

USS Hawai'i Christened

Hawai'i Governor, the Honorable Linda Lingle smashes a bottle of champagne against the sail of the Virginia-class nuclear attack submarine Pre-Commissioning Unit (PCU) Hawai'i (SSN 776) during the ship's christening ceremony. General Dynamics Electric Boat President, Mr. John Casey, Sen. Christopher Dodd and Sen. Daniel Inouye, watch as the ship receives the governor's blessing. Hawai'i is the third Virginia-class submarine to be christened, and the first major U.S. Navy combatant vessel class designed with the post-Cold War security environment in mind and embodies the war fighting and operational capabilities required to dominate the littorals while maintaining undersea dominance in the open ocean.

U.S. Navy photo by PH 1 Shawn P. Eklund



Hawai'i News

Serving the "Best Homeport in the Navy"

June 23, 2006

www.hawaii.navy.mil

Volume 31 Issue 25

Navy prohibits cell phone ear devices while driving on Navy installations

Navy Region Hawai'i Public Affairs

The Navy has prohibited the use of cellular phone ear devices while driving on Navy shore installations. This is an addition to the current policy that limits use of cellular phones and similar devices unless in a "hands free" mode.

"This is all part of an effort to keep our drivers' full attention on safely operating their moving vehicles," explained C.B. "Buff" Shaw, public safety director for Commander, Navy Region Hawai'i. "And restricting the use of ear devices such as blue tooth or ear buds will be in accordance with the Command Naval Installations Command (CNIC) cell phone policy," he noted.

The 'no ear device' policy will apply to all military personnel, civilian employees, family members, contractors, tenants and visitors operating motor vehicles on Navy shore installations. This includes all areas where the Navy provides law enforcement such as the Navy Exchange complex, non-public private venture housing, and Navy-Marine Corps Golf Course. For drivers on Navy property in Hawai'i, this means drivers may not hold, dial, text, use ear devices or adjust the cell phone while the vehicle is in motion.

"We will begin the enforcement of this policy on the first of August. Until then, our security personnel will warn those found not complying," said Shaw.

"Starting August, Navy Region Hawai'i Base Security personnel will begin issuing tickets to motorists found using ear devices and will continue to ticket those found not using hands free devices with their cell phones while driving on Navy property."

Military members, civilians, contractors and visitors to an installation who fail to comply with the policy are subject to administrative action that could include loss of driving privileges and removal from and/or denial of re-entry to Navy property.



Ear devices (shown above) or ear buds are prohibited while driving on Navy shore installations including the Navy Exchange complex.

Making a difference



U.S. Navy photo by JO2 Devin Wright

Culinary Specialist 1st Class (SW) Arnel De la Cruz assigned to Naval Station Pearl Harbor (NAVSTA) pulls Mangrove out of the Pouhala Marsh. Sailors stationed at NAVSTA conducted an environmental clean-up project at the Pouhala Marsh yesterday. The project involved the removal of mangrove and cattails. The removal of the mangrove from the marsh was to help the Hawai'i Nature Center's stream site activities for children. Children use the site to fish and learn about the environment. The removal of the cattails is to help establish more habitat for endangered Hawai'iian wetland birds.

Read more about the Pouhala Marsh clean-up on page A2.

USS Columbia captures Arleigh Burke Fleet Trophy

JO2 Corwin Colbert

Commander Submarine Force, U.S. Pacific Fleet

USS Columbia (SSN 771) has been named the most improved operational unit in the Pacific Fleet. The Pearl Harbor-based, nuclear powered attack submarine received word of its selection as the Pacific Fleet's recipient of the Arleigh Burke Fleet Trophy on June 13.

Chief of Naval Operations Adm. Michael Mullen said in a message that the award was in recognition of "superior performance in their improvements in battle efficiency" during calendar year 2005.

"USS Columbia's wide range of operational improvements coupled with the completion of a challenging fleet readiness training period allowed them to deploy 45 days ahead of schedule to provide a much needed attack submarine presence in the Western Pacific theater of operations," said Mullen.

The Arleigh Burke Fleet Trophy is presented annually to the ship or aviation squadron in both the Atlantic and Pacific fleets that has achieved the greatest improvement during the preceding year. Among the factors considered are operational accomplishments, performance in inspections, awards and retention.

Cmdr. Gene Sievers, USS Columbia's commanding officer, attributed the award to the efforts of his crew.

"It is obvious that the recognition for receiving the Arleigh Burke Award goes to the crew," said Sievers. "It recognizes a year's worth of hard work."

Sievers, who took command in November 2004, said his crew completed its Fleet Response Plan requirements, normally an 18-month process, in just eight months. The ship departed Pearl Harbor in September 2005 for a deployment that was 45 days earlier than originally planned.

During its six-month deployment to the Western Pacific, Columbia participated in multi-national exercises with the Royal Australian navy and made visits to Singapore, Guam, Australia, Japan and Korea.

In 2005, the submarine trained prospective commanding officers as part of the Submarine Command Course, shot numerous exercise weapons and conducted sound trial operations at the Southeast Alaska Acoustic Measurement Facility.

While Sievers directed most of the praise at his crew, he said that capturing the award was a team effort that extended beyond the ship as well.

"It also takes the support of COMSUBPAC, (Commander Submarine Force, U.S. Pacific Fleet)

Naval Submarine Support Command and Submarine Squadron Three to get us where we are today," he said.

The Arleigh Burke Fleet Trophy is named in honor of Adm. Arleigh Burke, who served 42 years in the U.S. Navy including six years as Chief of Naval Operations (CNO), making him the youngest and longest serving CNO in American history.

More Top Stories



Honoring USS Lagarto
See page B1



New policy on taxicab access to bases
See page A4



Port Royal twins re-enlist
See page A8



New MDSU One Navy dive rating commemorated
See page A6

NAVSTA Sailors do their part for the environment

Sailors at Naval Station Pearl Harbor get down and dirty at Pouhala Marsh

JO2 Devin Wright

Staff Writer

Sailors stationed at Naval Station Pearl Harbor (NAVSTA) conducted an environmental clean-up project at the Pouhala Marsh yesterday.

The project involved the removal of mangrove and cattails.

The removal of the mangrove from the marsh was to help the Hawai'i Nature Center's stream site activities for children.

Children use the site to fish and learn about the environment.

The removal of the cattails is to help establish more habitat for endangered Hawai'ian wetland birds.

"For a small organization like ours, we rely on help from volunteers," said Pauline Kawamata, volunteer program manager for the Hawai'i Nature Center. "The Navy has always been there for us. What would normally take us days of work is usually done in just a few hours, thanks to volunteers like the Sailors from Naval Station Pearl Harbor," she added.

The project was something NAVSTA wanted to take on because of the Navy's long tradition of environmental awareness.

"This project fits right where the Navy is," said Capt. Taylor Skardon, commanding officer of NAVSTA and chief of staff Navy Region Hawai'i. "The Navy is a true steward of the environ-

ment, friend of the environment and supporter of the environment. We are taking evasive species out of this stream to help it flourish and the cattails to help an endangered species. So this project is not only giving back to the environment, but the community as well which is also the Navy way," he said.

For many Sailors assigned to NAVSTA, the Pouhala Marsh clean-up project is important to them because of their desire to help the environment and community.

"I enjoy being part of projects like this," said Culinary Specialist 1st Class (SW) Arnel De la Cruz assigned to NAVSTA. "It's hard work, but it feels good to know you are making a difference. This is helping the community. The center [Hawai'i Nature Center] doesn't have a lot of money or employees so that gives us a chance to show our support."

Since their beginning in 1981, more than 800,000 children and adults have participated in environmental education programs at the Hawai'i Nature Center. They are recognized as the only organization in the state of Hawai'i solely dedicated to educating island children about their unique environment in the out-of-doors.

In addition to their school programs, the Nature Center provides nature education programs for families and adults on weekends. These include guided interpretive hikes, nature adventures, earth care projects and more. Their weekend and community programs have reached more than 25,000 island families a year on O'ahu and Maui.

To become a volunteer for the Hawai'i Nature Center, contact the volunteer coordinator at 955-0100 to inquire about volunteer opportunities.



www.hnn.navy.mil

Hawai'i Navy News Online

Hawaii Navy News Editorial

24/7 – Operation Summer Force Preservation

FLTCM (AW/SW)
Jon R. Thompson

A few weeks ago we entered what we like to call the "critical days of summer." From Memorial Day to Labor Day, the Navy incurs more off-duty mishaps and traffic deaths than it does the entire rest of the year. The statistics are always disturbing, especially since most of the deaths were preventable.

I always try to illustrate my points with current events.

Most of you know what happened to Pittsburgh Steelers' quarterback, Ben Roethlisberger. 'Big Ben' was involved in a motorcycle accident and because he wasn't wearing a helmet, suffered serious damage to his face, jaw and teeth. I don't think it takes a rocket scientist to figure out if he was wearing a full-face helmet he would have walked away from that accident with only minor damage.

Face it, the decisions you make affect your life and those around you. A poor choice can cost you a lot – physically, financially and emotionally. What's more, I truly believe the law of averages work against us and when any of us



FLTCM(AW/SW)
Jon R. Thompson

tempt fate, we are headed for a collision course with something bad.

My challenge to you this summer is to be there for each other and remind everyone to be alert, aware and able to manage risk all day, every day. It seems to me the Navy's on-duty safety record is superb because we practice operational risk management all the time. We are safety experts. However, as soon as some of you take off your uniforms, I think you also drop your guard and forget to factor in risk and safety. The results often hurt the Navy's readiness.

Now, if you're reading this thinking you're safe and you won't get hurt, consider the following statistics:

- 220 Sailors and Marines died in off-road duty recreational mishaps from summer 2002 to summer 2005.
- 73 percent were between 18 and 26 years old.

- 45 percent were drivers or passengers in cars or light trucks.
- 31 percent of the total fatalities involved alcohol use.
- 25 percent died in shore/recreational mishaps.
- 25 percent were motorcycle riders.

Shipmates, it's obvious the younger you are the more at risk you are. The average rank of those who have died in the past four years is E3 and the average age is 22. The majority of the mishaps took place between midnight-3 a.m. Sunday. We in the command master chief world often say, 'nothing good happens between midnight and 2 a.m.' Each year, many of you prove that statement true.

The summer is so dangerous because it's the period where many of you go on family vacations and often travel longer periods than you should without a rest or break. It's when the weather is ideal for outdoor and water activities. And it's also a time for cookouts and picnics, which often include alcohol consumption.

Now before you think I'm a prude and think no one should ever drink alcohol, let me address alcohol consumption. First and fore-

most, no one in the Navy under 21 years of age can consume alcohol because it's the law...period. For those of you over 21, all any leader can ask is for you to drink responsibly. Drinking responsibly means never driving after drinking. It means naming a designated driver. It also means preventing your shipmates from drinking and driving.

While alcohol does play a factor in many mishaps, it's not the only factor you need to consider. Some of the less-publicized things you need to do to be safe are:

- Always wear a seatbelt and ensure everyone else in your vehicle wears theirs as well.
 - Drive the speed limit.
 - Get plenty of rest before a trip and don't try to drive too far in a single day.
 - Do not drive and use your cell phone or do other distracting activities.
 - Maintain your vehicle.
 - Respect road conditions.
- In addition to driving safety, off-duty recreation mishaps are also high in the summer months. Here are a few tips to help keep you, your friends and your family safe:
- Learn water survival skills.

- Don't leave camp fires unattended.

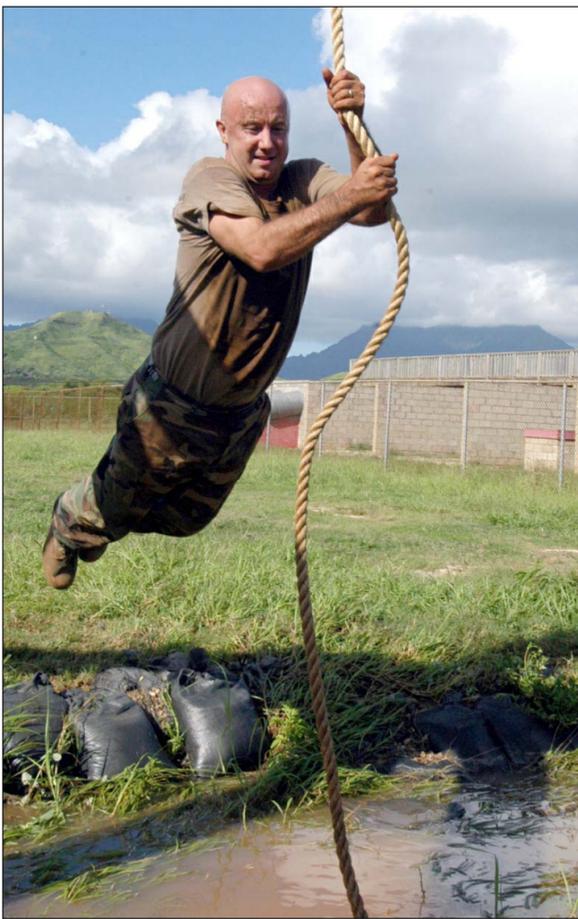
- Make sure your grills are in proper working order and never put your face over the grill.
- Hydrate and don't over-exert yourself in the heat.

- Stay out of storms, especially when lightning strikes are probable.

- Stretch before you exercise and don't overdo it.

Although most of what I have mentioned may seem like common sense, I know better. Each year, the statistics prove common sense is often discarded. Why Sailors put themselves at risk is always a mystery. My hope is that each of you realizes life is short, accidents happen and that our bodies are fragile. In an instant our lives can be shattered when we make a bad decision or discard safety.

Shipmates, have a great summer. Have fun with your friends and family. Go on vacation and have a good time – but above all, be safe. Think before you drink, plan before you drive, stretch before you work out, and try to keep in mind your limits. Your Navy needs each and every one of you...healthy, strong and full of spirit! Good luck.



U.S. Navy photo by JO3 Ryan C. McGinley

A chief petty officer (CPO) selectee swings over a water pit at the Fleet Marine Force (FMF) Challenge after making chief in 2004. The FMF challenge is held once a year and includes a confidence and obstacle course, leadership reaction course, pugel stick training and a general purpose tent pitch for chief selectees at Marine Corps Base Hawaii. U.S. Navy Sailors who are selected for promotion from E-6 to E-7 voluntarily submit to six weeks of arduous physical training, practical team building and leadership exercises that will prepare them for their new duties and responsibilities as CPOs.

MCPON Minute Physical Fitness

Master Chief Petty Officer Terry Scott

You don't have to be in special warfare to see the benefit of physical fitness.

You know how important it is to set aside part of the day to work on training and qualifications. I want you to give that same dedication to staying physically fit and healthy. The components included in the physical readiness test have not changed, but the new goal-oriented scoring and more detailed standards help chart your track to fitness – well beyond the day of the test.

While anyone can find a reason to skip workouts, the key to success is to make these workouts part of your daily routine. You will be amazed at the payoff and you will serve as an inspiration for your shipmates to get in better shape and live longer by doing so. The Navy Personnel Command Web



Master Chief Petty Officer Terry Scott

site has creative tips to help you build a culture of fitness at your command. Successful command programs are the ones where shipmates help each other get fit and stay fit.

WAVES visit Honolulu



U.S. Navy historical photo

Yeoman 3rd Class Margaret Jean Fusco photographs three friends by King Kamehameha's statue in Honolulu, circa spring 1945. Posing are (left to right): Yeoman 2nd Class Jennie Reinhart, Yeoman 2nd Class Muriel Caldwell and Yeoman 2nd Class June Read.

Hawaii Navy News

Commander, Navy Region Hawaii - Rear Adm. Michael C. Vitale

Chief of Staff, Navy Region Hawaii - Capt. Taylor Skardon

Public Affairs Officer - Lt. Barbara Mertz
Deputy Public Affairs Officer - Agnes Tauyan

Managing Editor - JOC(SW) Joe Kane

Leading Petty Officer - PH1 (AW/SW) James Foehl

Editor - Karen Spangler

Staff Writer - JO2 Devin Wright

Technical Adviser - Joe Novotny

Layout/Design - Tony Verceluz

Hawaii Navy News is a free unofficial paper published every Thursday by The Honolulu Advertiser, 605 Kapiolani Blvd., Honolulu, Hawaii, 96813, a private firm in no way connected with DoD, the U. S. Navy or Marine Corps, under exclusive contract with Commander, Navy Region Hawaii. All editorial content is prepared, edited, provided and approved by the staff of the Commander, Navy Region Hawaii Public Affairs Office: 850 Ticonderoga, Suite 110, Pearl Harbor, Hawaii, 96860-4884. Telephone: (808) 473-2888; fax (808) 473-2876; e-mail address: hnn@honoluluadvertiser.com World Wide Web address: www.hawaii.navy.mil. This civilian enterprise newspaper is an authorized publication pri-

marily for members of the Navy and Marine Corps military services and their families in Hawaii. Its contents do not necessarily reflect the official views of the U. S. Government, the Department of Defense, the U.S. Navy or Marine Corps and do not imply endorsement thereof.

The civilian publisher, The Honolulu Advertiser, is responsible for commercial advertising, which may be purchased by calling (808) 521-9111.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement of the products and services advertised by the Department of Defense, the U.S. Navy or Marine Corps, Commander, Navy

Region Hawaii or the Honolulu Advertiser.

Everything advertised in this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source.

Hawaii Navy News is delivered weekly to Navy housing units and Navy installations throughout Oahu. Housing residents may contact the publisher directly at (808) 538-NEWS (538-6397) if they wish to discontinue home delivery.

New policy on taxicab access to bases

George Wright

Commander Naval Information Command
Public Affairs

Many service members, family members, retired military members, government employees and contractors need to travel on and off Navy installations. Many of them do not have any form of personal transportation and, in many places, were not able to take taxis and similar transportation onto Navy installations.

Commander, Navy Installations Command (CNIC) recently issued a new base access policy to address the situation. This policy defines roles and responsibilities for installation access by taxis, limousines and shuttle services that are used by personnel who have a legitimate need for access to an installation.

The primary objective of the new instruction, CNICINST. 5530.1 "Taxicab, Limousine and Shuttle Access on Navy Installations," is to:

- Establish a uniform Navy protocol across CNIC regions for installation access by regulated transportation services, for personnel who are permitted access among barracks, ships and workspaces, and to locations on and

off the installation.

- Authorize issuance of appropriate credentials for physical access to Navy installations by taxicab, limousine and shuttle services and their drivers.

- Provide guidance to identify a single source coordinator (SSC) who will have oversight of the registration and clearance of taxicab, limousine and shuttle services and drivers who are authorized to conduct business on an installation.

According to the instruction, the SSC shall facilitate the registration of one or more taxicab, limousine and shuttle company(ies) that request to conduct business on an installation. The registration shall ensure that each vehicle owned by the companies requesting access is registered with the state division of motor vehicles, is safety inspected in accordance with state and local requirements, has proof of insurance, and is licensed to operate as a transit, cab, limousine or shuttle service with the state, county, city or local public utilities commission or similar body as required.

Private vehicles operating as unlicensed cabs or jitneys will not be permitted to register under this instruction. For the purpose of safeguarding personnel, a commander will require an inspection of each taxicab, limousine or

Navy League establishes Shipyard Service Award

Marshall Fukuki

Pearl Harbor Naval
Shipyard Public Affairs

The Honolulu Council of the Navy League of the United States will name a Pearl Harbor Naval Shipyard civilian employee to be the first-ever recipient of a prestigious honor at its Sea Services Awards luncheon Dec. 8 at the Hale Koa Hotel. The winner of the Navy League-sponsored George S.B. Walters Shipyard Service Award will receive \$1,000 and a plaque.

"It's the first time we've ever done this. It's a little out-of-the-box thinking," said Robert McDermott, council executive director. "We appreciate the work that's being done at the shipyard and how important it is to our nation and our economy."

The Navy League was established in 1902 to educate the public about the maritime industry and sup-

port the men and women in the sea services - Navy, Marine Corps, Coast Guard and Merchant Marine, he said.

"Civilians are part of that team keeping [the fleet] fit to fight," he said. "Without the civilians in the shipyard, the Navy's ships wouldn't be ready to serve the country."

The newly-created award is named after a Navy Yard Pearl Harbor crane operator and engine man. On Dec. 7, 1941, George Walters was operating his crane by dry dock one when Japanese planes attacked without warning.

He purposely drove his crane back and forth alongside the dry dock, swinging the boom around to defend ships and Sailors from low-level strafing and bombing. Based on personal and eyewitness accounts, he is believed to have damaged two Japanese planes and saved countless American lives with his unselfish acts

of heroism.

All shipyard civilian work leaders and first-line supervisors who work directly on the waterfront are eligible for the award and may be nominated by their supervisors.

Senior shipyard leaders will select the recipient of the award based on the employee's overall outstanding performance, individual achievement, excellence in leadership, and participation in community activities. In honor of the award's namesake, he or she must also exemplify the following attributes:

- Industriousness
- Enthusiasm
- Initiative
- Team spirit

For more information about the Honolulu Council Navy League, call 422-9404 or visit www.pacificregion-navyleague.org. For more information on Pearl Harbor Naval Shipyard, visit <http://www.phnsy.navy.mil>.

Outstanding service



U.S. Navy photo by JO2 Devin Wright

Associates of the Navy Lodge at Ford Island pose for a picture, after being awarded the Carlson Award for best large Navy Lodge on June 20 at the historic hotel. The Carlson Award recognizes three Navy lodges a year which demonstrate outstanding service, cleanliness, customer feedback and associate satisfaction.

Angels in the Navy



U.S. Navy photo by SK1 Blaine Smith

Jaclyn Smith(center), an actress of film and television, and Sailors from USS Chung-Hoon recreate a scene from the "Charlie's Angels" television show which aired from 1976 to mid-1981. Some of the show's episodes were filmed in Hawai'i. Smith, who played the role of Kelly Garrett in the action drama, visited the ship on June 16. Smith was also at the Navy Exchange and Home Gallery on June 17 to promote her latest home furnishings collection, Jaclyn Smith Home.

FLEET ACTION



U.S. Navy photo by PHC Spike Call

Aircraft carriers USS Ronald Reagan (CVN 76), USS Kitty Hawk (CV 63) and USS Abraham Lincoln (CVN 72) sail in formation at the start of Exercise Valiant Shield 2006. Valiant Shield 2006 is the largest joint exercise in recent history. Held in the Guam operating area June 19-23, the exercise includes 28 naval vessels. Nearly 300 aircraft and approximately 22,000 service members from the Navy, Air Force, Marine Corps and Coast Guard are participating in the exercise.



U.S. Navy photo by PH3 Jordan R. Beesley

Fire Controlman 2nd Class Vincent Ludouici conducts maintenance on the forward close in weapons system (CIWS) aboard the guided-missile destroyer USS Russell (DDG 59) homeported at Pearl Harbor. Russell, along with Abraham Lincoln Carrier Strike group, is currently participating in Exercise Valiant Shield 2006.



U.S. Navy photo by PHC Todd P. Cichonowicz

An Air Force B-2 bomber along with other aircraft from the Air Force, Navy and Marine Corps fly over the Kitty Hawk, Ronald Reagan and Abraham Lincoln Carrier Strike groups during the photo portion of Exercise Valiant Shield 2006.



U.S. Navy photo by PH3 Jordan R. Beesley

An SH-60 Seahawk helicopter assigned to the Golden Falcons of Helicopter Anti-Submarine Squadron Two (HS-2) lands on the flight deck aboard the guided-missile destroyer USS Russell (DDG 59), during deck landing qualifications. Russell, a part of the Abraham Lincoln Carrier Strike group and Carrier Strike Group Nine (CSG-9), are currently underway on a routine deployment to the Western Pacific.



U.S. Navy photo by PHAN Benjamin Dennis

U.S. Navy, Air Force and Marine Corps aircraft fly in formation during the photo portion of Exercise Valiant Shield 2006. The Kitty Hawk Carrier Strike group is currently participating in Valiant Shield 2006. Valiant Shield focuses on integrated joint training among U.S. military forces, enabling real-world proficiency in sustaining joint forces and in detecting, locating, tracking and engaging units at sea, in the air, on land and cyberspace in response to a range of mission areas.

MDSU One celebrates new Navy diver rating



U.S. Navy photo

CMDCM (MDV) Rick Bettua (middle) and DC3 (DV) Alex Wytaske (right), MDSU One's oldest and youngest Navy divers, cut the cake celebrating the establishment of the ND rating. ND1 (DSW) Shawn Darnell (left) lends a helping hand as the first frocked ND1 at the command.

Lt. Cmdr. Keith Dowling

MDSU One Executive Officer

The "Heavy Lifters" of Mobile Diving and Salvage Unit One held a cake-cutting ceremony on June 2 to celebrate the establishment of the Navy diver (ND) rating, which took effect on June 1. The ND rate, which replaced select diver source ratings (boatswain's mate, hull technician, electricians mate, engineman, etc.), became official for all E6s and above on that date and will take effect for E5s and below on Oct. 1.

"There was something very special about being frocked to my new rate and paygrade on the same day that the rate

was established," said Navy Diver 1st Class (DSW) Shawn Darnell.

The ND rating is expected to strengthen force readiness and improve diver manning. "The ND rating will allow us to focus on diving principles and technologies and enhance overall ND rating knowledge without the added burden of having to study a rate that many Navy divers were unable to stay proficient in," said Chief Navy Diver (DSW) Guy Inzunza. There is a variety of benefits to the new ND rating, including selected reenlistment bonuses of up to \$45,000 in zones a through c and special duty assignment pay ranging from \$350-\$650 a month.

The new ND rating badge, an MK-V diving helmet similar to the breast insignia worn by second class divers, will be displayed on the sleeves of ND-rated personnel. The breast insignias for first and second class divers will become warfare devices and will be awarded to those ND-rated personnel successfully completing the diving salvage warfare personal qualification standards (PQS) and oral board. The elite master diver breast insignia will remain a qualification reserved for those who can successfully pass the stringent master diver evaluation process periodically held at Naval Diving and Salvage Training Center in Panama

City, Fla.

The vast majority of divers embrace the ND rating and see it as a positive and exciting change that will help redefine and build a stronger and more professional diving and salvage capability. "This is an exciting time to be a Navy diver," said CMDCM (MDV) Rick Bettua. "The ND rating will serve our community well and the five-vector model will help us shape our Navy divers to be expert salvors," said Bettua.

For information about a career as a Navy diver, contact the MDSU One dive motivator/recruiter, BMC (MDV) Paul Adams or DCC (DV) Phanthavong at 471-9292, ext. 274.

Zieser passes Submarine Squadron One reins to Marr

Story and photo by JO2 Corwin Colbert

Submarine Force, U.S. Pacific Fleet Public Affairs

Capt. Stephen Marr relieved Capt. Michael Zieser as Commander, Submarine Squadron One in a ceremony June 19 onboard USS Greenville (SSN 772) at the Pearl Harbor Naval Station.

Rear Adm. Jeffrey Cassias, Pacific Submarine Force commander, praised Zieser for overseeing what he called an "unusual squadron" because of its role in working with Navy SEALs.

"Besides all the normal duties of manning, training and equipping its submarines, Squadron One has the added responsibility of being the submarine force's premiere center of excellence for naval special warfare," he said.

Cassias cited Zieser's achievement in developing operating concepts for dry deck shelters and the advanced SEAL delivery system. He also assisted in the October 2004 exercise Silent Hammer, which helped develop operating concepts for the newly-converted guided missile (SSGN) submarines. USS Charlotte (SSN 766) participated in that exercise.

But Cassias said he was



Capt. Michael Zieser retired after 26 years of service following Submarine Squadron One change of command ceremony held June 19 onboard USS Greenville (SSN 772) at Naval Station Pearl Harbor. During the ceremony, Pacific Submarine Force commander Rear Adm. Jeffrey Cassias presented Zieser the Legion of Merit Award.

most pleased that Zieser's submarines excelled in what he called "the basics." This included maintaining his six nuclear-powered attack submarines - USS Greenville (SSN 772), USS La Jolla (SSN 701), USS Bremerton (SSN 698), USS Charlotte (SSN

766), USS Buffalo (SSN 715) and USS Los Angeles (SSN 668) - in peak condition.

Cassias cited a series of noteworthy accomplishments that Submarine Squadron One boats achieved under Zieser's leadership. This included Squadron One sub-

marines winning the Ney Award for food service three years in a row and two chiefs of the boat (COB) from Squadron One submarines winning the Frank Lister award as the Navy's top COB two years in a row.

"In everything they did, they defied statistics to be the best," said Cassias.

Zieser praised the submariners in Squadron One for their accomplishments. "I was fortunate to have the finest professional submariners work with me. I enjoyed working with the best among the best."

"Everyone who is a part of the squadron's staff or ships' crew work day in and day out to do their job, protecting this great nation and our way of life, simply and without fanfare," he said.

Cassias presented the Legion of Merit Award to Zieser, who is retiring after 26 years of service.

Marr took command of Submarine Squadron One after serving as the Submarine Command Course instructor for the Pacific Submarine Force. Marr is a 1983 graduate of the U.S. Naval Academy and has served on four submarines, including command of USS Salt Lake City (SSN 716).

GOT SPORTS

(808) 473-2888

hnn@honoluluadvertiser.com

Contact the HNN editor for guidelines and story/photo submission requirements.



Free classified advertising for military in Hawaii Navy News

Active duty and retired military, civil service and family members can advertise the sale of their personal property (including real estate) and services in HNN at no charge. The details are as follows: Classified items and services must represent an incidental exchange between the aforementioned personnel and not business operations. Requests for three-line free classified advertisements can be submitted via email, if from a ".mil" address (submit to kkaneshi@honolulu.gannett.com), by phone at 521-9111 or by visiting www.honoluluadvertiser.com and clicking on "classified ads." More lines of advertising can be purchased at an additional fee. Requesters should include their military ID number and a callback phone number.



Fluorescent lamps require enlightening disposal approaches

Terri Kojima

Commander Navy Region Hawai'i Environmental Public Affairs

Improperly handled fluorescent lamps can endanger people, harm our environment, and incur significant disposal costs. As a preventive measure, the Navy Region Hawai'i environmental department wants to ensure that all workers know how to properly dispose of burned out fluorescent lamps.

For a cleaner environment and increased efficiency, the region began a program in 2001 to replace expired fluorescent lamps with low-mercury fluorescent lamps. Switching to low-mercury lamps has phased out many types of fluorescent lamps that are considered hazardous waste upon disposal.

When low-mercury lamps begin to flicker and fade, regulations permit the disposal of these non-hazardous waste lamps in trash dumpsters. However, some work areas are still lit with older fluorescent lamps, which may be considered as hazardous universal waste and require special handling and disposal.

To avoid confusion about

the proper disposal procedures for different types of lamps, trained Navy contractors and waste accumulation point coordinators will properly manage the disposal of all types of fluorescent lamps in the workplace.

"Relying on workers who have been trained to identify the various types of lamps and to implement proper disposal methods removes the guesswork in the workplace," said Steve Christiansen, who leads the environmental operations team at the region.

For region activities and tenants, a request to replace an expired fluorescent lamp in an office building is simple to do, explained Jill Kaya of the facility support office.

"If you have an expired lamp, simply contact your respective building manager, who will then notify the designated area facilities manager," advised Kaya. "Workers who have been contracted by Naval Facilities Engineering Command Hawai'i to maintain lights in high-use areas and replace lamps throughout the region will respond to the call."

Problems could arise if an employee removes a fluorescent lamp and finds that there is no approved waste

accumulation site nearby. Therefore, the region's environmental inspectors discourage employees from replacing fluorescent lamps on their own.

"The solution to prevent mismanagement of fluorescent lamps is in place," said Christiansen, who re-emphasized that employees should contact their building manager to get action. "This is the safer and preferred option."

"On base, waste fluorescent lamps should be temporarily stored at only approved waste accumulation point sites, which are managed by trained and certified coordinators," added Christiansen.

Anyone who encounters an old or expired fluorescent lamp improperly stored in their work area should contact the region's environmental department at 473-4137, ext. 0 for information on what to do. The environmental department's trained professionals are ready to assist employees maintain a clean and safe work environment.

(Note: For information on how to dispose of fluorescent lamps in your household, visit the City and County of Honolulu's Web site at www.opala.org or call 692-5411.)

Rules for bicycle riders on Navy installations

Navy Region Hawai'i Security

Bicyclists on Navy installations have guidelines to follow – policies that will help to ensure the riders' safety and are in conformance with base and city and county of Honolulu regulations.

Per COMNAVREGHINST 5560.1, all personnel operating bicycles aboard any Navy Region Hawai'i installation are required to wear the proper personal protective equipment (PPE). In order to enter through any perimeter gate, such as Nimitz, Makalapa, etc., bicycle operators must be wearing an ANSI or SNELL approved bicycle helmet. The only exception to this rule is for workers riding in areas where the use of approved ANSI helmets (hard hats) is required. However, this exception does not include commuting to or from work or any other trips requiring passage through perimeter gates.

When operating a bicycle upon any naval installation, the rider should always avoid the normal flow of traffic whenever possible. Bike paths must be used if available; otherwise, use of sidewalks is author-

ized when it doesn't pose a hazard to pedestrians.

At nighttime, approximately 30 minutes after sunset and 30 minutes before sunrise, bicycles must be equipped with a white light on the front which should be visible from at least 500 feet and a red reflector or light on the back which should be visible from at least 100 feet to 600 feet.

When a bicycle is unattended, it should be properly secured to an authorized fixed object. Bicyclists should secure their bicycle using any type of chain, padlock and/or cable lock. Authorized bicycle racks are located throughout the base and should be used accordingly. Bicycle operators are not authorized to secure their bicycles to fences.

Before operating a bicycle on base, it should be licensed with the division of licensing, city and county of Honolulu. Bicycle registration tags are similar to auto registration tags and should be affixed to the upright post of the bicycle frame, facing in the forward direction. This also applies to moped tags, which must be affixed to the rear fender facing the rear.

More Green Belts trained for "war on waste"

Val Kono

Pearl Harbor Naval Shipyard, Command Office of Process Improvement

The Navy's "war on waste" continues. In April, staff members from Pearl Harbor Naval Shipyard's command office of process improvement, code 100PI, taught two Green Belt Lean Six Sigma courses and trained 45 people as Green Belts.

The foundation of Lean Six Sigma is the systematic elimination of waste and non-value-added activities from everyday work processes. Green Belts plan and execute seven-week rapid improvement events (RIEs) and assist more highly trained Black Belts in value stream analysis.

The April classes differed from past Green Belt courses at Pearl Harbor in that code 100PI instructors conducted the sessions. An instructor from Puget Sound Naval Shipyard taught previous classes.

Another difference was that the students came from different activities. There were individuals from the shipyard, Fleet Industrial Supply Center (FISC) Pearl Harbor, Naval Underwater Warfare Center Pacific Detachment,

and Human Resources Service Center Pacific.

The mix of attendees from diverse activities and a variety of positions and experiences enhanced the training.

Green Belts play an important part in the overall plan to deploy Lean within the command. The attendees were handpicked based on their advocacy of Lean process improvement and ability to facilitate, coach and perform Lean activities.

The training equipped Green Belt candidates with basic Lean principles and tools to enable them to assist Black Belts in conducting Lean events and to work with other Green Belts in holding Lean improvement workshops, including 5S (workplace organization) events.

The first day started out with a short introduction and then an icebreaker exercise that helped the attendees get to know each other and have a little fun while doing it.

The training introduced the "big picture" – from defining and prioritizing Lean activities to interacting with the team members who own and understand the processes and are instrumental in developing and implementing the changes.

Value stream mapping

helps to determine opportunities resulting in shortened lead times, reduced variation, and removal of constraints.

Candidates were also taught the five-step DMAIC (define, measure, analyze, improve, control) process:

- Define the opportunity, what the customer requires, the expected benefit, and vision from sponsors and team leaders.
- Measure the defects and process activity by collecting data by "being the process."
- Analyze the data and discover causes of the opportunity using statistical principles.
- Improve the process to remove causes of defects with 5S techniques, visual controls, process design and poka-yoke (mistake-proofing).
- Control by sustaining these changes to make sure the defects don't recur and monitoring the cost of poor quality.

The course consisted of presentations, videos and hands-on exercises that reinforced the information presented and gave the attendees an opportunity to practice some of the tools they will be using as Green Belts.

We can all make a difference and must continue to make a difference - on the "war on waste."

Free classified advertising for military in Hawaii Navy News

Active duty and retired military, civil service and family members can advertise the sale of their personal property (including real estate) and services in HNN at no charge. The details are as follows:

Classified items and services must represent an incidental exchange between the aforementioned personnel and not business operations. Requests for three-line free classified advertisements can be submitted via email, if from a ".mil" address (submit to lkaneshi@honolulu.gannett.com), by phone at 521-9111 or by visiting www.honoluluadvertiser.com and clicking on "classified ads." More lines of advertising can be purchased at an additional fee. Requesters should include their military ID number and a call-back phone number.



U.S. Navy photo by RP2 Andrea Eastwood

Twins Jamain and Jamarcus Gholston re-enlist aboard USS Port Royal (CG-73) while on deployment in the Arabian Gulf.

Twins re-enlist onboard USS Port Royal

Ensign Rachael E. Pitchford

USS Port Royal Public Affairs

Twins Jamain and Jamarcus Gholston are inseparable. While growing up in Atlanta, Ga., the two brothers learned from their uncle about the importance of setting and achieving goals. "He took us in as if we were his kids," explained Jamarcus, "and he stayed on us about what we wanted to do once we graduated from high school."

When exploring options for his nephews' futures, his uncle, an Army veteran, took Jamain and Jamarcus to the Army recruiter in Atlanta. The twins talked to a Navy

recruiter and were thrilled with the opportunities that the Navy had to offer. On Aug. 21, 2002, they both raised their right hands and enlisted in the Navy.

Jamain and Jamarcus Gholston have been stationed together aboard USS Port Royal (CG 73), homeported at Pearl Harbor, for more than three years. Not only do the twins share the same ship, but they also share the same job as enginemen third class. "Having my sibling onboard with me is great," stated Jamarcus. "I always have that person who I can share anything and everything with." The longest time the twins have ever been separated was when Jamarcus

had to go to school for three months. The brothers agree that they want to continue to be stationed together in the future. "But if it doesn't happen," said one twin, "life goes on."

When the time came for the Gholston twins to re-enlist, they naturally decided to re-enlist together. On June 13, Port Royal crewmembers gathered on the foc'sle of the ship to witness as the twins dedicate four more years of their lives to the Navy. Against the backdrop of the Arabian Gulf, Jermain and Jamarcus Gholston raised their right hands and took the oath of re-enlistment, side-by-side, just as they have done everything for the last 22 years.

Sailors try hand at construction

Story and photo by JO2 (SW/AW) Johnny Michael

Pacific Missile Range Facility Public Affairs

Eighteen Sailors from the U.S. Navy's Pacific Missile Range Facility (PMRF) on Kaua'i participated in Habitat for Humanity's third annual Build-a-Thon recently, helping to bring an 18-home development in the southwestern Kaua'i town of Ele'ele closer to completion.

Build-a-Thon volunteers worked several different lots, all in different stages of completion ranging from dirt with spray-

painted outlines of where to dig for foundation footings, to completed frames in need of drywall.

While PMRF Sailors brought a multitude of skills with them to the build site, they found their 'can-do' attitude more valuable than any particular construction knowledge.

"Our people really turned out there," said PMRF Command Senior Chief William Rennie.

According to Rennie, this level of effort is typical of Sailors who are used to working hard. When they deploy, there are no contractors or cleaning crews around to do the heavy lifting or keep their toilets clean. Whether their job is to push paper, push parts, chip paint or fix jet engines, they will inevitably wind up on a working party or find themselves doing a six-month stint as a food service attendant. Each deploying unit is self-contained and self-supporting.

Aviation Structural Mechanic (safety equipment) 2nd Class Jeremy Gross, career counselor at PMRF, spoke about the cruise boxes that squadron personnel haul onto and off aircraft carriers when they embark for deployments.

"They average about 250 pounds, carried between two people," said Gross. "I've seen them so heavy that the handles break off of 'em."

Gross spent the majority of his day in Ele'ele, digging holes with a shovel, pickaxe and jackhammer.

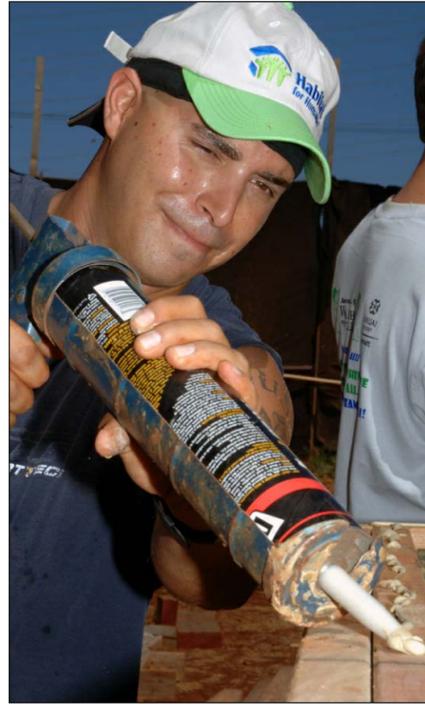
Volunteers like Master-of-Arms 2nd Class George Ansara were more than happy to help with this type of work.

"I enjoyed it," said Ansara. "Seeing the families we built these homes for out there working and sweating for their homes right alongside us was great."

Bruce Robinson, whose lot is still under construction, thanked all those involved in helping his family realize their dream of home ownership.

"God bless you all. Thank you for helping us out," said Robinson.

The development will continue work on weekends and PMRF Sailors plan to return to the project in August when Habitat for Humanity hosts the Global Village event, another large-scale effort to build up multiple lots simultaneously.



MA2 George Ansara applies caulk to a joist during a recent Habitat for Humanity event held in the southwestern Kaua'i town of Ele'ele. Ansara was one of 18 Sailors from Pacific Missile Range Facility who participated in the third annual Build-a-Thon, which builds homes for those in need.

Hawaii
Navy News Sports

Navy News Sports