

Disc Golf offers high flying fun

Story and photos by
JO2 Devin Wright
Editor

It's as American as apple pie. You see them at the beach. You see them at the park. In fact, Frisbees™ can be seen at a plethora of different venues - even a golf course.

Disc golf is a growing sport in America.

The game is played much like traditional golf only instead of a club and ball, you throw a disc.

There are various discs used for different shots. There are drivers, putters and mid-range discs.

The holes are above ground and are called "pole holes." This is because they are baskets, which have chains running from the top to the bottom to kill the momentum of the disc so that it will fall into the basket.

The Honolulu Disc Golf Association started holding monthly tournaments on Oahu in March 2002 to raise the level of competition for disc golf groups on the island, give visiting players a course to play while in Hawai'i and attract new players to the sport.

Many service members in Hawai'i are unfamiliar with the sport, something players

hope to change.

"Unfortunately we don't see a lot of service members out here during our monthly tournaments," said Staff Sgt. David Watters assigned to clinical investigations of Alpha Company Tripler Army Medical Center. "I think that is because it is a relatively new sport or they are just not aware that it is available here in Hawai'i."

Watters said, while the game is challenging it does not take much to get started.

"If you can throw a Frisbee™, you can play disc golf," he said. "Basically all you need to get started is a driver and a putter. There are no greens fees, so the cost is considerably less than that of traditional golf."

Disc golf began in 1964 in southern California where organized tournaments consisted of using trees and trash dumpsters as holes.

Today there are more than a thousand disc golf courses worldwide.

The Honolulu Disc Golf Association normally holds disc golf tournaments on the last Sunday of every month. Players occasionally hold organized play during the week. For more information, visit the Honolulu Disc Golf Association at <http://www.hdga.org>.



Watters drops his bag of discs and putts. There are various discs used for different shots. There are drivers, putters and mid-range discs. The game is played much like that of traditional golf, only instead of a club and ball you throw a disc.



Watters tees off at a monthly disc golf tournament organized by the Honolulu Disc Golf Association.



A disc golfer tees off at the Sand Island Beach Park.



Watters makes a short putt into the pole hole. The holes are above ground and are called 'pole holes'. The pole holes are baskets, which have chains running from the top to the bottom to kill the momentum of the disc so that it falls into the basket.

Immunizations and physicals for back to school children

Naval Health Clinic Hawai'i

The Naval Health Clinic Hawai'i is ready for school...and wants to make sure your child is, too.

School physicals and immunizations are a part of getting ready to start or return to school.

Capt. Noeline Khaw, department head of pediatrics, stated, "We have a standard form which can be used for all schools. What is required is for you to bring your child's medical record (if kept at home) and immunization record to the appointment."

What should you expect? Height, weight and blood pressure (if over three years old) will be checked as well as a vision check if appropriate.

Although hearing tests are not available at the clinics, a referral to Tripler Army Medical Center will

be provided if needed.

Lt. Zoe Peek of Naval Health Clinic Hawai'i's health promotion department, said, "August is National Immunization Awareness Month. Immunizations prevent deadly or disfiguring diseases such as polio, diphtheria, tetanus, hepatitis and rubella."

The Naval Health Clinic Hawai'i wants to ensure children attending the Hawai'i school system are current in hepatitis B, polio, DtaP (diphtheria, tetanus and pertussis), varicella (chickenpox), and MMR (measles, mumps and rubella) immunizations.

School physical appointments are available by calling the central appointments number for the Makalapa Clinic (473-0247) or Kaneohe Bay Clinic (257-2131). Callers should specify that the appointment is for a school physical.

Time-honored tradition – getting ready for school

Karen S. Spangler
Assistant Editor

It's once again the time of year for one of those time-honored traditions – no, not graduation time with strains of "Pomp and Circumstance;" no, not the merry chaos of the Christmas season – it's the frenzied, frantic rush of getting the keiki ready to trek back to school after summer break.

Some of the island's schools have already opened their doors to students while most of Oahu's schools will be in full swing by mid-August.

Buying new school fashions, collecting the myriad of school supplies needed for learning, getting a hair trim or trying a new cut and, of course, making certain that immunizations and school physicals are up-to-date are all part of the process.

How do Navy families cope with the getting ready to go back to school frenzy?

Kelly Ashley, wife of HMC John Ashley aboard the USS Salvor, found the task of finding all of the requested school supplies somewhat daunting as she readied her son to start kindergarten. His first day in Hawai'i schools began in late July at Gus Webling Elementary School in Halawa.

Kelly described the experience of gathering supplies for a kindergartener as "a little simpler than second or third graders," but said that she had to check around to various stores before she could purchase all of the items on the list.

She related that her son was excited about going to school, but with one exception. "His only complaint was that he had to wear shoes," explaining that he wanted to wear the local footwear, "slippers," to school. "He sees everyone else going and he's really excited about it [going to school]," she said.

One challenge is that some things are in short supply, or nonexistent. "We still don't have a lunchbox yet," said Kelly, adding, "He wants a Pokemon lunchbox, but there are no themed lunchboxes for boys." On a happier note, mom was able to find the University of Hawaii Warriors water bottle that her son wanted.

Pauline Marin, wife of EM2 Carlos Marin assigned to USS Salvor, admitted that she started early and took a few days off work to prepare her son and daughter to go to school. But she encountered a few obstacles. Finding uniforms in the right sizes, consisting of light blue polo shirts and dark blue bottoms, that her children needed to wear to school at Pearl Harbor Kai Elementary proved to be difficult.

Marin explained that her daughter



Photo by Laarni Gedo

A Navy family shops for school supplies at the Navy Exchange.

also had to make some concessions in her choice of tennis shoes since she couldn't find the color and style she wanted.

For her son, "all he was concerned about was the backpack and lunchbox," explained his mom. The youngster picked out a matching backpack and lunchbox in a sports motif.

Marin also found that gathering school supplies required going to a number of stores. "I got most of it, but there were a few items I couldn't find," she said.

Another challenge, according to Marin, was that there was little notice given to tell parents which day their child was scheduled to attend for their first day of kindergarten. "How can you wait until the last minute to post that?" she asked. "Parents have to work around work schedules, child care, etc.," she explained.

Becky Adams, the Salvor's ombudsman and spouse of Chief Paul Adams, had three children of varying schools and various ages to send to school, but she was up to the challenge. With a myriad of supplies as well as preparations for sports participation, there was a lot to do. Her oldest son is a sophomore at Radford High School while two other sons, one a sixth grader and the other a second grader, both attend Pearlridge Elementary School.

"The biggest thing was getting all of the different requirements for school supplies with all of the different grades and different teachers. I actually went to four places before I had everything because they were out of things," admit-

ted Adams.

"And everyone needed new shoes and backpacks," she added.

"The hardest thing is that you can't shop for them without them there with you," said Adams. What are the kids wearing to school this year? Popular styles this year are simple and include jeans, double-layered shirts with collars, and an oxford shirt with a Quicksilver T-shirt underneath and the shirt sleeves rolled up, according to Adams.

Adams noted that part of getting ready to go back to school involved "coordinating school schedules with sports activities, work and my husband's schedule." All three of her children play soccer, the two youngest with the American Youth Soccer Organization (AYSO) in Aiea and the oldest who plays in the AYSO league and is also on the Radford High School soccer team.

Some things, such as physicals to play sports and taking care of any dental needs, Adams made sure were done during the summer break.

Making sure the kids eat a nutritious breakfast before heading off to school can also offer some challenges, said Adams. "Breakfast depends on the day, but it can be oatmeal, eggs, pancakes, waffles, cereal, even a turkey sandwich – whatever is nutritious and healthy."

Her three children have already started school and for Adams, the process of getting the kids ready for school is finished. "We're in the swing of things – back into bedtime schedules, etc.," said Adams, sounding a little relieved.

Calling all volunteers



U.S. Navy photo by J01 Daniel J. Calderon

Special Olympics Hawai'i is recruiting volunteers for the 2005 Cop On Top Law Enforcement Fundraiser which will be held Sept. 1-3. Law enforcement officers from the military services, other Department of Defense agencies, Honolulu Police Department and state sheriffs will be on rooftops of Safeway stores around Oahu. The "cops on top" are committed to remain on the roofs for three consecutive days to raise money for Special Olympics Hawai'i. Volunteers are needed to create excitement and collect donations on the ground. For more information or to volunteer, contact Cindy at 943-8808, ext. 27 or email at volunteers@specialolympicshawaii.org.

Tin Can Sailors to commemorate final days of WWII

USS Missouri Memorial Association

Exactly 60 years after the multinational Third Fleet first anchored in victory and peace off Tokyo Bay, the Battleship Missouri Memorial will host a commemorative event in Pearl Harbor in honor of approximately 250,000 shipmates from more than 900 destroyers and destroyer-escorts that served in World War II.

Organized by historian David W. McComb and sponsored by the Tin Can Sailors, the National Association of Destroyer Veterans, the observance will include events on Aug. 27 and 28. All participants will also be invited to attend the Missouri's ceremony commemorating the 60th anniversary of the end of WWII on Sept. 2, the anniversary of Japan's formal, unconditional surrender on the USS Missouri.

"The Tin Can Sailors' commemoration is a thank you to all destroyermen of WWII," McComb said. "When the cease fire with Japan was announced on Aug. 14, 1945, Fleet Admiral William F. 'Bull' Halsey's Third Fleet (the mightiest armada ever assembled) was operating off the coast of Japan. Nearly two weeks later, on Aug. 27, with

preliminaries complete, the fleet turned toward the Japanese coast.

First among the capital ships that morning was Halsey's flagship, the USS Missouri, followed by the USS Iowa and HMS Duke of York. Ahead, screening them as always from possible submarine attack, were the ever-present destroyers, the fleet's indispensable all-purpose ships. Six days later the formal surrender was signed aboard the Mighty Mo.

More than 200 veterans, family members and friends are expected to participate in the Tin Can Sailors commemoration. Among these will be some of the same destroyermen who escorted the USS Missouri into Tokyo Bay. These participants clearly remember peering across Japanese waters (through binoculars and range finders, if they had them) at the Missouri as the surrender ceremonies took place or listening to the proceedings on the radio, but most will be stepping aboard the Mighty Mo for the first time.

This year on Aug. 27, the group will tour Honolulu and Pearl Harbor and then board the Missouri. There, after a short presentation on the battleship's fantail, attendees will be invited to log in on the Surrender Deck on a table set with an original WWII ward

room tablecloth from the aircraft carrier USS Ticonderoga, identical to the one used for the surrender in 1945. A visit to USS Arizona Memorial will follow.

That evening, Rear Adm. Michael C. Vitale, commander of Navy Region Hawai'i and Naval Surface Group, Middle Pacific, will address participants at a dinner reception held at the Hyatt Regency Waikiki, from 7 to 9 p.m.

On the morning of July 28, the group will hold a memorial service at National Memorial Cemetery of the Pacific (Punchbowl), from 9 to 9:45 a.m. Afternoon activities will consist of a choice between a harbor cruise or tour of a Navy ship, and an evening luau.

In addition, all participants have been invited by the USS Missouri Memorial Association to attend "The End of World War II," its ceremony marking the 60th anniversary of Japan's formal surrender, on Sept. 2 beginning at 8:45 a.m. at the Battleship Missouri Memorial. The event is being held in honor of all WWII veterans and will be the culmination of a multitude of commemorative events taking place this year throughout the world to mark various decisive battles, liberations and other important wartime milestones. Veterans will fill the Missouri's superstructure,



Photo courtesy of USS Missouri Memorial Association

The logo of the Tin Can Sailors Commemoration is based on this and other photos taken during the final days of WWII, when the Allies' Third Fleet assembled off the coast of Tokyo Bay in view of Mount Fuji. (Aug. 28, 1945)

reminiscent of the crowds of sailors, dignitaries and media that gathered on her deck to witness the historic surrender.

Today, the decommissioned Missouri is operated as a floating museum on Battleship Row in Pearl Harbor, berthed a mere ship-length away from the USS Arizona, sunk in the attack on Pearl Harbor that heralded the United States' entry into WWII. Together, the two U.S. battleships are symbolic "bookends" to America's role in the

war.

For more information about the Tin Can Sailors' commemoration, call toll free 1-800-223-5535, e-mail PearlHarbor2005@desroyers.org, or visit www.domeisland.com/destroyers.

For more information about the USS Missouri Memorial Association's "The End of World War II" ceremony, call (808) 455-1600, extension 244, e-mail 60th@ussmissouri.org, or visit www.ussmissouri.org.

Barracks Bash with Jason James & the Bay State Houserockers

MWR Quality of Life Marketing

Today's the day – it's the free "Barracks Bash" with Jason James & the Bay State Houserockers. The bash will be from 6-9 p.m. in the great outdoors next to Beeman Center, between Seawolf Tower and Smallwood Hall.

Jason James & the Bay State Houserockers will present classic rock and roll, along with some Chicago, Texas and Delta blues, and a bit of country with a distinctive rock-a-billy and roots edge. The event will also feature free food and free prizes and drawings. Beverages will be available for purchase.

Presented by Armed Forces Entertainment and Navy Region Hawai'i MWR, it's open to all eligible MWR patrons ages 18 and over. For more information, call 473-4279 or 473-0606.



Photo courtesy of MWR

Jason James will perform at the Barracks Bash.

Looking for some "Idols"

Special to Hawai'i Navy News

You may not be the next American "Idol", but we think that a lot of our Hawai'i Navy News readers are someone's "idol." Maybe it's because of the great job that you do in your career that makes life just a little bit better for your shipmates. Maybe you expend a lot of time and energy helping with community service projects and doing volunteer work. Perhaps you have an interesting hobby or a unique talent, or maybe you do have aspirations

to be the next American Idol.

If this sounds like you, or anyone you know, please get in touch with our Hawai'i Navy News staff. We would like to feature you in our Navy newspaper. We're looking for Navy family members – wives and children – as well as active duty Sailors, Reservists, retirees and DoD Navy civilians who could be the focus of a good story.

Please email us at Karen.spangler@navy.mil; put Navy Idol in the subject line. Or call us at 473-2888.

Skylark Central

Smooth Operators...

Nicknames, Mottos and a.k.a's

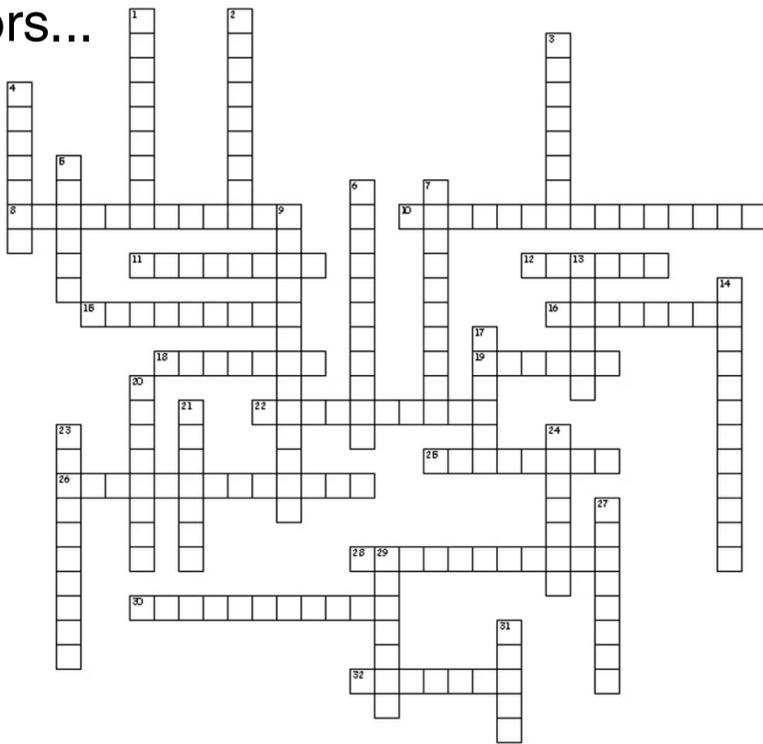
Across

- 8. VP 9
- 10. VP 47
- 11. SSN 771
- 12. SSN 770
- 15. Imua e na Koa Kai
- 16. Anytime, any where
- 18. VPU 2
- 19. Aude Et Effice
- 22. HSL 37
- 25. Makaala Mau
- 26. Charlotte
- 28. Volunteers defending Frontiers
- 30. FFG 57
- 32. Este Paratus

- Factum
- 2. The will to win
- 3. SSN 762
- 4. Windy city sub
- 5. ARS 52
- 6. VR 51
- 7. Best of the breed
- 9. VP4
- 13. Commanding the seas
- 14. DDG 60
- 17. War Dragon
- 20. Don't give up the ship!
- 21. SSN 763
- 23. SSN 688
- 24. SSN 715
- 27. SSN 773
- 29. Strength in Freedom
- 31. A tradition of honor

Down

- 1. Munus Bene



Last week's answers...

What ship am I?



Answer: USS Indianapolis

NEO **ONE**
 NAM **MAN**
 TIWH **WITH**
 CARGUOE **COURAGE**
 MEKSA **MAKES**
 A **A**
 MYRJOITA **MAJORITY**

THOMAS

JEFFERSON

Congratulations to Linda Snowden-Peninger for being the first to answer correctly!!

Are you a puzzle master?

HNN is accepting answers to this week's puzzle and "Know your Navy" question. Email answers to hnn@honoluluadvertiser.com. The first correct answer will have his/her name printed in next week's edition.

Know your Navy

Who was the first female U.S. Naval Officer?

Last week's question...
 What minimum amount of blood loss usually causes a person to go into shock?

Answer - 2 pints

MWR

Movie Call

Sharkey Theater
Naval Station Pearl Harbor
(473-0726)

FRIDAY

7:00 p.m. Batman Begins (PG 13)

SATURDAY

2:30 p.m. Howl's Moving Castle (PG)

4:45 p.m. Sharkboy & Lava Girl (PG)

6:45 p.m. Land of the Dead (R)

SUNDAY

2:30 p.m. Herbie Fully Loaded (PG)

4:30 p.m. Bewitched (PG 13)

6:45 p.m. Perfect Man (PG)

THURSDAY

7:00 p.m. Batman Begins (PG 13)

Memorial Theater
Hickam Air Force Base
(449-2239)

FRIDAY AND SATURDAY

7:00 p.m. Batman Begins (PG 13)

SUNDAY AND THURSDAY

7:00 p.m. Perfect Man (PG)

WEDNESDAY

7:00 p.m. Land of the Dead (R)

Sgt. Smith Theater
Schofield Barracks
(624-2585)

FRIDAY AND WEDNESDAY

7:00 p.m. Batman Begins (PG 13)

SATURDAY

7:00 p.m. Land of the Dead (R)

SUNDAY AND THURSDAY

7:00 p.m. Perfect Man (PG)

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

OUTDOOR ADVENTURE EVENTS

- **Aug. 13:** Makapuu tidepools, \$6. Register by **Aug. 10.**
- **Aug. 14:** North Shore shark watch, \$90. Register by **Aug. 10.**
- **Aug. 20:** Surfing lessons, \$15. Register by **Aug. 17.**
- **Aug. 21:** Dolphin excursion, \$60. Register by **Aug. 17.**
- **Aug. 27:** Wa'ahila Ridge hike, \$5. Register by **Aug. 24.**

HYSL FLAG FOOTBALL AND CHEERLEADING

Registration for HYSL flag football and cheerleading will be held through **Aug. 12** at the youth sports office. Practice begins in September. The season runs from October through November. The cost to participate is \$60 (includes uniform and trophy). To register, participants need to have a current physical (dated no more than a year ago) and birth certificate. Leagues are open to family members of active duty, retirees, reservists and DoD civilians. For more information, call 474-3501.

NAVY ALL-NIGHTER POKER TOURNAMENT FINALS

Navy All-Nighter Poker Tournament Finals will begin at 6 p.m. **today** at Club Pearl. The event is free and is the final showdown among all qualifying contestants. MWR invites all poker sharks and

fish to check out the card-slinging action. The winner will take home a 42-inch flat-screen television, a poker tabletop and a deluxe poker set. For more information, call 473-0606.

NATIONAL KIDSDAY

National Kids Day activities will begin at 5:30 p.m. **today** at Iroquois Point Community Center. The free event will include food, games, bounce houses, a chocolate fountain, activities and crafts. A free movie, "The Pacifier," (PG) will be shown at 7:30 p.m. For more information, call 471-8658.

YOUTH FITNESS ORIENTATION

A Youth Fitness Orientation will be given on **Aug. 6** at Bloch Arena and **Aug. 13** at Power Point Fitness Center at Barbers Point. It is geared for youth ages 10-15 years old; youth must be accompanied by an adult. The orientation includes a facility tour, safety guidelines, equipment usage demo and a review of center rules and regulations. Registration is required by the Thursday prior to each class. For more information or to reserve a space, call 473-0793.

ADULT FITNESS ORIENTATION

A free Adult Fitness Orientation will be offered from 8-9 a.m. **Aug. 6** at Bloch Arena. The orientation includes a facility tour and exercise basics on designing a fundamental workout for a healthy lifestyle. Registration is required. To sign up or for more information, call 473-0793.

NATIONAL MARINA DAY

Set sail on National Marina Day on **Aug. 13** at Rainbow Bay Marina. Patrons will receive a 10 percent discount on all recreational rentals.

MWR SUPER GARAGE SALE/CRAFT FAIR

The next MWR Super Garage Sale and Craft Fair is planned for 8 a.m.-noon **Aug. 13** at Richardson Field. Richardson Field is located on Kamehameha Highway across from Aloha Stadium. For free parking, turn at the Arizona Memorial or pay a minimal fee and park across the street in the Aloha Stadium parking lot. Common items available at the sale include fitness and outdoor recreation equipment, furniture, toys, books and clothing (especially for children). The cost for each 10-foot-by-10-foot spot ranges from \$8-\$10 for garage sellers and \$17-\$22 for crafters/businesses. Registration began July 11. The event is free and open to the public. The next garage sale is scheduled for **Nov. 5**. For more information, call 473-0606.

INTRAMURAL FLAG FOOTBALL

A coaches' meeting for intramural flag football will be held at 1 p.m. **Aug. 17** at Bloch Arena. Bring your team roster to the coaches' meeting. For more information, call 473-2494.

FREE GOLF CLINICS

A free golf clinic will be offered from 1-2 p.m. **Aug. 20** at Navy Marine Golf Course. Learn the basics or refine your game. The free clinics are open to the first 16 active duty Navy or their eligible family members. For more information or to register, call 471-0142 or visit the pro shop.

BARBERS POINT SCRAMBLE

A scramble three-person blind draw golf tournament is held every Tuesday afternoon at Barbers Point Golf Course. The competition (nine holes) begins at 4 p.m. with check-in at 2:30 p.m. The cost is \$20 for

authorized patrons. For more information, call 682-1911.

COACHES NEEDED

Boys & Girls Clubs of Navy Hawai'i is looking for volunteer coaches and officials for a variety of sports and cheerleading. If you have a few hours to spare for a good cause, call the youth sports office at 474-3501.

JUNIOR GROUP GOLF LESSONS

Junior Group Golf Lessons are offered at 2:30 p.m. on Wednesdays and at 10 a.m. on Saturdays at Barbers Point Golf Course. Lessons concentrate on swing fundamentals, correct grip, stance, alignment and swing techniques. The cost is \$20 per participant, per month. For more information, call 682-1911.



- **Aug. 5:** Dinner and a movie, 6 p.m., bring money.
- **Aug. 6:** Wa'ahila Ridge hike, 8:30 a.m., \$5.
- **Aug. 7:** Surfing lessons with Jodie, 10 a.m., \$7.
- **Aug. 10:** Comedy Night (Beeman Center), 7 p.m., free.
- **Aug. 11:** Ping Pong Tournament, 7 p.m., free.

Weekly events:

- Sunday:** Chess tournament, 6:30 p.m.
- Monday:** WWE wrestling, 6:30 p.m.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball Pool tournament - 7 p.m.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis.

The deadline for signups for the **Naval Station Pearl Harbor Golf Tourney** is **today**. The tournament will begin at 11:30 a.m. **Aug. 11** at Barbers Point Golf Course and will include 18 team spots. The entry fee is \$12 per player. Players are responsible for their greens fees and cart fees. Greens fees are as follows: E1-E5, \$10; E6-O3, \$16; O-4 and up, \$18; DoD Navy, \$20; other DoD, \$25. The cart fee is \$9 per player. There will be first and second place prizes as well as two closest to the pin and two longest drive. Proceeds will be used for the NAVSTA Pearl Harbor holiday celebration. For more information or to sign up, call MACM (SW/AW) Tucker at 351-3468 or MMC Critelli at 473-1574.

Kristi Yamaguchi, world-renowned ice skater and Olympic gold medalist, will visit Hawai'i commissaries on **Aug. 8-9** to sign autographs and visit with shoppers. Visits have been scheduled as follows: 9:30 a.m.-12:30 p.m. **Aug. 8**, Hickam Air Force Base Commissary; 3-6 p.m. **Aug. 8**, Pearl Harbor Commissary; 9:30 a.m.-12:30 p.m. **Aug. 9**, Marine Corps Base Hawai'i - Kaneohe commissary; 3-6 p.m. **Aug. 9**, Schofield Barracks commissary.

Jasmine Trias, singer and former American Idol stand-out, will sign autographs at 5 p.m. **Aug. 10** at the Navy Exchange at Pearl Harbor.

The **Navy Enlisted Ball Softball Tournament** is scheduled for **Aug. 12-14** at Millican Field at Naval Station Pearl Harbor. The deadline for entry is **Aug. 10**. All entry fees must be paid by COB on **Aug. 10**. The entrance fee is \$200 per team. Individual trophies will be awarded to the top two teams. Checks should be made payable to: Navy Enlisted Ball. For more information, call Lloyd Shoemaker at 471-8541 or email at Lloyd.shoemaker@navy.mil or Shoemake1001@hawaii.rr.com.

Take a peek at the latest back-to-school trends showcased at a **Back-To-School Fashion Show** at 1 p.m. **Aug. 13** at the Navy Exchange at Pearl Harbor rotunda. Enter to win one of many giveaways.

Meet Roxy Quicksilver surfers and former MTV Surf Girls cast members, Aimee Vogelgesang and Kula Barbiato, for an autograph session from 11 a.m.-3 p.m. **Aug. 13** at the Navy Exchange at Pearl Harbor. Enter to win a back-to-school Roxy wardrobe.

In honor of Honolulu's centennial, hundreds of hula dancers of all ages, and levels of expertise are invited to participate in "**Hula on the Beach**" at 4:30 p.m. **Aug. 20**. Honolulu Mayor Mufi Hanneman will sing the hula song for the dance, "I Fell in Love with Honolulu." The objective of the hula event is to attempt to create the "longest ever, continuous hula line in history" as well as to share the aloha spirit for Honolulu. Event sponsors are hoping to have the event recognized as a world's record in the Guinness Book of World Records. Free workshops will be offered to those who want to learn the hula to "I Fell in Love with Honolulu" for the celebration. A **free hula workshop** will begin at 10 a.m. **Aug. 13** at Bloch Arena gym on Naval Station Pearl Harbor. The workshop is open to anyone with a military or DoD ID card. Additional locations will also give free hula workshops to learn the song. Volunteers are also needed to assist with the event. For more information, call 473-2880.

The Armed Services YMCA at Pearl Harbor will distribute **free food** to junior and mid-level enlisted families from 8

a.m.-6 p.m. **Aug. 24-29** at building 89 on North Road. For more information, call 473-3398.

The **Navy Advancement Exam** is just around the corner. COMPACFLT is offering training to enlisted personnel for the September advancement exam. Professional Military Knowledge topics will be discussed from 9-10 a.m. every Monday **through Aug 29** at COMPACFLT, building 16, legal conference room. For more information, contact CTA1(SW) Alomar at 471-9733, ext. 216.

The **NEX Uniform Shop** will relocate mid-September to its bigger and newly-renovated home in building 1337 (formerly the NAVSTA Bowling Center next to Club Pearl). The new uniform shop will open in mid-September.

The **University of Oklahoma** offers a master of arts in managerial economics and a master of public administration. Non-thesis programs can be completed in about 18 months. The university's one-week classes are TDY/TAD friendly. For more information, contact OU at 449-6364 or aphickam@ou.edu or visit www.gouou.edu.

Customers can bring their child's most recent report card to the Navy Exchange to register for the **Project A-OK program**. Kids could win \$5,000, \$3,000, \$2,000 or \$1,000 in U.S. Savings Bonds. For more information, visit the NEX customer service department in The Mall rotunda.

For the protection of NEX shoppers, **security measures** mandate that bags, purses or personal bags larger than 12 inches by 12 inches will not be allowed in the Navy Exchange. The NEX thanks patrons in advance for their cooperation.

The 2005 Shop NEX "**shop and win**" bumper stickers are available at any Navy Exchange location. NEX patrons can place a bumper sticker on their car for a chance to win a \$25 gift certificate from the Navy Exchange; winners are selected weekly. Winners are then entered in a grand prize drawing for a \$2,000 shopping spree at the NEX.

The **American Red Cross**, Hickam Service Center is seeking volunteers. For more information, call the Red Cross office at 449-0166. The office is located at 655 Vickers Ave., building 1105 and is open from 8 a.m.-3 p.m. Monday-Friday.

The **USS Chafee Ohana** meets at 7 p.m. the first Tuesday of the month at Moanalua Community Center. Child care is provided at a cost of \$2 for the first child and \$1 for each additional child. For more information, call 422-5619 or email usschafeefsg@yahoo.com.

For information about upcoming meetings for the **USS Lake Erie Family Support Group**, call Liz at 454-2440 or plumeria04@verizon.net.

USS Paul Hamilton Ohana meets at 6:30 p.m. the second Thursday of the month at the Pearl Harbor Main Chapel. Child care is provided at a cost of \$1 per child. For more information, call 683-1086 or e-mail at Paulhamiltonfsg@yahoo.com.

The **Navy Exchange at Pearl Harbor** seeks **donations of Navy uniforms or artifacts** which date between the 1920s and 1970s. Donations will be displayed in the NEX Uniform Center at its newly renovated location in building 1337 (formerly the NAVSTA Bowling Center next to Club Pearl) opening in mid-September. Displays will include a biographical history of the item and the donor's name. For more information, contact Kevin Chambers, NEX visual merchandising manager, at 728-2521.



The Adventures of Shark Boy and Lava Girl: 10-year-old Max is an outcast who has become lost in his own fantasy world. But when Max realizes the characters and adventures in his imagination might be more real than anyone else believes, his whole world changes.

Batman Begins: See Review

Bewitched: When Jack accidentally runs into Isabel, he becomes convinced she could play the witch Samantha in his new TV series. Isabel is also taken with Jack, seeing him as the quintessential mortal man with whom she can settle down and lead the normal life she so desires. It turns out they're both right—but in ways neither of them ever imagined.

Herbie: Fully Loaded: Maggie, the new owner of Number 53 - the free-wheelin' Volkswagen bug with a mind of its own - puts the car through its paces on the road to becoming a NASCAR® competitor. Herbie's got some new tricks under his hood.

Howl's Moving Castle: A young woman named Sophie is cursed by the Witch of the Waste, and turns into an old woman. Unable to continue her job at her mother's shop, she goes to the ambulatory castle of the notorious wizard Howl. Sophie befriends Calcifer, the fire demon who powers the castle and who is bound to Howl by a contract. Howl can also see through the Witch's spell, and he and Sophie fall in love.

Land of the Dead: In a modern-day world where the walking dead roam, the living try to lead "normal" lives. With the very survival of the city at stake, a group of hardened mercenaries is called into action to protect the living from an army of the dead.

The Perfect Man: Holly conceives the perfect plan - an imaginary secret admirer who will romance her mother Jean and boost her shaky self-esteem. When the virtual relationship takes off, Holly finds herself having to produce the suitor, borrowing her friend's charming and handsome Uncle Ben as the face behind the e-mails, notes and gifts.

JO3 Ryan C. McGinley Batman Begins

"Batman Begins" is supposed to explain the reasons behind why a normal man would dress up as a bat to wage war on the criminals of Gotham City. It succeeds at this goal, partly, before succumbing to a fury of explosions and impractical sequences like those that ultimately lead to the demise of the franchise eight years ago.

Director and indie-auteur Christopher Nolan takes the helm at trying to revitalize an almost dead franchise by focusing for the first act of the new film on what led Bruce Wayne to become Batman. He delves into Bruce's childhood, explaining his fear of bats and more importantly, his relationship with his father. We see flashbacks of Bruce in his college years fighting for sanity in the wake of his parent's killer being released from prison. Nolan then shows us Bruce's travels to far off unnamed lands where he seeks answers to the understanding of evil. All of these elements are superb in explaining the transformation, though a bit brief no doubt because of some studio executive.

Then "Batman Begins" takes a turn for the worse as Bruce becomes the vigilante protector and Nolan almost abandons his back story. Bruce Wayne builds the bat cave, assembles gear and begins to fight evil in the city of Gotham. The new toys are nothing we haven't seen before, and the new batmobile is just laughable and certainly not as cool as Tim Burton's original. The closing act of the film is nothing more than a series of preposterous action sequences filled with one liners and weak villains that never reach the effect or brilliance of Burton's 1989 original.

Nolan began "Batman Begins" in such a way as to revitalize a franchise with new material and answers to long sought after questions about the mind of Bruce Wayne. But as the film progresses, Nolan simply discards his unique back story and indie grandeur for plagiarized and recycled material that most of us can see by renting the 1989 masterpiece.

OVERALL RATING: 4/5

Sprinkling sweet success



Photo courtesy of Forest City Residential Management

A Navy family member demonstrates the lawn watering technique which helped her family take Yard of the Month honors for July for the McGrew Point family housing community. Cmdr. David Kapaun and his family were the McGrew Point winners. Other Yard of the Month winners for July were: Chief Aviation Machinist's Mate (AW) Apollodean Diokno and family, Halsey Terrace; Information Systems Technician 2nd Class (SW) Hussam Elkhatib and family, Hokulani; Storekeeper 1st Class Michael Larson and family, Moanalua Terrace; and Chief Gas Turbine System Technician - Electrical Jose Elona and family, Radford Terrace.

Sponsor Assignment Aid Web tool connects Sailors, gaining commands

**JO2 Amie Hunt and
JO1 Teresa J. Frith**
*Navy Personnel Command
Communications*

Navy Personnel Command has developed a Sponsor Assignment Aid (SAA) tool to help Sailors get answers to their questions before they arrive at their new command.

The SAA is a Web tool that allows Sailors to communicate with their gaining command to request a sponsor be assigned to assist them with their upcoming transfer to a new duty station.

"There is nothing quite as intimidating to a young Sailor and their family than relocating across the country and not knowing anyone or anything about the area," said Lt. Dominic Formica, StayNavy program manager. "The SAA helps ease that anxiety by quickly and easily connecting a transferring Sailor to a 'seasoned vet' in the area where they'll be stationed."

After a service member successfully submits a sponsor request, a notice is sent to the e-mail address on file for the gaining command. The SAA application tracks whether or not the gaining command coordinator has "read" the sponsor request. A "read" status indicates that the coordinator clicked on the Web link included in the e-mail notification and accessed the sponsor request through the Sponsor

Request Retrieval tool.

The command has seven calendar days to read it and 14 calendar days to process it. If a Sailor does not hear from his sponsor within that time frame, he or she can use the sponsor request inquiry to check on the status of the request.

The sponsor request inquiry will let a Sailor know if his e-mail was received and read by the gaining command. If it has been more than five working days, or seven calendar days, since the request was submitted and the command hasn't read the message, the Sailor is given the contact information on file for the gaining command's coordinator. If it has been more than 14 days since the request was submitted and the command has not replied, the Sailor is also given the message reader's name and e-mail address.

The SAA is a tool to improve the quality and consistency of sponsor programs to ensure all Sailors experience a smooth transition from command to command, and improve quality of service for all involved.

All active-duty members can utilize the Sponsor Assignment Aid tool upon receipt of their orders. The Web-based tool provides a 24-hour-a-day Internet communications link between Sailors and the gaining command.

The SAA tool can be accessed by going to the Navy Personnel Web site,

www.npc.navy.mil and clicking on the 'Career Info' tab, then 'StayNAVY', then 'Career Tools' and scroll down to the SAA link. There is a link for Sailors requesting a sponsor and one for commands to update their information.

The SAA tool is not only valuable to incoming Sailors, but also to gaining commands, as it helps promote communication between the two. Once a sponsor has been assigned, a command will be able to better track its incoming personnel through the information provided.

"[SAA] is an extremely valuable tool for transferring Sailors," said Formica. "However, its full benefit cannot be realized unless there is 100 percent participation from every command."

Commands are urged to participate in the program by establishing and maintaining a sponsor coordinator point of contact within the SAA tool link. Since the beginning of the program, more than 1,000 command unit identification codes have been added to the SAA tool database.

Commands needing to update their information should click on the sponsor coordinator update link on the same page as the SAA and fill out the necessary data. The command sponsor coordinator point of contact information should include a name, phone number, and the command's e-mail address.

KidsDay at Iroquois Point

MWR Quality of Life Marketing

Parents can celebrate National KidsDay and spend meaningful time with their kids as Morale, Welfare and Recreation at Naval Station Pearl Harbor presents KidsDay at Iroquois Point.

MWR child and youth programs will host the family fun event from 5:30-9 p.m. today at Iroquois Point Community Center.

The event is free and festivities will include free food, games, crafts and bounce houses. Check-in for a fun run begins at 5

p.m.

The feature movie, on the big screen under the stars, begins at 7:30 p.m. The Disney movie, "The Pacifier," (PG) stars Vin Diesel, Lauren Graham, Faith Ford, Brittany Snow, Max Thieriot and more.

The film is about Shane Wolfe (Vin Diesel), a Navy SEAL who has to leave his usual military work to take on his most dangerous assignment yet: protecting the five crazy children of a recently assassinated government scientist. For more information, call 471-8658.