

+ DONATE BLOOD

SAVE A LIFE



Story and photos by MCC (SW/AW) David Rush
Managing Editor

On Sept. 27, a blood drive organized by the Submarine Officers' Wives Club was held at The Banyans at Naval Station Pearl Harbor in an effort to help troops serving in Iraq and Afghanistan.

The ballroom was converted into a makeshift laboratory as donors came by throughout the day to get evaluated for suitability, and if given the green light, the opportunity to donate the gift of life.

According to Olivia Saflund, the Submarine Officers' Wives Club president, "We worked in conjunction with the Armed Services Blood Program of Tripler Army Medical Center (TAMC) to organize this blood drive to help support the troops in Iraq and Afghanistan. We were hoping to get between 50 and 100 donors. There were a lot of people interested in donating, but we had to turn some people away due to their recent travels abroad or low iron level."

A major factor in the screening process requires a simple and quick blood test for iron before receiving a donation. The test identifies iron content and if it doesn't meet a certain standard, according to

"...Whenever I get the chance I like to donate because it will go to help someone, especially in this case because it's for the troops..."

Lt. Pete Butville
Operations Officer
Commander, Destroyer Squadron 31

Florence Rafael, a medical lab technician from TAMC, "We check their iron levels to make sure there is enough in their blood. It must be at least 12.5 grams per deciliter. If it isn't, the blood cannot be used."

Blood donor Lt. Pete Butville, Commander Destroyer Squadron 31, submarine operations officer said, "Whenever I get the chance I like to donate because it will go to help someone, especially in this case because it's for the troops, so I couldn't think of a better cause."

Once the blood is drawn, the person responsible for making sure it remains usable is Army Sgt. Linh Ngo, TAMC lab technician. "My job is storing and transporting the blood. We have to keep it between 20-22 degrees Celsius. We make sure it's in that range and if not, we add more ice packs. We have to cool it down or it will start decomposing," said Ngo.

"We spin it to separate the blood and the plasma at the hospital. We don't waste anything. We have to meet a quota every week to ship overseas and what's left we keep at the hospital. We need 100 to 150 [units] per week from throughout the island," he added.

At the end of the day, the efforts resulted in more than 30 units of blood. Although not as high a number as desired, Saflund added that although many people have good intentions, the screening process ensures safe blood for those who require it. "There are various reasons why someone would not be able to donate, including recent surgery, medications, overseas travel, low iron levels, and recent piercing or tattoos," explained Saflund.

In addition to helping organize the event, Saflund also took the time to give blood. "It's very important because I feel I can give back and help those who are in need," she concluded.



+ Blood Compatibility

| Recipient Blood Type | Donor Blood Type |
|----------------------|------------------|
| AB+ | Any Type |
| AB- | O-, A-, B-, AB- |
| A+ | O-, O+, A-, A+ |
| A- | O-, A- |
| B+ | O-, O+, B-, B+ |
| B- | O-, B- |
| O+ | O-, O+ |
| O- | O- |



Green, green grass of home



Photo courtesy of Forest City Residential Management
Lt. Bruce Beam and his family received the Yard of the Month award for Aug. in the McGrew Point family housing community.

UH celebrates Military Weekend

University of Hawai'i

Members of the armed services will be honored at "Military Weekend" festivities at both the University of Hawai'i football game against Nevada at 6:05 p.m. Oct. 7 at Aloha Stadium and the women's volleyball match against Nevada at 4 p.m. Oct. 8 at the Stan Sheriff Center.

For the football game and volleyball match, members of the armed services, both active and reservists, will receive two tickets for the price of one (no limit on the total number of tickets). A valid military identification card is required when purchasing tickets.

For football, this offer is available at the Aloha Stadium Box Office in advance and on game day. Tickets

are only available at the Stan Sheriff Center Box Office in advance (8 a.m.-4 p.m. Monday-Friday).

For volleyball, the ticket discount is available in advance at the Stan Sheriff Center Box Office and the day of the match. The ticket office opens at 2 p.m. on Sunday.

Advance purchases are encouraged. Tickets are in special sections. Other restrictions may apply.

SPED orientation slated for Oct. 11

Kathy Wooldridge

Navy Region Hawai'i School Liaison Officer

Military parents of special education students who are new to Hawai'i schools are invited to attend an orientation meeting to learn about special education (SPED) in Hawai'i schools.

The orientation will be from 6-8 p.m. Oct. 11 at the Hokulani/Hale Moku Community Center, building

3453.

Child care will be provided for children of parents attending the meeting at Kids' Cove, the Navy Child Development Center, until 8 p.m. The cost to families is \$3 per hour per child. Child care is available on a space available basis; reservations must be made in advance by calling Kids' Cove at 421-0989.

For more information, call 473-4222, ext. 277 (Navy families); 448-5236 (Air Force families).

All Pro Dads' Day set for Oct. 14

Navy Region Hawai'i, Public Affairs

Dads and children of all ages are invited to All Pro Dads' Day, set for 9:30-10:30 a.m. Oct. 14 at Sizzler Pearlridge. The monthly event is a time for dads and their keiki to get together for breakfast, enjoy fun, games

and activities, and get to know each other better. The sessions also include presentations from football players, coaches, policemen, firefighters, etc.

The event is hosted by the Navy Region Hawai'i Fleet and Family Support Center.

For more information, call 473-4222, ext. 1.

STORY IDEAS

Contact the HNN editor for guidelines and story/photo submission requirements:

Phone: (808) 473-2888

Email: hnn@honoluluadvertiser.com

Hawai'i Navy News

Save time, money with TRICARE's 'mail-order pharmacy'

TRICARE Management Activity

Instead of heading to the pharmacy every month to refill your prescriptions, now might be a good time to think about switching to the TRICARE Mail-Order Pharmacy. Getting medications through the mail is one of the easiest changes you can make to save yourself time and money every month.

"We think the mail order pharmacy is the best way to get medications that you'll be taking for a long time or the rest of your life," said Capt. Thomas J. McGinnis, U.S. Public Health Service, pharmaceutical operations directorate chief. "Getting them delivered to your home is convenient and cost-effective."

When you choose to receive medications through the mail, you can save as much as 66 percent off what you now pay for your prescriptions at a retail pharmacy.

Money in your pocket

If you take prescription medications regularly for conditions such as heart disease, high blood pressure or diabetes, and want to avoid the expense of continually filling and refilling them at your local pharmacy, the mail-order option is for you. For every prescription you fill at a retail pharmacy, you pay a \$3 co-payment for generic medications and \$9 for brand name medications every month.

If you fill those same prescriptions through the mail-order pharmacy, your co-payments remain the same, but you receive a 90-day supply for the same price. A year's



supply of a single generic medication costs you \$12 through mail-order instead of \$36 at a retail pharmacy.

How to sign up

Before your next prescription is written, tell your provider you want to use TRICARE's mail-order service to fill your prescriptions. Ask your provider to write two prescriptions: the first for a one-month supply to fill immediately at a local pharmacy and the second - for a maximum 90-day supply - for submission to the mail-order pharmacy.

The first time you use the mail-order option you must fill out the registration form (available by phone or online) and send it in with your prescription to Express Scripts, Inc. (ESI). Along with your prescription(s) and registration, you must include a \$3 co-payment for generic medications, a \$9 co-payment for brand-name medications or a \$22 co-payment for non-for-

mulary medications for each prescription.

"Signing up for the mail-order pharmacy is easy," said Army Maj. Gen. Elder Granger, TRICARE deputy director. "Just fill out one form, mail it in and you're all set. Then you can either mail in your new prescriptions or have your doctor's office fax them. Getting your prescriptions refilled is even easier with available online mail and phone options."

TRICARE's Mail-Order Pharmacy:

- In the U.S. and its territories: 1-866-363-8667.
- Outside the U.S. and its territories: 1-866-275-4732, option 5.
- TDD (for the deaf and hard of hearing): 1-877-540-6261.
- Express Scripts mailing address: P.O. Box 52150, Phoenix, AZ 85072-9954.
- Express Scripts online www.expressscripts.com/TRICARE.

NEX's to culminate 60-year anniversary celebration with \$1,000 shopping sprees for customers

Laarni Gedo

NEX, Marketing

The Navy Exchange Service Command (NEXCOM) headquartered in Virginia Beach, Va., recently announced the biggest giveaway promotion in its 60-year history.

Starting Oct. 11 through Nov. 10, Navy Exchanges (NEX) worldwide will be encouraging authorized customers to sign up for a chance to win a \$1,000 sweepstakes-shopping spree. A total of 60 lucky winners will be awarded \$1,000 NEX gift cards each in a drawing to commemorate NEXCOM's 60-years of serving Sailors and families and contributing to the Navy's quality of life programs.

"This is a historic year for the Navy Exchange, marking 60 years of service to our Navy family. This shopping spree giveaway is our way of saying thank you to our loyal customers," said Tess Paquette, NEXCOM's senior vice president of merchandising.

"The NEX certainly has come a long way from its early days and is now known as the 'Navy family store' and the preferred place to shop. The \$60,000 in prizes, contributed by our dedicated vendor community, ties into our ongoing NEX anniversary celebration," said Paquette.

Customers on the mailing list for NEX sales flyers should expect to see the promotion announcement during the week of Oct. 9. Additional publicity is planned through NEX in-store public address announcements, base newspapers and NEXCOM's Web site at www.navy-nex.com.



Photo by Laarni Gedo

Customers will have an opportunity to enter a drawing for a chance to win a \$1,000 Navy Exchange (NEX) shopping spree from Oct.11-Nov.10. The sweepstakes shopping spree at exchanges worldwide is part of a giveaway promotion celebrating the NEX's 60-year history. A total of 60 winners will be awarded \$1,000 NEX gift cards. Winners will be selected in a random drawing on Nov. 20.

All authorized exchange customers are eligible to participate except Navy Exchange System (NES) associates, including military personnel and military retirees assigned to or employed by the NES, its concessionaires, contractors or representatives working in an exchange and their family members.

Customers may enter the sweepstakes in store by filling out an entry form from the sales circular received in the mail, or in person in a store. Additionally, online registration is available at

NEXCOM's Web site at www.navy-nex.com. No purchase is necessary to enter the drawing and only one entry per qualified person is allowed.

Winners will be selected in a random drawing on Nov. 20 and will be notified by the respective NEX general manager. A complete list of winners will be made available at the customer service desk of all NEXs during the week of Nov. 21.

For more information, go to the Navy Exchange Web site at www.navy-nex.com.

Skylark Central

Admiral of the Ocean Sea's

ADMIRAL
AMERICAS
CANARY ISLANDS
CHRISTOPHER
COLONIZATION
COLUMBUS
EXPLORATION
NINA
PINTA
SANTA MARIA
TRANSATLANTIC
VOYAGE

Q E T O L C K F U S A B H U E
E Q G C C A L H E R M O E Q G
I U R I S W E E E E E M A Z A
D H O T B A X B F H R Q I D Y
B Z Y W X R P A J F I H R J O
U C H A J Y L N W O C C A L Y
B F W L A I O I I T A C H A X
M E E T N S R N G S S X A R H
U J U A D L A Q F I M W T I T
L O A S P A T Y L R I I N M K
O T T H M W I R V H M B A D V
C G N A I D O O K C H E S A F
O V I R W S H K A W N R E X C
S U P T S R E P H E W Z E E L
R D C O L O N I Z A T I O N D



Navy Fitness

PI
CALISTHENICS
STATES
AGILITY
AEROBICS
ANAEROBIC EXERCISE
WEIGHT TRAINING
RUNNING
AEROBIC EXERCISE

RESISTANCE
SOMMER
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Know your Navy

Q. Each Sailor who has completed an individual augmentation tour greater than 179 days in a designated combat zone, will be credited how many advancement award points?

Last week's question...
In what year did Congress authorize the president to proclaim National Hispanic Heritage Week?

Answer...1968



Here's what's going on at Navy Region Hawai'i!

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held. For more information (FMI): visit www.greatlifehawaii.com



Outdoor Adventure Events

October

- 14:** Rock climbing, 8 a.m., \$70. Register by Oct. 11.
- 15:** Pokai Bay kayaking, 9 a.m., \$15. Register by Oct. 11.
- 21:** Learn to surf, 9:30 a.m., \$15. Register by Oct. 18.
- 22:** ATV ride, time to be announced, \$70. Register by Oct. 18.
- 28:** Koko Crater hike, 8:30 a.m., \$7. Register by Oct. 25.
- 29:** Powered hang glide rides, 7 a.m., \$120. Register by Oct. 25.

FAMILY FUN AND MOVIE NIGHT

Join Morale, Welfare and Recreation for a free Family Fun and Movie Night on **Oct. 13** on the grassy area across from the Navy Lodge on Ford Island. Family activities will begin at 4:30 p.m. and will include games, bounce houses and free cotton candy and popcorn. The movie, "RV," rated PG, will begin at 6:15 p.m. MWR will host Family Fun and Movie Night on **Oct. 20** at the field adjacent to the bowling alley at Naval Computer and Telecommunications Master Station. The movie, "Zoom," rated PG, will begin at 6:15 p.m. Children under 10 years of age must be supervised by an adult 16 years of age or older. FMI: 471-8658.

CONCERT IN THE PARK

Morale, Welfare and Recreation (MWR) will host Concert in the Park featuring the Pacific Fleet Band in "Movies and Monsters" at 6 p.m. **Oct. 27** at the grassy knoll behind The Banyans at Naval Station Pearl Harbor. The band will perform selections ranging from the big screen such as "Pirates of the Caribbean," to classic favorites like the theme from the former Alfred Hitchcock Presents television show. The free concert is sure to put everyone in the mood for "trick or treating." Attire is casual aloha wear. FMI: 473-0606.

SUPER GARAGE SALE AND CRAFT FAIR

Reserve your spot for the next Super

Garage Sale and Craft Fair which will be held from 8 a.m.-noon **Nov. 4** at Richardson Field at Naval Station Pearl Harbor. All military-affiliated sellers and crafters can apply for their own 10-foot-by-10-foot space for a cost, by either visiting the Navy Information, Ticket and Travel office or by visiting www.greatlifehawaii.com. Space is limited; early registration is recommended. Admission is free and open to the general public. FMI: 473-0606.

PICK AND PAINT POTTERY

Morale, Welfare and Recreation (MWR) Families First will be giving out \$10 discount certificates for Pick and Paint Pottery. Certificates are redeemable at Hickam Arts and Crafts Center and are valid until **Aug. 18, 2007**. Pick up your certificate for you and your family at Catlin Clubhouse at 4655 Catlin Drive. Certificates will be provided to all eligible MWR patrons including active duty, Reservists, Department of Defense civilian employees, retirees and all family members. FMI: 421-1556.

DOCKING STATION NOW OPEN

The Docking Station, the newest eatery in town, is now open at Naval Station Pearl Harbor near Club Pearl. Breakfast and lunch are served between 6 a.m.-2 p.m. Monday through Friday. Try bagels, soup or salads at Einstein Bros. If you're a meat lover, try Bluestown Barbeque where they serve ribs, roast pork or local style specials. The eatery offers indoor and outdoor seating. FMI: 422-5282.

FREE WEEKEND SAILING CLASSES

Free weekend adult sailing classes are offered each weekend by MWR at Rainbow Bay Marina. Learn how to sail during this 16-hour course. Classes run for two consecutive weekends from 1-5 p.m. FMI: 473-0279.



DEEP-SEA FISHING

Go deep-sea fishing and catch the big one aboard the "Coreene C," a 47-foot sport fishing boat that holds the

I.G.F.A. World Record for Unlimited Class: 1805-pound blue marlin. Full and half charters are offered. The cost includes bait, tackle and equipment. FMI: call the Rainbow Bay Marina at 473-0279 or Capt. Joe Irvin at 386-9024.

WHALE WATCHING SPECIALS

Enjoy whale watching on a Pacific Splash Whale Watching cruise. Navy ITT offices have an assortment of cruise options to fit patrons schedules and budgets. FMI: 473-1190.



October

- 6** - Starlet Dinner cruise, leave LIP at 4 p.m., \$55.
- 7** - Jet ski trip (one rider, 30 min.), time to be announced, \$65.
- 11** - Birthday bash with cake and ice cream, 6:30 p.m., free.
- 13** - Diamond Head hike and lunch, leave LIP at 8 a.m., \$7.
- 14** - Explore a reef, leave LIP at 9 a.m., \$10.
- 18** - X-treme Parasail, time to be announced, \$65.
- 19** - Make your own nachos, 5:30 p.m., free.
- 20** - Dave and Buster's Night, leave LIP at 6 p.m., bring money.
- 21** - Deep sea fishing, leave LIP at 4:30 a.m., \$110.
- 24** - Hot Latin Tuesday at Zanzabar, leave LIP at 8 p.m., \$10.
- 27** - Chili's and a movie, leave LIP at 5:30 p.m., bring money.
- 28** - Circle Island Tour, leave LIP at 8 a.m., \$5.
- 31** - Halloween party, 7 p.m., free.

Weekly events:

- Sunday:** Surfing lessons and lunch, 10 a.m., \$7.
- Monday:** Monday Night Football, free food, all centers, 5 p.m., free.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball pool tournament - 7 p.m.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis and must be resubmitted every four weeks.

October

Today - Joint Spouses' Conference - Registration deadline for the 12th annual Joint Spouses' Conference which will be held **Oct. 20-21** at the Marine Corps Officers' Club at Marine Corps Base Hawai'i - Kaneohe. Keynote speakers will be Russell Siu, executive chef, and Hawai'i Senator Fred Hemmings. The cost is \$35 to attend both days of the conference or \$20 to attend either the Friday or Saturday session. The fee includes workshops, continental breakfast and lunch, and a conference tote bag filled with donations from local businesses. Seating is limited to 300 and early registration is recommended. Children are not permitted to attend and no childcare will be provided. Forms may be picked up at military exchanges, commissaries, family support centers, thrift shops and chapel www.jschawaii.com.

7-8 - UH Military Weekend - Members of the armed services will be honored at "Military Weekend" festivities at both the University of Hawai'i football game against Nevada at 6:05 p.m. **Oct. 7** at Aloha Stadium and the women's volleyball match against Nevada at 4 p.m. **Oct. 8** at the Stan Sheriff Center. For the football game and volleyball match, members of the armed services, both active and reservists, will receive two tickets for the price of one (no limit on the total number of tickets). A valid military identification card is required when purchasing tickets.

For football, this offer is available at the Aloha Stadium Box Office in advance and on game day. It is only available at the Stan Sheriff Center Box Office in advance (8 a.m.-4 p.m. Monday-Friday). For volleyball, the ticket discount is available in advance at the Stan Sheriff Center Box Office and the day of the match. The ticket office opens at 2 p.m. on Sunday. Advance purchases are encouraged. Tickets are in special sections. Other restrictions may apply.

7 - 231st Navy Birthday Officers' Ball - This year's dinner dance will be at the Hilton Hawaiian Village, Tapa Ballroom. It will begin with a no-host cocktail hour at 6 p.m. followed by officers' call at 6:45 p.m. Hawai'i Governor Linda Lingle will be the guest speaker and the Commander Pacific Fleet band will provide music throughout the evening. Ticket prices are \$45, O3 and below and GS-7-GS-11; \$50, O4 and O5 and GS-12-GS-14; \$55, O6 and above and GS-15 and SES. Uniform is dinner dress white jacket (DDWJ) for O4 and above, dinner dress white (DDWJ optional) for O3 and below, and black tie for civilians. Tickets may be purchased from command representatives. FMI: 471-8638.

7, 21 - Meetings for those who are interested in volunteering as docents at Pacific Aviation Museum (PAM) have been planned from 5:30-6:30 p.m. at the Bowfin Museum lanai. Future meetings and training will be scheduled on Saturdays during the months of October and November. The museum will open Dec. 7. FMI: KT Budde-Jones at 836-7747 or kt@pacificaviationmuseum.org.

11 - SPED orientation - Military parents of special education (SPED) students who are new to Hawai'i schools are invited to attend an orientation meeting to learn about special education in Hawai'i schools. The orientation will be from 6-8 p.m. at the Hokolani/Hale Moku Community Center, building 3453. Child care will be provided for children of parents attending the meeting at Kids' Cove, the Navy Child Development Center, until 8 p.m. The cost to families is \$3 per hour per child. Child care is available on a space available basis; reservations must be made in advance by calling Kids' Cove at 421-0989. FMI: 473-4222, ext. 277 (Navy families); 448-5236 (Air Force families).

14 - Hawai'i Hispanic Heritage Festival - The 13th annual Hawai'i Hispanic Heritage Festival and Health Fair will be held from 10 a.m.-6 p.m. at the Kapiolani Park bandstand. The event will feature live entertainment, food booths, crafters, culture display booths, health booths and inflatables for the kids. Admission is free and open to the public. FMI: 285-0072 or 941-5216 or visit www.hawaiihispanicfestival.com.

27 - Pearl Harbor Navy Shipyard (PHNSY) Military MWR Golf Tournament - PHNSY will host a golf tournament at the Klippers Golf Course, Marine Corps Base Hawai'i - Kaneohe. The tournament will be in a four-person, captain's choice scramble and will begin with a shotgun start at noon (check-in starts at 9:30 a.m.). There are spots for 36 teams and all active duty, enlisted, officer, retired and Department of Defense civilians are invited to participate. Entries must be received by **Oct. 20**. Prizes will include team prizes, hole in one, closest to the pin, longest drive and more. Fees are \$45 for military (active duty or retired) and \$50 for civilians. FMI: 473-8000, ext. 2335 or 728-7201.

AT THE MOVIES

| MOVIE CALL | |
|---|-----------------------------|
| Sharkey Theater Naval Station Pearl Harbor (473-0726) | |
| TODAY | |
| 7:00 p.m. | Step Up (PG-13) |
| SATURDAY | |
| 2:30 p.m. | Zoom (PG) |
| 4-45 p.m. | Talladega Nights (PG-13) |
| 7:00 p.m. | Step Up (PG-13) |
| SUNDAY | |
| 2:30 p.m. | Zoom (PG) |
| 4-45 p.m. | Talladega Nights (PG-13) |
| 7:00 p.m. | The Descent (R) |
| Memorial Theater Hickam Air Force Base (449-2239) | |
| TODAY | |
| 7:00 p.m. | Material Girls (PG) |
| SATURDAY | |
| 7:00 p.m. | World Trade Center (PG-13) |
| SUNDAY | |
| 7:00 p.m. | World Trade Center (PG-13) |
| WEDNESDAY | |
| 7:00 p.m. | Material Girls (PG) |
| THURSDAY | |
| 7:00 p.m. | Crossover (PG-13) |
| Sgt. Smith Theater Schofield Barracks (624-2585) | |
| TODAY | |
| 7:00 p.m. | How To Eat Fried Worms (PG) |
| SATURDAY | |
| 2:00 p.m. | How To Eat Fried Worms (PG) |
| 7:00 p.m. | Accepted (PG-13) |
| SUNDAY | |
| 7:00 p.m. | Beerfest (R) |
| WEDNESDAY | |
| 7:00 p.m. | Accepted (PG-13) |
| THURSDAY | |
| 7:00 p.m. | Beerfest (R) |



Accepted

High school senior Bartleby "B" Gaines is on his way to scoring eight out of eight rejection letters from colleges, which isn't going to go over big with mom and dad. So how does a guy facing a bleak career please his parents and get noticed by dream girl Monica? Simple. Open his own university.

Beerfest
When American brothers Todd and Jan Wolfhouse travel to Germany to spread their grandfather's ashes at Oktoberfest, they stumble upon a super-secret, centuries old, underground beer games competition- "Beerfest," the secret Olympics of beer drinking.



Crossover

Noah Cruise, a naturally talented basketball player, is determined to become a doctor using his basketball scholarship to UCLA pre-med, rather than succumbing to the

lure of a former sports agent Vaughn, and his push for Noah to go for the NBA.

The Descent

Six girlfriends meet in a remote part of the Appalachians for their annual caving trip. The girls soon learn that Juno, the thrill-seeking leader of the expedition, has brought them to an unexplored cave and that, as a result, no knows where they are to come to rescue them. The group splinters and each push on, praying for another exit, but there is something else lurking under the earth.

How To Eat Fried Worms

When the school bully Joe and his band of fifth grade followers put worms in Billy's lunch, Billy surprises them all when he stands up to and embarrasses Joe. This leads the two to make a bet: on Saturday Billy must eat 10 worms by 7 p.m.

Material Girls

Ava and Taznie Marchetta have it all. The heiresses to a multi-million dollar cosmetics company, the girls approach life as one big party. But when a scandal involving one of their products emerges, the girls are left penniless, homeless, and seemingly helpless. They could, of course, take the easy way out and listen to the board of directors who want to sell the company to their biggest competitor.

Step Up

When trouble with the law lands Tyler with a community service gig at Maryland School of

the Arts, he arrives as an angry outsider, until his skills as a gifted street dancer draw Nora's attention. Now, as sparks fly between them both on and off stage, Tyler realizes he has just one performance to prove that he can step up to a life far larger than he ever imagined.

Talladega Nights

Ricky Bobby is a NASCAR racing sensation whose "win at all costs" approach has made him a national hero. When a flamboyant French Formula One driver, Jean Girard, challenges him for the supremacy of NASCAR, Ricky Bobby must face his own demons and fight for his place as racing's top driver.



World Trade Center

In the aftermath of the World Trade Center disaster, hope is still alive. Refusing to bow down to terrorism, rescuers and family of the victims press forward.

Zoom

A former superhero is called back to work to transform an unlikely group of ragtag kids into new heroes at a private academy.