

# REGION STANDARD

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## NEPTUNE RESPONSE 2012

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# E S S E N T I A L C O M M S

## 7 Tips for Driving and Arriving

### 1 Keep a Safe Following Distance

A good rule of thumb when driving is to maintain two seconds between you and the car in front of you. If the weather is bad bump it up to four. This will give your brain enough time to register any problems and your car enough time to stop without help from the car in front.

### 2 Put Down the Phone

According to the National Highway Traffic Safety Administration (NHTSA) the chances of an accident increase by 400% when talking on the phone. Texting increases the chances of an accident by a whopping 800%!

### 3 Don't Drink and Drive

Have a drink, get behind the wheel and you're 11 times more likely to get in a crash than someone sober. That's one drink, not even exceeding the legal limit. That's 11 times more likely you'll lose rank, your job, a lot of money and kill someone.

### 4 Don't Eat and Drive

The NHTSA says that 20% of all crashes are caused by driver distraction. If you're going on a long trip over the holidays, plan rest stops to eat. It will take less time and a lot less money than fixing your car.



### 5 Keep Your Car Maintained

Cars are not made to run on old, rusted, wornout parts. Before any long trip check your car for corrosion, top off all your fluids (windshield, antifreeze, oil), and check your wipers and brake lights. Ensure your tires are properly inflated to the cars specifications and free of cracks and foreign objects.

### 6 Don't Speed

Speed limits aren't just suggestions. One-third of all fatal car crashes are due to speeding. Speeding increases the likelihood and severity of an accident. Take a few extra minutes on your trip and get there alive.

### 7 If in Doubt, Don't

Driving is not a time for a snap decision. If you're wondering if you should make that lane change, don't. Waiting for the next opportunity may just be what keeps you from second guessing yourself while you wait for a tow truck.



## BY THE NUMBERS

A survey by AAA of 2,501 people ages 16 and older released in July showed:

35%

Report driving feels less safe today than five years ago

31%

Cite distracted driving as the reason

21%

Admit to texting while driving

90%

Rate people driving after drinking alcohol as a serious threat to their safety

87%

Rate drivers text messaging or e-mailing as a very serious threat

95%

Say texting while driving is completely or somewhat unacceptable

## R E G I O N S P O T L I G H T

# Region Completes Neptune Response

Story and photos by MC1 John Georges,  
Navy Region Europe, Africa, Southwest Asia  
Public Affairs

NAPLES, Italy - Navy Region Europe, Africa, Southwest Asia (EURAFSWA) completed a four-day command post exercise in Naples, Italy Nov. 4, designed to test the Navy's response to an incident or natural disaster at multiple installations.

Neptune Response 2012 participants included personnel from Region, U.S. 6th Fleet, Naval Support Activity (NSA) Naples, and Naval Air Station Sigonella in Italy; and NSA Souda Bay on Crete, Greece. Representatives from the U.S. European Command, Naval War College, and Defense Threat Reduction Agency also observed.

"Neptune Response gave Region the opportunity to integrate with 6th Fleet staff, build and share knowledge, hone our consequence management skills, and refine standard operating procedures," said Lt. Ken Frauenthal, deputy director of EURAFSWA training.

An annual exercise, this year's Neptune Response was more expansive than the previous year's, involving three Navy Region EURAFSWA installations instead of one to refine command and control procedures.

During the exercise, Region and 6th Fleet personnel joined efforts to staff a consequence management task force in the Regional Operations Center in



**Above:** Participants monitor disaster response from multiple installations from around the region in the Region Operations Center in Naples, Italy during exercise Neptune Response, Nov. 3.

**Below:** Cmdr. Jack Davis, right, discusses incident response procedures with Cmdr. Chris Harris, Nov. 3.

**Cover:** Participants monitor status boards in Naples, Italy, Nov. 2, detailing responses from regional installations during simulated incidents.

Naples.

Consequence management includes Navy responses to chemical, biological, radiological or nuclear threats and incidents at its installations.

"If such an event occurs we have to be able to respond very quickly to save lives," said Craig Linderman, 6th Fleet's Joint Training Readiness and Exercises division chief.

The consequence management task

force directed the Navy's response to simulated incidents at NSA Souda Bay, NSA Naples and NAS Sigonella. Task force watchstanders collaborated with base staffs who worked remotely from installation Emergency Operational Centers.

"Everyone involved performed well and consequence management skills have improved as a result," said Linderman. "The training audience from Region and 6th Fleet was proactive and energized to learn and improve on our ability to respond."

Training observers recorded lessons learned and will work to enhance the training plan for next year's Neptune Response said Linderman.



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# A R O U N D T H E R E G I O N

## New Commander takes Helm at NSA Bahrain

From Naval Support Activity Bahrain Public Affairs

BAHRAIN - Naval Support Activity (NSA) Bahrain held a change of command ceremony in the Freedom Souq Courtyard on base, Nov. 15.

Capt. Colin S. Walsh relieved Capt. Enrique L. Sadsad as NSA Bahrain's commanding officer. Sadsad assumed command in November 2009.

Guest speaker, Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. Anthony E. Gaiani, presented Sadsad with a Legion of Merit for his service at NSA Bahrain.



SOUDA BAY, Greece (Nov. 1, 2011) Aviation Boatswain's Mate 3rd Class Eric Smith directs an EA-6B Prowler assigned to the Star Warriors of Electronic Attack Squadron 209 during a transient stop at Naval Support Activity Souda Bay. U.S. Navy photo by Mass Communication Specialist Seaman Chelsy Alamina.

## DEFY Students Learn Fire Safety

From Naval Support Activity Bahrain Public Affairs

BAHRAIN - Drug Education for Youth (DEFY) program students were visited by "Sparky" the fire dog and members of the Naval Support Activity Bahrain Fire Department at Bahrain School, Nov. 10.

The event, part of this month's topic of personal and general safety, taught kids how to contact emergency services.

The program, in its second phase, pairs students with DEFY mentors who teach students a variety of life skills.



## Camp Lemonnier Certifies Its First IDWS Class

From Combined Joint Task Force - Horn of Africa Public Affairs

CAMP LEMONNIER, Djibouti - For the first time in Camp Lemonnier, Djibouti's eight-year history, 12 U.S. Navy Sailors stationed on the camp were certified, Oct. 21, in the Information Dominance Warfare Specialist program, part of the Navy's warfare qualification program.

The Sailors, seven active duty and five reservists, have worked since March 2011 to implement and participate in the IDWS program on camp.

"Regardless of what command [a Sailor] is in, he or she needs to understand the mission and how to contribute to it," said Command Master Chief Petty Officer Loretta Glenn, the camp's senior enlisted leader. "The IDWS program provides a basic understanding of a particular job, which allows you to go and help wherever needed."

The IDWS program was approved and implemented across the Navy by the chief of naval operations in September 2010. Its purpose is to provide a link between the U.S. Navy Information Dominance Corps and its professionals in the field. Both enlisted and officer ranks are eligible to pursue their respective warfare devices.

Information Systems Technician 1st Class Desiree Dukes helped organize and develop the program from its inception at the camp.

"The program is open to everyone," she said. This is a difficult and commitment-heavy program, but it sets those who complete it apart from everyone else."

## Rota Completes Latest Intermodal Operation

From Naval Station Rota Public Affairs

ROTA, Spain - Naval Station Rota, Spain completed its most recent intermodal operation with the U.S. Army's 82nd Airborne Division, from Ft. Bragg, N.C. and the 10th Mountain Division from Ft. Drum, N.Y., Oct 28.

Rota is considered the ideal location because the installation possesses both a seaport and airport allowing increased efficiency, decreased delivery times, and maximized capacity with significant cost savings.

During the latest operation, 695 tons of cargo was transported.

"Since February of 2006 through our 14th transfer last month, the team at Rota has become very efficient in conducting intermodal operations," said Rota's Commanding Officer Capt. Scott Kraverath.

## U.S. and Spanish Marines Train to Deploy

From Naval Station Rota Public Affairs

ROTA, Spain - Marines attached to Fleet Anti-terrorism Security Team (FAST), Company Europe, conducted military operations on urban terrain, or MOUT training, with Spanish Marines attached to the Spanish Armada Infanteria de Marine, Oct. 29.

MOUT training allows warfighters the chance to improve tactics, techniques and operational procedures.

"The Spanish marines are just as knowledgeable as my Marines concerning MOUT training," said Alpha 2 Commander Capt. Daniel Wendolowski. "We are providing additional training to help fine tune some of their tactics."

During the exercise FAST Company and their allies conducted building searches in full battle dress and practiced the proper procedures for entering and clearing buildings in a hostile environment.

"We will definitely take what we learned and use it when we deploy," said Spanish Armada Infanteria de Marine 2nd Company Commander Capt. Alejandro Santa-Eufemia.

# B I G N A V Y N E W S



SAN DIEGO (Nov. 11, 2011) Michigan State University guard Brandon Wood, dives after the ball against the University of North Carolina on the flight deck of the Nimitz-class aircraft carrier USS Carl Vinson. U.S. Navy photo by Mass Communication Specialist 2nd Class Dylan McCord.

## Tar Heels Win Inaugural Quicken Loans Carrier Classic Aboard Carl Vinson

From USS Carl Vinson Public Affairs

SAN DIEGO - Nimitz-class aircraft carrier USS Carl Vinson (CVN 70) hosted NCAA Division I top-ranked University of North Carolina (UNC) Tar Heels and the Michigan State University (MSU) Spartans during the Quicken Loans Carrier Classic college basketball game on the flight deck, Veterans Day, Nov. 11.

During the press conference the day before, it was touted by UNC, MSU, Morale Entertainment Foundation (MEF), and Navy representatives as a historic celebration of service.

"I think it's a great way to say 'thank you' to all the men and women in the service," said Capt. Bruce H. Lindsey, commanding officer of Carl Vinson.

The game marks the first time a collegiate basketball game was played on an aircraft carrier, giving 7,000 service members and fans of the two universities an opportunity to witness the inaugural event.

Commander in Chief President Barack Obama and Secretary of the Navy Honorable Ray Mabus were also in attendance to witness the historic game.



U.S. Navy photo by Charlie Houser.

## Navy's Self Defense Test Ship Successfully Transits on Alternative Fuel Blend

From Naval Sea Systems Command Public Affairs

Port Hueneme, Calif. - The U.S. Navy successfully concluded its largest demonstration of shipboard alternative fuel use Nov. 17, with the successful arrival of the Self Defense Test Ship (SDTS) to Naval Surface Warfare Center Port Hueneme, Calif.

The ship received approximately 20,000 gallons of a 50-50 blend of an algae-derived, hydro-processed algal oil and petroleum F-76 from the Defense Fuel Supply Point at Naval Base Point Loma, Nov. 16. The ship then made the 17-hour transit back to Naval Surface Warfare Center Port Hueneme.

## 60-Day Transition Period for ERB-Affected Sailors

From Navy Personnel Command Public Affairs

MILLINGTON, Tenn. - Commanders overseas are required to give Sailors separating due to the Enlisted Retention Board (ERB) the opportunity to be in the continental United States for at least 60 days prior to separation, according to NAVADMIN 332/11.

Capt. Kate Janac, ERB coordinator, chief of naval operations, says commanders stateside may authorize up to 60-days for transition for Sailors facing separation prior to their end of active-duty obligated service date.

The 60-day transition period may include Permissive Temporary Duty for job hunting or run concurrently with separation leave. Under existing Navy policies and command approval, the transition period may also include any combination of normal working hours, liberty, temporary duty and regular leave.

Click [HERE](#) to watch a slideshow of the Navy in action this month.



BETHESDA, Md. (Nov. 18, 2011) Chief of Naval Operations Adm. Jonathan Greenert left, promotes Rear Adm. Matthew L. Nathan, commander of Navy Medicine for the National Capital Area, to Vice Adm. and Surgeon General of the U.S. Navy during a ceremony at Walter Reed National Military Medical Center. Nathan will relieve retiring Vice Adm. Adam Robinson. U.S. Navy photo by Sarah Fortney.

## Keel Laid for First DDG 1000 Destroyer

From Program Executive Office, Ships Public Affairs

BATH, Maine - The U.S. Navy laid the keel for its first Zumwalt-class destroyer (DDG 1000), Nov. 17, at General Dynamics-Bath Iron Works shipyard in Bath, Maine.

Designed for sustained operations in the littorals and land attack, the multi-mission DDG 1000 will provide independent forward presence and deterrence, support special operations forces, and operate as an integral part of joint and combined expeditionary forces.