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1450 D Street  
Virginia Beach, VA 23459-2444

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(757) 688-6289  
Newport News Shipyard  
2600 Washington Ave., Suite 101  
Newport News, VA 23607

**FFSC Norfolk/Portsmouth**  
(757) 444-2102  
7928 14th Street, Suite 102  
Norfolk, VA 23505-1219

**FFSC Northwest**  
(757) 421-8770  
NSA Hampton Roads Northwest Annex  
4504 Relay Rd., Bldg. 374  
Chesapeake, VA 23322-4102

**FFSC Oceana/Dam Neck**  
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1896 Laser Rd., Suite 120  
Virginia Beach, VA 23460-2281

**FFSC Yorktown**  
(757) 887-4606  
WPNSTA Yorktown  
1949 Von Steuben Drive  
Newport News, VA 23603

**Military OneSource**  
militaryonesource.com  
1 (800) 342-9647



### Deployment Support Programs

#### Individual Augmentee (IA) Deployment Readiness Brief

IA Deployment Readiness Briefs cover information about personal, practical, and financial preparation; community resources; communicating with family and coping skills. The uniqueness of an IA deployment will be discussed, as well as how FFSC can assist families with the new challenges of IA deployments.

#### Individual Augmentee (IA) Family Discussion Group

Meet recently returned IAs and spouses of IAs serving in various deployment locations. Tap into resources and support to manage the challenges that can occur with IA deployments.

#### Individual Augmentee (IA) Homecoming Brief

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#### Career Options and Navy Skills Evaluation Program (CONSEP)

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#### CPO Selectee Resource Training

This half day workshop is designed to educate newly selected CPOs about resources available in both the military and civilian communities. By addressing issues before they become critical, as well as making appropriate resource referrals, the CPO and the service member in need of support can stay focused on the command's mission.

#### Deckplate Resource Awareness Training

This two-day training is specifically for Second Class Petty Officers in supervisory positions. It provides information on Navy and community resources available to military personnel. Through solution-focused exercises, participants learn techniques to effectively address personnel concerns brought to their attention. Hampton Roads commands are invited to nominate participants by calling their FFSC.

#### Exceptional Family Member POC Training

This half-day training provides information that enables POCs to assist members in their commands. Who should attend: Any newly-designated EFMP POC in the Hampton Roads area.

#### FAP Command Leadership Training

This is a one-day introductory course that emphasizes the command's crucial role in all aspects of the Family Advocacy Program (FAP). Topics include an overview of FAP, prevention, intervention, legal issues and reporting. Who should attend: COs, XO's, CMCs, COBs, Chaplains, Command FAP POCs, CRC members, and Key Responders.

#### Family Readiness Group (FRG) Leadership Training

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#### Navy Family Ombudsman Basic Training

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**DEPARTMENT OF THE NAVY**  
*Fleet and Family Support Centers of Hampton Roads, Virginia*  
7928 14th Street  
Norfolk, VA 23505-1219

### Official Business



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# FLEET & FAMILY SUPPORT CENTERS OF HAMPTON ROADS

# SIGNAL

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## Fleet & Family Support Center offers Employment Assistance

Are you looking for a job? Whether you're transitioning from the military, a military spouse in search of a new job, a dependent teenager looking for summer work, or have lost your job, Fleet and Family Support Center (FFSC) can help stack the odds in your favor when job hunting.

We offer the following FREE employment workshops and services to help you whether you're looking for an entry level or high level corporate position:

- Career Planning
- Effective Resume Writing
- Federal Employment System
- Interview Techniques
- Job Network
- Job Search Strategies
- One-on-one employment assistance
- Resume critiques



Contact or visit any Hampton Roads FFSC for assistance with your job search. Our services are available to everyone with military base access.

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FLEET & FAMILY SUPPORT CENTERS (FFSC) OF HAMPTON ROADS — SITES & PHONE NUMBERS

L	Little Creek 462-7563	N	Norfolk 444-2102	NN	Newport News 688-6289	NW	Northwest 421-8770	O	Oceana 433-2912	Y	Yorktown 887-4606
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JUL • AUG • SEP 2012  
PROGRAM CALENDAR

FFSC PROGRAMS	JULY		AUGUST		SEPTEMBER	
<b>DEPLOYMENT SUPPORT PROGRAMS</b>						
Individual Augmentee (IA) Deployment Readiness Brief	JUL 10, 1:00-3:00 pm (N) JUL 13, 8:00-10:00 am (NW)	JUL 13, 1:00-3:00 pm (L) JUL 20, 9:00-11:00 am (N)	AUG 7, 2:30-4:30 pm (O) AUG 10, 9:00-11:00 am (Y)	AUG 10, 1:00-3:00 pm (N) AUG 21, 1:00-3:00 pm (N)	SEP 4, 1:00-3:00 pm (N) SEP 21, 1:00-3:00 pm (N)	
Individual Augmentee (IA) Family Discussion Group	JUL 20, 12:30-2:30 pm (NW)	JUL 26, 6:00-8:00 pm (N)	AUG 7, 9:00-11:00 am (Y)	AUG 15, 6:00-8:00 pm (O)		
Individual Augmentee (IA) Homecoming Brief	JUL 25, 9:00-11:00 am (NW)		AUG 17, 1:00-3:00 pm (L)	AUG 23, 5:30-7:30 pm (N)	SEP 25, 1:00-3:00 pm (N)	SEP 25, 5:30-7:30 pm (O)
<b>COMMAND SUPPORT PROGRAMS</b>						
Career Options and Navy Skills Evaluation Program (CONSEP)	JUL 23-26 (M-TH) 8:00 am-4:30 pm (First Term) (L)		AUG 27-30 (M-TH) 8:00 am-4:30 pm (First Term) (Y)		SEP 24-27 (M-TH) 8:00 am-4:30 pm (First Term) (N) SEP 24-27 (M-TH) 8:00 am-4:30 pm (Mid Career) (L) (NN)	
CPO Selectee Resource Training			AUG 13, 8:00 am-noon (N) AUG 17, 8:00 am-noon (N) AUG 21, 8:00 am-noon (L) (N) AUG 22, 8:00 am-noon (L) (N)	AUG 23, 8:00 am-noon (L) (NN) AUG 24, 8:00 am-noon (L) (Y) AUG 27, 8:00 am-noon (N) AUG 28, 8:00 am-noon (N)	SEP 5, 8:00 am-noon (N) SEP 10, 8:00 am-noon (N)	
Deckplate Resource Awareness Training	JUL 17 & 18 (T&W) 8:00 am-4:00 pm (O) JUL 23 & 24 (M&T) 8:00 am-4:00 pm (N) JUL 24 & 25 (T&W) 8:00 am-4:00 pm (L)		AUG 15 & 16 (W&TH) 8:00 am-4:00 pm (O) AUG 21 & 22 (T&W) 8:00 am-4:00 pm (NN) AUG 23 & 24 (TH&F) 8:00 am-4:00 pm (N) AUG 29 & 30 (W&TH) 8:00 am-4:00 pm (L)		SEP 26 & 27 (W&TH) 8:00 am-4:00 pm (O) SEP 27 & 28 (TH&F) 8:00 am-4:00 pm (N)	
Exceptional Family Member POC Training	JUL 30, 8:00 am-noon (L)		AUG 9, 8:00 am-noon (Y)	AUG 20, 8:30 am-12:30 pm (N)	SEP 20, 8:30 am-12:30 pm (O)	
FAP Command Leadership Training	JUL 25, 8:00 am-4:00 pm (N)					
Family Readiness Group (FRG) Leadership Training	JUL 10, 6:30-9:00 pm (Y)	JUL 14 & 15 (SAT & SUN) 8:00 am-5:00 pm (L)	AUG 14, 6:30-9:00 pm (O)	AUG 21, 6:00-9:00 pm (N)	SEP 29 & 30 (SAT & SUN) 8:30 am-4:00 pm (N)	
Navy Family Ombudsman Basic Training	JUL 27-29 (F-SUN) 8:30 am-4:00 pm (L)		AUG 24-26 (F-SUN) 8:30 am-4:00 pm (N)		SEP 7-9 (F-SUN) 8:30 am-4:00 pm (L)	SEP 17-19 (M-W) 8:30 am-4:00 pm (Y)
PCO-PXO Spouses Workshop			AUG 28, 9:00 am-2:00 pm (N)			
SAPR Command Data Collection Coordinator Training	JUL 12, 1:30-3:30 pm (L)		AUG 2, 1:30-3:30 pm (O) AUG 16, 1:30-3:30 pm (Y)	AUG 30, 1:30-3:30 pm (N)	SEP 6, 1:30-3:30 pm (L)	
SAPR Command Liaison Training	JUL 16, 8:00 am-4:00 pm (Y) JUL 25, 8:00 am-4:00 pm (L)	JUL 30, 8:00 am-4:00 pm (N)	AUG 23, 8:00 am-4:00 pm (O)		SEP 13, 8:00 am-4:00 pm (L) SEP 28, 8:00 am-4:00 pm (N)	
SAPR Command POC Training	JUL 12, 8:00 am-noon (L)		AUG 2, 8:00 am-noon (O) AUG 16, 8:00 am-noon (Y)	AUG 30, 8:00 am-noon (N)	SEP 6, 8:00 am-noon (L)	
SAPR Refresher Training			AUG 1, 9:00-11:30 am (N)	AUG 17, 9:00-11:30 am (Y)	SEP 5, 9:00-11:30 am (O)	
SAPR Victim Advocate Basic Training	JUL 17-20 (T-F) 8:00 am-4:00 pm (N) (O)		AUG 7-10 (T-F) 8:00 am-4:00 pm (L) AUG 14-17 (T-F) 8:00 am-4:00 pm (N)		SEP 11-14 (T-F) 8:00 am-4:00 pm (O) SEP 18-21 (T-F) 8:00 am-4:00 pm (N)	SEP 24-27 (M-TH) 8:00 am-4:00 pm (Y)
Sponsor Training	JUL 19, 1:00-3:00 pm (L)	JUL 24, 9:00-11:00 am (NN)	AUG 3, 12:00-2:00 pm (L)	AUG 14, 2:00-4:00 pm (O)	SEP 11, 9:00-11:00 am (O)	
<b>COUNSELING/SUPPORT PROGRAMS</b>						
Changes	JUL 5-26 (TH) 1:30-3:30 pm (N)		AUG 2-30 (TH) 1:30-3:30 pm (N)		SEP 6-27 (TH) 1:30-3:30 pm (N)	
Couples Workshop	JUL 9 & 16 (M) 5:00-7:30 pm (L) JUL 19 & 26 (TH) 6:00-8:30 pm (N)	JUL 23 & 30 (M) 4:00-6:30 pm (Y)	AUG 7 & 14 (T) 2:00-4:30 pm (O) AUG 23 & 30 (TH) 4:00-6:30 pm (N)		SEP 10 & 17 (M) 5:00-7:30 pm (L) SEP 13 & 20 (TH) 4:00-6:30 pm (NN)	SEP 20 & 27 (TH) 6:00-8:30 pm (N)
<b>MILITARY LIFE SKILLS EDUCATION PROGRAMS</b>						
Building Effective Anger Management Skills (BEAMS)	JUL 9-20 (M,W,F) 1:00-3:00 pm (N)		AUG 1-17 (W&F) 9:00-11:00 am (L) AUG 6-22 (M&W) 1:00-3:00 pm (NN) (N)		SEP 4-20 (T&TH) 9:00-11:00 am (N) SEP 10-26 (M&W) 9:00-11:30 am (O)	SEP 10-26 (M&W) 1:00-3:00 pm (Y) SEP 11-27 (T&TH) 2:00-4:00 pm (NW)
Building Healthy Relationships	JUL 10, 6:00-8:30 pm (N)	JUL 16, 4:00-6:30 pm (Y)	AUG 14, 6:00-8:30 pm (N)	AUG 22, 1:00-3:30 pm (L)	SEP 11, 6:00-8:30 pm (N)	SEP 18, 5:00-7:30 pm (O)
Children and Divorce	JUL 17 & 19 (T&TH) 2:00-4:00 pm (Y) JUL 24, 3:00-7:00 pm (O)	JUL 26, 1:00-5:00 pm (NW)	AUG 7, 3:00-7:00 pm (O) AUG 14 & 15 (T&W) 3:00-5:00 pm (N)	AUG 16, 1:00-4:00 pm (L)	SEP 13, 12:30-4:30 pm (O) SEP 28, 8:00 am-noon (NW)	
Dads and Discipline					SEP 20, 2:00-4:30 pm (O)	
Enhancing Stepfamilies	JUL 16, 2:00-4:30 pm (O)				SEP 5, 9:00-11:30 am (N)	
Foreign-Born Spouses Support Group	JUL 27, 10:00 am-noon (O)		AUG 24, 10:00 am-noon (O)		SEP 21, 10:00 am-noon (O)	
New Parent Resource Awareness Workshop	JUL 13, 8:00 am-noon (N)		AUG 10, 8:00 am-noon (N)	AUG 17, 8:00 am-noon (Y)	SEP 14, 8:00 am-noon (N) (O)	
Operation Prepare			AUG 3, 9:00-11:00 am (NW) AUG 8, 1:00-3:00 pm (L)	AUG 15, 5:00-7:00 pm (N) AUG 27, 1:00-3:00 pm (N)		
Parenting in a Military Family	JUL 10 & 11 (T&W) 2:30-5:00 pm (N) JUL 18 & 19 (W&TH) 9:00-11:30 am (O)		AUG 1 & 3 (W&F) 9:00-11:30 am (NN) AUG 2 & 9 (TH) 6:00-8:30 pm (N)	AUG 14, 9:00 am-2:30 pm (L) AUG 22 & 23 (W&TH) 5:00-7:30 pm (O)	SEP 11 & 12 (T&W) 2:30-5:00 pm (N) SEP 26 & 27 (W&TH) 2:00-4:30 pm (O)	
Parenting Teens	JUL 5, 2:00-4:30 pm (O)				SEP 18, 2:30-5:00 pm (N)	
Personal Communications			AUG 31, 9:00-11:00 am (NN)			
Single Parenting in the Military			AUG 8, 9:00-11:30 am (N)		SEP 14, 8:00-10:30 am (NN)	SEP 19, 2:00-4:30 pm (O)
Systematic Training for Effective Parenting (STEP) — Early Childhood			AUG 6-9 (M-TH), AUG 13 & AUG 16 (M&TH) 2:30-4:30 pm (O)			
Systematic Training for Effective Parenting (STEP) — School-age					SEP 13-OCT 25 (TH) 6:00-8:00 pm (N)	
Systematic Training for Effective Parenting (STEP) — Teen	JUL 9-30 (M) 3:00-5:00 pm & (TH) 4:00-6:00 pm (N)					
Stress Management	JUL 10-19 (T&TH) 1:00-3:00 pm (N) JUL 16-26 (M&TH) 2:00-4:00 pm (O)	JUL 18 & 25 (W) 8:00 am-noon (Y) JUL 30 & AUG 1 (M&W) noon-4:00 pm (L)	AUG 7-16 (T&TH) 9:00-11:00 am (N) AUG 14-23 (T&TH) 9:00-11:00 am (O)	AUG 28 & 30 (T&TH) 8:00 am-noon (NN)	SEP 5 & 7 (W&F) 8:00 am-noon (NN) SEP 10 & 12 (M&W) 9:00 am-1:00 pm (L)	SEP 11-20 (T&TH) 1:00-3:00 pm (N)
ToddlerTime	JUL 12-AUG 16 (T) 5:00-7:00 pm (O)					
Welcome to the Military	JUL 16, 9:00 am-noon (NW) JUL 17, 1:30-4:30 pm (O)	JUL 18, 5:30-8:30 pm (N)	AUG 2, 9:00 am-noon (L)		SEP 7, 9:00 am-noon (NW) SEP 17, 1:00-4:00 pm (N)	SEP 28, 9:00 am-noon (Y)
<b>PERSONAL FINANCIAL MANAGEMENT PROGRAMS</b>						
Art of Money Management	JUL 12, 8:00 am-4:00 pm (NN) JUL 16, 8:00 am-4:00 pm (L)	JUL 23, 8:00 am-4:00 pm (N) JUL 26, 8:00 am-4:00 pm (O)	AUG 6, 8:00 am-4:00 pm (L) AUG 9, 8:00 am-4:00 pm (Y)	AUG 23, 8:00 am-4:00 pm (N) AUG 28 & 29 (T&W) 4:00-8:00 pm (N)	SEP 10, 8:00 am-4:00 pm (NN) (O) SEP 17, 8:00 am-4:00 pm (N)	SEP 28, 8:00 am-4:00 pm (L)
Car Buying Strategies	JUL 25, noon-1:30 pm (N)		AUG 8, 3:00-4:30 pm (NW)	AUG 15, noon-1:30 pm (N)	SEP 12, noon-1:30 pm (N)	SEP 27, 1:00-2:30 pm (Y)
CFS Forum and Financial Town Hall Meeting	JUL 20, 8:30-10:00 am (O)	JUL 20, 9:30-11:00 am (NN)	AUG 10, 8:30-10:00 am (O)		SEP 13, 1:00-2:30 pm (N)	SEP 21, 8:00-9:30 am (L)
Command Financial Specialist (CFS) Refresher Training	JUL 10, 7:30 am-4:00 pm (O)	JUL 26, 8:00 am-4:30 pm (N)	AUG 13, 7:30 am-4:00 pm (L)		SEP 6, 7:30 am-4:00 pm (NN)	SEP 24, 8:00 am-4:30 pm (N)
Command Financial Specialist (CFS) Training	JUL 9-13 (M-F) 7:30 am-4:00 pm (L) (N)	JUL 16-20 (M-F) 7:30 am-4:00 pm (NN) (O)	AUG 6-10 (M-F) 7:30 am-4:00 pm (N) (O)		SEP 10-14 (M-F) 7:30 am-4:00 pm (N)	SEP 17-21 (M-F) 7:30 am-4:00 pm (L) (O)
Consumer Awareness	JUL 25, 10:00-11:30 am (N)		AUG 9, 10:00-11:30 am (L)	AUG 15, 10:00-11:30 am (N)	SEP 12, 10:00-11:30 am (N)	SEP 27, 8:00-9:30 am (Y)
Credit Management	JUL 18, 2:00-3:30 pm (L)	JUL 25, 8:30-10:00 am (N)	AUG 9, 8:30-10:00 am (L)	AUG 15, 8:30-10:00 am (N)	SEP 12, 8:30-10:00 am (N) (N) SEP 19, 10:30 am-noon (NW)	SEP 27, 10:00-11:30 am (Y)
Division Officer Financial Leadership Seminar	JUL 3, 8:00 am-noon (L) JUL 5, 7:30-11:30 am (O)	JUL 30, noon-4:00 pm (NN)	AUG 14, 8:00 am-noon (Y) AUG 14, noon-4:00 pm (N)	AUG 24, 8:00-noon (L)	SEP 11, 8:00 am-noon (L) SEP 25, 7:30-11:30 am (O)	
Financial Responsibility in the Military	JUL 16, 11:00 am-12:30 pm (NW)					
Homeownership	JUL 10, 8:30 am-2:30 pm (Y) JUL 11, 9:00 am-3:00 pm (N)	JUL 24 & 25 (T&W) 6:00-9:00 pm (L)	AUG 15, 8:30 am-2:30 pm (O)		SEP 5, 8:30 am-2:30 pm (NN) SEP 13, 8:30 am-2:30 pm (L)	
How to Survive the Holidays Financially					SEP 14, 9:00-10:30 am (L) SEP 19, 9:00-10:30 am (NW)	SEP 25, 1:00-2:30 pm (N)
Identity Theft Protection			AUG 9, 1:00-2:30 pm (L)			
Million Dollar Sailor					SEP 4 & 5 (T&W) 8:00 am-4:00 pm (N)	SEP 5 & 6 (W&TH) 8:00 am-4:00 pm (L)
Retirement Planning	JUL 5, 12:30-2:00 pm (O) JUL 6, 1:00-2:30 pm (L)	JUL 11, 8:30-10:00 am (NW) JUL 18, noon-1:30 pm (N)	AUG 1, noon-1:30 pm (N) AUG 14, 3:00-4:30 pm (Y)	AUG 20, 8:30-10:00 am (O)	SEP 5, noon-1:30 pm (N) SEP 25, 12:30-2:00 pm (O)	SEP 25, 1:00-2:30 pm (L)
Savings and Investments	JUL 5, 2:00-3:30 pm (O) JUL 6, 8:30-10:00 am (L)	JUL 18, 8:30-10:00 am (N)	AUG 1, 8:30-10:00 am (N)		SEP 5, 8:30-10:00 am (N) SEP 25, 8:30-10:00 am (L)	SEP 25, 2:00-3:30 pm (O)
Smart Start: Finances for Newlyweds					SEP 6, 1:00-2:30 pm (N)	SEP 11, 6:00-7:30 pm (O)
TSP – Your Key to Financial Independence	JUL 5, 3:30-5:00 pm (O) JUL 6, 10:00-11:30 am (L)	JUL 18, 10:00-11:30 am (N)	AUG 1, 10:00-11:30 am (N) AUG 14, 1:00-2:30 pm (Y)	AUG 20, 10:00-11:30 am (O)	SEP 5, 10:00-11:30 am (N) SEP 25, 10:00-11:30 am (L)	SEP 25, 3:30-5:00 pm (O)
<b>RELOCATION ASSISTANCE PROGRAMS</b>						
Overseas Transfer Workshop	JUL 9, 9:00 am-4:00 pm (N) JUL 11, 9:00 am-4:00 pm (NN)	JUL 16, 9:00 am-4:00 pm (L) JUL 25, 9:00 am-4:00 pm (O)	AUG 3, 9:00 am-4:00 pm (N) AUG 15, 9:00 am-4:00 pm (O)	AUG 31, 8:30 am-3:30 pm (L)	SEP 5, 9:00 am-4:00 pm (NW) SEP 7, 9:00 am-4:00 pm (N)	SEP 12, 9:00 am-4:00 pm (O) SEP 13, 9:00 am-4:00 pm (Y)
Smooth Move Workshop	JUL 10, 5:00-8:00 pm (O) JUL 17, 9:00-noon (N) JUL 26, 9:00 am-noon (NN)	JUL 27, 9:00 am-noon (N)	AUG 2, 1:00-4:00 pm (L) AUG 7, 9:00 am-noon (O) AUG 14, 1:00-4:00 pm (NW)	AUG 23, 9:00 am-noon (N) (Y) AUG 29, 9:00 am-noon (NN)	SEP 24, 9:00 am-noon (N) SEP 20, 9:00 am-noon (NN)	
<b>FAMILY EMPLOYMENT/TRANSITION ASSISTANCE PROGRAMS</b>						
Career Planning	JUL 9, 9:00 am-noon (O) JUL 10, 9:00 am-noon (Y)	JUL 17, 9:00 am-noon (L) JUL 31, 8:30-11:30 am (NN)	AUG 6, 9:00 am-noon (O) AUG 7, 1:00-4:00 pm (L)	AUG 9, 1:00-4:00 pm (N)	SEP 4, 1:00-4:00 pm (L) SEP 5, 9:00 am-noon (O)	SEP 6, 1:00-4:00 pm (N) SEP 17, 9:00 am-noon (O)
Effective Resume Writing	JUL 10, 9:00 am-noon (O) JUL 12, 1:00-4:00 pm (N) JUL 13, 9:00 am-noon (Y) JUL 18, 9:00 am-noon (L)	JUL 19, 9:00 am-noon (O) JUL 24, 9:00 am-noon (NW) (O) JUL 27, 8:30-11:30 am (N) JUL 31, 9:00 am-noon (O)	AUG 1, 1:00-4:00 pm (NN) AUG 2, 1:00-4:00 pm (N) AUG 7, 9:00 am-noon (NW) (O) AUG 13, 1:00-4:00 pm (O)	AUG 21, 8:30-11:30 am (N) AUG 23, 9:00 am-noon (O) AUG 27, 9:00 am-noon (L) AUG 28, 9:00 am-noon (O)	SEP 4, 9:00 am-noon (O) SEP 5, 9:00 am-noon (L) SEP 11, 8:30-11:30 am (NN) SEP 11, 1:00-4:00 pm (O)	SEP 12, 8:30-11:30 am (N) SEP 18, 9:00 am-noon (O) SEP 26, 1:00-4:00 pm (N) SEP 27, 1:00-4:00 pm (O)
The Federal Employment System	JUL 2, 1:00-4:00 pm (O) JUL 11, 8:30-11:30 am (N) JUL 11, 9:00 am-noon (Y) JUL 12, 9:00 am-noon (O)	JUL 19, 9:00 am-noon (L) JUL 24, 1:00-4:00 pm (O) JUL 26, 9:00 am-noon (NW) JUL 31, 8:30-11:30 am (N)	AUG 2, 8:30-11:30 am (NN) AUG 7, 9:00 am-noon (L) AUG 9, 9:00 am-noon (O) AUG 13, 8:30-11:30 am (N)	AUG 21, 9:00 am-noon (NW) AUG 23, 1:00-4:00 pm (O) AUG 29, 8:30-11:30 am (N)	SEP 4, 1:00-4:00 pm (O) SEP 6, 9:00 am-noon (L) SEP 12, 9:00 am-noon (Y) SEP 20, 1:00-4:00 pm (O)	SEP 21, 8:30-11:30 am (N) SEP 24, 9:00 am-noon (NW)
Interview Techniques	JUL 11, 9:00 am-noon (O) JUL 24, 8:30-11:30 am (N) JUL 24, 1:00-4:00 pm (NW)		AUG 2, 1:00-4:00 pm (O) AUG 3, 8:30-11:30 am (NN) AUG 8, 9:00 am-noon (O)	AUG 15, 8:30-11:30 am (N) AUG 28, 9:00 am-noon (L)	SEP 5, 1:00-4:00 pm (N) (O) SEP 13, 8:30-11:30 am (NN) SEP 14, 1:00-4:00 pm (L)	SEP 17, 9:00 am-noon (NW) SEP 19, 9:00 am-noon (O)
Job Network	JUL 10, noon-1:00 pm (O)	JUL 18, noon-1:00 pm (L)	AUG 7, noon-1:00 pm (O)	AUG 27, noon-1:00 pm (L)	SEP 11, 11:30 am-12:30 pm (NN)	SEP 18, noon-1:00 pm (O)
Job Search Strategies	JUL 9, 1:00-4:00 pm (O) JUL 12, 9:00 am-noon (Y) JUL 17, 1:00-4:00 pm (L)	JUL 19, 8:30-11:30 am (N) JUL 23, 1:00-4:00 pm (NW)	AUG 1, 8:30-11:30 am (NN) AUG 6, 1:00-4:00 pm (O) AUG 8, 8:30-11:30 am (N)	AUG 14, 9:00 am-noon (O) AUG 28, 1:00-4:00 pm (L) AUG 30, 9:00 am-noon (O)	SEP 10, 9:00 am-noon (NW) (Y) SEP 11, 9:00 am-noon (L) SEP 17, 1:00-4:00 pm (O)	SEP 19, 8:30-11:30 am (N) SEP 27, 9:00 am-noon (O)
Transition Assistance Program (TAP)	Executive Retirement (E-9, W-4, W-5, O-5 and Above), Retiree Classes, Separatee Classes.					
Transition Forum			AUG 2-23 (TH) 4:30-6:00 pm (NW)			
VA Disability Benefits Review	JUL 12, 7:30 am-4:00 pm (L) JUL 19, 7:30 am-4:00 pm (O)	JUL 26, 7:30 am-4:00 pm (L)	AUG 2, 7:30 am-4:00 pm (O) AUG 9, 7:30 am-4:00 pm (L)	AUG 23, 7:30 am-4:00 pm (L)	SEP 13, 7:30 am-4:00 pm (L) SEP 27, 7:30 am-4:00 pm (L)	

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