

Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES



Vol. 48 No. 8

Naval Construction Battalion Center, Gulfport, Mississippi

May 5, 2011

Enlisted Early Transition Program is extended

By MC1(AW) LaTunya Howard
Navy Personnel Command
Public Affairs Office

With the release of NAVADMIN 142/11, April 22, the Navy has extended the Enlisted Early Transition Program (EETP) to Sept. 30, 2013.

Due to the Navy's unprecedented retention and successful recruitment, Sailors are being offered a voluntary early separation option.

"Our end strength and our over-manning in certain ratings was a consideration for the extension of this program," said Mike Dawson, head enlisted community manager, Navy Personnel Command. "Our community managers have also received a lot of feedback from Sailors and the Fleet that they would apply for an early-out if they were eligible."

EETP differs from the Early Career Transition Program (ECTP) which allows Sailors to transition into the Selective Reserve (SELRES) prior to their End of Active Obligated Service (EAOS) by submitting a request three to 15 months in advance. EETP allows Sailors to request early separation up to 24 months prior to their scheduled EAOS or extended EAOS.

"The ECTP is a program that regard-

See EETP page 19

Friendly competition - Pacific Partnership 2011



ESPIRITU SANTO, Vanuatu - Builder Constructionman Gregory Kaminski, assigned to Naval Mobile Construction Battalion (NMCB) 133, competes in a push-up competition with a first grade student from Ban Ban primary school during a Pacific Partnership 2011 engineering project. Seabees and Vanuatu engineers are building three schoolhouses on the island of Espiritu Santo. Pacific Partnership is a five-month humanitarian assistance initiative that will make port visits to Tonga, Vanuatu, Papua New Guinea, Timor-Leste, and the Federated States of Micronesia. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Russell/Released)

See page 6 for more on Pacific Partnership

NMCB 133 'Roos with Pacific Partnership

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NMCB 74 selects their own "Rota Idol"

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25 NCR, NMCB 26 volunteer at Afghan School

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OPINION

The future is bright

By Rob Mims

NCBC Public Affairs Officer

Everyone has those moments that make you proud of who you are and the people and profession of which you are associated. I had one of those moments two weeks ago.

More than 65 young people of the Marine Corps Junior Reserve Officer Training Corps (MCJROTC) and their chaperones at the Montachusett Regional Vocational Technical School in Fitchburg, Mass., visited the Naval Construction Battalion Center (NCBC) from April 16 to 23. These young men and women ages 14 to 18 exuded the professionalism, discipline and pride of which any seasoned veteran would be proud.

The NCBC team squared them away in building 361 with little more than cots, some sheets and blankets. To most this would have been inadequate arrangements; however, with the leadership of First Sergeants Paul Jornt and Rob Simon, the cadets cleaned and organized the facility like seasoned Marines.

It has not been that clean since the new fitness facility opened next door. When they left April 23, the facility was left in great condition.

But, there is more to it than

that. I have given numerous tours to JROTC groups and they were generally your typical high school kids. When the instructor was out of sight, the instructor was out of mind. These young people were ... different. At no time during the tour did they get out of line or even have to be told to hold the noise down.

I know you are saying that it is all because they are Marine Corps JROTC cadets and you may be right. But that is not the point. All children have needs and they are not that complex. I commented to First Sergeant Jornt during the tour after he just dressed down a cadet how in tuned he seemed to be with them. He said all children desire the same things, discipline and for someone to take an interest in them. They need someone to care about them and to care about how their day was. The MCJROTC program gives these young people the discipline, love and respect that all children need and desire.

For the parents of these young men and women, they can rest assured that their children's future is bright.

When you go home today, hug your children for just a minute extra, ask them how their day has been and let them know that they are just as special to you as you are to them.

Work continues on NCBC Roads improvements . . .

Location: Bainbridge Ave., from 5th Street to Marvin Shields Boulevard to 7th Street, through April 29: Milling and Paving.

Location: Intersection of Bainbridge Ave and 7th Street, through May 2: Complete rebuild of the intersection. Use Detour, 9th Street to McKinney or Lower Nixon.

Location: Morell Ave., from 1st Street to Marvin Shields Boulevard, April 29 to May 3: Milling and Paving.

Location: Marvin Shields Boulevard, from Decatur Ave to Colby Ave., May

2 - 6: Milling and Paving.

Location: Morell Ave., from Marvin Shields Boulevard to 7th Street, May 6 to 13: Milling and Paving.

Location: 5th Street, from Decatur Ave. to Colby Ave., May 6- 13: Milling and Paving.

Location: Bainbridge Ave. & Brown Ave., from Seventh Street to OLEF Bldg 437 (Includes the intersection of Seventh Street), May 13 - 20: Milling and Paving of Bainbridge & Brown.

Note: There will be detour signs posted or flag men for directions when streets are inaccessible.



Leading from the Front Do You Know?

BUPERSINST 1610.10C new requirements were announced in NAVADMIN 193/10 for documenting PFA results in performance evaluations. For performance reports with an end date of Aug. 1, 2010, or later, commands must now enter a one-letter PFA code in block 20 for each cycle completed during the reporting period. Also, a new billet subcategory was added. The code 'INDIV AUG' in



block 21 of the performance report is now available for Individual Augmentee Manpower Management, Global War on Terrorism Support Assignment and Overseas Contingency Operation Support Assignment participants.

Military Spouse Appreciation Day, May 6 . . .

In recognition of Military Spouse Appreciation Day May 6, customers can visit Fleet and Family Support Center (FFSC) *ANY BUSINESS DAY IN MAY* to receive a no-cost copy of "Your Military Family Network," a resource manual filled with information for military spouses and families (while supplies last). FFSC is open 7 a.m. - 4:30 p.m., Mondays - Thursdays and 7 a.m. - 3:30 p.m. on Fridays. For more information, call 228-871-3000.

Sailor's Creed

I am a United States Sailor,
I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me,
I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,
I proudly serve my country's Navy combat team with Honor, Courage and Commitment,
I am committed to excellence and the fair treatment of all.

Command Action Line

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-(877)-657-9851 Comm: (904) 542-4979 DSN 942-4979 FAX: (904) 542-5587, E-mail: CNRSE_HOTLINE@navy.mil.

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Chief Builder Mark Kampmann, Equipment Operator 2nd Class Colt Wilson, and Utilitiesman 3rd Class Zak McCready, Seabees with Construction Battalion Maintenance Unit (CBMU) 303 salute Cmdr. Brian Ferguson Executive Officer and the final remains of Retired Seabee Jack Kelly as Cmdr. Brian Ferguson, executive officer Fighter Squadron Composite (VFC-13) prepares to scatter the remains over the Nevada desert. (U.S. Navy photo/Released)

A Final Tribute

Compiled from reports NCBC Public Affairs

Chief Builder Mark Kampmann, Equipment Operator 2nd Class Colt Wilson, and Utilitiesman 3rd Class Zak McCready, Seabees from Construction Battalion Maintenance Unit (CBMU) 303 salute Cmdr. Brian Ferguson, VFC-13 Executive Officer and the ashes of Jack Kelly, one of the Navy's first Seabees.

Kelly passed away at the age of 92 but always joked with Ferguson about how much he would love to fly in an F-5 aircraft. Since the single seat aircraft did not allow Ferguson to take Kelly for a ride while he was living, Ferguson ensured the old Seabee's final flight was spectacular.

On a beautiful sunny day in mid-April 2011, Kelly's ashes were carefully loaded into the speedbrakes of the F-5 Tiger.

After taxiing past a small formation of Seabees from CBMU-303, the veteran Seabee and Ferguson thundered down the runway at Naval

Air Station Fallon. Finally, Kelly was getting his ride as they took to the skies together.

"The flight was brief and consisted of a canyon low-level, a vertical climb to 20,000 feet, with a transition into a supersonic run (the thought of which always seemed to impress Jack)," said Ferguson. "As the sun set over the desert, we entered a 600 knot loop, at the top of which, at 25,000 feet, I deployed the speedbrakes and sent him into the skies high over the Nevada desert, as he would have wanted. I felt confident that somewhere far above anywhere I've ever taken any Navy fighter, Jack was watching from some distant Seabee bar, laughing and bragging to his shipmates about finally getting to go supersonic."

But as spectacular as the final flight may have been, Ferguson said he is convinced that the most important part of the event was for Kelly to be honored in death by the Seabees of which he was so proud in life.



Around the Center



A youngster participates in one of the many games and activities that took place during the annual MWR Month of the Military Child Celebration and Easter Egg Hunt held on board the Center April 23. Children ages 12 and under scrambled for the opportunity to collect eggs containing candy and other prizes. (U.S. Navy photo by Dexter Mobley/Released)

Steelworker 3rd class Robniquea Bryant, assigned to Naval Mobile Construction Battalion (NMCB) 1 balances supplies from a purchase order at the Material Liaison Office (MLO) on board Naval Construction Battalion Center (NCBC) May 2. MLO is used to obtain in various types of tools, construction supplies and equipment to support the building projects and operations of the battalion. (U.S. Navy photo by Equipment Operator Constructionman Devida Pope/Released)



Members of the Naval Branch Health Clinic (NBHC) on board Naval Construction Battalion Center (NCBC) gather for a group photo at their command picnic. The picnic, held at Seabee Lake was to celebrate everyone at the clinic passing their Physical Readiness Test (PRT) April 29. (U.S. Navy photo by Equipment Operator Constructionman Devida Pope/Released)

Naval Construction Battalion Center (NCBC) Seabee Memorial Chapel held an Easter Egg Hunt for the children of military families on board NCBC. The Easter Egg Hunt was just one of many activities sponsored by the Chapel in conjunction with the Easter Revival held April 21 - 24 on the chapel grounds and wrapped up Easter morning with a Sunrise Worship Service at Seabee Lake. (U.S. Navy photo by Equipment Operator Constructionman Shakenia Ceazer/Released)



Military Spouse Employment Symposium. . .

A Military Spouse Employment Symposium will take place May 12, from 10 a.m. - noon at the Fleet and Family Support Center (FFSC), building 30. Representatives from five local area employment agencies will be on hand to give tips on topics such as hot jobs, resumes and dressing for success. Seating is limited, so call 228-871-3000 to reserve your seat. For more information contact Judy Bradshaw at 228-871-2926.



The Fire Emergency Service Gulf Coast Mobile Training Team out of Naval Air Station (NAS) Pensacola works with Naval Construction Battalion Center (NCBC) firefighters during their semi-annual training to meet regulations for the fire department April 26. These firefighters battled live fires on a simulated aircraft called the Mobile Aircraft Firefighting Training Device (MAFTD) which simulated 13 different fires that can happen aboard an aircraft. (U.S. Navy photo by Equipment Operator Constructionman Devida Pope/Released)

Seabee Center Fire Dept trains for the threat

By EOCN Devida Pope
NCBC Public Affairs

Mayday, Mayday, Mayday. A C-130 aircraft was on schedule to reach their appointment destination April 27 when within a blink of an eye, this normal flight took a turn for the worse for the seasoned crew. Alarms started ringing, lights began to flash and the pilot instantly knew something was wrong. His only option was to make an emergency landing on board Naval Construction Battalion Center (NCBC).

While making descent into NCBC, he noticed a small fire under the right wing of the aircraft. The pilot alerted air traffic controllers who alerted the NCBC Fire Department. NCBC firefighters along with the Fire Emergency Service Gulf Coast Mobile Training Team from Naval Air Station (NAS) Pensacola received the alarm and were standing by on the ground when the plane landed. The C-130 instantly burst into flames as it touched down.

Fortunately, this was not a real event but just one of the many scenarios that firefighters encounter during training. Every year firefighters undergo a variety of training that greatly enhances their ability to fight fires safely and efficiently. Live fire training allows firefighters to actually battle real fires using different scenarios.

The Mobile Aircraft Firefighting Training Device (MAFTD) is one of the live fire training exercise that are available to military, civil service and civilian firefighters. The MAFTD is a mock stainless steel aircraft that can simulate 13 different fires that can happen aboard an aircraft.

One advantage to this fire training is the realism. "This training device being so realistic allows us, as firefighters, to do our jobs more effi-

ciently," said firefighter Michael Jenkins, from the Fire Emergency Service Gulf Coast Mobile Training Team. The more realistic the training evolution mimics an actual event, the better the firefighters will be prepared and able to use the skills they learn during training.

Not only is the MAFTD a good training experience, but it is also environmental friendly. Instead of burning actual fuel used on real aircraft to ignite the fires, this simula-

tor uses liquid propane which burns clean and gives off less soot.

Despite the training being earth friendly, the fires are real and can be dangerous for the firefighters. To avoid any damage to the surrounding area or to the firefighters, the MAFTD is equipped with five emergency shut-off buttons. At any time during the evolution if a trainee feels something is unsafe they can press one of these buttons and the blaze will automatically shut off.

The MAFTD is mounted on a trailer which allows it to be transported to various locations giving many firefighters the opportunity to gain hands on experience in battling aircraft fires if ever called to one.

"Being able to train firefighters in different locations helps us to find out where more training is needed," said firefighter Jenkins. Overall this training better prepares firefighters to be more proficient at a trade that is geared to saving so many lives.

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R.A.D. (Rape, Aggression, Defense) course . . .

NCBC Gulfport Security and USM Gulf Park Campus Security and Safety, will partner to teach a Rape, Aggression, Defense (R.A.D.) self-defense class for women May 10, 11 and 12 from 4:30 - 8:30 p.m., at the USM Gulf Park Campus.

The course is FREE, but limited to 20 participants, age 16 years and up. Training completion certificates will be provided to participants. To sign up for the course, contact Ron Groat, USM Gulf Park (Long Beach) director of Security and Safety at 228-214-3430 or 228-669-7494.



'Bee in the Know . . .

Visit <https://www.cnbc.navy.mil/gulfport/index.htm> to find out what's happening on the Center!

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NMCB 133 'Bees build new schools in Espiritu Santo

By MC2 (SW) Michael Russell
Pacific partnership 2011 Public Affairs

Seabees from Naval Mobile Construction Battalion (NMCB) 133 began working with Vanuatu Mobile Force (VMF) engineers April 7 during Pacific Partnership 2011 to build three new school buildings and bathrooms around the island of Espiritu Santo, Vanuatu.

The Seabees are working on three new school buildings, including full-service restroom facilities.

The primary schools at Kameua, Ban-ban and Lorethia-Kar Kar were chosen because they did not have enough capacity for the number of children in the communities and the existing structures had water damage that made them unsafe for the students.

Currently there are 30 Seabees working in teams of 10 at each primary school. Each team has Seabee and VMF engineers who are subject matter experts on certain aspects of the project. These experts are teaching local apprentices how to conduct life cycle maintenance for the facilities.

"The one-on-one Seabee and VMF involvement has been astounding," said Lt. Wesley Howard, NMCB 133 officer-in-charge. "We have been trading methodologies, learned the construction skills of each side and passed the knowledge on to the community apprentices."



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133 show Secretary General of Sanma Province Joel Path a truss assembly that will be used at Kameua School during a Pacific Partnership 2011 engineering civil action project. Pacific Partnership is a five-month humanitarian assistance initiative that will make port visits to Tonga, Vanuatu, Papua New Guinea, Timor-Leste and the Federated States of Micronesia. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Russell/Released)

Because of the limited amount of potable water available on Espiritu Santo, clean water is limited at these schools. One of the engineering projects will reduce this problem by providing water catchments to im-

prove the schools' facilities and quality of life for the students.

The students are excited to see the progress of the schools and are anticipating the outcome, said Howard.

"From the day we stepped foot on the projects, the children have been excited about having a place that they can learn in a new structure with desks," said Howard.

"The kids are great around here. They watch us work a lot and laugh at us all the time," said Builder Constructionman Gregory Kaminski. "They really seem excited about their new schools."

The mission for the Seabees in Espiritu Santo is executing engineering, humanitarian and civic projects to contribute to the economic and social development of local communities and strengthen the professional relationship between nations. A ribbon-cutting ceremony will be held May 8 for the opening of the schools.

Amphibious transport dock ship USS Cleveland (LPD 7) arrived April 28 for Pacific Partnership 2011. Cleveland is the flagship for Pacific Partnership 2011, which completed its mission in Tonga April 23 and will visit Papua New Guinea, Timor-Leste and the Federated States of Micronesia. Pacific Partnership 2011 is a humanitarian assistance initiative, which promotes cooperation throughout the Pacific.

For more news from Pacific Partnership 2011, visit: www.cpf.navy.mil/pp11, www.facebook.com/pacificpartnership/ and <http://twitter.com/pacificpartner>.

NMCB 7 Water Well Crew completes mission objective

By NMCB 7 Public Affairs

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 7 returned from a successful water well drilling exercise at Camp Shelby Training Site, the largest state owned Army National Guard training site in the nation.

During the past week, the Seabees from NMCB 7 drilled more than 200 feet into the earth before striking their objective, as part of a graded training evolution to certify the battalion in well drilling operations prior to its upcoming 2012 deployment. The NMCB 7 team completed operations and equipment retrograde Apr. 25, one week ahead of schedule.

"Well drilling is a dangerous and tedious process," said Lt.j.g. Clayton Beame, detachment officer in charge.

"Striking an aquifer is just a part of the water well drilling process. There are many factors and procedures that encompass the entire process, to include site

layout, equipment setup, pre-drill procedures and equipment maintenance.

Upon striking our objective, we have to perform other tasking such as well development and completion procedures."

Prior to their field drilling exercise, the Seabees conducted two weeks of classroom instruction to prepare the crews and provide valuable baseline training and safety procedures. While operating at Camp Shelby, three crews worked eight hour shifts around the clock until the objective was accomplished on day four.

Upon tapping their water source, the crew successfully employed water and air development and well completion procedures. Once the operation was deemed a success, by Twentieth Seabee Readiness Group (20 SRG), who provided training, coordination and guidance, and all grading criteria were met, the crew performed proper well aban-

donment procedures in accordance with local environmental laws.

"I was very satisfied with the performance of our Seabees," said Chief Equipment Operator Jerry Greer, detachment assistant officer in charge. "The motivation and teamwork showed, over the past few weeks, has been nothing less than spectacular." I am looking forward to their performance during our upcoming deployment, knowing that they will accomplish whatever mission handed us."

Water well drilling is just one of many certifications a battalion must achieve prior to deployment. It is also an essential part of the Navy's humanitarian efforts that Seabee Battalions are conducting throughout the world to foster hope and good will.

NMCB 7 Water Well Teams successfully drilled three wells while deployed to the Horn of Africa region during the battalion's 2010 deployment.



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 7 strike water upon drilling a 200 foot water well during a training exercise at Camp Shelby. NMCB 7 Seabees are currently in the training phase of their scheduled homeport period, which is designed to prepare the battalion for its 2012 deployment to the U.S. Central Command area of responsibility. (U.S. Navy photo by Lt.j.g. Clayton Beame/Released)

Chiefs and officers from two battalions pair up on FTX to improve combat readiness, leadership

By CSC Mary Phillips
NMCB 24 Public Affairs

During a recent Chief's and Officer's Field Training Exercise (FTX), the Northern and Southern Naval Mobile Construction Battalions (NMCB) from NMCB 27 and NMCB 24, came together and received hands on training to refresh and enhance their combat readiness and leadership skills.

After receiving a week of intense class room instruction, the chiefs and officers from the battalions were divided into squads and sent to the field to put the training to practical hands on use. In each evolution of the training, the chiefs and officers had to plan and execute every detail.

Instructors from the Twentieth Seabee Readiness Group (20SRG) engaged the class with scenarios and monitored reactions for a debrief critique after each phase of the training.

Lt.j.g. Gerard Wilkins from NMCB 27 felt the training was "good refresher training and hands on is very assistive in learning."

The training included planning and operations in Command Operations Center, Convoy Operations, Patrols, Defensive Perimeter, Call for Fire and Terrain Models.

"The training was intense and the instructors were hands

on," said Lt. Eric Chitwood, attached to NMCB 24.

The hands on field training provided the young ensigns and those without combat skills training a direct look at what the young enlisted troops might experience. The chiefs and officers made terrain models for pre-planning briefs, dug and manned fighting positions, made Range Cards, drew fire plan sketches, laid communications wire, manned communications equipment, called in ammunition, casualty, equipment reports, enemy encounter reports, Medevac, Casualty and Situation reports, manned the M-240B's, MK-19's, M-16's weapons, conducted Patrols, manned a Convoy Security Element and rotated into various job positions in the COC.

Lt.j.g. Steve Neuhaus from NMCB 24 felt the training was "great for leadership to know what our enlisted do and how we can both help them and make their jobs more effective."

Ensign Carlos Ramirez also from NMCB 24 added that the training "allowed me to view firsthand what our junior troops go through."

Having some understanding of what the troops are going through gives the Chiefs and Officers a better mental visualization of the battlefield when they are working in the command operations center and



Chiefs and officers assigned to Naval Mobile Construction Battalion (NMCB) 24 and NMCB 27 man an M-240B machine gun and M-16 rifle in a fox hole on the defensive line during a joint chief and officer field training exercise. The 20th Seabee Readiness Group (20 SRG) from Naval Construction Battalion Center is conducting the exercise. (U.S. Navy photo by Chief Culinary Specialist Mary Phillips/Released)

receive the various reports from the fighting positions, patrols, convoy security elements and others.

Seabees are well known for their ability to adapt to new and changing situations and get the job done.

During the FTX the inexperienced personnel were put in leadership positions with the seasoned Chiefs and Officers as their assistants to mentor them.

[The FTX] "was a tremendous experience," said Ramirez. "I truly believe I came out a better officer by improving my leadership and teamwork skills."

The Chief's and Officer's Messes worked as one unit to complete the missions at hand. The four Squads contained members from both NMCB 24 and NMCB 27 and the working relationship between the battalions was outstanding.

NMCB 24 is headquartered in Huntsville, Ala., and has detachments in Kentucky, Tennessee, Alabama, Georgia, South Carolina and West Virginia. The Battalion's most recent deployments include a deployment in 2005 and 2009 in support of Operation Iraqi Freedom. NMCB 27 is headquartered at Naval Air Station Brunswick, Maine and has detachments in six New England states and upstate New York.

New homecoming flights better support Individual Augmentees

From U.S. Fleet Forces Command Public Affairs

Navy Individual Augmentees (IAs) redeploying from the U.S. Central Command (USCENTCOM) area of responsibility will soon get home to their families in a more predictable manner because of a new dedicated, weekly flight that began May 1.

This change greatly improves the Navy's ability to transport redeploying IA Sailors from the Warrior Tran-

sition Program (WTP) in Kuwait, to the four primary Navy Mobilization and Processing Sites (NMPS) in Norfolk, San Diego, Gulfport, Miss., and Port Hueneme, Calif., on the same day.

Currently, IAs may arrive at NMPSs on days when personnel support detachments are closed and health-care clinics are minimally manned, or at times when many Sailors are deploying and the facility can't support the simultaneous processing of so many personnel.

"Our Sailors and their families count on us to provide them with the support they need while they are deployed on these unique missions, which is why it is absolutely critical that we remain fully committed to improving the IA experience," said Adm. John C. Har-

vey, Jr., commander, U.S. Fleet Forces (USFF). "This improved transportation process brings our Sailors home to their families in a much more predictable and less burdensome manner making it a great step forward."

Harvey, the executive agent of the IA Continuum, visited key IA movement staging areas in November. Following his visit, he directed NMPS officers-in-charge to do the same, in order to provide these leaders with a "boots on ground" perspective on IA issues.

In January, officers from NMPS, USFF, Navy Personnel Command, and Navy Installations Command visited WTP and Reception, Staging, Onward Movement and

See **FLIGHTS** page 22

Dispose of e-waste properly

By Rana Evans

NAVFAC SE Environmental, Air and Water section

Electronic waste, generally called e-waste is not your deleted emails; e-waste is all the components and gadgets that you plug in that are not appliances or tools that should be remarketed or recycled.

E-waste includes items like monitors, televisions, computer keyboards, printers, fax machines, cell phones, laptops even speakers and cables. According to an internet Environmental Protection Agency (EPA) article on Used and End-of-Life Electronics, between 1980-2007, the U.S. generated close to 2.25 million tons of e-waste. Only 414,000 tons (18 percent) of that waste was recycled.

Fast forward to the current year and consider the number of people replacing TVs, upgrading computer components and purchasing cell phones. The amount of e-waste generated annually now almost rivals what was gen-

erated during the 17 years of the study.

At EPA's online eCycling webpage, it is noted that despite the terminology e-waste is not actually waste. It is "whole electronic equipment or parts that are readily marketable for reuse or can be recycled for materials recovery".

E-waste disposed improperly can introduce heavy metals such as lead, cadmium and mercury into the environment. Municipal landfill management can control the negative impacts of these metals. Even so, by keeping e-waste out of the landfills you minimize the toxins that need to be treated. Recycling your e-waste, recovers materials, reduces energy by limited the extraction of raw resources from the earth and limits risks to human health and our surroundings. Additionally, many recycled electronics are refurbished and provided to support organizations, schools, and people that cannot afford these items, resulting in overall quality



of life improvement.

State, local governments, and manufacturers are providing more opportunities to recycle or reuse e-waste. You can verify with a recycler if your e-waste will be refurbished for reuse, demanufactured for parts, or recycled into raw materials. A designation as a certified electronics recycler is now available. This means the recycler has been certified by a third party as meeting responsible recycling standards that ensure safe reuse and recycling of electronic equipment. As you upgrade or replace your computer, telephone, television, printer, copier, fax machine, etc., check online and at your pur-

See E-WASTE page 27

Photocopying military ID cards violates policy . . .

According to Title 18, US Code Part I, chapter 33, Section 701 photocopying of U.S. Government Identification is punishable by both fine and imprisonment. If asked to provide identification for photocopy, military/DOD personnel can provide a state drivers license or other form of photo identification.

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Buzz on the Street



By EOCN Devida Pope

What is a family tradition that your family does when they are together?



"My family and I play dominoes and listen to music."

YN3 Crystal Morales
CBC
Hometown: Bronx, N.Y.



"We get together to barbecue and play board games on Memorial Day."

BUCA Ricky Squire
NMCB 7
Hometown:
Roanoke Rapids, N.C.



"Everyone cooks a dish and we have a big family dinner."

AGAR Clinton Boyle
CNATT Unit
Hometown: Kansas City, Mo.

NCBC FRAMES

Gunnersmate
2nd Class
Jesse Ignacio

By EOCN Shakenia Ceazer

FF: What single experience during your career stands out the most, and why?

GM2: Being down range because the sole purpose of what you do is put to use.

FF: What has been your biggest motivation throughout your career?

GM2: Serving a purpose all over the Middle East where my actions affected mission readiness.

FF: What advice would you give to future Seabees/Sailors?

GM2: The Navy is getting harder just to stay in, so get



out there and go above and beyond your job.

FF: What is your favorite thing about

working with the Seabees?

GM2: Being their subject matter expert and appreciating the overlooked

part of the Navy.

FF: Who was your most influential mentor during your career, and why?

GM2: I have looked

up to all my superiors and all have given me some type of advice that helped me excel in my career.

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NCBC Base Wide Picnic

Memorial Day Weekend Kickoff



May 26, 11 a.m. - 2 p.m., Fields by Fitness Center

Free Food, Music, Entertainment, Bounce House

Supers Squad Competition: 4 on 4 Basketball,
8 person Volleyball,
Horseshoes, Tug of War, Dodgeball, Fun Relay and
5K run



Open to ALL on base!
Sponsored by MWR

A reminder from NCBC Public Safety . . . Personal firearms are **PROHIBITED** on the installation

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Bin Laden buried at sea

By Jim Garamone

American Forces Press Service

WASHINGTON (NNS) — Osama bin Laden received a Muslim ceremony as he was buried at sea, a senior defense official said in Washington, D.C., May 2.

The religious rites were performed aboard the aircraft carrier USS Carl Vinson (CVN 70) in the North Arabian Sea and occurred within 24 hours of the terrorist leader's death, said the official.

"Preparations for at-sea [burial] began at 1:10 a.m. Eastern Standard Time and were completed at 2 a.m.," said the official.

The burial followed traditional Muslim burial customs, and bin Laden's body was washed and placed in a white sheet, said the official.

"The body was placed in a weighted bag. A military officer read prepared religious remarks, which were translated into Arabic by a native speaker," the official added.

Afterward, bin Laden's body

was placed onto a flat board, which was then elevated upward on one side and the body slid off into the sea.

The deceased terrorist was buried at sea because no country would accept bin Laden's remains, a senior defense official said.

Central Intelligence Agency (CIA) and Defense Department officials are sure it was the body of bin Laden. CIA specialists compared photos of the body with known photos of bin Laden and said with 95-percent certainty it was the terrorist leader, a senior intelligence official said.

In addition, bin Laden's wife identified the al-Qaida leader by name while the strike team was still in the compound, said the intelligence official.

CIA and other specialists in the intelligence community "performed the initial DNA analysis matching a virtually 100-percent DNA match of the body against the DNA of several of bin Laden's family members," the official added.

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Mississippi offers

FREE Boating and

Water Safety...

Did you know that Mississippi offers FREE boating and water safety classes



that persons born after June 30, 1980, must complete before operating a motorboat or personal watercraft on the waters of the State of Mississippi? The classes are open to all age groups. For course dates and location information, go to

<http://www.dmr.state.ms.us/marine-patrol/safety/2011-boat-and-water-safety-classes.pdf>.

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Chapel Corner



Seabee Food Pantry:

The chapel is in need of non perishable items please. Donation drop off points are: Navy Exchange, Chapel, Commissary, Fleet and Family Support Center and Armed Forces Retirement Home.

Praise and Worship

Team: Come out Sunday to see the newly formed Praise and Worship Team perform contemporary Christian music at the 10:30 a.m. Protestant service.

Group 4:12: A young adult group for military members, every Wednesday at 6 p.m. in the Fellow Hall of Seabee Memorial Chapel.

Marriage Enrichment

Retreat: May 6 - 7, Seabee Memorial Chapel

Vacation Bible

School: June 13 - 17, 5:30 - 8 p.m. Looking for volunteers to help with VBS.

Suicide Prevention is an All Hands Evolution



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Auto Hobby Shop

Stop by the Auto Skills Center during the hours of noon - 4 p.m., Tuesday-Saturday and receive the first hour of usage of any vehicle lift free. The Auto Hobby Shop now has an ASE mechanic on duty during normal working hours. We also have an overhead electric engine hoist and technician to assist customers with pulling and installing engines.

Liberty Center

The month of May at Liberty is full of fun! Check out our wide variety of activities and trips.

Join us as the Liberty bus travels to Mobile, Ala., to watch some minor league baseball as the Mobile Bay Bears take on the Tennessee Smokies May 6. The FREE shuttle departs at 5:30 p.m. and tickets are only \$5 but you must pay at the gate! The Nawlins Air Show is May 8 at Naval Air Station Joint Reserve Base (NASJRB) New Orleans. This FREE Liberty shuttle departs at 8:30 a.m. The inaugural Gulfport Music Fest is happening May 13 - 14, in downtown Gulfport and Liberty will be taking you there! FREE shuttle departs at 5:15 p.m. Friday night and 2:30 p.m. Saturday afternoon. Admission is \$55 at the gate! We also have two FREE shuttles to the mall coming up. We'll be going to the Promenade in D'Arville May 11, and Edgewater Mall in Biloxi, May 19. Shuttles will be leaving both days at 6 p.m.! Lastly, we have a trip just for the adventurous types! Liberty is going to Tiki Zip Line Adventures in Denham Springs, La., for some outdoor fun May 15. It's only \$70 for over three hours of zip-lining action. The bus departs Liberty at 8 a.m.! Don't miss out! If you prefer activities on base, Liberty has some options for you. Liberty is hosting a Ping Pong tournament May 9 and Guitar Hero, May 12. Both tournaments begin at 6 p.m. and FREE prizes will be given to the 1st Place winners! Were you born in the month of May? If you were, we'll be giving away FREE birthday cake May 10, to everyone born in May. You must be able to show proof to get FREE cake!

With all of these activities going on how can you not come out and enjoy your time here in Gulfport? Get out of your barracks and quit being bored, come in to Liberty!

Outdoor Recreation

Take a sunset cruise aboard our pontoon boat May 12 at 6:30 pm. Bring your own beverages and we will do the rest. Reserve your seat by May 9. Call 228-871-2127 for more information.

May is here and the sun is shining bright. It's time to hit the water parks. We are headed to Waterville USA in Foley, Ala., May 22. Tickets are \$38 for adults and \$28 if you are under 42" tall. The last day to get your seat is May 15. Call 228-871-2127 for more details. The rodeo is here! Jackson County Sheriff's Rodeo is free for children under 6, \$10 for children 6-12 and \$15 for adults. Sign up by May 15 to go check it out with Outdoor Rec. Seats will go fast, don't miss this buckin' good time! Call 228-871-2127 for details.

Navy Teen Summer Adventure Scholarship Program:

Navy Child and Youth Programs (CYP) is accepting applications for its 2011 Navy Teen Summer Adventure Scholarship Program, which will allow 180 eligible Navy teens, ages 13-17, to attend one of eight all-expenses paid summer camps, schools and workshops. To apply for the 2011 Navy Teen Camp Scholarship Program, visit www.cnyc.navy.mil. Click "What We Do," then "Family Readiness." Or, visit www.tinyurl.com/3vu7gz9 to read the brochure and complete the application. Teens are required to write an essay about the adventure they want to experience. Eligibility requirements: Participant must be eligible to enroll in Navy Youth Programs; Participant must be dependent of Navy active-duty or Reserve personnel; Participant must be between the ages of 13-17 by June 1; Must possess a

May 5, 2011

Seabee Courier

GROUP FITNESS CLASS SCHEDULE

HQC/SAL/PART FITNESS CENTER G105 W6 MONDAY-FRIDAY 9:00 A.M.-4:00 P.M. SATURDAY 10:00 A.M.-5:00 P.M.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Strength/ Cardio Class taught by Lyella 9:00 a.m.	Cycling Class taught by Joan 9:00 a.m.	Strength/ Cardio Class taught by Lyella 9:00 a.m.	Cycling Class taught by Joan 9:00 a.m.	Strength/ Cardio Class taught by Lyella 9:00 a.m.	
	Water Aerobics Class taught by Lyella 11:00 a.m.		Water Aerobics Class taught by Lyella 11:00 a.m.		Zumba Class taught by Julie 10:00 a.m.
30 Minute Pump Class taught by Lyella 12:00 p.m.	Zumba Class taught by Lyella 12:00 p.m.	30 Minute Pump Class taught by Lyella 12:00 p.m.	Zumba Class taught by Lyella 12:00 p.m.	Pilates Class taught by Lyella 12:00 p.m.	
Cycling Class taught by Josanne 5:00 p.m.	Cardio Kickboxing Class (with step) taught by Josanne 5:00 p.m.	Cycling Class taught by Josanne 5:00 p.m.	Cardio Kickboxing Class (with step) taught by Josanne 5:00 p.m.		Martial Arts taught by Kevin 1:00 p.m.
Zumba Class taught by Julie 6:00 p.m.	Martial Arts taught by Kevin 6:30 p.m.	Zumba Class taught by Julie 6:00 p.m.	Martial Arts taught by Kevin 6:30 p.m.		

CLASS DESCRIPTIONS

Strength/Cardio moderate/high intensity Strengthens the body using various exercises using bands/weights.

Cardio Kickboxing (with step) high intensity Punch, kick, and block your way through this fun workout!

Cycling moderate/high intensity Sprint, climb, and jump your way through an exhilarating ride in the comfort of our group cycle room.

Martial Arts moderate/high intensity traditional Okinawan Karate (Shorin Ryu), where the student will learn about basic/intermediate/advanced blocks, strikes and kicks, as well as self-defense (tuite).

30 Minute Pump high intensity Uses bands, kettle bells, dumbbells, and body weight resistance.

Water Aerobics moderate intensity It is extensive enough to give a good workout and low impact enough to not strain joints or bones as a regular aerobics class would.

Zumba moderate/high intensity Known as Zumba Fitness Party- Combines fast and slow rhythms that tone and sculpt the body using aerobic/fitness approach to achieve a unique blended balance of cardio and muscle-toning benefits.

Pilates moderate/high intensity Stress relieving and energizing way to achieve and maintain optimal fitness and well being.

All cycling classes will be held in the Cycling Room (last class in the east hallway). All other classes in the Multipurpose Room (only class at the end of the west hallway).



Movie Ticket

Training Hall Theater, Movie Hotline 228-871-3299

May 5, The Mechanic, R, 6:30 p.m.	May 15, The Green Hornet, PG13, 11:30 a.m.; Yogi Bear, PG, 1:30 p.m.; Sanctum, R, 3:30 p.m.; The Mechanic, R, 6:30 p.m.
May 6, The Rite, PG13, 6 p.m.; The Roommate, PG13, 8 p.m.	May 16, Sanctum, R, 6:30 p.m.
May 7, Tangled, PG, 11:30 a.m.; The Green Hornet, PG13, 1:30 p.m.; True Grit, PG13, 3:30 p.m.; The Mechanic, R, 6:30 p.m.	May 17, No Strings Attached, R, 6:30 p.m.
May 8, Yogi Bear, PG, 11:30 a.m.; The Dilemma, PG, 1:30 p.m.; The Fighter, R, 3:30 p.m.; The Rite, PG13, 6:30 p.m.	May 18, The Rite, PG13, 6:30 p.m.
May 9, The Roommate, PG13, 6:30 p.m.	May 19, The Roommate, PG13, 6:30 p.m.
May 10, The Rite, PG13, 6:30 p.m.	May 20, The Fighter, R, 6 p.m.; No Strings Attached, R, 8 p.m.
May 11, The Mechanic, R, 6:30 p.m.	May 21, Tron Legacy, PG, 11:30 a.m.; Yogi Bear, PG, 1:30 p.m.; Tangled, PG, 3:30 p.m.; The Roommate, PG13, 6:30 p.m.
May 12, The Green Hornet, PG13, 6:30 p.m.	May 22, The Dilemma, PG, 11:30 a.m.; True Grit, PG13, 1:30 p.m.; Sanctum, R, 3:30 p.m.; The Mechanic, R, 6:30 p.m.
May 13, The Dilemma, PG, 6 p.m.; Sanctum, R, 8 p.m.	May 23, No Strings Attached, R, 6:30 p.m.
May 14, Tron Legacy, PG, 11:30 a.m.; Tangled, PG, 1:30 p.m.; The Green Hornet, PG13, 3:30 p.m.; No Strings Attached, R, 6:30 p.m.	May 24, The Green Hornet, PG13, 6:30 p.m.
	May 25, The Rite, PG13, 6:30 p.m.
	May 26, The Roommate, PG13, 6:30 p.m.

Movies contingent upon training requirements

NMCB 74 . . . We build, We Fight, We entertain

By MC1 (SCW) Ryan G. Wilber
NMCB 133 Public Affairs

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74's main body site at Camp Mitchell in Rota, Spain, hosted a "Rota Idol" singing competition, March 25.

According to NMCB 74 Executive Officer Lt. Cmdr. Tom Lyons, troops began to approach him with the re-

quest for a "Rota Idol" shortly after arriving in Spain.

"You asked for 'Rota Idol,' we're giving it to you," said Lyons as he addressed the troops during the show's opening.

Enthusiasm for the event was generated in Spain due to the overwhelming success of "Afghanistan Idol," the singing competition the

battalion put on last year.

"Deployments are difficult on the Seabees, and there isn't a lot of down time where you can sit back and forget about the rigorous of deployment," said Lyons. "We work long hours on deployment, day in and day out. This was a great opportunity to get everyone together, have some fun, enjoy the talent, and share a few laughs. Based on the response from the Seabees, I think we accomplished just that."

Thirteen contestants performed for a crowd of more than 150 Seabees during the three-hour event, where after the show the audience voted by ballot for their favorite performer.

Utilitiesman 3rd Class Joshua Ledestich won over the audience with his original remake of Save Tonight by Eagle-Eye Cherry he called "Wear Hardhats" and was named "NMCB 74's Rota Idol."

"For that night, everyone came together just to be together. I encourage this command to keep doing it annually. It's the best Morale, Welfare and Recreation event, and command event that I will ever be a part of," said Ledestich. "I felt like a rock star for like two seconds. It was pretty cool."

NMCB 74's Navy Marine Corps



From left, Chief Navy Counselor Jeremy Stalling, Chief Yeoman Sonya McClendon and Lt. Cmdr. Omarr Tobias, all assigned to Naval Mobile Construction Battalion (NMCB) 74, settle into their roles as Steven Tyler, Jennifer Lopez and Randy Jackson as the battalion's American Idol-like singing competition, Rota Idol, begins at Camp Mitchell on Naval Station (Naval Station) Rota, Spain. Thirteen Seabees performed during the three-hour event, which raised more than \$600 for the Navy and Marine Corps Relief Society. (U.S. Navy photo by Mass Communication Specialist 1st Class Ryan G. Wilber/Released)



Utilitiesman 3rd Class Josh Ledestich, assigned to Naval Mobile Construction Battalion (NMCB) 74, Headquarters Company, performs for the battalion's American Idol-like singing competition, Rota Idol, held at Camp Mitchell on Naval Station (NAVSTA) Rota, Spain. Ledestich placed first in the competition, and won a four-day liberty and \$75 gift certificate to the base commissary. (U.S. Navy photo by Mass Communication Specialist 1st Class Ryan G. Wilber/Released)

Relief Society (NMCRS) team took advantage of the large audience and used the opportunity to educate troops and raise money. A donation box was placed at the front of the barbecue line, where food was prepared by the battalion's Second Class Petty Officers Association, and sold concessions during the show. The team collected nearly 600-dollars by night's end.

"We wanted to make a little bit of money and get the word out there about what the Navy Marine Corps Relief Society is about. This is a

cause that is near and dear to my heart, and helping with these fundraisers is to give back for when they helped me," said Builder 1st Class William Lathan, NMCB 74's assistant NMCRS command coordinator.

In the end it takes Seabees from every company in the battalion working together to put on a first-rate show such as the one held at Camp Mitchell, which once again showcases the Seabee "Can-Do" spirit as they build, they fight or as in this case - entertain.

'Bees of NMCB 74 keep story time buzzing

By MC1(SCW) Ryan G. Wilber
NMCB 74 Public Affairs

Four Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74 buzzed over to the, Morale, Welfare and Recreation (MWR) library on Naval Station (Naval Station) Rota, Spain, to participate in their weekly reading program March 29-30.

Utilitiesman 3rd Class Cheri Roscoe, Builder Constructionman Bret Redfern, Utilitiesman Constructionman Jordan Delasalas and Utilitiesman Constructionman Apprentice Leslie Anderson all happily volunteered their time to read to the children.

The weekly reading program, simply referred to as "story time," happens every Tuesday at the library and typically between 10 and 12 children participate, but this week nearly 75

kids showed up over the two days to listen to the Seabees read.

According to Ms. Agar Fernandez, the MWR library's Head Librarian, the weekly story time theme is based on calendar events and holidays, so this week she invited the Seabees to read during the month of their founding.

"We try to bring people from the different commands into the library to share their experience with the kids, and read to the kids," said Fernandez.

Since the children were a bit too young for a history lesson on the "Fighting Seabees," the group did the next best thing; they read a couple of books about bees. The correlation was not lost on the children either, as demonstrated by one child who stated that he could see a bee on their

uniforms.

"I think it was really rewarding just to see how they reacted. When there were sad parts they reacted sad, when there were happy parts they reacted happily, and just having them run around acting like bees; I think they had fun doing that," said Redfern. "There is nothing more rewarding than seeing a child's smile." Although story time is geared toward more than just teaching the children about the military organizations attached to the base, Fernandez says she enjoys having the commands participate and plans to continue requesting their involvement.

"We like it, we think the kids enjoy it and the parents also enjoy it. I think it's something good for them, and we're going to try to implement it as much as we can," said Fernandez.



Utilitiesman Constructionman Jordan Delasalas, assigned to Naval Mobile Construction Battalion (NMCB) 74, reads to children at the Naval Station Rota, Spain Morale, Welfare and Recreation Library. Seabees were invited to read for story time in recognition of their founding on March 5, 1942. (U.S. Navy photo by Mass Communication Specialist 1st Class Ryan G. Wilber/Released)

Seabees with NMCB 26 and 25 NCR take time to volunteer with Afghan boys school

By MC1 Kenny Ragland
NMCB 26 Public Affairs

Volunteers from Naval Mobile Construction Battalion (NMCB) 26 and the 25th Naval Construction Regiment (25 NCR) spent Saturday morning of their Easter weekend with local boys from the Kandahar Airfield boys bazaar school, building cars for a Pinewood Derby, playing soccer and making woven bracelets.

The school, designed as a combination school and child care facility, is a place for male children, ages 5 - 16, to play and learn while their families sell crafts and other items in the base bazaar.

"It was great to see the kids play and have a good time," said Lt. David Cheetham, organizer of the Seabee volunteer group. "Our Seabees enjoyed it too," he said.

NMCB 26 and 25 NCR Seabees set up a Pinewood Derby race track and began helping the boys assemble the pre-formed derby cars.

"I was up at 4 a.m. this morning finishing the track," said Builder 1st Class Dale Wheeler. "I also had some help earlier in the week to make the cars and wheels," he said.

Wheeler and other Seabees hewed the cars out of wood and helped the boys assemble them at the school. The wheels were made out of Plexiglas and attached by nails.

"We spun the wheels on a drill to get rid of the burrs and we used sandpaper as a finisher," Wheeler said.

The boys used markers to add color to their cars. Then they raced them on the track, starting at the top. They ran

down to the end to retrieve them and soon started again.

Culinary Specialist 1st Class Richard Watson donated bright white and red nylon 550 cord, which the boys used to weave bracelets.

"It was great to see the enthusiasm of the boys," said Chief Petty Officer Utilitiesman Charles Hill.

Several Seabees had experience weaving macramé bracelets with the Girl and Boy Scouts. Unfortunately, being in Afghanistan added an extra challenge to the project - there weren't enough buttons.

"We had to use buttons from our uniforms," said Senior Chief Petty Officer Logistics Specialist Kathleen Nyquist.

They had to use so many buttons that by the end of the morning, many uniform sleeves were flapping open in the breeze.

The soccer game, pitting the volunteers against the Afghan boys, was no contest. The boys won 3 - 0.

"It was a lot of fun playing soccer with the kids," said Chief Petty Officer Construction Electrician Andres Rojas. "They were pretty good."

The game was played on a dirt field in front of the school. Soccer goals were made from wood frames with desert camouflage netting.

"The game is always the highlight for the day," said school military coordinator, German Army Sgt. 1st Class Camillo Teichmann.

The base also catered a lunch for the boys, which the volunteers helped serve.

"Lunch consists of beef or bread," Teichmann said.

"Also, we put in candy bars and pudding, popcorn and



soft drinks," he added.

At the school, an Afghan teacher teaches the boys English, native Pashto writing and some math and science.

The boys can attend the school through their 16 birthday.

"They are very bright and quick learners," Teichmann said. "We provide backpacks

for all of the boys and all of the supplies are donated from civilian groups, in Europe and America."

This wasn't the first time the Seabees volunteered at the school, and it won't be the last.

"The first time we came, we made and flew kites," Cheetham said. "I'm looking forward to another craft proj-

Top: Seabee Builder 1st Class Dale Wheeler and a U.S. Air Force Airman watch Afghan boy's race pinewood derby cars at Kandahar Airfield Boy's Bazaar School, April 23 in Afghanistan. Left: Seabee Culinary Specialist 2nd Class Juho Lee helps two Afghan boys weave bracelets at Bazaar Boy's School in Kandahar Airfield in Afghanistan. Lee is a member of Naval Mobile Construction Battalion 26, comprised of Seabees from Michigan, Indiana and Ohio. (U.S. Navy photos by Mass Communications Specialist 1st Class Kenny Ragland/Released)

ect with the Afghan kids."

NMCB 26, a reserve battalion from Harrison, Mich., is part of Task Force Overlord.

25 NCR is the command and control element for Task Force Overlord, which is responsible for all construction engineering and engineering support in southern and western Afghanistan.

To subscribe to the Seabee Courier eCourier edition, send an e-mail to seabecourier@navy.mil.

To receive "Inside the Gate" send an email to bonnie.lindleymcgerr@navy.mil

May 5, 2011

Seabee Courier

F O C U S E D U C A T I O N

U.S. Departments of Education and Treasury recognize state students for participation in National Financial Capability Challenge

From Departments of Education and Treasury

As part of an ongoing effort to mark national Financial Literacy Month, the U.S. Department of Education and U.S. Department of the Treasury today recognized the 123 Mississippi students and 9 Mississippi educators who participated in the National Financial Capability Challenge for the 2010-11 school year. The Challenge, which includes a voluntary online exam for high school students, helps teach young Americans about saving, budgeting, investing, and other important skills critical to building a secure financial future.

A total of 18 Mississippi students scored in the top 20 percent nationally and one Mississippi student received a perfect score. State-by-state results and sample questions from the exam are included below and at www.challenge.treas.gov.

"It's critical for our young people to develop smart financial skills," said Secretary of Education Arne Duncan. "If we're going to prepare our students for 21st century success, we have to teach them about earning and spending, saving and investing. Otherwise, they're going to learn the hard way: by making mistakes. I'm encouraged to see the steps that teachers and states are taking to make basic financial education a priority and congratulate these students on their great work."

"Empowering students with the knowledge they need to make good decisions

about saving, budgeting, and investing is critical to helping them build secure financial futures," said Deputy Secretary of the Treasury Neal Wolin. "I want to congratulate these students on their achievements and thank them for serving as examples to their peers about the importance of financial education."

Education Secretary Duncan and Treasury Deputy Secretary Wolin honored top-scoring students today at a national awards ceremony today at the U.S. Department of Education in Washington, DC. Nationwide, more than 84,000 high school students and 2,500 educators in all 50 states, as well as in U.S.

Department of Defense schools for children of military members around the world, participated in the 2010-11 Challenge. Students who scored in the top 20 percent nationally and those who were among the top scorers in their school will receive official award certificates.

The Challenge is one of many important steps the Obama Administration has taken to help empower Americans through improved financial capability. In November, the Administration unveiled a new coordinated National Strategy for Financial Literacy to help guide the ongoing efforts of the federal government and private organizations to empower Americans with the financial skills they need to strengthen their long-term economic security. Addition-

ally, the Administration established the President's Advisory Council on Financial Capability to provide advice on how to maximize the effectiveness of existing private and public sector efforts, and to identify new approaches to increase financial capability.

Example questions from the Challenge's online exam include the following:

1. Carolina has \$5,000 saved from working at different jobs. She puts her money in a savings account that pays 4 percent per year in interest. How much money will be in her account at the end of the first year and at the end of the second year?

- A. End of first year: \$5,100; end of second year: \$5,400.
- B. End of first year: \$5,200; end of second year: \$5,400.
- C. End of first year: \$5,200; end of second year: \$5,408.
- D. I don't know.

Answer: C)
2. Marco went to the grocery store to buy a box of cereal. The type of cereal he liked came in three different brands and three different size boxes.

To select the brand and the box with the lowest unit cost, he should look at the:

- A. Largest cereal box on the shelf.
- B. Most popular brand of cereal.
- C. Price per ounce of cereal in each box.
- D. I don't know.

Answer: C
State-by-state results are available at www.challenge.treas.gov

Keeping it green



Students from local schools along the Mississippi Gulf Coast participate in Watershed Harmony Musical Puppet Play on board Naval Construction Battalion Center (NCBC) at the Training Hall April 20. The Watershed Harmony Musical Puppet Play is designed to educate students about water quality and environmental changes in their community. (U.S. Navy photo by Equipment Operator Shakenia Ceazer/Released)

Kevin Byrd, NCBC School Liaison Officer is located at Building 352, and may be contacted at (228) 871-2117 or kevin.r.byrd@navy.mil

Coastline Community College Summer Term . . . Registration is happening now through May 18 for the summer term of Coastline Community College which runs from June 13 - Aug. 7. Stop by the Navy College Office, building 60, room 239 or call Dr. David Drye at 228-871-3439 or e-mail DDRYE@COASTLINE.EDU for additional information.

SUMMER ADVENTURE

Navy Teen Scholarship Program

Visit www.cnic.navy.mil.
Click "What We Do," then "Family Readiness."
Or, visit www.tinyurl.com/3vu7gz9
to read the brochure and complete the application.



APPLICATION DEADLINE:
MAY 20, 2011

 Navy Child and Youth Programs - a CNIC Quality of Life Program

Volunteers Needed

American Red Cross-Service to the Armed

Forces is looking for volunteers to construct a raised, portable garden for the Biloxi VA Hospital residents by June 1. Interested volunteers may call Leslie at 228-234-3756 or email lpitre@redcross-msgc.org.

North Gulfport, Grade 8 Test Proctors - May 10 - 12 from 7:10 a.m. - noon. A continental breakfast will be served. All proctors must attend testing security training even if they have volunteered as proctors previously. If interested, contact Emie Bankston, 228-864-8944 from 8 a.m. - 4 p.m., or call 228-297-5549 after hours, or send an email to ebankston@harrison.k12.ms.us.

Long Beach School District needs proctors . . .

LB school district is requesting 6 people to help at Long Beach Middle School and 6 people to help with Harper McCaughan Elementary School as proctors for the MCT 2 tests May 10, 11, and 12. These individuals will need to be trained using the MDE required protocol. Contact Christi Spinks at 228-864-1146 or Spinksc@lbsd.k12.ms.us if you are interested.

Orange Grove Elementary needs 30 proctors . . .

May 10, 11, and 12 at 11391 Old Hwy 49, Gulfport to proctor tests. Please park across the street from the school. May 10, please arrive at 7:15 for training; arrive by 7:40 a.m. on the other two days. Stephanie Schepens at sschepens@harrison.k12.ms.us

Hancock Middle School Test Proctors - May 10, 11, 12 at 7 a.m. If you are interested, e-mail Tracy at

tlneaise@hancock.k12.ms.us for more information.

Mississippi Gulf Coast Honor Flight will make their first flight May 11. The Honor Flight is an organization that will fly about 90 World War II veterans from Mississippi to the nation's capitol for their first and perhaps last opportunity, to see the memorial that honors their sacrifice - - the World War II Memorial. To help welcome the veteran's back after their journey, everyone is requested to come out to Gulfport International Airport May 11 from 7 - 8:30 p.m. Military personnel are requested to be in either the Uniform of the Day or Dress Whites to welcome the Veterans home.

8th Annual Smokin' the Sound & Smokin' the Lake - Volunteers are needed May 12 - 15 to assist with Smokin' the Sound at Point Cadet in Biloxi and Smokin' the Lake, May 21-22 at the Dock Bar and Grill on Seaway Road. Duties include selling wrist bands and directing spectators to viewing areas. Various shifts are available and lunch will be provided. For more information, check out www.smokinthesound.com; to volunteer, call NCBC Public Affairs at 228-871-3664.

Special Olympics Golf Tournament - Volunteers are needed to man refreshment booths, collect money and assist with the Special Olympics Golf Tournament, May 13, at the Bridges Golf Course at Hollywood Casino, Bay St. Louis. Two shifts are available - 6:30 a.m. - noon and noon to 6 p.m. Contact Cecil Pettway at willis.pettway@navy.mil or Shannon Breland at Shannon.breland@nrissc.navy.mil for more information.

Buckle Up for Safety - Every Time!

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Annual Bee Wash happens May 20 on the Grinder . . .

Nominate your favorite person to help wash the Seabee on the Grinder May 20 at 11 a.m. For those unfamiliar with this event, the rules are simple. Nominate your favorite person to help wash the Seabee and top five people grab the soap and brushes and go to work. The top person goes into a bucket truck. You then donate \$1 to "rinse" the Bee. All the proceeds go to the Navy Marine Corps Relief Society Active Duty Fund Drive. To donate toward your "washer" or to nominate someone (\$5), call Alice Huffman at 228-871-2610/2483 or SWC Scott Baker at 228-236-4542.

Standings as of 4 p.m. May 3:

Charlotte Williams \$132
BUCS Brian Miller \$100.41
Cmdr. Chris Knudsen \$55
Cmdr. Stan Wiles \$38.26
Mark Ashley \$20



From EETP page 1

less of the time a Sailor has left on his EAOS, he or she can transition to SELRES," said Dawson. "Technically, a Sailor could have just signed a six year contract and decide today that they want to complete the remainder of their commitment in SELRES. EETP, on the other hand, is an early-out."

Qualified Sailors may submit their request for early separation to Commander, Navy Personnel Command (COMNAVPERSCOM) via their commanding officer (CO). Commanding officers have final disapproval authority under this program and should not forward a request they cannot support. COMNAVPERSCOM has final approval authority for requests with positive CO endorsement.

MILPERSMAN 1910-102 requirement for "separation by reason" does not apply to this program. Sailors are not required to state a reason for making the request since this is a voluntary program.

Approval for Sailors with critical Navy Enlisted Classifications (NEC) will be based on individual community requirements.

Early separation requests will not be approved for Sailors:

- ~ In nuclear ratings;
 - ~ In receipt of permanent change of station orders;
 - ~ Identified to fill or currently serving on a Global War on Terrorism/Overseas Contingency Operation, or Individual Augmentee assignment whose rotation date would be affected;
 - ~ In the National Call to Service Program;
 - ~ In any sea warfare combat program;
 - ~ Sailors serving in a rating and/or holding an NEC listed in any enlistment bonus, Selective Re-enlistment Bonus, or similar special and incentive pay program in effect at anytime within the fiscal year of the request or separation;
 - ~ Assigned to a Department of Defense area tour and have not completed the tour requirement, including overseas tour extension incentive program for which a benefit has been received; or
 - ~ Who are retirement eligible.
- "Sailors who are no longer interested in staying in the Navy are highly encouraged to apply," said Dawson.
- For more on the EETP read NAVADMIN 142/11, call the NPC Customer Service Center at 1-866-U-ASK-NPC, 1-866-827-5672 or email at cscmailbox@navy.mil.

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SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are welcome and baby sitting is provided during deployment. Contact FRG President Mary Belanger, 228-273-4158, e-mail mcbonefrg@gmail.com or Secretary Krystin Canipe, 704-726-5751, e-mail nmcbonefrg@gmail.com.

NMCB 7 FRG welcomes friends and family members to attend FRG meetings the third Tuesday of each month at 6 p.m. at the NCBC chapel. Children are welcome and baby sitting is provided for children four and under. Please contact FRG President Dawn MacKenzie at 850-748-6242 or Vice President Laura Linder at 402-369-4090 for more information.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit the FRG and Ombudsman website at <http://nmcb11.webs.com>.

NMCB 74 FRG All families and friends of NMCB 74 are invited to the 74 FRG meeting held the 3rd Monday of each month at the MWR Youth Activities Center, Bldg. 335 off Bainbridge Ave. behind the Grinder on CBC base. Meetings begin at 5:30 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome and child care is provided during deployment. For more information regarding the NMCB 74 FRG please email nmcb74fsg@yahoo.com. Check out the 74 FRG website at <http://nmcb74frg.zymichost.com>

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby sit-

ting is provided. Please bring a dish to share. For more information contact FRG President Kelli Clarke at 727-504-4408 or e-mail hansonk154@yahoo.com. To receive updates log on to the FRG website at <http://www.orgsites.com/ms/nmcb133fsg>

Naval Officer's Spouse Club

The Gulfport Naval Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, please email noscgulfport@yahoo.com. We hope to see YOU soon!

NMCRS

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for information.

TRAINING

COMPASS is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 to sign up.

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. For more information contact AGC Enrique Acosta-Gonzalez at 228-688-5288 or enrique.acosta@navy.mil, or Lt.j.g. Bowling at 228-

313-9035 or coachcb@yahoo.com.

SOCIAL

Miss. Gulf Coast First Class Association is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting.

VFW Post 3937 Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602.

VFW Post 4526 Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. For more information call 228-832-0017.

NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. Anyone interested in becoming a member of the Alumni Group may go to <http://nmcb62alumni.org> for information or for links to Seabee historical sites.

Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. For more information, contact Joe Scott (Secretary) at 228-669-8335 or elevenoaks58@cableone.net or log onto www.nsva.org for an application.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446 and is open Monday-Friday, 10 a.m. to 4 p.m., and Saturdays from 11 a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeeemuseumstore.org/shop/index.php or call the gift shop at 228-871-4779 for more info.

Wanted: Seabee Divers!

Underwater Construction Team 1 is looking for motivated Seabees and CEC Officers. Join an elite force. Travel as a small professional team. Execute specialized construction, diving and demolitions skills with the latest technology and equipment. Contact S1/CCC @ 757-462-3986/3988 or go to www.facebook.com/seabee.diver for more information on this challenging career field.



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Homefront in Focus: Resource Bank, Part 1

By Beth Wilson
Military Spouse Contributor

Perhaps the most amazing thing to me about military Spousedom is the amazing resources and opportunities available to enhance the quality of our lives. Below you will find a list of resources and opportunities but it is in no way exhaustive. Please take time to connect with your family programs office for more resources in your area.



Beth Wilson

Ombudsman: Your Navy Command Family Ombudsman is a fellow Navy spouse, appointed by your Commanding Officer, to serve as an information and resource person, official communication conduit from the command and more. Contact your local Fleet and Family Service Center (FFSC) to connect with your command's Ombudsman. This seasoned spouse is a wealth of knowledge.

MWR (Morale, Welfare and Recreation): MWR could be a column in itself. MWR programs are extensive and all for your morale! From entertainment (events, movies), to Auto Skills, golf, bowling, bingo, marinas, gaming, liberty programs, cabins, RV Parks, rentals, food and beverage facilities and services, child and youth programs, to fleet and family fitness (gyms), sports and more there is something for everyone. Logon to www.mwr.navy.mil for more information and to connect with your local MWR.

IT&T (Information, Tickets and Travel): Whether you are planning a 'staycation' or vacation IT&T can assist with planning and discount tickets to events, theme parks and more. Stop by your local IT&T office to see what they have in store for you and your family.

Military One Source: MOS is an 'employee assistance' service provided free of charge by the DoD to military and their families. This is also a column-size resource. They can assist with finding services in your local area, have a lending library, administrate the MyCAA (education assistance program) and much, much more. Logon to www.militaryonesource.com to explore this great service.

Armed Services YMCA: The ASYMCA and YMCA are actually two separate (but related) entities. The ASYMCA specifically serves the military community with programs, services and facilities to enhance our well-being. If there is there isn't an ASYMCA near you any YMCA's offer a military discount for membership. Check them out!

Fleet and Family Support Center (FFSC): I covered this resource in previous columns but it bears repeating. Their mission is to equip and support you and your service member for all that military service presents. From life skills classes to military specific as well as resume support, and much more; visit them often!

From **MWR** page 14
valid passport if traveling from a foreign country or applying for sailing camp; Applications must be received no later than May 20.

Fitness/Sports:

IM Volleyball Sign-ups are now taking place at the CBC Fitness Center. The season will begin May 16 and run through the end of June. The end of season tournament will run from July 5 -7. For more information contact Sam Perkins, Sports Coordinator at samuel.perkins2@navy.mil or 228-822-5109. IM Softball Sign-ups

begin May 16. The season will begin in June. For more information contact Sam Perkins, Sports Coordinator at samuel.perkins2@navy.mil. There will also be a IM 5K Race May 20, at 6:30 a.m., Captain's Cup Points will be awarded for the following: Each command will get 100 points for turning in a roster. The first place recipient will receive an additional 100 points for their command, 2nd place will receive an additional 75 points, and 3rd place will receive an additional 50 points. This will be given in both male and female categories. For more information on the

IM 5K Race please contact Sam Perkins at samuel.perkins2@navy.mil, 228-822-5109 or Michael McLaughlin at michael.e.mclaughlin@navy.mil, 228-822-5108. Student Captain's Cup event (held at the Liberty Center)-IM Table Tennis (Ping Pong) sign up dates begin May 2 and the season will begin May 16 and run through June 20. All games will be played on Monday and Tuesday from 6:30 - 8:30 p.m. Aquatics: Group Swim Lessons at the Fitness Center Pool. Sign-ups begin May 9; lessons will be from May 16 - 27.

Registration forms can be picked up in the pool lobby located in the CBC Fitness Center. Swim lessons will be offered for ages six months and up, Monday-Thursday with make-up lessons on Fridays for a fee of \$35 for the first child and \$25 for siblings. Lesson times will be 5 p.m. for parent/tot (6 months and up), 5:30 p.m. Level 1 and 6 p.m. Level 2 & 3. For more information you can contact Alex McCollum at 228-822-5103/5104 or e-mail richard.mccollum@navy.mil
Anchors and Eagles:
Located in Building 303, A&E is

open Tuesday - Thursday from 2 - 9 p.m. and by reservation all other days. With a rental fee of only \$25 per hour, why wouldn't you call and book your special event at A&E. Call 228-424-6892/228-871-4750 for more information.

Beehive Lounge, building 352

Upcoming events include: DJ Nasty Norm May 7, from 7 -11 p.m. and live music May 14 at 7 p.m. Looking for a place for a dart league or host a tournament? We have a new dart room ready to be used. WIFI HOT SPOT! Call 228-871-4009 (after 3:30 p.m.) or 228-871-4750 for info.

Installation Anti-Terrorism Note . . . All personnel should be alert and inquisitive about strangers, especially those seen loitering, taking photographs or notes near the installation's perimeter or gate areas. Be suspicious of items that don't belong in the area and be alert for abandoned parcels. All suspicious activity should be reported immediately to Security at 228-871-2361.

From **FLIGHTS** page 7

Integration (RSO&I) in Kuwait. They identified immediate ways to provide better care and support to deploying and redeploying IAs, such as standardizing the redeployment timeline.

To implement the dedicated IA flight, USFF worked with U.S. Transportation Command (US-TRANSCOM), which manages all logistical air transportation for returning IAs. US-TRANSCOM altered an existing aircraft utilization contract to provide the weekly flight at no additional expense to the Navy or Department of Defense.

Other organizations that collaborated on this transportation change were Navy Operational Logistics Support Command, USCENCOM, Commercial Air Charter Carriers, Patriot Express Flight, and Kuwait International and Baltimore-Washington International airports.

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DeCA asks patrons to reduce use of paper, plastic shopping bags

By Courtney Rogers

DeCA customer relations specialist

Being earth-friendly is an ongoing priority for the Defense Commissary Agency. That's why this Earth Day – and every day – DeCA is asking its customers to do their part in helping commissaries be environmentally responsible and save on operating costs by reducing the use of paper and plastic bags.

“Operating in an environmentally responsible manner is an important part of delivering a premier commissary benefit to our military customers,” DeCA Director and CEO Joseph H. Jeu said. “We are committed to minimizing our operational impact on the environment to help preserve it for both our current and future customers.”

Commissary store directors were recently asked to enlist the support of head baggers to reduce their use of paper and plastic bags by not double-bagging or bagging large items with handles unless a customer specifically requests it. They were also asked to give each bag a “boost” by placing just one more item in each bag. Not only will these practices serve to reduce each commissary’s impact on the environment,

they could also save the agency more than \$2 million per year in supply costs if commissaries reduce bag use by just one bag per transaction.

The reduction of paper and plastic bag use is part of DeCA’s environmental management program to reduce operational costs while building eco-friendly stores, monitoring and reducing energy consumption, reducing solid waste through recycling and reuse, conserving water and purchasing green-related materials. DeCA is also seeking to reduce dependency on paper and plastic bags by encouraging customers to purchase and use reusable bags. The reusable bag program has been very popular with commissary customers, who have purchased more than 4.1 million of the bags since fiscal 2008.

But the effort doesn’t stop there: Customers must actually use the reusable bags in order to reduce the amount of paper and plastic bags used in the commissary. Unlike retail stores and military exchanges, which make a profit that can be used to fund marketing programs like discounts for using reusable bags, commissaries cannot offer such incentives. Because their operating budget comes from appropriated

funds, and they sell groceries at cost, they make no profit to pay for such programs. However, commissaries do work to make it easier for their customers to use their own bags.

To help accomplish this, DeCA recently added a reusable bag button to its self-checkouts in commissaries around the world that allows customers to reset the scales without cashier intervention. This allows customers with reusable bags to check themselves out more quickly and easily. Customers can also reuse paper and plastic bags on their own groceries, provided that the bags are clean and will safely hold their groceries.

“We are working every day to operate in an environmentally and fiscally conscious manner,” Jeu said. “But the way to achieve the most substantial results for our future is to partner with our customers to create a culture shift in daily shopping habits. Over time, a small change – just one less paper or plastic bag used per transaction – can lead to big results.”



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DoN Sexual Assault Summit stresses prevention, awareness

By MCI Christine Hannon
Navy Public Affairs Southeast - East

The Department of the Navy (DoN) launched its second annual Sexual Assault Prevention Summit at the Florida Hotel and Conference Center May 2.

The summit provides a forum for Navy and Marine Corps senior leaders to interact with experts, collaborate, and strategize the most effective sexual assault prevention strategies for their specific location.

Assistant Commandant of the Marine Corps (ACMC) Gen. Joseph F. Dunford Jr., and Master Chief Petty of the Navy (MCPON) (SS/SW) Rick D. West were keynote speakers, focusing on the need for continued leadership at all levels to establish better command climates, sexual assault prevention and the impact of alcohol on sexual assaults.

"This is not last year's problem," Dunford said. "This is something going on out there each and every day about individual people."

The ACMC believes the command climate should encourage and teach prevention.

"Positive command climate ensures we know what's going on," Dunford said. "Intrusive is not a bad word. Being an intrusive leader is not a bad thing."

More than 300 Navy and Marine Corps regional and installation commanders, along with their respective senior enlisted leadership and sexual assault response coordinators were encouraged to consistently communicate awareness of sexual assault and prevention to their commands.

"Leadership and tone at the command really set the stage," said West. "They really set the stage for everything we do."

The Navy has zero tolerance for sexual assault, and leadership from the top down should rein-

See **SUMMIT** page 27

From **RESOURCES** page 21

Chaplains and CREDO: Most commands have a Chaplain available for counseling and spiritual support. In addition each base has a Chapel and chaplains available to support you from many denominations and faiths. All counseling is confidential. Another service offered by the Chaplain's is through CREDO (Chaplain's Religious Enrichment Development

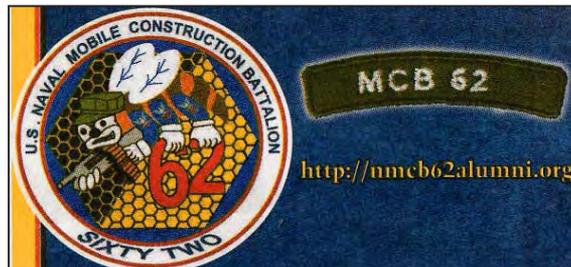
Operation). CREDO provides free retreats to enable Sailors and families to develop personal and spiritual resources and skills for meeting the challenges of military life. Retreats include marriage retreats, personal retreats as well as team building retreats. These retreats are refreshing and free of charge including materials, meals and lodging. Many also include transportation. Contact your local Chaplain's

office for more information.

Next week we'll continue a brief overview of resources that enhance and support our lives as military spouses. As my friend Tara says, "With the right resources I can do ANYTHING!" I agree!

Connect with Beth on Facebook at www.facebook.com/EnlistedSpouseCommunity or email her at beth@enlistedspousecommunity.com.

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*Don't
forget
Mom
Sunday
May 8!*

**Spring SEABEE
Magazine . . .**

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Spring edition of
SEABEE Magazine

at:

<http://goo.gl/9GW0f>

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Seabee Memorial Chapel

Services:

Sunday Catholic Mass: 9 a.m.

Daily Mass: Monday-Friday, 11:15 a.m.

Protestant Service: Sunday, 10:30 a.m.

Protestant Sunday School, 9 a.m.

Center Chaplains:

**Lt. Cmdr. Michael Brown,
Protestant Chaplain**

**Lt. Yoon Choi
Protestant Chaplain**

**For information concerning other faith groups,
call the chapel office at (228) 871-2454**

chase source for environmental safe options for your old electronics. Some local options include the following:

The Mississippi Department of Transportation (MDOT) collects cell phones under their "Cell Phones for Soldiers" program. The phones are recycled for prepaid calling cards and shipped to men and women in all of the armed services. Contact (601) 359-7105 for more information.

In Gulfport, the Harrison County Beautification Commission manages a collection site for hazardous and e-waste turn-ins. Every month on the second Saturday, from 8 a.m. until noon at 10076 Lorraine Road, Gulfport, the following is accepted from county residents: e-waste (computers, cell phones, televisions, and telephones), along with paint, used oil (cooking or automotive), batteries, fluorescents light bulbs and tires.

force that eliminating sexual assault from the ranks is an all hands effort.

"Every Sailor and every Marine should be saying, 'Sexual Assault - not in my Navy, not in my Marine Corps,'" West said.

MCPON encouraged the room of Navy and Marine Corps uniformed and civilian leaders to take what they learn from the summit back to their commands.

"Now, we have to take what we learn and hear in this room and take that energy out there and get it going," West said. "Take that energy out there and run with it. Sexual assault - not in my Navy!"

The Navy averages 1.5 reported sexual assaults per day, with aggravated sexual assault accounting for the largest category of offenses reported. Female Sailors have a 20 percent chance of being sexually assaulted during their careers and the younger they are, the greater the risk there is for sexual assault.

Sixty-five percent of reported sexual assaults are blue-on-blue and the fastest growing report category is male-on-male.

For more news on sexual assault prevention and response, visit www.sapr.mil.

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