



### Environmentally friendly

Shipyards win CNO award.

See inset on page A-7.



### Wet and wild fun

Check out Hawaiian Waters Adventure Park. See story on page B-1.

## Hawai'i Navy News Briefs

### Earth Day coloring contest

Children of military and DoD civilians who are 10 years old or younger are invited to enter the CNRH Earth Day coloring contest.

Entries may be picked up and turned in at the NEX Mall customer service counter. All entries will be posted and prizes will be awarded at the CNRH Earth Day Fair at 11:30 a.m., April 23, at the Mall at Pearl Harbor.

For more information, contact Terri Kojima at the Navy Region Public Affairs Office, at 473-2926 or 473-2888.

### Volunteer hosts needed

The International Hospitality Center is seeking volunteers to provide a day of hospitality for the officers, midshipmen and crew of the Swedish navy ship, "Carlskrona" April 10, for the afternoon and early evening.

The day begins with a pickup at the ship at 2 p.m. Hosts are asked to provide a warm welcome to the officers and men by taking small groups (2, 3 or 4) for sight-seeing, beach picnics, recreational activities, backyard barbecues, etc.

Volunteers' help in extending the spirit of aloha will be much appreciated by the Swedish Navy midshipmen and crew who look forward to having opportunities to meet members of the community.

The ship will arrive April 10, and the crew will have no opportunity to see or do anything prior to the afternoon hospitality with hosts.

For more information and to register as a volunteer host, contact Barbara Bancel, executive director of the International Hospitality Center at 521-3554, fax at 538-8046 or email: ihc@priority.net.

# Navy focuses on children

## April designated National Child Abuse Prevention Month, National Month of the Military Child

Lacy Lynn  
Staff Writer

April is "National Child Abuse Prevention Month," a time to learn how to protect some of the most vulnerable and valuable members of the Navy community.

"Child Abuse Prevention Month," instituted in 1983 by presidential proclamation, is sponsored by government organizations such as the U.S. Department of Health and Human Services' Children's Bureau, Office of Child Abuse and

Neglect, its National Clearinghouse on Child Abuse and Neglect Information and the FRIENDS National Resource Center, which encourage communities, organizations and individuals to play a role in keeping all families healthy and children safe.

Throughout the month, Navy Region Hawai'i Fleet and Family Support Services (FFSC), along with other military and civilian organizations, will host and sponsor

▼ See CHILDREN, A-2



Photo by Karen Spangler

Students at Mililani Middle School write letters to deployed troops. April is National Child Abuse Prevention Month and National Month of the Military Child. Organizations around the country focus on the importance of children and their safety.

## Celebrating Easter aboard the 'Mighty Mo'



U.S. Navy photo by JO3 Ryan C. McGinley

Service members and their families walk the deck of the decommissioned battleship USS Missouri (BB 63) March 27 to attend an Easter Sunrise Service onboard the ship. The inter-denominational service, conducted by Navy Region Hawai'i, was open to all military personnel and their families and included music from the Pacific Fleet Band and a continental breakfast.

## Two Pearl Harbor commands win community service awards

JO3 Ryan C. McGinley  
Staff Writer

To the Navy, they're air traffic controllers, divers, officers and enlisted Sailors. To the children of Waipahu and Pearlridge Elementary Schools, they're volunteers who make a difference in their education and growth every day.

"The Sailors are wonderful role models," said Kathy Wooldridge, school liaison officer at Fleet and Family Support Center. "They spend time with the children not because they have to, but because they want to. Their participation in the partnership in education emphasizes that they value education."

Mobile Diving Salvage Unit One and Fleet Area Control and Surveillance Facility won the 2004 Chief of Naval Operation's Community Service Health, Safety and Fitness Flagship award in March for their partnerships in education with their respective local Hawai'i elementary schools.

"To become a more efficient Navy and a more efficient command, we need to have the support of the community," said Air Traffic Controller 1st Class Brad Whitson, co-program manager for FACSAC partnership. "This is where our kids go to school. If we want to better the education system for our kids, we start with this partnership program and set the example for other commands to follow."

Each year, the Navy recognizes various shore, sea and overseas commands for outstanding community service projects by presenting awards in five flagship sponsor categories: personal excellence partnership; health, safety and fitness; project good neighbor; campaign drug free and environmental stewardship. MDSU-1 won the award in the small sea command category and FACSAC won the award in the small shore category.

"The award is really inspiring because sometimes you work really hard and you don't know if people are



U.S. Navy photo by JO3 Ryan C. McGinley.

EN1 (DSW) Joe Sweeting, assigned to Mobile Diving Salvage Unit One (MDSU-1), puts excess leaves into a trash can as part of a cleanup project at Waipahu Elementary School.

really noticing," said Electronics Technician 2nd Class William Stuart, co-program manager for FACSAC partnership. "To see that they appreciate the work that you do in turn makes you want to work harder at it."

This is the second year MDSU-1 has had a partnership in education with Waipahu Elementary School. Their program consists of landscape beautification projects, painting and construction, and physical fitness programs with the children once a week.

"The school didn't have a physical education program so the kids weren't getting exercise," said Yeoman 1st Class (AW) Corey Mincey, program coordinator for MDSU-1's partnership. "For the kids to actually get involved in sports or exercise is good for them."

Six Sailors from MDSU-1 come to the school every week to teach a physical fitness program which consists of calisthenics and various athletic games

such as dodgeball.

"They don't have a regular fitness program so we do this to keep them in shape and have some fun," said Boatswain's Mate 2nd Class (SW/AW) Ricardo Valverde, volunteer from MDSU-1. "I think physical fitness is a big part of every child's life."

FACSAC revamped their partnership in education with Pearlridge Elementary School in October 2003. Since that time, the small command of approximately 60 Sailors installed a new sprinkling system, performed painting and construction projects, installed a marquee sign, helped with two major recycling programs and helped with lawn beautification.

"We have become deeply involved in every aspect of the partnership in education," said Stuart. "We got deeply involved because I think it's a very

▼ See AWARDS, A-2

## UH director kicks off CLDP

JO1 (SW) Alyssa Batarla  
Staff Writer

Herman Frazier, the University of Hawai'i athletics director, kicked off Navy Region Hawai'i's Civilian Leadership Development Program (CLDP) Tuesday, speaking to a group of nearly 100 civilian employees at The Banyans at Naval Station Pearl Harbor.

"I was thrilled [to be invited]," said Frazier, an Olympic gold and bronze medalist, whose past experience includes a quarter of a century as an administrator and in various leadership roles. "I tried to weave in some important characteristics of leadership into how I run my everyday life and some personal experiences as an athlete," he remarked.

Rear Adm. Michael Vitale, commander, Navy Region Hawai'i, said CLDP was developed as a Department of the Navy initiative to support employees in preparation for future leadership roles. Frazier's visit, organized by and supporting the mission of CLDP, was part of an effort designed to give employees exposure to community leaders.

"Today is the first of a series of planned leadership speaker events where we'll get a chance to meet and exchange ideas with great leaders in the business, military, athletic and political fields," Vitale said. "We will all meet quarterly to listen to those speakers speak about their personal leadership philosophies and experience."

To maintain this program, Navy Region Hawai'i will use rotational assignments, special projects and personal development techniques. There will also be more formal classroom training to develop participants' leadership competencies needed to be more competitive for upcoming promotion opportunities.

Frazier's 30-minute speech was peppered with anecdotes from his career, athletic and life experiences and accomplishments, highlighting his management beliefs.

"We are a leader-driven organization," Frazier said, talking about his department. "Winning is about leadership. A winning organization has leaders at all levels and producing leaders is what separates winners from losers."

Navy Region Hawai'i had a human capital strategy in place prior to the Navy's development of CLDP. Vitale said they were able to incorporate several aspects of that program into CLDP and that the program would be a great benefit to the workforce.

CLDP will allow participants to take a 360 degree skills assessment tool to identify their strengths and needs. They will also select a mentor who will help them set goals and identify developmental needs and opportunities. Those needs will be documented and tracked. In the coming weeks, briefings will be given to pass out more information on the program.

CLDP is open to civilian employees of Navy Region Hawai'i, GS-5 and above, and equivalent non-appropriated fund instrumentality (NAFI) employees.

In the near future, the region's workforce development office will begin contacting offices to solicit volunteer mentors. Anyone who would like to become a mentor under the CLDP should let his or her supervisor know.

# Child: Events scheduled throughout the month of April

Continued from A-1

a number of events to educate the community on this serious issue.

"We need to raise the public's awareness of the devastating impact child abuse and neglect has on children," said Chet Adessa, family advocacy prevention education specialist at Pearl Harbor FFSC.

According to FFSC, child abuse is often associated with brain damage, developmental delays, learning disorders and problems forming relationships, aggressive behavior and depression.

In addition, survivors of child abuse and neglect may be at greater risk for problems later in life, such as low academic achievement, drug use, teen pregnancy and criminal behavior, which affect not just the child and family, but society as a whole.

According to Prevent Child Abuse Hawai'i (PCAH), nearly 6,000 suspected cases of child abuse are reported in Hawai'i each year.

PCAH defines child abuse as "a non-accidental injury or pattern of injuries. It can take the form of physical injury, sexual abuse, neglect or the emo-

tional maltreatment of children."

Although children's health and well-being rests with parents, preventing child abuse is a community effort which is reflected in the theme for this year's Child Abuse Prevention Month: "Safe Children and Healthy Families Are a Shared Responsibility."

All families benefit from the help of strong, supportive neighborhoods and communities, according to FFSC.

Adessa encourages "people to become involved in the prevention of child abuse and neglect by helping parents at-risk, becoming involved in local community child abuse prevention activities, being a good friend and neighbor, and stopping child abuse in a public place."

Adessa also suggests that neighbors, friends and family should help parents who are struggling with stress by offering to babysit or run errands or just listen.

In 2002, more than half of all reports made to Child Protective Services agencies came from professionals who came in contact with the children, such as teachers, law enforcement and criminal justice personnel, social services workers, and med-

ical personnel.

For those with a particular personal or professional interest in children's issues, Prevent Child Abuse Hawai'i will hold its annual conference from 8 a.m.-4 p.m. April 29 at the Renaissance Ilikai Hotel. The cost is \$60.

The conference is geared for professionals such as social workers, law enforcement agents, health-care providers and others, like foster parents, who are directly involved with children and issues of child abuse.

Many such professionals are legally required to report abuse or neglect, but a number of reports during 2002 also came from non-professional sources, such as parents and other relatives, friends and neighbors.

In fact, Department of the Navy personnel are required by OPNAVINST to report suspected and actual child abuse and neglect.

"The Navy is a big part of society and child abuse and neglect affects everybody," Adessa said.

Concerned citizens can call either the Family Advocacy Center at 471-9458 or Child Welfare Services' Oahu 24-hour hotline at 832-5300.

Neighbor island calls may be made during business hours Monday-Friday (East Hawai'i, 974-6565; West Hawai'i, 327-4787; Kauai, 274-3320; Maui, 243-5162; Molokai, 553-3681; Lanai, 565-7271).

In addition to the professional conference, there are several other events on or near Pearl Harbor to support "Child Abuse Prevention Month" 2005.

This Saturday, Prevent Child Abuse Hawai'i will host a teddy bear drive from 10 a.m.-2 p.m. at Pearlridge Center. All stuffed animals donated will go to various family abuse shelters on Oahu.

Some Sailors from Pearl Harbor have already volunteered to help collect stuffed animals, entertain children as costumed characters and help transport the toys to shelters.

Pearl Harbor Kai Elementary School will host a family night from 6:30-8 p.m. April 21. The general public is welcome to attend. The school chorus will sing and FFSC will provide displays and child abuse prevention materials.

Pearl Harbor will also celebrate SpankOut Day USA on April 30. The day was initiated in 1998 to end corporal punishment of chil-

dren and to promote non-violent ways of teaching children good behavior.

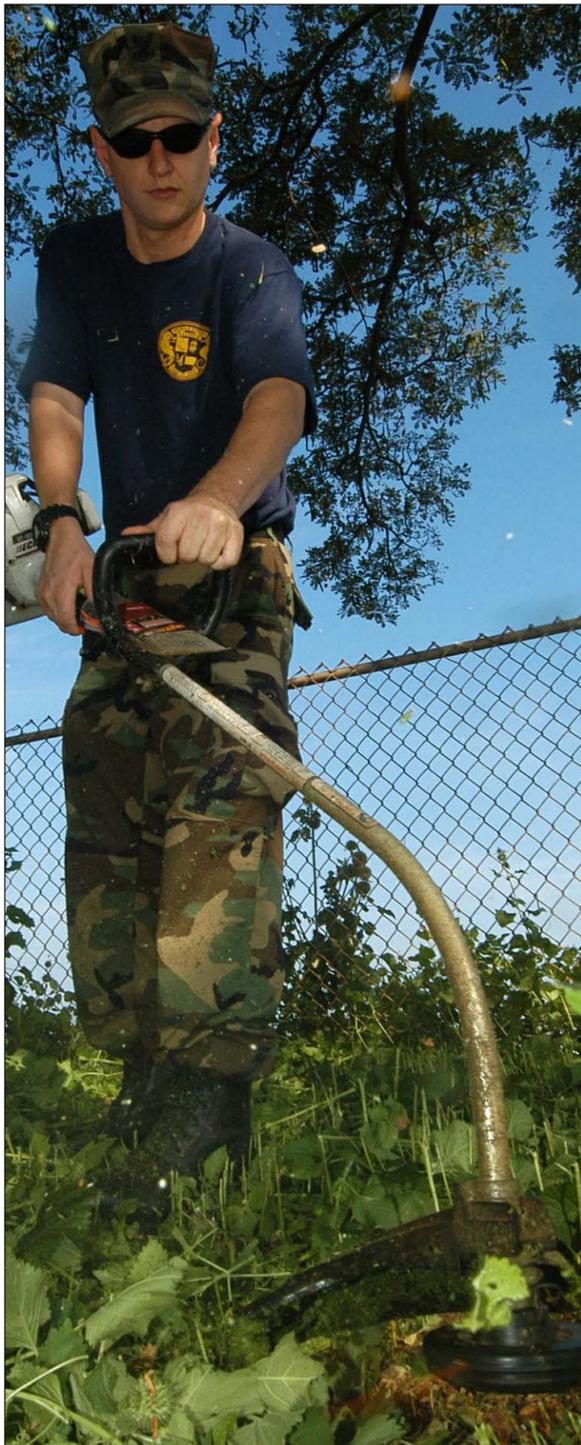
End Physical Punishment of Children (EPOCH) sponsors SpankOut Day USA each year to encourage parents, guardians and caregivers to refrain from hitting children and to seek alternative methods of discipline through community, church and school programs.

In addition to the special events throughout the month, FFSC will also provide their usual monthly parenting classes, which guide parents through parenting at the various stages of their children's lives.

FFSC's classes and events are free and open to all active duty, reserve and retired personnel, family members and DOD employees.

There is a Navy Region FFSC office at Pearl Harbor, building 193, and a satellite office at NCTAMS PAC in Wahiawa.

For more information about special events, FFSC activities or child abuse prevention, call 473-4222, ext. 272, or visit the FFSC customer service desk from 7 a.m.-4:45 p.m. Mondays-Thursdays and from 7 a.m.-4 p.m. on Fridays.



U.S. Navy photo by J03 Ryan C. McGinley

Electrician's Mate 2nd Class Jason Switzer, assigned to Mobile Diving Salvage Unit One (MDSU-1), clears invasive weeds as part of a cleanup project at Waipahu Elementary School. MDSU-1 won the Chief of Naval Operation's Community Service Health, Safety and Fitness Flagship award (small sea winner) in March for their partnership in education with the school.



U.S. Navy photo by J03 Ryan C. McGinley

Machinist's Mate 2nd Class (SW) Rick Parizal, assigned to Mobile Diving Salvage Unit One (MDSU-1), applies a layer of paint to a basketball backboard as part of a cleanup project at Waipahu Elementary School.

## AWARDS: Commands give to community

Continued from A-1

important program. We're trying to reflect a positive image of the Navy to all these people who might not otherwise have so much interaction with us."

Between late 2003 and mid-2004, FACSAC Sailors spent a total of 296 man-hours on the partnership program. This was the most successful year in their command's history for turnout and participation in the partnership with the school, according to Stuart.

"Some people are just waiting to volunteer, but they just need someone that takes it seriously and really gets involved and when they see that those people are getting involved, they want to do it, too," said Whitson. "We're a command of 60 people. With 60 people, we're making this kind of a difference for a school. I challenge the big commands out there to take this program seriously. The school system needs the help."

FACSAC's partnership also includes tutoring the children of Pearlridge

Elementary School. While the Sailors consistently go to the school to help in their education, Whitson noted the school has taken an active role in facilitating the process.

"Their teachers are coming to our command to give us instruction on how to be better tutors," said Whitson. "It's not just us coming to them; they're coming to us to give us training as well."

MDSU-1 and FACSAC were recognized by the Navy for their community service, but also received recognition and praise from the school system.

"The Sailors are absolutely awesome," said Lorrian Kajikawa, acting vice principal of Waipahu Elementary School. "The kids love them. I want them to come every day with every class. Our kids don't see different cultures, work ethics and people in their lives very much. So when they mingle with the Sailors, it gives them a good role model."

Stuart said he was amazed

at the amount of support and recognition he and his command have received from Pearlridge Elementary School staff, teachers and children.

"At a ceremony honoring our command, the school went down the list of all the things we've done for the school, and it was a long list," said Stuart. "I was waiting there a half hour. They finally called my name to go up on stage and when I got there everybody in the whole place stood up and clapped. That goes to show that they really appreciate the work that we do."

All of the volunteers at MDSU-1 and FACSAC agreed that while the award from the CNO is important, they would still be at the school even if they didn't win.

"I think it's great having the recognition for coming out to the school," said Hospital Corpsman 2nd Class Jody Lacefield, volunteer for MDSU-1. "We would do it anyways, of course, but having the recognition from the Navy really means a lot."

Children also get involved with the partnership, helping Sailors and teachers to create a better environment to learn.

"The kids are as enthused to be there as we are and it's teaching them lifelong lessons," said Whitson. "They're really taking an active role in their school once they see that we're setting these things up and they can get involved, too. They're the ones out there planting the trees and painting so it becomes their school as well. They have a greater ownership responsibility so they take better care of it."

Both commands said they would continue to work hard at improving their partnerships with the elementary schools, hoping to maintain the worthwhile experience.

"If I could say one word about the whole partnership, it would be rewarding," said Stuart, "because you see the look on the kids' faces and they really appreciate the work that we do. They like having us there and they love the military."

# Hawaii Navy News Editorial

## Chiefs – don't leave any Sailor behind

**Commentary**  
**FLTCM(AW/SW) Jon Thompson**  
*U.S. Fleet Forces Command Command Master Chief*



When it comes to education, our nation subscribes to a philosophy that states, "No Child Left Behind." The plan, unveiled in 2002, basically tells educators and parents that every child in America is important and must be educated. It's not an option.

I see no reason why we chiefs don't adopt a similar phrase for those we lead: "No Sailor Left Behind."

What am I talking about? As chiefs, we do not have the luxury of choosing the Sailors under our charge. We get the superstars and the underachievers. We get the overachievers and those who don't want to, or can't, perform. We get the perfect ambassadors and the occasional bad apples. Like it or not, the Sailors we lead need our help, each and every one of them.

I recently read an article in *Navy Times* where Rear Adm. Brooks from the Naval Safety Center discussed intrusive leadership. He discussed the fine line between treat-

ing Sailors as adults and getting involved in their lives enough to help them make sound decisions. I liked his rationale. What's more, I have always been a fan of deckplate leadership. You need that level of leadership because all our Sailors are not on autopilot. Addressing concerns to your folks at quarters is not enough. Some need personalized help with technical skills, some need direct help with respect and discipline, some need tailored financial help, some need personal anger management, some need military bearing guidance, and the list goes on.

Chiefs, each of us to the man and woman must bear the weight of each Sailor's successes and/or failures. The only way we can achieve this is to truly get to know our people, each of our people, and tailor the training and guidance we give them to their own exact needs.

Each of us can easily recall the Chief Petty Officer Creed. In it, it says, "More will be expected of you; more will be demanded of you." This is exactly what I'm getting at. More is expected of you. More is expected of me; more is expected of all our leadership. Every one of us, as chiefs, need to take stock of our

people and take a more active role in ensuring every Sailor gets through his or her enlistment or career - successfully.

It's no surprise the world we live in allows our Sailors to make more choices in their everyday lives than we did when we were growing up. The pressures on our young Sailors can be great. If we don't take an active role in educating all our people on those pressures and assisting them in making sound career and life decisions, we will continue to see Sailors fall through the cracks and fall victim to their own bad decisions. It's not enough to just explain to them the rules. It's every chief's responsibility to understand the world our Sailors live in, what motivates them and what concerns them.

Shipmates, our work is not easy, nor quick. However, if we, as a community, make a more concerted effort to truly take care of each of our Sailors, I'm betting we may reduce the number of Sailors we lose in drunk driving incidents. We may also reduce the number of domestic abuse cases, anger incidents and the number of Sailors who find themselves in financial trouble. I'd also bet we'll see respect and military bearing improve across the board and the appearance of our bases, ships and

squadrons may also improve. Pride and professionalism are byproducts of commands (or chiefs) that take care of their people. In turn, the Sailors who are proud to be part of a command tend to look sharper and take better care of our assets.

As we reduce the number of active duty Sailors in our ranks, your role as a chief will become that much more important. Many talk about the blurring line between the wardroom and the chief's mess. While that may or may not be true, let me assure you the basic role of the chief is unchanged. Yes, we are capable of doing almost any job in the Navy, traditional or nontraditional. However, our number one job is to look after those Sailors we lead. There can never be a more important or pressing job for us.

So, who is onboard with this? My sincere hope is that every chief truly grasps and accepts our role and will re-focus your efforts to not leave any Sailor behind. It isn't easy. It isn't quick. There are no shortcuts. Taking leadership to an intrusive level means taking time to learn about your Sailors, each and every one of them. I don't need to tell you how to do this in great detail. I suspect you already know. The challenge is to break out of your current routine and start making more time for your people.

Talk to your people. Counsel your people. Don't delegate everything to your petty officers. You are the chief; set the standard - take this effort to the next level yourself.

Last year, Adm. Mullen told a group of chiefs in Rota, Spain that, "To be a leader, you have to behave like one." What he was saying is our actions are a lot louder than our words. I'm guessing we all say we take care of our people. My question to you is: To what degree do you do that? If you only sort of take care of your people, or only take care of those Sailors who do everything right and are easy to lead, you're not quite there yet. The true hallmark of a brilliant chief is the ability to ensure every Sailor is taken care of, no matter their past, no matter their needs, no matter their talent level.

Chiefs, I need, and the Navy needs, your help. I truly know chiefs are the backbone of the Navy. However, the only way we get our seniors and juniors to believe that too is to show them. If we make the effort to not leave any Sailor behind, my suspicion is that our entire Navy will agree that we are indeed the backbone and when we say we take care of our people, we mean it. Thanks chiefs, go take care of our most valuable asset – our Sailors.

## Living wills allow the living to decide how to die

**Opinion**  
**JO1(SW) Alyssa Batarla**  
*Staff Writer*

I am a 24-year-old non-smoker who eats healthy and exercises regularly. And I'm ready to die.

No, I don't plan on dying any time soon, but although the average lifespan for a female in this country is 80 years, I'm not under the impression that I'll necessarily live that long. I'm under the impression that because the average lifespan is 80 years, half of us will die before then. And unfortunately, some of us will die well before then.

While death is certainly not a topic most people seem comfortable talking about, death is part of life. It should not be a topic we're afraid to discuss, but one we should be very clear about. While the current circumstances surrounding Terri Schiavo and her family's choice of whether she should have been taken off life support is tragic for everyone involved, there is one good thing about the whole situation. As a society, we are talking about death.

Regardless of your position on the topic, you've most likely turned to someone and said what you would want to happen if you ended up in Schiavo's situation. And in this country, every one of us has the right to choose what we want to happen to us if we end up on life support. But to whom did you tell your choice? A coworker during a discussion at lunch? Your spouse? A parent during a phone call? The question is, who really knows what is best for you?

The answer is, you do. So, instead of relying on someone's memory of one discussion 10 years down the road, take matters into your own hands. Get it in writing.

I went to Navy Legal Service Office (NLSO) six months ago to get the document most dear to my heart: a living will. Most of the other half-dozen people at the workshop were there to get their wills, but that was just a peripheral benefit to me. At 24 and having spent most of my adult life with my possessions fitting into two boxes, I really don't have much of an estate

to pass on.

But I did have one concern about death - not quite dying. My mother had died after a fight with ovarian cancer while I was a teenager, but she went quickly and painlessly from a side effect of the chemotherapy. Yet six months ago, I lost my father to a vicious battle with metastasized melanoma, which did not take him quickly. I watched the brain tumors change him into someone who could no longer recognize any of us, who had no idea of what was going on, and who could no longer control his bodily functions. Yes, my father could have lived a few days longer had he been in a hospital, but he chose to die at home.

The realization that I, too, could be in the situation where I would no longer have coherent brain function and that I might end up dying alone in a hospital because of someone else's decision took me to NLSO where I wanted to get a living will. They do estate planning and will workshops Wednesdays at 1 p.m. with no appointment necessary. I showed up, signed in and in a couple hours, I had, not only my will, but also my living will.

I had the paperwork that would have me die at home instead of in a hospital. I had the paperwork that let me donate my organs to transplant patients, but not my body to science. I had the paperwork that would allow doctors to give me the most possible pain relief, even if it was a catalyst to my death. I had the paperwork that keeps me off life support. But most importantly, I had the paperwork that gives me the assurance that were I to get in a car accident tomorrow, my life and body will be handled the way I want.

I am assured that my family and husband won't get into a battle that gets the government involved in a decision I made. And I'm assured that I will never end up plastered across the televisions of millions, having an entire country think they know what's best for me. Because, in reality, the only person who truly knows that is me. And now that's in writing.

## Remembering Women's History Month



Photo by Lacy Lynn

EA2(SCW) Lole Chamberlin, a member of the Naval Station Pearl Harbor Multicultural Committee speaks about novelist Alice Walker during Thursday's Women's History Month Celebration. The event included discussion about important women in American history and an address by Dr. Sue Wesselkamper, president of Chaminade University of Honolulu. Wesselkamper is the first female president of a university in the state of Hawai'i.

### Hawaii Navy News

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 Write to us at [hnn@honoluluadvertiser.com](mailto:hnn@honoluluadvertiser.com)

# Busy season for PCS moves coming soon

JO1 Daniel J. Calderón  
Editor

With the end of the school year approaching, the director of the Joint Personal Property Support Office (JPPSO) on Naval Station Pearl Harbor said Sailors who are planning to transfer during the summer should begin planning now.

"Plan early," advised Faye Flores, JPPSO director. "People try and plan their moves when the schools are out."

JPPSO, as the name implies, handles moves for each branch of the military. Flores said there will be an increase this year in moves by Army personnel so Sailors should be flexible in their planning.

"As soon as you get your orders, make sure you call the Personal Property office and make your appointment," she said. "Once the application is done, we book shipment for all the services."

Sailors can also go online to [www.smartwebmove.navy-sup.navy.mil](http://www.smartwebmove.navy-sup.navy.mil) to arrange their household goods move online. The program functions as an online substitute for an in-person appointment.

Once a Sailor receives orders and completes his or her application with the Personal Property office or online application, Flores said her office's goal is to book shipments within two working days after it receives the application. Once it is processed, JPPSO personnel assign the Sailor a moving company to handle the household goods move.

If Sailors would like to

## 10 Tips for a Successful PCS Move

1. Plan ahead and stay flexible.
2. Make your appointment to complete your household goods applications as soon as possible after receipt of orders. Due to limited industry capacity, you may not get your first choice for a pack out date. Choose your pack out date carefully because changes will not be allowed.
3. Consider consolidating household goods and unaccompanied baggage into one shipment and requesting a partial delivery at destination.
4. Provide accurate weight estimates using past PCS documentation.
5. Be prepared. You or your agent must be at home when the movers arrive. Organize and separate professional items, items that are not to be packed, etc.
6. Remember not to pack important personal and POV documents with your household goods!
7. Plan ahead when sending your

POV. Check length of delivery before you leave here if you want your vehicle at your destination before you arrive.

8. When filling out paperwork to ship your POV, be sure to give an actual postal address and a valid e-mail address. The notification cards can't get to you if you just give a unit name. Provide a family member or sponsor's address if you don't have an address at your next location.
9. If you have pets, plan ahead. You can only ship pets if the tarmac at the origin and destination airport is less than 85 degrees on the day you travel. If it is hotter, your pets won't be allowed to travel. Consider overnight flights to alleviate this problem. But book flights early as planes only have a certain amount of cargo space.
10. Include your spouse and keep them informed of what is going on with your move.

check on the status of their moves or find out who the moving company will be, they can call the JPPSO Voice Response System available 24 hours a day at (808) 473-4497. Sailors can also access their information through the Internet at <http://ebiz.pearl.fisc.navy.mil/jppso/owa/pp.menu>.

Once Sailors have their moves scheduled, movers may conduct pre-move surveys to ensure they have an accurate weight estimate. Once the actual moving day arrives, Flores said Sailors and their families need to be prepared.

"Go through before the movers come and clearly mark what stays and what goes," she said. "Crews are

not required to go back and unpack because someone left something out that they didn't want taken."

She advised moving items that Sailors are going to carry on their own into one room and clearly marking "do not pack" or something similar so there is no confusion.

In all cases, preparation and flexibility are key, said Flores. Sailors should expect this season to be busy and should plan to be flexible in their move dates.

Again, Sailors who plan to move should contact the Personal Property office at 473-5857 as soon as they receive orders in order to make their upcoming move as smooth as possible.

## Region's top civilian honored



U.S. Navy photo by PH2 (AW) John F. Looney

Sally M. Ben receives a Navy Meritorious Civilian Service Award Wednesday from Rear Adm. Michael C. Vitale, commander Navy Region Hawai'i and Commander Naval Surface Group Middle Pacific. Ben received the award for her "dedication to duty, cooperative spirit and fine character as secretary for the Morale, Welfare and recreation Department," according to her citation. Ben is responsible for Shenanigans, a restaurant and night club on the Pacific Missile Range Facility on the island of Kauai.

## USS Chosin Sailors help build a home

RP1 Ron Harris  
USS Chosin

On Feb. 28, the Honolulu Habitat for Humanity contacted USS Chosin (CG-65), seeking volunteers to help with the construction and repair of a Waimanalo Hawaiian residential home.

Lt. Cmdr. Patrick Riley, command chaplain, responded to the letter and was joined by 10 volunteers to help on-site with the repair and construction work in Waimanalo.

On March 5, the Chosin crew rallied together and formed a team consisting of Sailors, two young family members and 15 participating teenagers from around the island.

Before work began, a safety brief was conducted and job assignments issued.

All the tools and materials were provided on-site.

The primary focus of the mission was to completely paint the house exterior, caulk all upper and lower sections, hang aluminum reflective insulation, and install an outside staircase. Although it rained periodically, everyone worked diligently to ensure job completion.

According to Seaman Wenhao Lou, a Sailor who recently reported to the Chosin, "We all worked in stages to apply the first coat of paint to the entire house and it was fun. Brandon and Seiya [two sons of a Chosin Sailor] often travel with their father to various locations to lend a hand, even if their task was to help keep the interior [of the house we

are working on] clean."

Other members of the team were enthusiastic about the work, including Yeoman 2nd Class Aaron Jackson, who said, "I enjoy helping out when I can." Culinary Specialist 1st Class Derrick Cooper and another Sailor provided transportation to and from the site.

"Though our schedule keeps us very busy, we strive to be good neighbors in our community and help those that are in need of assistance when we can," Riley said.

Along with participating teenagers from different parts of the island, valuable skills were learned and their hard work helped to move this home closer to completion.



U.S. Navy photo

The new MK 38 Mod II 25mm weapon system is now installed aboard USS Princeton (CG 59).

## USS Princeton now home to new 25mm weapons system

Ensign Leandra Ganci  
USS Belleau Wood  
Public Affairs

This month the guided missile cruiser USS Princeton (CG 59) became the first ship in the Navy to have the MK 38 Mod II 25mm weapons system permanently installed. The gun system was initially developed in response to the Chief of Naval Operation's call for a simple, stabilized, low cost solution to outfit future deployed ships to counter the small boat threat the system and offers ships a man/machine interface for improved target tracking and acquisition.

In 2003, successful testing was conducted aboard the USS Decatur (DDG 73) and USS Howard (DDG 83). Princeton got underway in March to further test the weapons system and gather lessons learned for shipboard installation, concepts of operation, human factors, sighting system requirements, reliability, crew manning, target handling and system operation and maintenance. The system demonstrated a robust capability during day and night tracking and firing on a high speed maneuvering surface target (HSMST). During the live fire against the HSMST, the system gained a kill of the target at more than twice the range of the current mod 1 gun. Other tests have shown a two to three-fold increase in probability of hit versus the mod 1.

Mike Vowels, program manager for Naval Surface Warfare Center (NSWC), at Port Hueneme, believes in the modernization of the MK 38 Mod II 25mm gun system. "I am proud to see it out in the fleet, and am hoping to see 139 systems installed over the next few years," said Vowels.

The system includes one stabilized, unmanned 25mm gun, with a mounted camera that feeds into a computer system, which can be located anywhere within the ship. The remote operator console has an LCD screen and two joysticks for remote target engagement. Improvements on the previous MK 38 Mod 1 25mm weapons system include an on-mount electro-optical sight, improved ammunition loading, improved man/machine interface, an embedded trainer and ship roll compensation. The new system also provides the capability to load two ammunition types at once, while selecting between them from the remote console.

Steven Cannon, system engineer from (NSWC) Port Hueneme-Louisville Detachment, noted the stabilized gun system will improve ship's force protection. "The point here is dramatically improved detection, recognition and identification of the target," said Cannon.

The remote operator console, located in Princeton's pilothouse, is a 12-inch color LCD equipped with 12 soft keys. Its "video game"

approach is user-friendly, requiring basic dexterity and training, enabling operators to fire the weapon remotely. The picture on the computer screen is extremely clear, displaying a real-time, 360-degree, 7,000-8,000 yard picture.

Of the six operation modes available, the surveillance mode uses day/night sensors, an automatic tracker and laser range measurements. This mode can also be used for man overboard maneuvering as well as anti-mine exercises. Engagement mode, the main operation mode, will follow targets once locked with an appropriate lead angle, ship elevation and roll compensation. Another mode is the warning shot, a sub-mode of the engagement mode. Operators can track a target and decide the desired distance to lead and miss the target.

Lt. Cmdr. Colvert Burgos, with Force Combat Systems for Commander, Naval Surface Force, Pacific, also supports the project and stated, "This weapons system is something that all ships would love to have, and actually need to have to counter the small boat threat."

USS Lake Champlain (CG-57), USS Chosin (CG-65) and USS Comstock (LSD-45) will have the MK 38 Mod II installed by June. The fleet can look forward to the installation of eight more of these weapons systems by next year.

## USS Santa Fe hosts Boy Scout troop 329

JO2 Corwin Colbert  
COMSUBPAC Public Affairs

The crew of USS Santa Fe (SSN 763) hosted a tour for Boy Scout Troop 329 of Kailua, Hawai'i on March 22.

"This is the first time the kids have been on a submarine. They are really excited," said Assistant Scout Master Greg Gono.

Led by Lt. Roger Koopman and Assistant Navigator Chief Electronics Technician Will Crossland, the children toured various spaces, including living spaces, the ship's galley, torpedo room and control room.

The scouts particularly liked the torpedo room, expressing their interest with words like, "Wow!"

"This is very interesting. I like the torpedo room, and the submarine is bigger than I expected," said the patrol leader, Kalapana Wolcott.

The scouts toured the boat for an hour-and-a-half before it was time to leave.

"I am glad the children had a chance to see how a submarine operates," said Crossland. "It gives them an opportunity to see the silent service at its best and maybe one day they will decide to enlist," he said.

While in the van on their way to their personal vehicles, the impression of the tour still lingered among the group. One scoutmaster said to another, "It takes a special kind of person to do that [serve aboard a submarine]."

USS Santa Fe is the Navy's 52nd Los Angeles-class, nuclear-powered attack submarine and was christened on Dec. 12, 1992 in Groton, Conn. The submarine was commissioned on Jan. 8, 1994 at Naval Submarine Base, Groton.



U.S. Navy photo by JO2 Corwin Colbert

A member of Boy Scout Troop 329 climbs down into USS Santa Fe (SSN 763) during a March 22 tour aboard the nuclear submarine.

## Heading out to the Big Island



U.S. Navy photo by PH2 Dennis C. Cantrell

USS Reuben James (FFG 57) gets underway Monday enroute to the Big Island. Sailors aboard Reuben James will be in Hilo through tomorrow interacting with the local community and marching in a parade as part of the annual Merrie Monarch Festival.

## CPD encourages Sailors to take 'Driving for Life' course

JO1 Jd Walter  
Naval Personnel  
Development Command  
Public Affairs

In response to the Navy's ongoing effort to minimize traffic-related incidents and fatalities, the Center for Personal Development (CPD) is encouraging all Sailors and Marines, specifically those under the age of 26, to take the Driving for Life course (Navy eLearning Course Catalogue CPD-DL-01) on Navy eLearning.

The course is an interactive, multi-media course designed to help Sailors and Marines stay safe when behind the wheel.

Co-developed with the U.S. Marine Corps, Driving for

Life also fulfills both services' traffic safety program requirements. Available on Navy eLearning and accessed through Navy Knowledge Online (NKO) My Education, Driving for Life complies with Department of Defense and Department of the Navy requirements (DoD Instruction 6055.4 and OPNAVINST 5100.12) that every Sailor and Marine under 26 years of age complete a driver training course. The course covers proactive driving, reactive driving and imminent collisions.

"What we really want to instill in our Sailors and Marines is the habit of safe driving and effective decision-making in those situa-

tions where they are most at risk," said CPD Command Master Chief (SW) James Godfrey. "Whether you've been driving for a couple years or a couple decades, there is great benefit in spending the time going through this material; it will truly benefit everyone."

Successful completion of the course - scoring 80 percent or better - is documented in the Navy Training and Management Planning System (NTMPS) and reflected in the electronic training jacket, also accessible through NKO. To enroll in the course, Sailors should log on to Navy Knowledge Online at [www.nko.navy.mil](http://www.nko.navy.mil) and proceed to Navy eLearning found on the My Education page.

# Return: Retired 'coastie' revisits site of Iwo Jima landing

**Lt. Cmdr. Nicholas Caron and Auxiliarist Steven Herman**

*Coast Guard far East Activities*

In the hot and humid air on the small pork-chop shaped island, a grey-haired, 79-year-old Coast Guard veteran took slow but sure steps in the black volcanic sand on the beach.

Marvin J. Perrett, the Coast Guard veteran, was back on Iwo Jima – 60 years after one of the fiercest and most memorable battles in American history.

Perrett, with a boatswain whistle around his neck, was the only vet in uniform among the 600 or so people who flew to the island from Guam for a day trip to commemorate the Battle of Iwo Jima, 660 miles south of Tokyo.

The Japanese defenders had been ordered to fight to the death and most did. All but 1,000 of the 21,000 Japanese died during the 36-day battle. More than 23,000 Marines were wounded or killed in a fight that the U.S. military had expected would last only a few days.

Capt. Michael Blair, Commander of Coast Guard Far East Activities (FEACT), flew in on an USAF C130. Wearing his operational dress uniform (ODU) and as the only Coast Guard representative in a sea of Marine Corps green, he stood out in the crowd, prompting numerous veterans to approach and tell him their stories. His fellow "coastie," the former coxswain, is who he is most drawn to.

Perrett, a New Orleans native, was the first "coastie" to land on Iwo Jima, serving aboard the Coast Guard-manned attack transport USS Bayfield (APA-33) as a coxswain of one of the Bayfield's landing craft. He overcame what he recalled was "border chronic seasickness" on his initial voyage from the states to Europe

before he got his sea legs.

Standing on the Iwo beach in his light blue uniform and bell bottoms, he recounted his experience in front of a History Channel camera. It is a story of survival more than anything else Perrett had also been part of the invasions at Normandy and Okinawa and had lived to tell the tales.

Perrett recalled that maneuvering the watercraft was like "driving a bulldozer in the water." The young coxswains would hit the beach full throttle – at eight to 10 miles an hour.

The stories of the men who transported the troops to the beaches have generally been overlooked by historians. But, as Perrett pointed out, without people like him, the invasions would not have been possible.

Perrett navigated his land craft, vehicle/personnel (LCVP) onto several beaches before Iwo Jima. The 36-foot, flat-bottomed craft, made primarily of wood and powered by a 671-Gray marine diesel, could hold three dozen, fully-equipped assault troops. The men were packed in like sardines, standing up with 80 to 90 pounds of gear on their backs.

Perrett admitted he was scared as he maneuvered onto beaches under hostile fire, but said he was never about to show fear to those 36 troops in his craft.

On the very same beach that he saw turn from black to red with American blood, Perrett took a short break from the interviews and story-swapping to open a can of sardines to eat with some crackers – just as he did 60 years ago on the same beach.

Perrett reflected on what he called the unexpected "warm reception" received at Iwo Jima, a much more treacherous landing than what he experienced at Utah Beach.

The same landing craft that he had maneuvered successfully and

without incident at Normandy and southern France was lost the first day he hit the beach at Iwo Jima.

It all happened in a split second, he recalled as he hurriedly backed off to avoid crushing a young Marine. Because the craft's ramp was not yet up, water came over the stern.

By the time Perrett was 50 feet or so off the beach, water had seeped in through the open bow and "the boat just went out from under us." After an unsuccessful towing attempt, his boat was cut free and went under.

Suddenly the "coasties" found themselves evicted from their ride and put ashore. He and three of his mates held Springfield rifles at the ready, but in the confusion they had left their ammunition in their now sunken boat.

Perrett's journey back in time on the beach was momentarily interrupted when a Marine with three stars on his uniform approached and expressed his appreciation to the Coast Guard for expertly planting so many "grunts" on the beach in 1945.

After talking, shaking hands and slaps on the back, we jumped into a Humvee to head to the ceremony honoring "our greatest generation" vets.

Gen. Michael W. Hagee, the Marine Corps Commandant, more than 20 other stars and three congressmen, as well as former Japanese Prime Minister Yoshiro Mori, joined hundreds of spectators, paying respect to the casualties from both sides. The theme was one of transition from war and hatred to peace and friendship.

Perrett continued his stories after the ceremony, with several former "coasties" and a congressman from Indiana listening.

Blair broke from the party and proceeded on a short climb up Mt. Surabachi, the 550-foot inactive volcano, where the classic photograph of Marines raising the



U.S. Coast Guard photo

(Center) Marvin Perrett, (Right) Capt. Michael Blair, commander of Coast Guard Far East Activities, and (Left) Lt. Cmdr. Nicholas Caron pause on Invasion Beach on the island of Iwo Jima. Perrett, a World War II-era Coast Guard veteran wanted to eat sardines on the beach as he did 60 years before during the invasion. Perrett drove a land craft, vehicle/personnel during the American attack of the Japanese held island.

American flag was snapped by the AP's Joe Rosenthal.

That large flag and the 21-foot long galvanized steel steamfitter's pipe on which it was raised, was courtesy of the Coast Guard, requested by one of the young Marines immortalized in the pho-

tograph who had come calling to LST-758 and Coast Guard quartermaster Robert Resnick.

At the top of Surabachi, Blair said he imagined that flag being hoisted and tens of thousands of Americans below cheering.

## All Navy culinary team stirs-up Army competition

**JO2 Corwin Colbert**

*COMSUBPAC Public Affairs*

Six Pearl Harbor-based submariners donned their checkered pants and chef coats as they competed in the 30th Annual U.S. Army Culinary Arts competition from March 8-16.

The event took place in Petersburg, Va. and was organized by the Army Center of Excellence, Subsistence and U.S. Army Quartermaster Center and School.

The U.S. Navy Hawai'i Culinary Arts Team participated in individual categories and was quick to feel the harsh, competitive atmosphere of nearly 200 service members.

Culinary Specialist 2nd Class David Deseure, Naval Submarine Support Command Pearl Harbor, said although there were some Navy personnel, the competition included mostly all Soldiers.

"It was different. We were the only all-Navy team at the

competition. The other Navy cooks were part of joint commands," said Deseure.

"The judges were really tough. It was definitely an eye opener," he said.

The undersea warriors did not leave empty handed. CSC David Steinke from USS La Jolla (SSN 701) received a bronze star for his rack of lamb dish and an honorable mention for his wedding cake.

CS1 Steve Garcia from Naval Station Pearl Harbor's Diosdado Rome Galley received a gold medal for his vanilla soufflé and a bronze medal for his seared ahi fish.

"It was cool to win something," said Garcia.

Steinke said the competition was educational and a worthwhile experience. "It was a great learning experience for all of us. We got to see and learn new techniques and try new ideas," he said.

This was the first competition for the team that developed around the incorporation of the new culinary training facility at Lockwood Hall galley on Sept. 23, 2004.

# STORY IDEAS

Contact the HNN editor for guidelines and story/photo submission requirements:

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## Hawaii Navy News

# CNO recognizes PHNSY's stewardship

## Pearl Harbor Naval Shipyard Public Affairs

Pearl Harbor Naval Shipyard, the State of Hawaii's largest industrial employer, has been repeatedly recognized for outstanding efforts in minimizing adverse effects to the air, land and water of its island home.

Last month, the shipyard received another accolade when it was selected as a winner of a Chief of Naval Operations (CNO) award in the category of environmental quality by an industrial installation.

The awards recognize commands, teams and individuals for exceptional environmental stewardship. CNO Adm. Vern Clark congratulated the winners, noting, "Your work has added to (the) Navy's successful record of achievement, proving again that Navy has among the finest environmental programs in the world."

The shipyard faces a wide range of environmental challenges due to the multitude of complex industrial operations it performs each day in its ecologically sensitive location.

Led by an in-house, 29-member environment division, the shipyard has been very successful in:

- Establishing credible working relationships with regulators and the community.
- Obtaining workable permits for air, water and waste.
- Minimizing emissions and pollutants to the environment by identifying and reducing waste streams and associated disposal costs.
- Recycling and implementing cost-effective pollution prevention initiatives.
- Educating the workforce, ship's personnel and contractors on environment requirements.

- Establishing an effective environmental management system to ensure continuous improvement.

Shipyard environmental programs have also improved production efficiency, reduced costs and prevented regulatory violations.

In the past two years, PHNSY diverted more than 8,360 tons of non-industrial and industrial waste from landfills and incinerators. Recycled material included paper, glass, wood, cardboard, plastic, lead acid batteries, newspaper, printer cartridges, metal, used oil, and construction and demolition debris.

By switching to equipment with closed looping cooling systems, the shipyard conserves more than 1.2 million gallons of water annually. A new 1,800-ton central chiller plant that uses innovative technologies to provide more efficient air-conditioning in eight buildings recently won Hawaiian Electric's 2004 Energy Efficiency Award. The new chiller plant has reduced energy consumption by 7.9 million kilowatt hours per year, with annual savings of \$775,000.

The process of removing spent abrasive grit from submarine tanks was modified to vacuum the material directly into 20-cubic yard bulk containers instead of 55-gallon drums. This saves \$98,000 annually. The shipyard keeps the U.S. Navy's ships and submarines, "fit to fight."

"Our shipyard and its 5,000-person civilian and military workforce proactively manages our environmental programs," said Shipyard Commander Capt. Frank Camelio. "We continue to work toward the Navy's vision of balancing environmental stewardship with national security."



Photo by Kristin Ching

Irvin Fleming, a PHNSY hazardous waste disposer, takes a sample of used antifreeze from a collection drum to test it for heavy metal content.

# SECNAV continues to make safety a top priority

## JO2 (SW/AW)

### Rebekah Caruso

Secretary of the Navy  
Public Affairs

Secretary of the Navy Gordon England reaffirmed his commitment to safety during the Secretary of the Navy luncheon, hosted by the Navy League, March 22.

In 2003, Secretary of Defense Donald Rumsfeld challenged the armed forces to reduce their mishap count by 50 percent for fiscal year (FY) '04 and FY05. Although that timeline is almost over, England said the focus on safety and reducing mishaps continues.

"When the Chief of Naval Operations, Commandant of the Marine Corps, and I sat down and decided on our priorities for 2005, we placed safety third on the list, following the global war on terror, and homeland defense," said England. "This should show exactly how important the welfare of our troops is. I feel that Sailors and Marines

are our most important resource, and that ensuring their safety must remain one of our top priorities."

During his first term as Secretary of the Navy in 2001, England elevated the importance of safety in the Navy and Marine Corps by creating an independent executive branch solely for safety, naming Connie K. DeWitte as Deputy Assistant Secretary of the Navy (safety).

The Department of the Navy is the only branch of the military to create an independent office focused on safety.

"Our role is policy, oversight, advocacy and strategy for safety," said DeWitte. "While within the Navy and Marine Corps, we have varying cultures and need to take different approaches to issues and concerns, the overall goal remains "mission first, our people and their safety always."

In addition, the Secretary and his wife, Dotty England, established a monetary

award from their personal funds and in collaboration with the Navy League and several corporate sponsors, that recognizes individual and unit achievements in the realm of safety every year. At this year's luncheon, one individual and two units were again honored.

Capt. Joseph J. Paulis was honored for his work as safety leader for Commander, U.S. Naval Air Forces, whose efforts reduced the Navy's aviation mishap rates to their second lowest in history.

Puget Sound Naval Shipyard and Intermediate Maintenance Facility (PSNS & IMF) was recognized for the leadership shown in 2004 by implementing and exercising innovative safety policies, and reducing mishap rates in the execution of more than 1.04 million production man-days. PSNS & IMF was also recognized as the first naval shipyard to be accepted into the Occupational Safety and Health Administration

Voluntary Protection Program, a nationally-recognized program that promotes excellence in safety.

Marine Air Group 14 was recognized for an innovative leadership program that now serves as the model for mentorship at the NCO level throughout the Marine Corps. Since the inception of this program, private motor vehicle mishaps were reduced by 45 percent in the second half of FY 2004, and alcohol-related accidents were reduced.

England praised the award winners for their commitment to safety, and called on all hands to take part in ensuring the safety of the Navy/Marine Corps family.

"I want each Sailor, Marine and civilian employee to serve as chief of safety for their organizations, themselves and their families," said England. "Simply put, every one of us must ensure the safety of ourselves and of our Sailors, Marines, civilian and family members – both on and off duty."

# MidPac Sailors build walkway to education

## JO3 Ryan C. McGinley

Staff Writer

Sailors from Commander, Naval Surface Group, Middle Pacific, along with Seabees from Construction Battalion Unit 413/Self Help built a sidewalk for Moanalua Elementary School in March as part of their partnership in education.

"The school needed the sidewalk in between a couple of the buildings to give the kids a safe and clean area to walk to their classrooms," said Lt. Cmdr. Mike Elliott, a volunteer from COMNAVSURFGRU MIDPAC. "We've got personnel to help when we go overseas and perform humanitarian projects and we still have the same eager personnel to do the same thing in our own backyards and our own communities," he said.

Sailors from COMNAVSURFGRU MIDPAC volunteered their time for the event, along with two Seabees from CBU-413/Self Help.

"We're here to give them technical instruction and give them a hand with their project," said Utilitiesman 3rd Class (SCW) Darwin Naigan, assigned to CBU-413/Self Help. "It's good that our military is helping out in the community as well as overseas."

The volunteer Sailors all

agreed that helping the school and community shows another positive side to the Navy. Some of the Sailors are parents themselves and having children of their own helps them understand why caring for the school and community is important.

"We are showing the kids that the U.S. Navy does care about their education," said Intelligence Specialist 1st Class (SW/AW) Michael Cobbs, project coordinator. "I have five kids of my own and I always like giving back to the community and seeing the smiles on the kids' faces."

"It's always good to have positive relations with the community because we are part of that community," said Tiernan. "I hope when my kids come to school, someone helps them take care of it."

The project, which took approximately two weeks to complete, consisted of prepping the area, laying frames and pouring concrete for the sidewalk. The Sailors hope their efforts will play a small part in the development of the children's education.

"The kids are our future," said Lt. Cmdr. James Tiernan. "The kids that we're helping today are the Sailors of tomorrow. Whether they join the Navy or they join another service, that's still our future."

# State inspects Federal Fire Dept. for EMT instruction

JO2 Devin Wright  
Staff Writer

The State Department of Health Emergency Medical Services inspected the Federal Fire Department's ability to teach emergency medical technician (EMT) classes March 24 at the Federal Fire Department's building four.

The Federal Fire Department submitted an application to teach the EMT classes eight months ago. This would enable the department to instruct new fire recruits instead of sending them to overcrowded classes taught by the city and other local organizations.

"If we get approved, we will no longer be utilizing assets the city and county has," said Dennis Yurong, Federal Fire Department's emergency medical chief. "If we were to take a class of 24 fire recruits and send them to these other classes, we've found that this burdens them. By us teaching our own recruits, it doesn't over task the system."

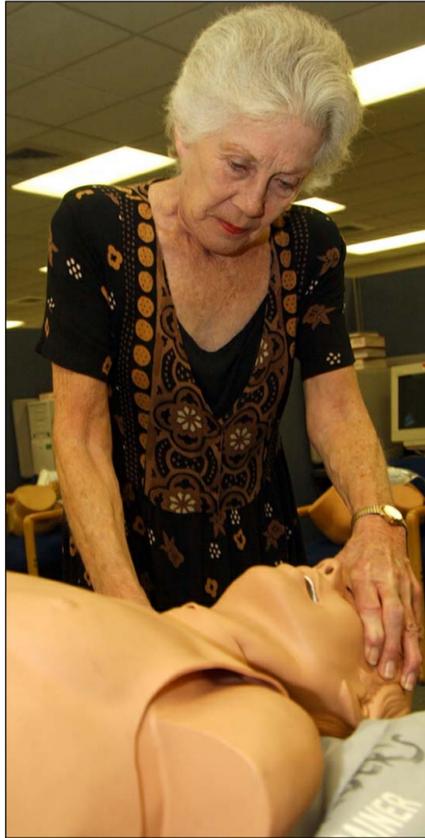
Department of Defense regulations mandate that all federal fire fighters be trained as emergency medical technicians.

"We have to be at that level," said Yurong. "To get all of our firefighters trained as EMTs will take several years. That's why we need to start this program now."

The state evaluated the fire department's equipment and location.

"The Federal Fire Department applied to have their training program certified so after having taken the class, their personnel can take an exam that puts them in the national registry," said Donna Maiava, director of the state emergency medical services. "If there were a mass casualty in the city or state of Hawai'i, these guys would be the state's backup. They are very important partners to the state of Hawai'i so we would like to see them get certified," said Maiava.

Approval of the application is pending.



U.S. Navy photo

Donna Maiava, director of the state emergency medical services inspects equipment March 24 at building 4, to be used by the Federal Fire Department in EMT training. The department applied to be a state-certified EMT training facility.

## Recycling at the Navy Exchange



U.S. Navy photo by PH2 (AW) John F. Looney

A military member and his family deposit cans in the recycling machines at the mobile recycling center in the parking lot of The Mall at Pearl Harbor Tuesday. Trucks will be at the exchange Tuesdays and Saturdays from 9 a.m. to 6 p.m. Authorized NEX patrons can bring their recyclable cans and bottles for redemption and receive receipts good for use at the exchange.

## Free classified advertising for military in Hawaii Navy News

Active duty and retired military, civil service and dependent personnel can advertise the sale of their personal property (including real estate) and services in HNN at no charge. The details are as follows: Classified items and services must represent an incidental exchange between the aforementioned personnel and not business operations. Requests for three-line free classified

advertisements can be submitted via email, if from a ".mil" address (submit to lkaneshi@honolulu.gannett.com), by phone at 521-9111 or by visiting [www.honoluluadvertiser.com](http://www.honoluluadvertiser.com) and clicking on "classified ads." More lines of advertising can be purchased at an additional fee. Requestors should include their military ID number and a call-back phone number.

# Pearl Harbor Sailor named NAVSEA Sailor of the Year

## Pearl Harbor Naval Shipyard Public Affairs

Pearl Harbor Naval Shipyard's current Senior Sailor of the Year received an even higher honor earlier this month.

Electronics Technician 1st Class (SW) Elizabeth McGee was named the Naval Sea Systems Command (NAVSEA) Sailor of the Year at a ceremony March 4 at the Washington Navy Yard in Washington, D.C.

NAVSEA is the Navy's central activity for designing, engineering, procuring, building and maintaining U.S. naval ships and shipboard weapons and combat systems. It is the largest of the Navy's

five systems commands, with a workforce of about 47,000 civilians and close to 2,000.

Sailors are assigned to about 34 subordinate shore activities and 30 detachments.

McGee will fly back to the nation's capitol in June for interviews with the selection board that will pick the Vice Chief of Naval Operations (VCNO) Shore Sailor of the Year.

"I'm very excited to go on to represent everyone at the shipyard and the entire Naval Sea Systems Command," she said. "I was up against some really outstanding competition so I really had no idea who would win. I was greatly surprised when my

name was announced."

This isn't the first time McGee has blazed a trail to the top. She was the Shipyard's Senior Sailor of the Year in 2003 and was among five finalists in last year's NAVSEA Sailor of the Year competition.

"I'm very honored," said McGee. "I've worked hard to maintain my level of performance."

She is a ship superintendent at the shipyard and is responsible for maintenance periods on Squadron One submarines.

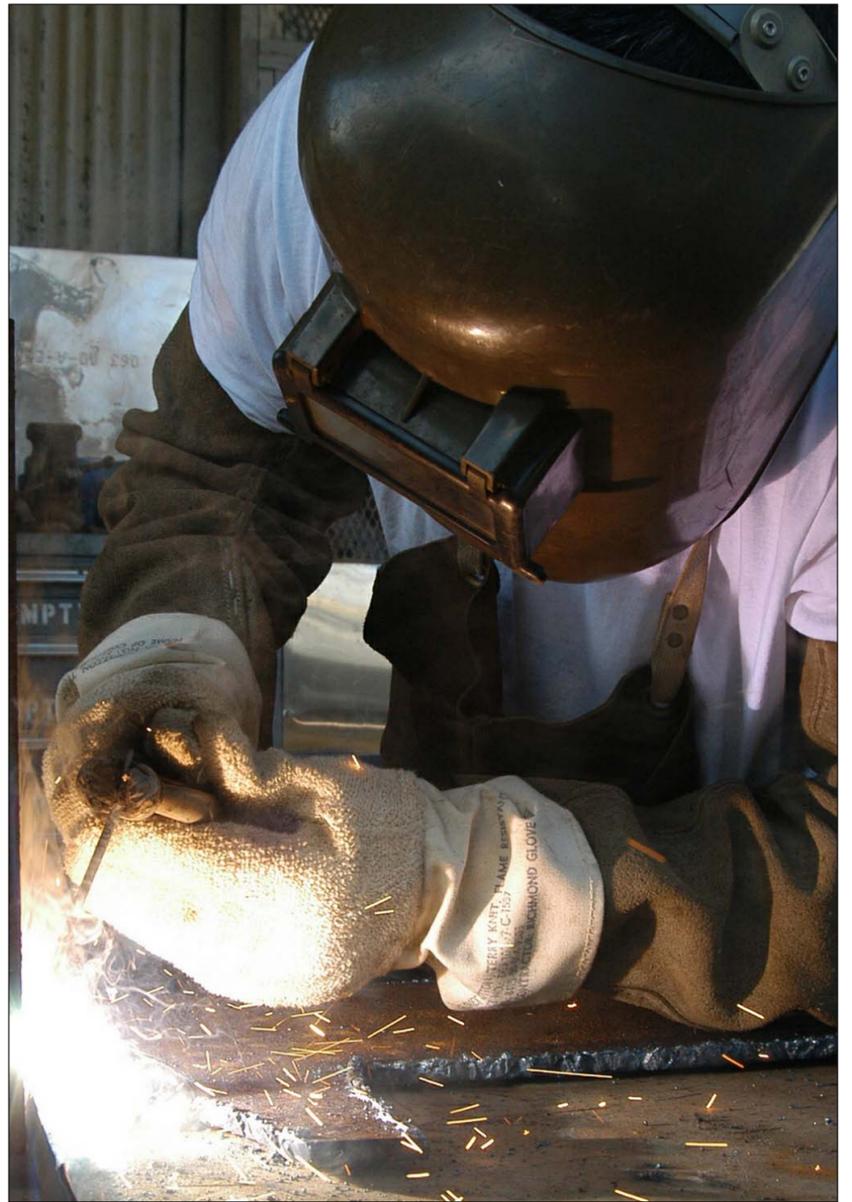
McGee coordinates the efforts of 150 Sailors and 75 civilians to ensure the submarines are able to meet their operational commitments.



U.S. Navy photo by Michael Laley

ET1(SW) Elizabeth McGee of Pearl Harbor Naval Shipyard reviews a work package with civilian co-worker Joni Lee. McGee was selected earlier this month as the Naval Sea Systems Command Sailor of the Year.

## Hot work on Navy dumpsters



U.S. Navy Photo by PH2 John F. Looney

DC2 Nick Miller from Oakland, California welds out patches used to repair Navy dumpsters. Miller is currently stationed at Commander Navy Region Hawai'i Recycling Center.

# Hawai'i Navy News Sports

## 'Silent Stingers' defend their trophy at Commodore's Cup

JO2 Corwin Colbert

COMSUBPAC Public Affairs

"We are taking all challenges," said the defending champions, the "Silent Stingers" from USS Charlotte (SSN 766), during the fourth annual Submarine Squadron Seven Commodore's Cup Run March 25.

More than 200 Sailors from Naval Submarine Support Command, the Pearl Harbor submarine squadrons and participating Pearl Harbor-based submarines were all stretching in the gloomy early morning hours on Good Friday, preparing to tackle the 5k run on Ford Island.

USS Buffalo's (SSN 715) Chief of the Boat, Senior Chief Machinist Mate Bill Stoiber, made a prediction.

"As the inaugural winner, I will make one guarantee and that is we finish the race," he said.

Every runner receives a number before the race. When one crosses the finish line, their place is tallied up with the rest of their teammates and the overall score determines each group's score. Only the first place winner receives a trophy; however, second and third place are recognized.

USS Pasadena (SSN 752) was the underdog for the event. With only two runners showing up, the teammates had a couple of comments.

"We are running to win," said Lt. j.g. Chaz Philips of USS Pasadena.

"We are a small team, so our average will bring home the trophy," said his partner Lt. j.g. Adam Borez.



U.S. Navy photo by JO2 Corwin Colbert

Submarine Squadron Seven and Sailors from submarines homeported in Pearl Harbor race during the fourth annual Commodore's Cup Run March 25.

It was soon time to begin. On the referee's signal, the crowd sprinted off the starting line.

How long would it take to get to the finish line? That question was answered in less than 18 minutes when USS La Jolla's (SSN 701) Ensign Chris McGrath crossed the line.

"There were three guys ahead of me when I hit the stretch," said McGrath. "I just wanted to finish out strong."

Soon after McGrath's speedy finish, waves of tired bodies made their way to the finish line. Flushed and exhausted, they were given their numbers and waited for the results.

After the last man crossed the finish line, CSS Seven staff began the tally.

"We are taking all challenges," was Team Charlotte's attitude. The champions were bold and confident promising a stinger

for a finish.

The tally was complete and the results were in. In first place was USS Bremerton (SSN 698) with only one person placing over 100. In second and third was USS La Jolla and USS Buffalo respectively.

Cheers and laughter echoed the picnic area as the results were read. USS Bremerton, the new sub on the block homeported in Pearl Harbor in late 2003, were gracious when they won the trophy.

"I am proud of the team. We do PT three or more times a week," said Machinist Mate 2nd Class Juan Hernandez.

"We came in second place last year. Most of our team came back this year and were determined to win," he said.

"Even though this is a squadron seven event, it definitely has become a squadron one tradition," Hernandez concluded.

## Pumpin' up at Bloch Arena



U.S. Navy photo by PH2 (AW) John F. Looney

Glenn E. Patton works his chest on the fly machine located at the Submarine Base Pearl Harbor gym. Patton is currently in his third year stationed onboard USS Honolulu (SSN 718) as a division chief.

### GOT SPORTS

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