



CAPTAIN'S CUP SPORTS PROGRAM

Flag Football	Eco-Challenge
Basketball	5K, 10K, ½ Marathons
Arena Football	Biathlons
Volleyball	Triathlons
Softball	Tennis
Soccer	Racquetball
Hockey	Swim Meets
Inner Tube Water Polo	Cycling

CAPTAIN'S CUP FUN RUNS OFFERED

Labor Day 5K	September
½ Athens Marathon Prep	September
Halloween 5K Costume Run	October
Turkey Trot 5K	November
Jingle Bell 5K	December
Martin Luther King Jr. 5K	January
Valentine's Day 5K	February
St. Patrick's Day 5K	March
Fool's Day ?K	April
Armed Forces Day 5K	May
Summer Begins 5K	June
Independence Day 5K	July
Pump and Run 5K	August

Captain's Cup Points are awarded to the top three teams of each sport and the top three finishers of each 5K Fun Run.