

# MWR Headlines

Naval Air Station Meridian

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**November 11-17, 2011**

## Top Headlines

### Nutty November Tournament to take place 11/12/11

McCain Rec Center is hosting a Nutty November Bowling Tournament on November 12 at 1000. Bowlers bowl six games of different formats. Cost is \$20 per person. For more info call (601) 679-2651.

### Fitness and Health Promotions to host Great American Smokeout Run

MWR Fitness and Health Promotions are hosting the Great American Smokeout Run on November 17 at Noon at the fitness center complex. The event will have a 1 mile fun run and 5K run. Prizes will be awarded to the winners. For more info call (601) 679-2379.

TWO LIGHT HEAVYWEIGHT LEGENDS COLLIDE FOR THE FIRST TIME

**SHOGUN VS HENDERSON**

**UFC 139**

**SATURDAY NOV. 19 9PM-6PM LIVE ON PAY-PER-VIEW**

**WANDERLEI SILVA VS CUNG LE**

**URIJAH FABER VS BRIAN BOWLES**

**LIVE @**

**U.S.**

**11.17.11**

**FREE**

Live @ 1900

### Casino Trip November 18, 2011

Bus Departure: 1815 from Admin 255 Parking Lot  
 Length of Trip: 1815-0100  
 Location: Pearl River Resort, Choctaw, MS  
 Cost: \$15.00 per person  
 Included in Price: Bus Transportation and \$25.00 Casino Credit  
 Registration: At the ITT Office (Admin 255 next to Navy Federal)  
 For more info about ITT trips, call the ITT Office at (601) 679-3773.

**Parent's Night Out**

NAVY CYP Child and Youth Programs

November 18, 2011

Child Development Center and School-Age Care Center, Time: 1800-0100, Fees: \$5 per hour per child  
 \*Parents must provide the following: Children's meals, diapers, wipes, a change of clothes and for new students only an up-to-date immunization record.  
 Call the CDC at (601) 679-2652 or SAC at (601) 679-5252 for more info.

**Now Available!**

XBox 360 and Wii Consoles for checkout, plus games!

Call the Andrew Triplett Library at (601) 679-2326 for more info.

## Ponta Creek Golf Course

### Daily Special

Daily, Ride 18 Holes for \$20.00  
 Daily, Ride 9 Holes for \$12.00

For more info call the Pro Shop at (601) 679-2526.

## Captain's Cup Standings

|              | N<br>A<br>S | N<br>T<br>C  | M<br>A<br>T<br>S<br>S<br>1 | V<br>T<br>7 | V<br>T<br>9 | C<br>T<br>W<br>1 | N<br>B<br>H<br>C |
|--------------|-------------|--------------|----------------------------|-------------|-------------|------------------|------------------|
| Volleyball   | 0           | 0            | 0                          | 0           | 0           | 0                | 0                |
| 5K Run       | 4           | 21           | 40                         | 0           | 0           | 0                | 5                |
| Golf         | 125         | 90           | 27                         | 33          | 80          | 76               | 93               |
| Softball     | 99          | 71           | 61                         | 125         | 95          | 0                | 71               |
| 10K Run      | 4           | 25.5         | 40                         | 0           | 5           | 0                | 0                |
| Football     | 0           | 0            | 0                          | 0           | 0           | 0                | 0                |
| Bowling      | 0           | 0            | 0                          | 0           | 0           | 0                | 0                |
| X Ctry Run   | 15          | 32           | 29                         | 0           | 23          | 0                | 0                |
| Basketball   | 0           | 0            | 0                          | 0           | 0           | 0                | 0                |
| Racquetball  | 32          | 8            | 16.5                       | 27          | 28          | 9                | 0                |
| Bench Press  | 32          | 1            | 35                         | 0           | 1           | 0                | 0                |
| Soccer       | 45          | 0            | 65                         | 55          | 49          | 0                | 40               |
| Duathlon     | 26          | 0            | 0                          | 31          | 24          | 0                | 0                |
| Triathlon    | 15          | 0            | 0                          | 32          | 28          | 27               | 8                |
| <b>Total</b> | <b>397</b>  | <b>248.5</b> | <b>313.5</b>               | <b>303</b>  | <b>333</b>  | <b>112</b>       | <b>217</b>       |

\*Standings as of November 1, 2011.

### McCain Rec Center Bowling Specials

**Monday- NTTC/MATSS-1**  
 Student Special- 1800- close.

**Wednesday- CAPTAIN'S CUP LEAGUE BOWLERS.**  
 SPECIAL- 2.00 Game/ 1.00 shoes, regular rates all others.

**Friday- Cosmic Bowling-**  
 1800-close.

**Sunday- FAMILY BOWLING.**  
 SPECIAL- 1100-1500.

### McCain Rec Center Movie Listings

11/12 **The Smurfs**, Rated PG @ 1300

11/15, **Larry Crowne**, Rated PG13 @ 1800

11/16, **Cowboys and Aliens**, Rated PG13 @ 1800

11/17, **Harry Potter 8**, Rated PG13 @ 1800

### Fitness Center

M,W,F  
 Belly Dancing Class @ 1130  
 M,W  
 Self Defense Class @ 1800  
 T and Th.  
 Yoga @ 1115  
 All group exercise classes are free.



### Phone Directory

|                  |          |
|------------------|----------|
| Fitness Center   | 679-2379 |
| All Hands Pool   | 679-3470 |
| Liberty Center   | 679-3760 |
| ITT              | 679-3773 |
| McCain Rec Ctr   | 679-2651 |
| The Outpost      | 679-2609 |
| Library          | 679-2326 |
| Rudder's         | 679-2636 |
| Sandtrap Grill   | 679-2780 |
| Mom's Diner      | 679-2531 |
| CDC/CDH          | 679-2652 |
| SAC              | 679-5252 |
| SLO              | 679-2473 |
| P.C. Golf Course | 679-2526 |
| MWR Admin.       | 679-2551 |
| MWR Jobs Line    | 679-2335 |

## MWR On The Deck

[https://www.cnmc.navy.mil/navycni/groups/public/@cnrse/@meridian/@ftr/documents/document/cnmc\\_a278549.pdf](https://www.cnmc.navy.mil/navycni/groups/public/@cnrse/@meridian/@ftr/documents/document/cnmc_a278549.pdf)