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Combined Federal Campaign thanks volunteers

By Jesse Leon Guerrero

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The Combined Federal Campaign (CFC) recognized Navy, Air Force and federal employee volunteers during an appreciation luncheon at Guam Marriott Resort in Tumon Feb. 11. The group coordinated fundraising efforts for the campaign on Guam from Oct. 1 to Dec. 15, 2009.

Capt. Alan Moore, chief of staff for Joint Region Marianas, joined Col. Alan Wieder, commander of the Air Force 36th Mission Support Group, and First Lady of Guam Joann Camacho in thanking dozens of unit representatives for raising more than \$468,000.

Every year, CFC allows military and federal employees to donate to charities of their choice. The 2009 campaign included more than 3,000 national charities that assist children and adults such as Boy Scouts of America and American Red Cross. CFC also donates to local non-profit groups, including Guam Animals in Need and

Big Brothers Big Sisters of Guam.

Capt. Ian Price, of the 36th Wing at Andersen Air Force Base, estimated CFC's long list of charities benefit about one in every three people. As a co-regional project officer for CFC, Price said the campaign exceeded the group's expectations. The 2009 campaign raised about \$18,000 more than the previous year's efforts.

"I think that says in times of need and times of problem for this nation, the military comes together and we try to give a little bit more to help everyone to succeed and to thrive," Price said.

Yeoman 2nd Class (SW) Tabitha Stephens, who represented U.S. Naval Airborne Weapons Maintenance Unit (NAWMU) 1, said raising awareness was one of the keys to their success.

"You don't have to give a lot, it's just the idea that you want to give," Stephens said. "Just let them know they can give anything, and they really want to give."

The total amount raised was received as cash donations and from payroll deductions.



A Show of Appreciation: From left, Tech Sgt. Loretta Yabut, of the 36th Communications Squadron (CS) Andersen Air Force Base; First Lady of Guam Joann Camacho; Capt. Alan Moore, chief of staff for Joint Region Marianas; Chief Logistics Specialist (SW/AW) June Magaling; and Col. Alan Weider, commander of the Air Force 36th Mission Support Group pose during the Combined Federal Campaign (CFC) recognition luncheon at Guam Marriott Resort in Tumon Feb. 11. Unit representatives were recognized for outstanding contributions to the CFC program. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (SW) Corwin M. Colbert)

Hundreds witness injured Airman celebrate re-enlistment



Oath: Maj. Gen. Anthony Przybyslawski, vice commander of Air Education and Training Command, administers the oath of enlistment Feb. 8 to Tech. Sgt. Israel Del Toro in the nearly packed base theater at Randolph Air Force Base, Texas. Sergeant Del Toro suffered burns to more than 80 percent of his body after his vehicle was struck by an improvised explosive device in Afghanistan. (U.S. Air Force photo/Steve Thurow)

By Sean Bowlin

502nd Air Base Wing Public Affairs

Almost five years and 120 surgeries after his vehicle passed over an improvised explosive device in Afghanistan that exploded, burning more than 80 percent of his body, Tech. Sgt. Israel Del Toro raised his right hand Feb. 8 and re-enlisted in the Air Force.

Maj. Gen. Anthony Przybyslawski, the vice commander of Air Education and Training Command, administered the oath of enlistment to Sergeant Del Toro in the nearly packed base theater.

General Przybyslawski told an audience of family members, dignitaries, visitors, friends and many first-term Airmen that the sergeant, who spent three months in a coma after his injuries and was given a less-than-20-percent chance of sur-

vival, fought for more than four years to stay in the Air Force. The general said that Sergeant Del Toro's experience and his desire to serve is something the Air Force needs.

"He's bringing back his skills to the Air Force as a tactical air (control) party controller. He's going to be an instructor," General Przybyslawski said. "He has credibility and the ability to teach from experience. That's why we need him; that's why we want him. He's going to serve us and he's back on the job."

Doctors told Sergeant Del Toro he'd never walk again but he is now running 10K races and lifting weights.

The general said Sergeant Del Toro may look different with burnt skin, "but he's not different in here," tapping his heart. "He's got the spirit, the heart and desire to re-enlist."

Being in the Air Force is not all about him. It's about what he's going to contribute. So," he said with a smile, "get ready for four more years."

After General Przybyslawski administered the oath to Sergeant Del Toro, the sergeant thanked all the friends, fellow Airmen, family members and the Air Force for supporting him in his quest to get healthier and re-enlist.

"I did it for the guys who'll be following me," he said, explaining that he'll be teaching TACP controllers how to do their jobs and survive on the battlefield. "I fought hard. I didn't always say what I said during that fight correctly. But I appreciate that I get the chance to stay in the Air Force for four more years. I'm not in limbo anymore."

Sergeant Del Toro said that

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Cope North soars over Guam skies.

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previously he had received the results of a medical board which offered him two options. Option one was to retire with a 100 percent disability and teach and recruit TACP

students as an Air Force civilian. Option two was to stay in uniform for four more years and perform the same job.

"They let me decide what to do," he explained. "I could have gotten out and made more money. But it

wasn't about the money."

He said he hoped to serve for the next four years without medical incident.

"I don't know yet how my body will react in the field environment," he said.

But he's putting a lot of stress on himself working out without injuring himself. He's also scheduled to compete in the Military Games in May.

The sergeant said he knows he's a groundbreaker, "a prototype," be-

ing able to re-enlist with 100 percent disability status.

"But I'm here and I'm doing it," he said. "And, if one guy here gets hurt badly doing what I've done, the Air Force will stand behind him."

Bystander intervention: Look out for your shipmates

By Fleet Master Chief (SW/AW) Tom Howard
U.S. Fleet Forces Command

A recent incident involving a female Sailor in San Diego has me very concerned and, at the same time, encouraged by the action of someone who stepped up to do the right thing.

The Sailor from one of the local commands was being harassed by a male Sailor from another command while in a public area of a new single Sailor bachelor housing unit. The situation quickly escalated to what could be defined as a physical sexual assault. Although others observed what was going on, they weren't quite sure whether to involve themselves. A female bystander quickly intervened, removed the victim from the situation and

convinced the victim to report the incident to base police.

This is a perfect example of why bystander intervention is a crucial element of sexual assault prevention and why every Sailor should be trained; brought up to speed on the term; and made aware of the effect it can have on the occurrence of this horrible yet avoidable assault.

I recalled recently a situation where a young girl was sexually assaulted by a group of males, while



Howard

upward of 20 people stood idly by and did nothing. I cringe each time I think about how this could happen.

There can be many forms of bystander intervention. It could be someone who witnesses an accident and calls for help or, perhaps, someone who directly steps in or supports a shipmate when he or she is experiencing some type of harassment.

The fact is, all of us may be bystanders at some point in one way or another to a broad spectrum of events leading to sexual violence. Each of us may be faced or may observe situations in which an individual makes an inappropriate comment or commits an act of a sexual nature.

Incidents of sexual assault erode the very fabric of our Navy culture. Shipmates take care of shipmates, and it's impossible to think that at

one moment we can expect a shipmate to be there when we need them in the event of a crisis and the next moment attempt to assault another shipmate. The two do not coexist.

In a recent opportunity to define what a shipmate is, Chief Aviation Electronics Technician (AW) Todd Brown, of USS Carl Vinson (CVN-70), wrote: "'Shipmate' is a term with inherent connotations of teamwork, camaraderie and belonging. It embodies duty, honor, courage, commitment and excellence. 'Shipmate' exclaims the spirited commonality of all Sailors: One Team! One Fight! It illustrates hardships shared, victories won. 'Shipmate' defines common purpose: ships, seas, defense of freedom. It carries echoes of war, heroes, and the fallen. 'Shipmate' is a fire-hardened, selflessly earned title that boasts, 'I am a United States Sailor!'"

We - you and I - must strive for an environment where behavior of this nature [sexual assault] is not tolerated and bystanders intervene when a shipmate is being forced to do something against their will.

Here are some ways to act through bystander intervention:

- Let your friends know that sexual assault or any form of sexual misconduct isn't going to work with you and you're going to engage if confronted with it.

- Don't hesitate to speak up upon an observation of a potential victim in a hostile situation. Make sure the victim is OK and seek assistance.

- If you are uncomfortable with approaching a situation alone, ask a friend, then ask them if he or she will accompany you while approaching the situation.

Military supports career day at Guam public school

By Jesse Leon Guerrero
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Service members on Guam spoke to students about careers available with the Armed Forces during a career day event at Okkodo High School in Dededo, Guam, Feb. 12.

More than a dozen Navy and Air Force personnel discussed their personal experiences and responsibilities in the military.

Hospitalman Gray Gray, of U.S. Naval Hospital Guam, said it was a great opportunity to go out and relate to Guam's young students. Gray spoke about how the Navy

helped him overcome financial challenges and how he will eventually fulfill a personal goal of working with the U.S. Marines as a hospital corpsman.

"It gets them thinking that they can do it, instead of being down [and] instead of thinking of something else," Gray said of the students. "It gave them the 'I can do it' attitude."

Explosive Ordnance Disposal Technician 2nd Class (EWS) Matt McQuay, of Explosive Ordnance Disposal Mobile Unit 5, was one of three explosives experts who explained how versatile their jobs are for missions that can require them to deploy within just a few day's notice.

"You get paid to go diving, you get paid to blow things up and you get paid to jump out of airplanes," McQuay said. "A lot of people would have to pay to do those things, but we actually get paid to do them all over the world."

Navy Diver 3rd Class Jamison McCrackin, of U.S. Naval Base Guam's Dive Locker, talked to students about the constant training and need to be physically fit for diving operations.

"The military's done so much for me already," McCrackin said. "A lot of that knowledge is not out there openly, readily available to the kids nowadays, so it's great to come

back and share real life experiences with them and let them know what is out there for them."

Tech Sgt. Justin Carlton, of the 36th Wing Security Forces, also recommended the military as an option for students after they finish their schooling. Carlton said he has served in the Air Force for 14 years, but he plans to finish out a 20-year career.

"I originally signed up for four years to get the educational benefits and job experience, and then I just fell in love with the way the military does their way of life and how they take care of my family for me and all the benefits that they have to offer," Carlton said.



Dive Talk: Navy Diver 1st Class (DSW/SW) Brian Odonnell, left, and Navy Diver 3rd Class Jamison McCrackin, both of U.S. Naval Base Guam's Dive Locker, display several pieces of their dive equipment to students at a career day event at Okkodo High School in Dededo, Guam, Feb. 12. (U.S. Navy photo by Jesse Leon Guerrero)



Robot Handling: Explosive Ordnance Disposal Technician 1st Class (EWS) Bryan Bates, right, of Explosive Ordnance Disposal Mobile Unit 5, explains to Okkodo High School students how the Navy command uses the Talon MK 2 Mod 1 robot to handle explosives Feb. 12. Bates was among more than a dozen Sailors who presented at the school's Career Day. (U.S. Navy photo by Jesse Leon Guerrero)

Medical support Airmen is top performer

By Tech Sgt. Mike Andriacco
36th Wing Public Affairs

Airman 1st Class Jeanie Snyder of the 36th Medical Support Squadron Medical Logistics flight knows a little something about being a top performer. She has won Airman of the Quarter twice and Airman of the Year for her squadron, all before hitting her three years of service mark.

Airman Snyder was recognized for stepping up and taking control when most of her unit deployed to Indonesia in support a natural disaster relief effort. Since her office ensures Andersen's hospital is stocked with supplies, this left the hospital at risk of mission degradation. She made sure that did not happen.

"She basically ran the flight," said Staff Sgt. Dana Edwards, Airman Snyder's supervisor. "She was doing the work of a seven-level Staff or Tech. Sgt. and even trains me sometimes."

Airman Snyder has lived all over as a military dependent and lived in Guam for almost half her life. She enlisted in the Air Force in Missouri

though and has been stationed at Barksdale Air Force Base. She enlisted without a career field reserved and considers herself lucky to work in medical logistics.

"I initially wanted to do something else in the medical field," she said. "But working behind the scenes of a medical clinic is great.

It feels good to be part of the backbone of a successful hospital."

Mostly her job involves procurement of medical supplies, working on purchasing contract with the contracting squadron, and reviewing documents for accuracy in a field

where errors can cost lives and delays for essential medical equipment.

Airman Snyder's coworkers feel that she is a great asset to the team, but she thinks she's just doing her job and is part of a much larger machine.

"It's not just me," Airman Snyder said of what earned her these accolades. "It's the flight as a whole. To me it feels like me winning this is really a way for everyone in the office to be recognized together."



Mission Essential: Airman 1st Class Jeanie Snyder, a 36th Medical Support Squadron Medical Logistics flight member, inventories and inspects a medical equipment bag. Snyder was selected as top performer by her supervisors for her hard work to ensure the hospital didn't suffer mission degradation when a large part of her flight was called out to assist during a natural disaster in Indonesia. Snyder has also been recognized as Airman of the Quarter twice and Airman of the Year for her squadron. (U.S. Air Force photo by Tech. Sgt. Mike Andriacco)



Navy takes new approach on sexual assault

By Mass Communication Specialist
2nd Class (SW) Corwin Colbert

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Fifteen service members on Guam are taking a proactive approach against sexual assault by completing the Sexual Assault Prevention and Response (SAPR) course Feb. 12.

Fleet and Family Support Center (FFSC) trains the volunteers as sexual victim advocates during the 30-hour course.

"The goal is to train them under the new guidelines set forth by the Navy," said Lori Naputi, FFSC Sexual Assault Response Coordinator.

Under NAVADMIN 281/09 released Sept. 9, 2009, the Navy's Sexual Assault Victim Intervention (SAVI) program will now be called Sexual Assault Prevention and Response to align with the Department of the Navy's Sexual Assault Prevention and Response office and Department of Defense policy. The new program name places greater emphasis on prevention and refocuses the effort against offenders. Victim care, treatment and advocacy will remain the core of the

Navy's efforts.

"I support the new aim that puts more emphasis on prevention," said Chief Electronics Technician (SW) Andre Wallace, of USS Frank Cable (AS 40). "It's great that the Navy is taking a more active approach on sexual assault prevention and training. As a service, we need to remember not to be judgmental or draw conclusions against victims of sexual assault and to tend to their needs in a sensitive manner."

According to the NAVADMIN message, the Navy is committed to enforcing a climate that is intolerant of sexual assault.

"Sexual assault is a crime that is detrimental to readiness, retention, morale, and attacks the human dignity of our people," said Vice Adm. Mark Ferguson, Chief of Naval Personnel. "It is inconsistent with our ethos, and unacceptable within our Navy. Awareness through education, training and covenant leadership is vital to the success of our prevention and response program and success will only be realized via an all-hands, top-to-bottom, concerted determination to reduce sexual assault from our ranks."

Naputi said the 15 new advocates are ready



Advocates: Fifteen service members completed the Sexual Assault Prevention and Response course Feb. 12. Under NAVADMIN 281/09, the Navy's Sexual Assault Victim Intervention (SAVI) program will now be called Sexual Assault Prevention and Response (SAPR) to align with the Department of the Navy's Sexual Assault Prevention and Response office and Department of Defense policy. The new program name places greater emphasis on prevention and refocuses the effort against offenders. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

to go back to their commands and implement their newly acquired skills.

"I am proud of the group," Naputi said.

"These volunteers are ready to respond. They are a part of a larger watch bill to be on call at anytime of the day or night."

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Recognizing a heritage of perseverance

By Senior Airman Wes Carter
332nd Air Expeditionary Wing Public Affairs

"But, in a larger sense, we cannot dedicate, we cannot consecrate, we cannot hallow this ground," President Abraham Lincoln said. "The brave men, living and dead, who struggled here, have consecrated it, far above our poor power to add or detract. The world will little note, nor long remember, what we say here, but it can never forget what they did here."

President Abraham Lincoln said this Nov. 19, 1863, on a battlefield near Gettysburg, Pa. Although they were meant to recognize the battlefield where brave men fought to end the stain of slavery in America, the words provide equal significance to a field in southern Alabama that became the birthplace of African-

American pilots in the Air Force.

As we celebrate Black History Month in February, it's only fitting to reflect upon the accomplishments of those aviation pioneers of whom we are direct descendents in unit lineage.

In January 1941, War Department officials announced plans to create a "Negro pursuit squadron" whose pilots would be trained at the Tuskegee Institute, Ala.

Three months later, a trustee to the Rosenwald Fund, a fund that helped secure financing for one of the Tuskegee airfields, visited the institute and flew with Chief C. Alfred Anderson, the Tuskegee Institute's chief pilot instructor. The trustee's name was Eleanor Roosevelt, wife to President Franklin D. Roosevelt.

Mrs. Roosevelt was so impressed with the ability of the African-American pilots she

went back to her husband and insisted that African-Americans were just as capable to fly as anyone else in the sky.

In July of that same year, 13 cadets walked onto Tuskegee Army Air Field to become the first class of African-American combat pilots. Eight of the pilots didn't succeed in the rigorous training, but five did.

These men were not treated as equals, yet they fought for a chance to fight in a war that was based on equality for others. They knew they could contribute and set out to prove so.

Legend has it that the first people to realize that African-Americans were just as competent as anyone flying in combat missions were the bomber planes that the Tuskegee's escorted through hostile enemy fire. The only color that a pilot was concerned with was red. The Tuskegee fighter pilots, marked by their aircraft's red tail, had a reputation of nev-

er leaving the side of an aircraft until it was safe.

Today their legend lives at Joint Base Balad; in the roar of the afterburners of an F-16 Fighting Falcon barreling down our runway; in the sweat of the maintainers, refuelers and crew chiefs prepping that fighter for its patrol; in the determination of the security patrols keeping the base safe to execute that flying mission. In me and in you.

After completing their training, the original Tuskegee Airmen became part of the 332nd Bomber Group, which is now the 332nd Air Expeditionary Wing at Joint Base Balad. I am not an African-American, but as part of the 332nd AEW, I take pride that I am part of a heritage that represents honor, sacrifice and perseverance.

Hospital Sailors bring cheer to senior citizens

By Oyaol Ngirairikl
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U.S. Naval Hospital Guam Sailors talked, danced and sang with residents of a senior care home on Guam during a visit Feb. 13.

St. Dominic's, located in Barrigada, Guam, is the only home for senior citizens that require round-the-clock patient care.

Sister Corazon Gamotin, a social worker at St. Dominic's, said the volunteers' visit means a lot, especially to bed-ridden patients.

"Whatever they did it kind of like makes their day different and beautiful," Gamotin said. "That's why we want to encourage the spirit of volunteerism. It does make a difference in the lives of the [volunteers], to their lives firstly and then to the person they are helping."

Chief Hospital Corpsman (FMF) Freddie Mawanay, Naval Hospital Guam pharmacy leading chief petty officer, said the visit was a way for Sailors to represent the Navy as good island neighbors and to give back to the community that has been so hospitable and welcoming of the military.

"We're the ambassadors of the United States of America," he said. "We want to extend our care to the

community, we want to extend our thanksgiving to the community for all they do for us and we want to be able to show them that we can do something for them as well."

Mawanay said such activities also provide Sailors an educational experience and a reminder of the Navy's core values of honor, courage and commitment.

"That's a really good example of a sense of heritage for us and for

the junior Sailors to know what's going on, what happened back in the days," he said.

Hospital Corpsman 2nd Class Sharon-Ivy Pante, event coordinator, echoed Mawanay's comments, saying she likes being able to give back to the community in whatever capacity she is needed.

"It makes me feel good because I love to volunteer," she said.



Cut a Rug: Hospitalman Henry Milar, of U.S. Naval Hospital Guam, obliges one of the elderly residents of St. Dominic's Senior Care Home in Barrigada, Guam, with a dance. Milar and other Naval Hospital Guam Sailors visited elderly residents of the senior care home Feb. 13 as a way to give back to the community. (U.S. Navy photo by Oyaol Ngirairikl)



From One Sailor to Another: Chief Hospital Corpsman (FMF) Freddie Mawanay, U.S. Naval Hospital Guam pharmacy leading chief petty officer, and fellow Sailors listen to Mariano Borja talk about his days in the Navy. Naval Hospital Guam Sailors visited several of the elderly at St. Dominic's Senior Care Home in Barrigada Feb. 13. (U.S. Navy photo by Oyaol Ngirairikl)

Navy leaders, Sailors attend NADAP summit

By Oyaol Ngrairikl

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Navy Alcohol and Drug Abuse Prevention (NADAP) program held a Personal Readiness Summit Feb. 9-11 at Top O' the Mar.

The summit provided Sailors and Navy leadership with information on how to prevent alcohol and drug abuse and limit its impact on personal and fleet readiness.

The Navy has a zero-tolerance policy for drugs and alcohol. Chief Logistics Specialist (SW/AW) June Magaling, Joint Region Marianas alcohol and drug control officer, said the goal of the summit is to help commands enhance their alcohol and substance abuse prevention programs to support the policy.

Mike Aukerman, NADAP program analyst, said summits like this help ensure Sailors are aware of the Navy's policy and why they exist.

"We have a zero-tolerance policy and that means one positive drug test for a member means we are going to process that person for discharge," Aukerman said. "We would rather deter them in the first place than have to kick them out and they suffer the consequences later."

Among the topics discussed were new drug tests and actions commands in other Navy regions are doing to reduce drug and alcohol abuse.

Master-at-Arms 1st Class (SW) Dejuan Grenion, U.S. Naval Base Guam Security Department's drug

For More Info

To learn more about Navy Alcohol and Drug Abuse Prevention Program visit their Web site at www.npc.navy.mil/CommandSupport/NADAP or talk to your command's drug and alcohol program advisors (DAPA).

Counseling and referral services are also available for Sailors and their families at Fleet and Family Support Services, which can be contacted at 333-2056.

U.S. Naval Hospital Guam Mental Health Department offers substance abuse help and can be contacted at 344-9401.

and alcohol program advisor (DAPA), was among the attendees at the second day of the summit. Grenion said drug and alcohol abuse can negatively impact mission readiness. He said his goal in serving as DAPA is to help fellow Sailors perform at their best and get help if needed.

"There are a lot of people you can talk to; you can talk to your command DAPAs, you can talk to your chief, you can also talk to your first class who can lead you in the right direction," Grenion said. "There are also a lot of different programs out there that Sailors can go



Awareness: Tim Suich, Commander Naval Personnel Command deputy legal counsel, talks to Sailors about the ramifications of testing positive for drugs while in the Navy during the Navy Alcohol and Drug Abuse Prevention program's Personal Readiness Summit Feb. 10 at Top O' the Mar. (U.S. Navy photo by Oyaol Ngrairikl)

to if they need help."

Guam Police Department as well as military and civilian medical professionals spoke at the summit. Magaling said working with civilian health and law enforcement professionals is important because drug and alcohol abuse is a community issue.

"We've partnered with government of Guam to reduce drinking and driving and driving under the influence of drugs," Magaling said.

The joint traffic safety partnering charter marks a joint effort to promote safety on island roads and to support national and local traffic safety initiatives. Gov. Felix Cama-

cho and Rear Adm. Douglass Biesel, Commander, Joint Region Marianas, along with other military leadership signed the charter in November.

To learn more about NADAP, visit their Web site at www.npc.navy.mil/CommandSupport/NADAP.

Lizama wins CNIC award for Child and Youth Programs



Navy Youth Director of the Year for 2009: Mae Lizama, center, youth program director for Child and Youth Programs (CYP) at U.S. Naval Base Guam (NBG), joins in a game of jump rope with children enrolled at NBG's Child Development Center Feb. 16. Commander, Navy Installations Command named Lizama the Navy Youth Director of the Year for 2009 at the Joint Navy and Air Force CYP Conference in Dallas Jan. 28. (U.S. Navy photo by Jesse Leon Guerrero)

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Commander, Navy Installations Command (CNIC) named Mae Lizama, youth programs director for Child and Youth Programs (CYP) at U.S. Naval Base Guam, the Navy Youth Director of the Year for 2009. The announcement was made at the Joint Navy and Air Force CYP Conference in Dallas Jan. 28.

The award recognizes the youth director who makes extraordinary contributions significantly impacting the lives of military families using CYP services. CNIC accepted 77 nominees from installations all over the world.

"I am still awed by the whole thing," Lizama said. "It was a real, real surprise to me."

Lizama coordinates and plans CYP events and activities throughout the year, while supervising staff at the Child Development Center's (CDC) School Age Care facility, Teen Center, and Youth Center at NBG, as well as at the South Finegayan Youth Center. Her position puts her in daily contact with children and parents serving in all branches of military service and those civilians employed through Department of Defense.

As a civilian contractor, Lizama said she is grateful for the opportunity to support the military community by meeting their needs.

"It's our mission, our goal, our philosophy to make sure that our parents are mission ready and not worry about where their child

is at or what their child is doing because they entrust us to care for them," Lizama said. "We want that relationship, and that is what we have."

Aside from performing her daily duties with a high degree of professionalism and quality of service, the award required Lizama to demonstrate innovation and to implement programs for Boys and Girls Club of America (BGCA) and 4-H, which both promote positive development of children with adult guidance.

Under Lizama's leadership, enrollment in BGCA programs has jumped from three members in 2003 to more than 200 members currently. These programs include classes focused on improving youth fitness, financial knowledge, fine arts, and more. Since fourth quarter 2009, CYP has also begun holding 4-H skill-a-thons, which are hands-on activities that foster the development of youth's head, heart, hands, and health.

Lizama said she could not have done these programs without the help and dedication of her staff, guidance from her peers and management, and the support she has received from NBG.

Amy Davis, CYP administrator for NBG, said the award is an example of the contributions Lizama and her staff provide to the base and its patrons.

"I'm just really proud and honored that she received the recognition," Davis said. "She's very deserving."

Air Force JAG recruiting paralegals

From 36th Wing Public Affairs

The Air Force paralegal career field is actively recruiting motivated Airmen to join the Judge Advocate General Corps. If you are interested in a career field change and are eligible run, don't walk, to your nearest base legal office and ask to meet with the law office superintendent.

The Air Force enlisted legal career field has been in existence since

May 1, 1955, and continues to play a very prominent role in the JAG Corps.

The paralegal's role is to assist attorneys in providing legal guidance to commanders, first sergeants and other key personnel on a broad spectrum of legal matters. Paralegals support virtually all areas of the legal office, to include military justice, claims, civil law, operational readiness, legal assistance, contract and environmental law. Within these divisions paralegals assist trial at-

torneys in courts-martial, conduct legal research, interview witnesses, brief newcomers, draft legal reviews, and support investigations of serious incidents, such as aircraft, missile or rocket accidents.

The paralegal career field is extremely interesting and very challenging. It is rewarding for individuals looking for a career that gives them independence in their work, personal growth, and most importantly, a sense of accomplishment at the end of each day. If this is what

you are seeking, becoming a paralegal may be right for you.

Contacting the law office superintendent is your first step in the paralegal retraining process. She will conduct an informal interview with you and offer you the opportunity to talk with other paralegals. If still interested, you will be asked to bring letters of recommendation from your commander, first sergeant and supervisor along with some additional documents to a formal interview with the law office superin-

tendent.

If you meet the requirements and the law office superintendent recommends you for retraining, you will meet the Staff Judge Advocate for an interview. If the Staff Judge Advocate recommends you for retraining, you're well on your way to becoming an Air Force paralegal.

For more information about the paralegal career field, please contact the base Law Office Superintendent, Master Sgt. Bland, at 366-6081.

Naval Base tax center ready to help with 2009 returns

By Oyaol Ngirairikl

Joint Region Edge Staff
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U.S. Naval Base Guam (NBG) Sailors and leadership celebrated the opening of the NBG tax center Feb. 12.

Operated by Naval Legal Service Office (NLSO) Pacific Detachment Guam, the center is located at Barracks 4 on NBG. The tax center helps service members, retirees, and Department of Defense (DoD) federal employees complete their tax documents and take advantage of the new tax credits with the help of volunteers. The volunteers are certified by the Internal Revenue Service (IRS).

Capt. Scott Galbreath, NBG commanding officer, said the tax center provides a valuable service to Sailors and their families.

"The fact is a lot of Sailors, a lot of families feel much more confident being here where they can turn to someone who has training, who they can trust, especially when it comes to those little questions about being a little bit different from the explanation in the tax forms," Galbreath told NLSO Det. Guam staff and volunteers during the opening ceremony. "The fact that you can help them means so much to all our families and military folks here on

base."

Each year, NLSO Det. Guam works with the IRS to train and certify volunteers who staff the tax center and help patrons complete their returns.

Capt. Vida Antolin-Jenkins, NLSO Pacific commanding officer, said the Volunteer Income Tax Assistance (VITA) volunteers are a big part in the program's success.

"While the Navy Legal Service Office leads [the tax center], we can't do it without the help of volunteers and the support of the commands around us," Antolin-Jenkins said. "We really, really appreciate the volunteers who go and get the certified training so they're ready to go and help their shipmates take care of their taxes."

Navy Counselor 1st Class (AW) Falesha Vonner, of Joint Region Marianas, is one of the 12 VITA volunteers certified this year.

"I think the tax center is a great program," she said. "I know many people dread doing taxes so knowing that I can help make that process a little easier for them makes me feel good."

Machinist's Mate 1st Class (SS) Edward Lux, of USS Frank Cable (AS-40), said this is the second year he has used the tax center.

"I like having the assurance of having someone here who can an-

Tax Assistance

U.S. Naval Base Guam (NBG) Tax Center

Hours of operation:
Monday-Friday, 8:30-11 a.m. and 1-3 p.m.

Location: Barracks 4 (above the NBG Post Office)

For more information: 333-2061/2

Andersen Tax Center

Hours of operation:
Monday-Friday, 9 a.m.-3 p.m.

Location: Building 21000, left of Bank of Guam

For more information: 366-4TAX (4829)

swer my question almost immediately," he said.

NLSO Pacific, headquartered in Yokosuka, Japan, provides comprehensive legal services to Navy and Marine Corps commands and to eligible active duty, retired military personnel and their family members and performs such other functions or tasks as may be requested or directed by competent authority. Services provided include military justice, legal assistance and claims.



Ribbon Cutting: Capt. Scott Galbreath, U.S. Naval Base Guam (NBG) commanding officer, joined Naval Legal Services Office (NLSO) representatives at the NBG tax center ribbon-cutting ceremony Feb. 12. The ceremony signifies the official opening of the tax center. In the photograph, from left, are Toni Babauta, NLSO Pacific Det. Guam tax assistant; Galbreath; Lt. Cmdr. Heather Partridge, NLSO Pacific Det. Guam officer-in-charge; and Capt. Vida Antolin-Jenkins, NLSO Pacific commanding officer. (U.S. Navy photo by Oyaol Ngirairikl)

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

Joint Region Marianas, Guam
Human Resources Specialist

Naval Hospital, Guam
Nurse (clinical)

NAVFAC Marianas, Guam
Interdisciplinary Engineer, closes Feb. 23
Mechanical Engineer, closes Feb. 23

Employment Opportunities
Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job

vacancies and job descriptions within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

Monthly Flea Market

The monthly flea market will be held at the HotSpot Gym on Andersen Air Force Base from 8-11 a.m., Feb. 20. Tables cost \$10 and must be paid for by noon the day prior. Set up is 6-9 p.m. Feb. 19 and again at 7 a.m. the day of the market. For more information, call 366-2339.

Town Hall

Andersen Air Force Base town hall meeting is scheduled for 6 p.m. March 1 at Meehan Theater. Topics on the agenda include construction projects, Year of Air Force Family programs, and a question-and-answer session.

Andersen Vet Clinic Relocated

The Andersen Vet Clinic has been relocated from its previous location to the old Teen Center (between the Gecko Lanes Bowling Center and the Hotspot) due to in-progress renovations to the permanent location. With the temporary location the clinic is only offering limited services to include: canine and feline vaccinations, microchips, urinalysis, fecal, blood work (including rabies fluorescent antibody virus neutralization tests or FAVN tests), health certificates, well pet visits, acute sick pet visits, skin and ear conditions. For more information, call 366-3205.

YES Program

The Andersen Teen Center is looking for qualified teens to participate in the Youth Employment Skill (YES) Program. The YES Program is an on-base volunteer program for high school students and is offered at select Air Force bases.

The program is a joint effort between the Air Force Aid Society (AFAS) and Air Force Family Programs Flight to offer high school students an opportunity to learn valuable work skills, "bank" dollar credits toward their post-secondary education, and have a positive impact on the base and community.

Women's History Month

"Writing Women Back into History" is the theme for Women's History Month, March 2010. The Guam Veterans Center, U.S. Department of Veterans Affairs is seeking information and photographs of women from Guam who have or are currently serving in the U.S. Military and who are interested in documenting their stories. The month's celebration will include a Women Veterans Conference on March 26 at the Outrigger Guam Resort. All interested parties are invited to contact Cathy Illarmo at the Guam Veterans Center for information at 472-7161.

Events planned for 2010 Engineers Week

For Joint Region Edge

The Guam Society of Professional Engineers (GSPE) and the Guam Post of the Society of American Military Engineers (SAME Guam Post) is celebrating the 59th year since the founding of the National Society of Professional Engineers (NSPE) during Engineers Week (EWeek) Feb. 14-20.

Nationally, EWeek promotes the importance of education in mathematics, science and technology; and recognizes parents, teachers, and

students across the United States for their interest and dedication in these fields. Locally, GSPE and SAME Guam Post support various endeavors related to their constituents' professions.

The organizations, together, support MATHCOUNTS for intermediate students. In addition, the SAME Guam Post has been hosting the Charlie Corn Golf Tournament since 1977 in honor of the late Dr. Charlie Corn, a prominent local businessman and pillar of the community.

The MATHCOUNTS Guam

Chapter will conduct the first round of the MATHCOUNTS competitions at the Guam Marriott Resort on Feb. 20. The MATHCOUNTS Guam Chapter is made up of participating teams from middle schools island-wide.

Student Mathletes have trained with their teams and as individuals to compete in two math competitions held locally. The top four finalists of the Chapter level competition travel with an advisor to Orlando, Florida to compete in the 2010 Raytheon MATHCOUNTS competition. Financial support to send

the Guam Chapter Mathletes to this competition is being raised through monetary donations from corporations and individuals as well as through the "Tee to Green" Golf Tournament for MATHCOUNTS.

Sponsored by the SAME Guam Post, the Charlie Corn Golf Tournament is the longest running annual benefit event on Guam. The Charlie Corn Golf Tournament raises funds through corporate monetary sponsorships. These funds are used to provide scholarships ranging from \$500 to \$2,500, and benefits those young men and women studying ar-

chitecture or engineering at accredited colleges and universities with the intention of offering their professional services on Guam or neighboring islands after graduation.

GSPE and SAME Guam Post will be hosting the joint golf tournament for the first time on March 13 at the Onward Talofoto Golf Club. This tournament will combine the 32nd annual Charlie Corn Tournament and the first MATHCOUNTS "Tee to Green" tournament.

For more information, e-mail guam.engineers@gmail.com.

Naval Hospital Guam earns DoD Patient Safety Award

By Oyaol Ngirairikl

Joint Region Edge Staff
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U.S. Naval Hospital Guam earned the Department of Defense (DoD) Patient Safety Award for 2009.

Capt. David Miller, U.S. Naval Hospital Guam commanding officer, accepted the award during the Military Hospital Safety (MHS) Conference held in Maryland Jan. 25-28.

The award recognizes the command's focus on patient safety and quality service in the hospital and ambulatory center, efforts to improve care delivered within MHS, and commitment to the development of systems and processes around the needs of patients.

"It's an honor to know that we were recognized for trying to make positive changes for patient safety," said Lt. Shannon Powell-Searcey, Naval Hospital Guam's mother baby unit division officer.

Naval Hospital Guam was among nearly 40 facilities that submitted an award package in November. Naval Hospital Guam's package, titled "Achieving Patient Safety in Obstetrics: An Obstetric Safety Team Initiative," highlights the use of Team Strategies and Tools to Enhance Performance and Patient Safety (TeamSTEPPS) to continuously improve patient safety.

"TeamSTEPPS is a teamwork system and was integrated within the working group," said Cmdr. Lisa Morris, the hospital's command risk manager. "The team was formed

and in an effort to improve maternal-newborn care, a comprehensive, hospital-wide review was undertaken incorporating all stakeholders in the development of solutions."

The locally-established working group became known as the Obstetrics Safety Training Assessment Team (OSTAT). The team was composed of multidisciplinary members from obstetrics, family practice, pediatrics, maternal-newborn nursing, and risk management. The team's primary objective was to improve the safe and effective delivery of obstetric care and services.

The team's other objectives were to identify weaknesses; challenge previously held notions; cultivate team-centered care; develop realistic, sustainable training; eliminate risks, while maintaining the highest

level of patient care and services; and build solutions that incorporate ongoing evaluation and adaptation to change. The OSTAT focus areas were communication, training, staffing, risk management, and peer review.

"As the command risk manager, it is gratifying to see the impact of the team's work but more importantly the sustainment of the efforts," Morris said.

According to Cmdr. Christine Gruschkus-Wright, assistant director of surgical services who oversees the hospital's operating room, ambulatory procedure unit, central sterile supply reprocessing unit, and post anesthesia care unit, one of the TeamSTEPPS concepts used throughout the command is open communication.

"Through open communication and enabling all staff members to speak freely in the interest of our patients' safety, we are able to discuss care planning and implementation more effectively," Gruschkus-Wright said. "There's a lot of pride in knowing that what we do helps so many lives, but even more so, there's a sense of pride knowing that we're continuing to find ways to improve those services so people who use our facility know they're getting the best care possible."

Naval Hospital Guam is the primary medical provider for military members and their families on Guam. The mission of Naval Hospital is to excel in Expeditionary Force Health Protection as well as promote, preserve, and restore the health of those they serve.



Daily Check: Hospital Corpsman 3rd Class Jeremy Runyon, left, and Hospitalman Daniel Klug, right, conduct a daily check on a baby at the U.S. Naval Hospital Guam Mother Baby Unit Feb. 17. Taking note of the baby's vital signs is Hospital Corpsman 3rd Class Christopher Trover. Team members of the Mother Baby Unit assisted in coordinating and promoting the hospital's safety programs, which helped the hospital earn a Department of Defense Patient Safety Award for 2009. (U.S. Navy photo by Oyaol Ngirairikl)



Teamwork: U.S. Naval Hospital Guam won a Department of Defense (DoD) Patient Safety Award for 2009. In the photograph are team members from Mother Baby Unit and operating room who work together to coordinate and promote the hospital's safety programs. The DoD Patient Safety Award recognizes efforts designed to improve the care delivered within the Military Health System. The award identifies those who have demonstrated innovation and commitment to the development of systems and processes that are tightly organized around the needs of the patient. (U.S. Navy photo by Oyaol Ngirairikl)

If you're going out, have a plan

Andersen AFB
Wingman/Designated Driver
Taxi/Shuttle Ride
Taxi ride costs \$50-DUI up to \$15,000
Airman Against Drunk Driving
366-RIDE(7433)

Naval Base Guam
Designated Driver Programs:
NBG CDO Tel #777-1809
USS FRANK Cable Quarter Deck
#343-2545
CSS 15 Quarter Deck
#777-9088

MSRON 7 Quarter Deck
#333-4000
EODMU 5 Quarter Deck
#339-8163
NAVHOSP Chief of the Day
#344-9340
NMC EAD Unit Guam Quarter Deck
#349-9087 CDO Cell#777-0942

NCTMS CDO
#688-3497
NMCB 1 Det. Guam Quarter Deck
#339-3232
NSWU - 1 Quarter Deck #339-6293
Sailors Against Drunk Driving

Andersen congratulates annual award nominees

From 36th Wing Public Affairs

The 36th Wing would like to congratulate all the nominees for the 2009 annual awards and wish them the best of luck.

Honor Guard

Senior Airman Jermaine Dias
Mission Support Group

Airman

Operations Group: Senior Airman Melissa L. Kramerick
Maintenance Group: Airman 1st Class Brian K. Abion
Mission Support Group: Senior Airman Stephanie L. Pride
Wing Staff: Staff Sgt. Michael A. Sian
Contingency Response Group: Senior Airman Bryan L. Nagy
Medical Group: Senior Airman Patrick L. Coterillo
734TH Air Mobility Squadron: Airman 1st Class Kelcey R. Shepherd

Non-commissioned officer

Operations Group: Tech. Sgt. Tanekka N. Chew
Maintenance Group: Tech. Sgt. Daniel J. Cain
Mission Support Group: Tech. Sgt. Lisa M. Parr
Wing Staff: Tech. Sgt. Malik J. Franklin
Contingency Response Group: Tech. Sgt. Brian D. Bartles
Medical Group: Tech. Sgt. William P. Mitchell
734TH Air Mobility Squadron: Staff Sgt. Stephen T. Dsilva

Senior non-commissioned officer

Operations Group: Master Sgt. Mark R. Gustilo
Maintenance Group: Master Sgt. Michael D. Bohanan
Mission Support Group: Senior

Master Sgt. Stephen E. Wilson
Wing Staff: Senior Master Sgt. Karl B. Bradford
Contingency Response Group: Master Sgt. Michael L. Taylor
Medical Group: Senior Master Sgt. Leslie L. Pratt
734TH Air Mobility Squadron: Master Sgt. David A. McGillick

Company grade officer

Operations Group: 2nd Lt. Andrew B. Kemendo
Maintenance Group: Capt. Jewel W. Kelly

Mission Support Group: Capt. Jeffrey E. McKamey
Wing Staff: 1st Lt. Christopher J. Decker
Contingency Response Group: Capt. Jason M. Aftanas
Medical Group: Capt. Jennifer Lavergne
734TH Air Mobility Squadron: Capt. George C. Bell

Civilian category-one

Maintenance Group: Martha A. Manibusan
Mission Support Group: Melissa

A. Johnson
Wing Staff: Ana F. Alave
Medical Group: Jennifer M. Andree
734TH Air Mobility Squadron: Jo Ann M. Horton

Civilian category-two

Mission Support Group: William J. O'Meara, IV
Wing Staff: Carmela S. Rapadas
Medical Group: Denguchi M. Giramur
734TH Air Mobility Squadron: Verna-Kay Smith

Civilian category-three

Mission Support Group: Arthur H. Hameister, Jr.
Wing Staff: Lillian N. Camacho
734TH Air Mobility Squadron: Charles E. Kucharski

First Sergeant

Maintenance Group: Senior Master Sgt. John K. Perkins
Mission Support Group: Master Sgt. Kelly R. Halferty
Contingency Response Group: Senior Master Sgt. Paul D. Cornell

Be Mindful of Slips, Trips, Falls

Slips, trips and falls remain a major source of injuries at homes and workplaces. The Canadian Center for Occupational Safety and Health estimates that the majority (60 percent) of falls within the workplace happen on the same level resulting from slips and trips. The remaining 40 percent are falls from a height. Here are some tips for some areas that require extra attention to keep you out of harms way:

- Slips happen where there is too little friction or traction between the footwear and the walking surface and are caused by wet or oily surfaces, occasional spills, weather hazards, loose/ unanchored rugs or mats, and flooring or other walking surfaces that do not have same degree of traction in all areas.

- Trips happen when your foot collides (strikes, hits) an object causing you to lose the balance and are caused by obstructed view, poor lighting, clutter in your way, wrinkled carpeting, uncovered cables, bottom drawers not being closed, and uneven walking surfaces (steps, thresholds).

- Good housekeeping, quality of walking surfaces, selection of proper footwear, and appropriate pace of walking are critical for preventing fall

accidents. Good housekeeping is the first and the most important level of preventing falls due to slips and trips.

- Changing or modifying walking surfaces is the next level of preventing slip and trips. Recoating or replacing floors, installing mats, pressure-sensitive abrasive strips or abrasive-filled paint-on coating and metal or synthetic decking can further improve safety and reduce risk of falling.

- In workplaces where floors may be oily or wet or where workers spend considerable time outdoors, prevention of fall accidents should focus on selecting proper footwear. Also, properly fitting footwear increases comfort and prevents fatigue which, in turn, improves safety for the employee. Since there is no footwear with anti-slip properties for every condition, consultation with manufacturers' and your local safety offices is highly recommended.

For additional information on this, or any other safety concern, please contact your local safety office:

Joint Region Marianas: 333-4780
U. S. Naval Base Guam: 339-7233
Andersen Air Force Base: 366-7233



Team Andersen's top PT performers recognized



Top Shape: Members of Team Andersen who scored a 90 percent or higher on their physical training (PT) evaluations in February were recognized for their hard work and excellent performance at Coral Reef Fitness Center on Andersen Air Force Base Feb. 9. In the picture: First row (top) from left, Staff Sgt. Gregory Pabila, Senior Airman Scott Forest, Airman 1st Class Ryan Halter, Tech. Sgt. Arlen Wilkes, Master Sgt. William Bower; second row (middle) from left, Airman 1st Class Nathan Wilson, Capt. Ellis, Staff Sgt. Stephen Rubingh; third row (bottom) from left, Airman 1st Class Jennifer Burson, 1st Lt. Benjamin Wingle, Staff Sgt. Garren Bartell, Staff Sgt. Michael Rich; fourth row (very bottom) from left, Capt. Jewel Kelly (100 percent), Airman 1st Class Cody Ott (9:01) (fastest male runner), and Rhonda Pangindan of the fitness center. Not pictured are 1st Lt. David Lycan (100 percent), Capt. Ellis, Staff Sgt. Earlene Kindley, Airman Chad Evans, Capt. Kim Jongsung, Maj. Joann Palmer (100 percent/10:50) (fastest female runner), 2nd Lt. John Nuttall, Staff Sgt. Brandon Allen, 2nd Lt. Jessica Greathouse, Staff Sgt. Devant Jones, Master Sgt. Troy Mueller, Capt. Martin Paprock, Airman 1st Class Mauricio Becerril, Staff Sgt. Jeffrey Kirker, Master Sgt. Adrienne Mimms, Capt. Natalie Hecht-Baldauff, Tech. Sgt. Rebecca Nelson, Capt. Lisa Shoff, Airman 1st Class Larry Coleman, Tech. Sgt. David White, Senior Airman Matt Earle, Chief Master Sgt. Brad (Bud) Shape (100 percent), Senior Airman Patrick Coterrillo, Tech. Sgt. Julian Hoffman, Staff Sgt. Amanda Arndt, Staff Sgt. Hiroshi Hatano, Airman 1st Class Eugene Miller, Tech. Sgt. Katherine Paulson, Tech. Sgt. Blaine Holland, Airman 1st Class Christopher Anness, and Airman 1st Class Schneider Paillant. (U.S. Air Force photo by Airman 1st Class Julian North)

Andersen congratulates newest FGO promotees

From 36th Wing Public Affairs

Brig. Gen. Philip Ruhlman, 36th Wing Commander would like to congratulate the newest field grade officer promotees. They are:

From the rank of Lieutenant Colonel to Colonel:

Kristine Kijek

From the rank of Captain to Major:

Leo Baustian

Brian Ellis

John Himes

Alexander Koutsoheras

Kevin Denboer

Katherine Hetland

Christopher Occhiuzzo

Gregory Watson

"In today's competitive and high-quality Air Force, these promotions are significant accomplishments," said Ruhlman. "Hearty congratulations and well done!"



(from bottom left)

mission: U.S. Air Force Capt. Dane Collette, left, and Capt. Chris Occhiuzzo, Stratofortress aircraft pilots assigned to the 20th Expeditionary Bomb Squadron, Andersen Air Force Base (AFB), La., prepare to land a B-52 aircraft during a mission during Exercise Cope North at Andersen AFB, Guam, Feb. 11. The United States Air Force and the Japan Air Self-Defense Force conduct Cope North annually at Andersen AFB to increase combat readiness and interoperability, concentrating on coordination and evaluation of air tactics, techniques and procedures. The ability for the two forces to work together increases their preparedness to support real-world contingencies. (U.S. Air Force photo by Staff Sgt. Andy M. Kin)

Readiness: The United States Air Force and the Japan Air Self-Defense Force conduct Cope North annually at Andersen Air Force Base to increase combat readiness and interoperability, concentrating on coordination and evaluation of air tactics, techniques and procedures. (U.S. Air Force photo by Staff Sgt. Jacob N. Bailey)

Preparation: Japanese maintenance crew members Tech Sgt. Hiroshi Saito, left, and Tech Sgt. Kenioki Sakamoto, 8th Combat Wing, 6th TF Squadron, Tsuiki Air Base, Japan, prepare their F2 for weapons upload during Cope North on Andersen Air Force Base, Guam on Feb. 9. (U.S. Air Force photo by Staff Sgt. Andy M. Kin)

Formation: A U.S. Air Force B-52 Stratofortress from the 20th Expeditionary Bomb Squadron, Barksdale Air Force Base (AFB), La., leads a formation of two F-16 Fighting Falcons from the 18th Aggressor Squadron, Eielson AFB, Alaska, two Japan Air Self-Defense Force F-2 attack fighters from the 6th Tactical Fighter Squadron, Tsuiki Air Base, Japan, two U.S. Navy EA-6B Prowlers from Electronic Attack Squadron (VAQ) 137, Naval Air Station, Futenma, Japan, and an E-2C Hawkeye from the 43rd Electronic Squadron, Misawa Air Base, Japan, over Tumon Bay, Guam, during Exercise Cope North, Feb. 15. (U.S. Air Force photo by Staff Sgt. Jacob N. Bailey)

Coordination: The United States Air Force and the Japan Air Self-Defense Force conduct Cope North annually at Andersen Air Force Base to increase combat readiness and interoperability, concentrating on coordination and evaluation of air tactics, techniques and procedures. (U.S. Air Force photo by Staff Sgt. Jacob N. Bailey)

Weapons Upload: Japanese maintenance crew member Tech Sgt. Kenioki Sakamoto, 8th Combat Wing, 6th TF Squadron, Tsuiki Air Base, Japan, prepare their F2 for weapons upload during Cope North on Andersen Air Force Base, Guam on Feb. 9. (U.S. Air Force photo by Staff Sgt. Andy M. Kin)



Spear phishers target military members at home, work

By Staff Sgt. Samuel Morse

35th Fighter Wing Public Affairs

Information warfare was around long before the computer. Even in the days of homing pigeons, adversaries would attempt to intercept each other's messages to gain an advantage.

Today, the enemy is still trying to steal our secrets, but they have devised new methods in this age of ones and zeros. One of these methods is known as spear phishing.

Phishing is defined by Joint Task Force-Global Network Operations officials as "criminal activity using social engineering techniques." Phishers attempt to fraudulently acquire sensitive information, such as passwords, personal information, military operations and financial details by masquerading in an e-mail as a trustworthy person or business.

Spear phishing, on the other hand, is a highly-targeted phishing attempt. A phisher often will use the victim's name, organization, and even relevant jargon to further make them think the e-mail is legitimate, said JTF-GNO officials. They will spoof who the e-mail is from, making it look like it came from a coworker or friend. There may be spelling mistakes due to third-country national origin, but for all intents and purposes, the e-mail will look legitimate.

While normal phishing is almost always for the purpose of identity theft, spear phishing on government systems is usually an attempt to gather information and intelligence. Spear phishers usually will attempt to make you open an attachment or Web link that will load malicious logic onto your computer. Often times, the malicious logic is a key logger, a program that records keys typed on a keyboard and sends the keystroke data to the phisher, said

Master Sgt. Thomas Parker, the 35th Fighter Wing information assurance office NCOIC.

Government systems are not the only computers targeted in these schemes. Military members can be targeted at home as well.

"It is critical that (everyone) understand that they will not be contacted by Air Force network (specialists) to upgrade their home-use common access card software or perform other actions on their home PC," said Master Sgt. James Rowland, from 13th Air Force cyber operations. "The Air Force's policy is to post all upgrade notices for the Common Access Card Home Use Program on the AF Portal. Download of the program and updates should only be accomplished via the AF Portal home page."

Sergeant Parker also said the best way to make sure an e-mail is authentic is to look for a digital signature. To his knowledge, phishers have yet to find a way to spoof a digital signature from a trusted site. He encourages all network users to digitally sign and encrypt their e-mails. If someone is unsure of how to do this, he or she can contact a local information assurance officer.

Tell-Tale Signs

Another protective measure is to look for tell-tale signs of a fake e-mail. A lack of proper "For Official Use Only" tags, misspellings, incorrect signature blocks and other items out of place or missing can indicate a foreign origin.

Users should double-check Web site addresses. Links should start with "https://" rather than "http://." This denotes a secure connection. Also, the suffix ".mil" should be present in the domain name of official military Web sites. Unfortunately, even if a Web address has these elements, it can have an embedded

link that takes you somewhere other than what it says. To combat this, Sergeant Parker suggests opening an empty browser and navigating to the Web page manually. While this may take longer, it will help prevent the user from falling victim to malicious logic.

If you must open an attachment, do not enable macros. Government systems are designed to give warnings when a document or other seemingly normal file attempts to do something other than what it was designed to do. Users should make sure e-mails with attachments are digitally signed and should request the e-mail to be resent with a signature if there isn't one, said 1st Lt. Robby Williams, the 35th Communications Squadron plans and resources flight commander.

"Blindly clicking 'yes' to alerts is the type of complacency that phish-

ers are looking for," said Senior Airman Benjamin Nelson, a 35th Mission Support Group knowledge operator.

Also, disabling the e-mail preview pane, or at the very least disabling HTML on the preview pane, will give a degree of separation, allowing users to verify a sender before opening an e-mail with attachments.

"If you do get an e-mail that you deem to be suspicious, call the sender to verify that the e-mail did, in fact, come from them," said Sergeant Parker. "If not, or if the e-mail came from an organization outside the military, contact your information assurance officer so they can investigate the e-mail. If you have already opened the suspicious e-mail, Web link, or attachment, immediately unplug your computer from the network and contact your

IAO."

E-mail is not the only medium being targeted, however. The increasing popularity of social media sites such as Facebook or Myspace have drawn phishers into these new frontiers.

"Status updates posted on Facebook, Myspace and Twitter propagate headlines such as 'Donate to Haiti Efforts' or 'Facebook charging for membership' usually include a link to a website with additional information," said Sergeant Rowland. "The simple act of browsing a maliciously-crafted website is all it takes to infect your computer with information-stealing malware. Personally identifiable information is the hottest commodity in cyber crime rings—so be careful when giving details about yourself online."

Student raises \$842 for Haiti recovery efforts

By Oyaol Ngirairikl
Joint Region Edge Staff
oyaol.ngirairikl@fe.navy.mil

Commander William C. McCool Elementary/Middle School student Kiana Rodriguez is donating \$842 to the American Red Cross to help the people in Haiti.

More than 200,000 people were killed and many more were injured or left homeless when a 7.0-magnitude earthquake hit Haiti Jan. 12. According to Associated Press reports, more than 50 aftershocks have shuddered through Haiti's capitol of Port-au-Prince, making an already challenging recovery effort even tougher for residents.

The Rodriguez family had visited Haiti two years ago and Kiana said seeing media images of children without parents and families without homes propelled her to do something.

Kiana said she remembers being without water and power after Super Typhoon Pongsona slammed Guam in 2002, and can only imagine how much more the people in Haiti are suffering.

"You know how we had that big typhoon a long time ago? If we got it again and it was worse than what happened in Haiti, we would probably want people to help us like we're doing right now," Kiana said.

Kiana's mother, Hospital Corpsman 2nd Class Holly Rodriguez, with U.S. Naval Hospital Guam, said her daughter's thoughtfulness is inspiring.

"I'm really proud of her," HM2 Rodriguez said. "She's just 11-years-old and came up with this idea all by



Helping Out: Kiana Rodriguez, right, and her mother, Hospital Corpsman 2nd Class Holly Rodriguez, of U.S. Naval Hospital Guam, prepare donated clothing at their home Feb. 11 for yard sales. Proceeds from the yard sales, which equaled \$842, will be donated to the local chapter of the American Red Cross for recovery efforts in Haiti. (U.S. Navy photo by Oyaol Ngirairikl)

herself."

Kiana posted fliers at her school and at the hospital, announcing her intent to collect clothing to donate to the people in Haiti.

After discussions with the local chapter of the American Red Cross, however, they found out that what was needed more is money. With her mother's help and support, Kiana took the donated clothing and held a yard sale Feb. 13-14.

Mother and daughter said they couldn't have raised any of the money without the community's support. HM2 Rodriguez said only a week after they had posted the fliers, she went to McCool and was surprised by the amount of items already donated.

"I walked into her teacher's classroom and I was like 'Oh my gosh,'" HM2 Rodriguez said. "We had to come back another day because we

had to rent a truck."

The Rodriguez family plans to make the official donation to the American Red Cross in the coming weeks.

If you'd like to donate money to help the people in Haiti, visit the American Red Cross Web site at www.redcross.org or call the local chapter office at 472-6217.



School Bulletin aims to promote educational activities in the Navy community. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

Navy College Office

SAT proctored exams will be administered Feb. 23, and March 9, 16 and 23. To make your appointment or for more information, call 339-2485.

Navy College Office administers the Defense Language Proficiency Tests (DLPT) to eligible military personnel. Tests are administered on Wednesdays at 8 a.m. To register or for more information, call Navy College at 339-8291.

CLEP General, CLEP Subject and DANTES (DSST) Examinations are now computer-based. Testing is free to active duty military personnel. Dependents will have to pay minimal fee on a space available basis. To make an appointment, contact University of Maryland (UMUC) at 339-2263.

McCool Elementary/Middle School

Volunteers needed to assist with library inventory. You need not be a Parent-Teacher Organization (PTO) member to volunteer at McCool. To volunteer e-mail McCoolPTO@yahoo.com; stop by the PTO office (Rm. A121) between 8:15-10:15 a.m., Monday-Friday; or stop by the library.

Guam High School

First Semester Awards and Recognition Ceremony, 5:30 p.m. Feb. 22 at the school cafeteria.

Booster Club meeting 6 p.m. March 4 at the GHS Information Center.

School Improvement Team seeks parents and sponsors to attend weekly School Improvement Team meetings held 2:15-3 p.m. every Monday. For more information, contact mike.schoebinger@pac.dodea.edu

DoDEA Phone Numbers

Andersen Elementary School: 366-1511
Andersen Middle School: 366-3880/5793
Commander William C. McCool Elementary/Middle School: 339-8678
Guam High School: 344-7410
Department of Defense Education Activity office: 344-9160
Navy College Office: 339-2485
Andersen Education Office: 366-3170

DoD provides free online tutoring

By Oyaol Ngirairikl

Joint Region Edge Staff
oyaol.ngirairikl@fe.navy.mil

The Department of Defense (DoD) launched an online tutoring service for all military service members and their families Jan. 25.

The free site, www.tutor.com/military, offers round-the-clock professional tutors who can help with homework, studying, test preparation, resume writing and more, said Joseph Foster, 36th Force Support Squadron Education Office advisor at Andersen Air Force Base (AFB).

"Each component of the military has a different portal they work with," Foster said. "If you're in the Navy, you go through Navy Knowledge Online and for those of us in the Air Force we have to go through our base library."

This site provides 24/7 academic and career support for military families. Originally accessible to Army and Marine personnel and their families, the program has been expanded to all U.S. military families.

"It's really helpful because it caters to a range of people from junior personnel studying to complete their general requirements to retired military people like myself who are working on a masters," Foster said. "What's really awesome is our kids also have access to it. That works when you're a parent, like me, who hasn't done fifth-grade math in a long time. They have little tutorials that me and my child use for homework."

Chuck Wright, Navy College Office director, said the online tutoring program is just another example of how serious DoD is in promoting an education.

"Programs like this support that

ultimate goal of building an educated military force," Wright said. "They're saying if you're already in, here's how we're going to help you succeed and if you're thinking about joining, here are some of the things we're offering to help you and you're family excel."

DoD is funding the program as a benefit to all active duty military service members, reservists, U.S. National Guard personnel on active duty in a deployed status, DoD civilians in a deployed status, and their dependents.

DoD Online Tutoring

For more information about the Department of Defense online tutoring site, visit www.tutor.com/military.

Andersen Air Force Base Library

Airmen and their family members can access the tutoring site by visiting the base library.

Hours of Operation

Monday-Thursday: 9 a.m.-8 p.m.

Friday-Saturday: 9 a.m.-5 p.m.

Sunday: Closed

For more information, call 366-4291.

Navy Internet Access

Computers with Internet access are available at:

U.S. Naval Base Guam Library

Tuesday - Friday: 10 a.m.-7 p.m.

Saturday - Sunday: 9 a.m.-7 p.m.

Monday and holidays: Closed

Story Time: Wednesdays 3:30 p.m.

For more information, call 564-1836.

C-Street Café

Monday-Friday: 6 a.m.-2 p.m.

Saturday and Sunday: Closed

For more information, call 339-5553.

To learn more about higher education opportunities call:

Navy College Office: 339-2485

Andersen Education Office: 366-3170

Sailors sail at annual boat competition

By Jesse Leon Guerrero
Joint Region Edge Staff
jesse.leonguerre.ctr@fe.navy.mil

Sailors competed at Navy Morale, Welfare and Recreation's (MWR) Cardboard Boat Regatta held at Sumay Cove Marina on U.S. Naval Base Guam Feb. 15.

Dozens of family members and other MWR patrons attended the event, which featured paddlers racing their way to a buoy and back in boats made strictly of cardboard and duct tape.

A three-man team representing Naval Mobile Construction Battalion (NMCB) 1 took first place with a time of one minute and 54 seconds, while U.S. Naval Hospital Guam

finished at two minutes and five seconds.

"I think we did pretty good for never doing that before in a cardboard boat," said Equipment Operator 3rd Class Anthony Lauck, of NMCB 1.

Although they drifted off course for several seconds as they fought the current, the NMCB team regained their control early. Lauck said this is the fifth year a Seabee team has used that particular boat, which is called "First and Finest" and is passed on from team to team as new battalions rotate through Guam.

Construction Electrician 3rd Class Bob Schiller, one of Lauck's teammates, said he didn't have any experience with that kind of race and they didn't practice before the event.

During an unofficial head-to-head race with the Navy hospital, NMCB 1 again finished first.

"I think it's just the boat that does the winning," Schiller said. "We just pilot it."

Hospital Corpsman 2nd Class (FMF) Phillip Perez, of the Navy hospital, said they named their boat "X Rated" because all four team members work at the hospital's radiology department. It was only their second year to use the boat, which sported a double hull design.

"Last year we kind of sunk a little bit, but this year we did great," Perez said. "We made some improvements. It was a team effort and we just had a good time doing it."

Perez said the original design took three days to build and used about 30 rolls of tape. This year, Perez said they only had to reinforce it with 10 more rolls of tape.

In the regatta's individual event, 12-year-old William Cullen took first place as the lone competitor. Cullen, who attends Commander William C. McCool Elementary/Middle School, and his camouflage boat finished at four minutes and 40 seconds.

"It is fun, just be careful when you build your boat because it will fall apart," Cullen said.

Aside from the boat races, MWR held a rubber duck race for kids and had inflatable jumpers and snow cones available that afternoon.



Team U.S. Naval Hospital Guam: From left Hospital Corpsman 2nd Class Ely Rodriguez, Hospital Corpsman 1st Class (SW) Karen Yinoleng, Hospital Corpsman 2nd Class (FMF) Phillip Perez, and Hospital Corpsman 2nd Class (FMF) Ron Dimapiles, all from U.S. Naval Hospital Guam, finish a race against time at Navy Morale, Welfare and Recreation's Cardboard Boat Regatta held at Sumay Cove Marina Feb. 15. In keeping with the rules of the race, all competing boats could only be made of cardboard and duct tape. (U.S. Navy photo by Jesse Leon Guerrero)



Team Naval Mobile Construction Battalion 1: Equipment Operator 3rd Class Anthony Lauck, left, Construction Electrician 3rd Class Joshua Hunt, center, and Construction Electrician 3rd Class Bob Schiller, all from Naval Mobile Construction Battalion 1, head to the finish line at Navy Morale, Welfare and Recreation's Cardboard Boat Regatta head-to-head race at Sumay Cove Marina Feb. 15. A team from U.S. Naval Hospital Guam paddles behind them. (U.S. Navy photo by Jesse Leon Guerrero)

FREE

Single Parent Meeting

Calling all single parents! Meeting will be held 11 a.m.-1 p.m. Feb. 24 at Airman & Family Readiness Center. For more information, call 366-8136.

Welcome to Guam Orientation

With Fleet and Family Support Center (FFSC) is scheduled for 8 a.m.-4 p.m. Feb. 25. Barracks 4, Room 2 (second floor). For more information, call 333-2056.

Island Tour

Tour the southern end of the island with FFSC 8 a.m.-4:30 p.m. Feb. 26. FFSC Bldg. 106. For more information, call 333-2056.

Tarague Torture Run

Have you ever pushed yourself to the limit to see how much you can handle?

Starting point is near the Munitions Squadron Gate on Andersen Air Force Base (AFB), proceed down to the Bamboo Willies Beach Club and back up to Beach

Turnoff. Show time is 6 a.m. and go time is 6:30 a.m. Feb. 26. For more information, call 366-6100.

Wallyball Tournament

Want a spin on your physical training? Play Wallyball! Tournament is 5:30 p.m. Feb. 26 at Coral Reef Fitness Center. Four-on-four tournament, single elimination with trophies awarded to first and second place winners. For more information, call 366-6100.

On a Budget

NBG invites base patrons to travel information fair

By Jesse Leon Guerrero

Joint Region Edge Staff
jesse.leonguerre.ctr@fe.navy.mil

U.S. Naval Base Guam (NBG) will host a travel information fair for patrons at the NBG community center Feb. 27, 10 a.m.-3 p.m. Admission is free.

Pacific Area Travel Association (PATA) will sponsor the event with tourism and travel representatives from the Micronesian islands offering information about Saipan, Palau, Yap, Kosrae, Chuuk, Marshall Islands and Guam.

Capt. Scott Galbreath, com-

manding officer of NBG, said this is the first time the base will host a travel information fair. He said the goal is for attendees to see what kinds of lodging accommodations, travel arrangements and special deals are available to them.

"You can kind of see what the hotels look like in the brochures, and the beaches, and you can picture yourself there, instead of just knowing it's an island you can go to," he said.

Although single Sailors and families can plan for a vacation or business trip by researching online, Galbreath said the travel fair allows a

more personal approach. He explained attendees will get to pick up promotional material for the different destinations available, but they will also be able to speak face-to-face with travel representatives from each island.

Galbreath said he encourages everyone to see more of Guam and its neighboring islands because there are many recreational opportunities to enjoy and it's a benefit to know more about the region where they are stationed.

"I always tell folks that 20 years from now, after you've gone back to

the states, you'll kick yourself if you didn't take advantage of your time out in the Far East to see some of the Far East and Oceania," Galbreath said. "If they can make it happen, I think they'll be sorry later on if they didn't."

Galbreath said NBG and PATA are looking at offering travel information fairs quarterly, while Navy Morale, Welfare and Recreation is scheduled to hold a travel fair in May.

Darren De Leon, managing director of Palau Visitors Authority, said his office is excited to partici-

pate in the travel information fair on NBG and will answer any questions attendees have about their island. De Leon said Palau is one of the most popular diving spots in the world, but also has historical sites and non-diving activities to experience.

"They can visit the waterfalls in Babeldaob, which is in northern Palau, and go see the stone face monoliths we have," De Leon said. "There is so much to see that you can't do it all in one trip."

For more information on the NBG travel fair, call 339-2663.

UNDER \$10

12th Annual Arts and Crafts Fair

The Japan Club of Guam presents the 12th Annual Arts and Crafts Fair 10 a.m.-3 p.m., March 13. Admission fee is \$3 for adults; \$1 for students (school name required); \$1 for university and college students (student ID required); and free admission for below elementary students. Japanese and tea ceremonies will be performed. For more information, call Japan Club of Guam at 646-8066.

Game Time Sports Grill

Begin or end your day with a delightful meal at Game Time Sports Grill. The overlook of the golf course offers a relaxing atmosphere for breakfast, lunch or dinner. Breakfast specials are served daily ranging from \$4.50-\$5.50. Breakfast hours are 6-10:30 a.m. Lunch specials also served daily and are only \$6.95 with fountain soda. Lunch hours are 10:30 a.m.-3 p.m. Also enjoy 18 holes of golf and lunch package available at the Pro Shop at \$46 per person. For more information, call 344-5838 or 734-2155.

2 for 1 at Gecko Lanes

Get two games for the price of one and have twice the fun from 6 p.m.-10 p.m. Monday-Saturday. For more information, call 366-5085.

Kayak Ylig River and Bay

Show at Rec N' Crew at 8:15 a.m. Feb. 25. Cost is \$5. Kayaks and gear available at Rec N' Crew for rent. For more information, call 564-1826.

Hike to Asiga Caves

Show at Rec N' Crew at 8:15 a.m. Feb. 27. Cost is \$5 per adult and \$3 per child. Sign up deadline is Feb. 26. For more information, call 564-1826.

OVER \$10

Orote Point Lanes

Cost is \$40 per lane with a limit of five people. Package not available 6-9 p.m. Monday-Thursday (League Nights). Fee covers two hours of bowling, shoe rentals for five people, one large single topping pizza, and one pitcher of soda. For more information, call 564-1828.

Admiral's Cup Golf Tournament

Register your two-person team by Feb. 23 at Charles King Gym. Tournament is scheduled for Feb. 26 at Admiral Nimitz Golf Course, show time is noon. Cost is \$20 per person and includes round of golf, and cart. For more information, call 564-1856.

Lunch at Top of the Rock

Got a big appetite? Grab your friends and enjoy the tantalizing Smoker Menu, which features dishes like the St. Louis ribs served with our own fried bread and honey butter, pulled pork sandwich, brisket quesadilla with all the extras and the hickory chicken Caesar salad. Want a lighter lunch? Feast on Soup and Salad Bar for only \$6.95.

Hours of operation: Monday-Friday: 10:30 a.m.-1:30 p.m.; Saturday-Sunday 10:30 a.m.-12:30 p.m. For more information, call 366-6166.

Clipper Landing

Savor the flavor of our delicious entrees as you enjoy a spectacular view of Sumay Cove Marina. Hours of operation are: Wednesday and Thursday, 11 a.m.-1:30 p.m.; Friday: 11 a.m.-1:30 p.m. and 4-9 p.m.; Saturday and Sunday: 11 a.m.-9 p.m. For more information, call 564-1857.





FRIDAY, FEB. 19
7 p.m.: Avatar • PG-13

SATURDAY, FEB. 20
2 p.m.: Avatar • PG-13
7 p.m.: Daybreakers • R

SUNDAY, FEB. 21
7 p.m.: Daybreakers • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, FEB. 19
7 p.m.: Avatar • PG-13
9:30 p.m.: Youth in Revolt • R

SATURDAY, FEB. 20 (FREE)
1 p.m.: The Princess and the Frog • PG
3:30 p.m.: Invictus • PG-13
7 p.m.: Precious • R

SUNDAY, FEB. 21
1 p.m.: Leap Year • PG
3:30 p.m.: Sherlock Holmes • PG-13
7 p.m.: Up in the Air • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwrguam.com.**
(Source: Navy Morale, Welfare and Recreation Office)



HOURS OF OPERATION:
Bar Hours
Fri/Sat: 2 p.m. to 11 p.m.
Sun: 2 p.m. to 8 p.m.
Food service starts at 5 p.m.

Phone: (671) 653-9814
Located at Tarague Beach



www.36thservices.com

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass

Monday-Wednesday, Friday 11:40 a.m. Weekday Mass
Saturday, 5:30 p.m. Mass
Sunday, 9 a.m. Mass
CCD Sunday, 10:15 a.m.
Choir Practice
Wednesdays, 6 p.m.
Protestant Worship Service
Sunday, 10:30 a.m.
Protestant Sunday School
Sunday, 9 a.m.

Women's Bible Studies

first & third Wednesday
8:30 a.m.

Women's Studies

Second & fourth
Wednesdays, 6:30 p.m.

Choir Practice

Tuesdays, 6 p.m.
Jewish Shabbat
Fridays, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass
Sunday, 9 a.m.
Monday-Friday, 11:30 a.m.
CCD
Sunday, 10:30 a.m.

Andersen Air Force Base

Roman Catholic Mass
Chapel 1
Saturday, 5 p.m.
Sunday, 9:30 a.m.
Monday-Thursday, 11:30 a.m.

Sunday Protestant

Worship
Chapel 2
General Worship 9 a.m.
Inspirational Gospel 11:30 a.m.

Sunday Religious

Education
Chapel 2
Catholic R.E., 8 a.m.
Protestant R.E., 10:30 a.m.

Schedules subject to change without notice. To confirm times or for more information about the programs, call the chapels at the following numbers:

Andersen Air Force Base
366-6139
Naval Base Guam
339-2126
Naval Hospital Guam
344-9127

Redemption not rules

By Cmdr. M.H. Underwood
Commander Submarine Squadron 15
Chaplain

Many people misunderstand Christianity and see it only as a set of rules by which to live. Rules, though, can be heartless and unfeeling. Reuters news service reported an incident a few years ago that demonstrated the coldness of rules without compassion.

A 15-year-old boy who lay bleeding from a head wound just steps away from a hospital and could not be rescued because rules required that ambulances bring in patients. Frustrated police officers finally carried the fatally wounded boy into the hospital; unfortunately he died a short time later.

Witnesses at the scene said

hospital emergency workers refused to come to his aid quoting hospital rules. A hospital spokeswoman simply stated that emergency room personnel were barred from dispensing care outside the hospital. When rules and regulations get in the way of common sense and compassion, it is a sign that hearts have become hardened.

Following Jesus isn't just about us keeping the rules. Certainly, we begin to live in a way that reflects His character, but we don't approach Him that way. He approaches us with His offer of redemption and forgiveness. The change in our lifestyles is a result of God's love for us, not a cause of it.

The apostle Paul gave a concise explanation of what Jesus has done for us: "In him we have redemption through his blood, the forgiveness

of sins, in accordance with the riches of God's grace" (Ephesians 1:7).

The idea of redemption has its underlying meaning in the Old Testament. When a family's inheritance was lost, a redeemer could buy back what had been forfeited. When someone was reduced to slavery because of debt, a redeemer could purchase that individual's freedom.

Not just anyone could be a redeemer. Two things were necessary. First, the redeemer had to be a family member. Second, the redeemer was required to have the resources necessary to pay the debt or buy back the property. That means that Jesus is qualified to buy back what has been stolen from us. Redemption means that we have been freed from the power of a master who held or holds us in bondage.

The implication is clear. We are powerless, by ourselves, against sin. Seneca, the Roman philoso-

pher, said that men love their vices and hate them at the same time. What men need, he pleaded, is a hand let down to lift them up.

The price of our freedom is the blood of Jesus Christ. His death purchased our freedom. That is the central truth of Christian faith. Jesus died in our place so we could live. We aren't redeemed by power alone, nor by truth alone, nor by a strict adherence to rules, but by Jesus' blood and accepting what it purchases for us.

Jesus has not only redeemed us, but He has forgiven us. The psalmist has expressed how complete forgiveness is. "As far as the east is removed from the west, so far has he removed our transgressions from us" (Psalm 103:12).

God doesn't want condemnation and guilt to stand between us and His grace. He has taken the initiative to redeem us and forgive us. Our response is to believe and say, "I believe; Thank You."

CHAPLAIN'S Corner



Still Moments



Enlistment: Staff Sgt. Sean McDermott, assigned to the 736 Security Forces Squadron/36 Contingency Response Group, recites his oath of enlistment, onboard a C-17 moments before he performs a static line jump here Feb. 4. McDermott has served 10 years of active duty and re-enlisted for another five years. (U.S. Air Force photo by Airman 1st Class Julian North)



Master-at-Arms 1st (SW) Class Jermaine P. Glover: Capt. Scott Galbreath, left, commanding officer of U.S. Naval Base Guam (NBG), awards Master-at-Arms 1st Class (SW) Jermaine P. Glover, of NBG Security, a Bravo Zulu Award during a ceremony at the command's compound Jan. 29. Glover received the award for accomplishments over the past year, including achieving all possible qualifications in his pay grade as watch commander; donating a significant amount of time to community service; helping establish the NBG First Class Petty Officer Association; and serving as that association's vice president. (U.S. Navy photo by Reynaldo Rabara)



Master-at-Arms 3rd Class Joshua Walker: Capt. Scott Galbreath, left, commanding officer of U.S. Naval Base Guam (NBG), awards Master-at-Arms 3rd Class Joshua Walker, of NBG Security, the Navy and Marine Corps Achievement Medal during a ceremony at the command's compound Jan. 29. (U.S. Navy photo by Reynaldo Rabara)



Master-at-Arms 3rd Class James Summers: Capt. Scott Galbreath, left, commanding officer of U.S. Naval Base Guam (NBG), awards Master-at-Arms 3rd Class James Summers, of NBG Security, the Navy and Marine Corps Achievement Medal during a ceremony at the command's compound Jan. 29. (U.S. Navy photo by Reynaldo Rabara)



Master-at-Arms 1st Class (SW) Nepomuceno Rodriguez: Capt. Scott Galbreath, left, commanding officer of U.S. Naval Base Guam (NBG), presents Master-at-Arms 1st Class (SW) Nepomuceno Rodriguez, of NBG Security, a plaque for Senior Sailor of the Quarter during a ceremony at the command's compound Jan. 29. At the ceremony, Rodriguez also received a certificate for Sailor of the Quarter, the Navy and Marine Corps Achievement medal and a going away gift from the NBG First Class Petty Officer Association. (U.S. Navy photo by Reynaldo Rabara)

EODMU 5 squares off against Frank Cable in softball 23



Base Hit: Machinist's Mate Fireman Frank Abney, of USS Frank Cable (AS 40), hits a single in the fourth inning pulling his team closer to the heavy hitting Explosive Ordnance Disposal Mobile Unit 5 (EODMU 5) team during an Admiral's Cup softball game Feb. 11. The EODMU 5 team barely pulled off the victory against their rivals winning 14-13. (U.S. Navy photo by Mass Communication Specialist (SW) Corwin Colbert)

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff
corwin.colbert@fe.navy.mil

Explosive Ordnance Disposal Mobile Unit (EODMU) 5 faced USS Frank Cable (AS 40) in the Admiral's Cup softball tournament at Ebbett Field on U.S. Naval Base Guam Feb. 11.

The game was a slug fest from the start as Frank Cable outscored the EODMU 5 team 3-1 in the first inning. Highlights of the first inning were a team effort by Frank Cable and a double by EODMU 5 Chief Hull Technician (SW) Thomas Pacileo, who put a score on the board for EODMU 5.

In the second inning, EODMU 5 put up seven runs and outscored Cable 7-0. From the third to fifth inning, the game was back and forth with each team keeping pace with the other until Builder 1st Class (SW) Jason Johnson, of EODMU 5, hit a double and scored two RBIs at the top of the fifth inning. By the start of the sixth inning, EODMU 5 remained in the lead 14-13.

"We are getting a good workout out here, but we are not tired yet," Johnson said. "We PT five times a week. We have stamina that

is why speed is our team's best attribute."

With a few hits by both teams, neither could punch in a score. It would come down to the final inning.

"This is a good game," Johnson said. "Win or lose as long as we get to the playoffs everything else doesn't matter."

EODMU 5 failed to score in the seventh inning leaving Frank Cable one last try to score the tying run or steal the win.

Up at the plate was Machinery Repairman 2nd Class (SW) Stan Peters, who hit a single to start the lineup. The next batter was put out but the alert Peters slid into second base. The third hitter up at bat was another putout, yet the determined Peters slid onto third base. Two outs and runner at third, it didn't get any better than this for the Frank Cable as they had control of their own fate.

The pitcher took a couple of breaths. Frank Cable's batter's box cheers along with family and friends in the bleachers. The pitch across the plate – it's a ball. EODMU 5's box is up staring through the chain link fence.

The next pitch – it's whacked a hard liner between first and second. The ball is in the defenders glove and he fumbles for a second and throws to first. "Out" yells the umpire as he pumps his fist. EODMU 5 wins 14-13.

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

AC Racquetball Singles Tournament
The registration deadline is March 1. The tournament will be held March 5-6. For more information, call 564-1861.

AC Racquetball Doubles Tournament
The registration deadline is March 8. The event date is March 12-13. For more information, call 564-1861.

Command Fitness Leader Certification Course
The course will be held March 8-12 at Camp Covington. All command fitness leaders and assistants are encouraged to attend. For more information, contact Stacey Neill at 339-1302.

Typhoonz Swim Team
Practices are held 4-6 p.m., Monday, Wednesday and Thursday at the U.S. Naval Hospital swimming pool. Registration is ongoing at Charles King Gym and cost is \$60 per month. Interested swimmers must be able to swim freestyle, butterfly, backstroke and breaststroke. The team will be competing in Guam Swim Federation meets. For more information, call 564-1861.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Tarague Torture Run
Have you ever pushed yourself to the limit to see how much you can handle? Starting point is near the Munitions Squadron Gate on Andersen Air Force Base (AFB), proceed down to the Bamboo Willies Beach Club and back up to Beach Turnoff. Show time is 6 a.m. and go time is 6:30 a.m. Feb. 26. For more information, call 366-6100.

Wallyball Tournament
Want a spin on your physical training? Play Wallyball! Tournament is 5:30 p.m. Feb. 26 at Coral Reef Fitness Center. Four-on-four tournament, single elimination with trophies awarded to first and second place winners. For more information, call 366-6100.

Sunrise Yoga
End your week with a relaxing yoga session. Listen to the sounds of the ocean while your body is being rejuvenated by the sun's rays. Sunrise yoga is offered by the Coral Reef Fitness Center every Friday morning at 6 a.m. at Tarague Beach. For more information, call 366-6100.

Learn the art of self-defense

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff
corwin.colbert@fe.navy.mil

Navy Morale, Welfare and Recreation (MWR) will offer free self-defense seminars for authorized MWR patrons throughout the year starting March 23.

The four-day long seminar will be held 6-7:30 p.m. at the Teen Center on U.S. Naval Base Guam (NBG). Reg-

istration is ongoing at Charles King Gym on NBG. There is no deadline to sign up. Classes will continue each week as long as there are students willing to attend.

According to class instructor Chief Master-at-Arms Dan Murray, of U.S. Naval Base Guam (NBG) Security, the course is broken into three basic classes to help defend yourself from attacks. The first lesson focuses on safety awareness and steps people can take to not become a victim, such as personal awareness and setting up personal boundaries. The second lesson sharp-

ens one's physical resistance skills, while the final phase is hands-on training.

"The students have a chance to try their newly learned techniques on a live opponent," Murray said. "This teaches the students to experience scenario-based training and coping with adrenal stress."

Students who are not able to participate in the physical portion of the class are welcome to take the lecture course only.

For more information, call 339-1301.



Hands-on: Students participate in hands-on, self-defense training offered by the Navy Morale, Welfare and Recreation's (MWR) Jan. 28. MWR is offering free self-defense seminars throughout the year starting March 23. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)