

February 2010

NEWSLETTER

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BUILD WEALTH NOT DEBT

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WHAT IS MILITARY SAVES?

Military Saves is a social marketing campaign to persuade, motivate, and encourage military families to save money every month, and to convince leaders and organizations to be aggressive in promoting automatic savings. The campaign is a growing network of organizations and individuals committed to helping and supporting military members and their loved ones build personal savings arsenals to provide for their immediate and long term financial needs.

Military Saves was developed and tested by its non-profit sponsor, Consumer Federation of America (CFA) and the military services from 2003 to 2006 and launched throughout the Department of Defense (DoD) on February 25, 2007. It is part of two larger campaigns -- the DoD Financial Readiness Campaign, and the national America Saves campaign.

While it is an ongoing campaign, the entire military community comes together to focus on financial readiness during Military Saves Week, the last Sunday in February to the first Sunday in March. The campaign's lifeblood is in its partners, organizations that see the value in working together to empower members, employees, customers, and clients to become financially stable through saving, debt reduction, and wealth-building over time.

For more information or to take the Savers Pledge go to: www.militarysaves.org

SAVE THE DATE: FFSC MILITARY SAVES FINANCIAL FAIR

Date: **Wednesday, 24 February 2010** Time: **0900-1400**

Location: **LONG GLASS**

Speakers from 1000-1330 will include:

Veteran's Affairs State Approving Authority

Topic: VA Education Benefits and Post 9/11 GI Bill <http://www.gibill.va.gov/>

Keynote: Andy Andersen

Topic: Living Well and Making a Difference <http://www.andyandersen.net/aboutandy.htm>

[Lunch will be provided by Balfour Beatty Communities](#)

Table Displays and Representatives from:

MWR, NFCU, Better Business Bureau, Social Security Administration, Veteran's Affairs State Approving Authority, Navy Marine Corps Relief Society, Consumer Credit Counseling Service of Northwest Florida, Florida Department of Financial Regulation, Florida Department of the Chief Financial Officer- Alex Sink, Fleet and Family Support Center, and Balfour Beatty Communities.



The
Fleet & Family Support
Center

Helping Make Your Transition As Seamless As Possible

When it comes to finding a new job, or transitioning to the civilian sector, one of the key elements in the employment search is obtaining information. The Fleet and Family Support Program offers a wide variety of educational programs to assist you with your job search and help you chart the course for maintaining your resolutions.

Here are five resolutions you may want to consider when looking for a job:

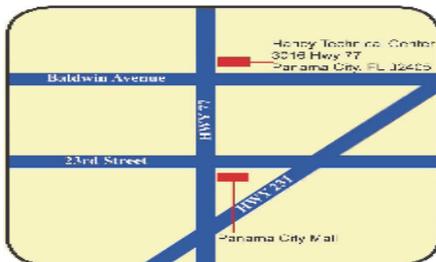
1. Become a perpetual student. Never stop learning--whether you are conducting research or enrolled in a class. Never stop learning. Log on to Navy Knowledge Online(NKO), they have a vast and free resource for the life-long student. Do you want to learn about finance? Learn a new language? Brush up on history? NKO is an amazing gateway to books, tapes, tutorials, web sites and self-guided classes. Check it out today!
2. Network outside the box. Have you looked through the holiday cards you received from family and friends with an eye towards networking? Have you talked to every one of them about your job search?
3. Get online to be in line -- for the next great job offer that is! Get an account with Linked-In and be sure it's loaded with a polished and up-to-date resume. Use Facebook to locate professional groups in your area. Most groups schedule networking socials exclusively through Facebook. Socials are great networking opportunities, usually free, and often feature a guest speaker who will speak about something relevant to your career field.
4. Reach out to at least five new people per week. Do this from now until you start your new job. Resolve to network with at least five new people every week. When you grow weary of schmoozing, remind yourself that as many as eighty percent of all jobs are not advertised.
5. Review your resume with a fresh set of eyes. Send your resume to three of your closest and most trusted friends and ask them to review it with razor-sharp precision. Or stop by the FFSC to have the Family Employment Readiness Program (FERP) staff review it. Your goal is to have a letter-perfect resume that truly stands out from the rest.

For more information on keeping your "Employment New Year's Resolution" visit your local Fleet and Family Support Center or contact Roz Lewis at (850)235-5587 or email roz.lewis.ctr@navy.mil.

23rd Annual Bay County Job Fair

February 12th
9 a.m. to 1 p.m.

Held at Tom P. Haney
 Technical Center
 3016 Hwy 77



www.baycountyjobfair.com
 for more information



Over 70 companies
 looking to fill a
 variety of positions.

Bring multiple
 copies of your
 resume or
 employment history.

No copying machine will be
 available.

Sponsored by: Haney Technical Center,
 Naval Support Activity Panama City,
 Tyndall Air Force Base, and
 the Workforce Center - a service of GCCC.

SPECIAL THANKS TO OUR MEDIA SPONSORS Clear Channel Radio and WJHG Channel 7
 AND OUR COMMUNITY PARTNERS Bay County Chamber of Commerce, Knology, and
 Panama City Beach Chamber of Commerce.

NFAAS Training Available for All Service Members and their Families



There are two things Navy families should do immediately following a declared disaster -- muster with their command and complete a needs assessment with the Navy Family Accountability and Assessment System (NFAAS). You have heard the acronym, and maybe even used it once or twice and you know it is important; but what really is NFAAS?

NFAAS is event driven and used by the Navy following a disaster or event to help the Navy determine where Navy Family Members are and provide the proper response. Navy Family Members include All Active Duty, Reserves, Civilians, NAF/NEX employees, and all their families. The Navy, following an event, not only needs to determine Command status (who can work) and what Navy property was damaged, but how the event impacted all Navy personnel. Navy Leadership wants to find out how you and your family are, were you evacuated, and how they can help in any need recovery efforts.

You may know how to receive assistance through the Navy if a disaster strikes, but does your spouse or other loved ones?

NFAAS is a tool that they need to know how to utilize in the event of a disaster. If you would like more information or would like to receive NFAAS training, contact Debra Forand at the FFSC 234-4898.

Florida Emergency Management Launches Daily Reports on YouTube

TALLAHASSEE - Beginning today residents and emergency officials can now receive daily situation reports produced by the Florida Division of Emergency Management online via the worldwide web service YouTube, keywords: "Florida SERT" available at <http://www.youtube.com/FloridaSERT>

The daily reports are designed to give a quick snapshot of daily operations, statewide weather reports and hazardous conditions that are being monitored by the State Watch Office, the 24 / 7 operations facility for the state of Florida. This product is part of an ongoing initiative by the Division and State Emergency Response Team to incorporate new media resources to better inform Floridians.

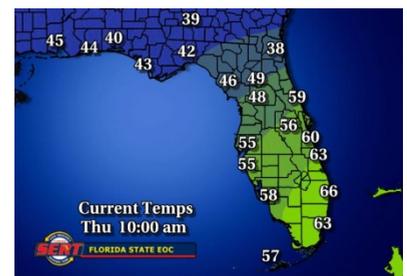
"We've seen tremendous growth in new media and its use for information gathering and sharing, especially during times of disaster," said State Emergency Management Director Craig Fugate. "This page provides us with another tool by which to share useful information to our residents, visitors and responders seven days a week". The site will also host preparedness videos and additional reports as conditions warrant.

Users can also go to the Florida Division of Emergency Management's website at www.FloridaDisaster.org to find text versions and other information on the Division's Preparedness, Response, Recovery, and Mitigation programs.

Again to receive the daily video situation reports go to Florida SERT at: <http://www.youtube.com/FloridaSERT>

For more information on how you can Get a Plan! today, visit www.FloridaDisaster.org. For assistance in developing disaster preparedness plans for you and your family contact Debra Forand at 234-4898 or email debra.forand.ctr@navy.mil.

Source: <http://www.floridadisaster.org/eoc/PressReleases2008/2009%20Youtubereports.pdf>



Individual Augmentee (IA) Family Connection

The Fleet and Family Support Center is hosting a multipurpose Discussion & Networking Group for family members of Individual Augmentees to come together in an informal and relaxed environment. Open discussion about topics of interest to IA family members such as R&R leave, dealing with worry and stress, helping children whose parent is deployed, resources, and more.

Date: February 18, 2010 **Time:** 6:00pm – 7:00pm

Location: NSA PC Chapel

Child care is not available, please plan appropriately. For more information contact Debra Forand at the Fleet and Family Support Center or email

debra.forand.ctr@navy.mil.



TroopTube is a new video sharing site for troops and their families available through the Military OneSource Website. It is the only video sharing site for military families sponsored by the Department of Defense, and extends the virtual military community by enabling service members and their families to connect with each other and share videos wherever they may be. Visit www.militaryonesource.com and click on the TroopTube link.



Returning from the War Zone: A Guide for Families of Military Personnel

The Department of Veteran Affairs offers a guide entitled Returning from the War Zone: A Guide for Families of Military Personnel. The guide offers information to help you understand what to expect when your service member returns from a deployment in a combat zone and suggestions on how to adapt. Reintegration is an adjustment for all involved. The guide aims to make this process as smooth as possible. Returning from the War Zone is only available online at <http://www.ncptsd.va.gov/ncmain/ncdocs/manuals/GuideforFamilies.pdf>.

Volunteers needed for the Sexual Assault Prevention and Response (SAPR) Program

A volunteer SAPR (formerly SAVI) Victim Advocate (VA) provides quality support and assurance to victims of rape/ sexual assault and those associated with the victim. They may also serve as a companion during medical, legal, and/or court proceedings. Their main job is to be a companion to the victim. If you have ever considered becoming a volunteer this is an excellent opportunity to help in a very rewarding way.

The victim turns to the VA for a great deal of support during a critical time of need. Being a VA is a very important responsibility. To successfully meet this responsibility, VAs need to possess a basic knowledge of the procedures that may take place when a victim interacts with legal, medical, law enforcement, and other systems. Additionally, they will need to understand the fundamental elements of advocacy as well as some basic terminology associated with rape/sexual assault.

The Installation Sexual Assault Response Coordinator (SARC) is the designated program manager for victim support services and provides the coordination and oversight of the local implementation and execution of the SAPR Program. Naval Support Activity Panama City's SARC is available to answer any questions you may have regarding the program and services available to military and family members.



**Sexual Assault Victim Intervention
Victim Advocacy Services
Awareness and Prevention Education
Case Management**

**SAPR Victim Advocate training
will be offered 8-12 February 2010 on NSAPC.**
Please contact Amy Ficke, SARC, at 235-5459
or email amy.ficke.ctr@navy.mil
for additional information or to register.

February Calendar of FFSC Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Newcomer's Brief 1000-1200	3	4** Intro to Resume Writing 1100-1200	5 New Spouse Orientation 1200-1400	6
7	8	9 NFAAS Training 1000-1100	10	11 VA Rep for Medical Pre-claims 0830-1600	12 Bay County Job Fair at Haney Technical Center 0900-1300	13
SAVI Victim Advocate Training 8 – 12 Feb 0800-1500						
14	15	16 SAVI POC/DCC/ Command Liaison Trng 0800-1600	17 Transition Assistance Follow-up Brief 0825-1130	18 IA Family Discussion Group 1800-1900	19	20
21	22	23	24 Financial Fair 1000-1400	25 VA Rep for Medical Pre-claims 0830-1530	26	27
Military Saves Week 21 – 28 February						
28						
Dates and times of programs are subject to change. Please call the number listed for each program for confirmation. Registration is required for all events. Events will be cancelled if no participation.						

- 2 February **Newcomer's Brief:** A workshop available to newcomers to the area that compliments the relocation services that are already available to at the FFSC. If you are new to NSA Panama City, join us for a fun filled brief of the best that Panama City has to offer you and your family. Single sailors and family members welcome. Spouses encouraged to attend! A workshop you won't want to miss! Call Melissa Strawser at 235-5611 to register.
- 4 February **Intro to Resume Writing:** Attend this introductory class to learn how to sell yourself on paper and Learn the Do's & Don'ts of applications. Guest Speaker: Military Family Employment Specialist from the WorkForce Center. Call Roz Lewis at 235-5587 to register.
- 5 February **New Spouse Orientation:** Demystify the military culture, ranks, jargon, and protocol for new spouses and discuss resources available. Call Melissa Strawser at 235-5611 to register.
- 8-12 February **SAVI Victim Advocate Training:** Interested in helping others? Attend this training to become qualified as a SAVI Victim Advocate. Open to all Perspective Victim Advocates. Pre-screening questionnaire and registration required. Call Amy Ficke at 235-5459 to register.
- 9 February **NFAAS Training:** Navy Family Accountability and Assessment System (NFAAS) open to all NSA-PC Military, Civilian, NAF, Contractors, and Families. Open to all Tenant commands for your Military, Civilian, NAF, Contractors, and Families. This class will provide training and education on NFAAS and the FFSC Response to Disasters. For more information call Debra Forand at 234-4898.
- 11 February **VA Rep for Medical Pre-claims:** Mike Matulis from the VA will be available to begin processing VA pre-medical Claims. Appointment required. Please contact Roz Lewis at (850)235-5587 or email roz.lewis.ctr@navy.mil.
- 12 February **Bay County Job Fair:** Held at Haney Technical Center. Call Roz Lewis at 235-5587 for more information.
- 16 February **SAVI Point of Contact/ Data Collection Coordinator/ Command Liaison Training:** Required training for these newly designated Command SAVI personnel. For more information or to register contact Amy Ficke at 235-5459 or email amy.ficke.ctr@navy.mil.
- 17 February **TAP2 Transition Assistance Follow-up Brief:** You have already attended TAP, now let us tie it all together. Targeted to retiring or separating military. Open to all commands. Call Roz Lewis at 235-5587 to register.
- 18 February **IA Family Discussion Group:** Learn more about the IA process, effective coping strategies, and return & reunion. This is also a great opportunity to meet others who are going through similar IA Deployments. For more information or to register call Debra Forand at 234-4898.
- 25 February **VA Rep for Medical Pre-claims:** Mike Matulis from the VA will be available to begin processing VA pre-medical Claims. Appointment required. Please contact Roz Lewis at (850)235-5587 or email roz.lewis.ctr@navy.mil.

** 4 February: A military spouse employment representative from the Workforce Center will be at FFSC from 1100 to 1600 to meet with spouses. **Appointment required.** Call Roz Lewis at 235-5587 or email roz.lewis.ctr@navy.mil.



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- 4th – Intro to Resume Writing – Open to All Commands & Families
- 8th – Smooth Move – Open to All Commands & Families
- 9th – SAVI Victim Advocate Refresher Training – Open to All SAVI Advocates
- 10th – Command Financial Specialist Meeting – Open to All CFS's and Leadership
- 11th – VA Rep at FFSC for Medical Pre-claims – Open to All Commands
- 16th – Transition Assistance F/U Brief – Open to All Retiring or Separating Military
- 24th-25th – Million Dollar Sailor Program – Open to All Commands
- 25th – VA Rep at FFSC for Medical Pre-claims – Open to All Commands
- 30th – Deployment Family Readiness Brief – Open to All Commands & Families

- A** 1st – Transition Assistance F/U Brief – Open to All Retiring or Separating Military
 1st – Intro to Resume Writing – Open to All Commands & Families
- P** 5th – Cultural Awareness – Open to All Commands & Families
 6th – Sponsorship Training – Open to All Commands
 7th – Thrift Savings Plan Brief – Open to All Commands
- r** 8th – VA Rep at FFSC for Medical Pre-claims – Open to All Commands
- i** 14th – Sexual Assault Awareness/ Stress Awareness Event – Open to All
 22nd – VA Rep at FFSC for Medical Pre-claims – Open to All Commands
- l** 26th- 30th – SAVI Victim Advocate Training- Open to All Prospective Advocates
 27th- 30th – Career Options and Navy Skills Evaluation Program – Mid-career – Open to All Commands
 29th- Operation Prepare Workshop – Open to All Commands & Families

**For more information
on upcoming
events,
call 235-5800**

Community Corner:

Happenings In and Around Panama City

5-6 February: Emerald Coast Gospel Music Association Jubilee Weekend Panama City
 At the Marina Civic Center, concert beginning at 6:00 PM each night.

6-7 February: 3rd Annual "Winter On The Beach" International Gymnastics Competition Time: 8:00 am to 12:00 pm
 Boardwalk Beach Resort . The Men's and Women's Gymnastics Competition starts at 8:00AM and is open to the public.

10-16 February: Mardi Gras Celebrations Panama City
 Mardi Gras in Panama City Beach? You bet! PCB may not be New Orleans, but we still know how to have a good time. In fact, the people of the Panama City area love Mardi Gras so much that there are actually two celebrations.

First up is the Downtown Panama City Mardi Gras featuring an all-day music, food and fun Festival at the Marina Civic Center, an evening Parade, Costume Contests and more. Sponsored by the Krewe of Massalina.

Next is Mardi Gras in St. Andrews. This is where Panama City started celebrating Mardi Gras, in 1997. From modest beginnings, the St. Andrews celebration has turned into one of the year's can't miss events. The Krewes that sponsor the St. Andrews Mardi Gras have grabbed a bit of something from other Carnival-type events. There are amusement rides, food & beverage vendors, special performances, a Kid's Parade, a Pet Parade, even a Gasparilla-style Pirate Invasion!

Both Mardi Gras celebrations are more family-centered than the raucous street party in New Orleans!

16 February: Hairspray! Marina Civic Center, Panama
 You've probably seen the hit movie Hairspray starring John Travolta, but have you seen it performed live? This musical was on the stage long before it ever hit the silver screen, so why not see it in its true form while it's in Panama City? Set in the early 1960's, Baltimore teen Tracy Turnblad has only one desire - to dance on the popular Corny Collins Show. When her dream comes true, Tracy is transformed from social outcast to sudden star, but she must use her newfound power to vanquish the reigning Teen Queen, win the affections of heartthrob Link Larkin and integrate a TV network - all without denting her 'do! Be sure not to miss Hairspray!
 Tickets are on sale for \$37, \$46 and \$50. For more information go to www.marinaciviccenter.com.