

Panorama

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55TH YEAR, NO. 12

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, MARCH 26, 2010

SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI

TIME CHANGE THIS WEEKEND



Remember to "spring ahead" this weekend and set your clock one hour later before you go to bed on Saturday night. The time changes officially at 2 a.m. on Sunday, March 27.



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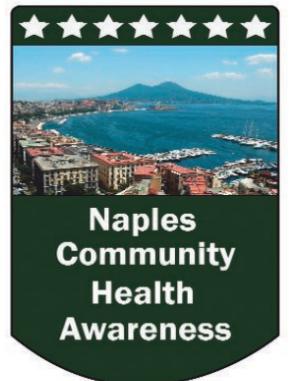
HEALTH UPDATE

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USNH Naples
Environmental
Health Info Center:
081-811-6321

Visit

<https://www.cnic.navy.mil/Naples/CommandInformation/HealthAwareness/Index.htm>



NSA Sailors prepare advancement packages for E-7 selection boards

Story by MC1 (EXW/AW) Terry Vick
Navy Public Affairs Support Element-East Detachment Europe

First class petty officers stationed at Naval Support Activity (NSA) Naples recently received their results for the Jan 2010 E-7 advancement exams. Those deemed "board eligible" now have until May 15 to submit packages to the FY-11 Active Duty Chief Petty Officer (CPO) Selection Board.

"You want to submit a package regardless of whether or not you believe your record might be missing something," said Personnel Specialist 2nd Class (SW) Josemarcelo Baqueroalvarez, who has assisted board eligible sailors in getting selected in the past. "Board eligible first classes need to do everything they can to make sure their records are updated and that, that information gets to the selection board."

Selection board packages provide candidates the opportunity to submit any missing documents from their enlisted permanent personnel record which are viewed by the selection board.

E-7 candidates, unlike those for E4/5/6, face differing criteria concerning the achievement of advancement eligibility and board selection. According to the Navy Advancement Center Facebook page, the Chiefs advancement exam final multiple (FM) only uses the exam score and most recent three years of evals "Things like time-in-rate, and passed-not-advanced points are not a factored into the E-7 FM," said Baqueroalvarez. "The exam itself serves as a sort of final check for rate knowledge, while the board has tasking to look at those other factors in a candidates record that the Chief of Naval Personnel may have identified for them to focus on."

The development of the Electronic ServiceRecord (ESR) has changed the way sailors can review and make possible changes to the information reviewed by E7 selection boards.

"Board eligible candidates for Chief need to realize

we have no way of knowing where the information being reviewed is coming from," said NSA administration department Yeomen 2nd Class (SW) Simalo Clesca. "Whether the boards are looking at the new ESR's or the old field service records is a great mystery, so you want to be constantly checking, updating and re-checking your information."

Some of the documentation reviewed by the CPO board are; classification and assignments, enlisted performance data, training and education, decorations, awards, and medals, and any adverse information.

"I would start with the Navy Department's Awards Web Service (NDAWS)," said Clesca. "the command awarding the sailor should be ensuring NDAWS gets updated and candidates for Chief should be making sure those awards are then reflected in their ESR."

Board eligible first class petty officers should also ensure that their packages are presentable and in good order. "They need to make sure that they make and use the best quality copies of the information their sending in," said Baqueroalvarez. "its also a good idea to have someone else take a look at your board package before you submit it, they can give you valuable feedback on the impression they got of you based on details of your paperwork you might not have seen or considered."

NAVADMIN 267/09 contains Chief of Naval Operations instructions on the 2010 Navy wide examinations and the FY2011 Active duty selection boards. "When it comes to the boards, there's no photograph of you, there's no biographical submission explaining your background, there is no accounting for gender or ethnicity or financial standing, everyone is on an equal footing," said Baqueroalvarez. "And everything about each candidate, accomplishments, duty stations, awards, education and most importantly leadership can be scrutinized on only 29 seconds. Therefore it is crucial that those 29 seconds represent that candidate in the best manner possible."

Women help shape the future of the Master at Arms Rate

Story by MC1 Edward Vasquez, Navy Public Affairs Support Element-East Detachment Europe

The Master-at-Arms (MA) function was created during the Civil War. It was only collateral duty up until 1973, when it officially became a rating. Women have been serving alongside men since then. The MA rating encompasses law enforcement, Anti-Terrorism, Force Protection and expeditionary warfare. "I think that woman serving in the military shows just how capable we are when it comes to accomplishing the mission. Being a military service member also allows us to serve our country with pride," said Master-at-Arms 2nd



Petty Officer 3rd Class Yvette Gonzalez NSA Naples Security Military Working Dogs Division works with her dog on board NSA Naples. (Photo by MC1 Edward Vasquez)

Class Teresa Gomez with Naval Support Activity (NSA) Naples Security. Master-at-Arms serve as a military police force onboard naval ships and installations, within the continental United States and outside the continental United States. "Well, there is definitely no gender bias. When I was working at the detention center at Guantanamo Bay everybody had to push just as hard," said Master-at-Arms 2nd Class Lizbeth Corona with NSA Naples Security. Navy MAS duties may include working as a Military Working Dog (MWD) handlers, Criminal Investigators, Brig Afloat/Naval Corrections, Patrolmen, Gate Sentries, Physical Security Specialist, Small Arms Marksmanship Instructors, AT/FP Training Supervisor or at some bases conducting Harbor Patrols. Women are playing a vital role in all of these fields. "The military has helped me to further my goals in the law enforcement field, and I feel that this is preparing me to take the next step in life," said Petty Officer 3rd Class Yvette Gonzalez, NSA Security Military Working Dogs Division. In support of the Global War on Terrorism, today's MA force is being sent forward to deploy in many places around the world including Cuba, Iraq, Afghanistan, Djibouti, and many other locations overseas. As the U.S. Navy's forces deploy forward so do it's female service members.

Naples High School Student Counsel raises money for Haiti

A Naples area mother smiles as she talks with Kevin Umstaedter, the Naples High School Booster Club Treasurer, while purchasing hamburgers for her children during the Haiti Run/Carnival held at the Naples High School, Mar. 20. The Run/Carnival was hosted by the Naples High School Student Counsel and raised nearly \$500 for the American Red Cross and Haiti relief. (Photo by Naples High School Booster Club)



Captain's Corner

By Capt. Robert Rabuse
NSA Naples Commanding Officer



You'll hear the drum beat of the Navy-Marine Corps Relief Society fund drive over the next few weeks as the drive continues through April 16. The services provided by the NMCRS have been crucial for many members in our community. Last year we raised nearly \$98 thousand and NMCRS returned almost twice that to Naples area service members in need. Looking at the initial response, we're on track to meet our goal if everyone continues to fill out the fund drive forms, which means NMCRS will be able to do even more for the community. We've only heard from a small portion of our personnel, so get those slips, or donations, in to your command representative and give today! Remember, it's not about Sailors and Marines giving more, it's about MORE Sailors and Marines giving.

We're in our last week of the COLA Living Pattern Survey. We've had good response on this and we've pushed it pretty hard, but we're not at 100% yet so if you haven't taken the survey, especially if you have dependents and you live off base, login and make your voice heard. The link is on the PAO notes, Facebook and the Naples Web site. The survey ends on March 31st.

The shuttle bus schedule will change on April 1st. Please review it for new times and routes. Morning and evening buses will be reduced to 3 runs, and we will add a few more mid-day shuttle runs between the bases and on weekends. Priority riders should always show their bus passes when boarding the busses, even if there is plenty of room onboard. We are tracking usage and routes based upon primary patron ridership.

The trash strike ended last week—it was an issue with unpaid salaries and that has been resolved—and we've all seen garbage trucks out on the roads, but it may take a little while for the excess trash and recycling buildup to go down. So while the garbage collectors work to remove all the trash, I urge all of you to reduce, reuse, recycle and do what you can to keep the volume of trash in the dumpsters as low as possible. I still see too many untied trash bags in the collection areas, please tie them off securely so the trash won't blow around. As always, for those who live off base please do not bring your trash or recycling to the base for disposal, I've had to personally remind too many people to obey NSA Policy. Again, these are just reminders of things most of you do on a regular basis, so thank you for being conscientious.

I see a lot of runaway carts in odd places. I know you can get a Euro coin out of the carts, but is it really worth taking it all the way to the back of the high school? Get the exercise, bring them back to the NEX-DeCA complex.

Spring is officially here, so that means warmer weather, more outdoor activities and more wheeled activity requiring helmets. Buy them and put them on. Please keep the pet policy in mind - use leashes and plastic bags. Again, I have had to be the personal enforcer of NSA Policy for too many pet owners who refuse to comply with regulations they have already acknowledged and signed. Be considerate of your neighbors and help keep the base a clean, healthy and safe place to live.

Don't forget to set clocks ahead one hour this Sunday morning.
Have a fantastic weekend.

Base Notes

From Panorama staff reports

Change Your Clock



Change Your Battery

Daylight Savings Time starts on March 28 at 2 a.m. Remember when you change the clock to change the smoke detector battery. It is also a good time to practice

your home escape drill with their family. Please contact your local installation fire prevention office for further information.

Lifeguard training and CPR for the professional rescuer

Great opportunity for summer employment! There will be a Spring Break Training Class: 12-16 April (8:30 a.m.-4:30 p.m.)

The cost for this course is \$110 per person; fee includes all course materials & certification fees. Course fee payable upon successful completion of the pre-test. For more information call 626-4254. Registration begins Monday, 29 March at the FitZone gym Front Desk. All participants must be pre-registered.

Navy-Marine Corps Relief Society fund drive

The NMCRS Fund Drive is off and running! NMCRS has helped Sailors and Marines in need for many years, and every dollar you give goes right back into our community in the form of loans and other support. It's not about Sailors and Marines giving more, it's about more Sailors and Marines giving!

We're more than a third of the way to last year's total, so good effort so far. If you haven't donated yet, don't wait until April 16.

For more information or to donate, contact your command's NMCRS representative or area coordinators: Lt. Moton, 626-3948, and MAC Jones, 626-5254.

Bus schedule change

The NAVSUPACT Shuttle bus schedule will change effective 1 April 2010. One morning run and evening run (SS-Capo-SS) has been deleted and placed during the middle of the day. New Schedules will be available beginning Monday 29 March. You may contact shuttlebusnaples@eu.navy.mil with any questions.

Easter Services

STATIONS OF THE CROSS

Friday 26 March @ 5 p.m. - S.S. Chapel

EASTER TRIDUUM

Catholic

Thursday 01 April @ 5 p.m., Holy Thursday - Mass S.S. Chapel

Friday 02 April @ 5 p.m. Good Friday Mass - S.S. Chapel

Saturday 03 April @ 8 p.m. Easter Vigil Mass - S.S. Chapel

(There will not be Confessions or 5 p.m. Vigil Mass on the 3rd)

Protestant

Friday 02 April @ 7 p.m. Good Friday - S.S. Chapel

EASTER SUNDAY

6:30 a.m. Protestant Sunrise Service - S.S. Amphitheater

8 a.m. Liturgical Protestant Service - S.S. Chapel

8:30 a.m. Catholic Mass - Capo Chapel

9:15 a.m. Contemporary Christian Service - S.S. Chapel

11 a.m. Catholic Mass - S.S. Chapel

11 a.m. General Protestant Service - Capo Chapel

2:30 p.m. Hallelujah Full Gospel Service - S.S. Chapel

6 p.m. Children's Easter Musical - S.S. Chapel

CNE-C6F/CNREURAFSWA HOTLINE

It is everyone's responsibility to report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General

Phone 081-568-2983 - Fax: 081-568-6354

E-mail ighotline@eu.navy.mil

Web site <http://www.cnic.navy.mil/europe/index.htm>

You can choose to remain anonymous

FYI POSSIBLE STRIKES

April 22 - All Trenitalia personnel will be on strike for 24 hours, from 9 p.m. of April 22, until to 9 p.m. of April 23.

April 23 - Local public transportation personnel will be on strike for 24 hours.

Panorama

Associato all'USPI
Unione Stampa Periodica Italiana

Naval Support Activity
Capt. Robert Rabuse
Cmdr. Stephen Schutt
Lt. Matt Gill
MC1 (NAO) John Parker
Teresa Merola
Naples Italy
Commanding Officer
Executive Officer
Public Affairs Officer
Assistant Public Affairs Officer
Public Affairs/COMREL Specialist
Editorial Staff
MC1 (NAO) John Parker
Editor-in-Chief/Photojournalist
Contributors
MC1 (EXW/AW) Terry Vick
MC1 Edward Vasquez
MC2 (SW/AW) Felicito Rustique
MC3 Kristopher Regan
NPASE-E Det. Europe
NPASE-E Det. Europe
NPASE-E Det. Europe
NPASE-E Det. Europe
Volunteer Contributors

Stuart Gelb
J. Freed, Lou Freed
Editorial Office:
Free Mercato Ads:
Paid Advertising:
Tel. 081/568-5335- Fax 081/568-5112
Tel. 081/568-5856- Fax 081/568-5112
Tel. 081/568-7884- Fax 081/568-7887

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Italian and American kids get together for cultural exchange

Students from Aversa High School got together with teens from Naples High School for a night of dancing and having fun. The dance took place at the Support Site Teen Center March 12. (Photo by Michael Yates)

Italian News Briefs

Compiled by Teresa Merola

Caravaggio exhibition in Rome will stay open later

The Caravaggio exhibition in Rome at the Scuderie del Quirinale was such a success that the exhibit will stay open until 11:30 p.m. for the next two weekends. More than 150,000 people have visited the exhibit in less than a month. The exhibit displays 24 authenticated masterpieces and marks 400 years since Caravaggio's death at the age of 39. Rome city hall has mapped out 15 Caravaggio's which are displayed in churches and palazzi around the city.

Police arrest well-know architect in Palermo

Police arrested a well-know architect in Palermo on Monday. He is believed to be the inherited chief of the most powerful Mafia clan in Palermo. He was arrested on suspicion of mafia conspiracy and extortion. He had designed major construction projects in Palermo and was well-known in the political and social scene. Italian Justice Minister Angelino Alfano said that the arrest was another important result of fighting organized crime.

Two-year investigation leads to arrests

Police confiscated 400 million euros worth of property assets and arrested 12 people in Rome and in Naples on Tuesday. The property included factories, cars and motorcycles registered under false names and belonging to a clan from the town of Giugliano, near Naples. The raid and seizure

involved about 500 police officers as part of a two-year investigation. On the same day, police confiscated 6.5 million euros worth of property from a crime family in the city of Palermo, Sicily.

Man names his son Silvio Berlusconi

A factory worker from Ghana living in Modena renamed his youngest son as the Italian Prime Minister Silvio Berlusconi. The man arrived to Sicily in 2002 he then moved to Modena and received his residency permit. His 5-year-old son joined him and the man signed him up at the registers office under the Italian Prime Minister's name. He said he liked everything about Berlusconi and he owed him his life in Italy. He wants his son to get an education and study politics hoping that one day he becomes a President either in Italy or in Ghana.

School children served bread and water for school lunch

In a small town in northern Italy, school children were put 'on bread and water' because their parents didn't pay their lunch money. Nine elementary students, seven foreigners and two Italians-received sandwiches to eat and water to drink instead of pasta, hamburgers and soft drinks. The Aduc, an Italian consumer's group association, called on Interior Minister Roberto Maroni to dissolve the town council 'for child abuse and civic indignity'. The school principal said that it was an insult to give a bit of bread and if they'd known in time they would have had a money collection.

THE INSIDE PAGE...

THIS WEEKEND

- 26 **NAPLES COMMUNITY GIRL SCOUT CADETTES HOLD TOURNEY** for the Journey Golf Tournament. Shotgun start at noon at Carney Park. The entry fee is \$30. FMI or to sign up, contact the Golf Course at 081-526-4296.
- 26 **LEARN HOW TO MAKE NEAPOLITAN PIZZA**, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.

MARCH

- 29 **TO VOMERO BY THE NEW METRO**, 8 a.m. to 3 p.m., departing from the Support Site FMI, contact the FFSC at 081-811-6372.
- 30 **MOZZARELLA** (tentative). FMI, contact the FFSC at 081-811-6372.
- 30 **SEMPRE LATTE**- 10 a.m. in the Health Promotion Classroom at the Naval Hospital.
- 31 **DUOMO CHURCH & OLD TOWN**, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 31 **SAT TEST**. FMI or to make an appointment, contact the Navy College Office at Capo, Admin II or call 081-568-6681/6684/6678. Testing starts at 7:45 a.m. and lasts about six hours.

APRIL

- 6-13-20-27 **SEMPRE LATTE** 10 a.m. in the Health Promotion Classroom at the Naval Hospital.
- EVERY MONDAY SHIPSHAPE**- 11 a.m. – noon and 3:30 p.m. to 4:30 in the Health Promotion Classroom at the Naval Hospital.

VOLUNTEERS NEEDED

NHS CHARITY AUCTION: Volunteers are needed to help with the NHS Asian Furniture Auction, which will be held at 11 a.m. March 27. FMI and to volunteer, contact Tish Campbell at nahsauctionvol@gmail.com or 081-811-5595.

NAVY LEAGUE OF THE U.S./NAPLES COUNCIL is seeking board members. Those interested, contact Betty Reese at 081-526-8051 and/or breese@cybernet.it.

TAX ASSISTANCE VOLUNTEERS NEEDED The U.S. Region Legal Service Office (RLSO) is seeking active duty and civilian volunteers for the Volunteer Income Tax Assistance (VITA) program for tax year 2009. Interested persons can either sign up at the RLSO in the Admin II building at Capodichino on the first floor or call the RLSO at 081-568-4576. If desired, the RLSO will assist active duty members in seeking permission from their chain of command to participate in the VITA program.

NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS. The Fundamentals of Instructor Training (F.I.T.) is a pre-requisite course to the Instructor Training course. FMI or to sign up, contact the office at 081-568-4788.

NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES. Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.

TEEN BABYSITTERS CAN EARN MONEY. All American Red Cross Certified babysitters interested in occasional babysitting can post a personal business card at the Fleet and Family Support Center, first floor of the Navy Lodge. FMI, contact the FFSC at 081-811-6551/6552/6555.

NAPLES COMMUNITY GIRL SCOUTS NEED LEADERS AND CO-LEADERS. FMI or to volunteer, contact Shannon Matthews at 081-811-5599 or by e-mail to naplesgs@yahoo.com.

USO NAPLES NEEDS VOLUNTEERS at the Support Site Office one or two days a week on Wednesdays and Fridays for tours, programs and projects. To get involved and make a difference in the NSA Naples community, call 081-568-5713 or send an e-mail to sabrina.pullido@uso.it.

NAPLES FRIENDS OF ANIMALS is currently seeking volunteers for board member positions, fundraiser events, and to foster animals and transport them to and from the off-base vet. FMI, visit <http://www.naplesfriendsofanimals.org> or e-mail Kimmie at nfoa.publicaffairs@gmail.com. They also need a volunteer to update, maintain and occasionally redesign the NFOA Web site. FMI, please contact nfoa.publicaffairs@gmail.com.

NAVY-MARINE CORPS RELIEF SOC. OPERATION CLIP & SAVE (COUPONS): 081-568-3913.

NAPLES OVERSEAS SPOUSES CLUB (NOSC). Volunteer opportunities with mileage and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store during the summer, weekends, nights, and on a daily basis. FMI, e-mail nosctshop@gmail.com or call 081-811-4200.

ONGOING/ON THE HORIZON

CHRISTIAN DRAMA CLUB MEETS, 2:45-4 p.m., every Thursday at the Support Site Chapel. Students in K-8th grade are invited to join. Ages 4-5 are also welcomed to attend along with a parent. FMI, please call 081-811-4617.

SECURITY NOTE: All DoD military or civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFP) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel or a gathering where distinguished visitors are involved. FMI, contact the AT/FP Division at 081-568-6300, or visit their office in Bldg. 447, behind BEQ II, at Capodichino.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit their Web site at <http://www.wraitalia.it/>.

NAPLES OVERSEAS SPOUSES CLUB OFFERS SCHOLARSHIPS to high school seniors, undergraduate and graduate students. For more information and to apply, visit their Web site at <http://www.noscitaly.com>.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 6 p.m. the fourth Wednesday of every month at the Capodichino Chapel Fellowship Hall. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/> home for schedule of events and more information.

NAPLES AMERICAN RED CROSS holds orientation from 8:30-10 a.m. the first Wednesday of every month. Contact the American Red Cross Office for more info at 081-568-4788.

AMERICAN SOCCER CLUB (ASC) NAPOLI ONGOING PRACTICES WEEKLY. Soccer Training for players ages 8-13 is taking place from 4:30-6:00 p.m. each Wed. at the South (lighted) Support Site fields. FMI, visit <http://www.ascnapoli.com> or email ASCPrez4@yahoo.com.

ULTIMATE FRISBEE CLUB HOLDS PICK-UP GAMES, 2 p.m., every Sunday at the Support Site Central Park (field by the pool) and 6 p.m. Thursdays at the Support Site South Park (softball field behind the school). FMI, contact Edward.Butzirus@dla.mil.



U.S. Air Force Major Jeffery Sandrock, JFC Public Affairs staff officer, briefs a group of 14 University of Oklahoma undergraduate students on NATO's current and future mission at Joint Force Command Naples March 18.

NATO hosts Oklahoma University students

Story and photo by Staff Sgt. Hillary Stonemetz,
JFC Public Affairs Office

Joint Force Command, Naples hosted a group of 14 University of Oklahoma undergraduate International Studies students at JFC Naples March 18.

US Air Force Major Jeffery Sandrock, JFC Public Affairs staff officer, and Canadian Navy Commander Daniel Agnew, Joint Execution Management Board, briefed the OU students on the JFC Naples mission and Operation Active Endeavor.

"Their professor contacted me about setting up some briefings for the University of Oklahoma's International Studies program," said Sandrock. "The students are on an investigative trip to look into various aspects of illegal trafficking."

The briefings were part of JFC's community relations program that invites students to the base for a special tour. The tours are scheduled on request from schools interested in participating.

"It's a great opportunity to hear first hand from the mouths of the people who deal with these

issues," said Isaac Freeman OU International Security Studies senior. "It provides context for our studies. I appreciated the candor and honesty from the briefers."

The student's were eager to learn and asked many insightful questions during their visit.

"It's wonderful to see the cooperation and strategic relationships among the NATO nations - that it's not U.S. dominated," said Shayna Daich, OU International Security studies junior.

After the briefings and a short base tour, the students enjoyed lunch at a local restaurant then hopped on a bus to continue their quest for knowledge at a charity in Casserta.

"Thank you for your hospitality and for (providing) us with this information," said Brooke Roiley OU International Area Studies sophomore.

The visit was part of OU's Illicit Trafficking course that also included visits to the U.S. Embassy in Rome, the embassy to the Vatican, the Carabinieri headquarters, the U.S. Consulate in Naples and a human rights charity in Caserta. The students were researching international trafficking in the Mediterranean Sea.



Swedish Army Director of Operations visits JFC

Admiral Mark Fitzgerald, Joint Forces Command Naples commander, welcomed Lt. Gen. Anders Lindstrom, Director of Operations Sweden, to JFC March 15. Lt. Gen. Lindstrom briefed Admiral Fitzgerald on the current and future Swedish commitments to the Balkans and European Union Naval Force and other topics of mutual interest. (Photo by Staff Sgt. Hillary Stonemetz)

TIPSY TAXI AVAILABLE

From Panorama staff reports

If you have had too much to drink or your driving ability is otherwise impaired, wherever you are in the Naples area, don't get behind the wheel, call:

- NSA CDO335-640-6597
- NSA QUARTERDECK.....081-568-5547
- RADIO TAXI NAPOLI.....081-570-7070

Senior week gives Naples High School Seniors chance to connect, learn about future



Story by Kelly Crosswell

This past week at school was TerraNova week, a week most students dread because it means standardized tests every morning. For the senior class, however, TerraNova week means something entirely different: Career Week and senior field trips. It means a week with the mornings off from classes to listen to various speakers and a barbeque at Carney Park to relax and spend time with friends. Senior Week has been organized every year by the senior class sponsor, Ms. Roberta Pennasilico, and this year's activities have exceeded expectations. The seniors have met with a wide variety of people from around the base including the Fire Chief, Mr. Hesmondhalgh, the base Public Affairs Officer, Lt. Gill, and the base Commanding Officer, Captain Rabuse. The seniors also took a trip downtown to meet the United States Consul General for Naples, Mr. Patrick Truhn, who spoke on building a career in the State Department. On Friday the class went to Carney Park for a barbeque that was sponsored by the Naples PTSA, during which the seniors were able to relax, enjoy themselves and play some flag football. Career Week is a valuable tool for the Senior Class in learning about job options and life skills, as well as being a nice way for the class to spend time together before graduation in June.

(Photo by MC2 (SW/AW) Felicito Rustique, NPASE-E Det. Europe)

Story by Elizabeth Leach

Senior Week at NAHS was a great privilege for the class of 2010. We were delighted to listen to speakers from all walks of life – media, family service, finance, NCIS, etc. A crowd favorite was Mr. Hesmondhalgh, the fire department chief, who came prepared with engrossing stories and jokes. On Wednesday,

we visited the consulate and interacted with Consul General Truhn and Consul PAO Bliss who have intriguing jobs as American diplomats here in Italy. With the generous assistance of the PTSA, we were treated to a barbeque at Carney Park on Friday. Seniors had fun and playing football, taking pictures and smearing each other with icing as we enjoyed our time together. It was remarkable to see

everyone relating together and getting along. Seniors who normally never hang out together did so during this week. There is no doubt that Senior Week has brought us closer as a class and strengthened our bonds of friendship. For this, we would like to thank Mrs. Pennasilico, the PTSA and the wonderful round of speakers who took the time to share their wisdom and experience.

Naples Public Health Evaluation

Construction Notice: Permanent vapor intrusion mitigation system to be installed at Capodichino CDC

By CNREURAFSWA Public Affairs

The Navy has completed the design of a permanent "vapor intrusion mitigation system" for the Capodichino Child Development Center (CDC), and Tetra Tech, lead contractor in the Naples Public Health Evaluation (PHE), is about to begin work to install the system. The permanent vapor intrusion mitigation system will prevent volatile organic compounds, like tetrachloroethene (PCE), from migrating from soil gas into the indoor air of the building. Installation of the vapor intrusion mitigation system is fairly simple and will be performed during off hours (evenings and weekends) so that services at the CDC will not be interrupted. This permanent system will replace the temporary units installed last summer.

Tetra Tech's PHE Team Leader Matt Soltis said the permanent vapor intrusion mitigation system is composed of only a few basic components.

"A series of small holes are drilled through the floor and into the soil below-ground," Soltis said. "Plastic piping is then inserted into these holes and sealed into place. The piping is connected to a fan which is vented through the roof of the CDC. This system is designed to suck any vapors or gases that could become present beneath the floor, even before they could seep into a building, and exhaust them through the roof."

The purpose of the vapor intrusion mitigation system is to address the chemical PCE that was detected in soil gas and indoor air samples at the CDC. These samples were collected as part of Phase II sampling at Capodichino.

PCE is a man-made chemical that is widely used in the dry-cleaning of fabrics and degreasing of metals, and under certain circumstances, can pose a health risk.

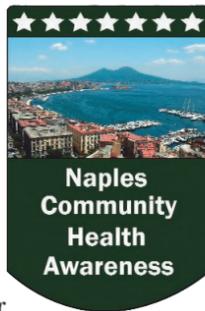
Although the amount of PCE detected at the CDC does not pose a health risk to children or staff, the PHE team decided as a precautionary measure, to install a temporary, "off the shelf," vapor intrusion mitigation system last summer, until a permanent system could be designed and installed in the building.

The U.S. Navy is committed to the health and well-being of its personnel and dependents residing and working in the Naples area and will continue to share important health information in a timely and transparent manner.

For more information about vapor intrusion mitigation at the CDC, download the "Understanding the Vapor Intrusion Mitigation System Being Installed at the Capodichino Child Development Center" fact sheet from the Naples PHE website: https://www.cnic.navy.mil/navycni/groups/public/documents/document/nicp_a135516.pdf

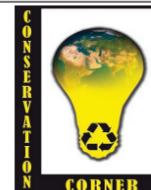
For more information about vapor intrusion, download the "Vapor Intrusion" fact sheet and the "Understanding Vapor Intrusion: A Guide to Key Concepts and Principles" video, from the Naples PHE website: <https://www.cnic.navy.mil/Naples/Command Information/HealthAwareness/FactSheets/index.htm>

For info about the environment and your health, drop by the Environmental Health Information Center at Naval Hospital Naples at the Support Site in Gricignano or give them a call at 081-811-6321. To learn more about the Naples PHE, watch for All Hands e-mail messages, look for this weekly column in Panorama, and visit the Naples Community Health Awareness Web site at <https://www.cnic.navy.mil/Naples/Command Information/HealthAwareness/index.htm>



NSA Naples energy conservation

Submitted by UT2 (SCW) Michael Labeau



WHAT IS ENERGY STAR?

ENERGY STAR is the trusted, government-backed symbol for energy efficiency, helping us all save money and protect the environment through energy-efficient products and practices. The ENERGY STAR label was established to:

Reduce greenhouse gas emissions and other pollutants caused by the inefficient use of energy. Make it easy for consumers to identify and purchase energy-efficient products that offer savings on energy bills without sacrificing performance, features, and comfort.

Note: Information taken from energystar.gov

TIPSY TAXI AVAILABLE

Service members in the Naples area who have had too much to drink or whose driving ability is otherwise impaired, don't get behind the wheel. Instead, call:

NSA CDO at 335-640-6597,
NSA QUARTERDECK at 081-568-5547, or
RADIO TAXI NAPOLI at 081-570-7070.



Top 10 steps to excel on your next Navy PRT

Story by www.navy-prt.com

Wear Good Running Shoes: Basket ball shoes, VANS, or the old set of New Balances' you got eight years ago at boot camp are poor choice. Not only are they going to add time to your run, but prolonged use will also cause damage to your knees and back.

Get a Good Night Sleep: Just as a good night sleep will help your performance before an academic test, it will help your performance while taking the physical PT test.

Take Responsibility for your Warm-up: The pre test warm-up routine your command does is probably not enough. Do a light run, stretch and knock out 20-25 sit-ups and pushups before the test.

Bring a Towel or Pad: Doing sit-ups on the concrete or wet grass is miserable. Bringing a towel or pad will keep you dry comfortable and ready to excel.

Bring Water: While your command SHOULD be bringing water for everyone, they may run out or forget. Bring your own, as you'll need it after the run.

Hit the Head Before the Test: There is no need to explain this in detail; running or doing sit-ups when you need to go is miserable.

Work with a Buddy: Having a buddy to encourage you will help push out more sit-ups, pushups and have a faster run time.

Know the Standards: Knowing the minimum requirements may prevent you from failing by missing one or two sit-ups. It will also keep you from over exerting yourself right before the run.

Take a pre-PRT: A few weeks prior to the real test take a pre-PRT with your buddy. It will let you know if there are any areas to work on and increase your confidence for the real test.

Stay off the Supplements or Energy Drinks: If red bulls or energy drinks are not part of your normal routine, don't start on the day of your test. Your body is not accustomed to the sugar/caffeine shock; it will probably make you stick and reduce performance.

Safe Tips Baseball and Softball

From Naval Safety Center

- **Pitching Too Long or Too Many Innings** – Many injuries occur from excessive pitching. Most organized baseball leagues have guidelines about the number of innings that can be pitched, usually based on the player's age. While there is no concrete guideline for the number of pitches allowed, a reasonable approach is to count the number of pitches thrown and use 80 to 100 pitches as a maximum in a game, and 30 to 40 pitches in a practice. Any persistent pain should disqualify a person from playing until pain subsides.
- **Breakaway bases** – Many players get injured while sliding into bases. The number of these mishaps could be significantly lowered by installing breakaway bases on playing fields. A breakaway base is snapped onto grommets attached to an anchored rubber mat that holds it in place during play. When a runner slides into the base, it can be dislodged to avoid direct contact and injury. During normal base running, the breakaway base is stable and will not detach.
- **Protective gear** – Protective equipment is one of the most important factors in minimizing the risk of injury in baseball. This equipment must fit properly and be worn correctly.
 - Wear a batting helmet at the plate, when waiting a turn at bat, and when running bases.
 - Face masks that are attached to batting helmets are available in some youth leagues. These devices can help reduce the risk of a serious facial injury if hit by a ball.
 - The catcher must always use a catcher's mitt.

If you play another position, ask your coach about specific size requirements for your mitt.

- Catchers should always wear a helmet, face mask, throat guard, long-model chest protector, protective supporter, and shin guards when catching batting practice and during games.
- Most youth leagues prohibit the use of shoes with steel spikes. Instead, wear molded, cleated baseball shoes.
- Inspect the playing field for holes, glass, rocks, and other debris.
- Stay in condition year-round with some form of regular exercise. Start with something as simple as brisk walking.
- Someone (a teammate, referee or spectator) should know first aid. Make sure someone on your team carries first aid equipment, particularly ice or ice packs.
- Don't go straight from your car onto the field. Arrive early and warm up with a walk or an easy jog. With sports where there are bursts of vigorous activity interspersed with inactivity, it's a good idea to move around or stretch during the idle periods.
- Stretch before the game, but not when your muscles are cold. Warm up a little first, then stretch gently. Afterwards, if you have had a vigorous workout, you can stretch more intensely. Learn stretches that are appropriate for your sport.
- Drink plenty of water or other fluids such as sports drinks during and after the game.
- If you start to feel pain, discomfort or fatigue, get your coach to put in a substitute. Don't overdo it.

MORE INSIDE PAGE...

ONGOING/ON THE HORIZON continued

PROTESTANT WOMEN OF THE CHAPEL (PWOC) holds Bible Study every Tuesday at 9 a.m. (childcare provided) or 6 p.m. (no childcare) at the Support Site Fellowship Hall. FMI, contact Sheryl Sandros at 333-648-9503.

MORALE, WELFARE & RECREATION IN SEARCH OF A DJ. MWR invites proposals for their DJ entertainment schedule of events. FMI, contact Mariella D'Amico CNREURAFSWA NAF Business Office at 081-568-4836 or by e-mail to Mariella.D'amico.it@eu.navy.mil. Deadline for submissions is noon Dec. 1.

TOUCH OF HEALING PRAYER WORSHIP, noon to 12:30 p.m., every Thursday in the U.S. Naval Hospital Naples Chapel. This is a "Healing/Anointing Prayer" worship service for patients, staff and family members; provided by Chaplain Phillip Clark.

NEW BEGINNINGS BIBLE STUDY, noon to 12:30 p.m., every Tuesday at the USNH Naples Chapel. Those hungering for spiritual food are invited to bring a bag lunch, sodas will be provided.

HARRY S. TRUMAN LODGE NO. 649 MEETS, every Friday at 7:30 p.m. FMI, contact Francis Villareal at 334-645-9978 or Francis.villareal@eu.navy.mil. Visit <http://www.hst649.org>.

NAPLES HIGH SCHOOL ADVISORY COMMITTEE (SAC) meets at 4:30 p.m. the first Tuesday of every month in the high school's Media Center. The meetings are open to the public. E-mail issues, questions or comments, to be addressed by the committee, to napleshssac@yahoo.com.

NEW PARENT SUPPORT OFFERS WEEKLY STROLLER WALK. Meet every Tuesday at 8 a.m. in front of Naples Elementary or Wednesday at 10 a.m. at the Village Forum circular drive (next to Navy Lodge/across from library). For more info., call FFSC at 081-811-6372.

NAVY COLLEGE LEARNING CENTER offers self-paced computer courseware for the ASVAB, SAT, ACT, CLEP or GED exams. FMI, contact NCLC at CAPO, Admin II, Monday-Thursday from 8 a.m. to 5 p.m. and Friday from 8 a.m. to noon, or call 081-568-4006.

MEN'S BIBLE STUDY 'THE EDGE' from 12:30-1:30 p.m., every Wednesday at JFC Naples, in the NCCC, room 223. FMI, contact Ben Shevchuk, 347-971-8416.

RECEIVE DAILY REFLECTION - an inspirational thought-for-the-day sent out by e-mail throughout the work week. To receive Daily Reflection, e-mail a request to Chaplain Charles Luff at charles.luff@eu.navy.mil.

PRAYER LUNCH HELD, noon to 12:30 p.m., Monday and Tuesday at the U.S. Naval Hospital Chapel. FMI, contact Chaplain Phillip Clark at 081-811-6451 or by e-mail to phillip.clark@med.navy.mil.

TEENS INTERESTED IN BABYSITTING bring Red Cross Certified Babysitting Course card along with a personal business card to the Fleet and Family Support Center (FFSC). FMI, call FFSC at 629081-811-6372.

MAINSTAGE ENTERTAINMENT FOR THE PERFORMING ARTS. For more information, visit <http://www.naplesmainstage.org> or call 331-570-2879.

QUILTERS AROUND THE WORLD MEETS the second Thursday of every month to share ideas and inspire one another. Quilters of all levels are welcome. FMI, e-mail qatw.napoli@yahoo.com or call 348-430-934.

NAPLES-AREA GIRL SCOUTS: naplesgs@yahoo.com.

RED CROSS DISASTER ACTION TEAM: 081-568-4788.

NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers, arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to bzzaragoza@yahoo.com.

COMPASS NAPLES NAVY SPOUSE TEAM MENTORING PROGRAM: for information call 081-811-4606 (leave a message) or e-mail COMPASSNaples@nsfamilyline.org.

WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM OFFERED at NSA Naples. Women who are pregnant, postpartum or have an infant or child under the age of five may qualify for the WIC Overseas program - a nutritional education program that provides supplemental foods. For more info., contact the WIC Overseas office at 081-811-4962/60.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY, meets every 1st Wednesday of the month at Fellowship Hall, at 6pm. FMI, contact John Tanedo at 346-866-9679, DSN 626-6794 or john.tanedo@eu.navy.mil; Phil Laroya at DSN 629-6086 or philip.laroya@med.navy.mil.

MONTHLY CHILD FIND SCREENINGS AT NES. Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4044 for an appointment.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.

NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION provides support and activities throughout the school year. FMI, contact Mindy Doyle at mindydoyle@yahoo.com.

NAPLES-AREA USAF RETIREES, get information or an invitation to upcoming events and social activities by contacting Wylie Miller, USAF Retiree Affairs representative, 329-208-7315 or wkmiller@tin.it.

SAIL WITH THE NAPLES NATO YACHT CLUB (NNYC) AMERICAN TEAM. We are looking for Americans interested in participating in dinghy races sailed at the NNYC facilities on the island of Nisida. Experience not required. FMI, contact Bill Carty at wccarty@yahoo.com.

CARNEY PARK LADIES GOLF ASSN meets 9 a.m. Mondays. All skill levels welcome. Discounted play with membership. FMI, Carol Borkowski, 081-804-3345, or Carney Park Golf Course at 081-526-4296.

TOBACCO CESSATION, USNH Health Promotions Classroom and Capodichino. A four-week Freedom from Smoking class. To register, call 081-811-6313/6311.

EDIS SCREENINGS NOW AVAILABLE, Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.

LATINOS UNIDOS WELCOMES NEW MEMBERS. Meetings are at 2 p.m. the first Sunday of every month at the Support Site park. For more info, contact Michael Cortez, Michael.cortez@eu.navy.mil, 334-6771-0327, or Gabriel Sermenio, Gabriel.sermenio@eu.navy.mil, 081-811-5554.

Reel Times cinema

Friday, March 26
4 p.m. How to Train Your Dragon, PG, *Premiere Showing*
6:45 p.m. Alice in Wonderland, PG
7 p.m. When in Rome, PG13
9 p.m. From Paris With Love, R, 9 p.m. PlusMovie & *Premiere Showing*

Saturday, March 27
Noon How to Train Your Dragon, PG
1:30 p.m. Tooth Fairy, PG
3 p.m. Extraordinary Measures, PG, *Premiere Showing*
5 p.m. Alice in Wonderland, PG
6 p.m. How to Train Your Dragon, PG
8:15 p.m. Legion, R
8:45 p.m. Dear John, PG-13

Sunday, March 28
Noon How to Train Your Dragon, PG
1:30 p.m. Alice in Wonderland, PG
3 p.m. Tooth Fairy, PG
5:15 p.m. When in Rome, PG13
6 p.m. Extraordinary Measures, PG
8:15 p.m. Dear John, PG-13
8:45 p.m. From Paris With Love, R

Monday, March 29
4 p.m. Tooth Fairy, PG

5:30 p.m. The Spy Next Door, PG
7 p.m. The Book of Eli, R
8:45 p.m. Edge of Darkness, R

Tuesday, March 30
4 p.m. Alice in Wonderland, PG
5:30 p.m. Extraordinary Measures, PG
7:30 p.m. Dear John, PG-13
8:45 p.m. From Paris With Love, R

Wednesday, March 31
Noon When in Rome, PG13
2:45 p.m. Dear John, PG-13
5 p.m. The Lovely Bones, PG-13, *Last Showing*
5:45 p.m. When in Rome, PG13
7:30 p.m. The Book of Eli, R
8:45 p.m. Legion, R

Thursday, April 1
Noon Alice in Wonderland, PG
2:45 p.m. Extraordinary Measures, PG
5 p.m. Dear John, PG-13
6 p.m. When in Rome, PG13
8:15 p.m. Daybreakers, R
8:45 p.m. From Paris With Love, R

Friday, April 2
4 p.m. Alice in Wonderland
6:30 p.m. How to Train Your Dragon, PG
7 p.m. Valentine's Day, PG-13
9 p.m. Legion, R, 9 p.m. PlusMovie



Friday, March 26
7 p.m.: Edge of Darkness, R
Sunday, March 28
2:30 p.m.: Dear John, PG-13



Until Every One Comes Home.
<http://www.uso.it>
Capodichino 081-568-5713
Support Site Office (M-W-F) 629-4903

USO DAILY TOURS
26 March Naples After Work with Pizza Dinner €34
27 March Magical Capri Tour €67
28 March Vatican and Sistine Chapel €52
2 April Jewels of the Amalfi Coast €34

WEEKEND TOURS
March 26-27 Super Italian Motors. . . €272
April 3-4 Easter in Florence and Pisa €165
April 12-15 Spring Break in Barcelona €452
May 27-30 Paris and the Castles of Loire €692

Movie descriptions

No Children Under 10
Admitted to R-Rated Movies

VALENTINE'S DAY, PG-13, for some sexual material and brief partial nudity, Comedy Romance 117 min. Veteran director Garry Marshall (Pretty Woman) helms this ensemble comedy featuring multiple overlapping storylines set during a Valentine's Day in L.A. where a diverse group of Los Angelenos navigate their way through romance and heartbreak over the course of one Valentine's Day. Couples and singles experience the pinnacles and pitfalls of finding, keeping or ending relationships in a day in the life of love. Julia Roberts, Anne Hathaway, Jessica Alba, Kathy Bates, Bradley Cooper, Jessica Biel, Eric Dane, Shirley MacLaine, Ashton Kutcher, and Topher Grace top line this superb cast.

THE WOLFMAN, R, For bloody horror, violence and gore, Suspense/Horror, Thriller and Remake 102 min. Cast: Benicio Del Toro, Anthony Hopkins, Emily Blunt, Hugo Weaving. Universal Studios resurrects the classic lycanthrope with this tale of an American who experiences an unsettling Transformation after returning to his ancestral home in Victorian-era Great Britain and being attacked by a rampaging werewolf. His brother having recently vanished without a trace, haunted nobleman Lawrence Talbot (Benicio Del Toro) returns to his family estate to investigate. What he discovers upon reuniting with his estranged father (Anthony Hopkins), however, is a destiny far darker than his blackest nightmares. As a young boy, the untimely death of his mother caused Talbot to grow up before his time. Though Talbot would attempt to bury his pain in the past by leaving the quiet Victorian hamlet of Blackmoor behind, the past returns with a vengeance when his brother's fiancée, Gwen Conliffe (Emily Blunt), convinces him to return home and aid the search for his missing brother. But something monstrous has been stalking the residents of Blackmoor from the nighttime shadows, something not quite human. Not even recently arrived Scotland Yard inspector Aberline (Hugo Weaving) can dream up a rational explanation for the gruesome spell that has been cast over Blackmoor, yet rumors of an ancient curse persist in this very day. According to legend, the afflicted will experience a horrific transformation by the light of the full moon, their animal rage becoming far too powerful for their human bodies to contain. Now, the woman Talbot loves is in mortal danger, and in order to protect her he must venture into the moonlit woods and destroy the beast before it destroys her. But this isn't your typical hunt, because before the beast can be slain, a simple man will uncover a primal side of himself that he never knew existed. Screenwriter Andrew Kevin Walker pens a film directed by Joe Johnston and featuring creature effects by special-effects makeup legend Rick Baker.

DEAR JOHN, PG-13, For some sensuality and violence, Cast: Channing Tatum, Amanda Seyfried, Richard Jenkins, Henry Thomas, D.J. Cotrona. Drama and Romance 109 min. Nicholas Sparks' novel about a young soldier who falls for an idealistic college girl. Savannah Curtis (Amanda Seyfried) was on spring break when she first met John Tyree (Channing Tatum), who was home on temporary leave. For the smitten soldier it was practically love at first sight. Over the course of the next seven years, when each deployment seemed more treacherous than the last, the love letters that Savannah sent to John were one of the only things that kept him going. However, those loving and heartfelt correspondences would ultimately yield consequences that neither the brave soldier nor his one true love could have ever foreseen.

HOW TO TRAIN YOUR DRAGON, PG, For sequences of intense action and some scary images, and brief mild language, Action/Adventure, Comedy, Kids, Fantasy, Animation and Adaptation 93 min. Cast: Jay Baruchel, Gerard Butler, America Ferrera, Jonah Hill, Craig Ferguson. First Run Over Seas in Theaters (FROST). From the studio that brought you "Shrek," "Madagascar" and "Kung Fu Panda" comes "How to Train Your Dragon," a comedy adventure set in the mythical world of burly Vikings and wild dragons, based on the book by Cressida Cowell. The story centers around a Viking teenager named Hiccup, who lives on the island of Berk, where fighting dragons is a way of life. The teen's smarts and offbeat sense of humor don't sit too well with his tribe or its chief... who just happens to be Hiccup's father. However, when Hiccup is included in Dragon Training with the other Viking teens, he sees his chance to prove he has what it takes to be a fighter. But when he encounters (and ultimately befriends) an injured dragon, his world is flipped upside down, and what started out as Hiccup's

one shot to prove himself turns into an opportunity to set a new course for the future of the entire tribe.

FROM PARIS WITH LOVE, R, For strong bloody violence throughout, drug content, pervasive language and brief sexuality, Action/Adventure, Art/Foreign and Thriller 95 min. Cast: John Travolta, Jonathan Rhys Meyers, Kasia Smutniak, Richard Durden. A young CIA agent James Reece (Jonathan Rhys-Meyers) who has a cushy day job but dreams of an exciting life in the field. When the agency offers him his first big-time assignment, James must team with crazed lone wolf Charlie Wax (John Travolta) to stop a terrorist bombing plot. Although James is initially in way over his head, he soon realizes that he needs to trust Charlie if he wants to live his dream and save his own life, because the bad guys not only want to cause damage to the city, but want James killed.

Extraordinary Measures, PG, For thematic material, language, and a mild suspenseful moment, Cast: Brendan Fraser, Harrison Ford, Keri Russell, Jared Harris, Meredith Droeger. Drama, Adaptation and Biopic 109 min. From his working class roots, John Crowley has finally begun to taste success in corporate America. Supported by his beautiful wife Aileen and their three children, John is on the fast track. But just as his career is taking off, Crowley walks away from it all when his two youngest children, Megan and Patrick, are diagnosed with a fatal disease. With Aileen by his side, harnessing all of his skill and determination, Crowley teams up with a brilliant, but unappreciated and unconventional scientist, Dr. Robert Stonehill. Together they form a bio-tech company focused on developing a life-saving drug. One driven to prove himself and his theories, the other by a chance to save his children, this unlikely alliance eventually develops into mutual respect as they battle the medical and business establishments in a fight against the system and time. But, at the last minute, when it appears that a solution has been found, the relationship between the two men faces a final test - the outcome of which will affect the fate of John's children.

ALICE IN WONDERLAND, PG, Science Fiction/Fantasy and Adaptation 109 min. Cast: Mia Wasikowska, Johnny Depp, Helena Binham Carter, Anne Hathaway. First Run Over Seas in Theaters (FROST). 19-year-old Alice returns to the whimsical world she first encountered as a young girl, reuniting with her childhood friends: the White Rabbit, Tweedledee and Tweedledum, the Dormouse, the Caterpillar, the Cheshire Cat, and of course, the Mad Hatter. Alice embarks on a fantastical journey to find her true destiny and end the Red Queen's reign of terror.

EDGE OF DARKNESS, R, For strong bloody violence and language, Drama, Thriller, Adaptation and Politics/Religion 117 min. Cast: Mel Gibson, Ray Winstone, Danny Huston, Bojana Novakovic, Shawn Roberts. Thomas Craven is a veteran homicide detective for the Boston Police Department and a single father. When his only child, 24-year-old Emma, is murdered on the steps of his home, everyone assumes that he was the target. But he soon suspects otherwise, and embarks on a mission to find out about his daughter's secret life and her killing. His investigation leads him into a dangerous looking-glass world of corporate cover-ups, government collusion and murder -- and to shadowy government operative Darius Jedburgh who has been sent in to clean up the evidence. Craven's solitary search for answers about his daughter's death transforms into an odyssey of emotional discovery and redemption.

WHEN IN ROME, PG13, Cast: Kristen Bell, Jon Heder, Dax Shepard, Josh Duhamel, Anjelica Huston Comedy and Romance 91 min. Disillusioned with romance during her whirlwind trip to Rome, an ambitious New Yorker defiantly swipes a few magic coins from a "foolish" wishing fountain, inadvertently igniting the passions of a motley crew of suitors as she's pursued by a handsome reporter with charm to spare. Beth (Kristen Bell) is at a point in her life where love seems like a luxury she just can't afford. Years of waiting for that perfect romance has made Beth bitter, and one day, while vacationing in Rome, she cynically plucks a handful of coins from a local fountain of love. Almost immediately thereafter, Beth finds herself fending off the advances of a diminutive sausage magnate (Danny DeVito), a lanky street magician (Jon Heder), a doting painter (Will Arnett), and a narcissistic male model (Dax Shepard). Meanwhile, a smitten reporter (Josh Duhamel) does his best to convince Beth that true love isn't just a topic of fairy tales and romance novels.

BNS Godetia lends assistance to schools and hospitals in Benin

By MC1 (SW) Gary Keen,
Africa Partnership Station BNS Godetia Public Affairs

The Belgium Navy command and logistical support ship BNS Godetia (A 960) delivered more than 16 tons of relief goods for hospitals and schools here, Mar. 18, as part of the European-led Africa Partnership Station (APS) initiative.

The relief goods were donated by non-governmental organizations (NGO) in Belgium and transport by Godetia for distribution during this APS deployment.

"It makes me feel good to see how happy the people are when we deliver the relief goods," said Belgian Navy Lt. j.g. Pieter Vankeirsbilck, supply officer onboard Godetia. "It would cost too much to have all these relief goods flown in or shipped with a civilian firm. It would have cost more than the cost of the goods themselves, and we did it for free. We have 30 tons of relief goods onboard donated by NGOs and we will be giving out throughout this APS deployment."

The ship's crew and its embarked Royal Netherlands Marines Corps officer, and U.S. 6th Fleet and Coast Guard staff spent the day unloading tables, medical equipment, text books, schools supplies, clothes, computers, and solar panels. The relief goods went out to 13 different schools and hospitals in Benin.

"We have received computers and laboratory equipment that will help the students study and complete their exams," said Victor Oyetola, network manager for the University of Abomey-Calavi in Cotonou. "One of the main problems we have at the university is electricity. We have a server for our computers, but we cannot use it because we have not had electricity for two weeks. Now with the solar panels we have received with the relief goods from the Godetia, we will have electricity and will be able to use our computers."

Godetia is homeported in Zeebrugge, Belgium, and is the second non-U.S. ship to execute the



U.S. Navy Lt. Cmdr. Gary Ellington (middle) works with Belgian Navy Sailors to off load 16 tons of relief supplies for hospitals and schools in Benin from the Belgian Navy command and logistical support ship BNS Godetia (A 960) as part of the European-led Africa Partnership Station (APS) initiative. This APS deployment is led by the Belgian Navy with the support of the Netherlands and the United States and marks the second time that APS has been executed from a non-U.S. ship. APS is an international initiative developed by Naval Forces Africa to improve maritime safety and security with African partner countries. Godetia is homeported in Zeebrugge, Belgium, and is on a scheduled deployment. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Gary Keen)

APS mission. APS, a U.S. Navy original initiative, is an international effort aimed at improving maritime safety and security for the continent of Africa through training and other collaborative activities with African partner countries.

During this deployment, Godetia will visit Benin, Cameroon, Congo, Democratic Republic of Congo, and Senegal.



USS Mount Whitney basketball team poses with the French Navy basketball team from the Frigate Dupleix (D641)

Mount Whitney Sailors build relations through basketball

Story and photo by MC2 (SW) Sylvia Nealy, USS Mount Whitney Public Affairs

French Navy Sailors from Frigate Dupleix (D641) hosted a basketball competition for U.S. Navy Sailors from USS Mount Whitney (LCC/JCC 20) during a four-day port visit on March 15.

At 10 am, 22 French Navy and U.S. Navy Sailors united at the French Naval Station Gymnasium and displayed their talent during a four period basketball game.

"This event was definitely a morale booster. This is something we love to do, all day every day; just say the word basketball and we are there," said Information Systems Technician 3rd Class Adrienne Gates.

Capt. Bernald Velly, commanding officer of Dupleix was stationed aboard the Mount Whitney more than five years ago with Commander Second Fleet (C2F), Striking Force North Atlantic Treaty Organization (NATO) when the ship was homeported in Norfolk, Va. He took this opportunity to arrange this game so lasting friendships and relations could be built during this port visit.

"This was a great opportunity for my Sailors to play against the U.S. Navy Sailors. Given the fact, I have a two year history aboard this ship and the sport of basketball is a common American sport.

I wanted to arrange this gathering, and I am glad everyone had fun and showed enthusiasm during the game," said Velly.

"Using sports is the best way to build a partnership and friendship with other countries because of the language barrier," said Lt. Alexandre Paulus, Second Rank Officer aboard Dupleix.

Mount Whitney is currently on its scheduled port calls in the Mediterranean Region. Mount Whitney is the Sixth Fleet flagship. It is homeported in Gaeta, Italy and operates with a hybrid crew of U.S. Sailors and Military Sealift Command, civilian mariners.

Gunston Hall Sailors teach first aid to African Sailors

By MC2 (SW/AW) John Stratton,
Africa Partnership Station
2010 public affairs

Sailors from the Benin, Ghanaian, and Nigerian navies took part in first aid training Mar. 16 - 17 aboard the Whidbey Island-class amphibious dock-landing ship USS Gunston Hall (LSD 44).

The training, part of a curriculum for students participating in Africa Partnership Station (APS) West 2010, demonstrated how the U.S. Navy treats patients with serious injuries. The idea, according to Senior Chief Hospital Corpsman (SW/SS) Tom Guest, is that the students will take the instruction and be able to apply it when necessary.

"The training being taught to

the students is what every Sailor aboard Gunston Hall receives," said Guest, of Norfolk, Va., leading chief petty officer for the ship's health services department. "These classes are just an introduction to help the students become familiar with the methods we use."

Five corpsman from the ship's health services department took turns instructing classes on such topics as fractures, head injuries, abdominal eviscerations and electric shock.

"They're doing well," said Hospital Corpsman 3rd Class Guy Leppy, of Smyrna, Ga. "They caught on to the material very quickly and have been correcting themselves as they go along."

Benin navy sailor Houedanou

Richard said he enjoyed the training.

"This training is very useful," said Richard. "We are having fun learning the basics that we can later use if needed."

The training being conducted through APS West is designed to enhance professional development and provide a valuable motivational and instructional experience to increase the awareness of maritime safety and security.

Gunston Hall is on a scheduled deployment in the 6th Fleet area of responsibility in support of APS West, an international initiative developed by Naval Forces Europe and Naval Forces Africa that aims to improve maritime safety and security in West and Central Africa.



Hospital Corpsman 3rd Class Matthew Colemaw, from Indianapolis, gives a Ghanaian woman an eye examination during a medical outreach program at Manhean Health Center as part of Africa Partnership Station (APS) West. APS West is an international initiative developed by Naval Forces Europe and Naval Forces Africa that aims to improve maritime safety and security in West and Central Africa. (U.S. Navy photo by MC1 Martine Cuaron/Released)



(Above) Members of the MWR Liberty Tour to Dublin tour a monastic site in the Irish countryside Mar. 16. The liberty trip gave service members the chance to see many aspects of Ireland.

(Right) Millions of people showed their St. Patrick's Day spirit in Dublin by dressing in all sorts of costumes primarily made with green material Mar. 17. People from all over the world came to celebrate the holiday.

(Below) People arrive hours early to get a good spot for the St. Patrick's Day Parade in Dublin Mar. 17. Millions of people from all over the world lined the streets to see this event take place.



NSA Naples Service Members travel to Dublin with MWR Liberty

Story and photos by MC3 MC3 Kristopher Regan, NPASE-E Det. Europe, NPASE-E Det. Europe

Every year St. Patrick's Day is celebrated by millions of people all around the world. Local Naval Support Activity (NSA), Naples service members had the great opportunity to experience this year's celebration in Dublin, Ireland with the Moral, Welfare and Recreation (MWR) Liberty Tour the week of Mar. 15.

The first day started with a panoramic tour of the city of Dublin. Later on in the day the group had the chance to visit the Guinness Brewery and the Jameson Distillery. "The Jameson Experience' at the Jameson Factory was a great time," said Information Systems Technician 3rd Class Petty Officer Aaron Richards, tour member. "They have the tour set up very well and so you end up learning just about everything about the history of Jameson, and there is whiskey taste testing for you at the end."

The second day consisted of a trip to a very old monastic site which is located in the countryside of Ireland. After the tour of the monastic site the group went to Power Court Castle which is located in County Wicklow.

The Power Court Castle has an elaborate landscaped garden that extends over nearly 42 acres of land. "The Power Court Castle is a beautiful building that has an amazing garden that impresses just about everyone who sees it," Tommaso Schiano, MWR recreation assistant liberty escort.

The last day of the trip was St. Patrick's day so the members of the group got the full day to themselves to fully experience the day at their leisure. "My favorite part of St. Patrick's day was the Music," said Richards. It was great to hear some live Irish music.

Whether they chose to watch the two hour long parade along with the millions of other spectators or just enjoy the day in a quiet pub, everyone got the full experience of the St. Patty's day spirit.

"By the last day of the trip everyone pretty much knows there way around Dublin, so they can get around and do what ever they want without feeling overly committed to the tour group," Schiano "We like to give enough freedom on our trips so everyone can explore and learn at their own pace."

For more information on upcoming trips being held by MWR Liberty contact the liberty center at DSN 626-4896.



Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are: **Monday through Friday, from 0800 to 1530.**

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, OR at the HRO, located in Admin 1, Capodichino, OR by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, OR at Fleet and Family Service Center (FFSC) located on the TLA first floor, at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement.

U.S. POSITIONS

For a current list of U.S. vacancies and application process info visit our NEW website at: <https://www.cnic.navy.mil/Naples/Departments/HumanResourcesOffice/Jobs/index.htm>

CLOSING 08 APR 10
Management Analyst, GS-0343-09, ANN# EUR10-637677-AV, Full Time Permanent
Financial Management Analyst, GS-0501-12, ANN# EUR10-637643-AG, Full Time Permanent

COURTESY US VACANCY ANNOUNCEMENT

"Field Academic Advisor for the University of Maryland University College" (UMUC). Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position.

Community Bank, Banking Center Service Supervisor, Capodichino U.S. Navy Base, Naples, Italy. To apply online, please use the "Careers" link at: www.dodcommunitybank.com,

or submit your resume at HR Europe: pia.krucker@dodcommunitybank.com. Member Service Representative, Navy Federal Credit Union, Naples Italy. Apply on-line at www.navyfederal.org. The U.S. Naval Hospital, Naples is seeking a full-time Contract Dental Assistant for the Dental Department at the support site. If you are interested in the position, please contact Ms. Paola Gargiulo at DSN: 629-6117, Comm: 081-811-6117 or e-mail: Paola.gargiulo@med.navy.mil. The position will remain open from 19 March 2010 thru 01 April 2010 (inclusive).

"Field Representative" for the University of Maryland University College" (UMUC). Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position. "Computer Field Monitor" for the University of Maryland University College" (UMUC). Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position.

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information visit our NEW website at: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>

CLOSING 01 APR 10
Dental Hygienist, UA-0682-03, ANN# 66096-617022-EG, Full Time Permanent
Management and Program Analyst, Ua-0343-03 KPP 02/01, or Ua-02, Or Ua-01, ANN# 33191-621231-AV, Full Time Permanent, AOC: CURRENT NAVFAC AND PWD NAPLES EMPLOYEES ONLY

CLOSING 08 APR 10
Dental Assistant, Ua-0681-06, ANN# 66096-637634-EG, Full Time Temporary
"If you have any questions/comments with regard to HRO Naples' services, please contact

the Director's Office at 626-5770 or 081-568-5770. You can also submit your questions/comments to the HRO website at www.CNIC.navy.mil/Naples/index.htm; click on "CNREUR-AFSWA Human Resources Office; and under the HRO (N13) page, click "Contact Us", a form will appear. Please complete the short form and submit. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input, whether negative or positive so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO Representative is available for the bi-weekly "Meet & Greet" at the NSA, Support Site Base, Navy Exchange Food Court area from 0800 to 0900. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for, or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to the HRO office and you will be provided an answer or a call back the same day. The next "Meet & Greet" is 29 March 2010."

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280. The necessary application forms are also available on line. For any questions you have you may reach us at 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Recreation Aid, NF-0189-01, ANN# 10-021, flexible, Fitness Forum, Support Site. Job Summary: Assist in the operations of the fitness program.
Recreation Aid, NF-0189-01, ANN# 08-164, flexible, Community Services, Capodichino. Job Summary: Provides information concerning facility, operation and regulations.
Recreation Aid (Intramural Sports), NF-0189-01, ANN# 09-091, flexible full time, Fitness Forum, Support Site. Job Summary: Assists the Sport Coordinator to plan the fitness activities
Recreation Aid, NF-0189-01, ANN# 09-129R, flexible, Reel Time Theater II, Support Site.

Job Summary: This position transacts the sale of refreshments at the theater snack bar.
Recreation Aid, NF-0189-01, ANN# 10-022, flexible, NOR Center, Carney Park. Job Summary: Provides and maintain recreation and athletic equipment issue.
Recreation Assistant, NF-0189-02, ANN# 10-020, flexible, Fitness Forum, Support site. Job Summary: Provides instructions to patrons in a variety of physical fitness classes.
Child & Youth Program Assistant, CY-1702-I/II, ANN# 10-007, (Multiple Positions) flexible, Child Development Centers, School Age Care, Youth Programs, Capodichino/SS/Carney Park. Job Summary: Care and instruction for children and youth from 6 wks to 18 yrs.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
DSN: 629-4774
Mon. - Fri. 8 a.m. - 3:30 p.m.

NEX Job opportunities are now posted on the Web at <http://www.navy-nex.com>. Submit completed applications to NEX Human Resources Office located above the Main Exchange. If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE

POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE

No Vacancies

GRICIGNANO MINI MART

No Vacancies

DISTRIBUTION CENTER, GRICIGNANO

No Vacancies

CAPODICHINO NEX MART

Ann# 014-10 Sales Clerk/NF-2091-01/FLEX - Closes: 04/09/10

Ann# 016-10 Customer Service Clerk/NF-2091-01/RFT-Closes: 04/09/10

EUROPE DISTRICT OFFICE

(Gricignano Main Store)
No Vacancies

GRICIGNANO NAVY LODGE

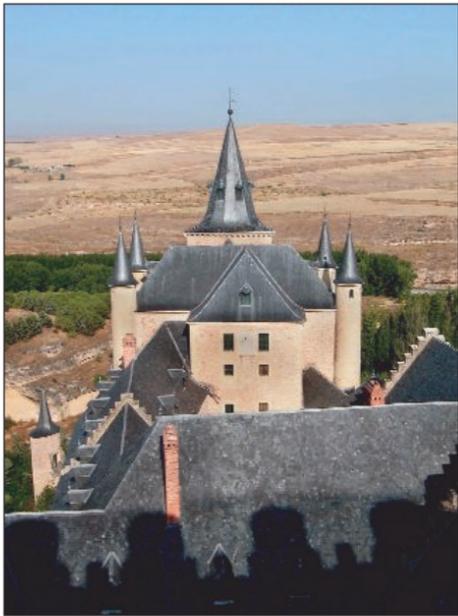
No Vacancies

JFC-NATO MINI MART

No Vacancies

LOCAL POSITION

No Vacancies.



Perched on an acropolis of rock overlooking the countryside, the alcazar fortress in Segovia is like something out of a Disney movie. It is open to visitors and is a joy to explore. The panoramic views from atop its fairy tale walls and towers are truly stunning.



Segovia: a photographer's dream

Story and Photos by Gary Rice

Looking for a great place to visit in Europe? Check out Segovia, Spain. Its alcazar fortress (castle) is like something straight out of a Disney fairy tale, with cylindrical soaring towers and crenellated battlements. It calls to mind Sleeping Beauty's Castle and looks more like Camelot than anything I've seen anywhere else, except maybe Neuschwanstein Castle in Bavaria. The only thing missing is Guinevere watching from a tower window as knights in shining armor joust in the courtyard below. From a hillside trail above the narrow valley to the west, I got a nice photo of the castle in a setting of bushy green trees and billowing cumulus clouds.

Segovia is only an hour's drive north of Madrid in central Spain, on the other side of the Sierra Guadarrama Mountains in the historic region of Castile-Leon. With a population of about 54,000 inhabitants, it is far more peaceful and much less crowded than the busy capital city. It is a city of narrow cobblestone streets and architectural marvels, rich in history and culture. In 1985, the historic town center, including the alcazar, was named a UNESCO World Heritage Site.

As you drive into town, the first thing you see is the most impressive and well-preserved Roman aqueduct in the world. Built with more than 20 thousand stone blocks, and without the use of cement or mortar, the aqueduct stretches almost three thousand feet through the town on 118 arches and rises to a height of 115 feet. Built circa 100 AD, the aqueduct was in use in the 19th century and could still carry water today.

There are souvenir shops, sidewalk cafes, and restaurants in Segovia, but they are not so numerous as to detract from the small town ambiance. The shops sell the usual trinkets and knick-knacks, and I bought an eight-inch-tall Don Quixote figurine. If possible, I try to avoid the hordes of tourists and traffic jams of the larger cities. You are far less likely to find them here, and you can take your time to enjoy the sights in relative comfort. Many of the streets and plazas in the historic area are for pedestrian traffic only.

The alcazar was originally built in the 12th century on a promontory of rock at the confluence of the Eresma and Clamores rivers. It first served as a hunting palace for the monarchs of Castile, but its main claim to fame came in the late 15th century during the reign of King Ferdinand and Queen Isabella. It was in the alcazar that these two monarchs granted an audience to a Genoese navigator and explorer that would ultimately change world history. With their ships and financial backing, Christopher Columbus set sail in 1492 to discover the New World. The alcazar later served as a prison and then as a royal artillery school. It was badly damaged by a fire in 1862, and much of what we see today is the result of extensive renovation and repair.

Like the alcazar, Segovia's cathedral is

another impressive looking edifice, bristling with ornate spires, flying buttresses, and pinnacles. Begun in 1525 and finished in 1768, it stands at the highest point of town just off the main square (Plaza Mayor) and was the last Gothic cathedral built in Spain. Its huge tower with its Gothic spire soars above the town to a height of almost 300 feet. The cathedral has many beautiful stained glass windows that date to the 17th century and organs from the 18th century. In contrast to its flamboyant exterior, the interior is simple and elegant, full of treasures and relics. It also houses a museum.

In addition to the cathedral, the Town Hall and a theater can be found on the Plaza Mayor, and there is a bandstand in the center. There are also several good restaurants around the plaza offering a wide range of culinary treats. Segovia's favorite local dish is cochinito asado, roasted suckling pig; but I must admit I was not brave enough to try that. On a historical note, it was in the Plaza Mayor that Queen Isabella of Castile was crowned Queen of Spain in 1474.

I recommend Segovia as a great place to visit for anyone who appreciates Old World history, culture and amazing architecture in a place that is just a bit off the main tourist trail; and who is looking for some great photos to add to the family album.



Above, the multi-spired cathedral is next to the main plaza in the center of town. Below, the Roman aqueduct in Segovia is one of the best in Europe. About a third of its 2950-foot span consists of two arched tiers, and it reaches a height of 115 feet.

