



Vol. 67, No. 20 Naval Air Station Kingsville, Texas "We Train The World's Best Pilots Here!" <https://www.cnic.navy.mil/kingsville> October 2, 2009

## Energy Conservation continues to be "top priority" for NAS Kingsville

By Jon Gagné, NASK Public Affairs

Energy Conservation continues to be a top priority for commands throughout Navy Region Southeast and NAS Kingsville is taking steps to ensure that conserving energy becomes a priority with all personnel who work on the air station. NASK Commanding Officer Capt. Phil Waddingham addressed Energy Conservation in his column in the Sept. 18 edition of the Flying K and early last week, he chaired a meeting of the command Energy Conservation Board and outlined his plans and priorities for bringing energy conservation to the forefront.

"Commands throughout the Navy are being challenged to meet energy conservation goals as set by the Commander, Navy Installations Command," Waddingham told the Board. "Those goals include reducing energy consumption and costs by

3-percent per year and 30-percent overall by 2015. We're also being tasked to reduce water consumption by 2-percent per year, and increase renewable energy use to 25-percent of our electricity consumption by 2015. It's my belief that we can reach these goals by initiating an aggressive Energy Consumption Awareness Campaign, and, changing the energy culture of our personnel and activities, and reducing energy and water consumption by modifying individual and workspace practices and habits."

Resource Efficiency Manager Rex White and Utilities and Energy Manager Isauro Garcia of Naval Facilities Command Southeast have been tasked to work with the Board and establish an ongoing Energy Awareness Campaign. The goal is to focus on three key pillars of information (1) Instilling a culture of conservation, (2) Investing in technology to reduce the ener-

gy footprint, and (3) Influence operations to execute the command/activity mission at the lowest possible energy usage and cost.

"NAS Kingsville was fortunate to earn a Blue Award for energy conservation for 2008," White said. "But we're being challenged this year to either stay at that level or exceed it and reach the Gold or Platinum level. To do that, we're going to have to be aggressive with our approach."

One approach White spoke about will be metering electrical consumption of base facilities, the same method used by utility companies to monitor energy use for homes. "This is something that we have not been able to do in the past but something that we are going to be putting online soon," he said. "We're going to begin some metering capabilities in October, but this will initially be for larger buildings."

Garcia adds that Building Energy Man-

agers (BEMs) will be the key players in promoting conservation within their work centers. There are 49 BEMs assigned throughout the air station who oversee 156 different facilities. Garcia's plan is to provide annual training for BEMs and have them provide monthly reports that outline the steps they have taken to conserve or reduce energy consumption in their facilities. The reports will help Garcia keep a close eye on the progress the air station is making towards energy consumption.

"BEMs are the key to the whole process," Garcia said. "They're going to be the people who are looking at their spaces and looking at ways of improving energy use. They are going to encourage their co-workers to focus on ways to use energy more efficiently while performing their duties or while residing in government quarters. So really, BEMs are the key to the whole process."

## VT-22 Reserve Unit Change of Command



Navy Cmdr. Daryl Foster, center, salutes Lt. Col. Robert Hein and assumes command of Reserve Training Squadron 22 as TW-2 commander Capt. Mark Brooks looks on during an official change of command ceremony at the Captain's Club Sept. 18. Photo by Jon Gagné, NASK Public Affairs. (See story/photos on page 6)



NAS Kingsville Commanding Officer Capt. Phil Waddingham, right, pins a Navy Meritorious Service Medal on the uniform of Lt. Cmdr. Patrick Paddock during an official retirement ceremony at the Captain's Club Sept. 30. Paddock completed nearly 30 years of active duty service. Photo by EN3 Brenda Acevedo. (See page 12 for story and photos)



**Capt. Phil Waddingham**  
Commanding Officer,  
NAS Kingsville



Greetings, NAS Kingsville.

In case you haven't heard, October is Energy Awareness Month for all DoD activities, and that means on board NAS Kingsville, as well. This year's theme, "A Sustainable Energy Future; Putting All the Pieces Together," encourages everyone to see how they fit into the big picture. The U.S. Department of Energy website tells us that people at all levels of the workplace, whether Government employee, contractor, military or dependent can help to shape a sustainable energy future which moves our nation toward energy independence. The 2009 Energy Awareness Month promotional materials, many of which are being handed out by Public Works, remind Federal employees to switch-off unnecessary lights and equipment, use efficient ENERGY STARR products and compact fluorescent light bulbs, and drive fuel-efficient and alternative fuel vehicles.

As we continue down our journey towards building a culture of conservation, inserting technology, and influencing operations to save energy costs, we will be

calling on each and every one of you to do your part. The NAS Kingsville Energy Conservation Board had its first meeting last week, and if I can predict the future success of our energy conservation measures by the attendance we had among NAS departments and tenant command leadership, we are going to be in good shape. The key is to get all of the commands on board excited about the initiatives, and willing to "be part of the solution to climate change and help build a clean energy economy."

In the near future, we will be publishing a scoreboard in the Flying K, to highlight our leading consumers, and our leading conservers. I'll tell you up front, the list you want to be on is the leading conserver list. Don't get me wrong, the leading consumer list is not necessarily a bad thing, and as of now, we already know where the top five fall out in this category. There is not much we can do about that, because generally these facilities consume the most electricity, but at the same time they have the biggest impact to our primary mission. What we want to do, however, is get everyone on the conservation list. And that starts with reducing consumption. Turning off lights, when and where feasible, will certainly help. Replacing lights with energy efficient bulbs, installing motion detectors to control lighting, and many other technology upgrades will help even more.

In the weeks and months ahead, we



*Lights left on after work hours adds to the command's energy consumption.*

will provide more information on what NAS Kingsville has in store in the way of technology improvements to help reduce energy cost. We will also share with you what NAS Kingsville personnel are doing at work to do their part to reduce electricity, fuel, and water consumption. Personally, I view the challenges to reduce energy costs by 3% per year and 30% by 2015; reduce water consumption by 2% per year or 16% by 2015; and to increase renewable energy use to 25% of electricity consumption by 2025 as opportunities, not impediments.

Let's set the standard for CNRSE by becoming the most energy efficient base in the region. Are you ready to join in the effort? Like the advertising campaign for the U.S. Marines says – we don't accept

applications, only commitments.

Before I go, I want to say again how much we appreciate what Lt. Cmdr. Patrick Paddock, our acting Air Operations Officer for the past year, has done for NAS Kingsville and for our nation during the last 29 years. As Cmdr. Paddock transitions from a highly successful Navy career to civilian life, NAS Kingsville will not soon forget his remarkable achievements. We look forward to his return after some well deserved time off with his family to join us again as we continue to make NAS Kingsville the most capable strike training complex in the world. "Fair winds and following seas, Pads."

Waddz sends.

## Deckplate Leadership

## Sea Notes From the Command Master Chief



**CMDCM (SW/AW/FMF)**  
**Charlie Ratliff**  
Command Master Chief



*Individual commitment to a group effort- that is what makes a team work, a company work, a society work, a civilization work.* - Vince Lombardi

This past weekend was a great football weekend and I just had to start this week's column with a quote from one of the greatest coaches of all time. Actually, the word commitment came to mind this morning as I thought back to this weekend's football games. All successful teams are made up of a group of individual players who are personally committed to professional excellence and the success

of the entire team. In this week's column, I want to talk briefly about personal and professional commitment.

All too often we allow ourselves to slip into a routine. We come to work every morning, go through the motions of our daily duties, have lunch, more daily duties, head home in the afternoon, have dinner, spend some time with family, then it's time for bed. The next day we start the same routine all over again. Sure, in return for our efforts we receive a paycheck every two weeks, but is that really enough? For some it is, but others are looking for more fulfillment from their professional lives. Some are looking for opportunities to enhance their careers. There are many ways to address these concerns, but all of them require a commitment.

The Command provides avenues for Sailors and civilian employees to access information and opportunities to achieve

success and career progression. But there is a limit to how far the Command can take you. It is up to you, as an individual, to take information and opportunities provided by the organization and commit yourself to effectively using these resources to build your success. For example, having the bibliography and all study references for the Navy-wide advancement examination is not enough to help you score well and advance. You must exercise the personal commitment necessary to study the material and make the grade required for advancement. In other words, the Command's desire to help you in your pursuit for success must be equaled, or even exceeded, by your own personal commitment and perseverance.

Now, let's take a minute to look at professional commitment. Successful organizations are those that effectively challenge talented individuals to commit to the organization's success. Success-

ful organizations encourage their people to share their professional talents and abilities with other team members. This concept improves the performance of the entire team. By the way, it also feels pretty good to know that your professional commitment is contributing to the professional development of someone else. Members of a successful organization don't compete against each other for individual victories. Instead, they work together towards a common goal of organizational success, which brings rewards for everyone.

In closing, I encourage each of you to continue to commit yourselves, both personally and professionally, so that we can collectively make the Command a better organization by the things we do individually and as a team.

Regards,  
CMC



Left, TW-2 commander Capt. Mark Brooks presents the Commodore's List Award for academic achievement to Lt. Michael Dixon during the Sept. 18 Winging Ceremony at the Henrietta King Memorial Center in downtown Kingsville. Foster recorded the highest grade point average during the academic phase of flight training. Photo by Richard Stewart, CNATRA Public Affairs.

Right, TW-2 commander Capt. Mark Brooks presents the Boeing "Top Hook Award" to Lt. j.g. Gabriel Campion during the Sept. 18 Winging Ceremony. The "Top Hook Award" is presented to the student aviator who records the highest scores during carrier qualifications at sea aboard an active Navy aircraft carrier. (See Winging story and photos on Page 6).



**Remembering a Shipmate and a friend**



**Thomas A. Ramsey  
PN1 (Ret) USN**

Thomas A. Ramsey, 51, a retired Navy Personnelman 1st Class and former member of the NAS Kingsville Admin Dept., passed away in Corpus Christi Sept. 19 after a year-long battle with cancer.

Ramsey spent 22 years on active duty in the Navy, retiring in 2005 and accepting a GS position at NAS Kingsville in 2006. He transferred to NAS Corpus Christi in 2008. Ramsey is survived by his wife Laura and four daughters.

**NAS Kingsville / TW-2 Flight Log**

**Arriving:**

*Newly reported personnel*

**1st Lt. DeWayne Panandrea**  
Student Aviator, TW-2  
Hometown: Santa Barbara, Calif.

**Ensign Brent Nevin**  
Student Aviator, TW-2  
Hometown: Camas, Wash.

**Ensign Travis Thomas**  
Student Aviator, TW-2  
Hometown: Twin Falls, Idaho

**Cynthia Arevalo**  
Safety Office  
Hometown: Kingsville, Texas

**Lt. Michael Galdieri**  
Flight Instructor, VT-21  
Hometown: Allentown, Pa.

**Brandon M. Wilton**  
Student Aviator, TW-2  
Hometown: Bakersfield, Calif.

**Miguel Rivera,**  
FISC Jacksonville, Det Kingsville  
Hometown: McAllen, Texas

**Lt. Epiphaios Stylianos**  
Flight Instructor, VT-21  
Hometown: Boca Raton, Fla.

**Frank Hernandez**  
Air Ops/McMullen Target Site  
Hometown: Pleasantville, Texas

**Lt. Cmdr. Shawn Inman**  
Flight Instructor, VT-22  
Hometown: Southern Pines, N.C.

**Departing:**

**ET2 Joseph Morin**, separating to take job with the Federal Aviation Administration

**1st Lt. Aaron Brunner**, transfer to Marine Corps Air Station Cherry Point, N.C.

**Lt. j.g. Matthew Ramirez**, transfer to NAS Oceana, Va., VFA-106.

**Lt. j.g. Paige Blok**, transfer to NAS Lemoore, Calif, VFA-125.

**AC1 (AW) Matthew Duchesne**, transfer to NAS Corpus Christi.

**The Flying K**

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## USS Nimitz launches first sorties, support Coalition Troops in Afghanistan

*From USS Nimitz and USS Ronald Reagan Public Affairs*

**GULF OF OMAN (NNS) -- The Nimitz** Carrier Strike Group (CSG) relieved the Ronald Reagan Carrier Strike Group as Commander, Task Force 50 and launched its first sorties in support of Operation Enduring Freedom in Afghanistan Sept. 18.

Aircraft from Carrier Air Wing (CVW) 11 departed the decks of the strike group's flagship, the USS Nimitz (CVN 68) en route to Afghanistan in support of U.S. and coalition ground forces. Nimitz, like Reagan, will provide 30 percent of all coalition close air support in Afghanistan.

"The Nimitz – Carrier Air Wing 11 team is ready to deliver," said Capt. Paul O. Monger, Nimitz's commanding officer. "The Ronald Reagan Strike Group excelled across the spectrum of operations in the region. Now it's our turn. Our crew and air wing are poised to carry the fight to the enemy."

According to Rear Adm. John W. Miller, strike group commander, the group's more than 6,000 Sailors are eager to carry out their mission.

"The Nimitz Strike Group is looking forward to joining 5th Fleet operations, working closely with coalition forces to help bring security and stability to the

people of Afghanistan," Miller said. "We also expect to enhance, through operations and training, cooperative relationships with our regional partners who are key to the maritime strategy."

The Ronald Reagan Carrier Strike Group had operated in the U.S. 5th Fleet Area of Operations since early July.

"From infrastructure protection in the North Arabian Gulf, air combat operations over Afghanistan, to counter-piracy operations off Somalia and the Horn of Africa, our Sailors performed with distinction," said Rear Adm. Scott Heber, commander, Ronald Reagan Strike Group. "I'm proud of every command and Sailor in the strike group. Their performance across the board has been impressive!"

Ronald Reagan's embarked air wing, CVW 14, flew more than 1,600 sorties in support of Operation Enduring Freedom. Ships of the Ronald Reagan Carrier Strike Group were also vital in counter piracy operations off of Somalia and the Horn of Africa and Maritime Security Operations to include protecting vital Iraqi infrastructure in the North Arabian Gulf.

Nimitz CSG, commanded by Rear Adm. John W. Miller, is comprised of



USS Nimitz (CVN 68), embarked Carrier Air Wing (CVW 11), embarked Destroyer Squadron 23, and Ticonderoga-class cruiser USS Chosin (CG 65).

Ships assigned to DESRON 23 include destroyers USS Pinckney (DDG 91), USS Sampson (DDG 102) and frigate USS Rentz (FFG 46).

Squadrons from CVW 11 include Strike Fighter Squadron (VFA) 41, VFA 14, VFA 97, VFA 86, Helicopter Anti-Submarine Squadron 6, Electronic Attack Squadron 135, the Fleet Logistics Support Squadron 30 and Carrier Airborne Command and Control Squadron

117.

Helicopter detachments include Helicopter Anti-submarine Squadron Light (HSL) 37, HSL 43, HSL 45, HSL 49 and Helicopter Sea Combat Squadron 23. Also accompanying the Nimitz CSG are Explosive Ordnance Disposal Mobile Unit 11 and the USNS Bridge (T-AOE-10).

The Nimitz Carrier Strike Group is on a routine deployment to the region focused on reassuring regional partners of the United States' commitment to security, which promotes stability and global prosperity.

## Departments negotiate pact to help keep country safe

WASHINGTON, Sept. 22, 2009 – An agreement between the departments of Defense and Homeland Security that calls for sharing some intelligence data with emergency operations centers nationwide is part of post-9/11 efforts to harden America against another terrorist attack, senior department officials said recently.

The more than 60 emergency operations centers -- also known as "fusion centers" -- are managed by state and local agencies. The centers collect information that can be used to combat terrorist threats or for responding to natural or man-made disasters.

Both the Intelligence Reform and Terrorism Prevention Act of 2004 and the 9/11 Commission report published in 2004 state "that we were not doing sufficient information sharing between federal agencies and state and local agencies," Michael McDaniel, deputy assistant secretary of defense for homeland defense

strategy and force planning, said during a recent interview with The Pentagon Channel and American Forces Press Service reporters.

DHS became involved in helping state and local officials establish fusion centers in their jurisdictions, McDaniel said. "That was great as a first step. But, one of the questions still was: 'How do you share this information?'" he said.

"The whole concept of a fusion center – what's inherent in the word 'fusion' – is a collaboration of information across multiple agencies at multiple levels," McDaniel said, "so that that information comes to a common center-of-gravity, if you will, and at that point is shared," as needed, with analysts from different agencies, including those working at the state and local level.

Much of the nation's intelligence-gathering capability is contained within the Defense Department, McDaniel said.

The Defense Department and DHS, he said, have been collaborating over the past few years to provide intelligence information to state- and local-agency analysts.

"Now we have a means in which DoD-provided information can be shared" with state and local officials, McDaniel said, noting that information about foreign-terrorist threats and capabilities "will be very helpful" to local and state law enforcement officials.

However, the Defense Department is not a law-enforcement agency, McDaniel emphasized. The department "does not collect, does not store information" about people, he said.

In October 2007, President George W. Bush established the National Strategy for Information Sharing, which mandates that the federal government share information with state and local agencies that can be used to combat terrorism and

## Homeland Security Report

respond to natural or man-made disasters, said D. Joe Johnson Jr., DHS's chief of policy, planning and liaison for its National Security Systems Program.

The two departments last month negotiated an agreement to allow security-cleared fusion center employees the ability to access certain Defense Department Web sites through DHS's data network, Johnson said.

The Defense Department "does a lot of work overseas" gathering intelligence that's used to monitor terrorist threats, he said.

Providing access to this information to security analysts at state and local agencies, Johnson said, enables them "to come to better and more-informed conclusions about threats that are happening outside the United States that could potentially occur inside the United States."

*By Gerry Gilmore, American Forces Press Service*

## Navy adds a year to NROTC obligation

*Naval Service Training Command Public Affairs*  
GREAT LAKES, Ill. (NNS) -- The secretary of the Navy approved a plan to increase the active duty Minimum Service Requirement (MSR) for Naval Reserve Officers Training Corps (NROTC) Navy-option scholarship recipients.

NAVADMIN 257/09 dated Sept. 5 notes all NROTC Navy-option scholarship recipients who sign an NROTC contract for receipt of undergraduate educational assistance on or after July 1, 2010 must obligate to serve in the Navy for five years active duty instead of the previous four years.

According to Naval Service Training Command, which oversees the NROTC program, the reason for the added year of obligation is to better manage the Navy's surface warfare community stabilization and nuclear power accessions.

This change will standardize NROTC and U.S. Naval Academy MSR years and establish consistency among all unrestricted line communities, with the exception of the longer aviation requirements.

"This brings the (NROTC) program in line with the Naval Academy, so everyone has to stay (on active duty) the same amount of time," said Cathy Kempf, a former Navy commander, who now heads the selection

and placement department for NROTC at Naval Service Training Command's Officer Development Directorate in Pensacola, Fla.

"It levels the playing field for junior officers and gives them the chance to serve in a staff position and as a division officer, where they'll get leadership experience," she said. "With two different assignments, they'll be better equipped to decide if they want to stay on active duty or not."

The revised policy will impact the class of 2014 as they begin academic studies in fall 2010 and sign a service agreement upon acceptance of education assistance. This policy change will not affect the MSR for Marine Option, Navy Nurse Program, or College Program.

The NROTC program was established to educate and train qualified young men and women for service as commissioned officers in the Navy or Marine Corps. The program offers full tuition scholarships, plus book and lab reimbursement and a monthly stipend at our nation's most competitive and elite universities. More than 1,000 Navy Ensigns and Marine Corps Second Lieutenants are commissioned annually through the NROTC program.

## Pentagon to share terrorism info at local level

WASHINGTON, Sept. 15, 2009 -- Pentagon officials will begin sharing access to classified, terrorism-related information stored on the secure Defense Department network with state and local agencies. Officials will make the information available using a Department of Homeland Security computer network that ties together that department's intelligence centers nationwide.

Dubbed "fusion centers," these intelligence-gathering offices reside in most states and larger cities and share information with the federal government, as well as with other agencies in their area. As of this summer, there were 72 such centers.

The two Cabinet departments announced the joint information-sharing venture yesterday.

Only select staff with federal security clearances at the centers will have access to the information, said Air Force Lt. Col. René White, a Defense Department spokeswoman. Homeland Security is responsible for training and ensuring no one accesses the data without the proper clearances, she said.

Also, those cleared will have access only to pre-approved data within the network, she said. Most of the information available will be helpful for analyzing the actions of specific terrorists or terrorist organizations. It also will help local agencies understand terrorist organization hierarchies and establish patterns in their activities, White explained.

The information to be shared does not include any data on any specific U.S. citizen, White said.

The Defense Department now shares similar access to its secure network with the FBI, the CIA and the National Guard. Defense leaders heralded the move as another step in the two departments working together to protect the United States.

"With this action, [the Defense Department] continues its work in supporting states and localities who are leading our efforts to secure the nation from domestic terrorism attacks," Paul N. Stockton, assistant secretary of defense for homeland defense and Americas' security affairs, said in a release.



## Navy convenes SE Continuation Board

*By MCC (SW) Maria Yeager, Navy Personnel Command Public Affairs*

MILLINGTON, Tenn. (NNS) -- The master chief petty officer of the Navy (MCPON) offered opening remarks at the first Senior Enlisted Continuation Board held at Navy Personnel Command (NPC) Sept. 21.

Announced in January in NAVADMIN 030/09, the board is a performance-driven review of master chiefs, senior chiefs and chiefs with more than 20 years of service and three years time in grade. Candidates not selected for continuation will transfer to the fleet reserve or retire by June 30, 2010.

"This board has been talked about now for several months," said MCPON (SS/SW) Rick West. "The word is out there. We're looking for folks who want to serve our Navy every day in a capacity which honors honor, courage and commitment - our core values of who we are," said West.

While not all-inclusive, some factors that may negatively impact chiefs include documented misconduct and substandard performance including "significant problems" or "progressing" promotion recommendations, declining performance from the same reporting senior, failure to maintain physical fitness assessment standards, military or civilian convictions and non-judicial punishment, and documented administrative or personnel action for misconduct, such as DUI/DWI, spouse or child abuse.

"I think the continuation board will also reinvigorate the Chiefs' Mess and just make us much stronger. It will help us accomplish what we need to accomplish as we move forward," said West. While new to the enlisted ranks, NPC already con-

ducts continuation boards for officers.

This year's enlisted board will review 5,686 records including 3,234 chiefs, 1,678 senior chiefs, and 774 master chiefs over the next few weeks. Commanding officers with personnel not selected for continuation will be notified via personal message so they may personally and confidentially notify the members. A list of personnel selected for continuation will be released in November.

"This is a performance-based board. There are no numbers associated with it. It is about performance," said West.

Exemptions to the fiscal year 2010 (FY-10) Senior Enlisted Continuation Board include Sailors with approved fleet reserve/retirement dates effective on or before June 30, 2010, those selected for advancement by the FY-10 senior and master chief boards, personnel selected for command senior chief/master chief by the FY-10 board, Safe Harbor participants and personnel with orders to or serving in the first two years of an overseas DoD area tour at the time of the board convening date. DoD area tours in the U.S. and Washington D.C. are not exempt.

Additionally, personnel holding a nuclear, special warfare boat operator, special warfare operator, explosive ordnance disposal technician or diver enlisted classification code, plus fleet, force and command master chiefs are exempt from the board.

More information is available in NAVADMIN 211/09, which should be read in conjunction with NAVADMIN 030/09 and 096/09 available at [www.npc.navy.mil/CareerInfo/ForceStabilization/](http://www.npc.navy.mil/CareerInfo/ForceStabilization/).

-- Story courtesy of Navy NewsStand

## Six receive Wings at Henrietta King Memorial Center ceremony

Story by Jon Gagné, NAS Kingsville Public Affairs, Photos by Richard Stewart, Chief of Naval Air Training staff photographer.

Training Air Wing TWO held a Winging Ceremony at the Henrietta King Memorial Center in downtown Kingsville Friday, Sept. 18, at which six students were designated as Naval Aviators and presented their coveted Wings of Gold. Capt. Mark Brooks presided over the ceremony, along with squadron skippers Cmdr. Bill Bulis and Cmdr. Gerry Murphy. Receiving their Wings from VT-21:

Lt. j.g. Gabriel Campion, New York, N.Y. Campion, a 2007 graduate of the Naval Academy, completed his primary flight training at NAS Whiting Field in Milton, Fla. He reported to NAS Kingsville for advanced jet/strike training in August 2008.

Campion was also recognized during the ceremony for his superior performance with the Boeing Top Hook Award, presented to the student who achieves the highest scores during carrier qualifications at sea.

Lt. Michael Dixon, Frederick, Md. Dixon is a 2005 graduate of the Naval Academy where he earned a Bachelor of Science Degree in mechanical engineering. Prior to



Lt. j.g. Campion



Lt. Dixon



Lt. j.g. Lewis



Lt. j.g. Bosma



1st Lt. Brunner



Lt. j.g. Ramirez

entering flight training, he moved on to the University of Texas to complete his Masters program, graduating in 2007. He completed his primary flight training at NAS Whiting Field in Milton, Fla., and reported to NAS Kingsville for jet/strike training in August 2008.

Dixon was also recognized during the ceremony by being named to the Commodore's List for academic achievement during his advanced jet/strike training

Lt. j.g. Kirtlan Lewis, Salida, Colo. A former enlisted Sailor, Lewis left the Navy after four years of active duty and enrolled in the Navy Baccalaureate Degree Program at Colorado State University. He earned his degree in electrical engineering in 2006, and then reported to Officer Can-

didate School in Pensacola, Fla. Upon his commissioning, he entered the flight training program. He completed his primary training at NAS Corpus Christi and reported to NAS Kingsville for jet/strike training in August 2008.

Receiving their Wings from VT-22:

Lt. j.g. Adam Bosma, Hudsonville, Mich. Bosma is a 2007 graduate of the Naval Academy and holds a Bachelor of Science degree in aerospace engineering. He completed his primary flight training at NAS Corpus Christi with VT-27 and reported to NAS Kingsville for jet/strike training in May 2008.

1st Lt. Aaron Brunner, Panama City, Fla. A graduate of the University of Miami with a degree in Political Science, Brunner

earned his commission in the Marine Corps and was accepted into the aviation program. After completing officer training at The Basic School in Quantico, Va., he reported to NAS Pensacola for aviation indoctrination. He completed his primary flight training at NAS Whiting Field in Milton, Fla., and reported to NAS Kingsville for jet/strike training in July 2008.

Lt. j.g. Matthew Ramirez, Muskegon, Mich. A graduate of the University of Michigan College of Engineering with a degree in aerospace engineering, Ramirez completed his primary flight training at NAS Whiting Field in Milton, Fla. He reported to NAS Kingsville for jet/strike training in August 2008.

## Cmdr. Foster takes VTR-22 Command

Cmdr. Daryl Foster, a native of Pearl and, Texas, assumed command of Training Squadron 22's Reserve Unit (VTR-22) during an official change of command ceremony held at the NAS Kingsville Captain's Club Saturday, Sept. 19. Foster relieved Lt. Col. Robert Hein, who had served as squadron commander since May 2008. Training Air Wing TWO Commander Capt. Mark Brooks presided over the ceremony and Marine Col. John Barghusen, USMC, CO, 4TH MAWTSG, was the guest speaker.

"I want to thank Lt. Col. Hein for his outstanding performance as VT-22 Reserve Unit Commanding Officer," Brooks said during his remarks. "He has been a leader, a mentor and a valuable team member of Training Air Wing TWO."

Hein, who resides in Friendswood, Texas with his wife Laura and two children, is a full-time captain with Southwest Airlines. He is a 1988 graduate of Cal State University at Long Beach, Calif., and holds a Bachelor of Science Degree in criminal law. He was commissioned a 2nd Lt. through the Marine Corps' Platoon Leaders Commissioning Program in June 1988, and was designated a Naval Aviator in February 1992 at NAS Chase Field in Beeville.



Lt. Col Robert Hein, USMCR

Hein reported to Marine Aviation Training Support Group 22 (MATSG 22) at NAS Corpus Christi in July 2007 and was assigned to VT-22 at NAS Kingsville as an Instructor Pilot. Upon his promotion to Major in July 1988, he was designated as squadron standardization Officer and Senior Marine.

After transitioning to the Reserves in March 200, Hein served as Battalion Air Officer, 1st Battalion 23rd Marines, in Hous-

ton. Upon his promotion to his present rank in 2004, Hein was assigned as Peacetime/Wartime Support Team Officer in Charge of 4th AVV, B Company, 3rd Platoon in Galveston, Texas. He was selected to be the first Marine Corps Reserve Instructor Pilot Detachment Officer in Charge for Training Air Wing TWO in October 2005, and assumed command of Strike Training Squadron (Reserve) 22 in May 2008.

Foster received his commission through the ROTC program following his graduation from the University of Texas in 1992, receiving a Bachelor of Science Degree in electrical engineering.

After completing the Navy's flight training program he was designated a Naval Aviator in 1996. After completing Fleet Replacement Squadron (FRS) training, Foster reported to his first fleet squadron, Strike Fighter Squadron 125 (VFA-125), where he completed a deployment to the Western Pacific and Arabian Gulf as part of Carrier Air Wing 14 (CVW-14) embarked aboard USS Abraham Lincoln (CVN 72).

In February 2000, Foster reported to VFA-122 as a FRS Instructor in the F/A 18 E/F. After a brief shore duty assignment, Foster returned to CVW-14 as Strike Operations Officer in 2001. There, he was dual-qualified in both the F/A-18C and the F/A-18E during the first Super Hornet



Cmdr. Daryl Foster, USNR

Cruise aboard the Lincoln. During this deployment, Foster flew missions in support of *Operation Enduring Freedom* and *Operation Iraqi Freedom*.

Foster then left Lemoore, Calif., for South Texas in October 2003, reporting to VT-22 as a strike fighter instructor. In December 2006 Foster left the active component and transferred directly into the Reserve component of the Navy with VTR-22. Foster and his wife Michelle live in San Antonio, and he currently flies as a First Officer with Southwest Airlines.

## Eagle Chicks come aboard to see “nest”

By Capt Matthew Beers, VT-22 PAO



**VT-22  
Golden  
Eagles'**

Only a lucky few can ever say they have flown a U.S. military jet. Those that have can only do so thanks to the support of the loved ones that saw them through the journey from the start of Aviation Preflight Indoctrination (API) to the day they received their Wings of Gold.

To recognize the significant role that the spouses and family members have played for the students and instructors of the VT-22 Golden Eagles, the Commanding Officer, Cmdr. Gerald Murphy and Executive Officer Lt Col. Terrence Latorre were pleased to host dozens of family members for “Eagle Chick Day” Sept. 18.

This year’s event was truly noteworthy as 51 spouses and mothers came out on a hot Friday morning to see what their loved ones do on a day-to-day basis. In addition to the Golden Eagle spouses and family members, VT-22 welcome Melissa “Wag” Brooks, the Commodore’s wife, to accompany the group as an honorary “Eagle Chick.” Such a large turnout was due, in large part, to Trudy Murphy, the CO’s wife, who leads the spouses club for VT-22 and has had years of experience communicating, organizing and supporting squadron events like this one.

All the “Eagle Chicks” arrived wearing flight suits and received an embroidered name patch complete with sweetheart wings and call sign. The day began with a welcome aboard speech by Cmdr. Murphy followed by a quick safety brief. The spouses then donned high heels as they moved down to the flight line for a group photograph in front of the squadron aircraft, side number 222. Next, the ladies were divided into smaller groups for separate tours that included the air traffic control tower, the new approach control facility, the Ground Training Complex, and finally, a T-45 cockpit orientation.

The first stop on the tour was a look at the state-of-the-art approach control room

containing the newest equipment the Navy has to offer. Although the tour was kept short, the professionals that keep a close eye on all the air traffic at NAS Kingsville were able to graciously spare a few minutes in order to show the “Eagle Chicks” how they help keep their loved ones safe during daily flight operations. From the radar room, the groups were sent on a long climb up seven flights of stairs to catch an “Eagle’s” eye view of the flight line from the top of the control tower where the tower crew demonstrated their skill at directing aircraft in the landing pattern. Some of our special “Eagle Chicks” even got the chance to clear jets for takeoff and landing!

The Ground Training complex, always a popular stop on tours of the base, provided the spouses the opportunity to jump into a T-45 flight simulator and test their own aviation talents (without the pressure of grades!) Many “Eagle Chicks” demonstrated their skills at aircraft carrier catapult shots and arrested landings, weapons employment, and aerobatics; some even tried all three simultaneously! It was great entertainment for all.

After a short van ride back to the hangar, the L-3 maintenance team provided VT-22 three T-45C’s for a hands-on cockpit orientation where the spouses were able to don a complete set of flight gear (minus pyrotechnics) and strap into the



*Left, Lt. j.g. Josh Feinberg helps his wife Jami put on her flight gear in the VT-22 hangar. Right, Kristen Dotsie Desy, wife of 1st Lt. Adam Desy, takes a seat in the T-45 simulator with the help of Lt. Kyle Lindsey.*



aircraft. Once inside, they were shown how to operate the radios and were given a demonstration of the navigational capabilities which included the heads-up and multi-function displays. Their exposure to the snug accommodations in the cockpit allowed many of the spouses to realize just how alone *their* pilot can feel up in the air during flights.

After the tours were completed, the spouses and squadron members enjoyed a fajita buffet lunch at the Captain’s Club where each spouse was presented an “Ea-

gle Chick” t-shirt and certificate signed by the CO in appreciation for the support of their loved ones, the squadron, and Naval Aviation.

Thanks to all the supporting commands and organizations that helped make this “Eagle Chick Day” enjoyable and memorable for all. One “Eagle Chick” was so excited after the day’s events she exclaimed, “Thank you so much for putting this event together for us. This [has been] so awesome; it’s the highlight of my life!”



## Navy raising awareness of services for victims during Domestic Violence Awareness Month

*From Navy Installations Command Public Affairs*

The Navy is observing Domestic Violence Awareness Month in October as an opportunity to inform Sailors and Navy spouses about domestic violence prevention efforts as well as reporting options for victims.

Domestic violence cuts across all age groups and social classes. It happens to Sailors as well as spouses; to men as well as women.

Domestic violence goes beyond physical abuse. It includes emotional abuse such as threats, isolation, extreme jealousy and humiliation. It also includes sexual abuse. Whenever an adult is placed in physical danger or controlled by threat or use of physical force by their spouse or intimate partner, she or he has been abused. The risk for abuse is greatest when victims are separated from supportive networks.

The theme for Domestic Violence Awareness Month this year is, "Have you crossed the line? End domestic violence before it starts."

"Our goal is to prevent domestic vio-

lence by encouraging people to examine their own behavior and take steps to learn and practice more healthy behaviors," Kathy Turner, of the Fleet and Family Support Program's Counseling Advocacy and Prevention Program, said.

Much is misunderstood about what happens when a Sailor or spouse seeks help for their relationship before domestic violence occurs. All couples have arguments. Making an appointment for couple's counseling does not automatically result in the creation of a Family Advocacy Program, or FAP, case. Nor does family or couple's counseling harm one's career or security clearance.

The Defense Department changed the question on its long-standing security clearance form referencing an applicant's mental health history. As of 2008, Standard Form 86, the Questionnaire for National Security Positions no longer asks for mental health treatment details if the care involved only marital, family, or grief counseling, not related to violence by the applicant, unless the treatment was court-ordered.

Another myth is that counseling is

only sought by people who have been arrested or are filing for divorce. Through counseling, however, adults can learn to treat their partners with compassion and respect and avoid manipulation and criticism, even during arguments.

Professional services of licensed counselors are available free of charge at Fleet and Family Support Centers. These are available to active duty and their family members – even Sailors who are unmarried can have couple's counseling with their partners.

A variety of courses that teach healthy relationship skills are also available at Fleet and Family Support Centers. These include anger management and conflict resolution. These are also free and available to both active duty military and spouses.

"These services are available because the Navy believes so strongly in the importance of the prevention of abusive behavior," Turner said.

Turner has a simple message to those who are considering asking for help. Don't wait.

"Sailors who succeed with their ca-

reers and their families have the strength to ask for help before a problem gets out of hand," Turner said. "The Navy knows this, which is why they provide places to get help."

Help is also available for victims of domestic abuse.

There are two types of reporting options, restricted and unrestricted. Restricted reports do not involve military chain of command or law enforcement. Unrestricted reports will include some type of investigation by command and or law enforcement. Both options make available to victims the full range of advocacy, medical and counseling services.

Speak with a counselor of victim advocate at a local Fleet and Family Support Center or a healthcare provider at a military treatment facility about restricted and unrestricted reporting options for domestic violence. If you think you may be a victim of domestic violence, contact the National Domestic Violence Hotline at 1-800-799-SAFE or visit your installation Fleet and Family Support Center for information on available resources.

-- Story courtesy of Navy NewsStand.

## Military Leaders on Sexual Assault:

### 'Not in My Navy'

*From Chief of Naval Personnel Public Affairs*

WASHINGTON (NNS) -- Following closely on the heels of the first Department of the Navy Sexual Assault Prevention and Response (SAPR) Summit hosted by Secretary of the Navy Ray Mabus in September 2009, Navy is moving forward to eliminate sexual assault.

Key stakeholders were identified and charged in NAVADMIN 282/09 to reinforce Navy's SAPR program, which was established in 1994 under the name Sexual Assault Victim Intervention.

The name change aligns with the mission of the program, underlining the importance of both prevention and response.

While Navy was the first service to develop a program of its kind, it is not resting on past successes as it seeks to eliminate sexual assault from its ranks.

"We will raise the bar when it comes to sexual assault prevention and response," said Rear Adm. Dan Holloway, director of the Navy's military person-

nel, plans and policy division. "We will call upon the total workforce — active, reserve and civilians — to educate themselves and their shipmates on prevention and response programs, to report crimes, or suspected crimes before they occur, and to speak out when called upon during investigations and prosecutions."

The chief of naval operations designated chief of naval personnel as the executive agent for the sexual assault prevention and response program. The Bureau of Naval Personnel will work closely with other key organizations, including medical, legal, criminal investigations, security, victim advocacy, military commands and civilian resources to redouble their efforts to educate the total force on preventative and response programs.

"Sexual assault is inconsistent with our Navy Ethos, and our Navy total force will be held to the high standards, which they are expected to maintain as we reinforce a culture intolerant of sexual assault," said Holloway.



WASHINGTON (Sept. 8, 2009) Chief of Naval Operations (CNO) Adm. Gary Roughead delivers remarks during the Department of the Navy Sexual Assault Prevention Summit in Washington D.C. (U.S. Navy photo by Mass Communication Specialist 1st Class Tiffini Jones Vanderwyst).

# Corpus Christi youth welcomed aboard as “Pilot For a Day”

Story and photos by EN3 Brenda Acevedo, NASK Public Affairs

Training Air Wing TWO and Naval Air Station Kingsville welcomed their 26th “Pilot for a Day” Thursday, Sept. 24. Kalil Tully, 11, from Corpus Christi, arrived on board with his mother Denise Anderson.

The “Pilot for a Day” program is a joint community relations project between Training Air Wing TWO and Driscoll Children’s Hospital. The program allows children who are being treated at the hospital a day away from their personal struggles to enjoy a day of pampering by the Navy.

Kalil has been diagnosed with stage 2 Hodgkin’s Lymphoma. Hodgkin’s lymphoma is characterized by the orderly spread of disease from one lymph node group to another, and by the development of systemic symptoms with advanced disease. Hodgkin’s lymphoma is one of the handfuls of cancers that, even in its later stages, have a very high cure rate.

The day began at the VT-22 “Golden Eagles” ready room and quickly proceeded through the squadron to the Paraloft to try on flight suits and hang from a simu-

lated parachute.

Kalil and his mother enjoyed touring various aspects of the flight training program and helping assist personnel in the Radar Room and Air Traffic Control Tower. After climbing all the tower stairs, Kalil opted for a break before going to lunch. Afterwards, TW-2 sponsors Maj. Derek Bibby and Capt. Matt Beers coordinated a pizza lunch at the Captain’s Club to reenergize the young Pilot for a Day before starting the second half of the day’s events.

After completing a tour of the fire house, Kalil and mom joined the fire fighters for ice cream and carrot cake in the fire house lounge. After enjoying his dessert, the family then received a fire truck escort to the Security Department where Kalil enjoyed a tour and was fingerprinted. The day ended with a grand photo of Kalil and all his sponsors at the main gate marquee where he was also presented with a certificate of completion designating him as an honorary VT-22 “Golden Eagle” pilot.



Left, Maj. Derek Bibby gives PFAD Kalil Tully a quick lesson on the T-45C Goshawk cockpit. Right, Maj. Bibby and Kalil take a look over the airfield from the NAS Kingsville Air Traffic Control Tower’s catwalk. (Photos by EN3 Brenda Acevedo).



Above, A flight instructor from VT-28 shows Kalil the controls of a Navy C-12.



Kalil sits in the cockpit of a T-34C Turbo Mentor from VT-28 at NAS Corpus Christi.



The PFAD team poses for a group photo in front of the Air Operations marquee.



**Lt. Cmdr (Chaplain)  
John H. McKenzie  
CHC, USN**

**Farewell and Many Thanks**

Friends, I will be leaving the Chaplain's office after close of business Sept. 30. Funding for new ADT orders was not available. I will be leaving but the chaplain's office will remain open. As it is, the new chaplain will PCS to NAS Kingsville in March 2010.

In the absence of a chaplain, RP2 Greathouse will be in the office for check-ins and check-outs. RP1 Christine Tamag will be the LPO for the office after she returns from maternity leave Oct. 12. The office will continue to have listings of local churches in Kingsville to accommodate people's religious needs. Fr. Foelker from Sarita will continue to come to this base for Catholic Mass each Sunday at 1230.

Friends, it has been great working with you. Should funding come up after Oct. 1 for me to work here on a new set of orders, I will be back in a heartbeat. Many thanks for your support for the chapel program. God bless you always.



**CREDO Southeast  
Marriage Enrichment Retreat**

The annual CREDO Southeast Marriage Enrichment Retreat will be held at the Omni Corpus Christi Bayfront Tower Nov. 6-8. Workshops will focus on: Understanding Expectations and Intimacy; Exploring Personality Differences; Improving Communication Skills; working on Forgiveness, Trust, Friendship and Fun With Your Spouse; and Rekindling The Love in your relationship.

All fees for the Retreat are paid by the Navy.

To register for the Retreat, call CREDO Southeast at 904-542-3923 or e-mail [cnrse\\_credo@navy.mil](mailto:cnrse_credo@navy.mil)

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**South Texas  
Community Calendar**

**Saturday, Oct. 3: 2nd Annual Downtown Kingsville Artwalk**

1 p.m. - 6 p.m. on the 200-300 Blocks of Kleberg St. Stores open at 10 a.m. Enjoy lunch at Harrel's, Cherry Tree Tea Room, or Domino's Pizza! Other events include:

1-3 p.m.: Sidewalk Chalk Competition, Kid's Corner, and Fall Scene Photos.

1-6 p.m.: Featured Artist & Performances; 3-6 p.m.: Outdoor Games; 4-6 p.m.: Live Band, Wine Tasting.

**Sunday, Oct. 4: Kingsville Symphony Orchestra**

The Kingsville Symphony Orchestra launches its 4th season with its first concert at 3 p.m. in the Jones Auditorium, on the Texas A&M University-Kingsville campus.

Individual concert prices are \$30, \$20, \$10, and \$5. Season tickets are \$120, \$80, \$40, and \$20. (Season tickets give the holder admission to all five of the season's concerts).

**Saturday, Oct. 3: Free Screenings:**

Christus Spohn Hospital Kleberg is pleased to offer FREE Prostate and Mammogram Screenings from 9 a.m. to 2 p.m. at the hospital's H-E-B Center. You can learn more about the warning signs of prostate and breast cancer from Dr. Voorhees during a presentation at 9:30 a.m.

Both prostate screening (blood test) for men and screening mammograms for women will be provided free of charge.

Everyone 18 years of age or older is eligible for testing. No physician order required. Test results will be sent to your family physician or to the physician of your choice.

**Community Job Fair**

Coastal Bend College, in partnership with the Kingsville Chamber of Commerce and the Workforce Solutions of the Coastal Bend, announces the Kingsville Community Job Fair on Thursday, October 8th, 2009. Be a part of the only job fair in Kingsville that brings together local businesses and local job seekers!

Event Info: Thursday, Oct. 8 1-4 p.m.  
Costal Bend College -Kingsville  
Campus Multipurpose Room  
1814 S. Brahma Blvd.  
Call 361.592.1615 ext 4053 for details.

**Mayor's Cup Golf Tournament:**

The annual Mayor's Cup golf tournament to benefit the Kingsville Boys & Girls Club will be held at the L.E. Ramey Golf Course on Saturday, Oct. 10.

The tournament will be a scramble format and is limited to the first 13 teams to register. Cost per player is \$65 or \$260 per team and includes green fees, cart, lunch, and door prize drawings.

Pre-register your team by contacting Lisa Weeks at 592-2100 or 592-1862. A number of special challenge events will also be on the schedule.

Registration the day of the tournament begins at 8 a.m. with a shotgun start at 9 a.m.

Event is limited to 13 teams.

**Food Bank Volunteer Opportunities:**

The Corpus Christi Food Bank will celebrate its 10th annual Fundraising Dinner on Thursday, Oct. 8, at the Solomon P. Ortiz International Center on Chaparral St., off of Shoreline Dr. Volunteers are needed!

**Volunteer Opportunities:**

Thursday, 08 Oct,  
9 a.m. to Noon: Decorations set up (10 volunteers); 6-10 p.m.: Silent Auction support (10 volunteers); 8 p.m.: Dismantle decorations and load vehicles (10 volunteers).

Volunteers who come Thursday morning to help with setup will receive breakfast and a Food Bank backpack. Volunteers who come in the evening to work as greeters, silent auction support, and takedown may attend the event as guests at no charge (normal ticket prices start at \$100). If you're interested in volunteering, contact Diana Zavala at (361) 533-3384 (cell) or 961-1664 or email [diana.zavala@navy.mil](mailto:diana.zavala@navy.mil).

## HEALTH: Defense Department to start H1N1 flu vaccinations

All military personnel will be vaccinated against the H1N1 flu virus, and the vaccine will be available to all military family members who want it, a Defense Department health affairs official said today.

The H1N1 vaccination program will begin in early October, said Army Lt. Col. (Dr.) Wayne Hachey, director of preventive medicine for Defense Department health affairs.

The vaccine, which has been licensed by the Food and Drug Administration, will be mandatory for uniformed personnel, the colonel said. "What we want to do is target those people who are at highest risk for transmission," he said.

Health-care workers, deploying troops, those serving on ships and submarines, and new accessions are at the top of the list.

"Any place where we take a lot of people, squash them all together and get them nice and close and put them under stressful conditions will get the vaccine first," he said.

The department will use the usual seasonal flu vaccine distribution chain for the H1N1, Hachey said, noting that while the mass H1N1 vaccinations are new to the general population, the process for vaccinating against seasonal flu is old hat for the Defense Department.

"We've been doing this for decades," he said. "The system is tried and true."

The department initially will receive 1 million doses of the H1N1 vaccine, and another 1.7 million doses later in October.

Officials don't know yet whether people will need one dose or two, Hachey said.

"The assumption right now is that people will need two doses, 21 days apart," he said. "That may change."

FDA officials still are studying H1N1 and the vaccine, and the results should be known by the end of the month.

Seasonal flu vaccine already is available, and the Defense Department will begin giving those shots shortly, Hachey said.

"That has been our message to immunizers: to try and get as many people as they can immunized against the seasonal flu early," he said.

Guidelines for giving priority to family members will follow those for the general population, Hachey said. The Department of Health and Human Services is buying millions of doses of the vaccine.

"Installations are going to register with each state as an immunizer," Hachey said. "They will tell how many people they care for. This includes dependents, retirees and so on."

The Centers for Disease Control will place the order and will ship the vaccine

where needed. Family members will have multiple opportunities to get the vaccine, whether at Defense Department medical facilities or off post, Hachey said.

The CDC has established target groups for those at greatest risk for transmitting or being affected by the H1N1. They include pregnant women, health-care workers, those younger than 25 or older than 65, and those with pre-existing health conditions.

Hachey said previous plans are serving the Defense Department well.

"We have been preparing for pandemic flu because of its potential impact on the mission," he said.

The symptoms of the H1N1 flu are almost the same as the seasonal flu: fever, sore throat, runny nose, nausea, muscle aches and feeling rundown. The 2009 H1N1 virus - formerly known as swine flu - is a pandemic virus, according to the World Health Organization. U.S. officials call the virus "troubling" and urge communities across the United States to take actions to mitigate the effects of it. The federal government is urging states and municipalities to begin preparing now for the fall flu season.

President Barack Obama addressed the H1N1 pandemic following a White House meeting Sept 18.

"As I said when we saw the first cases

of this virus back in the spring, I don't want anybody to be alarmed, but I do want everybody to be prepared," he said. "We know that we usually get a second, larger wave of these flu viruses in the fall, and so response plans have been put in place across all levels of government."

But government cannot do it all, and the American people have a responsibility to stop the spread of the disease, Obama said. "We need families and businesses to ensure that they have plans in place if a family member, a child or a co-worker contracts the flu and needs to stay home," he said.

The H1N1 is a never-before-seen combination of human, swine and avian flu viruses, officials said. First detected in Mexico in February, it quickly spread around the world. According to July WHO statistics, there have been 94,512 H1N1 cases worldwide, and 429 people have died from it. In the United States, 33,902 contracted H1N1, and 170 have died.

**NOTICE:** The NAS Kingsville Branch Health Clinic will inform active duty personnel when vaccinations will be available.

For the latest news, information, and questions and answers about the H1N1 virus, visit [http://www.defenselink.mil/home/features/2009/0509\\_h1n1/](http://www.defenselink.mil/home/features/2009/0509_h1n1/) or <http://www.flu.gov>.

### Bowling Standings

#### In the Dog House League (Sept. 29)

POS	TEAM	WON/LOST
1.	Lane Breakers	21-11
2.	Tumbalos	18-14
3.	Three Minds	17-15
4.	Triple X's	16-16
5.	Hounds	12.5-19.5
6.	The Guys	11.5-20.5

Weekly High Scores:

Jerry Brooks, 268 game, 713 series

#### Wednesday Night Mixed League

POS	TEAM	WON/LOST
1.	DUHs	13 - 3
2.	Laugh Out Loud	13 - 3
3.	Pete's Angels	11 - 5
4.	Pin Bangers	10 - 6
5.	Sixty Forty	8 - 8
6.	Big K Rollers	5 - 11
7.	Guttermouths	4 - 12
8.	Ghost Team	0 - 0

High Scores: Kirk Hyndman 500 series; Johnny Robertson 231 game.



### Sports

2009 Flag Football season will kick-off Oct. 6 with games scheduled on Tuesday and Thursday evenings at 7 p.m. Get your team roster in to the Fitness Center as soon as possible.

The 2010 Captains Cup Program will be starting soon. So teams and individuals need to make sure to post who their command is when they sign up for sports, in order to get unit credit for participating. Each sport will have a level, and each level will have points awarded to it. (MWR is presently working out the details and will implement it as soon as the SOP's are in order).

### Fitness

#### Upcoming Running Events:

##### Halloween 5K Fun Run:

Oct. 29, 5:30 p.m. First 30 runners to sign-up at the fitness desk at the gym will get a free Halloween shirt!

##### Turkey Trot 5K:

Nov. 12, 5:30 p.m. Entry fee is two non-perishable food items that will be donated from NASK to a local charity. The first 30 people to sign up and donate food items will receive a free Turkey Trot T-shirt!! This race will have winners in the following categories: Active Duty, Retired, Dependent, DOD/Civilian/Contractor, Navy League, and Youth (5-12 years of age). Category winners will receive a prize from the MWR prize closet!

##### Jingle Bell Fun Run:

Dec. 10, 5:30 p.m. Registration is a donation of a new, unwrapped toy that NASK will donate to the local Toys for Tots program. First 30 runners to sign-up will receive a free t-shirt.

### 700 set highlights

#### Doghouse bowling action

Jerry Brooks had "one of those nights" when everything worked Tuesday, Sept. 29. Bowling in the In The Doghouse League at the NAS Kingsville Bowling Center, Brooks recorded the highest scratch series in more than a year when he posted a 713 series.

Brooks' set included an opening game 233, which seemed to get him on track. He added a 268 in the second game and finished the night with a 212, leading the first place Lanebreakers to another win and increasing their lead in the standings to 3 full games over the 2nd-place Tumbalos.

The Lanebreakers, meanwhile, took advantage of Brooks' high series to record a 1737 team series for the night, and a league-leading 622 team game. Brooks' 268 game was 88 pins higher than his average (180) and his series was 173 pins over average.

# Retirement Ceremony closes 30-year career for Lt. Cmdr. Patrick Paddock

Story by Jon Gagné, Photos by EN3 Brenda Acevedo, NAS Kingsville Public Affairs

Navy Lt. Cmdr. Patrick Paddock was piped ashore Wednesday, Sept. 30 during an official retirement ceremony at the NAS Kingsville Captain's Club, bringing to an end an active duty career that spanned nearly 30 years. More than 200 friends, family and shipmates turned out for the ceremony, and were treated to an emotional and humorous tribute to a career that took Paddock to the far corners of the globe. In all, Lt. Cmdr Patrick Paddock visited 149 cities in 89 countries. He completed 14 years of sea duty and made 11 deployments. He advanced in the enlisted ranks from E-1 to E-9, and as an officer from W-2 to the rank of Lt. Cmdr.

"Lt. Cmdr. Paddock's career is filled with achievements and accomplishments," NAS Kingsville Commanding Officer Capt. Phil Waddingham said during his remarks. "But first and foremost, he was a leader, a mentor, and a shipmate. What he has done here at NAS Kingsville during his final active duty tour is truly remarkable."

Paddock enlisted in the Navy in 1980 and almost immediately began making an impact to his command and his Navy. As a result, he moved up the advancement ladder quickly. He was promoted to Petty Officer 1st Class in just 4 years, and he was selected for Chief Petty Officer at his 6-year mark. By the time he had



**Lt. Cmdr. Patrick Paddock**

served 14 years he was a Master Chief and selected for the Chief Warrant Officer Program.

"During my career I changed job many times," Paddock said during his final remarks. "I was a 'black shoe' which meant that I was going to spend a majority of my time at sea away from my family. When ever it was time for me to get a new set of orders I would get stuck [I thought] with some ridiculously difficult job a million miles away from my comfort zone. In each case, I would grudgingly take the orders and would pack everything up and

move to some other corner of the world. Each time the job place would turn out to be better than the last.

"The saying in the Navy that 'Your current assignment is always your best and your [previous] assignment is always your worst' was truly not the case for me. Every duty station that I ever had was the right place at exactly the right time."

When it came time for Paddock to close his remarks, he turned his attention to the Sailors of the Air Operations Department to thank them for their professionalism and provide them a few words of advice.

"During my career I have come to understand what being a Sailor [really] means. The words Honor, Courage and Commitment are not just catch words – they are a way of life. I truly believe that if you live your life with honor, people will remember you. If you stay courageous in the face of adversity or indifference, you will earn the respect of your coworkers, and your family and friends. If you stay committed to what is true, your example will always be one that others will want to follow.

"I have said before and I'll say it again, you are the finest men and women that I have ever worked with in my 30 year career. Keep fighting the good fight, and keep our pilots safe."

Attending the ceremony as a special guest was Rear Adm. T. S. Rowden, outgoing Commander, Naval Forces Korea.



Left: Lt. j.g. Sean Duncan congratulates Lt. Cmdr Paddock after presenting the traditional retirement shadow box. Right: Lt. Cmdr. Paddock salutes the sideboys as he goes ashore.