

Admiral talks shop at NEX



Photo by Steve Applegate

Rear Adm. Robert Cowley, Supply Corps, Commander, Navy Exchange Service Command, surveys the new layout at the entry to the Naval Support Activity Panama City NEX with Lead Sales Clerk Lilia Buyor on July 6. Cowley came to the base as a part of his effort to reach out to all NEX outlets, and was very enthusiastic about the exchange's features, user-friendly design, efficient operation and emphasis on meeting the needs of the customer. Also pictured (from left) are Flin DeBerry, executive director, NSA PC, Tom Jacobson, Pensacola store manager, and Cmdr. Hal Harbeson, officer-in-charge, NSA PC.

Navy team honored for cancer relay work

MC3 Joseph Moon
Coastal Courier Editor
NSA PC

PANAMA CITY BEACH, Fla. – Volunteer members of a Navy team received their awards for participation in the American Cancer Society Relay for Life in a ceremony on base June 23.

The Relay for Life was a 24-hour walk, held April 7 at Pier Park, to raise money for, among other things, cancer research, wigs for chemotherapy patients, and support groups for victims and families.

The Navy team participants were able to raise \$7,652 for the charity.

The Navy team received several awards on a local and county level for their success in

the fundraiser, said Cathy Carpenter, project manager for air analysis program at NSWC PC and the team captain for the Navy volunteers.

At the official award ceremony on June 1, "they kept on calling out, 'Navy team, Navy team,' for another award," said Carpenter.

Of the awards given to the team, they were the leader in raising money online in Panama City Beach. The Navy team received a bronze award as a National Fundraising Club Member and was listed as the Panama City Beach Pacesetter team. The Navy team placed second overall for money raised for Bay County, beaten out by the

See **RELAY**, page 8

Local students participate in summer program

Carmen Ferrer
NSWC PC

PANAMA CITY, Fla. - The Naval Surface Warfare Center Panama City kicked off the 2006 Summer Partnership Employment Program on May 30 with 14 local students participating in the eight-week program.

Each of the students is

working with a volunteer mentor who has taken the student under his or her wing and supervised the accomplishment of various unclassified scientific and engineering tasks.

On July 20, the students will present their achievements before Bay District Schools' personnel, high school principals and other staff, NSWC

PC management, co-workers, family and all interested base personnel.

The students are scheduled to make their presentations in building 110's auditorium starting at 9 a.m. and ending at approximately noon.

The presenters from Arnold High School are: Hans Jacob, Lee Melvin and

Patrick Walters; from Bay High School: Leah Palmer; from Mosely High School: Ashley Cabiness, Jennifer Dorsch, Lauren Hawkins, Brandon Kirksey, Matthew Robeson, Luke Seaman and Kyle Stuart; and from Rutherford High School: Riley Graber, Kerry Hart and Jonathon Renaud.

On the inside

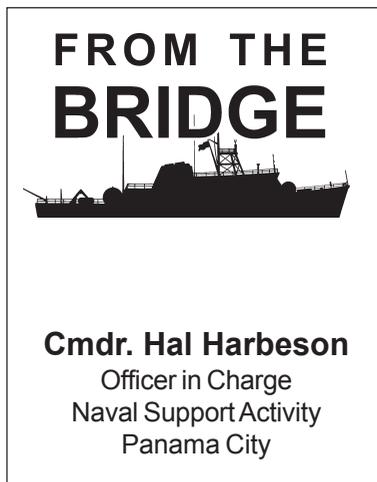
Hatch Act email restrictions.....	2
SMARTWebMove..	4
Personal Data on Web.....	5
Fitness Choices..	6
Finding Justice....	7

Improper political use of e-mail has consequences

The *Coastal Courier* previously published guidance from the U.S. Office of Special Counsel that placed additional Hatch Act restrictions on active duty and civilian DoD employees, including their use of government resources to promote partisan political activities.

On June 14, that office issued a press release on the application of the Hatch Act to e-mails containing partisan political messages. The agency recently won key rulings on the impermissible use of government e-mail for partisan political reasons.

The Merit Systems Protection Board upheld a sixty-day suspension imposed against a federal employee found to have violated the Hatch Act while on duty and



in a federal building. The employee sent an e-mail to more than 300 co-workers and other individuals with an attached announcement for a party for a U.S. Representative seeking re-election.

The judge found that the message described the candidate in highly favorable terms and strongly encouraged at-

tendance at the event, and concluded that the email was "obviously ... directed toward the success of (the candidate's) re-election campaign."

The release also discussed a ruling on complaints for disciplinary action against two other federal employees who sent partisan political e-mails

while they were on duty and/or in a federal building. One employee sent an e-mail to about 27 people that contained a widely circulated picture of a presidential candidate in front of an American flag. The text of the e-mail contained several statements in support of the candidate, a negative statement about the opposing candidate, and a statement urging recipients to pass the message on to others.

The second complaint alleged that an employee sent an e-mail to 22 people supporting a presidential candidate, containing several reasons why the reader should vote for that candidate and why the reader should not support the opposing party.

Although the judge initially

dismissed OSC's complaints on the grounds that these e-mails did not constitute prohibited political activity, a review of the judge's decision argued that the emails encouraging the election or defeat of

See **BRIDGE**, page 8

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VIEWPOINT: *"How does NSA PC compare to other bases you've been to?"*



"It's family oriented with different programs available (to them) but it lacks the amenities of larger military bases."

PS2 Cesar Velasquez
Personnel Specialist
CSD NSA PC



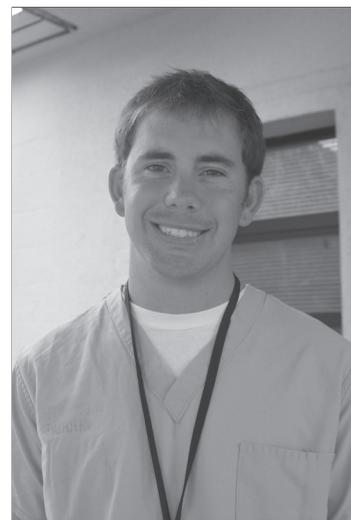
"I think it compares favorably. We're small but it's an efficient and attractive-looking base."

Shirley Shoemaker
Family Housing Manager
NSA PC



"There's no commissary on base, which is an inconvenience to families stationed here."

Ashley Barbosa
Cashier
Seashore General Mess



"I've been overseas for 2½ years, and those bases are a lot more united with the MWR and programs like morale days. But here, when you're off work, there's not a lot going on."

HM3 Joshua McCullough
Naval Branch Health Clinic

Mark it on your
calenders!
It's coming up
fast!



THE NAVY BALL

October 14

Start making your plans
now to celebrate 231 years
of service.

Volunteers can contact EODCS
Shelby Cornelius at (850)235-5776



or at
shelby.cornelius@navy.mil

Farewell and following seas



Photo by Maureen McClaine
Senior Chief Mineman John Monn holds the American flag during his retirement ceremony as MNCS Larry Naumann salutes him June 30. Monn also received a letter of appreciation from Gov. Jeb Bush.

ARMED FORCES COMM
318408
6 x 6

100,000 move applications processed on SMARTWebMove

Debra Dortch
Public Affairs
NAVSUP Office

SMARTWebMove (SWM), a Web-based move counseling and application system, reached a milestone June 14 when the system processed its 100,000th move request. The Naval Supply Systems Command's (NAVSUP) online program helps active-duty personnel and their families plan and arrange household good moves for most regular permanent change of station (PCS) moves.

NAVSUP SWM Program Manager Richard McIntire says SWM is receiving about 4,000 applications per month now that peak-season moving time has begun. These moves add up to 94 percent of eligible Navy move applications being processed online.

The five-year-old program has grown steadily. During the 2003 peak moving season, for example, SWM processed about 1,400 applications per month.

The Web site is accessible 24 hours a day, seven days a week, and allows customers to receive counseling and arrange moves at their convenience.

One spouse wrote that SWM "...was the easiest way to schedule our move. With my husband out to sea and our only contact being via sporadic e-mail, I was able to get this [move request] done very quickly."

Another comment on the Web site was, "Due to my work and college schedules, and my children, it would have been difficult to manage a trip to [the Personal Property Office]. ... The Web system was much preferred by me."

Customer satisfaction with SWM's move counseling and application process runs high. About 9 of 10 customers surveyed say they would use SWM again for their next move. Indeed, some customers have.

"One customer told us he was using SWM for a third move," McIntire noted.

Non-Navy servicemembers moving within the continental United States benefit from SWM, too. "We estimate about 10 to 12 percent of SWM customers are from other services," reports McIntire. For example, Coast Guard customers outnumber Navy customers in the area around Naval Air Station Key West.

Joint bases, such as those in New Orleans, La., and Fort Worth, Texas, draw a lot of SWM customers from other services, as do personal property offices serving military schools. The personal property office in Monterey, Calif., for example, which is near both the Defense Language Institute and the Naval Post Graduate School, serves many non-Navy customers through SWM.

McIntire says customers report they also like SWM because it is easy to use. One customer commented, "This is the most functional government Web site I have ever used. ... The auto-save feature and info links with practical explanations are great."

Sailors routinely use SWM while they are underway. McIntire says members have even logged on to SWM from Iraq and Afghanistan.

"The whole SWM team gets a great feeling of accomplishment when we can reach customers hundreds or thousands of miles away," he added.

To learn more, visit SMARTWebMove the Web at www.smartwebmove.navsup.navy.mil.

NAVSUP's primary mission is to provide U.S. naval forces with quality supplies and services. With headquarters in Mechanicsburg, Pa., and employing a worldwide workforce of more than 24,000 military and civilian personnel, NAVSUP oversees logistics programs in the areas of supply operations, conventional ordnance, contracting, resale, fuel, transportation, and security assistance. In addition, NAVSUP is responsible for quality-of-life issues for our naval forces, including food service, postal services, Navy Exchanges, and movement of household goods.

Is your disaster preparedness basket ready?

Here are a few essentials to include:

Water: One gallon of water per person per day, three-day supply

Food: Ready-to-eat canned meats, fruits, vegetables. High-energy foods such as peanut butter.

Non-perishable items:

Vitamins

Food for infants or elderly

Diapers for infants

Remember: The NSA PC Emergency Information Line is 234-4100

ALPHA AUDIOLOGY
318914
2 x 2.5

KINGSBURY'S
326429
2 x 3

PIER 77
318681
2 x 3

**MESSIAH
LUTHERAN
319170
2 X 2**

**MILITARY MEDIA
318481
2 X 4**

**MAD HATTER
318682
2 X 5**

Navy Personal Data on Web is Katrina-Related

Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) - Personal information on more than 30,000 Navy Sailors and family members discovered on a civilian Web site in June provided data on personnel who were stationed in areas affected by Hurricane Katrina in 2005.

The Chief of Naval Personnel was notified

June 22 that an open Web site contained five spreadsheet files with personal information, including the name, birth date and social security numbers of several Navy members and dependents.

The Naval Criminal Investigative Service (NCIS) is investigating how the information was obtained, why it was posted, and how long the information was on the Web site.

The Navy continues to notify individuals who were affected, and the Navy Personnel Command (NPC) call center in Millington, Tenn., is manned 24 hours a day to assist Sailors and their families.

The NPC call center number is 1-866-UNASK-NPC (1-866-827-5672).

Letters were mailed to all 30,618 service members and their families affected by the data

loss. In addition, information on how to watch for suspicious activity on personal accounts is posted on the NPC Web site - www.npc.navy.mil

There is no evidence that any of the data has been used illegally thus far. However, individuals are encouraged to carefully monitor their bank accounts, credit card accounts and other financial transactions.

Thanking the Sponsors of the Chief's Golf Tournament

The Gulf Coast Chief Petty Officers Association is a non-profit organization. Its members consist of active duty, senior enlisted and retired Sailors with a combined effort of making contributions within the community that impact the lives of the less fortunate through educational commitments. We pledge to assist by monetary donations, mentoring, big brothers/sisters, community building projects and many more.

Due to the support of our sponsors, we have been able to award \$23,000 in the form of educational IRAs to needy children in the Bay County area. That's a total of 46 children who otherwise would not have been provided the opportunity for higher education. We also support our local VA home.

With the success of this year's tournament, we will be awarding 6 additional educational IRAs to needy children.

Hole Sponsors:

ARINC Engineering Services
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Employees of Saltwater Grill
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Patches Pub & Eatery
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Sunny Hills Golf Club

Special Thanks:

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Beef 'O' Brady's
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WJHG TV 7
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NDSTC



Many fitness choices available to activity personnel

Maureen McClain
Staff Photojournalist
NSA Public Affairs Office

Fitness is a military tradition. As the armed forces have progressed throughout the years, personal fitness has become synonymous with mission readiness.

At the end of 2005, the Naval Support Activity began group PT (physical training) three times a week. The Sailors who aren't able to reach their fitness requirements in the biannual Physical Readiness Test are placed on the Fitness Enhancement Program, which requires PT five days a week and is assigned to Sailors.

In the spring, NSA PC added an outdoor recreation twist to the regular PT that usually includes calisthenics, running, and stretching. According to ENCM Mark Fogarty, the Sailors in the command have made suggestions for kayaking, dodgeball, and volleyball to be a part of their PT program.

Fogarty said since the inception of mandatory command PT, their overall physical fitness has improved significantly across the board. "I cannot be happier with the improvements that our Sailors have made."

"The CO can provide us the time, the resources, and encouragement, but it takes the individual to want the improvement to happen," Fogarty continued. "Our Sailors have embraced the program and they are enjoying the result."

In addition to opportunities for military fitness, the MWR Fitness Center is making civilian and family fitness a high priority with a multitude

of programs and classes.

Stroll-n-Go, a new group fitness class for mothers with small children, is an outside circuit class involving walking and resistance exercises. Participants meet on Mondays and Wednesdays at the marina. Jogging strollers, which are available at the gym for checkout, are required.

The entire family can enjoy sunset kayak trips sponsored by the fitness center throughout the summer months. The trip leaves from the marina and kayaks and canoes are provided free of charge.

According to fitness specialist Rachel Duerr, the center has top-of-the-line equipment, including a full Nautilus weight machine circuit as well as a free weight area with a cable machine. Many of the cardiovascular machines have personal cable TVs.

Andy Noda, another fitness specialist on staff, and Duerr are available to set up personalized routines for members, assist gym patrons, perform Body Age Fitness Assessments, and take body fat measurements.

The fitness center offers a variety of classes offered including indoor cycling, aerobics (indoor and water), yoga, Pilates, and strength training.

As the rest of the country has caught the ballroom dancing fever, the fitness center is hosting a Ballroom Dancing Club. The club meets every other Wednesday for a half hour of instruction and an hour of dancing. Students learn the East Coast Swing, Merengue, Rumba, and Waltz.

However, taking group classes isn't the only way to get fit. Throughout the year,



Photo by Maureen McClaine

A strong finish, Tom Hairston, retired Army, and wife Donna, a Navy Lodge employee, approach the finish line in the monthly 2.2 MWR Fun Run on May 17 at NSA PC.

there are multiple races for running/walking, biking, and swimming in the community. For information, inquire at the fitness center or at www.active.com.

October through May, the fitness center sponsors a 2.2 mile run/walk but in the summer months the participants trade in their sneakers for swimsuits to partake in a half-mile swim at the MWR pool the third Wednesday of each month.

There are also many opportunities for learning about health and fitness. Duerr schedules Lunch & Learns on various health topics throughout the year that are free to any authorized fitness center member.

Previous topics have included: type 2 diabetes, heart

was 27," Palmer said. "I come in to the gym almost every day after work and my diet is pretty healthy but still I was expecting it was going to be in the early 30s."

"If my test age was the same age as my actual age then that would have raised a flag. The fact that my body age is 12 years younger tells me that there might actually be a reason to keep getting to the gym."

According to Duerr, the Fitness Center works closely with Bay Medical Center to offer speakers, cholesterol screenings and flu shots in the Fitness Center during the year. The Fitness Center also hosts an annual health fair in the gym in January that over 40 businesses participate in.

For information on a variety of health topics, visit Bay Medical Center's website at www.baymedical.org and click on "your health information."

Gym membership is free to all active duty, military retirees and their dependents. Other on-base personnel may purchase an annual membership for \$94 for a family or \$56 for a single.

Other outdoor recreation opportunities are available on base at the Outdoor Recreation & Marina where base employees can rent a wide variety of sporting equipment. Rentals include: fishing, camping and snorkeling gear, water skis, bicycles, kayaks and canoes.

The NSA PC Outdoor Recreation & Marina's website address is: cssweb/mwr/outdoor.htm. Call 234-4402 for reservations and information. Contact the Fitness Center at 234-4370.

disease, stroke, and nutrition. The next Lunch and Learn is on Tuesday, July 18 from 11:30 to 12:30 at the Long Glass Conference Center and the topic is bladder health.

Last summer, the fitness center purchased a Polar BodyAge™ System that through a series of tests establishes a person's "body age," versus their real age.

A person's "body age" is determined by multiple factors including, cardiovascular fitness, strength, flexibility, body fat, genetics and lifestyle choices.

Fisheries Biologist for the National Marine Fisheries Service, Chris Palmer, took the test in the spring and found that his body age is younger than his actual age of 39.

"I was surprised that it

Establishing the meaning of justice

In our ongoing search for good character, and in keeping with the patriotism of July Fourth, I want to look at a word that is in our nation's founding documents.

In the preamble to the Constitution of the United States, the second stated purpose of the Constitution is to "establish justice." From the Jewish and Christian Scriptures in Psalm 106:3 it says, "Blessed are they who maintain justice, who constantly do what is right." The idea of justice has always been a desirable trait to develop, apparently. Whether it was three or 4,000 years ago when the Psalmist was writing or it was 225 years ago when the Constitution was penned, justice was highly favored.

In the first article on character, it was mentioned that a survey was conducted at the Naval Academy on necessary character traits for today's warriors. One of the traits that came out of that survey as a universally desirable trait was



Chaplain's Corner
Chaplain Ben Howard, Lt., USN Sea Shore Chapel

justice.

When we talk about justice though, it is one of those words that can be rather ambiguous. The *American Heritage Dictionary* actually carries two definitions, which while similar, are vastly different.

The first definition carries the idea that most of us hold

as fairness, such as equal protection under the law. It is being fair with how we treat others and give rewards. It carries judicial connotations, even seen in the fact that our Supreme Court has "Justices" vice "judges."

To boil this definition down, it is giving fair and equal treatment to all people through our actions and words. In our official duties, especially in working for the government, we are bound to this legally. When we violate the fairness or justice principle, then we get into Equal Employment Opportunity Commission legal action, possible UCMJ violations or other problems.

Even in a wartime situation, we expect troops in the combat zones to conduct themselves with justice; even to the extent that we try to treat civilians and even enemy combatants with fairness, though it may be a one-way street.

The other definition of justice in the dictionary, also pointed out in Psalm 106:3, is

justice is moral rightness in action and attitude. Psalm 103 ties doing what is right to justice, and that is what justice really boils down to.

Often we think of it as doing what is right within the framework of legality, but there is a difference between what is legal and what is right.

Too many times, we miss out on really practicing justice, because we focus on legal fairness instead of doing what is the morally right and good thing to do.

If we would ask ourselves more often, "Is this right?" instead of "Is this legal?" then we would practice justice far better than our "justice system" is capable of doing.

Ultimately, the way to justice is not to legislate it in laws, although that is necessary, but for each of us to practice what Scripture encourages by choosing the morally right path each time we are given a choice.

That is the true test of our character.

Orphanages need Donations

AE2 Todd Lease, deployed to the Horn of Africa, has asked the Chaplain's office for help in raising donated items for three orphanages in Djabouti.

"We have an incredible chance [for these kids] to put a lot of faith in us," said Lease.

If you have the following:

- baseball gear
- soccer basketballs
- tennis shoes for kids
- cloth diapers
- baby wipes, unscented
- baby bottles and blankets
- children's clothes
- twin and baby bed sheets
- baby toys
- school Supplies
- coloring books
- first aid items

Go to Chaplain's Office in building 304 South or call ext. 4487

NO MONEY CAN BE ACCEPTED FOR THIS PROJECT!!

Leave Donor Update

The following employees are approved

- | | |
|----------------------|---------------------|
| Steve Horton, R14 | Edna Morales, CPOM2 |
| Ron Oglesby, HA13 | John Buser, A15 |
| Sharon Bearden, NEDU | |

Chapel Hours

✠ Seashore Chapel invites all to a casual, relaxed atmosphere of blended worship which appeals to all ages and traditions.

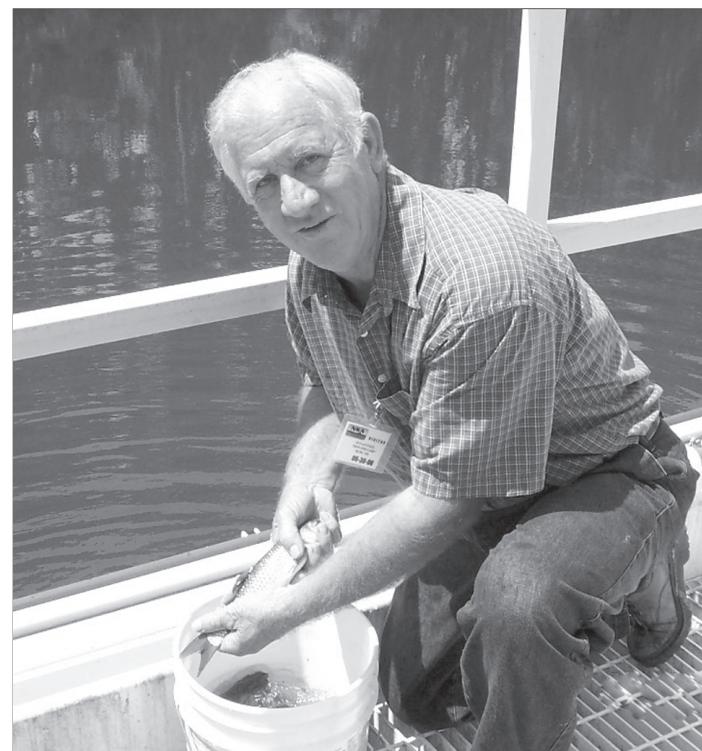
✠ Worship with us Sundays at 10 a.m.

✠ The Sea Shore Chapel is located in Building 304 with the Housing Welcome Center. For more info call Chaplain Howard at 234-4084.

Replenishing the grass eating carp

Julian Paul, from Paul Fish Farms, delivers about 50 carp to the Acoustic Test Facility Pond June 30. The carp, which will get up to 1 1/2 to 2 feet on average, provide a natural way to control weeds and aquatic vegetation without negatively affecting other fish. This batch of fish is replacing the carp that died off a few years ago, speculated to be from red tide.

Each carp must be sterilized before being introduced into the "wild" and they are individually placed into the water by net and hand. (Photo by Holly Santoli)



RELAY from page 1

“Smooth Operators” from Eastside, who raised \$10,700.

The Navy team was able to raise their money in a short amount of time with a small team compared to the teams they were competing against, some of which had hundreds of members, said Carpenter.

The Sailors, all from the Naval Experimental Dive Unit, who joined the team came aboard in March, said Carpenter, giving them under a month to raise the money, she said.

“The amount of money they raised over such a short time shows their dedication,” said Carpenter.

Possibly the most memorable part of the event, Carpenter went on to say, was when Ed

Benner, of NSWC PC, sang “Amazing Grace” while the crowd lit candles in honor of cancer survivors and to those who have not survived.

The Navy Team consisted of (civilian members): Cody, Thomas, Jeffrey and Betsy Willows, Leilani Sandle, Tim Reider, Angela Hawes, Carmelita Martin, Bobbi Wood, Team Captain Cathy Carpenter and military members; Miguel Lara, William Washburn, Kerry Duffy, Joshua Nudelman, Gary Latson, Marc Chase, Susan Davis, Laurel Robertson, Lee Jannssen, and Douglas Irish.

The American Cancer Society is the largest nonprofit, nongovernmental funder of cancer



Relay for Life Team Captain Cathy Carpenter (far right) stands with three of her teammates (from left) Cmdr. Gary Latson, SK1 Laurel Robertson, holding the award they received during the charitable event, and HM1 Lee Jannssen, June 23

research in the United States, with more than \$2.5 billion dollars invested in cancer research since 1946.

The American Can-

cer Society spends approx. \$130 million each year on cancer research.

Last year the society

helped 32,111 cancer patients in Florida through services, programs, referrals, and information.

Photo by MC3 Joseph Moon

BRIDGE

a partisan political candidate were indistinguishable from other types of political activity prohibited by the Hatch Act, such as wearing a political button while on duty or leafleting in a federal building.

The MSPB unanimously agreed with OSC, finding that the facts OSC alleged, if proven, could constitute a violation of the Hatch Act's prohibition against political activity on duty or in a federal building. These cases have been remanded to the judge for further adjudication.

Special Counsel commented that while new technologies like the Internet have brought many wonders to society, unfortu-

nately they often propagate the same old abuses. Government resources remain government resources, and federal employees may not use the government's time and office space to engage in political activities.

The OSC pledged “to vigorously prosecute anyone who engages in political activity in the workplace or on duty, and those using e-mail for this purpose should be especially aware that this decision subjects them to penalties, including removal from federal service.”

Participate in the political process, just don't go beyond the boundaries.

The U.S. Office of Special Counsel (OSC) is an

independent investigative and prosecutorial agency and operates as a secure channel for disclosures of whistleblower complaints. Its primary mission is to safeguard the merit system in federal employment by protecting federal employees and applicants from prohibited personnel practices, especially retaliation for whistleblowing. OSC also has jurisdiction over the Hatch Act and the Uniformed Services Employment and Reemployment Rights Act (USERRA). For more information please visit their web site at www.osc.gov or call 1 (800) 872-9855.

from page 2

July Length of Service Awards

Thank you for your Service

Name	Years Service
Columbus Smith	40
Randolph Brown	35
Nadine Iferd	35
Ann Naylor	30
Richard Nolan	25
Sharon Hicks	25
Ronald Traczyk	25
Joseph Langford	20
David Griffin	20
Cheryl Smith	20
Garrett Leavitt	20
James Bodkin	15
Spencer Harris	5
Daniel Georgiadis	5
Stephen Harrell	5
Saroj Bono	5

Congressional staff visit

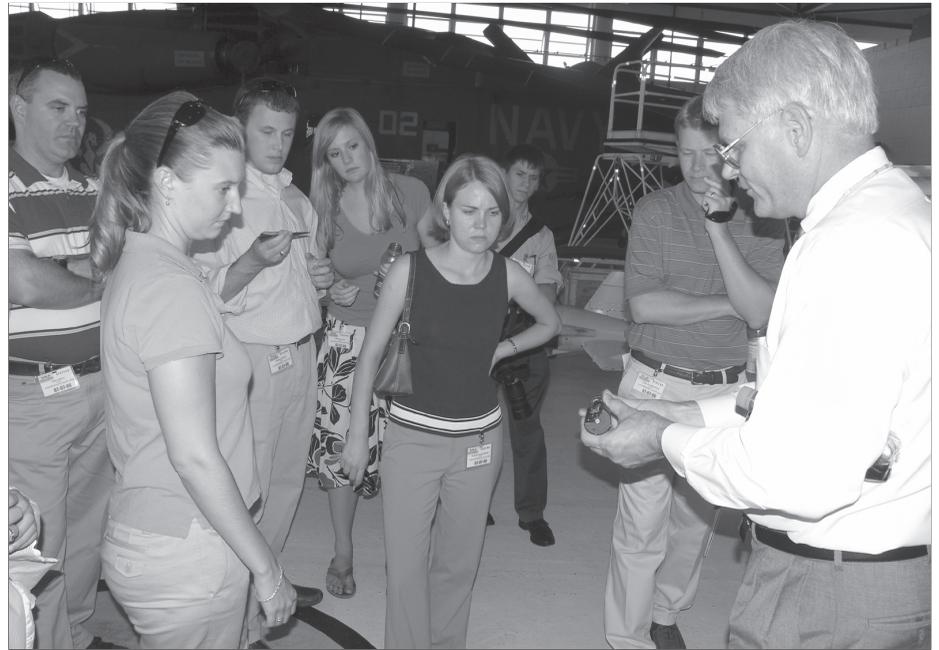


Photo by Steve Applegate

Bruce Dzadek, head of Detect & Engage Systems Branch (far right), NSWC PC, explains to congressional staff delegation members how the Mk258 Mod 1 projectile neutralizes a mine as part of the Rapid Airborne Mine Clearance System. The staffers visited NSA PC on July 7 as part of a Gulf Coast tour that included Naval Air Station Pensacola. Pictured from left are Greg Kelly, senior advisor, Representative Jim Saxon (R-NJ); Sarah Gelinias, staff assistant, House Armed Services Committee; Thomas Worthy, scheduler, Rep. Charlie Norwood (R-GA); Lindsay Austin, legislative assistant, Rep. Lynn Westmoreland (R-GA); Margee Meckstroth, staff assistant, HASC; Ryan McKeon, military legislative assistant, Rep. G.K. Butterfield; Pete Giambastiani, military legislative assistant, Rep. Jeff Miller, (R-FL).

**COCO-
NUT
CREEK**

**CLASSIFIED PROMO
311090
3 x 6**

**METRO/MIDAS
325274
3 x 5**



Cell Phone Usage Policy Q & A's

CNI is enforcing DOD policy to implement prohibition against using cellular phones and similar devices while operating motor vehicles on shore installations.

Q. Who does this policy affect?

A. This policy does not apply to fire & emergency services personnel,

emergency medical services personnel, or law enforcement/security personnel while engaged in the performance of regular duties. The policy does not prohibit the use of radios, phones, or headphones that are connected to official radio or vehicle mounted intercom systems in the emergency services vehicles of the aforementioned personnel. However, all emergency vehicle operators shall be aware of the potential for driver distractions, and should avoid use while driving as much as possible.

The intent of this change is to increase the attention to the importance of safe driving, which will result in a change in driving behavior.

CLASSIFIED PROMO
311084
6 x 11.5

CLASSIFIED PROMO
311085
6 x 11.5

Classified Ads

Laguna Beach townhouse, 3 bd, 3 ba, 1900 sq. ft., 120-A El Reposo, new in 2003, located ½ block from beach, garage, Gulf view. \$1350/mo w/1yr lease, No Smoking, No pets. 814-4700. (14)

King B-flat Cornet in good condition, brass finish with case. Good student instrument. Plays the same as a trumpet but is slightly shorter. \$125. Call x4394, 233-5313 or 814-7662. (14)

WEN 5500 Watt Generator, brand new. \$400 Call 248-3371 or 276-9479. (14)

Garage refrigerator. Works good, but not real pretty anymore. Has icemaker. First \$75 takes it. Call 230-8336 for more information. (14)

2005 Harley Davidson, 883 Sportster. Black with orange HD decal. Female owned. 3,388 miles. Runs great. Extra seat, helmet and extra hand grips are included. \$6K. **Large dog bed for free**. Has a small hole. Used for Great Dane. Come get it, it's yours. **Navy and Marine Corps uniforms (female)**. Different sizes (mostly 10-12's). Several covers, coats, jackets, etc. (no cami's). Low prices. If interested call 249-8092 (AWH) or (240) 298-0022, anytime. Call if interested 249-8092 (AWH) or (240) 298-0022, anytime. (14)

Large 4 bd/3 ba home for sale - across from base on corner lot in friendly Woodlawn. Drive by 108 Greenwood Dr., but house is much more beautiful inside, remodeled throughout. House sales are slow, so from \$389,000 price is now \$350,000 firm if you contact us instead of a realtor. 233-5313.

Waterview Condo for Rent. Overlooks Grand Lagoon. Located on Thomas Drive. 1 br/1 ba. Large balcony, pool & dock. Lease & deposit required. No pets, no smoking. Unfurnished. \$800/mth for 1 yr lease or \$875/mth for 6 1/2 month lease. Wat/Sew/Garb/Cable/Pest included. Call 271-2686 or email: bbradley@whoever.com.

96 Explorer, Eddie Bauer Ed, 4x4, 112,000 mi, 4.0L, auto, ac, ps, pw, power door locks, tilt wheel, cruise control, am/fm radio with amp, moon roof, alloy wheel. New \$1400 worth of front end work incl brakes, wheel bearings, etc and in good shape inside & out. \$5500 obo. 814-3862 or 784-8172 (14)

House for Rent: Palmetto Trace 2314 sq ft 3 bd/2 ba with separate dining room, study. Tile throughout except for carpeted bedrooms, study. Premium kitchen counter tops, master bath garden tub, 2 walk-in closets, vaulted ceilings in the great room, access to community pool/rec area and less than 1 mile from beach. Call 596-5767 or 233-9898. (14)

2005 Scottsdale Newmar RV 35' long with 3 slide-outs; 4,800 miles with 3 year bumper to bumper warranty; mint/brand new condition; 1 local owner; please call 767-5981

or 814-5385. (14)

Ford F250 1995 Extended Cab, auto everything, V8, bed liner, 107k miles, very clean, runs great. \$5,900 OBO. Call 785-9115

Black diamond BCD med retail \$695 sell for \$400. **Dacor extreme reg w/din valve OCT&GAGES** retail \$600 sell for \$375. **Apollo split fins** med retail \$180 Sell for \$100. Plus free mens lg 5mm wetsuit. You could buy as package for better price or individually. BCD and fins purchased 2005. Reg purchased 2003. If interested, call Bobby Cuesta @ 747-7468. (13)

Motorcycle for Sale: Must sell 2004 Yamaha V-Star, Classic 1100. 1,400 miles, garage kept, mint condition, color: red/silver, \$5,800 hard, well under blue book, Pat Lindner, day 234-4924. (13)

Twin size wooden loft bed with futon underneath and 3 drawer base. Will include the matching dresser and futon mattress. 1 year old in excellent condition. Paid \$1200. Asking \$600 Call Ken @ 258-4754 (13)

2001 Cobia 194CC (18' 6"), Yamaha 115 (70 Hrs), Aluminum Trailer, Color GPS/Fish finder, Custom aluminum T-Top and much more. NADA \$24,200 will let go for \$21,000. 303-1457 (12)

Bowflex Sport Home Gym - Like new except for layer of dust. Some attachments still in plastic wrap. Asking \$650. Normally \$850 on sale at Sears. 234-4392. (12)

Futon, full size, metal frame, wood rails, \$50. Weedeater, model no. XT200, 2-cycle, \$40. 890-2533. (12)

Trek 2006 Fuel 80 MTB, 21.5", full suspension, hydraulic brakes, low miles, like new, \$900. 890-2533. (12)

Grand Prix 1996, white 2-door, fast, automatic, power windows. Needs transmission work. \$999 Can be seen at Billy Hewett Tire & Auto Service, 517 Airport Rd. Call 763-3850 Do not call Hewett Auto. (12)

New home for sale. \$130,000. Construction just completed - ready to move in. Springfield-close to schools, shopping. 3 bd 2 ba, 1260 sq. ft. Call 624-9469. (12)

Home for sale: PCB, North Lagoon Estates - Single Family Beach Home 3 bd/2.5 ba, 2300 sq. ft. w/ boat slip & lift. 2 car garage, hardwood/ceramic flooring, solid surface counter tops, designer lighting, fans, other upgrades! In an upscale, 4 year old, one of a kind gated community on the Grand Lagoon w/ club house & pool. \$575,000. 276-7052. (12)

1971Chevelle SS. Blue w/white stripes. New: 320hp 350 Eldebrock engine, turbo 350 tranny, 12 bolt posi-trac rear-end 373 gears, brakes, radiator, trans cooler. \$22,500 Call 814-9028 or 265-1902 (12)

2 Cockatiels (one fancy) w/cage, food, & toys \$125 call 763-4777

'99 Ford F250 Diesel Super Duty Ext Cab

Early Independence Celebration



Photo by Maureen McClaine

Mia Hill, 7, jumps on the Bungee Trampoline during the annual MWR Independence Day Celebration at the NSA PC marina June 29. A variety of activities, including a 2-mile fun run, carnival rides and food booths were available for the crowd before the fireworks show lit up the bay.

\$16,900, **'98 Ford E350 Van** (work van) V-8 AT/XLT Pkg \$9,900, **'99 Polaris Sportsman 500** Four wheeler, AT/4WD \$4200 OBO, **'98 Haulmark enclosed trailer** 6X12 \$2200 OBO, **'94 Winnebago Vectra** 34ft Class A Diesel motorhome \$45,000 Call Bob 271-3665 (10)

North Lagoon Drive Condo for Sale Just 5 min from base! Nice 2 Bd 2 Ba 1200 sq ft, ceramic tile and carpet. Walk in closets. Wash/dry incl. Community Pool. 165k. 819-1315 (10)

JEEP Wheels and Tires Set of 5 custom wheels with Michelin LTX MS 30 X 9.50 tires. One tire is new, 4 have an estimated 13,000 miles left on them. \$350 for all. Brian 230-8779 (10)

Apartment for Rent: Nice 2 Bd, 1 ba apt. located 5 min. from NSA. Furnished with DW, Refrig. Washer & Dryer connections, CH&A. Water provided. \$625.00 per month plus deposit. For information call 234-5734

The Coastal Courier accepts free personal classified ads from personnel of Naval Support Activity Panama City, tenant commands, retired military personnel, personnel assigned to Tyndall Air Force Base units, and adult family members of those people. Articles offered for sale must be the personal property of the person placing the ad.

Ads for any commercial enterprise are not permitted. All items, services, etc., advertised shall be made available without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser. Classified ads are published on a space-available basis in three consecutive issues and are subject to approval by the editor. Send ads to joseph.moon@navy.mil or call MC3 Joseph Moon at (850) 234-4803 for details.