

The Skyline

5 Page Are you ready for hurricane season?

Navy gets closer to PFA documentation for fitness reports 8 Page

Volume 48, Number 12

On the Web: <https://www.cnmc.navy.mil/Meridian> and on facebook

June 10, 2010

THE SKYLINE IS A CHINFO AWARD WINNING NEWSPAPER



Photos by Susan Junkins

Above: Bill Stinson looks on as the NAS Meridian Ceremonial Detail prepares for the 21-gun salute and playing of "Taps." Right: Capt. Aaron Schnetzler, commanding officer, Marine Aviation Training Support Squadron One, delivers the keynote speech during the Memorial Day Ceremony, May 31, at the Lauderdale County Courthouse. Schnetzler impressed upon the audience how important it is to never forget those who made the ultimate sacrifice to protect the freedoms we enjoy today. NAS Commanding Officer Capt. Charles Gibson, NAS Executive Officer Cmdr. Ed Donohoe, and other base personnel also attended.

2010 Memorial Day



Are you really ready for hurricane season?

Hurricane season is now here! From June 1-Nov. 30 you should be prepared for heavy rain, road flooding, power outage and even property damage.

Did you know that hurricanes cause billions of dollars worth of damage every year to man-made fixtures as well as to natural surroundings such as trees and shrubbery. These storms can also change an area's landscape, resulting in hills, roads, and trails washing away.

Experts are predicting 16 to 18 storms

this season. Five will be hurricanes, seven landfalls, and two or three of the hurricanes will be major landfalls for the U.S.

Hurricanes like Bonnie, Julia, Nicole, Shary, and Walter, just to name a few, are not to be taken lightly! If you are new to the area, it's very easy to fall victim to the "how bad can a storm be" syndrome. So the question to you is: "Are

you ready?"

Some helpful tips on how you can make sure you and your family are prepared for this year's hurricane season are:

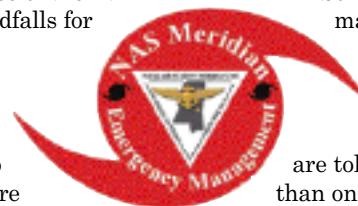
- Know, ahead of time, where you will go in case you are told to evacuate. Choose more than one location, and make sure you notify family and friends where you are going and how they can contact you.

- Make sure you have an alternate

route to your evacuation location. Major roads may be jammed with traffic or rerouted, so take a map!

- There are six basic items you should stock in your home: water, food, first aid supplies, clothing and bedding, tools, and emergency supplies. Keep the items that you would most likely need during an evacuation in an easy to carry container, such as a plastic or vinyl container with a lid; a backpack; or a duffel bag.

- Hurricane, page 11



On Base...

✓ **Blood Drive at NEX:** Navy Exchange is partnering with the United Blood Service to host a blood drive June 16-18 from 9 a.m.-3 p.m. each day in celebration of National Blood Donor Week. There will be prizes for the command that has the most participants. The NEX will provide juice, water and snacks for those who donate.



✓ **Kid's Bowling Camp:** McCain Rec Center will host a bowling camp for kids age 8-13 from June 14-18, 1:30-3 p.m. daily. Cost is \$25 per child. For more information, call (601) 679-2651.

✓ **Vacation Bible School** Chapel will sponsor Vacation Bible School July 26-30, 9-11 a.m. in Base Housing. Call (601) 679-3635 to register!

✓ **Midway Movies:** "The Battle for Midway" and "The Battle of Midway: Global War" are available in NAS Meridian Public Affairs Office, Administration Building 255, Suite 201, for check out. For more information, call (601) 679-2318/2809.



Photos of the Week

At right: Clifford the Big Red Dog visits with kids at the Child Development Center on June 7. Below: Clifford shows off a book he likes at the Scholastic Book Fair sponsored by Balfour Beatty Communities on board NAS Meridian. The book fair is a week-long event set up at the Balfour Beatty Office in Housing from June 7-13. For more information on the book fair and the times that are available for viewing, call (601) 679-7669.

Photo by MC2 Flordeliz Valerio and Matt Davis



Off Limits Establishments

The following establishments located in the city of Meridian are off limits to military members stationed at NAS Meridian.

The Underground (Bonita Lakes Mall)
Meridian Underground Music Exchange

Club Flame Throwers
(advertised as "Club End Zone")
Club Fusion (Formerly Club Swaggards and Club Midnight Sun)

Skyline

~ Naval Air Station Meridian, Miss.

Command Staff

Commanding Officer ~ Capt. Charles M. Gibson
Executive Officer ~ Cmdr. Edward Donohoe
Command Master Chief ~ CMDCM Sharon Laguna

Editorial Staff

Public Affairs Officer ~ Susan Junkins
Public Affairs Specialist/Editor ~ Penny Randall
Staff Writer/Photographer ~ MC2 Flordeliz Valerio

This DoD newspaper is an authorized publication for members of the Department of Defense. Contents of *The Skyline* are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or NAS Meridian, Mississippi.

The Skyline is published every other Thursday by *The Meridian Star*, a private firm in no way connected with the U.S. Navy, under exclusive written contract with the commanding officer of Naval Air Station, Meridian, Mississippi.

The editorial content of this publication is the responsibility of the NAS Meridian Public Affairs Office. *The Skyline* solicits news contributions from military and civilian sources. It reserves the right to edit material selected for publication. **The deadline for material is 4:30 p.m. the Thursday before publication.** Send submis-

sions to: *The Skyline*, 255 Rosenbaum Ave., Suite 201, Public Affairs Office, Naval Air Station, Meridian, MS 39309-5003 or e-mail: susan.junkins@navy.mil or penny.randall@navy.mil. For more information, call (601) 679-2602 or (601) 679-2318.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or *The Meridian Star* of products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Area Happenings

JUNE

12: The Farmer's Market and Heritage Crafts Fair will be held at Marion Town Hall. Activities will include 5k Run/1 mile fun run and walk, Granny's Pie Contest, Strawberry Recipe Contest, Golden Spatula Grill Contest, Marion's Top Dog Contest and an antique car and tractor show. For more information, call (601) 917-4096 or e-mail: townofmarion@ymail.com.

18-20 and 24-27: State Games of Mississippi competition weekends. Mississippi's largest amateur athletic sporting event for all ages teams and individuals. Opening Night Ceremony with parade of athletes, lighting of the torch, fireworks and entertainment is June 18 at 7:30 p.m. in downtown Meridian at Dumont Plaza. Admission: Free. For information and registration call 1-800-601-482-0205 or to to: stategamesofms.org.

19: Juneteenth Celebration along 5th Street and 24th, 25th and 26th Avenues in downtown Meridian. From 2 p.m. until midnight. Admission will be charged. For information, call Sharon Smith at (601) 484-6850.

24: "Martinis at the Museum: Great Tastes of Meridian." This ninth annual fundraiser and membership event features cool jazz, a special artist demonstration, hors d'oeuvres buffet by area restaurants, an array of traditional and specialty martinis and the "Martinis Menagerie," and a "big auction of small paintings" by artists from throughout the Southeast. The event will be at the Meridian Museum of Art, 628 25th Ave., Meridian, from 7-9 p.m. For more information, call Kate Cherry at (601) 693-1501.

JULY

4: City of Meridian Fourth of July Concert and Fireworks Display at Bonita Lakes Park. Entertainment starting at 6 p.m. on stage. Gigantic fireworks show over the lakes, food vendors and family fun for all ages. Fireworks at 9 p.m. Admission is free. For information, call City of Meridian Cultural Affairs at (601) 485-1944.

4: Sunfish Summer Triathlon featuring 1K swim, 34K bike race and 8K run at Bonita Lakes. Sponsored by Meridian Athletic Association. Start time: is 7 a.m. For information and entry fee and forms contact Stacy Barr by e-mail at jsbarr57@hotmail.com.

July 10-Sept. 30: "Sparkle and Twang" Marty Stuart Museum Exhibit at The Riley Center. For more information, call (601) 696-2200.

Pfc. Shauna Charette

**MATSS-1 Personnel Admin Staff
Hometown: Springfield, Ma.**

Shauna Charette learned about the Marine Corps from a recruiter who came to her high school.

"I wanted to give myself a challenge and do something with my life," said Pfc. Charette who is currently serving a three year tour at Marine Aviation Training Support Squadron One in the Personnel Administration Office.

"I'm looking forward to the new experiences that the Marine Corps will bring me."

She joined the Marine Corps on Oct. 15, 2008.

Her hobbies include sports, going to the movie and shopping.

The daughter of Joe and Lori Charette, she has one older brother, Justin, who she says she admires the most.

"He's done a lot in the past year to turn his life around. Seeing him motivated makes me motivated."

OOORAH!**Pfc. Candace Mizrahi**

**MATSS-1 Personnel Admin Staff
Hometown: New Port Richey, Fla.**

Pfc. Candace Mizrahi wanted to continue a family tradition when she joined the military.

Her two older brothers and her twin sister, Ashley, are all Marines.

"My sister and I just got separated -- she is stationed in Iwakuni, Japan," said Mizrahi. "I'm glad I'm on my own now -- to have the new experiences. I'm looking forward to advancing in my career."

Mizrahi, 18, is the daughter of Dorothy Mizrahi. She enlisted on April 2, 2009. Her hobbies include sports, writing, movies and surfing the Web.

The person she most admires is her PA School Instructor Gunnery Sgt. Mostoller.

"He lead by example, and was always motivated."



Photo by Lance Cpl. Daniel Boothe

Solar panels now sit atop Camp Pendleton's most newly renovated Bachelor Enlisted Quarters in the 41 Area. Solar panels on barracks' rooftops will contribute to energy-saving improvements that generate approximately 15 to 20 percent of the facilities estimated total power usage. The BEQ upgrades are intended to meet long-term energy initiatives mandated by U.S. Marine Corps Commandant Gen. James T. Conway, which include increasing renewable electric energy and reducing water consumption.

Marine barracks enter new energy-saving era

By Lance Cpl. Daniel Boothe
Marine Corps Base Camp Pendleton

MARINE CORPS BASE CAMP PENDLETON, Calif. -- Solar panels now sit atop Camp Pendleton's most newly renovated barracks as enlisted quarters across the base begin to see energy-saving improvements.

The recent upgrades to the Bachelor Enlisted Quarters are intended to meet long-term energy initiatives mandated by U.S. Marine Corps Commandant Gen. James T. Conway, which include

increasing renewable electric energy and reducing water consumption.

"We want to reduce energy consumption by 30 percent and water by 60 percent by 2015," said Conway. "We would also like to increase, by 25 percent, the reusable energy sources we use."

Solar panels on BEQ rooftops will contribute to that goal by generating approximately 15 to 20 percent of the facilities estimated total power usage.

Newly installed dual-flush toilets will also

● **Barracks, page 16**

**EMCC Marine Student of Year**

Photo by MC2 Flordeliz Valerio

Staff Sgt. James Nickerson receives the Marine Student of the Year for the 2009-2010 school year from James McMullan, NAS Meridian's East Mississippi Community College campus director, on May 26.

Marine Aviation Training Support Squadron One will hold a Change of Command Ceremony on July 2.

In the Spotlight

Happy Anniversary...

MA1 Russell and Kristen Treider celebrated their 10-year wedding anniversary on June 3. MA1 Treider was previously stationed at NAS Meridian and is currently on a IA tour in Iraq.



Sgt. Roger Welborn and his wife, Helen, celebrate their 32nd wedding anniversary on June 13. Sgt. Welborn is a member of the NAS Meridian Security Department.

Happy Birthday...

Hannah Treider will celebrate her 6th birthday on June 29. She is the daughter of MA1 Russell and Kristen Treider



To include an item in this column, e-mail penny.randall@navy.mil or call (601) 679-2318. Photos may be included.

Upcoming Navy Ball Fundraisers:

Silent Auction

- June 17 from 6-9 p.m.
- Rudders NAS Meridian
- Tickets are \$5 per person
- Includes: Appetizers, cash bar for beverages
- Lots of great items to bid on:
- ✓ Capt. Charles Gibson's commanding officer parking spaces on base for a month!
- ✓ 2 night stay with dinner at Beau Rivage in Biloxi
 - ✓ \$50 gift certificate to MSU Riley Center
 - ✓ Local art work
- ✓ Gift baskets from local businesses
- ✓ Lots of gift certificates

Pancake Breakfast

- June 26 from 7-9 a.m.
- Applebee's,
- 106 U.S. Hwy 11 & 80
- Tickets are \$5 per person
- Includes: Pancakes, sausage, coffee, orange juice or soda

2010 Navy Ball Golf Tournament

- July 9 at 10 a.m.
- Ponta Creek Golf Course
- 4-person scramble
- \$50 per person
- Includes: Cart, green fee's and lunch --
- Lots of great prizes
- Honda is sponsoring a hole in one!!

Please see one of our Navy Ball Representatives for tickets: Lt. j.g. Stephanie Titus, Susan Junkins, ACC Jed Theriot, ACC John D'Arcy or Michelle Carlson. Call (601) 679-2498.

Legal assistance officer on board NAS June 14-25

The nearest Navy Legal Assistance Office (NLSO), offering a full range of legal services to active-duty, retirees and their dependents is located in Gulfport. But that is a 178-mile, three-hour voyage. Most people dread seeing a lawyer. So asking them to embark on a three-hour tour is a tall order.

Military members at NAS Meridian will no longer have to make the long trip to Gulfport to receive legal guidance from an attorney.

A JAG officer from the Navy Reserve will provide legal assistance at NAS Meridian from June 14-25.

Get a will, a medical directive, and a power of attorney. Or consult with an attorney about family issues, consumer issues, military issues, etc.

Legal assistance does not include what is called "PERSREP." PERSREP broadly includes all issues or questions regarding military discipline, such as NJPs, Administrative Separations and Boards of Inquiry. Typical examples of PERSREP include: "I'm under investigation for X," "I'm being kicked out of the Navy for Y," "I've been notified my command is going to take me to court martial," "My advancement to the next rank has been suspended," or "My security clearance is under review." Whenever Sailors



Photo by MC2 (AW/SW) Flordeliz Valerio

Lt. j.g. Kathryn Young, a legal assistance attorney based in Gulfport, Miss., assist Mary Page, a military dependent, on legal matters on board NAS Meridian on June 9. A Judge Advocate General (JAG) lawyer will come several days each month to meet with military members, dependents and retirees regarding their legal issues such as will and estate planning, family law (divorce and child issues), consumer law, Servicemember's Relief Act, etc.

need PERSREP advice regarding such issues, they should call the Gulfport Legal Service Office directly, and an attorney there will conduct the appointment over the phone.

Under a previous trial program, the Staff Judge Advocate (SJA) for NAS Meridian attempted to serve as both the base lawyer, representing the U.S. Navy's interests, and a myriad of

clients. But the SJA's charter to perform legal assistance, thus "wearing two hats," ended in October 2009.

Resource constraints, such as time and money, and other conflicts, pose serious challenges for a SJA attempting to provide legal assistance.

"The primary duty of the staff judge advocate is to provide accu-

● **JAG, page 15**

June 18 is deadline for Navy League Scholarship

What is it? Each year, the Meridian Area Navy League awards two \$500 scholarships to deserving students to help with costs of higher education. This year, however, the organization will bestow two \$750 scholarships! See the scholarship application for full details.

Who is eligible? Dependent spouses and children of active duty military members currently serving at NAS Meridian; active reserve members, their spouses and children; dependents of retired military members who previously served at NAS Meridian and now live in the local area; and NJROTC cadets from local area schools are eligible for the scholarships. Applicants must plan to attend either an accredited junior college or an accredited four-year college or university.

What is the deadline for applications? All applications postmarked by Friday, June 18, 2010, will be considered.

Where can I get an application? You can pick-up an application at the NAS Meridian School Liaison's Office, Building 255, Suite 171,

phone: (601) 679-2473, or you may get a form at the East Mississippi Business Development Corporation office in Union Station on Front Street in Meridian, phone (601) 693-1306.

Where do I send my application? Applications should be mailed to the Meridian Area Navy League, P.O. Box 790, Meridian, MS 39302-0790, or hand-delivered to the EMBDC in Union Station. Deadline: June 18, 2010.

When will the selections be announced? The scholarship committee, consisting of three members of the Meridian Area Navy League Board of Directors, will evaluate all applications. The committee will present the selected applicants and alternates to the Navy League Executive Committee for approval prior to awarding scholarship funds. Recipients will be announced by Thursday, July 15, 2010.

Funds, which are to be used toward the cost of tuition, fees, and books, will be presented in the form of a check payable to the college the applicant will attend.

Safety is our Duty

Lawn mowers: When a chore becomes a mishap

By April Phillips

Naval Safety Center Public Affairs

Every summer, the Naval Safety Center receives mishap reports detailing the aftermath of what should merely be a chore -- mowing the lawn. Unfortunately, people who would never set foot on a flight deck without all the proper personal protective equipment forget that mowers are potentially dangerous and should be treated with respect.

For instance, a chief master at arms was mowing his lawn in Norfolk, Va. While pulling the machine backward, he fell and pulled it up on his foot. The

mower blades sliced off his big toe, cut two others, and gashed his foot. The chief was wearing flimsy plastic footwear, which provided very little protection against the spinning blades.

The U.S. Consumer Product Safety Commission reports that 75 deaths and 18,000 hospital-treated injuries occur each year from riding mower accidents and 37,000 hospital -- treated injuries result from push mowers.

The Naval Safety Center recommends wearing strong shoes

or boots when mowing the lawn -- never flip flops or other flimsy shoes. Eye protection is also important, and long pants and sleeves are highly recommended.

Following the instructions in the operating manual and safety messages posted on the mower itself is also important. A Navy civilian, also based in Norfolk, cut off the tips of two fingers, severed muscles and tendons, and broke several bones after reaching into the mower's clogged chute without releasing the engine cut-off handle. This, in spite of the fact that the

mower contained a warning sticker that read, "Do not reach in chute."

Although mowing the lawn is already a chore most people would prefer to complete as quickly as possible, preparation is important. Pick up rocks, sticks, pinecones, and other debris from the yard before you start. Also make sure children know to stay away while you're mowing. Many injuries are caused by debris that strikes an onlooker, rather than the person actually doing the work.

Riding mowers are particularly dangerous. They aren't meant to carry passengers and should not be used for joy rides.



Tips to Save Energy: Cooling

1. Don't set your thermostat at a colder setting than normal when you turn on your air conditioner. It will NOT cool faster. It WILL cool to a lower temperature than you need and use more energy.

2. To operate your air conditioner unit more efficiently, turn on your ceiling fans. These fans create air movement across the skin, lowering skin temperature through evaporation. The homeowner can thus raise the air conditioning thermostat setting up to 4 degrees F without any decrease in comfort. Each degree you raise the thermostat above 78 degrees F you save about seven to eight percent on your electric cooling costs.

3. Use landscaping, awnings, and overhangs to shade the outside of your house in summer. A shaded house costs less to cool than one in direct sunlight.

4. Clean the outside condenser coils of your heat pump or central air conditioner.

5. If you live in a warm or hot climate, consider adding a radiant barrier to your attic. A radiant barrier is a shiny surfaced material, such as an aluminum-coated plastic sheeting, installed in the attic such that the shiny surface faces an air space (the attic space or air space between the barrier and the roof sheathing). Radiant barriers reduce summer heat gain by reflecting much of the heat radiated from the roof back to the roof.

6. Set the fan speed of your central air conditioner on high except in very humid weather. When it's humid, set the speed on low; you will get less cooling but more moisture will be removed from the air which will make it feel cooler.

7. Do not position heat-producing appliances, such as televisions or lamps, near the thermostat that controls your air conditioner. The heat they produce "fools" the thermostat and causes the air conditioner to run longer than necessary.

8. If your ceiling fans are reversible, be sure to adjust the setting at the onset of the cooling season so that the blades turn to create a down-draft.

9. When purchasing ceiling fans, remember that a 36 inch or 42 inch fan works best for rooms 12 feet by 12 feet or smaller. A 48 inch or 52 inch fan works best for rooms up to 12 feet by 18 feet. Two medium-sized fans work best in a room longer than 18 feet.

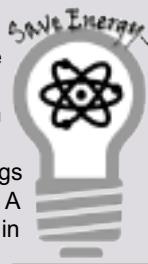
10. Under appropriate weather conditions in the cooling season, use window fans mounted in windows to exhaust hot air that accumulates indoors during the day and, reversed at night, to pull in cooler outdoor air.

11. Clean or replace filters regularly on air conditioners; keep outside units free from leaves or debris that may clog vents.

12. Close doors and vents of unused rooms to avoid cooling these areas.

13. Turn off unnecessary lights and use energy-efficient lights, especially when you have the air conditioner running, because lights generate a significant amount of heat.

14. Consider turning off the furnace pilot light in the summer, but be sure it's reignited before you turn the furnace back on.



Did You Know?

Passing emergency vehicles with lights on requires the operators to slow down as they approach a stopped emergency vehicle (such as police, fire or ambulance vehicles).

If an emergency vehicle is in motion with their lights and/or sirens on, drivers are to slow down and yield (by Mississippi law) the driver should move to the right allowing the emergency vehicle to pass to the left. A variety of reasons emergency vehicles are

in motion and in a fixed position, it is in the best interest of all to give extra caution to these vehicles, there may be an accident, an incident in the area requiring drivers to be informed of a traffic pattern change, responding to a scene to give assistance.

Failure to yield to these vehicles in emergency mode may interfere with the activity resulting in additional injury, loss of life, or a citation for failing to yield to an emergency vehicle.



Find out more about Energy Savings at
<https://energy.navy.mil>

YN, PS advanced course gets a makeover

By MCCS Melissa F. Weatherspoon
Center for Service Support Public Affairs

NEWPORT, R.I. (NNS) -- Training specialists from the Center for Service Support in Newport, R.I., and its learning sites in Norfolk and San Diego tested the improved and modernized Yeoman/Personnel Specialist Advanced Administration Course, graduating seven students May 28 in San Diego.

The updated course blends computer-based training with traditional classroom instruction to bring the course up-to-date and in step with the ever-changing world of enlisted command and personnel administrators.

"As the environment in which command administrators work changes and evolves, so too, must the training and the curriculum by which we train our yeoman and personnel specialists," said Chris Leahy, one of CSS's instructional systems specialists.

Today's Navy demands that YNs and PSs be more technically proficient and well-versed in all aspects of naval administration and personnel. Therefore, according to Leahy, "graduates of this course of instruction now have a better understanding of the many technical elements of their ratings and will, as a result, be more efficient and effective members of their respective command administration teams."

Although only a small number of YNs and PSs graduated from the pilot course, the regularly scheduled course set to kick off in October 2010 will allow for approximately 400 students to attend annually in San

"As the environment in which command administrators work changes and evolves, so too, must the training and the curriculum by which we train our yeoman and personnel specialists."

Chris Leahy
CSS Instructional Systems Specialist

Diego as well as the CSS Learning Site in Norfolk. Each site is scheduled to conduct eight classes per year.

The one-week, computer-based portion of the training must be completed at the prospective student's parent command prior to his or her arrival in either Norfolk or San Diego for the two-week residence portion. For last month's pilot course, however, the students completed the computer training at the schoolhouse with CSS staffers on hand to monitor the process.

The computer-based modules "were really helpful to have as a refresher of the 'big picture' and to help build a foundation in order to concentrate on the specifics during the instructor portion and to help find answers to our everyday issues," said Personnel Specialist 2nd Class Gerardo Arbulu, currently stationed at the Personnel Support Detachment in Sigonella, Italy.

"[This training provides] great tools for Sailors that want to be better leaders and supervisors."

In developing curriculum, it is the responsibility of CSS and its learning sites to support the Navy's forward-deployed and widely distributed force by delivering more proficient and knowledgeable Sailors in less time. The blended solution as seen in this new course is designed to do just that.

"I strongly think that hybrid learning of computer-based training in the Navy Knowledge Online (portal) being used for pre-requisite requirements followed by the traditional classroom training will pave its way in the fleet," said Lt. Cmdr. Jeffrey Sotingco, officer in charge of the CSS San Diego learning site. "We are leveraging on new technologies familiar to our students, which provides a general overview and introduction to more-detailed topics once the [classroom portion] starts. This poises students to successfully meet and retain knowledge and skills that can be immediately employed upon graduation."

The course's lesson plans are tailored to enlisted leaders in the command and personnel administration workcenters, so this advanced course is restricted to top-performing first- and second-class petty officers. However, waivers for hard-charging third-class petty officers will be considered. To enroll in the course, interested Sailors meeting the course criteria should request to attend via their chains of command and educational services officer. More information about the course can be found in the Catalog of Naval Courses.

Use of DPS mandatory for personally procured moves

SAN DIEGO (NNS) -- All Navy service members and eligible civilians must now arrange personally procured moves using the Defense Personal Property System which can be accessed at www.move.mil.

SMARTWebMove, the Navy's legacy system for arranging household goods moves online, is being phased out.

DPS is a centralized, integrated system -- a "one-stop" source for managing a household goods move. The system provides convenient access to household goods shipment information 24 hours a day, seven days a week.

Service members are to use www.move.mil for all household goods move arrangements except for the following categories: joint moves where both adults in a household are service members / Department of Defense civilians, local moves other than personally procured moves, and shipments that include boats or mobile homes.

Contact the local Personal Property Shipping Office if a household goods move falls into any of the exception categories.

DPS also serves as a conduit for a direct relationship between DoD customers and transportation service providers throughout the entire moving process. Customers can use DPS to settle claims directly with their transportation service provider. Claims protection includes full replacement of lost items or items damaged beyond repair.

Navy service members are required to complete customer satisfaction surveys related to household goods shipments. The CSS is a critical component of DPS. Your opinion counts; the survey results help determine which carriers provide best value service, and give program administrators

the information necessary to provide the outstanding relocation service DoD service members and civilians deserve. A link is provided in the e-mail sent after a household goods shipment is delivered, or visit www.move.mil and click on the survey link.

E-mail questions or requests for more information to householdgoods@navy.mil.

COMFISCS provides an array of integrated global logistics and contracting services to Navy and Joint operational units across all warfare enterprises.

COMFISCS is responsible for facilitating best business practices and efficiencies across the seven FISCs located in San Diego, Calif.; Norfolk, Va.; Jacksonville, Fla.; Yokosuka, Japan; Pearl Harbor, Hawaii; Bremerton (Puget Sound), Wash.; and Sigonella, Italy; and for optimizing the performance of base supply functions and standardizing levels of service across 11 regions and 77 Navy installations.

Comprised of more than 7,000 military and civilian logistics professionals, COMFISCS operates as a single cohesive team providing global logistics services from 135 locations worldwide.

A component of the Naval Supply Systems Command, headquartered in Mechanicsburg, Pa., COMFISCS is part of a worldwide logistics network of more than 22,500 military and civilian personnel providing combat capability through logistics.

Become a fan of COMFISCS on Facebook at <http://www.facebook.com/comfiscs>.

--From Commander, Fleet and Industrial Supply Centers Public Affairs

Navy announces new SRB levels

WASHINGTON (NNS) -- Navy has adjusted Selective Reenlistment Program (SRB) levels to match reenlistment needs for critical skills and ratings, including the hardest to fill areas such as nuclear operators, Aegis fire controlmen, and air intercept controllers.

NAVADMIN 175/10 approves 24 increases in SRB award levels and 10 decreases. Award levels in 124 categories remain unchanged, one was added and 12 award levels were removed.

"The Selective Reenlistment Bonus program allows Navy to properly incentivize high-demand Sailors with critical skills in order to maintain a prepared force, which is ready and able to execute global operations in today's complex security environment," said Rear Adm. Dan Holloway, director of Navy's Personnel, Plans and Policy division. "Having a flexible and responsive SRB program helps minimize over or under execution of critical skill retention goals and allows Navy to maximize use of our allotted resources."

SRB is a dynamic market-based incentive designed to retain Sailors in the Navy's most critical ratings and NECs. The science of

● SRB levels, page 16

NAS Meridian Chapel

211 Fuller Road

*Protestant
Sunday Services*

9 a.m.

*Choir Practice
at 8 a.m.*

*Catholic Mass
Sunday 5 p.m.
Choir Practice
at 4 p.m.*

*Wednesday
Prayer Lunch
11:15 a.m.*

*Come Worship
With Us!*

*Call (601)
679-3635*



NAS Meridian NEX offers Western Union money transfer. Located in Building 214 at the Personalized Services counter at the front of the store.

NEX Web Store launches product information site

The NEX's web store has launched a product information center on www.myNavyExchange.com. This feature provides customers access to pricing information as well as product images, descriptions and specifications for TVs, cameras and computers that are available for purchase in NEX stores.

"We added this feature to our web site so customers could have the opportunity to read up on the products they were interested in purchasing and check availability before they got to the store," said Karen Connery, Navy Exchange Service Command (NEXCOM) Director, e-Commerce.

"Industry studies confirm that customers conduct research online at retailers' web stores for at least half of all their purchases regardless of the channel from which they

shop. Our product information center also provides our customers the opportunity to write or read product reviews to help them make their purchase decisions."

Once a customer logs on to www.myNavyExchange.com and is authenticated as an authorized customer, they may select a CONUS or OCONUS region where they would like to shop from either a drop down box, or interactive map. From there, they can then select a merchandise category to research and then the specific item he or she is interested in learning more about. The item detail includes current NEX price, an image, description and specifications for the product as well as a list of NEXs within the selected region where the item is currently available for purchase, subject to availability. Customers will also have a

chance to write a review of the product and the rating of the product will appear as anchors.

Finally, the link to the "Store Finder" will allow customers to find store hours of operations, phone number and directions to which NEX the product is available for purchase.

"We're excited about providing access to our great product assortment and prices available at our stores via our web site and expect that this feature will show our customers that it's definitely worth the trip to visit their NEX," said Connery. "We plan to add more categories such as major appliances and tires in the near future."

Remember, customers receive a five cent credit toward their purchase for each eco-friendly reusable bag used to bag their purchase.

Chapel Sponsors Vacation Bible School



**July 26-30, 9-11 a.m.
Base Housing
Call (601) 679-3635
to register!**

WE WANT YOU to let us know how we are doing!

A Friendly Reminder...

We hope your home and the services we provide have exceeded your expectations. Please take a moment to fill out and send in your CEL Survey. This will let us know how we are doing and what we can improve upon. *Don't forget, your opinion matters!*

Balfour Beatty Communities

FRAMING TO PLEASE!



Furniture
Lamps
Home Decor

Custom Frame & Gift!

Broadmoor Shopping Center • 601-483-5595 • Hours: Mon.-Sat. 9am-6pm

Navy gets closer to PFA documentation for fitness reports

MILLINGTON, Tenn. (NNS) -- The Navy is moving forward on procedures for documenting physical fitness assessments (PFA) in upcoming performance reports according to NAVADMIN 193/10 released May 28.

These business rules are part of changes to Navy Fitness Reports and are the result of feedback from selections boards.

The new message reinforces the requirement for commands to maintain data in the Physical Readiness Information Maintenance Systems (PRIMS) and provides selection boards with accurate information regarding a member's PFA performance.

For performance reports with an end date of Aug. 1 or later, commands will enter a one-letter PFA code in Block 20 for each cycle completed. The following are the PFA codes:

P: Passed both the physical readiness test (PRT) and body composition assessment (BCA).

F: Overall PFA failure.

M: Medically waived from entire PFA.

W: Passed BCA but medically waived from one or more PRT events.

B: Passed BCA but was authorized non-participation in the PRT for other than medical reasons.

N: No PFA conducted during reporting period.

There are qualifiers for some codes. Reference the NAVADMIN for a detailed explanation.

This policy change requires software modification to the NAVFIT98A program and E7-E9 Evaluation. The software installation is scheduled to start Aug. 1.

For more information, read the NAVADMIN

M	I	N
2	F	2
3	-	2
0	E	F
-	4	9
6	C	-
A	5	F
2	-	D
8	B	4
8	7	5
E	7	3
4	1	/
0	NAV	10
1	93	.txt

 or visit www.npc.navy.mil/CareerInfo/PerformanceEvaluation/FAQ.htm.



Sailors assigned to Fleet and Industrial Supply Center Yokosuka perform curl-ups during a command Physical Fitness Assessment (PFA) on Berkey Field at Fleet Activities Yokosuka. The PFA is a bi-annual, Navy-wide examination of physical fitness for Sailors that consists of a body composition assessment, curl-ups, push-ups and a 1.5-mile run.

Photo by
MC3 Dominique Pineiro

Marine Battle Color Detachment



Photo by Cpl. Bobby J. Yarbrough

Lance Cpl. Nicholas Meekins and Lance Cpl. Michael Hintz simultaneously spin rifles during a performance at the U.S. Ambassador House in Paris, France, June 1. The Honorable Charles H. Rivkin, the U.S. Ambassador to France, invited the United States Marine Battle Color Detachment to perform at his home.

DoN Civilian Human Resources launch new Web site

WASHINGTON (NNS) -- The deputy assistant secretary of the Navy (Civilian Human Resources) (DASN(CHR)) launched a new Web site <http://www.donhr.navy.mil>, providing Department of the Navy (DoN) civilian employees a comprehensive information and education tool.

"The Department of the Navy is a very complex organization employing in excess of 193,000 civilians who are located worldwide with foreign national employees in Europe and Asia," said Patricia Adams, DASN(CHR). "DoN civilians accomplish very diverse missions with careers ranging from weapons research to overseeing acquisitions and supporting the warfighter. This Web site will not only help DoN civilians stay better informed of employee benefits and career development opportunities, but it will also assist potential employees understand the careers DoN employment offers."

Civilian job opportunities are highlighted on the new site. The Department of the Navy Human Resource (HR) community filled in excess of 66,500 jobs last year, with 4,500 of those employees, being new to federal service.

The new Web site also provides one central location for DoN NSPS transition information, civilian employee benefits and monthly updates on civilian HR initiatives.

-- By George Markfelder
Communications Director, Deputy Assistant Secretary of the Navy (Civilian Human Resources)

Be aware of your surroundings

Whether in your neighborhood, at work or shopping in town you can reduce your potential for being a target of terrorism by paying attention to your surroundings. The commanding officer is ultimately responsible for the security and safety of the installation. Security and the Anti-Terrorism Group at NAS Meridian have developed force protection measures of security to safe guard the installation and those who work and live on board. If you see suspicious or out of the ordinary activity, report it immediately to security by calling **(601) 679-2361 or (601) 679-2958**. Contact local law enforcement or 911 for emergencies only!

Frocking



Photo by MC2 Flordeliz Valerio

During a frocking ceremony on June 7, the following individuals were promoted to their new ranks: Air Traffic Controlman 3rd Class Caleb Campbell, Aviation Boatswain's Mate Handling 2nd Class Christopher Sommerville and Air Traffic Controlman 2nd Class Elliott Young.

NMCRS Jet Wash



Photo by MC2 Flordeliz Valerio

Administration Officer Lt. Robert Moffatt, Assistant Supply Officer Lt. j.g. Stephanie Titus, NAS Command Master Chief Sharon Laguna, and Administration Office Assistant Kim McAfee wash the TA-4J Skyhawk static display jet in front of Building 255 on May 27. They were the top four nominees in the bidding which raised \$404 for Navy-Marine Corps Relief Society. Also pictured is Cmdr. Ed Donohoe, NAS executive officer, who volunteered to participate in the annual jet wash.

Starbase-Atlantis announces Summer Workshop

June 22-24 (8 a.m.-noon) For Students...

This workshop will be held at the Starbase site on the Choctaw Reservation. If you are in middle school grades, please call and register for this workshop at (601) 663-7592.

June 28-30 (8 a.m.-1 p.m.) Teacher STEM Workshop Part 1

This workshop will be held at Starbase site on the Choctaw Reservation. Do you want some fun and exciting activities to teach science, math, technology and engineering? If you are a teacher in the elementary or middle schools, then this workshop is for you. You will receive 1.5 CEU's for this workshop. To register, call (601) 663-7592. Please bring a snack, as no lunch time will be provided.

July 7-9 (8 a.m.-noon) For Students...

This workshop will be held at the Starbase site at NAS Meridian! Robots made with LEGO pieces. This robotics workshop will be so much fun. You'll learn all about how the pieces work and how to pro-

gram the robot to complete a task. If you have completed 5th, 6th or 7th grades, this workshop is for you. To register, call (601) 679-2448.

July 12-14 (8 a.m.-1 p.m.) Teacher STEM Workshop Part 2

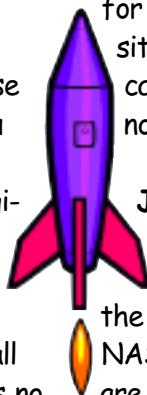
This is the second session for teachers for 1.5 CEU's. It will be held at the Starbase site on the Choctaw Starbase. To register, call 601-663-7592. Please bring a snack, as no lunch time will be provided.

July 19-21 (8 a.m.-noon) For Students...

This fun workshop is for students in the middle school grades at the Starbase at NAS Meridian. Many exciting experiments are planned for this workshop. Call (601) 679-2448 to register.

July 26-27 (8 a.m.-noon) For Students...

At NAS Meridian Starbase this weather workshop is for students in grades 2 and 3. Activities dealing with the four types of weather will be enjoyed by the students in this workshop. Call (601) 679-2448 to register.



Grilling safety

According to the National Fire Protection Association, gas and charcoal grills caused an average of 1,000 structure fires and 3,400 outdoor fires in or on home properties in 2001.

To make sure your next barbecue doesn't go up in flames, the Home Safety Council recommends the following safety tips:

- Designate the grilling area a "No Play Zone" keeping kids and pets well away until grill equipment is completely cool.
- Before using, position your grill at least 3 feet away from other objects, including the house and any shrubs or bushes.

- Only use starter fluid made for barbecue grills when starting a fire in a charcoal grill

- Before using a gas grill, check the connection between the propane tank and the fuel line to be sure it is working properly and not leaking.

- Never use a match to check for leaks. If you detect a leak, immediately turn off the gas and don't attempt to light the grill again until the leak is fixed. Never bring a barbecue grill indoors, or into any unventilated space. This is both a fire and carbon monoxide poisoning hazard.



NAS Meridian, Fleet and Family Support Center and MWR are all on facebook. Become a fan!

CNO speaks at Battle of Midway Ceremony

By MC2 Rebekah Blowers
Chief of Naval Operations Public Affairs

WASHINGTON (NNS) -- The chief of naval operations (CNO) spoke at the Battle of Midway Commemoration Ceremony at the U.S. Navy Memorial June 4 in Washington.

Adm. Gary Roughead, CNO, said the Battle of Midway showed the world what an American Sailor could do and is the ultimate statement of the Navy's ethos and character. He said it was what Admiral Chester Nimitz called 'A glorious page in our history.'

The Battle of Midway was a turning point in the war in the Pacific during World War II from June 6-8, 1942. Each year, the Navy commemorates the battle by remembering the Sailors who fought so valiantly.

"While we look back on the

incredible achievements of Midway and reflect on what it took for those Sailors to win, we can also look forward with great confidence," Roughead said.

"Knowing that the challenges we face today will be overcome by Sailors and citizens with the same devotion, spirit and uncommon valor of those who fought and won at Midway."

More than 600 people, including 10 Midway veterans, attended and listened as CNO thanked the veterans and their families for their courage and sacrifice and stated that Sailors today are following their example.

"The actions taken by the individual Sailors who fought in this battle -- the strength of their character and firmness of their resolve -- is why this Battle is so significant in our history and why we commemorate it today," Roughead said.

CNO noted that as he spoke



Photo by MC1 Tiffini Jones Vanderwyst

Chief of Naval Operations Adm. Gary Roughead inspects members of the Navy and Marine Corps ceremonial guard during the Battle of Midway Commemoration Ceremony at the Navy Memorial in Washington. Each year, the Navy remembers the courage and sacrifice of the Sailors who fought in the Battle of Midway, a turning point in the Pacific during WW II.

in Washington, the Ronald Reagan Strike Group, including the frigate USS Thach (FFG 43), was steaming in the

waters near Midway Island to honor the nation's World War II veterans and conduct a burial at sea for Cmdr. Dave

"Abe" Simmons, the one-time wingman of Adm. Jimmy Thach, one of the heroes of the Battle of Midway.

Veterans welcomed by California governor during Midway ceremony

By MC2 Josh Cassatt
Navy Public Affairs Support Element West

SAN DIEGO (NNS) -- California veterans were honored in a ceremony aboard the USS Midway (CV 41) Museum June 3 as part of California Veterans (CalVet) Corps' Operation Welcome Home.

Operation Welcome Home, established by California Gov. Arnold Schwarzenegger, is the first program in the country to combine the efforts of state, federal and local governments, non-profit organizations and the private sector to provide veterans the services they need to transition home.

"We have to do everything we can to receive these veterans with open arms and to thank them for the great services they provided," Schwarzenegger said. "We want our veterans to feel welcomed in California; whatever their needs are, what-



Photo by MC2 Eva-Marie Ramsaran

California Governor Arnold Schwarzenegger addresses veterans aboard the USS Midway Museum during the kick off of Operation Welcome Home. The Operation Welcome Home program helps California veterans successfully transition from the battlefield to the home front.

ever their dreams are, whatever their goals are, we want to help them."

The goal of the CalVet Corps

is to help veterans gain access to benefits and services such as employment assistance, job

● **Veterans, page 18**

SECNAV celebrates Memorial Day in Italy

By MC2 Kevin S. O'Brien
Office of the Secretary of the Navy Public Affairs

NAPLES, Italy (NNS) -- The secretary of the Navy (SECNAV) commemorated Memorial Day and met with Sailors and Marines at Naval Support Activity Naples, Italy, May 31 to June 1.

Mabus began his Memorial Day trip by paying tribute to those who served and died on the shores of Anzio and Nettuno during a commemoration ceremony at the Sicily-Rome American Cemetery and Memorial outside Rome.

During the ceremony, Mabus talked about the sacrifice and heroism between both the Italian and U.S. service members.

"It is because of all those that fought here that we sit today in shared camaraderie. It is because of them that we all remain free to think as we wish and live as we do," said Mabus. "It is because of the world that they created for us that for the past 60 years young Americans and young Italians in uniform have stood together against terror and those who would send the world back into darkness."

The ceremony also included remarks by U.S. Ambassador to Italy David Thorne, Adm. Mark Fitzgerald, commander, U.S. Naval Forces Europe-Africa, and U.S. World War II veteran Clyde Easter. At the conclusion of the commemoration, Mabus commented on the veterans he met and how their service impacts Sailors and Marines today.

"The veterans that are here today who fought on the shores of Italy during World War II have created an everlasting legacy. We cannot hope to know every individual act of heroism that occurred here,"

● **SECNAV, page 18**

Secretary of the Navy visits Camp Leatherneck, Battle Space

By Gunnery Sgt. William Price
Camp Leatherneck

CAMP LEATHERNECK, Afghanistan (NNS) -- Secretary of the Navy Ray Mabus toured Helmand Province, Afghanistan to visit the Marines and Sailors of the 1st Marine Expeditionary Force (MEF)(Forward) on June 3.

As current Secretary of the Navy, Mabus oversees the U.S. Navy and Marine Corps. Mabus is a former Governor of Mississippi, and served as United States Ambassador to Saudi Arabia.

Mabus was greeted at Camp Leatherneck by Major Gen. Richard Mills, I MEF commanding general, and Sgt. Maj. Micheal Barrett, I MEF sergeant major.

Then Mabus, 75th secretary of the Navy, donned a flak jacket and Kevlar helmet to tour the battle space with Brig. Gen. Joseph Osterman, 1st Marine Division commanding general, and Sgt. Maj. Phillip Fascetti, 1st Marine Division sergeant major.

Mabus boarded a CH-53 Sea Knight helicopter and flew from Camp Leatherneck to Forward Operating Base Delaram 2, home of Regimental Combat Team (RCT) 2 and the 31st Georgian Battalion, 3rd Brigade. After a meeting with the 31st Georgian leadership, Col. Paul Kennedy, RCT-2 commanding officer, and Sgt. Maj. George Young, RCT-2 sergeant major, gave their guests a quick tour of their FOB. They visited with the Navy Corpsmen of the Shock Trauma Platoon, RCT-2 personnel, Seabees, and the 11th Marines High Mobility Artillery Rocket System detachment.

Next, Mabus and the Marines jumped on an V-22 Osprey to visit FOB Musa Qal'ah, located near the northeastern border of Helmand province. With rotary wings still in motion, Lt. Col. Michael Manning, commanding officer of 1st Battalion, 2nd Marine Regiment, and Sgt. Maj. Jeffrey Cullen, 1/2 sergeant major, greeted Mabus and Gen. Osterman, then escorted them to a sandbag re-enforced chow hall for a gourmet lunch with the troops: a Meal Ready to Eat.

"It was great to see the secretary of the Navy visiting our division Marines in their battle space," said Fascetti. "He got to see how the Marines live, how they operate and even what they eat for chow. All the things they are doing 24/7 in a combat zone to make our nation proud!"

Manning gave the SECNAV a "rooftop tour" of his area of responsibility, pointing out key terrain features in his battle space. While on the roof, Neimatullah, the district governor of Musa Qal'ah, talked with Mabus through an interpreter, sharing words of hope and a brighter future.

Mabus, a fourth-generation Mississippian, was Governor of Mississippi from 1988-92. He was the youngest governor in America at the time.

"As a former governor," Mabus told Neimatullah, "I know it can be a difficult job. We are honored to have a person of your stature in this position."

Following a detailed brief on future operations, Mabus boarded another Osprey, bound for FOB



Photo by MC2 Kevin S. O'Brien

Secretary of the Navy the Honorable Ray Mabus visits with Sailors and Marines in Helmand Province, Afghanistan, June 3.

Delhi, area of responsibility of 3rd Battalion, 1st Marine Regiment. However, due to a severe sandstorm, this flight was diverted back to Camp Leatherneck.

Soon it was early evening. As the hot Afghan sun began to set, Mabus visited with the wounded warriors and medical personnel at Bastion's Medical Facility. He personally thanked each and every person for their hard work, dedication and sacrifice.

"A lot of people are alive today because of you and all the corps-

men out there. Blue in support of green!" Mabus said, referring to his Navy-Marine/blue-green team.

"I was really happy there were very few patients, and very few Marines. The one Marine I got to meet is getting released soon. It was the third time he had been hit, but he was like every other Marine I have ever met – ready to get back in the fight!"

Back at the chow hall at Camp Leatherneck, Mabus asked a group of Seabees, if they would like to have dinner with him.

They let out a resounding response: "Can do!"

"As good as my guys were 40 years ago," said Mabus, referring to his fellow service members aboard the USS Little Rock, where he served as a lieutenant junior grade, "nobody can touch the Marines and Sailors that we have today! They are the best-trained, most-educated, best fighting force the world has ever known. And what I saw today did nothing but increase that belief of mine."

• Hurricane

- Have on hand: plywood, nails, screws, and other materials to cover your windows and protect your home. The winter months are a perfect time to purchase and cut to fit the plywood you need.

- Know how to cut off the utilities to your home. Write down the instructions. Make sure all family members know how to turn off and secure the utilities. Turn off electricity at the main panel.

- If you use LP gas, valve off the tanks. If your house has a water shut-off valve, turn it off. If you have a dock or pier, shut off the water to it also. If your home or pier does not have accessible water shut-off, have a plumber install one for you.

- During hurricane season, it is important that you make arrangements to take care of your pets. Leaving them home after an evacuation is not the answer. Begin crate training early, as this will reduce the stress on your dog/cat when they must be crated for a length of time.

- Look into pet friendly hotels, motels, shelters where you may seek refuge. If you stay with friends or family, be sure your pets are also welcome. This will save you a lot of time when time is essential.

For additional information, stop by NAS Meridian Emergency Operation Center in Building 255, Suite 249.

-- From EOC staff

CNO records 'Don't Ask, Don't Tell' podcast

By MC2 Kyle P. Malloy
Chief of Naval Operations Public Affairs

WASHINGTON (NNS) -- Chief of Naval Operations (CNO) Adm. Gary Roughead recorded a podcast June 2.

In the podcast, CNO talked about the 'Don't Ask, Don't Tell' policy and expressed his encouragement to each Sailor to participate in the Department of Defense review.

"Every Sailor needs to speak for themselves, and military family members need to be heard too," said Roughead.

CNO stated the importance of each individual Sailor's input.

"Be honest and speak your own personal beliefs and opinions," said Roughead. "The review is only valuable with full participation."

Roughead also encouraged any Sailor who has not yet participated in the review, to voice their opinion anonymously via a CAC-enabled Web site at www.defense.gov/dadt.

To listen to the podcast, visit <http://www.navy.mil/navydata/cnoPlay.asp?id=3949>.

Military personnel invited to museums this summer -- free

The American Association of Museums, in conjunction with the National Endowment for the Arts is offering free admission to various museums across the United States this summer to active duty military personnel and their immediate families.

Blue Star Museums is a partnership among Blue Star Families, the National Endowment for the Arts (NEA), and more than 700 museums in all 50 states to offer free admission to active duty military personnel and their families from Memorial Day, May 31, 2010, through Labor Day, Sept. 6, 2010.

The link to the Website is: <http://www.nea.gov/national/bluestarmuseums/index.php>.

This is a great opportunity for families to enjoy exploring museums together during the summer. Take advantage of this wonderful gift and show participating museums that their generosity is appreciated.

Mississippi's and Alabama's participating museums are listed below.

African American Military History Museum Hattiesburg

Mississippi Armed Forces Museum, Camp Shelby

Mississippi Museum of Art, Jackson

Oren Dunn City Museum, Tupelo

University of Mississippi Museum and Historic Houses, University

Walter Anderson Museum of Art, Ocean Springs

Birmingham Museum of Art, Birmingham

Huntsville Museum of Art, Huntsville

Mobile Museum of Art, Mobile
Museum of Mobile, Mobile

NAVFAC Southeast civilian earns small business award

By Sue Brink

Naval Facilities Engineering Command Public Affairs

JACKSONVILLE, Fla. (NNS) -- An employee from Naval Facilities Engineering Command (NAVFAC) Southeast was presented the 2010 Frances Perkins Vanguard Award in Washington D.C. May 25.

Bennie Boren received the award during National Small Business Week.

"We're thrilled that Bennie has received this well-deserved recognition, said NAVFAC Southeast Deputy for Small Business Nelson Smith. "His hard work and dedication to providing maximum opportunities for Women-Owned Small Businesses exemplifies NAVFAC's commitment to the Small Business program."

Boren is the acquisition supervisor and small business specialist with Public Works Department Gulfport on board Naval Construction Battalion Center (NCBC) Gulfport, Miss.

"Today we celebrate the contributions of the outstanding business leaders, government officials and small businesses whose inspiring work in the federal contracting arena are creating jobs and helping lead economic recovery," said SBA Administrator Karen G. Mills during the award presentation.

The Frances Perkins Vanguard Award honors government and industry for excellence in the use of women-owned small businesses as prime contractors and subcontractors.

"Contracting with small businesses is a win-win for both the government and small busi-

nesses: the government gets access to the most innovative companies and small businesses get the oxygen they need to grow and take their businesses to the next level," said Mills. "That's why it's so important that more than \$7 billion in federal contracts have already been awarded to small businesses under the American Recovery and Reinvestment Act."

Small Business Week featured a series of forums on Innovation, Exporting and Social Media, designed to help entrepreneurs with current, real-world issues that impact their businesses.

Every year since 1963, the President of the United States has proclaimed National Small Business Week to recognize the contributions of small businesses to the economic well-being of America.

THE KEY TO GETTING AN AMAZING AUTO LOAN RATE? MEMBERSHIP WITH NAVY FEDERAL.

RATES AS LOW AS
1.99% APR*

A fast and easy approval process means you're on the road in your new car faster. A low, fixed rate means low monthly payments. And our Payment Protection Plan and Guaranteed Asset Protection mean peace of mind. In short, you get just the right car loan. It's just another way Navy Federal understands and meets the needs of its members. So visit us online to see how low your payments can be, or give us a call 24/7.

navyfederal.org • 1-888-842-6328

NAVY FEDERAL
Credit Union



SERVING ARMY MARINE CORPS NAVY AIR FORCE DOD

Have a Suggestion or Question?



Ask the CO!
Suggestion Boxes are located at: Galley, Security, Commissary and Air Operations

Road paving at Okatibbee Lake Parks may cause temporary closures

Roads in several Okatibbee Parks will be repaved during the month of June which may cause some temporary closures.

"We anticipate some parks may be closed for short periods of time to allow for much needed repaving of the roads," E. Patrick Robbins, Chief, Public Affairs, Mobile District said.

"We hope to keep the temporary closures during the week so as not to affect weekend usage."

The public can call the Okatibbee Lake Project office at 601-626-8431 to get the latest information on closures. For questions concerning the temporary closures, use Option 2. Closure updates will also be available via the Daily Lake Information Recording at Option 3.

Pool Bash



Photos by Matt Davis

Above: Swimmers enjoy the MWR Pool Bash May 2 which kicked off the 2010 swimming season. At right: Pete Ochello performs for the crowd outside at Rudders during the MWR Pool Bash.

2010 POOL Fees

General Info

Hours of Operation

Tuesday-Friday 1200-2000
Weekends/Holidays 1200-1900

Pool Fees

MWR is excited to announce that for the 2010 season Active Duty/Retirees swim free at all times.

Daily

Active Duty/Retirees: \$2 per family member.
DoD/Guest: \$3 per person.

Monthly

Active Duty/Retirees (E1-E5)	
With 1 Dependent	\$20.00
With 2 Dependents	\$30.00
With 3 Dependents	\$35.00
With 4 Dependents	\$40.00
With 5 Dependents	\$45.00
Active Duty/Retirees (E6-O10)	
With 1 Dependent	\$25.00
With 2 Dependents	\$35.00
With 3 Dependents	\$40.00
With 4 Dependents	\$45.00
With 5 Dependents	\$50.00
DoD/Guest:	
With 1 Dependent	\$40.00
With 2 Dependents	\$45.00
With 3 Dependents	\$50.00
With 4 Dependents	\$55.00
With 5 Dependents	\$60.00

Seasonal

Active Duty/Retirees (E1-E5)	
With 1 Dependent	\$50.00
With 2 Dependents	\$55.00
With 3 Dependents	\$60.00
With 4 Dependents	\$65.00

With 5 Dependents \$110.00

Active Duty/Retirees (E6-O10)	
With 1 Dependent	\$60.00
With 2 Dependents	\$75.00
With 3 Dependents	\$90.00
With 4 Dependents	\$105.00
With 5 Dependents	\$120.00

DoD Employees	
With 1 Dependent	\$60.00
With 2 Dependents	\$75.00
With 3 Dependents	\$105.00
With 4 Dependents	\$115.00
With 5 Dependents	\$130.00

Swim Lesson Fees/Session	
1 Swimmer	\$40.00
2 Swimmers	\$75.00
3 Swimmers	\$90.00
4 Swimmers	\$105.00
5 Swimmers	\$120.00

Pool Party Hourly Fees	
1-25 Guests	\$25.00
26-50 Guests	\$40.00
51 and over	\$50.00

Swim Lessons

All swim lessons will take place Monday-Friday from 0900-0900 for adults age 18 and up and from 0900-1030 for all others. There will be no swim lessons on Memorial Day.

Session 1: June 1-4 Session 2: June 7-17
Session 3: June 21-July 1 Session 4: July 12-22
Session 5: July 26-August 5

Lap Swim Schedule

Lap Swim sessions will take place Monday-Friday from 1045-1200. There will be no lap swim on Memorial Day.

Pool Parties

Pool Party must be reserved for at least a minimum of two hours.

Water Aerobics Schedule

Water Aerobics will take place Monday & Wednesday from 1205-1305. There will be no water aerobics on Memorial Day.

For more info call 679-3384.



MWR

Mission First... Sailors Always

Kid's Run

Children of the School Age Care program participated in the America's Armed Forces Kids Run on May 27. Run participants were John Davidson, Cierra Parker, Alexandra Warren Jaliyn Warren Nakealea Boyd, Katelyn Gorings, Bryce Ezell, Stephen Ezell, Heather Papizan, Seth McMurray, Meadow Blalouch, Macy Blalouch, Marina Blalouch, Casey Lucas, McKenna Gallagher and Jared Lundy. The event was held in conjunction with the MWR Pool Bash.



Photo by Matt Davis

~~ MWR News ~~

Stop by the **ITT Office** to take advantage of the Walt Disney Military Salute today! For more information call (601) 679-3773.

Bounce into Spring at the **Outpost** Get the kids out of the house and into a bounce house from the Outpost. Rent one for the weekend for only \$75. Great for birthday parties. Call (601) 679-2609.

Rudders hosts Hip Hop Night is

every Tuesday and Saturday beginning at 7 p.m. Staff Night will be June 24 beginning at 3:30 pm. Wednesday is Ladies Night!

Ponta Creek Golf Course Special ~ 18 holes of golf, green fee and cart for only \$20 Monday-Thursday Pro Shop Hours are Monday-Sunday from 7:30 a.m.-5:45 p.m. Stop by the Pro Shop today and stock up on new golf gear!



Duathlon Winners

J.J. Davidson, with a time of 46 minutes, placed first in the road duathlon on May 27. ABH3 Brian Clark placed second with a time of 50 minutes and Lora Lucas placed third with a time of 72 minutes. The event began with a lap around the pool, then a 8.5 mile bike trek and concluded with a lap around the pool.

Photo By Matt Davis
MWR Marketing Manager

Bowling Camp
June 14-18 at McCain
Rec Center,
1:30-3 p.m.
Kids age 8-13, \$25
per child. For more
info call
(601) 679-2651



STUDENT SUNDAYS:
NTTC/MATSS-1 SPECIAL
4 p.m.-close, \$2 a game
includes shoes.

MANIC MONDAYS
COLORED HEAD PIN BOWLING
Win a free game with strike on
a colored head pin from
4:30 p.m.-close. Regular rates apply.

RCTA WEDNESDAYS
VISITING POLICE NIGHT
4:30 p.m.-close, \$2 a game
includes shoes.

SILLY SATURDAYS
Kids 16 and under bowl from
11 a.m.-3:30 p.m. \$1.50 a
game, 50 cent shoe rental.

Lunch League Final Standings

Name	AVG/HDCP
Greg Kashouty	152/22
Rick Gladwell	165/12
Willie Frazier	162/14
Kevin Bailey	104/60
Bud Hoffman	159/16
Amanda Hoffman	111/55
Jimmy Rodgers	161/15
Heather Partridge	89/72
Matt Davis	75/84
David Hatcher	124/44



The following are activities scheduled for single and unaccompanied active duty military on board NAS Meridian. For information or if you have an idea for a trip or event, call (601) 679-3760. The Liberty Program is housed on the second floor of NTTC Admin Building 220.
Hours of operation: Monday-Thursday: 11 a.m.-1 p.m. and 3-9 p.m.; Friday: 11 a.m.-1 p.m. and 3-11 p.m.; Saturday: 11 a.m.-11 p.m.; Sunday: 11 a.m.-9 p.m.

June

- 10:** FREE bowling to all Liberty patronage at the McCain Rec Center from 6:30-10:30 p.m.
- 12:** Enjoy a day of Frisbee Golf around the grounds of the Liberty Center -- fun begins at 1 p.m.
- 13:** Monkey Madness Day from 3:30-7:30 p.m. Four independent trampoline pods will be available to get strapped into with bungee cord -- jumping and flipping to new heights!
- 15:** Bucket of Balls Day... Get to the Liberty Center by 5:30 p.m. and we will shuttle you to the golf course driving range for an unlimited bucket supply of balls. FREE of charge!
- 16:** "Big Wind" Day -- Participants use their lung power to inflate a pool ring the fastest in order to claim the prize. Starts at 7 p.m.
- 19:** Six Flags Trip at Atlanta, Ga. Bus leaves Library parking lot at 4:30 a.m. Cost is \$60 per person. Must register by June 16. NO REFUNDS -- unless the trip is cancelled.
- 20:** Liberty Pool Day
Liberty has reserved the pool from 6-9 p.m. so you can chill out before the week starts by enjoying crazy poolside activities Liberty style and music.
- 21:** Birthday Bash
A celebration of June birthdays! FREE cookies and soda will be provided at 7 p.m. in the Liberty Center.
- 24:** Video Game Tournament: Game time is 7 p.m. with a prize going to the top gamer.
- 27:** Dog Day Sunday
FREE hot dog's, chips & soda served to Liberty participants beginning at 1 p.m.
- 29:** Ping-Pong Tournament
Tournament begins at 7 p.m. in the Liberty Center. No entry fee. Register day of the event at check-in desk. Prize awarded to winner.

MWR

Mission First... Sailors Always

AT THE MOVIES

There are three scheduled movies per week at McCain Lanes Theater. The movies are shown at 6 p.m. on Tuesdays and Wednesdays; and at 1 p.m. on Saturdays. On Fridays you can select from the 780 movies on file. Movies on this schedule will not be available for open viewing until after their scheduled showing date. Call (601) 679-2651.

Admission: Free!

- June 12: "Shrek 2" (PG)
- June 15: "The Wolfman" (R)
- June 16: "Our Family Wedding" (PG-13)
- June 19: "Alice in Wonderland" (PG)
- June 22: "The Edge of Darkness" (R)
- June 23: "Crazy Heart" (R)
- June 26: "The Spy Next Door" (PG)
- June 29: "Valentine's Day" (PG-13)
- June 30: "Brooklyn's Finest" (R)

Kids Summer Matinee Movies

- (First movie listed begins at 1 p.m. followed immediately for second movie listed)
- June 14: "Charlotte's Web" (G) & "Shrek the 3rd" (PG)
 - June 21: "Surf's Up" (PG) & "Teenage Mutant Ninja Turtles" (PG)
 - June 28: "Underdog" (PG) & "Bee Movie" (PG)
 - July 5: "Marley & Me" (PG) & "Bolt" (PG)
 - July 12: "Alvin & Chipmunks" (PG)
 - "Alvin & Chipmunks: The Squeakquel" (PG)
 - July 19: "Wall-e" (G) & "Horton Hears A Who" (G)
 - July 26: "Up" (PG) & "The Secret of Moonacre" (G)

Fitness Center

Group Exercise Schedule:
Mondays ~ 6:30 a.m.: Pro Fitness Group
 11:15 a.m. : Cardio Kick
 Noon: Water Aerobics at Pool
Tuesdays ~ 11:15 a.m.: Step Aerobics & 3 p.m. ~ Spin Class
Wednesdays ~ 6:30 a.m.: Pro Fitness Group
 11:15 a.m. : Cardio Kick
 Noon: Water Aerobics at Pool
Thursdays ~ 11:15 a.m.: Step Aerobics
Friday ~ 11:15 a.m.: Tone/Cardio

New Policy: The Sonny Montgomery Fitness Center will conduct a 100 percent ID check of all fitness center patrons.

- 1.) ID check will be administered to ALL unless wearing issued PT gear or are in uniform.
- 2.) If NO issued PT gear is worn, then you must show ID to enter the workout zones.
- 3.) If any civilian is sponsored by authorized personnel, they must pay the daily fee of \$2.
- 4.) All contractors must pay the daily fees or monthly dues and show ID to enter workout zones.

The NAS Meridian Fitness Center is now open in its temporary location in Building 266 (Behind Starbase Atlantis). Call (601) 679-2367.

● JAG

rate and timely legal advice to the commanding officer," said Lt. Darrin MacKinnon.

"That is a full-time job. Virtually every issue on the installation has a legal angle -- military justice, law enforcement, security, administrative law, contract law, employee and servicemember rights, ethics -- you name it."

To receive competent legal advice and resolution to an issue, the average legal assistance client requires an attorney to invest anywhere from three to five hours of time. And many cases take weeks or months to resolve. Attorneys possess a professional and ethical requirement of competence and diligence -- to take a case from 'cradle to grave.'

"The nemesis of a lawyer's existence is the proverbial 'quick question,'" MacKinnon said. "Although I understand the frustration, a lawyer who begins field-

ing 'quick questions' in a good-spirited attempt to be helpful will soon get henpecked and compromise his ethical duties. Legal assistance should be a full-time professional service, provided behind closed doors, deliberately and in confidence, not a 'drive-through' service. That is why legal assistance has come to NAS Meridian."

Lt. Cmdr. Jason Ayeroff, head of NLSO Gulfport, plans to send a legal assistance attorney to NAS Meridian for two days each month. The legal assistance attorney will meet with clients in the Legal Office (Administration Building 255, Suite 222) for a 30-minute intake appointment and to assist with wills, powers of attorney, health-care directives, state tax exemptions, and family or consumer law issues.

To make an appointment with NAS Meridian Legal, call (601) 679-2340. Legal assistance is available to active duty military, retirees and their dependents.

Meridian/NAS Bus Schedule

Have exact cash change ready when boarding the bus. Fare: \$4.

Union Station	MATSS-1	NTTC	McCain Lanes	Bonita Lakes Mall	Wal-Mart
FRIDAY					
4:35 p.m.	5 p.m.	5:05 p.m.	5:10 p.m.	5:30 p.m.	6:40 p.m.
	6 p.m.	6:05 p.m.	6:10 p.m.	6:30 p.m.	
7 p.m.	8:10 p.m.	8:20 p.m.	8:30 p.m.	9 p.m.	
	10 p.m.	10:05 p.m.	10:10 p.m.	Drop off if any.....	
SATURDAY					
9:30 a.m.	10 a.m.	10:05 a.m.	10:10 a.m.	10:50 a.m.	11 a.m.
11:10 a.m.	12 p.m.	12:05 p.m.	12:10 p.m.	12:50 p.m.	1 p.m.
1:10 a.m.	2 p.m.	2:05 p.m.	2:10 p.m.	2:50 p.m.	3 p.m.
3:10 p.m.	4 p.m.	4:05 p.m.	4:10 p.m.	4:30 p.m.	
	5 p.m.	5:05 p.m.	5:10 p.m.	5:30 p.m.	
	6 p.m.	6:05 p.m.	6:10 p.m.	6:30 p.m.	
7:40 p.m.	7 p.m.	7:05 p.m.	7:10 p.m.	7:30 p.m.	
	8:10 p.m.	8:20 p.m.	8:30 p.m.	9 p.m.	
	10 p.m.	10:05 p.m.	10:10 p.m.	Pass. Drop off if any.....	
SUNDAY					
12:30 p.m.	1 p.m.	1:05 p.m.	1:10 p.m.	1:30 p.m.	
	2 p.m.	2:05 p.m.	2:10 p.m.	2:30 p.m.	
3:40 p.m.	3 p.m.	3:05 p.m.	3:10 p.m.	3:30 p.m.	
	5 p.m.	5:05 p.m.	5:10 p.m.	6 p.m.	6:05 p.m.
6:10 p.m.	6:40 p.m.	6:45 p.m.	6:50 p.m.	Pass. Drop if any	7:20 p.m.

Applebee's Restaurant (upon request only)



Become a FAN of the NAS Meridian MWR Fan Page on Facebook. Stay Connected with MWR... Want instant updates from us? If so, text MeridianMWR or MeridianLiberty to 30364 to receive text updates about MWR events and programs. Standard text messaging rates apply.

Rock On...



Photo by Matt Davis/MWR Marketing Manager
Justin Time, the lead singer of "Downstroke," performs at Rudders on May 27.

Community Yard Sale

Balfour Beatty, NAS Meridian Housing partner, will hold its community yard sale for residents on June 12 from 7 a.m.-2 p.m. For information, call (601) 679-7669.

Kids Stuff

Little Tikes Mountain Climber in great shape just some minor wear and tear. The slide and climber are adjustable to grow with the child. Asking \$150. Call (601) 513-3035.

Car Pool Needed

NAS Meridian employed Shirley Portis is in need of car pool from Toomsaba area. Will help with gas expense. Call Shirley at (601) 513-7268 or (601) 679-3147.

Musical

Kenwood eight component stereo system. Includes 5 CD carousel, dual tape deck, tuner, amplifier, pre-amplifier, graphic equalizer, turn table, surround sound processor with speakers. \$500 OBO. Call Jim at (601) 679-3295 or (601) 681-9728.

Fender American Standard Stratocaster. Humbucker pick-ups with S-1 switch, sunburst red, deluxe carrying case, purchased new last year, played very little. Also Peavey Vyper 30 watt modeling amp. Paid \$1,550. New, will sacrifice all for \$995. Call (601) 938-9627.

Exercise Equipment

Bowflex Extreme 2 includes leg attachments. Max weight 310 pounds. Asking \$500. Call (601) 481-4893.

ProForm XP 160 Elliptical Crosstrainer. Asking \$399.99. Like new – was used a handful of times. Call (559) 410-1608.

Big Stuff

1998 Yamaha Big Bear 4-wheeler. 2VWD, wench, basket in front, rack on back. Hi-low range transmission with reverse. Approx. 1400 miles, great condition. Asking \$2,200. Call (601) 938-9627.

2007 Kubota ZD-21 zero turn radius mower. 21 hp diesel engine, heavy duty, fabricated, 60" cut deck. Purchased new in October 2006. Only has 130 hours. Garage kept. Asking \$7,900. Call (601) 938-9627.

Stihl MS 230 16" chain saw. Very fast cutting saw with anti-kickback bar and chain. Asking \$275. Call (601) 938-9627.

Husquavarva pole saw. Will reach about 10 feet. Asking \$300. Call (601) 938-9627.

Lowe's Kobalt industrial grade air compressor. 5 hp, 85 gallon tank. 15.1 cubic feet per minute volume at 175psi, 17.1 cfm at 90 psi. Used very little. Will include two 50' hoses, 1/2" drive impact wrench, 3/8 drive air ratchet, and impact sockets and extensions. Lincoln AC/DC arc welder. Used very little, like new. Victor cutting torch with bottles and dolly. Asking \$1,350.00 for all. Call (601) 938-9627.

Household Items

NEW ITEMS! Two 36-incn TV'S (not flat screen). Asking \$200 each. **Oak Entertainment Center,** \$250. **Pine Book Shelves,** ready to stain for \$100 each. Call Clinton at (601) 323-1003.

NEW ITEMS! Twin Basset mattress, hardly used, \$35; **trampoline,** \$75 OBO. Call Call (904) 315-1556.

Refrigerator \$100; and **Stand up (fiberglass) shower.** Used, but in good condition. Asking \$75. Call (601) 480-2687 or (601) 692-7353.

Dining table and large china hutch. Set is 50 yrs old, great condition. Table comes with two large leafs and seats 8 comfortably. Hutch has glass doors, internal lighting and solid base with cabinets. Asking \$250 for both. Call (601) 626-7703.

Large 2-room capacity air conditioning window unit. Bought new 2 years ago for \$1,500. Asking \$500. Call (601) 632-4567.

White Dinette Set. Table is 42-inches in diameter with 18-inch extension leaf, 4 armchairs with white vinyl seat and back cushions on white, tubular, tilt-back frame with casters. Asking \$100. Call (601) 737-2120.

White Kitchen Micro-Vent Hood/Microwave combination. Used, but in excellent condition. Changed out to match other appliances. Call (601) 917-6935.

Automobiles/Accessories

Ladder rack (Delta) that fit on a short wide Chevy 01. Asking \$250. **Pair of**

Sale ... or

side tool boxes, 70" white Rawson Konig. Asking \$250. Call (601) 527-4050.

1996 Isuzu Rodeo, black (new paint), V6, 4 door, auto, air, AM/FM CD, power windows, locks, brakes and steering. Aluminum wheels, full size spare, 75 percent tires. Cloth interior, 151k miles. Call Tony at (601) 693-4111 or (601) 692-8560.

2005 F250 Crew Cab Diesel, only 42k miles, 4x4, extended warranty until Jan 2011, alarm/remote start, bed cover, tint. Asking \$30,100. Call (601) 604-1088.

32' car hauler, bumper pull, triple axle, electric brakes on all axles, fresh gloss black paint, on board ramps. Great condition. Asking \$3,800 Call (904) 923-9357.

1980 Chevrolet El Camino, 60k miles, beautiful paint job, black w/gold trim, AT, AC, PS, PW, V-8, 305. No rust or dents. New starter, belts and water pump. All receipts. Looks and runs excellent. Asking \$4,500 OBO. Call (601) 692-6947.

1998 Nissan Pathfinder 4x4, black with gray leather interior, power windows and locks, sunroof, heated seats. 169k miles. Good condition. New tires. Asking \$2,000 OBO. Call (601) 527-8260.

1998 GMC Sonoma 4.3 V6, 5-Spd Power Pkg, Ext Cab, 3rd door. Asking \$4,750. Call (601) 917-6935.

2004 Honda Civic EX, excellent condition, new tires lights etc. Asking \$8,000. Call (601) 323-1003.

2007 Jeep Wrangler 17" alloy wheels/rims in brand new condition. All five rims are available and will only be sold together. Asking \$250. Call (601) 479-3308.

1994 Ford Bronco 5.8L Eddie Bauer 4x4. Lots of new parts. Truck looks and drives great. 171k miles with no issues at all. Asking \$5,500 OBO. Call (601) 604-4923.

2004 Chevrolet Venture LT, 68k miles, silver exterior w/vinyl grey interior, DVD player, dual power heated seats, power right sliding door and other extras. Asking \$9,000. Call (601) 616-5755.

Motorcycles/Gear

NEW ITEM! 2005 Yamaha FJR 1300. 145 hp., 8020 miles, electric blue, power adjustable windshield, ABS front & rear brakes, front & rear adjustable ride. 2 hardshell (removable) side bags with inserts. 2 helmets & 2 "Joe Rocket" jackets included. Just serviced and is in perfect condition. garaged kept. Call (601) 934-6615.

2005 Harley Davidson Softail Deluxe. Two-tone black and pearl paint. Beautiful bike; lots of extras, 12k miles. Asking \$15,500. Call (601) 917-7181.

2008 KLR 650 Dual Purpose, red and silver, like new PIAA headlight, rear luggage rack, great gas mileage, 5,300 miles, warranted thru 2013. Asking \$4,800. Call (601) 679-8180.

2006 Triumph Speed Triple 1050, white, 3k miles. Asking \$6,500. Call (210) 313-5874.

Acreage

9.6 acres of pasture land with trees, beautiful homesite that would be very private – excellent view. Perfect spot for a pond, access to a small creek that runs through the corner of the property. Located in southern Kemper county 2 miles off Hwy 39, approx. 10 miles to NAS, 19 miles to Meridian. Asking \$36,000. Call (601) 938-9627.

12.5 acres in West Lauderdale School District with 35x70 metal shop/barn. Cleared, fenced. Ready to have a home built on it with plenty of room for your horses/animals. Asking \$90,000 negotiable. Call Jerry 601-513-2624.

Homes

For Sale or Rent: Newly renovated 4BR, 2.5 BA home in the desirable Poplar Springs area, convenient to town and NAS Meridian. Updated kitchen features new stainless steal appliances and granite countertops. New carpet and neutral paint throughout. Large 2-Car Garage + storage/ workshop. Spacious yard backs to woods. Rents for \$1550/month + deposit and 12-month

lease. Priced to sell at \$199,000. More information and photos online at http://www.zillow.com/homedetails/6622-11th-Ave-Meridian-MS-39305/2144218005_zpid/ or call (601) 479-7857.

For Rent: 532 Old Country Club Road West, 3 BR/3 BA home sitting on 7 acres. 2,889 square feet, all electric, includes stove, refrigerator, dishwasher, tool shed, motor home hookup, fireplace, alarm system. NO pets in home but will allow outside pets. Asking \$1,400 per month. Call (601) 485-8619.

For Rent: 7847 Highway 45 North, 3 BR, 2 BA home, tile floors throughout, kitchen and dining room, dishwasher, stove, refrigerator included. Nice fenced in back yard, covered patio. Just 15 minutes to NAS. Call (601) 527-5154.

For Sale: 2002 Legacy (16x80), 3 BR/2 BA, master bath has garden tub, brand new carpeting, new paint, all new interior doors, side-by-side ref/freeze, built in stove, dishwasher, microwave. Home sits on 2 lots in Hill Country Community. Take Highway 39 North to Briarwood Road, across from golf course. Asking \$18,000. Call Bob or Deborah at (850) 934-8672.

For Rent: Completely remodeled with new kitchen, 2 new BA, split bedroom plan with private bath/bedroom on lower level. New central heat/air, water heater, refinished hardwood & ceramic tile floors. Quiet neighborhood, sorry no pets. Asking \$650/month, \$650 security deposit, minimum 1 year lease. Call Jack at (601) 917-7752.

For Sale: 8270 Lizelia Road, 4 BR/2.5 BA, 2200 sq. ft., granite countertops in kitchen, breakfast nook, dining room, laundry room, large family room, two car garage, above ground pool, two acres of land, shop and two storage buildings, fenced yard. Roof is seven years old, single level, home is in Northeast School district. Contact Steve at (601) 917 2282 or (601) 527-5992.

For Sale: House on 5+ acres located at 8180 Hwy 493, 4 BR/2 BA, stainless steel appliances, new floors, new roof, new AC unit. Northeast School District. Call for appointment: (601) 917-4056.

For Sale: Beautiful home on Confederate Drive, 4BR/3.5 BA, 3 fireplaces, solid oak floors throughout, enclosed pool with shower, half-bath and hot-tub, 2.75 acre lot, new roof, remodeled master bath and updating throughout, two-car carport with large storage room and upstairs storage. Under appraised value at only \$328,500. Can see full details at Militarybyowner.com, or call (601) 693-8386.

For Rent: 2 BR/1 BA, full kitchen, great room with fireplace, all newly renovated and fully furnished. Full basement, new pier and seawall. Located on beautiful Dalewood Lake; gated community, 15 minutes to NAS. See by appointment only. Call (601) 482-0522, (601) 880-3309 or (601) 917-2825.

For Sale: 3BR/2BA home built in 2005. Located in Plum Point, close to North Hills St. and Poplar Springs Elementary School. Brick home with 1,570 sq. feet, 2 car attached garage, high ceilings, large crown moldings, open floor plan, and privacy fenced back yard with covered patio. Attic has tremendous height could be finished for additional living space. Asking \$169,000. Call (808) 554-0523.

For Sale: 4 BR/2.5 BA Historic home in DeKalb, 20 minutes north of NAS Meridian, 2,500 square feet, hard wood floors, 5 fire places, living room, family room, dining room, multi-level deck, playground, workshop, carport, sitting on 0.5 acre lot. Asking \$120,000. Call (601) 604-3869 or (601) 743-4818

Wanted to Buy

Motorcycles any size any condition, will pay above salvage price. Also have a large selection of good used parts for sale. Call (601) 938-4295 anytime.

Outdoor shed needed. Call 601-553-0721.

Miscellaneous

NEW ITEMS! O/U 12 Ga. shotgun with chocks and cleaning kit, asking \$1,200; **40 round bales of hay,** fescue and clover mix cut this year, \$25 each; **Pure local honey** for sale, quart size bottles, \$10 each (other sizes available). Call Clinton at (601) 323-1003.

If you wish to add or remove an item from "Sale...or" please send your request to penny.randall@navy.mil or call (601) 679-2809. Deadline for submissions is 4:30 p.m. the Thursday before publication.

• Barracks

provide occupants with a handle that controls how much water is used. Pulling upward activates a reduced flush, designed for liquid and paper wastes, which reduces the amount of water used by 30 percent.

"All of our newly renovated and constructed buildings now use the low-flow technology," said Charles Howell, resource efficiency manager, Marine Corps Base Camp Pendleton. "We have also updated all the lighting to the most energy efficient system," he added.

Low-mercury lighting now fills every room of the energy-efficient barracks. The new fluorescent lighting uses 75 percent less energy and

lasts up to ten times longer than traditional incandescent lights.

"You will also find the most efficient state-of-the-art appliances in each room," said Howell.

New energy-efficient appliances include a microwave-refrigerator combo that uses half the energy of previously used 10-year-old models. When the microwave operates the refrigerator shuts off momentarily to conserve power.

New washer and dryers and high-efficiency boilers, used to control the temperature, tops off the new energy-saving barracks.

"We will be more energy efficient. We have to be," said Conway in his closing remarks during last years' Marine Corps Energy Summit.

Remember...

The summer travel season is an ideal time to utilize MilitaryRideShare.com. This free service will assist in finding other military members heading in the same direction so you can ride home together and save money.

• SRB levels

behavioral economics informs our decisions when we adjust SRB.

"People are our most valuable resource and we are a world class Navy because of their skills and professional dedication," said Holloway. "The intent of the SRB is to reward those who attain training in skills most critical to Navy's current needs and mission requirements. We know our Sailors have a strong direct effect on all readiness resource areas; we must never forget this."

-- From Chief of Naval Personnel Public Affairs

Support of Navy spouses topic of latest family gram

WASHINGTON (NNS) -- Educational and information resources, as well as support information for spouses are the subject of the latest "Family Gram," NAVADMN 195/10 released June 2.

Navy spouses, often called the Navy's unsung heroes, endure frequent moves to unknown towns, long deployments and wartime fears.

The Navy provides an array of programs and resources to prepare spouses and family members to meet the unique challenges of military life.

Spouses who are new to the Navy, far from home or starting a new chapter in their life, may be unsure about what support is available or how to take advantage of it.

"Just call your nearest Fleet and Family Support Center," Kathy Turner, a program analyst at Commander, Navy Installations Command (CNIC), said. "Even if you're too far from a base to come in, just call. The staff will be happy to answer your questions. In fact, when you're sure that there's no help available, that's a good time to call us. We'll get you headed in the right direction."

The Navy's goal is for spouses to be resilient, well-informed and adaptable to the Navy environment.

CNIC helps spouses reach this goal with its Child and Youth Program, Ombudsman Program and Fleet and Family Support Centers (FFSCs).

FFSCs assist military spouses in obtaining employment and maintaining a career.

They teach personal financial management, with topics ranging from car and home buying to the financial impact of deployments.

They provide guidance on making permanent change of station moves, helping a family learn about their new duty station, the cost of living, availability of housing, even the cultural changes they will encounter.

FFSCs also offer clinical counseling and classes on a variety of topics, including anger management, stress management and couples communication.

"These are extraordinary times for spouses. Whether it is for surge or individual augmentee deployments, or even natural disasters, ombudsmen keep the information moving."

-- Kathy Rock
Navy Family Ombudsman
Program Manager

"A spouse may have effectively dealt with anger, sadness or stress when they lived in a familiar town with family and friends they have known their whole life," Turner said. "But, leaving this personal support system may be stressful and require adjustment. Fleet and Family Support Centers offer life skills classes and services that show how to adjust and even thrive in these situations."

Short-term clinical counseling helps Sailors and families obtain the tools necessary to cope with the challenges of daily living. The courses and the counseling are free. People are welcome to come in anytime, without an appointment or a referral from the command.

For children and youth ages four weeks to 18 years, the Navy's Child and Youth Programs provide high quality educational and recreational programs. Teams of caring, knowledgeable professionals provide developmentally appropriate programs that respond to the unique needs, abilities, and interests of children.

"Military children face more than the usual challenges of growing up, such as moving every few years and establishing new friendships, while worrying about family members who have been deployed," Chuck Clymer, of the Navy's Child and

Youth Programs, said. "We provide children and families with trusted programs and services that assist in coping with these challenges, making the difference between stress and success."

Child development homes offer quality care in a loving, learning home environment for children ages four weeks to 12 years. The flexible hours, 24/7 care, low child-to-adult ratios and convenient locations make this a viable option for families whose "normal" workday is anything but normal.

School-age care programs provide quality before and after-school programs and camps for children ages six to 12 years in 86 centers worldwide.

Youth and teen programs offer developmental and recreational programs that provide a safe place to learn and grow.

The Navy's Family Ombudsmen are Navy spouses who volunteer to serve as a vital two-way communication link between the command and Navy families. They offer support and guidance to families in their role as the official liaison between the command and its families.

When families respond to the challenges of deployments, natural disasters or family emergencies, ombudsmen are there to provide guidance and to help them regain a sense of normalcy. Ombudsmen help families find the answers to their questions, promoting their resiliency and self reliance. Ombudsmen serve families of Active duty and Reservists, whether they deploy as a unit or as an individual augmentee; whether they live right on a base or hundreds of miles from any base.

"They serve with a genuine desire to help," Kathy Rock, manager of the Navy Family Ombudsman Program, said. "These are extraordinary times for spouses. Whether it is for surge or individual augmentee deployments, or even natural disasters, ombudsmen keep the information moving."

-- From Commander, Navy Installations
Command Public Affairs

— FFSC Briefs —

To register for any of the following workshops, please call (601) 679-2360. The class will not be presented if no one registers, so please make sure you sign up if you're interested. If you can't attend at the scheduled time, call anyway -- the workshop facilitator may be able to meet with you one-on-one, give you materials, or let you know when the class will be scheduled again. All active duty, reserve, retired military and their families are eligible for programs and services provided by the FFSC. Civil service employees can utilize the services on a space available basis.

Communicating With Teens: June 17 from 5-6:30 p.m. Parents of teenagers have an incredibly challenging job, especially when you feel "shut out" of your formerly communicative child's life. If you're having trouble talking with your teen about anything, come to this workshop to learn some communication techniques just for bridging the gap between you and your adolescent.

Stress Management: June 15 from 10-11 a.m. Everyone experiences stress in normal day-to-day life, and your reactions to stress can be difficult to control. Some stress can be helpful because it spurs you to meet life's challenges, but too much stress (or poor stress management skills) can affect your mental and physical health and damage your relationships.

Smooth Move: June 16 from 2-4:30 p.m. This training provides valuable information to relocating service members and their families with Permanent Change of Station orders within the continental United States (CONUS). Topics covered include an overview of the moving process, tips and techniques for coping, managing the move, moving with children, and resources available throughout the relocation process.

IA Spouse Discussion Group: June 18 from 9:30-11 a.m. FFSC hosts this IA Spouse Discussion Group over coffee! Join other military spouses to talk about the challenges of IA deployment, share survival tips, discuss the impact of deployment on kids, remind one another about the benefits of deployment, or just kick back and chat!

1st Term CONSEP: June 21-24 from 8 a.m.-3:30 p.m. This version of the Career Options and Navy Skills Evaluation Program (CONSEP) targets Sailors with one to five years of active duty service. The four-day class will present you with information and involves a series of practical applications that will help you identify your knowledge, skills, and abilities, pinpoint areas of career interest, organize your financial goals, and develop a specific plan to move you in the direction of the success you desire. Registration is required.

Financial Readiness for Deployment: June 29 from 2-3:30 p.m. Financial mismanagement can be the number one cause of conflict and anxiety during deployment. While deployment brings additional pay, not having a plan for what to do with it can lead to wasting valuable opportunities (such as the Savings Deposit Plan) to put those extra deployment dollars to work. Also, planning for handling everyday financial matters during deployment is crucial. Attend this workshop to make sure money doesn't create stress during your deployment.

How to contact your Ombudsman

NAS Meridian
Kristen Treider at
(601) 484-6114 or
(601) 513-3035
Tina Doyle at
(601) 679-5686

Naval Operational
Support Command
Mary Rhinehart:
(205) 344-0753 or
(205) 330-1271

Jami Ivy Ferrell:
(601) 717-3708
Chastity Nicole Martin:
(662) 305-5893
Naval Technical
Training Center
Rebecca Helms:
(601) 679-8418
Kacie Harnick:
(601) 701-7736
Hilary Byard:
(601) 701-6560

Marines hone jungle warfare skills

By Lance Cpl. Kris B. Daberkoe
Marine Corps Bases Japan

CAMP GONSALVES, OKINAWA, Japan -- Approximately 74 Marines with 3rd Marine Division, III Marine Expeditionary Force, participated in the six-day Jungle Skills Course at the Jungle Warfare Training Center on Camp Gonsalves May 9 to 14.

Marines participating in the course came from Military Police Company, Headquarters Battalion, 3rd MarDiv.

A detachment of Marines from 3rd Assault Amphibian Battalion, 1st MarDiv, I MEF, based in Camp Pendleton, Calif., also took the opportunity to undergo training while on the Unit Deployment Program and attached to Combat Assault Battalion, 3rd MarDiv.

The JWTC Jungle Skills Course provides Marines with skill sets for surviving in a jungle warfare environment.

"We want them to learn how to move quietly and efficiently in the jungle," said Lance Cpl. Matthew Cohen, a JWTC instructor. "If you can fight in the jungle, you can fight anywhere."

Students began their training with a welcome aboard brief which explained the dangers of jungle training and safety precautions used to prevent injury.

After the brief, students received their first

lessons on knot tying and forms of rappelling. "Rappelling is a skill used to maneuver down obstacles as well as build confidence," said Staff Sgt. David Turnage, a static rope suspension training master and safety insert officer at the JWTC.

The safety insert officer ensures Marine students are properly tying a Swiss seat rappel harness before going to the top of the cliff, said Turnage.

According to Turnage, these essential jungle survival skills are tested as the course progresses.

"At the end of the course Marines must perform 10 hasty rappels," he said.

Before students begin their challenge of negotiating the 2-kilometer land navigation course, they are each provided a 120-foot rope to use if needed.

"The rope aides the students' movement down steep slopes and allows quick maneuverability," said Lance Cpl. Eric Wilcox, a JWTC instructor.

Students also learned the proper use of hand and arm signals, combat patrolling, and teamwork while operating in a jungle environment.

"The challenges the Marines faced taught them unit cohesion, and small unit leadership, said Cpl Kurtis Priebe, a JWTC instructor. "And ways to fight and survive in the jungle."



Photo by Lance Cpl. Kris B. Daberkoe

Marines with 3rd Marine Division, III Marine Expeditionary Force, wade through the pit and pond portion of the Jungle Skills Course at the Jungle Warfare Training Center May 14.

NECE hosts mosquito and dengue fever experts

By MC1 Arthur N. De La Cruz
Navy Medicine Support Command Public Affairs

JACKSONVILLE, Fla. (NNS) -- Navy Entomology Center of Excellence (NECE) hosted a meeting of mosquito and dengue fever experts May 27-28 to discuss preventing an outbreak similar to the one in the Florida Keys in 2009.

Representatives from state and federal organizations discussed options to attack the *Aedes aegypti* vector (yellow fever mosquito) population in the Keys. The *Aedes aegypti* vector caused the 2009 outbreak.

"Last year's outbreak produced 22 confirmed and five presumptive cases of dengue fever," said Elizabeth Radke, a Florida Department of Health representative. "So far this year we've had only one confirmed case, which may or may not be related to the outbreak last year."

The conference was meant to bring together as many experts as possible.

"That's the whole reason we held this conference," said Cmdr. George

Schoeler, NECE officer in charge. "We sent a team to Key West earlier – entomologists and preventive medicine technicians – who talked to the Naval Branch Clinic and the naval base there, and they worked with the mosquito control district.

This endeavor is important to us especially because of the Navy presence down there, which was directly affected both last year and now this year." Schoeler said at least one Navy operations officer contracted dengue fever in last year's outbreak, and the first case this year was also a Sailor hastened. The discovery of the latest case amplified the importance of the meeting and the goal of eliminating the *Aedes aegypti* mosquitoes throughout the Keys.

Dr. Robert A. Wirtz, chief entomologist at CDC's Atlanta Entomology branch, said sterile insect technology (SIT) was one approach discussed to eliminate the *Aedes aegypti* population.

"The concept of SIT is to release large numbers of sterile males into a designated area so that they will mate with fertile females," Wirtz

said. "*Aedes aegypti* females are no longer interested in mating again after they've mated once, thus there is no progeny. You would blanket the area with about 100 sterile males for every one natural sterile male to wipe out a population."

One challenge is re-introduction. *Aedes aegypti* mosquitoes live in many islands in the Caribbean and in many areas of Central and South America. With so many travelers it would be easy for one fertile female to land in the Keys and repopulate the area. According to Wirtz, preventing re-introduction would require good surveillance – another consideration in the process of elimination.

"Bringing these different, divergent groups together all with a common theme from federal, state, DOD, CDC and some private entities is some really great synergy," said Wirtz. "It's really exciting to think that this could be a kick-off meeting for a really great intervention and control program. And if it's successful here, it could expand to different parts of the world."

● SECNAV

said Mabus. "Today thousands of Italians stand shoulder to shoulder with our forces in Afghanistan as part of NATO and the International Security and Assistance Force. Today almost 12,000 Americans are stationed here in Italy. We are brothers and sisters in arms. We are family."

On his final day in Italy, Mabus toured Naval Support Activity Naples. He met with Fitzgerald and Vice Adm. Harry B. Harris, commander, U.S. 6th Fleet, to discuss current operations in Europe and the Horn of Africa, regional relations and issues impacting Sailors and Marines and their families.

After the brief, Mabus received a tour of the Fleet Command Center and watch floor where he got a firsthand look at the daily operations supported by the commands based in Italy. Later, Mabus had lunch with Sailors and Marines, participated in an award and promotion ceremony for both enlisted Sailors and officers and spoke to the command during an all-hands call.

"The reason I am here today is that I wanted to say thank you for the work you're doing here in Naples. When you are doing your job, you are always a long way from home," said Mabus. "The level of commitment you have, and the quality of work you do for America is always appreciated by me, your families and the American people. Thank you again and God bless you and your families."

● Veterans

training, education opportunities, housing assistance, health care needs, and more.

"Our goal is to connect with each and every one of our veterans," Schwarzenegger said. "We want them to move smoothly from the battlefield to the home front. California is a place veterans can call home."

According to CalVet Corps, every year an estimated 30,000 veterans return home to California to reconnect with family and friends and restart their civilian lives.

It's Your Turn...

We asked these five NAS Meridian personnel, "In observance of Father's Day, other than your father, what male do you admire the most and why?"

Photos by MC2 (AW/SW) Flordeliz Valerio



Kesha Colston Johnigan
CDC Educational Technician
"My grandfather. He always told me to put God first in life and be obedient to my parents, and then everything else will fall in place. He taught me how to cut grass and keep my vehicle serviced."



Brenda McElroy
CDC Educational Technician
"The male model I admire is my uncle, because he is always positive about life and very caring about other people's feeling. He has always pushed me to go after my dreams. In my heart he is my second father."



Yolanda Ott
SAC Educational Technician
"I admire my uncle the most. No matter what, I can always go to him with anything. He has really been more like a father to me."



Erica White
CDC Educational Technician
"I admire my stepfather because he has been there for me the most. He led me in the right direction to accomplish a lot of things in life. Without him, I would have not made it this far."



Sheila McCoy
CYP Assistant Director
"I admire my husband Darnell McCoy. He is a hard working man and I love him for that. He instills his work ethics to my son in order to become a better man."

French squadron performs jet engine swap-out on board Truman

By Lt. Katharine Cerezo
USS Harry S. Truman Public Affairs

ABOARD USS HARRY S. TRUMAN, At Sea (NNS) -- As part of interoperability operations with the French Navy, a maintenance crew for the French aircraft Rafale F3 performed a jet engine swap-out on board USS Harry S. Truman (CVN 75) June 4.

The Rafale, a fourth generation fighter jet capable of performing both air-to-air and air-to-ground missions embarked aboard CVN Charles de Gaulle (R 91), was conducting carrier qualifications on board Truman.

"The French have conducted many carrier qualifications (CQs) with U.S. aircraft carriers in the past. However, this is the first time that an engine swap-out with a foreign navy has been done on a U.S. carrier," said Cmdr. Tim Hill, the VFA-32 executive officer and air wing liaison for French interoperability exercises. "This is a big step in working towards the ability to operate a French squadron on a U.S. carrier."

According to French Navy Cmdr. Henri Mahe, the chief maintenance officer for Charles de Gaulle, the Rafale was specifically designed for performance and for efficient maintenance. The seven-man French navy maintenance team from the Rafale squadron 12F completed the engine swap-out in three hours.

Hundreds of Truman service members transiting the hangar bay stopped to take photos and to see the Rafale up close.

Among the onlookers was Aviation Boatswain's Mate (Handling) 3rd Class Heather Martinez, who was standing watch in Truman's primary flight control tower when the Rafale landed. Martinez stated she was impressed by the maneuverability of the aircraft and by the ease with which the jet was recovered.

"We followed the same procedures we do when recovering our own aircraft," said Martinez. "It went very smoothly."

U.S. and French service members were quick to point out the similarities between how the two

navies operate, including using the same color-coding scheme to distinguish roles on the flight deck. The only difference in the flight deck jersey color scheme between the two navies is the significance of the color purple; for the U.S. Navy the color indicates the refueling team, for the French, it signifies the presence of the priest.

"We were surprised when we saw so many purple shirts on the flight deck," said Mahe.

For Rear Adm. Patrick Driscoll, commander, Carrier Strike Group (CSG) 10, the five-day interoperability exercises between Charles de Gaulle and Truman and the engine swap-out are a natural progression in a relationship between two allies. He recalled conducting operations with French aircraft carrier CV Foch (R99), and serving as a junior officer in an A-7 Corsair squadron with a French aviator.

"It is important to train with our partners. They are a great navy and the better we get at working together, the more effective



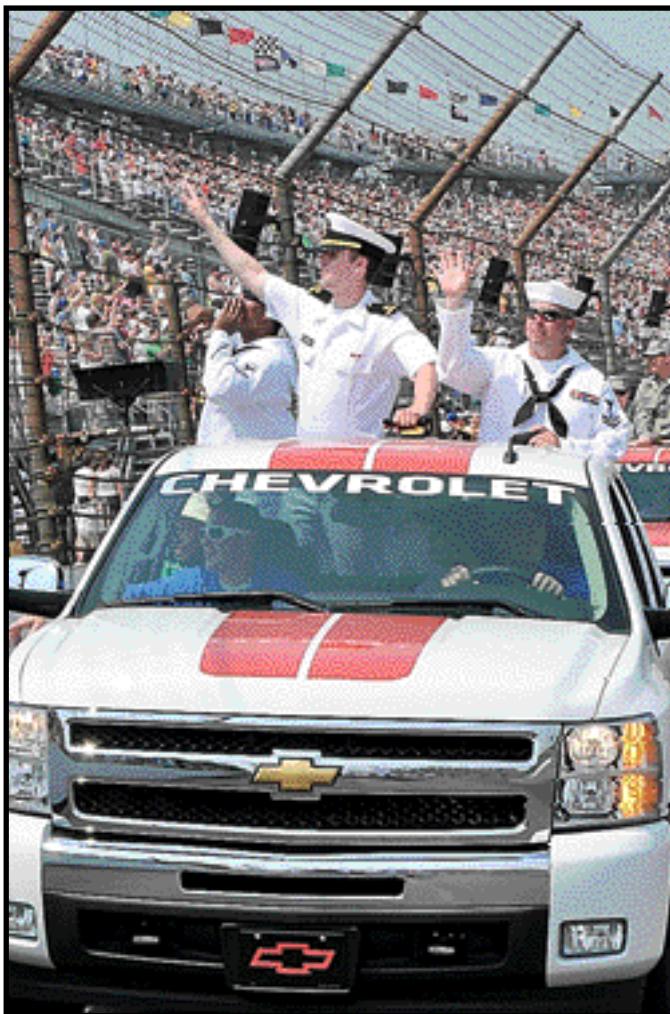
Photo by MC3 Jon Dasbach

A French Dassault Rafale fighter aircraft conducts touch and go landings aboard the aircraft carrier USS Dwight D. Eisenhower (CVN 69) during a coalition training exercise. The Eisenhower Carrier Strike Group is operating in the U.S. 6th Fleet area of responsibility after a scheduled five month deployment in the U.S. 5th Fleet area of responsibility supporting Operation Enduring Freedom and maritime security operations.

Driscoll.

Truman deployed May 21 as part of the Harry S. Truman Carrier Strike Group (HSTC-

SG) in support of maritime security operations and theater security cooperation efforts in the U.S. 5th and 6th Fleet areas of responsibility.



INDIANAPOLIS -- Sailors assigned to Navy Operational Support Center Indianapolis wave to the crowd at the Indianapolis Motor Speedway during a tribute to the military lap before the start of the Indianapolis 500 race. Members of all branches of the military rode in the tribute lap and marched in formation down pit road as part of the Indy 500 opening ceremonies.

Photo by MC2 Joseph R. Wax



Photo by MC2 Daniel J. Taylor

SAN DIEGO -- Midshipmen work together to fight a fire at the Fire Fighting Trainer at Naval Station San Diego. Midshipmen from the U.S. Naval Academy and ROTC programs conduct an 8-week series of weeklong training exercises in surface warfare activities.

Photos

from the Fleet



Photo by MC2 Chris Lussier

Right: PORTSMOUTH, Dominica -- Hospital Corpsman 1st Class Michael Faasen, center, assigned to Mobile Diving and Salvage Unit (MDSU) 2, scrapes away marine growth and looks for structural damage during a pier inspection with Regional Security System divers. MDSU-2 is participating in Navy Diver-Southern Partnership Station, a multinational partnership engagement designed to increase interoperability and partnership capacity through diving operations. The Regional Security System is an international agreement for the defense and security of the Caribbean region.



Below: GUANTANAMO BAY, Cuba -- Gunner's Mate 2nd Class David Carroll and Gunner's Mate 1st Class Thomas Folger, both assigned to the weapons department of U.S. Naval Station Guantanamo Bay, Cuba, fire a 40mm saluting battery to commemorate Memorial Day. The cannon was fired at the strike of noon and then fired every minute for 21 minutes.

Photo by MC3 Joshua Nistas