

## THUNDER BOWLING

*Service members take advantage of Pearl Harbor bowling values*

Story and photos by  
JO2 Corwin Colbert

Staff Writer

The alleys are dark with psychedelic strobe lights tracing the wooden floor. Bright neon bowling balls violently collide head to head with florescent green pins. This is the setting for Thunder Bowling nights at the Naval Station Pearl Harbor Bowling Center.

Offering 20 lanes of bowling pleasure, the bowling center features fun on a completely different level from traditional bowling.

"Thunder Bowling is one of our popular events," said Stephen Bobcock, a front desk clerk at the center. "Some like the Thunder Bowling because it is different from the normal black ball and white pins," he said.

Millie Gomes, Navy Region Hawai'i bowling program director and Sharkey Theater manager, elaborated on the desk clerk's idea.

"Thunder Bowling is a glow in the dark bowling game with jukebox music," she said. "It is a game exciting for the recreational bowlers. Professional bowlers do not care for it too much because they like to see the arrows on the lanes to give them direction when they bowl," said Gomes.

The center offers Thunder Bowling two times a week, on Fridays and Saturdays. The front desk clerk said the center normally stays full during Thunder Bowling nights.

"We normally have 40 to 50 people a night who come to thunder bowl on the weekends," he said.

Torpedoman's Mate 2nd Class Andy Allard assigned to USS Bremerton (SSN 698) said he is becoming a regular at the bowling center. He said the center is at a great location and it offers a good entertainment value.

"I have been here plenty of times," said Allard. "However, I am not in a league. I come here to have a good time with my friends."

Torpedoman's Mate 2nd Class Chris Lawson of Pearl Harbor Naval Shipyard agreed with Allard.

"Yeah it was a great time," said Lawson. "I came in second place, but still I had a blast."

Allard and Lawson also agreed the cost to bowl is "Sailor-friendly."

"It's great. For seven of us, we only paid about \$50 for four games," said Allard.

Thunder Bowling is \$2.50 per person a game. The center also offers other unique games to play. The center offers free bowling on Mondays from 11a.m. to 1p.m. for active duty members and "Two for Tuesdays" where patrons can bowl two games and pay for the price of one game.

Bobcock said customer satisfaction is the main ingredient to the success of the center.

"As long as the customers are happy, we are happy," he said.

For more information about the Naval Station Bowling Center at building 1736, call 473-2574.



The service desk clerk at the Naval Station Pearl Harbor Bowling Center sanitizes bowling shoes.



A patron heaves a neon colored bowling ball during Thunder Bowling at the Naval Station Pearl Harbor Bowling Center.



Torpedoman's Mate 2nd Class Andy Allard drives for a strike while placing second among his six other friends during a Friday night game of Thunder Bowling.



Commentary

## Window on Pearl Harbor

Karen S. Spangler, Assistant Editor

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# Count your blessings... name them one by one

Ahhhh...Thanksgiving is just around the corner. Visions of plump roast turkey, fluffy mashed potatoes, pumpkin pie and all of the rest of the Thanksgiving fixins' are already dancing through my head.

Every year, I ask my children if we can go someplace else for Thanksgiving dinner – or if they want me to cook. The vote is in – and it looks like I'm cooking again this year. That means time spent navigating the aisles at the grocery store and hours spent in the kitchen cooking and stuffing and baking and mashing and preparing everything for a wonderful feast for Thanksgiving dinner.

Oh, don't get me wrong – I'm not complaining. I love to cook and it's always enjoyable to nibble on the leftovers afterward.

Although gathering together around a table groaning under the sumptuous dinner is representative of the holiday, there is much more to Thanksgiving than that. It is a time for giving thanks – as the Pilgrims did back in 1621 when they shared an autumn harvest feast with the Wampanoag Indians. They expressed their thanks for the bountiful harvest and for their safe passage to America.

I have always counted my blessings and have been most appreciative for the obvious things. Most apparent just a few days before the traditional Thanksgiving dinner is being thankful for having an abundance of food and a wonderful family to share it with. I offer thanks for awesome children and for understanding and supportive friends – you can just never have too many good friends.

My blessings also include the good health that my family and I are able to enjoy, the talents and abilities that we have been given, and the many opportunities that we have.

Even more this year, I realize how fortunate I am and how many blessings I have. In the aftermath of Hurricane Katrina and seeing the videos on television showing the devastation, and hearing the tragic stories of people who have lost loved ones, their homes and everything that they hold dear, I am so thank-

ful. I have a roof over my head, my family is together, and my possessions are safe. It is hard to imagine losing everything – at the same time that I give thanks for my good fortune, my heart goes out to those in the Gulf states and in other parts of the world whose lives have been torn apart.

I am thankful to live in America – a country where I can pretty much do as I want (as long as it isn't illegal) and say what I think (although there are times when these things are best said to myself), a country that allows me to worship as I please and which has been founded on the rights and freedoms of every person.

As I continue to meet Pearl Harbor survivors – our heroes of another generation – and listen to their emotional stories, I am touched and thankful for what their sacrifices have meant to me and to all of us. As the heroes of our present generation continue the ongoing battles to preserve America's freedoms, I am thankful for their courage and their sacrifices.

When I go to sleep at night in a comfortable bed in an environment that is free from attack and bombings, I think of these heroes sleeping on the hard ground with only a helmet for a pillow and surrounded by the horrors of war. And again, I count my blessings and give thanks.

There are many opportunities and blessings that each of us enjoy – and frequently take for granted. Those things are always here for us – and we usually don't give them a second thought.

But I need to be more aware, be more thankful and count the many blessings that I have.

Gathering around the Thanksgiving table with my family will be a special time for us – as we give thanks for the food and our blessings – and remember those who aren't as fortunate.

Enjoy a happy and blessed Thanksgiving and have a fine Navy day here in paradise.

*(We welcome comments from readers. If you have comments, please send them to: karen.spangler@navy.mil.)*

## TRICARE can help families, after deployment

### TriWest Health Care Alliance

When families have trouble readjusting to normal life after living through deployment, TRICARE can help.

Family therapy is considered outpatient psychotherapy and is a TRICARE-authorized benefit when it is determined to be medically or psychologically necessary for treatment of a diagnosed mental disorder.

Marriage counseling, however, is excluded as a health care benefit under the TRICARE program because it is not medically necessary in the treatment of a diagnosed medical condition.

Family therapy is a form of psychotherapy directed toward the family as a unit, instead of toward a single individual.

This therapy is based on the assumptions that the mental or emotional illness and the functional impairment of the identified patient are related to family interactions and that the family is the unit that should be treated. Problems and dysfunctional behaviors are dealt with as the responsibilities of all family members and are not necessarily focused on a particular individual.

Family therapy may involve the complete or partially available family unit and normally will involve the same therapist or treatment

team. For the purposes of TRICARE coverage, the family generally would include the husband or wife of the patient, his or her children or, in the case of a patient who is a minor, the parents, stepparents and siblings. When it is determined to be appropriate, other family members residing in the same household can also be included.

Under TRICARE, outpatient psychotherapy is limited to a maximum of two psychotherapy sessions per week in any combination of individual, family, collateral or group sessions. This number may be increased if the provider obtains prior authorization.

Family therapy can be accessed under the initial eight self-referred visits available to TRICARE beneficiaries. Visits beyond the initial eight require a medical necessity review and prior authorization approval from TriWest Healthcare Alliance, the benefit manager for TRICARE in the west region.

Active duty service members (ADSMs) must have a referral from their primary care manager (PCM) for all behavioral health services. They are not eligible for the initial eight self-referred visits.

For more information, refer to the TRICARE Beneficiary Handbook online at [www.triwest.com](http://www.triwest.com) or visit the TRICARE Web site at [www.tricare.osd.mil/](http://www.tricare.osd.mil/).

## North comes west to support troops



U.S. Navy photo by PH3 Teresa R. Martinez

Marine Maj. Gert de Wet from Combat Logistics Regiment Three, Marine Corps Base Hawai'i, Kaneohe Bay, and his son shake hands with retired Marine Corps Col. Oliver L. North after getting an autograph at the Navy Exchange at Pearl Harbor. North is the host of "War Stories" on Fox News Channel and is a best-selling author.

## Holiday stress? FFSC and CEAP can help

Larry E. Miller

*Fleet and Family Support Center, Pearl Harbor*

The holidays are almost upon us and some of us are already experiencing the added stress. If your stress levels are beginning to go up, here are some suggestions from Fleet and Family Support Center (FFSC) for managing stress:

Could you manage stress better?

- You can start by becoming aware of your stressors and your emotional and physical reactions. Notice your distress. Determine what events distress you. What are you telling yourself about the meaning of these events?

- Recognize what you can change. Can you eliminate, avoid or mitigate your stressors?

- Reduce the intensity of your emotional reactions to stress. The stress reaction is triggered by your perceptions of danger. Are you viewing your stressors

in exaggerated terms?

- Learn to moderate your physical reactions to stress. Slow, deep breathing will bring your heart rate and respiration back to normal. Relaxation techniques, such as stretching or yoga, can reduce muscle tension.

- Build your physical reserves by doing aerobic exercise three to four times a week. Routinely eat well-balanced meals. Take breaks and get away when you can. Get enough sleep.

- Maintain your emotional reserves by developing a support group of friends and relatives. Expect some frustrations, failures and sorrows. Always be kind and gentle with yourself.

Program time for fun.

Two simple relaxation exercises are available at: <http://wso.williams.edu/org/speerh/stress/relax.html>.

Personal development classes can also help with stress. A class on anger management will be offered from 1-4 p.m. Nov.

22. All classes at FFSC are free and open to DoD employees. Additional FFSC course offerings are located at the quality of life Navy Hawai'i Web site at <http://www.greatlife-hawaii.com>.

You may review FFSC activities by going to the middle of the home page and clicking on "classes." You will see a calendar and you can select the month you wish to view.

The small calendar has classes listed by category: click on an activity in blue for a description and to register.

The large calendar has classes by date: click on an Activity in blue for a description and to Register. You may also call the customer service desk at 473-4222, extension 1, to register for any class. Pearl Harbor Fleet and Family Support Center is located in building 193, behind McDonald's.

The Civilian Employee Assistance Program (CEAP) provides confidential, professional assessment and referral services at no cost to civilian employees for issues concerning:

- Alcohol and/or drug abuse.
- Marital, family and/or relationship concerns.
- Medical or emotional illness.
- Stress and/or work related difficulty.

For more information, call 473-4222, extension 259 between 7 a.m. and 4:30 p.m. for CEAP information.

*“You can start by becoming aware of your stressors and your emotional and physical reactions. Notice your distress ...”*

## November is Diabetes Awareness Month: An eye exam is a factor in diabetes detection

Lt. Cmdr. Douglas M. Monette

*Naval Health Clinic Hawai'i*

Each November, the president of the United States proclaims November as National Diabetes Awareness Month. Over the past several years, the Centers for Disease Control and Prevention has reported a large and steadily growing number of Americans who are diagnosed with diabetes.

In fact, 17 million people do not know they have it. Type 2 diabetes, which accounts for 90-95 percent of all cases of diabetes, can cause changes in vision and in extreme cases, blindness. Early detection of diabetes is critical in maintaining healthy vision and a comprehensive eye examination is a factor in diabetes detection.

The American Optometric Association describes diabetes as a disease process that interferes with the body's ability to use and store sugar and can cause many health problems. One, called diabetic retinopathy, can weaken and cause changes in the small blood vessels that nourish your eye's retina, the delicate, light-sensitive lining of the back of the eye. These blood vessels may begin to leak, swell or develop brush-like branches.

The early stages of diabetic retinopathy may cause blurred vision, or they may produce no visual symptoms at all. As the disease progresses, you may notice a cloudiness of vision, blind spots or floaters.

If left untreated, diabetic



U.S. Navy photo by PH2 Michael Sandberg

Hospital Corpsman 2nd Class Renville Marsh, right, makes an adjustment on a Non-Contact Tonometer while performing an eye exam on a crew member receiving a five-year anniversary physical aboard the aircraft carrier USS John F. Kennedy (CV 67).

retinopathy can cause blindness, which is one reason why it is important to have your eyes examined regularly by your eye care specialist. This is especially true if you are a diabetic or if you have a family history of diabetes.

To detect diabetic retinopathy, your eye care specialist will dilate your pupils and look inside your eyes with instruments that light and magnify the blood vessels in your eyes. If you have diabetic retinopathy, laser and other surgical treatments can be used to reduce its progression and decrease the risk of vision loss. Not everyone with diabetes will develop retinopathy, but it must be detected early because once damage has occurred, the effects can be permanent.

If you are a diabetic, you can help prevent diabetic retinopathy by taking your prescribed medication as instructed, sticking to your

diet, exercising regularly, controlling high blood pressure, and avoiding alcohol and smoking.

Healthy vision doesn't happen by accident. Regular eye examinations are essential to maintaining eye health and can also contribute to overall health.

Many health organizations recognize November as National Diabetes Awareness Month. If you or a family member has not received a dilated eye examination in the past year, you should contact your eye care specialist for an appointment.

Active duty military, family members and retirees can be seen at both the Makalapa and Kaneohe Bay branch health clinics. Contact either Makalapa central appointments (473-0247) or Kaneohe Bay central appointments (257-2131) to schedule a comprehensive, dilated eye examination.

## Netting a winner



Photo courtesy of Forest City Residential Management

Chief Electrician's Mate (SW/AW) Michael D. Jackson and his family were Yard of the Month winners for October for the Halsey Terrace neighborhood. Each month, a Yard of the Month winner is selected from each of the five public-private venture (PPV) communities.

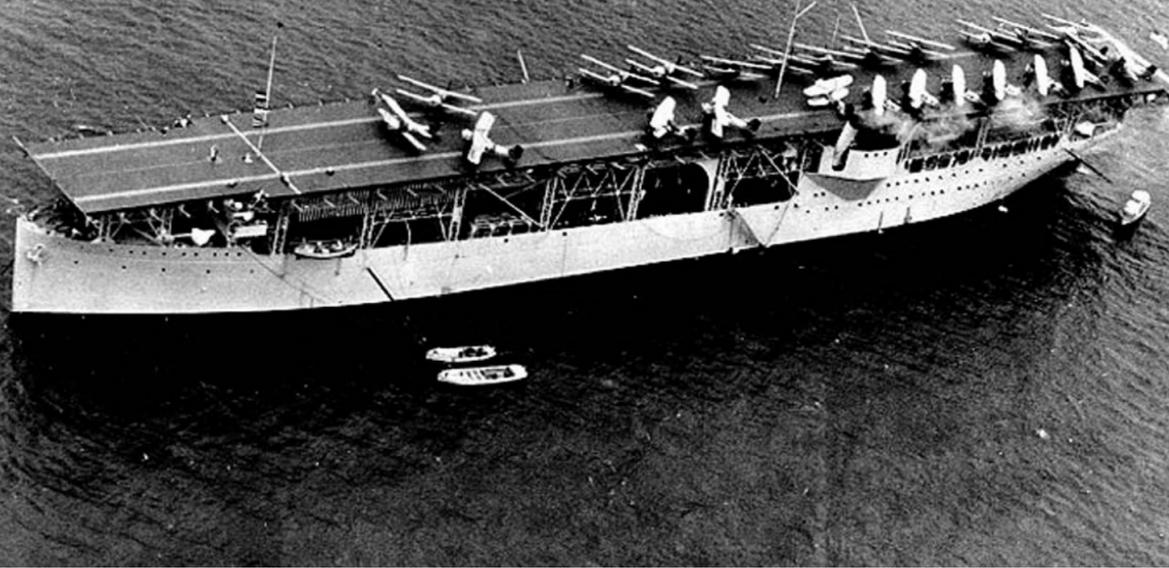
# Got Questions?

Write to us at [hnn@honoluluadvertiser.com](mailto:hnn@honoluluadvertiser.com)

# Skylark Central

What ship am I?

- I was the Navy's first aircraft carrier, launched Nov. 17, 1924.
- My nickname was the old "covered wagon."
- I was converted from a collier ship, USS Jupiter in 1920.
- My development of operating techniques and tactics were essential to the victory of WWII.



**Know your Navy**

CO2 is the primary agent to disrupt the fire triangle of what class fire?

Last week's question...

Which U.S. naval ship transported the body of the Unknown Soldiers from France to the Washington Navy Yard for internment at Arlington National Cemetery in 1921?

Answer - USS Olympia

Surface  
Ships  
Word  
Search  
Answers

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## Movie Call

Sharkey Theater  
Naval Station Pearl Harbor  
(473-0726)

## TODAY

7:00 p.m. Serenity (PG 13)  
**SATURDAY**  
2:30 p.m. Tim Burton's  
Corpse Bride (PG)  
4:30 p.m. Into The Blue  
(PG 13)

7:00 p.m. Flight Plan (R)

## SUNDAY

2:30 p.m. The Greatest Game  
Ever Played (PG)  
4:45 p.m. Serenity (PG 13)  
7:00 p.m. Lord of War (R)

## THURSDAY

Closed for Thanksgiving

Memorial Theater  
Hickam Air Force Base  
(449-2239)

## TODAY

7:00 p.m. Into The Blue  
(PG 13)  
**SATURDAY**

7:00 p.m. Into The Blue  
(PG 13)  
**SUNDAY**

7:00 p.m. An Unfinished Life  
(PG 13)  
**WEDNESDAY**

7:00 p.m. Two for the Money  
(R)  
**THURSDAY**

Closed for Thanksgiving

Sgt. Smith Theater  
Schofield Barracks  
(624-2585)

## TODAY

7:00 p.m. Serenity (PG 13)  
**SATURDAY**

7:00 p.m. The Greatest Game  
Ever Played (PG)  
**SUNDAY AND  
WEDNESDAY**

7:00 p.m. An Unfinished Life  
(PG 13)  
**THURSDAY**

Closed for Thanksgiving

*Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.*

## OUTDOOR ADVENTURE EVENTS

- **Nov. 26:** Kealia Ridge hike, 8:30 a.m., \$7. Register by **Nov. 23.**
- **Nov. 27:** Mokelua Island kayaking, 8 a.m., \$135+. Register by **Nov. 24.**

## POKER TOURNAMENT

Put your poker skills to the test at the Texas Hold 'Em Poker Tournament at Pearl Harbor. Qualifying rounds will be held **today and Nov. 25** at Club Pearl Paradise Lounge on Naval Station Pearl Harbor. The final round will be held at 6 p.m. **Dec. 2** at Beeman Center at Naval Station Pearl Harbor. For more information, call 473-2582 or 473-4279.

## GAMES AND PUZZLES NIGHT

It's National Game and Puzzle Night **today** at the Country Bar at Club Pearl. Games and activities begin at 8:30 p.m. Thursday through Saturday and country music is spun by a DJ. For more information, call 473-1743.

## SUNSET CELEBRATION

Morale, Welfare and Recreation (MWR) at Naval Station Pearl Harbor will host a Sunset Celebration beginning at 4 p.m. **today** at the Navy Lodge on Ford Island. For more information, call 473-0606 or visit [www.greatlife-hawaii.com](http://www.greatlife-hawaii.com).

## RAIDERETTE NFL CHEERLEADERS

Four NFL Raiderette cheerleaders will be at the following events at Pearl Harbor: 4:30-5:30 p.m. **today** at the MWR Sunset Celebration at the Navy Lodge on Ford Island; 11:30 a.m.-1 p.m. **Nov. 19** at the NEX at The Mall at Pearl Harbor.

## SPECIAL LUAU PRICING

Take in the rich cultural heritage of Polynesia now **through Nov. 30** with special ticket prices for Germaine's Luau Armed Forces Special. Tickets for the all-you-can-eat buffet and show are \$30 for adults and can be purchased at any Navy ITT office. For more information, call 473-0792.

## FREE INTRODUCTION TO GOLF CLINIC

A free Family Introduction to Golf Clinic will be held from 9-10 a.m. and 1-2 p.m. **Nov. 19** at Barbers Point Driving Range. Learn the basics and fundamentals of golf. The clinic is geared for adults and children ages eight and up. Golf balls and clubs will be provided. Space is limited. To register or for more information, call 682-1911.

## YOUTH BASKETBALL AND CHEERLEADING REGISTRATION

Registration for youth basketball and cheerleading continues **through Nov. 23.** Registration is open to youth born between 1990-2001. The \$60 fee includes a uniform and trophy. Those who wish to register should bring a current physical (dated no more than a year ago) and birth certificate to the youth sports office, building 3456. Leagues are open to family members of active duty, retirees, reservists and DoD civilians. For more information, call 474-3501.

## OCEAN SAFARI EVENTS

- **Nov. 27:** Surf kayaking, 9 a.m., \$20. Register by **Nov. 24.**

## THANKSGIVING SOFTBALL AND TURKEY SHOOT BASKETBALL TOURNAMENTS

A Thanksgiving softball tournament and Turkey Shoot basketball tournament are planned for **Nov. 25-27.** Softball games will be played at Millican Field. Basketball games will be played at the Naval Station Pearl Harbor gym. The tournaments are open to all MWR patrons age 18 years or older and DoD employees assigned to Pearl Harbor, Barbers Point, NCTAMS, West Loch and NSGA Kunia. The cost is \$175 per tournament per team. For more information or to sign up, call 473-2494 or 473-2437.

## SHORE SHACK GRAND OPENING

The grand opening of the Shore Shack at White Plains Beach at Barbers Point will be from 8 a.m.-2 p.m. **Nov. 26.** Activities will include darts, pool and video games; food items will be available. For more information, call 227-4750.

## HOLIDAY BASKETBALL TOURNAMENT

A Holiday Basketball Tournament will be held **Dec. 9-18** at Bloch Arena at Naval Station Pearl Harbor. Participation in the tournament is open to active duty only from Pearl Harbor, Barbers Point, NCTAMS, West Loch and NSGA Kunia. The entry fee is \$50 per team. The entry deadline is **Nov. 30.** An organizational meeting will be held at 1 p.m. **Nov. 30** at Bloch Arena. For more information, call 473-4182.

## PEE WEE FLAG FOOTBALL REGISTRATION

Pee Wee flag football registration will be held **Dec. 5-23** at the youth sports office. The cost is \$35 and includes a T-shirt, medal and certificate. To register, bring a current physical (dated no more than a year ago) and birth certificate. Leagues are open to family members of active duty, retirees, reservists and DoD civilians. For more information, call 474-3501.



- **Nov. 18:** Dinner and a movie, depart from LIP at 5:30 p.m., free transportation, bring money.
- **Nov. 19:** Glider ride, depart from LIP at 7:45 a.m., cost to be determined. Register by **Nov. 15.**
- **Nov. 20:** Surf lessons, depart from LIP at 10 a.m., \$7.
- **Nov. 21:** Monday Night Football, 6:30 p.m., free.
- **Nov. 23:** "There's Something Going on at Beeman," activities/games at 6:30 p.m., Beeman Center, free.
- **Nov. 24:** Thanksgiving lunch at LIP, noon, free.
- **Nov. 24:** Build a float for the Kaneohe holiday parade, meet at 2 p.m. at LIP, free.

### Weekly events:

- Sunday:** Chess tournament, 6:30 p.m.
- Monday:** WWE wrestling, 6:30 p.m.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball Pool tournament - 7 p.m.

# MWR

# Community Calendar

To have your activity or event featured in the *Community Calendar*, e-mail your requests to [hnn@honoluluadvertiser.com](mailto:hnn@honoluluadvertiser.com) or fax 473-2876. Deadline is *Thursday for the following week's issue. Items will run on a space available basis.*

should call 473-1203 or e-mail [adelina.lopes@navy.mil](mailto:adelina.lopes@navy.mil).

Meet the world-famous marine artist **Wyland** beginning at 11 a.m. **Dec. 3** at the NEX rotunda at The Mall at Pearl Harbor.

Registrations are now being accepted for the **Armed Forces Communications Electronics Association (AFCEA) TechNet Asia-Pacific Golf Tournament 2005**, which will be held **Dec. 9** at the Kaneohe Klipper Course, Marine Corps Base Hawai'i - Kaneohe Bay. The tournament will be in a scramble format with four-player teams. Prizes will be awarded for closest to the pin, longest drive and hole-in-one. Registration on tournament day begins at 9:30 a.m. The tournament will begin with a shotgun start at 11 a.m. and an awards banquet will begin at 5 p.m. Entry fees are \$55 for active duty enlisted military, \$65 for active duty military officers and retired military, \$70 for DoD employees and \$75 for civilians and contractors. For more information, call Danny Matsuura at 659-1416 or email at [dannymatsuura@att.com](mailto:dannymatsuura@att.com).

The **Battleship Missouri Toastmasters Club** meets from 5:30-7:30 p.m. the **first and third Thursday** of each month at the Battleship Missouri Memorial. At a Toastmasters meeting, members learn how to communicate and how to work as a team. The club also teaches such speech techniques as how to vary the approach to suit the needs of different people, whether the speech is a presentation to an audience or a committee for a fundraiser. Better communication is one meeting away. For more information, contact Steve at 722-4178 or Annette at 383-0977.

The following **security measures** are in effect at the NEX at Pearl Harbor. For patrons' protection, bags, purses or personal bags larger than 12-inches-by-12-inches are not allowed in the Navy Exchange. The NEX thanks customers in advance for their cooperation.

The **NEX guest policy** welcomes guests of authorized patrons. To protect NEX privileges, only the primary cardholder (active duty or retired member) and spouse may sponsor guests and those guests are limited to two per authorized cardholder.

The Navy Exchange is **accepting applications** for a variety of positions. NEX employment applications are available at the application drop boxes located in the main rotunda and the second floor by the registers. Completed applications may be dropped off at those same drop boxes.

The local chapter of **TOPS (Take Off Pounds Sensibly)** meets at the Armed Services YMCA at Alimanau military housing. Weigh-in is from 5:30-6:15 p.m. daily. The meeting starts at 6:15 p.m. and ends at 7 p.m. TOPS Club, Inc. is a nonprofit, noncommercial weight-loss support organization with thousands of associate chapters in the United States and Canada. Members learn about nutrition, portion control, food planning, exercise and more in weekly meetings. Weigh-ins, group feedback and support help members to achieve their goals. Visit the Web site at [www.tops.org](http://www.tops.org) or call (800) 932-8677. For more information about the local chapter, call Delcie Akau at 623-1404.

**Holiday hours for the Pearl Harbor Commissary** have been announced. The commissary will be open from 8:30 a.m.-4:30 p.m. on Dec. 24 (Christmas Eve) and closed on Christmas Day. It will be open from 8:30 a.m.-6 p.m. Dec. 31 (New Year's Eve) and closed on New Year's Day.



**An Unfinished Life:** Still in shock from his only son's death a decade ago, Einar has let his ranch fall into ruin along with his marriage. Einar intends to live out his days in this heart-broken solitude...until the very person he blames for his son's accident comes to town: his daughter-in-law Jean.

**Flightplan:** Flying at 40,000 feet, Kyle faces every mother's worst nightmare when her six-year-old daughter vanishes without a trace mid-flight from Berlin to New York. Kyle desperately struggles to prove her sanity to the disbelieving crew and passengers while facing the possibility that she may be losing her mind.

**The Greatest Game Ever Played:** An amateur player from a working class family, Francis shocked the golf world when at the 1913 U.S. Open, flanked by his 10-year-old caddy, he defeated his idol, the defending British champion.

**Into the Blue:** See Review

**Lord of War:** A wily arms dealer dodges bullets and betrayal as he schemes his way to the top of his profession, only to come face to face with his conscience. But it's not easy to leave a life of girls, guns and glamour when nobody wants you to stop.

**Serenity:** Captain Malcolm Reynolds, a hardened veteran on the losing side of a galactic civil war, now ekes out a living pulling off small crimes aboard his ship, Serenity. When Mal takes on two new passengers, he gets much more than he bargained for.

**Tim Burton's Corpse Bride:** Set in a 19th century European village, this stop-motion, animated feature follows the story of Victor, a young man who is whisked away to the underworld and wed to a mysterious Corpse Bride, while his real bride, Victoria, waits bereft in the land of the living.

**Two for the Money:** A star college football player blows out his knee, forcing him to choose a new profession. He winds up getting into the sports gambling business and is recruited by a man who runs one of the best sports-booking operations in the country.

**JO3 Ryan C. McGinley**

### Into the Blue

Beneath the crashing waves of the Bahamas lay a plethora of undiscovered treasure just waiting to be found. Above the foam are two avid lovers of the sea and each other, Jared (Paul Walker) and Sam (Jessica Alba), both of whom looked like they wandered off the set of a swimsuit issue and onto the big screen.

Jared and Sam, along with a couple of friends, go free diving off the coast and stumble upon two major discoveries. One is a downed airplane that happens to house a ton of drugs; the second is a variety of artifacts that could prove more valuable than the narcotics. Oh, what a dilemma.

The rest of the film is a topsy-turvy moral slugfest as to the rights and wrongs of the individuals, and whether or not the drugs will be left alone or sold to the highest bidder. Each of the four characters hold an opinion as to what the right thing is to do. Throw in a couple of bad guys and that's your movie.

"Into the Blue" is an MTV-generation product submerged with hot young stars and a hip cool feel to a recycled, old story. The only noteworthy element is the spectacular underwater photography. Underwater director of photography guru Peter Zuccarini and director John Stockwell create a visually breathtaking, and remarkably coherent world beneath the water that illuminates with vibrant color and mystery. Sharks roam, fish dance, and bodies permeate through the three-dimensional underwater landscape, all the while making a semi-useless film semi-worthy.

Don't let your eyes fool you though. The story still trudges along with little suspense or mystery. The actors, despite their lack of clothes or inhibitions, still stretch high school lingo into overzealous banter. In the end, their love for the ocean and themselves does conquer all. Just don't drown in the vanity.

**OVERALL RATING:** ★★★★★