

## Paddling provides opportunity for military to embrace culture



Story and photos by  
Staff Sgt. Nathan Allen

15th Wing Public Affairs

The slender frame of Tim Awaya's canoe cleaves the water of Oahu's Lanikai Beach, ever watchful of his paddling partner struggling to keep up, like a young duckling laboring to keep pace with its mother. Like the intrepid people who first arrived by canoe in Hawaii, the spirit of the salty water runs in their veins.

Awaya has lived in Hawaii his entire life. His apprentice, Master Sgt. Jeff B. Allen, a strategic plans technician with the Pacific Air Forces Public Affairs Office at Joint Base Pearl Harbor Hickam, Hawaii has only called Oahu home for two years. Allen hopes, however, that his love of paddling will make him as much of a local as anyone.

Both these men are participants in the popular local pastime of "paddling," a popular Hawaiian activity in which paddlers brave the Pacific Ocean in outrigger canoes ranging in size from one to six passengers.

"I've been on the island for nearly two years now, but nothing I've done so far has come close to making me feel the way paddling does," Allen said.

Awaya has not always been a paddler. When he began the hobby, he did not have any friends in paddling - a big disadvantage to anyone interested in learning.

"When I started paddling, it seemed like it was an exclusive club," he said. "People who knew how to paddle didn't want to teach new people how because they didn't want any competition."

At first, Awaya struggled to keep up with other paddlers. Many challenged him to races and baited him into trying his hardest, only to leave him behind due to his inferior technique.

"I was working twice as hard as anyone out there," Awaya said. "People would zoom out ahead of me, let me catch up, and then take off again when they knew I was exhausted. No one wanted to pass on their knowledge."

Awaya did not allow this setback to let him give up. He began to train harder. He explained that after a while, he began to feel the unique rhythms the ocean induces before a canoe catches a wave and unexplainable elements of paddling began to unfold before his eyes. Before long, he said, bumps in the ocean that would cause him to flip no longer did. Additionally, the dis-

tance he could travel before feeling fatigued grew exponentially.

As fate would have it, Awaya ran into the same gentlemen who took advantage of his inexperience again much later. This time, however, he was able to turn the tables when he casually challenged them to a race.

"Once we said go, I just took off," he said. "I think they started slow because they couldn't figure out how this same guy they embarrassed earlier was smoking them - especially after I let them catch up before taking off again."

Awaya's paddling mentorship of Allen began in a manner altogether different from what he experienced once he began to sense Allen's interest in the sport.

"Paddling is a great sport, and it shouldn't be limited to where you're from or how long you've done it," he said. "The Hawaiian spirit of aloha means that we accept anyone who shows interest in the culture."

He began teaching Allen simple things like where to hold the paddle between strokes and how to lean on the canoe before going into a wave. Many things, Allen said, can only be learned through experience.

"It's such a visceral experience," Allen said of his time learning how to "feel" the sport.

How to anticipate when a wave will break or how to shift body weight to avoid flipping the canoe are all things Allen has intuitively learned, but not yet mastered.

"That's the really addictive part - knowing that you're getting better," Allen said.

Allen said he has learned much during his time in the water, but he still has at least one thing to figure out. He will be eligible to retire in two years - a date that coincides with the ending of his tenure in Oahu. While he said he isn't sure what his future holds geographically, he knows that wherever he ends up, he'll bring his canoe along.

"I'm from Pennsylvania originally, so obviously the Pacific doesn't stretch quite that far but there are lakes nearby," Allen said. "Some of the dynamics might be different than in the ocean, but I'll figure that out. I'm so physically and emotionally invested in this that I'd use it in a bathtub if I had to."

With willing mentors such as Awaya on the island, paddling can be an exciting, accessible hobby to Hawaii visitors. For military members, the easiest way to get involved in paddling is to seek out canoe clubs. Prospective paddlers should expect to invest some cash should their interest in the

sport evolve past experimentation.

Allen said that canoes can range in price anywhere from \$750 to \$5,000. Additional accessories can add on anywhere from \$200 to \$500. He explained that the one-man outrigger canoes he and Awaya use to paddle likely wouldn't be available for rent at the base's outdoor recreation facility; however, those seeking to try out the sport might find something similar there.

"The biggest thing is to just go out and do it," Allen said. "For someone like me who works hard and can't stop thinking about things even when not at work, paddling is so physically and mentally engaging that I can't think of anything else while I'm doing it. Having that singular focus takes away a lot of stress, and I get a good workout at the same time."

To Awaya, the presence of the military in Oahu will always bring a new influx of prospective paddlers - a circumstance that should be met with excitement instead of rejection.

"A big part of why I do what I do is to spread the spirit of aloha beyond the Hawaiian Islands," he said. "The ocean's too big to keep new paddlers away - if the ocean will accept them, why shouldn't I?"



# Military families learn more about resiliency

Story and photo by  
Brister Thomas

Contributing Writer

Family resiliency is a new buzzword around military families. While America's military is fully operational in a wartime status, many families are experiencing longer and more frequent away times from their spouses.

Military commands are taking a deeper look into what they can provide for families.

SEAL (sea, air, land) Delivery Vehicle Team-One (SDVT-1) took time to reach out to their ohana and, with the assistance of numerous family support programs, they coordinated efforts for a family resource day held Feb. 18 at their Pearl City compound.

"We have combined efforts with Family Resiliency Enterprise and put together a complete day of resources, fun and entertainment for the whole family," said Annette Keanu, family support coordinator for Naval Special Warfare Group Three Hawaii (NSWG-3).

"This opportunity to be a part of this environment is a great honor. We face the reality of the serious danger our husbands enter on a daily basis. It is refreshing to be surrounded by those that understand and support our patriotic efforts," said Tammy Nichols, president of the family readiness group (FRG).

The educational portion of the day featured three speakers highlighting elements of support and health. Spouses were invited to hear Marshelle Carter Waddell, the wife of a retired U.S. Navy SEAL, who spoke about the emotional and spiritual battlegrounds facing today's military spouses.

Dan John, fitness expert, discussed the long-term health benefits of putting fitness first.



SEAL Delivery Team One hosted a family resiliency day on Feb. 18, sponsored by Naval Special Warfare Group Three, Pearl City Peninsula. The event featured a number of resource organizations, children's activities and entertainment such as . (Above) Keni Thomas and the Cornbread entertaining the troops at the SEAL Delivery Team One family resiliency day. (Below) Keni Thomas signs autographs after his on-stage entertainment for the troops.(Below) Keni Thomas signs autographs after his on stage entertainment for the troops.



Dr. John Anegawa of Tripler Hospital emphasized the benefits of a good night's rest by describing recent sleep strategies studies conducted by Stanford University. According to the studies, participants with enough sleep could cut almost a full second from swim and/or run time. Families were also invited to learn more about available resources. Representatives attended from the American Red Cross, Operation Home Front, Armed Services Young Men's Christian Association (ASYMCA), Morale, Welfare and

Recreation (MWR) Youth Programs, Family Support Services Pearl Harbor, Navy-Marine Corps Relief Society and a Work Family Life consultant.

Navy Diver 1st Class (ND1) Carlos Marin brought his family to learn more about what the Navy can offer them while he is away. "I am gone most of the year and my wife has a hard job back here taking care of the family. While I know nothing replaces having dad at home, it helps all of us to know that there are so many people who care about our family," Marin said.

Activities for the children included pony rides, a bounce house, the mobile gamers bus and a Cinderella carriage for photographs.

"It is always fun to come to my daddy's work. I

miss him when he is gone and being here makes me feel better," said Morgan Muse.

Medal of Honor recipient Michael Thornton spoke to the 150 plus crowd. "Your job is the most difficult job in the United States of America. You defend our country in some of the most dangerous situations ever presented. Today I challenge you to two things," he said. First, recognize when your fellow Sailor is in need. Remember that to get him help is to be his friend. Second, let us take care of you. When you are out in the field, your mind needs to be out in the field, he said. If you are having struggles at home, then let someone know. As you have seen today, there are numerous resources back here for us

to take care of your families while you are gone. Focus on your job. Let us take care of your family," he added.

Thornton ended his presentation by signing autographs and taking photographs.

"It was so amazing to meet a Medal of Honor winner. It reminds me of why I do what I do every day. We defend our country so our families will have better lives," said ND1 Vinnie Cunningham.

As the sun went down, professional entertainers performed on the American-flag-draped stage, including San Joaquin Valley comedian Johnny Sanchez.

The evening ended with families dancing to the sounds of the World Series opening act, Keni Thomas and the Cornbread.

## 17th annual Swamp Romp Marine Corps Base Hawaii

U.S. Marine Corps photo by Lance Cpl. Tyler Main

Swamp Romp competitors shower off after trudging through five miles of mud and obstacles Feb. 26.

U.S. Marine Corps photo by Lance Cpl. Tyler Main

Hundreds of participants waded through waist-deep ponds of mud and grime at the 17th annual Swamp Romp at Marine Corps Base Hawaii, Kaneohe. The race is hosted by MCB Hawaii's Combat Logistics Battalion. This year's race had more than 2,700 racers — the most ever to compete in the Swamp Romp.

# Second-half surge propels NSAH to victory

Story and photos by  
Randy Dela Cruz

Sports Editor

It may have taken a full half for co-leader National Security Agency Hawaii (NSAH) to dominate divisional bottom dweller Naval Submarine Training Center Pacific (Nasty Pac), but in the end the 7-1 NSAH did what they were expected to do by cruising past the 1-7 Nasty Pac, 46-31, in an Ashore Intramural Basketball League matchup at Bloch Arena, Joint Base Pearl Harbor-Hickam on Feb. 23.

Although Nasty Pac was able to hang with one of the top teams in the league in the early stages of the game, NSAH broke out of the gates and unleashed a torrid run-and-gun attack in the second half to streak past its opponent.

In the first half, Nasty Pac center Electronics Technician 1st Class Jeremy Brown's strong inside play, coupled with some cold shooting from NSAH, helped the submariners take an early lead.

However, as the clock wound down toward halftime, NSAH shooters, especially guard Army Chief Warrant Officer 2 Manny Romero, started to warm up and managed to take a 19-12 lead into the break.

"Most of us are coming out of work, so we're kind of tired," explained Romero about the team's cold start. "After we warm up, we're good to go."

Romero and his teammates immediately proved the point by coming out of halftime on fire.

The team triggered its fast-break attack by



Ashore Intramural Basketball League standings as of Feb. 23

	W	L
1. NSAH	9	1
2. 3-Peat	9	1
3. Shooters	7	3
4. NIOC Hawaii #2	5	5
5. NIOC Hawaii #1	4	6
6. FFRP Bad Boyz	4	6
7. Nasty Pac	1	9
8. Hell Raisers	1	9

Civilian Chris Ridley of National Security Agency Hawaii (NSAH) blocks a shot from Naval Submarine Training Center Pacific (Nasty Pac) post-player Senior Chief Intelligence Specialist Joe Cantwell during an Ashore Intramural Basketball League matchup at Bloch Arena, Joint Base Pearl Harbor-Hickam on Feb. 23. League co-leader NSAH defeated Nasty Pac, 46-31, to improve its record to 8-1.

court for easy baskets.

Back-to-back breakaway hoops by Romero gave NSAH their first double-digit lead at 23-12.

After Nasty Pac answered with a basket of their own, NSAH went on a 12-point run that extended their lead to 21 points at 35-14 with 11:54 left in the game. The team's last six points during the streak came off the hot hand of Army Sgt. 1st Class Jason Shade, who connected on back-to-back long shots from beyond the 3-point arch.

"We just decided to step it up a little bit," said Romero about the team's run. "Every game we have, in the first half, we just try to feel the game out. Then in the second half, we come out stronger."

Nasty Pac point guard Fire Control Technician 1st Class Casey Pegram

said a change of defensive strategy might have caused his team to lose control.

"I think we should have played man the whole game," said Pegram, who scored 10 second half points. "When we went into a 2-3, they (NSAH) have three or four good shooters. We were kind of like standing and there wasn't much motion on defense."

While Pegram admitted that fatigue might have been a factor in Nasty Pac's struggles on defense, he didn't believe that it was the cause of the team's poor outside shooting.

"It was just one of those days," he lamented. "Things happen, I guess. Shots don't fall."

For NSAH, the win is just another step towards their collision with co-leader 3-Peat, which fell for the first time in three years when NSAH defeated the two-time defending champs to close out the first half of the season.

Although Romero acknowledged that the intensity would be higher in the playoffs, he believes that NSAH will stop 3-Peat (formerly Naval Station Pearl Harbor) from making it three years in a row.

"We've been playing together for a long time, so we know each other," Romero said. "I think we're the frontrunners. We should win it all if we play together."

(Left) National Security Agency Hawaii Army Chief Warrant Officer 2 Manny Romero lays up two of his game-high 21 points in a win over Naval Submarine Training Center Pacific (Nasty Pac).



# All-Navy team prepares to defend bowling title

Story and photo by  
Randy Dela Cruz

Sports Editor

One week after the Air Force selected its 2011 All-Hickam bowling squad, the defending All-Military bowling champion All-Navy team assembled its latest crew of six men and four women during a three-day tryout Feb. 22-24 at Naval Station Bowling Center, Joint Base Pearl Harbor-Hickam.

This year's Navy roll-off saw a total of 18 men vie for six open spots, while five women competitors threw down to earn one of four available positions.

While the final tally brought together a collection of new and familiar faces, team members believe that this year's edition should have a solid shot at capturing its second consecutive All-Military bowling title.

The 14th Annual Hawaii All-Military Bowling Tournament will be held from April 5-8 at bowling centers on Hickam, Marine Corps Base Hawaii-Kaneohe, Schofield Barracks and Pearl Harbor.

"I'm looking forward to keeping our trophy," said Logistics Specialist 2nd Class Michael Peters, who won the men's singles title at last year's All-Military event and placed fourth in the men's tryouts last week with an average of 204. "I think we got a real strong team, so we're really going to have a good chance." Joining Peters on this year's Hawaii All-Navy team are returnees Yeoman 3rd Class Erik Day, who placed second at the tryouts with a 208 average; Lt. John Doyle (200) and Cryptologic Technician (Collection) 2nd Class Daniel Theisen (200), and newcomers Cryptologic Technician (Technical) 1st Class Shea Benitez (206) and Chief Electronics



Logistics Specialist 2nd Class Michael Peters is back to lead the Hawaii All-Navy bowling team into the upcoming 14th Annual Hawaii All-Military Bowling Tournament, which will be held at four military base bowling centers April 5-8. Peters, who won the men's singles title at last year's All-Military tourney, joined five other men and four women on this year's Navy team after tryouts were held Feb. 22-24 at Naval Station Bowling Center.

Technician Josh Phillips, who led the men's tryouts with an average of 216.

Returnee Chief Cryptologic Technician (Maintenance) (SW) Dayle Simonson averaged 150 pins throughout the tryout

and headed a women's team that included third-year member spouse Melissa Armes (148) and new arrivals spouse Christy Theisen (146) and Cryptologic Technician (Collection) 1st Class

Adrienne Mims (135).

Simonson, who is a former member of the All-Navy National Bowling team, said that she was impressed by the competition of this year's tryout.

Although Simonson

noted that the women have a lot of work to do in the coming weeks leading up to the all-military, she believes that the men's team is as strong as ever.

"The guys were incredible," Simonson stated. "The

competition was fierce among the gentlemen. The girls? We need more practice and we're going to get that in."

Benitez has been bowling for nearly 15 years, but only recently picked up the sport after six-year break.

He agreed with Simonson about the strong competition posed by the men and added that keeping focused may have been the key to making the team.

"It was pretty tough," he admitted. "You just got to go out there and do your game. I started out strong and remembered that it's a new game every game. Some people bowl bad and then they think about it all day. You can't do that."

One surprising casualty of the tough competition was last year's team captain Senior Chief Culinary Specialist Derrick Pelekai Jr., who was gunning for his 10th straight spot on the All-Navy team.

Hampered by an aching left wrist, Pelekai fell four pins off the pace and finished the tryout in eighth place with a 196 average.

"Competition was tough this year and my wrist couldn't hold up," Pelekai said. "I've been bowling for 30 years and every year my wrist has given me issues. I tried to tone down bowling and recuperate, but it wasn't enough this year. Like everything else, it comes to an end, but it doesn't mean there's no next year."

Still Pelekai said that he would be there to cheer on the team and like Peters, he believes that the title will stay in Pearl Harbor.

"Air Force is pretty strong, from what I've heard, so we're going to have to work hard to retain the title here," Pelekai said. "If we can maintain good team camaraderie and never give up, it could happen again. In fact, to me, this year's team is a little bit stronger than last year."

# Security Forces surprise Civil Engineer Squadron

Story and photos by Randy Dela Cruz

Sports Editor

Hoping to put its first-round troubles in the past, the 647th Security Forces Squadron (647 SFS) took another step in the right direction by trouncing the 647th Civil Engineer Squadron (647 CES), 60-37, in a Hickam Intramural Basketball League game at Hickam Fitness Center gym, Joint Base Pearl Harbor-Hickam on March 1.

The 647 SFS ended the first round in the league's Tuesday-Thursday Division in last place with a record of 1-7, while the 647 CES finished the first half of the season in a three-way tie for first with a record of 6-2.

Playing as if the standings were reversed, the 647 SFS, led by point guard Senior Airman Ronald Mosley, got out of the gates quickly and aggressively attacked the 647 CES's 2-3-zone defense to build a 27-16 advantage at halftime.

In guiding the 647 SFS to its lead, Mosley, who scored 13 of his game-high 19 points in the first half, said that it helped to know what he needed to do once he got out on the floor.

"Most of the time in a 2-3 zone, the middle of the floor is open," he said. "So basically, our game plan was give the ball to the big men at the foul line and then move around the baseline to see if we could get something moving to the basket. I'm the point guard, so I need to get it to the open body and that's exactly what I did. It just turned out that I was going to be the one scoring," he said.

In the early minutes of the second half, the 647 SFS continued its spirited play and was able to maintain its double-digit edge until, with about 10 minutes left to play, the 647 CES was able to whittle the lead down to nine points twice on free throws by Staff Sgt. Edwin Arocho.

However, the 647 SFS counted each time to score baskets and keep the tide from shifting to its opponent.

Arocho, who was the leading scorer for the 647 CES with a dozen points, said the 647 SFS's ability to answer every come back attempt was like a dagger in his team's heart.

"We increase the intensity at both ends, then all of a sudden,



647th Civil Engineer Squadron (647 CES) post-player Staff Sgt. Edwin Arocho aims a jump shot against 647th Security Forces Squadron (647 SFS). Arocho scored 12 points in a losing cause versus the 647 SFS.



Senior Airman Ronald Mosley of 647th Security Forces Squadron (647 SFS) takes the ball to the rack for two of his game-high 19 points against 647th Civil Engineer Squadron (647 CES) in a Hickam Intramural Basketball League game at Hickam Fitness Center gym, Joint Base Pearl Harbor-Hickam on March 1.

they make a shot or get a foul," Arocho said. "We play good defense for two, three minutes and they still make a 3-pointer. It's kind of demoralizing."

Following a basket by Mosley to up the lead back to 11 at 40-29, the 647 SFS then connected on three more baskets in a row to put the game away with a 17-point lead at 46-29 with only 6:37 remaining in the game.

The last two baskets of the run came on the strong inside moves of 647 SFS forward Tech. Sgt. Mark Moore, who scored all of his seven points in the second half.

Then with 1:50 left on the clock, Senior Airman Damien Antoine, who scored 16 points, put an exclamation point on the team's victory by connecting on two free throws to give the 647 SFS its first 20-point lead at 56-35.

"We didn't really switch things around," said Mosley about the team's surprising 23-point win over the front-running 647 CES. "We just did what the coach was telling us to do from the get-go. We boxed out, played defense and then just really played hard with passion and tried to keep our composure in the later minutes."

Reggie Brunner, a retired master sergeant, and head coach of the 647 SFS, said that the team's improved play might be a result of having less players.

"When we had too many players, we tried to let everybody play," Brunner said. "Now that the members have been cut down, it makes the rotation shorter and every-

body's more responsible, so we play better."

Brunner also added that with the return of a few key players, he expects that the team will be even better in the coming weeks.

"We're still missing about three starters," Brunner pointed out. "We should be in the middle of the pack. We'll see how it goes this time."

Meanwhile, Mosley said that with the team running on all cylinders, it's time for some payback.

"We're here to play hard and we're going to take you for all you got," Mosley warned other teams in the division. "We're here to avenge all our losses that we got at the beginning of the season."

**STORY IDEAS?**

Contact the Ho'okele editor for guidelines and story/photo submission requirements

Phone: (808) 473-2888

or email: editor@hookelenews.com

**HO'OKELE**

*Grand prize savings bond winner is 'A-OK'*

The Navy Pearl Harbor Exchange (NEX) has announced a grand prize A-OK winner. Christal N. Whitt, pictured with her parents, recently won a \$3,000 savings bond from the A-OK program. Christal's father, Michael Whitt, is a Navy commander at U.S. Pacific Command. Jasper Green, NEX self service department manager, presented the check to Christal and her parents. Upcoming events at NEX include a Mac Knives demo March 5-6 and a KitchenAid demo March 18-20.

Photo courtesy of Navy Pearl Harbor Exchange

**Did you know that...**

Remembering Navy-Marine Corps Relief Society (NMCRS) in your will (or living trust) is one of the easiest and best ways to ensure that the society's crucial work will continue for generations to come?

Including the society as a beneficiary of your will can be as simple as adding an amendment (or codicil) to your existing document. NMCRS can provide sample bequest wording and a codicil form. Please contact the society and let them know how they can be of assistance.

For more information, contact NMCRS at www.nmcrcs.org.

**MCBH job fair will be held March 18**

Marine Corps Community Services (MCCS) in partnership with the Joint Employment Management System (JEMS) will be hosting the annual MCBH Job Fair March 18, from 9 a.m. to 12:30 p.m. in the Kahuna's Sports Bar and Grill Community Ballroom. The event is free and open to military service members of all ranks, including those transitioning out of the military, and their family members who are seeking employment while stationed on Oahu. In addition, job seekers in the local community (legal U.S. citizens, ages 18 and over) are invited to attend between the hours of 11 a.m. and 12:30 p.m.

**Kuntz Gate closure planned**

The Kuntz Gate to Joint Base Pearl Harbor-Hickam will be closed for maintenance from 5 a.m. on March 13 until 5 a.m. the following day. Commercial vehicles should use the right-hand service lane of the O'Malley Gate during this period.

**GOT SPORTS**

Phone: (808)473-2888

editor@hookelenews.com

Contact the Ho'okele editor for guidelines and story/photo submission requirements.

PEARL HARBOR-HICKAM **Maniawa Nanea** LEISURE

**Morale Welfare & Recreation**

**HICKAM SKATE HANGAR LOCK-IN**  
Bring your boards, skates and helmets for a full night of activities from 10 p.m. tonight to 8 a.m. Saturday. Games, prizes and food will be available at the skateboard hangar. The cost is \$25 per person. Register at the skateboard hangar pro shop to sign up. FMI: 448-4422.

**LINK UP 2 GOLF FOR JUNIORS**  
The Link Up 2 Golf program for juniors will be held starting at 8 a.m. Saturday at the Mamala Bay Golf Course. The cost is \$60 per person. FMI: 449-2300.

**HALL & OATES CONCERT**  
This single service member-only event will be held March 5. Depart Liberty Express at 5:30 p.m., Airmen Center at 6 p.m., Instant Liberty at 6:15 p.m., and Beeman Center at 6:30 p.m. The cost is to be determined. FMI: 473-2583.

**DIAMOND HEAD HIKE**  
Join other Airmen and Sailors for a free hike up Diamond Head on Saturday. The event is for single service members only. Depart Beeman Center at 9 a.m., Instant Liberty at 9:15 a.m., and Airmen Center at 9:30 a.m. FMI: 473-2583.

**KAYAK CHINAMAN'S HAT AND BARBEQUE**  
This moderately strenuous trip offers a variety of activities from 9 a.m. to 4 p.m. Saturday. Paddle out, then kayak onto shore, for swimming, snorkeling and exploring. The cost is \$25 per person. FMI: 473-1198

**SOCCER LEAGUE**  
The intramural soccer league is now open for registration to commands from Joint Base Pearl Harbor-Hickam. Active duty members who do not belong to a command team can be put into a players' pool. FMI: 473-2494.

**HAWAIIAN QUILTED PILLOW CLASS**  
A weekly Hawaiian quilting class will be held on Tuesdays March 8 to 29, at the Hickam Arts & Crafts Center. A morning class will be held from 9 to 11 a.m. and the evening class will be held from 7 to 9 p.m. Learn basic folding, cutting, basting, needle-turn appliqué and hand-quilting techniques. The class is for ages 14 and older. The cost is \$30 plus cost of supplies. FMI: 448-9907.

For more information on events, visit [www.greatlifeohawaii.com](http://www.greatlifeohawaii.com) or [www.hickamservices.com/](http://www.hickamservices.com/)

**Community Calendar**

**March**

**4-6** ~ The Discovering Your Future in Aviation Conference will be held at the Pacific Aviation Museum Pearl Harbor on Ford Island. March 4 is student conference day. Scout appreciation day is on March 5, and March 6 is family day. The event is open to the public. FMI: 441-1008 or [tours@pacificaviationmuseum.org](mailto:tours@pacificaviationmuseum.org).

**12-20 or April 9-17** ~ Volunteer to host an exchange student for one week as they donate their time to help the Hawaii Greenheart Environmental Program. Exchange students from all over the world, including Belgium, Brazil, China, Germany and Norway, are coming to Hawaii after living on the mainland as exchange students. FMI: Barbara Bancel at 421-3554 or [ihc@priority.net](mailto:ihc@priority.net).

**14-18** ~ Pearl Harbor will host the 2011 Command Fitness Leadership Certification Course. This is the official five-day Command Fitness Leadership course, which provides policy and procedures for Navy physical readiness programs. Register at [www.npc.navy.mil/CommandSupport/PhysicalReadiness/](http://www.npc.navy.mil/CommandSupport/PhysicalReadiness/). FMI: Mark McFarland at 473-1710 or [mark.mcfarland@navy.mil](mailto:mark.mcfarland@navy.mil).

**24** ~ The Partners in Care class will be offered at 11:30 a.m. at the Hickam Family Health Clinic for Hickam Prime patients. Participants in the class will be taught proper over-the-counter medicine administration. They will be able to then request up to four over-the-counter medicines from the Hickam Pharmacy per week. Classes are usually scheduled the fourth Thursday of the month. To register for the class, call Hickam Central Appointments at 448-6000.

**At a glance**

~ Traffic inbound to Nimitz Gate will be affected by lane closures from now to March 18 from 7 a.m. to 3:30 p.m. One inbound lane will be closed at a time, and two lanes will remain available. Outbound lanes will not be affected. Approach the work area with caution and obey warning signs and traffic guides.

**Movie Showtimes**



**Gulliver's Travels (PG)**

Lemuel Gulliver is a mailroom clerk at a New York newspaper. After Gulliver bluffs his way into an assignment writing about the secrets of the Bermuda Triangle, he is hurtled to an undiscovered land, Lilliput. In this fantastical new world, Gulliver is a bigger-than-life figure in size and ego, especially after he starts telling tall tales, taking credit for his world's greatest inventions, and placing himself at the center of its most historic events. Gulliver's position is enhanced even further when he leads his new friends in a daring battle against their long-time enemies. But when Gulliver loses it all and puts the Lilliputians in peril, he must find a way to undo the damage.

**SHARKEY MOVIE THEATER**

**TODAY**  
7:00 PM The Green Hornet (PG-13)

**SATURDAY**  
2:30 PM Despicable Me (PG)  
4:45 PM The Dilemma (PG-13)  
7:15 PM The Green Hornet (PG-13)

**SUNDAY**  
2:30 PM Despicable Me (PG)  
4:45 PM The Dilemma (PG-13)  
7:00 PM No Strings Attached (R)

**HICKAM MEMORIAL THEATER**

**TODAY**  
6:00 PM The Green Hornet (PG-13)  
8:30 PM The Rite (PG-13)

**SATURDAY**  
4:00 PM Tangled (PG)  
7:00 PM The Green Hornet (PG-13)

**SUNDAY**  
2:00 PM Gulliver's Travels (PG)



# Intelligence Squadron storms over Weather Squadron

Story and photos by Randy Dela Cruz

Sports Editor

The 324th Intelligence Squadron (324 IS) tightened up their 2-3 defense in the second half to break past and defeat the 17th Operational Weather Squadron (17 OWS), 49-31, in a Hickam Intramural Basketball League game at Hickam Fitness Center gym, Joint Base Pearl Harbor-Hickam on Feb. 28.

The 324 IS saw their 10-point lead cut to five midway in the second half, but fought back to outscore the 17 OWS, 8-2, in the next five minutes to rebuild their advantage back up to double digits at 38-27 and seal the game.

"We had fresh players coming in and give a new look," said 324 IS guard Airman 1st Class Tyler Cerney, who popped in 11 points off the bench. "And we played hard defense. That's what it's all about."

In the first half, the 324 IS filled the net from outside to take a 24-16 lead into the break. The team got four long-range jumpers from beyond the 3-point semicircle with one coming from Cerney and two from the hot hand of forward Airman 1st Class Joseph Schaub in building its eight-point lead.

"We were just rotating the ball and finding the open look. It's just as simple as that," said Cerney about the team's hot shooting from the perimeter.

However, in the second half, the 17 OWS opened up with a 3-point splash down from Airman 1st Class Tony Oakley to cut the lead down to five.



Although the 324 IS immediately answered Oakley's shot and took their first double-digit lead at 30-20 on a basket by center Airman 1st Class Lonnie George at the 13:30 mark, the 17 OWS kept in the game by sinking five straight free throws to narrow the margin back down to five.

Following the mini-run by the 17 OWS, the 324 IS, aided by its tough defense, slowly swung back to reassert itself.

A basket by Senior Airman Tavis Warren and two free throws by

Schaub extended the 324's lead back to nine.

Then Cerney got the team's lead to 11 after he rebounded a missed shot by George and banked in a short put-back shot with only 6:50 remaining in the game.

Oakley, who led all 17 OWS scorers with 10 points, said that fatigue and a lack of team cohesion seemed to keep the 17 OWS from completing its comeback.

"One major factor was that we're running with only six players out there and they had 12 players, so conditioning was a big factor," Oakley said. "We don't practice. We're a family when we're out there at work, but we don't have that second effort out of work."

Sensing the kill, the 324 IS started to push the ball up court and down into the paint to find George, where the team's big man scored seven points in the second half. George finished the game with 10 points.

Although Oakley was disappointed with his team's defeat, the 17 OWS guard said that he believes that the team can still come back to finish out the season with a strong effort.

If the team works together and comes to play every night, Oakley said that the 17 OWS could pull out a few surprises.

"Communication is the big one," he said. "We don't call out picks, cutters, things of that nature. There's always a chance of getting better. Basically, we need to talk to each other, work on turnovers and team effort."

Meanwhile, Cerney said that while the 324 IS continues to be one of the contenders in the league's Monday-Wednesday Division, he feels that the team has yet to put forth its best game.

"We obviously have some things to work on," Cerney acknowledged. "We need to keep working hard, take care of the ball and keep fit, so that we can compete when the playoffs come. We still have JIOC (Pacific Command/Joint Intelligence Operation Center) ahead of us, but other than that, I think we have a pretty good team."



(Left) Senior Airman Jonathan Lezama of 324th Intelligence Squadron (324 IS) gets his shot rejected by 17th Operational Weather Squadron (17 OWS) center Senior Airman Christopher Smith during a Hickam Intramural Basketball League game at Hickam Fitness Center gym, Joint Base Pearl Harbor-Hickam on Feb. 28.

(Above) Post-player Airman 1st Class Lonnie George of 324 IS shoots a jumper inside the lane for two of his 10 points against the 17th OWS.

**STORY IDEAS?**

Contact the Ho'okele editor for guidelines and story/photo submission requirements

**Phone:**  
**(808) 473-2888**

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**HO'OKOLE**

# Cat rescue group seeks foster, adoption homes for felines

Don Robbins

Assistant Editor

Barbara Heiller, a retired Air Force lieutenant colonel, said that as a longtime dedicated cat lover, she decided two years ago to form the 10 Lives military-only cat rescue group, dealing with abandoned felines within the Joint Base Pearl Harbor-Hickam communities.

Heiller said she wants to continue spreading the word throughout the joint base about the cats and the organization in an ongoing effort to find new foster and adoption homes for the animals.

Heiller, president and founder of the organization, explained that her effort began on the former Hickam Air Force Base in the summer of 2009, and the group has also concentrated its efforts on Pearl Harbor and the Makalapa and Catlin Park Navy housing areas.

"All of our cats are abandoned pets and their offspring, and all are rescued from military property. We have adopted out over 70 cats since summer and fall 2009 when we got organized and we currently have over 30 cats in foster care," Heiller stated.

In addition, Heiller, who no longer lives on base, said she also receives weekly



U.S. Navy photo by Brister Thomas  
Sue Beaudet, a resident of Joint Base Pearl Harbor-Hickam holds Warrior, one of the cats being rescued by the 10-Lives group.

reports of new abandoned adult cats in the housing areas.

January turned out to be a good adoption month for 10 Lives, according to Heiller. Although it wasn't high volume, several of the cats went to great homes, she noted.

Three of the cats that were featured were adopt-

ed, she said. "It is always rewarding when some of our long-term fosters and older cats/kittens get adopted, and extra rewarding when bonded siblings get to stay together," she said.

Heiller said it's great that the group has taken so many cats off the street, and that they have a new start in life, but yet sad that

there are so many cats out there.

"To me, the saddest part is that they are all abandoned pets or the offspring of unaltered abandoned pets," Heiller emphasized. She urged military families to be responsible pet owners, and advocated for the spaying and neutering of pets, keeping them inside,

and zero tolerance for pet abandonment.

On that note, she emphasized that the group does have several new adult cats that could really use foster homes. "We also have some duos that we want to adopt together. And we do have some new kittens that are ready or will be ready in the next

week or so," Heiller stated. "We are always in need of foster care for cats of all ages. Fostering is a great way to try out a cat or get your 'cat fix' without the responsibilities of pet ownership. Also, if you know of any homeless cats or kittens that need rescuing, please let us know," Heiller stated in a recent housing group newsletter.

Sue Beaudet, joint base resident, said she is an animal lover who has fostered mostly special-needs kittens as part of 10 Lives rescue efforts. Beaudet said she hopes to someday become an adopter. "If people are looking to adopt, they should check us out," Beaudet said of the 10 Lives group. She's the wife of Air Force Capt. Michael Beaudet.

Heiller urged those interested in the group and its efforts to check out its Facebook page for more information and to see all the cats. The cats include adults and kittens, long-haired or shorthaired varieties, tabby, and even some less common Flamepoint Siamese mixes. According to Heiller, it is a public page, so you do not need to be a Facebook member to view. Go to [www.facebook.com/pages/Hickams-Ten-Lives194107928442](http://www.facebook.com/pages/Hickams-Ten-Lives194107928442)

**WHO SAID IT?**

"A creative man is motivated by the desire to achieve, not by the desire to beat others."

*Last Week's*  
**WHO SAID IT?**

"Strength does not come from physical capacity. It comes from an indomitable will."

-Mahatma Gandhi

**This Week's Trivia**

What 19-year-old pilot wrote the famous poem High Flight: "Oh, I have slipped the surly bonds of Earth ... Put out my hand, and touched the face of God."

**Last Issue's Question:**  
What does the naval term "boatswain" (pronounced "bosun") mean?

**Answer:**  
The boatswain in today's Navy refers to the keeper of the boat. They are responsible for every area of a ship except engineering.

**STORY IDEAS?**

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Phone: (808) 473-2888

Email: [editor@hookelenews.com](mailto:editor@hookelenews.com)

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