

The Perils of Paradise

Becky Hommon

Environmental Attorney, Navy Region Hawai'i

We admit it, in Hawai'i we're truly living in paradise. Rainbows, blue skies, great weather, nice people; but don't be fooled. Calamity may well be lurking just below the surface. There's a T-shirt out there saying Hawai'i is not for the weak and lists some of the islands' top perils. Just about everyone recognizes the catastrophic threats: volcanic lava and vog (volcanic smog), earthquakes, hurricanes, flash floods and tsunamis. But in case your sponsor failed to give you a complete brief, let me pass along some of the lesser perils that could turn a great day outdoors into a few brutal days spent in bed or worse.

Centipedes - These ugly skittering black and brown leathery insects have a very mean sting and a strong will to live. A swift whack with a slipper (flip flop) sometimes works to flatten them, but most households have a brick handy near the door to drop when one comes sliding out from under the plant you just moved. They're silent, potent and leave a red painful string of a welt. Walking barefoot in the grass can be a bad idea for a number of reasons. Shaking out your shoes before sliding in that foot should be standard operating procedure.

Ciguatera - This is one of those classic food chain bioaccumulation stories. The algae that grows on the reef may be carrying a poison

which, when eaten by a reef fish, can accumulate in their tissue. When the reef fish is eaten by a larger fish, the large fish is poisonous when consumed by humans and deadly to dogs and cats. Cooking the fish doesn't kill the poison. The roe (eggs), guts and head are typically the most toxic. Not all fish of a given type or from all locations are poisonous. The most common types of fish that can carry ciguatera include ulua, papio, kaku, kala, kahala, kole, po'ou, ama'ama, uku, u'u, puhi, weke and roi. If you don't know what those are, "Shore Fishes of Hawai'i" by John E. Randall is a popular paperback resource book. Best choice: Watch reef fish -- don't eat them.

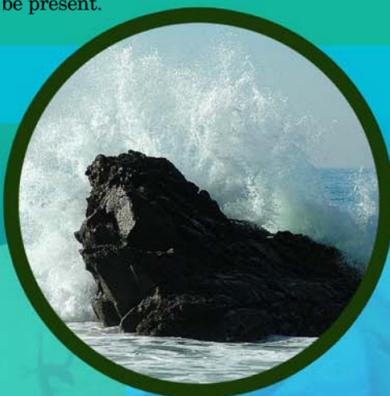
Jellyfish - When you see something that looks like a piece of plastic wrap floating in the water beside you, get away from it. Box jellyfish have a wicked sting and can wrap around arms, legs and ankles. They float into our near-shore waters nine days after the full moon. Some local calendars have a jellyfish icon on them to remind you. Portuguese man-of-war looks somewhat the same and can cause the same problem leaving painful stings and welts.

Rogue waves - The wave you don't see can kill you - meaning the one that you're not watching can knock you off the rocks, off your feet, and sweep you away or crash you into something sharp and solid. Just about everyone has a story about the time this happened to them and they nearly died. Keep your eyes on the waves until you're well out of any rogue wave's reach onto shore. Every year at least a couple of people lose

their lives to a rogue wave, larger than the rest, snatching them off a rocky shore. A well-known local rule is never turn your back on the ocean.

Rip tides - A rip tide, or undertow, is a small but strong channel of water moving out to sea. Rip tides are characterized by darker, deeper and foamier water, sometimes with floating debris. The area where the rip is will usually be calm with a rippled surface and smaller waves. If you get caught in a rip tide, stay calm and do not swim directly against it. If you are a strong swimmer, swim parallel to shore until you are past the current, and then swim toward the shore. If you are a weak swimmer, signal to the lifeguard and either float with the current or continue to tread water until help arrives.

Sharks - Probably over-rated as a threat. In 2005, according to the International Shark Attack File, there were a worldwide total of 58 unprovoked shark attacks recorded; of which four were fatal. For the same period, the Global Shark Attack File recorded 69 unprovoked attacks, of which five were fatal. In short, both files indicate the rarity of shark accidents. Though shark attacks can be fatal, the odds of it happening are fairly low. To increase your odds of not being on the nightly news, avoid muddy water and avoid being in preferred shark feeding areas at sunset which is their near shore feeding time. If there's no one in the water with you, it might be a good reason to go ashore anyway. Places where streams empty into the sea are not good places to be because upstream bacteria as well as sharks could be present.



Little firefighters in training



U.S. Navy photo by Pedro Valdez

Youngsters from Pearl Harbor Elementary School help a firefighter from Federal Fire Department (FFD) as he demonstrates how the fire hose is used in putting out fires. FFD firefighters were at the school on Oct. 27 to present a program on fire prevention, along with demonstrations and static displays of fire trucks and firefighting equipment. FFD held fire prevention demonstrations at various locations on Oahu during the month of October in observance of National Fire Prevention Month.

November is American Indian and Alaskan Native Heritage Month



Admiral Michael G. Mullen, Chief of Naval Operations

November is National American Indian and Alaskan Native Heritage Month, which provides commands with another opportunity to celebrate our nation's diversity by focusing on the outstanding contributions and distinctive cultures of the American Indians and Alaskan Natives.

This year's theme is "Our People, a Diversity of Culture."

Throughout our nation's history, American Indians and Alaskan Natives have significantly contributed to our security and freedom. During World War I, nearly 12,000 American Indians

and Alaskan Natives served as volunteers.

During World War II, 44,000 American Indians and Alaskan Natives served with distinction in both the Pacific and European theaters and 24,000 served in Operation Desert Storm.

Today, more than 13,000 American Indians and Alaskan Natives follow in the footsteps of these prior generations and serve in the U.S. Navy.

All commands are strongly encouraged to increase their knowledge and awareness of American Indian and Alaska Native cultures and contributions through programs, exhibits, publications and participation in military and community events recognizing the diversity of our American heritage.

The Department of Defense will also observe American Indian and Alaskan Native Month with participation at the American Indian Science and Engineering Society (AISES) National Conference today and tomorrow in Detroit, Mich.

For more information about diversity conferences, events and observances, visit the Navy diversity Web site at www.npc.navy.mil/commandsupport/diversity.

NEX program rewards students for good grades

Kristine M. Sturkie

*Navy Exchange Service
Command Public Affairs*

The Navy Exchange's A-OK Student Reward Program will hold a drawing Nov. 30 to help four students pay for a college education.

The winners will receive either a \$5,000, \$3,000, \$2,000 or \$1,000 U.S. savings bond, denominations at maturity.

"Since 1997, the A-OK Program has awarded \$372,000 in savings bonds to students who have entered the drawing," said

Mike Mongin, operations specialist at the Navy Exchange Service Command (NEXCOM). "Navy Exchanges exist to support our Navy families. The A-OK Student Reward Program is just another way we support our Navy families."

Any eligible full-time student who has a B grade point average equivalent or better, as determined by their school system, may enter the drawing. Eligible students include children of active-duty military members, Reservists and military retirees enrolled in first through 12th grade.

Children without an individual dependent identification card must be accompanied by their sponsor to submit their entry. Each student may enter only once each grading period and must re-enter with each qualifying report card.

To enter the drawings, visit the Navy Exchange with a current report card and have a Navy Exchange associate verify your minimum grade average. Then fill out the entry card and obtain an A-OK ID, which entitles the individual to discount coupons for Navy Exchange products and services.

Chapel hosts Harvest Festival celebration



Photo by Christy Jones

More than 120 people (keiki and adults) enjoyed the Harvest Festival celebration hosted by the Pearl Harbor Memorial Chapel on Tuesday evening. Everyone was treated to games, food and a family environment with many fun-filled activities. The theme for the festival was "Heroes Unmasked." Highlighting the event were visits from different heroes from the Bible. There were 14 games and stations for youngsters to have fun and meet the Bible heroes.



Story and photos by
MC1(AW/SW) James E. Foehl
Navy Region Hawai'i, Public
Affairs

free popcorn and a
bounce house as they
waited to be escorted
through the haunted house
which spanned the entire fifth
deck of TPU. At the end of the

Led by SH1(SW) Larry Jones, haunted house, children were
the Naval Station Pearl Harbor, rewarded with a bag of treats
First Class Petty Officer's for their extraordinary hero-
Association put on a demonic dis- ism and bravery for mak-
play of ghastly ghouls and fright- ing it through the terror-
ful fiends during the Halloween ific haunted house.
Fright Night held Monday at the
Transient Personnel Unit (TPU)
Building onboard Naval Station
Pearl Harbor. Children enjoyed

Skylark Central

AMERICAN INDIAN
HERITAGE MONTH
ALASKAN NATIVE

Decode the cryptogram.
In this cryptogram, each number represents a letter.
The letter "N" is represented by the number "1".

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
10													1					11	2						

A T A N S
10 15 26 23 3 24 10 2 12 10 1 14 11 16 4 19 9 4 23 4 20 26 23

T N A S S
2 22 4 12 19 1 8 23 26 8 16 26 10 23 11 4 9 11 26 23 20 3 24 26

T S T N T N
22 3 2 12 8 3 11 2 3 1 24 2 3 4 1



ALL HALLOWS EVE
BOBBING FOR APPLES
CANDY
COSTUMES
GHOULS
GOBLINS
HALLOWEEN
JACK O LANTERN
OCTOBER
PUMPKINS
SCARY
SPOOKY
TRICK OR TREAT
WITCHES
ZOMBIES

Know your Navy

Q. Which U.S. battleship was not named after a state?

Last week's question...
How many of the last four Army, Navy football games has the United States Naval Academy won?
Answer...Four



Here's what's going on at Navy Region Hawai'i!

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held. For more information (FMI): visit www.greatlife-hawaii.com



Outdoor Adventure Events

November

- 8: Family fun, Keaiwa Heiau trail, 1 p.m., \$5. Register by Nov. 4.
- 11: Learn to surf, 9:30 a.m., \$15. Register by Nov. 8.
- 12: Chinaman's Hat kayaking, 9 a.m., \$15. Register by Nov. 8.
- 15: Family fun day, Moanalua Gardens, 1 p.m., free. Register by Nov. 12.
- 18: Waimano Ridge, 8:30 a.m., \$7. Register by Nov. 15.
- 19: Tandem skydiving, 8 a.m., \$135. Register by Nov. 15.
- 22: Family fun, Likeke Waterfall, 1 p.m., \$5. Register by Nov. 18.
- 25: Kuaokala Trail, 8:30 a.m., \$7. Register by Nov. 22.
- 26: Surf kayaking, 9 a.m., \$15. Register by Nov. 22.
- 29: Family fun, kayak at Rainbow Bay, 1 p.m., \$5. Register by Nov. 25.

MILITARY FAMILY APPRECIATION MONTH SPECIALS

Navy Region Hawai'i Morale, Welfare and Recreation has arranged a wide variety of specials throughout the month of **November** in honor of military families. Visit www.greatlife-hawaii.com for a complete listing of specials.

PROFESSIONAL BULL RIDERS CONTEST KICK OFF

Now until **Nov. 11**, come down to The Country Bar to enter the free drawing for two tickets to the Professional Bull Riders Show happening on **Nov. 17** at Blaisdell Arena. The drawing will be held Nov. 11. FMI: 473-1743.

PRESALE PRO BOWL TICKETS AT ITT

Buy your presale Pro Bowl tickets at all Navy Information, Ticket and Travel (ITT) offices beginning **now**. No refunds or exchanges will be allowed. Ticket purchase is open to active duty, Reserve, retired, Department of Defense employees, and family members. There is a limit

of eight tickets for purchase on initial date of presale. Date of the Pro Bowl game is set for **Feb. 10, 2007**. Kick-off will be at 1 p.m. FMI: Navy ITT offices at Bloch Arena, 473-0792; Navy Exchange, 422-2757; Barbers Point, 682-2019; and Kunia, 655-3128. Times and dates are subject to change without notice.

ANNUAL RETIRED PERSONNEL SEMINAR

On **Nov. 4** from 8 a.m. to noon, the Fleet and Family Support Center (FFSC) Pearl Harbor will host the annual Retired Personnel Seminar for Navy, Marine Corps and Coast Guard retirees and their family members, widows and widowers. It will be held at The Banyans at Naval Station Pearl Harbor. The seminar will cover topics such as benefits, commissary/exchange information, TRICARE, and veterans/legal services. FMI: 474-1999 or visit the FFSC at their new location at the Moanalua Navy Services Center.

SUPER GARAGE SALE AND CRAFT FAIR

Reserve your spot for the next Super Garage Sale and Craft Fair which will be held from 8 a.m.-noon **Nov. 4** at Richardson Field at Naval Station Pearl Harbor. All military-affiliated sellers and crafters can apply for their own 10-foot-by-10-foot space for a cost, by either visiting the Navy Information, Ticket and Travel office or by visiting www.greatlife-hawaii.com. Space is limited; early registration is recommended. Admission is free and open to the general public. FMI: 473-0606.

BATTLE OF THE GLADIATORS

Single Sailors can join the Battle of the Gladiators and duke it out in a free inflatable jousting challenge beginning at 5 p.m. **Nov. 8** at Instant Liberty. After the crowning of the Navy Region Hawai'i champion gladiator, a special gladiator feast will follow. FMI: 422-7167 or visit www.greatlife-hawaii.com.

MUSICAL MEDITATION SEMINAR

Experience deep relaxation and vitalization of the nervous system with a free introduction to a Musical Meditation Seminar from 6-9 p.m. **Nov. 9** at Bloch Arena. The session will be given by a visiting TaKeTiNa teacher from California, Zorina Wolf. Those attending should wear comfortable clothes and shoes and bring

water and a yoga mat. FMI: 473-0793.

FREE ADVANCED SCREENING AT SHARKEY THEATER

MWR will host a free advanced screening of a major motion picture at 7 p.m. **Nov. 11** at Sharkey Theater, Pearl Harbor. Due to motion picture policy, sneak previews cannot be advertised on the www.greatlife-hawaii.com Web site, but patrons can call the Sharkey Theater hotline at 473-0726 for more details. Only the first 450 eligible patrons will be seated.

FALL CLASSIC PING PONG CHAMPIONSHIP

Single Sailors can sign up for free for the upcoming ping pong championships at any LIP center. Games will be done in a singles and doubles format. Preliminary rounds will start at 6 p.m. on the following dates and places: **Nov. 13**, Instant Liberty; **Nov. 14**, Beeman Center; and **Nov. 15**, LIP and Liberty Express at Naval Computer and Telecommunications Area Master Station, Pacific. Top qualifiers in each round will advance to the finals on **Nov. 16** at Beeman Center. FMI: 473-4279.



November

- 4 - Hiking at Makapuu Tidepools, 10 a.m.
- 11 - Kayaking at Chinaman's Hat, 10 a.m.
- 17 - Snorkeling at Hanauma Bay, 11 a.m.
- 18 - Alpine Tower, 10 a.m.
- 24 - Kayaking at Moku Island, 10 a.m.
- 25 - Mountain biking, 10 a.m.

Weekly events:

- Sundays** - Surfing lessons and barbecue, 10 a.m., \$7.
- Mondays** - Monday Night sports and feast, free food, all centers, 5 p.m., free.
- Thursdays** - Root beer and ice cream float night, 6 p.m.
- Every third Wednesday** - Poor boy barbecue, 5 p.m.

AT THE MOVIES



MOVIE CALL

Sharkey Theater
Naval Station Pearl Harbor
(473-0726)

TODAY

7:00 p.m. The Black Dahlia (R)

SATURDAY

2:30 p.m. Everyone's Hero (G)

4:45 p.m. The Wicker Man (PG-13)

7:00 p.m. Flyboys (PG-13)

SUNDAY

2:30 p.m. Everyone's Hero (G)

4:45 p.m. Crossover (PG-13)

7:00 p.m. Hollywoodland (R)

THURSDAY

7:00 p.m. Flyboys (PG-13)

Memorial Theater
Hickam Air Force Base
(449-2239)

TODAY

7:00 p.m. Flyboys (PG-13)

SATURDAY

7:00 p.m. Flyboys (PG-13)

SUNDAY

7:00 p.m. Jackass Number Two (R)

7:00 p.m. Jackass Number Two (R)

THURSDAY

7:00 p.m. Jet Li's Fearless (PG-13)

Sgt. Smith Theater
Schofield Barracks
(624-2585)

TODAY

7:00 p.m. The Covenant (PG-13)

SATURDAY

7:00 p.m. Gridiron Gang (PG-13)

SUNDAY

7:00 p.m. The Black Dahlia (R)

WEDNESDAY

7:00 p.m. The Covenant (PG-13)

THURSDAY

7:00 p.m. Gridiron Gang (PG-13)

The Black Dahlia

New partners first homicide case starts with a call from their supervisor, Detective Millard, to investigate the slaying of the ambitious silver screen B-lister Betty Short, just as they leave a deadly shootout.



The Covenant

This thriller tells the story of the Sons of Ipswich, four young students at the elite Spencer Academy who are bound by their sacred ancestry. As descendants of the original families who settled in Ipswich Colony in the 1600s, the boys have all been born with special powers. **Crossover**
Noah Cruise, a naturally talented basketball player, is determined to become a doctor using his basketball scholarship to UCLA pre-med, rather than succumbing to the lure of a former sports agent Vaughn and his push for Noah to go for the NBA.



Everyone's Hero

A heartwarming comedy-adventure, telling the

story of a young boy's thousand-mile journey to help Babe Ruth and the New York Yankees win the World Series.

Flyboys

In 1914, "The Great War" WWI began. Some altruistic young Americans volunteered to fight alongside their counterparts in France - some in the infantry, some in the Ambulance Corps. A handful of others had a different idea: they decided to learn how to fly.



Gridiron Gang

The uplifting story of detention camp probation officer Sean Porter, who creates a high-school-level football team from a ragtag group of dangerous teenage inmates as a means to teach them self-respect and social responsibility.



Hollywoodland

Felled by a single gunshot wound, George Reeves (Superman) leaves behind a fiancée and millions of fans who are shocked by his death. But it is his grieving mother, Helen Bessolo,

who will not let the questionable circumstances surrounding his demise go unaddressed.



Jackass Number Two

After smearing the world with all sorts of ridiculous antics, the original creators and cast of the MTV series are back at it again - significantly raising the stakes and lowering the bar.

Jet Li's Fearless

The son of a great fighter who did not wish for his child to follow in his footsteps, the bullied Huo Yuanjia resolves to teach himself how to fight and win. After an ill-advised fight leads to another master's death, members of Huo's family are slain in revenge.



The Wicker Man

A runaway truck slams into a station wagon, igniting it into a fiery wreck with the mother and child trapped inside. Police Officer Edwards fails to save them before the car explodes - and then spends months of his life choking down pills to get the image of their faces out of his head. But Edwards is about to get a second chance.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis and must be resubmitted every four weeks.

November

Throughout the month - Extended holiday hours during the month of November for Boutiki, located at Naval Station Pearl Harbor, have been announced. The store will be open from 9 a.m.-1 p.m. Monday, Tuesday, Thursday, Friday and Saturday and 3-7 p.m. on Wednesday. There are many new arrivals for the holiday season including a large assortment of ornaments, table decorations and wreaths. Boutiki carries a unique array of antique furniture, local Hawaiian merchandise, hostess gifts, and home accessories. In operation since 1973, Boutiki is a non-profit resale corporation. Profits are donated annually to military charities and community organizations that support the Oahu military family. FMI: 422-6662

7 - Surface Naval Officers' Ohana (SNO'O) will host a wine tasting from 6-8:30 p.m. at the Commander, Pacific Fleet boathouse. Those who attend the wine tasting are also invited to bring their own favorite wines. Pupus will be provided by SNO'O members. Attendees are asked to bring a non-perishable food item that will be donated to the Armed Services YMCA for holiday food baskets for Sailors and their families. FMI: 833-2528.

9 - Recycle Day is being sponsored by Naval Station Pearl Harbor MWR to raise funds for the Naval Station Pearl Harbor holiday party. Have your department/division start saving bottles and cans now. Representatives will deliver them to the smoking area at building 150 and they will be turned in at Hickam. FMI: 472-7149.

16-18, 24-25 (also Dec. 1-2) - Army Community Theatre (ACT) will present the musical "Annie" at 7:30 p.m. at Richardson Theatre, Fort Shafter. ACT has been serving the military and civilian community since 1942. Ticket prices are \$12-\$20 and may be ordered by calling the box office from 10 a.m.-2 p.m. at 438-4480 or online at www.squareone.org/ACT.

18 - Mobile Diving and Salvage Unit One (MDSU 1) at Naval Station Pearl Harbor will host its first MDSU 1 Strong Man Competition and Interactive Health and Fitness Fair from 10 a.m.-2 p.m. in front of the Navy Exchange. The competition will include strong man events, such as a truck pull, crown buoy lift, conan wheel, diver's carry and overhead press. Ship and shore commands are invited to compete. Participation is limited to the first 10 five-person teams to enter. Entry fee is \$25 per team. Team trophies will be awarded for first, second and third place. All team members will receive a strong man T-shirt. The health and fitness fair will include Pilates and yoga classes, rock climbing wall, health assessments, and information on alcohol and suicide awareness, and children's fitness programs. FMI: 471-9292, ext. 228 or 310.

At a Glance

University of Phoenix Hawai'i campus adds hours of operation at Tripler/Fort Shafter education complex - The University of Phoenix Hawai'i Campus has extended counseling hours at the Tripler/Fort Shafter Education Center Complex, building 102, room 109A, to two days a week. The office will now be open every Tuesday from 9 a.m. to 4:30 p.m. as well as every Thursday from 9 a.m. to 2:30 p.m. Counseling will no longer be offered on Mondays. The center provides information about the university's educational programs, as well as financial aid assistance, and can help guide prospective students through the enrollment process.

The University of Phoenix Hawai'i Campus has four campuses on Oahu, which are close to most of Oahu's military bases: Mililani Learning Center, Windward Learning Center, Honolulu Main Campus and Kapolei Learning Center. FMI: Ivy Wong at 536-2686, ext. 35148 or ivy.wong@phoenix.edu.

USO needs volunteers - The USO at Hickam Air Force Base AMC terminal is seeking volunteers. FMI: email adelina.lopes@navy.mil.

How to contact TriWest/TRICARE services - Beneficiaries can contact TriWest with enrollment; Primary Care Manager and address changes; program benefits questions; claims status; fee payments and locating network providers in the area by calling 1-888-TRIWEST (1-888-874-9378), visiting their Web site at www.triwest.com, or visiting TRICARE Service Centers located at Makalapa Medical Clinic and Kaneohe Bay Medical Clinic.

Looking for a few good dads - The Fleet and Family Support Center (FFSC) at Naval Station Pearl Harbor is looking for volunteers to help with Boot Camp for New Dads. FMI: Chet Adessa at 473-4222, ext. 272 or email chester.adessa@navy.mil.

NEX price matching - Through the Navy Exchange price matching policy, the NEX will match the price of any identical item sold in any local store. Please see a sales associate for more information.

The American Red Cross needs volunteer instructors -for cardio-pulmonary resuscitation (CPR) and first aid classes. Free training provided. Must make a commitment to teach eight classes a year and have at least one year left in the area. FMI: 449-0166.

'Movies and Monsters' bewitch audience at Concert in the Park

Sara Mizushima

Navy Region Hawai'i Fleet and Family Readiness, Marketing

The Pacific Fleet Band Wind Ensemble presented a night of "Movies and Monsters" as part of the Concert in the Park series on Oct. 27. With jack-o-lantern lamps strung around the cobwebbed stage and orange and black balloons bobbing in the wind, the grassy lawn behind The Banyans turned into an open auditorium ripe for trick-or-treating tunes and bewitching entertainment.

Kids had costumes and candy on their mind and the Pacific Fleet Band came prepared to hype up the Halloween frenzy. As the sun went down, the sounds of wind chimes flowed in the air and a flute, clear as night, pierced the sky in the opening number. This gave a momentary sense of calm for the families, friends and couples lounging on their chairs and mats as their pre-Halloween weekend began.

When darkness settled in, songs with dark intriguing stories were told. The emcee introduced each song and relayed story lines with relish, setting the background to people's imaginations.

The band then drew the spectators in with their rolling crescendos and punctuated silences in their musical numbers. Familiar tunes such as the Harry Potter theme was played, as well as the theme from the former Alfred Hitchcock television show and tunes from the "Pirates of the Caribbean."

But the night was not all about spooky stories and enchanting themes. Humor prevailed in one number, as a singer dressed in a funky, bright pink muu muu sang and enticed the audience with the song "Witchcraft." And when the Pacific Fleet Rock Band jumped in for a few songs, they jammed to musical favorites such as "Ghostbusters" in their masked and painted faces, and everyone seemed to jump in by singing along. Candy and balloons were passed out during the concert to keiki wandering and dancing around.

Whether it is being outside in the cool night or listening to the talented musicians, the Concert in the Park series is an event geared for everyone. "When you look around, you see a couple sharing an intimate moment; in the same area, there are kids laughing and doing somersaults or dancing, teens throwing Frisbees or



Photo by Navy Region Hawai'i Fleet and Family Readiness, Marketing

The Pacific Fleet Rock Band gets into the Halloween mood as they entertain the audience during the Concert in the Park held Oct. 27 behind The Banyans at Naval Station Pearl Harbor. The theme for the evening was "Movies and Monsters."

parents bouncing a baby. It is appealing for everyone and it's free," said Lara Katine, special events program director.

Jeffrey Colley brought his entire family out for the event. "Everybody needs to come out," he said. Dan and Tish Ashcraft noted that this

was the fourth concert that they attended. "It's a beautiful place, the sun goes down and sometimes you can see the stars out," Dan said.

Come experience the musical festivities for yourself at the next Concert in the Park. A special holiday concert will be featured at 6:30 p.m. Dec.

13 behind The Banyans at Naval Station Pearl Harbor. Promising to make the holiday season come alive, the Pacific Fleet Band will create a magical and musical evening for everyone.

The free event is open to all military and Department of Defense personnel, family

and sponsored guests. Boxed dinners can be preordered for \$5.50 per person from A Catered Experience at The Banyans by calling 473-1706. Orders must be made by the Tuesday prior to the event. For more information on the Concert in the Park series, call 473-0606.

Navy Region Hawai'i, MWR presents - Military Family Appreciation Month Specials

Navy Region Hawai'i Fleet and Family Readiness, Marketing

Navy Region Hawai'i Morale, Welfare and Recreation has arranged a wide variety of specials throughout the month of November in honor of military families. Visit www.greatlifehawaii.com for a complete listing of specials.

Rainbow Bay Marina - On Nov. 4, children with their 420 blue card can introduce their parents to sailing in the youth (ages 10-14) and parent 420 Intro to Racing class. The cost is \$2 per person. FMI: 473-0279.

Outdoor Adventure

Center (OAC) - Sign up for the free family fun day at Moanalua Gardens scheduled for 1 p.m. Nov. 15. Learn how to surf with your family for free, beginning at 9:30 a.m. Dec. 16. Also receive a 10 percent discount on all equipment rentals and programs offered for this month. Check out the OAC schedule for their weekly family fun outings at www.greatlifehawaii.com. FMI: 473-1198.

Sharkey Theater - Receive a free drink when you purchase a large popcorn. The special is held every Friday during November. FMI: 473-2651.

Sam Snead's Tavern - Ask for the family apprecia-

tion special when you dine at Sam Snead's Tavern during the month of November. Purchase one oak grilled specialty or a long course meal and receive a second meal (of equal or lesser value) at 50 percent off. The special is valid between 4-5:30 p.m. with a valid military ID. It is not valid with other specials or discounts. Reservations are recommended. FMI: 421-SAMS.

Pearl Harbor Bowling Center - Buy one game of bowling and get the second game free from 5-9 p.m. on Tuesdays. Hot Stuff Grill will offer a free pitcher of soda with the purchase of a large pizza throughout the month of November. FMI: 473-2574.

Last chance to register to win NEX 60th Anniversary shopping spree

Kristine Sturkie

Navy Exchange Service Command

The last day to register to win a \$1,000 shopping spree at the Navy Exchange (NEX) is Nov. 10. Navy Exchange Service Command (NEX-COM) will conduct random drawings of 60 lucky customers who will win \$1,000 shopping sprees to culmi-

nate NEX's 60th anniversary celebration.

Customers can sign up for the drawing by filling out entry forms at the store, or from an NEX sales flyer, and dropping it off at a local NEX or by signing up on line at www.navy-nex.com. The drawing will be held at the Navy Exchange Service Command (NEXCOM) headquarters in Virginia Beach, Va. on or around Nov. 20. No

purchase is necessary to enter the drawing. Registration entries are limited to one entry per household.

Since its establishment in 1946, the NEX has had one purpose - serving Sailors, reservists, retirees and their families.

For more information, visit the Navy Exchange Web site at www.navy-nex.com.

Hawaii Navy News Online
www.hawaii.navy.mil

Nabors sings for military spouses

Actor Jim Nabors sings the National Anthem during the opening ceremony of the 12th Annual Joint Spouses' Conference held Oct. 20 at Marine Corps Base Hawai'i – Kaneohe. The two-day event consisted of five one-hour workshops covering a variety of topics, including Hawaiian culture and history, health and wellness, and communications and parenting skills. During the opening ceremony, Lt. Gen. John F. Goodman, commanding general, U.S. Marine Forces, Pacific, addressed the spouses. "The role you play is often not acknowledged," said Goodman. "To each of you, for the part you play for the effectiveness of the armed forces, thank you." The purpose of the conference was to provide a forum for spouses of active-duty, reserve and retired military members of all services to uplift, motivate, educate and strengthen them in their challenging roles.



U.S. Marine Corps photo by Lance Cpl. Edward C. deBree