

JOINT REGION EDGE

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Thousands attend NEX festivities

By Oyaol Ngirairikl
and Mass Communication
Specialist 2nd Class (SW)
Corwin Colbert

Joint Region Edge Staff

Military service members and their families attended Navy Exchange (NEX) Customer Appreciation Weekend on U.S. Naval Base Guam (NBG) April 29-May 2.

From meeting Congressional Medal of Honor recipients to watching martial arts, fencing, magic, bike and skateboarding and musical performances, NEX patrons described the four-day long event as "incredible," "exciting" and "pretty cool."

NEX hosted the event to thank its customers and honor the military and their families for their service.

Command Master Chief (SW/AW) Loretta Glenn, of Navy Exchange Service Command, said the weekend celebration was a collaborative effort between NEX,

Navy, Morale Welfare and Recreation (MWR) and their vendors.

"Our mission first and foremost is we provide quality products, and we support quality of life programs for the Navy," Glenn said. "This is a way for us to say to the Sailors and their families and the authorized patrons that shop NEX and MWR, 'Thank you for supporting us.'"

Glenn said she is proud of what NEX Guam did to make the event

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Meeting a Hero: KatieBeth Pierson, center, introduces her daughter to Congressional Medal of Honor recipient Kenneth Stumpf during an autograph session with Stumpf and fellow Medal of Honor recipient Donald Ballard at the Navy Exchange (NEX) on U.S. Naval Base Guam May 1. The autograph session was one of many events NEX held for its Customer Appreciation Weekend, which ran from April 29-May 2. (U.S. Navy photo by Oyaol Ngirairikl)



Team Andersen volunteers recognized for service



By Senior Airman
Shane Dunaway

36th Wing Public Affairs

Andersen Air Force Base senior leaders and unit representatives recognized base and local community volunteers for their unrelenting efforts during a ceremony held at the Sunrise Conference Center on

Spirit of Giving: Senior Airman Robin Lumm, 644th Combat Communications Squadron communication focal point technician, and Senior Airman Vanessa Fuentes, 36th Wing Public Affairs videographer, prepare cards for the "Share the Spirit" holiday gift drive here Nov. 18. (U.S. Air Force Photo by Airman 1st Class Julian North)

Honorees

For a list of volunteers recognized for their efforts April 30 on Andersen Air Force Base, see page 11.

base April 30.

Angela LeMay, 36th Force Support Squadron community readiness technician, presented Col. Tod Fingal, 36th Wing vice commander, a \$300,000 "check," representing the monetary value of each volunteer's dedication and diligence.

"I am extremely proud of the selfless contributions Andersen AFB's Airmen, civilian employees and family members have made over the past year," Fingal said. "Their more than 30,000 volunteer

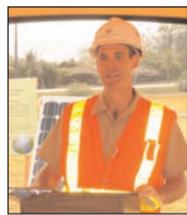
hours has significantly improved the quality of life for both Andersen Air Force Base personnel and the local community."

Throughout the year, volunteers made their presence felt across the island of Guam, assisting with causes like Airmen Against Drunk Driving, Boys' and Girls' Club, Big Brother/Big Sister, Habitat for Humanity and dozens of other base-affiliated and local organizations and charities.

"It could take us all day to cover the many contributions our volunteers have so generously made," LeMay said during the ceremony. "Those being honored tonight have served as role models within our community, and we are truly grateful."

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NBG Goes Green
NAVFAC breaks ground on solar energy system on NBG.

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Exercise Sea Guardian

Coast Guard takes part in exercise in Pohnpei.

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Title Winners
554th RED HORSE Squadron wins flag football championship.

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Certified Volunteers

The following Team Andersen members received a certificate to commemorate their contributions April 30 at the Sunrise Conference Center on Andersen Air Force Base:

Erin Aaron	Gus Castro	Tysha Hallman	Tech. Sgt. Brian Marseglia	Kristi Shreckengest
Erika Absher	Joseph Castro	Amy Harris	Terressa Mathews	Lisa Smith
Ruby Acasio	Shelia Castro	Tech. Sgt. Darrell Harris	Anastasia Maume	Rebecca Soares
Rachel Ager	Cynthia Coleman	Catherine Harrington	Andrea Mayer	Keith Sohn
Fran Aftanas	Tech. Sgt. Robert Coleman	Kristie Hartman	Ursula McGrue	Elaine Sorrell
Lucy Aguon	Jessie Cordero	Angela Hayes	Suzann Mease	Miranda Spitler
Tricia Allen	Michael Covington	Jennifer Hayslett	Maria Monkman	Theresa Szwerluga
Abraham Amison	Sarah Cripe	Jackie Herzer	Marquita Mundell	Watoma Taylor
Amanda Arndt	Maryann Davit	Michelle Hicks	Linda Nixon	Catilin Thomas
Corinne Ashbeck	Tech. Sgt. Tiffany Dawsey	Marissa Himes	Stacey Olson	Senior Master Sgt. Kevin Thomas
Tech. Sgt. Tony Ashbeck	Intalico Debrum	Lorelei Hinsvark	Debra Papalia	Stephanie Thomas
Nina Augustine	Airman 1st Class Savana De Jesus	Airman Matthew Hochstein	Stephanie Parry	Lauren Thomas
Cathy Beam	Teoni Dominick	Airman 1st Class Adam Hughes	Albert Perez	Matthew Thomas
Carrie Beliles	Katrina Dore	Gena Hughes	Molly Phillips	Sidney Thomas
Capt. George Bell	James Duff	Senior Airman Taiwan Jackson	Staff Sgt. LaShawn Powell	Wanda Thompsen
Vivianna Bendixson	Cory Ekhaml	Donald Jones	Arturo Ramirez	Robert Thorpe
Melisa Binkey	Cory Ekhaml	Nikki Jones	Robert Ratzler	Christy Todd
Cristel Boedecker	Tracy Fanning	Tess Jones	Felixberto Reyes	John Toomey
Karen Brewer	Jackie Fejeran	Joanne Kayser	Jocelyn Reyman	Courtney Triplett
1st Lt. Jason Brown	Staff. Sgt. Roy Ferguson	Lt. Col. Kurt Kayser	Glenda Richter	Paul Triplett
Staff Sgt. Nathen Bullard	Rhonda Fingal	Missy Kersey	Audrey Roberts	Beth Twilley
Kim Burnham	Eddie Franklin, Jr	Senior Master Sgt. Anthony Koberstein	Jessica Rodgers	Annie Vandebussche
Ignacio Camacho	Heather Frantz	Stephanie Lawson	Tech. Sgt. Brian Rodriguez	Sarah Vinch
Linda Campbell	Airman 1st Class Anthony Friday	Tonya Laughlin	Twinonetta Rosenberg	Johnnie Voegtly
Karee Campos	Erin Frostic	Amanda Lindsay	Master Sgt. Noel Roque	Chief Master Sgt. Richard Webb
Marie Carpizo	Tech. Sgt. Jason Funk	Larry Lindsey	Lina Ruhlman	Wendy Wieder
Lori Castil	Kim Funk	Angela Marie Lizama	Yolanda Sabido	Staff Sgt. Danita Welch
Ralph Castil	Tech. Sgt. Staci Funk	Ray Lleneta	Jennifer Schumacher	Staff Sgt. Christopher West
	Deedee Gary	Graciano Lupercio	Christina Schmitz	Lora Wettengel
	Andrea Gemmiti	Jeffinda Lyall	Mary Scott	Staff Sgt. Craig Willits
	Dan Glesener	Britny Main	Wilaiwan Scott	1st Lt. Benjamin Wingler
	Elyssa Gooding	Michelle Mackeller	Connie Settergren	Master Sgt. Suzanne Winovich
	Senior Airman Clifton Gregg	Master Sgt. Jose Magana	Douglas Sheedy	John Woolley
	Senior Master Sgt. Chan Growden	Lee Marcus	Jason Sheedy	Shawn Wusstig
			Lisa Shirey	

Navy starts work on new solar electricity system

By Jesse Leon Guerrero

Joint Region Edge Staff

U.S. Naval Facilities Engineering Command (NAVFAC) Marianas hosted a groundbreaking ceremony for a solar photovoltaic system at U.S. Naval Base Guam (NBG) May 4.

The 250-kilowatt system will generate electricity by converting sunlight collected in solar cells made of semi-conducting materials.

Capt. Peter Lynch, commanding officer of NAVFAC Marianas, described the project as a "step in the right direction."

"This is really about a commitment by the United States Navy to reduce our dependence on foreign oil," Lynch said. "It is a strategic imperative that we reduce that demand from foreign oil products, and that asset that is renewable is something that we want to take advantage of."

The solar photovoltaic system is the last component of a three-component conservation program implemented by NAVFAC Marianas to reduce energy consumption and provide a more sustainable building infrastructure throughout NBG. The Navy has already retrofitted 42 of 59 designated facilities at NBG with more energy-efficient lighting. It has also completed optimization work for heating, ventilation and air conditioning in 10 of 44 buildings. The primary contractor, Johnson Controls Government Systems, LLC, of Milwaukee, Wis., expects to finish all three of these projects, valued at \$34.1 million, by September.

Lynch said the Navy's energy consumption costs Joint Region Marianas about \$83 million per year. When completed,



Ready to Build: A ceremonial groundbreaking for a solar photovoltaic system was held on U.S. Naval Base Guam (NBG) May 4. The solar photovoltaic system is the last component of a three-component conservation program implemented by U.S. Naval Facilities Engineering Command (NAVFAC) Marianas to reduce energy consumption and provide a more sustainable building infrastructure throughout the base. Pictured are from left, Ralph Focht, director of Johnson Controls Government Systems, LLC; Capt. Scott Galbreath, NBG commanding officer; Capt. Peter Lynch, NAVFAC Marianas commanding officer; Cmdr. Mike Thornton, public works director for NBG; and Kevin Evans, energy manager for Joint Region Marianas. Photo intentionally masked for security purposes. (U.S. Navy photo by Jesse Leon Guerrero)

ed, the solar photovoltaic system and other energy-saving measures will cut into that cost by saving about \$1.7 million, or two percent.

"It's a big effort, but it's vitally important to our national security and to the American taxpayer, in terms of reducing the bill to the annual requirement

for power," Lynch said. "It's an exciting time. This is an exciting project."

Kevin Evans, energy manager for Joint Region Marianas, said the Navy's long-term goal is to achieve 25 percent renewable energy by the year 2025. The Department of the Navy is

also targeting goals of having 50 percent of its total energy consumption coming from alternative sources, 50 percent of its installations being net-zero energy consumers, and reducing petroleum use in the commercial fleet by 50 percent, all by 2020.

Evans said that the ground-

breaking and the Navy and Air Force's efforts to conserve energy fall in line with Executive Order 13514, dated Oct. 5, 2009, which calls for an integrated strategy toward sustainability in the federal government and makes a reduction of greenhouse gas emissions a priority for federal agencies.

Australian ship makes stop at U.S. Naval Base Guam

HMAS Newcastle: Royal Australian Navy Sailors aboard HMAS Newcastle (FFG 06) work with U.S. Naval Base Guam workers to get the ship moored at Victor Wharf in Apra Harbor, Guam, May 4. Guam is Newcastle's first stop on her journey to Canada for a centennial fleet review, and eventual return to Australia in August. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Flooding impacts Navy personnel systems

From Chief of Naval Personnel Public Affairs

The flooding at Naval Support Activity Mid-South in Millington, Tenn., caused by heavy rains in the region is impacting personnel systems and processes.

As of May 3, all Navy Personnel Command (NPC) offices are closed and only mission essential personnel are allowed on base. Decisions regarding the rest of the week will be made as the situation is assessed.

According to NAVADMIN 159/10, major systems currently down affecting all Navy personnel are BUPERS Online (BOL), Physical Readiness Information Management System (PRIMS), and the Web-Enabled Record Review (WERR). The NPC Web site, www.npc.navy.mil, is also offline.

Access to Navy Marine Corps Intranet (NMCI) in Millington is unavailable and orders cannot be issued due to the loss of the Navy Messaging System.

The telephone system in Millington has been restored, however phone messages are not being monitored since personnel do not have access to their office spaces.

"With the events in Millington, many services that Sailors and their families have come to rely on have been temporarily affected," said Rear Adm. Don Quinn, commander, Navy Personnel Command, deputy chief of naval personnel. "Assessments are being made to evaluate the damage and estimate when the services will be restored. This may take some time so your patience is greatly appreciated."

The E-8 selection board has been placed on hold until selection board services and access to Electronic Military Personnel



Flood: An aerial photograph shows flooding at Naval Support Activity Mid-South in Millington, Tenn., May 2. Two days of rain dumped more than 14 inches in the area, causing a levee to become overrun, flooding the base and surrounding community. The base is closed to all but mission-essential employees until further notice. Naval Support Activity Mid-South hosts several commands, including Navy Personnel Command and Commander, Navy Recruiting Command. (U.S. Navy photo by Mark Wilson)

Records System (EMPRS) is restored.

Sailors can continue to conduct reenlistment and detailing activities as normal using Career Management System Interactive Detailing (CMS/ID) although detailers have no access to this system. Perform to Serve (PTS), Fleet Rating Identification Engine

(FleetRIDE), Enlisted Assignment Information System (EAIS) and Officer Assignment Information System (OAIS) are unaffected by the flooding.

According to a NSA Mid-South public affairs release, all base personnel and residents have been evacuated and there are no known casualties following a door-to-

door inspection by NSA Security personnel.

The flooding was brought on by torrential rains and thunderstorms that swept through the area and caused creeks that run adjacent to the base to swell beyond protective levees. In addition to the base, the surrounding Millington community, as well as parts

of Tipton County to the north of the base, encountered similar flooding according to the news release.

For updates, follow NPC on Facebook at NPCPAO and on Twitter at twitter.com/npcpao.

For more news from Chief of Naval Personnel, visit www.navy.mil/cnp/.

Andersen AFB School-Age Program earns accreditation

By Senior Airman Shane Dunaway

36th Wing Public Affairs

Evaluators from the Council of Accreditation (COA) recently certified the Andersen Air Force Base School-Age Program as an accredited program following an expedited review process to ensure the program complied with standards established by the COA.

Maryvel Jones, the Child Development Center's (CDC) youth program director, received notification via email from Richard

Klarberg, President and Chief Executive Officer of the COA April 22. Jones will receive the formal accreditation notification letter, Final Accreditation Report and certificate of accreditation in four weeks.

"The program was expedited though the Pre-Commission Review Report process as a result of not receiving any out of compliance ratings in any of the fundamental practice or core standards," Klarberg said via email. "Congratulations on this amazing achievement."

The program is located in Bldg. 1625, the CDC, and is open Monday through Friday from 6 a.m. to 5:30 p.m. The program is closed on weekend, federal holidays and Pacific Air Forces family days.

According to Jones, the mission for the program is to provide high quality care for children in first through fifth grade, students six to 12 years old, in a safe, caring environment so that parents may work confidently in their own work assignments.

"The accreditation is a big impact to the Andersen Community, espe-

cially for those military families that use the child and youth programs," Jones said. "It shows that the program's providers continuously deliver the best quality care services to our parents. It identifies that our providers have met high performance standards and had made a commitment to their parents to deliver the best quality services."

Evaluators graded the program on a scale of 1 through 4, with 1 being the highest score. The program scored a rating of either 1 or 2 in all areas.

"This is a tremendous effort that continues to display our commitment to quality of life and the wing's dedication to taking care of our families," said Lt. Col. Brian Hinsvark, 36th Force Support Squadron commander. "This achievement, where an external civilization evaluation highlighted our outstanding efforts, speaks volumes to the team's capabilities, and marks a positive reinforcement that the Air Force, joint region and military as a whole all take pride in our ability to support and develop our military children."

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Navy, Air Force discuss logistics at UOG

By Jesse Leon Guerrero
Joint Region Edge Staff

Members of the Navy and Air Force spoke to college students on Guam about their roles in supporting military operations in the Pacific theater and partnerships between the military and local communities during a University of Guam (UOG) logistics seminar April 30.

Under the Department of Defense, logistics deals with the contracting and procurement, maintenance, and transportation of facilities, materials and personnel. This includes food, uniforms, surface mail, fuel and many other items used to support the fleet, family and warfighter.

Representatives of Defense Supply Center Philadelphia (DSCP) Pacific; Fleet Industrial Supply Center (FISC), Detachment Marianas; Defense Logistics Agency Pacific; Defense Distribution Depot Guam (DDGM); Defense Energy Support Center Guam; Defense Reutilization and Marketing Services; and 36th Contracting Squadron (CONS) spoke to students of the university's School of Business and Public Administration (SBPA).

Lt. Cmdr. Valerie McCall, Guam area office chief of DSCP Pacific, discussed how DSCP Pacific coordinates logistics to make sure the Navy's needs are met in four supply chains: subsistence, construction and equipment, clothing and textiles, and medical supplies. Through its subsistence chain, DSCP Pacific provides not only meals ready to eat, market-ready foods and fresh produce to the



Seminar: Lt. Col. Joseph Williams, squadron commander for 36th Contracting Squadron at Andersen Air Force Base, the Air Force's organizational structure in regards to logistics at the University of Guam (UOG) April 30. Williams was one of the military speakers at a UOG School of Business and Public Administration seminar. At the seminar, the military volunteers explained their roles in supporting military operations in the Pacific theater and talked about partnerships between the military and local communities. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

warfighters, but also supplies the Guam Department of Education with extended shelf life milk and other products through the federally-assisted National School Lunch Program.

"We provide that milk to the schools in the little cartons with the Disney characters on it," McCall said. "We also provide to selected

schools fruits and vegetables and chicken and other commodities."

Lt. Col. Joseph Williams, commander for 36th CONS at Andersen Air Force Base, said logisticians are responsible for getting supplies and other services to the thousands of troops and civilian employees who need them around the world. On Guam, 36th

CONS' goals include developing and caring for Airmen and their families as well as promoting local business growth and Department of Defense socio-economic programs. Williams explained a big part of their budget included spending \$51.5 million, or 48.1 percent, of all contract expenditures on Guam in fiscal year 2009.

"It helps us build business relationships here, so that we don't have to go elsewhere," Williams said. "If we can't bid it on base or here on island, of course it costs us more money, but it's just good to keep money in the local economy."

Williams encouraged students to explore careers in contracting and logistics, saying that more job opportunities would become available in the field as the military increases its presence on island.

Anita Borja Enriquez, dean of UOG SBPA, said many graduates from UOG have pursued jobs with the military and federal government.

"It's really nice to know that they've improved their opportunities towards a certain career path that works well for them and overall increases their standard of living and their quality of life," Borja Enriquez said. "I see the benefits that come from the military. I see the benefits that come from federal government opportunities and also synergies that cross over both on base and off base."

Monica Cruz, a UOG senior who is studying finance, economics and marketing, said she attended because she wanted to know more about how the military does business with local markets.

"I see the involvement of the military with the local community," Cruz said. "I think that really plays a vital role in the economy of Guam, our future needs and the development of our island."

For more information about U.S. military logistics around the world, visit the Defense Logistics Agency's Web site at www.dla.mil.

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

Naval Hospital, Guam
Nurse (clinical)

NAVFAC Marianas

Mgmt Program Analyst (Business), closes May 12
Quality Assurance Specialist (Automotive), closes May 13

Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions

within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

My Air Force Life

Enter the My Air Force Life Original Song Competition and you could win a \$2,000 gift certificate to Musician's Friend, plus the adult category winner could have their song produced into a music video by the Pentagon Channel. Contestants must write a three-four minute song telling a story about what the following theme means to you: the Air Force is a great place to live, work, and play. There are two categories: adults, ages 18 and up; and youth, ages 12-17. Deadline for submission is May 23. For more information, visit <http://www.myairforcelifelife.com/>.

Andersen AFB Airman court-martialed

By Staff Sgt. Michael Sian
36th Wing Legal Office

On April 21, Airman Basic Timur Timerhanov, of the 36th Force Support Squadron was convicted by a general court-martial of three offenses: attempted robbery, assault with intent to commit robbery, and communicating a threat.

These crimes are violations of Article 80 and 134, Uniform Code

of Military Justice. Timerhanov held a couple at gunpoint in Tumon with an air soft weapon and demanded the victim's wallet and threatened the victim's life if he didn't comply.

As a result of his conduct, Timerhanov was placed in pretrial confinement awaiting his trial. Following his trial, Timerhanov was sentenced to five months confinement, forfeitures of all pay and

allowances, and a Bad Conduct Discharge.

Due to his misconduct this member will be spending five months in jail with no pay. The poor judgment and criminal actions of this Airman will affect him for the rest of his life as a Bad Conduct Discharge forfeits all of his military benefits, including the Montgomery G.I. Bill, and severely limits his potential employment opportunities.

USNS Mercy to Set Sail for Pacific Partnership

From USNS Mercy Public Affairs

The Naval hospital ship USNS Mercy (T-AH 19) deployed from San Diego May 1, kicking off Pacific Partnership 2010.

The fifth in a series of annual U.S. Pacific Fleet humanitarian and civic assistance endeavors, Pacific Partnership 2010 is aimed at strengthening regional relationships with host nations and partner nations.

Pacific Partnership 2010's Mission Commander is Capt. Lisa Franchetti, who will ensure the collaboration and teamwork of the many government and non-governmental agencies who make up the mission this year.

"This deployment offers an incredible opportunity to continue to build the relationships and capabilities that will be essential in responding to a real-world disaster in the region," Franchetti said. "My team is truly looking forward to working with our host nation, partner nations, State Department, other services and our non-governmental organization (NGO) partners to create a mission that effectively brings people together and provides many opportunities to share knowledge and experiences."

The deployment, which is scheduled to take place through late September, is designed to enhance relationships through medical, dental and engineering outreach projects that reinforce the mutually supporting roles between participants.

"When we take our Navy Medicine capabilities and combine them with the capabilities and knowledge of our host nations, partner nations



Setting Out: The daughters of a Sailor aboard the Military Sealift Command hospital ship USNS Mercy (T-AH 19) wave good-bye to their father at Naval Base San Diego May 1. Mercy's mission is designed to enhance relationships through medical, dental and engineering outreach projects along with host and partner nations. Pacific Partnership 2010 is the fifth in a series of U.S. Pacific Fleet humanitarian and civic assistance endeavors. Pacific Partnership 2010 is a humanitarian and civic assistance deployment throughout Southeast Asia and Oceania, aimed at strengthening regional relationships. (U.S. Navy photo by Mass Communication Specialist 2nd Class Mark August)

and NGO partners, we exponentially increase our ability to provide high caliber services to the communities we visit," said Capt. Jeffery Paulson, commanding officer of Mercy's shipboard hospital. "Ultimately, we will augment the host nation medical services already in place and engage in subject matter expert exchanges, sharing both

experience and training."

Mercy, as the lead vessel, is scheduled to visit Vietnam, Cambodia, Indonesia and Timor-Leste. The medical treatment facility or hospital includes multiple operating rooms, sophisticated X-ray capabilities and more than 500 volunteer and military staff.

Two additional visits will be

made in Palau and Papua New Guinea by other Navy and partner nation ships as part of Pacific Partnership 2010.

"In this last week before departure our days are incredibly fast-paced as we're conducting major on-loads of stores and medical supplies and also running through training and fire drills to ensure that we're safe

for sailing," said Military Sealift Command Capt. David Bradshaw, Mercy's civil service master who has overall responsibility for the ship and the safety of all of its passengers. "But despite the intense workload, energy levels are high. Everyone on the crew I have talked to is really looking forward to this mission."

Mercy is one of two U.S. Navy hospital ships and is crewed by 66 civil service mariners led by Bradshaw working for the U.S. Navy's Military Sealift Command who navigate the ship to each mission stop, run the ship's engineering plant and transport patients and mission personnel between ship and shore in small boats.

"We've been preparing and planning for this mission since last fall," Franchetti said. "It's a great feeling to know that within a few days we will be embarking on this exciting deployment, bringing us one day closer to our first host nation visit."

Pacific Partnership conducts humanitarian and civic assistance by working with and through host and partner nations, NGOs and other U.S. government agencies, many of whose representatives will be departing with Mercy. In addition to providing humanitarian assistance, Pacific Partnership also provides valuable experiences to learn from host nation military and civilian experts. This experience helps ensure the U.S. military is able to rapidly respond in support of emergency relief efforts in the future.

For more news from Commander, U.S. 3rd Fleet, visit www.navy.mil/local/c3f/.

Guam Sailors have a new tool against drug, alcohol abuse

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Sailors on Guam became the first on island to complete a two-week Navy Alcohol and Drug Prevention Specialist course held on U.S. Naval Base Guam April 30.

According to course instructor Paul Moro, of Navy School of Health Sciences, San Diego, the demanding and in-depth class is designed to help command representatives create and implement their own drug abuse prevention programs.

"The purpose of the program is to provide Sailors with an advanced skill set, so that they can aggressively challenge alcohol and drug use," Moro said. "These abilities will go far to combat abuses and maintain mission readiness."

The 16 Sailors who attended the class, which provides graduates with six college credits upon completion, said that they were eager to gain skills that would help curb drug abuse in the Navy on Guam.

"I want to be a proponent in the fight against alcohol and drug abuse. I want to save my shipmates," said Chief Hospital Corpsman (SW/AW) Sheryll Martin, of U.S. Naval Hospital Guam. "I think this course will

be a tremendous tool for me, my command and my shipmates."

Over the course of the program, the Sailors, many of whom are command Drug and Alcohol Program Advisors (DAPA) or Sexual Assault Prevention and Response (SAPR) program advocates, were shown various examples of programs that have been implemented, and then designed their own programs to implement at their respective commands.

"We were given a wealth of knowledge," said Chief Machinist's Mate (SW/AW) Gary Thompson, Jr., of Maritime Expeditionary Security Squadron 7. "Now I have a much better vision of my com-

mand's preventions programs, both as a facilitator and as a manager."

Each Sailor designed their own drug and alcohol abuse prevention program, decided on implementation methods, drew up realistic goals for the program, and presented their program to their classmates to be discussed and critiqued.

Thompson said that he believes the skills he developed in this class will not only help him to improve his command's alcohol and drug abuse prevention program, but will also help in other areas of his life.

"The knowledge I gained in the past two weeks will allow me to better cultivate my career," Thompson added. "The class went

into great detail about maintaining ethics and having and following strategies. I'd definitely recommend it to both senior and junior personnel. These skills can be applied to any program."

Moro said the Sailors he taught were an outstanding group.

"They came together as a team and rose to the challenge," Moro said. "I have no doubt that they will make an exceptional impact on Guam."

For more information on drug and alcohol abuse prevention or to get help with a drug or alcohol problem, Sailors may speak with their command DAPA, chaplain, or medical personnel.

Chef brings Chamorro cuisine to NBG

By Oyaol Ngirairikl
Joint Region Edge Staff

U.S. Naval Base Guam (NBG) leadership showed off their culinary skills during a taping of a local television cooking show on Guam May 2 as part of the Navy Exchange (NEX) Customer Appreciation Weekend.

The taping of the cooking show, "The Outdoor Chef," was one of several events held April 29-May 2 on NBG that brought together local and national talent to thank NEX customers for their patronage and honor the military and their families for their service.

Capt. Scott Galbreath, NBG commanding officer, and Cmdr. Kevin Gillam, NBG executive officer, were guests on the show, which is hosted by chef Peter Duenas, who hails from Guam.

"It's not everyday you get to be on a cooking show and get that hands-on experience with a great chef," Galbreath said.

The show features Duenas' take on the traditional cuisine of Guam's native people, known as Chamorro. Both NBG leaders assisted in creating two local dishes — grilled "onaga," which translated from Chamorro to English means ruby snapper, topped with a mango salsa, and "buñelos aga," which is banana donuts.

"It's an honor for me to be able to share these recipes and this bit of Guam with the men and women of

our Armed Forces who do so much to ensure our freedoms and the safety of our nation," Duenas said.

Galbreath and Gillam were joined by Ashley Cheatham, a Guam High School student, who after hearing that Duenas would be taping his show on base, asked event organizers if he could participate and hopefully learn from a professional chef.

"It was a great experience, because I want to grow up to own a restaurant and share my passion for food just like him," Cheatham said. "I learned new recipes and a whole new way of cooking. It was great opportunity because I was learning from someone who is successful in the business."

Geolyn Egurrola, an Alaska Air Guard spouse, said she and her family thoroughly enjoyed the weekend's activities, but noted that watching Duenas cook was a highlight.

"We really enjoy watching his show and to be able to see it live was so much fun," Egurrola said. "Guam has so much to offer as a culture and food is a big part of that. During the show, he talked about how he got his donut recipe from his auntie and that's such a great part of any culture, the family aspect, and I'm glad he shared it with us."

Egurrola added her appreciation to NEX for bringing the cooking show and other events to NBG.

"NEX has always provided us with great service and great



Frying to Perfection: Cmdr. Kevin Gillam, left, U.S. Naval Base Guam (NBG) executive officer, cooks banana donuts at the Navy Exchange (NEX) May 2 with the help of Ashley Cheatham, second from left, an aspiring chef and Guam High School student, chef Peter Duenas, second from right, and Capt. Scott Galbreath, NBG commanding officer. The taping of the cooking show, "The Outdoor Chef," was one of the events held during Customer Appreciation Weekend. NEX held a series of events to thank service members and military families for their patronage and support. (U.S. Navy photo by Oyaol Ngirairikl)

products," Egurrola said. "For them to put together this fabulous weekend is just phenomenal and is indicative of how much they care about us military folks."

Other events held throughout the weekend included a concert featuring Musician 2nd Class Tommy Stanley and Switchfoot April 29, professional bike and skateboard-

ing demonstrations, and performances by martial arts performing group Sideswipe.

To learn more about the Navy Exchange, visit www.navy-nex.com.

What do you like most about NEX or AAFES?

Navy Exchange (NEX) held a Customer Appreciation Weekend April 29-May 2. Joint Region Edge asked patrons what they like most about the NEX as well as the Army and Air Force Exchange Service (AAFES).



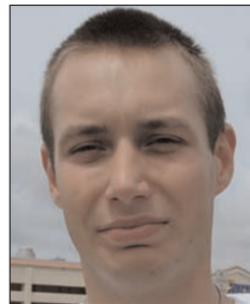
"My favorite part of AAFES is being able to come in and get the daily savings that we get, sometimes 25 to 50 percent off your items."
— Tech Sgt. Jonathan Payton, 36th Force Support Squadron



"What I like most about the NEX is the pricing and everything is available that you need there without going very far. When I go to NEX, I look at movies or clothing or sometimes the uniform section — just the things, the necessities that I need to get on with my Navy career."
— Personnel Specialist Seaman Apprentice Wajid Chaudhry, Personnel Support Detachment, Guam



"I'm an electronics person. They've got everything — big screen TVs, everything, you name it."
— Personnel Specialist Seaman Markus Sewell, Personnel Support Detachment, Guam



"What I like most about NEX is I can just go here and get everything. I usually go for the supplements and sports goods and stuff like that."
— Electrician's Mate Fireman Julian Miller, USS Frank Cable (AS 40)



"My favorite part is the clothing section and his favorite part is the tools."
— Cecilia Taitano, pictured with husband, retired service member William Taitano



"My favorite part is that they brought us GameStop. I've got a lot of friends that work there so when I go in there I talk to them and get new games every time they come out."
— Airman 1st Class Brady Robertson, 36th Force Support Squadron

Medal of Honor recipients meet NEX patrons

By Oyaol Ngrairikl
Joint Region Edge Staff

Two Congressional Medal of Honor recipients met with service members and military families at the Navy Exchange on U.S. Naval Base Guam May 1.

The event was part of the NEX Customer Appreciation Weekend held April 29-May 2. Medal of Honor recipients Donald Ballard and Kenneth Stumpf signed autographs and spoke of their past experiences with those who waited in line for a chance to meet them.

Stumpf said as much as the men and women of today's military look to him and other Medal of Honor recipients as heroes, he continues to reiterate that the feelings of gratitude, respect and honor are mutual.

"I've met the greatest troops - that's across all branches of the military - the best that America has these past few days," Stumpf said. "They don't have to take a second place to anybody because they are volunteers and the greatest of volunteers. Coming out here to meet with them is my way of thanking them for all they are doing today."

Stumpf served with the 1st Battalion, 35th Infantry, 26th Infantry Division, U.S. Army, while stationed in the Republic of Vietnam in 1967. Ballard served with 3rd Battalion, 4th Marines, 3rd Marine Division while stationed in the Republic of Vietnam in 1968.

On April 25, 1967, then specialist fourth class Stumpf and his company approached a village that had a well-fortified bunker complex and was occupied by a North Vietnamese rifle company. During the initial contact, three men were injured, and Stumpf rescued his three wounded comrades despite heavy fire. He then organized his squad and led an assault



Hero: Congressional Medal of Honor recipient Donald Ballard, right, shakes hands with Lt. James David, center, of U.S. Naval Hospital Guam, as Michelle David looks on at the Navy Exchange May 1. The autograph session was one of many events NEX held for its Customer Appreciation Weekend, which ran from April 29-May 2. (U.S. Navy photo by Oyaol Ngrairikl)

against several enemy bunkers. He and his squad successfully eliminated two of the bunker positions, after which he single-handedly disabled the remaining bunker.

On May 16, 1968, Ballard, a hospital corpsman second class at the time, was treating two Marines suffering from heat exhaustion when his company was attacked by the North Vietnamese army. While under fire, Ballard directed aid to other wounded Marines. When a grenade landed nearby, he laid on top of it to protect the injured. The grenade failed to explode, and

Ballard was able to safely dispose of it without incident. He later returned to his comrades and continued to treat the wounded.

"I think it's amazing because when you actually think back to what they did to get the award, it kind of puts into reality the dedication and sacrifice so many people have made for yours and my sake. It's amazing to meet somebody like that," said Shannon Feldmeyer, who met the veterans at the autograph session. "As a spouse and a Navy veteran myself, it makes me proud to have served my country as

a Sailor and now as a spouse and to be a part of that great tradition."

Shannon Feldmeyer's daughter, Kaylen, called Ballard and Stumpf "awesome."

"I'm grateful to them. They're like real-life heroes," Kaylen Feldmeyer said, adding that talking to them made her even more proud of her father who is currently deployed in support of the war on terrorism. "It makes me feel even more proud of my dad because he's also fighting for our country just like (Ballard and Stumpf)."

Hospitalman Cody Clifton, of

U.S. Naval Hospital Guam, was grateful for the opportunity to meet the veterans.

"It's great, especially for a corpsman," Clifton said. "For us, it's a real honor to meet someone that has done great things."

He and fellow Sailor Hospitalman Jessy Whittall stood in line for about 30 minutes to get autographed cards from the Medal of Honor recipients only to return to the line about an hour later to get Ballard's and Stumpf's autographs on their newly purchased books, "Medal of Honor: Portraits of Valor Beyond the Call." Ballard and Stumpf were promoting the book, which features most of the living recipients of the Medal of Honor.

"They're probably among the greatest inspirations to me," Whittall said. "They represent what I could be if I act with honor and integrity. These people set the stage for how we should act and how we should use our abilities."

Ballard said his time on Guam will be unforgettable.

"I want to thank the men and women of today's military branches," Ballard said. "They are doing a great job in providing for the safety of our people and the security of our nation."

He said talking to service members and their families was inspiring.

"What we did, we did out of duty and this next generation and the generation to follow will continue that tradition of making America great," Ballard said. "They make me proud."

The two Vietnam veterans also toured local installations and spoke with service members from U.S. Naval Hospital Guam, U.S. Naval Computer and Telecommunications Station Guam, and other commands earlier in the week.

Appreciation: NEX thanks customers with special events

Continued from Page 1

possible for patrons, but also of what they do throughout the year.

"They just go out of their way to support the family members here in Guam. This event is proof of that. It's so successful and people are enjoying themselves, and that's our ultimate goal to give back to the families and have them just to relax and enjoy all the events, vendors, performers and the bands," Glenn said.

The events started April 29 with a concert by Musician 3rd Class Tommy Stanley who opened for San Diego alternative rock band Switchfoot. Stanley, a vocalist with Navy Band Northeast based in Newport, R.I., was a finalist in the 2008 season of "Nashville Star," a televised country singing competition. Stanley has also performed in Cuba for Military Appreciation Day and said he enjoyed sharing his music with Guam's military members.

"It is great to see fellow service members having a great time listening to my music," Stanley said. "I was really excited at how many

military people like my music. A lot of thanks goes to the NEX for running the show."

On April 30, NEX had a fun run for adults at the Orote Commissary and footwear clinics inside the store. On May 1, there was a fun run for kids and the longest agenda of performances, including a Keebler Elves performance, a martial arts demonstration by Sideswipe and stunts by Bucky Lasek and other big-name biking and skateboarding athletes.

Mason Ludwig, a Guam High School student, got an opportunity to meet with one of his favorite skateboarders, Vans Skate Team rider Tony Alva.

"It was pretty cool getting to see all the skaters," Ludwig said. "It was awesome seeing Tony Alva in person. I also got to meet him during the autograph session, so that was good."

Tyler Brent, who is also a Guam High School student, said enjoyed the watching the skateboarding demonstrations and other events.

"It's been a really good time," he said. "I watched the perform-

For more photos

For more photos of events from the NEX Customer appreciation weekend, see page 8.

ances and they're all pretty cool."

The weekend wound down May 2 with a fishing derby, a Humvee pull, video game competitions, and a cooking demonstration by chef Peter Duenas, host of the local cooking show "The Outdoor Chef."

Lt. James David, of U.S. Naval Hospital Guam, and his family were among the thousands who filled the NEX on May 1, watching various performances and getting autographs from Congressional Medal of Honor recipients Donald Ballard and Kenneth Stumpf.

"It's not everyday you get to meet and speak with the heroes so I really appreciated the opportunity," David said. "It's even more special for us because our kids get to meet them as well. They got to see what real heroes are. They got to shake their hands and even talk to them. It's really exciting."



Flipping Out: Extreme martial arts team Sideswipe performs high-flying stunts during a performance outside the Navy Exchange (NEX) on U.S. Naval Base Guam May 1. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Since its inception in 1946, NEX's mission has been to provide its customers quality goods and services at a savings and to contribute to quality of life programs. NEX is one of the Navy Exchange Service Command's (NEXCOM) six primary business programs,

which also include the Ships Stores Program, Uniform Program Management Office, Navy Clothing and Textile Research Facility (NCTRF), Navy Lodge Program and Telecommunications Program Office. To learn more about the Navy Exchange, visit www.navy-nex.com.

NEX holds Customer Appreciation Weekend



Up High: BMX athlete Coco Zurruta performs a high-flying stunt during a demonstration outside the Navy Exchange (NEX) on U.S. Naval Base Guam May 1. The demonstration was part of the NEX Customer Appreciation celebration April 29-May 2. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Pull: Stacey Neill, right, fitness coordinator for Navy Morale, Welfare and Recreation, times members of the Navy Exchange (NEX) team, "Who's NEX," as they tug their way to victory in the Humvee pull competition on U.S. Naval Base Guam May 2. The event was part of the NEX Customer Appreciation Weekend celebration April 29-May 2. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Into the Music: Country-music star and Musician 3rd Class Tommy Stanley performs during a Navy Exchange (NEX) concert on U.S. Naval Base Guam April 29. The performance was part of the NEX Customer Appreciation Weekend celebration April 29-May 2. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Above: Jonalyn Myers, right, races with her children and other families during the Navy Exchange (NEX) 1.5K Kids Fun Run held on U.S. Naval Base Guam May 1. The run was part of the NEX Customer Appreciation Weekend celebration April 29-May 2. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Right: Professional skateboarder Omar Hassan performs a high-flying stunt during a demonstration outside the Navy Exchange (NEX) on U.S. Naval Base Guam May 1. The demonstration was part of Navy Exchange (NEX) Customer Appreciation Weekend events, which ran from April 29-May 2. (U.S. Navy photo by Oyaol Ngirairiki)



Chaplains discuss suicide prevention

By Harry J. Lundy

Air Combat Command Public Affairs

Air Combat Command chaplains gathered April 27 through 29 to discuss the problem of suicide during a Comprehensive Airman Fitness conference in Newport News, Va.

During the conference, Thomas Joiner, the event's keynote speaker, shared his concern about the pandemic of suicide.

"Worldwide, over 1 million people commit suicide each year," Joiner said. "In the U.S., 33,000 (people) are lost every year.

Joiner is the Robert O. Lawton distinguished professor of psychology at Florida State University.

In 2008 and 2009, there were 12.4 and 12.5 suicides, respective-

ly, per 100,000 Airmen. This equates to more than 40 Airmen taking their lives each year.

In 2010, 18 active-duty members have taken their lives. Additionally, suicide rates in some career fields are more than double the Air Force rate, according to Air Force Vice Chief of Staff Gen. Carrol H. Chandler, in a memorandum.

"There are things that are driving that suicidal process," Joiner said. "These things are very treatable. They're very painful in the moment, but they're treatable and they're manageable."

A big contributor to suicide is major depressive disorder which Joiner described as a very painful thing to go through, and which causes a different frame of

mind. Thoughts arise for which there are no solutions and no hope. Even so, there are very effective treatments for major depressive disorder and for all the other conditions that cause suicidal behavior.

Joiner also recommended that if a person sees warning signs of suicidal behavior, it is crucial to stay connected consistently, patiently and persistently as a friend.

"If you notice that things are not getting better, refer them to get professional care," Joiner said.

People need to look at the mental disorder of suicide with the same level of importance as cancer, Joiner said.

"Seventy-five years ago, cancer was as stigmatized as mental disorder is today," Joiner said.

"Now, we've got these amazing treatment facilities and we've got this amazing sense of compassion from the public at large."

It may take longer to change the public view of suicide for people to have the same sense of compassion as they would for cancer victims, the doctor said.

"That's where we've got to be and what we've got to shoot for," Joiner said.

Col. Howard Stendahl, the Air Combat Command chaplain, said suicide prevention is important to him for two reasons.

"As an Air Force chaplain, life is a sacred gift to me from the creator," Stendahl said.

The second reason is that Gen. William Fraser III, the commander of ACC, has identified people as

the most valued resource and wants to protect that asset.

"The issue that keeps (General Fraser) awake and is of his greatest concern is how to affirm, cherish, prize the lives of the people who have chosen to give a portion of their lives in service to the nation, its defense, specifically in Air Combat Command," Stendahl said.

An important factor is creating community, and making each person feel important to the unit and integral to the mission, Stendahl said.

"And if they have pastoral, mental health care and other care workers whom they trust, they will take advantage of that," Stendahl said. "I have found that to be the case."

Exercise sharpens skills to combat illegal fishing

By Lt. j.g. Tara Fuller

U.S. Coast Guard Sector Guam Public Affairs

U.S. Coast Guard (USCG) Sector Guam participated in Exercise Sea Guardian 2010 held in Pohnpei, one of the islands of the Federated States of Micronesia (FSM), April 19-23.

The goal of Exercise Sea Guardian is to strengthen regional maritime security and partnerships between USCG Sector Guam and law enforcement officials from FSM and the Republic of Palau (ROP). Through shared training, participants learn each other's capabilities, tactics, techniques, and procedures in preventing illegal fishing activity and other transnational crimes that threaten natural resources in the waters surrounding Guam, FSM, and ROP.

"The goal was for all of the participants to become more proficient in executing effective boardings, which hopefully will lead to more and more successful court cases," said Lt. j.g. Lonnie Walp, USCG Sector Guam and one of the primary instructors for Sea Guardian.

The exercise was primarily coordinated by USCG Sector Guam. Participants represented USCG Sector Guam's Response Department, USCGC Assateague (WPB 1337), USCGC Sequoia

(WLB 215), FSM Ministry of Justice, FSM National Police, FSM Attorney General's Office, FSM Supreme Court, FSS Independence, FSS Palikir, FSS Micronesia, the Micronesia Transnational Crime Unit, and the Western and Central Pacific Fisheries Commission.

"In order to effectively combat the threat of transnational crime, we need to work with our law enforcement and Justice Department counterparts in Palau and FSM," said Exercise Sea Guardian instructor Lt. Steve Olivera, USCG Sector Guam.

A mock court trial was the highlight of the exercise. Teams of law enforcement officials in FSM created case packages containing evidence collected from a pre-staged mock boarding. Participants from the FSM Ministry of Justice worked together to simulate a realistic court environment to test the strength of the case packages.

"The success of the prosecutors relies solely on the men and women of the boarding teams executing their duties with the utmost professionalism," Walp said.

This was the fourth time Exercise Sea Guardian has been held since 2006.

To report a maritime emergency, call the Coast Guard 24 hours a day at (671) 564-USCG or 911.



Exercise: Boatswain's Mate 2nd Class Jacob Hermanson, left, of USCGC Sequoia (WLB 215), moves in to demonstrate handcuffing techniques on Ensign Andrew Haley, of USCGC Sequoia, during Exercise Sea Guardian 2010 in Pohnpei in the Federated States of Micronesia (FSM) April 23. The goal of the exercise was to unite representatives from U.S. Coast Guard Sector Guam, FSM, and Republic of Palau and learn each other's techniques and procedures in an effort to improve regional maritime security. (U.S. Coast Guard photo by Lt. j.g. Lonnie Walp, U.S. Coast Guard)

Learning center helps prepare submariners

By Jesse Leon Guerrero

Joint Region Edge Staff

Submarine Learning Center Detachment Guam provides the submarine community with training and education before deployments.

The detachment directly supports Submarine Squadron 15, USS Frank Cable (AS 40), and submarines homeported on Guam, which includes USS Buffalo (SSN 715), USS City of Corpus Christi (SSN 705), and USS Houston (SSN 713).

Situated in Bldg. 315 on U.S. Naval Base Guam (NBG), the learning center provides classrooms and curriculum to study electronics, navigation, tactics, as well as advanced courses for prospective nuclear engineer officers. Using personal computer workstations, individual Sailors and teams work

through the different scenarios they may face at sea.

Lt. Albert Caluag, officer in charge of the detachment, said the service they provide depends on the customer's needs.

"We train the ships prior to them going out and doing their actual work," Caluag said. "When they come back, this is where they keep their skills up."

The detachment falls under Naval Submarine Training Center, Pacific at Joint Base Pearl Harbor-Hickam. Aside from supporting submarines, Caluag said they also offer safety

and shore training courses for NBG and they welcome training requests from other commands.

Sonar Technician (Submarines) 1st Class (SS) Leonard Rosas, Submarine Learning Center Detachment Guam, said he uses the knowledge and experience he's received over the past decade with the Navy to improve what the submarine teams have already learned. Rosas said the Navy implements its standards and guidelines to avoid potential problems and recreate successful results.

"It's my job to make sure that

they're doing exactly what they're supposed to be doing in compliance with the guidelines," Rosas said. "It's pretty important to follow procedures."

Caluag said providing their services can be challenging, but the detachment's team of four Sailors and one civilian employee are always ready for what trainees need to learn.

Lt. jg. Brent Powers, of USS Houston, said he appreciates having a place to go to where he isn't distracted by his regular duties. Powers is currently taking a 10-week engi-

neering program at the learning center.

"I can sit here eight hours a day and focus on studying and learning," Powers said.

For more information about Submarine Learning Center Detachment Guam, call their office at 339-7201. For more information about Submarine Squadron 15 and the submarines homeported on Guam, visit the Submarine Force, U.S. Pacific Fleet online at www.csp.navy.mil. For more information about USS Frank Cable, go to www.cable.navy.mil.

Hospital's Diversity Committee stays active

By Jesse Leon Guerrero

Joint Region Edge Staff

U.S. Naval Hospital Guam's Diversity Committee is looking for members to assist in planning activities that recognize different cultures and promote diversity in the Navy.

"It's important because the Navy is a melting pot, just as society is, too," said Information Systems Technician 1st Class (SW) Carl Whittle, the committee's co-chair at the hospital. "We need to understand that everyone brings something to the table, and we can learn from them."

One event that the committee has scheduled is a get-together to honor Asian and Pacific-American Heritage Month. The event, which will be held May 24, 11 a.m.- 1 p.m. at the hospital's auditorium located on the third floor, J Wing, will feature guest speakers, food and live performances. It is open to anyone with base access.

In February, the group celebrated African-American History Month with similar presentations and then hosted a National

Women's History Month event in March. In April, the committee put together a glass display case with memorabilia commemorating victims of the Holocaust.

Whittle said they plan to continue to explore and honor different ethnic and social groups throughout the year. Membership is open to Sailors, civilian personnel and spouses.

"It's mostly a hospital committee, but if people want to join or participate and help out then they're welcome to do that," Whittle said. "We won't turn anyone away."

Committee members meet on a regular basis, and at a minimum every month in preparation for upcoming events.

"We are always looking for members and new ideas, whether it's for showcasing personal articles, cooking, stories, poems and anything that's going to show the diverse culture here at the hospital and on the island," Whittle said.

For more information about U.S. Naval Hospital Guam's Diversity Committee, call Whittle at 344-9369.

Island students learn Coast Guard missions up close

By Ensign Wade Thomson

US Coast Guard Sector Guam

U.S. Coast Guard (USCG) Sector Guam hosted students from George Washington High School (GWHS) to a tour of its compound on U.S. Naval Base Guam and assets April 14.

Forty-eight students learned about living marine resource protection, pollution prevention and cleanup, maritime law enforcement, and the history of the Coast Guard's presence in the Commonwealth of the Northern Mariana Islands.

Sailors demonstrated daily operations aboard a 110-foot

USCG patrol vessel and toured two 25-foot small patrol boats. At the Coast Guard compound, they had the opportunity to talk with the crew members about their personal experiences on the job.

The GWHS visit was fun and educational for the students, said Linda Tatreau, the students' marine science teacher.

"I've been teaching marine science for 20 years on Guam and this is the first time we have visited the Coast Guard," Tatreau said.

The Coast Guard reminds the public to report any marine emergencies by calling the Coast Guard 24 hours a day at 564-USCG.

Dyess B-1Bs train over New Mexico



In Flight: A two-ship formation of B-1B Lancers assigned to the 28th Bomb Squadron, Dyess Air Force Base, Texas, release chaff and flares while maneuvering over New Mexico during a training mission Feb. 24, 2010. Dyess celebrates the 25th anniversary of the first B-1B bomber arriving at the base. (U.S. Air Force photo by Master Sgt. Kevin J. Gruenwald)

Risk reduction: Ways to play it safe

By Airman 1st Class Jack Sanders

3rd Wing Public Affairs

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"People can never fully prevent sexual assault from happening to them," said Micaela Boling Sexual Assault Response Coordinator program assistant.

The Department of Defense defines sexual assault as, "intentional sexual contact, characterized by use of force, threats, intimidation, abuse of authority, or when the victim does not or cannot consent.

Sexual assault includes rape, forcible sodomy (oral or anal sex), and other unwanted sexual contact that is aggravated, abusive, or wrongful (to include unwanted and inappropriate sexual contact, or attempts to commit these acts)."

There is no magic martial arts technique or special phrase that can prevent sexual assault from taking place. There are, however, many ways for individuals to reduce their risk of becoming victims of sexual assault.

"(Sexual assault) trends at

Elmendorf follow national trends pretty closely," Boling said. "Those trends are that the majority of sexual assault (victims) knew who their perpetrator was. They were an acquaintance, a friend, a coworker, a date, or an intimate partner."

"Other national sexual assault trends are alcohol involvement, assaults occurring in private areas, and cases involving no weapons," Boling said.

One of the easiest ways to decrease your risk of becoming a sexual assault victim is to abstain

from drinking alcohol or drinking responsibly.

"Know where your beverage is coming from, keep it safe," Boling said.

A helpful hint considering that, according to the DoD's FY09 Report on Sexual Assault in the Armed Forces, one third of sexual assault cases involve alcohol.

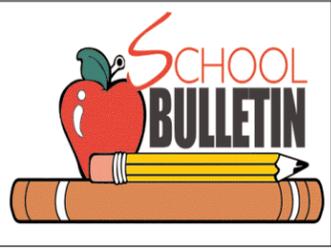
"In the past, people who were convicted of sexual assault were interviewed and asked what they looked for in their victims. Most of the convicted offenders said they

look for victims who are vulnerable," Boling said.

When you walk confidently, speak assertively, and approach people in a demeanor that says "I expect to be treated with respect." That type of attitude really reduces your risk for sexual assault, Boling said.

Just as its important to be a good wingman and practice bystander intervention when we see someone in a potentially dangerous situation, it is also a good idea to make choices that will reduce your risk for sexual assault.

"We're all responsible for the choices we make," Boling said. "Committing sexual assault is a choice the offender makes. Sexual assault is never the victims fault."



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

Navy College Office

There will be an Education Fair May 19, 8-11 a.m. in Barracks 1 on U.S. Naval Base Guam, and then at Helicopter Sea Combat Squadron 25 1-3 p.m. Counseling will be given by representatives from the Navy College Office and Navy College partnership schools. Briefs will be presented on Web-based Tuition Assistance. For more information, call 339-2485.

DoDEA

There are no classes for Department of Defense Education Activity schools on Memorial Day, May 31.

Andersen Elementary School

The 11th Annual Career Week committee is seeking volunteer presenters. Presenters are asked to create 20-minute presentations during which they will talk about job-related topics, including daily duties, educational and training requirements of their jobs. The event is scheduled for May 25-28, from 8 a.m.-2 p.m. each day. Deadline to volunteer is May 12. Military service members, tradesmen and other career professionals interested in volunteering as presenters can call the school at 366-1511.

McCool Elementary/Middle School

Navy Morale, Welfare and Recreation will be hosting Sports Day at the school on the following dates and times.

Kindergarten: May 10, noon-2 p.m.

First grade: May 11, noon-2 p.m.

Second grade: May 11, noon-2 p.m.

Third grade: May 11, noon-2 p.m.

Fourth grade: May 17, noon-2 p.m.

Fifth grade: May 18, 11:30 a.m.-2 p.m.

Sixth-eighth grade: May 14, 9 a.m.-2 p.m.

Guam High School

The earliest date to withdraw with credit under PCS orders is May 19. Sponsors must complete the accelerated withdrawal request. The form is available in the front office. A copy of the PCS orders must be provided.

Andersen family night promotes reading

By Senior Airman Shane Dunaway
36th Wing Public Affairs

Andersen Elementary School staff members hosted Andersen Family Fun Night for parents and students April 29 at the Dolphin Theater on Andersen Air Force Base.

The program featured various mini-workshops and technology demonstrations geared toward

aiding children and parents in effective study habits, reading and problem-solving methods.

According to Dionne Moore, a kindergarten teacher from the school, events like these have been held before, but they were themed to specific subjects and spread out throughout the year.

"Our goal is to get parents involved and to allow students to show parents what they are doing in class," Moore said.

The event also featured a crash course in curriculum standards for the students and parents to view together. Parents were also introduced to tutor.com, a free Web site that offers online tutorial help.

More than 150 parents and students packed the theater for the hour-an-a-half-long event. By going through the workshops offered, parents gained a little insight on what's going on behind the eyes of their children.

"They say family comes first and my family is definitely a priority," said Col. Jeff Vandebussche, 36th Operations Group commander.

"Andersen Family Fun Night gives me an opportunity to see how my son, Jack, is learning at Andersen Elementary School. It allows us to be actively involved in the education process and provides parents innovative ideas to help our children study after school and throughout the summer."

McCool learns about how to care for the environment

By Oyaol Ngirairikl
Joint Region Edge Staff

Parents and students learned more about recycling and the island's environment during Commander William C. McCool Elementary/Middle School's Spaghetti Night/Earth Night April 30.

Representatives from various groups were at the school to talk to students about their work to help maintain the island's resources and natural habitats.

The school's parent-teacher organization (PTO) coordinated the event that sold spaghetti dinners to purchase equipment for the school. Proceeds from the previous year's event went to a composting machine that students have been

using to build rich topsoil for the school's garden.

"The event itself is a great way to bring awareness to our families about the island's ecology and what we can do as individuals to help minimize our carbon footprint," said Don Christensen, school principal.

U.S. Department of Agriculture (USDA) had a station with snakes and snake traps. Underwater World, a local business that features a tunnel aquarium, had arts and crafts stations, where children drew pictures on recycled coffee filters and made flowers using toilet paper tubes.

Parents also volunteered with a gardening station using topsoil enriched by the composting machine.

"We have a variety of flowers and vegetable seeds that we're helping kids plant in cut-up egg cartons," said Lt. Matt Shiels, of USS Frank Cable (AS 40).

Lt. Cmdr. Kevin Kutner, U.S. Naval Hospital Guam, said the planting project is a way for children to bring a part of what they've learned at school into the community.

"They can bring the seeds they've planted back home and watch how they grow, and give them the care the plants, like our environment, need to grow up healthy," Kutner said.

Students Tatiana and Tayler Doyle said they enjoyed the planting station.

"I got to plant some cucumber

and other seeds, and I'm going to show my mom when she comes back from off-island that we can grow things to eat at home," said second-grader Taylor Doyle.

Sister Tatiana Doyle, a fourth-grade student, chimed in saying it's important to keep plants thriving on Guam and around the world.

"We have to help keep the plants healthy because they give us food and help keep our soil from eroding," Tatiana Doyle said. "That's what we learned in class. And it's important to share what we know so we can keep our environment healthy."

To learn more about how you can volunteer with the McCool parent-teacher organization, call 339-8678.



Planting Seeds: Lt. Cmdr. Kevin Kutner, of U.S. Naval Hospital Guam, helps students plant seeds into egg cartons during Commander William C. McCool Elementary/Middle School's Spaghetti Night/Earth Night April 30. The annual event aims to encourage recycling and promote environmental awareness. (U.S. Navy photo by Oyaol Ngirairikl)



Hand to Hand: Lt. Matt Shiels, right, of USS Frank Cable (AS 40), helps students plant seeds into egg cartons during Commander William C. McCool Elementary/Middle School's Spaghetti Night/Earth Night April 30. The annual event aims to encourage recycling and promote environmental awareness. (U.S. Navy photo by Oyaol Ngirairikl)

Guam's own miniature dragon

By Jesse Leon Guerrero

Joint Region Edge Staff

A variety of birds, insects and other animals make their homes in Guam's jungles, but one resident of the wild truly stands out: the monitor lizard.

Monitor lizards, called "hilitai" in Chamorro, are cold-blooded animals that live here and throughout the Northern Mariana Islands.

Often mistakenly called an iguana, hilitai do not have spikes and their tongues are forked like that of a snake. Yellow scales of bands and dots mark their dark green bodies, which look smooth from a distance but are actually bumpy.

Like a mythical dragon, hilitai have a serpent-like appearance complete with a long neck, thick body and curving tail. Fortunately, these lizards only average about three feet in length, though larger specimens can be around five-feet long.

Unlike iguanas, which are usually herbivores, hilitai commonly prey on birds and their eggs. They also eat smaller lizards, crabs, insects and even carrion. Rodney Lujan, a Chamorro resident who raises hilitai as pets, said he feeds them raw chicken, ramen noodles and more.

"Pork bacon, uncooked - they like that," Lujan said.

Hilitai travel and hunt along the ground, but their sharp claws also help them climb trees and hillsides. They are mostly encountered in secluded places, but have been spotted by housing areas and roads, warming themselves under the sun. They dig holes under trees and rocks for use as nests, where females can



Above: A tamed monitor lizard explores his surroundings at the Chamorro Village Night Market in Hagatna April 28. Monitor lizards, called "hilitai" in Chamorro, live in Guam's jungles and are active during the day and night. (U.S. Navy photo by Jesse Leon Guerrero)

Right: A local resident lets his pet monitor lizard relax in the afternoon sun at the Chamorro Village Night Market in Hagatna April 28. (U.S. Navy photo by Jesse Leon Guerrero)

lay up to a dozen eggs.

"In the daytime, out in the jungle, they'll bury themselves, and at night, they'll get out and become very active," Lujan said.

Lujan said he has domesticated hilitai in as little as four months, but he cautioned people against scaring or attacking the lizard, especially one that has just come out of the jungle.

"They whip their tail, they scratch, they bite," Lujan said. "But when you keep them in captivity and handle them everyday, they tend to be a little more tame."

With their striking appearance, hilitai frequently appear at local fairs, museums and other recreational and

educational shows.

Two myths perpetuate their importance in Guam culture, with the first telling of how hilitai received their spots from the Guam rail, known as "ko'ko" in Chamorro. The hilitai tricked the ko'ko bird into painting its scaly body with spots, and was cursed by the bird when it refused to return the favor.

The second myth tells of a boy who escaped the wrath of Chaife, god of wind, water, fire and the underworld, by turning into a hilitai and fleeing into the jungle.

For more information about hilitai, visit Guampedia at <http://guampedia.com>.



Learn about vacationing in Australia at travel fair

By Jesse Leon Guerrero

Joint Region Edge Staff

Navy Morale, Welfare and Recreation (MWR) and 36th Force Support Squadron will host travel fairs promoting Australia as a prime destination for vacationers.

The Australia Experience will take place May 13, 5:30-8:30 p.m. at Top O' the Mar and May 14, 5:30-8:30 p.m. at the Sunrise Conference Center on Andersen Air Force Base.

Nearly a dozen hotel, recreation and tourism vendors will talk to

attendees about the different travel packages and deals available.

"If you really want to learn more about this destination, this travel fair is the best time and place to do it," said Katherine Denight, regional commercial sponsorship coordinator for Joint Region Marianas WarFighter and Family Readiness.

Also known as the "Land Down Under," Australia offers a variety of outdoor spots with scenic views and unique wildlife. As the adventure capital of Australia, Cairns provides opportunities for visitors to visit a rainforest, go white-water rafting

through gorges, surf, swim, scuba dive and city nightlife. A popular water-sport destination is the Great Barrier Reef, which is listed on the World Heritage List as an international site of cultural and national importance.

"Australia is a very popular destination because of its proximity to Guam and the weather is very nice," Denight said.

Attendees of the Australia Experience will get to enjoy Australia native culture through a live performance by the Pamagirri Aboriginal Dancers.

Attendees will also get a chance to sample Australian wine, which will be available for purchase.

Denight said one of the highlights is a grand prize trip giveaway for airfare accommodations and tours for four people.

"I'm very excited because it's a big deal," Denight said. "It's the first time we've ever given away a trip for four. You have the option of taking along some friends."

Denight explained attendees can enter the drawing by visiting each booth and answering a questionnaire. Both events will give out this

grand prize and other smaller prizes will include hotel stays and recreation packages.

Top O' the Mar will have a Mongolian-themed dinner available for \$17.95 for adults or \$9.95 for children ages 5-11. Active-duty military get 20 percent off and other military ID holders get a 10 percent discount.

For more information about Australia Experience at Top O' the Mar, call 339-1352. For more information about the event at the Sunrise Conference Center, call 366-2220.

FREE

Build your own Transportation Contest

U.S. Naval Base Guam youth are encouraged to participate using recycled items to build a transport system for this Teen and Youth Centers' contest. Deadline to turn in a project is May 17. For more information, call 339-6130.

On a Budget

Chamorro Village

Take a free trip to Chamorro Village in Hagatna every Wednesday. Single Sailors and geographical bachelors can catch a shuttle at 6 p.m. at Single Sailor Sanctuary. Sailors at the Ordnance Annex can catch the shuttle 6:30 p.m. at Silver Dolphin. For more information, call 564-2280.

Free Golf Clinic

Learn the fundamentals of golf every Saturday and Sunday, 9-10 a.m. at Admiral Nimitz Golf Course in Barrigada. No need to register. For more information, call 344-5838.

Tuesday Texas Hold'em Nights

Texas Hold'em tournaments are held every Tuesday starting at 6 p.m. in Hightides at the Top of the Rock on Andersen Air Force Base. Play is free for club members and \$5 for non-members. Weekly prizes are awarded. For more information, call 366-6166.

Tarague Beach

Tarague Beach is currently open for swimming Fridays, Saturdays and Sundays, 10 a.m.-6 p.m. During these days and times, swimming is authorized only in the designated marked swimming

area and only when a lifeguard is present. For more information, call 366-5197.

Story Time

The Andersen Air Force Base Library has story time every Wednesday at 10:30 a.m. and 3 p.m. There will also be crafts and other fun activities. For more information, call 366-4291.

Bring the children for story time at the U.S. Naval Base Guam Library every Wednesday at 3:30 p.m. In addition to great stories, there will be crafts and other fun activities. For more information, call 564-1836.

UNDER \$10

Game Time Sports Grill
Begin or end your day with a delightful meal at Game Time Sports Grill. The overlook of the golf course offers a relaxing atmosphere for breakfast, lunch or dinner. Breakfast specials are served daily ranging from \$4.50-\$5.50. Breakfast hours are 6-10:30 a.m. Lunch specials also served daily and are only \$6.95 with fountain soda. Lunch hours are 10:30 a.m.-3 p.m.

On a Budget \$10 AND UP

Also enjoy 18 holes of golf and a lunch package available at the Pro Shop for \$46 per person. For more information, call 344-5838 or 734-2155.

Windsurfing Lessons
Outdoor Recreation is offering windsurfing lessons May 15. Van leaves Outdoor Recreation at 7:45 a.m. Cost is \$50 and includes lesson, transportation, gear and lunch. Participants must be at least 16 years of

age and be able to swim, and should bring a bathing suit, towel, water, sunscreen, sunglasses and change of clothes. Early sign-up encouraged. Payment of class fee is due at time of sign-up. For more information, call 366-5197.

Steak Dinner Night at Bamboo Willies
Bring the family to Bamboo Willies May 16 from 5:30-8 p.m. for their popular Steak Dinner Night. Patrons can enjoy a great-tasting steak with baked potato, baked beans, corn, salad and bread for just \$13.50 per person. Club Card holders get \$2 off your meals.

The regular Bamboo Willies menu will also be available. For more information, call 366-6166.

HotSpot Flea Market
Sell items you no longer need or pick up some great bargains at the next Hotspot Flea Market May 22 from 8-11 a.m. at the HotSpot Gym, just down the walkway from the bowling center. For people wanting to sell items, each table is \$10. Sellers can set up the evening before the flea market from 6-9 p.m. or at 7 a.m. the day of the flea market. For more information, call 366-2339.



FRIDAY, MAY 7

7 p.m.: How to Train Your Dragon • PG

SATURDAY, MAY 8

2 p.m.: How to Train Your Dragon • PG

7 p.m.: Diary of a Wimpy Kid • PG

SUNDAY, MAY 9

7 p.m.: Hot Tub Time Machine • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, MAY 7

7 p.m.: How to Train Your Dragon • PG

9:30 p.m.: The Craziest • R

SATURDAY, MAY 8

1 p.m.: Alice in Wonderland • PG

3:30 p.m.: The Bounty Hunter • PG-13

7 p.m.: Shutter Island • R

SUNDAY, MAY 9

1 p.m.: How to Train Your Dragon • PG

3:30 p.m.: Diary of a Wimpy Kid • PG

7 p.m.: Repo Man • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwrguam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass
Monday-Wednesday, Friday
11:40 a.m. Weekday Mass
Saturday, 5:30 p.m. Mass
Sunday, 9 a.m. Mass
CCD Sunday, 10:15 a.m.
Choir Practice
Wednesdays, 6 p.m.
Protestant Worship
Service
Sunday, 10:30 a.m.
Protestant Sunday School
Sunday, 9 a.m.

Women's Bible Studies
first & third Wednesday
8:30 a.m.

Women's Studies
Second & fourth
Wednesdays, 6:30 p.m.

Choir Practice
Tuesdays, 6 p.m.
Jewish Shabbat
Fridays, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass
Sunday, 9 a.m.
Monday-Friday, 11:30 a.m.
CCD
Sunday, 10:30 a.m.

Andersen Air Force Base

Roman Catholic Mass
Chapel 1
Saturday, 5 p.m.
Sunday, 9:30 a.m.
Monday-Thursday, 11:30
a.m.

Sunday Protestant
Worship
Chapel 2
General Worship 9 a.m.
Inspirational Gospel 11:30
a.m.

Sunday Religious
Education
Chapel 2
Catholic R.E., 8 a.m.
Protestant R.E., 10:30 a.m.

*Schedules subject to
change without notice. To
confirm times or for more
information about the
programs, call the chapels
at the following numbers:*

Andersen Air Force Base
366-6139
Naval Base Guam
339-2126
Naval Hospital Guam
344-9127

Don't worry: Trust brings peace

By Cmdr. Melvin Underwood
Submarine Squadron 15

Worry and anxiety can lead us to do crazy things. It can be like the story of Joe and Dave. They were hunting when Dave keeled over. Frantic, Joe dialed 911 on his cell phone and blurted, "My friend just dropped dead! What should I do?" A soothing voice at the other end said, "Don't worry, I can help. First, let's make sure he's really dead." After a brief silence, the operator heard a shot. Then Joe came back to the phone. "Okay," he said nervously to the operator. "I'm sure he's dead now. What do I do next?"

Many folks worry about things that never happen. I read about a patient in a mental hospital, holding his ear close to the wall, listening intently. The attendant finally

approached to inquire about what he was doing. "Shh!" whispered the patient, motioning for him to come over. The attendant pressed his ear

to the wall for a long time. "I can't hear a thing," he finally said. "No," replied the patient, "it's been like that all day!"

Whether we are worrying about something real or something

imagined, worry is an obstacle that will occupy our minds and restrict our progress. "Worry does not empty tomorrow of its sorrow. It empties today of its strength."

That validates the fact that worry affects some of us more than others. But to some degree worry touches us all. Different people have different ways of coping. For some it helps to put their problems in perspective. Having had my own

personal conflicts with worry, I was struck by a verse of Scripture I read in my devotions the other day. "You will keep in perfect peace him whose mind is steadfast, because he trusts in you." (Isaiah 26:3). That's what I want for the rest of my life — perfect peace.

When we are worried, it's important to remember that our Father is trustworthy. That changes the way we think and brings us peace. The word "peace" in Isaiah 26:3 is a translation of the Hebrew word shalom. That word is full of meaning. The Hebrews used shalom for peace, prosperity, health and completeness. It refers to wholeness in every area of a person's life.

When I read this verse, I saw what I have been doing wrong. I tend to start with a lack of peace about something. Then I try to think through it. I jump from worry to my way of thinking. I try to fix my mind and alleviate the worry.

Certainly, the way we think is

part of the problem and fixing it is part of the solution to worry. But I just can't start there. Isaiah reverses the process. He says that perfect peace is the result of a steadfast mind and that a steadfast mind is the result of trusting God. In other words, when I am worried, I trust in God. That produces in me a steadfast mind and the result of that is perfect peace. Healthy thinking is founded on healthy trust in God and that is my basis for peace. A worry-free life begins with trusting God.

So the answer to worry is depending on God to be there for me. A healthy mind is just a natural part of the process. If I know God can be trusted, my thinking will be secured and I can have peace.

When we reach out to Him, God takes our hand every time because He can be trusted. When worry comes, don't fret. Go back to the reality of a God who is trustworthy. It will stabilize your mind and bring you perfect peace.



554th RED HORSE wins football title

By Senior Airman Shane Dunaway

36th Wing Public Affairs

In a defensive struggle lasting well into the final minutes, the 554th RED HORSE Squadron's (RHS) intramural flag football team defeated the 736th Security Forces Squadron's (SFS) team, 10-0, in the base intramural football championship game at the quarter mile track and field on Andersen Air Force Base April 29.

The win marked the second consecutive championship for the 554th RHS. More than 50 squadron members, family members and friends of players stood or sat in the stands and loudly and proudly showed support for their team.

Throughout the game, penalties and dropped passes cost both teams crucial opportunities to take control of the game. The 554th RHS defense became the difference-maker, forcing three interceptions by 736th SFS Quarterback Aaron Karwoski.

"Our defense wins us championships," said Robert Davis, 554th RHS coach. "Last year, our defense won us a championship and as you can see, they just won us a championship. We have a good quarterback. We had to make a change, but we still had a good quarterback and we ran the ball well."

Ryan Halter, wide receiver and comeback for the 554th RHS, made two of the defense's biggest plays of the night. He made one interception with an impressive sideline catch where he fully extended his body out of bounds while keeping both feet on the opposite edge of the sideline. His second interception in the 554th RHS end zone ended a potential scoring drive for 736th SFS.

"My first interception was close to the end of the half," Halter said. "I knew they were going to throw it. As soon as I saw the ball in the air, I knew I could just go up and get it. I looked down to make sure I could keep my feet in bounds and came up with the interception."

The 736th SFS defense came

into the game looking to stop the 544th RHS pass offense, but they were unable to contain 554th RHS Quarterback Michael Rich, who racked up more than 120 yards rushing and a touchdown on the team's final drive of the game.

"They were covering my big-play receivers pretty good," Rich said. "There were holes in the defense, so I just ran the ball. We didn't want to turn the ball over because if we turn the ball over, we'd lose. We wanted to keep the clock running, score a couple points and finish the game."

Despite coming up short in the end, the 736th SFS stuck with their gameplan and fought valiantly until the very end.

"RED HORSE is a good team and overall, it was a good game," said Antquil Cage, wide receiver for the 736th SFS. "They like to do a lot of short plays and we did a good job of containing them. We came out to stop their short passes and stop them from going over the middle. We just made a couple of bad games and it cost us the game."



Defense: No. 26 Cody Ott, left, of 554th RED HORSE Squadron, avoids a 736th Security Forces Squadron defender during the Intramural Flag Football Base Championship on Andersen Air Force Base April 29. (U.S. Air Force photo by Airman 1st Class Julian North)

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Armed Forces 5K

The Armed Forces 5K will take place May 8 at Paseo Field near Chamorro Village. Show time is 5:15 a.m. and go time is 6 a.m. This event is in support of the 2010 Navy-Marine Corps Relief Society Fund Drive. Pre-register at Homet Sporting Goods in Tamuning. Tickets are \$5 for students and \$7 for adults. For groups of up to four people the cost is \$20. On the day of the race, tickets are \$10 for both students and adults. T-shirts will be given to the first 300 finishers. For more information, call 564-1880.

Mystery Run

Race is May 14 at Sumay Cove Marina with a 5:30 p.m. show time and 6 p.m. go time. Register at Charles King Gym. Race is free. T-shirts each cost \$5. For more information, call 564-1856 or 339-1301.

Junior Golf Summer Program

Admiral Nimitz Golf Course will hold four summer sessions for youths, ages 6-17: June 30-July 2, July 14-July 16, July 27-July 29, and Aug. 4-6. All sessions will be 8-10:30 a.m. Cost is \$100 per junior, per session, which includes range balls and play fees. Register and pay at the Navy Morale, Welfare and Recreation main office or at Admiral Nimitz Golf Course. For more information call the golf course at 344-5838 or MWR at 564-1851.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Kids' Run

The annual America's Armed Forces Kid's Run will take place May 15 at the Andersen Air Force Base running track across from the Meehan Theater. Show time is 7:30 a.m. Start time is 8 a.m. There will be several age groups: children ages 6 and under will run a half mile; ages 7-8 will run one mile; ages 9-13 will run two miles; and ages 13 and over will run five kilometers. Parents are welcome to run with their children. Register in advance at the Youth Center, Teen Center or HotSpot. For more information, call 366-2339.

Championship Tournament

Start getting in some practice rounds now so you'll be ready for the Palm Tree Golf Course annual Base Championship Golf Tournament May 15-16. Entry fee is \$40 for Palm Tree members and \$60 for nonmembers. There will be both men's and women's divisions flighted by handicap. Trophies will be awarded and there will be plenty of great door prizes. For more information, call 366-4653.

Junior Golf Summer Program

Palm Tree Golf Course is offering junior golf sessions July 12-16. The times are 9-9:45 a.m. for kids ages 6-9, and 10-10:45 a.m. for kids ages 10-13. The cost is \$50 per child for all five days. For more information, call the golf course at 366-4653.

Panthers prep for playoffs

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

The Guam High School Panthers boys' varsity volleyball team had a tough evening, as they lost to the George Washington High School Geckos May 1.

The defeat came a night after a victory over defending champion Simon Sanchez High School Sharks.

"You know this is a new team and we have only one player from last year returning," said Panthers' head coach Ed Paz. "We have been losing in the beginning but have improved in the second half of the regular season, which is evident in beating the Sharks."

In the first set, the Panthers were dominant, scoring the first five points. It seemed that the team was focused and determined. Panthers' No. 3 Rome Tenorio and No. 23 Derrell Bruner were a formidable duo, racking up the majority of the team's 25 points, and leading their team to a 25-19 first set victory.

After the teams switched sides for the second set, the Panthers seemed like a different team. They were mostly outthrustled. Not even Bruner's four blocks could get the Panthers back into the game as they lost the set, 13-25.

The final set was a nail-biter. The teams were neck-and-neck in the beginning. At one point in the match, the ball was volleyed more than 10 times before Bruner got the kill, giving the Panthers a 8-6 lead. However, that was the last time the team would lead as fatigue seemed to set in. With the score 18-16 in favor of the Geckos following a timeout, the visitors went on a 7-0



Up and Over: Guam High School (GHS) Panthers boys' varsity volleyball team member No. 3 Rome Tenorio, center, attempts a score off a fingertip kill during a game against George Washington High School at GHS May 1. The Panthers lost the game 25-19, 13-25, 16-25. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

run, destroying the Panthers' chance of an upset, and winning the set 25-16.

"We at least won a set," Paz said. "I guess the other team wanted it more. But we will see them next

week when the playoffs begin. Until then, we will work on our setting and passing."

For more information about Guam High School sports, call the school at 344-7410.