

FOUR ONE ONE

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Beware of the Scare!
**HAUNTED
HOUSE**

10.27.2012

6-9pm

Outdoor Recreation Lawn

Activities includes: Haunted House,
Hay Ride, Hay Maze and Halloween Games.

***Parental Guidance: Children under 9 years old



Facebook



411 Magazine



Website



JOINT BASE ANACOSTIA-BOLLING
WARFIGHTER & FAMILY READINESS

W&FR
BETTER & STRONGER TOGETHER

SAVE

Joint Base Anacostia-Bolling NAF SALE

October 17, 2012
8am to 2pm
Base Pool Parking Lot

Items include: Office furniture, Camping equipment, Beer Cooler, Chairs, Tables and more.
Sealed Bid Items: Grand Piano & Boat

Items are sold individually. Price of items vary. While supplies last.
Cash, Check and Credit Cards are accepted.

* MWR Employees APF or NAF and their family members are prohibited from purchasing items disposed of at annual garage sale or sealed bid auctions.

Marketing Department: 202.767.1371

GREAT DEALS!

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411 MAGAZINE



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10.2012

The Joint Base Anacostia-Bolling 411 magazine is designed to keep our customers informed about the facilities and events offered. The opinions expressed herein are not necessarily those of Joint Base Anacostia-Bolling or the DoD. All program dates and times are subject to change. Appearance in this publication does not constitute endorsement of products or services by the DoD. For more information on this publication, contact the JBAB Marketing Office at 202.767.1371 or 202.767.4846. No federal endorsement of sponsors or advertisers is intended.

Warfighter and Family Readiness
Mr. John Robinette WFR Director
Mr. Mick McAndrews WFR Deputy Director
Mr. Bobby McCullough MFSC Director

Get Connected

The WFR Marketing Department is utilizing several new social media technologies. Our latest being the QR (Quick Response) Tags and Text Messaging Program to go along with our already developed Facebook Page and Website. In the year ahead, we will continue to develop the ways we communicate with our customers.

As far as using the QR Tags, here are directions to download the FREE Smartphone applications that will give you the ability to scan the tags:

Apple I-Phone Users: Access the App Store and download "QR Scanner"
Android Users: Access the App Market and download "QR Droid"
Blackberry Users: Access App World and download "QR Code Scanner Pro"



411 Magazine



Facebook



Website



ICE

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CAN'T MISSEVENTS:

Navy Birthday 5K & 10K Run/Walk
October 12th - 1pm - Slip Inn Bar & Grill
NAF Sale
October 17th - 8am-2pm - Base Pool Parking Lot
Haunted House
October 27th - 6-9pm - Outdoor Recreation Lawn
Halloween Parade & Carnival
October 31st - 5pm - Giesboro Park



Tutor.com for U.S. Military Families

This program is funded by the Department of Defense MWR Library Program, Yellow Ribbon Reintegration Program and Navy General Library Program.

Get homework and studying help from a professional tutor any time you need it. FREE for students in Army, Navy, Air Force, Marines, National Guard and Reserve families. Expert tutors are online 24/7 and available to help in more than 16 subjects, including test prep, proofreading, Math, Science, English and Social Studies.

Call the Youth Center at
202.767.4003 for more information



Parents Night Out

October 19th - 6 to 11pm
Youth Center
Ages 6 weeks to 12 years

Pre-register in person no later than October 17th and pay 2 hours in advance. Must register for Hourly Care in Child and Youth Program Facilities.

Cost: \$4.00 per hour

Call the Youth Center at
202.767.4003 for more information



Scottish Highland Games SCOTS4TOTS

October 27th
4:30 to 5:30pm
Bolling Green Park

Come over and learn traditional Scottish games! Then prepare for the scare at our Haunted House at 6pm.

- Tossing the Caber
- Battle Axe Throw
- Sheaf Toss and more!

Call the Youth Center at
202.767.4003 for more information

ICE INTERACTIVE CUSTOMER EVALUATION

[HTTP://ICE.DISA.MIL](http://ice.disa.mil)

FFR Human Resources Office

To View Job Vacancies Online Go To:

<http://www.cnmc.navy.mil/NDW/About/Jobs>

Bldg. 12 Brookley Avenue, Joint Base Anacostia-Bolling Washington DC. 20032
202.767.5206/8545 or 202.404.7077



Jobs:
Scan QR Code with
smart phone

ACTIVITIES:
HAUNTED HOUSE
 CHILDREN 7 AND UNDER: \$3
 ALL OTHERS: \$5
 UNLIMITED: \$10

HAYRIDE, HAY MAZE & GAMES: FREE
 ***SELLING REFRESHMENTS

HAUNTED HOUSE
 BEWARE OF THE SCARE!
 (Parental Guidance: Children under 9 years old)
OCTOBER 27TH
 6 TO 9PM - OUTDOOR RECREATION CENTER LAWN

In Partner With:


Child & Youth Programs: 202.767.4003 | Lincoln Military Housing: 202.629.2647
 Bolling Family Housing: 202.562.2631

Potomac Lanes Bowling Center
HALLOWEEN COSMIC BOWLING
 October 27th - 8pm to Midnight
 Featuring: DJ Chris

Come out in your best costume and bowl the night away!
 Prizes will be awarded to the best costume for adult and child.

Potomac Lanes
 Bldg. 1310, McChord St.
 202.583.1701/02



Joint Base Anacostia-Bolling
Slip Inn Bar and Grill

 Slip Inn Bar and Grill
 202.767.5840
 Bldg. 2482, Arnold Avenue
 M-F: 11am to 6pm
 *Kitchen closes at 6pm



LIBRARY ANNUAL HALLOWEEN COSTUME PARTY AND CONTEST
OCTOBER 30, 2012
 5 - 6:30PM

Join the JBAB Library for our Annual Costume Party! Please come dressed as your favorite character. We will be playing ghoulish games and making creepy crafts. Prizes will be awarded during our costume contest!

Our festivities will feature ghoulish games, creepy crafts, goody bags and light refreshments.

Base Library
 Bldg. 4439, Tinker Street
 202.767.5578

FREE: Anyone with Base Access is welcome to participate

2012 JOINT BASE ANACOSTIA-BOLLING HALLOWEEN **PARADE**
 OCTOBER 31, 2012 - PARADE STARTS AT: 5PM - GIESBORO PARK



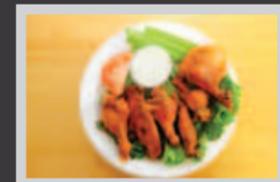
Join the Joint Base Anacostia-Bolling Youth Center Staff for our Annual Halloween Parade. Walk from Giesboro Park to the Youth Center in your favorite costume. After walking in the parade, join us in the Youth Center Gym for activities, before going trick or treating in base housing.

TRICK OR TREAT: 6:30-8PM

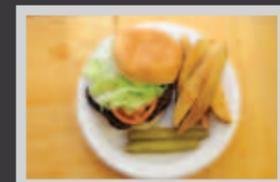
In Partner with:
 CYP - Lincoln Military Housing - Bolling Family Housing
 For more information, please call 202.767.4003



Famous Fried Chicken
 (Served with rolls)
 2 pc. Chicken \$4.95
 3 pc. Chicken \$6.25
 6 pc. Chicken \$10.50
 12 pc. Chicken \$19.50



Buffalo Wings
 (Served with dressing & celery)
 Single (8) \$7.00
 Double (16) \$12.50



Breaded "George" Wings
 Single (8) \$8.00
 Double (16) \$13.50

Sandwiches
 (Served with choice of side & soda)
 Pulled Pork \$6.95
 Ultimate Hot "DAWG" \$6.50
 Slip Inn Burger \$7.95

Chicken Combos
 (Served with side & soda)
 2 pc. Chicken \$6.75
 3 pc. Chicken \$7.75

Salad
 House Salad (Seasonal) \$3.00

Sides
 Chips \$1.00
 Coleslaw \$1.00
 Potato Salad \$1.00
 Potato Wedges \$2.50
 Shoestring Fries \$2.25

Specials
 Soup (Seasonal) \$3.50
 Fish Fry (Fridays) \$6.95

Note: Phone in orders are not accepted at this time.

WiFi Enabled

Note:
 Slip Inn Bar & Grill will be closed on October 8th for Columbus Day.

Joint Base Anacostia-Bolling Outdoor Recreation Center Equipment Rentals



Outdoor Recreation Center
202.767.9136
Bldg. 928, Giovannoli Way
M-Sun: 9am to 6pm

Outdoor Equipment (Yearly)

Blower Electric	2 Hrs	\$5.00
Edger	\$5.00	\$20.00
Post Hole Digger	N/A	\$5.00
Lawn Mower	\$5.00	\$20.00
Spreader	N/A	\$5.00
Snow Blower	N/A	\$25.00
Snow Shovel	\$2.00	\$8.00
Tiller	N/A	\$30.00
Weedeater	\$5.00	\$20.00

Party Equipment (Yearly)

Barbeque Grill - Small	\$10.00
Chafing Dish	\$10.00
Coffee Pot - Small	\$7.00
Folding Chair, Padded	\$1.00
Folding Chair, Unpadded	\$0.75
Fountain Punch	\$30.00
Propane Grill Super Cooker	\$75.00
Charcoal Grill Super Cooker	\$65.00
Popcorn Machine	\$30.00
Snow Cone	\$30.00
Tables (6-8 Foot)	\$5.00
Cotton Candy Machine	\$30.00
Sumo Suits	\$50.00
Outdoor Table Top Heater	\$15.00
Ice Cream Bike	\$35.00
Speaker	\$8.00
Speaker w/Stand	\$9.25
Lectern/Podium	\$10.00
Microphone w/Cable	\$4.00
PA System Set	\$22.50

(2 speakers w/stand & mic w/cable)

Party Tents

24 Hrs	Set up on base only	\$60.00
20x40 Canopies	\$95.00	\$60.00
20x20 Canopies	\$65.00	\$40.00
10x10 Canopies	\$35.00	\$20.00
Easy up 10x10	\$25.00	
Easy up 10x15	\$30.00	
40x100 Canopy*	\$500.00 (On Base Only)	

*Minimum 3-Day Rental Period

Camping Equipment (Yearly)

Hiking Back Pack	\$4.00
Camping Shovel	\$2.00
Camping Stove (Two Burner)	\$5.00
Camping Tent - 2 Person	\$10.00
Camping Tent - 4 Person	\$15.00
Camping Tent - 6 Person	\$17.00
Camping Tent - 8 Person	\$19.00
Canteens	\$1.50
Cooking Set - Camping	\$3.00
Cooler - Ice Chest (56 qt)	\$5.00
Cooler - Ice Chest (100 qt)	\$10.00
Cooler - Ice Chest (150 qt)	\$15.00
Cooler - Water (5 gal.)	\$3.00
Cooler - Water (10 gal.)	\$5.00
Cot - Sleeping	\$5.00
Lantern (LED)	\$3.00
Sleeping Pad	\$3.00

Ski Equipment (Seasonal)

24 Hrs	Snowboards, Boots	\$25.00
\$20.00	Skis, Boots, Poles (One Day)	\$25.00
\$20.00	Skis, Boots, Poles (Additional Days)	\$10.00
\$5.00	Boots	\$8.00
\$20.00	Poles	\$5.00
\$5.00	Skis	\$15.00
\$25.00	Skki	\$15.00
\$8.00	Snow Shoes	\$12.00
\$30.00	Services:	
\$20.00	Tuning	\$10.00
	Edging	\$8.00
	Waxing	\$7.00
	Calibrating	\$10.00

Sports Equipment (Yearly)

Basketball	\$2.00
Badminton	\$12.50
Bag 'O'	\$4.00
Bat (Baseball/Softball)	\$2.00
Blong 'O' Ball	\$4.00
Bocce Ball	\$4.00
Bulls Eye Washers	\$4.00
Croquet	\$4.00
Disc Golf - Portable Basket	\$12.00
Disc Golf-3 Disc Set (driver, mid-range & putter)	\$2.00
Football	\$2.00
Horsehoe Set	\$8.00
(4 horseshoes/2 stakes)	\$3.00
Horseshoes (4 Qty)	\$3.00
Jarts	\$4.00
Kickball	\$2.00
Soccer Ball	\$2.00
Softball Glove	\$2.00
Softball Set	\$15.00

(Includes 9 Gloves, 5 helmets, 3 Balls & 2 Bats)

Stand-up Paddle Board	\$20(hr)
	\$50(24hrs)
Tennis Racket & 3 Tennis Balls	\$3.00
Tennis Racket Set (Includes 2 Rackets & 3 Tennis Balls)	\$5.00
Trikke - 4 hrs	\$4.00
Trikke - 24 hrs	\$8.00
Tug of War Rope	\$2.00
4 Way Rope	\$4.00
Volleyball	\$2.00
Volleyball Set	\$15.00
Mountain Bikes	\$7.00
Knee Boards	\$15.00
Windsurfers	\$40.00
Wakeboard	\$15.00
Segway	\$10.00(hr)

D.C. Fishing License (Yearly)

Residents	\$10.00
Non-Residents	\$13.00
Temporary	\$6.50

Miscellaneous Equipment Rentals (Yearly)

Trailer (Open or Enclosed)	\$25.00
Generator, Portable	\$30.00
Wheel Chair	\$5.00
Rug Doctor (Small)	\$25.00
Rug Doctor (Large)	\$30.00

Seasonal

Santa Clause Suit	\$35.00
Mrs. Claus	\$30.00
Elf Suit	\$25.00
Plush Santa Wigs	\$8.00
Mrs. Claus Wigs	\$8.00
Santa Belly	\$6.00
Santa Toy Bag	\$2.50
Santa/Mrs. Claus Glasses	\$1.00

Inflatables

Moon Bounce (24 Hours)	\$150.00
**Rock Wall (6 Hours/Base Only)	\$250.00
Dunk Tank (6 Hours Max/Base Only)	\$75.00
**Waterslide (5 Hours Max/Base Only)	\$180.00
Speed Pitch (24 Hours/Base Only)	\$175.00
**Joust (6 Hours/Base Only)	\$200.00
**Yellow Submarine (6 Hrs Max/Base Only)	\$215.00
Paintball Field (markers, vests & masks)	\$300.00

Other Services

RV Storage	\$3.65 per foot per month
Resale Lot	\$12.00 first month
	\$22.00 second month
	\$32.00 last month
Pavilion Rental	\$50-\$90 (Call for Information)

Propane (Yearly)

The Equipment Rental Center offers propane filling services for gas grills and campers. (MARKET PRICE)

Additional Cleaning Fees

The following equipment must be returned clean. If it is not clean, a cleaning fee will be charged.

Power/Electric Equipment	\$25.00
Grills	\$100.00

Equipment Policy Procedures

Propane & Charcoal Grills
Both Charcoal & Propane grills require a 2-inch ball with a flat four electrical hook up. Propane tanks will come full; the renter will pay the difference of filling the tank upon return. Use only charcoal in the charcoal grills. Do not use wood or other materials. Renter must leave credit card number on file at time of pick-up. Grills must be cleaned when they are returned. There is a \$100.00 cleaning fee if returned dirty which will be charged to the credit card. Cleaning instructions will be provided. Renters are responsible for any and all equipment lost, stolen or damaged. No outside grills, no deep fryer/turkey fryers and propane burners.

Dunking Booth & Inflatables
Must reserve at least 48 hours in advance. Renters must leave a credit card number on file at time of reservation. An Outdoor Recreation staff member will conduct a pre and post inspection of dunking booths and inflatables for any damages when it is checked out and returned. No outside inflatables and a generator is included in the price of the Waterslide, Yellow Submarine and the Rock Wall. Customer is responsible for the fuel.

Tents, Santa & Elf Suits
An Outdoor Recreation staff member will conduct a pre and post inspection of all suits and tents for any damages when it is checked out and returned. In the event that any equipment is lost, stolen or damaged, the renter must replace with a new item. Outdoor Recreation has decision rights on replacement or repair items.

Additional Fees & Information
Additional fees will be charged for late, dirty or damaged equipment. Deliveries, on base only, can be made for party equipment, party tents and inflatables for \$10 per truck load with a minimum of a \$30.00 order. Set-up not included. Deliveries and pick-ups will be done between 10am and 4:30pm. All deliveries are dependent on management approval. All cancellations must be done 5 days before reservation date for a full refund. Within 5 days only 50% of the reservation cost is refundable.

*****Keep your eyes open for the next Outdoor Recreation Great Outdoor Adventures!**

Joint Base Anacostia-Bolling Capital Cove Marina



Capital Cove Marina
202.767.9135
Bldg. 90, Giovannoli Way
M-Sun: 9am to 6pm

Enjoy our Nation's Capital on the water ways with a 1/2-day or full-day rental. Have a great time with family and friends on the Potomac River going to Georgetown or fishing. We guarantee that it will be the most fun you will have in DC. We have just the right boat to fit your needs, Pontoons, Ski & Bass Boats, Canoes and Kayaks. View all the wonderful landmarks of DC, Virginia and Maryland from the river.

THREE EASY STEPS AND YOU'RE ON YOUR WAY TO RENT A BOAT!

1: Boating Safety Course

Take the FREE Boater's Safety Course online at www.boatus.org to get your boating safety certificate.

2: Boat Orientation

You must be 18 years of age and present your boating safety certificate from step 1 Thursday and Saturday at 11am depending on weather conditions. Course fee is \$5.00.

3: Reserve it:

Come to the marina to select one out of 9 styles of rental boats.



RENTALS

Bass Boats:	\$30 an hour plus fuel \$150 a day plus fuel \$525 a week plus fuel
15' Hunter Sailboat;	\$10 an hour \$60 a day \$15 an hour \$75 a day
18.5' Precision;	\$10 a day, \$40 a week
Canoes/Kayaks:	\$10 a day, \$40 a week
Pontoon Boat:	\$35 an hour plus fuel and oil \$200 a day plus fuel and oil \$35 an hour plus fuel and oil \$190 a day plus fuel and oil
Q5 Ski Boat:	\$35 an hour plus fuel and oil \$180 a day plus fuel and oil
Q4 Ski Boat:	\$535 a week plus fuel and oil \$15 an hour plus fuel and oil \$75 a day plus fuel and oil \$260 a week plus fuel and oil
Jon Boat w/ motor:	\$100 a week Mercury 4HP \$15 a day \$120 a week Mercury 15HP \$20 a day
Mercury:	\$15.00 \$20 a day
Knee Board:	\$15.00
Windsurfers:	\$40.00
Wakeboard:	\$15.00
Waterskis:	\$10.00 (single) \$15.00 (double)
Stand-up Paddle Board:	\$20 an hour \$50 a day

OTHER SERVICES

Orientation Course:	\$5 Thursday/Saturday (11am)
Boat Recovery:	\$85 an hour plus fuel (1 hr. minimum)
Ramp Fees:	\$10 Daily, \$70 Annual
PDF/Life Jacket:	\$5 a day
Jump Start:	\$15
Member Tug Services:	\$10 (Launch and Recovery)
Pump Out:	\$15 (Marina members FREE)
Pump Up Trailer Tires:	\$15
Bilge Pump Out (Rain):	\$75
Courtesy Dock (Over Night):	\$10(up to 22ft) \$15(22-26ft) \$20(over 26ft)
Wet Slip Fees:	\$7.65 per foot, per month
Dry Slip Fees:	\$3.65 per foot, per month
Ice:	\$1.25/bag
Fuel Dock:	

Rental hours are from 9:30am to 5:30pm

*Labor Assistance: \$25.00/half hour

Prerequisites for renting boats:

Ages 18 or older

Boating Safety Course: Class Instruction

MPD Harbor Patrol Unit at 202.727.4582

or online at www.boatus.org.

Boater Orientation Course: JBAB Capital Cove Marina

Joint Base Anacostia-Bolling Arts and Crafts Center



2012 White House Ornament for Sale

The 2012 White House Ornament is available for \$17 at the Arts and Crafts Center and Bolling Club.

Previous year's ornaments are still available in limited quantities at the Arts & Crafts Center.

The White House Historical Association has produced an annual White House Christmas Ornament since 1981.



Arts and Crafts Center
202.767.4422
Bldg. 4472, Arnold Avenue
Engraving Shop
M-Fri: 9am to 5pm
Sat-Sun: Closed
Frame Shop / Wood Shop
***Wood Shop closes at 6pm on Thursday
M: Closed
T-Thu: 1 to 9pm
F: Noon to 8pm
Sat: 9am to 5pm
Sun: Closed



Wood Shop

Now is the time to take our wood shop safety course. Why spend money on cheap furniture and shelving that you will have to replace after your first PCS. Build something strong that will last a lifetime. We have a large stock of domestic hardwoods and plywood at your convenience for the lowest prices inside of the beltway. We can also accommodate special orders. Call our Woodcrafter Dion at 202.767.4422 for details.

Passport Photos

Why go off base and spend more than you have to for passport photographs. We can take care of that right here at the Arts & Crafts Center. You get 4 passport ready images printed for just \$5.00.

Automated Photo Lab

Give the gift that means more. Time to print all of those priceless memories of your loved ones! Preserve all of your family photos and even make gift cards with personalized messages. We can print all of your memories from a 4 x 6 photograph up to a 24 x 36 poster. Come on in or call 202.767.4422 if you have any questions.

Computer Station

Stop by the Arts & Crafts Center and utilize our new internet computer in the computer room. We also provide FREE WiFi.

Gift Shop

Looking for that special or unique gift? Check out the JBAB Arts & Crafts Center Gift Shop. Choose from a wide selection of shadow boxes, flags, flag boxes, and sword cases. We have rosewood pen and pencil sets, complete with beautiful maple or rosewood boxes. The Gift Shop also has the White House Christmas Ornament that date as far back as 2005. We also have customizable tankards and travel mugs that can be custom engraved in our shop. These all make great gifts for any occasion. Give us a call anytime at 202.767.4422.

Engraving Shop

Come on in to see all of our engravable items from acrylics to wooden plaques. We can engrave just about anything for any special occasion. We can even create graphics to suit all of your engraving needs. We even have "GREEN" bamboo plaques in a variety of sizes. Call our graphic artist, Anjie, at 202.404.6997 for more information.

Frame Shop

Decorated walls make your house a home, and we can help frame your memories. Our Frame shop is the place for you to get all of your occasional memories displayed using the best in conservation materials for you or as a gift for a loved one. From posters to limited edition prints, to shadowbox layouts and mounting. Don't forget about our framing class that we have on the first and third Saturdays of each month. Give us a call at 202.767.8560 for more information.

Framing Class

Did you know that a framing class at a leading art school in the area can cost you \$295.00 plus materials? That is with a premade frame and is more than one session. If you want to learn about how to cut and assemble a frame, that will cost you an additional \$89.00!

Our class is only \$35.00 plus materials including instruction on properly measuring your display area, cutting and assembling of the frame to size, cutting the glass to size, cutting a double mat (2 mats stacked) and packaging of the frame. When you leave, you will have a custom framed and matted picture ready to proudly hang on your wall. All that and you can now save yourself about 40% of what you would have spent for custom framing.

WiFi Enabled

We Have Military Retirement Shadow Boxes And Flag Cases

Visit us at Bldg. 4472, Arnold Ave.

or

Call us at 202.767.4422 to place an order.



Military Retirement Shadow Boxes and Flag Cases
Scan QR Code with your smart phone to view the entire pricelist.

Joint Base Anacostia-Bolling Apparel

We are now selling Joint Base Anacostia-Bolling Patches suitable to attach to just about anything. Also available for sale is a Joint Base Anacostia-Bolling Polo Shirt and Cap.

Patch: \$7
Cap: \$10
Polo Shirt: \$32.50

Joint Base Anacostia-Bolling Auto Hobby Shop



Auto Hobby Shop
202.767.4571
Bldg. P8, Brookley Avenue
M: 9am to 7pm
T-W: 9am to 5pm
Thu-Fri: 9am to 7pm
Sat: 9am to 5pm
Sun: Noon to 5pm

***Auto Hobby Shop will be CLOSED the first Monday of every month

Joint Base Anacostia-Bolling Auto Hobby Shop Survey

Help us help you improve the quality of services we offer to you by filling out our survey. For a hard copy please visit us at Bldg. P8, Brookley Avenue or go to www.surveymonkey.com/S/F5MPS9Q

Your feedback matters!



Basic Auto Care Class: October 10, 2012 - 5 to 7:30pm - \$20 per person

In this monthly class, the experts at the Auto Hobby Shop will teach you how to do a basic oil change, replace your windshield wipers, fix a flat tire and so much more! Please reserve your spot early! Payment is due at the time of reservation.

PRICELIST:

Bay Use

Flate stall	\$5/hour
Frame lift	\$6/hour
Lube rack	\$7/hour
Engine room	\$10/day
	(Including bench time)
Bench work	\$5/hour
Body stalls	\$5/hour
Paint booth	\$15/hour
	(\$75/day)

Project Vehicle Parking

1-30 days	\$3/day
31-45 days	\$5/day
Over 45 days	\$10/day

Self Serve

Wash	\$2.50/cycle
Vacuum	\$.75/cycle

Mechanic Fee (Part extra)	\$71/hour
	(minimum half hour)

Service Fee

Air conditioning service (Freon & fittings extra)	\$71
Coolant Flush	\$71
	(1 gallon of coolant included)

Service Fee

Engine oil flush (oil & filter extra)	\$71
Oil change (oil & filter extra)	\$13.50
Engine diagnostic	\$40
Rotate & balance tires (4)	\$45
Remove, mount, balance & install tires (4)	\$71
Tire mount	\$6/each
Tire balance (weights included)	\$7/each
Tire Plug	\$6/each
Tire Disposal	\$3.50/each
Battery charge	\$4/each
Battery disposal	\$5/each
Turn brake rotor/drums	\$10/each
Welding torch	\$10 minimum
Front end alignment	\$71
All Wheel alignment	\$110
Transmission flush	4 cylinders \$110.00
	6 cylinders \$121.00
	V8 engine \$132.00

Used Oil & Antifreeze Disposal

Up to 2 gallons	\$1
3 to 5 gallons	\$2



OTHER SERVICES OFFERED:

CAR WASH: FROM \$2.50 (5 MINUTES)
KEYSMADE: FROM \$1.50 (PER KEY)

Joint Base Anacostia-Bolling Military and Family Support



LIFE SKILLS, FINANCE, EMPLOYMENT AND RELOCATION CLASSES ARE AVAILABLE FOR FREE!

Car Buying

October 2nd - 2 to 3pm - MFSC Bldg 72
Sign up by September 28th

Determine how much they can afford to spend on a car, research available vehicles, lenders and sellers, and negotiate a fair price on the purchase of a car.

Right Start

October 3rd, 10th, 17th, 24th, & 31st
7:30am to 3pm – MFSC Bldg 13

Sign up the Friday before each class

All personnel new to Joint Base Anacostia-Bolling, come learn about what JBAB has to offer. Family members are highly encouraged to attend.

Anger Management

October 3rd, 10th, 17th & 24th - 9 to 11am
MFSC Bldg 72

Anger is a normal feeling but do you know what to do when the heat rises in a situation? In this class you can learn about the patterns of angry behavior and try out a variety of acceptable coping strategies to handle angry feelings. This class is designed to help participants reduce unacceptable expressions of anger at home and work. Registration is required. Must attend all four sessions for certifications.

Credit Management

October 4th - 2 to 3pm - MFSC Bldg 72

Learn how to establish and maintain good credit and determine a safe debt load.

Career Week

MFSC Bldg 13
Sign up the Friday before all classes

Resume Writing Workshop
October 9th - Noon to 3:30pm

Job Search Strategies/Networking
October 9th - 9am to Noon

Applying for a Federal Job
October 10th - 9am to Noon

MBTI & Job Search*
October 11th - 9am to Noon

Interview Techniques
October 12th - 9am to Noon

Meet the Employer
October 12th - 10am to Noon

Applying for a Federal Job (Saturday)
October 13th - 9am to Noon

Employment Classes

MFSC Bldg 13
Sign up the Friday before all classes

Resume Writing Workshop
October 9th - Noon to 3:30pm

Applying for a Federal Job
October 10th - 9am to Noon

Interview Techniques
October 11th - 9am to Noon

Applying for a Federal Job (Saturday)
October 13th - 9am to Noon

Steps to Starting Your On Business
October 24th - 9am to Noon

Pre-Separation Brief

October 9th - 9 to 11am - MFSC Bldg 13
Sign up by October 5th

October 23rd - 9 to 11am - MFSC Bldg 13
Sign up by October 19th

Mandatory brief for service members separating or retiring.

Consumer Awareness

October 9th - 2 to 3pm - MFSC Bldg 72
Sign up by October 5th

You will learn how to identify and protect yourself from misleading and fraudulent consumer practices.

Potty Training

October 11th - 9:45 to 11:15am - Youth Center

Let's get your 2-3 year old out of diapers and on the potty! Come learn some helpful tips to make potty training more successful for parents and toddlers.

Thrift Savings Plan

October 11th - 2 to 3pm - MFSC Bldg 72
Sign up by October 5th

Learn what TSP is, how to enroll and participate, contributions, investment funds and options, and the features of the program.

Ombudsman/Key Spouse Basic Training

October 12-14th - 9am to 3pm - MFSC Bldg 13
Sign up by October 5th

For all newly appointed Ombudsman and Key Spouses, learn the basics of the program. You must attend all sessions to be certified.



MFSC
Anacostia MFSC
202.443.6151
Bldg. 72, Watson Road, SW
M-F: 7:30am to 4pm
Sat-Sun: Closed
Bolling MFSC
202.767.0450
Bldg. 13, Brookley
M-F: 7:30am to 4pm
Sat-Sun: Closed

Sponsor Training

October 12th - 1:30 to 3pm - MFSC Bldg 13
Sign up by October 5th

October 26th - 9 to 10:30am - MFSC Bldg 13
Sign up by October 19th

All personnel that are assigned as a command sponsor.

Developing your Spending Plan

October 16th - 2 to 3pm - MFSC Bldg 72
Sign up by October 12th

Learners should be able to establish financial goals and complete a spending plan using the Financial Planning Worksheet.

Keeping your Marriage Strong

October 18th - 9 to 10am - WNY Bldg 101
Sign up by October 12th

No marriage is perfect. It takes work, dedication and effort from both partners to get a result that everyone can be proud of. That's where we come in! Join us for an afternoon of marriage contemplation, while we discuss marriage expectations, communication, conflict resolution, money matters and how to remain close over the years.

Renting

October 18th - 2 to 3pm - MFSC Bldg 72
Sign up by October 12th

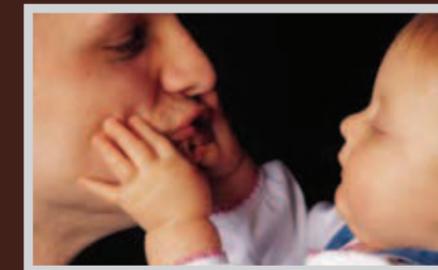
Learn about weighing your housing options, determine what you can afford, roommates, obtaining a lease and protecting you and your property.



Understanding Temperament

October 19th - 1 to 3pm - MFSC Bldg 72
Sign up by October 12th

As a result of attending this program, participants will be able to understand what temperament is and how it affects the way their infant experiences the world around them.



Ombudsman/Key Spouse Assembly w/ Advance Training

October 20th - 9am to Noon - MFSC Bldg 13
Sign up by October 12th

Quarterly meeting for trained Ombudsman and Key Spouses. Advanced training will follow assembly.

Command Financial Specialist Training

October 22nd-26th - 8am to 4pm
MFSC Bldg 72 - Sign up by October 19th

You must be registered to attend and must attend all sessions to be certified. Contact David Rowe at 202-685-0982

Anger/Stress Management for Parents

October 22nd - 4 to 5pm - MFSC Bldg 72
Sign up by October 19th

The main objective of this training is to help participants define stress and personalize the topic while learning coping tools.

Smooth Move and Overseas Planning

October 23rd - 9am to Noon - MFSC Bldg 13
Sign up by October 19th

Gain information on making a successful PCS move. Family members are encouraged to attend.

Steps to Starting Your Own Business

October 24th - 9am to Noon - MFSC Bldg 13
Sign up by October 19th

Learn the process of starting your own business. Guest speakers will discuss their experience in starting their business.

Conflict Resolution

October 25th - 2 to 3pm - MFSC Bldg 72
Sign up by October 19th

This workshop teaches participants to define conflict, as well as discover how they feel when faced with a conflict, how they normally react to conflict, coping techniques and how to resolve it appropriately as it occurs.



Hiring Our Heroes November 2nd JBAB Bolling Club

The U.S. Chamber of Commerce's Hiring Our Heroes National Capital Region (NCR) Military Family Appreciation EXPO, scheduled for November 2, 2012, at the Bolling Club on JB Anacostia-Bolling in Washington DC is committed to making this one-of-a-kind FREE hiring fair a win-win for employers and veteran/military spouse job seekers.

The U.S. Chamber of Commerce's Hiring Our Heroes event is co-sponsored locally by Joint Base Anacostia-Bolling (JBAB) Military Family Support Center, the Employer Support of the Guard & Reserve (ESGR), the U. S. Department of Labor Veterans Employment and Training Service (DOL VETS), U. S. Department of Veterans Affairs, the American Legion and United States Navy and the United States Coast Guard.

November 2, 2012
11 am – 2 pm
Joint Base Anacostia-Bolling
The Bolling Club (Bldg 50)
Theisen Street
Washington, DC 20032

For more information: Please contact Ms. Patricia A. Botkins, Military and Family Support Center, Joint Base Anacostia-Bolling at 202-767-0450/FAX 202-767-4482 or patricia.botkins@navy.mil.
<http://www.uschamber.com/hiringourheroes/joint-base-anacostia-bolling-dc>



MFSC Programs



MFSC Financial Counseling

Joint Base Anacostia-Bolling
Bolling Club



Become a Bolling Club Member and take advantage of all the undeniable benefits! Stop by the Bolling Club or visit www.afclubs.net

Seafood Buffet
 October 3rd - 5 to 8:30pm
 Bolling Club - Washington Dining Room
 Come out and feast on an abundant selection of snow crab legs, steamed shrimp, fresh oysters, fried oysters, fish and shrimp, the Club's famous fried chicken, starches, salad bar, clam chowder soup, homemade banana pudding, and assorted cakes and pies for dessert.
 Club Members: \$29.95
 Non Members: \$34.95

First Friday
 October 5th - 5pm to Midnight
 Bolling Club - Washington Dining Room
 Featuring: DJ Bob Ski
 Mark your calendars for this standing room only event! Everyone is welcome! We have a large dance floor, the most current music and several cash bars. Our Club members can help themselves to FREE Hors D' oeuvres from 5 to 7pm; Non members can enjoy for only \$10. Our famous fried chicken and Chef's specials will be available for purchase in the WASP Lounge from 7 to 11pm.

Daily Lunch Buffet Special
 Tuesday thru Friday - 11am to 1:30pm
 Bolling Club - Washington Dining Room
 Tuesday- Visit our Turkey Carvery Station and pair it with our homemade soup, fresh salad bar and the rest of the lunch buffet.
 Wednesday- Beef Carvery, French Fries and Yorkshire Pudding
 Thursday- Club Members, make your reservations now! All you can eat smothered, baked or fried pork chops.
 Friday- Seafood, Chef's choice of seafood choices *Remember, the salad and ice cream bars are always available!
 Club Members: \$9.95
 Non-Members: \$12.95
 For parties of ten or more, \$1 will be added to each person's meal.

Membership Free Drawing
 Tuesdays - Noon
 Bolling Club - Washington Dining Room
 Here's your opportunity to win a FREE SUNDAY BRUNCH for members only! Winners are drawn every Tuesday at noon and you must be present to win. Members must show proper ID as well as a valid club membership card.

 **Bolling Club**
 202.563.3800/8400
 Bldg. 50, Theisen Street
Lunch Buffet
 T-F: 11am to 1:30pm
 Sat-Sun: Closed
WASP Lounge
 W: 4 to 11pm
 F: 4pm to Midnight
 Sat-Sun: Closed
Champagne Sunday Brunch
 Sun: 10:30am to 2pm
Cashier's Cage
 T-F: 10am to 4:30pm
 Sat-Sun: Closed
Office Hours
 M-F: 9am to 5pm
 Sat-Sun: Closed
Catering Office
 M-F: 9am to 5pm
 Sat-Sun: Closed

Note:
 Slip Inn Bar & Grill will be closed on November 8th for Columbus Day.

WASP Social Hour
 Wednesday & Friday - 4pm - WASP Lounge
 Stop by the WASP Lounge Wednesday and Friday and enjoy our FREE Food for Members! (5-7pm).
 ***Non-Members can purchase for \$5.

2-for-1 Steak Dinner
 Every Thursday - 5 to 8:30pm - Bolling Club
 Stop by the Club to receive the "Best Deal in Town!" Choose from a juicy 12oz rib eye or sirloin steak, chicken or dish, and your choice of a tossed or Iceberg wedge salad, and Russet or Sweet baked potato with butter, sour cream, chives, and bacon bits. All meals come with a roll and butter, as well as coffee, tea, or iced tea. Select appetizers, desserts, and drink specials will be offered.
 Club Members: \$23.95 for two people
 Non-Members: \$23.95 per person.



Book Now For Spring 2013 Wedding Receptions!

Creating Unforgettable Memories

Picking the perfect venue for your wedding, cotillions, holiday parties, banquets, promotion and retirement ceremonies might be one of the most important things that you do. Our upscale Bolling Club and breathtaking rooms create an atmosphere as unique and special as the day itself! We also offer catering! ***Must be a Bolling Club Member.

At the Bolling Club we offer packages that are affordable for your budget, here are the rooms available:

**Capital Ballroom • Washington Dining Room • SPAATZ Room • Fireside Lounge • Old Club Room
 WASP Lounge • Tuskegee Airman Room • Arnold Suite**

Let us relieve your event planning stress. For more information and to book with us contact 202-563-8400/3800.

or
 email: aurelia.glenn@navy.mil



Champagne Sunday Brunch
 October 14th, 21st & 28th
 ***No Brunch on October 7th
 10:30am to 2pm - Bolling Club
 Washington Dining Room
 Come out and enjoy the BEST Champagne Brunch in the Capital Region. We invite you to feast on an abundant selection of seasonal fruits, shrimp, fresh oysters, salads, bakes and fried chicken, turkey, beef, fish, grits, bacon, vegetables, starches, eggs benedict, made-to-order waffles and omelets, homemade banana pudding, assorted cakes and pies for dessert.
 Members: \$17.95 Non-Members: \$22.95
 For parties of ten or more, \$1 will be added to each person's meal.



Birthday Lunch
 October 10th- 11am to 1:30pm
 Bolling Club - Washington Dining Room
 For all Club Members with a birthday in October, show your Club card and proof of your October birthday and receive a complimentary lunch buffet and a slice of birthday cake.



Boss and Buddy
 October 26th - 3:30 to 5:30pm
 Bolling Club - WASP Lounge
 Follow up that monthly promotion ceremony by taking your boss to the Club for Boss and Buddy night. Our Club Members enjoy a FREE buffet; cost for non-members is \$10.00.



FREE White House Ornaments

While supplies last! We will be giving away a FREE 2009 White House Holiday Ornament during our Thanksgiving Brunch on November 22nd. Make your reservations starting on October 29th!

Members: \$23.95 per person
 Non-Members: \$28.95 per person

\$5 OFF

Special Order Frame at the Arts & Crafts
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$2 OFF

Seafood Buffet at the Bolling Club
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$4 OFF

Champagne Sunday Brunch at the Bolling Club
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$10 OFF

Vehicle Alignment at the Auto Hobby Shop
 Valued at \$50 or more
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$2 OFF

Tuesday Lunch Buffet at the Bolling Club
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$2 OFF

Wednesday Lunch Buffet at the Bolling Club
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$6 OFF

Oil Change at the Auto Hobby Shop
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

\$2 OFF

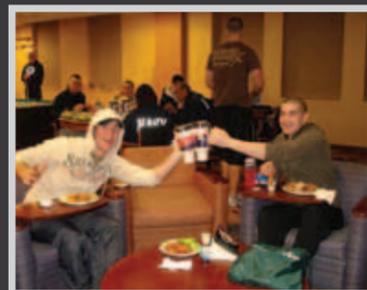
Large One Topping Pan Pizza at the Potomac Lanes
 Valid October 1st-31st

Coupon must be presented and surrendered at the time of purchase.
 (Must show a valid Club Membership Card)
 One coupon per person, per day

Joint Base Anacostia-Bolling
Liberty Center



Liberty Center
 202.685.1802
 Bldg. 72, Watson Road, SW
 M-Sun: Noon to 10pm



WE ALSO OFFER:

FREE TO USE:

- Desktop & Laptop Computers
- Video Game Stations (XBOX 360, Playstation 3, Wii)
- (2) Pool Tables, (2) Card Tables, Foosball Machine
- Movie Area with a large projection screen, 7:1 Surround Sound, movie theater chairs and other comfy seating.
- Movie Collection of over 500+ Movies



TUESDAY & THURSDAY NOON FITNESS CENTER I

FUNCTIONAL FITNESS

The functional fitness/stabilization class will be held every Tuesday and Thursday at Noon in the Cross Fit Area at Fitness Center 1 for the month of October. The class will be limited to seven participants each session; therefore, the class will be held on a first come first serve basis. This class is free of charge. All participants with access to JBAB are eligible to participate.

Fitness Center I
 Bldg. P15, Brookley Avenue
 202.767.5865

FALL AEROBATHON



October 20th • 9am • Fitness Center I

Summer is over and Fall is here! This is a great time to get your fitness plan back on track! Will you accept the challenge? Come join us for a fun filled day of aerobic exercise. There will be plenty of door prizes and refreshments will be served.

All participants will be entered to win one of our door prizes. Refreshments will be served.

Fitness Center I
 Bldg. P15, Brookley Avenue
 202.767.5865

Eligible Patrons: E1-E6 Unaccompanied Active Duty Military

Busch Garden's Howl-O-Scream Trip

October 27th - 11am - Williamsburg VA

Ready to face your fears and walk into the scariest haunted attractions in the area? FREE with Here's to the Heroes waiver.



NFL First Sunday Party

October 7th - Noon - Liberty

IT'S THE FIRST SUNDAY OF THE MONTH! Enjoy food and all the hard hitting action from local out of market games of your favorite teams via NFL Sunday Ticket. Get there early!



Liberty Movie Trip

October 12th - 6pm - AMC Hoffman Center

Join Liberty for a night at the movies to check out the latest new releases at AMC Hoffman.



Pre-Navy Birthday Party

October 11th - 4pm - Liberty

HAPPY BIRTHDAY!!!! Join Liberty as we celebrate 237 years with food, cake, prizes and other goodies!



UFC Night at Liberty

October 13th - 9pm - Liberty

Come watch Jon Jones, Dos Santos, St. Pierre, Anderson Silva, Cain Velasquez, Quinton Jackson on Pay-Per-View at Liberty!

Health & Wellness: Core Strength

October 16-18th - 4 to 10pm - Liberty Center

Visit the Liberty Center to learn interesting facts about improving your strength through different exercises and techniques.

Halloween Party

October 25th - 6pm - Liberty

Break out your best costume, pumpkin carving skills, and even mummify a friend at our annual Halloween Party!! Enjoy food, fun, games to win cool prizes at Liberty!

WWE Night at Liberty

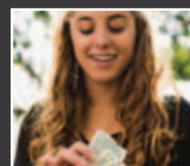
October 28th - 6pm - Liberty

Come catch CM Punk, John Cena, Randy Orton and WWE Superstars in high flying non-stop action on Pay-Per-View at Liberty!

Money Management

October 30th - Noon - Liberty

Have problems with finances, credit and debt management? Come by Liberty and talk to a financial advisor who can help and give you tools on achieving financial freedom. Free with Here's to the Heroes waiver.



Collector's Alert!

2012 White House ORNAMENT



The 2012 White House Ornament is available for \$17 at the Arts and Crafts Center and Bolling Club.

Previous year's ornaments are still available in limited quantities at the Arts & Crafts Center.

The White House Historical Association has produced an annual White House Christmas Ornament since 1981.

Arts & Crafts Center: 202.767.4422
 Bolling Club: 202.563.8400/3800

RADIO CITY CHRISTMAS SPECTACULAR
 THE ROCKETTES
11.10.2012
 DEPARTURE: 7AM LOCATION: NYC
 PRICE: \$120 - SHOWTIME: 4PM
 Includes transportation, ticket to the show with orchestra seating and a FREE popcorn or soda voucher.
 Tickets are available at the Joint Base Anacostia-Bolling ITT Office.
 Bldg. 4172 Arnold Avenue
 202.694.6176

Potomac Lanes Bowling Center



Potomac Lanes Bowling Center
 202.563.1701/1702
 Bldg. 1310, McChord Street
Bowling Lanes
M-Thu: 10am to 10pm
F: 10am to Midnight
Sat: Noon to Midnight
Sunday: Noon to 9pm
Snack Bar (Lunch & Dinner)
M-Thu: 10:30am to 9:30pm
Fri: 10:30am to 11:30pm
Sat: Noon to 11:30pm
Sun: Noon to 8:30pm

Spinz - Hand Crafted Food

Come and try out our new SPINZ Menu featuring fantastic flat breads, the BEST burger on base and wings that will have you flying back for more.

Appetizers:

- Spinz Ultimate Potato* Nachos:** \$6.95
*Waffle fries, chili, cheese, guacamole and Jalapenos! * or Tortilla Chips*
- Onion Rings:** \$3.95
- Mozzarella Sticks:** \$3.95
- Chicken Tenders:** \$5.95

Burgers - 1/2# fresh all beef hand-pattied burgers

- Gourmet Hamburger:** \$5.50
Served with lettuce, tomato & onion. Add cheese for \$0.50
- Guacamole Bacon :** \$6.75
With ripe avocado guacamole, crispy bacon & pepper jack cheese
- 5-Alarm Burger:** \$6.75
With pepper jack cheese, chipotle BBQ sauce & jalapenos
- Monster Bacon Cheeseburger:** \$9.50
1# burger with American cheese, bacon, lettuce, tomato & onion

Or, take our Gourmet Burger & Make it your own!

*American, Swiss, pepper jack cheese, mushrooms, jalapenos or black olives \$0.50
 Guacamole, roasted peppers & onions, onion rings, bacon or American chili \$1.00*

Sandwiches

- BBQ Bacon Chicken:** \$6.75
Grilled or crispy chicken with bacon, BBQ sauce & pepper jack cheese
- Buffalo Chicken:** \$6.75
Grilled or crispy chicken with buffalo sauce
- Turkey & Bacon Club Wrap:** \$6.75
Turkey, bacon, Swiss cheese with lettuce, tomato & ranch dressing
- Club Sandwich:** \$6.75
Turkey, ham, bacon with lettuce, tomato & mayo
- Grilled Chicken Sandwich:** \$4.95
- Chicken Parmesan Sandwich:** \$4.95
- Tuna Salad Sandwich:** \$3.95
- Jumbo Nathan's Hog Dog** \$3.95

Spinnerz

- Spinnerz:** \$4.95
Made with pepperoni & Italian sausage

Wings:

- Traditional Wings:** 6 Wings \$5.45
12 Wings \$9.95
- Boneless Wings:** 18 Wings \$13.95

7 Sauces to Choose From!

*Chipotle BBQ - Buffalo - Southern BBQ - Sweet N Sassy BBQ - Garlic Parmesan
 Honey Mustard & Sesame Teriyaki*

Pizza - served on handmade dough, made fresh to order

- Meat Monster** \$11.00/\$14.50
All the meat you can imagine! Pepperoni, Italian sausage, pork sausage, Canadian bacon & beef.
- Masterpiece Supreme:** \$11.00/\$14.50
Pepperoni, Italian sausage, pork sausage, Canadian bacon, beef, black olives, roasted peppers & onions, mushrooms.
- Garlic Parmesan Chicken:** \$11.00/\$14.50
A real treat! Succulent chicken in garlic parmesan sauce topped with bacon.

Build It Yourself!

Pepperoni, beef, Italian sausage, pork sausage, Canadian bacon, chicken, roasted peppers & onions, black olives, jalapenos, bacon, mushrooms

Pizza by the Slice!

Served daily 11am-1pm \$2.50ea or 2/\$3.95

Salads & Flatbreads

- Grilled* Chicken Salad:** \$6.95
*Mixed greens, grilled chicken, cheddar cheese & dressing, *or crispy*
- Chef Salad:** \$6.95
Mixed greens, ham, turkey, guacamole, cheddar cheese & dressing.
- Asian Chicken Flatbread:** \$5.95
Asian dressing, grilled chicken, roasted peppers & onions.

Sides

- Parmesan dusted Waffle Fries:** \$1.99
- Waffle Fries:** \$1.75
- Onion Rings:** \$1.75
- Side Salad:** \$1.95

MatchMaker Live
IDENTIFY YOUR ARSENAL

Roll 'em before you own 'em at Storm® / Roto Grip® MatchMaker™ Live. To be victorious in battle, your weaponry must be suited to your strengths. The Storm / Roto Grip MatchMaker program gives you the opportunity to test your artillery before you add it to your arsenal. Web balls pre-drilled to specific spins, bowlers of all sizes and skill levels can experience for themselves which balls offer the feel, shape, and action through the pins that will put them in a position of domination. Welcome to triumph.

Participation Fees
 Clinic: \$75 per session (Includes *MatchMaker)
 *MatchMaker Live ONLY: \$5 / bowler (FREE to active military)

Clinic includes: Q&A, On-lane instruction, \$15 option for See Your Game Video Analysis, Challenge Match, Trick Shots, Photo/Autograph Session, and Storm/Roto Grip MatchMaker*

LOCATION // Potomac Lanes - Joint Base Anacostia-Bolling
 ADDRESS // 315 McChord St. Washington, DC 20032
 DATE // Saturday, October 20
 TIME // Session 1: 9:00AM-12:30PM | Session 2: 1:30PM-5:00PM
 CONTACT // Carl Gittings (202) 563-1701 or Center (804) 615-5293

*MATCHMAKER AVAILABLE ALL DAY
 NO FEDERAL EMPLOYMENT INTENDED.

Speed lines and get advice from
 27-time USA title holder and legend
Norm Duke

STORM ROTO GRIP Master SEE YOUR GAME



Book your next occasion with us!

Whether you are hosting a birthday party or an office meeting, bowling is a fun activity that people of all ages can enjoy! We have group packages that are available for all size groups. Come eat, bowl and celebrate at the Potomac Lanes Bowling Center and leave the clean up to us!

For reservations please call
 202.563.1701/1702

Sandwich of the Month

October's Sandwich of the Month is a Bratwurst Sandwich with our signature homemade French fries and a 20oz soft drink for only \$6.50 or a Barbeque Sandwich with coleslaw and fries for only \$6.50.

Fall Leagues

Even though our Fall/Winter Leagues have started, we still have openings. Contact our front desk personnel for more information.

Cosmic Bowling

Saturdays - 8 to Midnight - Potomac Lanes
 Grab some friends and bowl the night away! Bowl all you want for only \$15 per person including shoes!

***Present your Military ID and bowl Cosmic Bowl all night for only \$12 per person including shoes. Available only to active duty military personnel, spouses and children.

Rock and Bowl with DJ Chris

October 13th - 8 to Midnight - Potomac Lanes
 DJ Chris fires up the the night! All of Cosmic Bowling, music and fun for only \$15 per person including shoes!

Halloween Cosmic Bowling

October 27th - 8pm to Midnight - Potomac Lanes Bowling Center
 Come out in your best costume and bowl the night away featuring DJ Chris! Prizes will be awarded to the best costume for adult and child.

Joint Base Anacostia-Bolling Youth Center



Youth Center
202.767.4003
Bldg. 4485, Langley Way
M-Thu: 4:30 to 7:30pm
Fri: 4:30 to 10:30pm
Sat: 2 to 10:30pm
Sun: Closed

Open Rec Power Hour

Preteens 4:30 to 7:30pm and Teen 4:30 to 7pm - Youth Center
The JBAB Youth Center is available for all youth ages 9 to 18 years old to do their homework.

Knitting Fun: Making Hats and Scarves

October 5-6th - 5 to 9pm - Youth Center - 9 to 18 years old
Have you heard the latest winter weather forecast and are you ready for some cold weather? Come and learn the basics of knitting and learn how to make a simple hat and a scarf for this upcoming winter season.

Video Game Tournament

October 13th - 7 to 10pm - Youth Center - 9 to 18 years old
Get your team of 2 together to be the best in the Wii Sports competition! Sign up at the front desk.

JBAB Youth Sports Program Town Hall Meeting

October 16th - 6 to 7:30pm - Youth Center Gym
Joint Base Anacostia-Bolling Youth Sports Program would like to request your presence to the Youth Sports Town Hall Meeting. Come on out and join us to discuss the JBAB Youth Sports Programs and upcoming youth sports calendar. Learn about our new and upcoming Youth Sports and Fitness Programs for our JBAB youth. Light refreshments and FREE giveaways while supplies last. So come on out and join JBAB Youth Sports and Fitness Program and JUST HAVE FUN!!

Line Dancing Class

October 19th - 7 to 9pm - Youth Center - 9 to 18 years old
Do you know the latest line dance? Join the JBAB Youth Center Staff for an evening of learning, creating and enjoying the latest line dance. You will learn the Cha Cha Slide and the Electric Slide to name a few. If you know the line dance, share your talents with your friends. Sign up at the front desk.

Saturday Night at Six Flags

October 20th - 2 to 8pm - Six Flags America, Largo MD - 13 to 18 years old
Would you like to come out and do the Monster Mash with the JBAB Teens? Join the JBAB Youth Center Staff for a day at Six Flags Fright Night event. Cost of admission and any extras are the responsibility of the teen. Current Membership and permission slips are needed for this event. Sign up deadline is Wednesday, October 17th. Remember to check out the ITT Office for current pricing of the tickets for Six Flags.

3 on 3 Basketball Tournament

October 26th - 6:30 to 10pm - Youth Center | 9 to 18 years old
Get your team of 3 and sign up at the front desk for the 3 on 3 Basketball Tournament.

Haunted House for Ghosts, Goblins, and Ghouls

October 27th - 6- 9pm - Outdoor Recreation Lawn
Are you ready to see ghosts, vampires and zombies? We will be hosting this spooky event for your entertainment! Make your way through our Haunted House and don't be too afraid of what you may find inside. Who knows, Dracula himself might be there! There will also be hay ride, hay maze and halloween games.

Halloween Parade and Carnival

October 31st - 5 to 6:30pm - Youth Center
Join the JBAB Youth Center Staff for our annual Halloween Parade and Carnival. Walk from Giesboro Park to the Youth Center in your favorite costume. All ages are welcome to participate. After walking in the parade, join us in the gym for activities before going trick or treating in Base Housing.

Part Day Enrichment Program

9am to Noon - Youth Center
Do you have a 3-5 year old and are you looking for something that will enhance their development? You might be interested in the Part Day Enrichment Program. The PDE program offers individualized educational plans implemented by trained staff that helps and supports the children while they develop cognitive, language, social, emotional, gross and fine motor skills thru developmentally appropriate activities. The 4-5 year olds meet on M/W/F from 9am to Noon and the 3 year olds from 9am to Noon. The children need to be fully potted trained in order to use the PDE program. Children must reach qualifying age before September 30, 2012. Fees are based on Total family income.

Youth Sports Winter Registration:

Basketball and Cheerleading
It is time to HOOP it up and CHEER for your favorite hoopster, so come on out and be hoopster or proud spirited cheerleader. Participant Ballers receive a team jersey and shorts, cheerleaders will receive a shell and skirt. Joint Base Anacostia-Bolling Youth Sports program is conducting registration for Youth Basketball and Cheerleading, Registration cost is \$50.00 before deadline and \$70.00 after. A current youth is required for all participants prior to start of practice or games BALLERS and CHEERLEADERS. Hoopsters are required to wear basketball shorts without pockets to practice and games. Practices and games are conducted during the week and Saturdays, games will be played at JBAB Youth Center, JBA, MD Youth Center and FT. BELVOIR, VA Youth Center. Coaches Certification Saturday December 8, 2012 and Basketball Participant Skills Assessment Saturday December 15, 2012 in the JBAB Youth Center.

Age Division 7-8 years old at 10:00am
Age Division 9-11 years old at 11:30am
Age Division 12-15 years old at 1:00pm

Start Smart Basketball Registration (3 to 5 year olds)

Joint Base Anacostia-Bolling Youth Sports program is conducting registration for Start Smart Basketball Program. The Start Smart Basketball Program is a six (6) week course that meets once a week for forty-five (45) minutes, to introduce children to the sport of basketball. This is a parental involvement program where kids learn the basic skills and fundamentals of basketball, along with team spirit and social building skills. Class sizes of eleven (11) participants and each participant will receive a Start Smart Basketball tee-shirt. All participants are required to have a current sports physical prior to start to first Start Smart Basketball Sessions. Sessions are held on Tuesday and Wednesdays 4:00 PM - 4:45 PM, 5:00 PM - 5:45 PM, 6:00 PM - 6:45 PM. Parents meeting Wednesday November 7, 2012 @ 6:00 PM in Youth Center Gym

JBAB Youth Center Volunteers Needed

The JBAB Youth Center is looking for volunteers to help in several areas. If you have experience in the following areas, computer technology, video recording, photography, homework tutoring, sewing, wood working and sports and if you have a few hours to help, please stop by the Youth Center to pick up a volunteer packet.

Sports Equipment Recycle Program

This program is developed to help reduce the cost of sports for Youth Center participants. Kids grow so quickly, why buy brand new equipment every season? Donate your child's used sports equipment. Donations can be placed in the collection box located at the Youth Center. Accepting: Basketball, baseball and soccer equipment.

Joint Base Anacostia-Bolling Information, Tickets & Tours



Information, Tickets & Tours
202.404.6576
Bldg. 4472, Arnold Avenue
M: 9am to 5pm
T-F: 9am to 6pm
Sat: 9am to 5pm
Sun: Closed

We offer Cruise and Travel Packages AND WE HAVE ACCESS TO OVER 5,000 TICKETS & TRIPS!

Atlantic City

October 13th - 8am to 10pm
Test your luck! Join ITT as we head to Atlantic City, NJ for the day! Walk the boardwalk, shop at the outlets, dine at a new restaurant and play at the casino!
Price: \$40.00 per person
Casino Credit: \$20.00
Please call 202-404-6576 for more information.

NYC Day with Rockettes

November 10th - 7am - New York, NY
The Holiday Season is underway and what better way to kick off the holidays but by going to New York City and seeing the Radio City Christmas Spectacular show starring the famous Rockettes! We will be arriving in NYC at noon, giving you a few hours of shopping, eating and sightseeing before going to see the show. The show starts at 4pm and the bus will depart NYC immediately after the show is over.
Price: \$120 (includes transportation, ticket to the show with orchestra seating, and a free popcorn or soda voucher)
Please call 202-404-6576 for more information.

Great Wolf Lodge

October 20th & December 8th - Williamsburg, VA.
Enjoy exclusive water parks, interactive games and cabin-inspired suites that your family and friends will love! The cost is \$217 including a Standard Family Suite and Water Park Passes. Limited rooms available.

Army vs Navy Game

December 8th - 9am - Lincoln Financial Field, Philadelphia, PA
Sign up by November 30th
\$118.50 per person
(includes ticket and transportation)
Tickets are at the Upper End Zone
Grab tickets for the biggest game of the season!!
Kick off: 3pm
Please call 202-404-6576 for more information.



Disney on Ice: Rockin' Ever After

Mickey and Minnie have searched the globe for the hippest and hottest acts to perform in the most sensational talent showcase to rock the ice – Disney On Ice presents Rockin' Ever After.

In a new twist on fairytale fun, favorite Disney characters compete to be the next superstar in comical segments leading up to the tales of show-stopping princesses – Ariel, Rapunzel, Belle and Merida from Disney Pixar's BRAVE in her ice debut!

Rockin' Ever After remixes the stories of Disney's most adventurous heroines with upbeat music and energetic choreography that will have audiences singing, dancing, and cheering for their beloved Disney idols.

Showtimes:

Saturday, Oct 20th - 11am, 2:30pm and 6:30pm
Sunday, Oct 21st - 12:30pm and 4:30pm
Limited Tickets Available
Last Day to Purchase Tickets: One week prior to show time
ITT Price: \$18.75 (Ages 2 and up)
Lower Level Seating (Regular Price: \$29.25)
Patriot Center (Fairfax, VA)

Saturday, Oct 27th - 11am, 2:30pm and 6:30pm
Limited Tickets Available
Last Day to Purchase Tickets: One week prior to show time
ITT Price: \$21.00 (Ages 2 and up)
Lower Level Seating (Regular Price: \$29.25)
1st Mariner Arena (Baltimore, MD)

Joint Base Anacostia-Bolling Library



Story Time

Tuesdays and Thursdays - 10am - Library

Themes for October 2012 include:

- October 2 Oktoberfest (German Heritage)
- October 4 Salsa Time... Baila! (Hispanic Heritage Month)
- October 9 Stop, Drop and Roll (Fire Prevention Week)
- October 11 Feliz Cumpleanos Amigos and US NAVY
- October 18 Farm Friends
- October 23 Apples Everywhere (National Apple Month)
- October 25 Roar Dinosaur Roar! (International Dinosaur Month)
- October 30 Spooktacular (Come in costume!)

Video Game Nights

Every Wednesday and Friday - 5 to 7pm - Library

Stop by the Joint Base Anacostia-Bolling Library and check out our totally FREE Video Game Nights!

WACKY WII WEDNESDAYS - Stop in and choose from our Wii Game selection.

GAMER'S CHOICE FRIDAY- Choose from Wii, Playstation 3 or X-Box 360 games.

Games can only be played in the JBAB Library and must be checked out at the Circulation Desk; only age appropriate games will be issued to participants. Headphones are also available upon request. Please call 202.767.5578 for more information.

Story Time

Every Friday -5pm - Library

Join us every Friday at 5pm for our FREE Movie Madness feature film in our Children's Room! We feature a popular recently released family friendly 'G' or 'PG' rated movie and serve complimentary theater-style popcorn and drinks. All children under 10 years old must be supervised by a parent or guardian at least 16 years old at all times while watching the movie. The weekly movie will be posted at the Circulation Desk and our mobile marquee at the entrance of the facility.

Patch Club

October 4th - 5:30 to 6:30pm - Library

The Patch Club's hiatus is over!! Calling all children ages 7-12! If you have a love of reading, or are working on it, join our Patch Club! We meet the first Thursday each month, where we discuss books read the previous month and play various games and complete projects that keep members engaged and challenged. Some activities include member written and performed puppet shows, crafts, posters, and quarterly parties. Members earn patches upon completion of reading requirements. The genre for October is SCARY. Please come dressed in your favorite costume!

Costume Party

October 30th - 5 to 6:30pm - Library

Join the JBAB Library for our Annual Costume Party! Please come dressed as your favorite character. We will be playing ghoulish games and making creepy crafts. Prizes will be awarded during our costume contest!



202.767.5578
Bldg. 4439, Tinker Street
M-Fri: 10am to 8pm
Sat: Noon to 5pm
Sun: Closed



Lets Make Halloween Treats

Date: Thursday, October 11
Time: 3:30 pm—5:30 pm
Location: Bellevue Community Center
RSVP by: Monday, October 1

You are invited to make delicious Halloween treats with us! We will be making sweet and spooky snacks, so bring your apron! Lets make caramel apples, cupcakes, cookies, popcorn balls and much more together!

Haunted House for Ghosts, Goblins, and Ghouls

Date: Saturday, October 27
Time: 6:00 pm - 9:00 pm
Location: Grass Area by The Slip Inn
RSVP by: Saturday, October 20

Are you ready to see ghosts, vampires and zombies? We will be hosting this spooky event for your entertainment! Make your way through our Haunted House and don't be too afraid of what you may find inside. Who knows, Dracula himself might be there!

Halloween Parade

Date: Wednesday, October 31
Time: 5:00 pm - 6:30 pm
Location: Parade Begins on Arnold Ave at softball fields & stops at Youth Center
RSVP by: Saturday, October 20

Parade our base with your Halloween Costumes! We want to see who has the cutest, funniest and scariest costumes! Bring your buckets, because we have many treats that await you! There will be carnival games and goodie bags at our Joint Base Youth Center following the parade.

Bellevue Housing - 1 Cargo Court SW - 202.629.2647

Joint Base Anacostia-Bolling Housing Services Center

Interested in Selling or Buying a Home?

Come into the JBAB Housing Services Center, Building 414 and meet with one of our Volunteer Realtors. Volunteers Realtors offer certain services free of charge to include: advice on selling your home; purchasing a home and financial options available; rental homes; property management and lease reviews!

Joint Base Anacostia-Bolling Housing Services Center Volunteer Realtor Contact Information:

Please come in and meet with one of our Volunteer Realtors if you are in need of assistance with purchasing a home, selling a home, lease reviews or financing information.

Angela Warren
(301)775-2167
Buywithangela@gmail.com
In Office Wednesday from 10am to 1pm
Licensed in District of Columbia & Maryland

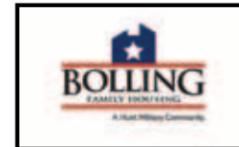
Mario B Johnson
(240)364-1870
mariojohnson@wesellmore.com
In Office Thursday from 10am to 1pm
Licensed in Maryland and Virginia

Joint Base Anacostia- Bolling Housing Services Center
2691 Mitscher Road, SW
Washington, DC 20373-5808
Phone 202.433.0346

JBAB Exchange Toyland
GRAND OPENING
Saturday, October 20, 2012
Face painting, Clown Story Time!
Events starting at 1100
★ ★ ★ ★ ★
JOIN US IN CELEBRATING THOSE WHO SERVED!
5-11 OCTOBER 2012
HONORS TO FOUR SERVICE HONORING THE MILITARY RETIREE

Halloween
CELEBRATE at JBAB Exchange
Adult & children's costume contests
Win a Gift Card!
Have your photo taken
Wednesday October 31, 2012
Winners will be notified November 1, 2012
Coloring Contest for the kids!

Brighton Collectibles
Washington DC's Choice Award
Available at JBAB Exchange



Halloween Spooktacular - October 26th
Time to get creative for our Halloween decoration contest. We will select one home from each neighborhood on October 26th to win a spooktacular prize!

Bolling Family Housing Fall Festival - October 20th (10am-12pm)
Petting Zoo, Pony Rides, Pumpkin Patch and so much more!

JBAB Haunted House - October 27th
Are you ready to see ghosts, vampires and zombies? We will be hosting this spooky event for your entertainment! Make your way through our Haunted House and don't be too afraid of what you may find inside. Who knows, Dracula himself might be there! There will also be hay ride, hay maze and halloween games.
Joint Event with Youth Programs and Bellevue Housing

JBAB Halloween Parade - October 31st (5-6:30pm) - Starting at Giesboro Park
Join the JBAB Youth Center Staff for our annual Halloween Parade and Carnival. Walk from Giesboro Park to the Youth Center in your favorite costume. All ages are welcome to participate. After walking in the parade, join us in the gym for activities before going trick or treating in Base Housing.
Joint Event with Youth Programs

202.562.2631
www.bollingfamilyhousing.com

GET EXCITED!
BINGO
IS COMING TO THE BOLLING CLUB!
Marketing Department:
202.767.1371

Administrative Office

Bolling - Bldg. 12 - 202.767.7707
 Monday-Friday 8am to 4:30pm
 Saturday-Sunday Closed

Aerobic Center

Bolling - Bldg. 38 - 202.767.8821
 Monday-Friday 4am to 8pm
 Saturday 7am to Noon
 Sunday Closed

Arts and Crafts Center

Bolling - Bldg. 4472 - 202.767.4422
 Engraving Shop
 Monday-Friday 9am to 5pm
 Saturday-Sunday Closed
 Frame Shop/Wood Shop
 Monday Closed
 Tuesday-Thursday 1 to 9pm
 ****(Wood Shop closes at 6pm on Thursdays)*
 Friday Noon to 8pm
 Saturday 9am to 5pm
 Sunday Closed

Auto Hobby Shop

Bolling - Bldg. P8 - 202.767.4571
 Monday 9am to 7pm
 Tuesday-Wednesday 9am to 5pm
 Thursday-Friday 9am to 7pm
 Saturday 9am to 5pm
 Sunday Noon to 5pm
 * Clean-up starts 45 minutes before closing
 ***Note: Auto Hobby Shop will be closed the first Monday of every month.

Base Pool (Memorial Day thru Labor Day)

Bolling - Bldg. 51 - 202.404.1143
 Monday Closed
 Lap Swim
 Tuesday-Friday 6 to 8am & 11am to Noon
 Saturday & Sunday 10 to 11am
 Open Swim
 Tuesday-Friday Noon to 7:30pm
 Saturday & Sunday 11am to 7:30pm

Blanchard Barracks Office

Bolling - Bldg. 1302 - 202.767.4456/8636
 Monday-Friday 8am to 4pm
 Saturday-Sunday Closed

Capital Cove Marina

Bolling - Bldg. 90 - 202.767.9136
 Monday-Sunday 9am to 6pm

Child Care Placement Office

Anacostia - Bldg. 414 - 202.433.3055
 Monday-Friday 7am to 4pm
 Saturday-Sunday Closed

Child Development I

Bolling - Bldg. 4456 - 202.767.2890
 Monday-Friday 6am to 6pm
 Saturday-Sunday Closed

Child Development II

Bolling - Bldg. 4455 - 202.404.8071
 Monday-Friday 6am to 6pm
 Saturday-Sunday Closed

Child Development III

Anacostia - Bldg. 413 - 202.433.0771/0797
 Monday-Friday 6am to 6pm
 Saturday-Sunday Closed

Child Development Homes

Bolling - Bldg. 4472 - 202.404.1454
 Monday-Friday 7:30am to 4:30pm
 Saturday-Sunday Closed

Club

Bolling - Bldg. 50 - 202.563.8400
 Lunch Buffet
 Tuesday-Friday 11am to 1:30pm
 Saturday-Sunday Closed
 WASP Lounge
 Wednesday 4 to 11pm
 Thursday Closed
 Friday & Saturday 4pm to Midnight
 Saturday-Sunday Closed
 Champagne Sunday Brunch
 Sunday 10:30am to 2pm
 Cashier's Cage
 Tuesday-Friday 10am to 4:30pm
 Saturday-Sunday Closed
 Office Hours
 Monday-Friday 9am to 5pm
 Saturday-Sunday Closed
 Catering Office
 Monday-Friday 9am to 5pm
 Saturday-Sunday Closed

Enterprise Hall

Anacostia - Bldg. 72 - 202.433.0960
 Monday-Friday 8am to 4pm
 Saturday-Sunday Closed

Fitness Center I

Bolling - Bldg. P15 - 202.767.5895
 Monday-Thursday 4am to 10pm
 Friday 4am to 9pm
 Saturday 7am to 8pm
 Sunday 7am to 5pm
 Holidays 10am to 4pm

Fitness Center II

Anacostia - Bldg. 419 - 202.433.2962
 Monday - Friday 5am to 9pm
 Saturday & Sunday 11am to 4pm

Furnari Hall

Anacostia - Bldg 417 - 202.433.2667
 Monday-Sunday 24HRS

Furnari Restaurant

Anacostia - Bldg 418 - 202.433.2574/2391
 Breakfast
 Monday-Friday 6 to 9:30am
 Lunch
 Monday-Friday 10:30am to 1:30pm
 Dinner
 Monday-Friday 4 to 6pm
 Brunch
 Saturday & Sunday 10am to 2pm
 Dinner
 Saturday & Sunday 4 to 6pm

Gateway Inns & Suites

Bolling - Bldg. 602 - 202.404.7050
 Monday-Sunday 24HRS
 Anacostia - Bldg. 93 - 202.433.3862
 Monday-Sunday 24HRS

Honor Guard Dorm Office

Bolling - Bldg. 47 - 202.767.4418
 Monday-Tuesday 7:30am to 4pm
 Saturday-Sunday Closed

Housing Office

Anacostia - Bldg. 414 - 202.433.0346
 Monday-Friday 7am to 5pm
 Saturday-Sunday Closed
 Bolling - Bldg 21 - 202.404.6828
 Monday-Friday 7am to 4pm
 Saturday-Sunday Closed
 Bolling Military Housing - Bldg. 8660 202.562.2631
 Monday-Friday 7:30am to 5:30pm
 Saturday-Sunday Closed
 Lincoln Military Housing - 202.629.2647
 Monday-Friday 7:30am to 4:30pm
 Saturday 9am to 1pm
 Sunday Closed

Human Resources Office

Bolling - Bldg. P12 - 202.767.5206
 Monday-Friday 7:30am to 4pm
 Saturday-Sunday Closed

Information Technology

Bolling - Bldg. P12 - 202.767.1568
 Monday-Friday 8am to 5pm
 Saturday-Sunday Closed

Information, Tickets, and Tours

Arts & Crafts Center - Bldg. 4472
 202.404.6576
 Monday 9am to 5pm
 Tuesday-Friday 9am to 6pm
 Saturday 9am to 5pm
 Sunday Closed

Liberty Center

Anacostia - Bldg. 72 - 202.685.1802
 Monday-Sunday Noon to 10pm
 Holidays Noon to 10pm

Library

Bolling - Bldg. 4439 - 202.767.5578
 Monday-Friday 10am to 8pm
 Saturday Noon to 5pm
 Sunday Closed

Marketing Department

Bolling - Bldg. P12 - 202.767.1371
 Monday-Friday 7:30am to 4:30pm
 Saturday-Sunday Closed

Military & Family Support Center

Anacostia - Bldg. 72 - 202.433.6151
 Monday-Friday 7:30am to 4pm
 Saturday-Sunday Closed
 Bolling - Bldg. 13 - 202.767.0450
 Monday-Friday 7:30am to 4pm
 Saturday-Sunday Closed

Outdoor Recreation

Bolling - Bldg. 928 - 202.767.9136/4227
 Monday-Sunday 9am to 6pm

Potomac Lanes Bowling Center

Bolling - Bldg. 1310 - 202.563.1701/1702
 Bowling Lanes
 Monday-Thursday 10am to 10pm
 Friday 10am to Midnight
 Saturday Noon to Midnight
 Sunday Noon to 9pm
 Snack Bar
 Lunch and Dinner:
 Monday-Thursday 10:30am to 9:30pm
 Friday 10:30am to 11:30pm
 Saturday Noon to 11:30pm
 Sunday Noon to 8:30pm

School Bus Program

Bolling - Bldg. 4485 - 202.767.8138
 Monday-Friday 8am to 5pm
 Saturday-Sunday Closed

Slip Inn Bar & Grill

Bolling - Bldg. 2482 - 202.767.5840
 Monday-Friday 11am to 6pm
 *Kitchen closes at 6pm

Youth Center

Bolling - Bldg. 4485 - 202.767.4003
 Monday-Thursday 4:30 to 7:30pm
 Friday 4:30 to 10:30pm
 Saturday 2 to 10:30pm
 Sunday Closed
 * Open Recreation Closed Mondays

Main Exchange/ Exchange

Restaurants/ Concessions
 Bldg 4514 - 4515 Chappie James Blvd.,
 Joint Base Anacostia-Bolling, DC 20032

Main Exchange 202.562.3000
 Monday-Saturday 9am to 7pm
 Sunday 10am to 6pm

Military Clothing Store 202.563.5931
 Monday-Saturday 9am to 7pm
 Sunday 10am to 6pm

Anthony's Pizza 202.562.4419
 Monday-Saturday 10:30am to 7pm
 Sunday 10:30am to 4pm

Charley's Grilled Subs 202.562.4419
 Monday-Saturday 10:30am to 7pm
 Sunday 10:30pm to 4pm

Subway 202.563.2611
 Monday-Friday 7am to 7pm
 Saturday 9am to 7pm
 Sunday 10:30am to 4pm

Barber Shop 202.373.1997
 Monday-Friday 9am to 7pm
 Saturday 8am to 5pm
 Sunday 10am to 5pm

Commissary

Bldg. 4570 - 185 Chappie James Blvd.,
 Joint Base Anacostia-Bolling, DC 20032
 (202) 767-4044
 Monday-Wednesday 9:30am-7pm
 Thursday 9:30am-8pm
 Friday 9:30am-7pm
 Saturday 8am-5pm
 Sunday 10am-3:30pm

Starbucks 202.563.8144
 (Located next to the Commissary)
 Monday-Friday 5:30am to 6pm
 Saturday-Sunday 7am to 3pm

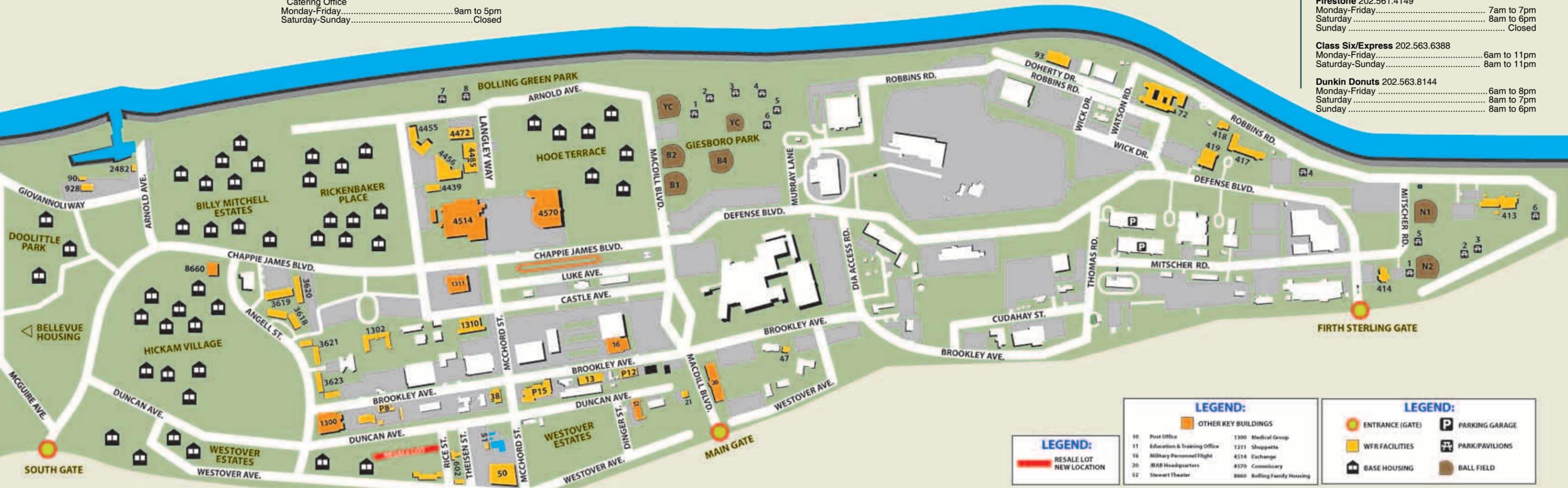
Firestone / Class Six / Express

Dunkin Donuts
 Bldg. 1311 - Chappie James Blvd.,
 Joint Base Anacostia-Bolling, DC 20032

Firestone 202.561.4149
 Monday-Friday 7am to 7pm
 Saturday 8am to 6pm
 Sunday Closed

Class Six/Express 202.563.6388
 Monday-Friday 6am to 11pm
 Saturday-Sunday 8am to 11pm

Dunkin Donuts 202.563.8144
 Monday-Friday 6am to 8pm
 Saturday 8am to 7pm
 Sunday 8am to 6pm



LEGEND:

RESALE LOT
NEW LOCATION

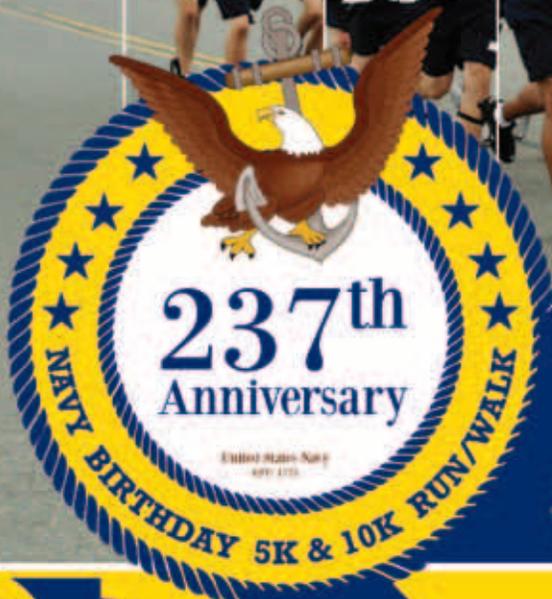
LEGEND:

OTHER KEY BUILDINGS

10 Post Office	1300 Medical Group
11 Education & Training Office	1311 Shoppette
16 Military Personnel Flight	4514 Exchange
20 JAB Headquarters	4570 Commissary
32 Stewart Theater	8660 Bolling Family Housing

LEGEND:

ENTRANCE (GATE)	PARKING GARAGE
WFR FACILITIES	PARK/PAVILIONS
BASE HOUSING	BALL FIELD



NAVY BIRTHDAY 5K & 10K RUN/WALK



**October 12th
1pm**

**Start/Finish:
Joint Base Anacostia-Bolling
Slip Inn**

Awards will be presented to:
First, Second & Third Place Finishers
(Male and Female).

T-Shirts will be provided to the first
500 finishers.

FREE:

Anyone with Base Access is welcome to participate.

Register online at:
<http://navybirthdayrun.eventbrite.com>

Call JBAB Fitness Center at
202.767.5895 for more details.

