

# MFS OCTOBER CLASS SCHEDULE

	DATE	TIME	LOCATION
<b>Life Skills</b>			
Anger Management (1of2) **/**	3 October	9:00am-Noon	Bldg 72
Moms and Tots Playgroup	4 October	9:45-11:45am	Youth Center
Anger Management (2of2) **/**	10 October	9:00am-Noon	Bldg 72
Parenting: Potty Training	11 October	9:45-11:15am	Youth Center
Moms and Tots Playgroup	11 October	9:45-11:45am	Youth Center
Keeping Your Marriage Strong	18 October	9:00-10:00am	WNY, Bldg 101
Moms and Tots Playgroup	18 October	9:45-11:45am	Youth Center
Parenting: Understanding Temperament	19 October	1:00-3:00pm	Bldg 72
Parenting: Anger/Stress Management	22 October	4:00-5:00pm	Bellevue
Moms and Tots Playgroup	25 October	9:45-11:45am	Youth Center
Conflict Resolution	25 October	2:00-3:00pm	Bldg 72
<b>Employment Assistance/Transition Assistance</b>			
TAP*	1-5 October	8:00am-4:00pm	Bldg 13
Pre-Separation Brief	2 October	9:00-11:00am	Bldg 13
DTAP	5 October	9:00-10:00am	Bldg 13
Career Week			
Job Search Strategies	8 October	9:00am-Noon	Bldg 13
Resume Writing Workshop	8 October	Noon-12:30	Bldg 13
Applying for a Federal Job	10 October	9:00am-Noon	Bldg 13
Interview Techniques	11 October	9:00am-Noon	Bldg 13
Meet the Employer	12 October	10:00am-Noon	Bldg 13
Applying for a Federal Job	13 October	9:00am-Noon	Bldg 13
Pre-Separation Brief	9 October	9:00-11:00am	Bldg 13
TAP*	15-19 October	8:00am-4:00pm	Bldg 13
Transition Benefits Brief	19 October	8:00am-4:00pm	Stewart Theater
ETAP*	22-26 October	8:00am-4:00pm	Bldg 13
Pre-Separation Brief	23 October	9:00-11:00am	Bldg 13
Steps to Starting Your Own Business	24 October	9:00am-Noon	Bldg 13
Pre-Separation Brief	30 October	9:00-11:00am	Bldg 13
<b>Ombudsman Program</b>			
Ombudsman/Key Spouse Basic Training **/**	12-14 October	9:00am-3:00pm	Bldg 13
Ombudsman Advanced Assembly	20 October	9:00am-Noon	Bldg 13
<b>Personal Financial Management</b>			
Car Buying	2 October	2:00-3:00pm	Bldg 72
Credit Management	4 October	2:00-3:00pm	Bldg 72
Consumer Awareness	9 October	2:00-3:00pm	Bldg 72
Thrift Savings Plan	11 October	2:00-3:00pm	Bldg 72
Developing Your Spending Plan	16 October	2:00-3:00pm	Bldg 72
Renting	18 October	2:00-3:00pm	Bldg 72
Command Financial Specialist Training **/**	22-26 October	8:00am-4:00pm	Bldg 72
<b>Relocation</b>			
Right Start	3 October	7:30am-3:00pm	Bldg 13
Right Start	10 October	7:30am-3:00pm	Bldg 13
Sponsor Training	12 October	1:30-3:00pm	Bldg 13
Right Start	17 October	7:30am-3:00pm	Bldg 13
Smooth Move & Overseas Planning	23 October	9:00am-Noon	Bldg 13
Sponsor Training	26 October	9:00-10:30am	Bldg 13
<b>Deployment Support</b>			
Hearts Apart Joint Services (Arlington) Legion	11 October	5:30-7:30pm	American
<b>Special Events</b>			
Domestic Violence Awareness Month	October		

Effective August 1, 2012 All Transition Assistance Programs to include TAP, ETAP, Pre-Separation, and employment classes will be held in Bldg 13.  
For more information please call 202-767-0450.

\*Registration for these workshops is done through the Command Career Counselor (CCC)

\*\* Must speak with Clinical Counselor/Instructor prior to registration for approval.

\*\*\* Must attend all classes to receive certification.

\*\*\*\* Interested individuals can call 1.800.818.9929 at their workstation, at home or join us at the Military and Family Support Center.

Registration is mandatory for all classes

Insufficient enrollment may force cancellation. All classes are open to active duty service members, spouses, retirees and civilians affected by base realignment.  
Workshops are open to DoD civilians on a space availability basis.

To register please call Military and Family Support Center at 202-433-6151/202-767-0450, DSN: 288-6151 or  
toll Free: 1-866-557-4410

## LOCATED IN TWO CONVENIENT LOCATIONS

Military & Family Support Center  
118 Brookley Ave., Bldg. 13, Suite 100  
Joint Base Anacostia-Bolling, DC 20032

Military & Family Support Center  
2767 Watson Rd., Bldg. 72, Suite 101  
Joint Base Anacostia-Bolling, DC 20373