

Wingspan

Vol. 13, No. 12

Naval Air Station Corpus Christi, Texas

Thursday • June 7, 2007

A.P.A.R.T.M.E.N.T. Living

Come visit any one of these three popular communities professionally managed by ARI and you will feel right at home!

Don't Forget to Ask About Specials!

Let's Make A Deal...

Sunchase Apartments
5445 South Alameda
(361) 991-7720
FREE extended basic cable, water and gas

Windrush Apartments
4322 Kostoryz
(361) 854-9951
**ALL BILLS PAID*
**electric, water, trash and free extended basic cable*

Woodbury Place Apartments
802 Barry St.
(361) 853-2161
FREE electric, trash and cable

Attention ALL Military Personnel

Are you looking for a new or pre-owned vehicle? Call retired MA1 Thomas (Bill) at Champion Chevrolet/Cadillac. 361-654-2100 or at his direct line 361-549-5534 for details about special pricing.



Military personnel must bring this AD to qualify for special pricing and/or rebate. Rebates apply to new vehicles ONLY and special pricing will apply to all vehicles new and pre-owned. Call TODAY!



Champion Chevrolet, Cadillac
6650 South Padre Island Drive • At The AutoMall • Between Airline & Nile
NEW CARS CALL **1-866-242-2709**
PODEMOS AYUDARLE EN ESPAÑOL. STORE HRS: MON-FRI 9:30-8 • SAT 9-6 • SERVICE HRS: MON-FRI 7-6 • SAT 8-1
10,000 VEHICLES. 22 BRANDS. 1 CLICK. ChampionDealers.com
From Sales To Service, Nobody Beats a Champion

- Hairstyling ● Facials
- Waxing ● Perms
- Hilites ● Colors ● Nails



Quality is not expensive... It's priceless!

1220 Airline (Next to Toys 'R Us)
855-2323

50% OFF
ANY ONE SERVICE
AT BOUTIQUE DU JOUR
1st Time Clients Only.
Offer good Tues-Friday only.
One coupon per person.
Not valid with any other specials.
Expires 12/31/07

VICTORY

THE NEW AMERICAN MOTORCYCLE



2007 Jackpot

CORPUS CHRISTI CYCLE Plaza

2937 S.P.I.D. Corpus Christi (361) 852-7368

Fast Kat

AUTOMOTIVE REPAIR

- Foreign and Domestic
- Complete Diagnostics \ Tune-Ups
- A/C and Free Brake Check

Military Discount **10% off**

Get Peace of Mind at **(361) 937-5115**

www.fast-kat.com 9825 SPID Corpus Christi, TX 78418



the Animal Hospital of Padre Island

Get Compassionate & Professional Care For Your Pet!

- Full-Service Hospital
- Grooming \ Boarding
- Surgery and Dental
- Drop-Offs Welcome

361-949-8200

14802 Compass Corpus Christi, TX 78418

Hours of Operation

Monday 7:30 am to 8:00pm

Tuesday - Friday 7:30 am to 6:00pm

Sunday 3:00 pm to 5:00pm

*for boarding pickup ONLY

Military Discount **10% off** Recommended Service

Capt. Korn bids farewell to Coast Guard Sector and Air Station Corpus Christi

by Lt. j.g. Caleb Booher, Asst. Public Affairs Officer

On June 8th, Capt. John Korn, Commanding Officer of Coast Guard Sector Corpus Christi and skipper of Coast Guard Air Station Corpus Christi, will relinquish both commands to Capt. Robert Paulson.

Coast Guard Sector Corpus Christi, which is collocated with CGASCC, stood up in May 2005 with Capt. John Korn of Bloomfield, N.J. as the Sector's first commanding officer. "I really don't like leaving it behind," he said. The Sector includes 16 sub-units, more than 600 active duty and reservists and almost 300 auxiliaries and extends from the Colorado River to the Rio Grande along the Gulf Coast. The Sector's missions include, among others, Search and Rescue operations, enforcement of migrant, drug and



Korn

fisheries laws, marine inspection, investigations, and waterways management and Homeland Security.

Korn, a 1979 graduate of the Coast Guard Academy, is in his 28th year of service, making him one of the most senior members of the U.S. Coast Guard. With two years of service left, he and his family are heading back to familiar territory. "We came from New Orleans; my daughters have friends there, and we're happy to be going back," he said.

In New Orleans, Capt. Korn will take over as Chief of Staff for the Eighth Coast Guard District, "Guardian of the Heartland." According to the district's web site, the area covers an overwhelming majority of the 26 states throughout the Gulf Coast and heart-

land of America. It reaches from the Appalachian Mountains and Chatta-hoochee River in the east, to the Rocky Mountains in the west, and from the U.S./Mexico border and the Gulf of Mexico to the Canadian border in North Dakota. The district contains and is responsible for protecting more than 1,200 miles of coastline and 10,300 miles of inland navigable waterways.

Though his family is looking forward to returning to New Orleans, Korn says they will miss Corpus Christi. "I loved it," he said. "It was a great experience; different than anywhere I'd been. The people are friendly and there's a lot to do in terms of recreation. Fishing, going to the beach... We'll certainly miss it."

Korn and Paulson, also a Coast Guard Academy graduate, have known each other for some time. "We worked together at headquarters in Washington, D.C.," said Korn. "He's a good fit for the job. He's an intelligent guy, flown all the aircraft we have. He's been in San Diego as the engineering officer. San Diego is the only other sector with an air sta-

tion embedded in it. So he's seen some of the sector functions already. He's been the XO of a 'group' air station, which supports surface and air operations together. I expect him to do very well."

Of the command he is leaving behind, Korn says, "I feel it's in pretty good shape. We set a good course and direction. Morale is high and people like their jobs. I think it's running pretty well."

"We have made a robust command center that can respond to many maritime incidents. The command has plans to move to the [Corpus Christi] International Airport in 2009 and then will be able to combine our functions out there. One of our most important missions is to maintain a unity of command."

Korn has previously worked in operations, search and rescue and law enforcement, so he welcomed a new experience through the responsibilities of serving as the CO of Coast Guard Sector and Air Station Corpus Christi.

"It's been the best job I've ever had," said Korn, "the most interesting; and now I'm looking forward to something new."

Naval Air Station Corpus Christi prepares for Hurricane Season 2007

by DCC Patrick Buckley, Emergency Management



The city of New Orleans as seen from an HM-15 helicopter following Hurricane Katrina in August 2005.

Entering into the hurricane season can be stressful, especially for someone who is not familiar with what damage a hurricane can have. Although a tornado can be disastrous in many ways, a hurricane or "cyclone" has the ability of devastating entire geographical areas.

Hurricanes Rita and Katrina, in recent history, show how not only New Orleans, but the entire Gulf region was affected. With weather prognosticators are saying this could be a very active hurricane season, we already

Hurricanes continued on page 10

Our responsibility to the American people through Lean Six Sigma

by Rear Adm. Mark S. Boensel, Commander, Navy Region Southeast

Even though we're at the beginning of the process of implementing Lean Six Sigma here in CNRSE, I have seen briefs of projects from other individual places that worked out well! These were mostly small projects - what we call "just do it" projects. A lot of them you think, "Well, this is just good housekeeping." For instance, one of the work centers had over time accumulated lots of junk in the spaces. They had difficulties accounting for their tools. So when they were called out to do a task, it took a lot of extra time to gather up the right materials, move stuff out of the way, get to the right equipment, locate equipment, etc.

They pretty much did a big field day, identified the extra useless stuff, got rid of that and organized the remaining equipment that they needed in a way that it could be readily accessed and used. This made their daily tasks easier. Time was utilized more effectively because they weren't spending half their effort moving stuff to get to the equipment they needed.

They took a Lean approach to their work center and got rid of extra steps and stuff. It's a matter of seeing what we really need to be doing and what's the best way to do it. Lean lets you get rid of the extra steps in order so you can focus on the stuff that's really important.

There's a lot of explanation of these concepts in the course work at the Green Belt level and at the Yellow Belt level - the level just below Green. Yellow Belts are vital to the success

of the program. The Yellow Belts will be the vast majority of people working in the organization and they should have received the skills and training to understand conceptually what the program is how to use it.

Most of all, Lean Six Sigma is about thinking, being open to new ideas and being willing to say, "I know a better way of doing this," and then going through the process to see if that's an improvement.

Every CNRSE employee should understand that LSS depends upon everyone's participation, not just Green Belts and supervisors. Keep an open mind and embrace it. This is an initiative from SECNAV all the way down.

Green Belt, Yellow Belt, Program Director, worker; all of us, from the top, all the way through the organization have a responsibility to the American people to use their resources wisely and to the best effect.



Boensel

Bella Isla

Full Service Salon and Day Spa

Come in for a complimentary color consultation! We specialize in:

- Color Corrections
- Lash Extensions
- Waxing
- Lash & Brow Dying

We carry a wide selection of wigs and hair extensions!

Open Late Tuesday & Thursday from 9 am to 9 pm Walk-ins Welcome!

Call About our Weekly Special!

361-939-9991 • 361 939-9099
 9841 SPID • Corpus Christi, Texas 78418
 Inside Market Center Antiques in Flour Bluff

Now accepting applications for all positions

Group One Real Estate



(361) 991-9111 • Fax (361) 991-5865
 5302 Everhart • Corpus Christi 78411

Serving NASCC since 1967...

Properties for Lease
 Some offering military discounts

6646 Belvoir 4/3/2.....\$1,800
 2038 Beckworth Trail 3/2/2.....\$1,275
 2041 Beckworth Trail 3/2/2.....\$1,450
 5817Corsica 4/2/2.....\$1,800
 218 Glendale 3/2.....\$795
 124 Fulton 3/2/2.....\$1,300
 5113 Lethably 3/2/2.....\$1300
 1326 Sixth 2/1/2.....\$675
 4000 Surfside #306 2/1.....\$1200
 3938 Surfside #2223 1/1.....\$785

Homes for Sale
 Visit www.grouponec.com
 (search all properties)

Being relocated? For excellent service, let us put you in touch with one of our "Leading Real Estate Companies of the World" in your new location.

CLASSIFIEDS

FOR SALE: Uniforms: Navy Dress White Choker, 42R, worn once, \$70.00. Dress white pants, 32 x 32, \$15.00. White leather shoes, 10 1/2 D, \$35.00. White belt, up to 43, \$5.00. (361) 777-2161.

FOR SALE: 1999 Dodge Avenger, fully loaded, gray leather interior, light blue exterior, 2 door coupe, 98k, good condition. \$5000 call 361-729-3914.

FOR SALE: Whirlpool "Gold UltraEase Plus" 25.2 Cubic Foot Side-by-Side (White) Refrigerator, paid \$1495 new will sell for \$500. Whirlpool, Gas dryer (White), HD, Super Capacity. Propane. Can be converted to Natural Gas. \$75.00. Computer desk, solid wood, \$100. 361-779-1979.

FOR SALE: Leather, three cushion couch, beige, paid \$650 new will take \$300. Sony 36" flat screen Trinitron color TV, \$500. Love seat, cloth, light brown, new \$450 will sell for \$150. 361-986-9697.

FOR SALE: Disney Comic Book Collection (400+) Mostly 1960's-1970's. Valued @ \$2000+, Will sell all in 1 lot for \$1200 obo. Email for list. rrriddle@earthlink.net 361.384.2930.

FOR RENT ON ISLAND. Beautiful Beach Club Condo by owner. 1/1, reserved parking to the beach. Third level ocean view, just minutes to the beach. Newly renovated. All new appliances. Walk-in closet, storage closet on the balcony, 10 min. to NAS. \$750.00 per month/\$250.00 security deposit. Military discount. Call for information, 361-906-0027.

TO ADVERTISE YOUR BUSINESS IN THE WINGSPAN MILITARY NEWSPAPER CALL (361) 814-0866

Del Mar College Transportation Training Services

(West Campus) Old Brownsville Rd. & Airport Rd.
Earn your Class A CDL in just 3 weeks!
 Classes starting every 2 weeks
M-F 7am to 5:30 pm
 Night and refresher courses also available.

- ✓ Tuition reimbursement from sponsored companies
- ✓ Military tuition assistance available
- ✓ Government Grants
- ✓ Job placement assistance

Call Now To Register (361) 698-2707
www.delmar.edu/trucking

Ask about our new Bus Program 

APARTMENT FOR RENT all bills paid \$500, cable, security gate, pots, linens, TV, stove, refrigerator, microwave, king size bed, dinette, large closets, Call 361-549-6862.

FOR SALE NEAR NAS Beautiful Updated 3-2-2, 3306 Otranto, 139K; New appliances, granite, crown, tile, fireplace and Tropical landscaping. By Appointment; 857-2777.

UNFURNISHED HOME FOR RENT Beautiful Village at the Lakes Home. 4 Bedroom 3 Full Bath 2 car garage and Storage shed. 2400+ sq ft/Refrigerator and Washer/Dryer. \$1700 month. New interior Paint, Cathedral Ceilings, Dual dining and living areas. Adjacent to Luther Jones Elementary. Contact 361-992-4990.

FOR SALE: Louis Vuitton handbag, Speedy 25, Like New, Mint Condition. 10" L x 7" H x 6" W. \$475. Birkenstock Arizona 2 strap leather sandals, dark brown, New, Size: Womens 7-7 1/2 or Mens 5-5 1/2. \$50. 361-814-7744.

PADRE ISLAND RENTAL. Like new waterfront townhome. 3 bedrooms, 3.5 baths, 2 living, deck, dock for large boats, 2 car garage. \$1700. Call Alice 361-877-2010.

FOR SALE: Beautiful off-white couch, nearly new. \$400. Off-white over-sized chair and a half. \$100. Both for only \$450. Contact Sonya at 361-658-4637.

FOR SALE: Lifestyler SX1 variable resistance aerobic stepper. \$60.00 Call (210) 687-3980.

2006 Annual Drinking Water Quality Report

Special Notice for the ELDERLY, INFANTS, CANCER PATIENTS, people with HIV/AIDS or other immune problems: Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons, such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants, can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The EPA/Centers for Disease Control and Prevention (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Water we provide our customers. The analysis was made by using the data from the most recent U.S. Environmental Protection Agency (EPA) required tests and is presented in the attached pages. We hope this information helps you become more knowledgeable about what's in your drinking water. The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, and in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Contaminants that may be present in source water before treatment include: microbes, inorganic contaminants, pesticides, herbicides, radioactive contaminants, and organic chemical contaminants.

Where do we get our drinking water?
 Naval Air Station Corpus Christi purchases water from the City of Corpus Christi. Corpus Christi's primary supply of water comes from surface water resources. The Atascosa, Frio, and Nueces Rivers supply water to Lake Corpus Christi/Choke Canyon Reservoir System. Water from Lake Texana is transported through the 101 mile long Mary Rhodes Pipeline.

Source Water Assessment
 A Source Water Susceptibility Assessment for our drinking water source(s) is currently being updated by the Texas Commission on Environmental Quality and will be provided to us this year. The report will describe the susceptibility and types of constituents that may come into contact with your drinking water source based on human activities and natural conditions. The information in the assessment will allow us and/or the system from which we receive water to focus our source water protection strategies.

All Drinking Water May Contain Contaminants
 When drinking water meets federal standards, there may not be any health-based benefits to pur-

LIVE ON THE WATER AT WHARF APARTMENT HOMES

This beautifully landscaped community is located in the heart of Corpus Christi. Choose a one, two or three bedroom apartment home and enjoy our "Resort" lifestyle.

Ask about our Specials... call 361-937-1486

COMFORTS Woodburning Fireplaces* Vaulted Ceilings* Full Size/Washer/Dryer Connections Frost Free Refrigerators with Icemakers Kitchen Pantries Dishwashers Patios and Balconies Mini & Vertical Blinds	PLEASURES Business Center with Fax, Computer & Copier Fitness Center Lighted Tennis Court Two Sparkling Swimming Pools Water and Bay Views* 24 Hour Emergency Maintenance Professionally Landscaped Grounds Texas Relocation Program
---	---

Flexible Lease Terms
 *In select apartment homes

9320 South Padre Island Drive, Corpus Christi, TX 78418
 (361) 937-1486 • fax (361) 937-9707
 visit: www.thewharfapt.com • E-mail: wharf@coachrealty.us

chasing bottled water or point of use devices. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling EPA's Safe Drinking Water Hotline (1-800-426-4791).

Secondary Constituents
 Many constituents (such as calcium, sodium, or iron) that are often found in drinking water can cause taste, color, and odor problems. The taste and odor constituents are called secondary constituents and are regulated by the State of Texas, not the EPA. These constituents are not required to be reported in this document but they may greatly affect the appearance and taste of your water. The charts here list all of the federally regulated or monitored contaminants, which have been found in your drinking water. The U.S. EPA requires water systems to test for up to 97 contaminants.

Definitions of chart abbreviations:
MCL- Maximum Contaminant Level The highest permissible level of a contaminant in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
MCLG- Maximum Contaminant Level Goal The level of a contaminant in drinking water below which there is no known or expected health risk. MCLGs allow for a margin of safety.
MRDL- Maximum Residual Disinfectant Level The highest level of disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MRDLG- Maximum Residual Disinfectant Level Goal The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.
TT- Treatment Technique A required process intended to reduce the level of a contaminant in drinking water.
AL- Action Level The concentration of a contaminant, which, if exceeded, triggers treatment or other requirements, which a water system must follow.
 Abbreviations:
NTU- Nephelometric turbidity units (a measure of turbidity)
MFL- Million fibers per liter (a measure of asbestos)
pCi/L- Pico-curries per liter (a measure of radioactivity)
ppm- Parts per million or milligrams per liter (mg/L)
ppb- Parts per billion or micrograms per liter (µg/L)
ppt- Parts per trillion, or nanograms per liter
ppq- Parts per quadrillion, or picograms per liter

Cryptosporidium Monitoring Information
 The City of Corpus Christi conducted monthly monitoring of source water for *Cryptosporidium* from January 2005 to December 2006. During that period, *Cryptosporidium* was detected on three sampling events. In each case, the result was 1 count/10 liter sample.
Cryptosporidium is a microbial pathogen found in surface water throughout the U.S. Although filtration removes *Cryptosporidium*, the most commonly used filtration methods cannot guarantee 100 percent removal. Current test methods do not allow us to determine if the organisms are dead or if they are capable of causing disease. Ingestion of *Cryptosporidium* may cause cryptosporidiosis, an abdominal infection. Symptoms of infection include nausea, diarrhea and abdominal cramps. Most healthy individuals can overcome the disease within a few weeks. However, immuno-compromised people, infants and small children, and the elderly are at greater risk of developing life-threatening illness. We encourage immuno-compromised individuals to consult their doctor regarding appropriate precautions to take to avoid infection. *Cryptosporidium* must be ingested to cause disease, and it may be spread through means other than drinking water.

Water Quality continued on page 6

3736 WOW Rd. 361-855-7878

TECH L.L.C.
 THE NEW DIRECTION IN PROTECTION

Summer's Almost Here!

BEDLINERS We use DOW Chemicals! • Best Liners Available! UV Protected! No fading! Starting at \$299⁹⁵	PAINT GUARD Never Wax Your Car Again \$169⁹⁵
AUTO RUSTPROOFING Backed by INSURED WARRANTY	UNDERCOATING \$99 Any Car

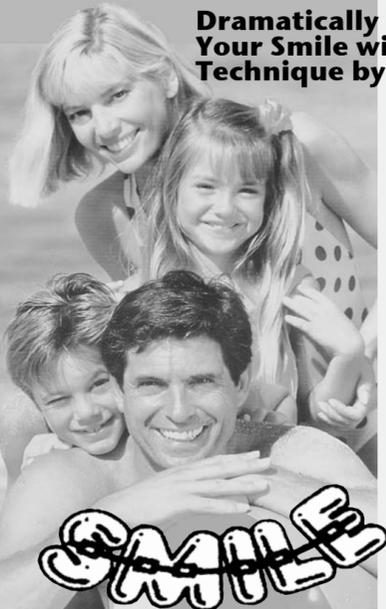
Gift Certificates Available

WINDOW TINT • AUTO ACCESSORIES • FABRIC PROTECTION

MILITARY DISCOUNT 10% OFF ANY CHEMICAL PACKAGE	SAME FACES NEW LOCATION! NEW DIRECTION!	WINDOW TINT \$99⁹⁵ ANY CAR 
---	--	---

Offer Expires June 30, 2007

Dramatically Improve Your Smile with the "Super Smile" Technique by Dr. Joseph Coniglio



Quality Treatment with

- Reasonable Fees
- Free Initial Exam
- No Down Payment
- Low Monthly Fees

*Less Treatment Time
Fewer Treatment Visits
Computer Assisted Technology with Fixed or Invisible Braces to Shorten Treatment Time and Achieve the Best Possible "Super Smile" with Minimal Discomfort and Lower Costs*

Neighborhood Offices:

- Corpus Christi
- Kingsville
- Portland
- Rockport
- 5 Points

Dr. Joseph Coniglio, D.D.S., M.S.
Orthodontist
(361) 993-2333
5756 S. Staples • Corpus Christi
Military Provider and most other major insurances accepted

Get 15% Off your Total Food Bill with your Military ID

Valid at participating Landry's locations only.
One coupon per table. Must present valid military ID with coupon. Alcohol, tax and gratuity not included.
Not valid with any other offer, discount or promotion.



Corpus Christi • 600 North Shoreline Drive • 361-882-6666

Help...only a phone call away

If you are considering a move- or know of someone who is - I can help.



Lora Marksbury
Military Relocation Specialist

Lora specializes in Military relocation as her 26 years of military life offer a unique insight and understanding of the complexities and frustrations of relocating and home ownership.

Please call me today.
Office..(361) 992-9231 or (800) 825-5050
Home..(361) 993-8648 or (800) 992-3439
Mobile.....(361) 533-8648
E-Mail: lmarksbury@corpuschristi-homes.com



• PACESETTER STEEL REALTORS •

5034 Holly Road • Corpus Christi, TX 78411

EST. 1949
HOWARD'S

BAR-B-Q
New Hours - 11 am - 3 pm
Monday - Saturday
"Best Dang Bar-B-Q In Texas!"

Buy 1 Plate, Get Second Plate Half Off*
Must present coupon at time of order.

**Restrictions Apply*

1002 ANTELOPE - 882-1200
ALSO VISIT US AT:
AMERICAN BANK CENTER AND
WHATABURGER FIELD

ARMED FOR THE FUTURE.

EMBRY-RIDDLE
aeronautical university
Worldwide

Whether you're looking to improve your position within the Navy or are beginning to think about life after military service, set your sights on Embry-Riddle. Our degree and certificate programs will give you the skills to launch your career to the next level.

- Associate, Bachelor, & Master Degrees
- Technical Certificates
- Flexible scheduling: on-site and online

Corpus Christi Campus
E-mail: corpus.christi.center@erau.edu

www.embryriddle.edu/corpuschristi
(361) 937-4951

FCA SUMMER CAMPS



CHALLENGE & ADVENTURE
IN A WEEK OF
INSPIRATION & PERSPIRATION

SPORTS CAMPS - LEADERSHIP CAMPS - YOUTH CAMPS
PARTNERSHIP CAMPS - COACHES CAMPS - AVAILABLE NATIONWIDE



Fellowship of Christian Athletes
8701 Leeds Road
Kansas City, MO 64129-1680
1-800-289-0909 | www.fca.org
Provided as a public service. a FCA participant

U.S. NAVAL SEA CADET CORPS



WHO CAN JOIN?
League Cadets - ages 11 to 13
Sea Cadets - ages 13 to 17
Adult Volunteers

WHAT DO SEA CADETS DO?
Monthly Weekend Drills
10-14 Day Boot Camp
Summer & Holiday Advanced Training
With Navy / Coast Guard / Marines

HOW CAN I JOIN / INFO?
WWW.SeaCadetRegion85.org

Phone: (361)814-NAVY (6289)

SeaCadetRegion85@aol.com



**The Food Port.
Only at Sunrise Mall.**

- ANNA'S ICE CREAM**
- COOKIES & MORE**
- DELIGHTFUL DELI**
- EN ROSA**
- GYROS & KABOB**
- JUANITO'S**
- LA DUENA**
- LA VIDA**
- ORANGE JULIUS**
- ORIENTAL EXPRESS**
- PRETZEL WORLD**
- WENDY'S**



MALL
Airline at S. Padre Island Drive
Corpus Christi, Texas
(361) 993-2900

SEARS • BURLINGTON COAT FACTORY • STEIN MART

Captain continued from page 2
all I could do was pray. I'll tell you that the next time I'm told to evacuate, I won't hesitate. I'll go to safe haven somewhere."

As some of you remember, we evacuated the base for Hurricane Rita in 2005. As it turned out, before the hurricane hit land it had drifted north toward Houston. Folks in Houston and areas east, along with an already battered New Orleans, took on more devastation.

If you look at the history of hurricanes in our area, you'll recognize that the Coastal Bend is susceptible to being hit. It hasn't happened in a long time, but Mother Nature doesn't play odds like they do in Las Vegas! I'm urging everyone to plan ahead, to be prepared in the event Corpus Christi is impacted by a hurricane, or hurricanes, this year. As DCC Pat Buckley says, "Have a Kit, Have a Plan, Have Insurance!"

This issue has a lot of information on hurricanes, but there are also a lot of sites on the Internet that can help you prepare for any disaster. Among the most important thing to do is ensure that your family is safe. Have a Kit! Make sure you're ready to evacuate and that you have identified the things you'll need to take with you if you leave and the things you'll need to remain comfortable in your home if we don't evacuate. Have a Plan! Have an emergency plan that you can initiate quickly, with minimum last-minute preparation. Have Insurance! Make sure that you have insurance for your home, whether your own your home or you're renting. And be sure to take any important documents with you when you evacuate.

One additional item we've added this year is information on how to care for your pets. For many of us, our pets are part of the family and will travel with us if an evacuation order is made. If you have pets, you need to be familiar with what you can expect when you check-in at the safe-haven site at Lackland Air Force Base.

I recommend that you save this issue of the Wingspan for ready-reference in case you need to evacuate. There are phone numbers and helpful hints that can make your time and experience during a natural disaster a lot easier and more productive.

Folks, the children are out of school, the weather is getting warmer and we expect a lot of tourists in the area over the summer. Please pay attention while you're driving and watch out for our school-free youngsters. They may not be thinking of safety, so we need to.

There are a lot of summertime activities that I hope you will all enjoy! MWR gives us a boost by offering boats, sailing classes, kayaks, tents, sleeping bags and other accoutrements to make our summer fun. Please get out and enjoy the summer, after you're sure you're prepared for a hurricane! See ya on the beach!

Fly your flag every day and remember its significance on Flag Day, June 14

Phone scam targets military spouses, callers pose as Red Cross employees

Courtesy of the American Red Cross National Headquarters

The American Red Cross has learned about a new scam targeting military families. This scam takes the form of false information distributed to military families. The caller (young-sounding, American accent) calls a military spouse and identifies herself as a representative from the Red Cross. The caller states that the spouse's husband (not identified by name) was hurt while on duty in Iraq and was med-evacuated to a hospital in Germany. The caller stated they couldn't start treatment until paperwork was accomplished, and that in order to start the paperwork they needed the spouse to verify her husband's social security number and date of birth.

In this case, the spouse was quick to catch on and she did not provide any information to the caller. The American Red Cross representatives typically do not contact military members/dependents directly and almost always go through a commander or first sergeant channels. Military family members are urged not to give out any personal information over the phone if contacted by unknown/unverified individuals, to include confirmation that your spouse is deployed.

It is a federal crime, punishable by up to 5 years in prison, for a person to falsely or fraudulently pretend to be a member of, or an agent for, the American National Red Cross for the purpose of soliciting, collecting, or receiving money or material. In addition, American Red Cross representatives will contact military members/dependents directly only in response to an emergency message initiated by your family. The Red Cross does not report any type of casualty information to family members. The Department of Defense will contact families directly if their military member has been injured. Should any military family member receive such a call, they

are urged to report it to their local Family Readiness Group or Military Personnel Flight.

The American Red Cross ensures that the American people are in touch with their family members serving in the United States military by operating a communications network that is open 24-hours, 7 days-a-week, 365 days-a-year. Through a network of employees and volunteers at Red Cross national that link families during emergencies, access to emergency financial assistance, confidential counseling, community support headquarters, local chapters, on military installations, and deployed with troops, the Red Cross offers a broad range of services.

Among these services, the Red Cross provides communications for families left behind, assistance to veterans, and preparedness courses for military personnel and their fami-

lies.

The American Red Cross helps people prevent, prepare for and respond to emergencies. Last year, almost a million volunteers and 35,000 employees helped victims of almost 75,000 disasters; taught lifesaving skills to millions; and helped U.S. servicemembers separated from their families stay connected with each other. Almost four million people gave blood through the Red Cross, the largest supplier of blood and blood products in the United States. The American Red Cross is part of the International Red Cross and Red Crescent Movement. An average of 91 cents of every dollar the Red Cross spends is invested in humanitarian services and programs. The Red Cross is not a government agency; it relies on donations of time, money, and blood to do its work.

For more information on the American Red Cross, please visit their website at www.redcross.org.



Anna C. Ashley, DDS, PA
5314 Everhart, Suite A
Corpus Christi, Texas 78411
361-991-0102
Office Hours: Tuesday through Friday
8:00 a.m. to 5:00 p.m.



Keep the Sparkle in Your Smile!

Family and Cosmetic Dentistry
Ages 3 and up

For our dental phobics we offer:

- Nitrous oxide gas
- Conscious sedation (pills)
- All the comforts of home including:
 - Blankets and pillows
 - Walkmans
 - Warm towels

- Tooth-colored fillings
- Tooth whitening
- Crowns, bridges and veneers
- Dentures (complete and partial)
- Nightguards
- Root canals
- Non-surgical gum therapy

Now accepting:
MetLife • United Concordia
CompBenefits • GEHA

Looking for a few good Ombudsmen

by **Tito Perez, Fleet and Family Services Center Ombudsman Coordinator**

Naval Air Station Corpus Christi is actively recruiting for volunteers to serve as an Ombudsman to the Command. Ombudsmen volunteers are spouses of active duty servicemembers who are appointed by Commanding Officers and serve as an information link between command leadership and Navy families. Ombudsmen are trained to disseminate information both up and down the chain of command, including official Department of the Navy and command information, command climate issues, local quality of life (QOL) improvement opportunities and the general sharing of other valuable resources.

Multiple revisions (OPNAVINST 1750.1F), designed to emphasize the important role of the Ombudsman and increase the resources of the Navy Family Ombudsman Program became effective March 30, reaffirming the Navy's commitment to and support of this dedicated group of volunteers. Among one of the major changes to the Ombudsman Program is that it is now recognized as a pivotal partner in disaster and emergency preparedness. The new instruction added the requirement for commands to include ombudsmen in regional and command disaster preparedness planning and exercises. The changes in the Ombudsmen Program strengthen the Navy's commitment to supporting these volunteers by ensuring they are provided with train-

ing, tools and support to do their job and to ensure the success of the program. Ombudsmen may also receive reimbursement for child care and car mileage reimbursement associated with their official duties when approved by the command.

To qualify as an Ombudsman, the volunteer must be willing to serve as the conduit between families and commands, as well as serve as the point of contact for family members who need assistance, particular when their servicemember is deployed. "I am convinced that family readiness is tied directly to combat readiness," said Chief of Naval Operations Adm. Mike Mullen. "Our families serve as we serve, and the Ombudsman Program is critical to making sure we recognize that." John Milton's last line from his poem "On His Blindness" reads, "They also serve who stand and wait." What an appropriate phrase for the military family. While their servicemember is standing watch, on patrol, or doing a myriad of other duties in service to their country, the families waiting at home are also performing a vital function, as well. The Ombudsman plays an integral role in ensuring that those families receive all the support they need and deserve.

Please carefully consider this great opportunity to serve and contact Tito Perez, FFSC Ombudsman Coordinator, 961-2863.



Crosswinds defines innovation, efficiency, luxury and service. You'll love the impressive amenity package and convenient location. Choose a uniquely-styled 1,2 or 3 bedroom apartment. Guaranteed to feel just like home the moment you arrive.

1/2 Off—First 30 Days!

- 1, 2 & 3 Bedroom Apartments
- Walk-in Closets
- Ceiling Fans
- Decorative Mini-Blinds
- Designer Kitchens
- Refrigerator w/Ice Maker
- Full-Size Washer/Dryer Connection
- Laundry Facility
- Covered Parking Available
- Bay Windows
- Patios (In selected units)
- Swimming and Lounging Pool
- Resident Referral Program
- Fitness Center
- Storage Units Available
- Controlled Access Gates

Military Discounts

6617 Weber • Corpus Christi, Texas 78413

(361) 852-1600



If you care about her... encourage regular check-ups.

WOMEN'S CLINIC
CORPUS CHRISTI
Obstetrics • Gynecology • Infertility 851.5000

Help...only a phone call away
If you are considering a move- or know of someone who is - I can help.

Lora Marksbury
Military Relocation Specialist

Lora specializes in Military relocation as her 26 years of military life offer a unique insight and understanding of the complexities and frustrations of relocating and home ownership.

Please call me today.
Office... (361) 992-9231 or (800) 825-5050
Home... (361) 993-8648 or (800) 992-3439
Mobile... (361) 533-8648
E-Mail: lmarksbury@corpuschristi-homes.com

COLDWELL BANKER
PACESSETTER STEEL REALTORS

5034 Holly Road • Corpus Christi, TX 78411

Clark and Associates
Attorneys-at-Law
4639 Corona Suite 2AA
Corpus Christi TX 78411
(361) 887-7200

Cathy P. Clark - Attorney
(Former Assistant Attorney General)

Real Estate and Consumer Law

- Clearing Title Conditions
- Property Transactions
- Deeds
- Builders State Compliance
- Lender Abuse
- Assist in Improving Credit Scores
- Credit Report Problems
- Debt Collection Problems

Not Certified by the Texas Board of Legal Specialization

Traditional 2-story home with large landscaped backyard. Fresh and clean, this home has new carpet in living room, large island kitchen, extra storage in utility room and spacious bedrooms. 3/2.5/2 1,683 sq.ft. **\$156,500.**

7830 Van Zandt Dr.

Victoria Prince (Veteran)
(361) 991-3145 or (361) 442-3436 (Cell)
www.victoriaprince.com
RE/MAX Metro Properties
5242 Holly Rd • Corpus Christi, TX 78411 • (361) 994-9393

Water Quality continued from page 3

Inorganic Contaminants (Results for Naval Air Station Corpus Christi & the City of Corpus Christi)

Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	MCLG	Unit of Measure	Source of Contaminant
2004	Barium	0.089	0.089	0.089	2	2	ppm	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.
2006	Fluoride	0.6	0.6	0.6	4	4	ppm	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer & aluminum factories.
2006	Nitrate	0.19	0.19	0.19	10	10	ppm	Rumoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
2004	Selenium	4.8	4.8	4.8	50	50	ppb	Discharge from petroleum & metal refineries; erosion of natural deposits; discharge from mines.
2005	Gross beta emitters	4.1	4.1	4.1	50	0	pCi/L	Decay of natural & man-made deposits.

Organic Contaminants: TESTING WAIVED, NOT REPORTED, OR NONE DETECTED

Maximum Residual Disinfectant Level

Year	Disinfectant	Average Level	Minimum Level	Maximum Level	MRDL	MRDLG	Unit of Measure	Source of Disinfectant
2006	Chloramine Residual	1.93	0	4.8	4	4	ppm	Disinfectant used to control microbes.

Disinfection Byproducts

Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	Unit of Measure	Source of Contaminant
2006	Total Haloacetic Acids	13.3	7.6	23	60	ppb	Byproduct of drinking water disinfection.
2006	Total Trihalomethanes	45.2	27	64.6	80	ppb	Byproduct of drinking water disinfection.

Unregulated Contaminants (Results for Naval Air Station Corpus Christi & the City of Corpus Christi)
Bromoform, chloroform, bromodichloromethane, and dibromochloromethane are disinfection byproducts. There is no maximum contaminant level for these chemicals at the entry point to distribution.

Year or Range	Contaminant	Average Level	Minimum Level	Maximum Level	Unit of Measure	Source of Contaminant
2006	Chloroform	3.67	3.67	3.67	ppb	Byproduct of drinking water disinfection.
2006	Bromoform	4.1	4.1	4.1	ppm	Byproduct of drinking water disinfection.
2006	Bromodichloromethane	7.13	7.13	7.13	ppb	Byproduct of drinking water disinfection.
2006	Dibromochloromethane	5.81	5.81	5.81	ppb	Byproduct of drinking water disinfection.

Lead and Copper

Year	Contaminant	The 90 th Percentile	Number of Sites Exceeding Action Level	Action Level	Unit of Measure	Source of Contaminant
2004	Lead	4.9	0	15	ppb	Corrosion of household plumbing systems; erosion of natural deposits.
2004	Copper	0.375	0	1.3	ppm	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.

Turbidity (Results for Naval Air Station Corpus Christi & the City of Corpus Christi)
Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches.

Year	Contaminant	Highest Single Measurement	Lowest Monthly % of Samples Meeting Limits	Turbidity Limits	Unit of Measure	Source of Contaminant
2006	Turbidity	0.30	100.00	0.3	NTU	Soil runoff.

Total Coliform: REPORTED MONTHLY TESTS FOUND NO COLIFORM BACTERIA
Fecal Coliform: REPORTED MONTHLY TESTS FOUND NO FECAL COLIFORM BACTERIA

Maximum Residual Disinfectant Level

Year	Disinfectant	Average Level	Minimum Level	Maximum Level	MRDL	MRDLG	Unit of Measure	Source of Disinfectant
2006	Chloramine	2.83	0.3	7.9	4	≤4	ppm	Disinfectant used to control microbes.

Disinfection Byproducts

Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	Unit of Measure	Source of Contaminant
2006	Total Haloacetic Acids	9	7.1	11.3	60	ppb	Byproduct of drinking water disinfection.
2006	Total Trihalomethanes	39.2	30.1	49	80	ppb	Byproduct of drinking water disinfection.

Hurricane continued from page 10

help you in any disaster or major utility outage. For additional checklists, see the National Red Cross website at www.redcross.org. Get proper insurance for your residence. Homeowners need windstorm and flood insurance in addition to regular homeowners insurance to cover hurricane damage. Those who live in military quarters or rent should look into renter's insurance, which is relatively cheap. The government will not reimburse for hurricane damages to household goods in military quarters. Typically, no new policies are granted once there is a hurricane heading towards South Texas. It takes 30 days for flood insurance to take effect. Gather all important insurance and identification papers and put them in a waterproof container. If you rent, take a recent utility bill with your current address to prove that you live in the area. Your military ID, nor your driver's license will get you back into the disaster zone after the storm. Buy plywood and supplies to cover windows. Measure and custom pre-cut your plywood, as your windows are typically not all the same size. Choose someone outside Texas whom each member of your family can contact should you get separated. It can help you regroup and keep your loved ones informed of your status. Ensure your vehicles are in good working order; **COR IV** (4) - Check for updates on the news, Internet, and radio. You can call the automated toll-free NASCC Hurricane Hotline: 1-877-989-6743 for updates. Look over your evacuation plans and hurricane preparations once more. Fill up your vehicles with gas and draw out some extra cash. ATM's and gas pumps don't work when the power is out; **COR III** (3) - Finalize all your preparations and board up your home if necessary. Get any medicines or special-needs items in case you don't have time before an evacuation. Remove or secure all loose items in your yard and any watercraft you may own. They may become flying or free-drifting debris if they come loose in the storm. Pack your vehicle; **COR II** (2) - Evacuate, if ordered by your command. If no evacuation is ordered, continue to monitor the storm and be ready to shelter-in-place. Be mindful that some low-lying areas and travel routes near the coast, bays, inlets, and flood-prone areas may become impassible with a 4-5 ft. storm surge and torrential rain from a Category 1 hurricane. You might still want to get your family further inland and to higher ground even if an evacuation isn't ordered; **COR I** (1) - There is no evacuating at this point. Shelter as best as you can in place. Emergency services will no longer be available because the equipment and vehicles must be secured to prevent damage.

A toll-free, automated Naval Air Station Corpus Christi Hurricane Information Line is 1-877-989-6743. It will have the latest status and forecast track of the hurricane and whether an evacuation has been ordered. Please give this phone number to your dependants to keep them informed, as everyone who works at NAS Corpus Christi, NAS Kingsville, or NS Ingleside will be busy getting the base ready for the storm and may not be available to answer their questions. This number will also be the main way of letting everyone know that recovery personnel are being recalled back to the base after the storm hits.

If an evacuation is ordered, active duty military and their dependants are highly recommended to evacuate to refuge site Lackland Air Force Base in San Antonio. GS civilian employees and NAF civilian employees and their dependants are also allowed

refuge at Lackland AFB. Contractor civilians and their dependants should evacuate to American Red Cross Shelters in the San Antonio area. Your command's Emergency Management Officer (EMO) should have your updated recall information. The base EMO will utilize this data to make Lackland aware of how many people to expect. The refuge base will provide three meals and a place to sleep free of charge. Families will not be separated. Singles will be kept in same-gender sleeping quarters.

The refuge base does accept pets on a limited space available basis. They will accept dogs, cats, birds, and fish. Another solution for finding a place for your pet would be to contact the San Antonio Humane Society or SPCA at (210) 226-7461 or visit their website at www.humanesocietyspca.org. They will put you in touch with reputable kennels for your pets. Some kennels allow customers to prepay and reserve a spot for their pets throughout hurricane season. If you do not evacuate, they will reimburse your funds. Inquire with these kennels and ask if they offer these services.

If you have any special medical needs (ex: dialysis, insulin, etc.), be sure to inform your command's DPO of these needs. Lackland AFB will need to know any special needs in advance so the hospital is ready when you arrive. Bring clothes, toiletries, medicines, bedding, toys to keep kids occupied, and lots of patience. In-processing can take some time. You will be directed to park your vehicle in a designated, secured area and proceed to Arnold Hall for in-processing. Reception center phone lines will be available, call (210) 671-2648/0167/0582/2784/1422. You will be allowed only one piece of luggage per person to in-processing. You will have access to your vehicle to get more items, but you will not be allowed to drive around the installation. There is a very good shuttle bus system to get around, if necessary.

Staying at the Lackland refuge is a great deal cheaper than staying in a hotel for three to seven days or more, depending on the destruction and aftermath of the storm. We may be hit by multiple storms this season and hotel and food expenses can rapidly add up. You will not need any travel orders prior to evacuating if Navy Region Southeast orders the evacuation.

Authorities will block all access to hurricane-damaged area until it is safe to return. Once clear, they will allow homeowners into the damaged areas. On the way back, you might want to buy some tire repair inflation cans to repair tire damage caused by road debris. Later, those who rent will be allowed back into the area. Have your insurance papers and recent utility bills to prove residency. Ensure you have your mission-essential or recovery cards to return to base. Drive carefully and watch for dangling electrical wires, undermined roads, and flooded low spots. Treat all power lines as if they are energized with high voltage. Report broken or damaged water, sewer, and electrical lines to the Public Works department. Check for gas leaks and use caution when re-entering your home. Don't sight-see the damage. Your vehicle could break down. Check food and water for spoilage before eating or drinking.

Once a hurricane threatens South Texas, supplies will become very scarce. Please get yourself and your family prepared ahead of time. This is expected to be a very active hurricane season. If you have any questions or if you would like a copy of the three NAS Corpus Christi hurricane preparedness brochures, contact your command's DPO or the NAS Corpus Christi Emergency Management Office at 961-3686/2385.

Hey, parents! Now we're open on Saratoga

For the convenience of southside families, the Children's Clinic has opened a new office in the Driscoll Children's South Plaza on Saratoga

www.thechildrensclinic.com • Since 1952

SOUTHSIDE 992-6458 5945 Saratoga Across from Spohn Hospital South	ALAMEDA 855-7346 3435 S. Alameda Next to Driscoll Children's Hospital	BAY AREA 985-1418 7121 SPID In the Bay Area Medical Office Building	CALALLEN 241-9541 13725 NW Blvd Calallen High School	PORTLAND 643-2518 1929 W. Hwy 181 In the Crescent Center Building
---	---	---	--	---

New Patients Welcome. Appointments preferred. Weekend office hours. Se habla español. We take all local providers, including Blue Cross/Blue Shield, CHIP, Humana, and Eetna, and a Medicaid Provider is on site to determine eligibility.

CHARLES C. SMITH
Attorney at Law
Former Judge Advocate US Navy

- Personal Injury
- Car Accidents
- Divorce
- Bankruptcy 7 - 13
- Child Custody
- Merit System Protection Board
- Sexual Harassment

615 North Upper Broadway Suite# 510
(361) 883-1055
Not certified by the Texas Board of Legal Specialization

Call now today to learn about these new optional features: Rear Car Deployment, Accident Forgiveness and Deductible Rewards.

(361) 985-7488

Al Armadillo Insurance Agency
6426 Saratoga Blvd, Suite 121
Corpus Christi
AArmadilloState.com

Allstate
The National Insurer

Features are optional and subject to underwriting. Available in select states. Coverage not available in all states. Subject to regulatory approval. Always file and carefully review policy. Allstate, N. E. 6200, Allstate Insurance Company

BRACES

for children and adults

- No Down Payment
- Affordable Monthly Payments
- Most Insurance Accepted

Please Call for a Free Exam and Consultation
(361) 993-2288
 Padre Palms Square • 6500 S. Padre Island Drive, Suite 25

Coastal Orthodontics 1-800-4BRACES

DANIEL TORRES, D.D.S.
 ORTHODONTIST

Hurricane continued from page 1

had our first "tropical depression" in May, before the June 1 to November 30 hurricane season window.

Here, you'll find some basic information on hurricanes and what we in the South Texas area should be aware of in case this is the year we get a hurricane close enough to affect us.

Hurricanes include both tropical storms and hurricanes with the season in the Atlantic lasting from June 1 to November 30. Key factors in the formation of a hurricane include high seawater surface temperatures (greater than 80 degrees Fahrenheit), thunderstorms, low-level winds converging, upper level outflow, and no upper level wind shear. Tropical easterly waves or pulses of heat energy off the Saharan coast of Africa may develop into hurricanes. They travel towards the west at low latitudes and may trigger massive thunderstorms. If these waves begin a cyclonic circulation, the National Hurricane Center may designate them as numbered tropical depressions when they reach sustained winds of 20-33 knots. These systems become tropical storms once they reach sustained wind speeds 34-63 knots. They become hurricanes and keep their tropical storm names if they continue to develop and reach sustained winds greater than 64 knots.

Hurricanes can produce heavy seas, storm surges, torrential rainfall, tornados, flooding, and destructive winds extending up to 350 miles from the center of the storm in what are called, feeder bands. Storm surge is created by the winds and low-pressure center piling up water ahead of the storm. It can last from six hours prior to landfall until the hurricane is well inland (up to 10 hours later).

In this hemisphere, the worst part of a hurricane is the northeast quadrant. It has the highest wind speeds and greatest storm surge.

The worst-case scenario for Corpus Christi and the Coastal Bend is a Category 5 Hurricane making landfall 50 miles south of Port Aransas. This area could be affected by the higher wind velocities and storm water destruction.

The acceptable error for five-day landfall forecasts is 350 miles on either side of the track. Hurricanes can rapidly intensify and jump several Saffir-Simpson Scale categories in 6-12 hours if the conditions are right.

During 2005, Hurricane Emily came ashore in Northeast Mexico with feeder bands and strong thunderstorms that spawned tornados here in the Coastal Bend. Five days before landfall, Hurricane Emily was forecast as a Category 2 storm (sustained winds 90 knots with gusts to 110 knots) with landfall somewhere in northeast Mexico. It came ashore as a Category 3, borderline Category 4 storm (sustained winds 110 knots with gusts to 135 knots).

Historically, the Gulf of Mexico and Western Caribbean are areas where tropical storms form early (June to August) in the Hurricane Season. Storms can develop in the Gulf of Mexico and be on a South Texas shoreline in 48 to 72 hours. By late summer and early fall (August to October), anywhere from Brunswick, Maine to Brownsville, Texas can get hit by a hurricane. During late fall (October to November), most hurricanes get "re-curved" out to sea because of increased cold fronts that transit the U.S.

The Saffir-Simpson Scale of Hurricane categories provides an idea of the destructive effects from the winds, tornados, flooding, and storm surge at the various hurricane intensities: **Category I** (Minimal) - Sustained

Winds 74-95 mph (64-82 knots). Storm surge 4-5 ft. above normal water level. No major damage is expected to most buildings. Low lying coastal areas may be flooded, minor damage to piers; **CATEGORY II** (Moderate) - Sustained Winds 96-110 mph (83-95 knots): Storm surge 6-8 ft. above normal water level. Major damage occurs to poorly constructed buildings or buildings in the littoral zone. Coastal and low-lying escape routes flood over with considerable pier damage; **CATEGORY III** (Extensive) - Sustained Winds 111-130 mph (96-113 knots), Storm surge 9-12 ft above normal water level. Major damage to most structures, poorly constructed buildings are destroyed. Extensive flooding along the coast may extend well inland; **CATEGORY IV** (Extreme) - Sustained Winds of 131-155 mph (113-135 knots), Storm surge 13-18 feet above normal water level. Expect extensive roof and window damage with complete destruction of mobile homes. Major erosion of beaches and massive evacuation of low-lying coastal areas are highly likely; **CATEGORY V** (Catastrophic) - Sustained Winds above 155 mph (>135 knots), Storm surge greater than 18 feet above normal. Failure of roof structures, severe window and door damage, and some buildings fail. There will be major structural damage inside the surge flood zone. Massive evacuation of low-lying coastal areas is highly encouraged.

The majority of the deaths associated with tropical cyclones are from drowning in either the freshwater flooding or the coastal flooding due to the storm surge. There is no way to tell the speed or the depth of the water over a road, so if you are considering crossing a flooded road and cannot see the bottom, it is in your best interest to turn around and head for higher ground.

Naval Air Station Corpus Christi posts signs with roman numerals, stating the Hurricane Conditions of Readiness (COR): **COR V** (5) - Destructive force winds are possible within 96 hours, set for entire hurricane season from June 1 - November 30; **COR IV** (4) - Destructive force winds are possible within 72 hours; **COR III** (3) - Destructive force winds are possible within 48 hours; **COR II** (2) - Destructive force winds are anticipated within 24 hours; **COR I** (1) - Destructive force winds are anticipated within 12 hours.

Commander, Navy Region Southeast sets the CORs for all Naval installations within the region. The CORs do not have to go in sequence and some may be skipped depending on changes in storm's forecasted track and intensity. Therefore, be prepared in advance.

Your command or Departmental Petty Officers (DPO's) were given electronic copies of three brochures prepared by NAS Corpus Christi's Emergency Management Department on "Hurricane Preparedness and Evacuation Procedures." Contact your DPO's or Emergency Management if you'd like a copy. Here is what to do as the Hurricane COR timeline counts down: **COR V** (5) - Plan several escape routes that lead at least to San Antonio. Have your non-military spouse drive the route so your family can evacuate if you are needed on the base. If your family has only one vehicle, plan on getting dropped off if you are mission-essential so they have an evacuation vehicle. Prepare your hurricane kit and furnish it with non-perishable foods, manual can opener, flashlights, radio, batteries, and water (one gallon per person per day). Pack what you would need if you were cut off from utilities and could not leave your home for three-to-seven days. Sometimes, utilities such as electricity, water, sewage and telephones don't work for days to weeks and even months after the storm hits. This kit can

Water Quality continued from page 3

Inorganic Contaminants (Results for Naval Air Station Corpus Christi & the City of Corpus Christi)

Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	MCLG	Unit of Measure	Source of Contaminant
2004	Barium	0.089	0.089	0.089	2	2	ppm	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits.
2006	Fluoride	0.6	0.6	0.6	4	4	ppm	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer & aluminum factories.
2006	Nitrate	0.19	0.19	0.19	10	10	ppm	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
2004	Selenium	4.8	4.8	4.8	50	50	ppb	Discharge from petroleum & metal refineries; erosion of natural deposits; discharge from mines.
2005	Gross beta emitters	4.1	4.1	4.1	50	0	pCi/L	Decay of natural & man-made deposits.

Organic Contaminants: TESTING WAIVED, NOT REPORTED, OR NONE DETECTED

Maximum Residual Disinfectant Level

Year	Disinfectant	Average Level	Minimum Level	Maximum Level	MRDL	MRDLG	Unit of Measure	Source of Disinfectant
2006	Chloramine Residual	1.93	0	4.8	4	4	ppm	Disinfectant used to control microbes.

Disinfection Byproducts

Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	Unit of Measure	Source of Contaminant
2006	Total Haloacetic Acids	13.3	7.6	23	60	ppb	Byproduct of drinking water disinfection.
2006	Total Trihalomethanes	45.2	27	64.6	80	ppb	Byproduct of drinking water disinfection.

Unregulated Contaminants (Results for Naval Air Station Corpus Christi & the City of Corpus Christi)
 Bromoform, chloroform, bromodichloromethane, and dibromochloromethane are disinfection byproducts. There is no maximum contaminant level for these chemicals at the entry point to distribution.

Year or Range	Contaminant	Average Level	Minimum Level	Maximum Level	Unit of Measure	Source of Contaminant
2006	Chloroform	3.67	3.67	3.67	ppb	Byproduct of drinking water disinfection.
2006	Bromoform	4.1	4.1	4.1	ppm	Byproduct of drinking water disinfection.
2006	Bromodichloromethane	7.13	7.13	7.13	ppb	Byproduct of drinking water disinfection.
2006	Dibromochloromethane	5.81	5.81	5.81	ppb	Byproduct of drinking water disinfection.

Lead and Copper

Year	Contaminant	The 90 th Percentile	Number of Sites Exceeding Action Level	Action Level	Unit of Measure	Source of Contaminant
2004	Lead	4.9	0	15	ppb	Corrosion of household plumbing systems; erosion of natural deposits.
2004	Copper	0.375	0	1.3	ppm	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives.

Turbidity (Results for Naval Air Station Corpus Christi & the City of Corpus Christi)
 Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches.

Year	Contaminant	Highest Single Measurement	Lowest Monthly % of Samples Meeting Limits	Turbidity Limits	Unit of Measure	Source of Contaminant
2006	Turbidity	0.30	100.00	0.3	NTU	Soil runoff.

Total Coliform: REPORTED MONTHLY TESTS FOUND NO COLIFORM BACTERIA
 Fecal Coliform: REPORTED MONTHLY TESTS FOUND NO FECAL COLIFORM BACTERIA

Maximum Residual Disinfectant Level

Year	Disinfectant	Average Level	Minimum Level	Maximum Level	MRDL	MRDLG	Unit of Measure	Source of Disinfectant
2006	Chloramine	2.83	0.3	7.9	4	≤4	ppm	Disinfectant used to control microbes.

Disinfection Byproducts

Year	Contaminant	Average Level	Minimum Level	Maximum Level	MCL	Unit of Measure	Source of Contaminant
2006	Total Haloacetic Acids	9	7.1	11.3	60	ppb	Byproduct of drinking water disinfection.
2006	Total Trihalomethanes	39.2	30.1	49	80	ppb	Byproduct of drinking water disinfection.

STATIONED LOCALLY - SERVING GLOBALLY

"You're offered amazing opportunities to better yourself and to become part of something bigger."

SSgt. John Storm, NCOIC
 457th Fighter Squadron
 Intelligence Flight
 Ft. Worth, Texas

AIR FORCE RESERVE
 800-237-8279 • AFReserve.com/prior

WILLIAM A. THAU III, P.C.
"Former U.S. Navy Lawyer"

- Divorce & Separation
- Child Custody & Support
- Adoption/Guardianship
- Paternity Cases
- Wills & Probate
- Military Law
- Auto Accidents
- Personal Injury
- DWI
- Criminal Defense

7078 S.P.I.D., SUITE A-101 • CORPUS CHRISTI
 (361) 937-5513 • Toll Free 1-877-888-1369

Licensed by the Supreme Court of Texas
 Former President of the Corpus Christi Family Law Association (1999-2000)
 Selected as a Texas "Super Lawyer" in November 2003, October 2004, and October 2005 issues of *Texas Monthly*

APARTMENT PROS
Free Apartment Locating

\$99 Total Move-In 1st Month FREE
\$99 1st Month + \$199 2nd Month
Military Discount Free \$50 Gift Card

Same Day Move-In Bad Credit - OK All Bills Paid 1,2 & 3 Bedrooms Townhomes and Homes

See Our Agents & Experts at 4455 S.P.I.D. #9
653-0444 - Walk-ins Welcome

FRESH SHRIMP at Good Prices
THE CRAB STORE

9842 S.P.I.D. 937-6618

- Soft Shell Crabs
- Stone Crab Claws
- Stuffed Jalapenos
- Deviled Crabs
- Live Crabs
- Crab Meat
- Crab Fingers
- Stuffed Flounder

Fresh Fish, Oysters & Scallops
 Open Mon-Sat 10am-6pm • Sun 11am-6pm

We Cater To Cowards With Bad Breath and Crooked Teeth

- Gentle Family Dentistry
- Financial Arrangements
- Delta Dental & United Concordia
- Medicaid Accepted
- Non-Surgical Gum Treatment

ORTHODONTIC EVALUATION FREE
 • 0 Down Payment
 • \$88.00 Per Month WITH COUPON
 First Visit Only.

EXAM & X-RAYS \$1900
 WITH COUPON
 First Visit Only.

"Above and Beyond"

CAMMIE BRIQUELET
 Realtor®
 Direct (361) 549-8555
 Fax (361) 225-2853
 E-mail cammie@kw.com
www.cammieb.com

KELLER WILLIAMS
 Each Office is Independently Owned and Operated
 4518 Everhart Road Suite 101
 Corpus Christi, Texas 78411

TOOTH WHITENING \$19900
 WITH COUPON

Pleasing You Is Our Primary Concern

Evening and Saturday appointments available
SUNRISE MALL FAMILY DENTAL CENTER
 994-GUMS (4867)
Dr. Scott Barton

AROUND THE BASE IN 2007

PT - One healthy command decision

Story and photo by Ed Mickley, Naval Mine and ASW Public Affairs

"Overweight, high blood pressure, high cholesterol and out of shape, is how I checked into the command," mentions Quartermaster Chief Dale R. Kerr. "I soon measured out of standards and failed the PRT for the first time in my career. It was decision time."

Chief Kerr is one of many sailors who realize that the physical fitness program instituted by the Navy throughout many commands is a good thing.

"The decision was to make a lifestyle change, not just a quick fix to pass the PRT," he adds. "It took a lot of dedication and perseverance. I lost 60 lbs and dropped over five minutes on the run."

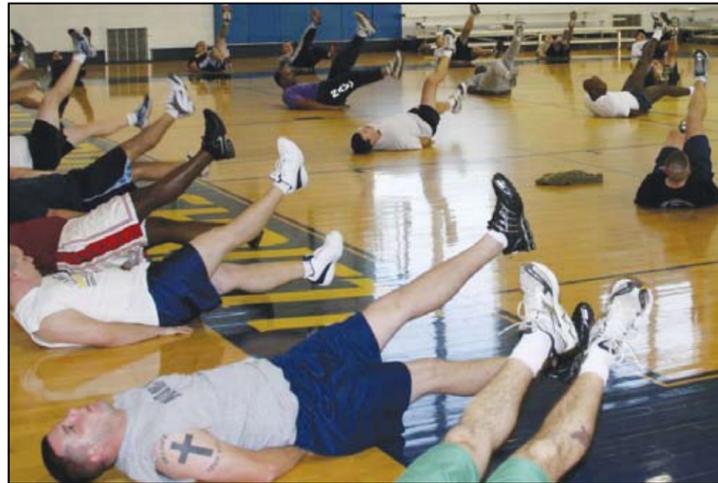
According to the Navy's instruction OPNAVINST 6110.1G, the Navy's "culture of fitness includes an all hands commitment to well-rounded, regular physical conditioning, and healthy food choices." The PRT is simply one element of a total health, physical fitness, and readiness program.

The Naval Mine and Anti-Submarine Warfare Command (NMAWC) in Corpus Christi is one place where this is taken to heart, literally.

"I run to keep my body in shape, keep my heart healthy," said 50 year-old Capt. Terry Auberry, NMAWC Chief of Staff. "I don't want to end up like many guys my age—in bad shape, with bad hearts."

The Command has a mandatory physical training (PT) program that requires everyone, except those on duty, to attend and participate every Tuesday and Thursday.

"After I reported, overweight, inactive, I started participating in the PT sessions," said Culinary Specialist 2nd Class Darian Rogers. "I was given a diet to follow and



Naval Mine and Anti-Submarine Command sailors perform leg lifts to cadence shouted by Cmdr. Paul "PT" Tanks during one of the bi-weekly mandatory PT sessions in an effort to increase overall health and readiness.

an exercise program to follow in addition to the command PT."

"I've dropped 20 pounds and reduced my Body Composition by six percent," Rogers added smiling. "I passed the latest PRT with a high standard passing score."

Most command personnel have similar stories. Mineman 1st Class Billy Blackwell agrees, you need to rethink your lifestyle—it's not about the Navy, it's about quality of living. Blackwell dropped 45 pounds and runs daily in addition to the command PT.

"I quit drinking sodas and run every morning, my aim is to get to 206 pounds," he added.

A driving force behind the program is Rear Adm. John N. Christenson, Commander of NASCC NMAWC. It is one of his personal tenets that a healthier person is a better person—one who can do any job more effectively.

Christenson instituted his personal regimen of PT more than 14 years ago and is in terrific health. When he reported to the command last October, his first address to command personnel spoke to the issue.

"PT is critical for everyone," Christenson stated. "But even more so for our men and women who are in the Navy. They have a need to be in better condition, better for themselves, for their families and for their country."

Since instituting the command PT program, Capt. Auberry pointed out that PRT outstanding and excellent scores have increased 155 percent while failures have decreased from four in the fall of 2006 to one medically-related failure at the Sping 2007 test.

CCAD 'Suggestion' saves customers

\$500K a year

by Jamey Giddens, CCAD Publicist



Photo by Gus Gonzalez, CCAD Photographer

For their suggestion on improving turnaround and efficiency within their jobs, CCAD employees are presented a check for their bright ideas. From L to R: Hydraulics Shop Supervisor Betty Jo Vela, Director of Components Production Wayne McConley, Asst. Deputy Cmdr. for Maintenance Operations Dennis Williamson, Jason Backhurst, Romeo Valle, Fidel Vela Jr., Marcus Kemp and Col. Tim Sassenrath, CCAD Commander.

Four CCAD employees are \$6,000 richer thanks to a cash award they received for saving their Navy customer more than half a million dollars a year.

Romeo Valle, Jason Backhurst, Marcus Kemp and Fidel Vela split a \$6,021 award from the Army Suggestion Program for their approved suggestion to lower the amount of hours before five time-tracked subcomponents of the Dual Hydraulic Servo Actuator can be overhauled.

The Army Suggestion Program was designed to optimize Army employees' skills and resourcefulness. If a worker figures out a way to make his or her job more efficient or would save money, the idea can be submitted to the program. If the suggestion is approved, the employee receives a cash award.

Jason Backhurst, a journeyman in the CCAD hydraulics shop, explains the idea that was pitched to Army Suggestions, which was approved soon after. "Prior to our suggestion, the Navy wouldn't allow overhaul of [these particular] subcomponents with less than 2200 hours of flying time before the last overhaul," said Backhurst. "Now, because of our suggestion, they will overhaul any of the five time-tracked subcomponents as long as they have up to 1350 hours of flying time left on them."

According to Valle, the Navy's prior requirement for the time-tracked subcomponents to only be overhauled once they saw 2200 hours of flying time cost them time and money.

"We would get subcomponents in for overhaul once they had flown 2200 hours, but once they had been overhauled at that mark, then they couldn't be used again for overhaul of the Dual Hydraulics Servo Actuator until they flew for another 2200 hours," said Valle. "Say we had one subcomponent that had flown for 500 hours. We couldn't use it to rebuild the unit because it didn't meet the requirement of having flown 2200 before its next overhaul."

Because of the 2200 hour rule, the Navy customers had to wait much longer than needed for the Dual Hydraulic Servo Actuators, used in the Marine Corps AH-1 W Super Cobras, to make it back to the fleet.

"We were having to order new subcomponents to overhaul the units when we had perfectly good subcomponents already," said Valle. "They just didn't meet the time requirements." Frustrated, Valle began discussing with

Backhurst, Marcus Kemp and Quality Technician Fidel Vela about how much faster they could get their product back out to the fleet if the Navy would lower the time requirement on the five subcomponents in question.

"The subcomponents have to be retired all together at 4840 hours," said Kemp. "By not allowing them to be overhauled until they had flown for 2200 hours, they were losing a lot of flying time."

The four men asked the Navy what the lowest amount of time they could accept on the subcomponents before overhaul and were told as long as the subcomponent has 1350 hours left on it, they had permission to overhaul it.

The men submitted their idea to the Army Suggestion Program, which readily approved the concept, citing it would save the Navy approximately \$538,000 a year.

Management Analyst Adela Fulton is in charge of revitalizing the Army Suggestions program at CCAD. "The workers are the experts here at CCAD," explains Fulton. "Who better to develop and identify issues affecting efficiency and productivity? The Army Suggestions Program allows individuals to voluntarily take part in the improvements of operations at CCAD and be recognized for that. The program receives numerous suggestions on a daily basis on tools, equipment, parts, process procedures, etc. Every idea is treated as a valued suggestion by the evaluation team."

"We're all former military so we know what it means to be out in the field and needing a part," said Backhurst, who worked on the Super Cobra as a Marine before coming to CCAD three and a half years ago. Valle said while the money they received for their suggestion (about \$1500 per person) was definitely nice, it was the ability to better perform their mission that motivated their efforts.

"The best part is that we no longer have to wait so long for parts and the customer won't have to wait as long for the units to be overhauled," said Valle. "Now we can actually do the job the customer needs us to do."

Since the Suggestion Program's inception in 1961, the ideas of CCAD employees have saved the federal government more than \$20 million and ultimately, improved the quality of product delivered to the warfighter. For more information on the Army Suggestions Program, please contact Adela Fulton at 961-2131 ext. 257.

AWARDS AND ACHIEVEMENTS

Winging Ceremony • May 25



The Official Party includes: (L to R) Cmdr. Doug Bruce, Training Wing Four Student Control Officer; Lt. Col. Jon Ullmann, VT-35 Commanding Officer; Cmdr. Charles Cassidy, VT-31 Commanding Officer; Capt. David Maynard, Training Wing Four Commodore; Capt. Jeffery Pettitt, USCG liaison to CNATRA and guest speaker.

Wingees listed alphabetically: Lt. Antone S. Alongi; 2nd Lt. Taylor R. Boaks; Ensign Marco Comellini; Lt. j.g. David C. Corey; 2nd Lt. Jared C. Cummings; Ensign Marcus A. Elliott; Ensign Lucia Franzetti; Lt. j. g. Zachary J. Gibbons; Lt. Peter J. Igoe; Lt. Michael A. Kops; Capt. Daniel E. Mendoza; Lt. j. g. Vincenzo Milanese; Lt. Jonathan D. Miller; Ensign Michael R. Para; 2nd Lt. Scott M. Scheffe; Ensign David T. ST. Aubin; Lt. j.g. Ves W. Whittemore. (Photo by Hugh Lieck)

Woelkers awarded medal for administrative leadership in Iraq

Photo and story by Bill Love, Naval Hospital Corpus Christi PAO



Lt. Cmdr. Gerard J. Woelkers, MSC, (right) received the Meritorious Service Medal May 24 at Naval Hospital Corpus Christi (NHCC), for serving as Executive Officer, Charlie Surgical Company, Al Asad, Iraq, in support of Operation Iraqi Freedom. Capt. J. P. Rice (center), MC, Commanding Officer at NHCC, made the presentation. Rear Adm. Thomas R. Cullison (left), MC, Commander, Navy Medicine East, and Naval Medical Center Portsmouth, V.A. served as the guest speaker at the NHCC Change of Command that day.

The award citation commended Woelkers' leadership and administrative oversight for 297 staff members in six geographically dispersed medical treatment facilities throughout a 55,000 square mile area in western Iraq. Directly supervising 87 officer and enlisted personnel, including emergency medical responders and support staff, he forged a diverse professional staff into a unified team that excelled in the delivery of Level II combat trauma treatment in Iraq.

Woelkers also received high praise for the "walking blood bank," which provided more than 150 units of whole blood life saving transfusions to over 50 patients.

Woelkers enlisted in the Navy as a non-rate seaman in 1982 and served aboard the USS Alamo before becoming a hospital corpsman. He was commissioned an Ensign as a Health Care Administrator in the Medical Service Corps in 1993 and completed a Master's Degree in Healthcare Administration from Baylor University in 2000. Currently, he serves as Naval Hospital Corpus Christi's director for administration and is also a Board Certified Fellow in the American College of Healthcare Executives.

Military of the Quarter • May 17



Photo by Richard Stewart, Base Photographer

Military of the Quarter were honored with a luncheon on May where Senior Chief Chris Reynolds served as Master of Ceremonies. Awardees are listed by command. **Fleet Readiness Center Mid-Atlantic Site** - Senior Sailor of the Quarter: AT1 Mark Reed, Jr.; Petty Officer of the Quarter: SK2(AW) Jacob Williams. **Helicopter Mine Countermeasures Squadron 15**: Senior Sailor of the Quarter: AM1(AW) Joseph Caldone; Junior Sailor of the Quarter: CE2(AW/SW) Heath Lance; Blue Jacket of the Quarter: YNSN Derrick Farrell; Senior Selective Reservist of the Quarter: YN1(AW) Michael Wick; Junior Selective Reservist of the Quarter: AE2(AW) Thomas Jones **Marine Aviation Training Support Group 22** - NCO of the Quarter: Cpl. Herber Perez **Naval Air Station Corpus Christi** - Senior Sailor of the Quarter: MA2 Kevin Trosclair; Junior Sailor of the Quarter: CS3 Darion Price **Naval Hospital**: Military of the Quarter - HM1 Wanda Ziehr; Petty Officer of the Quarter - HM2 Kuulei Goolsby; Junior Military of the Quarter - HN Ricardo Martinez **Navy Operational Support Center**: Sailor of the Quarter - HM2 (FM F/SS) Michael Phillips; Reserve Petty Officer of the Quarter - HM2 John Cordes **Command PSD**: Military of the Quarter - PS2 (AW/SW) Mark Cason; Petty Officer of the Quarter - PS3 (SW) James Randle **U.S. Coast Guard Sector**: Senior Sailor of the Quarter - YN1 Ayumi Sanders; Junior Sailor of the Quarter - MK3 John Vernon **CNATRA**: Sailor of the Quarter - AZ2 (AW/SW) Gregory Cohen.