

Softball title goes to 8th IS in blowout over HQ PACAF



Story and photos by Randy Dela Cruz

Sports Editor

The 8th Intelligence Squadron (8 IS) Reapers topped off a torrid day at the plate by scoring six times in the bottom of the fourth to walk off the field June 30 at Hickam Softball Complex with a 17-2 victory over Headquarters Pacific Air Forces (HQ PACAF) and capture the 2012 Joint Base Pearl Harbor-Hickam intramural softball championship.

The win not only claimed the title for the 8 IS but also prevented HQ PACAF from a perfect season after winning their first two games of the playoffs and taking the Blue Division pennant with a spotless 13-0.

The Reapers entered the single-elimination championship series as the Blue Division's number three seed after finishing their regular season with a record of 9-4.

After falling behind by two runs in the top of the first, the Reapers quickly jumped out in front in their turn at-bat by starting off the frame with back-to-back singles before Tech. Sgt. Stanley Crescioni crushed a pitch over the center-field fence for a three-run jack and the lead.

"I was just looking for something to hit, got it, let it go," said Crescioni about his game-changing shot. "It was just

caveman — see ball, hit ball."

Two batters later, 1st Lt. Sean Quintana ripped a triple to drive in Senior Airman Travis Fullmer and scored on an errant throw to home for a 5-2 advantage in the first inning.

The lead seemed to settle 8 IS pitcher Staff Sgt. Tim Heggedahl, who after giving a leadoff single in the top of the second, retired the next six PACAF hitters in succession and didn't allow another hit in tossing three shutout innings.

"It has nothing to do with me — it's these guys," Heggedahl said, while pointing to his teammates. "Roman, (Airman 1st Class Matthew), our shortstop, was amazing and our outfield was really good. Our guys made a couple of huge plays. Fullmer made around three great catches in right-center."

With Heggedahl and the team's defense shutting down the potent PACAF batting order, the Reapers kept pouring it on at the plate. In the bottom of the second inning, the trio of Crescioni, Quintana and Fullmer were back at it again, with Crescioni hitting his second homer of the game, Fullmer spanking a single, and Quintana hammering a long fly that was misjudged for an error by the PACAF center fielder to score two more runs.

Rumblings of a possible mercy-rule win began in the third inning, following a two-run triple by Tech. Sgt. Greg Peterson, who was later driven home on a single by Roman that raised the advantage to 11-2.

Then in the fourth, the Reapers closed the books on the 2012 season by crossing home six more times. The big inning

was touched off by a two-run shot over the right-field fence by Fullmer before the team added four more runs on back-to-back doubles by Staff Sgt. Adam Delph and Peterson, and a sixth and final run on a walk-off single by Roman.

"It felt great — especially at the end of the game, when we're up by so many, to seal the deal," said Fullmer about his rally-starting homer. "That team (PACAF) is very talented. We were lucky to hit the ball."

The final run touched off a celebration on the field and in the stands, where one particular spectator was especially proud of the Reapers' title-clinching win.

"I've only been here two months, so this is fantastic," said Lt. Col. James Weaver, commander of the 8 IS. "The squadron is amazing. The team has really jelled together, the squadron as a whole. Just happy that we have such a close-knit group of people, so we can accomplish our mission and have fun too."

Heggedahl agreed with Weaver that winning the championship goes well beyond what happened on the diamond.

"As a tenant unit, nobody knows, when we say, 'we're the 8 IS,' where we work or what we do," Heggedahl said. "So it brings (awareness). It's huge."

In savoring the win, Heggedahl said that while it's too early to start thinking about a repeat for the Reapers, he believes that the team should be title contenders for years to come.

"You cherish what you have, when you have it, because who knows what could happen — PCS, deployments," Heggedahl pointed out. "This is a young team. Most of these guys are 18, 19. These guys don't realize how good they can be. Most of them just got here, so it could be huge. We'll wait for next year to see."



Kunia Gallos beat HIANG for soccer championship

Story and photos by Randy Dela Cruz

Sports Editor

The Kunia Gallos converted a penalty kick by team captain Cryptologic Technician (Interpretive) 1st Class Steven Bloom and got a late goal by Staff Sgt. Winston Jackson to beat the Hawaii Air National Guard (HIANG), 2-0, at Ward Field, June 30, and claim the 2012 Joint Base Pearl Harbor-Hickam (JBPHH) intramural soccer championship.

The title was the second in a row for the Gallos, which entered the season as the defending champs after winning the first ever JBPHH intramural soccer crown in 2011.

Bloom, who has been a member of the Gallos for seven seasons, said that this will be a year that he will always remember.

During his tenure with the team, Bloom saw the Gallos win five intramural crowns, one summer championship and a RIMPAC title.

"This is the last year for the Gallos," said Bloom, before speculations of a threepeat could be considered. "We've had quite a seven-year run. I'll remember this for sure."

After both teams entered halftime in a 0-0 deadlock, the game appeared to be headed for a shootout until Bloom got the opportunity to put his team ahead on a penalty kick at about halfway through the second half.

At first, it seemed as if the HIANG dodged a bullet when goalkeeper Maj. Sam Ensminger reached out in full extension to block Bloom's attempt.

However, officials ruled that Ensminger jumped too early and gave Bloom a second penalty shot opportunity.

Given second life, this time Bloom got hold of the ball and knocked it past the goalkeeper and into the net for the first score of the game.

"When it comes to PKs,



(Top) Kunia Gallos team captain Cryptologic Technician (Interpretive) 1st Class Steven Bloom kicks a penalty shot past Hawaii Air National Guard (HIANG) goalkeeper Maj. Sam Ensminger for the first score in the 2012 Joint Base Pearl Harbor-Hickam (JBPHH) intramural soccer championship game.

(Right) The Kunia Gallos get together with their championship trophy for what may be their final team photo. After capturing their second base title, the Gallos may have seen their soccer dynasty come to an end with many of the players competing in their final game for the team.



you can either psych yourself into it or psych yourself out of it," said Bloom about his approach to the shot. "For me, if I think about it, seems like I'll hook it and it will go right inside the post or right outside the post, so it's 50-50 if

I think about it. So I'm not going to think about it and go right up there and kick it. I don't know where I'll put it, so the keeper doesn't know where I'll put it. Fortunately for me, I put it right out of his reach." The game remained

tight going into the final minutes of play, until Jackson put the game out of reach with a goal to double Kunia's advantage. "On that play, we just finally started passing a little bit smarter because we felt a whole less pres-

sure after we had scored once," Jackson said. "The ball came in, I knew I was going to have a ton of pressure because they (HIANG) have a great defense, so I just touched it down and away and was able to speed away and get

a shot off."

The second score not only solidified Kunia's hold on the game, but also helped Bloom breathe a sigh of relief.

In a hard-fought game, Bloom admitted that he didn't want to win the championship on a penalty kick.

"I feel bad about scoring a PK to win the game. I don't think anybody likes that," Bloom said. "Jackson is incredible. I'm very happy that he got that second goal to solidify the win."

Jackson agreed with Bloom about the importance of the second goal, but for a different reason.

"We were definitely worried. We couldn't score," Jackson stated. "They were one of true, good-at-every-position teams that we played. It was a struggle, but we made it through. I feel better that we got the icing-on-the-cake goal."

Tech. Sgt. Jarvis Uehara of the HIANG said that although it was a tough way to end the season, he was still very happy about how his team hung in until the very end.

"We are pretty happy," Uehara said. "With most of our guys being pilots and are out, we always have to replace them and cover each other. And most of us being guards as well, we usually have to pull duty on weekends and can't play as much games as most people. We're always in and out, so we're happy to be here."

Following the game, Jackson said that he would love nothing better than to come back and help the Gallos win a third straight title, but since most of the players including him are leaving, he realizes it would just have to stay a dream.

"Most of us are PCSing, so it's out of our power," he said. "I joined this team about five or six years ago when I PCSed here. I've seen the highs and lows, but it's great to go out on the high."

PMRF holds Freedom Celebration

Children participate in a whipped cream bubble contest during Pacific Missile Range Facility's Freedom Celebration held July 3. More than 9,000 spectators attended the event which culminated in a 15-minute fireworks display.

U.S. Navy photo by MC2 Mathew J. Diendorf



Spectators enjoy the sunset on the west side of Kauai during Pacific Missile Range Facility's Freedom Celebration.

U.S. Navy photo by MC1 Jay C. Pugh



Award winning recording artist Anuheha performs for the crowd.

(Far right) Fireworks pierce the night sky.

U.S. Navy photos by MC2 Mathew J. Diendorf



Lady Bumps storm back to win in three sets

Story and photo by Randy Dela Cruz

Sports Editor

The Lady Bumps volleyball squad came back after losing the first set to subdue I'd Hit That (IHT) in three sets, 16-25, 25-21 and 15-13 in a Women's Volleyball League (WVL) matchup June 30 at Naval Station Gym, Joint Base Pearl Harbor-Hickam (JBPHH).

The WVL is a pay-to-play league that is open to women 18 years and older, who are active duty and family members, and Department of Defense employees from JBPHH.

In the first set, the game seesawed back and forth until IHT slowly moved ahead to take an 11-7 advantage.

From that point, IHT handed service to Pherica Fontenette, who proceeded to record six service aces in a row and give IHT a commanding 17-7 lead before the team moved on to a convincing nine-point victory.

However, led by the service of team captain Rebecca Barnes, the Lady Bumps, a team comprised of military spouses, quickly turned things around in the second set.

Holding service to start set two, Barnes led the Lady Bumps to a 4-0 start, which included one service ace.

Barnes stated that the fast start was a key point to getting the Lady Bumps back into the game.

"It was very important – especially coming from being so far behind in the first game," Barnes said. "It also helped to get their team down a little and off-balance, so it was really important to get those first points."

While IHT battled back to pull to within two at 5-7, the Lady Bumps made another run behind the service of Devinne Welch, who started off with a service ace, before holding service for three more points and a 12-5 lead.

Welch came back later in the set to serve up four more points and extend the Lady Bumps' lead to 24-18.

A rally by IHT narrowed the gap to three at 21-24, but a service error handed the set to the Lady Bumps to force game three.

"Our second set, we didn't sub anybody," Barnes said. "It let everybody get comfortable with each other."

In the third set, the game reverted back to the give-and-take battle that started off the first set.



Lady Bumps team captain Rebecca Barnes returns a shot during a Women's Volleyball League showdown versus I'd Hit That. Barnes helped the Lady Bumps come back from a first-set loss to win in three sets.

Near the end of the match, IHT clung to a two-point lead, but Welch stepped up to score on a block and a kill to tie the set up at 12-12.

A kill by Yeoman 3rd Class Tiki Wilson, Naval Submarine Support Command (NSSC), put IHT back out in front at 13-12, but another service error tied the score before a netball and a final kill by Stephenie Verkamp ended the set and match.

Wilson said that after dominating the first set, IHT just failed to put the game away.

"I guess we just got out of it," she said. "Maybe we got too complacent, thought we had it, but we didn't. We tried to come back, but it was too late."

Although IHT tried they best to pick up where they left off in the first

set, Wilson said too many errors – especially on service – stopped the team from finishing off the Lady Bumps.

"We had a lot of short serves," Wilson pointed out. "That's something that we've been practicing. We're getting better though, so it's cool. We got to play them again. I'm just ready to do it and win."

Barnes praised her team for the way they persevered and never gave up the fight. She added her teammates, such as Welch, really stepped up and that's exactly what the team needs.

"It's really important that we get those players, who can really give up some help," Barnes noted. "We need to keep them in and help keep their games up."



MFSC events will be held in July and August

Navy Region Hawaii

Plan of the Week

Upcoming Military and Family Support Center (MFSC) activities include:

- A Home Front Heroes Awards Ceremony will be from 3 to 4 p.m. July 11 at MFSC Hickam lanai. All children in the community are invited to share in the celebration.

Service members who have deployed, are frequently TDY (90 days or more per year), on a remote tour or individual augmentee Sailors can recognize the support and sacrifices of their children. Single service members may recognize the support of their nieces or nephews. Contact MFSC Hickam for a nomination form at 449-0300.

- "Operation Hele On" will be held from 7 a.m. to 5 p.m. Aug. 17. Even though this event is a month away, the MFSC is now looking for 200 volunteers to help with this year's youth deployment day.

The event is geared for children ages 9-14. Volunteers will be needed to help with set up, registration, training instructors, team leads, medical technicians, photography, medical moulage, tear down and more. For more information on how to volunteer, call MFSC Hickam at 449-0300.

Unless otherwise noted, call 474-1999 to register for MFSC classes. For a list of all monthly classes, visit www.greatlifeohawaii.com and click on "classes."

First Friday jazz event to take place tonight

The Hawaii State Art Museum will host First Friday, an evening of jazz, from 6 to 8:30 p.m. July 6 at the museum.

The free event features Wally Amos, Gabe Baltazar, Al Harrington, Chuck James Trio and Rea Fox. It includes introductory remarks on the roots of jazz and blues for students and others and access to the art exhibitions and the new sculpture garden.

The event is sponsored by the Hawaii Friends of Civil Rights Committee on the Advancement of African American Culture and the Arts.

The museum is located at 250 South Hotel St., second floor courtyard. Public parking is available at Alii Place Alakea Street entrance and Iolani Palace.

For more information, call 586-9959.

Fundraising is ongoing for Hickam's 2012 'Air Force Ball'

Staff Sgt. Mike Meares

Joint Base Pearl Harbor-Hickam Public Affairs

Fundraising efforts for the 2012 Air Force Ball are now ongoing. The Air Force Ball committee and individual units are involved in the effort to help alleviate the per person cost, especially for lower ranking Airmen to attend.

This year's Air Force Ball will be held Sept. 14 at Hilton Hawaiian Village in Waikiki. Ticket cost is \$95 per-



Graphics courtesy of Staff Sgt. Mike Meares

(Left) Air Force Ball coins have been ordered and pre-orders on the coins are being taken. (Right) Special 65th Air Force Ball T-shirts are planned to commemorate this year's event.

theme, Airmen are helping Airmen in the form of fundraising.

"Last year's actual Air Force Ball cost was right at \$90 per person," said Lt. Col. Robert Carneal, Air Force Ball Committee president.

"Tickets sold for less than that amount still had to be paid in full per person. That deficit was paid through fundraising, which units accomplished, and out of the kindness of our Airmen's hearts, (they) donated those fundraising proceeds to last year's Air Force Ball Committee."

Orders are now being taken for T-shirts and "tiki" coins, both with 65th Air Force Ball designs. The items are being sold to raise funds for the event.

"There is much more information soon to follow on transportation, child-care options, etc.," said Master Sgt. Gregory Reed, Air Force Ball committee unit representative lead. "We have some fantastic things planned for this year's ball."

A group rate and blocked off rooms at the Hilton Hawaiian Village have been secured just for the Air Force Ball. Online booking is available from the Hawaiian Hilton at <http://bit.ly/LWqWNI>

"This year's approach means units have greater control and insight to funds allocated against ticket prices," Carneal said. "Please don't let the sticker shock of \$95 per person deter anyone from attending. Let's collaborate together to pay down ticket prices for our Airmen and ensure everyone who wants to attend can do so."

For more information, call Senior Master Sgt. Theodore Guillory at (808) 233-9436. More information can be obtained as it becomes available at <http://bit.ly/KYNfAn>.

Battleship Missouri receives Navy's Retention Excellence Award

Battleship Missouri Memorial Association

The Battleship Missouri added another honor to its long list of achievements July 2 as it was awarded the Navy's Retention Excellence Award.

More commonly known as the "Golden Anchor," this award is traditionally given to active service naval vessels for meeting or exceeding crew retention goals. The Battleship Missouri first received this award in 2005 and is the only non-active vessel to ever receive this prestigious honor.

The Battleship Missouri Memorial was awarded the "Golden Anchor" for the multitude of services it offers to all branches of the military. Annually, the Missouri hosts hundreds of re-enlistments, promotions, retirements and



Photo courtesy of Battleship Missouri Memorial. Visitors can now take a photo at a "Golden Anchor" at the Battleship Missouri Memorial.

change of command ceremonies and has done so since opening to the public in 1999.

In addition, the Missouri also hosts military training exercises and numerous commemorative ceremonies



U.S. Navy photo

The battleship USS Missouri (BB 63) returns to Ford Island after finishing scheduled repairs Jan. 7, 2009 at Pearl Harbor Naval Shipyard.

including the upcoming Sept. 2 ceremony honoring the end of World War II.

"To even be considered for an award as prestigious as the "Golden Anchor" is a great privilege, this is an honor for all of us here at the Battleship Missouri

Memorial," said Michael A. Carr, president and chief operating officer of the Battleship Missouri Memorial. "Our goal at the Missouri is to be a proud tribute to the U.S. military, and we hold these ceremonies to honor and thank the men

and women who serve our country so valiantly."

Rear Adm. Patrick Driscoll, deputy commander and chief of staff for U.S. Pacific Fleet, presented the award under the ship's iconic 16-inch guns. In celebration of the award, a newly

unveiled gold anchor sits at the entrance of the Missouri.

For more information or to schedule a military ceremony aboard the Battleship Missouri, contact Mike Pagano at MikeP@USSMissouri.org or 455-1600, ext. 225.

My Favorite Photo...

See this week's photo on page B-6

How to submit

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho'okele? Here is your opportunity. Submissions must be from people affiliated with the military services, including active duty, family members,

Reserve, retired and Department of Defense civilians, etc.

Your favorite photo can be just about anything, but keep in mind that it should be in good taste. We aren't looking for posed family shots or group shots. But if you have a photo that you think is interesting and creative, here is your chance to

see it published.

Photo submissions will be reviewed by Ho'okele editors who will determine if/when they will run in the newspaper. Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and

contact information.

Please send your photos to editor@hookelenews.com and "cc" Karen Spangler, managing editor, at karen.spangler@navy.mil and Don Robbins, assistant editor, at drobbs@hookelenews.com.

Brush up on your photography skills. Ready, set, shoot!

Chet Adessa reflects on his five decades of service

Story and photo by Jazzmin Williams

For someone who has spent five decades devoted to civil service, Chester "Chet" Adessa, family advocacy prevention education specialist for the Military and Family Support Center (MFSC), still maintains his passion for what he does.

Adessa recently oversaw his fifth year of the "father-daughter" dance at Joint Base Pearl Harbor-Hickam (JBPHH). This year's dance, which took place on two days this year (April 21 and May 5) due to its popularity, is just one of the programs that Adessa has nurtured and developed during his time at the MFSC.

"Looking at some of these pictures and listening to some of the comments as they were leaving at the end of the night, it makes it all worthwhile. It does," Adessa said.

A retired chief personnelman (now merged with personnel specialist), he retired from the Navy after 20 years of service in 1982. Approximately six months later, Adessa again began working for the government, landing a position with Army Community Service.

It was here that he first made his mark in a long-time effort to provide help to those who can't always ask for it in the military community. Adessa pushed to install a TDD/TTY phone system for the hearing-impaired to contact both the federal fire department and police department, after noticing signs in the Aliamanu military cautioning about deaf children in the area.

After starting at the Navy MFSC in 1989, Adessa said he wore "a lot of different hats" and held multiple positions before settling down as a family advocacy prevention education specialist.

While working with par-



Chester "Chet" Adessa, family advocacy prevention education specialist for the Military and Family Support Center (MFSC), participates in a "Pinwheels for Prevention" event for Child Abuse Prevention Month in April.

ent education programs, Adessa became involved with the child abuse prevention month program.

"I said, 'We need to have a proclamation,'" Adessa said. "So I started doing some research and realized you don't have to dream this stuff up."

At the first proclamation signing in 1991, there were approximately a dozen attendees. Compare that to this year at the annual Springfest in April (Child Abuse Prevention Month) where hundreds of patrons were on hand to witness Rear Adm. Frank Ponds, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, sign a

declaration rededicating the Navy's commitment to the prevention of child abuse.

The "father-daughter" dance idea arose from other similar dances Adessa had seen. He decided to add a twist by making it an informal setting where the fathers and daughters could really get to know one another and grow in their relationship without feeling pressured.

Adessa said he firmly believes that a father and daughter relationship is essential in providing a positive male role model for a young woman.

"It's a real important relationship," Adessa said. "My daughter and I, we get along just terrific, even through the teenage years."

After partnering with Morale, Welfare and Recreation (MWR), the first "father-daughter" dance was held five years ago and was attended by an estimated 55 people. This year's event featured two nights of dinner and music with all 500 tickets sold.

Another project on Adessa's list of accomplishments is a new-father program called Boot Camp for Dads.

Boot Camp for Dads is a new dad program in which "veteran" fathers bring their months-old children and teach the ropes to "rookies" with babies on the way. Adessa noticed many programs available for mothers and even couples, but nothing specifically for dads.

Every month, the classes fill up and fathers of all ages and ranks get together to help each other with one thing they all have in common: the desire to be a good dad. The motto of Boot Camp for Dads is "Men only. Real babies. No fear."

Adessa lists staying positive as an important part of what he does and his admiration for families as the reason for his long-term dedication to all of these programs.

"They're important to me because families are important, and the family structure is so important," Adessa said.

Adessa also applied for and received two grants of resource materials from the FFSC from the National

Fatherhood Initiative, valued at more than \$5,000. The first grant was for "Daddy Packs," and the second grant was for a Fatherhood Resource Center on display in the customer service area.

Adessa is a certified family life educator with the National Council on Family Relations, past post commander, American Legion, Post 56, and former commissioner on the State of Hawaii Fatherhood Commission.

He has been a member of Prevent Child Abuse Hawaii Child Abuse Prevention Planning Council for more than 20 years, a member of the Hawaii Children's Trust Fund Advisory Committee, and chair-elect of the Hawaii Coalition for Dads.

This Week's Trivia

When did Dr. Robert H. Goddard receive a U.S. patent for a two-stage solid-fuel rocket?



Last Issue's Question: What significant action happened on June 18, 1812 in U.S. history?

Answer: American President James Madison declared war on Great Britain on that date, after Congress passed his war bill. He felt it was required if the United States was to continue as a sovereign nation with an economy dependent on freedom of the seas and free trade.

Second annual Bellows biathlon set for Aug. 18

Bellows Air Force Station's second annual biathlon will take place starting at 7:30 a.m. Aug. 18.

The biathlon consists of a 300-yard swim and three-mile run. The event is an open-ocean swim and the run is mixed asphalt and sand.

This is not a chip-timed race. The entry fee is \$25 for individuals and \$35 for teams.

No refunds will be given.

There is a \$5 discount for entries received/post-marked by Aug. 4. Register for the event by Aug. 11. Entries include a competitor's T-shirt. Late entrants are not guaranteed a shirt. The event will include refreshments and age group awards.

Visit the website www.bellowsafs.com to register.

PEARL HARBOR-HICKAM **Maniawa Nanea** LEISURE

Morale Welfare & Recreation

🏐 HMYAA VOLLEYBALL

Registration for HMYAA Volleyball will be held through Aug. 3. The season runs from September through December. The league is open to ages 7-18. The cost is \$65 and includes T-shirt, shorts and medal. FMI: www.greatlifehawaii.com.

🏏 COSMIC BOWLING

Participate in 2-for-1 cosmic bowling, featuring lights and music, from 7 to 10 p.m. Friday at the Escape Bowling Center. Purchase one game and get the second game free. FMI: 473-2651.

🥊 UFC 148 IN HD

The rematch between Anderson Silva and Chael Sonnen will be shown in high-definition on Saturday at J.R. Rockers as they fight in Las Vegas. Doors open at 2 p.m., fight starts at 4 p.m. The event is free for members, \$10 for non-members. FMI: 448-2271.

🏄 SURFING, BARBECUE AT WHITE PLAINS BEACH

Join professional instructors from 10 a.m. to 4 p.m. Sunday at White Plains Beach to learn the basics of surfing and for a barbecue. Participants must be able to swim without a lifejacket. FMI: 473-1198.

📖 PRESCHOOL STORY TIME

Preschool story time will take place at the Hickam Library from 9 to 10 a.m. July 11 with the theme of "outer space." FMI: 449-8299.

🏌️ GOLF DEMO DAY

Try out the latest golf equipment at the driving range from 4 to 6 p.m. July 11 at the Navy-Marine Golf Course. FMI: 471-0142.

🥾 HIKE DIAMOND HEAD

Hike Diamond Head and discover its views and history from 3 to 7 p.m. July 11. Bring sunblock, hat, water and a camera. On the way home take a plunge in the cool waters at the beach. The cost is \$10 per person. FMI: 473-1198.

🛶 KAYAKING AT KAILUA BEACH

Join a kayaking excursion from 9 a.m. to 3 p.m. July 14 at Kailua Beach. The transportation, instruction and equipment will be provided. Bring a camera and sunscreen. The cost is \$20 per person, and the registration deadline is July 12. FMI: 473-1198.

For more information on events, visit www.greatlifehawaii.com.

Community Calendar

🌿 July

🌿 Navy Region Hawaii and Forest City Residential Management (FCRM) will hold community meetings to present the changes to the Resident Energy Conservation Program being implemented Navy-wide.

The meetings include:

- July 10, 5:30 p.m., FCRM Moanalua Terrace Community Center.
 - July 12, 5:30 p.m., FCRM Hokenani Community Center.
- FMI: Darryl Nii at Navy Region Hawaii at 474-1825 or Tom Carter at Forest City Residential Management at 839-8610.

🌿 **10** ~ A Hawaii Armed Forces Communications and Electronics Association buffet luncheon will take place from 11 a.m. to 1 p.m. at Fort Shafter, Hale Ikena Club. All young professionals in information technology, communications, cyber security or STEM (Science, Technology, Engineering, and Mathematics) are invited to attend. The guest speaker will be Gordon Bruce of the City and County of Honolulu. All military and civilians are welcome. FMI: www.afceahawaii.org or call Ken at 441-8524.

🌿 **16 to 20** ~ Pearl Harbor Memorial Chapel will hold a vacation bible school for children in kindergarten through sixth grade from 9 a.m. to noon. Visit <https://overboard.cokesburyvbs.com/pearlharbormemorialchapel> to register your child or to volunteer. FMI: 473-3971.

🌿 At a glance

🌿 Due to construction work being done on the building, the Navy Marine Corps Relief Society Thrift Shop has temporarily changed its hours. The thrift shop is only open on Thursdays and Fridays from 8 a.m. to 1 p.m. The shop will also be open the second Saturday of the month from 8 a.m. to 1 p.m. It will resume regular hours next spring when the project is expected to be completed. FMI: 473-0282.

🌿 South Avenue will be repaired and repaved from Port Royal Street to Nimitz Gate beginning July 9. Work is expected to be concluded in September. Drivers are expected to obey all warning signs and take extra caution while driving near road construction. FMI: Lt. j.g. Gil Barron at 341-2480 or email gilbert.barron@navy.mil.

🌿 New this summer at Pacific Aviation Museum Pearl Harbor is "happy hour at the museum" Fridays and Saturdays from 4 to 6 p.m. The event coincides with the commencement of RIMPAC 2012. The museum's Laniakea Café will be serving specials such as a limited dining and snack menu. FMI: 441-1007 or SpecialEvents@PacificAviationMuseum.org.

🌿 Tickets for the 2012 Air Force Ball are now available. The event will be held Sept. 14 in Waikiki. Tickets cost \$95. FMI: Senior Master Sgt. Theodore Guillory at 233-9436.

Movie Showtimes



Men in Black 3 (PG13)

Agent J and K are back... in time. J has seen some inexplicable things in his 15 years with the Men In Black, but nothing, not even aliens, perplexes him as much as his wry, reticent partner. But when K's life and the fate of the planet are put at stake, Agent J will have to travel back in time to put things right. J discovers that there are secrets to the universe that K never told him – secrets that will reveal themselves as he teams up with the young Agent K to save his partner, the agency, and the future of humankind.

SHARKEY MOVIE THEATER HICKAM MEMORIAL THEATER

TODAY
No movie to be shown

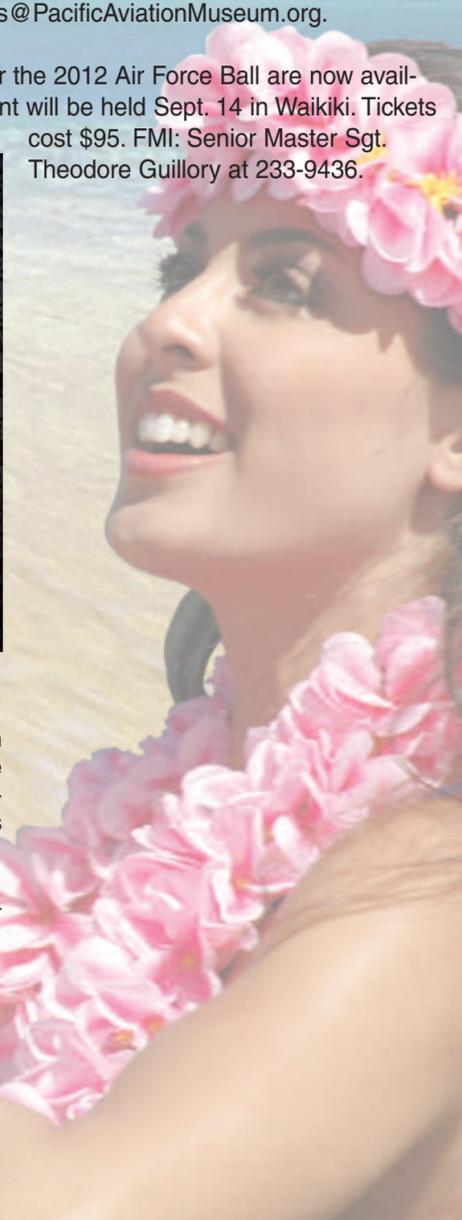
SATURDAY
2:30 PM Dark Shadows (PG-13)
5:00 PM The Avengers (PG-13)
7:30 PM The Raven (R)

SUNDAY
2:30 PM The Avengers (PG-13)
5:15 PM Safe (R)
7:00 PM The Avengers (PG-13)

TODAY
6:00 PM Men in Black 3 (PG-13)
8:30 PM Dark Shadows (PG-13)

SATURDAY
4:00 PM Men in Black 3 (PG-13)
7:00 PM Marvel's The Avengers (PG13)

SUNDAY
2:00 PM Men in Black 3 (PG13)



JBPHH MWR receives national award

JBPHH Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (JBPHH MWR) was recently selected to receive a National 2012 Excellence in Water Safety Award by the National Recreation and Park Association (NRPA).

NRPA will present the award publicly at a special reception at the association's 2012 Congress and Exposition in Anaheim, Calif. on Oct. 17.

Each year, NRPA national awards are presented to individuals and agencies across the U.S. to honor their efforts, both professional and personal, in the field of parks and recreation.

Recipients are selected from a pool of applicants by NRPA's National Forum Awards Committee and are chosen for excellence in a variety of topics, including professional and voluntary service, programming, leadership, research and public outreach.

JBPHH MWR runs a year-round

comprehensive water safety program, which consists of seven pools and two beaches. The pools and beaches not only cater to the military population, but the island of Oahu.

This size of patronage can increase the number of water safety incidents, which is why JBPHH focuses its efforts on water safety, swimming skills classes and certifications to continue being the leader in water safety among military branches.

"Being in Hawaii, we have the environment that allows for people to go to the beach every day and allows for more swimming lessons and safety classes, which in turn makes people safer," said Greg Brown, JBPHH MWR aquatics director.

"Everyone uses the water. It's a year-round activity. Water safety is at the top of mind every day," said Rodney Gouveia, MWR recreation director.

"NRPA is pleased to honor our nation's park and recreation heroes—agencies and individuals who work tirelessly and with passion to improve the lives of their citizens and make

their communities great," said Barbara Tulipane, CEO of NRPA.

Whether military and their families are about to PCS to Hawaii or have been here for years, MWR is designed to help the military community find free or low-cost events, programs and classes.

MWR Aquatics provides year-round activities for patrons of all ages, whether it's swimming laps, doing water aerobics, having a birthday party, or splashing around with the family.

The National Recreation and Park Association is a national not-for-profit organization dedicated to advancing park, recreation and conservation efforts that enhance quality of life for all people. Through its network of 20,000 recreation and park professionals and citizens, NRPA encourages the promotion of healthy lifestyles, recreation initiatives, and conservation of natural and cultural resources.

For more information, visit the website www.NRPA.org or visit www.parksandrec-magazine.org.

Earth tip: See urban garden center

Rebecca Hommon

Navy Region Hawaii Environmental Counsel

Visit Pearl City's Oahu Urban Garden Center, then plant something.

In the area between the Pearl City Home Depot, Public Storage and the elevated freeway sits the University of Hawaii's Oahu Urban Garden Center.

The 30-acre garden and park introduces visitors to native plants, different types of plumeria, fruit orchards and an idea garden. It's free and open Monday through Friday from 9 a.m. to 2 p.m. and every second Saturday.

A visit will trigger thoughts of what might be a successful plant for your available space, whether in the ground itself or in a pot.

Growing anything, whether flower, vegetable, shade or ground cover, heightens one's awareness of nature's systems and might introduce you to some interesting insects.

Working with plants can be a valuable part of maintaining or finding positive mental health. The urban garden center's website is found at <http://www.ctahr.hawaii.edu/ougc/index.asp>.

WHO SAID IT?
 "Innovation distinguishes between a leader and a follower."



Last Week's
WHO SAID IT?
 "Freedom and justice cannot be parceled out in pieces to suit political convenience. I don't believe you can stand for freedom for one group of people and deny it to others."
 Coretta Scott King

My Favorite Photo...

Photo courtesy Lt. Cmdr. Allen Unger

Navy Lt. Cmdr. Allen Unger took this photo on the Fourth of July at Joint Base Pearl Harbor-Hickam. Unger is employed at Naval Supply Systems Command Fleet Logistics Center Pearl Harbor.



Artist displays his work

Local artist Kim Taylor Reece shows his work to curious customers June 30 at the Pearl Harbor Navy Exchange Mall. Reece appeared at the mall in honor of RIMPAC visitors.

Photo by Justine Elona



MFSC classes offered in July

Military and Family Support Center (MFSC) classes are free for Department of Defense civilian employees as well as for active duty military, retirees and family members.

MFSC course offerings can be found on the Quality of Life Navy Hawaii website at <http://www.greatlifeohawaii.com>.

Some MFSC classes in July are "stress management," on July 10 and "anger management" on July 24. Both classes are from 8 to 11 a.m. Call the customer service desk at 474-1999 to register.

Call 474-1999 for CEAP information, assessment, referral and/or brief counseling.

THIS WEEK IN USAF AND PACAF HISTORY

Charles Nicholls

PACAF historian

- On July 2, 1926, the Air Corps Act redesignated the Army Air Service as the Army Air Corps and created an assistant secretary of war for Air.

On the same day, Congress also created the Distinguished Flying Cross to honor heroic acts or extraordinary achievements in flight by military members, retroactive to April 6, 1917. The first Distinguished Flying Cross was awarded to Capt. Charles A. Lindbergh.

- Col. Millard F. Harmon and 1st Lt. Robert Warren made an inspection of Hickam Field from a P-12 aircraft on July 6, 1937. Satisfied with that visit, the Air Corps planned to transfer air units to Hickam Field, and the commanding general of the 18th Wing established his headquarters there.



This photo shows the former Hickam Field on July 21, 1937, looking northeast over the flightline.

- The typhoon season brought torrential rainfall to Japan in 1953, producing the worst flooding in Japanese history. From July 2 to July 13, 1953, the 483rd Troop Carrier Wing used C-119 Flying Boxcars to transport relief equipment and supplies from Tachikawa AB in the Tokyo area to Kyushu. The C-119s transported five-ton water purification machines, electric generators, food, shoes, clothing and medical supplies.

- On July 8, 1962, the Starfish Prime test was conducted. A Thor rocket launched from Johnston Island carried a 1.4 megaton hydrogen device to an altitude of 250 miles, the highest altitude for a U.S. thermonuclear blast. The detonation was 800 miles from Hawaii at 10 p.m. Hawaiian Standard Time. Because there is almost no air at an altitude of 250 miles, no fireball occurred. However, the sky was illuminated by an artificial aurora for more than seven minutes.

- From July 8-16, 1979, Strategic Air Command held Operation Global shield, exercising every phase of its single integrated operations plan (SIOP). Global Shield involved both active forces and Air Force Reserve units. Nearly all bombers, tankers and missiles were placed on alert. Some aircraft dispersed to pre-selected bases, while others flew sorties over bomb-scoring sites. On July 10, SAC, launched two Minuteman III intercontinental ballistic missiles from Vandenberg AFB.

- Operation Provide Promise began delivering food, medical supplies and other relief to Sarajevo and other communities in newly independent Bosnia-Herzegovina on July 3, 1991. Provide Promise became the longest sustained relief operation in USAF history. By early January 1996 when the operation ended, C-130s, C-141s, C-5s and C-9s had delivered nearly 160,000 tons of relief supplies, some of them by airdrop and some by landing on airfields under hostile gunfire.

THIS DAY IN NAVY HISTORY

Navy Region Hawaii
Plan of the Week

- On July 2, 1950, the USS Juneau and two British ships sank five of six attacking North Korean torpedo boats and gunboats. On that day in 1967, during Operation Bear Claw, Seventh Fleet Amphibious Force conducted a helicopter assault 12 miles inland at Con Thien.

- On July 4, 1776, American colonies declared their independence from Great Britain. In 1777, John Paul Jones hoisted the first Stars and Stripes flag on Ranger at Portsmouth, N.H.

- In 1801, the first presidential review of U.S. Marine Band and Marines at the White House took place. In 1831, the U.S. concluded an indemnity treaty with France. In 1863, the Confederates surrender of Vicksburg, Miss. gave the Union control of Mississippi River.

- On July 8, 1778, the Allied French fleet under Comte d'Estaing arrived in America. In 1853, Commodore Matthew C. Perry sailed his squadron into Tokyo Bay. In 1944, naval bombardment of Guam began.