

2011 CFL

CERTIFICATION COURSE

Official five-day
Command Fitness
Leadership course
provides policy and
procedures for
Navy Physical
Readiness Programs.

Course Dates:

January 10 - 14 **PEARL HARBOR**

February 21 - 25 **PMRF KAUAI**

March 14 - 18 **PEARL HARBOR**

May 16 - 20 **PEARL HARBOR**

August 22 - 26 **PMRF KAUAI**

September 19 - 23 **PEARL HARBOR**

NOTE: *PMRF participants must
arrange TDY through their unit.
Contact Erick Greffrath
at (808) 335-4983.*

Register at
www.npc.navy.mil/CommandSupport/PhysicalReadiness/



For more information contact Mark McFarland at 473-1710 or e-mail mark.mcfarland@navy.mil