

HRO BULLETIN

A NAVY REGION SOUTHWEST HUMAN RESOURCES OFFICE PUBLICATION

HRO-0005

November 2010

FEDERAL EMPLOYEES' HEALTH BENEFITS (FEHB) OPEN SEASON

November 8 through December 13, 2010

During open season, any eligible employee who is not currently registered may enroll; and any eligible enrollee currently registered may change from one plan or option to another, from self only to self and family, or make any combination of these changes. It is important to review your coverage during this period and decide what coverage and premium best suits your needs for the upcoming year. This is the time of year when you can make changes to your benefits. After the Open Season, you may only make changes under a Qualifying Life Event (QLE), such as change of marital, dependent or job status. For more details regarding QLE, please visit: <http://www.opm.gov/insure/lifeevents/index.asp>

For additional information regarding your Federal Benefits, click on the link from the Civilian Benefits Information Center for more details:

<http://www.public.navy.mil/DONHR/BENEFITS/Pages/BenefitsOpenSeason.aspx>

You are also encouraged to visit the OPM website for Open Season information and all the Federal Benefit plans at link: <http://www.opm.gov/insure/index.aspx>. And review the 2011 Guide to Federal Benefits at link: <http://www.opm.gov/insure/health/planinfo/guides/index.asp>

For your convenience, Open Season Health Fairs have been scheduled at various locations for employees to review FEHB information, please see flyer on the following page for [Health Fair Dates and Locations](#).

Federal Employees Health Benefits Open Season November 8 through December 13, 2010

Health Fair locations:

Employees can attend any of the locations listed (Prior supervisor approval is required)
locations with * require special badge for base access

10/28/10	0900-1400	Health Fair @ SPAWAR Old Town * :	<u>Bldg OT2, Commons Area</u>	4301 Pacific Highway, San Diego, CA 92110
10/29/10	0900-1400	Health Fair @ SSC San Diego * :	<u>Training Room #1</u>	49330 Electron Drive, Bldg 88, San Diego, CA 92152
11/02/10	1000-1400	Health Fair @ NMC San Diego:	<u>Hospital Courtyard, bldg 2</u>	34520 Bob Wilson Drive, San Diego, CA 92134-2030
11/03/10	1100-1300	Health Fair @ NPS Monterey:	<u>Quarterdeck in Herrmann Hall</u>	1 University Circle, Monterey, CA 93493
11/03/10	1000-1400	Health Fair @ NB Point Mugu:	<u>Bldg 366, 1st floor</u>	311 Main Road, Point Mugu, CA 93042
11/04/10	1000-1400	Health Fair @ NB Port Hueneme:	<u>Bldg 1467, Dukes Place Ballroom</u>	1000 23rd Ave, Port Hueneme, CA 93043
11/08/10	1000-1400	Health Fair @ NAF El Centro:	<u>Bldg 4015</u>	1605 3rd Street, El Centro CA 92243
11/09/10	1000-1400	Health Fair @ Broadway Complex:	<u>1st floor, Common Area</u>	937 N Harbor Drive, bldg 1, San Diego, CA 92132
11/15/10	1000-1400	Health Fair @ NB San Diego:	<u>Bldg 2323, Bowling Alley</u>	2375 Recreation Way, San Diego, CA 92136
11/16/10	1000-1300	Health Fair @ NB Coronado:	<u>Bldg 9, CWR</u>	corner of Quentin Roosevelt & Murray St, San Diego, CA 92135
11/16/10	1100-1200	Health Fair @ NSWC Corona:	<u>Bldg 511 Auditorium</u>	2300 Fifth Street, Norco, CA 92860
11/17/10	1000-1400	Health Fair @ NH Camp Pendleton:	<u>Bldg H-100, Emerine Room</u>	Santa Margarita Road, Camp Pendleton, CA 92055

In addition to the health fairs, FEHB information can be found at <http://www.opm.gov/insure/index.aspx>

Note: Enrollment changes may ONLY be made through EBIS or Benefits Line:

“Hard copy” election forms received by the HRSC-SW will be returned to employees without processing

Employee Benefits Information System (EBIS) website: <https://www.civilianbenefits.hroc.navy.mil/ebis/login.aspx>

The Benefits Line: 1-888-320-2917