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EODMU 5, Indian forces hold exercise

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Exercise: Spitting Cobra 2010 concluded successfully April 22 after two weeks of intense training and simulations on Guam that saw American and Indian naval explosive ordnance disposal (EOD) technicians working together and learning from one another.

In its seventh year, the annual joint exercise saw interaction between Sailors of Explosive Ordnance Disposal Mobile Unit (EODMU) 5 and members of the Indian navy. The service members participated in a variety of training activities, including demolition exercises, helicopter operations, and hostage threat simulations.

Lt. Ivan Kanzaki, EODMU 5 platoon officer in charge, said the joint exercise enhances global operations and strengthens U.S. ties with

the allied nation.

"I believe joint Exercise: Spitting Cobra is the first step towards building a stronger partnership between our nations' navies and, more specifically, our EOD forces," Kanzaki said. "I believe both parties learned a lot from the exercise and I hope it will help us form a stronger partnership in the global war on terror."

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Safety: Explosive Ordnance Disposal Technician 2nd Class (EWS) Jonathan Tatman, left, of Explosive Ordnance Disposal Mobile Unit 5, explains the safety precautions of the MLVD Mk2 water charge explosive prior to performing an explosives training exercise April 21 on Andersen Air Force Base. The joint exercise, Spitting Cobra 2010, served to strengthen relations between the U.S. Navy and the Indian navy. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Andersen Air Force Base kicks off spring with ORE

By Senior Airman Shane Dunaway

36th Wing Public Affairs

Team Andersen Airmen, civilians and contractors demonstrated the wing's "all in" mentality by kicking off the spring season with a week-long operational readiness exercise from April 19-25.

During the exercise, Team Andersen members gained an opportunity to work closely with members of the 254th Air Base Group, a Guard unit assigned to Guam. The ORE served as a yardstick to measure the wing's progress in preparation for the upcoming operational readiness inspection in August.

The 36th Wing has been no stranger to OREs. The wing's Inspector General (IG) Team and Exercise Evaluation Team members have previously tested Andersen



Mission Ready: Members of team Andersen take part in the Operational Readiness Exercise, on Andersen Air Force Base April 21. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

AFB's capabilities in October, November and January, each time increasing operational intensity, creating challenging scenarios and

raising expectations to more daunting heights.

"Our ultimate goal throughout this ORE and future OREs is to

continue to test our wing's resolve and resiliency, while fully preparing all participants for all possible scenarios the Pacific Air Forces IG team could test and assess," said Maj. David Wall, 36th Wing deputy IG.

The exercise was the first of the series slated to run through the weekend and stands out as the lengthiest one as well.

"The fact the exercise ran through the weekend illustrates the nature of our business," Wall said. "The need for support in contingency operations, humanitarian assistance and disaster relief efforts can arise at any time. It is imperative the 36th Wing and its members are prepared to provide assistance and support for any possibility."

As Team Andersen braces for two more OREs in June and July, and the Operational Readiness Inspection in August, senior leaders around the

wing will observe and guide the wing as its members test their mettle.

"As our wing progresses through these exercises, our Airmen, civilians and contractors continue to grow and evolve in any given situation," said Col. Tod Fingal, 36th Wing vice commander. "The members of this wing continue to show their heart and warrior spirit as they take on the day-to-day mission and the challenges of ORE preparation. Seeing their determination and efforts deliver positive results and steady improvement is enough to make any commander at any level of the wing proud."

Photo Pages

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Commodore Monty Khanna, naval attaché to the Indian Embassy in Washington, D.C., was appreciative of the opportunity for the EOD technicians from the two navies to observe and learn from each others' experiences and skills.

"There is always a lot to learn in this field," Khanna said. "We know that, especially from the U.S. right now because of the ongoing operations in both Iraq and Afghanistan, there is a lot we can learn from you in this field."

Members of both navies agreed that the joint exercise was a great benefit to both countries, and that it has served to strengthen the bond between two nations.

"There was a bilateral exchange of information, as well as techniques," said Indian navy Lt. Cmdr. Soumitra Deodhar. "We stand to gain as far as both navies are concerned."

During a day of improvised explosives training April 21, EODMU 5 Sailors instructed Indian Sailors on the construction and effects of kicker charges, which

utilize water to neutralize suspected hazardous devices and materials. EODMU 5 also taught their Indian counterparts the proper use of detonation cord, timed fuses, and other explosive devices.

The day ended with a show of explosive force, as EODMU 5 blew an automobile to smithereens using an improvised explosive device, an event that would not usually be seen outside of a war zone.

"This training is going to benefit the Indian navy by giving them very advanced hands-on training that they might not have access to otherwise,"

said Explosive Ordnance Disposal Technician 2nd Class (DV/PJ) Nathan Ulbrich, of EODMU 5.

On the final day of hands-on training, an urban hostage situation was staged. Members of the Indian navy boarded a helicopter, flew to the hostage site, and rappelled from the chopper. Once at the hostage site, an Indian EOD officer diffused a simulated bomb that was strapped to the chest of a hostage.

The exercise ended with both sides gaining valuable experience and learning techniques that will prove to be valuable tools, given the

inherent danger that comes with being an explosive ordnance disposal technician.

"From the experiences gained by the U.S. Navy, we can gain similar knowledge and maybe save a couple of lives," Deodhar said.

EODMU 5 is a forward-deployed mobile command providing EOD detachments and a fly-away recompression chamber detachment to U.S. 7th Fleet. The primary mission is to enable access for carrier and expeditionary strike groups, mine countermeasures operations and special operations forces.



Detonation: A Humvee, full of members of Explosive Ordnance Disposal Mobile Unit 5, sits as explosives detonate during an exercise on a demolition range at Andersen Air Force Base April 21. EODMU 5 participated in Spitting Cobra 2010, a joint exercise with the Indian navy. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Brief: Explosive Ordnance Disposal Technician 2nd Class (EWS/PJ) Jeff Swanson, left, of Explosive Ordnance Disposal Mobile Unit 5, briefs service members of the Indian navy before performing a demolition training exercise April 21 on Andersen Air Force Base. The joint exercise, Spitting Cobra 2010, served to strengthen relations between the U.S. Navy and the Indian navy. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Spitting Cobra: Explosive Ordnance Disposalman 2nd Class Daniel Christenson, right, of Explosive Ordnance Disposal Mobile Unit 5, teaches a member of the Indian navy how to wrap detonation cord around C4 explosives during an explosives training exercise April 21 on Andersen Air Force Base. The joint exercise, Spitting Cobra 2010, served to strengthen relations between the U.S. Navy and the Indian navy. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Navy celebrates 110th submarine birthday

By Jesse Leon Guerrero

Joint Region Edge Staff

Nearly 500 Sailors, spouses and their guests gathered in celebration of the 110th Submarine Birthday Ball held at the Pacific Islands Club on Guam April 24.

Commander, Submarine Squadron (COMSUBRON) 15 hosted the party for Guam's submarine community.

Rear Adm. Paul Bushong, Commander, Joint Region Marianas, delivered remarks as guest speaker. Bushong praised the submariners for their achievements and thanked them for all their support.

Bushong emphasized the importance of submarines in protecting

the nation as it provides short-notice response capability for operations throughout the Western Pacific region.

"Just as the submarine force has a proud and distinguished history, Guam has a rich history of submarine operations dating back to World War II," Bushong said. "We stand on the shoulders of those who have gone before us. Take pride in that history and in your contribution to it."

Guam currently is homeport to three Los Angeles-class attack submarines: USS Buffalo (SSN 715), USS City of Corpus Christi (SSN 705) and USS Houston (SSN 713). Crew members from USS Ohio (SSGN 726) (Gold) and visiting USS Asheville (SSN 758)

also attended the ball.

Prior to Bushong's remarks, the attendees paused in silence as a video slideshow honored the sacrifices made by submariners lost at sea.

Electronics Technician 2nd Class (SS) Brandon Berry, of USS Houston, provided another highlight of the night when he accepted his submarine warfare specialist insignia in front of his friends and other attendees.

"It makes me as proud as anything, like there is nothing else I want to do," Berry said. "I want to be on a submarine."

Also known as "dolphins," the insignia is worn by both officers and enlisted who have passed proficiency tests for all systems

aboard a submarine. As the most junior Sailor to earn the insignia, Berry assisted Bushong and Cmdr. Bruce Deshotel, executive officer of USS Frank Cable and the active duty Sailor present who had longest worn the insignia, in cutting the ceremonial birthday cake.

Fire Control Technician Seaman Edward Gingras III, of USS Ohio, said it was his first time to attend a submarine ball since enlisting 13 months ago. He said he enjoyed the time off with his friends.

"The sub community is nice because you know everybody," Gingras said. "It's a lot more close-knit. That's probably the best thing I like."

The submarine ball commem-

orates the anniversary of the U.S. Navy's Submarine Force. On April 11, 1900, the U.S. Navy purchased John Philip Holland's revolutionary submarine and renamed it the USS Holland (SS-1), America's first commissioned submarine. Since then, submariners have been patrolling the depths of oceans, taking the fight to enemies and providing maritime security around the world.

For more information about Submarine Squadron 15 and the submarines homeported on Guam, visit the Commander, Submarine Force U.S. Pacific Fleet Web site at www.csp.navy.mil. For more information about USS Frank Cable (AS 40), visit its Web site at www.cable.navy.mil.



Ceremony: Rear Adm. Paul Bushong, center, Commander, Joint Region Marianas; Cmdr. Bruce Deshotel, right, executive officer of USS Frank Cable (AS 40); and Electronics Technician 2nd Class (SS) Brandon Berry, left, of USS Houston (SSN 713), cut the submarine community's ceremonial birthday cake at the 110th Submarine Birthday Ball at Pacific Islands Club on Guam April 24. Deshotel and Berry participated as the most senior and junior Sailors, respectively, with submarine warfare specialist insignias. (U.S. Navy photo by Jesse Leon Guerrero)



Guest Speaker: Rear Adm. Paul Bushong, Commander, Joint Region Marianas, delivers his remarks as guest speaker of the 110th Submarine Birthday Ball held at the Pacific Islands Club on Guam April 24. Commander, Submarine Squadron 15 hosted the party for Guam's submarine community and their guests. (U.S. Navy photo by Jesse Leon Guerrero)



Above: Chief Electronics Technician (SS) Jared Jones, right, of USS Ohio (SSGN 726) (Gold), works his way through a dinner buffet line with other Sailors, spouses and their guests at the 110th Submarine Birthday Ball at the Pacific Islands Club on Guam April 24. Commander, Submarine Squadron 15 hosted the party for Guam's submarine community and their guests. (U.S. Navy photo by Jesse Leon Guerrero)



Left: Sailors in the submarine community watch a video presentation of submarines damaged or lost at sea, while observing a moment of silence at the 110th Submarine Birthday Ball at the Pacific Islands Club on Guam April 24. Commander, Submarine Squadron 15 hosted the party for Guam's submarine community and their guests. (U.S. Navy photo by Jesse Leon Guerrero)

Airman Harrell has flexibility to succeed

By Senior Airman Shane Dunaway
36th Wing Public Affairs

In today's Air Force, flexibility and the ability to adapt to change continue to stick out as traits in the sharp Airman's arsenal.

Senior Airman Jeffrey Harrell, 36th Force Support Squadron customer service representative, recently showcased his ability to weather significant changes in a deployed setting and earned recognition as 'Top Performer' from his first sergeant, Master Sgt. Jose Magana.

"Airman Harrell deployed to Daegu, Korea, to support the 353rd Special Operations Group with Personnel Support for Contingency Operations actions," Magana said. "The tasker was designated as a two-person job for a master sergeant and senior airman. The master sergeant never showed, so Airman Harrell stepped up and performed the job of both for a little more than a month. In addition, the master sergeant was to bring all the supplies. Since he did not show, Airman Harrell was left to scrounge for supplies."

The work ethic displayed by Airman Harrell was also noticed by leadership in the 353rd SOG.

"My shop worked pretty close with him

because of the personnel information we fed to each other," said Capt. NaVondi Hooker, 353rd SOG Chief of Logistics Plans. "From day one, he has done a great job with tracking all the personnel requirements, providing necessary updates to leadership and having a great attitude that's pleasant to work with. Keep him on the right track."

When Harrell isn't providing assistance in personnel matters, he spends time on his ever-increasing list of hobbies.

"Golf is my newest activity, following hanging out with my wife, Erin, and dogs, Riley and Chase," Harrell said. "I also enjoy hiking, diving and mountain biking."

The Belding, Mich., native joined the Air Force in April 2007. After completing basic training at Lackland AFB, Texas, and technical training at Keesler AFB, Miss., he came to Andersen AFB, Guam, for his first duty assignment.

"The Air Force has allowed me to live a life I never expected and given me all types of new experiences, everything from meeting new people to seeing the world," Harrell said. "I really enjoy the ability to travel around the world and see places I never expected to end up such as Guam."



Getting Organized: Senior Airman Jeffrey Harrell, 36th Force Support Squadron customer service representative, organizes his workload April 20. Harrell was recognized as a 'Top Performer' by Master Sgt. Jose Magana, 36th FSS first sergeant. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

FFSC shows appreciation for volunteers with celebration

By Oyaol Ngirairikl
Joint Region Edge Staff

Fleet and Family Support Center (FFSC) honored their volunteers with an appreciation luncheon on U.S. Naval Base Guam (NBG) April 22.

During the event, volunteers were treated to a special fiesta-style lunch, and were given certificates of appreciation.

FFSC's mission is to support naval activities on Guam and help maintain operational readiness. They provide information, training and counseling to service members and families, improving quality of life, enhancing performance and encouraging retention.

Lori Naputi, FFSC sexual assault response coordinator, said volunteers are an important factor in meeting their mission.

"That's why we honor them. If we could honor them more than once a year we would do that," Naputi said. "We're a very small office that runs very well - like a family. We truly are a team here, but if it weren't for our volunteers to supplement what we have - to supplement our knowledge, to supplement our expertise, to supplement the information - then we'd only have a certain amount to provide to the service members."

FFSC offers classes, such as financial management, anger management, Transition Assistance Program (TAP) and welcome to Guam orientations. Subject matter experts from various commands and agencies participate in the classes as well. Sailors



Appreciation: Arlene Taitague, receptionist for Fleet and Family Support Center (FFSC), hands a certificate of appreciation to Gunner's Mate 1st Class (SW/EXW) Terry Sweet, command financial specialist for Maritime Expeditionary Security Squadron (MSRON) 7, during the FFSC appreciation luncheon on U.S. Naval Base Guam (NBG) April 22. (U.S. Navy photo by Oyaol Ngirairikl)

volunteer as command advocates for various Navy programs facilitated by FFSC, such as sexual assault prevention and response and financial programs.

"With our volunteers we have ... more people who are willing to give of their time, to give of their efforts in order to really enhance the quality of life for service members," Naputi said.

Gunner's Mate 1st Class (SW/EXW) Terry Sweet, command financial specialist for Maritime Expeditionary Security Squadron (MSRON) 7, assists Sailors with financial issues.

"I help them with what I can and FFSC gives me the training so I can do that," Sweet said. "And if it's beyond my scope, I can send them down here and [financial specialist Pilar] Pangelinan helps them get right on track to where they're supposed to be."

Builder 2nd Class (SCW) Carle Spragle said he doesn't volunteer for the recognition or awards but because he's doing his part to give back.

"FFSC is a very valuable asset to the Navy," he said, noting that he has relied on them for various services since joining the Navy.

Spragle encouraged people who want to learn more about FFSC to stop by or give them a call.

"Don't worry about not knowing where to go," Spragle said. "They'll gladly direct you in the right direction, show you the right steps and help you succeed."

To learn more about the FFSC programs, call 333-2056.

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Rear Adm. Paul J. Bushong, USN, Commander, Joint Region Marianas

Brig. Gen. Phil Ruhlman, USAF, Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN, Public Affairs Officer 339-4055 jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez, Deputy Public Affairs Officer 339-3209 coleen.perez@fe.navy.mil

Theresa Merto Cepeda, Public Affairs Director, DZSP 21 LLC 339-6114 theresa.cepeda@fe.navy.mil

James Fee, Editor james.fee.cr@fe.navy.mil 339-7113

Reporters
Mass Communication Specialist 2nd Class (SW) Peter Lewis 339-4476 peterlewis1@fe.navy.mil

Mass Communication Specialist 2nd Class (SW) Corwin Colbert 339-4376 corwin.colbert@fe.navy.mil

Jesse Leon Guerrero 339-5207 jesse.leonguere.cr@fe.navy.mil

Oyaol Ngirairikl 339-2115 oyaol.ngirairikl@fe.navy.mil

Photographers
Reynaldo Rabara 339-8423 reynaldo.rabara@fe.navy.mil

Raymond Torres 339-8423 raymond.torres@fe.navy.mil

Write to us at:
Joint Region Marianas
Public Affairs Office
PSC 455 Box 152, FPO AP 96540

36th Wing Public Affairs

Capt. Timothy Lundberg, Chief of Public Affairs 366-4202

Reporters
Tech Sgt. Mike Andriacco 366-2228

Staff Sgt. Jamie Lessard 366-4202

Senior Airman Shane Dunaway 366-2228

Senior Airman Isaac Garden 366-2228

Senior Airman Nichelle Anderson 366-2228

Senior Airman Vanessa Fuentes 366-2228

Airman 1st Class Courtney Witt 366-2228

Airman 1st Class Jeffrey Schultze 366-2228

Airman 1st Class Julian North 366-2228

Americans celebrate Law Day May 1

From 36th Wing Public Affairs

Every year on May 1, Americans celebrate Law Day. Law Day is an opportunity for all Americans to reflect on the rule of law and the foundations of our legal system. It's a time to celebrate the rich history of our judicial system and a time to consider its future in this rapidly changing world.

When he established Law Day on May 1, 1958, as "a day of national dedication to the principle of government under law," President Dwight Eisenhower sought to highlight and honor, for all Americans, our enduring legal culture.

We must recognize that our legal institutions and system of justice depend on popular participation and support to maintain legitimate authority. Lawyers and

judges should recognize that they bear a special responsibility to foster public understanding of law and legal institutions and commitment to the rule of law.

On Law Day, Americans from all walks of life, public figures and private individuals alike, reaffirm in words and deeds our shared national allegiance to the rule of law.

"Law in the 21st Century: Enduring Traditions, Emerging Challenges," is the theme for Law

Day 2010.

Law Day 2010 provides us with an opportunity to understand and appreciate the emerging challenges that confront our world—and the law—in the 21st century.

We encourage everyone to acknowledge the importance of our legal and judicial systems with appropriate ceremonies and activities, and to display the flag of the United States in support of this educational observance.

We further encourage schools, businesses, media, religious institutions, civic, and service organizations to join us and all members of the bar and bench in commemorating Law Day.

On May 1, the 36th Wing Judge Advocate General's office urges everyone to attend a Law Day event in your community, or simply discuss the importance of this educational observance with your family, peers or colleagues.

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

Naval Hospital, Guam Nurse (clinical)

Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

Living Pattern Survey

Service members with dependents stationed on Guam for more than three months are encouraged to take the time to access the link below to complete the Living Pattern Survey (LPS). The LPS is now available at <https://www.defensetravel.dod.mil/oscola/lps/guam/>. Maximum participation and accuracy in completing this LPS is critical to the Cost of Living Allowance (COLA) determination process for Guam and the Northern Mariana Islands. This survey which takes no more than 30 minutes to complete can be done at home with your spouse. Survey site will close when a sufficient number of service members required to participate in the LPS to statis-

tically validate the results is received. COLA is paid to service members stationed in high-cost overseas locations. COLA helps to maintain purchasing power so members can purchase about the same level of goods and services overseas as in the United States. This survey is designed to identify where and how you purchase goods and services. The information obtained from this survey is used in planning and completing a separate Retail Price Report that forms the basis for prescribing your COLA. For additional information or questions, contact Yvonne Whitley, LPS/COLA coordinator, at 339-5303 or yvonnasalas.whitley@fe.navy.mil.

My Air Force Life

Enter the My Air Force Life Original Song Competition and you could win a \$2,000 gift certificate to Musician's Friend, plus the adult category winner could have their song produced into a music video by the Pentagon Channel. For more information, visit <http://www.myairforcelife.com/>.

Ballroom and Boonies Being Remodeled

The Top of the Rock Ballroom and Boonies Officers' Lounge on Andersen Air Force Base are currently closed for remodeling. For more information, call 366-6166.

Pool Closed for Renovation

Andersen Air Force Base pool is currently closed for renovation and will reopen in early summer of next year. For more information, call Ray Stiers or Brenna Buse at 366-5197.

USNH CO addresses Rotary Club



Speech: Capt. David Miller, commanding officer of U.S. Naval Hospital Guam, speaks about the current status, mission and future of the hospital to members of the Rotary Club of Northern Guam District 2750 during a luncheon at the Hyatt Regency Guam Resort and Spa April 19. The club includes prominent business leaders on Guam. (U.S. Naval Photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Raptors wrap up benchmark deployment

By Senior Airman Shane Dunaway
36th Wing Public Affairs

Though the F-22 Raptor pilots and maintainers have returned to Elmendorf Air Force Base, Alaska, both the officer and enlisted corps who supported the theater security package during the three-month deployment leave behind a long list of personal and professional accomplishments.

Collectively, the pilots from the 90th Fighter Squadron flew more than 800 sorties, totaling more than 1,000 hours - all while maintaining an unprecedented 75-percent mission capable rating.

"Our entire Elmendorf Team has really given it their all during this deployment," said Lt. Col. Orlando Sanchez, 90th FS commander. "These numbers are a credit to everyone involved in ensuring we put aircraft and pilots in the air in a safe, but expedient manner."

The Elmendorf Team loaded more than 500 missiles and seamlessly integrated with Airmen from the 36th Maintenance Squadron and 36th Munitions Squadron.

"I am very proud of the integration that has taken place between Team Elmendorf and Team Andersen," said Chief Master Sgt. Ray DeVite, 90th Aircraft Maintenance Unit Chief. "There were obstacles along the way, but in the end, both sides were able to pull together to make the 90th Theater Security Package the most successful F-22 deployment on record."

"Our goal was to learn from one



Above: A U.S. Air Force F-22 Raptor assigned to the 90th Fighter Squadron, Elmendorf Air Force Base, Alaska, receives fuel from a KC-135 Stratotanker assigned to the 465th Air Refueling Squadron, Tinker AFB, Okla., near Guam, Feb. 17. (U.S. Air Force photo by Staff Sgt. Andy M. Kin)

Right: An F-22 maintainer performs a post-flight check on one of the deployed fighters from Elmendorf Air Force Base, Alaska on Andersen Air Force Base Jan. 18. The fifth-generation fighter, along with associated maintenance and support personnel, were deployed as the 90th Expeditionary Fighter Squadron and recently returned to Elmendorf AFB. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

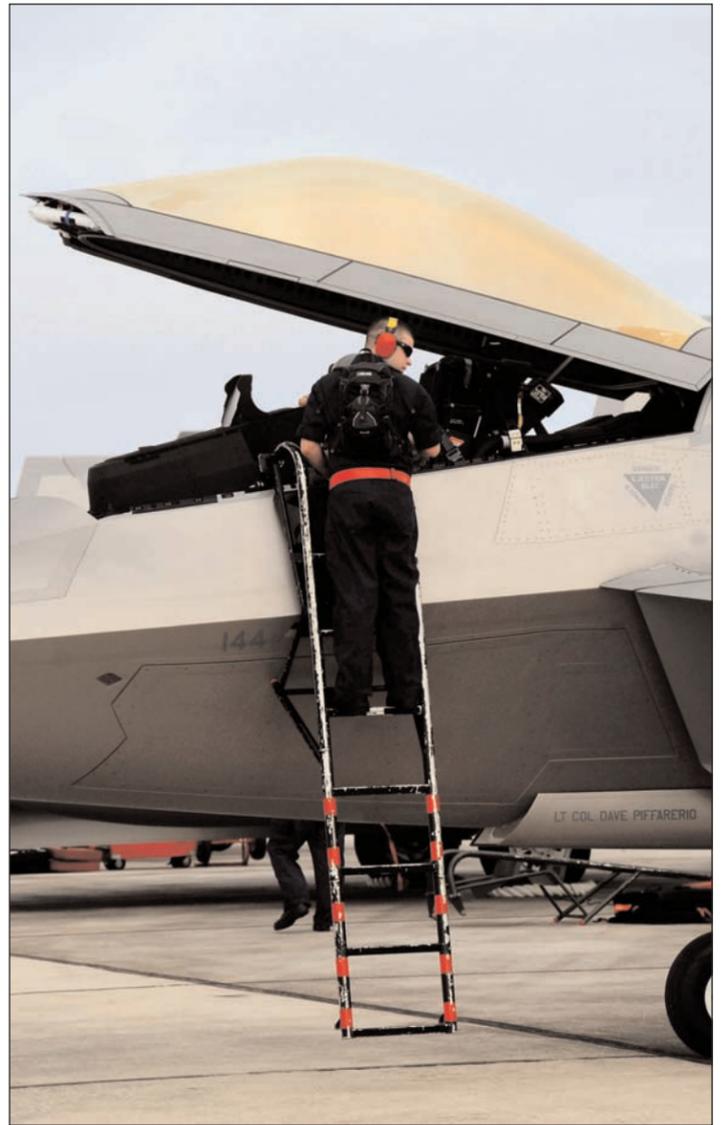
another to enable the Raptor to do its job if called upon. I know that everyone in our unit has learned something that will help them during their career and our hope is that we were able to share something new with the Airmen of Team Andersen," De Vite said.

The maintainers and pilots weren't just learning on the airfield and in the skies. The units' members combined for more than 90 college classes taken, with nine degrees earned and more than 340 credit hours

accomplished.

In addition to educational pursuits, the Airmen also showcased their spirit of volunteerism, racking up more than 1,000 hours volunteering locally.

"These Airmen exhibited a fine example of how to effectively be stewards to the mission, the community and themselves," Sanchez said. "Team Elmendorf is but one of many units Air Force-wide that takes our branch's core values and the standard to broader heights."



What did you do for Earth Day?

This year Earth Day was celebrated worldwide April 22 as a day to recognize the importance of conserving Earth's natural resources. Joint Region Edge asked service members what they did on Earth Day. Edge asked service members and a military spouse what they are doing to reduce their carbon footprint.



"I carpool every day. It's not just a one-day thing. Me and three other people have been carpooling for the past year and have saved on gas, and we've also helped the economy. We recycle all the time and our command recycles."

— Aircrew Survival Equipmentman 3rd Class Sharon Duncan, Helicopter Sea Combat Squadron 25



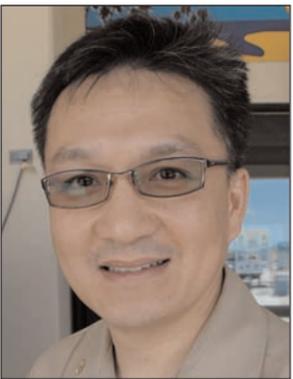
"I recycle all the time, so it's not just an Earth-Day thing. I do it everyday. I recycle my water bottles and my soda cans and all my cardboards. We're trying to preserve the Earth and keep everything running smooth."

— Engineman 1st Class (SW) Willie Robinson, Maritime Expeditionary Security Squadron 7



"We recycle cans. We try to separate our plastics and our biodegradable items in the trash, so we can try to help do our part in trying to save the earth."

— Lt. j.g. Louis Santos, Naval Recruiting District, Los Angeles



"My contribution is recycling. Recycling is very important to me and my family right now. Recycling means we recycle materials that we use inside the house, as well as the water we use. We capture water, rain water, for watering plants and so forth... My overall goal for my family is to understand that the world that we live in has limited resources."

— Lt. Cmdr. Khanh Q. Le, Navy Operational Support Center, Guam

Naval Base Guam youth go green

By Oyaol Ngirairikl

Joint Region Edge Staff

Children on U.S. Naval Base Guam (NBG) learned what they could do to help keep the environment healthy during Earth Day events held on Guam April 21-26.

Earth Day, which was recognized on April 22, promotes environmental awareness and encourages conservation of resources. NBG Child and Youth Programs (CYP) celebrated Earth Day with a series of activities revolving around gardening.

"Earth Day is special because it's the one day when we really focus on environmental issues," said Therese Meno, CYP recreation specialist. "For us at NBG Child Youth Program, it's an opportunity to teach the next generation of teachers and leaders about conservation of our resources and maintaining a green world."

Mae Lizama, CYP youth programs director, said getting the youth involved in Earth Day activities speaks to the Navy's theme for this year's celebration, "Partnering for a Greener Future."

"In this case we're partnering with our youth," Lizama said. "By teaching them now, we're helping to instill green habits that will hopefully grow and develop with them as they get older. And 20 years from now, Earth Day will take on a whole new meaning because these kids would have taken it to a whole new level — and it would have been, in part, what they're learning here with us."

On April 21, students in the CYP School Age Care program, which provides child care services for students 5-10-years-old, planted sunflower seeds. On the following day, teachers brought plant seedlings grown at their homes for children to plant in the garden.

Student Destiny Nicole Moore said she learned a lot during the planting process about where her food comes from.



Planting Seedlings: U.S. Naval Base Guam (NBG) Child and Youth Programs students pat the soil around and water a newly planted sunflower seedling at the NBG School Age Care program facility on Guam April 22. Seed planting was one of the Earth Day-related events held to help promote environmental awareness among NBG youth. (U.S. Navy photo by Oyaol Ngirairikl)

"My favorite part was digging the hole and putting the little baby plant in it so it can grow," Moore said. "When it grows up, it's going to give us sunflower seeds to eat."

In addition to planting activities, Meno said CYP also recycles as part of the Navy's efforts to conserve resources and reduce their

carbon footprint.

"We have recycling bins that we use for plastic containers, aluminum and paper, and those are a part of the base-wide recycling programs," Meno said. "It's great for us because the kids really get into it."

One such student is Grace Lynn Cotterell

who said she "loves recycling."

"It helps keep the earth healthy, and when I recycle it makes me feel good," Cotterell said.

For more information on Navy Earth Day events, visit www.earthday.org/campaigns/navy-earth-day-events.

Navy, Air Force support a greener future at Earth festival

By James Fee

Joint Region Edge Staff

The Navy and Air Force helped promote environmental awareness during the 2010 Guahan Earth Festival at Gov. Joseph F. Flores Beach Park on Guam April 24.

The Guahan Earth Festival is an annual event, hosted by the Guam Environmental Protection Agency (EPA) and Guam Energy Office, with members of government agencies, local businesses, nonprofit organizations and the military come out to foster an appreciation of the environment and endorse the preservation of its resources.

"The military for the past couple of years have been involved in this Earth festival with us," said Lorilee Crisostomo, administrator of the Guam EPA. "They always set up a booth and educate the public that they do their part, cleaning up the properties in the base and, at the same time, they protect the resources that are there. So this whole festival is how all of us play a part in caring for our environment."

At the festival, Joint Region Marianas (JRM) civilians manned a booth and passed out brochures encouraging recycling and water and energy conservation. The booth also had displays of some of the products JRM is using or plans to



Energy Awareness: Brite, center, the Joint Region Marianas energy awareness mascot, poses with 2010 Miss Earth Guam contestants at the 2010 Guahan Earth Festival at Gov. Joseph F. Flores Beach Park on Guam April 24. As a walking, energy-efficient, compact fluorescent lamp, Brite helps promote energy conservation throughout the military and local community. (U.S. Navy photo by James Fee)

use at its installations to become more energy-efficient. These products included solar panels for a 250-kilowatt solar array JRM is

building and solar-powered garden lights it is making available for its housing areas.

Kevin Evans, JRM energy

manager, said the military's participation was in keeping with region and Navy's theme this April of "Partnering for a Greener Future."

"We want to show the community that we are good stewards of our resources, show some of the things that we're doing here and show a way we're partnering with our community," Evans said. "For example, we partner with the Guam Energy Office. We partner with the communities in our sister villages. We want to show that we are committed to a sustainable future."

Evans said this commitment is evident throughout the Department of Defense (DoD), citing the DoD goal of generating 25 percent of its power from renewable resources by 2025.

The JRM booth also featured a commitment tree, allowing festival-goers to write pledges to help the environment on paper leaves and tape them to a tree display. There were also giveaways made of recycled materials encouraging recycling.

"We're trying to promote the idea that if you recycle, instead of buying new, you're conserving valuable resources, you're conserving water, you're conserving energy," said Russell Grossley, chief of pollution prevention, 36th Civil Engineering Squadron.

For more information on what you can do to help the environment or to report waste, call the JRM energy and water waste hotline at 339-7047.

Air Force officials launch Combat Airman initiative

By Tech Sgt. AmaanLyle

Secretary of the Air Force Public Affairs

Properly outfitted and equipped Airmen are essential to mission success, according to Air Force logistics officials who recently unveiled a new program focused on what Airmen wear and carry during training, at home station or deployed.

Air Force officials hosted an initial planning conference in March to implement the Combat Airman initiative, an Air Force-wide program that centralizes Airman clothing and equipment.

The initiative improves the capabilities provided to Airmen, improves Airman protection and safety and enables a more efficient and effective response to Airmen's requirements.

"There's no better way to care for Airmen than to ensure we get them the right equipment, the right clothing and the right tools to perform their missions," said Col.

Steven Morani, the Air Force Directorate of Logistics materiel support division chief.

"The Combat Airman (initiative) is all about taking care of Airmen and providing them with the right complement of equipment, certified by Air Force officials and readily available when they need it," Morani said.

It takes the guesswork out of what Airmen will need by integrating requirements across the Air Force and making those items available to help them perform their duties.

The colonel said Air Force

officials are taking the lessons from sister services and other Air Force functional communities that have figured out how to accomplish this.

"Outfitting Airmen through the traditional supply sources available to units hadn't been responsive to the demands of nine years of contingency operations," Morani said. "This has forced units and functional communities to equip Airmen just in time and often in a nonstandard approach. We've always gotten the job done, but the way forward is for Combat Airman to do much of the acquisition and procurement work associated with equipping Airmen."

The materiel needed to ensure Airmen are properly equipped to perform their duties in an expeditionary environment has increased significantly," Morani said. "The variety of operating environments and the fast-pace of technological advances demand that we actively seek out the best available gear on par with the developments our sister services are making."

The first step necessary to accomplish this is to get the requirements correct, Morani said.

"We need to know what our Airmen need, but also what is no longer needed," the colonel said. "Once we

solve the requirements determination piece, the rest is forecasting and determining the best place and time to issue that equipment to Airmen."

Through a centralized requirements process, the procurement and sustainment activities can respond and apply the necessary life-cycle support required to manage, sustain and ensure item compatibility with the rest of an Airman's gear. Accomplishing this will improve chances of successfully programming and resourcing future equipment needs, the colonel said.

The program is scheduled to be operational June 2011.

Naval Base Guam celebrates Month of the Military Child

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

The U.S. Naval Base Guam (NBG) First Class Petty Officer Association (FCPOA) hosted a Month of the Military Child celebration on base April 24.

April is the Month of the Military Child. More than 1.7 million American children under the age of 18 have at least one parent serving in the military and about 900,000 with one or both parents deployed

multiple times. This month offers the opportunity to focus on military children, recognize their sacrifice, and applaud their courage and continued resilience.

According to Master-at-Arms 1st Class (SW) Orlando McLeod, of NBG Security, one of the event's coordinators, the FCPOA feels it is important to let military dependents know that their sacrifices are appreciated.

"It's important to hold an event like this to let the kids know that we recognize the sacrifices they deal with when their parents go off

on deployment in support of our country," McLeod said. "We are also showing them some career options because these kids will be our future leaders."

The celebration featured child-friendly displays from several NBG units, including Fire and Emergency Services, Harbor Security, Dive Locker, Security's Special Response Team, as well as military working dog demonstrations by Security. NBG tenant command Explosive Ordnance Disposal Mobile Unit 5 also had a display.

The event was well-received and many parents brought their children out to learn and have a good time.

"It's great that the Navy does things like this in recognition of what our kids go through when their parents deploy," said Michelle Paxton, wife of Hull Maintenance Technician 1st Class (SW) Joshua Paxton of USS Frank Cable (AS 40). "My two girls are really enjoying the festivities — especially the fire trucks!"

Chief Electronics Technician (SS) Keith Deliteris, of Submarine

Squadron 15, added that the event would have a positive effect on the lives of the children by helping them understand the jobs in the Navy that save lives.

"My dad was a cop; grandpa a fireman. I really want my son to be familiar with those jobs and it's great that the Navy has events like this to familiarize kids with those fields," Deliteris said.

The mission of the FCPOA is to foster improved morale and esprit de corps, and to put forth a positive image of the United States Navy, the command, and the association.



Future Fireman: A young military dependent honks the horn of a fire truck during the Month of the Military Child celebration on U.S. Naval Base Guam April 24. April is recognized as the Month of the Military Child and offers the opportunity to focus on military children, recognize their sacrifice, and applaud their courage and continued resilience. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Guarded: Master-at-Arms 2nd Class Shannon Golden, of U.S. Naval Base Guam (NBG) Security, shows a young military dependent an arm guard that is utilized when training military working dogs during the Month of the Military Child celebration on NBG April 24. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Making Friends: Kids say hello to Primo, the U.S. Naval Base Guam (NBG) Fire and Emergency Services mascot, during the Month of the Military Child celebration on U.S. Naval Base Guam April 24. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

Naval Hospital Guam gives chiefs a treat



Pied: Senior Chief Hospital Corpsman (FMF/SW) Jerry Ramey, left, takes a pie in the face from Hospital Corpsman 3rd Class Bashanda Peay both of U.S. Naval Hospital Guam, outside the hospital April 23. The two were taking part in a hospital fundraiser for the 112th Hospital Corpsman Birthday Ball, which takes place on June 19 at the Guam Marriott Resort and Spa. By paying a dollar a vote, hospital staff could vote for chiefs to get a pie in the face. Fourteen chiefs participated in the fundraiser. Ramey and Command Master Chief (SW/AW) Donald Singleton were the top two vote-getters and the lucky recipients of pies. The hospital raised \$801 for the ball. Photo intentionally masked for security purposes. (U.S. Navy photo by Information Systems Technician 1st Class (SW) Carlton Whittle)



For a Good Cause: Command Master Chief (SW/AW) Donald Singleton, left, poses for a photo after taking a pie in the face from Hospitalman Paige Gerkin, both of U.S. Naval Hospital Guam, outside the hospital April 23. The two were taking part in a hospital fundraiser for the 112th Hospital Corpsman Birthday Ball, which takes place on June 19 at the Guam Marriott Resort and Spa. (U.S. Navy photo by Information Systems Technician 1st Class (SW) Carlton Whittle)



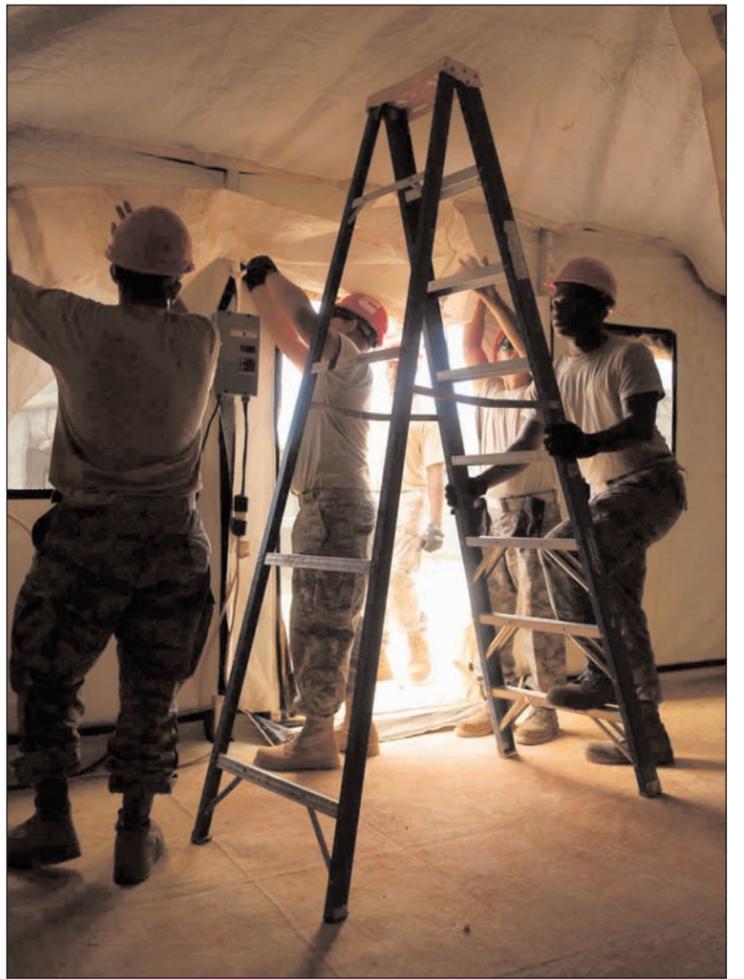


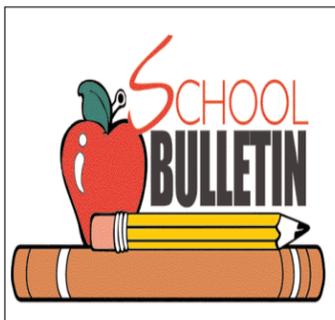
ORE: Members of Team Andersen take part in the Operational Readiness Exercise (ORE) on Andersen Air Force Base (AFB) April 20-21. Andersen AFB used the weeklong exercise, which ran April 19-25, to test its response to a myriad of real-world contingencies.

The 36th Wing's Inspector General Team and Exercise Evaluation Team members administered the test, having previously tested Andersen AFB's capabilities in October, November and January, each time increasing operational intensity, creating challenging scenarios and raising expectations to more daunting heights.

The April ORE showcased a high level of teamwork throughout Andersen AFB. Everyone from first responders to communications squadron Airmen were tested to see how they would respond to a wide variety of threats. Among the scenarios were simulated aircraft and structural fires and the Ability to Survive and Operate rodeo, which tested Airmen's ability to survive and operate through self-aid buddy care scenarios, as well as chemical attack exercises. When all was said and done, the exercise tested the operational capabilities of Andersen as a whole.

The ORE also serves as fine-tuning for the upcoming Operational Readiness Inspection later this summer. This exercise provides needed training and gives team Andersen a chance to test itself in a higher stress-environment and tempo than normal. (U.S Air Force photos by Airman 1st Class Jeffrey Schultze)





School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

DoDEA

A second dose of Varicella vaccine has been added to the required minimum immunizations for school year 2010-2011. Parents are encouraged to check with their child's school for a full list of required immunizations.

Andersen Elementary School

Parents are encouraged to volunteer on the School Year 2010-2011 Parent-Teacher Organization (PTO) board. For more information about vacancies, contact Glynda Richter at andersen_aespto@yahoo.com.

McCool Elementary/Middle School

- Teacher Appreciation Week is May 2-8 and to celebrate McCool teachers' dedication, the parent teacher organization is holding a Teacher Appreciation Breakfast May 7, 8:30 a.m. Parents who want to contribute a dish or have a flare for making a table look beautiful can e-mail McCool PTO@yahoo.com.

- The Parent-Teacher Organization will meet May 5, 8:30-9:30 a.m. at the school. All parents are encouraged to attend.

Guam High School

The earliest date to withdraw with credit under PCS orders is May 19. Sponsors must complete the accelerated withdrawal request. The form is available in the front office. A copy of the PCS orders must be provided.

Phone Numbers:

Andersen Elementary School:
366-1511

Andersen Middle School:
366-3880/5793

Commander William C. McCool
Elementary/Middle School:
339-8678

Guam High School: 344-7410

Department of Defense
Education Activity office:
344-9160

Navy College Office: 339-2485

Andersen Education Office:
366-3170

Andersen AFB and NBG summer camps

Andersen Air Force Base

Register at the Youth Center by the Friday prior to the start of each weekly camp. Each camp cost \$40 and will take place at the Youth Center, Bldg. 1622. The camps are open to youths ages 6-18, with the exception of the Sport Camp, which is for youths ages 9-18. Schedule is subject to change. For more information, call 366-3491 or 366-7706.

What: Archery Camp

When: June 21-25

What: Basketball Camp

When: June 28-July 1

What: Soccer Camp

When: July 5- July 9

What: Tech Club

When: July 12-16

What: Cultural Camp

When: July 19-23

What: Kids in the Kitchen Camp

When: July 26-30

What: Sports Camp

When: Aug. 2-6

What: Drama Camp

When: Aug. 9-13

What: Creative Arts and Crafts Camp

When: Aug. 16-20

U.S. Naval Base Guam

Registration for camps is May 3-31. Registration packets are available at the NBG Child Development Center (CDC) at Bldg. 1983. The cost for each weekly camp starts at \$59 and is based on family household income. All camps are for youths ages 6-12 and take place in the School Age Care facility, Bldg. 1983A. Individual camp orientations are held Friday, 11 a.m., the week prior to camp start date. For more information, call 564-1844.

What: Wild and Wacky Adventures

When: June 21-25

What: Blast from the Past

When: June 28-July 2

What: Yummy in My Tummy

When: July 6-9

What: All-Star Week

When: July 12-16

What: Earth, Wind and Fire

When: July 19-23

What: Jungle Fever

When: July 26-30

What: We Are the World

When: Aug. 2-6

What: Cosmic Explosion

When: Aug. 9-13

What: Trail Blazin'

When: Aug. 16-20

What: Rockin' Robin

When: Aug. 23-27

Festival builds camaraderie among student musicians

By Oyaol Ngirairikl

Joint Region Edge Staff

Streams of music erupted from Commander William C. McCool Elementary/Middle School during the annual Friendship Festival April 23.

The festival was hosted by McCool, located on U.S. Naval Base Guam, for the fifth straight year. Bands from Luis P. Untalan Middle School, Andersen Middle School (AMS), Harvest Christian Academy, and McCool united to create a single band more than 150 students strong.

“It’s such a special event because you have all these young musicians who come together and learn how to play under a different director, which is important to their growth as musicians,” said Jan Goldhorn, McCool band instructor. “Each of the directors from the different schools has their own style, and learning how to change to meet these new expectations is a necessary part of learning and growing



All Together Now: Band members from Commander William C. McCool Elementary/Middle School, Luis P. Untalan Middle School, Andersen Middle School and Harvest Christian Academy play together under the direction of McCool music instructor Jan Goldhorn during the Friendship Festival April 23. (U.S. Navy photo by Hospital Corpsman 1st Class (SW) Kirklin Kinney)

as a musician because it’s highly unlikely you’ll be with just one director for your entire musical

career.”

Together the bands played a variety of songs, including a mesh

of theme music from the Air Force, Army, Coast Guard, Marine Corps, and Navy. Even the audience took part in the performance, standing proudly when the song for a service in which they had family members was played.

Celina Cruz, whose daughter Aubreylynn Cruz, plays the French horn for Untalan, said she was astounded by the bands’ performance.

“I’ve heard some of the individual schools perform at other events and it makes me so proud because they all have so much talent,” Celina Cruz said. “Having McCool bring the four schools together is really awesome because it promotes camaraderie in our island home, and the kids get to learn different styles from different teachers. It’s just such a wonderful event, and I’m so glad McCool continues to do it.”

Jamal Taylor, an AMS student who plays the bass clarinet, said he enjoyed the day spent practicing and performing side-by-side with students whom he had recently

competed against at the Tumon Bay Festival.

“I made a lot of friends today and that was the coolest part,” Taylor said. “We had a really long practice session to kind of blend all the schools’ sounds and styles, and I really appreciated how each of the directors paid attention to our individual needs as musicians. I learned a lot.”

Jason Martin, AMS band director, said the event is a great way to bring students together to learn from each other.

“The opportunity for the students to play together and to play under different directors really helps build the students’ musical experience and abilities,” Martin said. “The range of abilities here tonight ranges – and as such it’s a great way for students who are not as experienced to learn from their more seasoned counterparts. It’s also a great way to build relationships between the students from different schools using music as a common thread.”

Festival on May 8 to promote Guam food

By Jesse Leon Guerrero

Joint Region Edge Staff

Guam Visitors Bureau (GVB) welcomes all local and military residents to learn more about the island's foods at the Maila Ta Fan Boka Festival 2010 at the Agana Shopping Center May 8, 1 p.m.

Maila Ta Fan Boka means "Come and let's eat" in Chamorro. The festival will feature a food competition and presentations with chefs expected to participate with a mix of recipes.

Ernie Galito, GVB deputy general manager, said festival judges will score the dishes based

on the creativity, taste and presentation.

"We're going to limit it to certain key dishes," Galito said.

This event is a first for GVB, which is partnering with Guam Community College, Guam Hotel and Restaurant Association and the Micronesian Chefs Association. It coincides with May as Tourism Month.

Galito said the Maila Ta Fan Boka festival is important because it will help create a more recognizable identity for Guam food, as seen by tourists and others new to the island.

"The only people who know about food on Guam are those who are from here," Galito

said. "Food is one of the ways we can promote our culture. We're a very dynamic culture, even though we have a 3,000-year history."

Galito explained many Guam foods, like Guam cultural values, have a Chamorro origin, but have also been shaped by outside influences. Guam is home to people from the Philippines, Asia and other islands in the Pacific and incorporates those influences, as well as both Spanish and American practices. Red rice, chicken kelaguen, fried lumpia and other popular foods seen at fiestas and local stores show a combination of those influences.

The May 8 event will come at the tail-end

of media tours by food magazine writers and editors from five different countries and a professional chefs' competition May 6 and May 7, respectively. Galito said the purpose of all this is, while GVB wants everyone to enjoy the sun and surf at Guam's beaches, they should be aware Guam is much more than that.

"Tourists always want to know about our food, but they have to be able to find it," Galito said. "We want to promote what's local by making it available."

For more information, visit GVB online at www.visitguam.org or call 646-5278.

Mata'pang: The man behind the infamous word

By Jesse Leon Guerrero

Joint Region Edge Staff

In Chamorro households and wherever people gather, it's not too uncommon to hear someone describe another as "mata'pang." Be careful of its use, though, because mata'pang is a derogatory term, used to describe someone else as being rude, close-minded or stubborn. Through extended use over time, the word has lost a bit of its edge. To really understand its meaning, it helps to understand its origin.

Mata'pang is a distinctly Chamorro word named after a Chamorro who lived during the Spanish era of Guam's history. Mata'pang, the man, was no ordinary person, and ruled the village of Tomhom in the 17th century as a maga'lahi, or chief in English.

At this time, Spanish missionaries were actively converting Chamorros to Roman Catholicism and Mata'pang was one of those early converts. This relationship was peaceful at the beginning with the Spaniards, who were led by a priest named Father Diego Luis de San Vitores. That changed over time when Chamorros grew resentful of the way their language and other customs were being replaced. Chamorro deaths had also increased due to foreign-borne illnesses.

Despite the growing distrust and animosity between Chamorros and the Spanish, San Vitores and his assistant, Pedro Calangso, visited Mata'pang's home and baptized Mata'pang's daughter. It is unclear whether San Vitores came unannounced or if he had been invited into the home by



Old Story: Statues of Mata'pang and Hurao, background, two Chamorro chiefs, prepare for an attack against Father Diego Luis de San Vitores, center, a Spanish Catholic priest, in this reenactment of San Vitores' martyrdom at a garden behind Guam Reef Hotel in Tumon. Mata'pang is believed to have killed San Vitores in response to the priest's baptism of Mata'pang's daughter in 1672. (U.S. Navy photo by Jesse Leon Guerrero)

Mata'pang's wife. What is known is that Mata'pang and Hurao, another Chamorro, attacked and killed both San Vitores and Calangso.

As a result of this act of rebellion, Spanish colonization efforts increased and Mata'pang was

forced to flee to the neighboring island of Luta, known as Rota today. Although Mata'pang continued to resist the Spanish, he was captured and killed in 1680.

Since then, the chief's name grew as an example of one who acts without thought or consider-

ation and is resistant to change. Although some Chamorros believe instead Mata'pang serves as an inspiration of the fighting spirit within the Chamorro people.

Local residents, tourists and other visitors can contemplate Chief Mata'pang's life and death

at a memorial for San Vitores behind Guam Reef Hotel in the former Tomhom, now known as Tumon. Whether or not one agrees with his actions, it is clear that Mata'pang played a part in shaping the language and culture of Guam's people.

FREE

Build your own Transportation Contest

U.S. Naval Base Guam youth are encouraged to participate using recycled items to build a transport system at the Teen and Youth Centers.

Deadline to turn in project is May 17. For more information, call 339-6130.



Mother's Day card for free! All materials will be provided. For more information, call 564-1833.

Get Financially Savvy

Join Fleet and Family Support Center May 4, 10-11:30 a.m. at Bldg. 106 on U.S. Naval Base Guam. Learn to develop your financial goals using the "SMART" method. Sailors will learn the basics of tailoring a financial plan to meet both needs and wants and will ultimately help them achieve their financial goals. For more information, call 333-2056.

Anger Management

Join Fleet and Family Support Center May 4, 1-3 p.m. Learn methods to effectively

control and manage anger by learning to recognize the source and impact of these emotions. For more information, call 333-2056.

Acoustic Soloist Performance

Enjoy an acoustic soloist performance May 5, 6- 8 p.m. For more information, call 564-1833.

Andersen's Biggest Loser Competition

Registration continues through May 7 at Coral Reef Fitness Center on Andersen Air Force Base. Competition is May 17-Aug. 6. Weigh in is May 10-14, 8 a.m.-3:30 p.m., for males and 3-10 p.m. for females. For more information, call 366-6100.

Chamorro Village

Take a free trip to Chamorro Village every Wednesday. Single Sailors and geographical bachelors can catch a shuttle at 6 p.m. from Single Sailor Sanctuary. Sailors at the Ordnance Annex can catch the shuttle 6:30 p.m. at Silver Dolphin. For more information, call 564-2280.

Tarague Beach

Tarague Beach is currently open for swimming Fridays, Saturdays and Sundays, 10 a.m.-6 p.m. During these days/times, swimming is authorized only in the designated marked swimming area, and only when a lifeguard is present. For more information, call 366-5197.

Make a FREE Mother's Day card From May 3-7, 6-9 p.m., bring the kids to Nap's Alabama BBQ to make a

UNDER \$10

Hike to Carlos Falls
 Rated difficult, this hike will take you from Nimitz Hill down the valleys to cool swimming holes. Cost is \$5 per adult. Show at Rec N' Crew at 8:15 a.m. Deadline to sign up is May 8, 1 p.m. For more information, call 564-1826.

Game Time Sports Grill
 Begin or end your day with a delightful meal at Game Time Sports Grill. The overlook of the golf course offers a relaxing

atmosphere for breakfast, lunch or dinner. Breakfast specials are served daily ranging from \$4.50-\$5.50. Breakfast hours are 6-10:30 a.m. Lunch specials also served daily and are only \$6.95 with fountain soda. Lunch hours are 10:30 a.m.-3 p.m. Also enjoy 18 holes of golf and a lunch package available at the Pro Shop for \$46 per person. For more information, call 344-5838 or 734-2155.

Breakfast at Top of the Rock
 Starts below \$10. Breakfast

hours are Monday-Friday, 6:30-9:30 a.m.; Saturday-Sunday, 7:30-9:30 a.m. For more information, call 366-6166.

2 for 1 at Gecko Lanes
 Get two games for the price of one and have twice the fun Monday-Saturday, 6-10 p.m. For more information, call 366-5085.

\$10 AND UP

Jazzy Sundays
 Sundays from 5-8 p.m. at Willie's Beachside Jazz on Andersen Air Force Base. Enjoy a relaxing evening at the beach while you

listen to great jazz music. If you get hungry, you can order one the delicious offerings from our Bamboo Willies menu. For more information, call 366-6100.

Orote Point Lanes Family Deal
 Family Value Package at Orote Point Lanes available on the following days and times: Sunday, 10:30 a.m.-10 p.m.; Monday-Thursday 10:30 a.m.-6 p.m. and 9-10 p.m.; Friday and Saturday 10:30 a.m.-midnight. Cost is \$40 per lane with a limit of five people. Fee covers two hours of bowling, shoe rentals for five people, one large single-topping pizza, and one pitcher of soda. For more information, call 564-1828.



FRIDAY, APRIL 30

7 p.m.: Alice in Wonderland • PG

SATURDAY, MAY 1

2 p.m.: Alice in Wonderland • PG

7 p.m.: The Bounty Hunter • PG-13

SUNDAY, MAY 2

7 p.m.: Repo Men • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, APRIL 30

7 p.m.: Alice in Wonderland • PG

9:30 p.m.: Copout • R

SATURDAY, MAY 1

1 p.m.: Percy Jackson & the Olympians: Lightning Thief • PG

3:30 p.m.: Our Family Wedding • PG-13

7 p.m.: The Wolfman • R

SUNDAY, MAY 2

1 p.m.: Alice in Wonderland • PG

3:30 p.m.: Our Family Wedding • PG-13

7 p.m.: The Wolfman • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwrquam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass
Monday-Wednesday, Friday
11:40 a.m. Weekday Mass
Saturday, 5:30 p.m. Mass
Sunday, 9 a.m. Mass
CCD Sunday, 10:15 a.m.
Choir Practice
Wednesdays, 6 p.m.
Protestant Worship
Service
Sunday, 10:30 a.m.
Protestant Sunday School
Sunday, 9 a.m.

Women's Bible Studies
first & third Wednesday
8:30 a.m.

Women's Studies
Second & fourth
Wednesdays, 6:30 p.m.

Choir Practice
Tuesdays, 6 p.m.
Jewish Shabbat
Fridays, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass
Sunday, 9 a.m.
Monday-Friday, 11:30 a.m.
CCD
Sunday, 10:30 a.m.

Andersen Air Force Base

Roman Catholic Mass
Chapel 1
Saturday, 5 p.m.
Sunday, 9:30 a.m.
Monday-Thursday, 11:30
a.m.

Sunday Protestant
Worship
Chapel 2
General Worship 9 a.m.
Inspirational Gospel 11:30
a.m.

Sunday Religious
Education
Chapel 2
Catholic R.E., 8 a.m.
Protestant R.E., 10:30 a.m.

*Schedules subject to
change without notice. To
confirm times or for more
information about the
programs, call the chapels
at the following numbers:*

Andersen Air Force Base
366-6139
Naval Base Guam
339-2126
Naval Hospital Guam
344-9127

Just say no to compromising

By Lt. Sherri L. Garrett

USS Frank Cable (AS 40)

Compromising is defined as settling differences by mutual concessions; an agreement reached by adjustment of conflicting or opposing claims, principles, etc, by reciprocal modification of demands.

The Bible is full of stories on compromising and it is full of stories on men and women who were strong enough to flee from evil and hold onto God's unchanging hand.

There are scriptures that illustrate faithfulness and ones determination to stay on the straight and narrow path of righteousness. There were those who loved God more than they loved any man,

woman, or possession.

In Daniel 1-3, four young men Daniel (God is my judge), Hannaniah (God is gracious), Mishael (God is without equal), and Azariah (The Lord is my helper), were taken from their home near

Jerusalem where they grew up learning about God and how to live for God. They were captured for slavery and brainwashing. The four men found themselves bound in foreign land amongst heathens. The

king of the territory, Nebuchadnezzar, changed their names from Daniel to Belteshazzar (Bel will protect), Hannaniah to Shadrach (Inspiration of the sun), Mishael to Meshach (Belonging to Aku), Azariah to Abednego (Servant of Nego).

The king's mission was to

change their way of thinking, learning, eating, and convince them to conform to his religious standards of worshiping an idol made of gold.

The fantastic four loved and honored God so much that the king could not persuade them to turn against the One who gave them life, strength and the power to endure. Their desire was to serve God no matter what happened to them. They were willing to die rather than compromise.

How many of us are willing to put our lives on the line for God? Can we walk away from a compromising situation? When that sexy coworker tries to seduce you while your wife is out of town, can you flee from evil or will you compromise? Your friend has the answers to an exam will you say "no thank you" or will you compromise. There was a mishap on the ship and it was your fault, will you own up to it or will you compromise and blame it on someone else?

As we continue to live, there are

going to be constant attempts to get us to compromise our spiritual standards. We will be tempted and tested, however, during our trials and tribulations God has promised to help us when we face times of testing.

We have the power to walk in the will of God and refuse to conform to the ways of wickedness. 1 Corinthians 10:13 (NLT) says, "The Temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted He will show you a way out so that you can endure."

Our hope is in the fact that God understands our weaknesses and He is willing to come to our rescue, especially if we call upon His name with faith and ask for help.

We do not have to lower our standards; we can rise above wrongdoing. We can say, "No" to compromising and say, "Yes" to the will of God. The safest place to be is in the will of God.



MWR, 36th FSS celebrate National Fitness Month

By Sarah Marshall

Joint Region Marianas WarFighter and Family Readiness

Navy Morale, Welfare and Recreation (MWR) and 36th Force Support Squadron (FSS) are offering a variety of options to get your heart pumping in recognition of May as National Fitness Month.

At Naval Base Guam, MWR will kick off the celebration during the upcoming Navy Exchange Customer Appreciation Weekend with the 1.5K/5K Fun Run for Kids on May 1, which has a show time of 7 a.m. and a go time of 7:30 a.m. and starts at the Orote Commissary parking lot. The Black Drongo 5K on May 8 and the Mystery Run on May 14, both starting at Sumay Cove Marina and both with show

times of 5:30 p.m. and go times of 6 p.m. More serious runners can strut their stuff at the Competitive 15K May 22, which has a show time of 5:30 a.m., a go time of 6 a.m. and starts at Ebbett Field.

Up at Andersen Air Force Base (AFB), 36th FSS is holding the Cinco De Mayo 5K on May 5 at Tarague Beach, with a show time of 6 a.m. and a go time of 6:30 a.m. The Coral Reef Fitness Center will offer a Squat Strength Contest May 13, which has a show time of 4 p.m. and a start time of 4:30 p.m.; a Free Throw Contest May 21, show time 5:30 p.m. and start time 6 p.m.; and the Memorial Day Islandwide Volleyball Tournament May 21-23, with times to be determined based on the number of teams.

Also, participants in the Air Force FitFamily Program can earn double points during Fitness Month.

Besides running, there are other ways to have fun and get fit. A person can burn 350 calories an hour playing golf, and both Admiral Nimitz Golf Course and Palm Tree Golf Course offer free golf clinics as well as affordable family golf packages. Rent a kayak from Rec-N-Crew on NBG for only \$3 an hour and burn 342 calories per hour while exploring Apra Harbor. Bowl away 210 calories an hour at Orote Point Lanes on NBG or Gecko Lanes on Andersen AFB.

"We are trying to offer so many different things for our families to come out and enjoy together," said Stacey Neill, Navy Morale,

Welfare and Recreation (MWR) fitness coordinator. "Fitness is a great outlet for our families and our youth. It reduces stress and helps promote a healthy lifestyle."

One of the fitness program that definitely doesn't get the attention it deserves, Neill said, is the free women's self defense classes at Charles King Gym (CKG), which are being held every Tuesday 6:30-7:30 p.m. until May 25.

"This subject is so important for women of all ages to be proactive about," Neill said. "Sexual assault can happen to anyone."

MWR and 36th FSS make it easy to keep leading an active lifestyle even after Fitness Month is over. They offer group fitness classes six days a week, youth and adult sports teams, themed runs

every month, swim classes, personal trainers and more. One can also eat healthier by ordering low-calorie options like the southern salads and grilled mahi mahi at Nap's on NBG, the fire-roasted jumbo shrimp at NBG's Clipper Landing or the heart-smart breakfast sandwich at Andersen AFB's Café Latte.

Stop by Charles King Gym any time in May and fill out the fitness survey with your comments and suggestions about how the MWR fitness staff can improve current fitness programs, services and hours to meet your needs.

For more information on Fitness Month and fitness facilities on NBG-go to www.mwrguam.com or call 564-1824. For Andersen AFB fitness information, go to www.36FSS.com or call 366-6100.

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Women's Self Defense Class

Navy Morale, Welfare and Recreation (MWR) is holding a women's self defense class every Tuesday until May 25, 6:30-7:30 p.m. at Charles King Gym (CKG). Open to MWR patrons 16 years old and up. Register at CKG. For more information, call 564-1856 or 339-1301 or visit www.mwrguam.com.

Black Drongo 5K

Race is May 8 at Sumay Cove Marina with 5:30 p.m. show times and 6 p.m. go time. All ages are invited to participate. Register at Charles King Gym. Race is free. T-shirts each cost \$5. For more information, call 564-1856 or 339-1301.

Armed Forces 5K

The Armed Forces 5K will take place May 8 at Paseo Field near Chamorro Village. Show time is 5:15 a.m. and go time is 6 a.m. This event is in support of the 2010 Navy-Marine Corps Relief Society Fund Drive. Pre-register at Homet Sporting Goods in Tamuning. Tickets are \$5 for students and \$7 for adults. For groups of up to four people the cost is \$20. On the day of the race, tickets are \$10 for both students and adults. T-shirts will be given to the first 300 finishers. For more information, call 564-1880.

Admiral's Cup Volleyball

Play starts June 14 at Charles King Gym. Registration is now through June 5 at Charles King Gym. Forms are online at www.mwrguam.com. For more information, call 564-1861.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Aerobathon

Help kick off May Fitness Month by joining the Andersen Air Force Base Aerobathon, May 1, 8 a.m.-2 p.m. at the Coral Reef Fitness Center gym. We will be offering all of the classes that are currently available at the fitness center. A massage therapist will be giving free five-minute massages from 11 a.m.-1 p.m. For more information, call 366-6100.

America's Armed Forces Kids' Run

The annual America's Armed Forces Kid's Run will take place May 15 at the Andersen Air Force Base running track across from the Meehan Theater. Show time is 7:30 a.m. Start time is 8 a.m. There will be several age groups: children ages 6 and under will run a half mile; ages 7-8 will run one mile; ages 9-13 will run two miles; and ages 13 and over will run five kilometers. Parents are welcome to run with their children. Register in advance at the Youth Center, Teen Center or Hotspot. For more information, call 366-2339.

Base Championship Tournament Start getting in some practice rounds now so you'll be ready for the Palm Tree Golf Course annual Base Championship Golf Tournament May 15-16. Entry fee is \$40 for Palm Tree members and \$60 for nonmembers. There will be both men's and women's divisions flighted by handicap. Trophies will be awarded and there will be plenty of great door prizes. For more information, call 366-4653.

Youth basketball on at Andersen AFB



Driving: Members of the Sonics try to stop a member of the Nuggets as she makes her way to the net April 17 at the HotSpot as part of Andersen's Youth Center basketball program. The youth is the daughter of Master Sgt. Jose Magana and Angela Magana, both of the 36th Force Support Squadron. (U.S. Air Force photo by Master Sgt. Carrie Hinson)