

Panorama

www.cnic.navy.mil/naples/newsroom/panorama/

NSA's MISSION STATEMENT: "TO PROVIDE QUALITY SUPPORT TO U.S. AND NATO PERSONNEL, ACTIVITIES, AND AFLOAT UNITS IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY. TO ENSURE RELIABLE COMMAND AND CONTROL OF ALL SUPPORT PROVIDED TO THOSE UNITS."

55TH YEAR, NO. 13

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, APRIL 2, 2010

SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI



FAMILY FUN AND FITNESS DAY Page 10-11

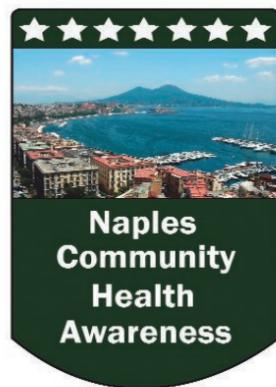
HEALTH UPDATE

Page 7

**USNH Naples
Environmental
Health Info Center:
081-811-6321**

Visit

<https://www.cnic.navy.mil/Naples/CommandInformation/HealthAwareness/index.htm>



PLACES TO SEE

Page 16



CPO Birthday

Naples area Chief Petty Officers celebrate their 117th Anniversary. The grade of Chief Petty Officer was established on April 1, 1893. Thus began a long tradition of devotion and dedication that the first chief's established with their sacrifices and valor. (Photo by MC1 John Parker)

WIC Overseas Program provides Guidance and Savings

Story by MC2 (SW/AW)

Felicito Rustique NPASE-E Det. Europe.

When it comes to meal planning, food selection and purchases, the Women, Infants and Children (WIC) Overseas Program at Naval Support Activity (NSA), Naples helps make such tasks easier on the minds and pockets of qualifying families.

The WIC Overseas Program is available for military members, Department of Defense contractors and U.S. government-civilian employees. Specifically, the program reaches out to women who are pregnant, breastfeeding or in post-partum, infants and children up to age five.

After talking with a counselor and meeting eligibility requirements like income and family size, participants receive redeemable food checks called "drafts." The drafts are good for specific food items like milk, eggs, bread, juice, fruits and vegetables. Items must be labeled for WIC, and because the program's overseas, participants have to use the drafts at commissaries and the Navy Exchange Mini-Mart. Afterwards, the financial savings start to add up.

"By providing drafts for foods normally purchased by the family, the WIC Overseas Program increases available household income," said registered nurse and counselor for the WIC Overseas Program office at Naples, Regina L. Tiedemann. "We've had clients say they've saved about \$100 a month per family member while being enrolled in the WIC program."

But purchasing power is not the only thing WIC offers its enrollees. Face-to-face, expert counseling on nutritional advice for all family members is readily available. Tiedemann counsels all WIC participants during and after

enrollment on all things nutritional, like how to prepare balanced meals and how to correctly read food labels and misleading messages.

"As a nutritional education program, WIC Overseas helps the Naples community by promoting good health for all participants and their family members," said Tiedemann. "Studies have shown that families who participate in a WIC Program eat more nutritious foods, have reduced rates of iron deficiency anemia, and have fewer incidents of low birth weight babies."

Tiedemann says that the WIC program at Naples has around 350 clients. She also explains that because income eligibility rates change overseas, many people who don't qualify for WIC back in the States will qualify in Italy.

"I'd like to see more people come in and try to enroll because WIC is a great program and a lot of people who think they don't qualify actually do," said Tiedemann. "You don't know if you don't come in."

"The WIC program has been extremely helpful to my family, not only with helping us purchase healthy food for our children, but also with useful information at every visit," said WIC participant Jamie Sampson, whose husband is active-duty in the Navy. "Enrolling was very simple and I love the selection of foods, especially the organic milk that was previously a little too expensive for our budget. I would recommend the WIC program to anyone that would like to add a little more nutrition to their child's diet without adding financial strain."

Anyone interested in the WIC program can call DSN: 629-4962 or stop by the WIC office on the 1st floor of the TLA Building at the NSA, Naples Support Site. Office hours are 0730 to 1600, Monday through Friday.

Naples Keystone Club travels to Pittsburgh

Story and photo by Catherine Knapp

The Naples' Keystone Club which consists of four local teens and their advisor recently returned from the annual Boys & Girls Club National Keystone Conference in Pittsburgh, Pennsylvania. The Keystone Club is a character and leadership development program developed by the Boys & Girls Club of America and is run by the Naples Teen Center. The Keystone Club encourages community service and leadership development among teenagers and provides local teens with the life skills needed to become successful adults.

Keystone Club members run their own meetings, elect officers to lead the club, and plan all of their own events and activities. In the past year, the club has donated over \$800 to the Invisible Children Fund to aid children in Uganda, led a Diversity March with the School-Age Care program in honor of Martin Luther King Jr., tutored elementary school students after school, and supported various community events such as the haunted house at Halloween Spooktacular.

Keystone advisor, Erneshia Perkins, has guided the club over the past year and transformed it through motivating her teens to work hard. At the start of the school year, the club set an early goal of raising enough money to send members to the conference and worked diligently to keep on track and achieve their goal. Through many dedicated hours of fundraising and the generosity of the NOSC, the Keystone Club was able to collect enough money to cover the costs of their conference fees, lodging, and flights to attend the conference.

Keystone Club President, Caitlyn Knapp, described the importance of the club making it to the National Conference by stating, "Being involved in Keystone for the past 3 years and finally having the opportunity to attend a National Keystone Conference is an amazing accomplishment. It was rewarding to meet club members from around the world and learn from one another on expanding our involvement in the community. This experience has allowed me to develop into a leader and motivated me to not only make a difference in Naples, but help causes around the world."

While at the conference, members attended workshops in topics such as College Experience, Career Experience, and SMART Choices for Young Men and Women. Teens were given a tour of Pittsburgh's Sarah Heinz House which is one of the oldest and largest Boys & Girls Clubs in the world. Attendees also were involved in community service projects, attended presentations from guest motivational speakers, and viewed performances from stars such as NAS, NEO, and Ken Ford were all available. The Keystone Club is open to teens between the ages



Left to Right: Erneshia Perkins, Nia Williams, Terrance Bartley, & Caitlyn Knapp at the 2010 National Keystone Conference in Pittsburgh, PA.

of 14-18. Members must commit to 5 hours of community service and 3 hours of volunteering at the Youth Center per month, attend weekly meetings during the High School lunch period, and maintain a GPA above 2.5. Interested teens can obtain more information by stopping by the Teen Center or calling DSN 629-4395.

Captain's Corner

By Capt. Robert Rabuse
NSA Naples Commanding Officer



Welcome to April, Month of the Military Child and National Volunteer Month. What a great combination! Our children excel and our community thrives through the many volunteer organizations and familiar faces who selflessly give their time and support. Youth Sports and volunteer coaches, Scouting and volunteer leaders, school activities and parent volunteers, you name it, the association exists. It takes a Village and we have some Great villagers! The sacrifices our children make, as well as the unique global and cultural events they experience growing up in the military, make them exceptional and unique. So this month, show your admiration and appreciation for the children in our community; they light up our lives, follow us around the world, can't drive until they're eighteen, and sometimes skateboard without helmets. They make life extraordinary and full of special memories.

Navy-Marine Corps Relief Society fund drive continues through April 16. NMCRS is a great organization with a mission to help those when they need it most. Please do your best to support them and the members of our community.

The shuttle bus schedule changed on April 1st, no joke. Please review it for new times and routes. If you need a copy of the new bus schedule, it's posted at each bus stop and is also available at the TLA, Capo Inn, USO, ITT, FFSC, library, Military Air Terminal and PWD Bldg 407. Remember to show your bus pass when boarding. We track usage and routes based upon primary patron ridership.

Some of you living in the Pozzuoli area may have felt tremors the other night, which are nothing if not a reminder that Naples is a seismic and geologically volatile area. The majesty of Vesuvio and recent global events are a constant reminder that no matter where we are, we need to be prepared. So I take a moment periodically to remind everyone to keep a disaster kit and documents ready, to have water and non-perishable food on hand, and to have a plan in case of a natural disaster or evacuation. If you're not sure what should go into a preparedness kit, or if you need help in preparing your family, visit the NSA website Emergency Management page at <https://www.cnic.navy.mil/Naples/Departments/EmergencyManagement/DisasterKit/index.htm>.

Remember, our primary plan is to shelter in place if your residence is safe.

It's going to be a great weather weekend and MWR has some great activities planned at Carney Park, Strikers, and the Fairways. Get outside and enjoy Bella Italia. *Buona Pasqua!*

Traffic stats

March 2009	Traffic Statistics	March 2010
32	4 Wheel Accidents	28
1	2 Wheel Accidents	1
0	DUI	1
1	Fatality	0

Traffic safety tip of the month: Remember April showers bring May flowers, the wet weather is not yet over and April also brings the dirty rain from the African deserts. Replace your wiper blades, fill the water reservoir and please slow down on wet roads. On some of the roads (outside the main gate of the support site, ss162, ss 7 for example) where the road is very slick or the drainage is not the best, your vehicle is prone to hydroplaning. sometimes 40 km may be to fast for wet conditions. Always plan for (and use) a designated driver, the maximum effective range of an excuse for a DUI is 0 meters.

Base Notes

From Panorama staff reports

Bus schedule change

The Navy shuttle bus schedule changes Thursday, April 1. Copies are available at all regular locations: TLA, Capo Inn, USO, ITT, FFSC, library, Military Air Terminal and PWD Bldg 407. Ensure you get a copy of the schedule with the effective date April 1. If you have questions please contact shuttlebusnaples@eu.navy.mil.

PTSA hosts meeting about GI bill

The PTSA is hosting a meeting to provide information about the Montgomery GI Bill as well as different ways to save for your child's future education. The meeting will be held in the High School Media Center April 7 at 6 p.m. The guest speakers will be Eve Tennerson-Esposito from Navy Federal Credit Union and Navy Career Counselor 1st Class Jorge Delgado, the NSA Naples Command Career Counselor. If you have any questions, please feel free to contact the PTSA at nhspts@gmail.com. We hope to see you there.

April is National Child Abuse Prevention Month

The Fleet and Family Support Center (FFSC) would like the focus on child abuse prevention to incorporate family strengthening through promoting and providing healthy parenting education and awareness. During the Month of April the FFSC will provide five parenting classes, in order to promote healthy parenting skills in our community.

Classes being offered are:

1. April 8 from 1130-1230 - Alternatives to Spanking
2. April 14 from 1130-1230 - Building Self Worth in Children
3. April 19 from 1130-1230 - Understanding feelings: Expressing Anger, Criticism and Confrontation
4. April 29 from 1130-1230 - Ages and Stages of Growth for Infants and Toddlers
5. April 30 from 1130-1230 - Learning Positive ways to deal with anger and stress

For more information and to register for classes, please contact Louisa at 629-6533.

Easter Services

EASTER TRIDUUM

• Catholic

Friday April 2 @ 5 p.m. Good Friday Mass - S.S. Chapel
Saturday April 3 @ 8 p.m. Easter Vigil Mass - S.S. Chapel
(There will not be Confessions or 5 p.m. Vigil Mass on the 3rd)

• Protestant

Friday April 2 @ 7 p.m Good Friday - S.S. Chapel

EASTER SUNDAY

6:30 a.m. Protestant Sunrise Service - S.S. Amphitheater
8 a.m. Liturgical Protestant Service - S.S. Chapel
8:30 a.m. Catholic Mass - Capo Chapel
9:15 a.m. Contemporary Christian Service - S.S. Chapel
11 a.m. Catholic Mass - S.S. Chapel
11 a.m. General Protestant Service - Capo Chapel
2:30 p.m. Hallelujah Full Gospel Service - S.S. Chapel
6 p.m. Children's Easter Musical - S.S. Chapel

Reminder of Emergency Management procedures

It's time again to remind the community about emergency preparedness. Please remember to keep a disaster kit and documents ready, to have water and non-perishable food on hand, and to have a plan in case of a natural disaster or evacuation. Our primary plan is to shelter in place if your residence is safe.

For a quick and easy guide to what should go into a preparedness kit, or if you need help in preparing your family, visit the NSA website Emergency Management page at <https://www.cnic.navy.mil/Naples/Departments/EmergencyManagement/DisasterKit/index.htm>.

Monitor AFN radio (106.0 FM or decoder ch. 182) and TV (offbase ch. 18, onbase ch. 3) as well as PAO Notes, Facebook, NSA Naples website, CDNS, Panorama and the electronic marquee at the S. Site for emergency management information.

C
O
N
T
A
C
T

NSA Naples CO: townhallnsanaples@eu.navy.mil
Director, FFSC: FFSCNSANaples@eu.navy.mil
CMVRO: cmvro@eu.navy.mil
Personal Property: nsappso@eu.navy.mil
Post Office: postoffice@eu.navy.mil
Hospital Customer Service: nhnacles-pao@med.navy.mil
Naples High: naplesHS.principal@eu.dodea.edu
Naples Elementary: naplesES.principal@eu.dodea.edu
Housing Director: nsanapleshousingdirector@eu.navy.mil
Commissary Director: sharon.washington@deca.mil
NEX General Manager: nexnaples-gen1@nexweb.org
MWR/ITT: mwrmarketrequest@eu.navy.mil
AFN: <http://www.afneurope.net/naples>
NCTS: nctscustsvc@eu.navy.mil

N
A
P
L
E
S

CNE-C6F/CNREURAFSWA HOTLINE

It is everyone's responsibility to report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General

Phone 081-568-2983 - Fax: 081-568-6354

E-mail ighotline@eu.navy.mil

Web site <http://www.cnic.navy.mil/europe/index.htm>

You can choose to remain anonymous

FYI POSSIBLE STRIKES

April 22 - All Trenitalia personnel will be on strike for 24 hours, from 9 p.m. of April 22, until to 9 p.m. of April 23.

April 23 - Local public transportation personnel will be on strike for 24 hours.

Panorama



Associato all'USPI
Unione Stampa Periodica Italiana

Naval Support Activity
Capt. Robert Rabuse
Cmdr. Stephen Schutt
Lt. Matt Gill
MC1 (NAO) John Parker
Teresa Merola
Naples Italy
Commanding Officer
Executive Officer
Public Affairs Officer
Assistant Public Affairs Officer
Public Affairs/COMREL Specialist
Editorial Staff
MC1 (NAO) John Parker
Editor-in-Chief/Photojournalist
Contributors
MC1 (EXW/AW) Terry Vick
NPASE-E Det. Europe
MC1 Edward Vasquez,
NPASE-E Det. Europe
MC2 (SW/AW) Felicito Rustique
NPASE-E Det. Europe
MC3 Kristopher Regan
NPASE-E Det. Europe
Volunteer Contributors

Stuart Gelb
J. Freed, Lou Freed
Editorial Office: Tel. 081/568-5335- Fax 081/568-5112
Free Mercato Ads: Tel. 081/568-5856- Fax 081/568-5112
Paid Advertising: Tel. 081/568-7884- Fax 081/568-7887

This civilian enterprise (CE) newspaper is an authorized publication for members of the military services overseas. Contents of *Panorama* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U. S. Navy. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, or Stampa Generale S.r.l. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. A confirmed violation or rejection of this equal opportunity policy by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.

The *Panorama* editorial office is located at Naval Support Activity, Naples, Italy, PSC 817, Box 40, FPO AE 09622 - Telephone: commercial 081-568-5335/5912; DSN 626-5335/5912. E-mail: naplespanorama@eu.navy.mil.

Panorama is published weekly on Friday by Stampa Generale S.r.l. Sig. Bruno Brandi, Publisher, Naval Support Activity, Capodichino (Naples), Italy - Tel. 081-568-7884, Fax 081-568-7887. E-mail: stampagenerale@tin.it - Autorizzazione Tribunale di Napoli No. 3404 del 3.4.1985. Direttore Responsabile: Bruno Brandi. Stampa: Europrint Sud S.r.l., Ferentino (Fr); Fotocomposizione: Stampa Generale S.r.l. - Tel. 081-568-7884. Stampa Generale is a private firm in no way connected with the U. S. Navy under exclusive written contract with the U. S. Navy. The editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Support Activity, Naples, Italy. All news and feature articles and announcements submitted to *Panorama* are subject to editing to conform with contemporary standards of journalistic objectivity, clarity and relevance. We welcome any contributions, suggestions or comments dealing with community issues. Submissions for publication in *Panorama* will be accepted on the basis of newsworthiness, timeliness and space available. All copy must be submitted in Microsoft Word format in an e-mail to the editor at: naplespanorama@eu.navy.mil. Each submission must include the name and telephone number of the author. DEADLINE FOR ALL COPY AND PHOTOS IS AT CLOSE OF BUSINESS FRIDAY PRIOR TO PUBLICATION DATE.



Naples students visit NSA

Students and teachers from the middle school Giovanni XIII in Sant'Antimo (NA) visited the Capodichino base on Friday afternoon. The base tours are organized by Teresa Merola, NSA Community Relations Specialist. (Photo by MC2 (SW/AW) Felicitò Rustique, NPASE-E Det. Europe)

Italian News Briefs

Compiled by Teresa Merola

Italian election results

The center-right government coalition of Premier Silvio Berlusconi won the regional election after two days of voting in 13 of Italy's 20 regions on Sunday and Monday. The turnout was the lowest in 15 years at 64.2 percent, eight points down on the last regional vote five years ago. The center-right held on to Veneto, Lombardy, Piedmont, Lazio, Campania and Calabria. The center left retained Liguria, Emilia Romagna, Tuscany, Marche, Umbria, Puglia and Basilicata. The Northern League boosted its percentage of the vote to 12.7 percent and its advance appeared to be at the expense of Berlusconi's People of Freedom (PDL) party. The opposition Democratic Party (PD) won 25.9 percent of the vote.

Free fruit and vegetables as school snacks

The education and agriculture ministries in collaboration with the health ministry began a program to offer free fruit and vegetables as snacks in schools during this academic year. Italy will receive almost 21 million euros from the European Union as part of the program which started at a primary school at the beginning of March. The products distributed will depend on the season and includes apples, pears, oranges, kiwi, strawberries, carrots, tomatoes and celery. The program includes student field trips to local farms.

Portion of Ceiling falls at Domus Aurea

Part of the ceiling inside the famous Domus Aurea in Rome collapsed on Tuesday. The Domus Aurea was built by Roman Emperor Nero between 64 and 68 AD after Rome's great fire. The palace complex spread across four parts of Rome's seven hills, and its walls were decorated with semi-precious stones and frescoes. Authorities blamed the wet weather for the collapse of some of 60 square meters of ceilings in one of the galleries. Nobody was injured where the vault ceiling collapsed. The Domus was opened and closed several times over the last two decades as restorers and structural engineers struggled to prevent the archaeological complex to be closed. The palace was opened to visitors in June 1999 and it has been closed since then due to concerns about structural stability.

Napoli hopes to get some players on National Team

The President of Napoli soccer team Aurelio de Laurentiis hopes that there will be Napoli representatives in Italy's World Cup squad in South Africa this year. He said that Paolo Cannavaro could join brother Fabio of Juventus for the World Cup as well as Christian Maggio and Fabio Quagliarella who are all in great form. The 2010 World Cup will take place between June 11th and July 11th 2010.

THE INSIDE PAGE...

APRIL

- 6 **CONNECT THE TOTS CLUB PLAYGROUND SOCIAL**, 9 a.m. to 11 a.m., Support Site Youth Center playground (behind the Youth Center and Library) to kickoff the start of the club supporting parents of infants through preschoolers. FMI, contact Kate Brandt at <http://www.meetup.com/Connect-the-Tots-Club/>.
- 7 **CONNECT THE TOTS CLUB PLAYGROUND SOCIAL**, 9 a.m. to 11 a.m., Yellow playground at Carney Park (behind the pool) to kickoff the start of the club supporting parents of infants through preschoolers. FMI, contact Kate Brandt at <http://www.meetup.com/Connect-the-Tots-Club/>.
- 8 **5-7 P.M. QUILTERS AROUND THE WORLD** monthly meeting in the Food Court. FMI contact qatw.napoli@yahoo.com
- 24 **10-2PM LEARN TO APPLIQUE QUILT- COME** and learn how to applique quilt blocks. For supplies and location contact qatw.napoli@yahoo.com

MAY

- 13 **5-7 PM QUILTERS AROUND THE WORLD** monthly meeting in the Food Court. FMI contact qatw.napoli@yahoo.com
- 13-20-27 **SEMPRE LATTE** 10 a.m. in the Health Promotion Classroom at the Naval Hospital.
- EVERY MONDAY SHIPSHAPE**- 11 a.m. – noon and 3:30 p.m. to 4:30 in the Health Promotion Classroom at the Naval Hospital.

VOLUNTEERS NEEDED

- NAVY LEAGUE OF THE U.S/NAPLES COUNCIL** is seeking board members. Those interested, contact Betty Reese at 081-526-8051 and/or breesec@cybernet.it.
- TAX ASSISTANCE VOLUNTEERS NEEDED** The U.S. Region Legal Service Office (RLSO) is seeking active duty and civilian volunteers for the Volunteer Income Tax Assistance (VITA) program for tax year 2009. Interested persons can either sign up at the RLSO in the Admin II building at Capodichino on the first floor or call the RLSO at 081-568-4576. If desired, the RLSO will assist active duty members in seeking permission from their chain of command to participate in the VITA program.
- NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS.** The Fundamentals of Instructor Training (F.I.T.) is a pre-requisite course to the Instructor Training course. FMI or to sign up, contact the office at 081-568-4788.
- NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES.** Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.
- TEEN BABYSITTERS CAN EARN MONEY.** All American Red Cross Certified babysitters interested in occasional babysitting can post a personal business card at the Fleet and Family Support Center, first floor of the Navy Lodge. FMI, contact the FFSC at 081-811-6551/6552/6555.
- NAPLES COMMUNITY GIRL SCOUTS NEED LEADERS AND CO-LEADERS.** FMI or to volunteer, contact Shannon Matthews at 081-811-5599 or by e-mail to naplesgs@yahoo.com.
- USO NAPLES NEEDS VOLUNTEERS** at the Support Site Office one or two days a week on Wednesdays and Fridays for tours, programs and projects. To get involved and make a difference in the NSA Naples community, call 081-568-5713 or send an e-mail to sabrina.pullido@uso.it.
- NAPLES FRIENDS OF ANIMALS** is currently seeking volunteers for board member positions, fundraiser events, and to foster animals and transport them to and from the off-base vet. FMI, visit <http://www.naplesfriendsofanimals.org> or e-mail Kimmie at nfoa.publicaffairs@gmail.com. They also need a volunteer to update, maintain and occasionally redesign the NFOA Web site. FMI, please contact nfoa.publicaffairs@gmail.com.
- NAVY-MARINE CORPS RELIEF SOC. OPERATION CLIP & SAVE (COUPONS):** 081-568-3913.
- NAPLES OVERSEAS SPOUSES CLUB (NOSC).** Volunteer opportunities with mileage and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store during the summer, weekends, nights, and on a daily basis. FMI, e-mail nosctshop@gmail.com or call 081-811-4200.

ONGOING/ON THE HORIZON

- CHRISTIAN DRAMA CLUB MEETS**, 2:45-4 p.m., every Thursday at the Support Site Chapel. Students in K-8th grade are invited to join. Ages 4-5 are also welcomed to attend along with a parent. FMI, please call 081-811-4617.
- SECURITY NOTE:** All DoD military or civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFPP) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel or a gathering where distinguished visitors are involved. FMI, contact the AT/FP Division at 081-568-6300, or visit their office in Bldg. 447, behind BEQ II, at Capodichino.
- THE WELFARE & RECREATION ASSOCIATION** is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit their Web site at <http://www.wraitalia.it/>.
- NAPLES OVERSEAS SPOUSES CLUB OFFERS SCHOLARSHIPS** to high school seniors, undergraduate and graduate students. For more information and to apply, visit their Web site at <http://www.noscitaly.com>.

More "Inside Page" on Page 5



Taste of Home

The USO hosted a “Taste of Home” event recently at the Capodicino Liberty Center. The event consisted of a variety of home cooked meals from different parts of the United States. There was an incredible turnout with more than 100 single service members enjoying homemade dishes and tasty desserts prepared for them by military spouses and USO volunteers. This was an the opportunity for our single sailors to enjoy a wholesome home cooked meal. (Photo by Sabrina Pallido)

“Rosie the Riveter 5K” fun run at JFC



Photos by Staff Sgt. Karla Bustamante
JFC Naples Public Affairs Office

More than 30 runners participated in a “Rosie the Riveter 5K” fun run hosted by Morale Wellness Activities at Joint Force Command Naples March 25.

The “Rosie the Riveter 5K” was held in recognition of International Women’s Day.

Patrick Coamans eventually won first place in the male category with a time of 18:39. Marianne Milkelsen won first place in the female category with a time of 27:35. Mr. Coamans and Mrs. Milkelsen each received a gift certificate to the JFC Save Center valued at 25 Euros. All participants received a Rosy-the-Riveter T-shirt.

More than 30 runners participate in “The Rosie the Riveter 5K” race held March 25 at Joint Force Command Naples.

MORE INSIDE PAGE...

ONGOING/ON THE HORIZON continued

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 6 p.m. the fourth Wednesday of every month at the Capodichino Chapel Fellowship Hall. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/> home for schedule of events and more information.

NAPLES AMERICAN RED CROSS holds orientation from 8:30-10 a.m. the first Wednesday of every month. Contact the American Red Cross Office for more info at 081-568-4788.

AMERICAN SOCCER CLUB (ASC) NAPOLI ONGOING PRACTICES WEEKLY. Soccer Training for players ages 8-13 is taking place from 4:30-6:00 p.m. each Wed. at the South (lighted) Support Site fields. FMI, visit <http://www.ascnapoli.com> or email ASCPrez4@yahoo.com.

ULTIMATE FRISBEE CLUB HOLDS PICK-UP GAMES, 2 p.m., every Sunday at the Support Site Central Park (field by the pool) and 6 p.m. Thursdays at the Support Site South Park (softball field behind the school). FMI, contact Edward.Butzirus@dla.mil.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) holds Bible Study every Tuesday at 9 a.m. (childcare provided) or 6 p.m. (no childcare) at the Support Site Fellowship Hall. FMI, contact Sheryl Sandros at 333-648-9503.

MORALE, WELFARE & RECREATION IN SEARCH OF A DJ. MWR invites proposals for their DJ entertainment schedule of events. FMI, contact Mariella D'Amico CNREURAFSWA NAF Business Office at 081-568-4836 or by e-mail to Mariella.D'amico.it@eu.navy.mil. Deadline for submissions is noon Dec. 1.

TOUCH OF HEALING PRAYER WORSHIP, noon to 12:30 p.m., every Thursday in the U.S. Naval Hospital Naples Chapel. This is a "Healing/Anointing Prayer" worship service for patients, staff and family members; provided by Chaplain Phillip Clark.

NEW BEGINNINGS BIBLE STUDY, noon to 12:30 p.m., every Tuesday at the USNH Naples Chapel. Those hungering for spiritual food are invited to bring a bag lunch, sodas will be provided.

HARRY S. TRUMAN LODGE NO. 649 MEETS, every Friday at 7:30 p.m. FMI, contact Francis Villareal at 334-645-9978 or Francis.villareal@eu.navy.mil. Visit <http://www.hst649.org>.

NAPLES HIGH SCHOOL ADVISORY COMMITTEE (SAC) meets at 4:30 p.m. the first Tuesday of every month in the high school's Media Center. The meetings are open to the public. E-mail issues, questions or comments, to be addressed by the committee, to napleshssac@yahoo.com.

NEW PARENT SUPPORT OFFERS WEEKLY STROLLER WALK. Meet every Tuesday at 8 a.m. in front of Naples Elementary or Wednesday at 10 a.m. at the Village Forum circular drive (next to Navy Lodge/across from library). For more info., call FFSC at 081-811-6372.

NAVY COLLEGE LEARNING CENTER offers self-paced computer courseware for the ASVAB, SAT, ACT, CLEP or GED exams. FMI, contact NCLC at CAPO, Admin II, Monday-Thursday from 8 a.m. to 5 p.m. and Friday from 8 a.m. to noon, or call 081-568-4006.

MEN'S BIBLE STUDY 'THE EDGE' from 12:30-1:30 p.m., every Wednesday at JFC Naples, in the NCCC, room 223. FMI, contact Ben Shevchuk, 347-971-8416.

RECEIVE DAILY REFLECTION - an inspirational thought-for-the-day sent out by e-mail throughout the work week. To receive Daily Reflection, e-mail a request to Chaplain Charles Luff at charles.luff@eu.navy.mil.

PRAYER LUNCH HELD, noon to 12:30 p.m., Monday and Tuesday at the U.S. Naval Hospital Chapel. FMI, contact Chaplain Phillip Clark at 081-811-6451 or by e-mail to phillip.clark@med.navy.mil.

TEENS INTERESTED IN BABYSITTING bring Red Cross Certified Babysitting Course card along with a personal business card to the Fleet and Family Support Center (FFSC). FMI, call FFSC at 629081-811-6372.

MAINSTAGE ENTERTAINMENT FOR THE PERFORMING ARTS. For more information, visit <http://www.naplesmainstage.org> or call 331-570-2879.

QUILTERS AROUND THE WORLD MEETS the second Thursday of every month to share ideas and inspire one another. Quilters of all levels are welcome. FMI, e-mail qatw.napoli@yahoo.com or call 348-430-934.

NAPLES-AREA GIRL SCOUTS: naplesgs@yahoo.com.

RED CROSS DISASTER ACTION TEAM: 081-568-4788.

NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers, arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to bzzaragoza@yahoo.com.

COMPASS NAPLES NAVY SPOUSE TEAM MENTORING PROGRAM: for information call 081-811-4606 (leave a message) or e-mail COMPASSNaples@nsfamilyline.org.

WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM OFFERED at NSA Naples. Women who are pregnant, postpartum or have an infant or child under the age of five may qualify for the WIC Overseas program - a nutritional education program that provides supplemental foods. For more info., contact the WIC Overseas office at 081-811-4962/60.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY, meets every 1st Wednesday of the month at Fellowship Hall, at 6pm. FMI, contact John Tanedo at 346-866-9679, DSN 626-6794 or john.tanedo@eu.navy.mil; Phil Laroya at DSN 629-6086 or philip.laroya@med.navy.mil.

MONTHLY CHILD FIND SCREENINGS AT NES. Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4044 for an appointment.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.

NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION provides support and activities throughout the school year. FMI, contact Mindy Doyle at mindy-doyle@yahoo.com.

NAPLES-AREA USAF RETIREES, get information or an invitation to upcoming events and social activities by contacting Wylie Miller, USAF Retiree Affairs representative, 329-208-7315 or wkmiller@tin.it.

SAIL WITH THE NAPLES NATO YACHT CLUB (NNYC) AMERICAN TEAM. We are looking for Americans interested in participating in dinghy races sailed at the NNYC facilities on the island of Nisida. Experience not required. FMI, contact Bill Carty at wwcarty@yahoo.com.

CARNEY PARK LADIES GOLF ASSN meets 9 a.m. Mondays. All skill levels welcome. Discounted play with membership. FMI, Carol Borkowski, 081-804-3345, or Carney Park Golf Course at 081-526-4296.

TOBACCO CESSATION, USNH Health Promotions Classroom and Capodichino. A four-week Freedom from Smoking class. To register, call 081-811-6313/6311.

EDIS SCREENINGS NOW AVAILABLE, Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.

LATINOS UNIDOS WELCOMES NEW MEMBERS. Meetings are at 2 p.m. the first Sunday of every month at the Support Site park. For more info, contact Michael Cortez, Michael.cortez@eu.navy.mil, 334-6771-0327, or Gabriel Sermeno, Gabriel.sermeno@eu.navy.mil, 081-811-5554.

Reel 2 Times cinema

Monday, April 5
4 p.m. Alice in Wonderland, PG
5:30 p.m. Tooth Fairy, PG
7 p.m. Valentine's Day, PG-13
8:45 p.m. From Paris With Love, R

Tuesday, April 6
4 p.m. The Spy Next Door, PG
5:30 p.m. Extraordinary Measures, PG
7 p.m. Dear John, PG-13
8:45 p.m. Edge of Darkness, R

Wednesday, April 7
Noon Alice in Wonderland, PG, Last Showing
2:45p.m. How to Train Your Dragon, PG
5 p.m. Extraordinary Measures, PG
5:45 p.m. Dear John, PG-13
7:30 p.m. The Wolfman, R
8:45 p.m. The Book of Eli, R Last Showing

Thursday, April 8
Noon How to Train Your Dragon, PG
2:45p.m. The Spy Next Door, PG
5 p.m. When in Rome, PG13
6 p.m. Dear John, PG-13
8:15 p.m. Valentine's Day, PG-13
8:45 p.m. Legion, R Last Showing

Friday, April 9
SPRING BREAK MATINEES!
Noon How to Train Your Dragon, PG
2 p.m. Kung Fu Panda, PG, FREE ADMISSION
4:15 p.m. Clash of the Titans, PG13
5:30 p.m. Percy Jackson & the Olympians: The Lightning Thief, PG
6:45 p.m. Clash of the Titans, PG13
8 p.m. Dear John, PG-13
9:15 p.m. The Craziest, R, 2100 PlusMovie, Premiere Showing

Monday, April 5
4 p.m. Alice in Wonderland, PG
5:30 p.m. Tooth Fairy, PG
7 p.m. Valentine's Day, PG-13
8:45 p.m. From Paris With Love, R

Tuesday, April 6
4 p.m. The Spy Next Door, PG
5:30 p.m. Extraordinary Measures, PG
7 p.m. Dear John, PG-13
8:45 p.m. Edge of Darkness, R

Wednesday, April 7
Noon Alice in Wonderland, PG
2:45p.m. How to Train Your Dragon, PG
5 p.m. Extraordinary Measures, PG
5:45 p.m. Dear John, PG-13
7:30 p.m. The Wolfman, R
8:45 p.m. The Book of Eli, R Last Showing

Thursday, April 8
Noon How to Train Your Dragon, PG
2:45p.m. The Spy Next Door, PG
5 p.m. When in Rome, PG13
6 p.m. Dear John, PG-13
8:15 p.m. Valentine's Day, PG-13
8:45 p.m. Legion, R, Last Showing

Friday, April 9
SPRING BREAK MATINEES!
Noon How to Train Your Dragon, PG
2 p.m. Kung Fu Panda, PG, FREE ADMISSION
4:15 p.m. Clash of the Titans, PG13, Premiere Showing
5:30 p.m. Percy Jackson & the Olympians: The Lightning Thief, PG
6:45 p.m. Clash of the Titans, PG13
8 p.m. Dear John, PG-13
9:15 p.m. The Craziest, R, 2100 PlusMovie



Friday, April 2
7 p.m.: From Paris With Love, R
Sunday, April 4
2:30 p.m.: Extraordinary Measures, PG



Until Every One Comes Home.
<http://www.uso.it>
Capodichino 081-568-5713
Support Site Office (M-W-F) 629-4903

USO DAILY TOURS
2 April Jewels of the Amalfi Coast €34
3 April Naples Underground €34
3 April Wine Tasting €45
9 April Shopping in Sorrento with lunch €35
9 April Wine tasting in Torre Gaia €45
10 April Cooking Course at Villa Signorini €54
10 April Magical Capri Tour €67
10 April Legends of Paestum €40

WEEKEND TOURS
April 9-15 Spring Break in Venice €197
April 12-15 Spring Break in Barcelona €452
May 8-9 Mother's Day in Ischia .. €156

Movie descriptions

No Children Under 10
Admitted to R-Rated Movies

CLASH OF THE TITANS, PG13, Action/Adventure and Remake 110 min. Cast: Sam Worthington, Gemma Arterton, Mads Mikkelsen, Alexa Davalos, Jason Flemyng. First Run Over Seas in Theaters. The 1981 mythological fantasy adventure Clash of the Titans is resurrected in this remake from Incredible Hulk director Louis Leterrier. The joint Legendary Films/Warner Bros. production focuses on Perseus (Sam Worthington), the mortal hero made to carry out a series of quests by the gods in order to win the hand of the imprisoned princess Andromeda (Alexa Davalos). Liam Neeson, Ralph Fiennes, Mads Mikkelsen, and Gemma Arterton co-star.

THE CRAZIEST, R, For bloody violence and language, Cast: Timothy Olyphant, Radha Mitchell, Danielle Panabaker. Suspense/Horror, Thriller and Remake 100 min. Sahara director Breck Eisner teams with screenwriters Ray Wright (Pulse) and Scott Kosar (The Texas Chainsaw Massacre) to give George A. Romero's underrated 1973 shocker a shiny new makeover in this update starring Timothy Olyphant and Radha Mitchell. Perform a Google search on "small-town America," and eventually you'll stumble across Ogden Marsh, a picturesque hamlet situated a safe distance from the nearest big city, and full of friendly faces. The citizens of Ogden Marsh are happy, albeit unremarkable people, but they're about to discover just how fragile their warm slice of the American dream really is. When a mysterious toxin transforms the locals into murderous maniacs, it's up to Sheriff David Dutton (Olyphant) to find out why a man who was once an upstanding citizen would attempt to massacre the local youth baseball team, and a caring father would burn his beloved family alive. Within hours the town has descended into total chaos, and the government has ordered it quarantined. Anyone who attempts to escape will be shot on sight, whether they're infected or not.....!!!!

PERCY JACKSON & THE OLYMPIANS: THE LIGHTNING THIEF, PG For action violence and peril, some scary images, suggestive material and mild language. Action/Adventure, Science Fiction / Fantasy and Adaptation, 120 min. Cast: Logan Lerman, Brandon T. Jackson, Alexandra Daddario, Uma Thurman, Pierce Brosnan. First Run Over Seas in Theaters (FROST). It's the 21st century, but the gods of Mount Olympus and assorted monsters have walked out of the pages of high school student Percy Jackson's Greek mythology texts and into his life. And they're not happy: Zeus' lightning bolt has been stolen, and Percy is the prime suspect. Even more troubling is the sudden disappearance of Percy's mother. As Percy adapts to his newly discovered status as a demi-god (his father is Poseidon), he finds himself caught between the battling titans of Mt. Olympus. He and his friends embark on a cross-country adventure to catch the true lightning thief, save Percy's mom, and unravel a mystery more powerful than the gods themselves.

VALENTINE'S DAY, PG-13, for some sexual material and brief partial nudity, Comedy Romance 117 min. Veteran director Garry Marshall (Pretty Woman) helms this ensemble comedy featuring multiple overlapping storylines set during a Valentine's Day in L.A. where a diverse group of Los Angelenos navigate their way through romance and heartbreak over the course of one Valentine's Day. Couples and singles experience the pinnacles and pitfalls of finding, keeping or ending relationships in a day in the life of love. Julia Roberts, Anne Hathaway, Jessica Alba, Kathy Bates, Bradley Cooper, Jessica Biel, Eric Dane, Shirley MacLaine, Ashton Kutcher, and Topher Grace topline this superb cast.

THE WOLFMAN, R, For bloody horror, violence and gore, Suspense/Horror, Thriller and Remake 102 min. Cast: Benicio Del Toro, Anthony Hopkins, Emily Blunt, Hugo Weaving. Universal Studios resurrects the classic lycanthrope with this tale of an American who experiences an unsettling transformation after returning to his ancestral home in Victorian-era Great Britain and being attacked by a rampaging werewolf. His brother having recently vanished without a trace, haunted nobleman Lawrence Talbot (Benicio Del Toro) returns to his family estate to investigate. What he discovers upon reuniting with his estranged father (Anthony Hopkins), however, is a destiny far darker than his blackest nightmares. As a young boy, the untimely death of his mother caused Talbot to grow up before his time. Though Talbot would attempt to bury his pain in the past by leaving the quiet Victorian hamlet of Blackmoor behind, the past returns with a vengeance when his brother's fiancée, Gwen Conliffe (Emily Blunt), convinces him to return home and aid the search for his missing brother. But something monstrous has been stalking the residents of Blackmoor

from the nighttime shadows, something not quite human. Not even recently arrived Scotland Yard inspector Aberline (Hugo Weaving) can dream up a rational explanation for the gruesome spell that has been cast over Blackmoor, yet rumors of an ancient curse persist to this very day. According to legend, the afflicted will experience a horrific transformation by the light of the full moon, their animal rage becoming far too powerful for their human bodies to contain. Now, the woman Talbot loves is in mortal danger, and in order to protect her he must venture into the moonlit woods and destroy the beast before it destroys her. But this isn't your typical hunt, because before the beast can be slain, a simple man will uncover a primal side of himself that he never knew existed. Screenwriter Andrew Kevin Walker pens a film directed by Joe Johnston and featuring creature effects by special-effects makeup legend Rick Baker.

HOW TO TRAIN YOUR DRAGON, PG, For sequences of intense action and some scary images, and brief mild language, Action/Adventure, Comedy, Kids, Fantasy, Animation and Adaptation 93 min. Cast: Jay Baruchel, Gerard Butler, America Ferrera, Jonah Hill, Craig Ferguson. First Run Over Seas in Theaters (FROST). From the studio that brought you "Shrek," "Madagascar" and "Kung Fu Panda" comes "How to Train Your Dragon," a comedy adventure set in the mythical world of burly Vikings and wild dragons, based on the book by Cressida Cowell. The story centers around a Viking teenager named Hiccup, who lives on the island of Berk, where fighting dragons is a way of life. The teen's smarts and offbeat sense of humor don't sit too well with his tribe or its chief ... who just happens to be Hiccup's father. However, when Hiccup is included in Dragon Training with the other Viking teens, he sees his chance to prove he has what it takes to be a fighter. But when he encounters (and ultimately befriends) an injured dragon, his world is flipped upside down, and what started out as Hiccup's one shot to prove himself turns into an opportunity to set a new course for the future of the entire tribe.

FROM PARIS WITH LOVE, R, For strong bloody violence throughout, drug content, pervasive language and brief sexuality. Action/Adventure, Art/Foreign and Thriller 95 min. Cast: John Travolta, Jonathan Rhys Meyers, Kasia Smutniak, Richard Durden. A young CIA agent James Reece (Jonathan Rhys-Meyers) who has a cushy day job but dreams of an exciting life in the field. When the agency offers him his first big-time assignment, James must team with crazed lone wolf Charlie Wax (John Travolta) to stop a terrorist bombing plot. Although James is initially in way over his head, he soon realizes that he needs to trust Charlie if he wants to live his dream and save his own life, because the bad guys not only want to cause damage to the city, but want James killed.

LEGION, R, For strong bloody violence, and language, Action/Adventure, Science Fiction/Fantasy, Suspense/Horror and Thriller 100 min. Cast: Paul Bettany, Lucas Black, Tyrese Gibson, Adrienne Palicki, Charles S. Dutton. An out-of-the-way diner becomes the unlikely battleground for the survival of the human race. When God loses faith in Mankind, he sends his legion of angels to bring on the Apocalypse. Humanity's only hope lies in a group of strangers trapped in a desert diner and the Archangel Michael.

DEAR JOHN, PG-13, For some sensuality and violence, Cast: Channing Tatum, Amanda Seyfried, Richard Jenkins, Henry Thomas, D.J. Cotrona. Drama and Romance 109 min. Nicholas Sparks' novel about a young soldier who falls for an idealistic college girl. Savannah Curtis (Amanda Seyfried) was on spring break when she first met John Tyree (Channing Tatum), who was home on temporary leave. For the smitten soldier it was practically love at first sight. Over the course of the next seven years, when each deployment seemed more treacherous than the last, the love letters that Savannah sent to John were one of the only things that kept him going. However, those loving and heartfelt correspondences would ultimately yield consequences that neither the brave soldier nor his one true love could have ever foreseen.

ALICE IN WONDERLAND, PG, Science Fiction/Fantasy and Adaptation 109 min. Cast: Mia Wasikowska, Johnny Depp, Helena Bonham Carter, Anne Hathaway. First Run Over Seas in Theaters. 19-year-old Alice returns to the whimsical world she first encountered as a young girl, reuniting with her childhood friends: the White Rabbit, Tweedledee and Tweedledum, the Dormouse, the Caterpillar, the Cheshire Cat, and of course, the Mad Hatter. Alice embarks on a fantastical journey to find her true destiny and end the Red Queen's reign of terror.



Wedding Cast, USO Naples Volunteer Committee: *Bride: Latrice Ware, Groom: Keith Harris Bridal Party: Husnyah McNeil, Yolanda Daniel, Alexia Erwin, Olga Valdovinos, Shaton Williams, Dwayne Watson, Leandre Barabin, Kailum Cummings, Joshua Lewis, Jason Funk. Parents of the Groom: Edna Wood and David Cameron. Mother of the Bride: Rasheedah Sands. Pastor: Rodney Sands. Cousins of the Groom: Sabrina Pullido and Luisa Mazzella. (Photo by Stuart Gelb)*

NSA Naples hosts "Tony and Tina's Wedding"

Story by Sabrina Pallido

On Friday March 19th, the USO Naples Volunteer Committee hosted their version of the famous Las Vegas show "Tony and Tina's Wedding" at the Capodichino Ciao Hall.

USO volunteers Latrice Ware

and Keith Harris interpreted the roles of Tony and Tina, an Italian-American couple that chose Capodichino for their special ceremony.

The bridal party and special guests were also played by USO committee members who played and executed all the

main roles.

Over 100 guests attended an incredible ceremony filled with funny gags and special surprises; and danced the night away to the sound of a local rock band and a DJ and enjoyed a delicious surf and turf menu catered by MWR Naples.

Hospital Corner

Access is power!

Submitted by HM2 Delmar Colorina,
TRICARE Online System
Administrator, USNH Naples

Your TRICARE health care is now portable, universal, and secure. Accessible anytime, anywhere, from any laptop or PC, through the TRICARE online website now you can :

- Schedule acute care appointments with your primary care manager in the Pediatrics, Family Practice, or Internal Medicine Clinics
- View customized MTF and clinic web pages
- Access 18 million pages of health and wellness information
- Create a Personal Health Journal
- Get Answers about symptoms, health conditions, medications, treatment choices
- Use RxChecker – a tool to check your medication for side effects and possible harmful interactions
- Find health education games and tools for Kids
- And more!

Interested in utilizing the services available on TRICARE online? First, you need to get registered. Here are the steps:

1. Go to www.tricareonline.com.
2. Review the Security Disclaimer then click the "I Agree" button to go to the pre-login page.
3. Click the "Register Now on TOL" button.
4. Review the Mandatory DOD Notice and Consent Banner then click on the "OK" button.
5. Complete all the required information on the left column. The right column has

the corresponding description. Then click "Submit."

6. Continue with the registration then click "Submit."
7. Your TOL account has been created but has to be activated (within 24 hours) by the MTF TOL administrator.
8. When your account has been activated, you will be able to book appointments online and use the other services of TOL.

If you already have a pre-existing TOL account but you moved to a new MTF location, follow these steps:

1. Go to www.tricareonline.com.
2. Log in using either your Common Access Card (CAC), DOD Self-Service Logon, or MHSiAS User Account.
3. Click "My Profile" either on Quick Links or your default tab.
4. Click "Transfer MTF" tab.
5. Select the appropriate Tri-care Region, MTF, and Primary Clinic, then click "Submit."
6. Log out completely.
7. Again, the gaining MTF TOL administrator has to approve the transfer before you can log back in to TOL (this does not apply if you are only changing your Primary Clinic).

After your account has been activated, you can follow these simple steps to book an appointment:

1. Go to www.tricareonline.com.
2. Log in using your Common Access Card (CAC), DOD Self-Service Logon, or MHSiAS User Account.
3. Click the "Beneficiary Home" tab if it wasn't your default tab, or click "Book Appointment" at the Quick Links.
4. Click on the drop down arrow, select the appropriate

reason for the appointment then click "View Appointments."

5. Click the desired appointment time on the displayed appointment calendar.
6. Make sure you selected the correct time and date, type in the appointment reason then click "I'll take it!"
7. Print a copy of your appointment by clicking the printer icon; then either submit a survey, return to home page, or simply exit out.

Currently, only acute care (within 24 hours) appointments are available on the TOL website for US Naval Hospital Naples. We hope to be able to expand the service to include other appointment types in the near future.

Get registered now and enjoy the services of TOL with USNH Naples!

NSA Naples energy conservation

Submitted by UT2 (SCW) Michael Labeau



Sink Faucet

Repair any faucet leaks. A leaky faucet can waste gallons of water. Hot water leaking at a rate of 1 drip per second can waste up to 1,661 gallons of water over the course of a year, and waste up to \$35 in electricity or natural gas. Fixing drips is a cost-effective and easy way to save energy.

Give Excuses the Boot

There are so many ways you can injure your feet at work. Your feet and toes can be rolled over by heavy equipment. Objects can fall or drop on your feet, breaking the small bones, cutting the skin or tearing the tendons. Sharp items can puncture your feet, whether by tools from above or sharp nails from below. Hot liquids and chemicals can splash on your feet causing burns and injuries.

Excuses, excuses. There are many excuses for not using protective footwear, but they all sound feeble compared to a foot injury.

- "They hurt my feet." But they do not hurt your feet nearly as much as, say, a 45-gallon drum. If the safety shoes are uncomfortable, it probably means they do not fit right. Take the time to get a proper fit. If the toe cap presses against your toes, try a different style or a half-size larger. A cushioned insole might add comfort as well.
- "In safety boots, I can't feel what's under my feet." Fortunately, in safety boots you cannot feel such things as sharp metal debris on the floor. But there are flexible shoes available for jobs such as driving or climbing.
- "They're ugly." But so is a smashed foot. Safety footwear is available in popular fashion brands. And you can find a variety of styles such as running shoes, cowboy boots, hunting boots, hiking boots, Oxfords, loafers, and women's pumps suitable for certain jobs.
- "They're big and clumsy." Well, so is a cast on your foot. Today's safety shoes are made of lightweight materials and most weigh just a few ounces more than regular footwear.
- "They're too hot." What is not so hot is a few months off work because of a foot injury. If your safety shoes are making your feet hot and sweaty, maybe you should buy leather – which breathes – rather than manmade materials. Insoles can also improve ventilation.
- "They're too cold." The cold facts are that protection provided by ordinary footwear is inadequate. Insulated safety shoes and socks are available to protect your feet from cold and frostbite. If the shoes are made properly, a lining will separate your feet from the chilly metal toecap.
- "They're too expensive." Wheelchairs and crutches are expensive too. Safety footwear does cost more than regular shoes and boots, but it's certainly worth it.
- "I can't find a pair in my size." Keep looking. Various manufacturers make a variety of sizes.
- "In my job, nothing can fall on my feet." Do not count on it. Even office workers can receive crushing foot injuries. Besides, safety footwear is made to protect against many other dangers to the feet and the whole body.
- "There are so many kinds to choose from." Different hazards need different shoes. Find out from your supervisor exactly what you need. Different designs and materials are available to protect against dangers such as chemicals and oils, sparks or molten metal, heat and moisture, and even fatigue.
- "I don't care about protecting my feet." Safety shoes do more than that. Some protect the whole body, from dangers such as slips and falls, electrical shock, or explosions caused by sparking or static electricity, and disease-carrying wastes.
- "Well...at least I don't have to use safety footwear off the job." Why not? Your tender toes face many threats even off the job, from lawnmowers to livestock, from chainsaws to falling rocks. Non-slip shoes will even make your own kitchen a safer place to work. And non-conductive shoes make it safer to use workshop power tools.

The small amount of effort and the slight extra expense which safety footwear may involve is certainly worth the protection which it provides.

Naples Public Health Evaluation

Signs of the Times

By CNREURAFSWA Public Affairs

Warmer weather is on the way and U.S. personnel and their families in the greater Naples area will soon be spending more time outdoors. The Navy has posted signs in irrigated areas as a reminder that irrigation water is not suitable for drinking and is only to be used for irrigation purposes. More than 30 signs are being posted on pavilions and poles around Capodichino, the Support Site at Gricignano, Carney Park, and Parco Le Ginestre to remind you that children and pets should not drink, wash or play in irrigation water.

Engineer Marco Sciorba of Naval Facilities Engineering Command (NAVFAC EURAF-SWA) explained that irrigation water often comes from shallow wells.

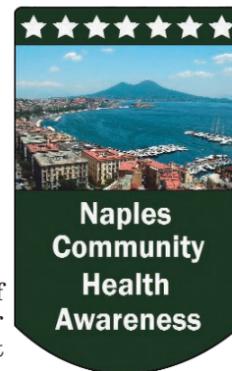
"Usually water of this type is not considered safe to drink," Sciorba said. "Irrigation water does not fall under the drinking water quality monitoring program and is supposed to be used only for irrigation purposes."

Last year as part of Phase I of the Naples Public Health Evaluation, Navy technicians collected samples of irrigation water at Capodichino, the Support Site at Gricignano, Carney Park, and the government parcors.

Laboratory testing of these irrigation water samples showed that many of the wells on these

sites contained nitrates, total and fecal coliform bacteria, and other chemicals that exceeded health-based standards, reaffirming that irrigation water is not suitable for drinking. These health-based standards, called "maximum contaminant levels," are set by the U.S. Final Governing Standards for drinking water in Italy (FGS Italy). The FGS Italy adopts the most health protective requirements for safe drinking water from both the U.S. Department of Defense Overseas Environmental Baseline Guidance Document (OEBGD) and Italy's national, regional and local laws and regulations concerning drinking water.

For more information about the environment and your health, drop by the Environmental Health Information Center at Naval Hospital Naples at the Support Site in Gricignano or give them a call at 081-811-6321. To learn more about the Naples PHE, watch for All Hands e-mail messages, look for this weekly column in Panorama, and visit the Naples Community Health Awareness Web site at [https://www.cnic.navy.mil/Naples/Command Information/Health Awareness/index.htm](https://www.cnic.navy.mil/Naples/Command%20Information/Health%20Awareness/index.htm)



Family Fun and Fitness Day

Story by Richard Knapp

Recently the Morale Welfare and Recreations (MWR) Youth Sports Program held their biannual Family Fun and Fitness Day in Carney Park. The event was programmed around the Youth Sports Assessments for the Spring baseball and softball season, but had family fitness programs for all ages.

To ensure the rest of the family is getting out and keeping fit, there were a myriad of fitness opportunities offered to include the Fitness Forum's Yoga and Hip Hop classes along with the NOR Center's hike to the Monastery, Rock Wall climbing and archery lessons. Additionally, Youth Programs kept the small ones busy with the Bounce House, face painting and fun games.

Numerous Clubs and organizations also supported the event, which made it a huge success. There were also demonstrations by our Fitness Forum's youth Tae Kwon Do program and the Youth Program's Cheerleading teams.

The next Family Fun and Fitness Day will be offered in late August and we encourage all families to come out and participate regardless of the age of your children.





The Ever Changing APS

By MCI (SW) Gary Keen,
Africa Partnership Station BNS Godetia Public Affairs

Africa Partnership Station (APS) has seen many changes since it first started in 2007. What started as a U.S. Navy initiative has steadily grown to include staff personnel from countries in Europe and South America.

It was on the second European-led APS platforms, on the Belgian Navy command and logistical support ship BNS Godetia (A 960), that we had the opportunity to interview two sailors of the Benin Navy: Quartermasters Seaman Ahyi Ariane and Seaman Chimene Djimahloue, both unique because they are among the few female students to participate in APS.

Ariane and Djimahloue embarked Godetia in Cotonou, Benin, on Mar. 17, with eight other sailors from Benin and four from Togo for four days of training at sea and in port. Both have been in the Navy for more than six years but have only been doing the job of a Quartermaster for the last two. Like all women in the Benin Navy, Ariane and Djimahloue were not allowed to do any technical job outside of administration (secretary) until five years ago.

While many African militaries are predominately male, the number of women serving has grown, and with that, the numbers of women involved in APS activities.

"We have been letting women in the Navy hold technical jobs for about five years and I think it is working out," said Benin Navy Lt. Cmdr. Isidore Hounsou, Cotonou Naval Base commanding officer. "There will always be some adjustments that have to be made when working around women. But the real problem we have is not adjusting to working with women, but providing the proper training to our people. Our people need to get experience; this type of exercise and training is very good for our people because it gives them the maritime experience they need."

The two women were excited to have the opportunity to participate in APS first hand.

"We both feel very happy and privileged to have had the opportunity to come and receive training during this APS mission," said Ariane. "What I liked most about the training I received is that I got to do the same work as the men, and that is all I wanted."

Ariane and Djimahloue, along with their fellow African partner students, received training in maritime law, combat medical procedures, small boat navigation and maintenance, and performed visit, board, search and seizure (VBSS) exercises while on board Godetia. The training was conducted by the crew of

Godetia and its embarked APS staff, which include members of the Belgian Navy and Army, a Royal Netherlands Marines Corps officer, two U.S. Coast Guard instructors, and a U.S. Naval Forces Africa officer.

"I really enjoyed the practical hands-on training like the small boat navigation and the man overboard drills," said Djimahloue.

Ariane added that during the simulated man overboard drills an APS instructor would throw a life ring overboard. The students were then taught how to navigate one of the three high-speed inflatable boats from the Godetia to retrieve the life ring as quickly and safely as possible.

"During the small boat operation training, the instructor shut down the engine and said that it was broken and that we had to fix it," said Djimahloue. "Until this APS mission I had never been taught how to repair an engine before."

Her colleague agreed; "Everything was great," said Ariane. "APS really is a great program because it is a program in our own maritime environment. When I get back to my navy I will pass on everything that I have been taught during training on board the Godetia."

APS platforms are designed to be 'floating maritime universities' that offer classroom and hands on training that finely tune the fundamental skills of African maritime professionals, from basic engine repair to navigational procedures.

"This has been a very rewarding experience for all," said Lt. Cmdr. Gary Duke Ellington, the embarked officer of U.S. Naval Forces Africa. "We have had the opportunity to meet and train the future leadership of the various navies that have participated in APS. Everyone has been impressed by the level of professionalism of the students and their enthusiastic attitude. It has been a privilege to be part of this historic mission."

The APS students completed the training on Mar. 22, with a graduation ceremony held on board Godetia. The students will return to their navies with the knowledge they have gained and determination to pass that knowledge on.

Godetia is homeported in Zeebrugge, Belgium, and is the second non-U.S. ship to execute the APS mission. APS is an international effort aimed at improving maritime safety and security for the continent of Africa through training and other collaborative activities with African partner countries. APS visits take many forms and have included four-person training teams, aircraft, frigates, and amphibious ships. U.S. APS missions are under the direction of Commander, U.S. Naval Forces Europe-African/Commander U.S. 6th Fleet. During this APS deployment, Godetia visited Benin, Cameroon, Congo, Democratic Republic of Congo, and Senegal.

APS Medical Outreach Team provides care in Ghana

Story by MCI (SW/AW) Martin Cuaron, Africa Partnership Station 2010 public affairs

U.S. Navy and Air Force medical personnel conducted medical outreach programs for Ghanaians in Tema, Ghana, Mar. 16-25 as part of Africa Partnership Station (APS) West.

A combined total of 17 Navy and Air Force personnel worked alongside local staffs at the Manhean and Pram-Pram health centers to provide medical and dental care to an average of more than 200 patients a day.

"This was a great opportunity to reach out and help the people of Tema," said APS medical liaison officer, Air Force Maj. Tim Gacioch, from Chicago. "This project not only fosters good will and relations between the United States and Ghana, but it also increases the overall health of the area by providing medical and dental care to people who need it."

The local staff provided space for the medical outreach team to perform medical examinations and an optometrist-screening area where people could have their eyes checked and be fitted for glasses. They also have two dental rooms for performing oral procedures.

"Every patient here is very thankful for the services we're providing," said Chief Hospital Corpsman (SW) Blake Cooper. "Some of these kids you see running around may have never seen a doctor before, so providing these medical check-ups could have a big impact on their lives."

"America is giving us a lot of help," said Ghanaian doctor Elise Chamberlain, who works at the Manhean Health Center. "They are able to supply us and the community with medicine that is hard to come by or that we are unable to buy because we cannot afford it."

The health centers provide medical and dental care for the surrounding community of 110,000 people.

"We work here as a team, and by sharing medical knowledge we will be better trained to help everyone that comes to our clinic," said Chamberlain.

"APS is all about building relationships," said Cooper. "This is a two-way learning experience, they learn from us and we learn from them. That's why APS is so successful"

"It makes me happy to know we're here to help as many people as we can," said Air Force Staff Sgt. Michael Wilde, a dental assistant from Jacksonville, N.C.

APS is an international security cooperation initiative aimed at building and strengthening long-term relationships and global maritime partnerships through training and other collaborative activities, which will improve maritime safety and security.

'La Traviata' and Baroque exhibitions in Naples, Caravaggio and Impressionists in Rome plus Italian 'Culture Week' in April

By Lou Freed

Here's a spring treat. To ignite strong appreciation for the country's art and archaeological treasures, all Italian state museums and sites can be accessed free of charge on Apr 16-25. Though called "Settimana della Cultura" or "Culture Week," the annual Italian spring program lasts 10 days this year to include "Liberation Day." There's a lot to see in Campania alone so take a look at the continuing and new exhibitions in Naples, Pompeii and Boscoreale. And, should you be in Rome anytime soon, the "Caravaggio" at the Scuderie del Quirinale and the "Corot-Monet: Symphony in Nature" in the Complesso del Vittoriano are must-see exhibitions that will truly make your Eternal City visit more memorable. Know, though, that these shows in Rome are privately managed, and therefore, will not be free during "Culture Week."

Archaeology

Pompeii
House of ancient snack bar owner welcomes visitors

The thermopolium (bar) is one of the biggest attractions in via Abbondanza. It is even more interesting nowadays with the recent opening of the adjoining residence of the ex-proprietor, Lucius Placidus. Visitors can now enter through a side gate to view up close the thermopolium with its cement counters and terracotta receptacles. Likewise, visitors can examine the floor with colored marble chips once hidden by sand. A guide mentioned the numerous coins that were found in the bar area years ago are now displayed in Naples Archaeological Museum.

The house features a small garden and ten rooms including a lararium (divinity niche), cubiculum (bedroom), triclinium (dining room) and a summer triclinium (covered outdoor dining area). Of interest is the Corinthian-columned lararium with Mercury, Dionysus and snakes signifying prosperity and abundance. Further, the triclinium bears the "Rape of Europa" fresco with Jupiter disguised as a bull. A guide cited the mosaic-decorated floors of the house date to the first century BC while the frescoes, from the first century AD. Finally, for their serene, verdant ambiance, the outdoor triclinium and garden – once embellished by grape-

vines and herbs – offer respite to the hustle and bustle of the main street. For other details, call 081-857-347 or visit <http://www.pompeiturismo.it/>.

Boscoreale Antiquarium

Casts of Vesuvian victims exhibited
"Icalchi" focuses on the victims of the 79 AD Vesuvian eruption. Neither art pieces nor imitations, the exhibit shows calcified "human beings in agony, in the pain of death, their bones and their flesh relics," explained Marcello Fiori, Deputy Commissioner of Naples and Pompeii's archaeological sites. Among the casts includes a family from the House of the Gold Bracelet, a child from the same house, a man from the House of the Covered Portico whose traces of shoes still show steel stud remains and a man who fell from the stairs of Fabius Rufus' House. There is also a dog from the House of Orpheus. Further info is available at 081-857-5347.

Art

Naples
Impressive 'Back to Baroque' exhibit ends Apr 11

Since December, this exhibition has amazed art lovers with various Baroque itineraries in Naples and its environs. The initiative focuses on the city's artistic culture in three stages: Caravaggio's arrival in Naples in 1606, Luigi Vanvitelli and Ferdinando Fuga's work in 1750 and King Charles III's departure for Spain in 1759. Approximately 500 works – ranging from graphics to paintings highlighted by works of Caravaggio, Francesco Solimena and the later Neapolitan Baroque period artists – were gathered from national, international, public and private sources. Also featured are musical instruments, sculptures, furniture, jewelry, textiles, pottery and porcelain. This is a very large exhibition indeed.

Six major Neapolitan venues show Baroque as "a passion for life and art" – the Capodimonte Museum, St. Elmo Castle, St. Martin's Monastery, Villa Pignatelli and the Duke of Martina Museum. Other Baroque art repositories in Naples and Campania have also been opened for the event.

While drawings, sacred and secular paintings highlight the Capodimonte Museum exhibit, restored paintings and other objects dating from

circa 1600-1750 are the main attractions at the St. Elmo Castle. Quite impressive are the altar pieces and objects greeting visitors there. Interestingly, Luciano Pedicini's "Focus on Baroque" photographs add a modern touch to the ambiance.

At the St. Martin Monastery, marvel at the Baroque architectural features there, the frescoes by various artists, furnishings, cloister and priory. The medieval pharmacy with its majolica jar paintings of St. Martin's benevolence reminds visitors of the institution's mission centuries ago. Panoramic views of the city can be enjoyed between walks through numerous rooms displaying historic portraits and images of Naples.

The Duke of Martina Museum's display consists of several Capodimonte and northern European porcelains, majolica paintings such as those of the September and October allegories, the coral carvings like the "Triumph of Apollo on the Sun Chariot" and the silver busts of San Gennaro.

On the Villa Pignatelli's first floor, still lifes of flowers, fruits, vegetables, poultry, fish and other marine life by Brueghel, Forte, Porpora, Recco and Ruoppolo rivet visitors before the opulent decorations, chinaware, furniture and furnishings on the villa's ground floor captivate their attention.

Finally, the Royal Palace exhibits revolve around the accomplishments of the Baroque architects, from Fontana to Sanfelice, who worked in Naples. Capping off the residence's grandeur are Baroque paintings and furnishings along with the large Neapolitan-style Nativity in the chapel.

This unique exhibition may not be repeated, according to reliable sources. Note that it ends in just 10 days, so plan ahead. Visit <http://www.ritornoalbarocco.it/> for more details.

Rome

'Caravaggio' exhibition draws thousands into Scuderie del Quirinale

The latest tally on the initiative is 5,000 visitors per day, prompting the museum to stay open daily until 11:30 p.m. Now there's a money-maker, and rightly so.

To commemorate the Baroque master's 400th death anniversary, 24 masterpieces created by Caravaggio's own hand are currently being showcased at what is also known as the Papal



Caravaggio's "Flagellation of Christ" highlights Naples' "Back to Baroque" exhibits at the Capodimonte Museum until Apr 11. Henceforth, it will join Rome's fabulous "Caravaggio" exhibition in the Scuderie del Quirinale until June 13th. Exhibited in Rome are "Bacchus" from the Uffizi Gallery in Florence, "The Lute Player" from the Hermitage in St. Petersburg, "The Musicians" from the Metropolitan Museum of Art in New York and more. (Photo by J. Freed)

Stables. The display of "pure Caravaggio" works casts new light on the diverse phases of the Lombard artist's output through characteristic works arranged thematically rather than chronologically. Therefore, the "Bacchus" from the Uffizi Gallery in Florence is juxtaposed to "The Boy with a Basket of Fruit" from the Borghese Gallery in Rome. As well, large-scale altarpieces done for churches in Rome are shown next to those on the same theme that were later created in Sicily. Among the exhibit highlights are "The Fruit Basket" from the Biblioteca Ambrosiana in Milan, "The Lute Player" from the Hermitage in St. Petersburg and "The Musicians" from the Metropolitan Museum of Art in New York. The Capodimonte Museum's "The Flagellation of Christ" will join Rome's exhibition after Naples' "Back to Baroque" closes on April 11.

Critics view Michelangelo Merisi da Caravaggio (1573-1610) as a trailblazer known for his masterful application of chiaroscuro (light and dark contrasts) on his paintings. Orphaned at 11, Caravaggio was an apprentice in Milan for four years before heading to Rome where he sold paintings through a dealer. He broke away from the Renaissance period's idealistic portrayal of the human body and environment, preferring realistic and dramatic atmospheres. For instance, he stirred the status quo by integrating street characters with religious themes as exemplified by his first work in Rome's San Luigi dei Francesi church. Notwithstanding criticisms, Caravaggio received several commissions. Sadly, however, the artist's temperamental and violent nature numerous times landed him in jail before escaping murder charges in Rome in 1606. Subsequently, he journeyed between Naples and Malta while waiting for papal pardon, which came shortly before his demise in 1610. Theories on the artist's final resting place include Tuscany's Porto Ercole, where he is said to have fled from Naples.

Due to high demand, bookings are required to see the exhibition ending on June 13. Visit <http://www.scuderiequirinale.it/> for details.

Complesso del Vittoriano exhibition highlighted by selected Monet "Water Lilies"

Quite appropriate for this season is the Vittoriano Complex's "From Corot to Monet: The Symphony of Nature" exhibition. The assembly of over a hundred works from private and public collections (including many from American museums) presents the evolution and advances in 19th-century French landscape painting. Represented are Barbizon School artists (Corot, Diaz de la Pena, Daubigny, Dupre and Rousseau) and the Impressionists (Monet, Pissarro and Sisley).

Inspired by the French countryside, the Barbizon group painted in situ to render nature's unspoiled character and serenity, often focusing on the transitory qualities of light and atmosphere. This innovative approach to painting rivers, lakes, fields, forests and mountains deviated from the neoclassical, idealistic French Academy style. In fact, the exhibition opens with two contrasting works: The "View of the Island of Capri" by Henri Harpignies, a French Academy artist and "The River Durance at Cadenet" by Paul Guigou of the Barbizon group. While Harpignies chose a renowned Italian island and rendered it in a formal style, Guigou chose an off-the-beaten track subject then rendered it in a more spontaneous than studied manner. The style inspired the later landscape artists called the Impressionists that focused more on the emotional impact of nature's fleeting light and color on the artist. The critic Duranty once wrote, the Impressionists "threw open the windows and went out into the air and the sunshine," resulting in what has been observed by other critics as "intense colour and vivacity that has bewitched generations." As example, Claude Monet, the best known Impressionist, followed Daubigny by creating a floating studio and a riotous but colorful garden in Giverny from where he derived inspiration.

The exhibition follows a chronological presentation with Jean Corot as the most influential of the Barbizon artists. Among his works in the exhibition is the "Ville d'Avray: the Birch." Monet leads the Impressionists and is represented by works like the "Apple Trees in Blossom" and selections from his "Water Lilies" series. Overall, this is a lovely exhibition and well worth anyone's time. It opens

daily at 9:30 a.m. but closes at different times: 7:30 p.m. on Mon-Thu, 11:30 p.m. on Fri and Sat and 8:30 p.m. on Sun. For other information, call 06-678-0664.

Opera

Verdi's renowned 'La Traviata' at San Carlo Theater

Verdi wrote this work in 1852 as the last piece to his "popular trilogy" that included Rigoletto and Il Trovatore. Inspired by Alexander Dumas' La Dame aux Camelias, the opera (which translates to "The Fallen Woman") narrates the wealthy Alfred falling head over heels in love with Violetta, a beautiful courtesan. Romance blossoms between the two; nevertheless, their rosy future succumbs to Violetta's disquieting past when Alfred's father intervenes.

Critics cite the opera failed to impress at Venice's La Fenice premier in 1853 due to poor singers, contentious plot, contemporaneous setting and unusual music. Moving the story back a century earlier and hiring better performers resulted in positive public reception a year later. As Madame Butterfly and La Boheme, opera critics rank the work among the most staged in the U.S. Leading the cast are Giampaolo Bisanti (conductor), Henning Brockhaus (director) and Salvatore Caputo (orchestra director). Among the singers are Iрини Lungu (Violetta), Daniela Innamorati (Flora), Michael Fabiano and Gianluca Terranova (Alfredo Germont), Dario Solari and Simone Piazzola (Giorgio Germont), Bruno Lazzaretti (Gastone) and Douphol M. Olivieri (Baron). Performances are scheduled on Apr 15-23. For bookings and details, visit <http://www.teatrosancarlo.it/> or call 081-797-2331 or 2412.

Ballet

San Carlo Theater to spread love and romance with 'Giselle'

After the postponement of the ballet's scheduled performances last Feb, the classic and charming fable by Adolphe Adam comes to stage this month. Acclaimed ballet dancer Robert Bolle is slated to perform as Duke Albrecht in choreographer Mat Eks' modern version of the work. Alessandra Veronetti and Roberta De Intinis will be Bolle's dancing partners. Also performing will be the San Carlo Ballet Corps along with the San Carlo Orchestra to be conducted by Barry F. Perez.

Act I presents the nobleman, Albrecht, in a Rhineland village courting the commoner, Giselle, who's unaware of her suitor's royal background. The woodsman, Hilarion also loves Giselle and keeps Albrecht's lineage to himself until the hunting party that was attended by Albrecht's noblewoman fiancée, Bathilde. Jealousy overcomes Hilarion at the festivities, which prompted him to reveal Albrecht's secret to Giselle. Overcome by shock and sorrow, Giselle dies. Act II begins with Hilarion grieving at a cemetery, but he is chased to his death by spirits. Albrecht appears next and is asked by the queen of spirits to dance to his death until dawn. At this point, Giselle's spirit enters the scene and her love for Albrecht saves the man from destruction. The ballet is programmed Apr 27-29. Log onto <http://www.teatrosancarlo.it/> or call 081-797-2331/2412 for other info.

Enogastronomy

Wine lovers, mark your calendars for the 44th edition of "Vinitaly," the international spirit and wines exhibition on Apr 8-12 in Verona. There will be 4200+ exhibitors of which 126 will be from other countries. The event offers a multitude of wine presentations, tastings and more. Check out <http://www.vinitaly.com>. If you enjoy Italian wine, this is the place to taste and learn more about it.

Campania's gastronomical extravaganzas this month include these: Apr. 22-25 "Festa del Carciofo di Paestum in Gromola di Capaccio (SA); Apr 23-25 "Sagra dei Prodotti Tipici" in Cusano Mutri (BN) at <http://www.comunecusano mutri.it> and Apr. 30-May 2 "Salone della Mozzarella Bufala" in Capaccio, Paestum (SA) at <http://www.salonedellamozzarella.it>. Events are subject to change, so check out the websites before heading out.

Buon divertimento!

Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are: **Monday through Friday, from 0800 to 1530.**

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, OR at the HRO, located in Admin 1, Capodichino, OR by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, OR at Fleet and Family Service Center (FFSC) located on the TLA first floor, at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement.

U.S. POSITIONS

For a current list of U.S. vacancies and application process information visit our NEW website at: <https://www.cnic.navy.mil/Naples/Departments/HumanResourcesOffice/Jobs/index.htm>

CLOSING 08 APR 10

Management Analyst, GS-0343-09, ANN# EUR10-637677-AV, Full Time Permanent
Financial Management Analyst, GS-0501-12, ANN# EUR10-637643-AG, Full Time Permanent

CLOSING 15 APR 10

Fire Protection Inspector, GS-0081-08, ANN#EUR10-619-684-SC, Full Time Permanent
Security Guard, GS-0085-05, ANN#EUR10-T60488-SC-R, Full Time Permanent
Office Automation Technician, YB-0326-01, ANN#EUR10-559545-SC-R, Full Time Permanent

COURTESY US VACANCY ANNOUNCEMENT

"Field Academic Advisor for the University of Maryland University College" (UMUC). Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position.
Community Bank, Banking

Center Service Supervisor, Capodichino U.S. Navy Base, Naples, Italy. To apply online, please use the "Careers" link at: www.dodcommunitybank.com, or submit your resume at HR Europe: pia.krucker@dodcommunitybank.com

Member Service Representative, Navy Federal Credit Union, Naples Italy. Apply on-line at www.navyfederal.org
"Field Representative" for the University of Maryland University College" (UMUC). Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position. "Computer Field Monitor" for the University of Maryland University College" (UMUC). Contact UMUC Naples or call DSN 626-6673/6675 (Commercial 081-568-6673/6675) or visit UMUC at CAPO, ADMIN II, for information on how to apply for the position.

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information visit our NEW website at: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>

CLOSING 08 APR 10

Dental Assistant, Ua-0681-06, ANN# 66096-637634-EG, Full Time Temporary
"If you have any questions/comments with regard to HRO Naples' services, please contact the Director's Office at 626-5770 or 081-568-5770. You can also submit your questions/comments to the HRO website at www.CNIC.navy.mil/Naples/index.htm; click on "CNREUR-AFSWA Human Resources Office; and under the HRO (N13) page, click "Contact Us", a form will appear. Please complete the short form and submit. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input, whether negative or positive so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO Representative is available for the bi-weekly "Meet & Greet" at the NSA, Support Site Base, Navy Exchange Food Court area from 0800 to 0900. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for, or ask questions. If the HRO representative is unable to provide

you a response, he/she will bring the question back to the HRO office and you will be provided an answer or a call back the same day. The next "Meet & Greet" is 12 April 2010."

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280

The necessary application forms are also available on line. For any questions you have you may reach us at 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Recreation Aid, NF-0189-01, ANN# 10-021, flexible, Fitness Forum, Support Site. ob Summary: Assist in the operations of the fitness program.

Recreation Aid, NF-0189-01, ANN# 08-164, flexible, Community Services, Capodichino. Job Summary: Provides information concerning facility, operation and regulations.

Recreation Aid (Intramural Sports), NF-0189-01, ANN# 09-091, flexible full time, Fitness Forum, Support Site. Job Summary: Assists the Sport Coordinator to plan the fitness activities

Recreation Aid, NF-0189-01, ANN# 09-129R, flexible, Reel Time Theater II, Support Site. Job Summary: This position transacts the sale of refreshments at the theater snack bar.
Recreation Aid, NF-0189-01, ANN# 10-022, flexible, NOR Center, Carney Park. Job Summary: Provides and maintain recreation and athletic equipment issue.

Recreation Assistant, NF-0189-02, ANN# 10-020, flexible, Fitness Forum, Support site. Job Summary: Provides instruc-

tions to patrons in a variety of physical fitness classes.

Child & Youth Program Assistant, CY-1702-I/II, ANN# 10-007, (Multiple Positions) flexible, Child Development Centers, School Age Care, Youth Programs, Capodichino/SS/Carney Park. Job Summary: Care and instruction for children and youth from 6 wks to 18 yrs.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
DSN: 629-4774

Mon. - Fri. 8 a.m. - 3:30 p.m.
NEX Job opportunities are now posted on the Web at <http://www.navy-nex.com>

Submit completed applications to NEX Human Resources Office located above the Main Exchange. If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-

COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE
No Vacancies

GRICIGNANO MINI MART
No Vacancies

DISTRIBUTION CENTER, GRICIGNANO
No Vacancies

CAPODICHINO NEX MART
Ann# 014-10 Sales Clerk/NF-2091-01/FLEX - Closes: 04/09/10

Ann# 016-10 Customer Service Clerk/NF-2091-01/RFT-Closes: 04/09/10

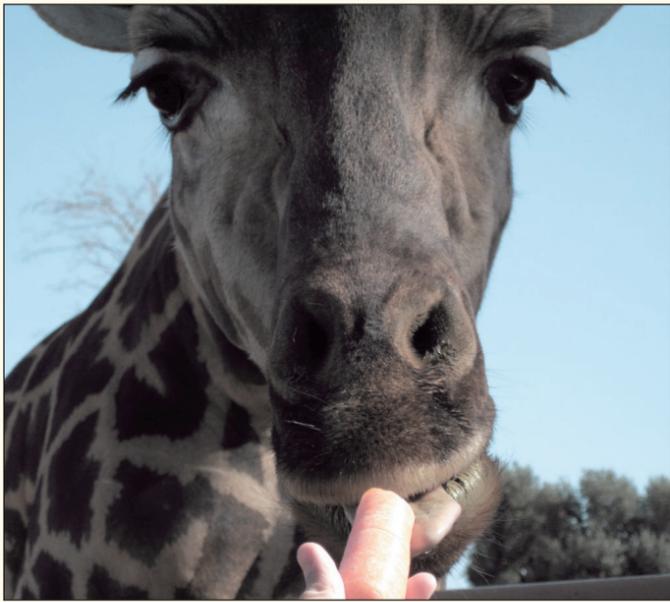
EUROPE DISTRICT OFFICE (Gricignano Main Store)
No Vacancies

GRICIGNANO NAVY LODGE
No Vacancies

JFC-NATO MINI MART
No Vacancies

LOCAL POSITION
No Vacancies

The exotic and unique



Story by Lt. Matt Gill
Photos by Julie Gill

The Zoosafari in Fasano (near Bari in the Puglia region) brings nature right to your car window, with all the convenience of a drive-through. Animals roam free around their sections of the park as you drive directly through their habitat. If you stop the car and roll down the window, they'll stick their furry heads right in, expecting a snack. Be sure to pack plenty of carrots and lettuce so they won't be disappointed.

In addition to exotic carrot-munching animals from nearly every continent, the Zoosafari has giant pens full of lions, tigers and bears (oh my! Make ure you keep your windows rolled up when driving among the carnivores). Other highlights include a train through the monkey jungle, where the onkeys climb all over the outside of the train car, an island with seals, polar bears, rhinos and hippos, and various aquatic performances and exhibits.

Above: **Be sure to bring plenty of carrots and lettuce to feed the friendly animals.**

Below: **Animals are certainly not shy about saying hello.**



The beautiful Trulli huts of Alberobello.

Alberobello was built to not exist. The distinctive Trulli huts, an architecture unique to the area and now a UNESCO World Heritage site, were fashioned using all dry building materials so they could be disassembled before a tax inspection. Taxes were levied based on the number of dwellings, and therefore the entire town would disappear when the inspectors came around. The Trulli huts have domed roofs and

were modular in nature, allowing any arrangement from a single-room dwelling to many connecting pods forming an elaborate and spacious mansion. Decorations adorn many of the stone roofs, with various crosses, images of the sun or moon, and symbols esigned to ward off the evil eye. The reasons for visiting this charming own are numerous, but it's hard to think of a reason why anyone today would want to deny it exists.