

This Week IN MWR

Naval Air Station
Meridian

December 8-15

Caregivers Needed!

Child and Youth Programs are looking for individuals who are interested in providing evening care in their homes. For more info call (601) 679-2652.

Captain's Cup Standings

	N A S	N T C	M A T S S 1	V T 7	V T 9	C T W 1	N B H C
Volleyball	94	104	75	98	0	0	100
5K Run	2	25.5	37.5	15.5	25.5	0	4
Golf	115	89	93	64	67	36	94
Softball	104	94	73	82	95	5	5
10K Run	0	0	0	0	0	0	0
Football	0	0	0	0	0	0	0
Bowling	0	0	0	0	0	0	0
X Ctry Run	4	32	25.5	18.5	16.5	0	0
Basketball	0	0	0	0	0	0	0
Racquetball	27.5	0	0	0	29.5	0	17.5
Bench Press	29.5	0	20	0	25.5	0	23
Soccer	0	115	103	93	0	0	0
Total Points	376	459.5	427.5	371	259	41	243.5

Standings as of December 7, 2010.

Sonny Montgomery | Group Exercise fitness Center | Schedule

Monday: Self Defense with Dawg @ 1800

Tuesday: Step with Shannon @ 1115

Wednesday: Self Defense with Dawg @ 1800

Thursday: Step Aerobics @ 1115

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 Online

Look for MWR
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[www.cnmc.navy.mil/
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MeridianMWR
to 30364 to receive text
updates about MWR
events and programs.
Standard text messaging
rates apply.

Christmas Tree Lighting



December 16, 2010
1700-1900 Admin 255

Come see Santa and his
elves, enjoy some hot cocoa
and more at this jolly event.



CZee Cyberzone at Rec Center

Now located at McCain Center. Surf the internet,
check email, play online games, and chat
with friends on this affordable pay per
use computer service.

Now Showing at McCain Rec Center

*All movies are
shown free of charge.



08 Wednesday 6pm, K2, Rated R
11 Saturday 1pm, The Sorcerers Apprentice, Rated
12 Sunday 1pm, Rev. of Kitty Galore, Rated PG
14 Tuesday 6pm, Salt, Rated PG13

McCain Lanes Bowling Specials

Sunday
"Family Bowling Special." 1100-1400.

Monday
"NTTC/MATSS-1 Student Special"

Wednesday
"9-Pin No Tap Tournament" 1800,
\$10 entry fee.

Thursday
"RCTA Special" 1630-2100.

Friday
"Cosmic Bowling" 1900-Close.



Stop by the
ITT Office
to learn
more
about the
Disney
Military
Salute!

Hours of Operation
Mon.-Fri.: 10am-5pm
Holidays: Closed

Mom's Diner

08 Wednesday
Lasagna, Garden Salad,
Garlic Bread

09 Thursday
Mom's Choice

10 Friday
Cattfish, Hushpuppies,
French Fries, Cole Slaw

13 Monday
Salisbury Steak,
Mashed Potatoes with
Gravy, Corn Nuggets,
Green Beans, Roll

14 Tuesday
Fried Chicken,
Macaroni & Cheese,
Collard Greens, Corn,
Cornbread

*Menu is
subject to change.

For More Information

Gym	679-2379	Liberty Center	679-3760	ITT/Library	679-3773
Sandtrap Grill	679-2780	Outdoor Recreation	679-2609	CDC/CDH	679-2652
Rudder's	679-2636	Eagle Point Stables	679-2609	SAC	679-5252
Mean Gene's	679-3388	Mom's	679-2531	School Liaison Officer	679-2473
McCain Rec Ctr	679-2651	Ponta Creek Golf Course	679-2526	MWR JOBS LINE	679-2335