

Tim Burress

Productivity Speaker

The Hamster Revolution-Get Control of Email



Tim Burress is a best-selling author and one of the world's leading productivity speakers. His popular *Get Control* keynote speeches for email, Blackberry® and meetings are filled with life-changing insights, practical advice, and hilarious activities.

Participants save time — over 15 days a year — while getting more done. He is coauthor of the hit business productivity book series: *The Hamster Revolution* which have sold over 125,000 copies in 11 languages worldwide.

Tim is SVP of Training at getcontrol.net and co-creator of The *Get Control!* productivity seminars. He has collected and analyzed over 35,000 information worker surveys over the past 6 years. His clients include Capital One, IHG, Schering Plough, Mercedes, and ABC. He lives in Virginia with his wife, Daphne and daughters, Grace and Ava.