

MWR Headlines

Naval Air Station
Meridian



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**October 14-20,
2011**

Top Headlines

Lunch League Returns to Rec Center

McCain Rec Center is once again starting up its Lunch Bowling League on October 17, 2011. Two person teams compete in the league that lasts until December 16, 2011. Each bowler must bowl two games a week Mon.-Thurs. from 1100-1300. Cost is \$6 per person per week. For more info call (601) 679-2651.

8 Game No-Tap Tournament on October 22

McCain Rec Center is hosting an 8 game No-Tap Bowling Tournament on October 22, 2011 beginning at 1000. Cost is \$20 per person and you must be signed up by 0930 the morning of the tournament to play for more info call (601) 679-2651.

ITT to take trip to Pumpkin Patch on October 30

Join ITT for a trip to the Lazy Acres Pumpkin Patch on October 30, 2011. Get ready for an afternoon of fun going through the corn maze, and other children's games. The bus leaves the Admin 255 parking lot at 1230. For trip prices, call the ITT office at (601) 679-3773.

**Captain's Cup
5 Mile
Cross Country Run**
October 15, 2011 • 0900
Sonny Montgomery Fitness Center

Autumn Fest
October 29, 2011
Fitness Center Complex, 1200-1600

Activities include Rock Wall, Giant Slide, Spider Mountain, Spaceball, Joust Arena, Trunk-or-Treat, Hayride, Cupcake Walk, Free Food and more!

Rudder's HALLOWEEN PARTY "Live DJ!"
October 29, 2011 & Costume Contest
8pm-Midnight

*Free Childcare provided by NRS Meridian MWR CYP from 1930-0030. Call CYP for more info at (601) 679-2652.

Captain's Cup Standings

	N A S	N T C	M A T S S 1	V T 7	V T 9	C T W 1	N B H C
Volleyball	0	0	0	0	0	0	0
5K Run	4	21	40	0	0	0	5
Golf	125	90	27	33	80	76	93
Softball	99	71	61	125	95	0	71
10K Run	4	25.5	40	0	5	0	0
Football	0	0	0	0	0	0	0
Bowling	0	0	0	0	0	0	0
X Ctry Run	0	0	0	0	0	0	0
Basketball	0	0	0	0	0	0	0
Racquetball	0	0	0	0	0	0	0
Bench Press	32	1	35	0	1	0	0
Soccer	45	0	65	55	49	0	0
Duathlon	26	0	0	31	24	0	0
Triathlon	15	0	0	32	28	27	8
Total	350	208.5	268	276	282	103	217

*Standings as of October 14, 2011.

McCain Rec Center Bowling Specials

October 14

Family Bowling Night,
1700-Close.

October 16

Captain's Cup Bowling

October 17

Military Student Special,
1800-2100

October 18

Cosmic Bowling Night,
1900-Close

Fitness Center

M,W,F

Belly Dancing Class @ 1130

M,W

Self Defense Class @ 1800

T and Th.

Yoga @ 1115

All group exercise classes are free.



Phone Directory

Fitness Center	679-2379
All Hands Pool	679-3470
Liberty Center	679-3760
ITT	679-3773
McCain Rec Ctr	679-2651
The Outpost	679-2609
Library	679-2326
Rudder's	679-2636
Sandtrap Grill	679-2780
Mom's Diner	679-2531
CDC/CDH	679-2652
SAC	679-5252
SLO	679-2473
P.C. Golf Course	679-2526
MWR Admin.	679-2551
MWR Jobs Line	679-2335

McCain Rec Center

Movie Listings



10/15, Cars 2 Rated G @
1300

10/18, Temple Of Doom,
Rated PG13 @ 1800

10/19, Pirates of Carib.
4, Rated PG13 @ 1800

10/20, Horrible Bosses
Rated R @ 1800

MWR On The Deck

Check out the latest edition of MWR's monthly newsletter by going to this link.

http://cnmc.navy.mil/navycni/groups/public/@pub/@southe/@meridian/documents/document/cnicp_a277043.pdf