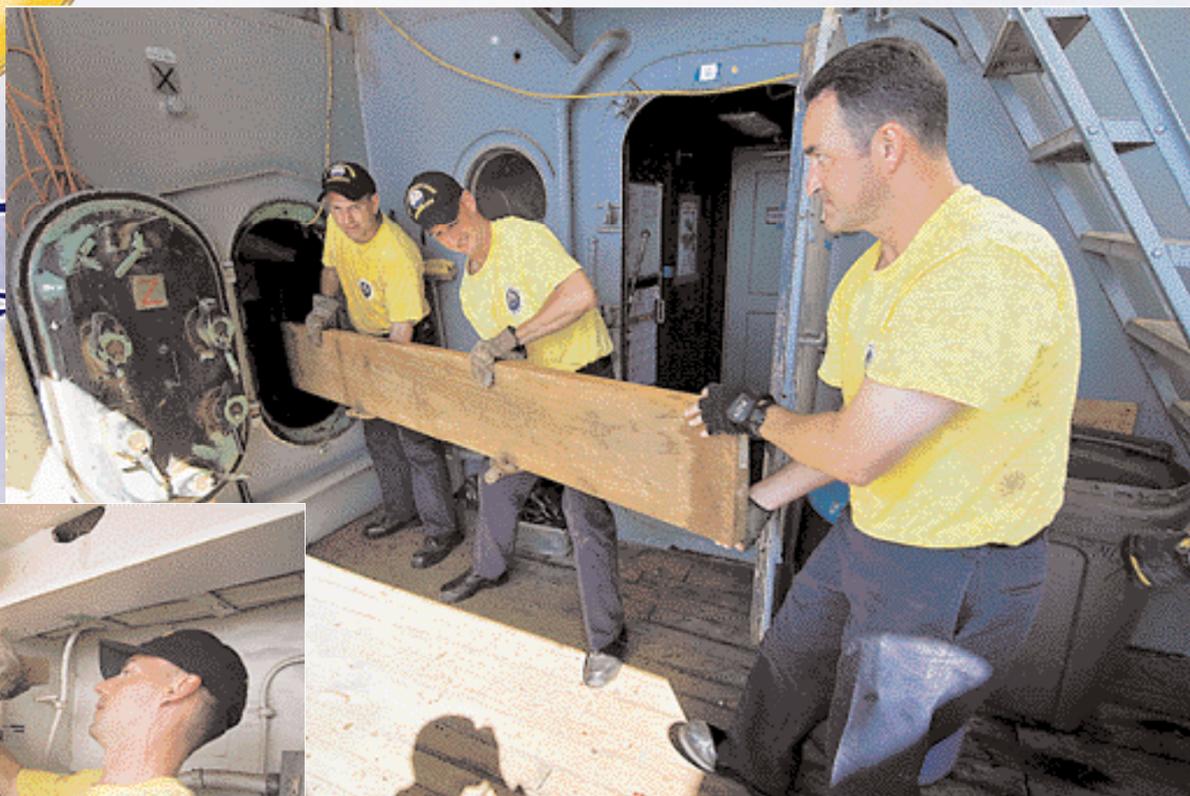




CPO LEGACY ACADEMY



Hawai'i region chief petty officer (CPO) selectees, part of the USS Missouri CPO Legacy Academy Class 002, pass teakwood inside the Battleship Missouri Memorial for storage during a service project on the historic battleship. Forty-six selectees went through the one-week academy to learn how leadership, teamwork and heritage are important in becoming successful chief petty officers.

teaches teamwork, heritage

Story and photos by
MC2 Paul D. Honnick

Fleet Public Affairs Center
Detachment Hawai'i

Forty-six Hawai'i region chief petty officer (CPO) selects graduated from the USS Missouri CPO Legacy Academy on Sept. 5 onboard the Battleship Missouri Memorial.

The graduation culminated six days of CPO history, heritage, community service and leadership and team building activities as a special part of chief induction.

"You can't go into the future if you don't know where you've been. So we're learning about the history of not just the CPOs, but the Navy in general and we're learning what today's Navy has built on and what direction we need to take the Navy in the future," said Chief Storekeeper (SW/AW/SS) (Sel.) Brian Brown, assigned to Commander, Naval Surface Group Middle Pacific.

The CPO selects experience began Aug. 31 when they reported aboard the historic battleship where they would live and work together for the next week.

"It builds teamwork. You're taking basically 50 people from all walks of life, different commands, throwing them together and making teams split in different departments and having to learn each others names, family, strengths, weaknesses, and create teams to accomplish tasks, which is



Royal New Zealand Navy Chief Petty Officer Scott Paterson stands in formation with U.S. Navy chief petty officer selects at the graduation ceremony of the USS Missouri CPO Legacy Academy Class 002, held onboard the battleship Battleship Missouri Memorial. Paterson participated in the one-week academy alongside U.S. Navy 46 chief selectees to share his nation's chief petty officer heritage and to bring new ideas back to his navy.

what being a chief is all about," said Brown.

The selects were kept busy by their department leading chief petty officers with numerous activities throughout the week designed to promote leadership, teamwork and to instill a sense of pride in Navy heritage.

"Here at the academy this week has been a lot of learning, which is the whole focus of this thing," said Chief

Intelligence Specialist (SW/AW) (Sel.) Jazmine Farrior, assigned to Commander, U.S. Pacific Fleet. "You're learning about naval history, your heritage, what happened in the past, and how did we go from this big battleship to carriers and why we evolved as a Navy."

Activities included pride runs, historic tours, community service projects at the memorial and a veterans'

shelter, daily case studies, a steel beach picnic and a confidence course.

"Up to this point in their careers, it's been all about individualism and all about making chief petty officer. As chief petty officers, it's no longer about yourself and your own accomplishments, it's about teamwork, it's about the mess, it's about taking care of your Sailors and that's what the legacy academy is for,"

said Master Chief Aerographer's Mate (AW/SW) Robert W. Tyo, command master chief (CMC) for the academy.

Also, the selectees met each day with retired chief petty officers and listened to their stories.

"One of the great things that we have is the advantage of talking to a lot of the retired chief petty officers," said Tyo. "[The selectees] learned the same lessons that these guys learned when they were chief petty officers going through the same process. It's still being taught today - the part about being out there, being seen by your Sailors and knowing your Sailors."

Among the 46 selects was Royal New Zealand Navy Chief Petty Officer Scott Paterson who participated in the academy to share his own nation's CPO heritage and to bring new ideas back to his navy.

"I had absolute fun. Everybody made me feel welcome and I learned a lot," said Paterson.

This is the second class to graduate the academy. Last year, the academy graduated its inaugural class of 22 selects.

"It's been an extreme honor to be the CMC of the legacy academy. I've learned as much from these retired chiefs as some of my selects have learned. It's just been a great honor and I really hope to see this project continue to grow," said Tyo.

World War II pilot to speak at Pacific Aviation Museum on Sept. 21, 22

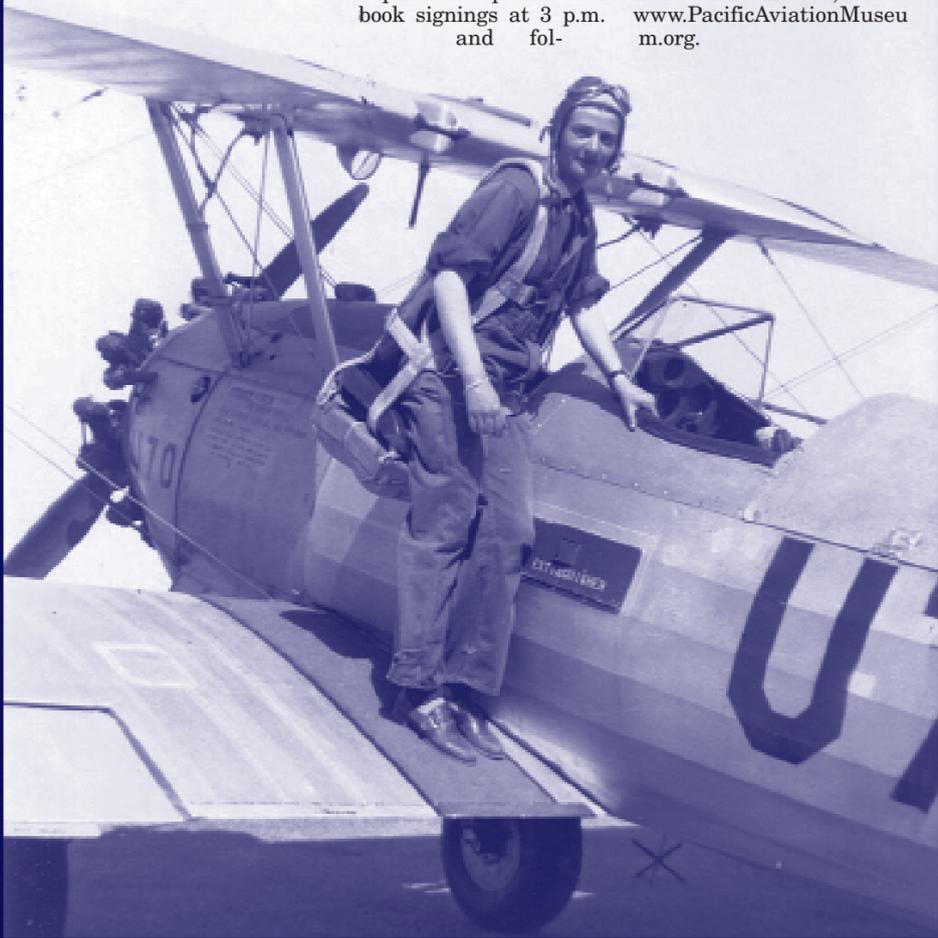
Bernice "Bee" Haydu was one of the few female pilots who served her country as a pilot during WWII. She will share her stories of women who served as WASPs (Women Airforce Service Pilots) during the war, at the Pacific Aviation Museum on Ford Island with two appearances on Sept. 21 and 22, as part of the lecture series "WASPs—Flying Into History."



Bernice "Bee" Haydu

Her appearances include one at 2 p.m. on Sept. 21 with an autograph signing from noon to 5 p.m. for her book, entitled Letters Home, and another at 7 p.m. on Sept. 22 with book signings at 3 p.m. and fol-

lowing the presentation. For reservations and information, call the museum at 441-1008 by Sept. 18. General admission is \$14 for adults and \$7 for children. Kama`aina and military admission is \$10 for adults and \$5 for children. Admission is free to museum members. The Pacific Aviation Museum is located at 319 Lexington Blvd. in hangar 37 on historic Ford Island at Pearl Harbor. For more information, visit www.PacificAviationMuseum.org.



Window on Pearl Harbor

Karen S. Spangler, Editor

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Remembering Sept. 11

Karen S. Spangler

Editor

Yesterday marked the seventh anniversary of the horrific events of Sept. 11. As each year slips by, the healing of our nation continues. The memories of that morning have been dimmed somewhat by the passage of time, but we cannot totally obliterate it from our minds. Nor would we want to – for it keeps us ever mindful and constantly vigilant of the dangers that can be unleashed with no warning.

We will never forget the newscasts showing the airliners slamming into the World Trade Center and the Pentagon; we will always remember the heart-rending stories of the many brave heroes of that day.

We will not forget how we clung together as Americans through the ensuing days, how we supported the heroes who worked to save the victims of the attacks. We will remember how

helpless and bereft we felt in offering our condolences and help to those who grieved at their losses.

We will not forget how we felt - outraged by this vile act on our own soil and confused about how anyone could hate us so much that they would purposely kill so many innocent people.

As our military forces fight in the war against terrorism in a faraway place, we will remember how important and stalwart is our resolve to be united as a country, to protect America and mankind against those who want to destroy our beliefs, our country and the freedoms that so many have fought and died for.

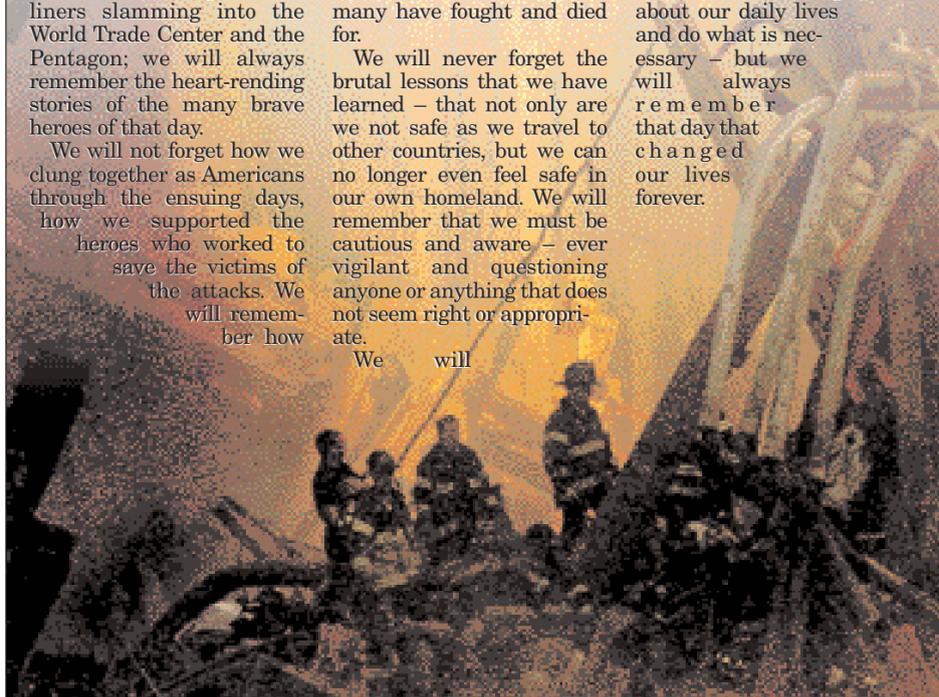
We will never forget the brutal lessons that we have learned – that not only are we not safe as we travel to other countries, but we can no longer even feel safe in our own homeland. We will remember that we must be cautious and aware – ever vigilant and questioning anyone or anything that does not seem right or appropriate.

We will

remember how the horrors and chaos of that Sept. 11 morning brought us even closer together as Americans, united in our strength, our hope and our fierce patriotic spirit.

And certainly we will remember that it is that strength and hope, our fierce patriotism and support of our heroic military personnel, and our resolve that remains just as strong as ever...and will continue...because we are, after all, Americans and dedicated to "life, liberty and the pursuit of happiness."

As our nation continues to heal, we will go about our daily lives and do what is necessary – but we will always remember that day that changed our lives forever.



New fitness pilot program underway for 'salty dogs'

MC3 Joshua B. Bruns

Commander, Navy Installations Command Public Affairs

A new physical-fitness pilot program named "Shape" hit select Navy installations Sept. 8 to optimize performance and increase retention of senior Navy personnel.

"Shape is a fitness program for our active duty population 40 and over," Commander, Navy Installations Command (CNIC) assistant program manager, Lisa R. Sexauer said. "We want to see our senior personnel, enlisted or officers, performing at their maximum capability and at the same time, helping them fend off the effects of aging."

"The program attacks physical fitness on two fronts," Sexauer said, "from a physical activity standpoint and a nutrition standpoint. The program will provide a structured fitness program where participants can receive a personal trainer and a personalized fitness assessment, and counseling on how to increase physical activity outside of structured



U.S. Navy photo by MC2 Erick S. Holmes

A new physical-fitness pilot program named "Shape" hit select Navy installations Sept. 8 to optimize performance and increase retention of senior Navy personnel.

exercise and incorporating it throughout their day. Contractors carrying out the program will also provide basic dietary guidance, supported by a registered dietician at CNIC headquarters."

The pilot program was rolled out at Naval Station San Diego, Joint-Forces Staff College in Norfolk and Pearl

Harbor.

"We already have an existing program at the Washington Navy Yard," Sexauer said. "Joint Chiefs of Staff Adm. Mike Mullen along with numerous three and four star admirals and other Navy personnel participate at the base gym throughout the week."

traveled from installation to installation, he noticed there were varying levels of service to some degree. Having had the benefit, among many others at the Navy Yard, of one-on-one somewhat-personalized service and seeing tremendous gains and improvements in his own health and well-being as a result, he wanted to see the same opportunities at other locations."

CNIC headquarters provided the program construct and contracted with Indiana University to supply their graduates to carry out the program at each location. The program will be supervised and locally managed at each of the individual installations.

"We'll be measuring the outcomes of every participant. They'll be going through a baseline fitness assessment, where we'll take a look at their body composition, their muscular

strength, their muscular endurance, and their cardiovascular fitness. Within certain prescribed time periods, we'll re-measure the progression so we'll have per-individual levels of improvement, and then we'll roll that all up as an outcome measurement for the program as a whole.

"We want that [age] 40-plus population to experience an optimal level of performance as they not only finish their time in the Navy, but as they move into retirement years. We want them to maintain functionality and health. With successful participation, Shape should achieve an improved health and fitness profile for each of the participants and, at the same time, see a reduction in health care costs within our target population, increased retention and optimized performance of senior personnel."

"The program is an outgrowth of Vice Adm. Robert T. Conway's focus on improving our fitness programming across the enterprise. As he

WORD SEARCH
Find these 43 types of **Primates**

<p> AYE-AYE HUMAN SAKI BABOON LANGUR SIAMANG BONOBO LEMUR SIFAKA BUSH BABY LION TAMARIN SNUB-NOSED MONKEY CAPUCHIN LORIS SPIDER MONKEY CHIMPANZEE LUTUNG SQUIRREL MONKEY COLOBUS MACAQUE SURILI DOUC </p>	<p> MANGABEY TALAPOIN GALAGO MARMOSET TAMARIN GIBBON MONKEY TARSIER GORILLA MURIQUI TITI GRAY LANGUR ORANGUTAN UAKARI GUENON OWL MONKEY VERVET HOOLOCK GIBBON POTTO WOOLLY MONKEY HOWLER </p>	<p> N A A G O R I L L A N G U R L A S O O O G A L A G Y U M R E G B N U B A B O O N C E N M A C A Q U E B B A O B O V A A E H R L K B S Q O I C N Y I Y E K N O M R N P H O L G B O H E G E R N W O O I G B S O K I B U A K A O V L S D N R A S C C H I M P A N Z E E E U H K B W G O I U A H E L O D R T L I K Y L R L B I N U U I M M U R I Q U I B A O R C G O W O O L L Y M O N K E Y O U L A A N N A B E E I S O N N L H M R B K K T T S N K R N D I K A V E U E E N A T U G N A R O H Q N D L Y Y I M M F R Y O K P I C C G E A O M A S A S I A M A N G U E U Y U S R C A R T L S L U R O P Q R A T I T I G I A I A W B D I A C S C N E E H S N O T T O P T L C K P </p>
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WHO SAID IT?

“A PEOPLE THAT VAL-
UES ITS PRIVILEGES
ABOVE ITS PRINCIPLES
SOON LOSES BOTH.”

LAST WEEK'S

WHO SAID IT?

“Everywhere is
walking distance if
you have the time.”

- Steven Wright

WORD SEARCH SOLUTION
Find 34 words that describe the **Youth**

<p> ADOLESCENT LAMB SCHOOLGIRL BABY LASS SHAVER BOY LITTLE MISS SMALL FRY CHILD LITTLE ONE STRIPLING COLLEEN LITTLE SQUIRT TEENAGER GIRL MINOR </p>	<p> TYKE INFANT MOPPET URCHIN INNOCENT NEWBORN WHIPPERSNAPPER JUNIOR PRETEEN YOUNGER JUVENILE RUG RAT YOUNGSTER KID SCHOOLBOY YOUTH LAD </p>	<p> L A O N G N C T N A F N I O I Y I N S I O P N H E D R S O E B O T N R H S L T E I O A L L U H U T L L U A R Y O B L O O H C S N L N E M G V K W L E D L O S J G E F B E B R E N R S T L I R U E S R I A I N A B E C L A D E V E R Q H B N L I T T L E M I S S E G U Y T M N Y I I E N T R T T N E I R O E T O S N D T U E S R I N R F C E P E C L L S E G R I L E T L W H I P P E R S N A P P E R I L N Y I R O I N U J N S L D A D A L R O N I M O T O E T I L T T M R A E U Y T I C E K N L I R S Y O S E T E E I R T P G E O E P H H N S C H O O L G I R L N </p>
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This Week's Trivia

In which war was the first submarine deployed?



Last Week's Question: On Sept. 15, which ship became the third major U.S. carrier to be lost in the Pacific theatre in 1942 when she was sunk by an enemy submarine south east of San Cristobal Island?

Answer: USS Wasp

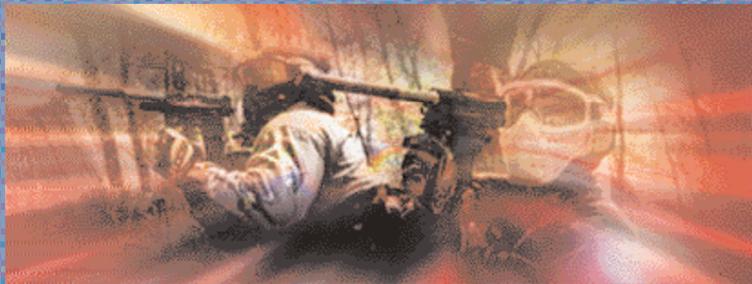
Navy Region Hawai'i Community Calendar

Morale Welfare & Recreation

Community Calendar

SUNSET MOVIE AT SCOTT POOL
Navy Region Hawai'i Morale, Welfare and Recreation (MWR) will host a free family movie night tonight at Scott Pool. Family games and fun will be held from 6-8 p.m. and the movie will begin at sunset. FMI: 473-0394.

PEE WEE SOCCER 2008
Registration for Pee Wee Soccer is through Sept. 19 and is open to all military youth ages three to five years. The cost is \$35 per participant and includes a T-shirt and medal. FMI: 474-3501.



"CALL OF DUTY" PAINTBALL TOURNAMENT
The Navy will hold a preliminary round for "Call of Duty" paintball tournament at 1 p.m. Saturday at Wheeler Army Base Paintball Field. The top four players will represent the Navy on Sept. 20 at Wheeler Army Base Paintball Field in the 4th Annual All Services Tournament. Free food and beverages will be provided. FMI: 473-4279 or www.greatlife-hawaii.com.

REGISTRATION FOR FALL CAMPS 2008
Registration for Navy Region Morale, Welfare and Recreation (MWR) Fall Camps 2008 will be held Sept. 15-26 and is available online only to all active duty and Department of Defense civilian employees. All camps run from 6 a.m. - 6 p.m. on Oct. 6 - Oct. 10 and are for children ages six through 12. The camps available are Camp Adventure Catlin Clubhouse, Camp Adventure Ford Island and Adventure Plus Rainbow Bay Marina. To register for camp, you will need to enter e-mail, a password and then follow instructions. FMI: 421-1556 or www.greatlife-hawaii.com.

NAVY-MARINE GOLF COURSE UNDER MAINTENANCE
Due to aeration maintenance, only nine holes will be open at a time on Sept. 17-18 at the Navy-Marine Golf Course. FMI: 471-0142.

For more information on Navy Region Hawai'i MWR events, visit www.greatlife-hawaii.com

September

13 - Enjoy food, fun and new products at the annual Taste of the NEX {Navy Exchange} event from 10 a.m. to 6 p.m. at the rotunda of the NEX Mall at Pearl Harbor.

13 - "Day for Kids" will be held from 2 to 5 p.m. at Ward Field on Pearl Harbor. Military families will enjoy free family activities, food and games. Kids will have the opportunity to participate in various obstacles and challenges, interactive demonstrations and other activities. Kids (and parents) will also learn fitness and nutrition tips for healthier living. The event is open to all military-affiliated patrons and their sponsored guests. FMI: www.greatlife-hawaii.com.

At a Glance

During University of Hawai'i football season, Rainbow Bay Marina will offer a tailgating spot across from Aloha Stadium. The spot includes private parking, restrooms, free ice and outdoor games. The cost is \$5 per day. Advance reservations are recommended and are issued on a first come, first served basis. FMI: 473-0279 or www.greatlife-hawaii.com.

Sharkey Showtimes



Pineapple Express (R)

Lazy stoner Dale Denton has only one reason to visit his equally lazy dealer Saul Silver: to purchase weed, specifically, a rare new strain called Pineapple Express. But when Dale becomes the only witness to a murder by a crooked cop (Rosie Perez) and the city's most dangerous drug lord, he panics and dumps his roach of Pineapple Express at the scene. Dale now has another reason to visit Saul: to find out if the weed is so rare that it can be raced back to him. And it is. As Dale and Saul run for their lives, they quickly discover that they're not suffering from weed-fueled paranoia; incredibly, the bad guys really are hot on their trail and trying to figure out the fastest way to kill them both. All aboard the Pineapple Express.

TODAY
7:00 PM Pineapple Express (R)

SATURDAY
2:30 PM Space Chimps (G)
4:45 PM Mamma Mia (PG 13)
7:00 PM Step Brothers (R)

SUNDAY
2:30 PM Space Chimps (G)
4:45 PM X Files: I Want to Believe (PG 13)
7:15 PM Pineapple Express (R)

THURSDAY
7:00 PM Swing Vote (PG 13)



Coverage of the 2008 presidential debates available to all citizens at home and abroad

Federal Voting Assistance Program

The Federal Voting Assistance Program (FVAP) has joined with the Commission on Presidential Debates (CPD) to make the 2008 election debates more valuable to Americans abroad. DebateWatch is the CPD's nonpartisan, international program that brings U.S. citizens together to watch and discuss this fall's presidential and vice presidential debates.

All across the world, citizens will meet in schools, libraries, theaters, hotels, civic auditoriums, homes and elsewhere to watch the debates on television or the Internet, or listen to them on the radio.

At the end of each debate and before commentary begins, the facilitator will turn off the broadcast and lead participants in a discussion about the debate, the candidates and the upcoming



election. After finishing their discussion, participants may log on to the CPD's Web site, www.debates.org, to fill out a voluntary survey and provide feedback to the CPD. If you would like to learn more about DebateWatch or register to organize one of these meetings, visit www.debates.org or email debatewatch@debates.org.

Presidential debates are a permanent part of every presidential general election. Debates provide a means for viewers and listeners to become

informed about the candidates' positions on the issues. The CPD's primary purpose is to sponsor and produce debates for the United States presidential and vice presidential candidates and to undertake research and educational activities relating to the debates. The nonprofit, nonpartisan organization sponsored all the presidential debates since 1988.

For the 2008 general election, CPD teamed up with Myspace to create a new Web site, www.MyDebates.org. The Web site will try and enhance the educational value of the debates while engaging new audiences. The CPD believes, "the Internet can be used to personalize the debates in a way that allows for in-depth examination by individual citizens and joint discussion with others."

The new Web site will include tools for citizens to make scorecards of important issues and help track the issues through-

out the debates.

Voters can submit questions for possible inclusion in the town meeting debate via www.MyDebates.org. This new venture plans to offer unprecedented access and flexibility in following these debates through forums that discuss numerous topics.

More information about the CPD and MyDebates.org can be found at www.debates.org.

The schedules for this fall's debates are as follows:

- First presidential debate - Sept. 26
- Vice-presidential debate - Oct. 2
- Second presidential debate - Oct. 7
- Third presidential debate - Oct. 15

All debates will begin at 9 pm E.T. and will be carried by international media outlets. The debates will have a single moderator and last for 90 minutes.

JPAC to commemorate POW/MIA Recognition Day

Joint POW/MIA Accounting Command

The Joint POW/MIA Accounting Command will commemorate National POW/MIA (prisoner of war/missing in action) Recognition Day at the National Memorial Cemetery of the Pacific [Punchbowl] at 10 a.m. on Sept. 19.

Each year, a presidential proclamation designates the third Friday in September as National POW/MIA Recognition Day. Highlights of this year's ceremony include a wreath laying ceremony, speeches by distinguished guests, and the playing of Taps in recognition of prisoners of war and those still missing in action from previous wars.

The ceremony will be led

by JPAC's commander, Rear Adm. Donna Crisp. Keynote speaker will be U.S. Navy Capt. (Ret) Jim Hickerson, a former Vietnam War POW.

The ceremony is free and open to the public. At the conclusion of the ceremony, the audience will be invited to tour the cemetery or lay wreaths at the monument.

JPAC's mission is to conduct operations in support of achieving the fullest possible accounting of Americans missing as a result of our nation's past conflicts.

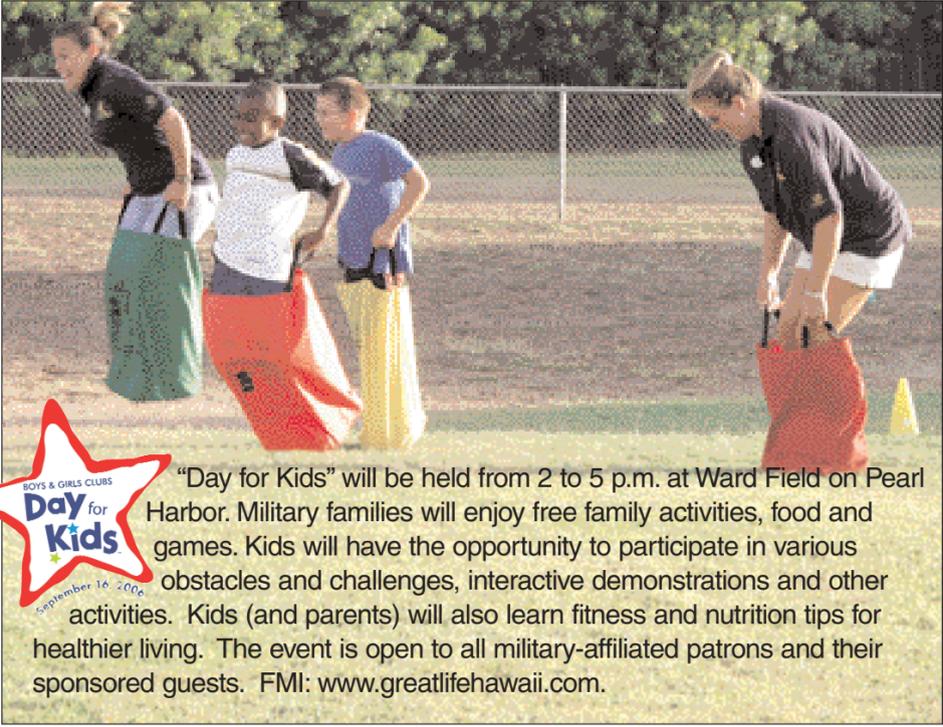
One American is still missing from the Gulf War, more than 1,750 from the Vietnam War, 120 from the Cold War, more than 8,100 from the Korean War, and more than 78,000 from World War II.

STORY IDEAS?

Contact the HINN editor for guidelines and story/photo submission requirements:
 Phone: (808) 473-2688
 Email: hinn@honoluluadvertiser.com
Hawaii Navy News

'CALL OF DUTY' PAINTBALL TOURNAMENT

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