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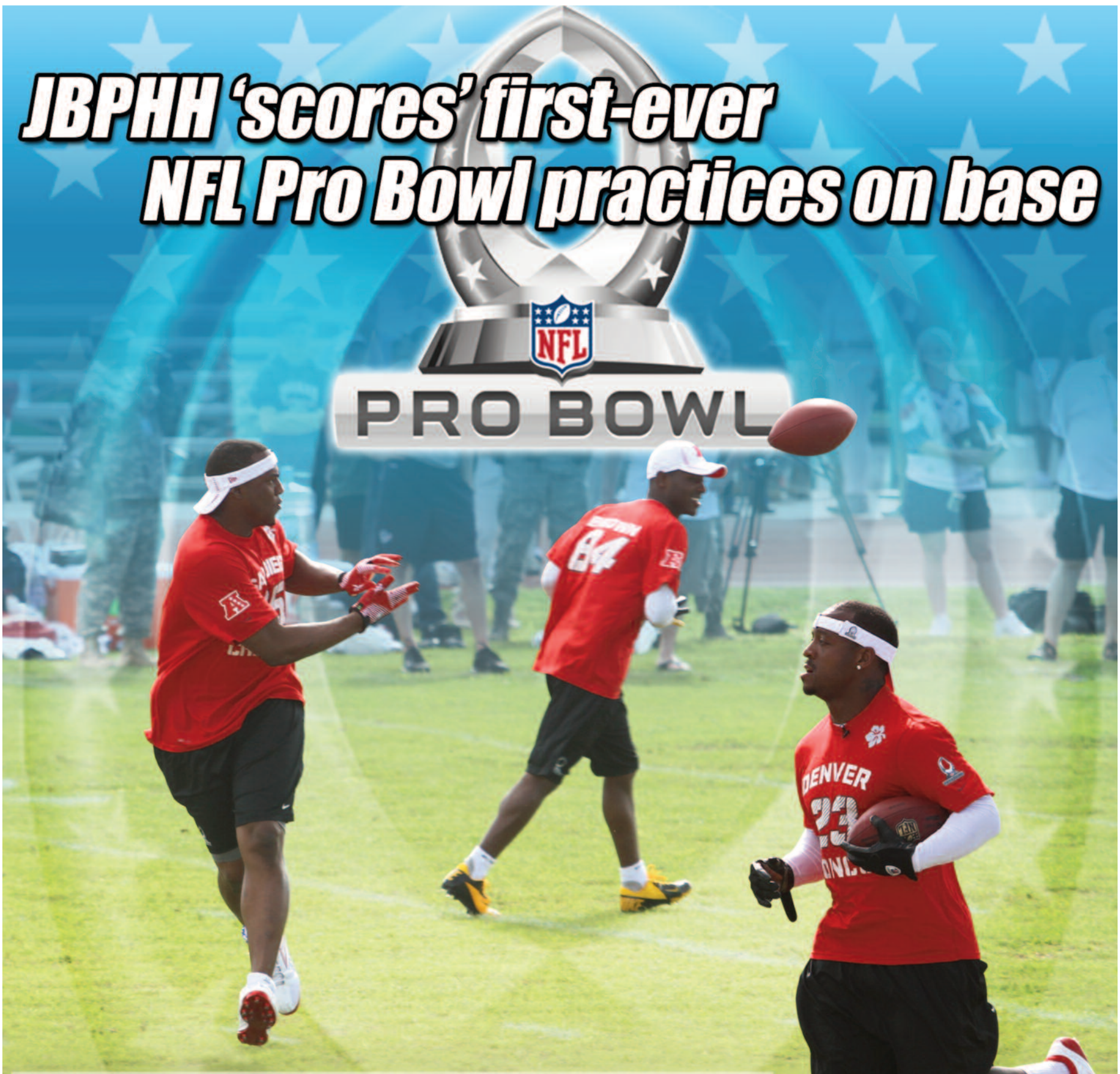
JBPHH 'scores' first-ever NFL Pro Bowl practices on base



U.S. Navy photos by Randy Dela Cruz and Jazzmin Williams

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam (JBPHH) Morale, Welfare and Recreation hosted the first-ever NFL Pro Bowl practices on a military base at Earhart Field on Jan. 26.

About 7,000 spectators attended the AFC and NFC Pro Bowl practices which were open to all military affiliated personnel and their families.

Following practice, players participated in an afternoon of volunteer activities taking place across Hawaii as a part of the NFL PLAY 60 Community Blitz, focusing on two critical areas of NFL community outreach: youth health and wellness (NFL PLAY 60) and military outreach.

A football/cheer clinic partnered with Aliamanu Middle School at Ward Field immediately following the practice.

The military and its official military appreciation sponsor, USAA, partnered to refurbish Earhart Field to create a lasting legacy of the Pro Bowl and to demonstrate both organization's appreciation for the military.

In addition, JBPHH public affairs escorted NFL Network crew and talent Fran Charles, and former NFL wide-receiver, Tom Waddle, as they filmed a visit with Sailors aboard USS Lake Erie (CG 70) and Airmen at 96th Air Refueling Squadron on Jan. 25. More than 80 NFL guests, including several players, will join Sailors and Airmen on a harbor tour around Ford Island and visit to USS Arizona Memorial on Jan. 27.

The Pacific Fleet and Pacific Air Force bands are scheduled to perform at the Kalakaua Block Party in Waikiki on Jan. 28.

In addition, a free ohana (family) day will be held from 9 a.m. to noon Jan. 28 at Aloha Stadium with a special package available to military families.

The 2012 NFL Pro Bowl event will be held from noon to 5 p.m. Jan. 29 at Aloha Stadium beginning with an official tailgate party at Richardson Field. Approximately 1,000 military personnel will be involved in halftime and 50 youth of deployed active duty members will also participate in halftime activities. Marine Lt. Gen. Thomas L. Conant, the deputy U.S. Pacific Command (PACOM) commander, is scheduled to take part in the coin toss.

For more information, visit www.greatlifehawaii.com.

Security Forces pressure TPU into submission

Story and photo by
Randy Dela Cruz

Sports Editor

The 647th Security Forces Squadron (647 SFS) Poundtown basketball team used an effective full-court press and accurate long-range shooting to open up a 26-point lead at halftime en route to a 57-30 opening night win over Transient Personnel Unit (TPU) in an intramural Blue Division matchup at Bloch Arena, Joint Base Pearl Harbor-Hickam on Jan. 23.

The run-and-gun SFS got out to a quick start on offense by connecting on six three-point bombs from beyond the arch, while the team's defensive press created easy baskets on turnovers to help the 647 open up a 39-13 advantage at halftime.

"This was extremely important," said Poundtown forward Airman 1st Class Vince Kruzona about the team's opening night win – especially after last season's disappointing showing on the court. "We practiced well together, got a new coach, new system, new offense and everything, so it was very important."

Kruzona led a balanced scoring attack with 12 points, which included two splashdowns from three-point land and a two-for-three effort from the charity stripe.

The forward's basket-and-one at the 10:30 mark extended Poundtown's lead to 44-17 and matched the final margin of victory at 27.

Transient Personnel Unit (TPU) forward Fire Controlman 3rd Class Christian Kilpatrick goes up to try and block a shot from 647th Security Forces Squadron (647 SFS) forward Airman 1st Class Jordan Arredondo during an intramural Blue Division matchup.

In total, nine players got in the scoring column for Poundtown, which also got strong contributions from big man Tech Sgt. Sylvester Lawrence with eight, slashing small forward Airman 1st Class Jordan Arredondo with 11, and sharp-shooting guard Airman 1st Class Edwin Rivera, who pumped in seven points and also hit two treys in the first half.

"Our whole team, we're shooters," Kruzona pointed out. "We're a small team, but it's crucial to hit shots. We play together a lot, so we blend and we complement each other as far as substitutions. We're not missing much when someone is coming in for someone else."

While Poundtown's offense was in good form, the team's defense was equally effective in shutting down the TPU attack.

Only four players from TPU scored points, with the bulk of the team's production coming from forward Fire Controlman 3rd Class Christian Kilpatrick with 12 and guard Culinary Specialist 1st Class Raymond Lee, who chipped in 10.

"We're an up-tempo team," said Kruzona about the Poundtown press. "We're quick, so you're going to see a lot of that press. It's just overall hustle, just pushing the ball and pushing the ball. That's what you got to do."

Kilpatrick, who scored eight of his dozen points in the first half, said that although his team was getting good looks at the baskets, the shots just wouldn't go down.

"That's just one of those nights our shots weren't falling," he said. "We hadn't had a good chance to get out and play together in a while, so games are going to be like this."

The TPU forward added that although the team struggled against Poundtown, he believes that it has enough good players to make a complete turnaround.

"We just got to get in better shape and play defense, defense, defense," Kilpatrick said. "We'll get our offense set, get our timing, free-throw shooting, and we'll be good to go."

Kruzona said that with Poundtown's opening-night success, he's pretty excited about the team's chances in the tough Blue Division.

Unlike last season, when Navy and Air Force squads were separated into their own divisions, this year, the Blue and Gold Divisions will be mixed with teams from both services.

With the step up in competition, Kruzona said that while Poundtown looked good against TPU, the team must improve in order to qualify for the playoffs – something it didn't do last year.

This season, six teams from the Blue, Gold and Afloat Divisions will qualify for the postseason.

"We've been practicing a lot," Kruzona admitted as he pointed out things to work on. "Just transition defense and maybe spreading the ball around more on offense. More passes on offense to create easy baskets."

Tax center opens for service Jan. 30

Navy Tax Center will open for service at 9 a.m. Jan. 30. A ribbon-cutting ceremony for the center will take place at 9:30 a.m.

Tax help will be open to all military members, retirees and their spouses. Tax preparation has transitioned to self-service where clients prepare their returns utilizing tax center computers and on-line filing services such as Military One Source or Turbo Tax with IRS-trained volunteers onsite for assistance (per NAVADMIN 357/11).

The tax center is no longer full service, which means it will not be providing one-on-one tax preparation, except in limited circumstances for wounded warriors and those who are physically unable to prepare taxes via self-service.

The Volunteer Income Tax Assistance (VITA) tax office is located in the Navy College building (building 679), room 11. The office will be open from 9 a.m. to 4 p.m., Monday through Friday.

Service will be provided on a walk-in basis only. Required documents include: military ID, Social Security cards for all family members, last year's tax returns, copy of active duty orders for reservist and any another other available tax documentation (1098, 1099, etc.).

Call or email Katherine Lake or Lt. Alexandra Marin at Alexandra.marin@navy.mil, 473-4112 or stop by the tax center for further assistance.

Register by Feb. 10 for IA recognition luncheon

Commander, Navy Region Hawaii

The Honolulu Navy League is hosting an Individual Augmentee (IA) recognition luncheon for all returned "boots on the ground IA/overseas contingency operation support assignment (GSA) Sailors and their spouses, or guests" from 11:30 a.m. to 1:30 p.m. Feb. 24 at the Ala Moana Hotel. Sign-in for IA/GSA Sailors begins at 10:30 a.m.

All commanding officers, executive officers and command master chiefs are invited to attend. This is a premier opportunity to recognize and appreciate IA Sailors' honorable and faithful service. Spouses will also be recognized for their loyalty and steadfast support of the IA Sailor.

Registration forms will be distributed through the command master chief network and must be completed to obtain a ticket. Bring the completed form to the Military and Family Support Center (MFSC) to pick up tickets until Feb. 10 at $40 per person.

The luncheon will be paid by the Navy League for the IA Sailor and their spouse, or one guest. Forms and tickets are available at the Joint Base Pearl Harbor-Hickam MFSC (formerly FFSC), Moanalua Navy Services Center. Checks are made payable to Navy League of Honolulu.

The uniform for Navy personnel attending the luncheon is the service uniform, for other services it is the class equivalent, and aloha attire for civilians.

IA Sailors who will be attending are asked to send electronic pictures of themselves while deployed to Pearl Harbor Naval Shipyard Command Master Chief Gary Smedley at gary.smedley@navy.mil, or call 474-4291.

For more information, call MFSC at 474-1999.

NEX ushers in 'Year of the Dragon'

Photo by Rochelle Apo

A free Chinese New Year lion dance event was held Jan. 22 at the Pearl Harbor Navy Exchange (NEX) to celebrate the Year of the Dragon. The lion dance and banging of the drums is to ward off bad sprits and make way for good fortune in the new year.

Defense and big plays help Sharks beat Falcons

Story and photo by Randy Dela Cruz

Sports Editor

Hospital Corpsman 3rd Class Michaela Armstrong of the Navy Sharks follows her blockers after picking off a pass in the first half in a Women's Flag Football League (WFFL) game versus the Hickam Falcons at Pop Warner Field, Marine Corps Base Hawaii (MCBH) on Jan. 22.

A swarming Navy Sharks defense returned two interceptions for touchdowns in the first half and went on to record four picks in the game to defeat the Hickam Falcons, 34-8, in the winter-season opener of the Women's Flag Football League (WFFL) at Pop Warner Field, Marine Corps Base Hawaii (MCBH) on Jan. 22.

The WFFL is now in their second season and is a league that is designed to accommodate military-affiliated women who are interested in giving the gridiron sport a try.

While the defending champion Sharks struggled on offense – getting stopped twice in the red zone by the Falcons – the team's strong defense dominated its Air Force counterpart throughout the game.

Senior Airman Lavonda Thompson stopped the Sharks' opening drive by picking off Navy QB Ines Chandler, a service member spouse, at the Falcons' five-yard line. But Sharks' defensive back Cherish Hunter returned the favor by stealing a toss from Hickam quarterback Airman 1st Class Ciera Stremming and returning it 56 yards for a pick six.

The team made good on its two-point conversion attempt on a pass from Chandler to Cryptologic Technician (Technical) 2nd Class Michelle Dannenberger to take a quick 8-0 lead.

Then with the Falcons back on offense, the Sharks defense put up another touchdown when two-way player Hospital Corpsman 3rd Class Michaela Armstrong grabbed a pass from Stremming and returned it 28 yards to the house for a 14-0 advantage.

Navy ended another Air Force drive with their third pick of the first half.

This time, defensive back Hospital Corpsman 3rd Class Eustacia (Tasha) Joseph did the deed by stretching out to take away a spiral from Thompson, who replaced Stremming at quarterback for one series just before the half.

"We always have a stronger defense," said Armstrong about her team's tough defensive play. "Some of us play both (ways), so it gets a little tiring, but we give it our all. We got lucky on those deep passes. For me, it's all instinct – just eyes on the ball and just get there."

With the defense coming up with all the big plays in the first half, Navy's offense finally got one of its own in the team's opening drive of the second half.

Starting at Navy's own 23, Armstrong dropped a pass from Chandler on the first play from scrimmage, but more than made up for the miscue when she took the next handoff and sprinted down the right sideline for 57 yards and a touchdown to up Navy's lead at 20-0.

"It kind of made me mad that I let that (first pass) go," Armstrong said. "So I had to get in there and said just hand me the ball and I'll make up for it.

"We stacked more people to the left and we had our right side open. I saw an opening, went for it, was able to juke a couple of girls and get in."

Down by three scores, the Falcons finally got through the Sharks defense as Stremming led an impressive 65-yard march on nine plays for six points.

The Falcons ended the drive on a short pass from Stremming to Alex Hardesty for the touchdown, and then went on to tack on the two-point conversion to narrow the margin down at 20-8.

However, one last interception by the Sharks' Hospital Corpsman 3rd Class Ipu Tupuola deep in Falcons' territory set up a short touchdown strike from Chandler to Joseph and led to a 28-8 advantage, before the duo connected on another TD late in the second half for the final score.

Despite the loss, Thompson vowed that the Falcons would be back and stated that the team should be in the running for the league's title once it gets in sync.

"The more practice we get, the better we'll get," she promised. "We got a lot of energy and we need to bring that to the next game. We'll win the championship, most definitely."

While the Sharks got off to a good start in the defense of their title, Joseph, who is founder and president of the league, won't be here to see if her team can repeat.

Following the game versus the Falcons, Joseph left the islands for a one-year deployment to Afghanistan.

Although she'll be gone, Joseph said that the league is in good hands and she expects to be back on the field when she returns.

"All the girls are motivated," Joseph stated. "It's one thing to say I started it, but it's nothing without all my girls. I left five more-than-capable females to continue the league. As long as the girls want to play, we'll keep putting this out here."

Maintenance Squadron outlasts JPAC in overtime

Story and photo by Randy Dela Cruz

Sports Editor

The 15th Maintenance Squadron (15 MXS) lost a four-point lead late in the second half, but scored on a buzzer-beating putback by Marine Cpl. J.R. Martin in overtime to squeak past Joint Prisoner of War/Missing in Action Accounting Command (JPAC), 33-31, in an intramural Gold Division basketball game at Bloch Arena, Joint Base Pearl Harbor-Hickam on Jan. 24.

The seesaw affair started off with the MXS taking a seven-point lead, and then losing it before intermission, only to retake the advantage with three-minutes remaining in regulation.

However, a shot by JPAC guard Damage Controlman 3rd Class (SW) Travis Divita tied the game at 29-29 to send it into overtime.

Staff Sgt. Art Gandy led the way for the Maintenance Squadron's dramatic win with 12 points, which included a three-point shot to tie the game at 23-23 and two free throws in overtime to knot the score again at 31-31.

In addition, his two free throws in the second half gave the MXS back the lead at 25-23, and he also stole the ball with seconds remaining in OT to set up Martin's putback.

"I just wanted to contribute to my team," Gandy said. "They wanted me to be the leader, so I stepped up and hit the big shots. That's what you got to do."

At first, its seemed like Gandy and his teammates would runaway with the victory, as JPAC struggled with its offense in the opening minutes.

A basket-and-one by forward Tech. Sgt. Paul Kalama gave the MXS a 13-6 lead with 7:44 left on clock before halftime.

Instead of building on their lead, MXS shooters went cold as the JPAC defense stepped up and held their foe scoreless for the rest of the half.

The tough defensive effort seemed to spur the JPAC offense, and after a jumper from Army Staff Sgt. Don Fields cut the lead down to one at 13-12, a steal and coast-to-coast, rim-rattling dunk by Yeoman 2nd Class Sammell Humphries put JPAC ahead at 14-13 just before halftime.

In the second half, after Gandy's free throws put MXS back out in front, Fields tied the score at 25-25 before the 15th broke back on top with a lay-up from Airman 1st Class Aaron Maxwell.

Senior Airman Nelson Blair added another basket on a fast break, with an assist from Staff Sgt. Joey Laybon, to give the MXS a four-point lead with only 2:06 remaining in the game.

The MXS, however, couldn't hold on to the lead, as Divita got an offensive rebound off of a free throw, then scored to force the extra five minutes of play.

Staff Sgt. Art Gandy, guard for the 15th Maintenance Squadron (15 MXS) basketball team, tries to get off a shot past the outstretched arm of Joint Prisoner of War/Missing in Action Accounting Command's (JPAC) Army Staff Sgt. Don Fields during a Gold Division basketball game at Bloch Arena, Joint Base Pearl Harbor-Hickam on Jan. 24.

In overtime, JPAC took a 31-29 lead on two free throws, but allowed the MXS to come back as Gandy hit his two shots from the charity stripe to tie the score, then committed the crucial steal that led to Martin's game winner.

"We went away from our team strategy, basically going into our bigs on the block," said JPAC center Chief Aviation Boatswain's Mate (Fuel) Gary Lunn about the team's heart-breaking defeat. "We went away from that and started playing the other team's game. We just got to consistently stick to our plan and deliver."

Lunn, who was JPAC's leading scorer with 10 points, added that while it was a tough way to start off the new season, he believes that the team will rebound in strong fashion.

"We thought we could control it and end it on top, but it didn't work out," he said. "Losing builds character, this is only going to make us better and stronger. Next time, we'll get them."

Gandy said that experience kept the MXS cool under pressure and should be its strong point, as it squares off with other teams in the Gold Division.

"We're a bunch of older guys, so we've been here before," he pointed out. "This (first win) was real big. I think we're going to do pretty good and cause some problems."

Tips for preventing mold/mildew issues in your home

Forest City Residential Management

Regardless of the age of the home, experts say there is no such thing as a mold-free home. There are molds all around us, virtually everywhere we go, inside and outside of the home.

Molds play an important role in our daily lives as they are used in baked goods, beer, wine, cheese and other foods, as well as in many beneficial medicines. Also, molds (or fungi) perform the important role of recycling carbon in our ecosystems and without them leaves, grass, wood, paper and other cellulose items would never decompose back into the environment.

But when mold is found in sufficient quantities inside a home, it can be bothersome to certain individuals.

(Hawaii's tropical climate can be especially conducive to the growth of a variety of plants and animals, in addition to molds.) Because molds (or fungi) are so prevalent in Hawaii if damp indoor environments are allowed to persist and food is readily available (such as building materials inside the home and any dirt accumulations), then molds can grow on various surfaces.

The good news is many of these issues can be avoided with a few simple tips and a little preventive and periodic maintenance.

Fixing a small problem before it becomes a larger one is key. Take a few preventive actions to minimize humidity and to help avoid the growth of mold and mildew in the home:

- It is a good idea to change your air filter at least once per month. Pick up a free filter at self help or call 839-HELP(4357) for maintenance techs to install a new one for you.
- Do not block or cover any ventilation or air conditioning ducts. Do not allow dust to accumulate on the venting or ducts. Keeping vents clean minimizes moisture accumulation. Do not use your air conditioning closet for storage. Do not overfill closets or storage areas. Overcrowding restricts airflow.
- Whenever possible, maintain a temperature between 72 to 80 degrees if using your air conditioning. To do so is also good for ongoing energy conservation efforts.
- To allow an exchange of air and permit sunlight to enter, air out your home by opening the windows when weather and winds are nice. Take advantage of tropical trade winds.
- Clean and dust on a regular basis. This includes your air conditioning vent covers and intake vent located at your interior air handler. Use environmentally safe household cleaners. Regular vacuuming and mopping removes household dirt and debris that can contribute to mold and mildew growth. A vacuum cleaner with a HEPA filter will help remove mold spores.
- Periodically clean and dry the walls and floors around the sink, bathtub, shower, toilet, windows and patio doors using a common household disinfecting cleaner. On a regular basis, wipe down and dry areas where moisture sometimes accumulates, such as countertops, windows and windowsills and in bathrooms after steaming hot showers.
- Use the bathroom fan when bathing or showering and allow the fan to run until all excess moisture has been vented from the bathroom. On nice days, open the bathroom window to ventilate the room.
- Clean your clothes dryer lint filter after each use, and promptly report any damage to the vent connection. Dry damp clothing as quickly as possible.
- Limit indoor houseplants to a reasonable number to limit excess humidity and avoid over watering your plants. Standing water or excessive moisture contributes to the humidity in your home.
- If you spill on your carpeting or other flooring, blot the area dry immediately.
- If leaving on vacation, please make sure your resident services office knows. They will need the contact name and number of person who will be checking your home. Set air conditioning control to 80 degrees to minimize the likelihood of excessive condensation or moisture in your absence.

Residents are encouraged to contact the maintenance dispatch department at 839-HELP (4357) or resident services offices immediately if any of the following is noticed:

- Any leak or water damage, damp walls or carpet.
- Any malfunction (including leaks) in your ventilation, or air conditioning system.
- Windows or doors that don't open or close properly.
- Any areas of visible discoloration on walls, ceiling or carpet near air conditioner closet (except very small areas that respond to routine cleaning).
- Musty or damp odors in the home.

By working together and with proper education, use and maintenance, as well as prompt reporting of potential problems, the potential for mold or mildew in your home can be minimized.

African American/Black History Month to be observed

Vice Adm. S.R. Van Buskirk

Navy Administration announces the national observance of African American/Black History Month from Feb. 1 to 29.

The national and Department of Defense theme for this year's observance is "Black women in American history and culture."

In 1925, Harvard historian Carter G. Woodson launched Negro history week as an initiative to bring national attention to the contributions of African American people throughout American history. Negro History Week was first celebrated during the second week of February in 1926, a week which also marked the birthdays of both Abraham Lincoln and Fredrick Douglass. In 1976, the 50th anniversary of Negro History Week and the bicentennial of the United States' independence, President Gerald R. Ford proclaimed February as Black History Month.

Throughout our naval history, African American Sailors have served with honor and distinction in every major war fought by and within the United States. They have led and excelled in challenging assignments, and their contributions continue to shape our legacy today.

This year we honor that legacy through our observance of Black History Month, including the numerous contributions of black women in our naval history and culture.

More than 123,000 African Americans serve today in the Navy's total force, active, reserve and civilian. The contributins of African Americans to our Navy can be traced back to the Revolutionary War. During the Civil War, African American Sailors fought on every type of Union warship, and their accomplishments included eight Medal of Honor recipients.

Ensign Jesse Leroy Brown was the first African American to be trained as an aviator, and he was also the first to fly in combat. In 1948, Edna Young became the first African American enlisted female to serve in the regular Navy.

Chaplain Thomas Parham became the first African American chaplain in the Navy and the first African American naval officer promoted to the rank of captain when he was promoted in February 1966.

Rear Adm. Michelle J. Howard has many firsts to her credit, including her status as the first female United States Naval Academy graduate to be promoted to the rank of admiral, the first African American female to command a combatant ship, and the first to be promoted to two-star admiral.

In 1996, Adm. J. Paul Reason became the first African American to be promoted to four stars. African Americans continue to shape the legacy of the Navy in the 21st century.

All commands are strongly encouraged to take advantage of opportunities to increase their knowledge and awareness of the contributions of African Americans in the Navy.

Presentations, photos, biographies and interesting vignettes on the history of African Americans in the Navy can be found online at the Naval History and Heritage Command at http://1.usa.gov/wUV2ae. Additional presentations on African American/Black History Month, including a downloadable commemorative poster, can be found online from the Defense Equal Opportunity Management (DEOMI) Institute at http://bit.ly/zWRQup.

For more information on diversity conferences, events and observances, visit the Navy diversity website at www.npc.navy.mil/commandsupport/diversity.

Armed Services Blood Program seeks donors

Tripler Army Medical Center Blood Donor Center has scheduled upcoming blood drives.

As part of the Armed Services Blood Program (ASBP), the official United States military blood program, a donation serves as a vital link to military service members and their families worldwide. The drives include:

- Jan. 30 at Camp Smith.
- Jan. 31 and Feb. 28 at Pearl Harbor Navy Exchange (NEX).
- Feb. 15 at Space and Naval Warfare Systems Command (SPAWAR) Hawaii.
- Feb. 16 at U.S. Coast Guard Sand Island.
- Feb. 22 at University of Hawaii ROTC Air Force.
- Feb. 27 at Naval Submarine Support Command (NSSC).
- March 14 at the Federal Detention Center.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

Annual Seabee Run will take place Feb. 11

The 20th annual Seabee Run will be held at 7 a.m. Feb. 11 at Ford Island in Pearl Harbor. The cost of the event is a $25 registration fee, $10 for children.

There are three ways to register. Register online at www.Active.com.

Contact Luke Dragovich by email at luke.dragovich@navy.mil or by phone at 473-7818 to get a registration form. Mail the registration form and fee by Jan. 31 to NAVSUP FLC, Lt. j.g. Luke Dragovich, 1942 Gaffney St., suite. 100, code 701, B-1757, second floor, JBPHH, HI 96860-4549.

Pick up the registration packet at Runner's HI from 2 to 7 p.m. Feb. 10. Runner's HI is located in Aiea at 98-390 Kamehameha Highway. The phone number is 488-6588.

Participants will receive a Dri-Fit T-Shirt (while supplies last).

Awards will be given for the top three male and female runners in each division of the 5K and 10K races.

For more information, go to Active.com, or contact Luke Dragovich at luke.dragovich@navy.mil or call 473-7818.

Hickam Dental Clinic establishes appointment cancellation email box

In order to better serve its customers, the Hickam Dental Clinic has recently established a dental appointment cancellation email distribution box.

This will allow patients who are unable to conveniently cancel or reschedule dental appointments by phone during normal clinic hours an alternative option. To cancel or reschedule an appointment, email requests to: 15MDG/DentalCancellations@hickam.af.mil.

A dental representative will reply to your message promptly on the next duty day. Note that cancellations within 24 hours of a scheduled appointment is considered a broken appointment. Be advised that your chain of command will be notified of the broken appointment.

The clinic's normal hours of operation are Monday, Tuesday, Thursday and Friday from 7:30 a.m. to 4:30 p.m. and Wednesday from 7:30 a.m. to 3 p.m. The clinic is closed on all federal holidays, family days and every third Thursday.

To schedule an appointment, call 448-6371 during normal duty hours.

For an after-hours dental emergency, call 448-6000 and follow the prompts to reach the on-call provider.

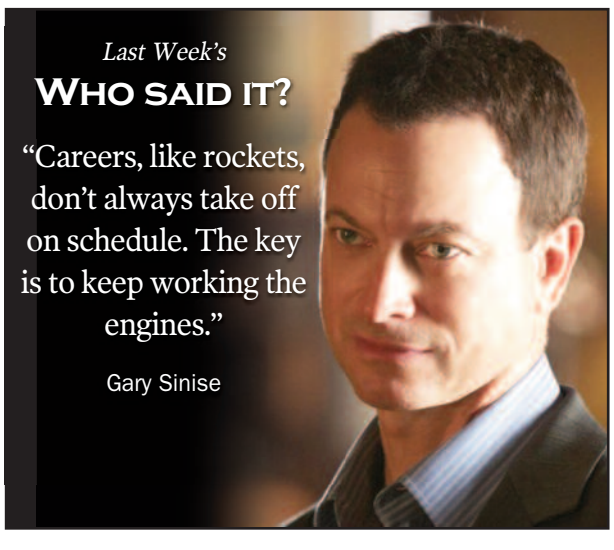
Do not leave a voice message to cancel an appointment.

This Week's Trivia

Who was the first pilot to land on the deck of a ship?

Last Issue's Question: When was the former Pearl Harbor Naval Station built?

Answer: The Pearl Harbor Naval Station, across Quarry Loch, was authorized in 1908. Dredging of the Pearl Harbor channel entrance began in 1910 and, on Dec. 14, 1911, USS California (CA 6) became the first warship to pass through the new channel into Pearl Harbor.



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http://www.hookelenews.com/ or visit
https://www.cnic.navy.mil/Hawaii/index.htm

Morale Welfare & Recreation

PRO BOWL PACKAGE
A Pro Bowl package on Jan. 29 includes brunch at Tradewinds Enlisted Club, a ticket to the game and round-trip transportation to and from Aloha Stadium. J.R. Rockers will not be showing the game. The event is open to all ranks. The cost is $95 for members, $100 for nonmembers. Reservations are required. FMI: 448-2271.

PRO BOWL TAILGATE WITH LIBERTY
Attend the annual battle between the all-stars of the AFC and the NFC at Aloha Stadium on Jan. 29. Depart Liberty Express at 10:30 a.m., Beeman Center at 11:15 a.m., Instant Liberty at 11:30 a.m. and Makai Rec Center at 11:45 a.m. This free event is for single active-duty service members only. FMI: 473-2583.

KIDS REWARDS
Children ages 5-17 can bring in their report card with four or more "excellent" grades, and receive a free hot dog at Hickam Bowling Center and Naval Station Bowling Center through Jan. 31. There is one offer per student per month, FMI: 448-9959 or 473-2574. Bring in your report card with four or more "excellent" grades, and receive a free juice pouch and a small popcorn at Sharkey Theater through Jan. 31. This is good for a one-time offer per month per student. FMI: 473-2651.

JUNIOR GOLF
Youth 8–12 can learn golf and improve their skills from 4 to 5:30 p.m. on Wednesdays and Saturdays at Barbers Point Golf Course. The cost is $30 per participant. FMI: 682-1911 to register.

BIGGEST LOSER CONTEST
The free Biggest Loser Contest program will run for four months with special events held throughout the four-month time span. Initial sign-in and instructional meeting will be held at 10 a.m. Feb. 1 at the Hickam Fitness Center Gymnasium. The event is open to active duty, retirees, family members and Department of Defense employees. FMI: 448-2214.

BEGINNER'S BASKET WEAVING
A free beginner's basket weaving with Alice Noyes will be held from 5:30 to 8 p.m. on Feb. 1 and 8 at Hickam Arts and Crafts Center. The cost is $20 per person for each session plus the cost of supplies for ages 14 and up. FMI: www.greatlifehawaii.com.

GARY SINISE AND THE LIEUTENANT DAN BAND
Gary Sinise and the Lieutenant Dan Band will perform a free show at 7 p.m. Feb. 10 at Freedom Tower on Joint Base Pearl Harbor-Hickam. Round-trip shuttle service will be available. In the event of rain, the event will be moved to hangar 35. FMI: www.greatlifehawaii.com.

Community Calendar

January

28 – In celebration of the 68th anniversary of the USS Missouri's (BB-63) launching and 13th anniversary of the ship's opening as a memorial in Pearl Harbor, the Battleship Missouri Memorial is offering free admission to *kamaaina* and military personnel Jan. 28. Gates open at 8 a.m. FMI: 973-2494 or visit ussmissouri.org.

30 – Madame Li Xiaolin, president of the Chinese People's Association for Friendship with Foreign Countries, and daughter of former Chinese President Li Xiannian, will present her new documentary, Touching the Tigers, from 4:30 to 7 p.m. Jan. 30 at Pacific Aviation Museum Pearl Harbor. Pacific Aviation Museum Board Chairman retired Navy Adm. Ronald Hays, Hawaii Gov. Neil Abercrombie, and Gen. Gary North, USAF, will be in attendance and will speak. Reservations are required by Jan. 29 and the price for the event is $25 for museum members and $35 for non-members. FMI: 441-1007 or email SpecialEvents @PacificAviationMuseum.org.

30 – VITA tax center will open for service with a ribbon cutting ceremony at 9:30 a.m. The VITA tax office is located in the Navy College Building (building 679), room 11. The office will be open from 9 a.m. to 4 p.m. Monday through Friday. FMI: 473-4112 or stop by the tax center for further assistance.

31 – The Hickam African American Heritage Association (AAHA) annually sponsors the Chief Doris Brewster Scholarship. The Chief Doris Brewster scholarship award winners will be featured at the Black History Month luncheon Feb. 3. However, all submissions must be received before Jan. 31. FMI: Senior Master Sgt. Yvonne Brown at 449 -8182 or yvonne.brown@hickam.af.mil or call 449- 4575 or e-mail kareem.adham@hickam.af.mil.

At a glance —

The Hickam Officers' Spouses' Club is now accepting applications for the 2012 scholarship award program. All military dependents residing in the local area who are attending or planning to attend an accredited undergraduate and/or graduate program are eligible to apply. Specific information regarding eligibility and the forms to apply are now available on the website at: www.hickamosc.com. The deadline for submission is March 15.

For more information on events, visit www.greatlifehawaii.com.

Movie Showtimes

Sherlock Holmes: A Game of Shadows (PG-13)

Sherlock Holmes and his sidekick Dr. Watson join forces to outwit and bring down their fiercest adversary, Professor Moriarty.

SHARKEY MOVIE THEATER

TODAY
7:00 PM The Sitter (R)

SATURDAY
2:30 PM Alvin and the Chipmunks: Chipwrecked (G)
4:45 PM The Muppets (PG)
7:00 PM Sherlock Holmes: A Game of Shadows (PG-13)

SUNDAY
2:30 PM Alvin and the Chipmunks: Chipwrecked (G)
4:45 PM Hugo (PG)
7:00 PM New Year's Eve (PG-13)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Sherlock Holmes: A Game of Shadows (PG-13)
8:30 PM The Sitter (R)

SATURDAY
4:00 PM Sherlock Holmes: A Game of Shadows (PG-13)
7:00 PM Puss in Boots (PG)

SUNDAY
2:00 PM The Muppets (PG)

For more movie information, visit www.greatlifehawaii.com.