

Two F/A-18 Hornets pass within inches of each other at speeds of over 350 mph at Marine Corps Base Hawai'i-Kaneohe's 'Blues on the Bay' airshow.

Blue Angels roar across Hawai'i skies

Story and photos by
JO2 Devin Wright

Staff Writer

The skies over Marine Corps Base Hawai'i-Kaneohe were clear Oct. 8 despite the sounds of thunder. The sounds of thunder were compliments of five Navy Blue Angel FA/18 Hornets performing for more than 75,000 spectators in the "Blues on the Bay" air show Oct. 8 - 10.

For many of the spectators, the thrill of seeing the Blue Angels perform their high-speed maneuvers was "amazing" said Jesu McCoy, a Blue Angels spectator. "Seeing them do all those rolls and tricks was awesome. I can see where people would want to join the Navy after having seen them. It's a great recruitment tool," McCoy added.

The average tour of duty for a Blue Angel pilot is two to three years.

For Marine Maj. Len Anderson, this is his last.

"This is my third year with the team," said Anderson. "I started out on the team as a narrator. I would describe the differ-

ent maneuvers the pilots make during the show. Then I was the opposing solo pilot. Now this year I am the lead solo."

"A lot of people think this is our only job, like we do air show our entire career, but the truth is we came from the fleet and we'll go back to the fleet," said Anderson.

Anderson is the only Marine demonstration pilot with the Blue Angels.

"Typically we have one Marine pilot represented as a Navy Blue Angel," Anderson said. "We have a few guys in the maintenance crew that are Marines as well. We can hold our own around these Navy guys."

"In fact, we're here to keep them in line," he joked. "The Navy and Marine Corps is so integrated now. We both serve on carriers and we are deployed together, so I think one Marine in the Navy Blue Angels is a fair representation of the number of Navy pilots to the number of Marine pilots," he said.

Anderson hoped the air show gave the general pub-

lic a chance to witness different facets of the military.

"It's been a long time since we've been out here in Kaneohe," Anderson said. "So I'm glad the public was able to come on the base and see a little of what the military has to offer. We've got a lot of static displays out here and they can ask questions and really just put a face with their military."

"I also hope they enjoyed the air show and saw what these aircraft are capable of," he added.

The Blue Angels were established in 1946. Since then, the Blue Angels have enhanced Navy recruiting while serving as goodwill ambassadors.

More than 15 million people see the Blue Angels perform each year. Since 1946, the Navy Blue Angels have performed for more than 380 million people.

This was the first time in 22 years the Blue Angels have performed at Marine Corps Base Hawai'i-Kaneohe. The last time the aerobatic team performed in Hawai'i was in 1995 at Naval Air Station, Barbers Point.



Spectators at the "Blues on the Bay" air show watch as the Navy Blue Angels perform their high-speed aerobatic maneuvers Oct. 9. More than 15 million people see the Blue Angels perform each year. Since 1946, the Navy Blue Angels have performed for more than 380 million people. The last time the aerobatic team performed in Hawai'i was in 1995 at Naval Air Station, Barbers Point.



A Navy Blue Angel crew member takes his position before the FA/18 Hornet takes off. The ground crew is made up of Navy and Marine Corps maintenance personnel. All of the Blue Angel pilots are Navy personnel except for Marine Maj. Len Anderson, lead solo pilot.



Four Navy Blue Angels FA/18 Hornets fly in formation at the "Blues on the Bay" air show at Marine Corps Base Hawai'i-Kaneohe. This was the first time in nine years the Navy Blue Angels have performed in Hawai'i.

Commentary

Focus on Fun

JO1 Daniel J. Calderón, Editor

daniel.j.calderon@navy.mil

Try an uplifting experience

There's something to be said about falling though the air at more than 120 mph and watching the ground rush to meet you with only a thin piece of material suspended by rope to keep you from ending your time on this world. Of course, I've done that one before. No sense telling you about that again.

Besides, this time it's all about what one might call "Diet Extreme Sports" – all the fun with none of the danger.

I tried Lifted Entertainment's wind tunnel over at Dillingham Air Field, near the North Shore. It's billed as Hawai'i's only vertical wind tunnel. Just looking at it is not too impressive, actually. It looks like a really big bounce house. I mean, I've been advocating those kinds of things because why should little kids have all the fun in bounce houses? But that's getting off the subject.

Lifted's wind chamber is about 23 feet tall. According to Lifted Entertainment, the wind column inside the chamber can reach speeds of up to 125 mph. To put it into perspective, think about bottling up hurricane-force winds.

Before you can even set foot in the chamber, though, you have to watch a safety video and an instructor there will get you in the proper gear, including a jumpsuit, helmet, goggles and ear protection. Mike, the instructor for the simulated jump I took, also showed me and my two fellow aeronauts all how to properly situate ourselves once we were in the wind column. Because the wind is so intense, speaking would be useless, so we learned hand signals for the experience.

Once we were set up, in we went. I'll admit to a great degree of hubris as I climbed the steps into Lifted's wind chamber. I mean, I had already jumped out of an airplane. How hard could this possibly be? I'd seen the video. I'd seen other video of simulators like this. It was all about relaxing and letting the wind column do all the work. Simple, right? Right. Sure.

The three of us climbed into the chamber and Mike came in right after us. After watching the two others go into the air column ahead of me, I was sure I had the right idea of how to position my body for maximum lift. I had grand visions of floating to the top of the chamber on a cushion of air and performing dazzling flips and twists and pretending to be Superman. Finally, it was my turn.

I knelt on the springy metal mesh of the chamber's bottom and put my palms together in a prayer posture while the wind tunnel built up speed. I knifed my

body forward slowly and prepared to soar to the top of the 23-foot chamber. As the wind caught my outstretched body, I relaxed to let the wind catch me – and I promptly spun over sideways as the wind caught hold of my improperly placed body and tossed me out of the column and onto the inflated outer ring where I had been sitting less than two minutes before.

Undaunted, I went back in for a second try, then a third, then a fourth, then... well, you get the point. I learned there is a wide gap between knowing what you want your body to do and actually having it follow your directions.

I walked out of the wind chamber with sore shoulders, a few little scrapes on my elbows from bouncing on the mesh a few times and a greater appreciation for skydivers. I mean, those people contend with the same wind speeds without the saving grace of a net. Think about it. I had to deal with high-speed winds and learning about how to position my body. When I messed up, I just spun around a few times and bounced into an inflatable ring. If skydivers don't get their body position right, it's a much worse deal for them.

And then the folks who skydive tandem with folks like me strapped to them? Imagine driving in the Indy 500 with your 10-year-old kid going "Woo-hoo" and having his or her arms all over the place and you may have an idea of what it's probably like.

Still, getting into the wind chamber was an adventure well worth the time invested. If you want to learn a little more about them, you can visit their website at www.liftedentertainment.com.

Lifted Entertainment, in conjunction with 808X.com and Skydive Hawai'i are putting on FearFest Oct. 30 and 31 at Dillingham. They'll be giving away tandem skydives, wind tunnel rides, gear and a whole bunch of other prizes. For those of you who don't win a ride in the air tunnel, Lifted will be giving discounted rates for military and affiliated individuals.

According to the folks at Lifted Entertainment, 808X and Skydive Hawai'i, FearFest is their way of giving a little back to the military community. If I get the chance, I'll head on out Oct. 30 since I have Oct. 31 booked up to take the kids trick or treating. I'm still debating on whether to dress up like Captain America or some other comic book character.

Next time, I'll tell you about the time I went spelunking into Mount St. Helens just for the fun of it, but that's another story...

CFC heads into homestretch

JOSN Ryan C. McGinley

Staff Writer

The 2004 Hawai'i-Pacific Combined Federal Campaign, the annual fundraising drive conducted by federal employees in their workplace each fall, is heading into its final week of accepting donations, and is scheduled to wrap up Oct. 19.

CFC began on Sept. 7 with a goal of contacting and educating 100 percent of its personnel, with over 1,700 charities participating in this year's drive.

"[Training] will provide everybody the opportunity to participate in the campaign," said Cmdr. Ben Goslin, project officer for the CFC. "All the agencies are out there now contacting and training folks, and then providing donation cards to see if people would like to participate in the program."

So far, donations have exceeded \$1.5 million, but no monetary goal was set for the campaign because of fluctuating personnel, such as deployments. Therefore, the main focus of the campaign, according to Goslin, was education and awareness.

"We're ahead of all the



Graphic courtesy of CFC Web site

CFC began on Sept. 7 with a goal of contacting and educating 100 percent of its personnel, with over 1,700 charities participating in this year's drive.

previous years in the number of people contacted to date and the number of people trained to date," he said. "We've put all the training on the web so you can download the CFC video and power point presentations."

This year marks the first time that the CFC has put the training information on the Internet, hoping to reach a wider audience. However, Goslin said that charities actually coming to explain what they do is a major factor in solicitation.

"It's important because it gives the charities the opportunity to actually

come and solicit the federal government," he said.

Goslin said most people have utilized or knew someone who utilized one of these charities, and that provides a tangible reason for donating to the CFC.

"Think back and see if you know anybody who has ever had to make use of some charity," said Goslin. "If you look around, you may be surprised at how many people are actually being helped by these different charities."

For more information or to donate, contact the CFC office at 474-4015.

Group helps military families achieve American dream

American Forces Press Service

A nonprofit organization, Military Housing Assistance Fund, is helping servicemen and women who want to buy a home but can't afford the down payment or closing costs.

"A concerned group of Denver and Memphis business people started MHAF this year when they realized how few military people own their own homes," said William Dugger, fund chairman.

The Department of Housing and Urban Development reports homeownership at an all-time high, with 68.3 percent of all Americans owning their own homes. "Unfortunately, our men and women in uniform are being left behind," Dugger said.

A Rand Corporation study, he said, cited only 27.3 percent of military families own their own homes. When military families were asked why they do not own their own homes, nearly half said, "because they cannot afford to purchase a home."

The fund gives U.S. servicemembers a chance to realize the American dream of home owner-

ship, he said. It also gives private citizens a way to contribute needed support to those in military uniform who protect our country's freedom every day.

MHAF is one of the very few, if not the only, major charities in the United States that gives 100 percent of the funds it receives to the intended beneficiaries, Dugger noted.

MHAF also assists members of National Guard and Reserve units whose activation and deployment has caused them extreme financial hardship.

"Many members in the Guard and Reserve have had their incomes cut in half or more, and MHAF is determined that they will not lose their homes while they are defending our country," he said.

Military Housing Assistance Fund is a fund of Financial Counselors of America. FCA is a 501(c) 3 nonprofit organization founded in 1991, with headquarters in Memphis, Tenn. FCA is a member in good standing of the Better Business Bureau, and is an approved mortgage counselor for both Fannie Mae and the Department of Housing and Urban Development.

Residents can help take a bite out of crime

Editorial by Karen S. Spangler
Assistant Editor

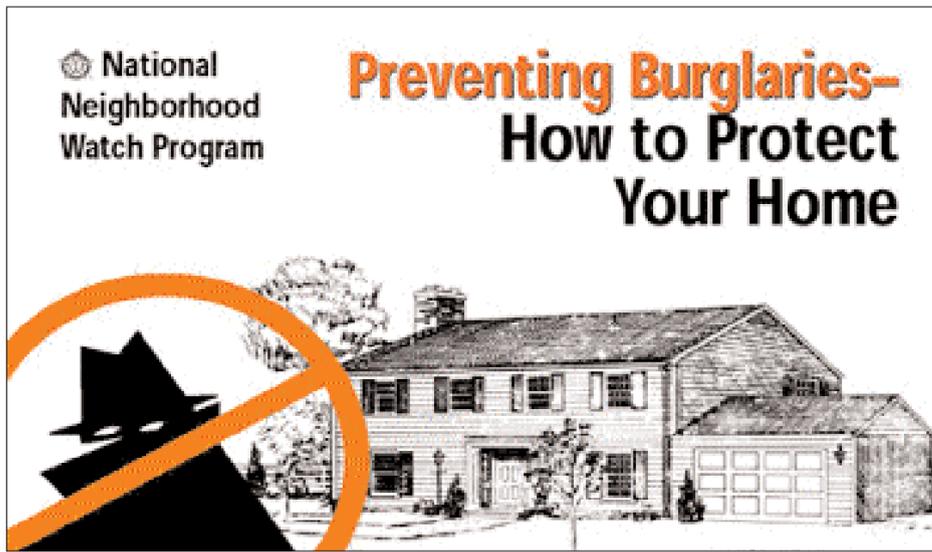
No one wants to be the victim of crime. People would all like to think that they are safe and secure and not susceptible to crime - wherever we live. Unfortunately, in today's world that isn't the case. Crime can happen even in the best of neighborhoods - including Navy family housing neighborhoods. However, property crimes in Navy housing communities throughout Hawai'i continue to happen less frequently than elsewhere, according to police statistics.

But security police advise there are things that everyone can do to deter would-be burglars and criminals.

One essential ingredient in "taking a bite out of crime" is teamwork between security police and housing residents. There are a number of ways that residents can be more proactive in their community.

Police spokesmen recommend that one way is to get involved in the neighborhood crime watch program. Residents who do not have a program in place in their community can call 474-6214 for more information on how to get one started.

Police statistics have proven that crime in communities with active neighborhood watch programs is considerably lower than in neigh-



Graphic courtesy of National Neighborhood Watch Program Web site
The Neighborhood Watch Program utilizes total citizen participants and involvement in a self-help cooperative battle against crime.

borhoods that do not have a crime watch program in place.

Security police emphasized the importance of housing residents being aware of what is happening in their neighborhoods.

"One of the most important things housing residents can do to protect themselves is to know your neighborhood," they advised and made some recommendations: "It is important to know who belongs and who does not. What cars are parked where, and at what time of day? Is there a suspicious looking person or vehicle driving

down your street? While it could simply be a visitor or lost motorist, it could also indicate a potential problem, as thieves like to pick out homes that they can get into - and out of - without anybody noticing they are there. If you notice suspicious activity, contact regional security immediately," they emphasized.

The Neighborhood Watch Program (NWP) utilizes total citizen participants and involvement in a self-help cooperative battle against crime. The Neighborhood Watch signs posted in neighborhoods warn: "If I don't call

the police my neighbors will."

According to proponents of the Neighborhood Watch Program, the program's primary success is because it operates on a "help each other" philosophy.

If a family needed assistance, they would want their neighbor to call for help. Respond to your neighbor's needs just as you would want them to respond to yours. By participating in a Neighborhood Watch Program, families are assisting the security police and protecting each other. For the program to be a success, fight-

ing crime must be a collective effort between the police and the community, notes NWP officials.

It is residents and their neighbors who really know what is going on in their neighborhood. By cooperating with each other and base security, members of the NWP can reduce crime in their community in a way that is most effective - by stopping it before it begins.

According to the NWP, involvement in a Neighborhood Watch Program doesn't require a lot of time. It involves neighbors getting to know each other and familiarizing themselves with their neighbors' routines. In this way, any out-of-place activity can be identified and reported to base security.

It involves members being trained to recognize and report suspicious activities in their neighborhood. It involves crime prevention strategies such as home security surveys and operation identification. It involves attendance at monthly meetings to discuss and become aware of crime in the community. A security department representative attends each housing community meeting to address resident concerns regarding crime.

The Neighborhood Watch Program is based on the following four goals:

(1) To increase public education concerning local prob-

lems and effective preventive measures that lead to improved residential security.

(2) To implement community-based programs that are designed to increase the level of community awareness.

(3) To identify and develop effective programs that increase the crime prevention posture of the community.

(4) To enhance relations between the police and the community.

Neighborhood Watch coordinators agree the hardest part of implementing a Neighborhood Watch Program is convincing people to become involved.

Despite concerns about crime in housing communities, community meetings are usually poorly attended. It has also been noted that there is a lack of volunteers to dedicate the time and efforts that go into sustaining an effective Neighborhood Watch Program.

One coordinator explained she had to constantly reassure residents that the Neighborhood Watch program "does not mean becoming a nosy neighbor - just a concerned citizen." She added, "We are the eyes and ears for security."

She explained statistics have proven that Neighborhood Watch programs work. With the help of informed, aware citizens working with law enforcement personnel, incidents of crime can be greatly reduced.

DAPA programs inform Sailors on policies

MM3 Greg Bookout

Staff Writer

Navy drug and alcohol program advisors administer many preventive courses to educate Sailors on the Navy's policies toward drug and alcohol abuse.

Among these programs are the alcohol AWARE program and the Navy PREVENT program.

The alcohol AWARE program is mandated for all hands within two years of entering the service and is mainly targeted toward Sailors aged 18 to 25.

As directed by the Commanding Officers instruction, the AWARE program is a four-hour command-level course designated to make Sailors aware of the basic nature of the drug alcohol, risks involved in using and abusing alcohol, Navy policy, expectations, instructions, core values and what is meant by responsible use of alcohol.

Senior Chief Cryptologic Technician James Harris, Navy Region Hawai'i DAPA advisor, noted that the AWARE program is a success when command involvement is high.

"AWARE works fine when all hands, from junior seaman up to the commanding officer, are walking and talking responsible alcohol use," said Harris. "This means the senior members need to stop telling sea stories about irresponsible behaviors. That sets an expectation to those who hear the stories."

Along with the AWARE program, the PREVENT class given by the Navy offers a message on the dangers of drug abuse, alcohol abuse and situations in which Sailors may come into contact with issues of drug and alcohol use; it promotes good decision-making by Sailors.

When asked about the problem of underage drinking in the Navy, the DAPA said that he believed that the problem is a lack of respect for following the law.

"When I asked about the problem, my thoughts on underage drinking are simple," said Harris. "The right answer is that drinking underage is against the law. We are Sailors and Sailors do not intentionally break the law."

Going further, Harris explained

that the Navy's programs work when personnel breaking naval policy are held fully accountable for their actions and the command makes the general scenario of the event and subsequent consequences of breaking the rules known to the entire command.

"I think that the Navy's policies are fair and are exactly where they should be," said Harris. "They are clear -- zero tolerance for alcohol abuse, zero tolerance for drug use. The programs and policies are successful when policy violators are held fully accountable for their actions, no excuses. They made the choice to do the drugs or break the law, to disregard the policies that they took an oath to follow," Harris explained.

The PREVENT course is given in building 679 on Naval Station Pearl Harbor. The alcohol AWARE program training is done upon command request.

For more information on drug and alcohol abuse prevention and programs, log onto <http://navdweb.spawar.navy.mil/> or contact the region DAPA office at 473-0715.



U.S. Navy photo by PHAN Roland Franklin

Airman Camilo Torres of Brooklyn, N.Y. participates in a scheduled PREVENT course. The PREVENT class given by the Navy offers a message on the dangers of drug abuse, alcohol abuse and situations in which Sailors may come into contact with issues of drug and alcohol use; it promotes good decision-making by Sailors.

Healthwatch: Take care of your hearing health

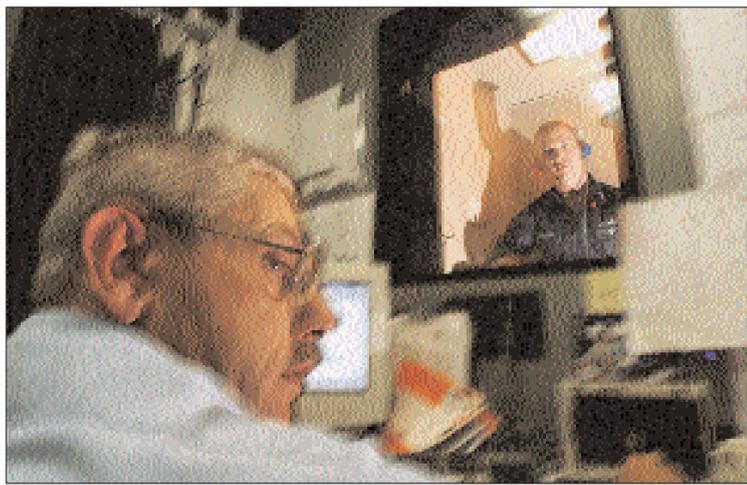
Lt. Cmdr. P. L. Pentin

Naval Hospital Bremerton

Long exposure to excessive noise can damage hearing.

Cells and nerves in the inner ear are destroyed by continuous or repeated exposure to loud sounds. If enough cells and nerves are destroyed, hearing is permanently lost.

Whether noise harms your hearing depends on the loudness, the pitch and the length of time you are exposed to the noise. The loudness of a sound is measured in decibels (dB). The loudness and the length of exposure are related -- the louder the sound, the shorter the exposure can be before damage occurs. For example, eight hours of exposure to 85 dB noise on a daily basis can begin to damage a person's ears over time. Using power tools (at about 100 dB), listening to a stereo headset (at about 110 dB), attending a rock concert (at about 120 dB) or hearing a gunshot (at



U.S. Navy photo by PH2 Jayme Pastoric

HM2 William McKerrow administers a hearing test to IC3 William Smith during an annual medical checkup. People often fail to notice the danger of noise because it doesn't produce many symptoms.

140-170 dB) may damage the hearing of some people after only a few times.

People often fail to notice the

danger of noise because it doesn't produce many symptoms. Hearing loss is rarely painful. The symptoms are usually vague

feelings of pressure or fullness in the ears, speech that seems to be muffled or far away, or a ringing sound in the ears that you notice when you are in quiet places. These symptoms may go away minutes, hours or days after the exposure to noise ends.

People assume that if their symptoms go away, their ears have bounced back to normal, but this isn't really true. Even without symptoms, some of the cells of the inner ear may have been destroyed by the noise. Your hearing will return to normal if enough healthy cells are left, but you can develop lasting hearing loss if the noise exposure is repeated and more cells are destroyed.

The first sign of noise-induced hearing loss is not being able to hear high-pitched sounds, like the singing of birds or the voices of women and small children. If the damage goes on, hearing declines further and lower-pitched sounds like men's voices become hard to understand.

You can help to prevent hearing loss by reducing your exposure to noise. This step is especially important for people who work in noisy places or who commute to work in noisy traffic or construction. If you can't help where you work, choose quiet leisure activities instead of noisy ones.

Develop the habit of wearing earplugs when you know you will be exposed to noise for a long time. Disposable foam earplugs cost about \$2 a pair and are available in commercial drugstores. These earplugs quiet about 25 dB of sound and can mean the difference between a dangerous and a safe level of noise. Consider wearing earplugs when using power tools, lawn mowers, when riding a motorcycle, or when attending a rock concert.

Try not to use several noisy machines at the same time. Try to keep television sets, stereos and headsets low in volume. Loudness is a habit that can be broken.

MWR

Movie Call

Sharkey Theater
Naval Station Pearl Harbor
(473-0726)

FRIDAY
7:00 p.m. Anacondas: The Hunt for the Blood Orchid (PG-13)
SATURDAY
2:30 p.m. Superbabies: Baby Geniuses 2 (PG)
4:30 p.m. Vanity Fair (PG-13)
7:00 p.m. Cellular (PG-13)
SUNDAY
2:30 p.m. Superbabies: Baby Geniuses 2 (PG)
4:30 p.m. The Cookout (PG 13)
6:30 p.m. Open Water (R)
THURSDAY
7:00 p.m. Paparazzi (PG 13)
\$3 adults; \$1.50 children (6-11)

Memorial Theater
Hickam Air Force Base
(449-2239)

FRIDAY AND SATURDAY
7:00 p.m. Anacondas: The Hunt for the Blood Orchid (PG-13)
SUNDAY
7:00 p.m. Vanity Fair (PG 13)
WEDNESDAY
7:00 p.m. Vanity Fair (PG 13)
THURSDAY
7:00 p.m. The Cookout (PG 13)
\$3 adults; \$1.50 children (6-11)
*Special: \$2 adults; \$1 children (6-11)

Sgt. Smith Theater
Schofield Barracks
(624-2585)

FRIDAY
7:00 p.m. Exorcist: The Beginning (PG)
SATURDAY
2:00 p.m. Superbabies: Baby Geniuses 2 (PG)
7:00 p.m. Suspect Zero (R)
SUNDAY
7:00 p.m. Exorcist: The Beginning (PG)
\$3 adults; \$1.50 children (6-11)

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

OUTDOOR ADVENTURE EVENTS

- **Oct. 23:** Makapu'u moonlight stroll, 6-11 p.m., \$5. Register by **Oct. 20.**
- **Oct. 23:** Intro to Spear Fishing Workshop, 10 a.m.-3 p.m., \$25. Register by **Oct. 20.**

T.G.I.F. - OCEAN'S CPO CLUB

Get together to enjoy pupus and entertainment at T.G.I.F. today at Ocean's CPO Club. There will be free pupus starting at 4 p.m. and a DJ will spin music from 5-8 p.m. The club is open to enlisted personnel E-7 -E-9. For more information, call 473-1743.

FREE GOLF CLINICS

A free golf clinic will be offered at Navy Marine Golf Course. NMGC will host "Those 'Tough to Hit' Long Irons" on **Oct. 16**. Register at the NMGC pro shop. For more information, call 471-0142.

SUPER BRAWL 37

Super Brawl 37 will be featured **Oct. 16** at Hawaiian Waters Adventure Park. The fun starts at 5 p.m. and the first bell is at 7:30 p.m. In the mega-main event, Atlanta's Jason "Mayhem" Miller will battle Hawai'i fan-favorite and U.F.C. veteran Ronald "Machine Gun" Jhun for the 170-pound world title belt. There will be nine other bouts, music, entertainment and barbecue plate lunches. Military, police and

fire personnel pay \$20 for general admission. Cabana and ringside seats are also available. Tickets are on sale at the Navy IIT offices. For more information, call 473-0792/422-2757.

BENCH PRESS CONTEST

A bench press contest will be held **Oct. 16** at Bloch Arena with an 8 a.m. weigh-in and 9 a.m. start. Awards will be presented for first and second place in each of three men's weight divisions and one women's division. Divisions are based on entries. The Schwartz/Malone formula determines the strongest pound for pound. The registration fee is \$30. The contest is open to all adult patrons. For more information, call 473-0793.

H2O NO-TAP BOWLING TOURNAMENT

An H2O No Tap Bowling Tournament will be held **Oct. 17** at Naval Station Bowling Center. Signup begins at 5 p.m. and the tournament starts at 6 p.m. For more information, call 682-5146.

FALL RACQUETBALL TOURNAMENT

MWR will host a fall racquetball tournament **Oct. 22-23** at Bloch Arena courts. The time will be announced. Divisions will include men's and women's singles only, open, A, B and C. Trophies and prizes will be awarded to top finishers. The cost is \$5 per player. Register by **Oct. 20** at Wentworth Pro Shop. For more information, call 473-0610.

FALL TENNIS LEAGUE

The fall tennis league starts **Oct. 25**. Divisions will include men's and women's singles and doubles-open,

4.0, 3.5, 3.0, 2.5; and mixed doubles-open, 8.0, 7.0, 6.0. Trophies and prizes will be awarded to top finishers. The cost is \$10 for singles, \$10 for doubles team. Register by **Oct. 20** for the fall league. For more information, call 473-0610.

2005 NFL PRO BOWL TICKETS

Pre-sale for 2005 NFL Pro Bowl tickets begins **Oct. 23** at the NEX Rotunda. The San Francisco 49er cheerleaders will make a special appearance. Additional details will be announced at a later date.

WINTER AND SPRING LITTLE LEAGUE REGISTRATION

Registration for minors, majors and juniors for winter and spring little league will be held **through Oct. 22** at the youth sports office. The season begins in November. Registration is open to children born between August 1990-July 1997. The cost is \$100 for minors, \$100 for majors and \$120 for juniors.

Please bring participant's birth certificate and a current physical (dated no more than one year ago) to registration.

Visit greatlifehawaii.com for the complete schedule or call 474-3501 for more information.

BOWL FOR A BUCK

Bowl for a buck at Thunder Alley at Naval Station Bowling Center. The \$1 special is offered from 11 a.m.-2 p.m. every Wednesday and Thursday and until 11 p.m. every Friday night. For more information, call 473-2574.

MONDAY NIGHT FOOTBALL AT POOL & PIZZA AND OCEANS CPO

Fans can enjoy Monday night football at Pool & Pizza and Oceans CPO Club. Watch the game live at 3 p.m. via satellite at Oceans CPO. The Primetime Pigskin Party starts at

6:30 p.m. at Pool & Pizza with free pupus, games and prizes at halftime. For more information, call 473-1743.

MASTERS SWIM PROGRAM

The Masters Swim Program can help swimmers prepare for a marathon, develop their technique or just improve their stamina. The swim program is for advanced swimmers. Schedule is as follows:

- Richardson Pool, 5-7 a.m. and 6-8 p.m. Monday, Wednesday, Friday.
- Kona Breeze Pool, 5-7 p.m. Monday-Friday.

For more information, call 471-9181

SALSA DANCE CLASSES

Salsa dance classes are offered on Thursdays and Fridays at Bloch Arena Fitness Center. Samir Hana, instructor, teaches the latest dance styles, including merengue, cha-cha and cumbia. There is no partner and no experience necessary. Level I and II classes are available:

- Salsa (Level I): Thursday, 7:30 - 8:45 p.m.; Saturday, 5 - 6:15 p.m.
- Salsa (Level II): Friday, 7:30 - 8:45 p.m.; Saturday, 6:30 - 7:45 p.m.
- Merengue/cha-cha/cumbia: Friday, 6 - 7:15 p.m.

For more information, call 473-0793.



Weekly events:

- Sunday:** Chess tournament, 6:30 p.m.
- Monday:** WWE wrestling, 6:30 p.m.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball Pool tournament - 7 p.m.



Anacondas: The Hunt for the Blood Orchid: A scientific expedition is sent to the jungles of Borneo to search for a rare orchid. They discover the orchid is already being used by a group of giant snakes that derive their strength and size from the flowers.

Cellular: A teacher is kidnapped by a criminal who has threatened to murder her husband and son. He destroys the only working telephone in the cabin, but she manages to put the pieces together and call a college student on his cellular phone.

The Cookout: Todd's newfound wealth means his relationships with the people in his life is bound to change. This becomes evident when he throws a cookout, which means that there's going to be more than one type of culture clash.

Exorcist, the Beginning: This prequel recounts Father Merrin's early-20th-century journey to Africa, where, while doing missionary work as a young priest, he has his first encounter with Satan.

Open Water: Susan and Daniel have just been abandoned by their scuba-diving boat. As the tension escalates between the troubled twosome, the sea-life just below the surface is clearly not of the friendly variety.

Paparazzi: The paparazzi stalk Bo everywhere. He accepts the invasion of his life until photos of his wife and son begin appearing on covers of one sleazy tabloid. The paparazzi become increasingly relentless and criminal.

Superbabies: Baby Geniuses 2: The baby geniuses find themselves in a race against time, to stop the villainous Bill Biscane, from using his state-of-the-art satellite system to control the minds of the world's population.

Suspect Zero: An FBI agent investigates the murder of a salesman, which turns out to be the first of three killings. He tries to find the link between the victims that will lead him to their killer

Vanity Fair: See Review

JOSN Ryan C. McGinley

Vanity Fair

Having never read William Makepeace Thackeray's 19th century novel of the same title, it's hard to correlate between the two. However, if the film resembles the novel in even the slightest manner, neither is worth the piece of paper they were printed on. To establish such a great cast accompanied by visually vibrant filmmaking only to tell such a mind-numbing story, is a crime for any director. "Vanity Fair" tells the story of Becky Sharp, the daughter of an alcoholic painter, who uses sex and politics to work her way up social ladder of class into the British aristocracy. The story is a 'slice of life' piece that follows Becky from childhood through her mountaineering conquests of men and society.

What the story fails to give its audience is a climax or anything worth watching. We watch Becky go from finishing school to a governess to courting rich potential husbands, but nothing ever really happens. We see her struggle and succeed and struggle some more, and it becomes tiresome. There is no life-altering event or even a real moment of self-discovery. There is no build up of a story in a somewhat logical progression that would warrant a specific reason for watching this film. Some 'slice of life' films garner a moment of self-discovery or worldly breakthrough that leaves audience members realizing the importance of watching the film, but this movie comes nowhere close to anything like that. The story simply drags on and on as eyes in the theater slowly close or wander to examine the patterns on the wall.

By the end of the film, Becky has learned nothing worthy of \$8 and audience members will be looking for the nearest exit an hour into this two and a half hour fiasco.

OVERALL RATING:

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis.

Scratch and save **CFC Benefit Ticket 2004** for the chance to save five percent to 50 percent off your purchases at Navy Exchange on **Oct. 25-26**. Tickets are \$3 and are on sale **now** at all NEX locations. Money raised from the ticket sales will be contributed to the Combined Federal Campaign fund. (Some restrictions apply to what the tickets can be used for.)

Attend a **stamping demo** and learn how to make holiday cards from 10 a.m.-noon **Oct. 16** at the NEX near the small appliances area. Supplies will be provided to all participants, but seating is limited. To reserve your space or for more information, call Lori at 423-3305.

The **USS O'Kane Family Support Group (FSG)** ohana will host its annual Halloween party from 2-4 p.m. **Oct. 23** at the Pearl City Peninsula Community Center. The event will include a keiki costume contest, pumpkin decorating contest, games and more. For more information, contact okaneohana@yahoo.com.

USS Crommelin Family Support Group will meet at 6:30 p.m. **Oct. 18** at Pearl Harbor Memorial Chapel. A guest speaker from Fleet and Family Support Center will discuss homecoming or post-deployment concerns or issues. Childcare will be provided at a minimum donation of \$1 per child. For more information, email the FSG at crommelfsg@yahoo.com or call Athena at 623-4973.

In celebration of **Credit Union Day**, Pearl Harbor Federal Credit Union and their partners will hold a financial expo from 11 a.m.-1 p.m. **Oct. 21** at the parking lot of the main office on Port Royal Street for individuals who work on Pearl Harbor. Military and civilians on Pearl Harbor in addition to current PHFCU members are invited. There will be free hot dogs, sodas and chips and promotional items such as T-shirts, sunshades and free food coupons. Participants at the event will also include KSSK, Star 101.9, Fleet and Family Services, Navy MWR, Sam Snead's and Costco. Pearl Harbor Federal Credit Union has served the Navy community for over 67 years. For more information, visit www.phfcu.com.

Enjoy a **hula performance** by local performing group Halau Hula Ka Malama Kukui O Na'auauo at 1 p.m. **Oct. 23** at the NEX.

Meet **local artists** on **Oct. 22-23** at the NEX:

- Ocean photographer Jon Mozo will sign autographs from 7-9 p.m. **Oct. 22.**
- Carol Lee-Arnold, representing Lee Ceramics, will be at the NEX from 10 a.m.-2 p.m. **Oct. 23.**
- From Arts Hawai'i, artist Gary Oda, known for his glass etchings, will make a special appearance from 11 a.m.-2 p.m. **Oct. 23.**
- Kim Taylor Reece, known for his pictures that capture the beauty of the ancient hula, will sign autographs from 1-3 p.m. **Oct. 23.**

A **cooking demo** featuring chef Elmer Guzman, cook-

ing and signing autographs, will be held from 10:30 a.m.-12:30 p.m. **Oct. 23** in the small appliances department of the NEX. Guzman's cooking demo will demonstrate how to prepare local favorites.

How to contact **TriWest/TRICARE** services - Beneficiaries can contact TriWest with enrollment; Primary Care Manager and address changes; program benefits questions; claims status; fee payments and locating network providers in the area by calling 1-888-TRIWEST (1-888-874-9378), visiting their web site at www.triwest.com, or visiting TRICARE Service Centers located at Makalapa Medical Clinic and Kaneohe Bay Medical Clinic.

The TRICARE Service Center located at the Pearl Harbor Makalapa Clinic is open from 7:30-11:30 a.m. and 12:30 to 4:30 p.m. Monday-Friday. The TRICARE Service Center located at the Kaneohe Clinic is open from 7-11:30 a.m. and 12:30-4 p.m.

T.O.P.S. (Take Off Pounds Sensibly), a nonprofit, noncommercial weight-loss support group, meets every Wednesday at the Armed Services YMCA, Aliamanu location. Weigh-in begins at 5:30 p.m. and the meeting starts at 6:15 p.m. Membership fees are low and includes the T.O.P.S. magazine. There are also incentive programs offered. The first meeting is free.

T.O.P.S. in Hawai'i is a support group for helping members Take Off Pounds Sensibly. The group recently held its state convention and crowned the state queen. She had lost all her weight by the end of December 2003 and lost 163 pounds. The first meeting of T.O.P.S. is free. If you need support in your weight loss efforts, the group offers low monthly fees and a low joining fee. Call Delcie at 623-1403 for information on the several chapters and meeting places on the island. For more information, call Delcie at 623-1403.

Navy Lodge Ford Island offers 150 affordable, comfortable, air-conditioned suites and rooms. Amenities include a swimming pool, a large meeting room, mini mart and a landscaped courtyard. Each room features satellite TV, DVD/CD player, direct-dial telephone service and a kitchenette, complete with microwave and utensils. To make reservations or for more information, call 440-2290.

Welcome Baby support group: All expectant and new moms are invited to attend. The group meets twice a month. Children are welcome to attend. For more information or to reserve a spot, call Terri or Susan at 363-1897.

The University of Oklahoma offers a master of arts in managerial economics and a master of public administration. The non-thesis programs can be completed in about 18 months. The school offers one-week classes that are TDY/TAD friendly. For more information, contact OU at 449-6364 or aphickam@ou.edu or visit www.gouou.edu.

The Children's Waiting Room is a place where parents can drop off their children if they have a doctor's appointment. The Armed Services YMCA is in need of volunteers to keep this program running at Tripler Army Medical Center. The hours of the waiting room are from 8 a.m.-noon Monday, Tuesday and Thursday. Those who are interested in volunteering or who wish to place an appointment should call 833-1185.

Good grades pay off for Navy family member

Laarni Gedo
Navy Exchange Hawai'i

Good grades literally paid off for 12-year old Jedidiah Massengale - \$2,000 to be exact.

Jedidiah, son of Petty Officer 1st Class William and Dyesebel Massengale, is the first student from Hawai'i in six years to win one of four A-OK Program awards in an NEX-wide drawing held at NEX Headquarters in Virginia Beach every quarter.

Jedidiah, accompanied by his mother, received the award from Rear Adm. (sel.) Michael Vitale, Commander Navy Region Hawai'i, and Michael Cottrell, district manager/general manager of Navy Exchange Hawai'i, during a presentation held Oct. 7 at The Mall rotunda.

In the past seven school years, the Navy Exchange System has awarded a total of \$284,000 in savings bonds to qualifying students like Jedidiah, who were randomly selected in the quarterly

drawing.

Last school year, the number of winners in the program was increased from three to four winners each quarter, which now totals \$44,000 in savings bonds awarded annually.

The A-OK Program tries to reward more and more hard-working students with a chance to win \$11,000 in savings bonds each quarter, drawing four winners: one savings bond each of \$5,000, \$3,000, \$2,000 and \$1,000 denominations at maturity.

Jedidiah Massengale, a fifth grader at Pearl Harbor Kai Elementary School, won this quarter's \$2,000 savings bonds.

Janeane Robinson, customer service manager at Navy Exchange Hawai'i, called Jedidiah's surprised mother, Dyesebel, to inform her of her son's win.

"What exactly did my son win?" she recalled asking in confusion.

Jedidiah's father entered him in the A-OK program by submitting his good grades



Photo by Laarni Gedo

From left, Michael Cottrell, NEX district manager/general manager; Dyesebel Massengale, mother; Jedidiah; Rear Adm. (sel.) Michael Vitale, Commander Navy Region Hawai'i; and Janeane Robinson, customer service manager at NEX.

at NEX Hawai'i. He had forgotten to tell his wife. His ship, USS O'Kane (DDG 77), went underway in early September and with him went that little bit of information.

After a phone call to her husband on the West coast, the situation was cleared up.

The only person left confused was Jedidiah. "When my mom told me I won \$2,000, I thought I could spend it on anything," said Jedidiah shyly. "But she told me, it was for the bank."

Jedidiah's mother credits not only her son's interest in school and keeping up with

homework every day, but also credits his 15-year old sister, Geraldine, for helping him with homework.

"I always tell him to go ask his sister about his homework, especially with his math," she said. Geraldine is a student at Radford High School.

A yellow belt in tae kwon do, Jedidiah explained that he wouldn't be a surprise if he changed his career path a few times, but one thing is certain, he'll always have an extra \$2,000 in savings bonds to help him out for college.

Entering the contest is simple if you have the grades. Full time first through twelfth graders with a "B" grade average or equivalent as determined by their system are eligible to enter by bringing their report cards into the NEX.

The drawing is open only to dependent children of

active duty members, reservists and military retirees, including dependents of NEX associates whose spouses are active duty members, reservists or military retirees. The students must be enrolled in school full-time from first through twelfth grade. Children without dependent ID cards must be accompanied by their sponsors to submit their entry.

To enter, stop by Navy Exchange Hawai'i with a current report card and ask an NEX associate to verify the minimum grade average. Then fill out the entry card and obtain an A-OK ID, which entitles the student to discount coupons for purchases at the Navy Exchange.

An estimated 35-40 entries from Hawai'i make it to the NEX Headquarters each quarter. More students are encouraged to meet the minimum grade so they can enter the contest and earn a chance to win one of the savings bonds prizes.

DNA match positively identifies Hunley crew member

Naval Historical Center Public Affairs

The Naval Historical Center's (NHC) Hunley project staff and consultants positively identified Joseph Ridgaway, a Hunley crew member, through DNA testing Sept. 24.

The NHC Hunley staff has been actively working to identify the eight pioneers who manned the craft Feb. 17, 1864 when it became the first successful combat submarine in history.

"Before the DNA match, our only tools in identifying the Hunley crew for their burial was the archaeological, forensic and genealogical data," said Warren Lasch, chairman of Friends of the Hunley.

In 2001, once the crew's remains were excavated from the submarine,

Hunley scientists sent samples of each crew member to the Joint POW/MIA Accounting Command in Hawai'i, where the samples were selected for DNA analysis. From there, the samples were sent to the Armed Forces DNA Identification Laboratory (AFDIL).

AFDIL extracted mitochondrial DNA (mtDNA) from the samples and laser scanned the DNA sequences. Since then, they have waited for the Hunley scientific team to locate DNA samples from potential descendants to cross reference in hopes of making a match.

"A mother passes mtDNA to her children, meaning mtDNA identification can only be done through direct maternal descendants," said Jackie Raskin-Burns, AFDIL supervisory DNA analyst who led the ana-

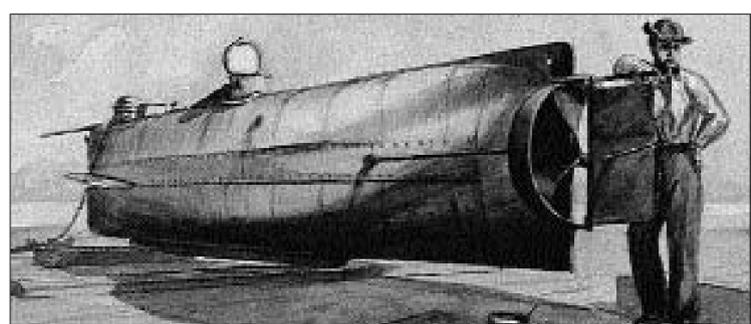
lytical work on the Hunley crew samples.

After extensive historical research, forensic genealogist Linda Abrams was able to locate a maternal descendant.

"When we received the sample, we performed mtDNA typing and the sequence was consistent with one mtDNA sequence obtained from the remains of the Hunley crew," Raskin-Burns said.

The mtDNA sequence was consistent with the crew member who was second-in-command of Hunley and stationed at the seventh crank position: Joseph Ridgaway.

"It is a marvel of modern science that after 140 years we can give these eight crewmen of the Hunley a personal identification through facial reconstructions, genealogy and



U.S. Naval Historical Center photograph

Sepia wash drawing by R.G. Skerrett, 1902, after a painting then held by the Confederate Memorial Literary Society Museum.

DNA analysis," said Dr. Robert Neyland, underwater archaeology branch, NHC.

"I am very proud that the Department of Defense, Department

of the Navy and AFDIL could make this happen through their sponsorship of the Hunley project and utilizing technologies developed for the military," he said.

