said Senior Chief (SW) Person-

nel Specialist Gary Rowe, a DEERS special projects officer at the Navy Personnel Command.

For example, a Sailor's spouse or dependent will not be able to receive health care at DoD medical facilities or receive TRICARE coverage if the Sailor has not updated the DEERS database with spouse or dependent

information, said Rowe.

"They can't be covered, because DEERS registration is the key to getting TRICARE benefits eligibility established," he said. DEERS is DoD's authoritative family member database and the primary way to keep track of a Sailors' family structure and entitlements, Rowe said.

Though all Sailors need to keep their DEERS record updated, it is dual-military families who can create the most trouble for themselves by not doing so, said Rowe.

Since dual-military spouses are also automatically covered by Family Servicemembers' Group Life Insurance (FSGLI), a military-to-military couple may find they owe several months of FSGLI premiums because they didn't decline coverage or update their DEERS record to reflect having a spouse. In addition, each member must update

DEERS, and, if they don't want FSGLI, must decline coverage in writing. These debts cannot be waived, said Rowe, because spouses were automatically covered.

Remembering to update DEERS is easier for Sailors with civilian spouses, said Rowe. This is because in order for a spouse to receive medical benefits or base decals, that spouse has to be entered into DEERS in order to obtain an ID card, he said.

Sailors are encouraged to contact their Personnel Support Detachment and update DEERS along with their Record of Emergency Data "page 2" and SGLI beneficiaries after every life-changing event.

For more information on FSGLI coverage, visit <http://www.npc.navy.mil/CommandSupport/CasualtyAssistance/FSGLI/>.

GUANTANAMO BAY

**Gazette**

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Executive Officer.....Cmdr. Sylvester Moore  
Command Master Chief.....CMDCM(SW/AW) Keith Carlson  
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**Naval Station Commanding Officer, Capt. Mark Leary, CMCCM(SW/AW) Keith Carlson and PWD Officer, Cmdr. Jeff Johnston were on hand at the Naval Media Center Radio Detachment twice during the weekend. They kept residents aware of any changes to the hurricane conditions or preparedness of Naval Station Guantanamo Bay.**

## Hurricane Dean

*Continued from page 1*

street were patrol cars from the NAVSTA Security/Force Protection Department. Meanwhile, Hurricane Dean was beginning to flood the Jamaican southern coast. Dean also flooded Kingston, Jamaica, while littering it with broken trees and roofs. At this point nine people had lost their lives to Dean. By 5 p.m. Eastern Daylight Time, Leary decided to go back to modified Hurricane Condition 5 (COR 5) and resume operations.

“GTMO was extremely fortunate that as ‘Dean’ passed Haiti and the mountains caused the rain bands to dump [the] four to six inches of rain forecasted for GTMO. The last minute storm track shift to the south spared



**Beaches Closed — Phillips Dive Pier was roughed up pretty good. Oven-sized rocks were tossed 35 feet onto the road and a pool table-sized slab of concrete is balancing on the rocks about 10 yards from where it used to be.**

GTMO from 34 knot destructive winds that were anticipated,” said Koellermeier. “The people of GTMO are fortunate that the last minute shift to the south

spared them from heavy rains and high winds.”

Hurricane Dean was the first hurricane of the Atlantic, but probably won't be the last.

## Worship Services

### Catholic

**Catholic** Mass Mon. thru Fri. 6 p.m. (Main Chapel)  
Confession, Mon. thru Fri. 5:15 p.m. (Main Chapel) Sat. 4:15 p.m., Sun. 8:15 a.m.  
Vigil Mass, 5 p.m. (Main Chapel)  
Sunday Mass, 9 a.m. (Main Chapel)  
Eucharistic Adoration, daily 24 hrs.

### Protestant

Sunday Services, Main Chapel, 11 a.m.  
Children's Sunday School, 11:30 a.m.  
Gospel Worship Service, 1 p.m.  
Monday  
Prayer Group, 6 p.m. (Fellowship Hall)  
Wednesday  
Men's Fellowship, 6:30 p.m. (Fellowship Hall)  
Gospel Bible Study, 7:30 p.m. (Sanctuary A)  
Thursday  
PWOC - 6:30 p.m. (Fellowship Hall)  
Sunday, Protestant Liturgical Service, 10 a.m. (Sanctuary B)

### Church of Jesus Christ of Latter Day Saints (Sanctuary A)

Monday, Family Home Evening, 7 p.m. (m. 8)  
Sunday Sacrament, 9 a.m.

### Filipino Christian Fellowship (Sanctuary A)

Sunday Worship, 7 p.m.  
**Iglesia Ni Cristo** (Sanctuary B)  
Bible Study, Thursday, 7 p.m.  
Sunday Worship, 5:30 a.m.

### Pentecostal Gospel Temple (Sanctuary D)

Sunday Worship, 8 a.m. & 5 p.m.  
**Seventh Day Adventist** (Sanctuary B)  
Prayer Meeting, Tuesday, 7 p.m.  
Vesper Meeting, Friday, 7 p.m.  
Sabbath School, Saturday, 9:30 a.m.  
Divine Service, Saturday, 11 a.m.  
Bible Study, Saturday, 4:30 p.m.

### Islamic Service (Sanctuary C)

Friday Worship, 1:15 p.m.  
**United Jamaican Fellowship** (Bldg. 1036, next to Phoenix Cable)  
Sunday Service, 11 a.m. & 6:30 p.m.  
**Shabbat Service**  
Second Friday of the month, Rm. 11, 7:30p.m.

## Ombudsman

### Corner

**Senora (Sunni) Malone**  
NAVSTA Ombudsman  
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**Machele Friend**  
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# GTMO 'Mustangs' advise Sailors about LDO/CWO programs

Story by MC2 Kimberly Williams, NAVSTA Public Affairs

Seasoned Sailors looking for an opportunity to enter the officer ranks can apply to do so through the Navy's Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs. Enlisted candidates who are first class petty officers, with at least one-year time in rate, or chief to master chief petty officers can apply to the LDO program upon fulfilling minimum program eligibility requirements. All applicants are required to have completed eight years of active-duty service before applying to the program.

The LDO and CWO communities, affectionately known as 'The Mustang' community, is one of the Navy's officer commissioning programs offered to enlisted Sailors. While this program is the only officer commissioning program that does not require its applicants to possess a baccalaureate degree, it requires career experience – which many consider invaluable practical knowledge.

According to OPNAVINST 1420.1A, The LDO program is comprised of technically oriented officers who perform duties limited to specific occupational

fields. These officers come from almost every enlisted rating with a few exceptions. CWOs are technical specialists who perform duties requiring extensive knowledge and skills of a specific occupational field at a level beyond what is normally expected of a master chief petty officer.

Naval Station Guantanamo Bay (NAVSTA) LDOs and CWOs recently hosted a LDO/CWO program briefing for NAVSTA Sailors interested in applying for the programs in the upcoming fiscal year and during future dates.

"If you are going to consider this program [LDO/CWO], I'd encourage you to ask yourself why you are doing it," said Cmdr. Sylvester Moore, NAVSTA Executive Officer and senior LDO onboard, during his opening remarks of the briefing.

Moore emphasized the importance for all applicants to undergo a self evaluation to determine their strengths and weakness before applying to either program.

The officers explained that program selectees must remain flexible, worldwide assignable and ready for anything. They also shared experiences with the au-



Photo by MC2 Kimberly Williams

**NAVSTA Sailors listen attentively as CWO3 Mario Batiz, NAVSTA Weapons Officer, explains details about applying to the Chief Warrant Officer program. The LDO/CWO programs have rolling deadlines for application submission. All interested applicants should refer to OPNAVINST 1420.1A for more information.**

dience about being persistent when putting in a package.

"I submitted my LDO package after spending two and a half years as a Warrant Officer, but did not make it the first time

around. I resubmitted my package and was selected the second time around," said Lt. Jimmy Compton, NAVSTA Security Officer.

Compton, along with the other officers present, expressed that Sailors need to pay close attention to OPNAVINST 1420.1A because the criteria for applying to the program sometimes includes changes. Officers also added that you do not have to apply for the same designator [field] in which you are currently rated. For example, an applicant does not have to be a mass communication specialist to apply for a photo LDO designation.

To find out more information about the specifics of the LDO/CWO programs, contact your command career counselor after referencing OPNAVINST 1420.1A.



## GTMO Jazz and Music Festival

Sept. 2, 4 p.m. at Ferry Landing Beach. Performances by: Esteban, Michael Lington, Dot Wilder and Marc Stevenson.

Other events: Craft fair, Car Show, Chili Cook-off, food and drinks.






# IA Family Connection

## Welcome:

**The Navy cares about you and appreciates your support of the country and the Global War on Terror. Fleet and Family Support Centers and the Expeditionary Combat Readiness Center will publish this newsletter each month to ensure you're kept informed of programs and services available to you while your Sailor is deployed. Your comments and suggestions are welcomed and appreciated. Please send to [Handbooks.Feedback@navy.mil](mailto:Handbooks.Feedback@navy.mil).**

**ECRC Message:** I would like to welcome our Individual Augmentee (IA) families to the new family newsletter. This is one more way that the Navy is reaching out to our Navy families, no matter where they are located. Many of you are in fleet concentration areas, but we have families in the Plains states, Alaska, Hawaii, U.S. Territories and foreign countries. We're trying to have enough lines of communication so that all our families are "in the know." Our Sailors are facing challenges unheard of only a few years ago. The same can be said of you, our Sailors' families. What has remained consistent is the dedication our Sailors have to our nation and the commitment the Navy has to both our Sailors and their families. A deployment is never easy. We have a wealth of experience and resources spread throughout the Navy that can help every Sailor and every family experience a successful deployment. It is amazing to see how well the parts of the Navy work together to meet mission while also looking out for the family. The parent command, Fleet & Family Services Centers, the Expeditionary Combat Readiness Center (ECRC) and outside agencies all pull together as a remarkable team. While Navy families tend to be resilient and self sufficient

we all need information or advice from time to time. When that happens, expert advice is a phone call or web click away. As a Navy family, you are never alone. The ECRC Family Readiness team is standing by to assist you when you have a question. You can access ECRC at: Web page: <http://www.ecrc.navy.mil> Toll Free Care Line: 1-877-364-4302 E-mail: [ecrc.fs.fct@navy.mil](mailto:ecrc.fs.fct@navy.mil)

**CNO Ombudsman-at-large:** The CNO's Ombudsmen-at-Large (OAL) are Diana Campa, the spouse of the Master Chief Petty Officer of the Navy (MCPON), and Kip Route, Chairman of Naval Services FamilyLine. Both OAL's are seasoned Navy spouses and responsible for advising the CNO and the MCPON on matters affecting Sailors and their families. Through their travels around the fleet, they learn about the issues that concern Navy family members by meeting with spouses and Ombudsmen. They are your advocates in Washington, D.C. with senior Navy leaders who work on family issues. The involvement of the OAL's has been instrumental in improving family readiness for IA's. From an improved ECRC IA Family Support website, to the printing of IA spouse handbooks, and educating commands about the importance of maintaining contact with IA spouses, the OAL's will continue to press for support of the needs of all IA's and their families.

**Fleet and Family Support Center is Here for You:** Fleet and Family Support Centers know that IA deployments can be tough. We've created programs and services to keep you informed. ALL Fleet and Family Support Centers offer: — Deployment Readiness Briefs. — IA Deployment Discussion Groups. — Family and Friends of Warriors in Transition Homecoming Programs. The IA Sailor and IA Family Handbooks are available at [www.ffsp.navy.mil](http://www.ffsp.navy.mil) to help you prepare for deployment. Virtual IA Discussion Groups are available so you can stay connected to other

Navy family members who are experiencing an IA deployment just like you. (See the attached flyer for more information.) All Fleet and Family Support Centers offer a range of services you may find helpful including: — Employment assistance. — Relocation assistance. — Financial management. — Workshops on topics such as stress management, parenting, Navy 101 and more. You may also use services available at Army, Marine Corps and Air Force Bases. Go to <http://www.militaryhome-front.dod.mil/> to learn more.

**What is NKO?** There's nothing quite like talking over your concerns with someone who has gone through—or is going through—what you are experiencing. While this is a relatively new way of deploying our Sailors, we have all learned valuable lessons from it. We should all reach out and share those lessons! Log on to SpouseNET on Navy Knowledge Online (NKO) at [www.nko.navy.mil](http://www.nko.navy.mil). Navy Knowledge Online (NKO) is the U.S. Navy's learning and education Web site. When spouses log in at NKO, they are automatically connected to the spouse homepage called the "Navy Family Community". This is a protected site so you will have to log on and prove you are a member of DEERS. Once you have your log-on and password, you can join others for an online conversation on

*Continued on page 9*



Photo by MC1 Robert Lamb

**Recognition — NAVSTA**  
**Commanding Officer, Capt. Mark Leary presents Lt. James Goebel, Navy Chaplain, with a Navy Commendation Medal on Wednesday, Aug. 15. Goebel was the NAVSTA Protestant Chaplain for the past 18 months.**

## Urban Street Bike Warriors



Sunday, Sept. 2, at the Downtown Lyceum. Come out and see one of the most exciting MWR events in GTMO.

## 2007-2008 Elementary School Bus Schedule

### Location Pick-Up/Return Bus #1

Paola Point/Radio Point, 7:14 a.m./2:35 p.m.  
 Youth Center, 7:16 a.m./2:37 p.m.  
 Mobile Point, 7:20 a.m./2:29 p.m.  
 Center Bargo (CB-1174), 7:25 a.m./2:23 p.m.  
 Center Bargo (CB-1151), 7:27/2:25 p.m.  
 Elementary School, 7:30 a.m./2:20 p.m.

### Location Pick-Up/Return Bus #2

Iguana Terrace (IT 382), 7:07 a.m./2:34 p.m.  
 Caribbean Circle (CC-39), 7:10 a.m./2:37 p.m.  
 Caribbean Circle (CC-33), 7:13 a.m./2:38 p.m.  
 Caravella Point (CP-12), 7:23 a.m./2:25 p.m.  
 Elementary School, 7:30 a.m./2:20 p.m.

### Location Pick-Up/Return Bus #4

Evans Point, 7:12 a.m./2:35 p.m.  
 Deer Point, 7:15 a.m./2:32 p.m.  
 Marine Site (near M-116&106,M112), 7:19 a.m./2:28 p.m.  
 Marina Point (N325B), 7:24 a.m./2:23 p.m.  
 Marina Point (N303), 7:26 a.m./2:24 p.m.  
 Elementary School, 7:30 a.m./2:20 p.m.

### Location Pick-Up/Return Bus #6

Caribbean Circle (CC-33), 7:10 a.m./2:33 p.m.  
 Caravella Point (CP-2), 7:19 a.m./2:22 p.m.  
 Caravella Point (CP-12), 7:22 a.m./2:24 p.m.  
 Elementary School, 7:30 a.m./2:20 p.m.

### Location Pick-Up/Return Bus #3

Nob Hill (NH-33), 7:05 a.m./2:36 p.m.  
 Nob Hill (NH-22A) " 2:37 p.m.  
 Nob Hill (NH - 18B) " 2:38 p.m.  
 Nob Hill (NH-21), 7:07 a.m./2:39 p.m.  
 Nob Hill (NH-12), 7:10 a.m./2:40 p.m.  
 Villimar (VL -721 2nd&3rd street), 7:13 a.m./2:34 p.m.  
 Granadillo Point (GP-12 D), 7:18 a.m./2:29 p.m.  
 West Bargo (WB-45), 7:23 a.m./2:24 p.m.  
 Elementary School, 7:30 a.m./2:20 p.m.

### Location Pick-Up/Return Bus #5

Villimar (47B)- 6th Street), 7:13 a.m./2:25 p.m.  
 Villimar (VL-2232), 7:15 a.m./2:27 p.m.  
 Villimar (VL-16), 7:17 a.m./2:29 p.m.  
 Villimar (VL-8), 7:19 a.m./2:31 p.m.  
 Villimar (VL -726), 7:22 a.m./2:33 p.m.  
 Villimar (VL-721 2nd&3rd Street), 7:24 a.m./2:35 p.m.  
 Villimar (CDC), 7:25 a.m./2:24 p.m.  
 Elementary School, 7:30 a.m./2:20 p.m.



## Sure Start/Kindergarten Pick-up/Return bus schedule

### Location Pick-Up/Return Bus #1

Paola/Radio PT. (PP-1), 7:14 a.m./ 1:55 p.m.  
 Youth Center, 7:16 a.m./ 1:55 p.m.  
 Iguana Terrace (IT-387), 7:19 a.m./ 1:51 p.m.  
 Caribbean Circle (CC-39), 7:21 a.m./ 1:47 p.m.  
 Caribbean Circle (CC-35), 7:23 a.m./ 1:45 p.m.  
 Caribbean Circle (CC-33), 7:25 a.m./ 1:49 p.m.  
 Evans Point (EP-803A), 7:31 a.m./1:39 p.m.  
 Deer Point, 7:35 a.m./ 1:36 p.m.  
 Marine Site (MS112), 7:37 a.m./1:34 p.m.  
 Marine Site (MS-106), 7:38 a.m./1:35 p.m.  
 Marina Point (N302-303), 7:38 a.m./1:32 p.m.  
 Elementary School, 7:45 a.m./1:30 p.m.

### Location (Pick-Up) Bus #2

Nob Hill (NH-33), 7:04 a.m./2 p.m.  
 Nob Hill (NH-22A), 7:05 a.m./2:01 p.m.  
 Nob Hill (NH-18B), 7:06 a.m./2:02 p.m.  
 Nob Hill (NH-12), 7:07 a.m./2:04 p.m.  
 Villamar (VL-16), 7:14 a.m./ 1:52 p.m.  
 Villamar (VL-8), 7:18 a.m./ 1:53 p.m.  
 Villamar (VL-726), 7:19 a.m./ 1:55 p.m.  
 Villamar (2nd&3rd St.), 7:20 a.m./ 1:56 p.m.  
 Villamar (CDC), 7:21 a.m./ 1:47 p.m.  
 Grandillo Point (GP-9D), 7:26 a.m./ 1:43 p.m.  
 Center Bargo (1181), 7:29 a.m./ 1:39 p.m.  
 Center Bargo (CB-1151), 7:32 a.m./ 1:41 p.m.  
 West Bargo (WB-46B), 7:34 a.m./ 1:38 p.m.  
 Caravella Point (CP-12A), 7:40 a.m./ 1:34 p.m.  
 Elementary School 7:45 a.m/ 1:30 p.m.



## 2007-2008 High School Bus Schedule

### Location Stop Bus #1

Windward Loop (18-D), 7:09 a.m.  
 Villamar (VL-2232), 7:15 a.m.  
 Villamar (VL-16), 7:17 a.m.  
 Villamar (VL-8), 7:18 a.m.  
 Villamar (VL-2nd-3rd Street), 7:20 a.m.  
 Granadillo Circle (GC-86A), 7:32 a.m.  
 Granadillo Point (5D), 7:27 a.m.  
 Carravella Point (CP 15&2), 7:32 a.m.  
 High School, 7:40 a.m.

### Location Stop Bus #2

Nob Hill (NH-33), 7:08 a.m.  
 Nob Hill (NH-21), 7:10 a.m.  
 Nob Hill (NH-12), 7:12 a.m.  
 Center Bargo (CB-1174), 7:16 a.m.  
 Center bargo (CB-1151), 7:19 a.m.  
 West bargo (WB-46), 7:20 a.m.  
 Marina Point (N-325B), 7:24 a.m.  
 Mobile Point, 7:34 a.m.  
 Evans Point, 7:38 a.m.  
 High School, 7:40 a.m.

### Location Stop Bus #3

Paola point/Radio Point, 7:15 a.m.  
 Deer Point, 7:21 a.m.  
 Iquana Terrace, 7:28 a.m.  
 Caribbean Circle (CC-39), 7:31 a.m.  
 Caribbean Circle (CC-33), 7:34 a.m.  
 High School, 7:40 a.m.



## 2007-2008 Sure Start Afternoon Bus Schedule

### Location Stop Bus #1

Elementary School, 1:30 p.m.  
 Marina Point (N302-303), 1:32 p.m.  
 Marine Site (MS-112), 1:34 p.m.  
 Marine Site (MS-106), 1:35 p.m.  
 Deer Point, 1:36 p.m.  
 Evans Point (EP-803A), 1:39 p.m.  
 Caribbean Circle (CC-35), 1:45 p.m.  
 Caribbean Circle (CC-39), 1:47 p.m.  
 Caribbean Circle (CC-33), 1:49 p.m.  
 Iquana Terrace (IT-387), 1:51 p.m.  
 Paola/Radio Point (PP-1), 1:55 p.m.

### Location Stop Bus #3

Elementary School, 1:30 p.m.  
 Caravella Point (CP-12A), 1:34 p.m.  
 West Bargo (WB-46B), 1:38 p.m.  
 Center bargo (1181), 1:39 p.m.  
 Center bargo (CB-1151), 1:41 p.m.  
 Granadillo Point (GP-9B), 1:43 p.m.  
 Villamar (CDC), 1:47 p.m.

### Location Stop Bus #3

Villamar (VL-2232), 1:50 p.m.  
 Villamar (VL-16), 1:52 p.m.  
 Villamar (VL-8), 1:53 p.m.  
 Villamar (VL-726), 1:55 p.m.  
 Villamar (2nd & 3rd St.), 1:56 p.m.  
 Nob Hill (NH-33), 2:00 p.m.  
 Nob Hill (NH-22A), 2:00 p.m.  
 Nob Hill (NH-18B), 2:01 p.m.  
 Nob Hill (NH-12), 2:04 p.m.



## Important 'Back to School' dates

### Important dates in Aug.

**Monday, August 27, begins the 1st Quarter, begin 1st Semester, Sure Start Home Visits, Kindergarten Home Visits.**

**Tuesday, August 28, Sure Start Home Visits, Kindergarten Home Visits.**

**Wednesday, August 28, Sure Start Home Visits, Kindergarten Home Visits, ES Open House for Grades K-6 from 4:15 - 5:45 p.m.**

**Thursday, August 29, Sure Start Home Visits, Kindergarten begins, MS/HS Open House from 4:15 - 6 p.m.**

## WIC Overseas Program



**WIC Overseas Program, Chapel Hill**  
**Office Hrs: Tuesday 8 a.m.- noon;**  
**Wednesday 3 - 6 p.m.; Thursday**  
**3 - 6 p.m.. FMI call 2186.**

# 'Texas compact comes to GTMO – by way of motorcycle'

Story by William Minnie, NAVSTAGTMO Safety Manager

Recently, the NAVSTA Safety Office brought in an experienced motorcycle instructor and ridercoach, Tim Jeror, with BMT Designers & Planners, to transition the existing motorcycle range with a state-of-the-art "Texas Compact Range". The Texas Compact Range is designed to utilize less area and simultaneously accommodate more students during any training session. With the previous modified range, an instructor could train up to six students during any one session, but with the installation of the Texas Compact Range, up to nine students can be trained. Jeror, transitioned the motorcycle range to accommodate the experienced rider as well as the beginning (novice) rider.

BMT Designers & Planners Inc., is contracted by the Navy to provide various safety training to help reduce traffic and recreational mishaps within the service.

"The transitioning of this range will assist in taking care of any backlogs of students that was experienced in the past, especially those in need of first time motorcycle training," said Bill Minnie, NAVSTA safety manager. "As with the previous modified range, upon successful completion of the Motorcycle Safety Foundation (MSF) course, students will receive a rider skills training card that meets the requirements established by the MSF. Additionally, we have a long term goal to have someone onboard GTMO to provide continuing support of this program."

OPNAVINST 5100.12G makes it mandatory that every military operator of a motorcycle, on or off naval installations and every civilian operator on naval installations, success-

fully complete the Naval Safety Center approved motorcycle training. All operators of motorcycles, mopeds or motor scooters must successfully complete this training while assigned to GTMO. Operators that previously completed the training are encouraged to complete a refresher course before each riding season, after the purchase of a new motorcycle or transfer to new geographical area.

The motorcycle certification course is comprised of two blocks of training, a six-hour classroom session, followed by a one or two block practical application, depending on the students skill and experience level.

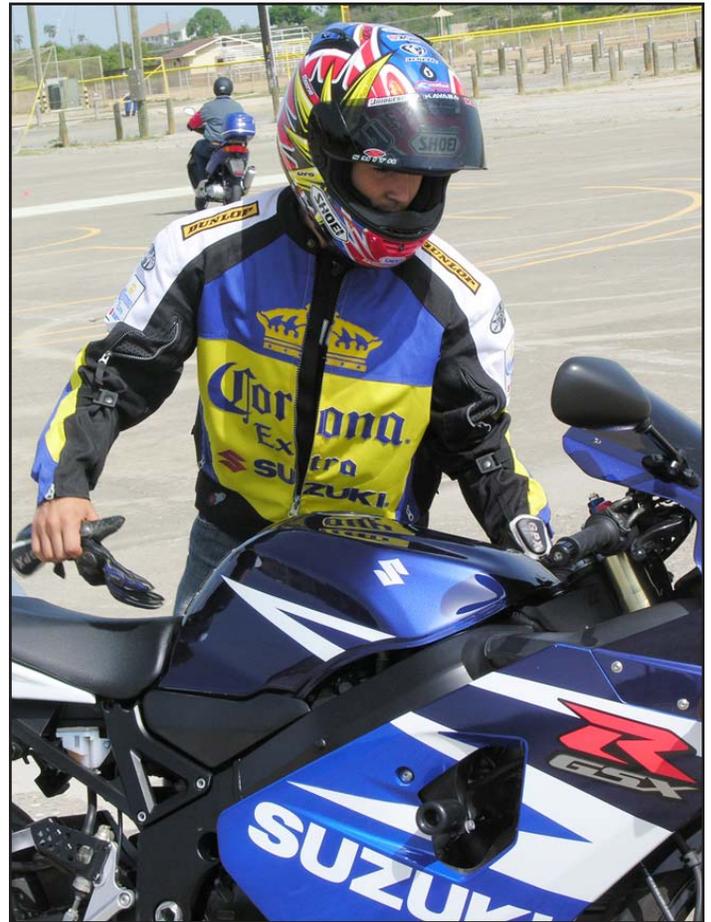
During the classroom phase, students answer group questions, watch a video that reinforces the questions they just researched and answered then follow up with a 50-question test, so they are subjected to the material three times.

The basic students, those that are first time or unskilled riders will then make their way to the range where they practice basic motorcycle skills such as using the brakes and clutch properly, maneuvering their motorcycles tightly, lane changing and obstacle avoidance.

Advanced students, considered to be higher-level skilled riders, were accommodated with additional, more complicated markings to meet specified requirements for more advanced motorists, said Minnie.

This transitioned range, will help provide a refresher for students with advanced skills by making them practice fast speed maneuvers and maneuvering multiple curves and various radii laid out on the range.

Motorcycle courses like these are important for motorcycle operators due to motor vehicle



**MASN Alec Corbissero prepares to get his bike back on the range after making some adjustments to his bike controls.**

mishaps accounting for the majority of accidental deaths of Navy Personnel, which in turn affects operational readiness.

Jeror, a contractor with BMT since 2005 and rider for more than 27 years, stated that "motorcycle safety is a passion for him and the added bonus of being a ridercoach is that he never

knows whose life will be saved by the tools that are presented to the riders in each MSF Course." Tim also retired from the Navy in 2004.

Those interested in more information on the motorcycle safety course should contact Joe Perfetto at 4529.

## American Red Cross Notice

*Let your family back home know of this website that keeps families connected before and after a disaster.*

*Safe and Well website — [www.safeandwell.org](http://www.safeandwell.org)  
FMI call 5060*

## IA Family...

*Continued from page 5*

SpouseNET. Your command ombudsman: An ombudsman is a volunteer from your Sailor's command who has been appointed by the commanding officer to serve as a liaison between the command and families of Sailors who work at the command. When your Sailor goes on an IA assignment, he often stays assigned to the same command and will come back to the same job when they finish temporarily assisting another command. Your ombudsman is there for you the entire time your Sailor is deployed. Ombudsmen have been asked by the Navy to contact IA families on a regular basis since your Sailor's assignment is unique. The Navy cares

about you and wants to make sure you have assistance when needed – even if you just want to talk with another person who understands what it is like to have your loved one deployed. If you need the telephone number for your command ombudsman, contact your local Fleet and Family Support Center [www.ffsp.navy.mil](http://www.ffsp.navy.mil). Deployment Tip: One way I have changed what I usually do for this deployment is to get outside more. My favorite discovery has been a free weekly outdoor movie in my town of Newport News, Va. I've made some other nice discoveries too. I've met more of my neighbors just by walking around my neighborhood. I found won-

derful local parks and areas within parks that I hadn't fully explored, that my little one and I visit much more often. We even have a new routine whereby we stop for a swing and a slide on our way home from errands since one of the parks is on our way. It only takes a few minutes, not something we have to plan/pack/prepare for and gives us both a nice break and a little more bonding time. Getting outside more helps me to appreciate being home, gives me new experiences and the sun provides me with some much needed vitamin D... and all I have to do is leave my house. — *Tricia, IA Spouse*

# Half-Baked? Foolhardy? You Make the Call

**Summary of Mishaps (a.k.a. *The Friday Funnies*)**

Welcome to an edition of the Friday Funnies, your best source of boneheadedness, around the fleet and around the globe. And, in this case, out our back window.

— The time: 0149. The place: the south end of the Hampton Roads Bridge Tunnel. The cast: a trio of Sailors from a local destroyer. We'll call them, for reasons that will quickly become apparent, Larry, Curly and Moe.

Larry and Curly, incarnated as a 19-year-old E-2 and a 20-year-old E-2, are wading into the surf off Willoughby Spit, intent on swimming to Fort Monroe, an Army base in Hampton situated across the channel. Moe, the smart one, has dropped them off and plans to pick them up at the fort once they have completed their feat.

Now, this isn't exactly the English Channel, and swimming across isn't some sort of local challenge, as far as I know. Of course, at 3:30 a.m., I'm invariably sound asleep at home, so I have no first-hand knowledge of who's doing what on the water where the Chesapeake Bay meets Hampton Roads. I know that during the day, it is a very busy stretch of nautical real estate, what with all

the people fishing and sailing, navy ships and submarines transiting, and a steady stream of gigantic container ships. I imagine it is quiet at night.

Not quiet enough, though. Sailor Moe loitered around the fort for a little while, checked his watch, licked his finger and tested the wind, figured two hours should have been enough time, bellowed "Ahoy, you swabs!" a few times, and then headed off to find an MP.

The MP, in turn, notified the ship and got the duty officer all stirred up. Next on call was the Coast Guard, who enjoy nothing better than cruising around in the dark looking for people who have done something foolhardy. The official save was finally made an hour later by some employees of the Virginia Department of Transit, who discovered the swimmers ashore on Fort Wool, the remnants of a Civil War fort on a manmade island near the south entrance to the Hampton Roads Bridge Tunnel. The swimmers had made it about halfway to Fort Monroe, which I suppose is fitting for a scheme as half-baked as this one.

— Why you don't leave propane bottles hooked up and rolling around loose in the back of your

truck. Or, how to put the "van" in "vanish."

Somewhere across the pond, early one summer morning, a driver was transporting a couple of propane bottles, torch handles attached. En route, one of the handles got jarred open, or one of the hoses got punctured. Exit a batch of propane. Enter van driver, lighting a cigarette.

Please refer questions about what happened next to the London Fire Service, or the doctors who treated the driver's burns, or the wrecker company that towed away the blackened hulk of the vehicle.

— An E-3 aviation boatswain's mate was riding his bicycle in a half-pipe at a local skate park. Assuming you haven't been living in a cave or under the ice for the last 20 years, you know that "riding" in this case also includes short bursts of flying. Down-up-whee, down-up-whee, that about sums it up. After catching some air, the report says, the Sailor was on his way back down to the pipe when his front wheel hit the edge. The bike flipped forward, dumping the sailor on the ground with all the grace and force of a large sack of spuds. He was wearing a full complement of PPE (helmet, gloves, elbow and knee pads), which is all good except that he got

his hand tangled in the handlebars and broke a couple bones. A month of light duty ensued.

Nothing wrong with catching some air, as long as you don't catch some handlebar and half-pipe afterward.

— Time for another Friday Funnies one-liner, starring a private first class in North Carolina. He "jumped on a moving car and was thrown off and hit his head."

The vehicle was actually a pickup truck, but in this case it acted more like a dropoff truck, because the driver didn't want a Marine hood ornament and slammed on the brakes. The PFC promptly returned to terra firma, headfirst.

He spent four days in a hospital with a fractured skull, which gave him plenty of time to figure out how to explain why you'd want to jump on a moving car. I can't think of any reasons offhand, but I'm busy at work right now.

That's all for this week, friends and neighbors. Until we meet again, do me a favor next time you and a buddy plan something foolhardy.

Remind yourselves that, if you have enough fool, it won't matter how hardy you are. —

# Downtown Lyceum

**Friday, Aug. 24**

***Ratatouille***

8 p.m., G, 111 min.

***Rush Hour 3***

10 p.m., PG-13, 90min.

**Saturday, Aug. 25**

***Evan Almighty***

8 p.m., PG, 96 min.

***License To Wed***

10 p.m., PG-13, 91 min.

**Sunday, Aug. 26**

***The Bourne Ultimatum***

8 p.m., PG-13, 111 min.

**Monday, Aug. 27**

***The Simpson's Movie***

8 p.m., PG-13, 85 min.

**Tuesday, Aug. 28**

***Rush Hour 3***

8 p.m., PG-13, 90 min.

**Wednesday, Aug. 29**

***Live Free or Die Hard***

8 p.m., PG-13, 130 min.

**Thursday, Aug. 30**

***Waitress***

8 p.m., PG-13, 104 min.

## Hairspray



**Musical/Drama/Comedy PG 107 min**

*Cast:* John Travolta (Edna Tumbblad) Nikki Blonsky (Tracy Tumbblad) Amanda Bynes (Penny Pingleton)

Hairspray the movie is an adaptation of the Tony Award-winning 2002 Broadway musical of the same name, itself adapted from John Waters' 1988 comedy film. Set in 1962 Baltimore, the film follows a "pleasantly plump" girl named Tracy Tumbblad as she simultaneously pursues stardom as a dancer on a local TV show and rallies against racial segregation.

## Rush Hour 3



**Action/Comedy PG-13 90 min**

*Cast:* Jackie Chan, Chris Tucker, Roman Polanski.

Academy Award-winning film director Roman Polanski co-stars as a French police official involved in (Chan and Tucker's characters) Lee and Carter's case. Tzi Ma reprises his role as Ambassador Han, Lee's boss and friend who appeared in the first installment. This film has received a PG-13 rating by the MPAA for sequences of action violence, some sexual content, nudity and language.

## MWR Happenings

**Cindy Alexander',  
Armed Forces Entertainment'**  
Goat Locker,  
Aug. 24, at 8 p.m.

**JAZZ Fest 2007**  
Sept. 2, 4 p.m. at Ferry  
Landing Beach. Performances by Esteban, Michael Lington, Dot Wilder and Marc Stevenson. Other events: Craft Fair, Car Show, Chili Cook-off, food and drinks.

**Labor Day Bowling  
Eliminator Marathon**  
Sept. 1, starts at 7 p.m.  
Entry fee is \$25, men's and  
womens categories.  
FMI call 2118.

**Labor Day Craft Fair**  
Sept. 2, starts at 4 p.m.  
Tables are \$10. Sign up at  
the Ceramic Shop.

**Labor Day Car Show**  
Sept. 2, starts at 4 p.m.  
Categories: Sedan, 4X4,  
trucks, SUV, Military,  
Motorcycle, GTMO  
Specials. Award Categories: Best of Show, Best Motor, Best Detail, Best Paint, Best GTMO Special. Participants must be in place by 3:45 p.m. FMI or to sign up call 75225.

**New Marine Hill Pool  
Hours**  
Monday - Friday 5 a.m.  
- 9 p.m.; Saturdays 5 a.m.  
- 7 p.m.; Sundays and  
Holidays 10 a.m. - 6 p.m.

## GTMO Shopper

### For Sale

(2) Nice multi color couch \$25; entertainment center, fits 36" TV \$100; wood dining table and 4 chairs \$100; TVs and Electronics 36" Sharp TV, used only 8 months \$200; SCSI Modem and Wireless Router \$100. FMI call 78470.

(2) Wrought iron and beveled glass gazebo with cover, \$75; Sleeper Sofa (Sealy innerspring) \$150, fabric color is neutral with various accent colors. FMI call 75559 or 4047.

(2) Lawn mower, excellent condition, has seen little use, \$80; Lazy Boy Recliner, excellent condition, \$175. FMI call 75587 or 76230.

(2) Dell Laptop P4 \$400; Sony MP3 Player/Radio \$120; Auto FM Transmitter \$20; DDR Desktop Memory. FMI call 77116.

(1) General Electric Washer and Dryer (one piece), very good condition, \$200, FMI call 77134.

(1) JVC 32" flat screen TV, 9mo old, \$300; Samsung DVD player, \$125; PS2 with 6 games, \$150; Armada leather recliner, 9mo old, \$375; 10 bottle wine rack, \$15; 5 x 8 rug fits perfectly in WL housing kitchen, \$45; (3) 2 x 8 runner rugs, \$25 each. FMI call 78028.

(1) Dell laptop. 512mb memory, 40gb hard drive, Window XP Professional Operating System. Portable CD Rewritable. FMI call 4141 or 77675.

(1) Antique steel bed frame, 6 drawer dresser w/mirror, & two smaller canisters. Everything is yellow in color, make offer. Other items; TV stand, 4 drawer dresser, young girl's karaoke machine. FMI call 77939 or 4640.

(1) Dining Room with Baker's Rack with matching Living Room Set with 3 Tables \$800; Convertible Crib with Mattress and Dresser \$380; Changing Table \$25; Double Stroller \$25. FMI call 3767 or 75561.

### Employment

(2) Columbia College is seeking a director for its Guantanamo Bay campus, immediately. The qualified candidate must possess a minimum of a master's degree and should have some prior experience in adult higher education. To apply, please complete an online application at [www.ccis.edu](http://www.ccis.edu) <<http://www.ccis.edu>> and submit along with a current resume to HRO. You will be contacted by Jeff Musgrove, southeast region

director, for an interview. FMI call 75555.

(2) Two expatriate spouses to serve as bus monitors. Must be able to work flexible hours. Normal hours worked is 11-17 per week during the school year. The rate of pay is \$8 per hour. These positions are offered by the Bremcor Contractor, under the Transportation Manager, Mike Martinez. Interested parties may contact the Human Resources Department at 75790, Burns and Roe Services Corp. Carolyn Martinez, HR Manager.

(2) Social Services Aide GS-0186-03. Continuous opening, closing date 12/28/07. Social Services Aide LGS-0186-03. Continuous opening, closing date 12/29/07. FMI call HRO at 4441.

### Announcements

(1) WIC Overseas Program, located at Chapel Hill has new hours. Tuesday 8 - noon, Wednesday 3 - 6 p.m., Thursday 3 - 6 p.m. FMI call Karen Meneley, RN, at 3336.

(1) Lordy, Lordy Charlie is 40! on August 29. We love you old man!! XOXO, Cyndi, Shelby and Shaw.

### Vehicles/Boats

(2) 20 Foot GTMO Pontoon/Barrel Boat with 100 HP Evinrude motor. FMI call 77744 or 5480.

(2) 1993 Mercury Grand Marquis. Fully loaded, leather, power locks, windows and seats. Excellent condition, very well maintained. \$3800 or O.B.O. must sell, No reasonable offer refused. FMI call 78470.

(2) 1998 Honda CR-V Automatic 4WD, excellent condition, 4 cylinders, good on gas, AC, PW, PL, CD player, new radiator, timing belt, tires, water pump, sparkplugs, and shocks, original automobile book \$6500 OBO. FMI call 75665.

(2) 1989 Jeep Cherokee, 2 door, manual transmission, 4 cylinder, recently added carburetor, good condition, \$2,800 O.B.O. FMI call 74389 or 77946.

(2) 2000 Chrysler Concorde, new brakes, runs perfect, AC, no body damage, \$5,500. FMI call 77979 or 74225.

(1) Classic 1976 Yamaha 360CC Motorcycle, needs minor electrical work and tune-up. Clean for it's age. \$600 OBO. FMI call 79599.

(1) 1997 Vulcan Classic Motorcycle, 800cc, custom two-tone blue and silver paint, many after-market items;

hypercharger, Vance and Hines pipes, Mustang seat, new Metzeler tires, Kuryakyn grips and foot rest, braided cables, fender protectors. Runs like a champ. \$4500. FMI call 78208.

(1) Golf cart, new paint, new seat covers, 4 new batteries. \$1200 OBO. FMI call 79599.

(1) 8' x 24' Sun Tracker Pontoon boat and trailer, both refurbished within last 16 months, It comes with a brand new 60hp Evinrude E-TECOB motor, throttling and steering system. Electronics include console mounted VHF marine band radio and fish finder, as well as a dual Marine Optimum battery system. It has a non-skid deck and Medium Density Polyethylene (MDPE) pontoons (rated for 20 years of use and are perfect for salt water because they won't rust or corrode.). It also comes with all safety equipment, extra anchors, ropes and various cleaning materials, all for \$11,500 OBO. FMI call 4874 or 77823.

(1) Newly rebuilt 50 hp Evinrude OB

boat motor, has more than \$2,500.00 worth of new parts installed, with less than 30 hours operational time logged since overhaul, also comes with a new VRO2 oil system, one additional new prop and other used but operational spare parts, asking \$1500 OBO. FMI call 4874 or 77823.

(1) 1998 (626) Mazda, A/C Central lock and Alarm system. \$4200 OBO. FMI call 4222 or 77145.

### Wanted

(2) Experience piano teacher needed. FMI call 75584.

(2) 6 ft Satellite dish needed. FMI call 75584.

(2) Would like to purchase a liquor bar for home. FMI call 84277.

(1) Mature female available to provide pet-sitting or childcare. References available if requested. FMI call 77621.

(1) The Vet clinic has kittens (no specified amount) available for adoption. FMI call 2212.

### Yard Sales

Aug. 25, Villamar #2159C, 9-11 a.m.

## Sailor of the Week



Photo by MC1 Robert Lamb

**Two times a charm — MCSN Kelly Bliss, from the Naval Media Center Detachment has been named Naval Station Guantanamo Bay's Sailor of the Week, for the second time this fiscal year. "I think that this is due to the best chain of command," said Bliss, "And I would like to thank Chief Clark for having confidence in me," said Bliss.**

# Housing Happenings



**Way to patrol that yard — MA3 Matthew Vollmer, resident of 17C Caribbean Circle is congratulated by Terri Jones (Housing Manager), NAVSTA Commanding Officer, Capt. Mark Leary for being the Neighborhood Winner, Yard of the Quarter.**



**Mother's little helper — NAVSTA Commanding Officer, Capt. Mark Leary and Housing Manager, Donald Eldridge, congratulate LNI April Thurston and her mother, Carol Leaphart, as their home at 2226B Villamar, was chosen as Neighborhood Winner, Yard of the Quarter.**



**Who has the green thumb? — The home of Mr. and Mrs. ETC(AW) Wilbur Lasseter at 14A Nob Hill was also a runner-up for Overall Yard of the Quarter. NAVSTA Commanding Officer Capt. Mark M. Leary and Donald Eldridge, Housing Manager were on hand during the presentation.**



**Overall Winner — Mr. and Mrs. Lt. Col. William Wozniak of Marine Site #108, were recently chosen as the Overall Winner of Yard of the Quarter. Also pictured are Capt. Mark Leary, Terri Jones and Pam Huff, Facilities Manager.**