



# Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES

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Naval Construction Battalion Center, Gulfport, Mississippi

July 14, 2011

## NCBC Gulfport holds change of command

By Rob Mims

NCBC Public Affairs Officer

Capt. Rick Burgess, Civil Engineer Corps, relieved Capt. Lou Cariello, Civil Engineer Corps, as commanding officer, Naval Construction Battalion Center/commander, Twentieth Seabee Readiness Group during a ceremony on board Seabee Center July 8.

Just before Burgess spoke the words, "Sir, I relieve you," and Cariello spoke "I stand relieved," the NCBC/20SRG flags were passed from the respective command master chiefs to Cariello. He then passed the flags to Burgess, who passed them back to the command master chiefs. This is an act steeped deep in tradition and is always accomplished in the same manner symbolizing the handing over of command.

As Burgess uttered those famous words he took command of NCBC and the 20SRG and became the commanding officer and commander of more than 4,900 active duty personnel and more than 900 civilians who are permanently stationed here. The mission of the Seabee base is "To maintain and operate facilities and provide services and material in support of Naval Construction Force Operations, to include Amphibious units, the Maritime Prepositioning

Force (Enhanced), and other fleet and assigned organizational units deployed from or home ported at NCBC Gulfport."

The base has its share of transients that must be taken care of. On the base, more than 10,000 Army, Navy and Air Force students a year at the Naval Construction Training Center receive construction related training, another 2,400 Navy students go through the Expeditionary Combat Skills Site, thousands more train with the 20SRG's Contingency Construction Crew Training and on average more than 5,500 individual augmentees and Reservist process through the Navy Military Personnel Support annually.

His responsibility does not end there. As the commander of the 20SRG, he is responsible to logistically support, man, train, equip, and mobilize Naval Construction Force (NCF) units to attain high operational readiness and provide command and control of Atlantic Fleet Seabees.

At this time the Seabee Center has more than 1,700 Gulfport Seabees deployed in more than two dozen locations around the world including Afghanistan, the Pacific, Europe and Africa. The missions the Seabees carry out include forward operating posts

construction for combat operations, employing base sustainment operations and construction of clinics, schools, roads, and bridges.

As the Seabees did during disasters here along the Gulf Coast, they assist people worldwide providing proactive humanitarian assistance with global partners in missions such as Pacific Partnership Station, African Partnership Station and Continuing Promise in the Caribbean. And when disaster strikes, such as devastating hurricanes, tsunamis and earthquakes, the Navy responds, bringing capability and compassion, most of the time in the form of Seabees.

Guest speakers for the change of command were Rear Adm. Mark A. Handley, Commander, First Naval Construction Division and Rear Adm. Townsend G. "Tim" Alexander, Commander, Navy Region Southeast.

Cariello assumed command of NCBC Sept. 10, 2010. He will move to Naval Support Activity, Naples, Italy where he will be commanding officer for Naval Facilities Engineering Command Europe Africa Southwest Asia.

Burgess' most recent position was as the Operations Officer Naval Facilities Command Mid-Atlantic in Norfolk, Va.



Capt. Rick Burgess (right) incoming commanding officer Naval Construction Battalion Center/commander TWENTIETH Seabee Readiness Group accepts the command flag from Capt. Lou Cariello, outgoing commanding officer Naval Construction Battalion Center/commander TWENTIETH Seabee Readiness Group. Burgess relieved Cariello at a change of command ceremony July 8 at the parade field on board Naval Construction Battalion Center (NCBC) Gulfport. (U.S. Navy photo by Mass Communication Specialist 1st Class Jonathan Carmichael/Released)

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"First and Finest" changing lives in Afghanistan

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## Seabee Center now taking part in DoD food drive . . .

### Feds Feed Families Food Campaign . . .

Canned and non-perishable food donations are now being accepted at the Seabee Memorial Chapel as part of the Feds Feed Families Campaign from now until Aug. 30. Everyone is encouraged to bring their donations to the chapel where they will be collected and weighed before being taken to Loaves & Fishes Food Pantry. The goal for the base is 2,000 pounds. For more information call the chapel at 228-871-2454. For more information about the campaign visit [www.fedsfeedfamilies.gov](http://www.fedsfeedfamilies.gov)



## Sailor's Creed

I am a United States Sailor,  
I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me,  
I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,  
I proudly serve my country's Navy combat team with Honor, Courage and Commitment,  
I am committed to excellence and the fair treatment of all.

# Navy Legal

## How to use the Debt Collections Practices Act to your advantage

By Lt. Evan Ausband, JAGC, NLSO Central



In today's credit based economy, it is virtually impossible for an individual to carry no debt. Car loans, mortgages, student loans, credit cards, all of these leave everyday people obligors to a third party. Some people fall behind on their obligations and end up subject to debt collection. Others, unfortunately, are subject to debt collection for debts they do not even owe! If you find yourself being the subject of a debt collection matter, you need to do several things to equip yourself to defend. This article lays out some basic key points about the federal Fair Debt Collections Practices Act and how to protect yourself. What it boils down to is: Verify, Protect, Assess, Resolve and Damage Control.

Verify: First, do you owe the debt? Since our economy is based largely on a credit system, there are many different records of your debt. Sometimes, mistakes are made. Maybe it is an accounting error by the company trying to collect or maybe similar names caused the mix-up. Sometimes, it is an error on your credit report. Any notice of debt collection is required to contain the amount of the debt and to whom it is owed. If it does not contain this information, it is in violation of the law.

If you receive a notice of debt collection, you need to immediately demand verification of the debt. You have thirty (30) days from receiving notice of debt collection to demand verification. This puts the onus on the debt collection company to provide you proof that the debt is yours and that it is delinquent in some manner.

Once you request validation, all collection attempts MUST stop until you are provided proof of the debt. This includes phone calls, emails, letters, even smoke

signals. The only permissible contact a debt collector may have with you is to inform you that they will no longer be pursuing the debt or to provide proof of the debt. During this waiting period, you should be first and foremost coming to Navy Legal! Also, pull your credit report and look for negative accounts related to the company in your initial notification. ([www.annualcreditreport.com](http://www.annualcreditreport.com); remember, if it has a tacky band and is advertised, it is NOT a free credit report). Finally, find any and all documentation of all dealings with the company in question. This includes account statements, cancelled checks, contracts, etc.

Once you receive the verification of the debt, determine if it is actually your debt. Is it an old credit card? Maybe it is an account you had when you purchased furniture; it could even be an old gym membership or rent owing from a prior lease. In the alternative, if it is from a company you have never heard of, or a place you have never been, it might not be your debt. If it is not your debt, you are not obligated.

Protect: The problem with most debt collection is the harassing phone calls. By law, debt collectors are not allowed to engage in harassment to collect debt. Threats to call your mother- illegal. Threats to call your chain of command- illegal; questioning your maturity and calling you names- illegal. All of these examples are used every single day by debt collectors. Do not fall victim. Im-

See DEBT page 24

## Command Action Line

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851 Comm: 904-542-4979 DSN 942-4979 FAX: 904-542-5587, E-mail: [CNRSE\\_HOTLINE@navy.mil](mailto:CNRSE_HOTLINE@navy.mil).

# Shedding light on the ERB process

By BU3 (SCW) Cassie Secher  
NCBC Public Affairs

It seems that the instructions and memorandums regarding the Enlisted Retention Board (ERB) are slightly confusing for not only service members, but also family members who do not always understand military lingo. Hopefully this article will help clarify and translate the facts so that all parties concerned can receive the help needed to continue a successful career in the Navy.

The ERB process applies to all paygrades, E4 through E8 with 7 to 15 years of active service. For example, if you are an E6 with 13 years of active service, you may be affected. However, if you are an E7 with 16 years of active service, you are outside the window. Now, if you do find yourself under review by the board, the following criteria are factored to determine if you will remain a part of the Navy:

- Substandard performance of duty
- Declining performance
- Detachment for Cause
- Removal of security clearance when required by rating
- Military or Civilian conviction or NJP
- Administrative or Personnel Action for Misconduct such as DUI, DWI, spouse or child abuse

In addition to time in service (7-15 years) consideration and rank (E4-E8) consideration, the other factor under consideration is a Sailor's rating. The Navy currently has 31 critically overmanned rates that must be brought back down to a reasonable number. The critical rates shown in the chart below.



NCBC Navy Counselor 1st Class Amie Morgan explains, "The purpose of the board is to reduce overmanned ratings and increase opportunities for high performing Sailors to receive advancement and/or points quotas," said Morgan.

Key factors that can exempt Sailors from the ERB process include designation as Full Time Support (FTS), Selected Reserve (SELRES), Nuclear ratings, Special Operations Enablers (Support), personnel enrolled in the Safe Harbor program, E4 through E6 who were advanced through the Combat Meritorious Advancement Program (CMAP), and also personnel who advanced to CPO as a result of the Navy-wide Sailor of the Year/Recruiter of the Year programs.

Sailors who are in one of the 31 critically overmanned rates may be given the option of converting to another rate that is not critically overmanned. In the case of conversion, some of the eligibility requirements can be waived, and Sailors can continue their naval service.

For a list of ratings that are open to conversion, as well as answers to questions regarding the process for conversion, please see your Navy Counselor. The most important thing to remember to be proactive. After all, it is physically impossible to get answers if you don't ask questions.

## The Navy's 31 critically overmanned rates

ABF	AZ	MN
AD	BU	MR
AE	CE	OS
AG	CM	PR
AM	EA	PS
AS	EM (SURFACE)	RP
AT	EO	SH
AWF	ET (Surface)	STG
AWR	FC (Non-Aegis)	SW
AWV	MM (Surface)	UT

# Around the Center



Ready to answer the call - Naval Construction Battalion Center Gulfport Firefighter Carey Parker completes an operations check on one of the base's fire trucks July 1. Everyone is reminded that fireworks are not allowed on board NCBC Gulfport and that a burn ban is in effect in the three coastal counties. (U.S. Navy photo by Rob Mims/Released)



Naval Construction Battalion Center (NCBC)/Twentieth Seabee Readiness Group (20 SRG) hosts a picnic for Sailors, their families, and civilian employees, June 27 at NCBC Seabee Lake. With plenty of food and music available, people enjoyed the opportunity to mingle and engage in many of the activities that were available. (U.S. Navy photo by Utilitiesman Constructionman Daneia Johnson/Released)



After presenting Amanda Kartz with the "Scholarship for Military Children" scholarship, Assistant NCBC Commissary Administrator Archie Holland, Amanda's father, Master Chief Utilitiesman Ronald Kartz, and Cmdr. Stan Wiles help celebrate the occasion by assisting her in cutting a celebratory cake. Amanda won her scholarship by writing an essay on improving the nation's health and wellness problems. Scholarships for Military Children is sponsored by the Defense Commissary Agency, Fisher House Foundation, and Pactiv Corporation. To qualify for a scholarship students must have at least a 3.0 grade point average (GPA), demonstrate community involvement, be a graduating senior who is enrolled, or who plans to enroll in a four-year college. Amanda is the first high school senior to acquire the scholarship; past winners were already enrolled in college. (U.S. Navy photo by Utilitiesman Constructionman Daneia Johnson/Released)



Sailors assigned to Navy Cargo Handling Battalion (NCHB) 12, a Reserve logistics unit, headquartered in Bessemer, Ala., are greeted by family and friends upon their arrival at the Naval Construction Battalion Center (NCBC) Gulfport Training Hall, June 23. NCHB 12 was deployed to the Central Command (CENTCOM) Area of Responsibility for the past 10 months. (U.S. Navy Photo by Utilitiesman Constructionman Daneia Johnson/Released)

# Team effort required to reduce energy

By NCBC Public Works

Have you seen your latest electric bill? Did it put you into sticker shock?

Well, you should see Naval Construction Battalion Center (NCBC) Gulfport's Energy bill. June's bill was over \$375,000!!!

What can we do as the CBC team to reduce these high energy bills? Here are some of the things the base energy management staff is working on.

The next energy project will be the installation of photovoltaic solar panels on the roofs of building 442 at Naval Construction Training Center (NCTC) and warehouse 319 on McKinney Ave. These panels are expected to produce 755 kilowatts of instantaneous power and 774,000 kilowatts of energy over the year.

The project will help CBC Gulfport meet its renewable energy goals. During the day, the panels will generate approximately 8 percent of the power consumed on base. Not a lot, but it's a start. You can expect to see these panels being installed in the fall.

Public Works Department (PWD) Gulfport had building inspections completed by an energy engineering firm, and over half of our 4,000,000 square feet was audited this past year. Commander Navy Installations Command (CNIC) has announced they intend to use a portion of facility maintenance money for projects that reduce energy usage. Recommendations from the audit will be used to develop energy reduction projects.

These energy projects are being submitted to Commander Navy Regional Southeast (CNRSE) where they are rated and prioritized based upon life cycle cost analyses or return on investment.

Additional projects have been submitted for eight FY-13 projects to include replacing older, inefficient boilers; replacing lighting in many buildings with higher efficiency (fluorescent, LED, induction) lighting; and demand ventilation control measures which reduce the amount of outside air coming into the facility when unoccupied.

So what can you do? Turn off the lights when you leave your space, ah sure, but let's think about more substantial actions. Have you noticed lights on outside during the day? Did you report it? How many refrigerators are in your facility? The energy instruction allows only one per 30 employees and no individual/personnel units! Are they energy star certified? Do you still have incandescent light bulbs around your spaces? They are now listed as a prohibited item. Have you noticed doors propped open with the air con-

ditioning on? Take the time to ask why. Close the doors if at all possible.

Go the extra step and let your building energy manager know so Public Works can take the appropriate corrective action.

See, it's all about working together, making those technology changes, making cultural/behavioral changes and using renewable energy sources. We can make a difference for our base, the navy and our future!



# Housing residents can now take another step to eliminate waste

By Addie Bingham

Lifeworks Coordinator, Balfour Beatty Community

Family housing residents already participate in reducing waste in landfills by recycling paper, cardboard, and certain types of plastic and glass bottles and containers.

Now they can take a step toward eliminating waste altogether by collecting health and beauty items such as plastic shampoo bottles, lotion bottles, plastic make-up containers, sun block bottles and hair styling products, etc.

Once thought of as non-recyclable, shampoo bottles can now be collected and converted into a wide range of products and materials.

In partnership with TerraCycle, Balfour Beatty Communities will provide collection points for specific items from residents and send them to TerraCycle who will either upcycle or recycle the waste into new eco-friendly products. This eliminates waste in landfills and even reduces the need for new materials to be extracted from the planet.

Products that are made from upcycled or recycled materials include such things as park benches, bags and backpacks, gardening supplies, office supplies and even toys.

Making this program even better is that for every unit of waste collected and sent to TerraCycle, a donation will be made to The Humane Society of South Mississippi.

All residents have to do to participate is drop off their Health and Beauty products in the appropriate bin at the Housing Welcome Center. Balfour Beatty and TerraCycle will take care of the rest. For more information about the program, contact Balfour Beatty Communities at 228-863-0424.



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Hurry, don't miss the Career Fair today . . . Fleet and Family Support Center (FFSC) is sponsoring a Military Community Career Fair July 14, from 12:30 - 2 p.m. at the FFSC Conference Center, building 30. Bring your resume and come prepared for an interview. Call 228-871-3000 for more information.

. . . Follow Seabee Center on Facebook and Twitter . . .

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# NMCB 7 conducts change of command ceremony

By MCC(SCW) Yan Kennon  
 NMCB 7 Public Affairs

Naval Mobile Construction Battalion (NMCB) 7 held a change of command ceremony July 7, at Naval Construction Battalion Center, Gulfport, to witness Cmdr. James G. Meyer assume command from Cmdr. Jayson D. Mitchell and become the Seabee Battalion's 35th commanding officer.

The ceremony brought to an end Mitchell's two-year assignment as the battalion's commanding officer.

NMCB 7 returned in December 2010 from their most recent deployment, during which they deployed for 10 months, providing contingency con-

struction, humanitarian and civic assistance and exercise related construction projects throughout European, African and Southern Command areas of responsibility. Prior to the battalion's scheduled 2010 deployment, NMCB 7 provided disaster relief efforts in Haiti, during Operation UNIFIED RESPONSE, amidst the aftermath of a 7.0 earthquake.

"It is a terrific honor to command in our Nation's military, and Cmdr. Mitchell you have led 'Magnificent' SEVEN exceedingly well and have been an inspiration to your officers and troops," said guest speaker and ceremony's presiding officer, Capt. Louis

Cariello, Commander, 20th Seabee Readiness Group. "The performance and contributions of this great battalion speaks volumes of your leadership. I salute you and your outstanding Seabees for all that you have accomplished."

During the ceremony, Cariello presented Mitchell with a Meritorious Service Medal for his exceptional achievements and meritorious service as commanding officer from June 2009 to July 2011.

Prior to assuming command of NMCB 7, Mitchell was assigned as the Resident Officer in Charge of Construction (OICC), Bethesda, Md., where he oversaw the design and construction of the new Walter Reed National Military Medical Center.

"I have been constantly amazed by the enduring "Can Do" legacy that the Seabees of NMCB 7 live up to everyday," said Mitchell. "Thank you all for making the last two years the highlight of my naval career. It has been the greatest honor and privilege of my career, to have served as your commanding officer.

Meyer's most recent assignment was Naval Facilities Engineering Command Europe Africa Southwest Asia (NAVFAC EURAFSWA), where he served as Public Works Officer, Naval Station Rota, Spain.

A native of Glenwood City, Wis., he was commissioned in 1994 through the Naval Re-



Cmdr. Jayson Mitchell, outgoing commanding officer, Naval Mobile Construction Battalion (NMCB) 7, addresses the battalion Seabees and guests during the command's Change of Command ceremony at Naval Construction Battalion Center Gulfport. During the ceremony, Cmdr. James G. Meyer assumed command from Cmdr. Jayson D. Mitchell. (U.S. Navy photo by Chief Mass Communication Specialist Yan M. Kennon/Released)



Cmdr. Jayson Mitchell, commanding officer, Naval Mobile Construction Battalion (NMCB) 7, passes the battalion Guide On to Cmdr. James Meyer, signifying the change of the battalion's command from Mitchell to Meyer, during a ceremony at Naval Construction Battalion Center Gulfport. (U.S. Navy photo by Chief Mass Communication Specialist Yan M. Kennon/Released)

serve Officer Training program, with a Bachelor of Science degree in Mechanical Engineering. He has a Master's Degree in Civil Engineering from Stanford University and a Master's Degree in Business Administration from City University.

Meyer's operational tours of duty include assignments with NMCB 3, Construction Battalion Unit (CBU) 418, Naval Station Guantanamo Bay, Cuba, Naval Station Pearl Harbor, HI, THIRD Naval Construction Brigade, Naval Air Station Sigonella, NMCB 133, and Commander, Navy Installations Command (CNIC).

"The Seabees are, and will continue to be, the world's premiere military construction organization, and NMCB 7 will lead the way," said Meyer. "I could not be more proud, than to lead this amazing group of Seabees, in NMCB 7." Meyer is a registered professional engineer in the state of California, a member of the Acquisition Professional Community, and is designated as a Seabee Combat Warfare Officer.

NMCB 7 is one of the original ten Seabee battalions authorized by the Chief of the Navy's Bureau of Yards and Docks in 1942.

## NMCB 133 Seabees build with Pacific Partnership

POHNPEI, Federated States of Micronesia - Construction Electrician Constructionman Tina Gonsalves, left, and Construction Mechanic Constructionman Ross Gatcomb, both assigned to Naval Mobile Construction Battalion (NMCB) 133, install soffit plywood at the Ohmine engineering civic action project dur-

ing the Federated States of Micronesia phase of Pacific Partnership 2011. Pacific Partnership is a five-month humanitarian assistance initiative that will make port visits to Tonga, Vanuatu, Papua New Guinea, Timor-Leste and the Federated States of Micronesia. (U.S. Air Force photo by Tech. Sgt. Tony Tolley/Released)



### It's not too early to register . . .

The 2011 Seabee Volkslauf Mud Run will take place Sept. 10 at 8 a.m. For registration details visit <http://www.active.com/running/gulfport-ms/seabee-mudrun-2011>. Mud Run point of contact is EAC Sitter at [rusty.sitter@navy.mil](mailto:rusty.sitter@navy.mil) or 573-253-4231.

# Seabees of NMCB 74 support Africa Partnership Station

By MC1 (SCW) Ryan G. Wilber  
NMCB 74 Public Affairs

Four Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74 completed a mission at the Douala, Cameroon Regional Two Military Hospital in support of Africa Partnership Station (APS) 2011, June 17.

The detail arrived June 11 with orders to work in cooperation with local Cameroonians constructing a 200-foot walkway to connect several buildings. Builder 1st Class James Shaw, APS detail officer-in-charge, stated that the walkway was a much-needed improvement to the hospital for both the staff and patients.

"There was just a dirt courtyard between the buildings, and when it rained it would make movement very difficult due to the fact that the courtyard would turn to mud," said Shaw. "The new walkway will make patient transport much easier and be a benefit for years to come."

Cooperation and partnership are two main tenets of the APS concept. The Seabees worked side-by-side with Cameroonians

while teaching them professional construction techniques.

"It was rewarding working with the locals. We were able to improve their knowledge on basic concrete mixing, placing and finishing, so that they can produce good quality projects in the future on their own," said Shaw. "It was also rewarding to know that we were improving the quality of life for the people of Douala who are patients at the hospital, because it treats civilians along with military."

As the world climate changes and Seabees engage in more nation building efforts around the globe, some say they find themselves with a new and unique world view after their first deployment.

"It was great to compare the ways that Cameroonians do things and the way we do things, and to see how much they appreciated everything we were doing for them," said Builder Constructionman Daniel Jordan, a APS detail crew member. "It was great to be able to help community relations between the United

States and [Cameroonians]."

Gen. Mohammad Sali, Cameroon navy chief of naval operations, invited the crew to his home for a dinner along with the other members of APS to show his appreciation for the work being done in his country.

"The general appreciated all the work we had accomplished. He said that 'Americans coming to Cameroon shows that they care for the people of Africa,' and that he was going to ensure that the facility will continue with the civilians using the knowledge we have given them," said Shaw.

APS is an international security cooperation initiative, facilitated by Commander, U.S. Naval Forces Europe-Africa, aimed at strengthening global maritime partnerships through training and collaborative activities in order to improve maritime safety and security in Africa.

For more news from Naval Mobile Construction Battalion 74, visit [www.navy.mil/local/nmcb74/](http://www.navy.mil/local/nmcb74/).



Utilitiesman Constructionman Nicholas Lampinen, assigned to Naval Mobile Construction Battalion (NMCB) 74, Detail Africa Partnership Station (APS), prepares to place rebar for a 200-foot concrete walkway at the Douala, Cameroon Regional Two Military Hospital. APS is an international security cooperation initiative, facilitated by Commander, U.S. Naval Forces Europe-Africa, aimed at strengthening global maritime partnerships through training and collaborative activities in order to improve maritime safety and security in Africa. (U.S. Navy photo by Mass Communication Specialist 2nd Class Gary A. Prill/Released)

# Silver Flag Exercise new for NMCB 133 'Bees

By MC1 Steven Myers  
NMCB 133 Public Affairs

Seabees from Naval Mobile Construction Battalion (NMCB) 133 participated in an eight-day training exercise monitored by the U.S. Air Force 554 Red Horse Squadron, Detachment 1, aboard Kadena Air Force Base, Okinawa, Japan, June 23-29.

A 10-person team of construction electricians, equipment operators, a builder and an engineering aid, led by Lt. j.g. Matthew Evans, joined fellow service members in job-specific, in-depth training that culminated in a one-day practical application.

"While we hold this training about 10 times a year," said Tech. Sgt. Russell Jamieson, an instructor with the Red Horse training cadre. "This is the first one to have Navy and Marine Corps participants."

In the six days of training, each group of students went through specific tasks, equipment and practiced their trades.



Builder Constructionman Jacob Port, a Seabee with Naval Mobile Construction Battalion (NMCB) 133 explains his role in the Silver Flag exercise to Lt. Cmdr. Dean Allen, NMCB 133 operations officer, left, as Lt. j.g. Matthew Evans, Det. officer in charge stands by. This was the first time Navy or Marine Corps personnel participated in the exercise hosted by the U.S. Air Force. (U.S. Navy photo by Mass Communication Specialist 1st Class Steven Myers/Released)

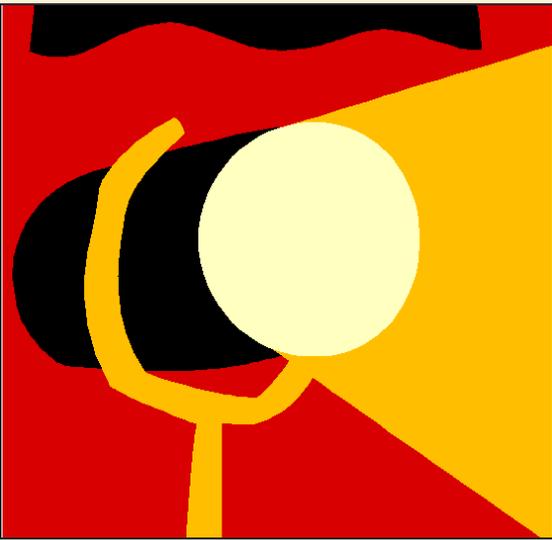
"I learned a lot of additional skills even though we use different equipment," said Engineering Aid Constructionman Mary Murphy. "I loved it; it was fun."

Despite the differences in some equipment and material, the Seabees collected the knowledge given by their instructors and classmates and utilized it for the final test.

From clearing debris and filling real holes in the concrete airfield left from simulated bombs to setting up a mobile landing system for aircraft, the day-long practical exercise consisted of the students tackling a runway repair scenario in a hostile combat zone.

"I had a great time learning some new stuff. It's great knowing you can fill a crater and cover it in matting in about 20 minutes," said Builder Constructionman Jacob Port, a member of the crater repair team.

For more news from Naval Mobile Construction Battalion 133, visit [www.navy.mil/local/nmcb133/](http://www.navy.mil/local/nmcb133/).



## Who Has TALENT?

Do YOU have talent? The NCBC Multi-Cultural Diversity Committee is sponsoring "***NCBC - Who Has Talent***" – a Talent Show for DoD person-

nel, showcasing a variety of talents! Single and Group entries are welcomed! Prizes will be given to all participants. First Place - a \$500 VISA gift card! The contest will take place Aug. 19 at the Training Hall at 7 p.m., and features a special guest appearance and special guest judge! Interested parties should contact the Seabee Memorial Chapel right away at 228-871-2454 or e-mail [carl.loescher@navy.mil](mailto:carl.loescher@navy.mil).

Registration deadline is July 29. Sign up Now!

**15 Acts + 3 Judges = 1 WINNER!**

**Wanted:  
UCT Seabee  
Divers!!!**



Underwater Construction Team ONE is searching for highly motivated Seabees and CEC Officers looking for a career and lifestyle change.

Join an ELITE force and travel as a small, professional team. Execute specialized construction, diving and demolition skills with the latest and greatest technology and equipment.

Contact UCT CCC/Diver recruiting team @ (757) 462-3988/4313 or Email YNC Aberle at christopher.aberle1@navy.mil; EA2 Potamitis at marios.potamitis@navy.mil ; or visit [www.facebook.com/seabee.diver](http://www.facebook.com/seabee.diver) for more information

'Bee in the Know . . . Visit <https://www.cnic.navy.mil/gulfport/index.htm> to find out what's happening on the Center!

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# Buzz on the Street



By UTCN Daneia Johnson

Who is your favorite music artist?



"I'm a fan of old school music, so I'll say Patti Labelle."

**Amiri Boykin**  
Lead Sales Associate, NEX  
Hometown: Gulfport, Miss.



"Mark Wills, because he sings my wedding song, 'I do cherish you.'"

**EOCN Rhett Woodworth**  
NMCB 7  
Hometown: Urbana, Ill.



"Eric Church is my favorite artist, because his music relates to life."

**E03 Justin Caldwell**  
NMCB 11  
Hometown: Edgewood, Fla.

# NCBC FRAMES

Operations  
Specialist 1st Class  
Jael Wagoner  
By EOCN Devida Pope

FF: What single experience during your career stands out the most, and why?  
**OS1: Putting on OS1. I had to fight for it and my command backed me up the entire grueling process.**

FF: What has been your biggest motivation throughout your career?

**OS1: To outrank my dad and brother. Seriously - to live up to and surpass my potential and set the example for others to follow.**

FF: What advice would you give to future Seabees/Sailors?

**OS1: You alone are responsible for your military ca-**



**reer. Take ownership of it!**

FF: What is your favorite thing about working with the Seabees?

**OS1: Sending demobilizing Sailors home to their families.**

FF: Who was your influential mentor

during your career, and why?

**OS1: Senior Chief Yeoman Perkins, hands down. In all the years she has**

**mentored me, she has never let me down and has continuously pushed me toward success.**

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## Hurricane Season

Do you know what you and your family will do if a hurricane is headed toward the Gulf Coast? — Visit Emergency Management at [https://www.cnic.navy.mil/Gulfport/Service\\_Organizations/EmergencyManagement/index.htm](https://www.cnic.navy.mil/Gulfport/Service_Organizations/EmergencyManagement/index.htm) to help you answer the question. Do you know how to get info about current tropical cyclone conditions and base actions? There are several avenues to get accurate info quickly including the Base Website at [www.cnic.navy.mil/gulfport](http://www.cnic.navy.mil/gulfport), Facebook (sign up for SMS alerts) at <http://www.facebook.com/pages/Gulfport-MS/Naval-Construction-Battalion-Center-Gulfport/161404016711?ref=mf>, Twitter at <http://twitter.com/SeabeeCenter>, Base Marquees, AtHoc (CAC card holders only), and 228-871-4777.

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**NAVAL CONSTRUCTION BATTALION CENTER**  
**VOLKSLAUF MUD RUN 2011**

**US NAVY**  
**SEABEE**

**SAT. SEPT 10 AT 8AM**

**FOR REGISTRATION DETAILS**  
Visit the below web addresses

[www.cnic.navy.mil/Gulfport/Index](http://www.cnic.navy.mil/Gulfport/Index)  
<http://www.active.com/running/gulfport-ms/seabee-mudrun-2011>  
<http://www.facebook.com/home.php#l/seabeevolkslauf>  
<http://www.gulfcoastrunningclub.org/index.php>

# BBC to kick off 2011 Housing Survey

## From Balfour Beatty Communities

Family housing residents will be receiving the CEL Resident Satisfaction Housing Survey. The annual survey is part of Balfour Beatty Communities' performance assessment program. "The survey allows us to see where we are succeeding and where there is room for improvement," said Courtney Collier, Community Manager for Balfour Beatty, "it's important for residents to fill it out honestly."

Balfour Beatty Communities encourages residents to fill them out and return them at Upcoming LifeWorks Events this month being held to kick-off survey time. The events are listed on [www.ncbcgulf-porthomes.com](http://www.ncbcgulf-porthomes.com)

By completing and handing the survey in, residents will qualify for weekly drawing and top prizes which include a flat screen TV, American Express Cards, and dinner gift cards.

Residents that hand in the surveys by Aug. 19, will also qualify for a special Early Bird Drawing.

"We truly strive to exceed our resident's expectations and hope that every resident enjoyed their home and the services that we provided," explained Collier

Once residents complete their surveys and seal them in the

postage paid envelopes provided, they can simply bring it to the Balfour Beatty Communities Management Office and drop it in the authorized locked mailbox. Only CEL employees will open the returned envelopes. Survey results are completely confidential and anonymous. The survey deadline date is Aug. 31.

Recycling Saves! Recycling Pays!

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## Chapel Offerings

**Feds Feed Families Food Campaign** - Canned and non-perishable food donations are now being accepted at the Seabee Memorial Chapel as part of the Feds Feed Families Campaign from now until Aug. 30. Everyone is encouraged to bring their donations to the chapel where they will be collected and weighed before being taken to Loaves & Fishes Food Pantry in Gulfport. The goal for the Seabee Center is 2,000 pounds. For more information call the Chapel at 228-871-2454. For more information about the campaign visit [www.fedsfeedfamilies.gov](http://www.fedsfeedfamilies.gov).

**Veteran's Standdown** - Backpack donations are now being accepted for the Annual Veteran's Standdown which will take place Oct. 7. Contact the Chapel at 228-871-2454 for information.

**10 Great Dates** - The chapel is sponsoring 10 Great Dates - an exciting, proven, award-winning program that is low-key, effective, and husband-friendly! Combining fun dates and marriage and Pre-marriage education build their marriage (or prepare for marriage) and enriches their relationship. Begins July 28 at 6:30 p.m. and ends 10 weeks later Sept. 29. Dates begin at the chapel for a 15-20 minute opening and then couples will go on their dates. Participants include: 15 married couples and also 15 Pre-marriage couple (30 couples total) Sign up by calling the Chapel at 871-2454 or email

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# F O C U S E D U C A T I O N



Starbase Atlantis instructor Mike Donlea makes science fun by teaching two students about air pressure using a ball and a vacuum. Starbase is a Department of Defense youth program in which students participate in challenging hands-on activities in science, technology, engineering, and math (STEM). They interact with military personnel to explore careers and STEM applications in the "real world." (U.S. Navy photo by Utilitiesman Daneia Johnson/Released)

## Home-schooled students spend the day at SBA

By UTCN Daneia Johnson  
NCBC Public Affairs

Recently, home-schooled children from military families were given the opportunity to experience a classroom environment and enroll in Starbase Atlantis (SBA) on board Naval Construction Battalion Center (NCBC) for the day.

Normally, fifth grade students are targeted for the program, but because of the special circumstances, the children in attendance ranged from 5 to 12 years old.

SBA is a Department of Defense youth program sponsored by the Office of the assistant Secretary of Defense for Reserve Affairs and run by Naval Education and Training Command (NETC).

The program has been in operation on board NCBC since 2001 and has the goal of motivating students to ex-

plore Science, Technology, Engineering and Math (STEM) as they continue their education. SBA offers a positive, proven approach to creating excitement and interest in STEM by engaging students with a "hands-on, mind-on" curriculum of experimental activities.

"The DoD gives Starbase-Atlantis the opportunity to ensnare the same batch of kids the industries are after. All of them are fighting for a smaller and smaller group of workers, because we don't have a lot of the math and science based kids we need," said SBA instructor Mike Donlea. "There are many jobs out there unfilled, because we don't have people to fill them."

The five-day training classes are held on National Guard, Navy, Marine, Air Force Reserve and Air Force bases across the nation. Students construct

model rockets, fly airplanes on computer flight simulation programs and perform science experiments.

On the final day of training, students launch model rockets they have built and graduate in a special ceremony attended by family and friends.

This was the second homeschooled day partnered by SBA and NCBC School Liaison Officer Kevin Byrd. He hopes that many more such days will follow and that more children will take advantage of the opportunity.

"We would like to attract more home-schooled children to the next event. I've had great reviews from both the parents and children who have attended Starbase Atlantis for the day," said Byrd. "It's an excellent opportunity for the students to develop a positive attitude towards math and science."

## Area school start dates, registration information

**Bay St. Louis:** registration July 20-21, first student day Aug. 5, phone 228-467-6621; **Biloxi:** registration July 20-21, first student day Aug. 4, phone 228-374-1810; **Jackson County:** registration July 20-22, first student day Aug. 3, phone 228-826-1757; **Moss Point:** registration July 20-22, first student day Aug. 10, phone 228-475-0691; **Pascagoula:** registration July 21-22, first student day Aug. 4, phone 228-938-6491; **Gulfport:** registration – call, first student day Aug. 4, phone 228-865-4600; **Harrison County:** registration – call, first student day Aug. 4, phone 228-539-6500; **Long Beach:** registration – call, first student day

Aug. 4, phone 228-864-1146; **Ocean Springs:** registration – call, first student day Aug. 4, phone 228-875-7706; **Pass Christian:** registration – call, first student day Aug. 4, phone: 228-255-6219; **Hancock County:** registration – call, first student day Aug. 5, phone 228-255-0376.

Required documents for registration include a certified copy of birth certificate, two proofs of residency, shot immunization form 121, social security number, IEP paperwork-if student has special needs. Also, a copy of leaving school report card is helpful. All phone numbers given are to the respective Superintendent's office.

School Liaison Officer  
Location: MWR, Building 352  
1706 Bainbridge Ave. , NCBC  
(228) 871-2117

The School Liaison Officer's main objective is to serve as a link between parents, educators, and the command so the military-connected child can make a smooth school transition. Other duties include creating partners in education, home school linkage, post secondary preparations, and to act as a conduit connecting educators to Navy deployment and to serve as a subject matter expert for education-related issues.

# Wounded Warrior Unit dedication tops off NMCB 1 renovations

By MC1 (AW/NAC) Aron Taylor  
NMCB 1 Public Affairs

The Wounded Warrior Unit (WWU), located on Kandahar Airfield (KAF), held a dedication ceremony, June 29, to reveal new renovations to the barracks which house Soldiers wounded in Afghanistan.

Seabees with Naval Mobile Construction Battalion (NMCB) 1 built a ramp, covered roof and board-walk-style deck around the facility, which is used as a transition between the NATO Role III medical hospital and the Soldier's unit. The new walkway will help KAF's wounded warriors get around the facility with ease and comfort, and especially out of the blistering Afghan sun.

The renovation idea was originally brought up as a call for volunteers at a meeting of KAF's senior enlisted leaders. NMCB 1 jumped at the project even though the battalion deployed to KAF only a few weeks ago.

Builder 2nd class (SCW) Michael High was one of the Seabees who volunteered for the project. He said he was very excited to get the chance to do something which Seabees have been doing for almost 70 years.

"When I was asked if I wanted to help with the project, it was a no brainer for me," said High. "I

really like to use my skills as a builder and see the reaction of the people I'm helping."

Originally, the project was expected to take 10 to 12 days, but the Seabees were motivated to get it completed sooner. With a lot of hard work and long hours in the sun, they were able to finish the job in a week.

Most of the Seabees who worked on the project were part of NMCB 1's Convoy Security Element (CSE) Team. They were still planning and running their operational missions, but worked on the project during their down time or after hours. There was no reason to even ask for volunteers for this project. The CSE Team knew that it was something bigger than them and for their fellow service members.

The WWU is led by four Casualty Liaison Officers (CLO) and all are combat medics. They are there to help with administration and the rehabilitation phase for the wounded Soldiers. Sgt. Frank Romanowski is one of the CLOs on KAF.

"The path between the three barracks were littered with rocks and made it difficult for some of our wounded soldiers to get around the compound," said Romanowski. "The Soldiers were really excited about the new deck and covered rest areas, and very grateful for all



Above: Command Sgt. Maj. Marvin L. Hill, Senior Enlisted Leader for International Security Assistance Force (ISAF)/ United States Forces-Afghanistan (USFOR-A) along with two members of KAF's Wounded Warrior Unit cut the ribbon opening the new renovations to the unit. Seabees from Naval Mobile Construction Battalion (NMCB) 1 constructed a new wood deck and covered rest area to provide ease of mobility and comfort for the wounded soldiers who are recovering there. Left: Utilitiesman Constructionman (SCW) Shannon Roberts a Seabee with NMCB 1 is shown taking measurements for a new covered walk way and access ramp for the Wounded Warrior Unit (WWU), during the construction process. (U.S. Navy photos by Mass Communication Specialist 1st Class Aron Taylor/Released)

the support."

The Seabees of NMCB 1 have been in Kandahar for less than a month, and with a long deployment ahead they will surely be

called on to build and fight throughout Afghanistan.

NMCB 1 deployed in support of Task Force Overlord.

The task force, led by the 25<sup>th</sup>

Naval Construction Regiment, is responsible for construction and construction engineering in southern, southwestern and western Afghanistan.

## NMCB 1 completes passenger terminal in Afghanistan

By Ensign Morgan C. Weber  
NMCB 1 Public Affairs

Seabee Detail Tarin Kowt from Naval Mobile Construction Battalion (NMCB) 1 successfully completed the Tarin Kowt Airfield Passenger Terminal in Afghanistan July 2.

The completed project will allow coalition forces, civilians and local Afghans to utilize an upgraded facility where they can comfortably await to board military and civilian aircraft disembarking from the airstrip.

The project was envisioned to replace an existing trailer facility, which had a leaky roof and a undersized waiting area. The new facility will comprise of two separate seating areas and four administrative offices. These added facilities will better serve to centralize the bases Movement Control Team and to facilitate the overflow of passengers arriving and leaving the base.

Naval Mobile Construction Battalion (NMCB) 26 passed on the project to NMCB 1 in early June..

When NMCB 1 started working on it, terminal still required a new roof, interior furnishing, electrical and door thresholds.

"The completion of this project will pay dividend to the Soldiers, Sailors and civilians that can now have a relaxed, easy-to-use, one-stop location to schedule and await flights throughout the country of Afghanistan," said Builder 2nd Class (SCW) Ricky Merling, the crew leader for the project.

Later in 2011, the Tarin Kowt detail is

scheduled to complete several additional projects, including new medical evacuation crew offices, crew chief offices and combat aviation brigade headquarters and maintenance buildings.

"The men and women of NMCB 1 are incredibly skilled and, without a doubt, these projects will not only improve the base, but will leave a lasting contribution on the country of Afghanistan," said Chief Utilitiesman (SCW) Duane Jerry.

# NCBC/20SRG Change of Command July 8, 2011

Photos, clockwise, upper right: (1) Incoming NCBC/20SRG Skipper, Capt. Rick Burgess, addresses ceremony guests. (2) Outgoing NCBC/20SRG Skipper, Capt. Lou Cariello, gives farewell remarks to those in attendance. (3) Commander of Troops, 20SRG Chief Staff Officer, Cmdr. Michael Monreal, salutes as the color guard Presents the Colors during the national anthem. (4) CNRSE, Rear Adm. Townsend G. "Tim" Alexander awards Capt. Lou Cariello the Legion of Merit (Gold Star in lieu of Second Award) for exceptionally meritorious conduct. (5) NCBC Executive Officer, Cmdr. Stan Wiles, leads troops during the Pass in Review.



*U.S. Navy photos by Mass Communication Specialist 1st Class Jonathan Carmichael, Builder 3rd Class Cassie Secher and Utilitiesman Constructionman Devida Pope/Released*



### Liberty Center 228-871-4684

There are some great activities planned at Liberty in July. So come in and check out our great events! In the upcoming weeks we will be having some exciting events and trips coming your way.

Do you want to get off base? We can make that happen! We're going Indoor Rock Climbing July 14. We'll be departing at 5:15 p.m. and it's only \$12 to climb which will be paid once you get there. Skest Shooting will be held July 16. The bus departs at 8:30 a.m. and the cost is \$15, which covers the price of your ammo, gun and targets! Lastly, our Deep Sea Fishing trip is July 17. We'll be leaving at 6 a.m. and it's only \$45 and includes everything!

If you would like to volunteer your time and do some good in the Gulfport area, we can take you there! We'll be volunteering with Habitat for Humanity July 23. The bus will depart at 7:30 a.m. and participants will earn an LOA for their hard work! Also, if you want to enjoy a relaxing day on the Okatoma Creek, Liberty is doing just that July 24! We're going canoeing and it's a great way to chill out and float on the river all day. We'll be leaving at 7:30 a.m. and it's only \$15!

Navy Federal will be hosting a Financial Workshop July 19 to give out information to help with your financial decisions. Workshop begins at 6 p.m. and there will be FREE food provided! Of course we have really great tournaments in July! There is a Pool Tournament July 21 and Rock-Paper-Scissors July 27. Activities begin at 7 p.m. in the Liberty Center! All Liberty tournaments are free to play and have free prizes for the winners!

With all of these activities going on how can you not come out and enjoy your time here in Gulfport? Get out of the Barracks and in to the Liberty Center!

### Outdoor Recreation (ODR) 228-871-2127

Outdoor Rec. is leaving port July 23 to head for Ship Island. First shuttle leaves at 8:15 a.m. and the second departs at 11:15 a.m. We must have four people per shuttle for it to run.

Cost is only \$24/Adult and \$14/Child (3-10 years old). Sign up by July 18 at building 456.

Black Creek Canoeing is a great way to spend a hot summer's Sunday July 24. We will depart Outdoor Rec. at 8 a.m. The rental rate is \$60/canoe which will comfortably seat two adults and this includes transportation. Sign up by July 18 at building 456.

Come see the real Swamp People July 30 during an Airboat Swamp Tour. The cost is \$36 for adults, \$21 for children 4-9, and \$6 for children under 4 years of age. We need 10 people to make this trip a success. Sign up deadline is July 22.

For information on this or any other ODR activity, visit building 456 or call 228-871-2127.

### Information, Tickets, and Tours (ITT) 228-871-2231

Managers Special for Universal Studios: One day base child (3-9) \$37.50 (1 park per day). Buy two day and get a 3rd day free park-to-park, Child (3-9) \$72. Don't miss out on this great deal because this special is only good while supplies last.

Several tickets (Seaworld, Bush Gardens in Tampa and Williamsburg, Aquatica in Orlando, Discovery Cove in Orlando, and Adventure Island in Tampa) are now offered through email as a convenience to customers with payment taken via credit/debit card over the phone.

Get a history lesson as ITT travels to New Orleans's DDay World War II Museum July 23 from 8 a.m. - 3 p.m. Tickets are \$10/for Active Duty and WWII Veterans, \$19.77/for Adults age 13+, \$15.50/for Children 5-12 years, and FREE/ Children 4 and under. The last day to sign up is July 15 and a minimum of 10 people are needed for this trip to go.

Starting in August, ITT will be able to book cruises (active duty will need to get permission from their Command for travel to Mexico), plane tickets, railway tickets, and international travel.

ITT is planning a trip to the Battleship Memorial Park to visit the USS Alabama, Aug. 6 from 8 a.m.-3 p.m. This Park offers one of America's most unique military attractions and

provides an unforgettable adventure for the entire family. Active Duty/\$13.75, adults 12+ \$21.50, children 6-11 \$15.50, and children 5 and under are FREE. Last day to sign up is July 29 and a minimum of 10 people are needed for this trip.

Soak up the sun in Pensacola, Fla., Aug. 19-21. Prices vary from \$96-\$255 and are based on room occupancy. Trip includes transportation and two night's hotel accommodations at the Days Inn Pensacola (Beach Front). Deadline to sign up is Aug. 5 and a minimum of 10 people are needed for this trip.

To sign up for these activities or for more information, call ITT at 228-871-2231.

### A&E 228-424-6892/228-871-4750

Anchors and Eagles is where the khaki community comes to relax and have some fun. Open Tuesday-Thursday from 2 - 9 p.m. Right Hand Man social the first Tuesday of each month and every Thursday is the Khaki social. With a rental fee of just \$25, it is the ideal spot to have your special function. Call 228-424-6892/228-871-4750 for information.

### Beehive Lounge 228-871-4009/228-424-6892

Looking for the best place on base to let off some steam? The Beehive is your place. With the best prices and best bartenders, the Beehive is where you want to be. Come watch one of our many TV's or hit the bull's-eye in the new dart room. Open six days a week (closed on Sundays). Located in building 352, next to the parade field, call for more information.

### Snack Bar 228-871-4775

Fried Shrimp Plate! Come and get it. Only \$6.50 at the Snack Bar. With fries, coleslaw and a medium drink, you can't go wrong. If that doesn't tempt your taste buds, there is surely something on our menu that will satisfy you. Located in the Training Hall



Members of the NCBC Boys and Girls Club of America perform jumping jacks during a world record-setting effort. As part of a Healthy Lifestyles initiative, Boys and Girls Clubs from across the country banded together March 22 in an attempt to set a new Guinness World Record for having the most people simultaneously performing jumping jacks (also known as star jumps) at multiple venues for two consecutive minutes. The final tally for the effort was 356 Clubs, with 20,217 participants. Although the Clubs are still awaiting official certification of the event by Guinness World Record officials, Boys and Girls Club members were recently presented with commemorative certificates in recognition of their efforts. (U.S. Navy photo courtesy of MWR/Released)

(Bldg. 446). Open seven days a week for lunch and dinner. Call for carry out service.

### Fitness

The Next CFL course is scheduled for Aug.28 - Sept. 2. All the information and application can be found on <http://www.navyfitness.org> select Fitness and then CFL information. All

applicants must go through CNIC for registration and the process can take up to 30 days so plan now for the upcoming class in August.

### Intramural Sports

Bowling League: League meeting Aug. 4 (Keesler AFB) Guade Lanes at 2 p.m. Signup dates are July 18 - Aug. 3, season begins Sept. 6.

## Movie Ticket

Training Hall Theater, Movie Hotline 228-871-3299

July 14, Battle: Los Angeles, PG13, 6 p.m.; July 15- Mars Needs Moms, PG, 6 p.m., and Paul, R, 8 p.m.; July 16, Diary of a Wimpy Kid: Roderick Rules, PG, 11:30 a.m., Gnomeo and Juliet, G, 1:30 p.m., Rango, PG, 3:30 p.m., Red Riding Hood, PG13, 6:30 p.m.; July 17, Rango, PG, 11:30 a.m., Adjustment Bureau, PG13, 1:30 p.m., Sucker Punch, PG13, 3:30 p.m., Battle: Los Angeles, PG13, 6:30 p.m.; July 18, Mars Needs Moms, PG, 6:30 p.m.; July 19, Paul, R, 6:30 p.m.; July 20, Red Riding Hood, PG13, 6:30 p.m.; July 21, Adjustment Bureau, PG13, 6:30 p.m.; July 22, Diary of a

Wimpy Kid: Roderick Rules, PG, 6 p.m., Limitless, PG13, 8 p.m.; July 23, Rango, PG, 11:30 a.m., Diary of a Wimpy Kid: Roderick Rules, PG, 1:30 p.m., Red Riding Hood, PG13, 3:30 p.m., Battle: Los Angeles, PG13, 6:30 p.m.; July 24, Gnomeo and Juliet, G, 11:30 a.m., Diary of a Wimpy Kid: Roderick Rules, PG, 1:30 p.m., Mars Needs Moms, PG, 3:30 p.m., Adjustment Bureau, PG13, 6:30 p.m.; July 25, Paul, R, 6:30 p.m.; July 26, Limitless, PG13, 6:30 p.m.; July 27, Sucker Punch, PG13, 6:30 p.m.; July 28, Battle: Los Angeles, PG13, 6:30 p.m.

\*\*\*Movies contingent upon training requirements\*\*\*

## Area Off-Limit Locations

**Biloxi:** Boulevard Night Club, Blue Note Lounge, Henry Beck Park, YaYa's;  
**Gulfport:** Bunk Small Apartments, Herbal Alternatives; **D'Iberville:** Guitars and Cadillacs;  
**Moss Point:** Tony's Lounge; **Ocean Springs:** Pugs;  
**Pascagoula:** Carver Village, Bunksmall Apartments, H&H Hideaway  
Current "off-limits" establishments are agreed upon and approved by local Armed Forces Disciplinary Control Board

**Photocopying military ID cards violates policy . . .** According to Title 18, US Code Part I, chapter 33, Section 701 photocopying of U.S. Government Identification is punishable by both fine and imprisonment. If asked to provide id for photocopy, military/DOD personnel can provide a state drivers license or other form of photo identification.

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Need a new ID Card or an update to Deers? Don't wait in line. Get in and out fast by scheduling an appointment at <http://appointments.cac.navy.mil>

Obey the posted speed limits on board NCBC. Unless otherwise posted, the limit is 25 m.p.h.

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Chaplain Coker  
(mark.e.coker@navy.mil) or  
Chaplain Choi  
(yoon.j.choi@navy.mil). Af-  
fordable Child Care will be an  
option through the CDC Home  
Care – contact the Chapel.

**Seabee Food Pantry** - The  
Chapel is in need of non per-  
ishable items please. Dona-  
tion drop off points are: Navy  
Exchange, Chapel, Commis-  
sary, Fleet and Family Support  
Center and Armed Forces Re-  
tirement Home.

**Praise and Worship Team**  
- Come out Sunday to see the  
Praise and Worship Team per-  
form contemporary Christian  
music at the 10:30 a.m.  
Protestant service.

**Group 4:12** - A young adult  
group for military members,  
every Wednesday at 6 p.m. in  
the Fellowship Hall of Seabee  
Memorial Chapel.

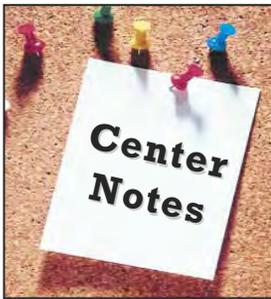
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#### **SUPPORT**

##### **Family Readiness Groups**

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are

welcome and baby sitting is provided during deployment. Contact FRG President Mary Belanger, 228-273-4158, e-mail [mcbonefrg@gmail.com](mailto:mcbonefrg@gmail.com) or Secretary Krystin Canipe, 704-726-5751, e-mail [nmcbonefrg@gmail.com](mailto:nmcbonefrg@gmail.com).

**NMCB 7 FRG** welcomes friends and family members to attend FRG meetings the fourth Monday of each month at 6 p.m. at the MWR Youth Activities Center, Bldg. 335. Children are welcome and baby sitting is provided for children four and under. Please contact FRG President Dawn McKenzie at 850-748-6242 or Vice President Laura Linder at 402-369-4090 for more information.

**NMCB 11 FRG** For more information regarding the NMCB 11 FRG, please visit the FRG and Ombuds-

man website at <http://nmcb11.webs.com>.

**NMCB 74 FRG** All families and friends of NMCB 74 are invited to the 74 FRG meeting held the 3rd Monday of each month at the MWR Youth Activities Center, Bldg. 335 off Bainbridge Ave. behind the Grinder on CBC base. Meetings begin at 5:30 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome and child care is provided during deployment. For more information regarding the NMCB 74 FRG please email [nmcb74fsg@yahoo.com](mailto:nmcb74fsg@yahoo.com). Check out the 74 FRG website at <http://nmcb74fsg.zymichost.com>

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Cen-

ter. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information contact FRG President Kelli Clarke at 727-504-4408 or e-mail [hansonkl54@yahoo.com](mailto:hansonkl54@yahoo.com). To receive updates log on to the FRG website at

<http://www.orgsites.com/ms/nmcb133fsg>

##### **Naval Officer's Spouse Club**

The Gulfport Naval Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, please email [nosgulfport@yahoo.com](mailto:nosgulfport@yahoo.com). We hope to see YOU soon!

##### **NMCRS**

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

##### **Gamblers Anonymous**

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for information.

##### **TRAINING**

**COMPASS** is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 to sign up.

##### **Naval Sea Cadets**

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. For more information, contact AGCS Enrique Acosta-Gonzalez at 228-688-5288 or [\[@navy.mil.\]\(mailto:@navy.mil.\), or Lt.j.g. Bowling at 228-313-9035 or \[coachcb@yahoo.com\]\(mailto:coachcb@yahoo.com\).](mailto:enrique.acosta-</a></p></div><div data-bbox=)

##### **SOACB**

Miss. Gulf Coast First Class Association is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting. **VFW Post 3937** Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602.

**VFW Post 4526** Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. For more information call 228-832-0017.

##### **NMCB 62 Alumni Group**

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. Anyone interested in becoming a member of the Alumni Group may go to <http://nmcb62alumni.org> for information or for links to Seabee historical sites.

**Seabee Veterans of America Island X-1 Gulfport** are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. Contact Joe Scott (secretary) at 228-669-8335 or [elevenoaks58@cableone.net](mailto:elevenoaks58@cableone.net) or log onto [www.nsva.org](http://www.nsva.org) for an application or more information.

##### **HERITAGE**

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446 and open Monday-Friday, 10 a.m. to 4 p.m., and Saturdays from 11a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at [www.seabeeuseumstore.org/shop/index.php](http://www.seabeeuseumstore.org/shop/index.php) or call the gift shop at 228-871-4779 for more information.

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# Restructuring of Enlisted Advancement Exams begins September 2011

**By Tom Updike**

Naval Education and Training Command Public Affairs

The Navy announced the restructuring of advancement exams to give greater focus on technical rating knowledge, July 8, in NAVADMIN 197/11.

The restructured examinations decrease the number of questions from 200 to 175 and increases the emphasis on rating-specific technical questions. The first advancement examination cycle implementing the new change is Cycle 216 in September 2012. Advancement candidates who will take the September enlisted examinations include active duty, full time support, active guard and reserve, and canvass recruiters.

"The primary reason for the exam structure change is to improve exam validity. We define exam validity as the adequacy with which the test questions successfully represent the content to be measured," said Captain Katharine Reed, commanding officer of the Naval Education and Training Professional Development and Technology Center (NETPDTC).

More job-specific technical questions improve exam validity and the Navy's ability to rank-order Sailors by rating.

"If you know the technical aspects of your rating better than your shipmates, you'll like the change in exam structure," said Reed.

The restructured exams will consist of 25 Professional Military Knowledge (PMK) and 150 job-specific technical questions for each pay grade. The biggest change will be seen by E-6 advancement candidates taking the Chief Petty Officer (CPO) exam. Currently, the 200-question CPO exam contains 100 job-specific and 100 PMK questions. E-4 exams will have the same number of job-specific questions, and 25 rather than 50 PMK questions.

The exam changes will have no impact on the current Final Multiple Score (FMS). The FMS is a "Whole Person Concept" approach which considers exam score along with other factors to ensure the right Sailors are advanced. Other factors considered for E4/5/6 are performance mark average (how well one performs in their job and as a Sailor), service in pay grade (experience in the job), awards (accomplishments in the job and as a Sailor), education points (self improvement through education (accredited college degrees)), and pass/not advanced points (credit for doing well on previous exam cycles, but not enough quotas available). For those who are CPO board eligible, the FMS is computed using performance mark average and rating exam score only.

Enlisted exams are produced at NETPDTC's Navy Advancement Center (NAC) in Pensacola, Fla. Fleet Subject Matter Experts (FSME) for each enlisted rating gather at exam development conferences to review the job scope and associated tasks at each pay grade. The FSMEs also review their rating exam bank to ensure questions are up-to-date, accurate and meet the statistical requirements to accurately rank-order the most qualified advancement candidates. New exam questions are researched, developed and added at each exam development conference.

Study material will remain available to all Sailors preparing for upcoming exams. Exam bibliographies will reflect the new exam construction, and will be available for exam preparation six months prior to administration dates on the Navy Advancement Center's Web portal on NKO at

<https://www.nko.navy.mil/portal/careermanagement/navyadvancementcenter/home/navyadvancementcenter?cacLogin=true>

For more information on the Naval Education and Training Command, visit the NETC Website at: <https://www.netc.navy.mil/>.

July 14, 2011

Seabee Courier

## From DEBT page 2

mediately tell the debt collector to cease calling you. Keep a call log handy and take note of every time thereafter that the debt collector calls you and record what they say. Do not fall to their level- do not yell back, do not threaten them, and trust me- do not call them any expletives.

Assess: If it is your debt, depending on its status, you have options. The statute of limitations on debt collections is five (5) years. If the debt is more than five years old, they can bring an action in court, but you have an affirmative defense, and the case should be dismissed. If it is less than five years old, then how it is handled will be a product of what stage it is in.

Debts can be either sold off, or a company can engage a third-party debt collector to try to collect. Let us presume you owe a debt to the Target-Mart store for a store credit card. Target-Mart can hire a debt collection company to try to recover the debt owed which will be paid to Target-Mart. In the alternative, they can write-off the debt as a loss for tax purposes, then sell the debt to a third party debt collection company. If they choose the latter option, the debt collection company now owns the debt and you are obligated to the debt collector.

Virtually all debts can be settled for much less than their face value. This can have potential negative consequences on your credit report, so you should always speak to a JAG before doing this. The idea behind collections is to recover as much money as possible to either miti-

gate losses to the company or to gain profit for the debt collector. If the debt has been sold, the debt collector has likely purchased the debt for pennies on the dollar.

Many initial communications will offer an enticing settlement. For instance, if

you owe \$5000, the letter may say "the company has authorized a settlement of \$3000." This is a trick, do not fall for it. The language prior to this authorized settlement will be very frightening. It may discuss a law suit and destruction of credit, liens on property or some other

situation that you do not want to be in. You then see this authorized settlement which knocks a large portion of the debt off and you are enticed to get this matter resolved. Remember, the company is trying to maximize what you pay. Scare tactics are simply idle threats to convince  
See DEBT page 27

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# NMCB 74 junior enlisted make history with JELO

By EO3 (SCW) Brittoni N. Brown

NMCB 74 Public Affairs

A group of junior enlisted Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74 created an organization to demonstrate leadership from the lowest levels.

Open exclusively to Seabees in paygrades E-4 and below, NMCB 74's Junior Enlisted Leadership Organization (JELO) is the first of its kind in the history of the battalion.

According to the JELO mission statement, one of the organization's main goals is to help develop future Navy leaders, providing guidance for individuals seeking to better themselves, both professionally and personally.

"We want to promote a better attitude for the E-4 and below within the command to let them know they have a voice. Being the largest part of the battalion, we think we can make a contribution that will provide results," said JELO Vice President, Construction Mechanic 3rd Class Zachary Cirroco. "It's a pretty cool thing when others come up and ask questions about who we are and what we do."

JELO President, Construction Mechanic 3rd Class Brandon Hysong said the idea for a junior enlisted organization occurred to him and Cirrocco following a community relations project they organized to clean up a beach on Naval Station (NAVSTA) Rota, Spain in

mid-February.

"Both the first and second classes have associations where they can network and build camaraderie within the command. We realized that most of the E-4 and below felt their opinions were insignificant, so we developed our own forum where junior troops can make an impact," said Hysong.

Since the organization was founded, the JELO has raised \$500 for the Rota Animal Welfare League (RAWL), a local animal shelter on NAVSTA Rota, and volunteered to cook and serve food for the battalion's Memorial Day picnic. Additionally, the group meets weekly to discuss current events and future activities within the battalion.

"[JELO] is a great organization that was started by some motivated young leaders; future leaders of the Navy. I think it is very positive and motivating," said Master Chief Robert Graves, NMCB 74's command master chief.

When asked what lies ahead for the JELO, Hysong said they have plans to rehabilitate the 10-foot tall Seabee monument that adorns the entrance to Camp Mitchell, the Seabee camp located on NAVSTA, Rota. The bee is in need of sandblasting and painting, which will be no easy task, but Hysong is confident that the group can complete it before deployment's end.

"The bee is a symbol that represents the Seabees. The current condition of the bee is less than desirable, we want the rehabilitation to be a direct reflection of the



Members of Naval Mobile Construction Battalion (NMCB) 74's Junior Enlisted Leadership Organization (JELO) serve food at Camp Mitchell, Spain, for the battalion's Memorial Day picnic. JELO members volunteered to cook and serve food at the picnic to further their command involvement. (U.S. Navy photo by Equipment Operator 3rd Class Brittoni N. Brown/Released)

hard work and tireless efforts the Seabees provide worldwide," said Hysong.

The JELO leadership plans to continue meeting as a group once back in their Gulfport, Miss. homeport for the training cycle. Through their example, they hope to make junior leadership a larger part of the Seabee community.

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From **DEBT** page 24

an uneducated consumer to pay.

Resolve: If the debt is indeed yours, and it will cause problems for your credit and/or security clearance, Navy Legal will assist you with a resolution. Remember, if the debt collector pursues an action in court and wins a judgment against you, and you have lost your job because of credit problems, they will have a hard time collecting- no money equals no ability to pay. Companies and debt collectors know this, so they generally want to set up a payment plan that you can afford. It might take some fighting from us, but we will likely get there.

If the debt is not yours, then we will assist you with getting the matter resolved. An action pursuing a debt that is not yours is costly for companies as you can receive statutory damages of up to \$1,000, plus attorney's fees. If the collections attempts were egregious enough, the company might have to pay punitive damages for their behavior.

Damage control: After you resolve the debt, it can still be a negative item on your credit report. It will say "charged off" or words to that effect. This means anyone viewing your credit report will see that the debt is not delinquent, but you did not pay all of it on time. Any amount forgiven can also be considered

income and taxable as such. The best option is for the company to delete the line of trade from your credit report. This means that it will appear as if the debt and account never existed. It is essentially the same effect as if you paid the debt completely on time.

In conclusion, the best way to avoid debt collection problems is to never go into debt. Since that is likely not an option, you need to remain vigilant and aware of your obligations and due dates. Check your credit report regularly. You are entitled to one free report per year

from each credit reporting agency. Since there are three credit reporting agencies, this means three reports a year- use them!

If you see anything questionable in your report or you have questions on how to read your report, come talk to us,

we are here to help!

This article is not intended to substitute for the personal advice of a licensed attorney. For legal assistance, contact the Naval Construction Battalion Center (NCBC) legal office by calling 228-871-2620 to make an appointment.

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GULF COAST USO  
3001 6th St., Building. 306,  
(228) 575-5224  
Office hours: Monday-Friday,  
8 a.m. - 5 p.m., Saturday,  
11 a.m. - 7 p.m., (Closed Sundays)



## Seabee Memorial Chapel

**Services:**

**Sunday Catholic Mass: 9 a.m.**

**Daily Mass: Monday-Friday, 11:15 a.m.**

**Protestant Service: Sunday, 10:30 a.m.**

**Protestant Sunday School, 9 a.m.**

**Center Chaplains:**

**Lt. Cmdr. Michael Brown,  
Protestant Chaplain**

**Lt. Yoon Choi  
Protestant Chaplain**

**For information concerning other faith groups,  
call the chapel office at (228) 871-2454**

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