

# focus

morale, welfare & recreation

FREE

Just for  
Mom



May 2011 | NO 123



# Asian PACIFIC AMERICAN HERITAGE MONTH

*MWR would like to express our deepest sympathy to all Japanese citizens in light of the recent tragedy in Japan, especially to those members who are part of our MWR extended family. We will do our part to help our host nation.*

May is Asian-Pacific American Heritage Month! We encourage our patrons to visit any of the many wonderful places Japan has to offer. From climbing Mt. Fuji, the highest mountain in Japan, to relaxing in the tranquil Nanadaru Hot Springs, MWR has something for everyone!

***Check out  
our tours  
on page 22!***

## Directory

<b>MWR Director</b>	Mark Richards	243-7250
<b>Support Services</b>		
Administrative Officer	Patsy Belle	243-7250
Personnel Manager	Tess Arellano	243-1246
Financial Manager	Dave Law	243-5886
Facilities Maintenance Manager	Carl Sparks	243-5729
Marketing Director	Ron Carson	243-1254
Safety Manager	Mike Crockett	243-4079
Central Warehouse Manager	Max Goodlow	243-5047
<b>Child &amp; Youth Programs</b>		
CYP Administrator	Ginia Wessels	243-4475
Main CDC Director	Christine Williams	243-4470
Child Development Homes Director	Vacant	243-5478
CDC Hourly Care Director	Violeta Dela Rosa	241-4108
Ikego CDC Director	Laura Calara	246-8060
Negishi CDC Director	Sue Proctor	242-4316
SAC Program Coordinator	Jarod Bailey	241-2948
Yokosuka SAC Program Manager	Annette Morales	243-5492
Ikego SAC Program Manager	Vacant	246-8301
Negishi SAC Program Manager	Kim Allen	242-4131
Yokosuka Youth Club Manager	Vacant	241-2098
Ikego Youth Club Center Manager	Michael Thomas	246-5929
Negishi Youth Sports/Teen Center Mngtr	Randy Reyes	242-4121
Youth Sports Director	Vacant	241-2950
Teen Program Coordinator	Lee Leach	241-4100
<b>Club Operations</b>		
Club Operations Director	Kevin Dugan	243-7316
Officers' Club Manager	Ken Johnson	243-5030
Officers' Club Catering Manager	Yasunori Suzuki	243-5788
CPO Club Manager	Fred Garcia	243-5506
CPO Club Caterer	Cecille Ecklund	243-5506
Club Alliance Manager	Godfrey Johnson	243-3000
Ikego Club Takemiya Manager	Cindy Palmer	246-8075
Negishi All Hands' Club Manager	James Cocking	242-4151
MWR Food Court Manager	Lota Balancio	243-3245
Chili's Grill & Bar	David Ko	241-3847
Bowling Center Manager	Ken Rogers	243-4200
<b>Athletics</b>		
Athletics Director	Kyle Rhodus	241-2941
Sports Director	Jessie Ecklund	241-2955
Aquatics Director	Amy Jo Jenkins	243-2052
Aquatics Hotline/Program Information		243-5229
Fitness Director	Brent Grubb	241-3077
Fitness Programs Coordinator	Donna Carter	241-4486
Wellness Programs Coordinator	Chris Mitchell	241-3077
Intramural Sports Coordinator	Josh Davis	241-2955
Negishi Fitness Center	TK Kikuta	242-4124
Athletics Facilities Manager	John Benningfield	241-2945
Athletic Maintenance Supervisor	Claude Numa	243-2051
Gazebo Reservations Coordinator	Justine Insonia	241-2945
Purdy Fitness	John Yoder	243-5398
Fleet Gym	Jeffery Baldwin	243-5304
<b>Recreation</b>		
Recreation Director	Paul Lopez	243-1215
Entertainment Director	Earl Murray	243-5215
Theaters Manager	Gregg Hooper	243-5406
ITT Manager	Al Maige	241-5050
International Programs Manager	John Saito	243-7952
Single Sailor Program Manager	vacant	243-7284
Single Sailor Support Coordinator	Dave Moses	243-7346
Outdoor Recreation Manager	Steven Marksberry	241-3709
Outdoor Special Event Support	Kevin Perry	243-5732
Outdoor Rental Center	vacant	243-5732
Outdoor Sailing Center	Mike Bryant	241-2067
Fleet Recreation Coordinator	Craig Stevens	243-7284
Campground	vacant	246-7956
Community Center/Hobby Mart Manager	Graciela Meave	243-6713
Ikego Community Activities Manager	Tommie Daniels	246-8071
Negishi Community Center Manager	Tony Bailey	242-4120
Auto Hobby Shop Manager	Ken Morgan	243-5456
Wood Hobby Shop Manager	Ken Morgan	243-9064
Librarian	Jeff Conner	243-6730
Veterinary Services	CPT. Terra Dawes	243-8862

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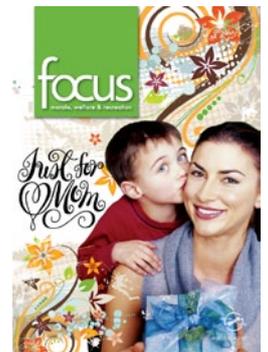
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### MARKETING STAFF

- Director** | Ron Carson
- Web Designer** | David Reyna
- Photographer** | John Sullivan
- Graphics Manager** | Tom Kiper
- Marketing Representatives** | Eric Ferrer,  
Nathaniel Kelly, Karen Schlesinger,  
Renee Figuera, Maya Norris



### CONTACT MARKETING

The Marketing Division of the Morale, Welfare and Recreation Department of Commander, Fleet Activities Yokosuka, Japan publishes Focus Magazine. Its purpose is to inform the community about MWR leisure and recreational activities available on and off base.

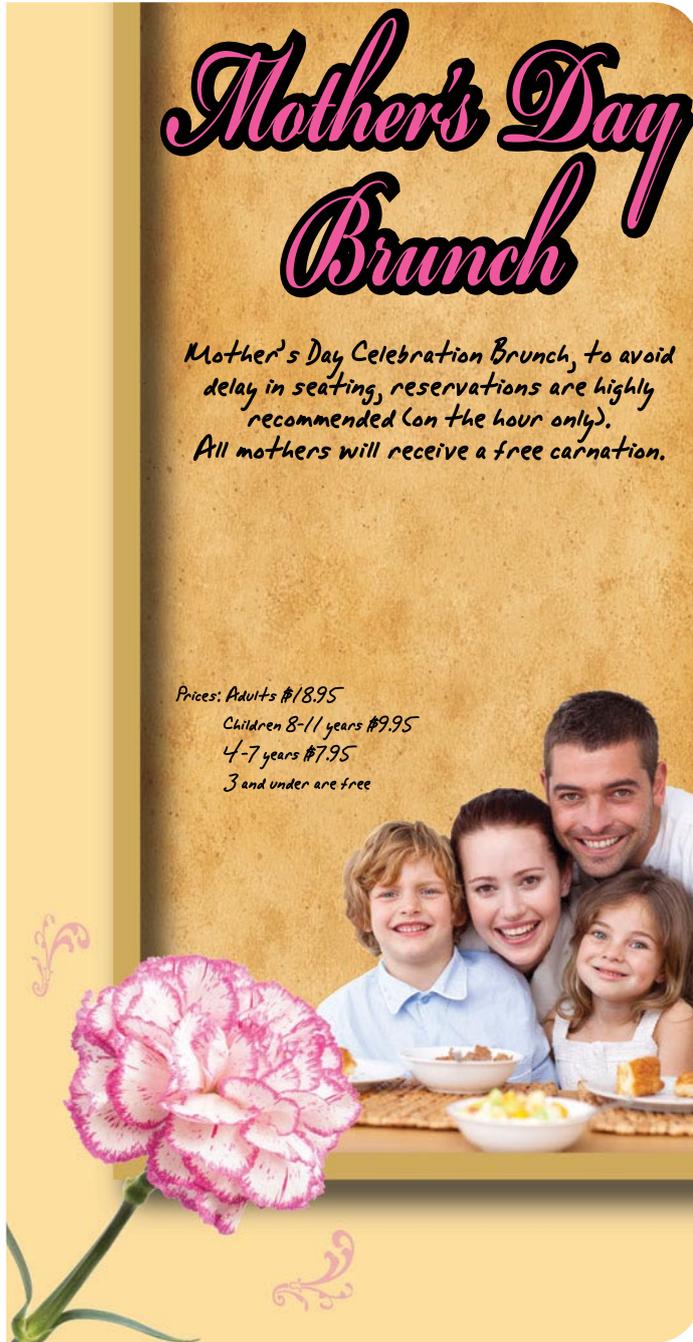
**Telephone** 243-1254

**Address** Commander, Fleet Activities, Yokosuka  
MWR Marketing Department  
PSC 473 Box 60 Code 605  
FPO AP 96349-0060  
CFAY Building #1559, Room #219

**Officers' Club**

Officers' Club will be closed Monday, May 23 for routine maintenance and Monday, May 30 for memorial day.

**Kosano Dining Room**



**Armed Forces Day**

Saturday, May 21 from 1700 to 2100  
Kosano Dining Room

All active duty military will receive 10% off on prime rib a la carte dinner, and a beverage (iced tea, or cola). Need to show active military ID for proof.

**Mongolian BBQ**

Tuesdays, May 3, 10, 17, 24 from 1700 to 2100,  
Kosano Dining Room

Guess the weight and receive a free Mongolian dinner. Product variety may be affected based on availability. **\$0.75 per ounce.**

**Prime Rib**

Saturdays, May 7, 14, 21, 28 1700 to 2100  
Kosano Dining Room

Come and try our mouth watering prime rib chef's ala carte special filled with incredible flavors. Ala Carte and Children's menu also available.



Due to seating availability, we encourage reservations on all club's events. For information on club's ongoing and upcoming events and specials, please call 243-5002/5030/7318/5788, 243-5624 after 1700 or see flyers.

## CPO Club

CPO Club Dining Room is open to All Hands all the time,

All Kids will receive a free scoop of ice cream with their order during evening meals during the month May. Dine in only.

### Entertainment



### Cruise Inn

We serve breakfast, lunch and lunch specials to go. Pancakes, eggs, omelets, Spam Musubi w/ rice, Spam and egg Musubi w/rice, breakfast sandwiches, chicken and hot dogs. Cruise Inn is open to all hands, all the time. Visit us Monday thru Friday from 0600 to 1400.

### Catering/Conference

CPO Club specializes in catering services. We offer an array of different options, with your choice of one of three of our elegant dining rooms coupled with a warm smile from our very hospitable staff. We can accommodate small parties or groups up to 250 with extensive menu selections to match your taste and budget. For more information on services offered, call Cez at 243-5506.

### Breakfast

#### Breakfast A La Carte

Saturdays from 0900 to 1330

#### Sunday Brunch

Sundays from 0900 to 1330

Round up your family and friends and enjoy an array of breakfast foods and lunch items. Try something from our large salad bar, assorted desert bar, the omelet station, or the pancake/waffle station. Also enjoy our famous Bloody Mary station. **\$15.95**

### Lunch

#### Lunch Buffet

Monday thru Friday from 1100 to 1330

The best lunch buffet in Yokosuka! All you can eat lunch buffet with a large variety of offerings including our Asian and Continental specials.

### Dinner Specials

#### A La Carte Menu

Mondays from 1700 to 2100

Bring the family and enjoy the new menu.

#### Prime Rib Dinner

Tuesdays from 1700 to 2100

Garlic roasted prime rib with a variety of buffet items. Limited menu available.

#### Mongolian BBQ

Wednesdays from 1700 to 2100

Come in, grab your chop sticks and mix up your own Mongolian BBQ with a huge variety of meats, vegetables, sauces and condiments and we will grill it and send it out piping hot. Our popular Mongolian night offers Asian soup, yakisoba, fried rice and iced tea at 75¢ per ounce steaks, soup, salad, sandwiches, burgers, ribs, desserts and more available on our limited dinner menu.

#### A La Carte Menu

Thursdays from 1700 to 2100

#### Mexican Platter

Fridays from 1700 to 2100

Enjoy a variety of your favorite Mexican dishes. Choose from Spanish soup, taco salad, fajitas, burrito, enchiladas, Spanish rice, refried beans, vegetable of the day and flour tortillas. **\$13.95**

#### A La Carte Menu

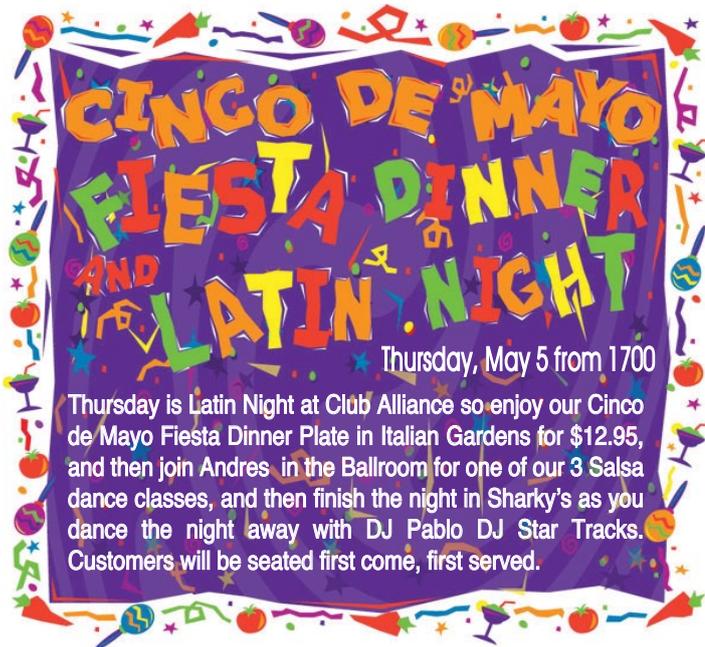
Saturdays & Sundays from 1700 to 2100

Bring the family and enjoy the new menu.



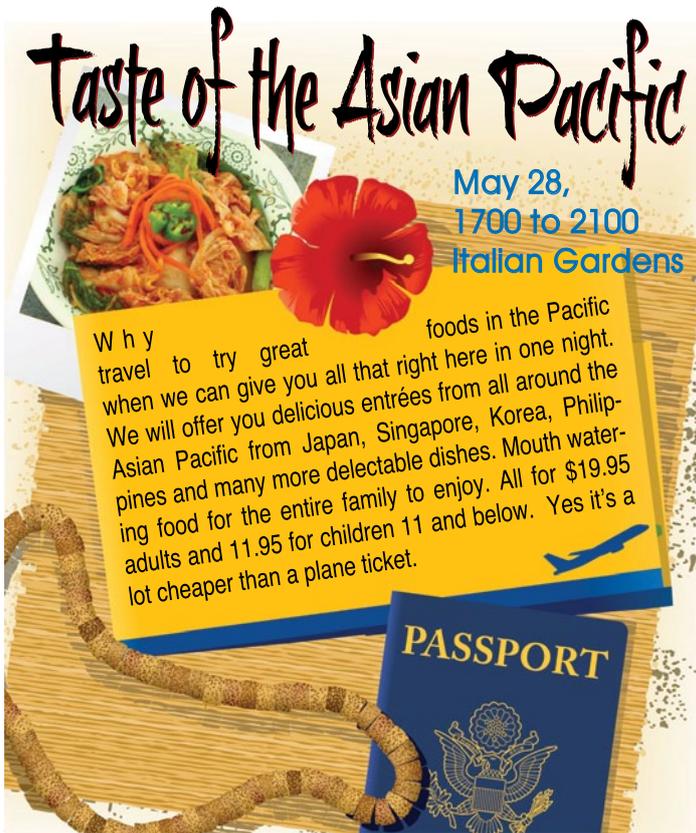
**Club Alliance**

Due to scheduled maintenance Italian Gardens and C-Street Grille will be closed Sunday, May 29.



**CINCO DE MAYO FIESTA DINNER AND LATIN NIGHT**  
 Thursday, May 5 from 1700

Thursday is Latin Night at Club Alliance so enjoy our Cinco de Mayo Fiesta Dinner Plate in Italian Gardens for \$12.95, and then join Andres in the Ballroom for one of our 3 Salsa dance classes, and then finish the night in Sharky's as you dance the night away with DJ Pablo DJ Star Tracks. Customers will be seated first come, first served.



**Taste of the Asian Pacific**  
 May 28, 1700 to 2100 Italian Gardens

Why travel to try great foods in the Pacific when we can give you all that right here in one night. We will offer you delicious entrées from all around the Asian Pacific from Japan, Singapore, Korea, Philippines and many more delectable dishes. Mouth watering food for the entire family to enjoy. All for \$19.95 adults and 11.95 for children 11 and below. Yes it's a lot cheaper than a plane ticket.

**PASSPORT**



**Italian Gardens**

**Pizza of the Month: Taco Pizza**

Available Daily in May at Italian Gardens  
 Seasoned ground beef, onions, olives, tomatoes, cheddar cheese, garnished like a classic taco with lettuce and sour cream, Jalapenos and Salsa on the side. These delights are always cooked in front of you in our brick oven.

**Small \$4.95    Med \$9.95    Large \$15.95**

**Garlic Night**

Saturday, May 21 from 1700 to 2100 at Italian Gardens  
 Delight your taste buds with a delicious garlic entrée on this special night!



**Sharky's Bar & Brewery**

Available on draft: American Eagle and American Amber ale, handcrafted by our very own Brew Master. Don't forget to get your tooter's tube shot and to try one of many Chu-Hi flavors. Open to all hands

**3rd Floor Ballroom**

**Beginning, Intermediate & Advanced Salsa Lessons**

Thursdays from 1930 to 2015, 2020 to 2105 and 2110 to 2155 at the 3rd floor Ballroom  
 Professional dance instructor, Andres, teaches basic steps and turns in the first class, introduces more complicated steps while focusing on technique in the second class, and goes to a full on advance dance series for the third class. Open to 18 and up, all hands and their guests. No partner needed. Pay in dollars or yen.

**Beginner Class \$6 / Intermediate \$8/ Advanced \$10**  
**\*\*\*Special: Take all 3 classes on the same night for \$15\*\*\***

Saturdays from 1200 in the 3rd Floor Ballroom  
 Thousands of dollars in prizes are available to be won every bingo. Saturday card sales start at 1200, first game starts at 1300. Open to 18 and up only. No children allowed.



*What bigger day is there than mother's day!??*

**May 8, 1700**  
 Bring her to Italian Gardens for a special Mothers Day meal. When you dine with us on this special day we will enter your name in a drawing for a free full body massage from purdy Gym and a \$100 NEX gift card. Plus all mothers will receive a rose.

**Mother's Day Dinner**

## Club Takemiya

### Lounge Entertainment

#### Friday Night Therapy

Fridays from 2100 to 0100  
Enjoy our DJ spinning your favorite jams.

#### Dinner Specials

Regular menu also available most evenings.

#### Mexican Night

Wednesdays from 1700 to 2100

#### Asian Night

Thursdays from 1700 to 2100

#### Filipino Special Night

every first Thursday of the month.

#### Ramen and Gyoza Night

every last Thursday of the month.



#### Seafood Night

Fridays from 1700 to 2100

#### Prime Rib Night

Saturdays from 1700 to 2100

#### Mongolian Night

Sundays from 1700 to 2000

## Dining Room Specials and Entertainment



**Mother's Day Brunch** Sunday, May 8

Moms do a lot for us on an every day basis... so we celebrate how much we appreciate them every year! Come in to Club T to help you celebrate. We have a special Mother's Day Brunch just for you!

For details call 246-8077



**National Apple Pie Day**  
Friday, May 13  
Order this dessert at 25% off all day!



**Cinco de Mayo**  
**Thursday, May 5**

We have a special menu to celebrate this joyous occasion with all of your Mexican favorites for dinner! We will have our Filipino Special, and a limited menu this evening. For details call 246-8077.

## Negishi

Negishi Club is closed Every Monday.

Join us for Mother Day Brunch on Sunday, May 8th from 0900 to 1500.

Note: There will be no breakfast or lunch menu on this day. Dinner will start at 1700 to 2000.

### Happy Hour

Fridays from 1700 to 1900

Relax in the lounge with free finger food.

### Dinner Specials

Wednesday 1700 to 2100

A La Carte

Thursday from 1700 to 2000

Mongolian BBQ, house band playing from 1700 to 2100.

Friday 1700 to 2100

A La Carte

# Prime Rib

Saturdays from 1700 to 2000

Enjoy our prime rib with soup or salad, baked potato, vegetable of the day and rolls with butter.

\$13.95 per person



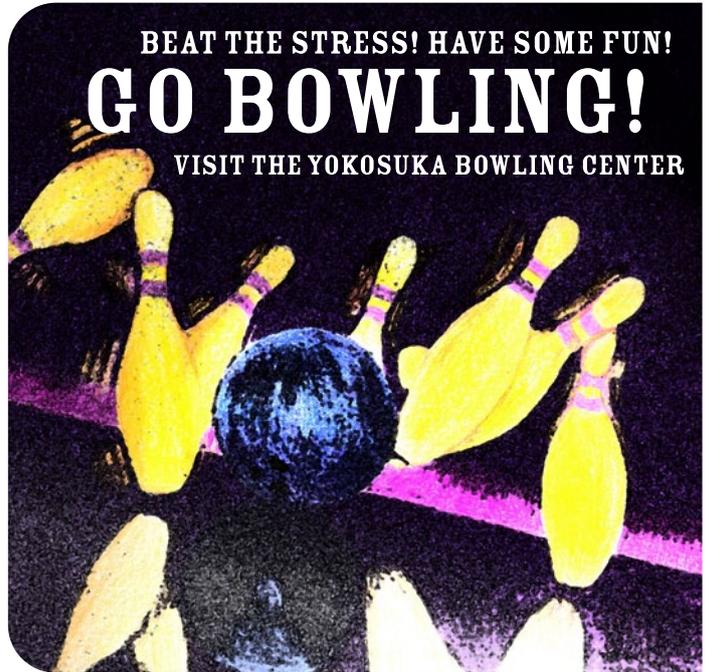
### Sunday Brunch

Sundays from 0900 to 1400

An array of breakfast foods and lunch items, large salad bar, assorted dessert bar. Omelets to order and coffee, tea, and juice bar.

## Bowling Center

The "Bow!" at Yokosuka is the place for your command parties or group fundraisers. We have many new packages available to meet your needs. If you have a function or command need please call 243-5158 for information on pricing and availability.



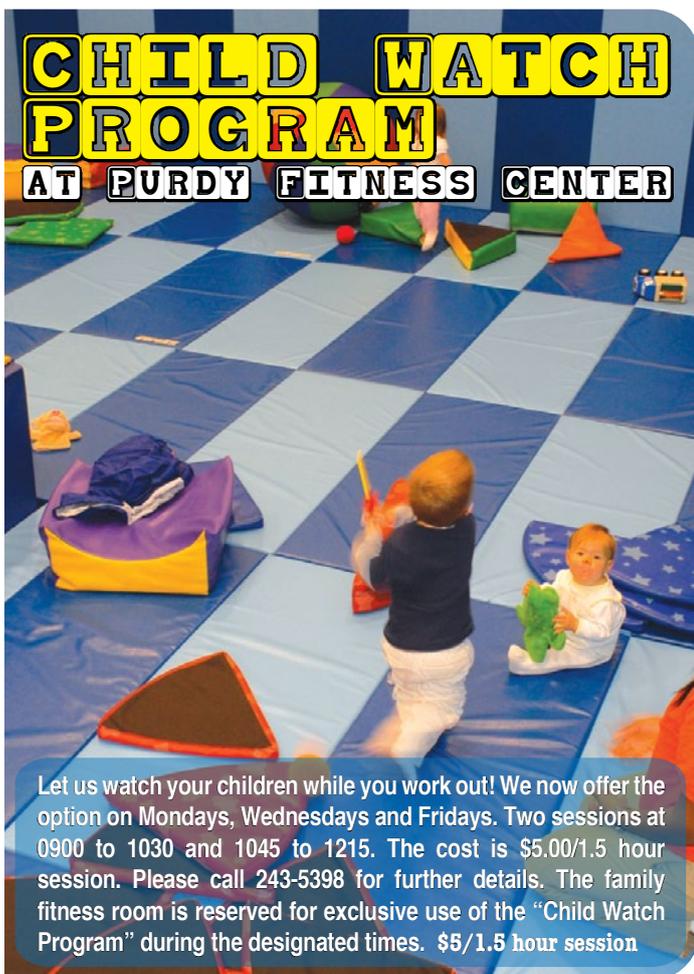
# HAWAIIAN PIZZA

...it's Heavenly

Available at the Yokosuka Bowling Center



## Athletics Facilities



**CHILD WATCH PROGRAM**  
**AT PURDY FITNESS CENTER**

Let us watch your children while you work out! We now offer the option on Mondays, Wednesdays and Fridays. Two sessions at 0900 to 1030 and 1045 to 1215. The cost is \$5.00/1.5 hour session. Please call 243-5398 for further details. The family fitness room is reserved for exclusive use of the "Child Watch Program" during the designated times. \$5/1.5 hour session



**MARTIAL ARTS CLASSES**

A variety of martial arts classes are being offered at the Purdy Fitness Center, Fleet Gym and the Community Center. Stop by the Purdy Fitness Center for a detailed class schedule. You may watch any of the classes you are interested in, and can ask questions to our skillful master sensei! We also now have JUDO out at the Negishi Community Center!

## Massage Services

The following services are now available at the Purdy Fitness Center. Appointments can only be made by stopping by the Purdy Fitness Center Reception Counter. Appointments cannot be made over the phone. For inquiries, please call (Purdy) 243-5398 or (Negishi) 242-4120.

<b>Yuka</b>	
Massage will not be conducted if pregnant	
<b>Body Care Massage</b>	
60 minutes	\$45
40 minutes	\$35
<b>Reflexology Massage</b>	
60 minutes	\$45
30 minutes	\$25
<b>Mayumi - also available in Negishi</b>	
Massage not conducted if you are pregnant or ate 30 min.prior to appointment	
<b>Aromatherapy Massage</b>	
90 minutes	\$100
60 minutes	\$70
<b>Weight Loss Aromatherapy Massage</b>	
60 minutes	\$80
<b>Traditional Thai Massage</b>	
150 minutes	\$125
120 minutes	\$100
90 minutes	\$75
60 minutes	\$50
30 minutes	\$30
<b>Thai Oil Deep Tissue Massage</b>	
90 minutes	\$110
60 minutes	\$80
<b>Thai Foot Massage</b>	
60 minutes	\$45
<b>Back and Shoulder Massage</b>	
60 minutes	\$50
<b>Bali Facial Massage</b>	
60 minutes	\$50
<b>Herbal Ball Massage</b>	
90 minutes	\$80
<b>Hot Stone Massage</b>	
120 minutes	\$130
90 minutes	\$100
<b>Tok Sen</b>	
90 minutes	\$70
60 minutes	\$50
<b>Chi Nei Tsang</b>	
90 minutes	\$100
<b>Agnes</b>	
Massage will not be conducted if pregnant	
<b>Swedish Massage</b>	
120 minutes	\$110
90 minutes	\$85
60 minutes	\$60
<b>Back and Shoulder Massage</b>	
60 minutes	\$50
30 minutes	\$30
<b>Leg and Foot Massage</b>	
60 minutes	\$55

## Adult Sports

Adult Sports events are open to all active duty personnel, DoD civilians and dependents at least 18 years of age, out of high school and with valid ID. For all Captain's Cup event participants must compete as part of their primary command. Captain's Cup points will be awarded for all Captain's Cup events. Team trophies will be presented to the top three finishers and individual awards will be presented to the team champion. For more details regarding any Adult Sports activity please call the Adult Sports Office at 241-2955.

### 2011 Captain's Cup Racquetball

Monday, May 23 at 1730 at Fleet Rec Racquetball Courts

Teams must register by 1700 Wednesday 18 May at the Adult Sports Office. Coaches/Captain's meeting at 1100 or 1700, Thursday 19 May at the Adult Sports Office on the third floor of the Fleet Recreation Center.

Participants must play with their own command



#### 2011 Captain's Cup Memorial Day 5K Run

Friday, May 27th at 1130 at Purdy Gym  
Participants must register on site.

#### Intramural Memorial Day 2 Man Beach Volleyball

Saturday, May 28th at 0900 at Sand Volleyball Pit  
Teams must register on site at 0830.

#### Intramural Memorial Day Basketball Tournament

Saturday, May 28th at 0900 at Fleet Rec Court A  
Teams must register by 1700 Wednesday 25 May at the Adult Sports Office. Coaches/Captain's meeting at 1100 or 1700, Thursday 26 May at the Adult Sports Office on the third floor of the Fleet Recreation Center.

#### Intramural Memorial Day Softball Tournament

Saturday, May 28th at 0900 at Berkey Field  
Teams must register by 1700 Wednesday 25 May at the Adult Sports Office. Coaches/Captain's meeting at 1100 or 1700, Thursday 26 May at the Adult Sports Office on the third floor of the Fleet Recreation Center.

### Command Sports Coordinator (CSC) Meeting

Friday, May 27th at 1100 Adult Sports Office

"Calling all CSC's, represent your command at the monthly meeting to earn 50 Captain's Cup points." Lunch will be served.

## Fitness

### Information on All Programs

The Fitness & Wellness office is located on the 3rd floor of the James D. Kelly Fleet Recreation Center. For more details or information on any of our programs, events, personal training or group exercise, please call 241-4486 or 241-3077.

### Did You Know?

Did you know that the MWR Fitness & Wellness office offers several ongoing programs that specifically support CFLs, FEP members, and active duty? Call the Fitness & Wellness office for more information.

**IRONMAN TRIATHLON CHALLENGE 2011**

**MARCH 1ST 2011-MAY 31ST 2011**

It's not too late to get involved in the Ironman Triathlon Challenge. Call 241-4486 or e-mail [donna.carter@fe.navy.mil](mailto:donna.carter@fe.navy.mil) for more details and to get your log.

**Yokosuka 70.3**

**Off The Record Triathlon**

We are kicking off the 2011 Subway Triathlon Series in a BIG way. The Yokosuka 70.3 Off the Record Triathlon is a 1.2 mile swim, 56 mile bike, and 13.1 mile run. Pre-registration is required as well as participation in the safety brief on race morning. Call 241-4486 for more details or stop by our office 3rd Floor Fleet Rec to register.

**Saturday,  
May 7th**

at the Green Bay Marina

- Transition Opens at 0600
- Race Starts at 0700

### Captain's Cup Memorial Day 5k

Friday, May 27th 1130 at Purdy Fitness Center

Start the Memorial Day weekend with a bang as we partner with Clear Vision to help you earn Captain's Cup points. Cool T-shirts will be given on a first come, first served basis. Medals will be presented to the top three in each age group, so come out and see what you can do. No pre-race registration is necessary and strollers are always welcome.

## Aquatics

### Lap Swim Challenge – “Swim the Hawaiian Islands”

Program running now through May – FREE  
Seahawk Natatorium

Only one month left to swim the length of the Hawaiian Islands from Niihau to the Big Island (Hawaii). Complete those last few laps to get to 498 and earn our awesome 2011 Lap Swim Challenge t-shirt.

### Youth Club Fantastic FREE Fridays at the Pool

Fridays from 1600-1700 FREE

Seahawk Natatorium

Hop in the pool for a splashin’ good time with activities including water basketball, wacky relays, innertube water polo, kayak races and more!

\*Grades 4-6 (1600-1630), Grades 7-12 (1630-1700)

\*Under 9 years old must have a valid swim license and parent present to participate. 10-15 years must have a valid swim license to participate.

### International Red Cross Day – “Lifeguard and Swim Lesson Assessments”

Friday, May 6th 1600-1730 and Saturday, May 7th 1100-1230 - FREE

Join us in celebrating Red Cross Day by finding out more about our ARC Aquatic programming including lifeguard and water safety instructor courses, swim lessons and summer jobs. If you’re not quite sure you’re ready for the Lifeguard or WSI Course, stop by and our staff can help you decide. Parents, not sure what level your children are for swim lessons? Bring the kids and our instructors will take a look at them in the water to help you enroll them in the correct level for our summer sessions. We have classes for those ages 6 months through adults.

Aquatics

# Dive-in Movie

Friday, May 6th from 1730-1930  
at the Seahawk Natatorium

## “Megamind”



Bring your family and friends to have fun floating around on noodles and inner tubes as the pool takes on a whole new feel with the lights turned down low for these special feature films. Normal entrance fees apply.

### Mother’s Day at the Pool

Sunday, May 8th 1100-1900

A special thank you to all those mothers out there. Today moms get in free, so grab the family and come on out Seahawk Natatorium to celebrate Mother’s Day.

### Lifeguard Certification Course (American Red Cross)

May 13-15 & May 20-22 (Fridays 1600-2000, Saturday/Sunday 0900-1700) or June 20-24 (Monday - Friday 0800-1700)

This course is designed to teach participants the skills and knowledge needed to prevent and respond to aquatic emergencies. Certifications include Lifeguard, CPR-PR and First Aid.

Prerequisites: Must be at least 15 years old, swim 300 meters, and surface dive 7-10 feet to retrieve a 10lb object. Must have a minimum of 4 participants.

Cost: \$100 (includes all course materials)

### Family Fun Afternoon – “National Water Safety Month”

Saturday, May 21st from 1300-1500

Bring the whole family out for fun and safety at the pool during National Water Safety Month! Learn about pool and water safety, protecting your skin from the sun, and tips for getting your family ready for the summer swimming season. Free snacks and drinks in the party room while you learn about ways to keep safe at the pools this summer!

# MEMORIAL DAY

## Pool Party Celebration

### Food, Fun & Games!

Saturday, May 28th at Negishi Pool  
Monday, May 30th at Green Beach and Ikego Pools from 1200 to 1500

Join us in celebration of Memorial Day and the opening of outdoor pool season. All pools will open Saturday, May 28th for weekends and holidays. Our celebration includes free food, music, games and more. Picnic food, snacks and drinks will be served around noon and continue until we run out so get there early!

### Summer Swim Lessons Coming Soon!

There are no group lessons during May

### Water Safety Instructor Course (American Red Cross)

Sunday, June 1-3 & 6-10 from 1500 to 1930  
at Seahawk Natatorium

This course is designed to teach participants the skills and knowledge needed to teach swim lessons from infants through adults. Must be at least 16 years old and able to pass American Red Cross Levels 1-6 skills test.

Cost: \$125 (Includes course materials.)

### Adult Advanced Swim Training: FREE

Mondays & Wednesdays 0800-0900  
Seahawk Natatorium (through June 17)

Join us for a challenging workout and technique tips to improve your strokes.

# POOL HOURS

## Seahawk Natatorium

### Seahawk Natatorium - Mon thru Fri

- Recreation and Lap Swimming from 0530 to 0800
- Command Training from 0800 to 1100
- Recreation and Lap Swimming from 1100 to 1900

### Seahawk Natatorium - Sat & Sun

- Recreation and Lap Swimming from 0900-1700
- Closed weekends during the summer starting May 28

### Green Beach, Ikego & Negishi

- Recreation and Lap Swimming from 1100-1800
- Weekdays & holidays only beginning May 28

# Summer Camp

## Registration Day

**Saturday, May 21 at Purdy Fitness Center  
from 0800 to 1200**

**\*\*Important Note\*\*** A lottery system will be used for this year's camp registration. We will hand out lottery numbers between 0730-0800. Customers that show up after 0800 will be given a number in the order they arrive. To register youth from another family you must have a power of attorney.

For questions regarding our summer program schedule or summer camps please call Lee Leach, Teen and Youth Programs Coordinator at 241-4100 or 241-2098.

### **School Age Care Summer Camp**

The School Age Care programs at Yokosuka, Ikego, and Negishi will once again be partnering with Camp Adventure™ to host weekly Day Camps throughout the summer. Camps will begin Monday, June 20 and run through the week of Monday, August 22. Participants will take part in many activities including weekly off-base field trips, bowling, and swimming. The camps are open to children who have completed K thru 6th grade. Open registration will begin at our annual Registration Day held Saturday, May 21 in Purdy Gym. Weekly fees are based on total family income. Please call 243-5492/Yokosuka, 246-8301/Ikego, 242-4131/Negishi, or email Jarod.Bailey@fe.navy.mil for more information.

### **Teen & Youth Club Summer Programs and Summer Camps**

This summer is looking to be the best summer yet at your local Teen and Youth Club! We have a wide variety of daily programs planned for youth of all ages. The best part is they're free! All you need is to register and become a member. There is no fee required to become a member. Information about our daily program schedule can be found in the Focus Magazine, the Yokosuka Youth Programs Facebook page, and at any one of our three Teen and Youth Club sites.

In addition to our robust daily program schedule we will also be offering some amazing camps. Registration for these camps during our annual Registration Day held Saturday, May 21 in Purdy Gym. The camps will be available to youth who have completed grades 4 thru 12 and include...

### **Ocean Camp**

Spend three days of snorkeling, surfing, body boarding, or just basking in the sun on some beautiful local beaches and waterfronts. We will be traveling to the Shonan Coast (Kamakura area) and Jogashima-one of the best local snorkeling areas just an hour's drive south.

**\$90 per person**

### **Skate Camp**

Three days traveling to some of the areas best skate parks. This camp is for all experience levels. You supply the equipment (board, helmet, and pads) and we'll get you to the park for a new skating experience each day. **\$55 per person**

### **Music Camp**

Music camp is the perfect place for you to get an inside look at what it takes to be a musician. You'll learn about all the equipment it takes to play a live show and to record an album. You'll learn the basics of the electric guitar, bass, and drums. Bring your own guitar or use one of ours. We have enough for everyone. **\$75 per person**

### **X-Sports Camp**

This camp is the only camp that is offered exclusively for those who have completed grades 7 thru 12. You will spend three days playing paintball, surfing, and rock climbing outdoors. A great camp for the older youth that is sure to create lasting memories. **\$90 per person**

### **Fit 4 Life Kid's Fitness and Wellness Boot Camp Half-Day Camps**

Monday thru Friday, June 20 thru August 26

A fitness and wellness initiative designed to give kids the tools needed to take action toward leading a healthy and active lifestyle. The program is geared toward overweight children and is free for kids already signed up for other Summer Camps! Interested participants can apply and receive a free height/weight screening at the Fitness Office located on the third floor of Fleet Rec. For more information, please call 241-4486/3077 or email brent.grubb@fe.navy.mil

For specific dates and registration information on any Youth Sports program contact your local Youth Sports Office: Yokosuka: 241-2952, Ikego: 246-8017 and Negishi: 242-4121. Visit us on Facebook: [facebook.com/yokosukacyp](https://www.facebook.com/yokosukacyp) (Yokosuka Youth Programs) Follow us on Twitter: [twitter.com/yokosukays](https://twitter.com/yokosukays) Check out CFAY MWR: [www.cnic.navy.mil/yokosuka/mwr](http://www.cnic.navy.mil/yokosuka/mwr).

### Swim Lessons

American Red Cross group swim lessons are offered for ages 6 months old thru adults at Yokosuka, Ikego and Negishi pools. Beginning the week of Monday, June 20. Each session runs Monday thru Friday for two weeks offering both morning and afternoon lessons. Registration for Session 1 is Saturday, June 4. We are also offering a half-day Swim Camp Tuesday thru Friday, July 5 thru 8. Swimmers must be at least 7 years old and must have a valid MWR Aquatics swim license. **\$40 per session**

- Session 1: Monday thru Friday, June 20 thru July 1
- Session 2: Monday thru Friday, July 11 thru 22
- Session 3: Monday thru Friday, July 25 thru August 5
- Session 4: Monday thru Friday, August 8 thru 19
- Swim Camp: Tuesday thru Friday, July 5-8

## Youth Sports Summer Programs

### Sport Day Camps

0800 to 1600 Monday thru Friday

Sport day camps are a fun-filled way for kids to play sports. Each camp will focus on a specific sport as well as general sports skills, teamwork, and sportsmanship. Sport day camps include pool time, bowling time and fun games with the counselors each week. Sport day camps are for children that have completed grades 1 thru 7. Transportation will be provided for Ikego and Negishi campers.

### Sport Specialty Camps

0900 to 1500 Monday thru Friday

Sport specialty camps are designed for the older kids in our community. Each camp will focus on a specific sport to include skill development, proper training, game strategy and sportsmanship. Sport specialty camps are for kids that have completed grades seven through twelve. These campers are eligible to ride the sport day camp bus.

### Summer Team Sports

This summer CFAY is teaming up with the Kanto Plains Sports league to offer Teen Basketball (ages 13 thru 18) and Futsal/Indoor Soccer (ages 11 thru 18). These seasonal teams will practice twice per week and have games weekly. Additionally, CFAY offers a summer swim team for kids ages 6 thru 18. The swim teams practice twice a week and have four swim meets with the teams from Yokosuka, Ikego and Negishi.

### Summer Sports for the Younger Ones

Start Smart Tennis (ages 5 to 7),  
Start Smart Golf (ages 5 to 6),  
Hook-a-Kid on Golf (ages 7 to 14),  
Start Smart General (ages 3 to 6) are weekly, parent-participation programs designed to teach basic sport skills and enjoyment of sport

### Youth and Teen Sailing Summer Half-Day Camps:

Bring a change of clothes, water and sunscreen. We can also do Youth/Teen private sailing lessons

- Monday-Thursday, June 20 thru 23 from 0900 to 1300 (Ages 8-11)
- Monday-Thursday, July 18-21 from 0900 to 1300 (Ages 8-11)
- Monday-Thursday, August 8-11 from 0900 to 1300 (Ages 12-17)
- Monday-Thursday, August 22-25 from 0900 to 1300 (Ages 12-17)

We'll teach you all the basics to get you out on the water, safely maneuvering your sailboat (Bug) around Green Bay Marina. Tacking and jibing (turning), sail trim, nomenclature, knots, and water safety are among the myriad of subjects covered in this fast paced and exhilarating course taught by certified instructors. Our goal is to ensure your confidence in your sailing skills. **\$150 per person**

### Youth and Teen Water Adventure Summer Half-Day Camps

We have a wide range of water activities scheduled like boating, sailing, kayaking, tubing, and wakeboarding. Bring a change of clothes, water, and sunscreen. **\$150 per person.**

- Monday-Thursday, June 27-30 from 0900 to 1300 (Ages 8-11)
- Monday-Thursday, July 11-14 from 0900 to 1300 (Ages 8-11)
- Monday-Thursday, July 25-28 from 0900 to 1300 (Ages 12-17)
- Monday-Thursday, August 15-18 from 0900 to 1300 (Ages 12-17)

Week of	Teen & Youth Clubs	Youth Sports Day Camp	Youth Sports Specialty Camp	Youth Sports School Age Program
1 June 20-24	<b>Music Camp</b> - June 20-22 \$75/person - Completed Grades 4-6	<b>Basketball</b> \$70/person Completed Grades 1-7	<b>Football</b> \$70/person Completed Grades 7-12	<b>Day Camp</b> Y, I, N Completed Grades K-6
2 June 27-July 1	<b>X-Sports</b> - June 27-29 \$90/person - Completed Grades 7-12	<b>Soccer</b> \$70/person Completed Grades 1-7	<b>Basketball</b> \$70/person Completed Grades 7-12	<b>Day Camp</b> Y, I, N Completed Grades K-6
3 July 5 - 8	<b>Daily Programs only.</b> 1200-2000 M-F. No pre-registration required.	<b>Minor Sports</b> \$55/person Completed Grades 1-7	<b>Volleyball</b> \$55/person Completed Grades 7-12	<b>Day Camp</b> Y, I, N Completed Grades K-6
4 July 11-15	<b>Ocean Camp</b> - July 11-13 \$90/person - Completed Grades 7-12	<b>Baseball/Softball</b> \$70/person Completed Grades 1-7		<b>Day Camp</b> Y, I, N Completed Grades K-6
5 July 18-22	<b>Music Camp</b> - July 18-20 \$75/person - Completed Grades 7-12	<b>Soccer</b> \$70/person Completed Grades 1-7	<b>Baseball/Softball</b> \$70/person Completed Grades 7-12	<b>Day Camp</b> Y, I, N Completed Grades K-6
6 July 25-29	<b>Ocean Camp</b> - July 25-27 \$90/person - Completed Grades 7-12	<b>Flag Football</b> \$70/person Completed Grades 1-7		<b>Day Camp</b> Y, I, N Completed Grades K-6
7 August 1-5	<b>Skate Camp</b> - Aug 1-3 \$55/person - Completed Grades 4-12	<b>Tennis</b> \$70/person Completed Grades 1-7	<b>Soccer</b> \$70/person Completed Grades 7-12	<b>Day Camp</b> Y, I, N Completed Grades K-6
8 August 8-12	<b>Daily Programs only.</b> 1200-2000 M-F. No pre-registration required.	<b>Basketball</b> \$70/person Completed Grades 1-7		<b>Day Camp</b> Y, I, N Completed Grades K-6
9 August 15-19	<b>Daily Programs only.</b> 1200-2000 M-F. No pre-registration required.	<b>No Camps Available</b>	<b>No Camps Available</b>	<b>Day Camp</b> Y, I, N Completed Grades K-6
10 August 22-26	<b>Daily Programs only.</b> 1200-2000 M-F. No pre-registration required.	<b>No Camps Available</b>	Fall Soccer Season Begins	<b>Day Camp</b> Y, I, N Completed Grades K-6

For more information about the camp registration process, eligibility, fee categories, camp details, and for a copy of the registration form go to <https://www.cnic.navy.mil/yokosuka/mwr> or <http://www.facebook.com/yokosukacyp> or call 241-4100, 241-2952, 243-5492, 246-8301 or 242-4131.

## Youth Club Programs

### Attention Youth Club Members

The Youth Programs team would love to have you join us on Facebook. Leave us feedback, check out what events are coming up, and see yourself in pictures and video of what's happening at the Youth Club. All you need to do to participate is visit [www.facebook.com/yokososukacyp](http://www.facebook.com/yokososukacyp) and become our fan.

### Yokosuka Youth Club

The YYC is located between Kinnick HS and Purdy Gym. Eligible youth, grades 4th thru 12th, can use the facility. Early release school days the facility is open at 1100. For more information, call 241-2098.

### Youth Club Membership-Become a Member Today

The new school year is upon us and the Youth Club is still the place to be. Become a member of the Youth Club today and start enjoying the many benefits of Youth Club membership. Benefits include increased engagement in school and learning, increase in positive character traits and civic engagement, improved healthy habits and decision making skills. Membership is free! All you have to do is fill out a Child and Youth Program registration packet and you're in! Stop by any of our Youth Clubs today to pick up the paperwork and see for yourself how the Youth Club is making a positive impact on the youth of the community.

### Smart Girls

Tuesdays from 1700 to 1800

For grades 7 thru 12, one of our most popular Youth Club programs is back! Come by the Youth Club to participate in discussions that will cover topics affecting young women today. This is your chance to enjoy some time with your friends discussions issues that matter to you. Don't miss it!

### Beats with Gabe

Mondays from 1700 to 1800

This program will teach you how all the Hip Hop and R&B greats produce their sounds. Get into our top of the line music recording studio with Mr. Gabe and he'll show you how it's done.

### First Thursdays

Thursday, April 7 from 1700 to 1800

This program is an extension of our Spoken Word Thursday program. We will be holding this program every first Thursday of each month. Stop in to perform, to be entertained. We welcome all types of performing artists. If you need special equipment for your performance please let us know in advance. We hope you will join us!

## Ikego Youth Club

The Ikego Youth Club will have many fun and exciting programs and trips for you throughout the summer. Stop by and check out our summer calendar. Located in the Miyajima Tower Party Room bldg 692. For more information, call 246-5929.



### Art Supplies

We have arts supplies for those who want to draw, paint and have fun making art.

### Torch Club

Come and join our Torch Club pre-teen character and leadership club, make a difference at your Youth Club.

### OutReach Program

Wednesdays and Thursdays from 1530 to 1700 at the Nikko Party Room

Come to the Ikego Youth Club to learn basics of graphic design, photography, how to play and record music, and more.

### Friday Variety Events

Fridays at Ikego Gym from 1530 to 1700

We will do a variety of fun sporting activities and events.

### Ikego Youth Clubs Skate Competition

Saturday, May 7 at 1500

The Skaters have been waiting this! There will be two classes, beginners and intermediate. First, second, and third place prizes for both classes. Come out and see who is king of the board!

### Ikego Youth Club's Cooking Club

Saturdays, May 7 and May 28 at 1500

Let's learn how to cook delicious food!

### Ikego Youth Club's Schools Almost Out Party

Saturday, May 14 at 1400

School is almost out for the year. Let's party and look forward to the summer! Good music, good food and fun! We will have a cool D.J playing cool music! **Free**

### Club Tech's Video Game Computer Building Event

Saturday, May 21 at 1400

Let's build a fast, fun, cool looking video game PC. Youth get to put the PC together, test it out and of course use it as the new IYC gaming PC to replace one our old aging gaming PC.

## Negishi Youth Club

For more information call 242-4121, we would love to hear from you!



### Photography Club

Wednesdays and Fridays from 1600 to 1700

Use our cameras to shoot photographs of your friends, beautiful sceneries, plants, animals and so on. You'll be learning how to take the "perfect picture".

### Fitness Club

Tuesdays and Thursdays from 1600 to 1700

In this program, you will learn how to become physically fit. We will play basketball, dodgeball, volleyball, and learn how to do Yoga. We guarantee you will have fun in Fitness Club!

### Create Your Own Mother's Day Card

Tuesday thru Saturday May 10 thru 14 from 1600 to 1800

Let's celebrate Mother's Day by giving her a special card made by you! Stop in and let our staff show you how to make handmade cards by using rubber stamps, ribbons, photos and other materials.

### Ramen Museum

Saturday, May 28 from 1300 to 1800 in Yokohama

Please bring extra money to buy ramen and souvenir.

We are going to have a special field trip to the world famous Ramen Museum in Shin Yokohama! Whether you are a ramen lover or not, we guarantee that you will have a fantastic time at Ramen Museum.

**adults 13 years and over ¥300 , children 6 to 12 years ¥100**

## School Age Care Program

Yokosuka Child and Youth Programs is on Facebook! Visit the following link and check out pictures of our programs in action as well as get up to date event information. <http://facebook.com/yokosukacyp>

### Hourly Care

Hourly care is available at all School Age Care programs during Before and After School program hours on a space available basis. Reservations may be made up to 30 days in advance of the day care is needed. Please call your local School Age Care program for more information and to make reservations.

### Special Hourly Care

Monday thru Friday from 0800 to 1200  
Special Hourly Care sessions are also available at the Yokosuka School Age Care program. Please call the Yokosuka School Age Care program to make reservations.

## Youth Sports Program

Youth Sports is on Facebook and Twitter! Visit us at the following links: <http://facebook.com/yokosukacyp>; <http://www.twitter.com/yokosukays>.

### Youth Sports Mission Statement

To provide safe, fun, positive and high quality recreational sporting activities for the dependents of active duty personnel, and DoD civilians associated with CFAY Japan. The Program is dedicated to promoting sportsmanship, the development of fundamental skills, teamwork, and the support of the athletic and recreational needs of the youth community.

### Registration Policy

Please register early for all sports programs. Each session, we have a high volume of late registrants, which in turn causes delays in team rosters and scheduling. We will continue to accept late registration with no penalty for legitimate reasons (e.g., PSC orders or medical emergencies) and we would like to emphasize that this will not impact our current fees whatsoever which remain the same as long as you sign-up during the normal registration period (usually over 60 days in length). As an additional option, early registrations are accepted for situations where families will be on leave during registration (see our office for details).

### PAYS Program

Parents Association for Youth Sports meetings will be held once a quarter. Please sign up in advance to attend. Learn everything you need to know about the Youth Sports Program and the role you play as a parent. One time attendance entitles you for registration discounts for Youth Sports activities and membership into the national organization. Annual membership fee of \$5 is paid for you by MWR CYP. If you are already a member, bring your card to any of the Youth Sports Offices and claim your Free t-shirt. Parents who attend the quarterly meetings will be eligible to win Disneyland Tickets! For more information, call your local Youth Sports Office. Free t-shirt for PAYS members!



## Volunteers Needed

Youth Sports is always looking for volunteers, if you are interested in helping out by being a coach, sports official, team parent, or just helping set up, contact your local Youth Sports Office.

### Information On All Programs

For more details or information on any programs please call: Negishi Youth Sports, 242-4121; Ikego Youth Sports Office, 246-8017; and Yokosuka Youth Sports Office, 241-2952.

### Summer Basketball and Volleyball Registration

Monday, May 9 thru Friday, June 3  
For ages 13 thru 18, season begins mid June and runs through the end of July. The cost is \$40 for the first child and all \$35 for all others. For details contact your Youth Sports Office. Discounts for PAYS members.

### Summer Futsal (Soccer) Registration

Monday, May 9 thru Friday, June 3  
For ages 11 thru 18, season begins mid-June and runs through the end of July. The cost is \$40 for the first child and all \$35 for all others. For details contact your local Youth Sports.

### Swim Team Registration

Monday, May 9 thru Friday, June 3  
For ages 6 thru 18, season begins mid-June and runs through the end of July. For details contact your local Youth Sports Office. The cost is \$40 for the first child and all \$35 for all others. Discounts for PAYS members.



### Year-Round Youth Swimming

This is not an MWR sponsored activity.  
Yokosuka Junior Seahawk Swim Team is a special interest group for swimmers under 18 years of age. They are recruiting all children interested in competitive swimming. For more information, please contact Becky Roek at [jsstcoach@gmail.com](mailto:jsstcoach@gmail.com).

### Upcoming Registrations

Youth Sports will be offering the following programs in the late spring and summer months, more details to come out soon...  
Youth Golf (ages 5-14), Youth Track and Field Meet (ages 7-13), Teen Summer Basketball (ages 13-18), Teen Summer Volleyball (ages 13-18), Youth Summer Sports Camps (ages 7-18), Summer Swim Teams (ages 6-18), General Start Smart Program (ages 3-6), and Start Smart Tennis (ages 5-7)

### Fitness and Special Events

#### Armed Forces Kids Day

Sunday, May 15

#### Fourth Annual Track Meet

Saturday, June 11 at 0900 at Ikego Field #3  
For kids ages 7 to 18, events including running, jumping and throwing. Each child may participate in up to 3 events. Each participant will receive a certificate and top three in each event for each age group will receive placing medals. To participate, sign up at your local Youth Sports Office starting Monday, May 9 thru Friday, June 3.

## Yokosuka Community Center

For more information call 241-4111 or visit the MWR website. For registration info and payment, please visit our new program office located on the third floor of the Community Readiness Center, or call us at 243-6713.



The graphic features the word "drawing" in a large, white, 3D-style font with a pencil tip pointing at the end of the word. The background is a dark blue gradient with a faint pencil sketch of a landscape.

**THURSDAYS, MAY 12, 19,  
AND 26 FROM 1500 TO 1600  
AND 1600 TO 1700**

If you have a budding artist who needs a little guidance and instruction or just wants a place to draw with other artists, this is the place! The Drawing class offered at the Community Center is continuous, so there is no need to wait for class start dates. Just stop by and sign up. **\$8.50 per class**



The graphic shows a piece of torn paper with a colorful landscape painting of a mountain. The word "CHIGIRI-E" is written in a large, white, brush-stroke font across the bottom.

**FRIDAYS, MAY 13 AND 27 AND  
ON WEDNESDAY, MAY 18**

The Japanese tradition of “torn paper” art is a beautiful way to create artwork by simply tearing and gluing pieces of tissue paper. This class teaches this traditional Japanese art. Come explore your creative talents! Classes are held on Fridays. **\$15 per class**

## Library

For more information call 243-5574 or visit the MWR website.

### Planning for Summer Trips

Let the Yokosuka library help you with your upcoming summer vacation. There will be displays to aid in your planning. If you don't want to travel beyond your living room, check out our great selection of travel guides and DVDs. Finally, for the more adventurous (and imaginative) travelers, we also have a copy of Alberto Manguel's Dictionary of Imaginary Places.

## SUMMER Reading Program

Don't forget that in June, our annual Summer Reading Program will start! It will run from 18 June until 6 August. We have lots of great prizes for all participants from 0 to 17 years old. Check out the display cases at the Library for more details.



## Ikego Community Activities

For more information call 246-8071 or visit the MWR website.

### Ikego Memorial Day Celebration

Monday, May 30 from 1100 at Ikego Community Support Complex & Swimming Pool  
Start the summer off by celebrating the Memorial Day experience with a twist. The event will have a ton of family fun including a Memorial Day Pool Party, BBQ, music, walk around balloon magic and more.

### Upcoming Events

#### Ikego Family Fun Outdoor Movie Night

Saturday, June 4 from 1800

#### Ikego Community Flea Market

Saturday, June 18

## Negishi Community Activities

For more information call 242-4120 or visit the MWR website.

### Memorial Day Weekend Pool Party

Saturday, May 28 from 1200 to 1400

Ring in the summer by bringing the family and your friends to the Negishi Pool for a fun-filled afternoon of entertainment, music and food. For more information and details visit or call the Negishi MWR Program Office at 242-4120 or 045-281-4120.

## Auto Hobby Shop

The Auto Hobby Shop is located right behind the gas station's car wash. We offer a towing service as well as a used auto parts locator service. For details call 243-5456 or visit the MWR website.

### AHS Classes

Participants will utilize a POV during the class. 16 and below must be accompanied by a parent or guardian. \$15 per patron covers daily usage fees. Fees vary by class, inquire at the auto hobby shop or call 243-5456 for more information.

### Intermediate Engine Tune-up

Saturday, May 14 from 1300 to 1600

This 3-hour course will cover the necessary techniques for completing a basic tune-up. The class will go over the function and inspection of the spark ignition system and how to remove and replace spark plugs, rotor cap etc. as well as all fuel and air filters. After class, patrons can elect to work on their own vehicle under the supervision of the instructor and staff members.



Find out why ATF is so important in your vehicle. This 3-hour course will cover how to check and change automatic transmission fluid as well as associated filters for cars that have replaceable filters.

## International Program

To sign-up or for details on any International Program's activities, please visit the International Program section in the ITT Office (BLDG #1559, next to Starbucks), call 243-4731 or visit the MWR website.

## INTERNATIONAL SALT WATER FISHING TOURNAMENT

Saturday, May 7  
from  
1600 to 2100

Seawall area Berkley Field Maintenance Shop  
The tournament is limited to total of 60 participants eighteen years old or accompanied by an adult sponsor. Registration fee is \$15 which includes International BBQ meal and drinks. Please register by Monday, May 2.

## Memorial Day BOAT FISHING TOUR

Monday, May 30 from 0545 to 1400 at Sagami Bay  
Registration fee is \$125, which includes transportation, boarding pass, equipment bait and a reel. This tour is limited to minimum of 5 and maximum of 12 participants at least 18 years old or accompanied by an adult sponsor. Please register by Wednesday, May 18.

### Upcoming event

#### Early Summer International Saltwater Fishing Tournament (On Base)

Saturday, June 04 1600 to 2100 at the Seawall Area by Berkey Field Maintenance Shop

The tournament is limited to total of 60 participants eighteen years old or accompanied by an adult sponsor. Registration fee is \$15 which includes International BBQ meal and drinks. Top three winners will be awarded. Please register by Tuesday, May 31.

## Single Sailor Liberty Program

For more information call 243-7346 or visit the MWR website.

### Spectrum Card Benefits

Register for your Single Sailor membership/discount card in the Spectrum Center. All eligible members receive valuable discounts on ITT and Outdoor Recreation trips as well as discounts at the MWR Green Bay Marina. Also, as a BONUS, members can conveniently register for ITT trips in the Spectrum Center. Note: Eligible patrons include single and unaccompanied servicemen and women on shore-duty, deployed Sailors, and Sailors permanently assigned to bachelor quarters.

### MWR Single Sailor Volunteer Incentive Program

If you want to enhance your military record, help base programs and be rewarded for your contributions, visit the Spectrum Manager for details. Volunteer work includes helping out with various MWR events and programs. All volunteers must come to Spectrum to sign a "Volunteer Service Agreement (VSA)". Sailors volunteering for programs will receive Letters of Appreciation. For more information please call 243-7346.

## Events



**Asian**  
PACIFIC  
HERITAGE  
MONTH

**Sunday, May 1 at 1300  
(Spectrum Center)**  
Join the Spectrum staff in celebration of Asian Pacific Heritage Month and enjoy a free buffet and prizes.

### Liberty Program Outreach

Tuesdays, May 3 and 17 from 1100 to 1300  
In the first floor lobby of the James D. Kelly Fleet Recreation Center

Visit our tables to see all the programs and specials that Liberty and the rest of MWR have to offer. Free promotional giveaways for patrons.

### Reball Challenge

Tuesday, May 3 at 1900

Location: 4th Floor Fleet Recreation Center

If you like paintball, you'll love reball!! Enter this competition and tryout the reball range.

### Cinco de Mayo Celebration

Thursday, May 5 at 1800 • Spectrum

Enjoy a free Mexican style buffet, games, prizes and a piñata!

### Mother's Day Call Home!

Sunday, May 8 • Spectrum

For Mother's Day, free phones to call your Mom! What a great Mother's Day gift!

### Commissary Awareness Month Coupon Giveaway

Saturdays and Tuesdays in May

Stop by the Spectrum and receive a free coupon for a discount on commissary items, and go see what the commissary has to offer.

### Bowling Night

Tuesday, May 10 at 1900 • Bowling Center

Enjoy 3 free games of bowling. For those who need a ride van leaves from the loading dock behind Fleet Rec at 1845.

### Bingo Night

Thursday, May 12 at 1800 • Spectrum

Free Bingo with a chance to win Gift Certificates!

### National Hamburger Day

Saturday, May 14 at 1300 • Spectrum

Free hamburgers and beverages all day!

### 8-Ball Tournament

Monday, May 16 at 1900 • Spectrum

Show your skills on the table! Winner will be awarded a Gift Certificate.

### Pizza Night

Thursday, May 19 at 1900 • Spectrum

Enjoy a slice of pizza with a cold beverage!

### Paintball

Saturday, May 21 at 1130 • Ikego Campground

Free paintball while seats last. Van leaves at 1130.

### 9-Ball Tournament

Monday, May 23 at 1900 • Spectrum

Gift Certificate for 1st place

### Cricket Darts tournament

Tuesday, May 24 at 1900 • Spectrum

Show off your skills and win the prize!

### Madden 2011 Tournament

Friday, May 27 at 1900 • Spectrum

Gift Certificate for 1st place

### Golf Outing in Atsugi

Saturday, May 28 at 0800 • Atsugi Golf Course

A bad day of golf is better than any good day at work so join us! Free transportation.

### UFC 130 Live: Edgars vs. Maynard

Sunday, May 29 at 1100 • Spectrum

MMA on the big screen! Snacks, beverages and door prizes. Subject to AFN scheduling.

## Ikego West Valley Recreation Area

Camping, wall climbing, archery, trail hiking, frisbee golf, paintball, and more! The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends. For more information call 243-5732.

### Cabin Rentals

For campsite or cabin reservations, please call 243-5732 or visit the Outdoor Recreation Center Thursday thru Tuesday, from 1000 to 1800, closed on Wednesdays. Starting at \$40 a day! Payments must be made at the time of reservation. Additionally, for your convenience, you may e-mail questions to: [IkegoCampground@fe.navy.mil](mailto:IkegoCampground@fe.navy.mil). Payment is required to make a reservation. Each site holds a maximum of 20 people. Cabins are rustic style and do not have electricity or running water. All cabins and campsites have a dedicated BBQ grill.

### Paintball Paradise



### Open Play /Walk Ins

Whether you prefer the mission based teamwork of Saturday's woodsball games or the fast paced action of Sunday's speedball games, Ikego's Paintball Paradise is the place to be! Don't have your own equipment? Rent a marker and mask for \$20 (Field fees included). For players who have their own gear, pay \$10 for field fees and unlimited air. Paint sold separately.

### Group Reservations

We also feature a special rental package for reservations. The reservation package includes marker, mask, air and 200 paintballs. Reservations are available Monday through Friday, from 0900 to 1600. Please contact 243-5732 if you are interested in booking a reservation, a minimum of 10 players, and 7 days advanced notice is required. For more information you can also email [ikegocampground@fe.navy.mil](mailto:ikegocampground@fe.navy.mil).

### Paintball Prices

- Case (2,000 paintballs)**
  - Mid-Grade: \$65
  - High-Grade: \$75
- Bag (500 paintballs)**
  - Mid-Grade: \$20
  - High-Grade: \$25
- Reservation Fees**
  - 2 hours: \$20 per player
  - 4 hours: \$36 per player

## Green Bay Marina

For more information call 243-4155 or visit the MWR website.



## Mother's Day CRUISE

**Sunday, May 8 from 1000 to 1600**

Why not try something new this year for Mom? Bring her to the Green Bay Marina for a cruise around Monkey Island. You can relax and enjoy the sights as a family while we do the driving! \$10 per Family (up to 5 people), call in advance for reservation. Walk-ins available between reservations.

### Close Quarters Powerboat Handling

Saturday to Sunday, May 7 to 8 from 0900 to 1600; Outboard and Saturday to Sunday, May 21 to 22 from 0900 to 1600; Inboard

**Prerequisite: None**

A powerboat handling course that is designed to provide the skills necessary to maneuver a powerboat confidently, competently and safely in tight spaces. Successful completion of the program indicates that the student has demonstrated competence in handling either a single inboard, or outboard/stern drive vessel in close quarters, and in light wind and/or currents. Upon successful completion, a certification accredited by the Recreational Power Boating Association (RPBA), an affiliate of the American Sailing Association, will be awarded.

**\$225 per person**

### Class Registration

First come, first serve. Advance registration is required for all classes. We can provide boating classes for groups by arrangement. Contact the Marina Manager at 243-4155 for details.

### Kid's Kayaking

Saturday, May 7 from 0900 to 1600

Kid's Kayaking Day for children under 16 years old. \$1 will rent a kayak for the entire day. Parents must be present at the Marina.

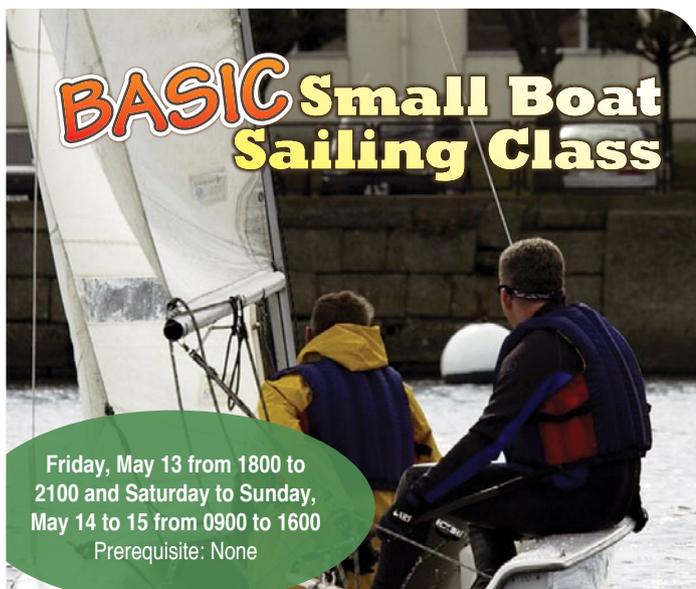
### Recreational Towing Briefing

**Prerequisite:** Close Quarters Powerboat Handling Certification

On request & immediately following the Close Quarters Powerboat Handling class. This briefing is required in order to rent any of our towing equipment, including: inner tube, wakeboard, kneeboard or aqua-glide. **No Fee**

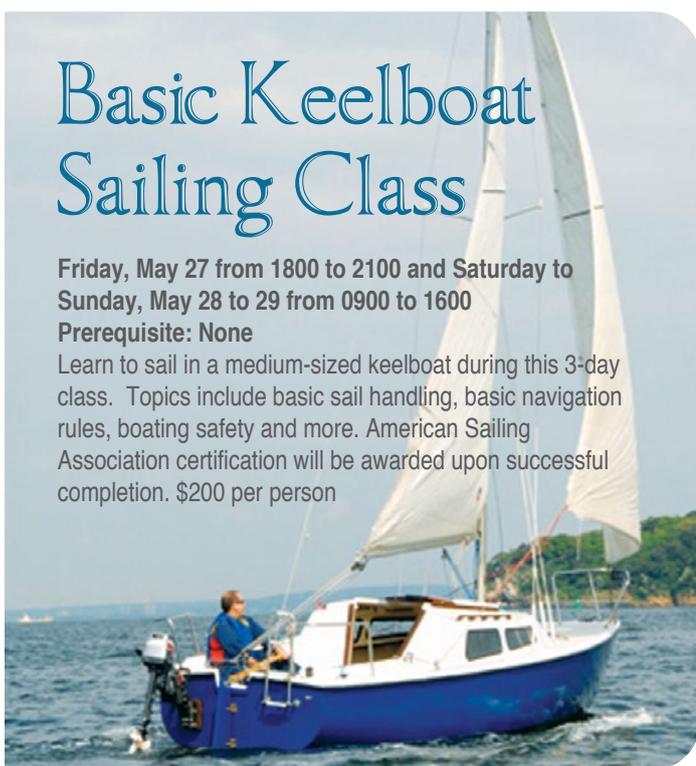
### Private Boat Slips

Rental slips are available for private boats. If you own a boat or are thinking of buying one, contact the Marina for more details. Fee: \$5.50 per foot and utilities available on a reimbursable basis.



Friday, May 13 from 1800 to 2100 and Saturday to Sunday, May 14 to 15 from 0900 to 1600  
Prerequisite: None

Learn to sail in a medium-sized keelboat during this 3-day class. Topics include basic sail handling, basic navigation rules, boating safety and more. American Sailing Association certification will be awarded upon successful completion. \$200 per person



## Basic Keelboat Sailing Class

Friday, May 27 from 1800 to 2100 and Saturday to Sunday, May 28 to 29 from 0900 to 1600  
Prerequisite: None

Learn to sail in a medium-sized keelboat during this 3-day class. Topics include basic sail handling, basic navigation rules, boating safety and more. American Sailing Association certification will be awarded upon successful completion. \$200 per person

### Sunset Cruises

Leave your worries behind and sail off into the Yokosuka sunset aboard a spacious Catalina 22 or a motorboat. The Catalina 22 or motorboat cruises the waters of Yokosuka around Monkey Island with a warm ocean breeze and a magnificent sunset as a backdrop.

- Preferred sign-ups are 1 week in advance to guarantee a spot on the sailboat.
- Under 7 days depends on boat and staff availability.
- Approximate length of cruise: 2 hours.
- Departure time may vary (determined by time of sunset).
- Boarding begins 30 minutes prior to departure.

## Outdoor Recreation Center

For more information call 243-5732, visit the MWR website, or check us out on Facebook at [facebook.com/yokosuka.mwr.outdoorrec](https://facebook.com/yokosuka.mwr.outdoorrec).

### May Programs

## Backcountry Skiing and Snowboarding Trip at Norikura Kogen, in Nagano Prefecture

Saturday, May 7 and 14 from 0130 to 2230

Climb the snow-covered mountain by foot and enjoy the 1,400 meter (4,593 foot) vertical drop from the top of Mt. Kengamine (3,026 m/9,928 ft).

Norikura Kogen is the southern edge of Japan's northern Alps, located in the Chubu mountain national park; this resort has abundant snow even in spring. \$200 per person includes transportation, local guide and backcountry equipment such as snowshoes, backpack, avalanche beacon, probe and shovel.

There is a mandatory briefing at 1700 on Thursday before the trip.



### Forest Adventure with Zip Slides and Athletic Park at Odawara, in Kanagawa prefecture

Sunday, May 8 from 0700 to 1400

Forest Adventure is an aerial course built through the trees comprising ladders, bridges, swings, nets and giant zip lines. Equipped with a harness and helmet and attached to a safety line, participants get to swing from tree to tree and zip across the park. Be ready for a real adrenaline rush with 8 giant zip lines and the other 33 activities. All courses are available for both adults and children above 10 years old. \$70 per adult above 13 years old and \$60 per child from 10 to 12 years old includes transportation and forest adventure with its equipment.

### Mystery Surfing for Intermediate Surfers

Saturday, May 14 from 0500 to 1900

Our instructor will choose the best location on that day and drive out to the location. To attend this trip, participants must have basic skills to avoid the dangers. \$50 per person includes transportation only.

### Sea Kayaking at Hayama in Kanagawa Prefecture

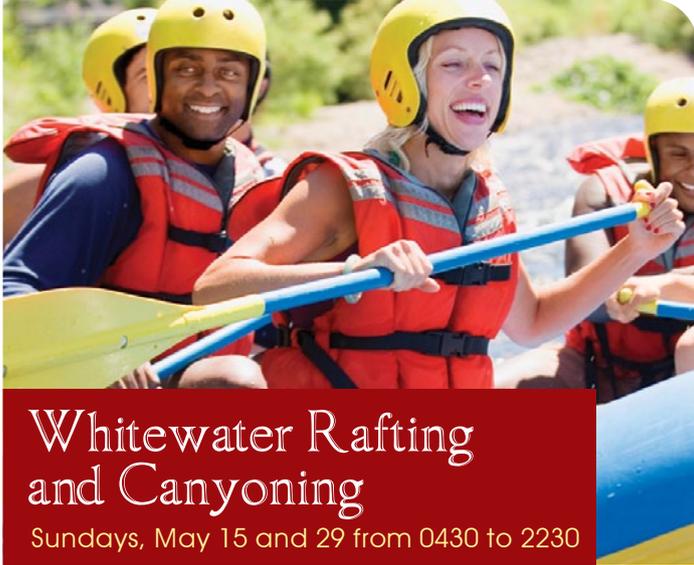
Saturday, May 14 from 0745 to 1600

Have an adventure on the western side of the Miura Peninsula where you will learn the basics of sea kayaking. After an hour long class we will paddle around the rocky shores of small islands that hug the coastline between Zushi and Chojagasaki of Hayama. The trip location is subject to change due to weather. \$50 per person includes transportation and sea kayak equipment.

**Rock Climbing at Takatori-yama (Beginner), Yokosuka in Kanagawa Prefecture**

Sunday, May 15 from 0830 to 1800

Never been rock climbing before? No problem! We will set up several easy and short climbs for beginners. Takatori-yama is only a 30-minute drive from Yokosuka. Upon arrival, there will be a hike up a scenic trail to Takatori-yama, an old quarry where Japanese locals used to cut stone for buildings. There is also an expansive view of Tokyo Bay from the top of the rock. \$40 per person for each trip.



**Whitewater Rafting and Canyoning**

Sundays, May 15 and 29 from 0430 to 2230

This combo trip includes whitewater rafting and canyoning in the Minakami area. Spring is the best season for rafting in this region because of the melting snow; the high water produces world-class rapids. The river provides consistent grade 4 rapids for over 12km for of whitewater rafting bliss! We will also enjoy the canyoning in the same day, navigating your way down steep canyons by abseiling and jumping waterfalls, and swimming in crystal clear pools! \$170 per person includes whitewater rafting, canyoning and BBQ lunch.

**Advanced Day Hike at Mizugakiyama in Yamanashi Prefecture**

Saturday, May 21 from 0345 to 2000

Mizugakiyama is a pile of huge standing rocks and the view from the trail is just amazing. You may find beautiful rhododendrons (rosebay) blossoming in the woods. As this trail is quite rugged the hike is significantly difficult, and is not recommended for beginners. \$80 per person.



**DOWNHILL MOUNTAIN BIKING on Mt. Fuji from 3rd Station to Lake Shoji**

**Saturday, May 28 from 0630 to 1800**

We will drive you to the trailhead at 3rd station on Mt. Fuji and pick you up at Lake Shoji. Enjoy the 6 mile downhill all the way down to Lake Shoji with the 2,300 feet vertical drop. \$80 per person includes just transportation.

**Memorial Day's weekend Rock Climbing and Camping, Ogawayama in Nagano Prefecture (Intermediate)**

Sunday to Monday, May 29 to 30 from 0330 (Day 1) to 2200 (Day 2)

Enjoy the Memorial Day Weekend climbing above a fresh green forest. Ogawayama is the 'Little Yosemite' of Japan and is where Japanese Free Climbing history started. The picturesque campground surrounded by granite cliffs and white birches, making it an ideal weekend getaway! A short hike is all that stands between you and the rock face. The Outdoor Recreation Center will provide tents and all of the rock climbing equipment you will need. We will have a briefing for this trip on Thursday, May 26 from 1700 at the Outdoor Recreation Center. \$120 per person includes instruction and transportation, but no meals.

**MT. FUJI**  
**BRIEFING FOR POTENTIAL TRIP LEADERS**  
 Wednesday, June 1 and 8 from 1700 to 1800  
 at Outdoor Recreation Center

Are you interested in helping the Outdoor Adventure Program with their Mt Fuji hikes? We are looking for potential trip leaders and assistants to help us with our Mt. Fuji climbs for the months of July and August. All leaders/assistants are desired to be First Aid Certified with good hiking experience. Note: These briefings are only for trip leaders. Briefings for participants will start in 2nd week of June.

**Bicycle Storage**

Are you tired of worrying about your bicycle during the rainy season or while on vacation? Do you hate getting the rust off of your gears and chain? Store your bicycle at Outdoor Recreation Center for only \$15 a month, and ensure that your bicycle stays clean, dry and ready for use!

**Featured Equipment Rental**

Bicycles for Rent	Day Rate	Each Additional Day
Bicycle, Single Speed (includes helmet and lock)	\$ 6	\$3
Bicycle, Multi Speed (includes helmet and lock)	\$12	\$6
Bicycle Helmet	\$2	\$1
<b>Party Equipment</b>		
Pig Roaster	\$40	\$20
Indoor Air Toy	\$100	\$50
BBQ, 4ft	\$15	\$7.50
Table, 8ft	\$5	\$2.50
Chairs, Brown Folding	\$1.00	\$1.50

## ITT Office

**\*\*Notice\*\*** To Our Valued Customer:  
ITT will NOT accept telephone reservations on the first day of tour registration. Customers must be present in order to book a tour on that day. No exceptions.

Current Tours (May/June Overnight) REGISTER NOW!

### Sunday, May 1

Mt. Fuji Spring Sightseeing \$70A/\$41C/\$29I  
YAKYU - Yokohama Baseball Game \$69A/\$63C/\$10I

### Wednesday, May 4

DOKI-DOKI Flea Market \$37A/\$31J/\$28C/\$16I

### Saturday, May 7

Fuji Flower Carpet Park & Shiraito Waterfall \$87A/\$74J/\$56Y/\$36C/\$33I

### Sunday, May 8

New Sanno Mother's Day Brunch & Odaiba Shopping \$60A/\$37C/\$17I

### Tuesday, May 10

IKEA Shopping \$15A/\$8C

### Saturday, May 14

Nanadaru Hot Spring & Joren Waterfall \$77A/\$58J/\$39C/\$33I  
Ashikaga Flower Park & Sano Premium Outlet \$88A/\$72J/\$58C/\$32I

### Sunday, May 15

Tokyo Highlights \$34A/\$23J/\$16C

### Sunday, May 22

Hakone Sightseeing \$81A/\$67J/\$51Y/\$25C

### Saturday, May 28

Nishi Izu Sightseeing \$93A/\$75J/\$51Y/\$29C  
Yunessun Hot Spa (Buffet included) \$62A/\$40C/\$15I

### Monday, May 30

Mt. Fuji Spring Sightseeing \$70A/\$41C/\$29I  
Fujikyu Highland Amusement Park Holiday Discount \$86A/\$75J/\$59C/\$18I

## ITT Future Tours (June One-Day/July Overnight)

REGISTRATION BEGINS MONDAY, 02 MAY  
\*DAI BOKEN Tour (DBK) Special discounted tours during the Summer Holidays.  
Payment is required at the time of reservation on a first-come first-serve basis.

### Saturday, June 4

Japanese Fan Making & Cherry Picking \$98A/\$82J/\$40C/\$28I

### Sunday, June 5

Tokyo Highlights \$34A/\$23J/\$16C  
Mt. Takao Hiking \$45A/\$30J/\$23C

### Saturday, June 11

Mt. Fuji Spring Sightseeing \$70A/\$41C/\$29I  
Kakegawa Castle & Tea Picking \$95A/\$76J/\$63Y/\$38C

### Saturday thru Sunday, June 11 thru 12

Takayama Historical Town Overnight  
SGL \$390A  
TWN \$355A/\$275J/\$94C  
TRL \$337A/\$257J/\$94C

### Sunday, June 12

Nanadaru Hot Spring & Joren Waterfall \$77A/\$58J/\$39C/\$33I  
Tokyo DisneySEA \$99A/\$83J/\$68C/\$18I

### Thursday, June 16

Costco Shopping \$10A/\$5C

### Friday, June 17

Tokyo Disneyland \*DBK \$89A/\$75J/\$61C/\$12I

### Saturday, June 18

Hakone Sightseeing \$81A/\$67J/\$51Y/\$25C  
Mt. Fuji Children's World \*DBK \$38A/\$27J/\$22Y/\$14C

### Sunday, June 19

New Sanno Farther's Day Brunch & YAKYU \$95A/\$75C/\$12I  
Sagamiko Pleasure Forest \*DBK \$58A/\$54J/\$44C/\$12I

### Tuesday, June 21

Kamogawa Sea World (Buffet included) \*DBK \$70A/\$56J/\$45Y/\$21C/\$14I

### Thursday, June 23

Yakiniku Buffet & Zoorasia \*DBK \$41A/\$35J/\$28Y/\$16C/\$9I

### Saturday, June 25

Fukiware Waterfall & Kokeshi Doll \$96A/\$77J/\$47C/\$32I  
Tokyo Disneyland \$99A/\$83J/\$68C/\$18I  
Fujikyu Highland Amusement Park \$93A/\$80J/\$64C/\$22I

### Sunday, June 26

Mt. Fuji Spring Sightseeing \$70A/\$41C/\$29I  
Mt. Nokogiri Hiking & Cable Car Ride \*DBK \$44A/\$28C/\$15I  
Yunessun Hot Spa (Buffet included) \$62A/\$40C/\$15I

### Tuesday, June 28

Fuji Safari Park \*DBK \$64A/\$40C/\$20I

### Thursday, June 30

Tokyo DisneySEA \$99A/\$83J/\$68C/\$18I

### Saturday thru Sunday, July 2 thru 3

Universal Studios Japan Overnight  
SGL \$427A; TWN \$389A/\$357J/\$298Y/\$174C; TRL  
\$389A/\$357J/\$298Y/\$174C; QUAD TBD

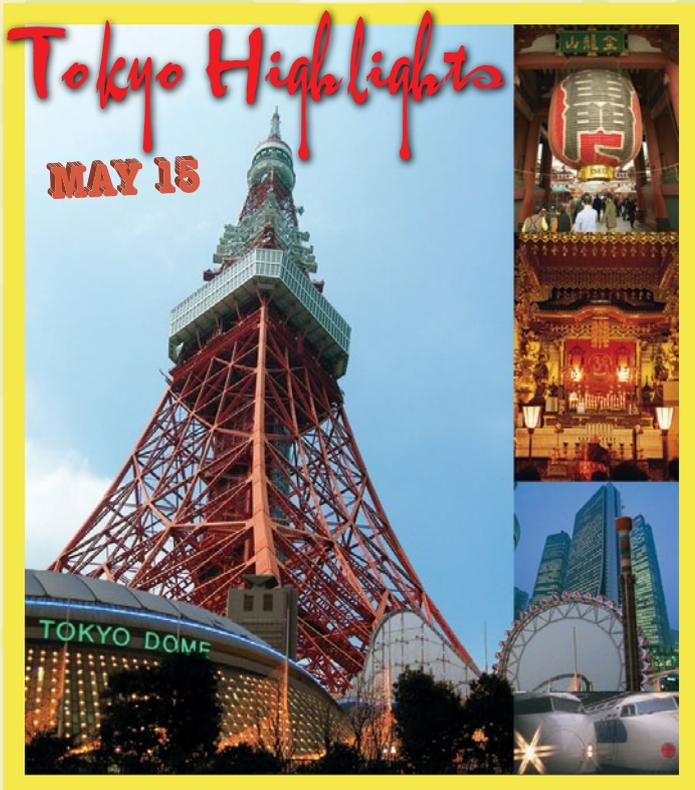
Tickets available at ITT

### Yunessun Hot Spring Discount Ticket

¥1,700/Adult, ¥1,000/Child (3 ~ 11)

All ticket transactions must be made by patrons 18 years and above with military, DOD ID cardholders and their family members attached to Yokosuka Naval Base. Tickets sold in dollars at the posted MWR daily rate.

\*\*\* ITT TOURS AND TICKETS ARE SUBJECT TO CHANGE \*\*\*



<http://twitter.com/ITYOKOSUKA>

**Yokosuka Facilities**

**Adult Sports Office** 241-2955/2953  
 Monday - Friday 0800 to 1700  
**Athletics Facilities** 243-5398  
**Athletics Maintenance** 243-2051  
**Auto Hobby Shop** 243-5456  
 Mon, Thurs, Friday 1200 to 2000  
 Saturday & Sunday 0900 to 1700  
**Aquatics Office** 243-2052  
**Aquatics (Hotline)** 243-5229  
**Seahawk Natatorium** 243-5620  
 Monday - Friday 0530 to 1900  
 Saturday & Sunday 0900 to 1700  
**Command Hill Pool** 243-7317  
**Green Beach Pool** 243-6410  
**Officers' Club Pool** 243-5941  
**Bowling Center** 243-4200/5158  
 Lanes  
 Sunday - Thursday 1030 to 2300  
 Friday - Saturday 1030 to 2400  
 Holiday 1300 to 2100  
 Mean Gene's  
 Sunday - Thursday 1030 to 2200  
 Friday - Saturday 1030 to 2300  
 Holiday 1300 to 2000  
**Child Development Centers**  
**CD Homes** 243-5478  
 Monday - Friday 0700 to 1700  
**Main CDC** 243-3219  
 Monday - Friday 0600 to 1800  
**Hourly CDC**  
**Closed until further notice.**  
**Chili's Take-Out** 241-3842  
**Chili's Grill & Bar** 241-3847  
**Regular Menu**  
 Monday - Friday 1100 to 2100  
 Sunday & Holiday 1100 to 2100  
**Club Alliance** 243-3000  
**Sharky's Bar**  
 Sunday - Thursday 1600 to 2400  
 Friday & Saturday 1600 to 0200  
**Second Floor Cash Cage**  
 Monday - Thursday 1100 to 1100  
 Friday & Saturday 1100 to 0130  
 Sunday Closed  
**Italian Gardens Restaurant**  
**Take Out Orders** 241-3786  
 Lunch  
 Monday - Friday 1100 to 1400  
 Sat, Sun, & Holidays Closed  
 Dinner  
 Daily 1700 to 2100  
 Holiday 1700 to 2100  
**C-Street Grille**  
 Sunday - Thursday 1100 to 2400  
 Friday & Saturday 1100 to 0130  
**Sports Bar (E-6 and below)**  
 Tuesday - Thursday 1600 to 2400  
 Friday - Saturday 1600 to 0200  
**Community Center** 241-4111  
 Monday - Friday 0800 to 2000  
 Saturday 0900 to 1600  
**CPO Club** 243-5506  
**Dining Room - All Hands, All The Time**  
 Lunch  
 Monday - Friday 1100 to 1330  
 Saturday 0900 to 1330  
 Sunday Brunch 0900 to 1330  
 Dinner  
 Tuesday - Saturday 1700 to 2130  
 Sunday - Monday 1700 to 2000

**Cruise Inn**  
 Monday - Friday 0600 to 1330  
 Saturday & Sunday Closed  
**Cove Bar**  
 Monday - Thursday 1100 to 2400  
 Friday - Saturday 1100 to 0130  
 Sunday 1000 to 2200  
 Holiday Closed  
**Catering Services** 0800 to 1700  
**Entertainment Office** 243-5215  
 Monday - Friday 0730 to 1630  
**Fitness** 241-4486  
 Monday - Friday 0800 to 1700  
**Fleet Gym** 243-5304  
 Monday - Sunday 24 hours  
**Gear Issue Office** 243-5304  
 Monday - Friday 0500 to 2200  
**Fleet Recreation** 243-7284  
**Gazebo Reservations** 241-2945  
**Green Bay Marina** 243-4155  
 Friday - Sunday 0800 to 1700  
**Hobby Mart** 243-5040  
 Monday - Friday 1000 to 1800  
 Saturday 0900 to 1600  
**International** (046)823-3555  
**Programs Office** 243-4731  
 Monday - Friday 0900 to 1800  
**ITT** 241-5056/5057  
 Monday - Saturday 1000 to 1800  
 Sunday Closed  
 Holiday 1000 to 1400  
**Library** 243-5574  
 Monday - Sunday 1030 to 1930  
**Benny Decker & Fleet Theaters**  
**Movie Hotline** 243-6703  
**MWR Food Court** 243-3245  
**Mean Gene's Burgers**  
 Breakfast 0530 to 1000  
 Lunch/Dinner 1000 to 2200  
**Smash Hit Subs**  
 Monday - Sunday 1000 to 0530  
**Hot Stuff Pizza**  
 Monday - Sunday 1100 to 2100  
**Officers' Club** 243-5030  
**Cashier (Main Side)**  
 Daily 0900 to 2300  
**Game Room**  
 Daily 0900 to 2300  
**Kosano Dining Room**  
 Sunday Brunch 0900 to 1330  
 Lunch  
 Monday - Friday 1100 to 1330  
 Saturday Closed  
 Dinner  
 Tuesday - Saturday 1700 to 2100  
 Sunday & Monday Closed  
**Deli and Bakery**  
 Monday - Friday 0700 to 1800  
 Saturday & Sunday 0900 to 1800  
 Holiday Closed  
**Warehouse Dining Room**  
**Re-opening June 1st as All Hands**  
 Closed on Saturday, Sunday & Holidays  
 Lunch  
 Monday - Friday 1100 to 1330  
 Dinner  
 Monday - Friday 1700 to 2100  
**Kurofune Lounge**  
 Sunday - Thursday 1600 to 2300  
 Friday & Saturday 1600 to 0100  
 Holiday Closed  
**Catering Services**  
 Monday - Friday 0800 to 1800

**Outdoor Rec Center** 243-5732  
 (046)816-5732  
**Special Events**  
 Thursday - Tuesday 1000 to 1800  
 Holiday 1000 to 1400  
**Outdoor Gear Rental Center**  
 Thursday - Tuesday 1000 to 1800  
 Holiday 1000 to 1400  
**Sailing Center**  
 Friday - Sunday 0800 to 1700  
**Personnel Office** 243-1246  
 Monday - Friday 0800 to 1630  
**Purdy Fitness Center**  
 Monday - Friday 0530 to 2200  
 Saturday & Sunday 0800 to 1700  
**Purdy Fitness Center** 243-5398  
**Pavilion, Ball Field and Court Reservations** 241-2945  
 Monday - Friday 0700 to 1800  
 Saturday 0800 to 1700  
 Holiday & Sunday Closed  
**School Age Care** 243-5492/3439  
 Monday - Friday 0600 to 1800  
**Single Sailor**  
**Program Tours** 243-7346  
 Monday - Friday 1000 to 1800  
**Spectrum Lounge** 243-7346  
 Sunday - Thursday 1000 to 2400  
 Friday & Saturday 1000 to 0100  
**Starbucks** 0468-20-2791  
 Monday - Friday 0630 to 2100  
 Saturday & Sunday 0730 to 2100  
**T-Shirt/ Plaque Shop** 243-9064  
 Monday - Friday 0730 to 1630  
**Yokosuka Youth Club\*** 241-2098  
 Monday - Friday 1400 to 1900  
 Saturday 1200 to 2000  
 \*not open during school hours  
**Veterinary Clinic** 243-6820  
 Monday - Thursday 0730 to 1200  
 1300 to 1530  
 Friday 0730 to 1200  
**Wellness Center** 241-4486  
 Monday - Friday 0800 to 1700  
**Wood Hobby Shop** 243-9064  
 Wednesday - Friday 1200 to 2100  
 Saturday & Sunday 1000 to 1730  
**Youth Sports Office** 241-2952  
 Monday - Friday 1000 to 1730  
**Video Game Room**  
 Monday - Sunday 0900 to 2100

**Ikego Facilities**

**Club Takemiya** 246-8077  
**Dining Room**  
 Lunch  
 Wednesday - Friday 1100 to 1330  
 Saturday 0900 to 1330  
 Dinner  
 Wednesday - Thursday 1700 to 2000  
 Friday - Saturday 1700 to 2100  
 Sunday 1700 to 2000  
 Sunday Brunch 0900 to 1330

**Lounge**  
 Monday, Tuesday & Holiday Closed  
 Wednesday & Thursday 1700 to 2200  
 Friday & Saturday 1700 to 0100  
 Sunday 1700 to 2100  
**Ikego CDC** 246-8060  
 Monday - Friday 0600 to 1800  
**Ikego MWR Office** 246-8071  
 Monday - Friday 1000 to 1800  
**Ikego Youth Sports** 246-8017  
 Monday - Friday 1000 to 1800  
**Ikego Pool** 246-7988  
**School Age Care** 246-8301  
 Monday - Friday 0600 to 1800  
**Ikego Youth Club** 246-5929  
 Tuesday - Friday 1500 to 1900  
 Saturday 1200 to 2000  
**Ikego West Valley** 243-5732  
**Campground (Office)**  
 Thursday - Tuesday 1000 to 1800

**Negishi Facilities**

**Negishi MWR Office** 242-4120  
 Monday - Saturday 0900 to 1800  
 Sunday & Holiday Closed  
**Bowling Center** 242-4123  
 Tuesday - Thursday 1500 to 2100  
 Friday 1500 to 2200  
 Saturday 1200 to 2200  
 Sunday & Holiday 1200 to 2000  
**Negishi CDC** 242-4316  
 Monday - Friday 0600 to 1800  
**Negishi All Hands' Club** 242-4151  
**Dining Room**  
 Lunch  
 Wednesday - Friday 1100 to 1330  
 Saturday 0900 to 1330  
 Dinner  
 Wednesday - Thursday 1700 to 2000  
 Friday - Saturday 1700 to 2100  
 Sunday 1700 to 2000  
 Sunday Brunch 0900 to 1330  
**Lounge**  
 Monday, Tuesday & Holiday Closed  
 Wednesday & Thursday 1700 to 2200  
 Friday & Saturday 1700 to 0100  
 Sunday 1700 to 2100  
**Fitness Center** 242-4124  
 Monday - Sunday 24 hours  
**Negishi Library** 242-4125  
 Monday - Saturday 0900 to 1800  
 Sunday & Holiday Closed  
**Negishi Pool** 242-4844  
**School Age Care** 242-4131  
 (045) 281-4131  
 Monday - Friday 0600 to 1800  
**Negishi Theater** 242-4126  
**Negishi Youth Club and Youth Sports** 242-4121  
 Tuesday - Friday 1500 to 1900  
 Saturday 1200 to 2000  
 \*not open during school hours

**GOT eMail?**



Get movies, tours, childcare & other listings sent to you via e-mail. Subscribe now by visiting our website at <https://www.cnic.navy.mil/yokosuka/mwr>



MWR PRESENTS

# Tommy Davidson and Rob Maher

**Saturday, May 8 at 1800 • Yokosuka Fleet Theater**

Come out and enjoy Tommy Davidson with the greatest comedian of all time opening act "Rob Maher," performing a live comedy show at Yokosuka's Fleet Theater! Be prepared for a night of side-splitting laughter! Comedian, actor, and singer Tommy Davidson is best known as one of the original cast members of the hit television show "In Living Color." Tommy most recently guest starred on "Everybody Hates Chris" as well as a host of Comedy Central's Live at Gotham and appeared in films such as "Ace Ventura: When Nature Calls", "Booty Call" and "Woo."

This will be an **ADULTS ONLY** (18 and over) show due to coarse language and subject matter. Tickets cost \$10 per person and are on sale now at the ITT Office (open Monday thru Friday from 0900 to 1800).

FOR MORE INFORMATION CONTACT MWR ENTERTAINMENT OFFICE AT 243-5215



# HAPPY MOTHER'S DAY

Check out  
these great  
Mother's Day Specials...

## **Mother's Day Brunch**

Sunday, May 8 from 1000 to 1400 at the  
Officer's Club Kosano Dining Room  
For details, go to page 4

## **Mother's Day Brunch**

Sunday, May 8 from 0900 to 1400  
at the CPO Club Dining Room  
For details, go to page 5

## **Mother's Day Dinner**

Sunday, May 8 at Club Alliance's  
Italian Garden at 1700  
For details, go to page 6

## **Mother's Day Brunch**

Sunday, May 8 at Club Takemiya  
Dining Room  
For details, go to page 7

## **Mother's Day Brunch**

Sunday, May 8 at Negishi All Hands Club  
from 0900 to 1400  
For details, go to page 8

## **Mother's Day Cruise**

Sunday, May 8 from 1000 to 1600  
at the Green Bay Marina  
For details, go to page 19

