



DEPARTMENT OF THE NAVY
U.S. NAVAL BASE GUAM
PSC 455 BOX 152
FPO AP 96540-1000

NAVBASEGUAMINST 1710.13B
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23 Mar 09

NAVBASEGUAMINST 1710.13B

Subj: REGULATIONS GOVERNING THE OPERATION OF SWIMMING POOL AND
BEACH AREAS

Ref: (a) BUPERSINST 1710.11C
(b) NAVMED P-50104
(c) COMNAVMARIANASINST 1746.1
(d) COMNAVMARIANASINST 5100.1A

1. Purpose. To promulgate regulations governing the operation of swimming pool(s) (hereafter called "pool(s)") and beach areas under the cognizance of U.S. Naval Base Guam (NBG).

2. Cancellation. NAVBASEGUAMINST 1710.13A is cancelled.

3. Discussion. This instruction provides for the safe and hygienic operation of pools and beach areas in accordance with references (a) through (c).

4. Designation of Areas

a. Developed Beaches. Beaches that have pavilions, bathhouses, etc. to encourage recreation utilization. These beaches include San Luis and Gab Gab on NBG and the Polaris Point beach front.

b. Primitive Beaches. Beaches that are unimproved. These include Dadi and Old Wives beaches on Naval Base Guam Main Base, and Haputo and Double Reef beaches at NBG North Finegayan Telecommunications Site (formerly NCTS).

c. Swimming Pools. Navy operated pools located on NBG and at U. S. Naval Hospital Guam (USNH).

5. General. NBG pools and beaches are maintained for the use of all active duty and retired military personnel, bona fide guests, and other authorized patrons. Pools and beaches at NBG are under direct control of the Commanding Officer, U.S. Naval Base Guam. The pool at USNH is controlled by Commanding Officer, U. S. Naval Hospital Guam.

6. Pool Regulations

a. Sanitation and Hygiene. The rules listed herein are necessary to maintain high standards of water purity and sanitation.

(1) Admission to any pool is prohibited to persons having a contagious disease, infection, cold, fever, skin lesion, or abrasion. Wearing of bandages, adhesive tape, bunion pads, or corn plasters is not permitted in a pool.

(2) A cleansing soap shower must be taken prior to entering the water. Suntan oil will be rinsed to prior entering the water.

(3) Street and athletic shoes are prohibited on the pool apron (within 12 feet of the pool edge).

(4) Swimmers must wear clean and appropriate swimwear. Transparent clothing, inappropriate t-shirts, cut-off jeans or pants are not authorized.

(5) No person will clear or clean his nose, spit, or spout water in a pool.

(6) Children who are not toilet trained will not be allowed in a pool or wading pool unless they are wearing snug-fitting, waterproof pants.

(7) Animals are not permitted in a pool facility.

(8) Pools will be closed to swimmers when the chlorine level falls below 1.0-Parts Per Million (PPM) or is above 3.0-PPM and when the pH falls below 7.2 or is above 8.0. The Free Available Chlorine (FAC) should be maintained at a minimum of 1.0-PPM. A maximum level of 3.0-PPM FAC may be required for hot weather and/or heavy use.

(9) Chlorine leak procedures will be posted at each pool.

b. Pool Area Activity.

(1) Individuals will check in with the attendant on duty by showing an identification card and logging in on the attendance sheets with their name, rank, and unit, or their sponsor's rank and unit.

(2) Personnel will not enter the water unless a lifeguard is present.

(3) There will be no running or "horseplay" of any kind in the facility. Specifically, there will be no pushing, dunking or throwing persons into the pool.

(4) The use of swim workout equipment is authorized in the lap lanes only. Authorized items include kickboards, swimfins, hand-paddles and goggles.

(5) The use of other aquatic gear is prohibited. Prohibited items include, but are not limited to, rafts, inner tubes, scuba gear, snorkeling gear (including face masks), diving swim fins, water wings, balls, Frisbees, inflatable objects, or other play items.

(6) The use of flotation devices is limited to personal flotation devices that are U.S. Coast Guard approved. Child vests, rings, and other flotation aids not specifically certified to ensure head-up, face-up buoyancy are not permitted. The use of program-related (i.e. during water-aerobics class) flotation devices and other aquatic equipment is authorized under the direct supervision of Morale Welfare and Recreation representatives.

(7) Ladders are for climbing in and out of a pool. The user must face the ladder. Diving over ladders or congregating near ladders is prohibited.

(8) All music devices will be kept at a moderate volume.

(9) No one may bring food or beverages onto the pool apron.

(10) There will be no glass containers or glass objects of any type inside the entire pool facility.

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(11) Smoking in the pool facility is prohibited. Smoking where others must pass to enter or leave the facility is also prohibited.

(12) There will be no alcohol consumed or possessed inside the facility. Additionally, no one shall enter the water under the influence of alcohol.

(13) Non-swimmers will not be allowed beyond the shallow end of the pool area.

(14) Children under 13 years of age are required to be accompanied by an adult (16 years or older) who will be responsible for the child's supervision and conduct. Children between the ages of 10 to 12 may pass a swim qualification test in order to waive the above requirement. This test consists of, swimming two lengths (50 meters) and then treading water for one minute.

(15) Lifeguard stands and the areas nearby are for lifeguards only.

(16) Children under the age of five must be within arm's reach of a responsible adult at all times while in the water. An adult is not authorized to supervise more than two children under age five.

(17) Children must be accompanied by an adult (16 years or older) at all times while in the pool.

(18) Activities/organizations desiring to use the pool for training and swim qualifications will make their request to the Aquatics Supervisor two weeks in advance. Using units are solely responsible for the instruction and conduct of their members. Using units will leave the pool in a good state of cleanliness. Training commitments will take priority over recreational swimming.

(19) Each person reserving the pool or pool cabana, whether for himself or for a group, is responsible for the conduct of persons he permits into the area during the reserved period. The sponsor is responsible for reporting all hazardous conditions and injuries to the lifeguard.

(20) Swimmers must leave the pool area during electrical storms. The pool interior and surrounding area will be cleared

of all persons during squalls and thunderstorms for a minimum of 30 minutes when lightning is present in the area. Patrons may shelter in the aquatics facility bath house or surrounding pavilions until the all-clear is given to re-enter the swimming pool water.

(21) Lifeguards will not accept valuables for safekeeping. Patrons are responsible for safeguarding their valuables.

(22) All persons will strictly obey all orders given by lifeguards while in the performance of their duties.

(23) Failure of patrons to adhere to the above requirements will result in the violator's ejection from the swimming area and may result in suspension of pool privileges for an indefinite period. Violators, who are military members, are also subject to disciplinary action under the Uniform Code of Military Justice.

7. Beach Area Activity

a. Personnel will not enter the water until they are familiar with the provisions of reference (d).

b. All personnel will strictly obey all posted signs and orders given by lifeguards while in the performance of their duties.

c. There will be no "horseplay" of any kind on the beach. Pushing or throwing persons into the water and/or "dunking" persons under the water are specifically prohibited.

d. All children under 16 years of age will be accompanied by a person 18 years of age or older who will be responsible for the child's supervision and conduct. No waiver will be granted to this policy.

e. Any child that does not exhibit the ability to swim on his or her own will be kept within arm's reach of a responsible adult while in the water. No waivers will be granted to this policy.

f. No pets are allowed in the pavilions or beach areas.

g. Music will be kept at a moderate level so that a cry for help may be heard.

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h. No glass containers or glass objects of any type are allowed at the beaches.

i. Each person reserving a beach pavilion, whether for himself or a group, is responsible for the conduct of persons he permits into the area during the reserved period. The sponsor will also be responsible for ensuring that intoxicated persons do not consume additional alcohol and are not permitted in the water. Pavilions must be left clean and all lights turned off.

j. Fires may be built only in the barbecue pits provided or in personal barbecues/hibachis.

k. All guard stands are for lifeguards only. Patrons will not engage lifeguards in extensive conversation while in the line of duty.

l. Beaches will be closed during electrical storms and other hazardous conditions. Use of cabanas will still be allowed in most situations.

m. Failure by patrons to adhere to the above regulations will result in the violator's ejection from the swimming area and may result in suspension of beach privileges for an indefinite period. Violators who are military members are also subject to disciplinary action under the UCMJ.

n. Swimming at developed beaches is only authorized in designated swimming areas when lifeguards are on duty. Appropriate warning signs will be posted in highly visible locations to warn patrons of unsafe and prohibited activities.

(1) Surfers, boaters, motorized watercraft (such as jet skies, boats, etc.) are prohibited in designated swimming areas.

(2) Fishing, of any form, is prohibited at the developed beaches. Reference NAVBASEGUAMINST 1700.14B for designated fishing areas.

o. Camping is allowed, by reservation, at Gab Gab Beach and Fantasy Island. Beach canopy sites designate the approved camping areas by numbers 1-11.

(1) Camp sites will be reserved through the outdoor recreation office at 564-1826.

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(2) Only eligible MWR patrons are authorized to camp. Guests must be cleared by Pass & ID office.

(3) \$15.00 per day for camp site rental is due at time of reservation. Reservations must be made in-person at the MWR Outdoor Recreation office.

(4) Campers are responsible for trash removal during their stay. A cleaning fee of \$25.00 will be assessed if the camp site requires extra cleaning by MWR.

8. Responsibility of Lifeguards. The lifeguard's primary responsibility is to provide the necessary safety for all patrons who use pools or beach areas.

a. The minimum certifications a lifeguard must maintain are current American Red Cross Lifeguard Training Course, Cardio - Pulmonary Resuscitation for the Professional Rescuer and First Aid certifications.

b. All lifeguards will be familiar with procedures for emergency rescues.

c. Lifeguards are required to provide assistance to any person upon request and additionally to any person in need of help.

d. A call for an ambulance will be made any time a lifeguard deems it necessary.

e. Lifeguards will immediately report all accidents/incidents that require security or ambulance support through the chain of command until they have reached one of following:

(1) Aquatics Supervisor

(2) MWR Fitness, Sports & Deployed Forces Support
Director

(3) Morale, Welfare & Recreation Installation Program
Director

(4) Command Duty Officer

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In addition, lifeguards will submit a written accident/incident report to the Aquatics Supervisor within two working days.

f. Upon assuming the duty, lifeguards will check all safety equipment for proper operation. Broken or missing equipment will be reported to the Aquatics Supervisor immediately.

g. Lifeguards' places of duty are at lifeguard stations and patrolling the designated beach areas to enforce rules and policies pertinent to those areas.

h. Patrons will limit conversations with lifeguards who are posted on duty stations. Lifeguards will similarly limit non-work related conversations with patrons when on duty stations.

i. Lifeguards will not have reading material while on duty. Lifeguards will limit music volume to a level in which a cry for help can be heard.

j. Lifeguards are responsible for the cleanliness of the swimming pool, locker rooms, and adjacent outside facility.

k. Lifeguards will take pool water chlorine and pH readings hourly and will record the information on the daily pool log.

l. Lifeguards will police beach areas and cabana areas on a regular basis.

m. Lifeguards will be helpful, tactful, and courteous to all patrons.

9. Responsibilities of the Aquatics Supervisor

a. The Aquatics Supervisor is responsible for ensuring that the NGB MWR pools and beaches are operated in a safe and hygienic matter.

b. The Aquatics Supervisor is responsible for ensuring that each lifeguard is trained and currently certified in the latest Lifeguard Cardio - Pulmonary Resuscitation and First Aid procedures and in the proper use of aquatic equipment used by the department. Lifeguard training programs of no less than one hour duration will be conducted at least twice a month for all

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lifeguards. Additional training will be provided as deemed necessary by the Aquatics Supervisor. The Aquatics Supervisor will administer a pre-employment in the water test before accepting any applicant for employment.

c. The Aquatics Supervisor is responsible for ensuring that algae growth does not accumulate on water access areas, and will inspect these areas not less than weekly to ensure required standards of safety and cleanliness are maintained. Procedures to remove algae growth include but are not limited to:

(1) Water blasting removal of accumulated algae.

(2) Mechanical removal of accumulated algae.

(3) Frequency of removal will be dictated by the appearance of algae and not determined by other factors such as tides, labor resources, etc.

d. The Aquatics Supervisor is responsible for the accuracy of all reports. All reports on rescues or incidents will be made in writing to the Morale, Welfare and Recreation Installation Program Director and the NBG Safety Office no later than the next working day following the receipt of notice from the lifeguard of the incident/rescue. Additionally, incidents that were requiring ambulance or security support will be immediately reported through the chain of command.

10. Responsibilities of MWR Sports, Fitness, & Deployed Forces Support Director

a. The MWR Sports, Fitness & Deployed Forces Support Director will oversee full range aquatics programming to include aqua aerobics, instructional swimming, command Physical Readiness Test support, special events, intramural swim meets, and supply of support facility equipment.

b. The MWR Sports, Fitness & Deployed Forces Support Director will ensure all swimming and aerobics instructors meet required American Red Cross standards and are fully prepared to teach prior to the first class session.

c. In the interest of patron safety, aquatic classes will have the following maximum student loads:

(1) Water Babies - (10) students per instructor.

(2) Beginning Swimming - (8) students per instructor.

(3) Advanced Beginner and Intermediate - (10) students per instructor.


S. M. GALBREATH

Distribution:
NAVBASEGUAMINST 5216.12
Lists I, II, and III