

Volunteers support National Public Lands Day at Halealoha Haleamau

Story and photos by
Jazzmin Williams

Contributing Writer

More than 40 volunteers, including Airmen, federal employees and children from a local community youth program joined together to support National Public Lands Day (NPLD) at Joint Base Pearl Harbor-Hickam (JBPHH) by cleaning and planting at the Halealoha Haleamau Burial Platform on Oct. 1.

"The Air Force and Navy leadership have an appreciation for native Hawaiian culture and support this event," said David Sullivan, deputy regional environmental coordinator for JBPHH.

NPLD is the nation's largest single-day volunteer event, according to the group's website. The first NPLD was held in 1994 with three sites and 700 volunteers. Last year, 170,000 volunteers worked at sites in every state.

Halealoha Haleamau is a native Hawaiian burial platform located on the South side of JBPHH. It is a place to keep and honor native Hawaiian remains that have been found on the base during construction. It's also where native Hawaiians can come to pay homage to those that came before them, and is central to the Makahiki ceremony held annually.

"We chose this location because we have the Makahiki coming up," said Jeff Pantaleo, Naval Facilities Engineering Command (NAVFAC) Hawaii at JBPHH archaeologist. "It shows that we are all making the effort to show respect."

After a short blessing and

explanation of how tasks could be divvied up, everyone got down to work. Weed whackers were used to trim the *naupaka* hedge surrounding the platform, while others used hand-held shears to clip everything neatly. Children weeded and bustled back and forth with wheelbarrows, clearing out the refuse.

Many of the volunteers were children from the group Kick Start Karate, a nonprofit organization that uses martial arts and community service to provide valuable lessons to youth in Hawaii. "We like to participate in community service to teach them to give back to the community," said Deandra Ilac, who participated with her husband and three children enrolled in the KSK program. "I think we all learned a lot."

Along with helping with landscaping, volunteers were also afforded a lesson on the reason for the platform, along with the rich Hawaiian history right on the base, which many didn't previously know. Pantaleo had a variety of artifacts discovered on base that were passed around and inspected with wonder.

"One thing I have always

done is Hawaiian studies programs," Pantaleo said. "To actually feel and see it... they get a better appreciation (of the history of JBPHH)."

After all of the clearing out was done, participants planted ti leaf plants into a neat border of the platform. Adults and children alike chipped in during the process.

"(I volunteered) just to get out and do something," Patrick Lindor, Tech. Sgt. for Headquarters PACAF, said. "And pick up a little background; I never knew about the remains."

With more than enough helpers, the job was finished quickly. Halealoha Haleamau is ready for Makahiki. The annual JBPHH Makahiki Festival will be held Oct. 22, 9 a.m. - 1 p.m., at Hickam Harbor Beach.

"The military is kind of isolated out here," Pantaleo said. "This brings the (local and military) community together."

For more information about Makahiki, Hawaiian studies or JBPHH, or the next preservation effort, call Pantaleo at 471-0640. He can also be reached by email at jeff.pantaleo@navy.mil.



Former USS Breese Sailor laid to rest at Pearl Harbor

Story and photos by MC2 Robert Stirrup,

Commander, Navy Region Hawaii Public Affairs

A memorial service for a Pearl Harbor Survivor was held on Oct. 4, at the USS Utah Memorial on historic Ford Island.

Engineman 1st Class Beverly Jack Jenkins joined his fellow shipmates as his wife of 63 years, Rita, and other family members scattered his ashes into Pearl Harbor.

The ceremony included a short religious service and a three-volley rifle salute provided by the Navy Region Hawaii ceremonial guard. A U.S. Navy bugler was also on hand to sound "Taps," and a Sailor presented an American flag to Jenkins' wife.

Jenkins was born on June 11, 1920 in Colusa, Calif. and later joined the Navy at the age of 19.

Jenkins wrote about his experience during the attack on Pearl Harbor. On Dec. 7, 1941 Jenkins was serving aboard the light minelayer USS Breese (DM-18). Breese was moored alongside four other ships near the Pearl City Peninsula.

When the attack started, the ship's crew went immediately to their battle stations. Jenkins had been on deck waiting to take the ship's captain to shore on a boat.

While waiting, he and the other Sailors aboard the ship heard loud noises and thought it was coming from a civilian construction site nearby on the shore. The ship then sounded the general quarters alarm and at first the crew thought it was all a joke.

A short time later the captain came down with a pistol, and they realized it wasn't a joke. Jenkins went down to the engineroom and reported in and then was told to unshackle the ship from the buoy. He saw



planes flying overhead with a red circle on them and knew it was trouble.

The ship was ordered to get underway and Jenkins remained behind. He and others went from ship to ship helping where need-

ed. For the next seven days, Jenkins spent time aboard USS Medusa taking inspection parties to damaged ships until Breese came back to Pearl Harbor.

About a week after the attack

Jenkins was able to write a letter to his mother and tell her he was OK.

After his tour in Pearl Harbor the Navy sent him to diesel engineering school in Cleveland. There he met his wife, Rita.

Jenkins served a total of 21 years before retiring from the Navy.

The family and friends of Jenkins, and personnel assigned to Joint Base Pearl Harbor-Hickam attended the service.

WHO'OKELE Online PEARL HARBOR - HICKAM NEWS <http://www.hookelenews.com/> or visit <https://www.cnmc.navy.mil/Hawaii/index.htm>



HIANG crowned kings of volleyball for 2011

Story and photos by
Randy Dela Cruz

Sports Editor

The Hawaii Air National Guard (HIANG) got a scare during its semifinal match against the 647th Security Forces Squadron (647 SFS), but received no such fright from the 647th Logistics Readiness Squadron (647 LRS) in the championship showdown, as the HIANG completed its undefeated season by sweeping the LRS in straight sets, 25-16 and 25-17, to capture the 2011 Intramural Volleyball League crown at Hickam Fitness Center gym, Joint Base Pearl Harbor-Hickam on Sept. 30.

The title matchup pitted the final two unbeaten teams in the league, with the LRS topping the Monday Division with a 9-0 regular-season record and the HIANG holding on to the Friday Division championship with a 10-0 mark.

During the playoffs, the LRS easily dispatched the 96th Air Refueling Squadron in the first round, before needing three sets to beat the 324th Intelligence Squadron Tigers in the semifinals.

The HIANG also got off to a fast start in the playoffs by cruising past the 613th Air and Space Operation Center Aces in straight sets, but struggled against the 647 SFS in its semifinal – needing three sets to beat the cops.

Against Security Forces, the HIANG lost its first set of the season and had to fight off the SFS by scores of 25-17, 20-25 and 15-13 in order to face the LRS.

After the tough semifinal, HIANG captain Tech. Sgt. Stephen Lorenzo admitted that the strong challenge from Security Forces might have helped his team step up in the title confrontation. “Security Forces were actually capitalizing on our weaknesses, so we just had to pull it together,” Lorenzo said. “It was a gut check



(Above) Tech. Sgt. Stephen Lorenzo, team captain of the Hawaii Air National Guard (HIANG) volleyball team, tries to slam a shot past the arms of Department of Defense civilian Jimmie Toloumu of the 647th Logistics Readiness Squadron (647 LRS) volleyball squad during the Intramural Volleyball League championship game at Hickam Fitness Center gym, Joint Base Pearl Harbor-Hickam on Sept. 30.

(Right) The team and a few family members of the intramural championship Hawaii Air National Guard (HIANG) volleyball team sit with their trophies after winning the base title with a straight-set victory over the 647th Logistics Readiness Squadron.

and it made us play hard.” In the first set of the championship final, both teams traded points and were even at 10-10 until the HIANG slowly pulled away by winning nine out of the next 10 points.

The HIANG's first big run came off the service of



Staff Sgt. AlanMichael Warner, who started a five-point streak on a side-out and later added an ace to give his team a 19-11 advantage.

The teams traded points from that point on, until Tech. Sgt. Ronald Sagui followed a side-out with a ser-

vice ace to complete the first-set win for the HIANG. The HIANG seemed to use the momentum from its first-set win to immediately take control of the second set.

Using solid ball control and a tough defense, the HIANG built up an 11-5

lead over the LRS and never relinquished its upper hand, as Lorenzo put down shot after shot to keep his team in the lead.

In the second set, Lorenzo came up with four rallying side-outs, while adding two more kills that included the game winner.

“Anybody who plays at this championship level, you want to be the one with the ball,” said Lorenzo about his clutch kills. “If not, then you don't really belong in the championship game.”

Although the HIANG's hitting percentage was down in sets two and three against Security Forces, Lorenzo said that he and his teammates were able to turn things around by keeping the ball alive and focusing on a few players to deliver the big shots.

The strategy not only prevented the LRS from carrying out any long runs, but it also helped the HIANG keep the pressure on its opponent.

“We stuck with the ones that were hitting the best,” Lorenzo stated. “If anything, I told them to keep our serves in, get in our defensive position and keep the ball in play. Do let make it easy for them to win by letting our team self-destruct.”

Logistics Specialist 2nd Class Ervin Toliver, hitter for the LRS, said that while the team gave a good effort, it was one of those games that just got away.

Toliver, who said that he has been chasing the intramural volleyball title for three years, noted that even in defeat, he and his teammates have a lot to be proud of this past season.

“We played good, but it wasn't our best,” Toliver said. “I've been trying to win this, so to finally get here and win second, it was fun.”

As for the HIANG, the team has now won 10 straight volleyball intramural titles and is looking for more.

Lorenzo pointed out that should the legacy continue, he can't think of a better group of guys to do it with than his teammates on the HIANG.

“This is very sweet,” Lorenzo said. “It's a good reflection on the HIANG – putting all of our hard work together. I'm very grateful for my team. They are awesome. They all work hard.”

Military honored at USO Hawaii gala tribute

USO Hawaii

The USO Hawaii held its annual gala tribute, a benefit honoring active duty military members from all service branches, on Sept. 24.

The event took place at the Pearl Harbor Visitor Center, WWII Valor in the Pacific National Monument. The gala served as an elegant event that brought together local military leadership, corporate and business sponsors, community supporters of USO Hawaii, media, Hawaii state dignitaries and USO Pacific leaders and volunteers.

There were close to 400 guests at the USO Gala Tribute event.

Guests consisted of flag officers, other military leaders, corporate sponsors, USO partners



Adm. Patrick Walsh of Pacific Fleet Command and Andy Kaye Walsh, USO gala keynote speaker attend the USO Hawaii Gala Tribute Sept. 24. Photo courtesy of USO Hawaii

in the community, as well as USO Hawaii Advisory Council members and its volunteers. Andy Kaye Walsh served as keynote speaker.

The outdoor under-the-stars event, at the Aloha Visitor Center on Pearl Harbor grounds included the Punahou ROTC saber honor guard, and a performance by the Liberty Belles, a group that comprises former Ms. Hawaii title winners.

The event included a silent auction during which guests bid on items ranging from vacation getaways, airline and concert tickets, golf packages, hotel and dining experiences, arts, crafts, jewelry and fine wine. A unique facet of the event featured four original, beaded and embellished gowns by David's Bridal as part of the silent auction.

Models wearing the gowns mingled with guests, escorted by military personnel in dress uniform.

A smooth-jazz band performed under Chris Vandercook and Group, with guest soloist and first prize “JustJazz” winner, Susan Walsh Eubank, doing nostalgic tunes of the 1940s and 1950s.

Hundreds of guests participated in tours of the museum galleries, featuring two exhibits, “Road to War” and “Attack,” and a viewing of short historic films at the Pearl Harbor Memorial Theatre followed by a tour of the USS Arizona Memorial.

For more information about USO Hawaii, email Eva Laird Smith, USO Hawaii director, at elsmith@uso.org or call 422-1213.

Joint Base Pearl Harbor-Hickam hosts Hispanic Heritage fiesta

MCSN Dustin W. Sisco

Navy Public Affairs Support
Element West Det. Hawaii

Service members, their families and friends attended a Hispanic Heritage Month fiesta at Ward Field on Joint Base Pearl Harbor-Hickam (JBPHH) Sept. 30.

The event was held to celebrate Hispanic Heritage Month by raising awareness of Hispanic heritage and culture to the diverse military community.

“We have been a part of America for many years,” said Yeoman 2nd Class Adelaida Sojo, a coordinator for the event. “We just wanted to have a laid-back, traditional and educational celebration to inform the whole military community.”

The fiesta included food donated by area vendors, dance lessons and live performances by the U.S. Air Force Band of the Pacific.

“To celebrate this month, we



wanted to do it with a Hispanic fiesta,” said Air Force Master Sgt. Joanne Vega, a coordinator for the event. “We wanted to do

it with free food, free music and just a festive atmosphere for the whole military community.”



U.S. Navy photo by MCSN Dustin W. Sisco

The U.S. Air Force Band of the Pacific performs at the Joint Base Pearl Harbor-Hickam (JBPHH) Hispanic Heritage Month fiesta celebration at Ward Field on JBPHH. The fiesta was put together for free, with food, music and entertainment donations from local communities.

(Left) The Hispanic Heritage Month fiesta at Ward Field Sept. 30 included dance lessons.

U.S. Navy photo by Don Robbins

Capt. Martha P. Villalobos, a dentist for Naval Health Clinic Hawaii, spoke about the importance of recognizing Hispanic heritage.

“The most important message in this theme is that we are united,” said Villalobos. “Although our pride and our

cultures span countries and continents, we must remember our obligation to be patriotic and contribute proudly to the American Dream that has become our own.”

National Hispanic Heritage Month is observed every year Sept. 15 through Oct. 15.

Air Mobility Squadron sneaks past Force Support Squadron

Story and photo by Randy Dela Cruz

Sports Editor

A bad snap that turned into a safety with only 38 seconds remaining in the game sent the 647th Force Support Squadron (647 FSS) tumbling to its first defeat of the season in a 21-20 loss to the 735th Air Mobility Squadron (735 AMS) in a Hickam Intramural Flag Football League Blue Division game at Ward Field, Joint Base Pearl Harbor-Hickam on Oct. 3.

The setback was the first for the 647 FSS, which has started the season with four straight wins – including a 21-0 triumph over the 735 AMS on Sept. 21.

Meanwhile, the 735 AMS was only seconds away from suffering its fifth loss in a row until the misguided hike turned the team's fortunes around.

"We have such a diverse team, and early on in the season we didn't have a chance to practice as much as we could have," said 735 quarterback Chief Master Sgt. Michael Stephens. "But now we're starting to jell. We're getting a little bit better each week."

In leading up to the surprising climax, both teams displayed efficient offenses, while trading touchdowns throughout the game.

On the opening series, the 647 FSS, despite being assessed with two penalties, topped off a 62-yard drive on four plays with an over-the-top pass from quarterback Staff Sgt. Jason Price to Airman John Ribbins that covered 42 yards and a score.

The converted extra point gave the 647 FSS an early 7-0 lead.

Stephens, who did not start at QB in the first meeting versus the 647,



Chief Master Sgt. Michael Stephens, quarterback of the 735th Air Mobility Squadron (735 AMS) flag football team, stretches out to deliver a bomb during the team's rematch against the 647th Force Support Squadron (647 FSS) in a Hickam Intramural Flag Football League Blue Division game at Ward Field, Joint Base Pearl Harbor-Hickam on Oct. 3. Stephens rushed for one touchdown and passed for two more in helping the 735 AMS come back to beat the 647 FSS by a single point.

answered the call immediately and needed just eight plays to travel 62 yards and a matching touchdown.

The big play on the drive came on a long 48-yard toss from Stephens to Staff Sgt. Shawn Corral that put the ball on the 647's eight-yard line.

Then on the very next play, Stephens took the ball into the end zone on sweep to left side of the field. The

added point after touchdown (PAT) evened the score at 7-7.

Back on the field, Price went to work and led another steady nine-play, 62-yard drive to pay dirt.

The final play came on a first and goal at the 17 after Price rushed for four yards to pick up a crucial first on a fourth-and-short situation.

Once again, Price con-

nected with Ribbins for the duo's second hookup for a score, which gave the 647 FSS a 14-7 lead following the PAT.

Like the last time, the 647's seven-point lead didn't stand up very long, as Stephens directed a quick drive for a touchdown with time winding down before the half.

A pass from the 735 QB to Corral gained five yards

on the first play, then following an option to Army Spc. Maurice Boykin that gained 15 yards to the 647's 32, Stephens connected on a bomb to Senior Airman Marcus Marshall for touchdown with only 14 seconds remaining until intermission.

Although Boykin appeared to have caught the pass from Stephens in the back of the end zone for

the tying point after, referees ruled that he was out of bounds.

After the break, Stephens helped the 735 gain its first lead of the night, when he finished off a three-play, 62-yard drive with a scoring pass to Boykin for a 19-14 advantage.

However, Price led the 647 right back to the top in orchestrating an 11-play scoring drive that culminated with a short five-yard pass into the arms of Master Sgt. Juan Valles for a TD.

With time running out, the 647 appeared to have dodged a bullet, when the 735's drive for a go-ahead touchdown stalled at the Force Support Squadron's one-yard line.

Instead of running out the clock for the win, a bad snap from center on the first play from scrimmage skidded off the end zone's grass before Price could get a grip on it - giving the 735 a two-point safety and the victory.

"I thought the game was won, but when I saw that ball hit the ground I knew that we were up by one, so that two points did it," said Ribbins about the disappointing loss. "It's rough. We had so many chances to stop them on their last drive. We stop them and think it's finally over. Then, to lose it like that, it's crushing."

Stephens said that while it seemed like it all came down to one play, he credited his teammates' effort throughout the game for the win.

"We knew that we were going to be able to move the ball," Stephens stated. "We got skilled players and probably could have scored more, but we're still practicing and coming together. We used teamwork to get it done."

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UFC FIGHTS

UFC 136 in high definition can be seen from 2 to 5 p.m. Oct. 8 at Tradewinds Enlisted Club and J.R. Rockers. The main event is Edgar vs. Maynard. The event is free for club members and \$10 for nonmembers. FMI: 448-2271, ext. 227.

DISCOVERERS' DAY ALL-NIGHTER

A Discoverers' Day all-nighter will be held from 9 p.m. to 2 a.m. Oct. 9-10 at Tradewinds Enlisted Club and J.R. Rockers. The event is free for members and \$10 cover for nonmembers. The club will be closed Oct. 10 in observance of Discoverers' Day. FMI: 448-2271.

NEWCOMERS LUNCHEON AND BUS TOUR

A free newcomers luncheon will be held from 11 a.m. to 12:30 p.m. Oct. 11 at Tradewinds Enlisted Club and J.R. Rockers. The newcomers luncheon is held monthly and is open to all personnel on PCS orders including family members during the first three months of arrival. A base bus tour for newcomers will also be held from 12:30 to 1:30 p.m. FMI: www.greatlifehawaii.com

SUPER GARAGE SALE

A super garage sale will be held from 8 a.m. to noon Oct. 15 at Richardson Field. FMI: 449-3354 or visit www.greatlifehawaii.com

CHINATOWN WALKING TOUR

A Chinatown walking tour will be held from 8:45 a.m. to 1:30 p.m. Oct. 15. Cost is \$25 for adults, \$20 for children ages 3 to 11. Price includes round-trip shuttle from ITT-Hickam, guided tour and dim sum lunch. This walking tour provides the opportunity to visit historical buildings, open markets, Chinese-style bakeries and noodle factories, Chinese herb and acupuncture therapy clinics and other sites. FMI: www.greatlifehawaii.com or call 448-2295.

MOLD POURING

Students will learn the process of making a low-fire ceramic piece from liquid clay using a plaster mold in a class offered in two-week sessions starting from 4 to 7 p.m. Oct. 18 and 20 at the Arts and Crafts Center. The class is for those ages 18 and up. Cost is \$25 per session plus the cost of supplies. Cleaning the "green ware" painting and glazing your piece will also be taught in this class. Firing the piece will follow and the completed product will be ready for pick up in approximately one week. FMI: www.greatlifehawaii.com.

For more information on events, visit www.greatlifehawaii.com.

Community Calendar

October

11 ~ The Armed Forces Communications and Electronics Association (AFCEA) Hawaii buffet luncheon will be held at 11 a.m. Oct. 11 at the Fort Shafter Hale Ikena Club. The speaker is Rear Adm. Katherine L. Gregory, commander of Naval Facilities Engineering Command Pacific (NAVFAC Pacific). The topic is NAVFAC Pacific overview and project updates. FMI: www.afceahawaii.org or call Ken at 441-8524.

12 to 14 ~ The Federal Fire Department will host activities during Fire Prevention Week from 10 a.m. to 1 p.m. Oct. 12 at Pearl Harbor Navy Exchange; 4 to 7 p.m. Oct. 13 at Schofield Barracks Kalakaua Community Center; and 4 to 7 p.m. Oct. 14 at Kaneohe Marine Corps Base Mokapu Mall. FMI: Fire Inspector Angela Sanders at 471-3303, ext. 617 or angela.sanders1@navy.mil. Visit the website at www.firepreventionweek.org.

13 ~ In recognition of Energy Awareness Month, the Navy Region Hawaii energy team is hosting an energy awareness fair and training from 10 a.m. to 2 p.m. Oct. 13 at the Ford Island Conference Center, Building 87. The fair is open to all personnel. FMI: 471-0440.

14 ~ The Navy Enlisted Birthday Ball will be held Oct. 14 at the Hilton Hawaiian Village. Tickets are available for purchase by contacting Adrienne.allen@navy.mil or gary.jefferson1@navy.mil. Ticket prices are \$35 for E-4 and below, \$45 for E-5, \$55 for E-6, and \$60 for E-7 and above. FMI: 473-4191.

15 ~ A Hispanic heritage dance and concert fundraiser with a portion of ticket sales to benefit the Latin Business Hawaii Keiki to Kollege Scholarship Fund will take place starting at 5 p.m. Oct. 15 at Aloha Tower Marketplace. FMI: Alex at 384-8583 or showprohawaii.com

18 ~ A wahine (women's) forum will be held Oct. 18 at the Hawaii Convention Center. The focus is on practical skill-building and networking to advance leadership potential, career and business success. For following spouses and active/retired military, the event is an opportunity to make contacts in the business community and a military discount is available. The full-day forum is presented by the Queen's Health Systems. FMI: http://wahine.hawaiiibusiness.com

22 ~ The Joint Spouses' Conference will be held this year at Joint Base Pearl Harbor-Hickam. This year's keynote speaker is award winning journalist Kimberly Dozier, correspondent for the Associated Press and survivor of a 2006 car bomb attack. FMI: director@jschawaii.com or visit Facebook page "Joint Spouses' Conference Hawaii 2011."

Movie Showtimes



The Smurfs (PG)

When the evil wizard Gargamel chases the Smurfs out of their village, they're forced through a portal, out of their world and into ours, landing in the middle of New York's Central Park. Just three apples high and stuck in the Big Apple, the Smurfs must find a way to get back to their village before Gargamel tracks them down.

SHARKEY MOVIE THEATER

Sharkey Theater will be closed Oct. 4-21 due to an air conditioning unit replacement. The theater will reopen to serve you on Oct. 22.

HICKAM MEMORIAL THEATER

TODAY
6:00 PM The Smurfs (PG)
8:30 PM Fright Night (R)

SATURDAY
4:00 PM Spy Kids: All the Time in the World (PG)
7:00 PM The Smurfs (PG)

SUNDAY
2:00 PM The Smurfs (PG)



Pacific Fleet Heat too much for Pac Nasty

Story and photo by Randy Dela Cruz

Sports Editor

Slotback Intelligence Specialist 3rd Class William Roy scored two touchdowns in the first half and one in the second to lead the Commander United States Pacific Fleet (COMPACFLT) Heat to a 26-18 victory over Pac Nasty in its Ashore Flag Football League debut at Ward Field, Joint Base Pearl Harbor-Hickam on Oct. 4.

Roy scored on passes of 15 and eight yards from quarterback Operations Specialist 2nd Class Solomon Pulu to complete the Heat's first two drives of the game, then finished off his hat trick on a six-yard scamper for six near the ending of the game.

"We were just looking for the open man," said Roy about his scoring explosion. "At practice, we ran certain routes, such as, sending one man deep and one man short. I was fortunate enough to have the flexibility to jump from one point to another. All and all, it was a good first effort. We were able to open up the middle, which allowed me to run the short routes."

On the first drive of the game, the Heat, despite starting off with three consecutive penalties, was able to march the ball downfield on 11 plays via a variety of short passes and runs by Pulu.

After having a touchdown called back due to a flag guarding infraction, Pulu went back to the air and found Roy in the right side of the end zone for six points.

Pac Nasty, a team that is mostly comprised of personnel from Naval Submarine Training Center Pacific, entered the matchup with a record of 0-2, but played well enough to give the Heat a run for its money.

In the team's first drive, Pac Nasty quarterback Fire Control Technician 1st Class Matt DeKlaver misfired on his first two passes, but on third down and five, connected with Yeoman 2nd Class Jeremy



Commander United States Pacific Fleet (COMPACFLT) Heat wide receiver Marine Cpl. J.R. Martin keeps his eyes on the ball as he goes up to get a pass during the team's Ashore Flag Football League game against Pac Nasty at Ward Field, Joint Base Pearl Harbor-Hickam on Oct. 4.

Jurgensen, who made the catch at the 25 then turned it upfield for a 65-yard game-tying touchdown.

With the game even at 6-6, Pulu mounted another drive and kept the chains moving by completing one clutch pass on fourth down and a bomb to wide receiver Marine Cpl. J.R. Martin that placed the ball on the Pac Nasty eight.

The long toss was followed by a short pass to Roy, who made the catch and raced into the middle of the end zone to give the Heat a 12-6 advantage.

Pac Nasty tried to answer the Heat with a touchdown of its own on its next series, but the team fell nine yards short of the end zone and was forced to turn the ball over on downs.

The team's inability to push it

across the goal line came back to haunt it, as Pulu, with time running down, needed only one down, before launching a strike to Martin for a 52-yard scoring play.

The team converted its point after touchdown (PAT) to give it a 19-6 lead going into intermission.

While Pac Nasty was down at halftime, the team kept in the game by storming out of the break with a 62-yard scoring drive on only three plays.

The big play in the drive came on a third-down pass from DeKlaver to Fire Control Technician 1st Class Casey Pegram, who made the catch near midfield then beat the Heat's defense to the end zone.

Although the Heat's offense stalled on its next drive, Pulu got the ball back for his team, when he stepped in front of a DeKlaver pass and returned it to the Pac Nasty 35.

Five plays later, Pulu pitched the ball back to Roy, who ran it into the end zone for six. A converted PAT extended the Heat's lead to 26-12.

Later, with just under a minute remaining in the game, DeKlaver hooked up with Chief Sonar Technician (Submarine) William Mcdade on a short pass for a touchdown.

Jurgensen, who made several catches for long gains to go with his touchdown, said that although Pac Nasty failed to come up with its first win, he believes that the team will achieve it soon.

"It's a bunch of new guys that have never really played together," he stated. "We're trying to work things out and find what works best. At our next practice, we'll learn some more plays and get better."

Meanwhile, Roy said that despite a few penalties and mistakes, the Heat is right where it should be.

"More so it was just inexperience, but we'll be able to clean that up," said Roy about the team's miscues. "We have a lot of strong individuals, but in the end, it's going to be teamwork that takes us there."

Pearl Harbor historic sites salute U.S. Navy with free admission, Oct. 8-16

The Pearl Harbor historic sites are partnering this year to commemorate the official "birthdays" of each branch of the United States Armed Forces with free admission specials.

From Oct. 8 to 16, the historic sites will celebrate the U.S. Navy's birthday (Oct. 13) by offering free admission to active-duty, reserve and retired Navy personnel and their dependents. Qualified visitors must present a valid military I.D. upon entering the sites of their choice, including the USS Bowfin Submarine Museum and Park, Battleship Missouri Memorial, and Pacific Aviation Museum Pearl Harbor. The USS Arizona Memorial and USS Oklahoma Memorial do not charge general admission.

The U.S. Navy traces its origins to the continental Navy, established by the Continental Congress on Oct. 13, 1775. In 1972, Chief of Naval Operations Adm. Elmo R. Zumwalt authorized recognition of Oct. 13 as the Navy's birthday.

Later this year, the historic sites will celebrate 2011's remaining service branch birthdays: Marine Corps birthday (Nov. 10) from Nov. 5 to 13; and the National Guard's birthday (Dec. 13) from Dec. 10 to 18.

For information on the World War II Valor in the Pacific National Monument (USS Arizona, USS Oklahoma and USS Utah Memorials) call 422-3300 or visit www.nps.gov/valr. For the USS Bowfin Submarine Museum and Park call 423-1341 or visit www.bowfin.org. For Battleship Missouri Memorial, call 1-877-MIGHTYMO (1-877-644-4896) or visit www.usmissouri.org. For Pacific Aviation Museum Pearl Harbor, call 441-1000 or visit www.PacificAviationMuseum.org.

Commissaries adjust hours for Oct. 10 holiday

Pearl Harbor Commissary will adjust its store hours for the Columbus Day/Discoverer's Day holiday Oct. 10.

On Oct. 10, the Pearl Harbor commissary will open at 9 a.m. and close at 5 p.m. It will reopen for normal business on Oct. 11, from 9 a.m. to 9 p.m.

The Hickam Commissary will be open from 10 a.m. to 6 p.m. on Oct. 10 with "early bird" opening at 9:30 a.m. On Oct. 11, normal hours will resume from 9 a.m. to 8 p.m. with early bird starting at 8:30 a.m.

For more information, call the Pearl Harbor Commissary at 471-8402, ext. 101, or the Hickam Commissary at 449-1363.

SUSTAINABLE LIFESTYLE, SUSTAINABLE HOMES
BIA HAWAII 2011 PARADE OF HOMES

 Vair #2 Heabak at Hapalet Castle & Cooke Homes Hawaii, Inc. 91-1013 Kama'ehu Avenue #303 Kapolei, HI 96707 (808) 674-6422 www.castle-cooke.com	 Plava Hakalae at Sea Country D.R. Horton-8mdler Homes, LLC 67-1551 Kaha Street Heali, HI 96794 (808) 668-9088 www.drhorton.com	 Plava B Pulewa at Helemaa D.R. Horton-8mdler Homes, LLC 478 Kamehi Street, #103 Kapolei, HI 96707 (808) 693-8004 www.drhorton.com	 Aheake Trades by Gentry Gentry Homes Ltd. 91-1001 Kemanu Drive #309 Ewa Beach, HI 96706 (808) 447-6420 www.gentryhawaii.com	 'Oia 'Oia Trades by Gentry Gentry Homes Ltd. 91-1001 Kemanu Drive #303 Ewa Beach, HI 96706 (808) 447-6420 www.gentryhawaii.com
 Plava S La Hina at Helemaa D.R. Horton-8mdler Homes, LLC 430 Koa'ako'a Street Kapolei, HI 96707 (808) 674-2660 www.drhorton.com	 Vair #201 Haleakala by Gentry Gentry Homes Ltd. 91-1111 Kama'ehu St. Ewa Beach, HI 96706 (808) 447-6420 www.gentryhawaii.com	 Hale Kala Hale Kala, LLC 6700 Kakaunuike Hwy Ste 122 Honolulu, HI 96825 (808) 395-7712 www.halekala.com	 Francisco Villas Ewa St. Francis Development Corp. 91-1471 Mula Street Ewa Beach, HI 96706 (808) 360-5464 www.stfrancisdevelopment.com	 Vair #201 Uma at Lelemao Kieco Senior Living 691 Kama'ehu Avenue Ste 101 Kapolei, HI 96707 (808) 674-6022 www.williamlelemao.com
 Hale Hilo Court at Hahaione Towne Development of Hawaii, Inc. 102 Hilo Street Wahiata, HI 96753 (808) 244-9288 www.townehawaii.com	2011 PARADE OF HOMES		OCT 8-9 & 15-16, 2011 10AM - 5PM	
FREE OPEN HOUSE		See the 2011 NEW MODEL HOMES		
ENTER TO WIN \$15,000		NINE PANEL 2.25KW PHOTOVOLTAIC SYSTEM		
Visit any of our 11 Parade of Home entrants on October 8-9 & 15-16, 2011 to enter. <small>For purchase necessary. Void where prohibited. Some restrictions may apply. Drop off your entry form at any of the 11 Parade of Home entries. For entry form and complete contest rules visit www.hiahawaii.org</small>				
www.biahawaii.org		www.staradvertiser.com		

CEAP October message: Success in the workplace is about teamwork

Andrea B. Hantman,

*Civilian Employee
Assistance Program (CEAP)
Counselor*

Being successful at work is not just about getting the task done. It is also about the ability to work with others, inspire, communicate, act with integrity, be a team member, acknowledge others' contributions, and contribute to the morale of the team.

Whatever we focus on is what we will increase. If we focus on the deficiencies of others,

we will surely get more of the same. Don't "stir the pot."

Here are some tools:

- Ask yourself how you are honestly feeling
- Be open to input
- Monitor your self talk
- Don't allow fear to control you
- Accept responsibility for your emotional responses
- Anticipate emotional "triggers" and prepare to manage them
- Listen well
- Re-frame an irritating situation into a problem solving exercise
- Focus on behaviors, not people

- Laugh a lot.
- Keep learning
- Visualize success.

Military and Family Support Center (MFSC) classes are free to Department of Defense civilian employees as well as for military members and their families. MFSC course offerings can be found at www.greatlifehawaii.com.

Some Military and Family Support Center (MFSC) classes scheduled in October are:

- "Mastering the art of relationship skills" from 10 a.m. to noon, Oct. 5, 12 and 19.
 - "Stress management" from 8 to 11 a.m., Oct. 11.
- Call the customer service desk at 474-1999 to register for any class.

To obtain CEAP information, assess-

ment, referral and/or brief counseling call Andrea Hantman at 474-1999, ext. 6204 or Susan Bierman at 474-1999, ext. 6206.

If you wish to schedule an appointment you may also call centralized scheduling at 474-1999, ext. 6202. E-mail addresses are andrea.hantman@navy.mil or susan.bierman@navy.mil. Inquire about no cost at-your-site training.

Hickam Officers' Spouses' Club presents 'think pink' bunco Oct. 18.

Jayne Toerner

Hickam Officers' Spouses' Club

Join a "frightful" game of bunco Oct. 18 while raising money to support breast cancer research and awareness.

A harvest-style buffet dinner will be served. Arrive dressed in costume or not: just remember to "think pink" when picking out your attire for the evening! Bring a friend or come alone and meet new ones.

Check-in begins at 5:30 p.m. and the event is from 6 to 8:30 p.m. at the Hickam

Officers' Club lanai. The cost is \$15 per person.

During this month's social, cash donations will be accepted to support the local breast cancer walk Making Strides to End Breast Cancer, being held Oct. 29, which will proceed five miles from Richardson Field to Ford Island.

RSVP to reservations@hickamosc.com no later than noon on Friday, Oct. 14.

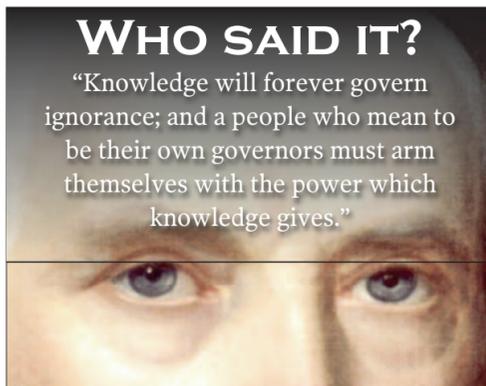
HOSC is open to all spouses of active duty military officers assigned in Hawaii, spouses of the Guard, spouses of retired officers and spouses of civilians GS-7 or above.

Makahiki festival set for Oct. 22

The Joint Base Pearl Harbor-Hickam (JBPHH) Makahiki festival will be held starting at 9 a.m. Oct. 22 at Hickam Harbor Beach.

The Makahiki, a Hawaiian Thanksgiving, is an ancient Hawaiian festival that was dedicated to Lono, the deified guardian of agriculture, rain, health and peace.

Activities include a canoe arrival, offerings of ho'okupu (gifts) to Lono, and ancient game demonstrations. For more information call Patricia Coleman at 473-0369 or email patricia.coleman@navy.mil.



WHO SAID IT?

"Knowledge will forever govern ignorance; and a people who mean to be their own governors must arm themselves with the power which knowledge gives."



Last Week's

WHO SAID IT?

"There are no secrets to success. It is the result of preparation, hard work, learning from failure."

— Colin Powell

This Week's Trivia

What was the first U.S. destroyer named after a woman ?



Last Issue's Question: When did the former Department of War create the Army Air Forces (AAF) as its aviation element?

Answer: On June 20, 1941, the Department of War created the Army Air Forces (AAF) as its aviation element and shortly thereafter made it coequal to the Army Ground Forces.