

# ON THE DECK

February 2012



## The Great Outdoors are Calling!

■ The Outpost is the one stop shop for everything outdoors.

# The Outpost

## INSIDE

Did you know McCain Rec Center hosts parties?



**Like Us Today!**

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[www.facebook.com/MWRMeridian](http://www.facebook.com/MWRMeridian).

**On the Web**

[www.cnic.navy.mil/Meridian](http://www.cnic.navy.mil/Meridian).



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## MWR Facility List

Facility	Phone #.	Hours of Operation
Fitness Center	679-2379	Mon.-Fri. (Summer): 0530-2000 Mon.-Fri. (Winter): 0530-2100 Wkends & Holidays: 1100-1800
All Hands Pool	679-3470	May-September
Liberty Center	679-3760	Mon.-Thurs.: 1600-2130 Friday: 1600-2330 Saturday: 1000-2330 Sunday: 1000-2130
ITT	679-3773	Mon.-Fri.: 1000-1700
McCain Rec Ctr	679-2651	Mon.-Thurs.: 1100-2130 Friday-Saturday: 1100-2200 Sunday & Holidays: 1100-2100
The Outpost	679-2609	Mon., Tu. & Th.-Sat. 0930-1800
Andrew Triplett Lib.	679-2326	Mon.-Fri.: 1000-1800 Saturday: 1000-1600
Rudder's	679-2636	Mon.-Thurs. 1600-2200 Friday 1600-0000 Saturday 1100-0000 Sunday 1100-2200
Sandtrap Grill	679-2780	Mon.-Fri.: 0700-1400 Sat.-Sun.: Closed
Mom's Diner	679-2531	Mon.-Fri.: 0600-1400
Ponta Creek G.C.	679-2526	Daily: 0800-1600
CDC/CDH	679-2652	Mon.-Fri.: 0600-1800
SAC	679-5252	M, Tu, Th, Fri: 0600-0800 1500-1800 Wednesday: 0600-0800 1300-1800
SLO	679-2473	
MWR Admin./Job Line	679-2551/2109	Mon.-Fri. 0730-1630

\* Hours of Operation are subject to change.

## Captain's Cup Standings

	N A S	N T T C	M A T T S S 1	V T 7	V T 9	C T W 1	N B H C
Volleyball	0	0	0	0	0	0	0
5K Run	4	21	40	0	0	0	5
Golf	125	90	27	33	80	76	93
Softball	99	71	61	125	95	0	71
10K Run	4	25.5	40	0	5	0	0
Football	86	93	125	71	85	0	0
Bowling	105	80	70	0	0	0	100
X Ctry Run	15	32	29	0	23	0	0
Basketball	0	0	0	0	0	0	0
Racquetball	32	8	16.5	27	28	9	0
Bench Press	32	1	35	0	1	0	0
Soccer	45	0	65	55	49	0	40
Duathlon	26	0	0	31	24	0	0
Triathlon	15	0	0	32	28	27	8
<b>Total</b>	<b>588</b>	<b>421.5</b>	<b>508</b>	<b>374</b>	<b>418</b>	<b>112</b>	<b>317</b>

\*Standings as of Feb. 1, 2012.

## Group Exercise Schedule

Day	Class/Time
<b>Monday</b>	Belly Dancing Class @ 1130 Self Defense with Dawg @ 1800
<b>Tuesday</b>	Yoga with Shannon @ 1115
<b>Wednesday</b>	Belly Dancing Class @ 1130 Self Defense with Dawg @ 1800
<b>Thursday</b>	Yoga with Shannon @ 1115
<b>Friday</b>	Belly Dancing Class @ 1130

\*All group exercise classes are held in Bldg. 266 and are free.



## Fitness Center Notes

- Organized Captain's cup teams can reserve 1/2 court for basketball practice in one hour increments.
- Gymnasium courts can also be reserved for Command Functions, PRT, etc.
- Customers can check out balls, racquets and tennis pitching machine from front counter at fitness center.

For more information about these events, call the Sonny Montgomery Fitness Center at (601) 679-2379.

## MEMBER OF THE MONTH

Your hours count in the fitness center!  
Monthly winner receives a GYM RAT T-shirt!

# CAPTAIN'S CUP BASKETBALL SCHEDULE

## February 02

1800 – Tigers vs. Air Ops  
1900 – Eagles vs. Heat  
2000 – Dawg Pound vs. Devil Pups

## February 07

1800 – Eagles vs. Air Ops  
1900 – Heat vs. Devil Pups  
2000 – Tigers vs. Dawg Pound

## February 09

1800 – Air Ops vs. Dawg Pound  
1900 – Heat vs. Tigers  
2000 – Eagles vs. Devil Pups

## February 14

1800 – Devil Pups vs. Tigers  
1900 – Heat vs. Air Ops  
2000 – Eagles vs. Dawg Pound

## February 16

1800 – Heat vs. Dawg Pound  
1900 – Devil Pups vs. Air Ops  
2000 – Eagles vs. Tigers

## February 21

1800 – Dawg Pound vs. Devil Pups  
1900 – Eagles vs. Heat  
2000 – Tigers vs. Air Ops

## February 23

1800 – Heat vs. Devil Pups  
1900 – Tigers vs. Dawg Pound  
2000 – Eagles vs. Air Ops

## February 28

1800 – Devil Pups vs. Eagles  
1900 – Heat vs. Tigers  
2000 – Air Ops vs. Dawg Pound

All games are played at the Sonny Montgomery Fitness Center Complex. For more info call (601) 679-2379.



# News & Notes

Child and Youth Programs

- Open Enrollment is underway for children ages 1 to 5 years old at the Child Development Center. For more info call (601) 679-2652.
- Stop by the CDC to get your child on the waiting list for Infant Care coming in 2012.
- 1st Tee meets at SAC every Wednesday from 1400-1600.
- **Do you want to be your own Boss?** Become A Child Development Home Provider!  
\*Independent work environment \*Flexibility  
\*Income \*Education and Training \*Information and Resources \*Transferable Benefits

The Child Development Home Profession gives providers an opportunity to work in their homes and watch their own children grow and develop while caring for children of Military Families as well. Join a group of unique professionals who enjoy a home based work environment.

We are looking for 24/7, evening 1800-2300, and weekends. For more information on becoming a Certified Child Development Home Care Provider, Please call 601-679-2652 for an appointment.

Get Prizes for  
doing cardio.

100 Mile Club

100 miles  
500 miles  
1,000 miles

T-Shirt  
Ball Cap  
Gym Bag

Are You A  
Member?

Track your progress at the Fitness Center!



FREE food  
courtesy of  
Rudders &  
MWR  
Catering.



Doors open  
at 1600.

Prizes!!

February 5, 2012



vs.



Ready to  
enjoy a long  
weekend?

Navy Gateway  
Inns & Suites  
is there for you!

- Martin Luther King, Jr. Holiday
- Presidents Day Weekend
- Time with your Valentine

If you are a NAF or DoD employee, active duty, or retired military, you are eligible to stay at Navy Gateway Inns and Suites facilities. And you can sponsor friends and family to stay there, too.



Make reservations by calling 1-877-NAVY-BED (1-877-628-9233)  
or by visiting [www.dodlodging.net](http://www.dodlodging.net)

Also you can  
call us by  
scanning this  
code with your  
smartphone.



## McCain Lanes Bowling Specials



### Monday

Bowl 3 games for \$5.00, not inc. shoes, (bowling of 3 games is per individual bowler). 1700-close

### Tuesday

Valentine's Day Special- 1700-close, Couples bowl 2 games for the price of one. Does not include shoe rental.

### Wednesday

NTTC/MATSS1 Student Special- Colored Pin Bowling- Get a strike on the colored head pin and win that game FREE, Must notify counter attendant before the shot. Limit 3 free games per bowler. 1800-close, Regular Rates Apply.

### Friday

"Cosmic/Disco Bowling Night-1900-Close \$2 game/\$1 for shoes.

### Saturday

Family Bowling-1100-1600 - \$2 game including shoes.

Call (601) 679-2651 for more info.

## ITT Trips

### Hattiesburg Zoo Trip Saturday, February 25th, 2012

Location: Hattiesburg, MS

Bus Departure: 0900 from Admin 255 parking lot  
Cost: \$10.00 for adults, \$6.00 for children ages 2-15,  
\$25.00 for families (up to four people ages 2+), Free

for children under the age of two

Registration: At the ITT Office

For more info call (601) 679-3773.



## Got Extra Stuff?

Store it in one of MWR's  
storage buildings.

For more info call the Outpost  
at (601) 679-2609.



### Parties at McCain Lanes

For more information or to schedule your party  
call McCain Rec Center at (601) 679-2651.

#### Birthday Party- \$50

This party package includes 2 lane rental for one hour and Free shoe rental for a minimum of 10 people. Package also includes a "Keepsake Birthday Pin." You may bring in soft drinks, cake and ice cream. Lanes may be rented at \$15 per lane for each lane after the initial hour.

#### "Cosmic Bowl" Birthday Party- \$60

Turn out the lights and bowl in the dark with the Cosmic Bowl party package! This party package includes 2 lane rental for one hour and Free shoe rental for a minimum of 10 people. Package also includes a "Keepsake Birthday Pin." You may bring in soft drinks, cake and ice cream. Lanes may be rented at \$15 per lane for each lane after the initial hour. You may also bring your child's favorite music CD as well for play during the party.

#### Birthday Party- \$35

If bowling is not your thing, then why not invite your friends to a private screening of a movie you choose for your birthday! You may bring in soft drinks, cake and ice cream. Parties may be scheduled from 1100-1300 and after 1500 on Saturdays.

#### Church Groups- \$50

This party package includes 2 lane rental for one hour and Free shoe rental for a minimum of 10 people. Lanes may be rented at \$15 per lane for each lane after the initial hour.

#### Special Functions

Want to rent out the whole facility? Call McCain Rec Center for pricing on holding your next special function at the center. Lanes may only have 5 people maximum and rental shoes are not included. Pool tables, video games, food and beverages are all extra.

All Parties Require At Least A Two



## Andrew Triplett Library

Monday-Friday: 1000-1800

Saturday: 1000-1600

Call (601) 679-2326 for more info!



"LIKE US" TODAY AT [FACEBOOK.COM/MWRMERIDIAN](http://FACEBOOK.COM/MWRMERIDIAN)  
FOR UP-TO-DATE INFORMATION ON ALL THINGS MWR AT  
NAS MERIDIAN!

# Go to the Outpost, then head Outdoors

**The Outpost**  
601-679-2609

**Open Monday-Saturday from 0930-1800**  
**Closed Sunday and Wednesday**  
Active Duty Military may reserve items 60 days in advance and DoD/ Civilians may reserve items 30 days in advance.



\*For a complete list of prices for items available at the Outpost, visit our website site at [www.cnmc.navy.mil/meridian](http://www.cnmc.navy.mil/meridian) or "Like Us" on Facebook at [facebook.com/mwrmeridian](http://facebook.com/mwrmeridian).

Located behind the Andrew Triplett Library, the Outpost is your headquarters for all outdoor recreation needs. You can find campers, dunking booths, bounce houses, inflatable slides, camping gear, and grills to use during your next party. Some of the camping gear available includes tents, cots, sleeping bags, and coolers.

Looking to spend a nice afternoon out on one of NAS Meridian's many lakes, then rent a boat from the Outpost. Available to rent are 14' John boats with or without trolling motors and a variety of fishing gear.

NAS Meridian hunting and fishing permits are sold at the Outpost also.

## Eagle Point Stables

NAS Meridian is also home to Eagle Point Stables. The stables include 45 acres of pasture, a lighted arena, training pen to work young horses, beautiful scenic trails, a barn, large stalls, feeders and hay racks.

Eagle Point Stables is open for boarding only.

## Skeet Range

The MWR Skeet Range is open on Sunday afternoons at 1pm. All weapons, shotgun only, must be registered with NAS Security prior to participating.

The Range Safety Officer must be present before any activities can start.

**MWR Catering**  
Naval Air Station Meridian



## Available to choose from:

Sub Sandwich Tray, Vegetable Tray, Chicken Tenders & Potato Wedges, Chicken Combo- Includes BBQ Wings, Chicken Tenders & Hot Wings; Meat & Cheese Tray, Fruit Tray and \*Lumpia.

For more information call (601) 679-2636.

\*An additional 2 weeks notice is required when ordering Lumpia.

## Mom's Diner

A hot beverage can be a great pick-me-up in the morning. Starting 1 February, introducing Green Mountain Coffee and Tea. The coffee comes in a variety of flavors as well as light, medium, bold and extra bold roast and DECAF. The tea also comes in a variety of blends and DECAF. Come to Mom's Diner and enjoy something better than your average cup of coffee!

# Pit Stop Challenge

Tuesday, February 21 • 1700

**Free to enter**

Winner will receive 2 tickets to Talladega Superspeedway race in May. For more details, call 679-2609.



The Outpost  
601-679-2609

# SUBWAY

**Now serving breakfast!**

Open Monday-Friday at 7am.

Located in McCain Recreation Center.

## Questions or Comments?

"On the Deck" is a monthly publication aimed at providing a closer look at MWR events at NAS Meridian. Contact MWR Marketing at [nasmer.mwr.marketing@navy.mil](mailto:nasmer.mwr.marketing@navy.mil) for any comments.

# Ponta Creek

Golf Course



## Daily Special

Daily, Ride 18 Holes for \$20.00  
Daily, Ride 9 Holes for \$12.00

**Pro Shop Hours**  
**Monday-Sunday & Holidays**  
0800-1600



## Happenings



### Weekly Specials

**Margarita Monday**  
\$1 off House Margarita and  
Free fountain drinks.

**Tuesday**  
Specialty beer for the price of regular.

**Wing-It Wednesday & Karaoke Night**  
1/2 price wings all night.

\*MWR urges all patrons to drink responsibly and to have a designated driver.



Stop by Rudders and try one of their varied assortment of Keurig K-Cup Coffee!

**Hours of Operation**  
Sun.-Thurs. 1600-2200  
Fri.-Sat. 1600-Midnight



### Hours of Operation

Mon. – Thurs.: 1600-2130  
Friday: 1600-2330  
Saturday: 1000-2330  
Sunday: 1000-2130

**“The Liberty Program and Center are for Single and Unaccompanied Active Duty Military Personnel exclusively.”**

#### February 4

##### Monster Truck Races

Get to the Liberty Center at 1400 for monster truck races around our obstacle course.

#### February 5

##### Super Bowl Party

A Liberty Super Bowl Party with FREE food and big screen game viewing. The Liberty Center will stay open for the entirety of the Super Bowl game.

#### February 6

##### Double Elimination Pool Tournament

The tournament begins at 1900 in the Liberty Center. No entry fee – prize awarded to the winner. Register the day of the event at the Liberty Center.

#### February 8

##### Ping-Pong Tournament

The tournament begins at 1900 in the Liberty Center. No entry fee – prize awarded to the winner. Register the day of the event at the Liberty Center.

#### February 11

##### Birmingham Shopping Trip

Travel to the Riverchase Galleria Mall where a combination of 200 shops and restaurants awaits you. We leave the Library parking lot at 0800. The cost is \$15 per person. You must register & pay for the trip by Wednesday, February 8. A minimum of 20 people is needed for the trip to run – NO REFUNDS (unless the trip is cancelled).

#### February 13

##### Dessert Day

We love you LIBERTY! FREE sweets & soda will be available

beginning at 1900.

#### February 15

##### Double Elimination Pool Tournament

The tournament begins at 1900 in the Liberty Center. No entry fee – prize awarded to the winner. Register the day of the event at the Liberty Center.

#### February 18

##### World of Coca Cola & Georgia Aquarium Trip

We leave the Library parking lot at 0500. The cost is \$40 per person. You must register & pay for the trip by Wednesday, February 15. A minimum of 20 people is needed for the trip to run – NO REFUNDS (unless the trip is cancelled).

#### February 19

##### Dog Day Sunday

FREE hotdogs, chips, beans & cookies served at 1300 in the Liberty Center.

#### February 20 Video Game Tournament

Game time is 1900. Prize awarded to the winner. Register the day of the event at the Liberty Center.

#### February 22

##### Liberty Bowl

FREE bowling to all Liberty patronage at the McCain Recreation Center from 1800 – 2030.

#### February 29

##### Birthday Bash

A celebration of February birthdays! FREE cookies and soda will be provided at 1900 in the Liberty Center.

# NOW SHOWING

at McCain Recreation Center

Movie availability subject to change. All movies are shown free of charge.

Date	Title	Rating	Starring
02/01	DRIVING MISS DAISY	PG	JESSICA TANDY & MORGAN FREEMAN
02/02	REAL STEEL	PG13	HUGH JACKMAN & DAKOTA GOYO
02/04	JACK & JILL	PG	ADAM SANDLER & KATIE HOLMES
02/07	GLORY	R	M. BRODERICK & D. WASHINGTON
02/08	THE RUM DIARY	R	JOHNNY DEPP & AARON ECKHART
02/09	THE THREE MUSKETEERS	PG13	LOGAN LERMAN & MILLA JOVOVICH
02/11	AKEELAH & THE BEE	PG	LAURENCE FISHBURNE & KEKE PALMER
02/14	ANONYMOUS	PG13	RHYS IFANS & VANESSA REDGRAVE
02/15	IMMORTALS	R	HENRY CAVILL & LUKE EVANS
02/16	TO KILL A MOCKINGBIRD	N/R	GREGORY PECK & MARY BADHAM
02/18	PUSS IN BOOTS	PG	Voices of A. BANDERAS & S. HAYEK
02/21	IN TIME	PG13	J. TIMBERLAKE & AMANDA SEYFRIED
02/22	KILLER ELITE	R	JASON STATHAM & ROBERT DE NIRO
02/23	50/50	R	JOSEPH GORDON- LEVITT & SETH ROGEN
02/25	JOHNNY ENGLISH REBORN	PG	ROWAN ATKINSON & G. ANDERSON

Movies that premiere during the week start at 1800 and at 1300 on weekends.



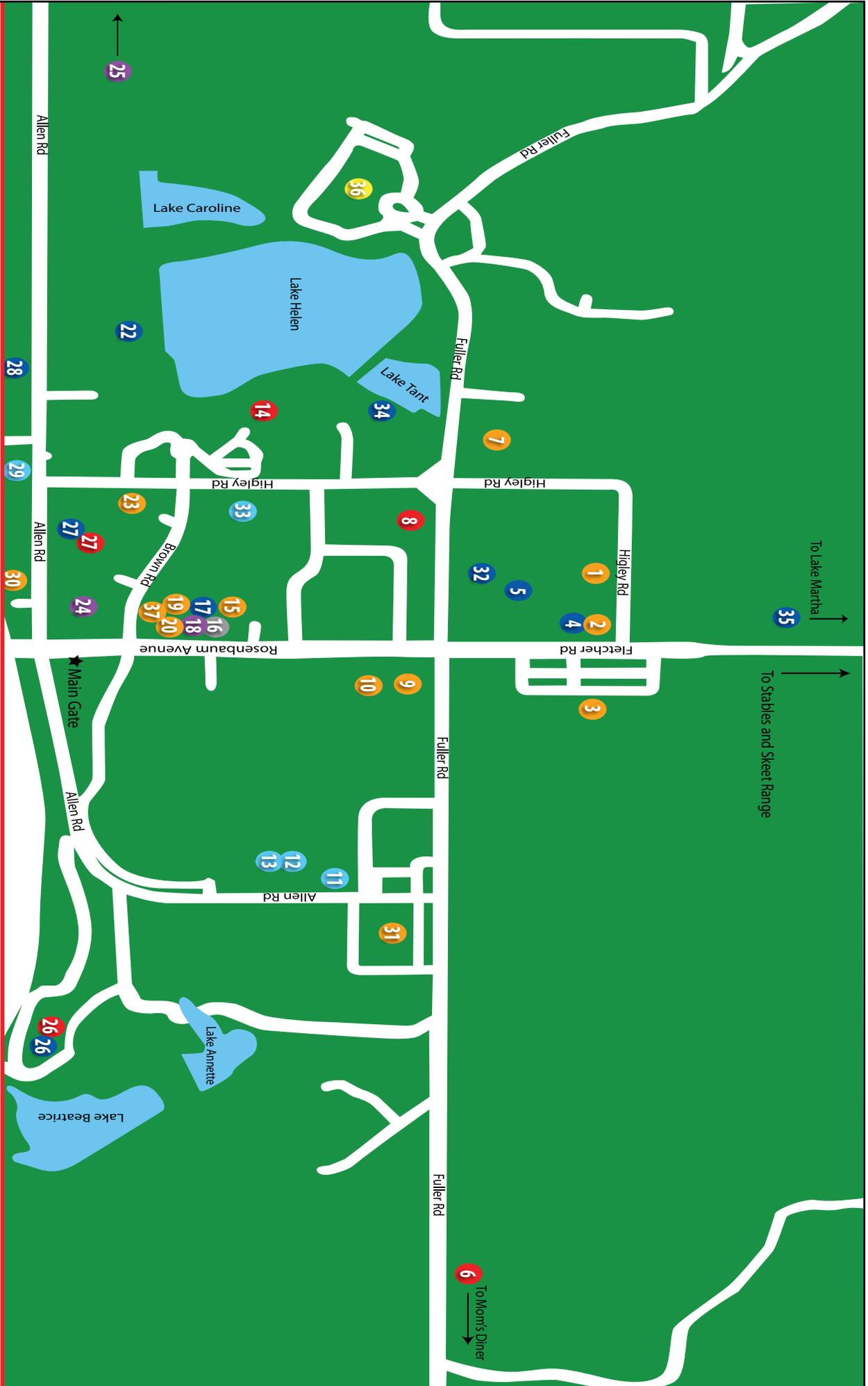


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**On the Web**  
 Look for MWR on the web at [www.cnic.navy.mil/Meridian](http://www.cnic.navy.mil/Meridian)

## February 2012 *Mom's Diner* \*Menu is subject to change

Hours of Operation		1 Wednesday	2 Thursday	3 Friday
Mon-Fri ~0600-1400 Closed ~ Weekends & Holidays Breakfast Hours ~ 0600-0930		Smothered Hamburger, Mashed Potatoes with Gravy, Cabbage, Pinto Beans, Cornbread	<b>TACO SALAD</b>	Pork Chops, Rice with Gravy, Squash, Turnip Greens, Cornbread
<b>6 Monday</b> Salisbury Steak, Mashed Potatoes with Gravy, Purple Hull Peas, Turnip Greens, Cornbread	<b>7 Tuesday</b> Pork Roast, Cal. Blend, Mashed Potatoes with Gravy, Collard Greens, Cornbread	<b>8 Wednesday</b> Chicken Spaghetti, Broccoli with Cheese	<b>9 Thursday</b> Shepard's Pie, Vegetable Sticks, Corn Nuggets, Cornbread	<b>10 Friday</b> Beef Tips Over Rice, Field Peas, Turnip Greens, Cornbread
<b>13 Monday</b> Chicken Fried Steak, Mashed Potatoes with Gravy, Fried Okra, Lima Beans, Cornbread	<b>14 Tuesday</b> Jambalya, Vegetable Sticks, Collard Greens, Cornbread	<b>15 Wednesday</b> Fried Chicken, Macaroni & Cheese, Turnip Greens, Peas & Carrots, Cornbread	<b>16 Thursday</b> <b>TACO SALAD</b>	<b>17 Friday</b> Pot Roast, Mashed Potatoes with Gravy, Cal. Blend, Turnip Greens, Cornbread
<b>20 Monday</b> <b>HOLIDAY- CLOSED</b>	<b>21 Tuesday</b> BBQ Pork on Bun, Cole Slaw, Baked Beans, French Fries	<b>22 Wednesday</b> Chicken And Dumplings, Rice, Fried Okra, English Peas, Cornbread	<b>23 Thursday</b> Meatloaf, Mashed Potatoes with Gravy, Green Beans, Squash, Cornbread	<b>24 Friday</b> Pork Chops, Baked Potato Casserole, Turnip Greens, Peas & Carrots, Cornbread
<b>27 Monday</b> Smothered Hamburger, Mashed Potatoes with Gravy, Collard Greens, Field Peas, Cornbread	<b>28 Tuesday</b> Cajun Chicken, Rice with Gravy, Peas & Carrots, Pinto Beans, Cornbread	<b>29 Wednesday</b> Beef Tips over Rice, Field Peas, Turnip Greens, Cornbread	<b>*Menu is subject to change.</b>	



MAP#	BLDG#	FACILITY
16	255	Administration
16	255	Morale, Welfare and Recreation (MWR) Administration
16	255	Base Administration / Quartermaster
36	218	Lodging
36	218	Navy Gateway Inns and Suites (NGIS)
6	158	Restaurants & Catering
6	158	Mom's Diner
8	207	Restaurants & Catering
8	207	Galley
14	216	Restaurants & Catering
14	216	Rudders
26	388	Restaurants & Catering
26	388	The Sandtrap
27	313	Restaurants & Catering
27	313	Subway
18	255	Child & Youth Programs
18	255	School Liaison Office
24	404	Child & Youth Programs
24	404	Child Development Centers
25	994	Child & Youth Programs
25	994	School Age Care Center

MAP#	BLDG#	FACILITY
4	362	Recreation & Services
4	362	The Liberty Center
5	272 & 368	Recreation & Services
5	272 & 368	The Outpost
17	255	Recreation & Services
17	255	Information Tickets and Travel
22	596-599	Recreation & Services
22	596-599	MWR Storage Lot
26	388	Recreation & Services
26	388	Ponca Creek Golf Course
27	313	Recreation & Services
27	313	McGinn Recreation Center
28	220	Recreation & Services
28	220	PDV Storage Lot
32	220	Recreation & Services
32	220	Andrew Hightt Library
34	35	Recreation & Services
34	35	Lake Tart Pavilion
35	435	Recreation & Services
35	435	Lake Martha Pavilion
35	284	Recreation & Services
35	284	Skeet Range

MAP#	BLDG#	FACILITY
11	343	Fitness, Aquatics & Sports
11	343	Playing Fields/Playing Courts
12	369	Fitness, Aquatics & Sports
12	369	Sonny Montgomery Fitness Center
13	369	Fitness, Aquatics & Sports
13	369	All Hands Pool
29	259	Fitness, Aquatics & Sports
29	259	Bernath Field
33	333	Fitness, Aquatics & Sports
33	333	Outdoor Basketball Courts
1	360	Other
1	360	NEX Mini-Mart
2	362	Other
2	362	CSD
3	330	Other
3	330	Supply and Marine Schools
7	211	Other
7	211	Chapel
9	266	Other
9	266	Starbase Atlantis
10	405	Other
10	405	Fleet and Family Service Center
15	255	Other
15	255	Navy Federal Credit Union
19	255	Other
19	255	Post Office

MAP#	BLDG#	FACILITY
20	255	Other Cont.
20	255	Navy College Office
23	213	Other Cont.
23	213	Navy Exchange
30	431	Other Cont.
30	431	Commissary
31	367	Other Cont.
31	367	Medical
37	255	Other Cont.
37	255	Legal Office

